

Local graduate gives back

Daniel Dowers supports affordable housing with Bike & Build trip

BY MIKE MALTAIS STAFF WRITER

PATEROS - Daniel Dowers, a 2021 graduate of Pateros High School, is a young man in a hurry in more ways than one.

The mix of a road trip from Portland, Oregon, to Bellingham with home site construction along the way is an interesting twist to community service.

As Dowers describes the venture: "It is a program focused on helping affordable housing challenges in our country and includes eight

days of actual construction on affordable housing projects."

Dowers knows the housing need firsthand after a near-decade of local wildfire destruction.

"Affordable housing and home shortages have hit close to home, literally," said Dowers. "In 2014, 2015 and 2020 our area lost hundreds of homes to wildfire disasters. My grandmother lost her home of 40 years, as well as several rental properties, in the Carlton Complex Firestorm of 2014."

Dowers said both his mother and older sister served as volunteer firefighters at that time and everyone pitched in to help neighbors.

"Because of these events, my parents and I have been very active in helping rebuild homes and supporting survivors in the area," Dowers said.

Dowers completed his req-



Courtesy bikeandbuilddonordrive.com Daniel Dowers

uisite 500 miles of pre-trip training, and affordable housing curriculum to qualify for the rigorous program. He joined the Wenatchee Velo Cycling Club for group rides every Saturday in July. That preparation also required raising \$3,000 before embarking on the trip Saturday,

August 6. As of this writing Dowers has reached that goal and then some with the help of tax-deductible donations. More information and donor link are available online at bikeandbuilddonordrive.com.

"We are typically scheduled to ride for three days (50-80 miles each day) and then have a build day," explained Dowers. "The route will take us through Aberdeen, the Olympic Peninsula, Whidbey and San Juan Islands, Olympia, Seattle and so on to Bellingham."

The trip will conclude on August 30.

According to its website, bikeandbuild.org the non-profit organizes a variety of on and off the bike experiences to give young adults opportunities to become engaged in the affordable housing cause. Bike & Build has been pedaling for affordable housing since 2003.

Read and learn

City of Pateros issues annual drinking water report

BY MIKE MALTAIS STAFF WRITER

PATEROS - The city has released its annual water report as mandated by the federal Safe Drinking Water Act and the State of Washington. Unlike many required publications that can be sleep-inducing to wade through, this one has some interesting points that it would benefit residents to read.

The city has two active wells, No. 3 at 101 Edna Street and No. 4 at 159 Pateros Mall. Water from both wells meets all state and federal standards. Chlorine used for disinfection is checked daily and is kept at safe and effective EPA levels, the report said.

City Administrator Jord Wilson advised the July city council that the 2023 lead and copper sampling report showed both well below the EPA regulatory action level.

Manganese content is regularly monitored. City water has come primarily from well No. 3 since February 2021 where 16 manganese samples have been taken since 2019 with the following results:

"The average manganese level is 0,0011, well below the State Secondary Contaminant Level of 0,5," the report said.

A project to investigate the manganese level in well No.4 is ongoing through this year and is being funded by a grant from USDA Rural Development.

Wilson said a state Department of Health grant funded a test of city water for Polyfluorinated substances (PFAS).

Associated with fire retardants and recently found in Airway Heights near Spokane, PFAS are a group of chemicals used to make coatings and products that resist heat, oil, stains, and water.

"The lab tested for 25 contaminants in both of our wells," said Wilson. "Twenty-four contaminants were not detected in the water supply. One of the contaminants, PF-PeA Perfluoropentanoic acid, had a result just above the state detection reporting limit,

but did not meet a state action level or an EPA maximum contaminant level."

Some points worth noting by city water users include 1. lead in drinking water, 2. cross connection control, 3. users more vulnerable to contaminants, and 4. drinking water protection.

Lead in drinking water

The report recommends that any drinking water tap that has not been used for six hours or more be flushed until the water is noticeably colder before using the water for personal consumption. Use only water from the cold-water tap for drinking, cooking, and especially making baby formula.

Lead in drinking water comes mainly from household plumbing components. The longer the water sits in pipes the more dissolved metals it may contain. Hot water is more likely to contain higher lead levels.

The EPA Safe Drinking Water Hotline (1-800-426-4791) or website epa.gov/safewater/lead have more information about lead in drinking water.

Cross connection control

Property owners should be aware of the potential of backflow of used water into the drinking water system from household or outdoor connections without backflow prevention assemblies.

"Cross connections are links between drinking water piping and any plumbing or equipment through which it may be possible for used water or other substances to enter (or backflow) into the public water supply," the report said.

Protecting the integrity of the city's drinking water depends in large part on its property owners. The city has a Cross Connection Control Program designed to identify and eliminate backflow contamination points. Property owners having questions about cross connections or who plan to install a backflow prevention assembly are urged to contact city hall at 509-923-2571.

SEE PATEROS ON PAGE A2

On your mark, get set, go for salmon August 5

Mandatory skippers meeting August 4

BY MIKE MALTAIS STAFF WRITER

BREWSTER - The 16th annual Brewster King Salmon Derby, the largest on the Upper Columbia River, is set to launch bright and early Friday morning, August 5.

Brewster Chamber of Commerce President Mike Mauk reports that with just a few days remaining until the August 3 ticket cutoff, 100 of the 300 limited tickets were still available for purchase.

"We have a food vendor lined up for the whole weekend and lots of great prizes donated," Mauk said.

Among the prize donors is Bob Feil Boats & Motors in East Wenatchee that kicked in a 9.9 HP outboard, and Peace Armory in Pateros that provided a very nice archery setup. Several fishing trips and a hunting trip will also be awarded.

Cash prizes will be awarded to the top 10 in the Adult Divi-



Mike Maltais/QCH File Photo

Scenes like this of the Roman family results from the 14th annual derby will once again play out by the reader board at derby headquarters this year.

sion, the top 10 in the Youth Division, and top 5 in the Child Division. Top cash prizes include:

- \$2,000 King of the Pool (All Ages)

- \$1,500 Adult Winner
\$550 Youth (9-14 years)
\$100 Youth (8 & under)

The mandatory skippers meeting is at 6 p.m., Thursday, August 4, at derby headquar-

ters, the gazebo in the park by the boat launch. Skippers can collect their packets including boat marker and wristbands. Side pot details and T-shirts will also be available at the meeting.

Mark August 19 on the calendar

Bridgeport chamber and city council discuss mutual issues

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT - The first meeting of the Bridgeport Chamber of Commerce and the Bridgeport City Council took place at city hall on Thursday, July 21. The get-together came on the heels of the chamber's successful organization of the annual Bridgeport Daze celebration held on the first weekend of June.

