

20-year plan completed in five

## Brewster emerges as a water project super star

By MIKE MALTAIS  
STAFF WRITER

**BREWSTER** – When it comes to public works and specifically city water projects the City of Brewster is something of a super star in terms of both finding the funding to get them done and getting them on the planning board far ahead of schedule.

Since the city began work on its water infrastructure following the 2014 Carlton Complex wildfire the progress has been nothing short of remarkable eight years later. The wildfire set the city on a course to dramatically upgrade and expand its water infrastructure without subjecting its ratepayers to an onerous financial burden.

For a city with less than 2,400 residents (2018 census) and very limited funding resources, that is a tall order. Spearheaded by mayor Art Smyth, clerk/treasurer Misty Ruiz, and public works director Lee Webster the city turned to state and federal agencies and embarked on an ambitious and persistent campaign to find the funds they needed.

“The citizens of Brewster cannot afford the improvements, said Ruiz, “so we take advantage of the opportunities out there to get it done.”

Through a combination of diligent planning aided by professional consultants and exhaustive research was born a savvy and informed approach that has secured millions of dollars in grants and loans at a minimal cost to ratepayers.

Webster said: “I love them all. We do these to save ratepayers money and, in some cases, get ten-fold results.”

The city has now gained a reputation for coming up with solid, data-driven projects and seeing them to completion. Fast forward eight years and Brewster has completed its mandatory 20-year water comp plan in just five years – an unheard-of turnaround by its municipal peers - and has the following projects in the pipeline funded by more than \$15.5 million in grants, appropriations, and loans. At the June city council meeting Ruiz unveiled a project list that itemizes a preliminary look at what is ahead through 2024:

- Wastewater Treatment Plant improvements - \$7.5 million from Department of Ecology (DOE) and Community Development Block Grant (CDBG).
- Sewer work - \$2.5 million state appropriation.
- New Canyon well house - \$1.8 million from U.S. Department of Agriculture (USDA) Rural Development (RD).
- Sewer mainline rehab/replacement - \$2 million pending from DOE.
- Manhole work at Canyon well house - \$465,000 state appropriation.
- Clean waterlines/update GIS (Geographic Information System) - \$400,000 USDA-RD.
- Vehicle storage facility - \$1 million partial state appropriation.

Between now and 2024 the above will be in various states

## Apple Pie Jamboree parade draws a large crowd and lots of entries



The hydro Country Girl was a reminder of upcoming boat races.



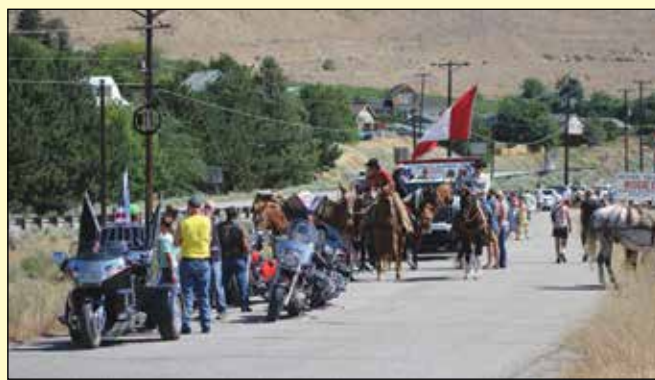
Pateros Mayor Kelly Hook waved and threw candy from the bed of a pickup.



Former Pateros High School principal Mike Hull and wife, Diane, were parade Grand Marshals.



Former Pateros mayor and Chamber of Commerce president Libby Harrison introduced the parade participants.



Led by the American Legion Columbia Post 97 Legion Riders, parade participants formed a long line on Industrial Avenue prior to the 11 a.m. start time.



Flag-carrying cowboys promoted the annual Methow Valley Rodeo.

Care Connect Washington helps COVID victims

## Brewster Chamber reviews July 4, plans for August Derby

By MIKE MALTAIS  
STAFF WRITER

**BREWSTER** – The new parade route at the recent July 4th parade that began as usual at Legion Park, but continued down Seventh Avenue to Columbia Cove Park this year brought more customers to the vendors set up there, according to the assessment reported by Brewster Chamber of Commerce president Mike Mauk at the regular meeting of the Chamber of

Commerce last Wednesday, July 13. The only hitch was that so many arrived early that some among the dozen vendors were not completely ready for the rush or fully staffed to meet the initial demand.

That's one adjustment that Mauk intends to make for next year's event. Another is to restrict vehicle traffic into and out of vendor row at the park after an established time to avoid congestion and possible injury to pedestrians.

In other business, ticket sales for the upcoming Brewster Salmon Derby have almost reached the halfway point for the limited 300 available as of this writing and Mauk said he expects the quota to be reached by opening day Friday, August 5.

Northwest Fishing (nwfrtv.com) a television program that has been reporting on and promoting sportfishing around the Northwest since 1997, will film a segment on

the Brewster Derby next month that will air later in the fall, Mauk said.

The Pateros-Brewster Community Resource Center (PBCRC) is spreading the word about a program called Care Connect Washington that supports those isolating at home with COVID. PBCRC volunteers, of which Mauk is one, deliver groceries, supplies, and provide financial help those in quarantine. To request help call 1-800-525-0127 and press #.

Approved by voters in 2020, 2021

## Three Rivers Hospital seeks levy to fund ER operations

By MIKE MALTAIS  
STAFF WRITER

**BREWSTER** - On the August 2 Primary Election Ballot, voters will see a request from Three Rivers Hospital (Okanogan Douglas County District Hospital #1) for a renewal of its one-year property tax levy.

The levy dollars, if approved, would be used to fund operations for the emergency department in 2023. The hospital would receive a total estimated amount of \$844,000.

This is the third annual request from Three Rivers for this levy, and the amount each time has stayed the same at 33 cents per \$1,000 of assessed property value. For a home valued at \$200,000, the cost would be \$66.

“Healthcare costs are perpetually rising, and that has a significant impact on rural hospitals,” said CEO Scott Graham. “Our emergency room is open 24/7, which requires a minimum number of staff round the clock, as

well as a physician on call. These funds have been a tremendous help to us, and we appreciate the support of our communities over the past two years.”

Voters overwhelmingly approved the levy in 2020 and 2021, with over 70% combined approval in Okanogan and Douglas counties each time.

Ballots must be postmarked by 5 p.m. Tuesday, Aug. 2. Ballot drop-boxes are open until 8 p.m. on election day in the following locations in our

hospital district:

- Pateros - 180 Pateros Mall in parking lot
- Twisp - City Hall, 110 E. 2nd St.
- Winthrop - The Winthrop Barn, 51 Highway 20
- Bridgeport - City Hall, 1206 Columbia Ave.
- Mansfield - City Hall, 26 Main St.

For any questions, please email Business Development Coordinator Jennifer Best at media@trhospital.net, or call (509) 645-3347.



Mike Maltais/QCH

Two of Brewster's three 500,000-gallon reservoirs have tripled the city's reserve water capacity.

An initial project started in late 2014 to rehabilitate and increase the reservoir capacity was financed through \$3.48 million in Community Development Block Grant and Department of Ecology money that only required ratepayers to kick in 10.9 percent, or \$380,000.

Another project replaced four miles of waterline, added several hundred new services, a new well - called the Lower Reservoir well or “Art’s Well” after Mayor’s suggestion to look for water there – and a new wellhouse.

“That project has reached more than \$10 million and is also done,” Webster said.

Asked to select a personal favorite from the recent work

of design, bidding, or construction and while many details are still in the preliminary stages, the funding is secured.

Now that the team of mayor-clerk/treasurer-public works director has the existing 20-year water comp plan in the rear view mirror the city must begin work on the next 20-year plan to include projects yet to be identified. Toward that end the city will be exploring funding options to find \$250,000 to pay for that planning phase.

“It’s never fun to have to pay consultants to do these plans,” said Ruiz, “but when you consider the millions of dollars the city has received because of them, they just pay in dividends.”

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# 988 Suicide, Crisis Lifeline launches

*First phase of building understanding, hope, path forward for those in need*

SUBMITTED BY WASHINGTON STATE DEPT. OF HEALTH

OLYMPIA - 988 is the new, nationwide, three-digit dialing code for the Suicide and Crisis Lifeline. The 988 dialing code connects people via call, text, or chat, to the existing National Suicide Prevention Lifeline (NSPL) where compassionate, accessible care and support are available for anyone experiencing mental health-related distress. 988 is the newest addition to the state's network of crisis center providers and will not replace any crisis call centers in Washington. The current NSPL number, 1-800-273-TALK (8255), will remain active along with the new 988 dialing code.

