



Van Lith reflects on her first year on the national scene



Hailey Van Lith had a strong start at the University of Louisville as a starter for all 30 games in her Freshman year.

By ERIN MULLIN
Reporter

Hailey Van Lith, a 2020 graduate of Cashmere High School, competed in the Elite Eight at the NCAA Women's Division I Basketball Tournament for the University of Louisville in March as a freshman. The Elite Eight are the final eight teams who qualify for the quarterfinals of the national tournament.

The Louisville Cardinals did not advance to the semifinals, falling to the top overall seed Stanford in their final game. Despite making it so far in the national tournament as a freshman, Van Lith has bigger goals for herself and for her team next year.

"National championship, that's what I want, and that's what I went to Louisville to get," Van Lith said. "I have individual goals for myself but if your team isn't winning, no one cares about what you're doing individually."

Van Lith said that the Cardinals will have a balanced team next year because of players that were signed for the upcoming season. These new players are an incoming freshman who is a McDonald's All-American and a transfer from Syracuse.

"I definitely think next year we're gonna have an even tighter team and there will be even more trust so definitely excited to be able to

experience that," Van Lith said

Van Lith had a strong freshman campaign as she was one of two players to start in all thirty games for the Cardinals and was named to the ACC All-Freshman, All-Tournament, and All-Academic teams for the 2020-21 season.

She was also one of 20 top collegiate

athletes selected to participate in the 2021 USA Basketball Women's AmeriCup Team trials, a game that took place outside of the collegiate system in April. Van Lith said that the AmeriCup Team trials were a great opportunity to grow as a player.

Since then, Van Lith hasn't let up. For offseason training, she follows

an exhausting routine. Van Lith said that she is currently playing basketball 2 to 3 times a day, doing a lot of speed and agility training and lifting weights four times a week.

"I'm a very strong player as it is," Van Lith said. "And I just want to maintain what I had going for me last year and just work on those little aspects of my game on the basketball court that I think I can improve to take myself to even the next level and to take my team farther in the tournament."

One reason she committed to playing for Louisville is because the team is capable of winning a national championship, Van Lith said. She also committed there because she trusts the head coach, Jeff Walz, and thinks that he will push her to her fullest potential.

College basketball is an entirely different level than playing in high school. Switching from playing basketball at the 1A level for Cashmere High School to playing basketball on the Division I level was a big transition for Van Lith but she said she didn't find it intimidating. Instead, her fiery personality kicked in and she was just ready to compete.

"It definitely is a whole 'nother level and you just have to respect every person you face. There's no one that's going to let you just beat them without a fight," Van Lith said.

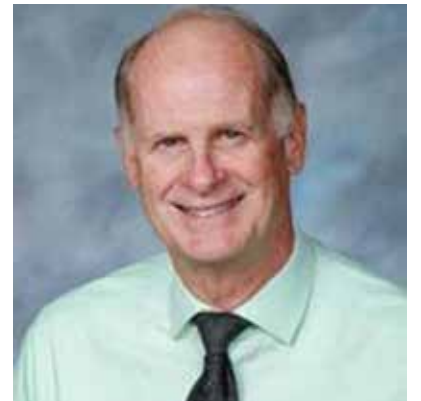
Because of the coronavirus pandemic, many protocols were in place to ensure that the players remained safe. Every player got a daily PCR test for COVID-19, players wore masks during practice, and equipment was constantly sanitized.

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PHOTO COURTESY OF UNIVERSITY OF LOUISVILLE ATHLETICS.
Van Lith advances the ball during the Elite 8 National Championship Game.

Tony Boyle Retires from Cashmere High School



SUBMITTED PHOTO.

Tony Boyle

By ERIN MULLIN
Cashmere Reporter

Cashmere High School Principal Tony Boyle is retiring after 29 years of service at Cashmere High School. It is his 15th year at Cashmere High School as a principal. Before serving as principal, Boyle served as assistant principal and athletic director for Cashmere High School for 14 years.

"I think I'm ready. I don't sit still very well so it's going to be new. It's going to be an adjustment in my life but I think it's going to be alright," said Boyle.

Boyle didn't start off in education. He graduated with a degree in business and worked for two and a half years in the business world before going back to school to get his education degree. Eventually, Boyle got his master's degree in business education and finally he got his administrative degree.

Boyle decided to work in education because of the volunteer work he did with his church after college where he worked with youth. Engaging with the youth in his church motivated him to switch from a career in business to one in education.

Boyle was a teacher before he was a principal. He spent his first two years teaching at Pilot Rock, Oregon and then moved on to Prosser, Washington where he coached and taught for nine years.

After that, Boyle started a new role as an assistant principal and athletic director in Sunnyside, Washington for four years. Finally, Boyle moved onto Cashmere High School and that is where he has been ever since.

Boyle said that he decided to settle down in Cashmere because it was such a great community to raise his family in. All three of his children graduated from Cashmere High School. Boyle is enthusiastic about his career even though he is ready to step down.

"I look forward to coming to work every day," said Boyle. "My favorite day is Monday because I usually miss it on Saturdays and Sundays."

Boyle said that being around kids keeps him young. The most rewarding part of his job has been coming to work and building relationships with staff and students.

Boyle takes pride in the unique community of Cashmere. He said that Cashmere High School thrives because of the strong community support from parents and other community members.

This support is reflected in how Cashmere is performing relative to the rest of the state. For several years, Cashmere High School had the highest state test scores in North Central Washington in several areas.

"People come to the community of Cashmere for schools. And I take pride in that," Boyle said.

The Cashmere School District has a comprehensive education, Boyle said. Besides traditional subjects

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Cashmere Pool opening in doubt

By ERIN MULLIN
Cashmere Reporter

Whether or not the Cashmere city pool can open for the 2021 season is to be determined. City Clerk-Treasurer Kay Jones said that the city needs to hire enough lifeguards and a pool manager before they can open. The pool's longtime manager, Camille Collins, moved to Spokane for a new job.

Jones said that Collins had worked for the pool as a manager for several years and started her career with the Cashmere city pool as a lifeguard. Although some people have expressed interest in working for the pool as a manager, no one has applied

who currently has active certification as a pool manager. Certification is required in order to be a pool manager.

The pool also needs to hire lifeguards who additionally require certification to work for the pool. Jones said that the pool normally hires about 20 lifeguards. However, many of those who had lifeguard certification had their certification lapse due to the pool being unable to open because of the coronavirus pandemic last year. Only one person has applied with current lifeguard certification.

If 6 people from Cashmere commit to getting certification, the Wenatchee Racquet and Athletic Club (WRAC)

agreed to hold a lifeguard certification class for them, Jones said. The certification requires 16 hours of class time and involves instruction both in the classroom and in the pool. It costs \$200 to be certified as a lifeguard and \$150 to be recertified.

After lifeguards are hired, they would be reimbursed for the cost of the certification, Jones said. The city needs at least 6 people committed to be lifeguards and a pool manager in order to operate with reduced hours this summer. As far as Jones is aware, the cost of certification has not been an issue for interested applicants.

Although the pool has advertised in many places, they have not gotten enough applicants for lifeguards in order for the pool to be open, Jones said. Some of the people who were initially interested in working for the

pool are looking in other directions for summer employment. One has already found a new job.

The final decision about whether or not the pool will open for the summer is up to the mayor of Cashmere, Jones said.

Cashmere Mayor Jim Fletcher said that he is reevaluating to see if the pool would be able to open on July 1st. He has no idea if the pool will be able to open because he is not sure if they will get enough certified applicants.

Even if the pool does not open July 1st, it could open later if enough certified applicants are found. As soon as enough certified applicants are found the pool can open, Fletcher said. He said that pools around the country have been struggling to find employees and he is not sure why that is the case.

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

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Pompeo Confirms Intense Opposition to Wuhan Lab Probe From State Department, Intelligence Bureaucracies

MARK TAPSCOTT

Former Secretary of State Mike Pompeo confirmed to The Epoch Times on June 3 that his efforts to get to the bottom of how the CCP virus—also known as the novel coronavirus—spread from China to the United States met with sustained opposition within the U.S. government.

[Officials] were explicitly told by colleagues not to explore the Wuhan Institute of Virology's gain-of-function research.

Mike Pompeo, former secretary of state

Asked about revelations in a June 3 Vanity Fair report that key officials deep within the State Department sought to keep the public from knowing that U.S. funds had supported gain-of-function research at China's Wuhan Institute of Virology (WIV), Pompeo described a "contentious battle." That research, which focused on techniques for reconfiguring naturally occurring viruses to make them more virulent and transmissible to humans, was partially funded as far back as 2012 with U.S. tax dollars through the National Institutes

of Health and a nonprofit foundation known as the EcoHealth Alliance.

The Vanity Fair analysis "found that conflicts of interest, stemming in part from large government grants supporting controversial virology research, hampered the U.S. investigation into COVID-19's origin at every step."

"In one State Department meeting, officials seeking to demand transparency from the Chinese government say they were explicitly told by colleagues not to explore the Wuhan Institute of Virology's gain-of-function research, because it would bring unwelcome attention to U.S. government funding of it," the article reads.

China has insisted since the virus first appeared in late 2019 that it had spread from bats to humans via an open-air meat market in Wuhan. Some government and public health officials, private sector scientists, and investigative journalists, however, have said since early in 2020 that there's substantial evidence that the virus spread somehow from the WIV.

Then-President Donald Trump and Pompeo, as well as Sen. Tom Cotton (R-Ark.), publicly noted the existence of such evidence in April 2020 and called on Chinese officials to allow independent investigators to access the WIV and its records. China refused to do so.