Chamber President Carlos Henriquez and his wife, Zuni, who serve as co-pastors of the

Wellspring of Life Foursquare Church and organizers of its weekly food bank distributions, attended the March city council meeting to introduce themselves and personally submit the Bridgeport Daze event application.

At last June's council meeting following Bridgeport Daze, Mayor Janet Conklin advised members that she was composing a letter to the chamber commending it for the way it handled the annual event.

Henriquez, who was among five chamber members who met with the council, said the

discussions were very informative and touched on topics ranging from the Bridgeport Community Revitalization Plan and proposed upgrades to Berryman Park to construction of the city's second water reservoir and rebuilding the wastewater treatment plant destroyed in the 2020 wildfire.

Henriquez said that in addition to the chamber's role in June's Bridgeport Daze and Santa Comes to Town in December, the group can also help raise awareness and encourage involvement in the community projects like the

SR-173 Corridor Revitalization Plan.

The SR-173 plan adopted in January 2021 includes that portion of the highway from the western end of Bridgeport at Columbia Avenue along 17th Street and Foster Creek Avenue to the eastern end of the city near the SR-173/SR-17 junction.

The Washington State Department of Commerce and Chelan-Douglas Regional Port Authority provided funding for an 89-page Bridgeport Community Development Plan compiled by SCJ Alliance

Consulting Services. The plan in its entirety can be viewed online at bridgeportwashington.net under the Forms & Docs tab.

Henriquez also announced that his church will host a special back-to-school event in conjunction with its food distribution day on Friday, August 19. School supplies for 200 students will be among the items given out as part of a carnival-like atmosphere to help prepare youngsters for the fall school term starting August 29. More specifics will be published in the Quad



Carlos Henriquez

City Herald next week. In the meantime, contact Henriquez at 509-989-9687 for further details.

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Brewster next Sept. 10-11

Upper Columbia Cup hydros hit Pateros August 27-28.

By MIKE MALTAIS, STAFF WRITER

PATEROS – The Pateros Hydro Classic, the second stage of the four-event Upper Columbia Cup “Chase the Grapes” Shootout is coming to Lake Pateros on Saturday and Sunday, August 27-28.

The inaugural four-race Tacoma Inboard Racing Association (TIRA) hydro event opened with the Norm Evans Apple Cup Regatta on Lake Chelan on April 30-May 1, will be at Pateros later this month, debut in Brewster on Sept. 10-11, and conclude at Manson on

Sept. 24-25.

Race events promoter George Pearson is organizing a potluck Dinner on Main Street with live music from 5-10 p.m., Saturday, August 27.

Racing points will be accumulated separately from American Power Boat Association (APBA) national points beginning with the Chelan race and ending in Manson. Haglund's Trophies in Wenatchee will provide racing trophies after points are tallied following the final race in late September. Eight classes of boats featuring teams from around the North-

west Region (10) are expected to compete.

Pearson said that a separate class of outboards called J Stock boats that feature young drivers from age nine and up will race at the Pateros event. Pearson earlier discussed the J Stock appearance with former Miss Pateros owner/driver Brandon Cushing, now retired, who owns several of the boats. Cushing's son is getting his start in J Stocks as a fourth-generation driver in the family.

Pearson said the racing teams are excited about the new events in the Upper Columbia region because the sport is rapidly losing racing venues on the west side of the state.

Scheduled next spring

PIT tag study will probe Methow salmon survivability

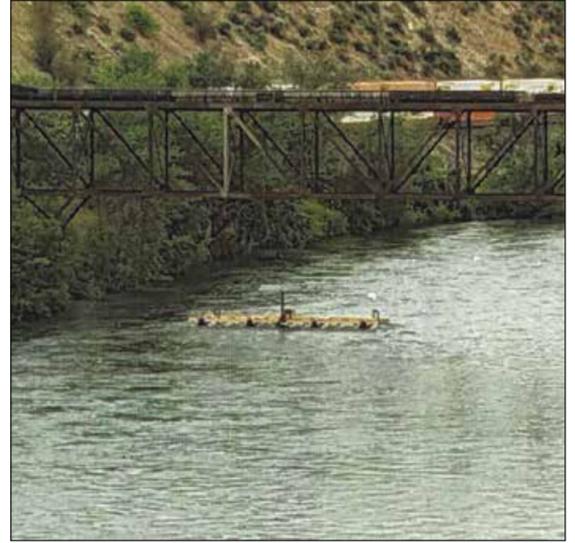
By MIKE MALTAIS, STAFF WRITER

PATEROS – Motorists traveling north and south next spring on State Route 153 near the mouth of the Methow River at Pateros may not give a second look at an ordinary looking raft platform that will be anchored along the west bank of the river near the parking lot. The Methow River PIT detection raft is the latest collaboration between the Washington Department of Fish and Wildlife (WDFW) and Bureau of Reclamation (BOR) to study the Methow's Chinook salmon/

About four years ago WDFW began working with the BOR to study the overwinter survival rates of Methow Chinook. The project began with multiple attempts to use radio tags implanted onto captured fish between 2018-2020 to collect data and estimate survival rates. However, in the course of overwintering the external tag antenna was often pulled loose in the rocks and did not remain with its host. When the radio tag data quantity and quality failed to provide adequate figures, the agencies transitioned to the more reliable Passive Integrated Transponder (PIT) microchip tags.

While PIT tag technology has been used for decades the detection raft is a new development by consultants with the Pacific States Marine Fisheries Commission. The barge measures about 46 feet wide by 16 feet long and is solar power equipped to run the on-board detection devices. Data from the PIT tags will download daily and an online link will later be made available where the public can also access the results.

The goal of the two agencies is to try to determine why egg-to-smolt survival is so low in the Methow and through the monitoring program come up with measures to increase survival rates. The more com-



Courtesy WDFW
A PIT detection raft deployed on the Wenatchee anchors near the railroad trestle bridge

plete and comprehensive data gathered by the new detection technology will help fill in some of the gaps in information that WDFW/BOR needs to better understand overwintering survival.

“What we think is going on is a considerable amount of mortality,” WDFW biologist Andrew Murdock told the Pateros city council during a presentation at its July monthly meeting. “Anywhere between 40 and 60 percent of the fish die that first winter. The problem is that up until recently we have not had a good way of measuring it.”

Murdock was part of a three-man presentation team which also included WDFW Region 2 Director Brock Hoenes of Ephrata, and fellow biologist Chad Jackson.

Smolt traps have been deployed in the lower Chewuch and lower Upper Methow rivers and juvenile fish from the Twisp, Chewuch, and Upper Methow rivers. WDFW will tag 2,000 this fall and monitor the survivors next spring.

As soon as water and ice conditions permit next spring, the detection raft will be an-



Mike Maltais/QCH
WDFW biologist Andrew Murdock.

chored near shore to begin its work.