"Thanks to the many part-

ner organizations and agencies who have made this resource possible," said Governor Jay Inslee. "In the same way 911 transformed our ability to respond to emergency safety or health situations, 988 will transform our ability to connect people to help in behavioral and mental health crisis situations."

"Providing an easy-to-remember, three-digit number is an important step to accessing potentially life-saving support," said Umair A. Shah, MD, MPH, Secretary of Health. "We are dedicated to enhancing and expanding behavioral health crisis response and suicide prevention services for all Washingtonians."

In addition to activating a new dialing code for anyone experiencing suicidal or mental health-related crisis to call, the 988 Suicide and Crisis Lifeline also allows text messaging as part of increasing access to services for youth and individuals with different abilities. People can also dial

or text 988 if they are worried about a loved one who may need crisis support. 988 will be available 24/7 and is free and confidential.

Call services will be available in Spanish, along with interpretation services in over 250 languages. Spanish speakers may reach the Spanish Language Line by pressing 2 after dialing 9-8-8 or 1-800-273-TALK (8255). Text and chat services are available in English only.

Veterans and service members may reach the Veterans Crisis Line by pressing 1 after dialing 9-8-8 or 1-800-273-TALK (8255). Soon, Washington will also be able to launch a Native and Strong Lifeline, dedicated to serving Washington's American Indian and Alaska Native individuals.

People who are deaf, hard of hearing, and TTY users should use your preferred relay service or dial 711 then 1-800-273-8255.

For more information, visit the 988 webpage.

## WASPC awards \$174,503 to fund embedded mental health professional/case managers

SUBMITTED BY CHELAN COUNTY SHERIFF'S OFFICE

WENATCHEE - The Chelan County Sheriff's Office, in partnership with the Wenatchee Police Department, East Wenatchee Police Department, Douglas County Sheriff's Office, and the Chelan County Regional Justice Center, was awarded \$175,503.74 from the Washington Association of Sheriffs and Police Chiefs to fund two full-time embedded mental health professionals/case managers. These positions will work directly under the established Behavioral Health Unit Program (BHU) at Chelan County. Currently, the Behavioral Health Unit is comprised of a Licensed Mental Health Counselor/Mental Health Professional and an Outreach Case Manager who are centralized to work in opposing areas to increase service coverage and embedded with law en-

forcement. The additional positions would expand evening and weekend coverage to all said agencies.

The Chelan County Behavioral Health Unit is an embedded co-response team, that gives law enforcement access to mental health professionals. The goals and objectives of the Behavioral Health Unit are to respond to calls for individuals in a behavioral health crisis or at risk for crisis, and refer them to appropriate social services/treatment; Prioritize cases involving individuals who are a danger to the community or self, pose a threat to officer safety, are high utilizers of emergency services, and or have escalated.

The Behavioral Health Unit facilitates access to resources and treatment providers, while also improving communication between law enforcement and service providers. The BHU will assist officers with information on the re-

ferred person(s) prior medical and behavioral health history, mental health and substance use presentation, and information about community resources.

Along with Master's and Bachelor's Degrees in Psychology or Social Work, the Behavioral Health Unit staff members are also trained in crisis management, triage, de-escalation, vehicle safety protocols, situational awareness, mental health first aid, motivational interviewing, and suicide risk assessment, management and treatment. The BHU staff attends in-service training on law enforcement expectations, policies, and procedures. The BHU staff is also trained to treat individuals with Narcan, Basic CPR, and Combat First Aid.

Sheriff Brian Burnett would like to specifically acknowledge Ana Johnson, the Chelan County Mental Health Program Coordinator, and Chief of Patrol Adam Musgrove for their work on this project, which made it possible to receive the grant.

## OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT REPORTS

### Douglas County Sheriff

**July 8**  
01:11 Noise Complaint, 822 Columbia Ave., Bridgeport  
09:28 Civil Dispute, 2412 Highland Dr., Bridgeport  
12:29 Public Assist, US Hwy. 97 and McNeil Canyon Rd., Orondo  
13:08 Civil Dispute, 2412 Highland Dr., Bridgeport  
20:32 Traffic Info, McNeil Canyon Rd. MP 4, Orondo

**July 9**  
14:19 Welfare Check, 145 Osprey Dr., Bridgeport  
17:28 Disturbance, Fireman Park, Bridgeport  
23:30 Noise Complaint, 655 SR 173, Bridgeport Bar

**July 10**  
10:51 Civil Dispute, 2412 Highland Dr., Bridgeport  
11:15 Missing Person, 233 3rd St., Bridgeport  
16:36 Extra Patrol, US Hwy. 2, MP 150, Waterville  
19:51 Suspicious Circumstance, 400 Fairview Ave., Bridgeport

**July 11**  
00:28 Agency Assist, 422 S. Harrison St., Waterville  
06:45 Theft, 102 Fir Rd., Waterville  
12:24 Theft, 700 Fairview Ave., Bridgeport  
18:18 Fireworks, 811 Jefferson Ave., Bridgeport  
19:53 Traffic Offense, 17 Washburn Ave., Bridgeport  
21:31 Non-injury Accident, 1106 Columbia Ave., Bridgeport  
22:04 Disturbance, 325 12th St., Bridgeport  
23:12 Harassment/ Threat, 2018 Monroe Ave., Bridgeport

**July 12**  
08:35 911-call, 1918 Columbia Blvd., Bridgeport  
09:40 Animal Problem, 412 Fairview Ave., Bridgeport  
18:04 Non-injury Accident, 17th St. and Douglas Ave., Bridgeport  
22:16 Diversion, 310 Fairview Ave., Bridgeport  
23:39 Suspicious Circumstance, 400 Fairview Ave., Bridgeport

**July 13**  
12:45 Public Assist, 714 SR 173, Bridgeport Bar  
20:38 310 Fairview Ave., Bridgeport

**July 14**  
07:24 Burglary, 325 12th St., Bridgeport  
09:17 Agency Assist, 102 S. Chelan Ave., Waterville  
12:23 Theft, 109 W. Birch St., Waterville

### Brewster Police Department

**July 8**  
14:10 A suspicious circumstance was reported on W. Jay Ave. in Brewster.  
19:52 An domestic assault was reported on W. Cliff Ave. in Brewster.

21:54 A black cow was reported in the roadway on Old Hwy. 97 in Brewster.

**July 9**  
08:34 A patient transfer request was made on Plaza Way in Brewster.

15:05 An agency assist was requested on Hwy. 173 and S. Bridge St. in Brewster.

15:24 A hit-and-run accident was reported on W. Bruce Ave. when a caller reported arriving home to find his vehicle had been struck.

16:31 A civil dispute was reported on S. Bridge St., a caller's 24-year-old son was suspected of taking their 2006 Mountaineer without asking and did not have permission to drive the vehicle in the past.

17:31 An agency assist was requested for two males physically fighting on Foster Ave. and 10th St. at Fireman's Park, one was described as a white male subject in his 20's.

22:02 Fireworks were reported on S. 1st St. in Brewster near the bridge.

21:05 A traffic offense was reported on W. Hanson Ave. and S. 5th St. when a caller reported damage to a black truck in a parking lot and did donuts in the gravel.

23:10 An agency assist was requested for a subject in a maroon Honda parked in the middle of the roadway on Paradise Hill Rd. and N. 7th St. in Brewster. The caller knocked on the window and the driver pulled his head up, looked around, then dropped his head again.

**July 10**  
14:43 A non-injury accident was reported on Hwy. 97 in Brewster.

16:03 An assault was reported on W. Cliff Ave. in Brewster, a caller's 14-year-old son was in the car acting aggressive, biting and pushing their stepdad.

23:02 An order violation was reported on W. Hanson Ave. in Brewster when a subject was threatening to kill a caller by shooting her.

**July 11**  
11:32 A disabled vehicle was reported on N. 7th St. and W. Main Ave. in Brewster and a patrol car was used to help push it into a parking stall.  
13:43 A caller on Hospital Way reported a lost wallet with a work permit, lost Thursday July 7.  
22:07 An agency assist was requested on the 300 block of 12th St. in Bridgeport for a backup unit to assist with a male subject in the roadway yelling.

22:28 Fireworks were reported on E. Griggs Ave. and S. Bridge St. area in Brewster.

**July 12**  
No local reports.

**July 13**  
09:22 A caller reported a suspicious circumstance for a possibly plastic or possibly real gun that was reported by an employee a business on Hwy. 17.  
19:54 A caller on S. Bridge St. in Brewster reported ongoing issues with a 13-year-old male subject verbally harassing and mimicking her, showing hand signs, and then he

was joined by a group of juveniles.