After the November 2020 election, Pompeo pushed

within the State Department and the Trump administration for public release of as much evidence as possible.

He issued a Jan. 15 statement that includes a significant disclosure, that WIV researchers appeared to have suffered virus symptoms months before the disease spread throughout China and to other countries, including the United States.

The statement also notes the gain-of-function research taking place at WIV and asks whether U.S. funding may have been diverted to secret Chinese military projects at the WIV.

But even getting that statement out was a struggle, Pompeo told The Epoch Times on June 3.

"I became aware at the end of 2020 that we now had an increased level of confidence in the datapoints that supported what we put out in the middle of January. The clock was clearly running, and I was fighting very hard inside the State Department and even more broadly," he said.

A major roadblock was the fact that significant portions of the evidence were held by intelligence agencies that opposed their public release.

"There were places outside of the State Department that owned the dataset inside the intelligence community, so we were banging away to get them to give us as much space to write as much as we possi-



JOHANNES EISELE/AFP VIA GETTY IMAGES

The P4 laboratory at the Wuhan Institute of Virology in Wuhan, Hubei Province, China, on Feb. 23, 2017.

bly could," Pompeo said.

"We were drafting language that protected classified things that needed to be protected but we wanted to make sure that we got this information out in the public space."

The former secretary of state said he viewed it as important at the time, and continues today to say that the American people should know all the facts, and the Chinese government should be held accountable if the virus did escape from the WIV.

"There were two reasons for that. One, it was a matter of transparency and, two, we

wanted the Chinese Communist Party to have to explain what we knew as well, so we had a very high degree of certainty around what we did," Pompeo said. "The statement was very carefully crafted, but it is unambiguous about what it said."

A former senior State Department official with direct knowledge of these matters, who spoke on background, told The Epoch Times that Pompeo made clear to everybody involved in the State Department's investigation of the source of the virus that they were to pursue facts wherever they led.

When told of internal opposition to the effort, the former senior official said that Pompeo responded with a salty aphorism reflective of his Army career.

"He said, 'Screw them and tell them the secretary of state said do it.' And he also said something that's very, very important. He said: 'I don't care what conclusion you guys dig out. It may be something we like to hear, politically, or something we don't like to hear, but I want the truth.' That was exactly the attitude throughout the whole investigation this group was doing."

Biden Orders Ban on 59 Chinese Defense and Tech Firms

EMEL AKAN

WASHINGTON—President Joe Biden signed an executive order on June 3, amending a Trump-era ban that prohibits U.S. investors from investing in Chinese military companies. The new order expands the previous prohibition list by adding more Chinese defense and surveillance technology firms.

The order also moves the authority of selecting targeted companies to the Treasury Department from the Defense Department.

Biden's order expands the scope of the national emergency declared by then-President Donald Trump last year and bans more companies involved in "the development or use of Chinese surveillance technology to facilitate repression or serious human rights abuse."

The order "prohibits United States persons from engaging in the purchase or sale of any publicly traded securities" of 59 entities listed in the annex of the executive order.

Blacklisted companies include telecoms equipment maker Huawei, video surveillance manufacturer Hikvision, aerospace firm Aviation Industry Corp. of China, and state-run mobile operators China Mobile and China Telecom.

The Treasury Department will continue to update the list

of these Chinese entities. The selection will be determined by the Treasury secretary in consultation with the secretary of state and, if deemed appropriate, the Defense secretary, according to a White House factsheet.

The ban list doesn't mention subsidiaries of these companies as the list is "intentionally targeted and scoped," according to the factsheet.

The Trump administration targeted 44 Chinese military companies and intended to include publicly traded subsidiaries that were "50 percent or more owned" or "determined to be controlled" by those companies.

The new order, however, shrinks the scope of the ban by excluding subsidiaries.

The investment prohibitions will take effect on Aug. 2, but investors are permitted to make trades to divest their holding until June 3, 2022.

Sen. Marco Rubio (R-Fla.) raised concerns about Biden's move to shift the authority to the Treasury Department.

"We know for a fact that Wall Street is helping to finance the Chinese Communist Party's effort to weaken and ultimately replace American leadership," Rubio said in a statement.

"While the administration updated the Trump-era policy in important ways, I am very concerned that President Biden's Treasury Department is too closely aligned with Wall

Street to take the actions necessary to prevent American savings from being used to fund the Chinese Communist Party."

In his final weeks in office, Trump took swift action to ban investments in Chinese military companies, in an effort to curb Beijing's access to lucrative U.S. capital markets.

Trump's order aimed to curb U.S. pension and retirement fund investments in companies that support the Chinese Communist Party (CCP). Many of these companies are publicly traded on stock exchanges around the world and are tracked by major indexes such as MSCI and FTSE.

The American Securities Association (ASA), which represents regional Main Street financial services companies, welcomed the new executive order.

"ASA strongly supports today's action by the Biden Administration to prioritize America's economic and national security interests by continuing the previous Administration's crackdown on Communist China's infiltration of the U.S. capital markets," ASA CEO Chris Iacovella said in a statement.

"For far too long, the CCP has taken advantage of regulatory loopholes to fund its military rise, a cyber army that attacks us, 're-education camps' used to perpetrate crimes against humanity on its own citizens, the use of slave labor in violation of international law, and its new position as the world's leading polluter."



SPENCER PLATT/GETTY IMAGES

Google Reassigns Diversity Staffer Who Said Jews Have 'Insatiable Appetite for War and Killing'

ZACHARY STIEBER

Google has reassigned a top diversity officer after critics noted he wrote years ago that Jews have an "insatiable appetite for war and killing," the company said on June 2.

Kamau Bobb has been removed from Google's diversity team, a spokesperson told The Epoch Times in an email.

Bobb was the company's global lead for diversity strategy and research.

Roughly a decade before joining Google in 2018, Bobb wrote on his blog about how he would feel if he were Jewish.

"If I were a Jew I would be concerned about my insatiable appetite for war and killing in defense of myself," he wrote. "Self-defense is undoubtedly an instinct, but I would be afraid of my increasing insensitivity to the suffering [of] others."

Being diversity lead was in a position where he could do tremendous damage to the very fabric, the very ideal of diversity.

Yaakov Menken, managing director, Coalition of Jewish Values

Bobb reportedly sent an apology letter to colleagues at Google, writing in part: "What was intended as a critique of particular military action fed into anti-Semitic tropes and prejudice. I think we can all agree, there is no easy solution to this situation. But that's beside the point. The way I expressed my views on that conflict [was] hurtful."

Jewish groups had called for

Bobb's firing.

"Google must fire this anti-Semite," the Simon Wiesenthal Center, a Jewish human rights group, said in a tweet.

The Coalition of Jewish Values wrote to Google CEO Sundar Pichai to urge him to immediately replace Bobb, indicating an apology was not sufficient.

Yaakov Menken, managing director of the coalition, told The Epoch Times that people can change their views, and perhaps the uproar over the old remarks could lead to a change in Bobb.

"We definitely believe people can change their views, and maybe this is waking him up to the fact that he imbibed anti-Semitic poison and that can be cured. But having him in a research position places him where he can do very little harm; being diversity lead was in a position where he could do tremendous damage to the very fabric, the very ideal of diversity," he said.

Google's spokesperson told The Epoch Times that company officials "unequivocally condemn the past writings by a member of our diversity team that are causing deep offense and pain to members of our Jewish community."

"These writings are unquestionably hurtful. The author acknowledges this and has apologized. He will no longer be part of our diversity team going forward and will focus on his STEM work," the spokesperson said.

"This has come at a time where we've seen an alarming increase in anti-Semitic attacks. Anti-Semitism is a vile prejudice that has given rise to unfathomable acts. It has no place in society and we stand with our Jewish community in condemning it."

"I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED." —Philip Lewis

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THE EPOCH TIMES

TRUTH and TRADITION

Human Smuggling Leading to Pursuits, Bailouts, Crashes, School Lockdowns

Kinney County Constable Steve Gallegos and Kinney County sheriff's deputies arrest a smuggler and seven illegal aliens from Guatemala near Brackettville, Texas, on May 25, 2021.

CHARLOTTE CUTHBERTSON

UVALDE, Texas—A smuggler traveling at 140 mph races through town and crashes through a building in Uvalde, Texas. Another one drives onto a soft-ball field in Crystal City, with children playing nearby.

In Del Rio, eight illegal aliens die after crashing head-on into another vehicle during a pursuit. Further east, in Lavaca County, a pickup truck carrying 18 to 20 illegal aliens crashes into a tree and bursts into flames.

In Kinney County, a smuggler fires an AK-47 out the vehicle window while fleeing from law enforcement, then passes the weapon to an illegal alien in the backseat to reload.

Many of the vehicles that smugglers are using to transport illegal aliens are stolen, and the unsuspecting owners won't get them back—they've been used in the commission of a crime.

If illegal aliens make it past Border Patrol at the U.S.-Mexico border, their goal is to get north to a large city as quickly as possible.

The average number of illegal aliens that Border Patrol detects evading capture along the southern border is about 1,000 per day. The number of those who go undetected is impossible to estimate.

While Uvalde sits about 65 miles north of the border, many roads converge in the town and high-speed chases with vehicles loaded with illegal immigrants have become a daily occurrence. And lured by the promise of quick cash, many U.S. citizens are providing transportation.

"Chases—that's something that we've never seen," Uvalde County Sheriff Ruben Nolasco told The Epoch Times.

"It's nonstop. Day after day, from sunup to sundown. Our deputies, our state troopers, our police officers, they're just frustrated, they're tired."

Today's illegal aliens are more violent than in previous years and will fight with law enforcement, Nolasco said. His deputies are also finding weapons in most of the smuggling vehicles they stop.