Colville Tribes Fish and Wildlife (CTFW) has also been using PIT tags to study salmon survival rates as the fish travel through the Columbia River dams. Last May the CTFW personnel released 775 tagged salmon below Chief Joseph Dam as part of its efforts to reintroduce salmon to native waters above Chief Joseph and Grand Coulee dams.

PATEROS

CONTINUED FROM PAGE A1

Users more vulnerable to contaminants

The presence of small amounts of contaminants may not pose a health risk to most users. However, people with immunocompromised health conditions such as

those undergoing chemotherapy, organ transplants, experiencing immune system disorders, or at greater risk of infection by cryptosporidium or other microbial contaminants can call the Safe Drinking Water Hotline at 1-800-426-4791 for EPA/CDC guidance on how to lessen the risk of infection.

Drinking Water Protection

Unwanted or unused household hazardous materials can be disposed of free of charge at the Okanogan County Central Landfill. Those same materials put into the ground carry the potential of contaminating the drinking water supply. Call 509-422-2602 to learn more about what materials are accepted and when.

“It is only when you realize that life is taking you nowhere that it begins to have meaning.”
Shane Flemens

Shane's first book – **CONVICTION – LIFE LESSONS FROM MY TIME BEHIND BARS**. One man's fascinating 10 year journey through a brutal, unforgiving prison system that breaks most who enter. Shane's story of faith, survival, and personal growth inspires all who read this account of a transformation time in one man's life.

His second book **DEEP CONVICTION** is a follow-up to Shane's, first life-change book **CONVICTION**, a deeper dive into his amazing journey through a complicated, and often dysfunctional correctional system.

Since his release from prison in 2015, Shane Flemens of Wenatchee, Washington has been successfully running his own landscaping and general contracting company, **ABE Landscaping and Maintenance**. He also owns and operates **Rise n' Ride Rentals**, a water sport company with his daughter, **Ashley**.

He is passionate about transforming yards into beautiful retreats where people can spend their most valuable asset - time, with their families and friends.

Now a free man, Shane is driven to shine a bright light into the darkness of prison through his writings, which he began in the inside: ask hard questions and share truth. He hopes that through these stories, and those of his fellow inmates, he can affect positive change in the lives of others.

Shane's autographed books are \$12.99 on his web site at ShaneFlemens.com

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OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT

Douglas County Sheriff

July 22
 14:06 Civil Dispute, 2412 Highland Dr., Bridgeport
 14:42 Trespassing, 2412 Highland Dr., Bridgeport
 19:45 Domestic Disturbance, 1800 Fisk Ave., Bridgeport
 20:22 Domestic Disturbance, 2412 Highland Dr., Bridgeport

July 23
 02:55 Welfare Check, 34 Nollmeyer Rd., Orondo
 07:27 Welfare Check, SR 17 and Rd. K NE, Bridgeport
 10:32 Parking/ Abandoned Vehicle, 20 Heidi Ln., Orondo
 12:56 Animal Problem, 341 Columbia Ave., Bridgeport
 17:38 Alarm, 1300 Douglas Ave., Bridgeport
 20:34 Traffic Offense, 23459 US Hwy. 97, Beebe Bridge, Orondo
 20:48 Harassment/ Threat, 1627 Tacoma Ave., Bridgeport
 21:50 Injury Accident, US Hwy. 97 MP 214, Orondo
 22:08 Domestic Disturbance, 1015 Columbia Ave., Bridgeport
 22:53 Noise Complaint, 11th St. and Columbia Ave., Bridgeport

July 24
 18:08 Suspicious Circumstance, 340 Jefferson Ave., Bridgeport

July 25
 14:24 Welfare Check, 400 E. Locust St., Waterville
 14:38 Vehicle Theft, 929 Maple St., Bridgeport

July 26
 04:31 Prowler, 100 Pine Bluffs Ln., Mansfield
 07:04 Vehicle Theft, 62 N. Douglas Creek Rd., Waterville
 09:27 Runaway, 610 E. Locust St., Waterville
 09:29 CPS/ APS Referral, 115 6th St., Bridgeport
 10:42 Suspicious Circumstance, 206 12th St. alley, Bridgeport
 12:02 Civil Dispute, 2412 Highland Dr., Bridgeport
 13:57 Welfare Check, 1627 Fisk Ave., Bridgeport
 19:34 Civil Dispute, 2135 Tacoma Ave., Bridgeport
 20:06 Public Assist, 1627 Fisk Ave., Bridgeport
 20:21 Traffic Offense, Sun Cove Rd. and US Hwy. 97, Orondo

July 27
 05:43 Suspicious Circumstance, 100 Pine Bluffs Ln., Mansfield
 08:53 Court Order Violation, 502 W. 1st St., Waterville
 11:32 Runaway, 610 E. Locust St., Waterville
 11:54 Trespassing, 211 W. Walnut St., Waterville
 14:42 Traffic Offense, SR 173, MP 6, Bridgeport
 16:36 Attempt to Locate/ Contact, 610 E. Locust St., Waterville
 21:48 Prowler, 100 Pine Bluffs Ln., Mansfield
 22:49 Suspicious Circumstance, 233 3rd St., Bridgeport

July 28
 08:04 Civil Dispute, 1627 Tacoma Ave., Bridgeport
 10:35 Noise Complaint, 401 N. Chelan Ave., Waterville
 10:46 Court Order Violation, 1202 Fairview Ave., Bridgeport
 22:05 Agency Assist, 109 N. Chelan Ave., Waterville
 22:11 Prowler, 100 Pine Bluffs Ln., Mansfield

Brewster Police Department

July 22
 07:54 A parking problem was reported in the 500 block of W. Cliff Ave. in Brewster.
 09:28 A parking problem was reported on S. 7th St. and Sunset Dr. in Brewster.
 18:00 A two-vehicle, non-injury collisions was reported on Hwy. 97 in front of a store.
 19:51 An agency assist was requested on Fisk Ave. in Bridgeport.

July 23
 00:51 An unknown-injury acci-

dent was reported on SR 173 Hwy. in Brewster and a van was reported on its tires in the south ditch.

05:04 A non-injury accident was reported on S. 7th St. and W. Cliff Ave. when a caller reported his boat trailer he was towing was struck from behind by another black Dodge.
 07:42 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 07:49 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 07:56 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 07:53 Illegal burning was reported on Twisp Airport Rd. area, the caller could see smoke.
 08:00 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 08:06 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 08:19 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 08:22 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 08:40 A parking problem was reported on the 600 block of W. Cliff Ave. in Brewster.
 08:48 A parking problem was reported on the S 7th St. and Sunset Dr. in Brewster.
 08:53 A parking problem was reported on the S 7th St. and Sunset Dr. in Brewster.
 08:58 A parking problem was reported on the S 7th St. and Sunset Dr. in Brewster.
 12:51 Found property was reported on S. Bridge St. and E. Indian Ave. in Brewster.