22:35 A suspicious subject in a white GMC Tahoe was reported on W. Jay Ave. for prowling around the street, dropping off a male subject over by the bridge and were reported roaming around.

**July 14**  
No local reports.

### Okanogan County Sheriff

**July 8**  
A black heifer cow with yellow ear tag was reported walking down the grade on Old Hwy. 97.

11:17 A citizen assist was requested at Pateros Mall.

16:36 A potential scam was reported on Bagwell Ln. in Brewster.

21:54 A caller believed there to be cows below the grade just N. of Monse River Rd. in Brewster.

**July 9**  
No local reports.

**July 10**  
No local reports.

**July 11**  
10:55 Theft of a cordless standing light and pressure washer was reported from a job site sometime Saturday on North Star Rd. in Brewster.

10:59 A civil dispute was reported on Pateros Mall regarding rifles and payment not received.

14:50 Extra patrols were requested on Monse Bridge Rd. in Brewster for a couple days to "make sure the house doesn't go up in flames" after a caller served an eviction notice to a tenant who was very angry, and the caller believed at least five people were living in the residence, possibly children and dogs.

17:02 Animal abuse was reported on Bill Shaw Rd. in Pateros for a chained up German Shepard with no water or shade and it appeared to have an injury to one of its legs. The caller tried to pond on the door and no one answered and vehicles were reported in the driveway. The caller gave the dog water before he left.

**July 12**  
10:44 Vicious animals were reported on Golden Lane Rd. and Sunrise Way in Brewster, a caller reported being bitten by a Chihuahua and jumped on by two large German Shepards during her run.

18:40 A caller on LaGrange Rd. in Bridgeport reported a red colored van drove by and ran over the caller's dog and broke its leg, then continued south as a hit-and-run accident.

18:19 Malicious mischief was reported on W. Warren Ave. in Pateros for a caller's dad's green Toyota Camry that was struck sometime overnight leaving damage to the driver side mirror.

**July 13**  
00:12 A hit-and-run accident was reported on LaGrange Rd. in Bridgeport and the caller's dog was injured.

09:22 A caller on Hwy. 97 in Bridgeport reported a subject with a plastic or possibly a real gun, reported by an employee at a local business.

13:06 A suspicious circumstance was reported on Lakeshore Dr. in Pateros.

14:05 A sex offense registration was reported on Unger Rd. in Brewster.

**July 14**  
No local reports.

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# Local residents' thoughts on Roe v. Wade being overturned

By ERIN MULLINS, STAFF WRITER

On June 24, the Supreme Court overturned rights given in Roe v. Wade, upholding Dobbs v. Jackson and declaring that the constitutional right to an abortion no longer exists, leaving legislation surrounding abortion up to individual states.

While some residents and groups agree with the decision and are glad it passed, others are disappointed and worry about what it means for women. An Upper Valley resident "Susan Smith", who asked to be anonymous, got an abortion soon after Roe v. Wade originally passed because it was not the right time in her life to have a baby.

Although Smith mourned the recent Supreme Court decision for a few days, it doesn't mean getting an abortion was easy, yet she does not regret it and sees abortion as a medical procedure.

"There was a loss... [but] I don't regret it at all," she said. "In the last two weeks, I have been reflecting on it much more. I felt like it was the right decision for someone who wasn't prepared to have a child. I wasn't ready for a child."

Eventually, when she was more settled down, Smith married and raised a child herself, which she says was a wonderful experience in part because it was the right time.

"[Raising her] was fabulous. She was so talented. She got involved in ski team at a very young age and played basketball, soccer," Smith said, "It was great, she is so wonderful."

On July 8, President Biden issued an executive order designed to ensure access to abortion medication and emergency contraception, but how the order gets implemented is yet to be seen.

The executive order will not be favored by everyone. Gene Helsel, pastor at King's Cross Church in Wenatchee, said that the Sunday after the Supreme Court ruling, his church rejoiced.

"Last Sunday, for the first time in my 27-year history as a pastor in the Wenatchee Valley, we began our Sunday morning worship service with three increasingly loud 'hip-hip-hoorays' for God's mercy to our country," Helsel said.

Abortion is now banned in at least 10 states, with more expected to follow. Thirteen states had "trigger laws" on the books which were put in place to ban abortion in the case that Roe v. Wade was overturned, but some have been blocked in the courts. Twenty-one states have restricted or are expected to restrict abortion and nine states are uncertain. Abortion is protected in 21 states.

Washington is expanding access to abortion. Governor Inslee announced that the Washington State Patrol is prohibited from cooperating with other states who are investigating out-of-state abortions. State law prohibits anyone from penalizing, prosecuting, or taking any adverse action against patients exercising their reproductive rights.

Helsel doesn't agree that abortion shouldn't have legal consequences and thinks that people who give or get abortions should

face legal consequences, but with certain distinctions.

"Not every taking of life is the same. Our legal system recognizes the difference between first-degree and second-degree murder," he said. "I believe that abortion providers, because of their deceitful propaganda and their actual taking of life are the most culpable."

Helsel said that he thinks abortion should not be legalized and access to Plan B, the "morning after pill" that helps to prevent pregnancy if taken within five days of sex, should be restricted. He said that rape and the health of the mother are very different situations when it comes to abortion and if a mother is likely to die, then doctors should "do everything in their power to preserve life."

Taking Plan B is not the same pill that is used to induce an abortion once someone is pregnant. Dr. Mara Merritt, family practice physician at Cascade Medical Center, said that Plan B prevents conception while a medication abortion stops the growth of a pregnancy. Emergency contraception pills work to stop the release of an egg from the ovary. If an egg is fertilized, Plan B may prevent it from attaching to the womb, but it will not end a pregnancy.

"Plan B doesn't work if you are already pregnant. It only works at preventing pregnancy," Dr. Merritt said.

Dr. Merritt said that she thinks abortion should be available to women and even though society may think some reasons for abortion are more legitimate, her job as a doctor is not to judge patients for their reasons for getting abortions and instead to provide support and compassion.

She said that what type of abortion a woman may get depends on their point in pregnancy. Before 10 weeks of pregnancy, they are likely to get a medication abortion. Women who are further along in their pregnancies or have different preferences will get a suction procedure.

When her patient is pregnant, Merritt asks a woman if the pregnancy is planned or unplanned. She presents and discusses all options with her patients, keeping the baby, adoption, and abortion.

Sharon Tveten, a Leavenworth resident for 22 years who now lives here part-time, is pro-life. Tveten says that it is easy for infants to get adopted but it is much harder to get older children adopted because everyone wants to adopt babies.

She has adopted eight children herself from disadvantaged backgrounds. Originally, Tveten tried to adopt locally, but since she already had seven biological children, she had too many children to legally foster in Washington. Instead, she adopted internationally from Latvia and Haiti.

Even though adoption was expensive financially and took time, she said raising her kids has been worthwhile. She said that one of her adopted children just graduated high school and that the child is going to go to college after serving a mission for her church, The Church of Jesus Christ of Latter-day Saints.

"Her friends back in the coun-

try have already dropped out of high school, a couple of them are pregnant already, it would have been a very different situation [if she hadn't been adopted]," Tveten said.

Although Tveten is pro-life, she said that in the case of rape or the life of the mother, woman should be able to "take something to prevent pregnancy or help them to not carry the baby." She also acknowledges that a woman getting an unsafe abortion is a legitimate concern and says that women need birth control and access to counseling.

However, Tveten believes that an unborn child has a spirit from conception and should be respected as a person. She said that when she had a miscarriage in her first trimester, she felt the loss of a human. Tveten said that she loves all her children, including one who is a member of the LGBTQ community, and lets them decide for themselves what their religious beliefs are.

Adoption is not always an easy option. Some children can be difficult to adopt, Tveten said. Her family adopted a boy who had severe emotional and behavior issues. The child eventually decided to go back to live with his biological father. He wasn't forced out of the family, but she said the adoption was "so challenging."

For a low-income woman, the cost of medical care can be a concern. Tveten tried to adopt a baby girl from Florida and paid for the mother's medical care. The mother had high blood pressure, making the birth difficult, and eventually decided to keep the baby. Tveten said that she found out after the fact that the woman had previously given birth to a child who had died due to the fact that the woman did not receive care for her high blood pressure.

On the other side of the spectrum, medical care is a concern for Dr. Merritt as well. In states where abortion is illegal, she is worried that women who cannot afford to travel out of state will not have access to abortion. She does not think that there are enough social programs for low-income women and children. In Washington, abortion is usually provided by a separate clinic, Merritt said.