"And some of these traffickers have been found with 100-round drums [of ammunition] on their weapons," he said.

"There's always been a problem with [illegal] immigration, but nothing like this. We're like a welcome mat.

They're going to come in here and scrape the mud off on us and then they start going up to the bigger cities. And then, they can blend in and you won't have access to them."

Texas Gov. Greg Abbott deployed more state troopers to the border region in March, and Nolasco said it has helped, although it also has created a bottleneck in his jail.

"It's getting to the point that it's filling up my jail, so that's becoming a problem," Nolasco said on May 26.

Abbott issued a state of disaster declaration on June 1, which includes a directive to the Texas Department of Public Safety to ramp up its efforts in enforcing federal and state laws regarding offenses such as criminal trespassing, smuggling, and human trafficking. He also asked the state's Commission on Jail Standards to revise its standards to provide for more capacity in jails that have been operating under strict COVID-19 protocols.

Counties have been declaring local disasters since April 21.

48 School Lockdowns

Uvalde Mayor Don McLaughlin said local schools have been forced into frequent lockdowns in the past several months due to "bailouts" of illegal immigrants.



ALL PHOTOS BY CHARLOTTE CUTHBERTSON/THE EPOCH TIMES UNLESS OTHERWISE PROVIDED.



Mayor Don McLaughlin looks at a map of the city at City Hall, in Uvalde, Texas, on May 26, 2021.

"We had a minimum of 48 different campus closures in Uvalde and five in Batesville during the spring semester. We had to hire off-duty officers for security at Anthon," McLaughlin said the school superintendent told him.

"They drive in and they bail out right by the schools."

A bailout—now a common term in counties near the border—usually occurs when law enforcement is attempting to pull over a suspected smuggler with a load of illegal aliens. At some point, the smuggler slows or stops the vehicle and all the passengers scatter in different directions to avoid being caught.

"It's sad that all those small communities, and our law enforcement, are having to deal with this because it's eating up our budgets and we're neglecting our regular work for our citizens," McLaughlin told The Epoch Times.

"My other question is, while we're all over here chasing this car doing this, what's coming through that we're not catching?"

The small town of Cotulla, 70 miles north of Laredo on I-35 toward San Antonio, is being affected so much by illegal alien smuggling that the local school district sent a warning letter to parents and guardians.

"Please be watchful of your children as they are playing outside, walking home from school, or generally out of the house," the April 1 letter states. It's signed by Cotulla Independent School District Superintendent Jack Seals and La Salle County Sheriff Anthony Zertuche.



UVALDE COUNTY SHERIFF'S OFFICE

"Both our communities and the rural areas of the county have experienced a great increase in law enforcement chases and 'bailouts,' the letter reads.

In Uvalde, Nolasco said children are scared.

"We have children that ride the school bus that live out in the country that are scared—they're scared to go home. If mom's working and dad's working and there's nobody there for them, they're going to open the door to their residence and find an illegal immigrant," he said.

"And mind you, you also have a lot of sex offenders that are coming into the United States—that's not good."

Border Patrol in the Del Rio Sector has apprehended 95 sex offenders so far this fiscal year, compared to six during the same period in fiscal 2020. Apprehension of criminals has topped 813, compared to 161 in the same period in fiscal 2020.

Nolasco said his deputies have been involved in catching the same smuggler three times in a six-week period. The smuggler, an illegal alien, was caught after a high-speed chase that carried on for more than 50 miles, he said.

Uvalde County sheriff's deputies, along with Texas state troopers and Border Patrol, apprehend illegal aliens being smuggled by vehicle, in Uvalde County on April 3, 2021.

While we're all over here chasing this car doing this, what's coming through that we're not catching?

Don McLaughlin, mayor, Uvalde

"He bails out and the passengers bail out. We finally catch up to him and check with Border Patrol, and Border Patrol runs his name and says, 'Oh, yeah, he was just dealt with last week and he was released,'" he said.

"And here he is a week later. And that same thing happened about a month after that incident."

Nolasco, who has 14 deputies to cover 1,600 square miles, said 95 percent of his deputies' time is currently being spent on assisting Border Patrol with smugglers.

"It's valuable time and resources that are being spent on a federal issue. These monies and time should be invested in our local citizens here in this town," he said.

After being on the job for five months, the sheriff said he's not expecting federal help.

"All I hear is that we don't have a problem here at the border. No, I'm not going to get any help from the feds."

The White House has said it's focusing on the "root causes" of illegal immigration, particularly in the Central American countries of Honduras, Guatemala, and El Salvador.

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TRUTH and TRADITION

Q: Are there medicines that I shouldn't take? How can I avoid taking them?

You should definitely stay away from any medicines you're allergic to or that have caused you problems in the past. For example, if you are allergic to penicillin, taking amoxicillin (a type of penicillin) would be a very BAD IDEA.

Some medicines don't mix well with others. This can cause problems if one of the medicines is a common one that is available without a prescription, like taking ibuprofen for a headache when you take a prescription blood thinner. Your doctor or pharmacist can advise you if any over-the-counter (OTC) medicines shouldn't be taken with your current prescription medications.

As we age, our bodies change in ways that affect how we react to prescription and non-prescription medicines. The older we get, the less medication it takes to affect us. As a result, we become more likely to experience the "dark side" of taking drugs: annoying or dangerous side effects.

Getting older makes us more

sensitive to the side effects of medication. Medications given to us to help us avoid health-related issues in the future can begin to cause us confusion, dizziness, and problems with our balance.

Side effects from medications can seriously threaten your ability to live independently, especially those affecting your thinking, memory, or balance. 13% of all hospitalizations are related to prescription medicines and happen most often to people over 65 years of age.

One way to minimize potential problems with medicine is to start with a

lower dose, often one-half of the usual starting dose. This is particularly helpful for people who are very elderly or "sensitive" to medicines.

Using less medicine in an older person is not always enough to avoid problems. For example, some medications can cause confusion, memory problems, lightheadedness, and falls, even at low doses. In addition, these medicines are dangerous because by increasing the risk of falls, they can impact a senior's ability to live independently.

Problems with medications in older people were a particular concern of Dr. Mark

H. Beers. With his patients who lived in nursing homes, he noticed that some commonly prescribed medicines caused them to become confused and fall down. As Dr. Beers kept track of which medications were associated with those problems, he built up a list of medicines that he felt caused more harm than good when given to older people.

First published in 2009, Dr. Beers' list of problem medicines became known as the Beers List, or Beers' Criteria. It included medications causing sedation, such as sleeping pills, antidepressants, antipsychotics, and muscle relaxants. After his death, the American Geriatrics Society (AGS) updated the list to include medicines that affect ALL older adults, not just those living in nursing homes. Now called the AGS Beers Criteria, you can determine if you take medication from that list at HealthAging.org.

Here are 6 Tips on Avoiding Medicines You Shouldn't Take:

1. Just say no to taking another person's prescription medicines.

A medicine that is perfectly fine for someone else could be deadly for you. It could be very similar to something you are allergic to or something that shouldn't be combined with your current medicines.

2. Keep a list.

Make and keep a list of all your medications and any allergies, particularly what reaction(s) they caused.

3. Keep your doctors in the know.

Always bring a complete list of ALL your medicines and supplements to EVERY doctor's visit, and mention any new medications prescribed by someone else. Not knowing which medicines you're taking opens the door to being given something very similar. This can create dangerous side effects if you end up taking both at the same time.

4. Start low and go slow.

When starting a new medicine, ask your doctor if you can start at the lowest dose possible. This usually means cutting a tablet in half and taking it like that for the first week or so. Then, if you are not having any problems, you can increase your dose up to taking



5. Speak up! Be a "Squeaky Wheel."

If you've noticed any changes in your thinking or balance since either starting one of your medicines or having its dose increased, don't suffer in silence. Instead, contact your doctor and inform them about it.

6. Don't stop your medicines on your own.

Don't stop any medicine you are already taking just because it's on a list! Check with your doctor first. Many medications should be tapered, not stopped cold turkey.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. © 2021 Louise Achey



Fare-Free Service Will Continue

SUBMITTED BY ERIC WEST

Marketing and Communications Coordinator

Link Transit will continue to operate all routes fare-free through at least June 2022, with the Link Board approving a pilot project at its May meeting.

The policy is intended to help attract riders back to the system, which has seen about a 25 - 30 percent drop in boardings since the COVID-19 pandemic began in March of 2020. Fares were suspended for all services at that time. Link has been operating several routes fare-free for a number of years. These routes account for a larger percentage of riders than routes that are not fare-free. "The three high-frequency routes we operate in the Wenatchee and East Wenatchee area typically carry about 35 - 40% of our total passenger counts" said Richard DeRock, Link Transit General Manager.

A number of other transit systems nationwide have recently moved towards a fare-free model, with

Intercity Transit in Olympia, Washington and Kansas City, Missouri being two of the larger systems that are partially or completely fare free.

"No-cost public transportation allows everyone to access opportunities for employment, education, and medical care - which lead to better quality of life and, therefore, better health for our community," said DeRock.

Link Transit began operation in December 1991 as a fare-free system. This changed in February 2000, with the passage of Initiative 695 the prior November, and the loss of nearly 45% of funding. Fares were implemented to help retain a small portion of the service that would have been otherwise cut. Since that time, fares have been increased three times. Since 2001, annual ridership has increased from less than 500,000 to nearly 1 million boardings (pre-pandemic).

Over the past 21 years, fares have accounted for from 3 to 6% of Link's total operating revenue. Small transit systems similar to Link nationwide

rarely collect in excess of 10% of their revenue from fares.