July 24
 00:37 An agency assist was requested on Columbia Ave. in Bridgeport.
 19:43 A burglary alarm was reported on E. Main Ave. in Brewster.

July 25
 14:00 Assault was reported on W. Indian Ave. in Brewster when a caller's adopted father just put his hands on the caller's 23-year-old niece.

July 26
 10:02 A civil dispute was reported on W. Grigg's Ave. in Brewster, a subject threw the caller's father's stuff out and the caller wanted to gather those things.
 13:10 A non-injury accident was reported on S. 7th St. and W. Bruce Ave. between a caller in a black 2008 Saturn Outlook SUV that struck a subject in a black Toyota 4Runner towing a

boat trailer.
 17:40 A citizen assist was requested on Hwy. 97 in Brewster for a caller that reported to be underage and women were bullying her, saying she doesn't work, and raising their tone like they were yelling at her.

July 27
 20:00 A DUI was given to a subject on Hwy. 97 and Old Hwy. 97.

July 28
 05:45 An alarm at an ATM on W. Main Ave. was triggered in Brewster.

Okanogan County Sheriff

July 22
 06:19 A civil dispute was reported on Sunset Dr. in Brewster, the caller didn't believe the mother of his children was taking care of them.
 19:51 An agency assist was reported on Highland Dr. in Bridgeport regarding a domestic dispute.

July 23
 07:56 A parking problem was reported on 600 block W. Cliff Ave. in Brewster.
 18:56 A suspicious circumstance was reported on Pariseau Rd. in Bridgeport regarding a 35-year-old hispanic male subject selling beer at the soccer fields.

July 24
 18:29 An attempt to locate a subject on Lakeshore Dr. in Pateros was reported after a caller reported two adults and two kids overdue by two hours in a dingy.

July 25
 09:24 A sex offender registration was reported on Valley Rd. in Brewster.

July 26
 15:24 A woodland fire was reported in sagebrush approximately 20' wide under a telephone pole on Hwy. 17 in Brewster.

July 27
 20:00 A DUI was given to a subject on Hwy. 97 and Old Hwy. 97.

July 28
 17:08 A welfare check was requested on Sunset Dr. in Brewster when a caller was concerned for the welfare of two sons and one daughter that reportedly lived with their mother and a bunch of people, and a lot of drinking.
 17:56 A vehicle fire was reported on Foster Ave. in Bridgeport near the storage units.

NCW Libraries Bookmobiles visiting more locations

SUBMITTED BY AMANDA BRACK, NCW LIBRARIES



Courtesy NCW Libraries

BREWSTER/ORONDO- The two NCW Libraries community bookmobiles have added new stops this summer to bring library services to more people across North Central Washington. They are now visiting the Malaga Market and Valley Hi in Chelan County, Crescent Bar and Colockum Ridge Golf Course in Grant County, Brewster Boys & Girls Club and Nespelem in Okanogan County, and Inchelium and Keller in Ferry County. They also have regular established community stops at Orondo, Plain, Wilson Creek, Orient, Loomis, Chesaw and the Aeneas Valley.

Find schedules for the bookmobile stops at <https://www.newlibraries.org/bookmobiles>. These mobile libraries

One of the many stops in NCW for the Bookmobile is the Brewster Boys & Girls Club in Brewster.

bring all the materials you find in branch libraries — books, DVDs, music, craft kits, and more. Visitors to the bookmobiles can also pick up holds, drop of returns, connect to free Wi-Fi, and sign up for the Summer Library Program. Do

you know of an isolated rural community in Chelan, Douglas, Grant, Okanogan, or Ferry County that would benefit from a monthly bookmobile visit? Please contact NCW Libraries at bookmobiles@newlibraries.org.

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“With men this is impossible; but with God all things are possible.”
 ~ Matthew 19:26

To place your Church information in the Church Guide call Ruth at 509-682-2213 or email: ruthk@lakechelanmirror.com

COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to heraldads@qcherald.com or NCWMARKET.COM
- For more info call: Quad City Herald at 509-689-2507
- Email to: ruthk@lakechelanmirror.com

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COMMUNITY BULLETIN BOARD

Tuesday, Wednesday, Friday Senior meals now served at Senior Center, Tuesday and Friday; home delivery Wednesdays only

BREWSTER - The Senior Center is now serving meals at Noon, at the center on Tuesdays and Friday. Home delivered meals Wednesday only. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. MENU: Friday, August 5: Western Omelettes, Oven Brown Potatoes, Tomatoes, Mixed Melons, Blueberry Muffin; Tuesday, August 9: Pulled Pork Sandwich, Potato Salad, Coleslaw, Apple Slices, Dessert; Wednesday, August 10-Home Delivery Only: Chicken Strips, Jo Jois, Spinach Salad, Mandarin Oranges, Garlic Bread, Dessert; Friday, August 12: Yakisoba Stir Fry Vegetables, Asian Style Slaw, Cinnamon Pears, Egg Roll, Dessert

August 3-6, 8-13

Senior Center Thrift Store

BREWSTER - The Brewster-

DEATH NOTICES

Lillian Clydeen Sloan

Lillian Clydeen Sloan, 88, of Bridgeport, Washington, passed away on July 29, 2022.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Everyone is welcome to come to the center on Tuesdays from 9:30-11 a.m. for coffee and conversation, plus sweets. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

August 3, 10

American Legion meetings

BREWSTER - American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

August 4

Bingo is back

BREWSTER - Bingo is back at the Brewster American Legion, every Thursday night at 6 p.m. (except for July 28). It is open to public. Come early to purchase game packets and markers.

August 6, 28, Sept. 9

American Legion special events

BREWSTER - Pork Feed: Hawaiian Luau, and American Legion membership drive will be August 6, 3-6 p.m. 4th annual Legion "Alta Lake Golf Tournament": Sunday, August 28, 11 a.m. Four-man best ball, \$80 per person. Includes Cart, green fees, and lunch. Lots of prizes. Craft Bazaar: September 9 and 10, 9 a.m.-5 p.m.

August 6, 9

Survivors of Suicide Loss Support Group: August 9

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every

month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

August 8, 22

Okanogan County PUD meetings

OKANOGAN - The next meeting of the Okanogan County PUD Board of Commissioners will be held Monday, August 8, at 3 p.m. For more information okanoganpud.org

August 10

Brewster

Chamber to meet
BREWSTER - The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, August 10, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

August 11, 18

Brewster bus trips

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Thursday of the month. The next trip is August 11. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, August 18, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

August 15

Family and friends Support Group

WENATCHEE - Family and

friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

August 18

Red Cross Blood Drive

BREWSTER - An American Red Cross Blood Drive will be held Thursday, August 18 Noon-5 p.m., at the Seventh Day Adventist Church, 17 N.W. Hospital Way in Brewster. Blood donations are essential. To make an appointment visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements. Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-689-2507 for more information
Or email ruthk@lakechelanmirror.com

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THE WASHINGTON OUTDOOR REPORT



Georgia and John Kruse.