In Chelan County, the Planned Parenthood at 900 Ferry St. in Wenatchee provides abortions for the region. Paul Dillion, Vice President of Public Affairs for Planned Parenthood in Washington, said that the facility provides medication abortions but does not provide surgical abortions. Dillion said that Roe v. Wade being overturned is concerning because it opens the doors for other restrictions on things like contraception and marriage equality.

He said that abortion services aren't the only thing that Planned Parenthood provides. The clinic also provides birth control, STD testing and services, behavioral health, gender-affirming care and men's health care, he said.

"[Planned Parenthood] is here. We are not going anywhere... We won't be threatened or intimidated. We are going to keep providing the care that the community needs no matter what," Dillion said.

# AmeriCorps position at Pateros Brewster Community Resource Center available in September

SUBMITTED BY ERIN CASS, AMERICORPS SENIOR PROGRAM DIRECTOR, CHELAN-DOUGLAS COMMUNITY ACTION COUNCIL

PATEROS - Pateros/Brewster Community Resource Center (PBCRC) is a 501(c)(3) nonprofit organization that serves to connect community members locally with an array of critical resources offered through our partner organizations. PBCRC formed in January 2015 after the Carlton Complex Fires devastated our region and amplified significant economic and health disparities that impacted mental/behavioral health and resilience.

The AmeriCorps Member will serve collaboratively with our executive director, ESD, school districts, employers, WorkSource, and GWATA to promote tech center awareness, sign up

clients, develop office hours, and ensure compliance with their academic and secure system requirements. Major duties, responsibilities, expectations: Provide direct services through technical assistance; assist clients in the use of computer hardware, software, printing, word processing, email, and distance learning; test and evaluate network systems; regular system maintenance. To produce the desired outcomes, the Member will work on site and remotely to assist clients with problem-solving, train users how to use the equipment, and attend to hardware and software problems. Our Community Technology Center goals/objectives include: Increase secondary and post-secondary education, job skills, employability, living wages; match skills to local jobs; provide affordable

broadband access and equipment.

Position Title: Computer Technology Center Lead/Computer User Support Specialist. Required Qualifications: High School graduate or GED required, No college degree necessary; bilingual English & Spanish speaking and writing for laypersons without tech background; customer service etiquette; listens well; problem-solving of simple and complex computer problems; peer to peer support for online learners.

AmeriCorps Benefits: \$2,000/month living allowance stipend, \$6,450 Educational Award, Health Insurance, Professional Development, and Loan Forbearance available.

Contact Erin Cass, AmeriCorps Program Director at 509-662-6156 ext 246 or visit: <https://cdcac.org/ameriCorps/>

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- Matthew 19:26

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- Items pertaining to local events that are free or minimum charge.

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- Garage and Yard Sale Ads are paid events, please email those to [heraldads@qcherald.com](mailto:heraldads@qcherald.com) or [NCWMARKET.COM](http://NCWMARKET.COM)
- For more info call: Quad City Herald at 509-689-2507
- Email to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

## OBITUARIES

### Verlee Irene Cavadini December 6, 1940 - July 9, 2022

Verlee Irene Cavadini, 81, of Bridgeport, Washington, passed away on July 9, 2022 at Regency Harmony House after extended health issues.

Verlee was born on December 6, 1940, to Forest and Irene Hunt in Wenatchee, Washington. Verlee attended Bridgeport Elementary and Bridgeport High School and graduated Salutatorian from Bridgeport High School, in 1959. After graduating high school, she went on to study nursing at Sacred Heart School of Nursing in Spokane, Washington, and graduated in 1962 with an RN Degree.

After graduating from Nursing school, Verlee and Norman Cavadini married June 16, 1962. While Norman finished his education at WSU, Verlee worked for the Colfax Hospital. Verlee and Norman then moved back to

Bridgeport, Washington, where she and Norman worked the family farm for 60 years. Verlee also worked at the Brewster Hospital part-time upon moving back to Bridgeport. In 1964, Verlee and Norman welcomed their first daughter, Janice, who was then followed by daughter, Julene, son, Daniel, and son, Darrin. Verlee and Norman Cavadini celebrated their 60th wedding anniversary this year on June 16. Verlee was a two-time cancer survivor. Her positive attitude, faith, and support of family, friends, and doctors helped her fight against cancer.

Verlee dedicated her life to helping others. She was a volunteer coordinator for Interfaith Volunteer Services. She provided one-on-one assistance to seniors needing help in household chores and

recruited and trained volunteers to serve seniors in the Bridgeport-Brewster area. She served as a volunteer with the school health clinic, was a counselor to cancer patients, an EMT and First Responder for Fire District #3, a 4-H leader, and an honorary Chapter Farmer (FFA). Verlee was very active in the farm and all of her children's school activities. She was named Citizen of the Year in 1989, by the Bridgeport Chamber of Commerce for all or her volunteer work. Verlee was a team leader for 12 years for Relay for Life "Angels of Hope." Church and her faith were very important to Verlee. She taught at St. Anne's Catholic Church for 25 years and was Diocesan President of the Council of Catholic Women of the Yakima Diocese. She was also the Seattle Province Director of the state of Washington on the National Council of Catholic Women's Board. She attended Catholic conventions across the nation. Verlee was involved in various charities. She enjoyed traveling and visited the Holy Land of Israel and Rome, Italy, where she saw Pope John Paul II. She also visited Ireland with family relatives.

Verlee is survived by her husband, Norman Cavadini; children: Janice Cavadini-Marton, Julene Symonds, Daniel Cavadini, and Darrin Cavadini;



and grandchildren: Danyelle Cavadini, Cameron Cavadini, Alec Marton, and Tatelyn Cavadini. She was preceded in death by parents, Forest and Irene Hunt; brothers: Arlin and Delmar; and a baby boy.

Visitation will be held on Thursday, July 14, 2022 from 5-7 p.m., with the Rosary following at 7 p.m., at Sacred Heart Catholic Church, 214 5th St. S., Brewster, Washington. Services will be held at Sacred Heart Catholic Church on July 15, 2022, at 11 a.m. and Graveside Services will follow at the Bridgeport Cemetery. Lunch will be served immediately following the services at Bridgeport High School.

The family requests donations be made in Verlee's name to Cancer Care of NCW (Our House) located at 1708 Castle Rock Ave., Wenatchee, WA, 98801

Please leave your thoughts and memories at [www.barneschapel.com](http://www.barneschapel.com). The family has entrusted Barnes Chapel with arrangements.

## DEATH NOTICES

### Darlene Sheets

Darlene Sheets, 83, of Brewster, Washington, passed away on July 13, 2022.

Please leave any thoughts

and memories for the family at [www.barneschapel.com](http://www.barneschapel.com). Services are under the direction of Barnes Chapel of Brewster.

## COMMUNITY BULLETIN BOARD

Tuesday, Wednesday, Friday

### Senior meals now served at Senior Center, Tuesday, Friday, home delivery Wednesdays

BREWSTER – The Senior Center is now serving meals at Noon, at the center on Tuesdays and Friday. Home delivered meals Wednesday only. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. MENU: Wednesday, July 20 – Home Delivery Only: Pork Stir Fry, Steamed Rice, Spinach, Salad, Pineapple, Egg Roll; Friday, July 22: Pork Roast, Stuffing & Gravy, Roasted Carrots, Tossed Green Salad, Applesauce, Dessert; Tuesday, July 26: Sweet & Sour Meatballs, Wild Rice, Mixed Vegetables, Cucumber Salad, Tropical Fruit, WW Roll, Dessert; Wednesday, July 27 – Home Delivery Only: Spaghetti & Meat Balls, Caesar Salad, Peaches, Garlic Bread, Dessert; Friday, July 29: Fish & Chips, Coleslaw, Peaches, Garlic Toast, Dessert.

July 20-23, 25-30

### Senior Center Thrift Store

BREWSTER – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Everyone is welcome to come to the center on Tuesdays from 9:30-11 a.m. for coffee and conversation, plus sweets. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

July 20

### American Legion meeting

BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

July 21

### Bingo is back

BREWSTER - Bingo is back at the Brewster American Legion, every Thursday night at 6 p.m. (except for July 28). It is open to public. Come early to purchase game packets and markers.