Link receives 70 - 75% of its funding through voter-approved sales tax. This initial tax was approved in September 1990 at a rate of 4/10 of 1%; and was increased in January 2020 by another 1/10 of 1% with the passage of Proposition 1 in August 2019. Beginning in January 2022, an additional 1/10 of 1% will be collected. The remainder of Link's funding comes through a variety of state and Federal grant programs, with some smaller sources being interest income and leases. Sales tax is the primary funding source for most transit systems in Washington State.



CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

May 28

- 04:47 Welfare Check, 301 Firecrest Dr.
- 05:55 911, 5257 N Cashmere Rd.
- 08:14 Alarm, 600 Cotlets Way
- 17:53 Hazard, Parkhill St. & Mission Ave
- 18:04 Welfare Check, 5135 Mission Creek Rd.
- 19:44 Diversion, U.S. Hwy. 2 & Nahahum Canyon Rd.
- 23:03 Welfare Check, S Division St & Mission Ave.

May 29

- 17:43 Disturbance, 312 Cottage Ave.
- 21:26 Parking/ Abandon, 300 Blk. River St.
- 23:54 Noise, Britini Dr. & Lower Monitor

May 30

- 06:06 Attempt to locate, 3647 Valley View Dr., Monitor
- 06:09 Civil, 204 River St.
- 13:08 Water Rescue, 5304 Old Monitor Rd.
- 14:17 Trespass, Cottage Ave. Bridge
- 16:34 Noise, 104 Pioneer Ave.
- 16:38 Aircraft, 5485 Mill Rd.

- 17:02 Welfare Check, 6710 Stine Hill Rd.
- 17:41 911, 314 Woodring St.
- 19:26 Accident No Injury, 101 Woodring St.

May 31

- 11:03 Property, 104 Crestview Place
- 14:35 Public Assist, 7466 Stine Hill Rd.
- 18:06 Burglary, 5990 E Cashmere Rd.
- 18:58 Parking/ Abandon, 4350 E Nahahum Canyon Rd.
- 21:46 Traffic Offense, U.S. Hwy. 2 & Nahahum Canyon

June 1

- 03:06 Court Order Violation, 8650 Dryden Frontage Rd.
- 04:53 Agency Assist, U.S. Hwy. 2 MP 113
- 08:08 Malicious Mischief, 116 Cottage Ave.
- 09:52 Public Assist, 4802 Brisky Canyon Rd.
- 11:22 Accident No Injury, 329 Tigner Rd.
- 14:27 Scam, 4961 Mission Creek Rd.
- 14:45 Property, Sunset Hwy. & Chapel St.
- 16:56 Traffic Offense

- 17:10 Fraud/Forgery, 4044 Pioneer Way, Monitor
- 18:09 Hazard, 700 Blk., Stine Hill Rd.
- 18:22 Court Order Violation, 505 Glen St.

June 2

- 01:30 Domestic Disturbance, 107 Mountain View Place
- 04:29 Traffic Offense, 201 Riverside Dr.
- 09:00 Welfare Check, 8703 Alice Ave., Dryden
- 14:18 Traffic Offense, Main St., & Pioneer Way, Monitor
- 15:58 Suspicious, 350 Sunset Hwy.
- 17:32 Civil, 8519 Smith St., Dryden
- 19:14 Juvenile Problem, 314 Woodring St.
- 19:14 Theft, Hay Canyon Rd. MP 1
- 19:47 Suicide Threat, 241 Independence Way

June 3

- 08:14 Public Assist, 5485 Mill Rd., Cashmere
- 14:33 Welfare Check, 7900 Stine Hill Rd, Dryden
- 16:02 Harass/Threat, 8703 Alice Ave., Dryden
- 22:41 Burglary 307 Tigner Rd.

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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

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The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

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Have an idea for a story?
Call the Record at 509-782-3781

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- Garage and Yard Sale Ads are paid events, please email those to classifieds@leavenworthecho.com or NCWMARKET.COM
- For more info call: Leavenworth: 509-548-5286, Cashmere: 509-782-3781
- Email to: editor@leavenworthecho.com or reporter@leavenworthecho.com

Contact the listed organizations or events for updates on the Covid-19 regulations.

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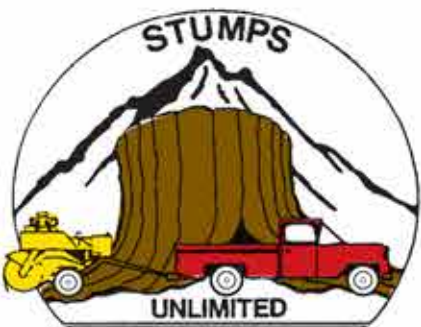


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Van Lith

CONTINUED FROM PAGE A1

Van Lith said that she wasn't allowed to be around students outside of the basketball team in order to avoid coronavirus exposure.

Despite the difficulties of competing during a pandemic, Van Lith said that it was all worth it in order to compete at the higher stage that she had been working towards for a long time. At times, adjusting to college during a pandemic was "very frustrating" for Van Lith, but the support of those around her helped her to succeed during her freshman year.

Her family and coaches created a strong support system. One of her assistant coaches would watch film with her and ensure she was in a good spot mentally. Van Lith quickly built bonds with her new teammates since they had to be around each other so much because of the pandemic.

For the most part, Van Lith said that she was excited to be away from home but that during the holiday season she was a little bit homesick. There were days that she would call her parents a few times a day because she just needed to hear from them. Overall though, Van Lith enjoyed her freshman year.

Van Lith's aspirations don't stop at winning a national championship with her team in college. They don't stop at working tirelessly in the off-season to improve her weaknesses. Van Lith wants

to go pro.

It is hard to go pro as a female basketball player because the WNBA only has twelve teams so not a lot of players make the rosters, Van Lith said. But playing in the WNBA is something that she is perfectly capable of.

"If I want to be one of the greatest players, women's players, ever then that's obviously something that I'm gonna have to be able to do," Van Lith said.

If NCAA legislation changes, Van Lith may be able to capitalize off of her basketball talent sooner rather than later. Currently, college athletes are not allowed to make any money outside of their scholarships in order to maintain amateurism. However, the NCAA is being increasingly pressured to change these rules and allow players to profit.

If players are allowed to make money while still in college, Sport Illustrated estimated that Van Lith is worth nearly a million dollars a year because of her many social media followers. Van Lith said that she is ready for that legislation to change.

"100% I've been waiting for that," Van Lith said, "I think that it's in the NCAA's best interest to allow that."

Whether or not the legislation changes, Van Lith will continue to work tirelessly towards her goal of winning a national championship with her team. A goal that big is a year round aspiration and the work doesn't get any easier in the off-season.

Tony Boyle Retires

CONTINUED FROM PAGE A1

like reading, writing, math, and science students can take classes in more diverse subjects. For example, students can take CTE classes in business or shop. The band, choir, and drama departments are strong as well.

Overseeing these many successful programs is a demanding job. Boyle missed "quite a bit" of family time when his kids were growing up because of the amount of hours the job demanded. The hardest part of the job has been the time commitment. However, he has enjoyed interacting with other people's kids in his years as principal.

Boyle's philosophy towards being principal is about building relationships with kids. When it comes to discipline issues, he tries to be fair, firm, consistent, and timely. Students normally own up to what they did wrong. The most important part of being principal isn't the discipline issues. In order to get kids to succeed, it's relational.

"We try and build relationships and get to know our kids. [To] make sure kids

know that somebody cares about them and that we want them to be successful," Boyle said.

But soon, that daily relationship building in the school will end as Boyle heads towards retirement. He said he is going to miss the students, parents, and community but has been working for a long time and is ready to retire.

In retirement, Boyle plans to visit his three grandchildren and three children. His grandchildren and one of his kids live in Bozeman, Montana while his other two kids live in Phoenix, Arizona and in Spokane. Besides visiting family, Boyle plans to take a few small trips. Other than that, he doesn't have any major plans for retirement.

Boyle looks back positively on his time as an administrator. He is grateful to the many staff members that supported him during his time at Cashmere High School.

"I've just had the pleasure to work with just some great staff members. Some good administrators, just tremendous leadership," Boyle said, "Our school board has been wonderful to work with. So all those people who just make my job easy."

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COMMUNITY CALENDAR

Wednesday

- Cashmere Rotary Club:** Zoom meetings Noon, Call President Kris Taylor, 663-8604 for more information.
- Cashmere Food Bank,** open 2nd and 4th Wednesday from 2:30-3:30 p.m. Cashmere Food Distribution Center, Riverside Park, for more information, call Pam, 509-245-6464

Thursday

- Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.
- Cashmere American Legion Post 64.** 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxiliary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).
- Underground Middle School** youth meet 7-8:30 p.m., in person, in the Conservatory. Call Kelsie Folden for more info. 782-2825

Friday NO MEETINGS

Saturday

- Bingo,** 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19.
- CHURCH:** See the church page for local service times and events.
- Underground High School** meet at 6 p.m., in-person, at the Conservatory, call Kelsie Folden for more info. 782-2825

Monday

- Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Mary, 782-2057. (4th Monday)
- Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
- Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
- Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
- Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere School Board Work Session,** Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
- Cashmere School Regular Board Meetings,** are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
- Chelan Douglas Republican Women,** Meetings now at the Wenatchee Red Lion, 11:30 a.m. in person or by Zoom. Bring your own lunch. Contacts: Mona, Membership, to RSVP call, 425-269-8537 or President Ellie, 425-319-9869. (1st Mon. each Month).