Courtesy John Kruse

The worst duck hunting dog I ever loved

BY JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

Georgia was an unlikely addition to our family. It was 2014 and I was looking for a dog that could hunt both upland birds and ducks. I settled on the springer spaniel as the breed I was going to get and found one just a few miles from where I live. My daughter Faith and I went over and met the dog who would soon be named, Georgia. She was a year old and the runt of the litter. She was very timid and even growled a little at Faith. I was less than impressed. We went home without her but I couldn't get that dog out of my mind.

leash she would immediately charge into the water and it didn't matter to her whether there were birds there or not. She would swim, and swim, and swim some more. She loved the water and would completely ignore all commands to come out of the water until she was good and ready to do so, usually about 10 to 15 minutes after she went in.

She did occasionally retrieve ducks for me but the final straw was the time my daughter and I took her hunting to a place I like to go to in the Columbia Basin. The small pond is an early season hot spot for teal and it lived up to its promise. I actually kept Georgia in the truck until mid-morning. By this time, we had several ducks in hand, but there were three floating in the pond we couldn't retrieve.

island. She was like a little girl playing with three Barbie dolls. Finally, I waded out to the island, retrieved the ducks (dolls), and took Georgia back to the truck.

Georgia continued going with me on hunting trips for upland birds, but her duck hunting career essentially ended that day. Despite her poor performance in the marsh, she was a loyal companion. She was well known by kids and adults alike in the small town of Cashmere I live in where countless people would pet the "pretty puppy" I took for walks with me. She loved to go for rides whether it be to the store or to a trail-head for a hike. She followed me downstairs every morning to my office to spend the day with me at work and every night she slept on the bed with me. She was a wonderful family dog and faithful companion with a ton of personality.

Unfortunately, two weeks ago we noticed she had developed a wheezy cough and she had very little stamina, not even able to walk a mile with me. I took her to Cascade Veterinary Clinic in Leavenworth and got bad news...Cancer. She had a large mass that had grown around her lungs and there were numerous smaller masses visible in the x-ray as well. I was given some pills to reduce pain and the inflammation around her lungs. They helped for a week and my daughter, wife and I spoiled Georgia rotten. We took her on rides to bark at deer from the truck window, fed her plain McDonald's hamburgers which she loved, let her swim in a lake one last time and more. It was a good week but on the 8th day Georgia's breathing became labored and it was time to let her go. We did so at the veterinary clinic, all telling her what a good dog she was and what a blessing she had been to our family. The veterinarian, Dr. Warmenhoven, was very kind. He gave her a shot and she left the world in a very peaceful way.

I've never seen a worse duck dog but I'm also so glad I had her in my life. We loved her very much and she brought our family much happiness. RIP Georgia. I hope to see you on the other side.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



Courtesy John Kruse

Georgia on a duck hunt.

The next day I called the owner and asked if I could bring the dog over to my house and see what kind of retrieving instinct she had. Georgia was very excited to see me again. She hopped into my truck without hesitation and upon arriving at our home, started racing and leaping around our yard with pure joy.

Faith was home and begged me to keep her. When Georgia calmed down, I started throwing dummies for her to retrieve. In the 14 times I threw the dummy the response was the same. She would charge to the dummy, look down at it, and then run around the yard until I called her back.

My son David came home from school while this was going on and asked what I was doing. I explained I was giving the dog a tryout and it wasn't going well. David, who had just been cut at tryouts for the high school baseball team for the second year in a row said, "Are you going to cut her like my coaches cut me?" And that was the moment I made the decision to keep that dog.

Georgia had a lot of energy and was very athletic. She loved to go on long hikes with me and she loved pheasant and quail hunting, flushing her fair share over the 8 1/2 years we had together. When it came to duck hunting though, she was the absolute worst.

First off, she was impatient. She wouldn't stay still in the blind and when I put her on a leash, she would whine, bark occasionally, give you dirty looks and start digging a hole into the ground that she would eventually write around in as a way to express her displeasure.

When she was let off the

Agency officials urge caution when recreating on or near water

SUBMITTED BY USFS

NCW - As the temperature rises, so does the popularity of recreation at area lakes and rivers. On the surface, rivers, streams, and lakes can seem calm, warm or shallow. Yet every year even the most experienced recreationists can become victims to deceptively strong currents, cold water temperatures, and unexpected changes in depth.

Chelan County Sheriff's Deputy Mike McLeod, who has served on the Sheriff's Swift Water Rescue Team for 15 years, has been busy responding to regular rescue calls on area lakes and rivers. He warns anyone recreating on the water that conditions this year are not normal.

"This year, our rivers have been flowing much higher for much longer," McLeod said. "With the cold spring and late storms, it has kept snowpack levels higher for longer - that directly reflects conditions at our local rivers and lakes. On top of this, we're also seeing that people aren't prepared for these conditions when they get out on the water."

"It's vital that people scout their routes before they jump in a kayak or on an inner tube," said Sgt. Jason Reinfeld of Chelan County Emergency Management. "Know how conditions will change from your put-in to your take-out spots."

"You don't want to be on a river and suddenly realize your take-out spot has a hazard such as rapids or waterfalls that would impede your ability to get out safely," Reinfeld said. "Know the hazards on the water before you get on it."

"Personal floatation devices are also essential for everyone recreating in the water, regardless of your swimming ability," McLeod added. "I was a nationally ranked swimmer when I was in high school, and I still use a life jacket on our local rivers and lakes."

Whether you're floating down a river, fishing, or cooling off from a long day's hike, it is important to understand water safety in and around these tempting waters. Please keep these tips in mind if you are headed to an area lake or river:



Courtesy USDA Forest Service/Amy Verellen.

A kayaker enjoys the water at Lake Wenatchee.

Be Prepared, Know Your Limits

- Choose swimming areas carefully and swim only during low-water conditions.

- Use life jackets that meet U.S. Coast Guard requirements when boating, regardless of distance to be traveled, size of boat or swimming ability of boaters.

- Swimming in lakes and rivers is more challenging than a swimming pool, so don't overestimate your abilities or those of any children in your group.

Cold Water Temperature

- Don't be fooled by warm air temperatures. Even on a nice sunny day, water temperature can be extremely cold below the surface. Many Washington lakes and rivers stay below 60 degrees most of the year.

- The shock your body experiences in cold water increases the risk of drowning, and hypothermia can quickly set in and overwhelm even the strongest of swimmers.