July 23, 26

### Farmers Markets

WIC and Senior Authorized Farmers Markets with payment options: Methow Valley Farmers Market (Twisp) 201 Hwy. 20 South, Parking Lot, Saturday, 9 a.m.-Noon, April-Oct. 29; Okanogan Valley Farmers Market (Okanogan), 999 2nd Avenue N., Legion Park, Tuesday and Saturday, 9 a.m.-1 p.m., now thru Oct. 29; and Okanogan Valley Farmers Market (Omak), Omak Eastside Park, across bridge from downtown, Tuesday, 3:30-6:30 p.m., now thru Oct. 25. If there is not a distribution site in your area, and you live within Adams, Chelan, Douglas, Grant, Lincoln and Okanogan counties, please contact Kathy Wright 509-886-0700 ext. 235 / 800-572-4459.

July 25

### Okanogan County PUD meetings

OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners will be held Monday, July 25, at 3 p.m. For more information [okanoganpud.org](http://okanoganpud.org)

## Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-689-2507 for more information  
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\*Purchases at qualifying merchants only. Promotion runs from July 1 through September 5, 2022, and is limited to \$2,500 in qualifying purchases, or up to 7,500 bonus points on top of your standard earned points. No limit on the amount of standard earned points allowed. Rewards points typically awarded within three business days after your qualifying transaction posts to your account. Earned points on purchases never expire, with at least one purchase every 24 months. Bonus points expire one year from date awarded. Subject to approval.



THE WASHINGTON OUTDOOR REPORT



The marina at Sportsman's Cove Lodge.

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

North to Alaska (again)

Last week I got the opportunity to go fishing in Alaska again with my daughter, Faith. Our destination was Sportsman's Cove Lodge on Prince of Wales Island, offering the opportunity to catch halibut, cod and salmon in a wilderness setting with luxury accommodations and gourmet dining. It's a place we've been to three times now and we have loved every expedition.

On past trips we were blessed with mild winds and sunny days but this time we were treated to real Alaskan weather (cool and wet). Normally we take a scenic 15-minute floatplane ride from Ketchikan to the lodge but the weather ruled that out with a low cloud ceiling and stiff winds so the boats that take us out fishing made a two-hour voyage from the lodge to town where the 30 departing guests

were let off and our group of 30 embarked.

Arriving at the lodge that night we had a delicious dinner before turning in for the night. The next day, we met our Captain, Brian Williamson, deckhand (Solomon) and two couples from Texas who had come here together. They were Todd and Terri McInain along with Marcy and Mark McHenry, the two men being former fraternity brothers at the University of Arkansas in the early 1980's.

Heading out of the secluded cove where the lodge was located, we were again greeted with rain and steady winds. Nobody had much luck fishing the halibut grounds the six-boat charter fleet usually goes to and our Captain decided to try for some more protected waters. The move was a good one. Faith soon hooked up with a big 70-pound halibut that we released at the boat. Not long after that, Terri McInain hooked into a

monster halibut that weighed more and was measured longer than she did. Despite that Terri was able to get the 65-inch, 121-pound halibut to the boat where the captain shot it with a .410-gauge shotgun before Todd McInain and the deckhand hauled the massive flatfish into the boat.

Anglers are allowed to keep one halibut a day, but halibut between 40 and 80-inches have to be released unless you are willing to pay for them through the Guided Angler Fish (GAF) program. This program allows commercial anglers to sell some of the fish they have in their catch quota to anglers on board charter boats. The price for this halibut? \$525; a price the McInain's and McHenry's decided to go in on together.

The next two days brought better weather. It still rained off and on, but the wind was not blowing and the bite improved too. We caught halibut, true cod, rockfish (most



Terri McInain with her 121-pound halibut.

Courtesy John Kruse

of which were released) and a few salmon, to include a 15.6-pound king salmon caught by Faith, the biggest of the trip for our group.

Unfortunately for us, the salmon (kings, silvers, pinks and chum) were just starting to show up in our area during our time there. The day after we left, we heard from one of the deckhands that we just missed out. The salmon had just shown up in good numbers and were being caught by anglers in all of the boats. Despite the weather (and taking home a few less fish than we were used to), the whole experience remained amazing. The scenery is beautiful and wildlife is abundant. We saw two black bears, deer,

eagles galore, as well as sea lions, Orca whales, humpback whales and porpoise during our trip.

There was a new chef this year and the food the cook staff served was amazing. We dined on halibut Olympia our first night, fresh caught cod fish and chips along with clam chowder made from scratch on the second and a glazed salmon dish that followed an amazing appetizer of sushi rolls for our final dinner. The desserts were delightful and tasty too. Blueberry cobbler (and taking home a few less fish than we were used to), the whole experience remained amazing. The scenery is beautiful and wildlife is abundant. We saw two black bears, deer,

tomter service, made possible with a staff of 31 employees for our group of 30 guests, and we were pampered, well fed and ready for every morning of fishing we got to enjoy.

Sportsman's Cove Lodge is fully booked for this season and is already filling up for 2023. If you are interested in finding out more and booking a trip, you won't regret it. The website to go to is [www.alaskasbestlodge.com](http://www.alaskasbestlodge.com) and if you have any questions feel free to shoot me an email at [john@northwesternoutdoors.com](mailto:john@northwesternoutdoors.com), I'll be happy to help you plan a great fishing trip to Alaska.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaindoorsradio.com](http://www.americaindoorsradio.com)

# American Pickers to film in Washington state in October



Mike Wolfe and Danielle Colby of American Pickers.

Cineflix Productions

Different, unusual, unique items, extraordinary stories wanted

SUBMITTED BY MEREDITH BALL, CINEFLIX PRODUCTIONS

NCW - The American Pickers are excited to return to Washington! They plan to film episodes of The History Channel hit television series throughout your area in October 2022. American Pickers is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find sizeable, unique

collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with remarkable and exceptional items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

We at American Pickers continue to take the pandemic very seriously and will be following all guidelines and protocols for safe filming

outlined by the state and CDC. Nevertheless, we are excited to continue reaching the many collectors in the area to discuss their years of picking and are eager to hear their memorable stories.

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send us your name, phone number, location, and description of the collection with photos to: [americanpickers@cineflix.com](mailto:americanpickers@cineflix.com) or call 646-493-2184 facebook: @GotAPick American Pickers is produced by Cineflix Productions for The History Channel. New episodes air Mondays at 9 p.m. EST on History.

## Don't forget to renew your subscriptions this summer!

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# Foreign Investors Control State-Sized Portion of US Agricultural Land

AUTUMN SPREDEMAN

Multiple foreign countries and investment groups have been quietly acquiring land designated for agriculture in the United States over the past decade.

Foreign interests presently control 37.6 million acres of pasture, timber, and farmland. This amounts to an area roughly the size of Iowa or Illinois.

Holdings of U.S. agricultural land by foreign investors grew by 55 percent in a 10-year stretch, from 24.2 million acres controlled by outside nations and businesses in 2010.

Much of this surge has been attributed to foreign-owned wind companies using a significant amount of land, according to the U.S. Department of Agriculture (USDA).

During the early days of the COVID-19 pandemic, as businesses and homes shut their doors, that number increased by 2.4 million acres from 2019 to 2020.

Russia, Iran, China, and Mexico are listed as owners of U.S. farmland, according to a November 2021 congressional report. However, businesses in Canada, the Netherlands, Italy, and the UK have the most extensive land holdings in the United States.

Canadian interests represent 10.4 million acres, the Netherlands has 4.8 million acres, and Italy holds 2.5 million acres.

Mexico has a spot on the top 10 list with U.S. agricultural land ownership listed at 700,000 acres. Two of the world's largest offshore banking hubs—the Cayman Islands and Switzerland—own 600,000 acres each.

The trifecta of investors—China, Russia, and Iran—owns a combined 200,000 acres of U.S. agricultural land, with China being the largest owner at an estimated 192,000 acres. This leaves Russia and Iran with ownership of 8,000 acres of U.S. mainland soil.