Tuesday

- Icicle & Peshastin Irrigation Districts:** Call for day and time Anthony Jantzer, cell, 509-433-4064 or tony.iid.pid@nwi.net (2nd Tues.)
- Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

NCW Libraries

- Cashmere Public Library: 782-3314**
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323). Customers will be required to wear a mask, practice social distancing, and limit their visit to around thirty minutes, all of the library buildings will have a 25 percent occupancy limit. Library patrons who prefer minimal contact service, curbside pickup will continue to be offered at all branches. Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Curbside pick-up is still available.
- Monday, 10-7 p.m., Tuesday, 10-7 p.m., Wednesday, 10-7 p.m., Thursday, 10-7 p.m., Friday 10 -1 p.m. and 2-5 p.m., Saturday, Closed, Sunday, 1 - 5 p.m.
- 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
- Cashmere Museum and Pioneer Village**
Call for more information 782-3230
- Chelan County Historical Society Board meets,** 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)
- Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

- AA Meetings:**
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday, 9 a.m., and 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans St.
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
- Alanon Meetings,** call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.
- Renewed Celebrate Recovery,** Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510."

Why I added some national news

I am sure you have noticed by now that I have added some national news coverage to the pages of my weekly newspapers. Since I added the 2 pages of material from The Epoch Times, I have received a total of seven comments from subscribers. Those comments are split evenly with three supporting the move and four opposing it. Two have threatened to cancel their subscriptions if I continue. I have only received one letter to the editor. You can read it below.



BILL FORHAN
PUBLISHER

I have been in the newspaper business now for 41 years. It has gone through tremendous change over that time. Some good, but much not so good. My biggest concern is the consolidation of the news industry into the hands of corporations – large corporations. Over the last 30 years there has been a growing consolidation of family owned newspapers into the hands of a small group of publicly owned chains that are much more concerned about the price of their stock than the depth and quality of their news coverage. I began my newspaper career as a low level executive in one of those chains – LEE Enterprises, Inc. They were one of the better chains. After 11 years, I left their employ to work for a family owned newspaper in Southern California. In short, during my 41 years in this business I have seen the deterioration of newspapers across the industry. Nearly twenty-one years

ago I bought three struggling weekly newspapers right here in North Central Washington. My wife and I have worked hard to build them into viable local newspapers that focus on news that is most important to the communities we serve – local news.

Major newspapers across the country have been forced to cut back editions and pages as advertising revenues have dwindled because of competition from the Internet. As a result, their “news holes” have dwindled mightily and staff is continually reduced. The inevitable result is a decline in complete news coverage – what the industry now calls a growing news desert.

To make matters worse, today in this country there remains only one national news syndicate – the Associated Press. The AP collects and distributes news stories from around the country to its member news organizations. The result is that whether it is intentional or accidental the news that gets published in most larger newspapers

is the same. It is filtered by journalistic competition if not outright political favoritism and tends to be the same wherever you find it.

Now I am sure that those who are reading this are asking, but what about TV, radio and the Internet? It is a fair question. I watch TV. I listen to the radio but I utilize those media differently because at heart I am a newspaper guy. The first thing I would say is TV and radio both have the same limitation – time. That limitation causes them to choose the stories they cover based on what’s “breaking.” More importantly, they often do not have all of the important facts and usually dismiss the background because there is just not “time” to cover the issues in depth. The other problem is they choose what are the most important stories to cover. You can’t skip over the headlines to pick the ones you find most important.

The Internet is a completely different animal. You can search for any topic you would like to know more about

– great! The problem is it is the wild, wild world of the Internet. There are credible sources but there are also all kinds of propaganda, rumor and dis-information. The Internet is not subject to the same rules of libel and slander that traditional media are bound to observe. You get to sort it out for yourself. And of course, every time you log on to a topic you can bet that someone is tracking what you read or watch.

All of this brings me back to why did I add national news. Clearly, I do not have the staff or financial resources needed to cover national news events and single handedly take on the task of trying to fix the news desert problem. But 40 years in this business has taught me there are a lot of ways newspapers could change the way they do business in order to address issues like a growing “news desert.”

There are far more small towns with weekly newspapers than there are larger metro newspapers. So, I began thinking about what if those weeklies started running some quality national news. I contacted AP but the issue is I would be running essentially the same content as all of the other AP newspapers ran – at a significant increase in my cost of operations.

Then I called Epoch Times. I have been reading their stories for some time. I found their stories were well written and much more objective than most of what I read in other

mainstream newspapers in this country.

I asked them if they would be interested in an experiment. What I proposed is that each week they would provide me with two complete pages of national news to run in my weekly newspapers. They could use my newspapers as a way to promote the distribution of their news to small newspapers around the country. I pay nothing for the service while they work to see if they can develop the program into a syndicated product they can sell. They loved the idea and agreed. So, each week they send me two pages formatted for our newspapers.

I have agreed to test this model for one year. That will give them time to see if it works for them and for me to test my readers interest in the additional content.

Newspapers are not produced to satisfy the interests of any single subscriber. There is always content that an individual subscriber will find offensive. They always have the option to ignore those sections. My focus will continue to be to produce a quality local newspaper that informs our communities on important local issues.

Adding this new content only costs me more for printing extra pages. I plan to continue to test this until next May. I am open to your feedback.

Bill Forhan can be reached at 509-548-5286 or publisher@leavenworthecho.com.

Will there ever be too much stimulus?

The short term, from an economic standpoint, looks really good. Vaccines are here, lockdowns are ending, American manufacturing is enjoying it's best run in decades, consumers are spending lots of money, and we're still creating lots of new jobs. However, even if the economy does begin to slow, we've become so comfortable writing big checks that any slowdown will likely be met with yet another gigantic stimulus bill - problem



COMMUNITY VOICES
By BRAD BLACKBURN

solved! But it just can't be THAT easy, can it? My biggest worry, and I'm far from alone in this, is the risk of inflation and rising interest rates. The world had a lot of debt even before the 2008 financial crisis and the pandemic, but now we have a LOT more. The natural thing that happens as you rack up more and more debt is that the lender charges you a higher interest rate. We've been able to escape that fate because the Fed has kept

rates so low. However, the Fed can only keep interest rates low because inflation has been so low. But that might be changing.

Recent reports have shown a strong uptick in inflation. That's not surprising given the trillions of dollars we recently injected into the economy combined with a lot of pent-up demand from the pandemic. The big question is whether it will continue. In recent years, we've had several short bursts of higher inflation, but they didn't last... If this one does, the markets will have to adjust to that reality - and it

may not be pretty.

If we do start to see real inflation, interest rates will have to rise, which means all that debt we've accrued over the last 15 years becomes much harder to deal with, which probably means bankruptcies - and now you have a big economic problem. Even worse, it's not a problem we can solve by borrowing a lot more money. So, I hope we can avoid that fate.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor at 121 Cottage Ave., Cashmere. He can be reached at 509-782-2600 or email him at brad@blackburnfinancial.net.

LETTERS TO THE EDITOR

To the Publisher:

The June 2 edition of the Echo is much appreciated. Thank you. This issue is what a community needs and wants in a hometown newspaper: good writing, a focus on local and regional news, an events calendar, and recognition of citizens of our community. The

focus on our fine Cascade High School graduates is especially important and appreciated.

What we don't need or appreciate are divisive, fact-free editorials, speculative columns, and the Epoch Times, which filled the majority of pages in the past two issues of the Echo. The Epoch Times is a far right-

wing multinational publication that, according to the New York Times, is a “global-scale misinformation machine,” and one of Donald Trump's favorite promoters. This publication is rapidly spreading across our country and the world, from flyers handed out at Trump rallies to distribution in state

capitols, universities, and local newspapers such as the Leavenworth Echo.

Please give our community more issues like the June 2 edition. Be a force to bring our community together, not an instrument to divide us.

Susan Butruille,
Leavenworth

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Due to lifted Covid-19 state regulations, some churches will be opening up for in person services. Call the church of your choice to see any changes.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Worship 9 a.m.
Bible Study, Wed., 6.30 p.m.
Pastor Bob Bauer



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana



CHRIST CENTER

Cashmere Assembly of God: 509-782-2825
Worship Service Sundays 10:00 a.m., in-person, Conservatory
Apple Annie's and on-line, christcentercashmere.com
Underground High School Sundays 6:00 p.m.,
In-person, Conservatory
Middle School Youth Thursdays 7-8:30 p.m.,
In-person, Conservatory
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregational Care Pastor, Joyce Williams
High School Director, Kelsie Folden
Community Outreach, Steffanie Haney



GRACE LUTHERAN CHURCH
Morning Prayer or Holy Eucharist.
Join us at 10:30 a.m. on Sundays.
Contact Pastor Rob Gohl
509-860-0736 for more information.



ST. JAMES EPISCOPAL CHURCH
Morning Prayer or Holy Eucharist.
9 a.m. on Sundays.
Contact Pastor Rob Gohl,
509-860-0736 or
Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6 p.m.
Pastor John Smith
www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m.,
Sunday School 10:30 a.m.,
Worship Service
Office: 509-548-4331



CORNERSTONE BIBLE CHURCH

Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA

“Reconciling Works Congregation”
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292
Sunday Worship 8:30 a.m. and 10:00 a.m.
Lead Pastor: Greg Appleby
www.LCN.org



SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997



SPIRIT LIFE CENTER

210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR



MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 782-2601
Virtual Zoom Service, Sunday,
11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH

7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth
www.newlifeleavenworth.com



The Washington Outdoors Report

Outdoors Roundup

By JOHN KRUSE

June offers lots of low-cost opportunities to fish and play on our public lands. Here's a roundup of what's available.