Rivers and Streams

- Don't float a section of river that no one in your group is familiar with - there can be hidden hazards that are difficult to see from the banks. Consider using a qualified local guide service if you are unfamiliar with a river.
- Avoid rock hopping. Stream polished rocks

along the water's edge may be slippery when wet or dry. A misstep may send you into the water.

- If you choose to cross a stream by going through it, study the area first. Avoid deep and/or swift water.

- If you are crossing a stream, unbuckle your pack's waist strap so you can shed it if you fall to prevent being pulled under by its weight. Consider putting your gear in a waterproof pack, which becomes a floating device to help your head stay above water.

- Do not tie yourself into safety ropes - they can drown you.

- If you fall into fast-moving water, do not try to stand up. The force of the water will push you over and hold you under. Most drownings result from getting a leg or ankle caught in an underwater rock ledge, between boulders or snagged in tree limbs or other debris. Lay on your back with your feet pointing downstream and toes pointing up toward the surface. Always look downstream and be prepared to fend off rocks with your feet.

Additional information is available from the following sites:

- Washington State Parks Cold Water Safety
- Forest Service Water Safety
- Center for Disease Control Drowning Prevention

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Public Notices

SUPERIOR COURT OF WASHINGTON FOR DOUGLAS COUNTY
 GARY R. MCMONAGLE and GAIL L. DEGRAVE, husband and wife, Plaintiffs,
 v.
 WILLIAM F. SNELSON and CLARA M. SNELSON, husband and wife, the UNKNOWN HEIRS of WILLIAM F. SNELSON, the UNKNOWN HEIRS of CLARA M. SNELSON, DAVID T. DORSEY and HAZEL M. DORSEY, husband and wife, the UNKNOWN HEIRS of DAVID T. DORSEY, the UNKNOWN HEIRS of HAZEL M. DORSEY, CHARLES L. REASOR and HATTIE L. REASOR, husband and wife, the UNKNOWN HEIRS of CHARLES L. REASOR, the UNKNOWN HEIRS of HATTIE L. REASOR, LAWRENCE H. REASOR and VELMA R. REASOR, husband and wife, the UNKNOWN HEIRS of LAWRENCE H. REASOR, the UNKNOWN HEIRS of VELMA R. REASOR, FRANK M. SCHRECK and MARY T. SCHRECK, husband and wife, the UNKNOWN HEIRS of FRANK M. SCHRECK, the UNKNOWN HEIRS of MARY T. SCHRECK, BRAYLAND ORCHARDS, INC., a Washington corporation, its successors and assigns, and ALL UNKNOWN PERSONS CLAIMING AN INTEREST IN THE PROPERTY, Defendants.
No. 22-2-00173-09

SUMMONS BY PUBLICATION
 The State of Washington to WILLIAM F. SNELSON and CLARA M. SNELSON, husband and wife, DAVID T. DORSEY and HAZEL M. DORSEY, husband and wife, CHARLES L. REASOR and HATTIE L. REASOR, husband and wife, LAWRENCE H. REASOR and VELMA R. REASOR, husband and wife, FRANK M. SCHRECK and MARY T. SCHRECK, husband and wife, BRAYLAND ORCHARDS, INC., a Washington corporation, its successors and assigns, and ALL UNKNOWN PERSONS CLAIMING AN INTEREST IN THE PROPERTY, and their respective unknown heirs, successors and assigns: You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty (60) days after the 13th day of July, 2022, and defend the above entitled action in the above entitled Court, and answer the complaint of the Plaintiffs GARY R. MCMONAGLE and GAIL L. DEGRAVE, and serve a copy of your answer upon the undersigned attorneys for the Plaintiff, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.

Object of Action: Verified Complaint for Quiet Title of real estate described as follows: A portion of the Southwest quarter of the Northeast quarter of Section Nineteen, Township Twenty-six North, Range Twenty-two E., W.M., described as follows: Beginning at a point 10 rods West of the Northeast corner of said SW1/4NE1/4, thence running South 30 rods, thence running West 26-2/3 rods, thence running North 30 rods, thence running East 26-2/3 rods to the Point of Beginning, containing about 5 acres more or less. Douglas County Assessor's Tax Parcel No. 262-219-100-02. This summons is issued pursuant to RCW 4.28.110 and 4.28.140. DATED this 29th day of June, 2022.

SPEIDEL BENTSEN LLP
 By: David J. Bentsen, WSBA No. 42107
 7 North Wenatchee Avenue, Suite 600
 P.O. Box 881
 Wenatchee, WA 98807-0881
 Telephone Number (509) 662-1211
 Published in the Quad City Herald July 13, 20, 29, August 3, 10 and 17, 2022. #4337

Medical foods, what are they?

Last month, Ginger, one of my patients, asked me, "What do you think about the medicine Metanx®?" I asked her, "Is it a supplement?" "No," she answered. "It's a type of medicine. You need a prescription for it. It's supposed to help nerve pain in diabetes."

Metanx® contains only one ingredient: L-methylfolate, a close cousin to folic acid. Although folic acid is considered a B vitamin, L-methylfolate is not classified as a vitamin or food supplement. Instead, it's regarded as a medical food. Medical foods are products designed to address diseases that create a nutritional deficiency that cannot be fixed by eating a regular diet. When a normal diet is not enough to treat a nutritional disorder, the Food and Drug Administration (FDA) created a particular category for compounds that could help medical foods. Medical foods were originally unique formulas designed for infants with certain metabolic and genetic diseases. Some babies need particular nutrients added to their formula. In contrast, other babies can't safely consume certain dietary substances, so unique infant formulas were designed.

For example, babies born with phenylketonuria cannot safely process phenylalanine. To help those with phenylketonuria avoid accidentally ingesting phenylalanine, the FDA requires any foods containing it to have a warning added to the list of ingredients.

To be classified as a medical food by the FDA, a product must meet several criteria.



First, its nutrients must be in a specific formulation instead of their natural state.

Next, a medical food must be designed to be taken as a pill or liquid by mouth or in a tube feeding as a treatment for a medical condition with distinct dietary needs.

Finally, although medical foods are intended to be used by patients supervised by a medical provider, medical foods don't require a prescription.

Medical foods were originally specialized infant formulas for certain genetic diseases or for infants needing a ketogenic diet to prevent seizures. Still, in recent years other products have crept in under this category, attracted by the lack of oversight by the FDA.

The FDA has regulations that cover medications and food supplements designed to protect consumers from harmful products.

Prescription and non-prescription (over the counter) medicines must show the FDA that they are safe and effective before they get permission to market a new product.

Food supplements must list two disclaimers on their labels: "This statement has not been evaluated by the Food and Drug Administration" and "This product is not intended to diagnose, treat, cure, or prevent dis-

ease." Manufacturers of food supplements can use statements describing how the product supports specific organs or body functions.