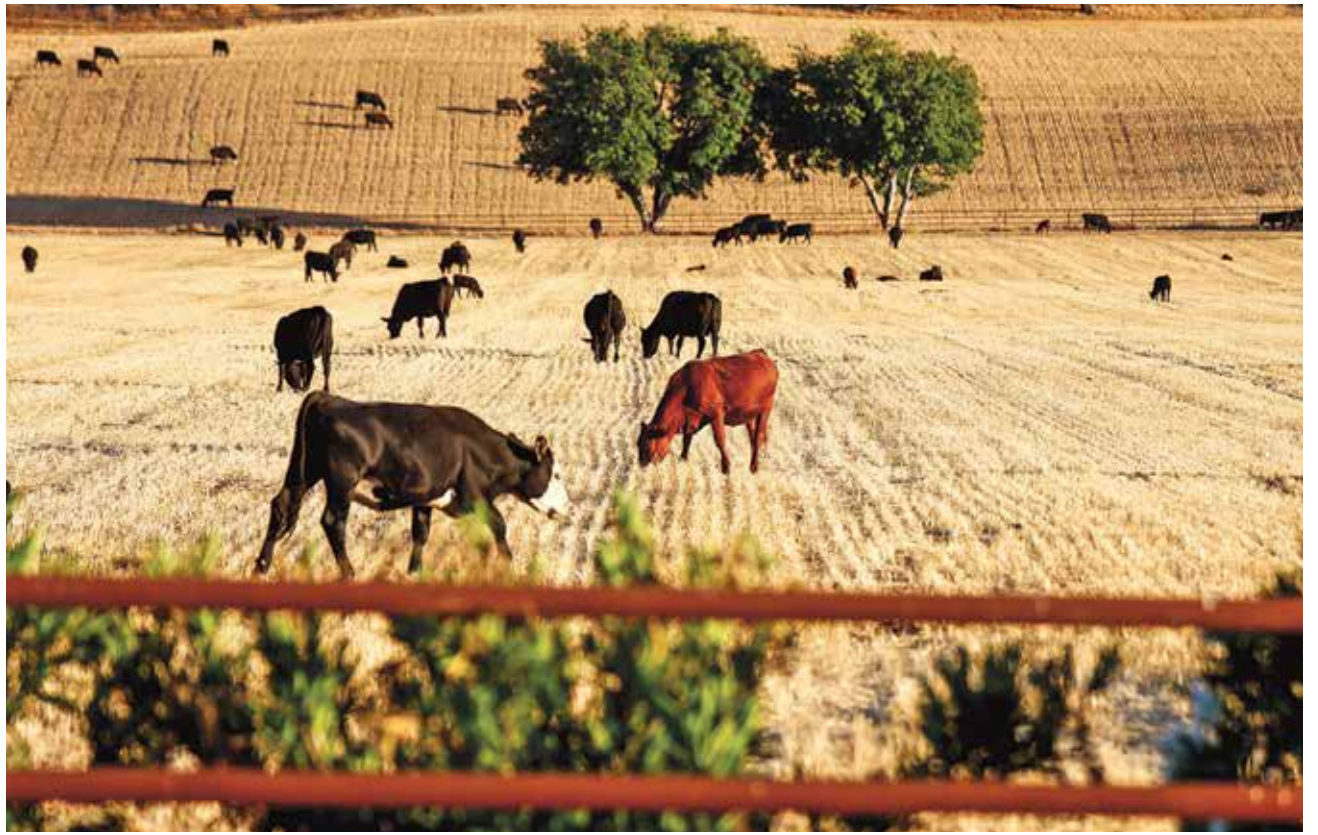
## Farmers Taking Action

U.S. farmers aren't sitting idly by while other nations and companies buy up precious farmland. Some are acutely aware of this trend and think the public needs to be better informed.

"I don't think everybody really understands," Mike Downey, a partner at Next Generation Ag Advocates, told The Epoch Times.

Downey is a cornerstone member of "Next Gen," which was founded in 2018 by two farmers concerned about the rise in consolidated agriculture in the United States.

▶  
**Cattle graze amid drought conditions near Ojai, Calif., on June 21, 2022.**



ANNA MONEYMAKER/GETTY IMAGES

Russia, Iran, China, and Mexico are listed as owners of U.S. farmland, according to a November 2021 congressional report. However, businesses in Canada, the Netherlands, Italy, and the UK have the most extensive land holdings in the United States.

The organization works to match next-generation producers, or aspiring producers, with farms that don't have a successor.

Keeping U.S. family farms in the hands of individuals is their main priority. One USDA statistic on their website states that 70 percent of family farms will change hands in the next 15 years.

"We're trying to keep farms in our community," Downey said.

He noted that 68 percent of small farmers don't have anyone to take over their business and that the United States can expect a "huge transition of land ownership" over the next decade. And with loose restrictions on foreign investment and owners, many of these farms could be affected.

## Tighter Record Keeping

It varies, but most U.S. states have little to no restrictions on foreign ownership of land.

Texas and Maine have the laxest regulations. Consequently, those states also have the highest percentages of foreign-owned agricultural land at 4.4 million acres and 3.3 million acres, respectively.

Six states have restricted foreign ownership of farmland, including Hawaii, Iowa, Minnesota, Mississippi, North Dakota, and Oklahoma.

Sen. Chuck Grassley (R-Iowa) has been one of the most vocal legislators about regulating foreign ownership of U.S. agricultural land. He helped write the Agricultural Foreign Investment Disclosure Act (AFIDA), which eventually became law in 1978. He also introduced the Food Security Is National Security Act.

"If foreign buyers, especially those backed by government regimes, are buying up prime farmland in America as a strategy to dominate food production, there's obvious concerns about protecting our ability to feed our own people," Grassley stated on his website.

The senator echoed Downey's sentiment about the change of ownership

of U.S. farmland, saying that it will be difficult to replace an aging farming population if agriculture remains a prime target for wealthy investors.

"If deep-pocketed investors come in, foreign or not, it drives up prices and makes it harder for new and beginning farmers to get started," Grassley said.

Other senators, such as Elizabeth Warren (D-Mass.), have expressed an interest in supporting federal legislation similar to the ban in Iowa, which currently has some of the nation's strictest regulations on agricultural land ownership.

Former Missouri Lt. Gov. Joe Maxwell has spent years lobbying for states to enact stricter controls over foreign investment in U.S. cropland. He also maintains that AFIDA disclosures are unreliable and that better tracking is needed.

"We should know who's buying up America's farmland and for what purpose they're doing it," Maxwell told Investigate TV.

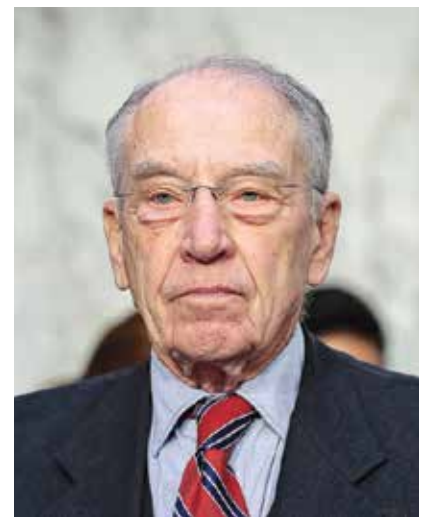
When it comes to purchasing farmland, pastures, or timberland in the United States, the USDA acts as both the gate and record keeper of these transactions.

A spokesperson for the USDA told The Epoch Times that AFIDA requires disclosure of foreign land purchases. Part of this is done through the submission of an FSA-153 form. Subsequently, the USDA then releases this information as part of an annual report.

"USDA's [goal] is to accurately capture the data required by the AFIDA law and report it to Congress and the public," the spokesperson said.

Nevertheless, Congress says there are gaps in this data, which has raised alarm bells for some, including Maxwell. He has spent years lobbying for states to enact stricter controls over foreign investment in cropland.

And as commodity prices continue to climb, some think this will only light a fire under foreign investors to continue buying U.S. agricultural land.



**Sen. Chuck Grassley (R-Iowa) speaks at a Senate Judiciary Committee on Capitol Hill in Washington on April 4, 2022.**

"With everything going on with inflation and now the war in Ukraine, it seems there's growing interest in farmland," Downey said.

He noted that when it comes to land, there's an old saying that's fitting for the situation: They're not making any more of it.

And when it comes to loose state regulations on foreign land purchases, Downey said, "Some conversations we've had in-house recently is 'what are the teeth' to enforce that?"

Steps taken to tighten the reins on foreign ownership include the introduced H.R. 5490, which will require the USDA and the Government Accountability Office to conduct a detailed analysis and report to Congress on the extent of foreign influence in the U.S. agriculture industry.

Additionally, the House FY 2022 agricultural appropriations legislation will require the USDA to take actions to "prohibit the purchase" of agricultural land by companies owned in full or part by China, Russia, Iran, and North Korea.

# No Guidance for Wisconsin Election Clerks After Top State Court Bans Ballot Drop Boxes

KATABELLA ROBERTS

The Wisconsin Elections Commission (WEC) has yet to release new guidance on how to handle absentee ballots for the Aug. 9 primary election after the state's Supreme Court ruled that ballot drop boxes are illegal.

Republicans and Democrats on the commission repeatedly hit an impasse on July 12, when it came to deciding the meaning of the court's July 8 ruling and how it should be interpreted and handled by more than 1,800 municipal clerks ahead of the primary.