FREE FISHING AND PARKS PLAY - June 12th and 13th are free fishing days in Washington State where no license is required to wet a line. These are also days where no Discover Pass is required to visit a Washington State Park for the day and several state parks offer excellent fishing to include Alta Lake and Pearrygin State Parks in Okanogan County, Curlew Lake State Park in Ferry County, Maryhill State Park in Klickitat County, Sun Lakes State Park south of Coulee City and Potholes State Park at Potholes Reservoir. An additional free day to visit a Washington State Park will take place June 19th, in honor of the newly approved state holiday, Juneteenth. This is the day the Emancipation Proclamation was read and enacted for black slaves in Texas in 1865, the last state to end slavery in the United States at the close of the Civil War.

BANKS LAKE WALLEYE FISHING IS HOT - Two friends, Brett Bostwick and Galen Presler, fishing two different parts of Banks Lake over the last week, had great success catching walleye. Both got limits of fish with the average walleye measuring 18 inches. There were bigger ones too. One walleye caught weighed over nine pounds. One boat was fishing the lower end of the lake near Coulee City while the other was fishing near Steamboat Rock. Their shared secret to success? A Mack's Smile Blade Spindrift Walleye Rig featuring a Smile Blade and a Slow Death Hook that rotates the nightcrawler you thread onto it.

PLANNED FISH KILLS - The Washington Department of Fish and Wildlife will be holding an online meeting on Wednesday the 9th from 6 to 7 p.m. to discuss plans to use rotenone to kill undesirable fish. The waters where this may occur include Schalow Pond and Fish Lake in Okanogan County. Fish Lake has been a long time favorite for trout anglers but someone illegally introduced brown bullhead

into the lake a few years ago. According to Kenneth Behen, the WDFW Warmwater Fish Program Manager, "These fish compete with and sometimes prey on stocked trout fry, rendering our trout stocking efforts ineffective."

The other proposed waterway for rotenone use is Flume Creek, northeast of Metaline Falls. Brook trout are found here, a non-native species, and biologists hope to restore native westslope cutthroat trout here after the brook trout are removed.

Information on how to log in and participate in this meeting will be posted at <https://wdfw.wa.gov/get-involved/calendar/event/rotenone-treatments-eastern-washington>. If you can't make the meeting, you can submit written comments to the Washington Department of Fish and Wildlife until June 22nd.

CATCH AND KEEP STURGEON OPENS ON LAKE ROOSEVELT - The opportunity to actually harvest a white sturgeon is becoming increasingly rare in the Pacific Northwest but from June 12 until further notice you are allowed to keep one sturgeon a day (with an annual limit of two sturgeon) while fishing from Grand Coulee Dam to the China Bend Boat Ramp on Lake Roosevelt. You can also fish the Spokane River from the Highway 25 bridge upstream to 400-feet below Little Falls Dam, the Colville River upstream to Meyers Fall Dam and the Kettle River upstream to Barstow Bridge.

The sturgeon must measure between 50 inches and 63

inches from the nose to the fork of the tail. The reason for this unique fishery is these sturgeon were reared in hatcheries in British Columbia and Washington and several thousand were released into the reservoir every year between 2001 and 2010. The survival rate of these fish has been much higher than anticipated, resulting in a fishery that anglers can enjoy this summer.

AMBER LAKE CLEAN UP - The Washington Department of Fish and Wildlife reports volunteers from the Spokane Fly Fishers and Inland Empire Fly Fishing Club spruced up and spread gravel at the Amber Lake Access Area in Spokane County last month and paid for the improvements out of their own funds.

Chris Donley, the regional fish program manager for WDFW said the agency is "Extremely grateful to these groups and volunteers for their willingness to spend their time and funds to make the fishing experience better for everyone," Amber Lake is a very popular spring, summer, and fall fly fishing lake, so the fact that members are willing to come out on a Monday - possibly taking time off to do so - to help minimize impact to the public is pretty impressive."

Amber Lake is located 12 miles southwest of Cheney. It's known for rainbow and cutthroat trout that range in size from 12 to 20+ inches.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



Anglers fishing for trout at Lake Easton State Park

PHOTO BY JOHN KRUSE



SUBMITTED PHOTO.

By MARLENE FARRELL

CMF Coordinator

Cascade Medical Foundation (CMF) is proud to bring back the beloved 18th Annual Marson & Marson Cascade Golf Classic on June 21st after a year's necessary hiatus. This marquee event brings together golfers from far and wide to compete on the greens and raise funds for CMF's project. This year's project is for Power-load cots and automatic CPR devices for all three Cascade Medical ambulances, a \$120,000 goal.

The Cascade Golf Classic is almost full, so interested golfers should get a team together quickly and register at: www.cascademicalfoundation.org/fundraisers/golf

New twists and fun await golfers this year. Kahler Glen is hosting on a challenging course that meanders by ponds and patches of woods. Contests, both before and during the tournament, give ace golfers a chance to win bragging rights and bottles of fine local wine.

At the same time, utilizing handicaps means the top podium spot is up for grabs for any team having a good day. If someone's having a particularly good day, he or she could win a Subaru from Hole-in-One sponsor, Cascade Autocenter.

Between holes, there will be opportunities

to see the ambulance safety equipment up close, and to get a tour of the brand-new Cascade Medical mobile clinic, which was purchased in large part due to CMF fundraising and grant writing. Not to mention a free wine tasting at one hole, cookies and lemonade at another, and a drink cart whizzing around; there's really something for everyone.

Keeping an eye on the goal of fundraising, CMF will have a few select auction and raffle items available as well. With Leavenworth's own alphorns heralding the start of the tournament, and an outdoor award ceremony wrapping it up, golfers and volunteers alike can know that the day will be full of good times for a great cause in a COVID safe way.

CMF has a large volunteer board, and everyone has put in dozens of hours preparing, and none more than Bob Adamson, the golf chair. "It's going to be great. After what we've all gone through this past year, it's time to have fun. Our sponsors

have really come through, and lots of golfers have registered. We're excited for possibly the best Cascade Golf Classic yet."

CMF would like to thank all of its generous sponsors this year: Marson & Marson, Peyree Family Foundation, Louws Truss, Quest Diagnostics, Norco, Cascade Medical Commissioners, Medical Staff & Senior Leadership, Zarthan Lodge #148, Eagle Creek Winery, Dan's Food Market, Sulla Vita, Lake Wenatchee Fire & Rescue, Coverys, Health Systems Informatics, Cascade Autocenter, Milbrandt Vineyards, Cashmere Valley Bank, CPSI, Blue Bird, Clarius Languages, Mike West Leavenworth Realty, Mountain Meadows, Braun NW, Icicle Ridge Winery, Omni Staffing, Crunch Pak, LocalTel Communications, Premier One Properties, Munchen Haus/Icicle Brewing Co., Icicle Creek Center for the Arts, One-Way Construction, USI Insurance Services, Cascade Medical Directors, The Suites

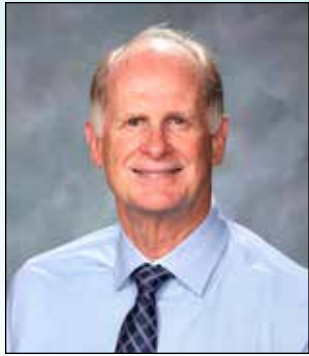
on Main, KOHO/Icicle Broadcasting, Pool to Spa Services, Dingus Zarecor & Associates, The Leavenworth Echo, Armada Corp., 37 Cellars, Office Depot, Silvara Cellars, Stemilt Creek Winery, Boudreaux Cellars, Kahler Glen Golf Course, Mountain Springs Lodge, Liberty Orchard, J5, Plain Cellars, Obelisco Estate and Vintage Wine Estates.



SUBMITTED PHOTO.

Golfers will be teeing off June 21st

Each year, the Cashmere Chamber of Commerce hosts the Annual Auction and Recognition Dinner where recipients are honored. The community has the opportunity to nominate those (Business, Citizen, and Organization) making a difference to Cashmere. This year, we would like to highlight all our nominees for their efforts in supporting the Cashmere community. Check back each week to learn more about each nominee and the announcement of the 2020 honoree recipients.



Nominated for: Outstanding contribution to the Cashmere community; helps promote the local economic climate; active in service projects leading to civic improvement; donates time beyond what is expected in the position in which the nominee earns a living.

What Others Shared: Tony is a dedicated school supporter and is community minded. He goes over and beyond his time to help our youth community.

What do you love most about the Cashmere community?

What I enjoy most about the Cashmere Community is the people I have met. I have lived in Cashmere and worked for the Cashmere School District for the past 29 years and have had the opportunity to meet so many different people.

I have had the opportunity to see almost 4,000 students graduate from Cashmere High School. During that time, I worked with an outstanding staff at CHS and was able to meet most of the students' parents. We now have many children of students who graduated from Cashmere years ago—Ages me a bit.

The community of Cashmere is so supportive of the

Citizen OF THE YEAR

Nominee:
Tony Boyle

School District. I am not sure the students, parents and the community realize what a special place this is for our kids to go to school. Cashmere High School is the best high school I have ever been associated with. Students and staff want to be there every day. They feel safe and like they belong. When outsiders, adults or students, come to visit they can tell right away that thing are just different in Cashmere. Cashmere High School offers a comprehensive program: Music, Drama, Library, Art, CTE, STEM and Athletics are all important and programs that work hand in hand with academics and one another.

Can you tell us more about your community involvement?

I am a member of the Cashmere Rotary Club and have been involved in many of the community service projects that Rotary takes part in. Apple Days, Founders' Day, Chelan County Fair, Annual Rotary Auction are a few that come to mind. I have taken part in highway and trail cleanups over the years.

My main focus for my community involvement has been through school activities. Downtown pep assemblies, class parades, Covid testing, making the high school facil-

ities available to community groups etal...

Share your best memory from 2020.

2020 has been a year marked with Covid -19 - Social and Political unrest - Protests - Riots and destruction and negativity. Yet there were still many events I will remember here in Cashmere.

- The majority of the high school remodel was finished in early 2020 after 3 years of working in a construction zone. A successful open house was held.
- Shrek the high school musical was a big hit at the end of January/February. One of the best since I have been here.
- Boys and Girls Basketball both placed at the state tournament in early March.
- May - Remote Graduation and community drive by parade.
- September we restarted school remotely-but were much better at it. All staff was on campus every day. Allowed to bring in a few students with special circumstances.
- November 30th finally got high school students back live on a Hybrid schedule. Every day - Half day.
- School is still going well

JUL 31



DEEP WATER AMPHITHEATER PRESENTS

GABBY BARRETT

Tickets starting at \$45

[ticketmaster](https://www.ticketmaster.com)



WE WANT YOUR INPUT!



The PUD Board of Commissioners is reaching out to the community for your input as it recruits a new general manager. The Board would like your input on a few items, including:

- What attributes would you like to see in a new general manager?
- What do you see as some of the key issues facing the PUD in the next several years?
- Any other comments you would like to share with the commission.

Visit this online survey at www.chelanpud.org/survey by June 15 to provide your feedback.

If you would like a hard copy of the survey, please email your name and address to contactus@chelanpud.org.





Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative
Puzzle Solution



Announcements
Lost & Found

Leavenworth:
Lost or taken from the grassy area in front of the "Willkommen To Leavenworth" sign, off Hwy. 2. 8 ft. orange Werner ladder. Please call Elizabeth to return. 548-5726

General Interest

Never Pay For Covered Home Repairs Again!
Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF 2 FREE Months! 1-888-675-0671

Employment
Help Wanted

Boat operator needed on Columbia River near Chelan / Pateros. Must have a current boater card issued by Washington state. Individual needs experience operating a personal boat. Fishermen who have previously ran boats are well suited. Temporary position. Job lasts from approximately April 10 to June 20. Selected individuals will be able to work 20-40 hours per week at 8 hours per day, with flexible schedules. Pay starts at \$16.00 per hour. More info and contact at 509-679-0384

Help Wanted



Certified Occupational Therapist Assistant full-time
Three Rivers Hospital is seeking a Certified Occupational Therapist Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of WA with valid license. Two years' work experience in a hospital setting and/or swing bed program is preferred. Current BLS. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



Retail Sales Assistant Manager position available.
Application period will be open until 6/30/21 Lake Chelan Sports is seeking a year around assistant manager and retail sales associate. We are open seven days a week and applicants must be available to work weekends.
Applicants must have retail apparel experience.
Salary will be discussed during interview.
Skills include:
• Understanding of sales principles and customer service
• Solid communication and interpersonal skills
• Ability to effectively communicate with customers, peers and management
• Team leader, take initiative and be a problem solver
• Ability to multi task, while being attentive to customers
• Good Computer skills and previous experience with retail
Point of Sale Programs
• Physical demands include: constant moving, lifting up to 50 pounds, talking, hearing and reaching
• Merchandising
• **E-mail resume to info@lakechelansports.com or mail to P.O. Box 998 Chelan, WA 98816**

Journeyman and apprentices wanted for residential electric company in the Brewster/Chelan area.
* Benefits
* Paid travel
* Wage DOE
* Will train the right person
Call Taylor Electric at 509-689-4501

Help Wanted

Receptionist/Administrative Assistant
The Lake Chelan Mirror is looking for an outgoing person to serve as a receptionist / administrative assistant, full-time, Monday-Friday in our Chelan office. Qualified applicants will answer phones, take orders for ads, keep circulation records up to date, prepare the daily cash receipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing computer systems and software including Excel and Word, with good math skills and the ability to use a ten key adding machine. If you're looking for a fun job where you get to work with talented people and be involved in the daily activities of the Lake Chelan area communities this is the job for you. Dependability and dedication are important work skills for this rare opportunity. Interested applicants can apply at the Lake Chelan Mirror office 310 E. Johnson Avenue 9 a.m.-5 p.m. or send your resume to PO Box 39, Leavenworth, WA 98826 EOE

Calliope Builders is a residential construction company based in Winthrop. We specialize in building and remodeling custom homes. We are seeking skilled and motivated individuals to fill out our team. Ideal applicants will have experience in some or all phases of construction, framing to finish; show attention to detail; be comfortable working independently and as part of a small crew; and have a positive attitude and a good sense of humor. We provide excellent pay and a supportive, flexible, and fun work environment. If you are interested, please call David at 509-679-1231.

Calliope Builders es una compania de construccion residencial ubicado en Winthrop. Nos especializamos en construir y remodelar casas personalizadas. Contratamos carpinteros para completar nuestro equipo. Aspirantes ideales tendran experiencia con algunos o todos fases de construccion, de framing a acabado; mostraran minuciosidad; seran comodios trabajando independientemente y en grupo; y tendran actitud positiva y un buen sentido del humor. Ofrecemos sueldos excelentes y un entorno laboral apoyado, flexible, y divertido. Si tienes interes, por favor llame a David a 509-679-1231.

Looking for caregiver 7 days a week, twice a day. In Cashmere. Please call 509-630-9428.



Windermere Real Estate
Leavenworth/Lake Wenatchee Specialists
Looking for real estate in the Upper Valley?
Carmen Bagdon - 237-2060
Momi Palmieri - 433-2211
Geordie Romer - 679-8958
Allyson Romer - 630-9898
Give us a call today!
See all available properties at windermereleavenworth.com

Help Wanted



Director of Quality full-time
Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Bus Driver/ Operator Full Time
Organization: Okanogan County Transit Authority (TranGO)
TranGO is looking for four (4) transit drivers; one full-time (36 - 40 hours per week) and one part-time (10+ hours per week) position based in Okanogan, and two full-time in Twisp, WA. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation for full-time. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@okanogantransit.com
Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

WHAT'S HAPPENING
EVENTS
Need to promote your event? Have you thought about NCWMarket.com the best online promotion available

Help Wanted

Looking for a great, local employee?
It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.
Want Print only for The Lake Chelan Mirror Quad City Herald, Brewster
Call 509-682-2213 or email Meg at mirrorads@lakechelanmirror.com
OR
Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com
Deadline: Friday by Noon for the following Wednesday issues of all newspapers.

Welder/ Fabricator needed for local fabrication shop in Chelan, WA
We are a growing metal fabrication business and would like to add a dependable full-time employee to our team. We do everything from small to large metal repairs, ornamental design / railings, to structural steel. On the job training for someone that can confidently work independently and with a crew.
Qualifications:
• **MUST** have a Clean Driving Record
• Show up every day & on time
• Construction trade experience a plus but not required. We are a drug free environment.
Wages vary depending on experience.
Call to set up an interview or e-mail resume. Irishironmetals@hotmail.com 509-630-6610



DIETARY COOK/AIDE Full-time
Three Rivers Hospital is seeking a full-time Dietary Cook/Aide. This position is responsible for preparing food in accordance with established menus, recipes, and sanitary standards in a healthcare facility. High School Diploma or equivalent required and previous experience in food service is preferred. Food Handler's permit is required and ServSafe certification is preferred. Monday-Friday, includes some weekend shifts. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted



This is a great opportunity to serve the agricultural community
Zurich / RCIS are currently hiring for a CLAIMS CROP FIELD ADJUSTER
The ideal candidate will need to live in the following counties within the respective territory:
Central Washington & North Central - Okanogan, Chelan, Douglas, Grant, and Kittitas.
Please call 866-380-3942 and give job number: 72619
What does the day to day look like?
• Working from home, being out on a farm in your community/ assigned territory.
• Investigate, evaluate, and conclude field inspections by following regulatory and company rules and procedures.
• Ensuring that claims are handled in the most effective, efficient way while delivering a customer-centric level of claims service.
What do you need?
• High School Diploma or Equivalent and 6 or more months of experience in the agricultural area
• Crop Adjuster Proficiency Program Certification (CAPP) must be obtained with 180 days of hire date.
• Reliable personal transportation and travel within territory / Valid Drivers License
• RCIS Crop Adjuster Physical Requirements: walk in agricultural fields up to 3 miles, climb agricultural storage bins up to 25 feet, lift 25 lbs. to 50 lbs., work outdoors in varying temperatures/ weather conditions.
As a global company, Zurich recognizes the diversity of our workforce as an asset. We recruit talented people from a variety of backgrounds with unique perspectives that are truly welcome here. Taken together, diversity and inclusion bring us closer to our common goal: exceeding our customers' expectations. Zurich does not discriminate on the basis of age, race, ethnicity, color, religion, sex, sexual orientation, gender identity, gender expression, national origin, disability, protected veteran status or any other legally protected status. EOE disability/ veteran.

Help Wanted

Newspaper Advertising Sales person needed.
Come join our sales team. If you enjoy helping our local businesses get their advertisements out to the communities we serve. We have the job for you! The right candidate must be outgoing, personable, honest and knowledgeable on the computer. Training on our software. The Leavenworth Echo 215-14th St. with a resume or call for an interview with Bill or Carol, 509-548-5286.



OR Circulator Nurse full-time

Three Rivers Hospital is seeking an OR Circulator Nurse. Current WA State RN license. Two years' experience as a full-time circulator. BLS and ACLS certifications. Basic computer skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000.

Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



OR Manager full-time

Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretionary skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



UTILITY WORKER Full-time/Temp.