Medical foods are different. They may seem "official" because they are often sold only by prescription and are marketed as a treatment for a specific disease state. They are actually LESS trustworthy than medications and food supplements because they don't even have to be registered with the FDA.

One example of medical food is L-methylfolate, nearly identical to folic acid and marketed as Metanx® and Cerefolin NAC. Metanx® is a one-ingredient product targeting diabetics with neuropathy. Cerefolin NAC® is sold for memory loss and combines L-methylfolate with vitamin B12 and N-acetylcysteine.

Limbrel® contains flavonoids with antioxidant properties and is marketed for osteoarthritis to improve joint movement and mobility. However, no clear evidence exists that osteoarthritis is associated with any specific nutritional deficiency.

Axona® is marketed as a memory booster for Alzheimer's dementia. It contains ketone bodies which the manufacturer claims may function as an "alternative energy source" instead of glucose to improve brain functioning

and memory. There isn't any clear evidence to support this, but because it is marketed as a medical food, they don't have to prove to anyone that it works.

5 Key Facts About Medical Foods:

1. They correct a nutritional deficiency. They address conditions that cannot be fixed by eating a regular diet.
2. Most have no proven benefits. There is little evidence that single-agent vitamin/nutritional supplements can improve dementia and diabetic neuropathy. However, eating whole foods like spinach, broccoli, and other fruits and vegetables has been shown to be helpful.
3. They don't have to prove they work. Medical foods can be marketed for a particular disease but don't have to prove that they're safe or effective.
4. Their use should be supervised. Although they don't require a prescription, medical foods are intended to be used under a doctor's supervision.
5. They are expensive. Many medical foods cost \$60 or more per month. The manufacturer then advises you to use them for 4-6 months before expecting any noticeable benefit.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey

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Legals

Public Notices

NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL Meeting

NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing updating Chapter 10.04 Motor Vehicle Code for the City of Pateros. Said public hearing shall be held on Monday, August 15, at 6:00 pm. 113 Lakeshore Drive Pateros, Washington, at which time and place all interested persons may call and appear and be heard. Please call city hall at 923-2571 for further information. Published in the Quad City Herald August 3 and 10, 2022. #4423

Public Notices

NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL Meeting

NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing updating Chapter 12.12 City Parks Code for the City of Pateros. Said public hearing shall be held on Monday, August 15, at 6:00 pm. 113 Lakeshore Drive Pateros, Washington, at which time and place all interested persons may call and appear and be heard. Please call city hall at 923-2571 for further information. Published in the Quad City Herald August 3 and 10, 2022. #4424



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- ACROSS
1. Frill on a blouse
 9. Toothy freshwater fish
 13. *Site of famous Texas Revolution battle
 14. "Losing My Religion" band
 15. Opposite of crazier
 16. Marine polyp
 17. "___ Te Ching", book
 18. Gastric woe
 19. *First Catholic President
 21. *Underground Railroad conductor
 23. Knot-tying vow (2 words)
 24. Cold transmitter
 25. Definite article
 28. Popular fairy tale beginning
 30. Woody tissue
 37. Women in habits
 39. It follows eta
 40. Quantity of measurement
 41. Crosswise, on deck
 43. Old flames
 46. Pavarotti's song
 47. European money
 48. Hairy, of plants and animals
 50. Charitable contribution
 52. Wrath, e.g.
 53. American girl, e.g.
 55. Life story, for short
 57. *Louisiana Territory's previous owner
 60. *Infamous 1995 Oklahoma City event
 64. Olympic torch, e.g.
 65. Toni Morrison's "___ Baby"
 67. The press
 68. Fake duck, e.g.
 69. "Home of the brave"
 70. Choose by a vote
 71. Stink to high heaven
 72. Third degree
 73. Hazards
- DOWN
1. "Boxed" clown
 2. Burn-soothing plant
 3. Owl's hangout
 4. Saudi neighbor
 5. Canadian city on Lake Erie
 6. Bohemian
 7. *1773 cargo overboard
 8. Rodeo character to life
 9. Rodeo Drive tree
 10. Machu Picchu builder
 11. Hiking sandals manufacturer
 12. Make a mistake
 15. Hand over
 20. Ritchie Valens' 1958 hit
 22. Modern address
 24. *Grant, Patton or Sheridan
 25. "Ain't I a Woman?" speaker
 26. Capital of Vietnam
 27. Marks on a manuscript
 29. *Bay of Pigs location
 31. Clarified butter
 32. Connection in a series
 33. Wombs
 34. *Dixon's partner
 36. Dance move
 38. Go yachting
 42. Lou Bega's "___ No. 5"
 45. Actor Poitier
 49. Brown of "Back to the Future"
 51. Cook on low heat
 54. Reduce pressure (2 words)
 56. Obelus, pl.
 57. What refugees do
 58. Speed test
 59. Crazy
 60. Actor Pitt
 61. "___ of March"
 62. One of Jonas brothers
 63. Gangster's pistols
 64. *The New Deal Pres.
 66. Campfire residue

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22 States Sue Over 'Gender Identity' Rule Controlling \$29 Billion For Poor Kids' Meals

JANICE HISLE

Twenty-two states are suing President Joe Biden's administration for threatening to zap school-meal program funding unless the states comply with new rules surrounding gender identity and sexual orientation in schools.

The lawsuit represents the latest volley fired in the ongoing battles between state officials and Biden, who they accuse of usurping their authority through his executive orders.

The states complain that a federal nondiscrimination rule, set to take effect Aug. 15, seeks to impose "obligations that apparently stretch as far as ending sex-separated living facilities and athletics and mandating the use of biologically inaccurate preferred pronouns," said the lawsuit, filed in U.S. District Court, Tennessee, on July 26.

"The Biden administration's sweeping rhetoric treats normal practices, such as sex-separated bathrooms and athletics, as 'discriminatory' even though DOJ and the Department of Education treated those as legal, non-discriminatory practices as recently as last year," the suit says.

A fact sheet about the proposed policy cited examples of discriminatory acts, as interpreted by bureaucrats, under the new rule: "Preventing a transgender high school girl [a biological male] from using the girls' restroom" and "preventing a transgender high school girl [a biological male] from 'try[ing] out for the girls' cheerleading team," the lawsuit says.

The Tennessee and Indiana attorneys general are heading the coalition of states alleging that Biden and the Department of Agriculture, which oversees the meal program, "issued directives and rules that misconstrue the law and impose unlawful requirements," the lawsuit says.

The Supplemental Nutrition Assistance Program (SNAP) provided \$2.6

A child puts her mask back on after finishing lunch at a socially distanced table in the cafeteria of Medora Elementary School in Louisville, Ky., on March 17, 2021.



COURTESY OF TODD ROKITA'S WEBSITE

billion to Tennessee last year; in sum, the 22 states received almost \$29 billion through the program for low-income schoolchildren, working families, the elderly, and people with disabilities.

Indiana attorney general Todd Rokita railed against the "extreme left-wing agenda" that he believes is fueling these policies.

"They've reached a new level of shamelessness with this ploy of holding up food assistance for low-income kids unless schools do the Left's bidding," Rokita said in a statement.

Rosita says he is, "fighting for Hoosier common sense and the rule of law," which is what he believes citizens elected him to do.

The White House did not immediately respond to an email requesting comment on the lawsuit, which involves: Tennessee, Indiana, Alabama, Alaska, Arizona, Arkansas, Georgia, Kansas, Kentucky, Louisiana, Mississippi, Missouri, Montana, Nebraska, Ohio, Oklahoma, South Carolina, South Dakota, Texas, Utah, Virginia, and West Virginia.

Before filing suit, attorneys general from 26 states sent a letter to the president on June 14, expressing their concerns.

"By vastly expanding the concept of 'discrimination on the basis of sex' to include gender identity and sexual orientation, the guidance does much more than offer direction," the letter stated.

"It imposes new—and unlawful—regulatory measures on state agencies and operators receiving federal financial assistance from the USDA. And the

inevitable result is regulatory chaos that would threaten the effective provision of essential nutritional services to some of our most vulnerable citizens."

The National School Lunch Program provides meals to 30 million schoolchildren daily.

About 100,000 public and non-profit private schools and residential childcare institutions receive federal funding to provide subsidized free or reduced-price meals for qualifying children, a news release from Rokita said.

The states' suit against the Department of Agriculture is similar to a separate federal lawsuit that 20 states, including Tennessee and Indiana, pressed against the Department of Education and the federal Equal Employment Opportunity Commission.

In that case, a federal judge issued a preliminary injunction in favor of the states. The order temporarily blocks the federal agencies from forcing the states to allow biological males to compete on girls' sports teams.

The court ruled that they won't be required to eliminate sex-separated showers and locker rooms, nor will they be compelled to use designated pronouns that individuals request.

The school-meals lawsuit against the department seeks the same relief.

In both the Education Department suit and the Agriculture Department suit, the controversial changes did not go through Congress.

Instead, federal agencies created them under an executive order that the president issued in January 2021, requiring policies that would fight dis-



Indiana attorney general Todd Rokita.

crimination based on "gender identity or sexual orientation."

The states say they do not deny SNAP benefits based on those factors. But they take issue with memoranda and a "final rule" that both attempt to impose "unlawful and unnecessary new obligations."

The states "sue to prevent the department from usurping authority that properly belongs to Congress, the states, and the people, and to eliminate the nationwide confusion and upheaval" that the proposed rule has caused, the lawsuit says.

"When will the Biden administration learn that making law is the legislature's role?" Ohio attorney general David Yost said in a news release.

Whistleblowers Claim FBI Leaders Pressuring Agents to Pad Domestic Terrorism Data

MARK TAPSCOTT

Agents at the FBI are being pressured by superior officers to massage reports and pad the resulting data on the number of incidents involving domestic violent extremists (DVE), according to information provided by agency whistleblowers to Rep. Jim Jordan (R-Ohio).

Jordan is presently the ranking Republican on the House Judiciary Committee, and is likely to become chairman of the panel if the GOP retakes the majority in the lower chamber of Congress in the November elections.

The Ohio Republican made public late on July 27 his letter to FBI Director Christopher Wray explaining that GOP members of the judiciary panel "continue to hear from brave whistleblowers about disturbing conduct at the Federal Bureau of Investigation."

"From recent protected disclosures, we have learned that FBI officials are pressuring agents to reclassify cases as 'domestic violent extremism' even if the cases do not meet the criteria for such a classification," the letter reads.

"Given the narrative pushed by the Biden Administration that domestic violent extremism is the 'greatest threat' facing our country, the revelation that the FBI may be artificially

padding domestic terrorism data is scandalous."

Jordan noted that the FBI's definition of DVEs is "an individual based and operating primarily within the United States or its territories without direction or inspiration from a foreign terrorist group or other foreign power who seeks to further political or social goals wholly or in part through unlawful acts of force or violence."

Wray and Attorney General Merrick Garland have repeatedly claimed that violence perpetrated by DVEs, including the Jan. 6, 2021, breach at the U.S. Capitol, represent the greatest domestic security threat facing the United States.

Wray told Congress last year, according to Jordan, that the FBI has established a "very, very active domestic terrorism investigation program" and "doubled the amount of domestic terrorism investigations," while Garland has said the "number of open FBI domestic terrorism investigations this year has increased significantly."

Jordan says the whistleblowers are FBI employees concerned about improper pressures being brought to bear against field agents to misrepresent what they are seeing.

"We have received accusations that FBI agents are bolstering the num-

ber of cases of DVEs to satisfy their superiors. For example, one whistleblower explained that because agents are not finding enough DVE cases, they are encouraged and incentivized to reclassify cases as DVE cases even though there is minimal, circumstantial evidence to support the reclassification," Jordan told Wray.

"Another whistleblower—who led at least one high profile domestic terrorism investigation—stated that a field office Counterterrorism Assistant Special Agent in Charge and the FBI's Director of the Counterterrorism Division have pressured agents to move cases into the DVE category to hit self-created performance metrics."

The artificial performance metrics are being used to determine which agents receive promotions and bonuses, according to the information the whistleblowers have given to Jordan.

Jordan pointed out to Wray that the allegations from the whistleblowers confirm concerns that the congressman has repeatedly expressed to the FBI chief.

"These whistleblower allegations that the FBI is padding its domestic violent extremist data cheapens actual examples of violent extremism. This information also reinforces our concerns—about which we have written to you several times—regarding the FBI's politicization un-



Law enforcement officers walk out of the J. Edgar Hoover FBI Building in Washington on Jan. 28, 2019.

der your leadership," Jordan wrote. "As we have detailed, multiple whistleblowers have disclosed how the Biden FBI is conducting a 'purge' of FBI employees holding conservative views. You have ignored these concerns. It appears instead that the FBI is more focused on classifying investigations to meet a woke left-wing agenda."

Jordan requested that by Aug. 10, Wray provide copies of "all documents and communications" concerning all "preliminary investigations, and full investigations classified as domestic violent extremism" since January 2020.

In addition, Jordan told Wray he wants copies of all documents and communications between or among

employees of the FBI and Department of Justice, with anybody in the Executive Office of the President. Jordan also wants the total number of confidential human sources working for the FBI who have reported incidents alleged to involve DVEs since January 2020.

The Department of Homeland Security, which works closely with the FBI on domestic security issues, published a June 7 advisory that warned "as the United States enters mid-term election season this year, we assess that calls for violence by domestic violent extremists directed at democratic institutions, political candidates, party offices, election events, and election workers will likely increase."

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