The court ruled 4-3 that drop boxes that enable people to drop off ballots cast by themselves and others are illegal under state law and voters must return their ballots in person.

"We hold the documents are invalid because ballot drop boxes are illegal under Wisconsin statutes," Justice

Rebecca Bradley wrote in the majority opinion on July 8. "An absentee ballot must be returned by mail or the voter must personally deliver it to the municipal clerk at the clerk's office or a designated alternate site."

The court didn't address the question of who can put an absentee ballot in the mail.

While state law says an absentee ballot "shall be mailed by the elector," federal law allows for disabled people to receive assistance with their ballot, meaning the Supreme Court's decision could make it more difficult for the disabled, as well as the elderly, to vote.

## Potentially Confusing

At the commission meeting on July 13, Republicans said the panel should provide guidance to clerks running the elections to help them better understand the ruling, while Democrats

argued that it's unclear what the commission can tell clerks, saying that the proposed guidance went too far and could potentially confuse clerks and spark a slew of lawsuits.

Meanwhile, Republican Commissioner Bob Spindell offered a proposal that would require voters to present identification when returning a ballot to a clerk's office, calling it a "security measure" that would ensure only the voter can return a completed ballot, in line with the court's decision.

"It's inherent in something like this that we have the person who is actually doing that to show an ID to show in fact it is his or her [ballot]," he said. "Otherwise, you have the problem of it could be anyone's."

That motion was ultimately rejected by WEC.

The commission also rejected another motion to issue guidance stating that the voter must be the



**Residents drop mail-in ballots in an official ballot box in Milwaukee on Oct. 20, 2020.**

one to mail a ballot.

"It would be inappropriate for us to start making stuff up and I think that's what this memo does, unfortunately," Democratic Commissioner Mark Thomsen said of proposed guidance written by commission staff.

"I think the fact that we've looked at the Supreme Court decision today and that we still need to digest some

of it means that there will be guidance at some point in time, but at this moment in time, we're not ready to give guidance," said commission member Marge Bostelmann.

The WEC is scheduled to meet again on July 22.

*Zachary Stieber and The Associated Press contributed to this report.*

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**Lake Wenatchee Water District Small Works Roster**  
Lake Wenatchee Water District is now accepting applications from suppliers and/ or contractors to be included on the Utility's Small Works Roster. The following Roster of categories, not all inclusive, to contract, lease or purchase items or services consists of:  
Construction & Maintenance Services, to include Building Contractors, Snow Removal, Tree Trimming, Excavation, Materials, and Supplies. If interested, an application can be found on our website [www.lakewenatchee.waterdistrict.org](http://www.lakewenatchee.waterdistrict.org) or request one by mailing PO Box 2813, Leavenworth, WA 98826 or calling 509-679-1353.

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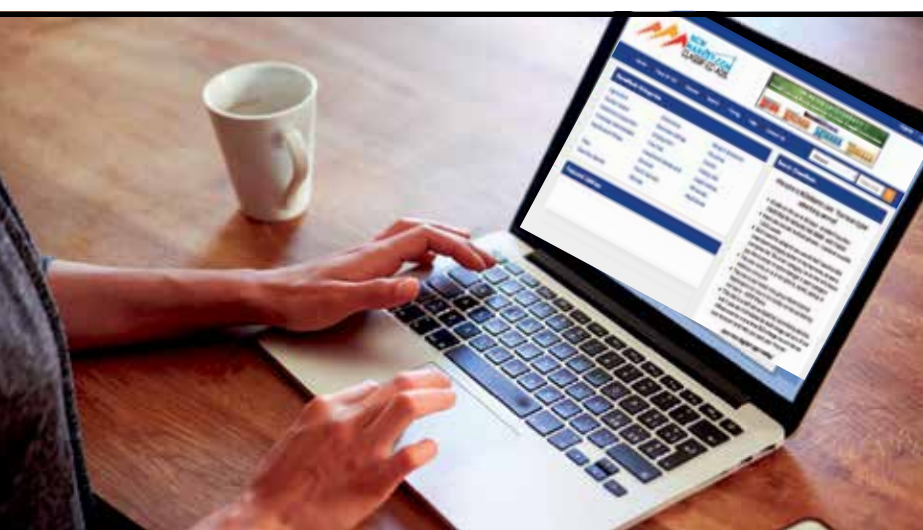
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Legals

Public Notice

SUPERIOR COURT OF WASHINGTON FOR DOUGLAS COUNTY GARY R. MCMONAGLE and GAIL L. DEGRAVE, husband and wife, Plaintiffs,

WILLIAM F. SNELSON and CLARA M. SNELSON, husband and wife, the UNKNOWN HEIRS of WILLIAM F. SNELSON, the UNKNOWN HEIRS of CLARA M. SNELSON, DAVID T. DORSEY and HAZEL M. DORSEY, husband and wife, the UNKNOWN HEIRS of DAVID T. DORSEY, the UNKNOWN HEIRS of HAZEL M. DORSEY, CHARLES L. REASOR and HATTIE L. REASOR, husband and wife, the UNKNOWN HEIRS of CHARLES L. REASOR, the UNKNOWN HEIRS of HATTIE L. REASOR, LAWRENCE H. REASOR and VELMA R. REASOR, husband and wife, the UNKNOWN HEIRS of LAWRENCE H. REASOR, the UNKNOWN HEIRS of VELMA R. REASOR, FRANK M. SCHRECK and MARY T. SCHRECK, husband and wife, the UNKNOWN HEIRS of FRANK M. SCHRECK, the UNKNOWN HEIRS of MARY T. SCHRECK, BRAYLAND ORCHARDS, INC., a Washington corporation, its successors and assigns, and ALL UNKNOWN PERSONS CLAIMING AN INTEREST IN THE PROPERTY,

Defendants. No. 22-2-00173-09 SUMMONS BY PUBLICATION The State of Washington to WILLIAM F. SNELSON and CLARA M. SNELSON, husband and wife, DAVID T. DORSEY and HAZEL M. DORSEY, husband and wife, CHARLES L. REASOR and HATTIE L. REASOR, husband and wife, LAWRENCE H. REASOR and VELMA R. REASOR, husband and wife, FRANK M. SCHRECK and MARY T. SCHRECK, husband and wife, BRAYLAND ORCHARDS, INC., a Washington corporation, its successors and assigns, and ALL UNKNOWN PERSONS CLAIMING AN INTEREST IN THE PROPERTY, and their respective unknown heirs, successors and assigns: You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty (60) days after the 13th day of July, 2022, and defend the above entitled action in the above entitled Court, and answer the complaint of the Plaintiffs GARY R. MCMONAGLE and GAIL L. DEGRAVE, and serve a copy of your answer upon the undersigned attorneys for the Plaintiff, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.

Object of Action: Verified Complaint for Quiet Title of real estate described as follows: A portion of the Southwest quarter of the Northeast quarter of Section Nineteen, Township Twenty-six North, Range Twenty-two E., W.M., described as follows: Beginning at a point 10 rods West of the Northeast corner of said SW1/4NE1/4, thence running South 30 rods, thence running West 26-2/3 rods, thence running North 30 rods, thence running East 26-2/3 rods to the Point of Beginning, containing about 5 acres more or less.

Douglas County Assessor's Tax Parcel No. 262-219-100-02. This summons is issued pursuant to RCW 4.28.110 and 4.28.140. DATED this 29th day of June, 2022. SPEIDEL BENTSEN LLP By: David J. Bentsen, WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Telephone Number (509) 662-1211 Published in the Quad City Herald July 13, 20, 29, August 3, 10 and 17, 2022. #4337



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Public Notices

NOTICE OF MEETING TO ADOPT 2022-2023 BUDGET AND CONDUCT PUBLIC HEARING

Notice is hereby given, pursuant to RCW 28A.505.050 and RCW 28A.505.060, that the Board of Directors (the "Board") of Bridgeport School District No. 075, Douglas County, Washington (the "District") will hold a regular meeting on July 25, 2022, commencing 6:00 PM in the Bridgeport Middle School Cafeteria of the Bridgeport School District, located at 1300 Douglas Avenue, Bridgeport, Washington. The meeting is called for the purpose of fixing and adopting the budget of the District for the ensuing 2022-23 fiscal year. Prior to adoption of the 2022-23 budget, the Board will hold a hearing on July 25, 2022 commencing 5:30 PM for the purpose of receiving comments from the public on the 2022-23 budget. Any person may appear at the hearing and be heard for or against any part of the 2022-23 budget, the four-year budget plan, or any proposed changes to uses of enrichment funding under RCW 28A.505.240 educational programs and operation levy. Upon conclusion of the hearing, the Board shall fix and determine the appropriation from each fund contained in the 2022-23 budget and shall, by resolution, adopt the 2022-23 budget, the four-year budget plan summary, and the four-year enrollment projection. 2022-23 budget information is available in the District office or may be obtained by contacting Eddie Morales, Business Manager (509) 686-5656. BRIDGEPORT SCHOOL DISTRICT NO. 075 DOUGLAS COUNTY, WASHINGTON Scott Sattler Superintendent Published in the Quad City Herald July 13 and 20, 2022. #4338