Three Rivers Hospital is seeking a temporary Utility Worker to perform work in any area of needs within the ancillary service departments such as Housekeeping, Floor Care, Laundry, Grounds keeping, and Maintenance. Will assist in Central Supply which is responsible for filling all departmental supply lists and monitoring supplies in the designated areas. Monday-Friday, up to 6 months. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted



OCCUPATIONAL THERAPIST full-time

Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and interpersonal skills. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



Family Practice Nurse Practitioner or Physician Assistant

Three Rivers Hospital is seeking a Nurse Practitioner or Physician Assistant in our family practice clinic. Candidate must have a valid WA State NP or PA-C license. Minimum of five years' experience in a medical setting is required. Sign-on bonus: \$5,000. Full-time benefits. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



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Help Wanted

Finance/HR Director – Full Time

Organization: Okanogan County Transit Authority (TranGO)
TranGO is looking for a full-time Finance/HR Director. This position is hourly non-exempt. Compensation is \$28.08-\$39.97 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation. Responsible for overall operations in the areas of accounting (including payroll), finance, budget, and procurement. Develops and oversees the Agency's Human Resources Programs including recruitment, selection, labor relations, compensation and benefit administration, staff development, drug testing program and records management in accordance with state, federal and local laws. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to admin@okanogantransit.com or mail to TranGO, PO Box 507, Okanogan WA 98840
Application Deadline: Open until filled.
Okanogan County Transit Authority is an Equal Opportunity Employer.

PATEROS SCHOOL DISTRICT * ASSISTANT HS FOOTBALL COACH * HEAD HS GIRLS VOLLEYBALL COACH * ASSISTANT JH FOOTBALL COACH * HEAD JH GIRLS BASKETBALL COACH

Coaches needed for fall sports. Salary based on experience. All applications processed through FAST TRACK: www.pateros.org>Our District>Employment Position descriptions available online. Contact employment@pateros.org or the district office at 509-923-2751 x 4 for more information. Application deadline is 6/16/2021. Position open until filled. EOE

Help Wanted



LAB TECHNICIAN/ TECHNOLOGIST full-time

Three Rivers Hospital is seeking a Lab Tech to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Friday – Sunday, will include after-hours call-time. Sign-on Bonus: \$1,500. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

ASSOCIATE PLANNER CITY OF CHELAN, WASHINGTON

City of Chelan is accepting applications for an Associate Planner. Bachelors degree in urban/ regional planning or related field and three years of planning experience required. Salary range: \$5494-6617 per month plus benefits (Grade 26 FLSA Exempt) Information and application packet are available at www.cityofchelan.us or by contacting (509) 682-8019. Position is open until filled. First review is July 2, 2021.

Work Wanted



RB's Custom Tractor Works

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Free estimates 33 years experience Cell 509-679-2469 Bus license #602-781-946

For Sale

Apparel

A Variety of Bavarian Clothing for Sale: PRICES REDUCED ! Three-Bavarian-styled vests, sizes small-medium, 2 woolen and one velvet. \$15 each. One Loden- grey and green wool suit, German size 44. now \$30 One pink and green dirndl with apron. \$15. 2 aprons, light blue and copper-colored. \$5 each. One medium-sized long-sleeve white blouse. \$5. 3 girls' dirndls, sizes 6, 8 and 10. \$20 each. Man's Military green overcoat, Size 38 short \$30. Contact Carol at The Leavenworth. 215-14th St. or call 548-5286 or cell:670-1723. See photos on NCWMARKET.COM

Real Estate

Homes for Sale



House for sale: 1206 Douglas Ave., Bridgeport, WA. 3 bedroom, 1 bath, 2 car garage, 5 lots; only \$189,000 509-679-8308

Legals

Public Notices

AT&T Mobility, LLC is proposing to install new wireless telecommunications antennas on an existing building located at 900 Front Street, Leavenworth, Chelan County, WA. The new facility will consist of the replacement of three existing 34-foot, 9-inch building cupolas with three new 41-foot, 9-inch cupolas with FRP screen walls and new antennas mounted within. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6121003658-MH EBI Consulting, 6876 Susquehanna Trail South, York, PA 17403, or via telephone at (785) 760-5938. Published in The Leavenworth Echo/ Cashmere Valley Record on June 9, 2021 #2200

Advertise 548-5286 or 782-3781

Public Notices

CITY OF LEAVENWORTH CITY COUNCIL
NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that the Leavenworth City Council will hold a public hearing on June 22, 2021, at 7:00 PM. The meeting will be held via ZOOM meeting. A link is available on the city website; or through the zoom app, Meeting ID: 874 8587 9767 Passcode: 345219; or by Phone: 1.253.215.8782. The intent is to consider amendments to LMC Chapter 5.37, Nonmotorized vehicles for hire, increasing the number of permits allowed and clarifying code requirements. Interested citizens are encouraged to review the code amendments, comment and/or attend the public hearing. Copies of the proposed amendments are available at City Hall or electronically by contacting Development Services within City Hall, phone 509-548-5275 or email.seniorplanner@cityofleavenworth.com Published in The Leavenworth Echo/Cashmere Valley Record on June 9, 2021 # 2208

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In the Matter of the Estate of BILLY D. HANSEN, Deceased. No. 21-4-00173-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: May 26, 2021 PERSONAL REPRESENTATIVE: Kimberly Ann LeRiche ATTORNEY FOR ADMINISTRATOR: Thomas D. Overcast ADDRESS FOR MAILING OR SERVICE: Overcast Law Offices Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, Cause No. 21-4-00173-04 Overcast Law Offices By: /s/ Thomas D. Overcast WSBA No 14486 Attorney for Personal Representative Published in The Cashmere Valley Record/Leavenworth Echo on May 26, and June 2, 9, 2021. #2114

CROSSWORD PUZZLE



THEME: SUPERHEROES ACROSS

- Golf club handle
- Aviation safety agency
- Although, for short
- "Give me your tired, your _____"
- Homecoming guest
- PhD in Great Britain
- Legendary NFL quarterback Graham
- Like Old Mother Hubbard's cupboard
- Propelled like Argo
- Batman's romantic interest
- Wildbeests
- Use the other end of a pencil
- Cherry middle
- Thor's weapon
- Brays like a donkey
- Another word for Tokyo
- Makes a sum (2 words)
- "Like The Joker
- Without self-control
- Black gold
- Buddy
- Site of Leaning Tower
- Canvas ceiling fan
- * _____ man, one of original X-Men
- Comes to the fore
- * _____ Woman, first female in the Justice Society of America
- "Rub A Dub Dub" vessel
- Paralysis-causing disease, for short
- Smoothie berry
- *a.k.a. the Caped Crusader
- "Encore!"
- Pupil's place
- Like Arizona in summer
- "Ben Grimm of 'It's clobberin' time!" fame, with The
- Eyeglasses glass
- Buggy terrain
- Gingerbread creation

- *Superhero creator, Stan _____
- Eurasian duck
- DOWN
- Government Printing Office
- Campus military acronym
- Letter before kappa
- For the time being, Latin (2 words)
- Basic drumming pattern, pl.
- Saints' crowns
- End of grace
- Through, for short
- Hie, third person singular
- Not new or borrowed or blue
- "All _____!"
- Motherless calf
- "Wakanda's Black _____"
- Make havoc
- Coach's locker room speech
- Oodles
- _____ one, on a pass
- "Mighty _____"
- "Known to say: "You wouldn't like me when I'm angry"
- Steer clear
- Grimace in pain
- More cunning
- Make pretty, two words
- Break a commandment
- *America's title
- Vienna Boys' group
- Public house, for short
- Devoid of reverence
- Seeking damages
- Wondering ones
- Put through a blender
- Offer two cents
- Turkish horrific
- Jealous biblical brother
- Perfect houseplant spot
- Bob _____, famous boxing promoter
- Cat o'how many tails?
- Cash dispenser
- Morning condensation

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FILLET

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11 to 12 Oz. or
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Selected Varieties
7.4 to 10.4 Oz.

2/\$4

Food Club Clover Honey
24 Oz.

3.48

Food Club Apple Juice or Cider
64 Oz.

2/\$4

Food Club American Singles
Original or Deluxe
16 Oz.

2/\$4

Crav'n Crackers
Selected Varieties
8.5 to 9.1 Oz.

2/\$3

Merchant's Craft Sugar Free Sparkling Water
Selected Varieties
1 Liter Bottles

4/\$3

Local stores supporting local products. **LOCAL Equals FRESH**

Fresh Produce
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RED OR GREEN
SEEDLESS GRAPES
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LB.

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OR BI-COLOR
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FRESH EXPRESS
CAESAR SALAD KIT
Selected Varieties
9.7 Oz.

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Food Club Ice Cream or Sherbet
Selected Varieties
48 Oz.

2/\$5

Food Club Ice Cream Cake Cups
12 Count

98¢

Food Club Whipped Topping
Original or Extra Creamy
8.5 Oz. Aerosol

2/\$3

Food Club Marshmallows
Regular or Mini
10 Oz.

4/\$3

Food Club Chunk White Chicken Breast
5 Oz.

5/\$5

Food Club Pasta
Selected Varieties
32 Oz.

2/\$4

Simply Done Red Plastic Cups
30 Count

2/\$4

Food Club Pitted Olives
Selected Varieties
5.75 to 6 Oz.

5/\$5

Food Club Olive Oil
Selected Varieties
16.9 Oz.

3.48

Simply Done Plastic Wrap
200 Ft.

2/\$4

Simply Done Bath Tissue
12 Rolls

4.98

Simply Done Paper Towels
8 Rolls

4.98