Public Notices

LAKE CHELAN SCHOOL DISTRICT No. 129 CHELAN, DOUGLAS AND OKANOGAN COUNTIES, WASHINGTON NOTICE OF MEETING TO ADOPT 2022-2023 BUDGET AND CONDUCT PUBLIC HEARING

NOTICE is hereby given, pursuant to RCW 28A.505.050 and RCW 28A.505.060, that the Board of Directors (the "Board") of Lake Chelan School District No. 129, Chelan, Douglas and Okanogan Counties, Washington (the "District") will hold a regular meeting on July 26, 2022 commencing at 6:00 PM in person and via online conferencing. Please contact Georgia Mashayekh at 509-682-3515 or mashayekh@chelanschools.org if you have any questions about the hearing. The meeting is called for fixing and adopting the budget of the District for the ensuing 2022-2023 fiscal year. Prior to adoption of the 2022-2023 budget, the Board will hold a hearing for receiving comments from the public on the 2022-2023 budget. Any person may appear at the hearing and be heard for or against any part of the 2022-2023 budget, the four-year budget plan, or any proposed changes to uses of enrichment funding under RCW 28A.505.240. Upon conclusion of the hearing, the Board shall fix and determine the appropriation from each fund contained in the 2022-2023 budget and shall, by resolution, adopt the 2022-2023 budget, the four-year budget plan summary, and the four-year enrollment projection. 2022-2023 budget information is available on the District website or may be obtained by contacting Georgia Mashayekh, at (509) 682-3515. Published in the Lake Chelan Mirror and Quad City Herald on July 20, 2022, and lakechelanmirror.com and qcherald.com July 12-26, 2022. #4356

Public Notices

ADVERTISEMENT FOR BID

Bridgeport Animal Barn - Rebid Sealed bids will be received by the Board of Directors of Bridgeport School District, in the Board Room at 1400 Tacoma Avenue, Bridgeport, WA, 98813, for the construction of the Bridgeport Animal Barn - Rebid. Sealed Bids must be received by 3:00 pm local time on August 2, 2022, and must be marked "Sealed Bids - Bridgeport Animal Barn - Rebid". Bids received after this time will not be considered. Sealed Bids will be opened and publicly read at 3:00 pm on August 2, 2022. Sealed Supplemental Bid Form A-Part-1, B, and C, must be received by one hour after Bids are due, and Sealed Supplemental Bid Form A-Part-2 must be received by forty-eight hours after Bids are due. Project documents are available at www.architectswestplans.com. Bidders may download digital files at no cost; Hardcopy sets are available with a refundable deposit of \$300 per set plus a non-refundable fee of \$30 per set for handling to be submitted by separate checks. General Contractor may obtain two (2) sets of documents; Mech/Elec/First Tier subcontractors may obtain one (1) set of documents via checks payable to Architects West and mailed to Abadan Reprographics, 603 E. 2nd Ave., Spokane, WA 99202. Deposits will be returned on receipt of documents for a period of ten days after bid opening, provided they are complete and in clean, usable condition. Additional or partial sets may be purchased. Bidders are required to register as a plan holder at www.architectswestplans.com, and select "Add me as a Plan Holder". Questions regarding the plan room contact Auron (509) 747-2964 or repro@abadan Spokane.com. A complete set of contract documents will also be filed with the Plan Centers listed at www.architectswestplans.com. No bidder may withdraw his bid after hour set for opening thereof, unless award is delayed for a period exceeding 30 days. The Bridgeport School District reserves the right to reject any or all bids and to waive informalities or irregularities in any bid. BRIDGEPORT SCHOOL DISTRICT SCOTT SATTLER, SUPERINTENDENT Published in the Quad City Herald July 13 and 20, 2022. #4341

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Nosebleeds: 5 tips



Q: Last week, I got a nosebleed that wouldn't stop on its own. In the Emergency Room, the doctor shoved gauze up my nose. It hurt so bad I NEVER want that done to me ever again. How can I stop a nosebleed on my own?

Your nose has two sets of blood vessels, one in front of the bony part of your nose, called anterior blood vessels, and another inside and beyond your nasal bone, the posterior blood vessels.

Luckily, 90% of nosebleeds are from the anterior blood vessels and can be stopped by using direct pressure, usually by pinching your nose shut. It's much harder to stop a nosebleed from your posterior blood vessels because you can't press on them directly. Your nasal bone protects them.

Nosebleeds are more common in dry climates like Eastern Washington and during the winter, as your air loses moisture from using a furnace or wood stove daily. Using oxygen dries out the tissues surrounding the blood vessels that line your nose, making them more fragile and likely to bleed.

Applying an ointment or gel to your nostril with a Q-tip every night helps prevent nosebleeds by keeping the inside of your nose moist. If you wear oxygen tubing with prongs that extend into your nostrils, avoid using Vaseline or petroleum jelly-based ointments because they can dissolve the plastic tubing. Instead, use a saline nasal gel, like Ayr.

Nosebleeds are also more likely if you take a blood thinner. Daily aspirin, clopidogrel (Plavix), and medicines like Eliquis, Xarelto, Pradaxa, and warfarin (Coumadin) are blood thinners that can increase the frequency and severity of nosebleeds.

Using nose sprays like Flonase, Nasacort, or Nasonex can also cause nosebleeds. To reduce nosebleeds, always point the nozzle of the nasal spray away from the tissue that separates your nostrils, called the septum.

If you get a nosebleed, apply direct pressure by leaning forward and pinching your nose shut. Leaning forward instead of backward puts more pressure on blood vessels and keeps you from swallowing blood, which can cause nausea and vomiting.

Inserting a wad of gauze or cotton into your nostril also helps slow bleeding. Rolling a piece of cotton or gauze will form a nice plug to push up your nostril.

Keep your nose pinched shut for 10-15 minutes without letting up on the

pressure.

In addition to gauze and direct pressure, several products that help stop bleeding are available without a prescription.

Many emergency room physicians use Afrin (oxymetazoline) nose spray on nosebleeds because it shrinks blood vessels quickly to help control bleeding. Oxymetazoline (Afrin) nasal spray is inexpensive and available without a prescription.

Other non-prescription products are available that control bleeding by jumpstarting the clotting process.

Oxidized cellulose is derived from plants and has been used to stop bleeding in surgery since the 1960s. It is available over-the-counter in several forms, including spray powder, small gauze squares, impregnated bandages, and gauze dressings. Curad Quick Stop and Quick Seal contain oxidized cellulose.

Chitosan (Celox) is derived from shells. Widely used by the military, Celox is available as granules in 2-gram packets for sprinkling on wounds and incorporated into large flat bandages and nosebleed dressings.

Calcium alginate is extracted from brown algae. It's very absorbent and works by releasing calcium when in contact with blood. When blood contacts it, it transforms into a gel and jumpstarts the clotting process. Calcium alginate is available as Nasal Cease or Bleed Cease.

Avoid using products containing kaolin, like QuickClot. It is challenging to remove kaolin from wounds. 5 Tips for Dealing with a Nosebleed: 1. Lean forward while pinching your nostrils shut.

Hold direct pressure for at least 10-15 minutes before letting up. Avoid swallowing blood if you can. 2. Try Afrin (oxymetazoline) spray with a gauze plug.

Roll gauze into a tight plug, add two sprays of Afrin, insert into your nostril, then pinch it closed. 3. Try a blood-clotting nosebleed product.

Try gauze pads or pre-formed plugs impregnated with blood-stopping agents like calcium alginate (Nasal Cease), oxidized cellulose (Curad Quick Stop), or chitosan (Celox). 4. Get medication attention.

If blood runs down your throat even when leaning forward or you're still bleeding despite applying direct pressure, you could have a posterior nosebleed, which is very hard to stop. Seek medical attention. 5. Inform your doctor.

If you are taking a blood thinner medicine, do not ignore a nosebleed. Inform your doctor immediately of any serious nosebleeds. It could be a warning sign before a life-threatening stomach bleed or a devastating brain bleed.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey