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YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

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# Warren Avenue shows off new sidewalk, pedestrian buffer



Where once was just bare roadside along the north side of west Warren Avenue just a few months ago there is now a sidewalk, curb and gutter, pedestrian buffer space, ADA curb ramps, and crosswalks. The new street addition extends from the tennis courts on Riverside Avenue east almost to Chris Street. The rock-filled spaces serve as bio-filtration swales. The project was funded by a \$400,000 grant from the state Transportation Improvement Board.

# **Community Foundation of** NCW Awards \$402,000 in **Grants to NCW Nonprofits**

Regional Impact Grants applications due by Sept. 15

SUBMITTED BY JENNIFER DOLGE, COMMUNITY FOUNDATION OF NCW

NCW - The Community Foundation of NCW has awarded \$402,000 in Regional Impact Grants (RIG) to nonprofits addressing community needs and enhancing the quality of life in Chelan, Douglas, and Okanogan counties.

The RIG provided core operating and project-specific support on a quarterly basis (from July 2021 to June 2022) for nonprofits through two funding levels (\$4,000 or \$10,000) depending on the size of the organization and the scope of their project or request. There were 55 grants awarded to organizations improving NCW communities through vital health and human services, affordable housing, environmental stewardship, youth and elder support, and enriching arts and cultural experiences.

Throughout the year, the Foundation received more grant requests than funding available – but, through the Partners in Giving fund, \$40,000 in additional grants were able to be awarded.

"Our Partners in Giving provide unrestricted gifts to the Foundation that allow the Board of Trustees additional resources to support grants, scholarships or leverage timesensitive opportunities" said Beth Stipe, the Foundation's executive director. "Those flexible dollars allow us to

make a greater impact in our region, and we are incredibly grateful for those donors that entrust us to make good use of their generous gifts."

This year, the RIG is returning to an annual cycle opening August 1 and due September 15. While the application process remains unchanged, the maximum funding request will be based on an organization's budget size in effort to award a balanced number of grants with the funding available.

"We're continually working to improve our grantmaking program to make the greatest impact in the region with limited resources." said Claire Oatey, Director of Community Grants. "For 2022, we will return to an annual grant program but with some new parameters to help ensure a more equitable distribution of the dollars we have available."

For more information about the RIG and apply, visit https:// cfncw.org/regionalimpactgrant/.

2021 Regional Impact **Grant Awards** 

**Chelan County Mountain** Rescue Association: Volunteer organization of experienced climbers dedicated to saving lives through search, rescue, emergency medical care, and mountain safety education in Chelan County and

surrounding areas. (\$4,000) **Chelan Valley Community** Nurse: A nurse and bilingual/ bicultural Community Health Worker to make free nursing visits to vulnerable adults living at home. The focus is on safety, continuity of care, and prevention of adverse health incidents. (\$4,000)

SEE AWARDS ON PAGE A2

## Hawley, Budrow lead race for sheriff

# **Three Rivers Hospital levy heads** for approval in early vote counts

By MIKE MALTAIS Staff writer

OKANOGAN - Preliminary results from Okanogan County's August 2 Primary Election show Three Rivers Hospital's (TRH) one-year property tax levy headed for approval by a comfortable margin in the early report of voting figures from the Okanogan County Auditor's office.

AN NCW MEDIA PUBLICATION

As of this writing following the unofficial second count of votes at 5 p.m. Friday, August 5 advisory from election central the results include:

The third annual TRH Levy request is passing by a 68.9 percent vote margin with 2,202 in favor and 993 opposed. It will fund operations for the hospital's emergency department through 2023. Like its two predecessors the new levy will raise 33 cents per \$1,000 of assessed property value. As

an example, a home valued at \$200,000 will contribute \$66.

**Okanogan County Sheriff: Incumbent Anthony Hawley** came from behind in the first unofficial count to overtake challenger Paul Budrow by 232 votes, 3,769 to 3,537 in the second unofficial results on Friday, August 5. Kevin Newport trails with 1,909.

Okanogan County Commissioner, District 3: Tonasket Republican Lloyd Caton, Jr. leads fellow Republican Jon Neal of Oroville by 103 votes, 1,262 to 1,159. Both are vying for the vacancy of Jim DeTro who held the post for 12 years and did not file for re-election.

Okanogan County Coroner: Rojean (Jeannie) Hughes of Tonasket was the only candidate to file for the four-year term. Hughes has received 83.5 percent of the vote compared to 16.5 percent for incumbent David Rodriguez who did not

file for re-election but ran as a write-in candidate.

Several offices were

- unopposed including: Assessor – Larry Gilman
- Auditor Cari Hall
- Clerk Susan Speiker · Prosecuting attorney - Albert Lin
- Treasurer Pam Johnson Superior Court judge – Rob-
- ert Grim District Court judge **Charles Short**
- · Public Utility District, No. 1 – Chris Kroupa

The race for U.S. Congressional District 4, which includes Okanogan County along with Adams, Benton, Douglas, Franklin, Grant Klickitat, and Yakima counties, is giving Republican incumbent Dan Newhouse a contest from leading challenger, Yakima Democrat Doug White. As of Friday, August 5, Newhouse held a narrow 140-vote lead over



**Incumbent Anthony Hawley** leads the early vote for Okanogan County Sheriff.

White, 35,628 to 35,488. White was leading Newhouse by 869 votes in Okanogan County according to the auditor's second unofficial count.

The top two candidates to emerge from their respective primary races advance to the General Election ballot on

### **Dollar General may return...**

# **Bridgeport Planning Commission** submits Berryman Park upgrade grant

STAFF WRITER

Bridgeport - Plans to upgrade Berryman Park, replace the city's gateway signs, improve the tree sculpture parking lot, and review the Community Revitalization Plan (CRP) survey results were among topics covered at the August 4 meeting of the Bridgeport Planning Commission.

The city received a Community Development Block Grant to complete the CRP which included a community wide survey. In April 2020 the city mailed the 14-question survey to 466 property owners and used internet and media resources to encourage response. It received nearly 200 in return.

SEE **GRANT** ON PAGE A2



Mike Maltais/QCH

The gateway sign near the east entrance of the city from SR 17 is due for a facelift.

# Sport fishermen converge on the Columbia for 16th annual Brewster Salmon Derby



Early on derby opening morning last Friday, August 5, scores of derby boats were already in place near the mouth of the Okanogan River for the 5 a.m. start time.



An early morning party prepares to launch at the park's boat ramp.



An empty leader board would soon begin filling up with names of fisher folk and catch weights of their largest salmon trophies.



This year featured a full-time, on-site food vendor to make sure departing and returning anglers had a place to grab some grub and hot coffee.



Sponsor banners lined the entry, surrounded the perimeter, and covered the tables at derby headquarters in Columbia Cove Park.

# INSIDE THIS WEEK



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PO Box 1922 Chelan, WA 98816-1922 www.qcherald.com

# All-American wrestler opens martial arts studio in Pateros

By MIKE MALTAIS STAFF WRITER

PATEROS - Anthony Hamlett, a Brazilian jiu jitsu black belt, has opened a martial arts studio called Northwest Elite just south of Pateros at 25323 Highway 97 on the hill near the junction of SR 153 and 97.

Hamlett recently moved to Malott from the Tri-Cities and opened his studio last July. He was attracted to the area while helping coach Brewster Little Guy Wrestling. Along with jiu jitsu Hamlett teaches martial arts and MMA (mixed martial arts) where he served in the latter specialty as a professional

Ultimate Fighting Championship referee. He has been coaching martial arts since 2001.

A nine-vear veteran of the U.S. Air Force where he was also a three-time All-American wrestler, Hamlett was ranked sixth at the 2000 Olympic trials. He later competed in grappling jiu jitsu worldwide before earning his black belt in 2010.

"There's two versions of grappling," said Hamlett, "one with a gi (uniform) and one without a gi."

Hamlett said he teaches all ages and skill levels and already has a following of young apprentices. To learn more contact Hamlett at 509-873-2135.



Courtesy Anthony Hamlett Three-time All-American wrestler Anthony Hamlett in his martial arts gi.

# GRANT

CONTINUED FROM PAGE A1

#### Berryman Park

At its April meeting the Bridgeport City Council gave the green light to city engineer Gray & Osborne to complete the Berryman Park site plan and meet the May 3 deadline to apply for a grant from the state Recreation and Conservation Office (RCO) to help fund a major park renovation project. Upgrades would include the sports court, playground equipment, restroom, picnic shelter, fending, signage, and more.

"What we are trying to do is replace some of the primary amenities within the park, excluding the swimming pool," city planner Kurt Danison told the council. "The only new thing we would be adding that is not presently in the park are pathways that will be ADA (American Disabilities Act) accessible.

Danison said the RCO grant application has been submit-

The total projected renovation is pegged at about \$760,000-780,000 of which the city would kick in about 30 percent. At an earlier council meeting it was suggested that RV park revenues could provide the city's share of the funding thereby avoiding

use of General Fund dollars. Construction is anticipated to commence in 2024 so the city could set aside \$65,000-plus annually to cover its share.

"This is one of the things the public has been very adamant about," said Bridgeport Mayor Janet Conklin at the April council. "They would like to upgrade Berryman Park."

#### Gateway signage

The planning commission reviewed two USDA grants, one of which will fund two new gateway signs for the city, one damaged in the 2020 Pearl Hill wildfire and the other in need of replacement.

"A condition of the grant is that all materials must be U.S. made," Danison said.

The commission is inquiring about the difficulty of sourcing U.S. made materials such as aluminum and whether the contract work must be put up for bid. Sign size and content are topics reserved for the next commission meeting.

#### Parking lot

A second USDA grant provided \$50,000 for the first phase of the tree sculpture parking lot. Those funds are being used for signage and crosswalk development. The city will also be distributing a visitor brochure highlighting the background and attractions of its more than two dozen tree sculptures,

**FREE SPORTS** 

PHYSICALS

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August 17 & August 23

1-4 p.m.

Questions? Call 509.689.3749

THREE RIVERS

FAMILY MEDICINE

415 HOSPITAL WAY, BREWSTER

#### **Subdivision code**

A public hearing on updating the Title 16 Subdivision Code has been extended to the September commission meeting after hearing attendee Chris Erlandsen, of professional surveyors Erlandsen & Associates, requested additional clarification on some points.

Danison said the Subdivision Code needs to be addressed since it was last updated in the 1970's and the city is "getting lots of inquiries.'

"We might want to add in parcel consolidation and deconsolidation," said Danison citing one example.

#### **Dollar General**

After abruptly advising the city last June that was abandoning plans to locate a store in the city business district, consultants fronting the development have advised the commission to complete the plan review with the possibility that the Bridgeport store is back on the projects list.

The corporation's earlier decision to withdraw apparently was triggered by higher than acceptable construction bids that have since been revisited and revised.

Earlier in the year the city had vacated a portion of the alley between 17th and Conklin Street to provide extra space for the development.

# Newhouse demands answers on Biden Administration efforts to breach Lower Snake River Dams istration which have demon-

SUBMITTED BY Amanda Fitzmorris, OFFICE OF REP. DAN NEWHOUSE

WASHINGTON, D.C. - Rep. Dan Newhouse (R-WA) and members of the Pacific Northwest delegation called out the Biden Administration in a series of letters for its lack of transparency and political intervention in its efforts to breach the Lower Snake River Dams.

The letters comes just weeks after the White House Council on Environmental Quality (CEQ) released a draft report from the National Oceanic and Atmospheric Administration (NOAA) recommending at least one Lower Snake River dam be breached in order to recover endangered salmon, as well as an analysis commissioned by the Bonneville Power Administration (BPA) outlining the scenarios under which the power benefits of the four dams could be replaced.

"We write to express our deep concern about recent actions taken by this admin-

strated a seeming disregard for scientific integrity. Specifically, we were appalled by the lack of transparency and obvious political intervention in processes regarding the recent release of the National Oceanic and Atmospheric Administration (NOAA) draft "report" relating to the Columbia River Basin," wrote the lawmakers. "Even more alarming, we have received further indication of political maneuvering by this administration to prevent information on the costs of replacing the power generated by the Lower Snake River dams on the Federal Columbia River Power System from being made public prior to the release of the previously mentioned NOAA draft 'report.'

They continued, "The infrastructure on the Columbia River System provides invaluable benefits to the Pacific Northwest, including carbonfree energy, flood control mitigation, irrigation, navigation, and recreation benefits. Balancing these vital interests with species conservation is not an easy task. It is made significantly more difficult when science and collaboration is replaced by politicallymotivated intervention.

The lawmakers concluded, "The recent actions by this administration have sown complete distrust in this administration's ability to lead with facts, science, and transparency regarding the Columbia River System. These actions will undoubtedly have longterm and damaging effects on this administration's ability to bring diverse stakeholders together to chart a path forward on species recovery and preservation of the vital benefits of the Columbia River System."

Signers of the letters to CEQ, NOAA, BPA, and the Department of Energy (DOE) include Senators Jim Risch (R-ID), Mike Crapo (R-ID), and Steve Daines (R-MT), and Representatives Cathy McMorris Rodgers (R-WA), Jaime Herrera Beutler (R-WA), Russ Fulcher (R-ID), and Cliff Bentz (R-OR).

# **AWARDS**

Lake Chelan Arts Council: Supporting the visual and performing arts in the Chelan Valley through art classes and exhibits, Picture This 3rd Grade Art, Legacy Portraits at Heritage Heights, and the annual Lake Chelan Arts Festival. (\$4000)

Page Ahead Children's **Literacy Program:** "Book Up Summer" allows K-2 students at Brewster Elementary select 12 books in English/Spanish at spring book fairs to help build home libraries and reduce/ eliminate summer learning slide. (\$4,000)

Sustainable NCW: Promoting a culture of environmental stewardship and social sustainability in NCW through education, presentations, Waste Wizard recycling tool, and Earth Day Fair.

Team Naturaleza: Engaging multicultural community in informal natural science education, Leave No Trace ethics, and healthier lifestyles through bilingual nature walks and field studies coled by scientists and trusted Latino community members. (\$4,000)

Chelan Douglas Child Services Association: Launching the "Imagination Library" in Chelan & Douglas counties which provides free, high quality, age-appropriate books to ANY child who signs up from birth up until age 5. Books are mailed to each child monthly at no cost to the family. (\$10,000)

Chelan Valley Hope: Direct aid and assistance to people in crisis. Expanding beyond Chelan and Manson to include Bridgeport, Entiat, Orondo, Mansfield, and Waterville.

**Chelan Valley Housing** Trust: Permanent, affordable housing for middle-income wage earners in the Chelan area through building and selling low-cost homes to wage earners, families, young professionals, and seniors. (\$10,000)

Indigenous Roots & Reparation Foundation: Newly formed Indigenous-led nonprofit focused on programs to preserve indigenous culture, empower native people, and raise awareness through education, and a long-term goal of Land Back for cultural center in NCW. (\$4,000)

Pateros Brewster Community Resource Center: Resource Center that partners with other organizations to fight hunger and homelessness, increasing education and employability, and improving the overall health and wellbeing of the Pateros-Brewster community. (\$10,000)

Planned Parenthood of Greater WA and North Idaho: Mobile clinics for Latinx farmworkers near Wenatchee & Brewster: screening for diabetes, hypertension, and STI; first aid for burns, allergies, and skin conditions; and COVID boosters. Education on heat exhaustion & distribution of care bags. (\$10,000)

SAGE: (Safety, Advocacy, Growth, Empowerment) Domestic Violence Services, Sexual Assault Services, Crime Victims Trauma and Assistance Services, and a Child Advocacy Center. This grant will support adding an additional Child Forensic Room (set of interview rooms with recording equipment) due to the steep uptick in Child Forensic Interviews. (\$10,000)

Thrive Chelan Valley: Food2Schools provides weekend meals to food insecure students in the Chelan and Manson School Districts, as well as the Thrive Teen Center. Over 6,800 bags of food were served in 2021 and they project over 7,000 bags in 2022.

**Upper Valley MEND: Com**munity Harvest gleaning program provides fresh food to emergency food providers in Chelan & Douglas counties, beyond Upper Valley. (\$10,000)

Wenatchee River Instiite: Year-round environmental education opportunities for youth and adults on the Wenatchee River Institute campus in Leavenworth and through the Traveling Naturalist program in low-income schools throughout NCW. (\$10.000)

Wenatchee Valley Humane Society: Serves all animals and residents of Chelan and Douglas County through education, protection, and pet adoptions. (\$10,000)

**Women's Resource Center** of NCW: The Bruce Transitional Housing Program provides two years of housing to homeless families with children. (\$10,000)

 ${\it The Community Foundation}$ of North Central Washington's mission is to grow, protect, and connect charitable gifts in support of strong communities throughout Chelan, Douglas, and Okanogan counties. Established in 1986, the Community Foundation manages \$148 million in assets through 600+ individual funds and has awarded over \$46 million in grants and scholarships.

# Have a Community or Sports Story idea? Contact Mike Maltais

at 360-333-8483 or qchreporter@gmail.com

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The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com

## **News Tips**

Have an idea for a story? Call Quad City Herald at 689-2507

## Corrections

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# OKANOGAN & DOUGLAS COUNTY SHERIFF. **BREWSTER POLICE DEPT**

#### Douglas **County Sheriff**

July 29

08:36 Vehicle Prowl, Rd. C NW and US Hwy. 2, Waterville 15:06 Agency Assist, 525 River View Dr., Orondo

21:13 Animal Problem, 415 S. Franklin Ave., Waterville 21:16 Agency Assist, 100 Pine

Bluffs Ln., Mansfield 22:02 Malicious Mischief, 1106

Columbia Ave., Bridgeport

July 30

08:39 Civil Dispute, 1627 Tacoma Ave., Bridgeport 14:47 Civil Dispute, 16 Central St., Bridgeport

16:47 Harassment/ Threat, 32 Wilmot St., Mansfield

17:55 Public Assist, 300 block McNeil Canyon Rd., Orondo 23:28 Noise Complaint, 1740 Foster Creek Ave., Bridge-

July 31

00:49 Civil Dispute, 2400 Tacoma Ave., Bridgeport

14:11 Court Order Violation, 2412 Highland Dr., Bridgeport

19:51 Agency Assist, 529 12th St., Bridgeport 21:14 Civil Dispute, 929 Maple

St., Bridgeport 22:03 911-call, 112 Sage St., Bridgeport

23:05 Fireworks, Cross and

3rd St., Bridgeport

Aug. 1

10:16 CPS/ APS Referral, 102 2nd St., Bridgeport 11:02 Scam, 103 Sagebrush

Rd., Waterville 13:13 Suspicious Circumstance, McNeil Canyon Rd.,

MP 5, Orondo 14:24 CPS/ APS Referral, 1717 Soster Creek, Bridgeport

14:47 Harassment/Threat, 700 Pearl Hill Rd., Bridgeport 21:24 Traffic Offense, 100 block Columbia Ave., Bridgeport

Aug. 2

00:11 911-call, 860 SR 173, Bridgeport Bar 09:33 Fraud/ Forgery, 2412

Highland Dr., Bridgeport 13:08 Welfare Check, 104 W. 1st St., Waterville

13:23 911-call, 860 SR 173, Bridgeport Bar 16:12 Theft, 700 Fairview Ave.,

Bridgeport 18:10 Assault, 105 Rocky Rd.,

Orondo 19:17 Suspicious Circumstance, Sun Cove Rd. and

US Hwy. 97, Orondo 20:30 Illegal Burn, 119 Whitlam Ave., Bridgeport

22:21 Miscellaneous, Columbia Ave. and 3rd St., Bridgeport

Aug. 3

13:03 Animal Problem, 341 Columbia Ave., Bridgeport 14:17 Harassment/Threat, 770 Rd. 8 NW, Waterville

14:25 Suspicious Circumstance, 1330 Rd. 2 SW, Waterville

14:43 CPS/ APS Referral, 2400 Tacoma Ave., Bridgeport 19:46 Public Assist, 416 N. Baker St., Waterville

20:38 Domestic Disturbance, 2331 Monroe Ave., Bridge-

22:37 Agency Assist, 22366 US Hwy. 97, Orondo 22:44 Domestic Disturbance, 1155 Rd. 8 NW, Waterville

Aug. 4

03:35 Hazard, 800 block E. Locust St., Waterville 06:45 911-call, 1300 Douglas Ave., Bridgeport

18:30 Traffic Offense, SR 173 and Diagonal St., Bridgeport

#### **Brewster Police** Department

July 29

05:45 An ATM alarm was triggered on W. Main Ave. in Brewster.

21:28 An agency assist was requested on Half-Sun Way and Hwy. 17 in Bridgeport for a collision between subjects driving a Dodge pickup and a green car.

22:02 An unknown-injury accident was reported on Star Access Rd. and Starr Rd. in Pateros for a one-vehicle, rollover accident, someone was trying to get out of the vehicle.

22:53 A domestic dispute was reported on 6th St. in Brewster when a small child was reported on the phone reporting her mom was yelling at her sister, and started crying, then disconnected.

July 30

13:09 Trespassing was reported on W. Warren Ave. in Pateros for a male subject with dark skin with a in a light blue, older, square-body minivan. He was last seen wearing a white T-shirt and possibly blue shorts, came up to the residence of the caller and tried to open the door, and reportedly did not knock.

14:15 A hit-and-run accident was reported on W. Indian Ave. in Brewster when a caller's Dodge 2008 Honda Pilot was hit in front of their parent's residence, the caller's sister heard the noise.

20:22 An animal problem was reported on S. Bridge St. in Brewster when stray dogs were in a caller's backyard, the caller did not know where they came from.

July 31

13:29 An agency assist was requested on Hwy. 97 near Malott for a driver in an S10 pickup with canopy using poor lane travel.

14:43 An agency assist was requested on Hwy. 97 in Brewster for a subject in custody for DUI. 17:54 Possible abuse was

reported on S. 4th St. in Brewster but no one at the residence had the specific phone number.

20:53 Extra patrols were requested on W. Main Ave. for the ATM throughout the

22:05 An agency assist was reguited on Sage St. in Brewster regarding a domestic violence situation between a male and female subject.

Aug. 1

18:26 A suspicious circumstance was reported on S. 7th St. in Brewster when a subject showed up to a caller's residence and wanted to date them. The caller wanted to file a reporte and get a restraining order.

23:32 A civil dispute was reported on N. 6th St. in Brew-23:44 A noise complaint was

reported on W. Main Ave. in Brewster for an alarm going off.

Aug. 2

00:37 Extra patrol were requested on W. Main Ave. in Brewster near the ATM while a tech was to work on the unit.

15:08 Harassment was reported on S. 7th St. an dW. Bruce Ave. A male subject with a travel trailer and black

GMS Sierra was reported harassing, flashing the caller, pulling his pants down.

19:36 A boat fire was reported on S. 1st St. and Heron Ct. in Brewster, the caller's 16-year-old, 18-year-old and husband were on the boat and they thought they got it out but it was reported as still smoking.

Aug. 3

02:05 A caller requested a message be delivered on Pilot Pl. in Brewster.

12:13 A non-injury accident was reported on private property near Hwy. 97.

15:14 A non-injury accident was reported involving two vehicles on Hwy. 97.

16:46 A suicidal person was reported on Main St. in Brewster and he reportedly had bought a gun recently and was threatening to kill himself.

Aug. 4

15:07 A caller on W. Main Ave. and S. Bridge St. in Brewster reported a threat when 7-8 people aggressively came out of the apartment in the alley, yelling and cussing and the caller, and pointing their finaers like auns.

20:40 A brown and white pitfall was reported as a stray and loose in the neighborhood on W. Cliff Ave.

#### Okanogan **County Sheriff**

11:43 Theft of fishing gear was reported on Hwy. 97 in Brewster, the caller had their boat docked near the historical marker and two fishing poles and two tackles boxes were stolen.

22:02 An unknown-injury accident was reported for a one-vehicle, rollover on Starr Access Rd. and Starr Rd. in Pateros.

July 30

09:18 A civil dispute was reported on Sunset Dr. in Brewster, the caller reported that every weekend people at his wife's residence are getting drunk, he did not want them to live there anymore as the environment was similar to a bar.

16:58 A civil dispute was reported on Columbia Ave. in Bridgeport, the caller reported being harassed by a subject.

7:27 A traffic reported on Hwy. 97 and

for debris in the roadway. July 31

00:43 A noise complaint was reported on Unger Rd. in Brewster for loud music coming from the east, pounding through his walls.

Monse River Rd. in Brewster

00:59 A disabled vehicle was reported on Hwy. 17 in Bridgeport for a gray Nissan truck down in the ditch.

11:32 Subjects were reported burning illegally in a burn barrel on North Starr Rd. in Brewster.

11:13 An attempt to locate a black Audi sports car and a white 2-door pickup was requested on Industrial Way and S. Dawson St. in Pateros. Both were traveling at high speeds, with loud exhaust and reported as an ongoing issue.

13:42 A caller reported a suspicious circumstance when their son told them a white male subject was seen taking pictures of his vehicle on Industrial Way in Pateros.

16:03 A missing person was reported on Hwy. 97 for a dementia patient that walked away from their caretaker.

19:17 Trespassing was reported on W. Warren Ave. in Pateros when subjects were on a caller's property in their red, Chevy step-side truck.

Aug. 2

08:59 A parking problem was reported on Riverside Dr. and S. Eveline St. in Pateros for a gray GMC Yukon that was blocking the access to the water, the caller had left a note on it overnight. 08:54 Littering was reported on

North Starr Rd. for a subject driving a blue truck with wood racks, it was reported as an ongoing issue going past the caller full of stuff and dumping it.

Aug. 3

18:40 A caller on Pariseau Rd. in Bridgeport reported receiving a death threat from a male subject in his cabin.

Aug. 4

21:10 An unknown-injury accident was reported on Hwy. 17 in Bridgeport for a 2-vehicle collision.

22:42 Trespassing was reported on Abigail Ln. and Buckhorn Mtn. Rd. in Pateros for an abandoned RV on a caller's property, they did not see anyone around and there was not supposed to be anyone at the location.

# Liftoff!



A large metal sculpture of a bald eagle perched on the front yard of a Pateros residence overlooking the Columbia River appears to be ready for liftoff.

# Okanogan PUD evaluates removal of Enloe Dam

By MIKE MALTAIS STAFF WRITER

OKANOGAN - The Okanogan County PUD Commissioners passed Resolution No. 1775 supporting a process to evaluate potential Enloe Dam removal, as outlined in the memorandum that was prepared by Richard Roos-Collins of the Water and Power Group PC.

The resolution states the board determined the memo is consistent with the PUD's criteria for proposals to evaluate removal of Enloe Dam and emphasizes key points that must be met for PUD staff to effectively collaborate with the process.

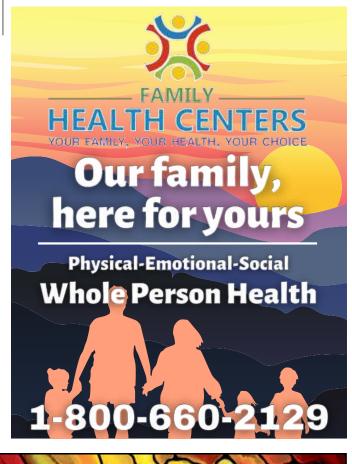
In other business July 25, the board:

 Heard that construction activities have concluded for the Enloe Dam Safety Repair and Maintenance Project. There will be intermittent activities this fall, as part of the comprehensive dam safety inspection.

 Heard that power sales are continuing to be above budget in June and July for wholesale, and through May for retail. August is normally the tightest month, but the extra water this spring has set the PUD in a good position for hydropower resources.

· Heard that with fiber finally in stock, the broadband department is getting caught up with work to connect more customers – a total of 3,898 end users are now on the PUD fiber backbone system through retail service providers.

 Heard mid-year reports from several departments, including regarding power resources, state and federal compliance, information systems, human resources and communications.



# No, you can't wrap a fish in a Web site, ...but you can get the local news online at www.qcherald.com

# CITY CHURCH GUI

**BREWSTER** 

BREWSTER • BRIDGEPORT • PATEROS

New to the area? On Vacation? These churches welcome you!

CALVARY

www.cbcbrewster.com Sunday Worship 9:30 a.m.

COMMUNITY LOG CHURCH Sunday Worship 10 a.m. 9-689-2224 • 501 W. Indian Avenue www.communitylogchurch.com Pastor Gordon Wright



HOPE LUTHERAN CHURCH Sunday Worship 11:00 a.m. Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10:00 a.m.

509-689-3106 • 1520 Sunset Dr.

**NEW TESTAMENT BAPTIST** Sunday 10 a.m., 11 a.m. & 6 p.m.

Wednesday 7 p.m. dult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible."

- Matthew 19:26

To place your Church information in the Church Guide call Ruth at 509-682-2213 or email: ruthk@lakechelanmirror.com

COMMUNITY **BULLETIN** BOARD

Regional Community News & **Events** 

🍬 Any non-profit 501(c)-(3) group, person(s).

╊ Must provide: full name, city, phone number.

f s Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7 Garage and Yard Sale Ads are paid events, please email those to heraldads@gcherald.com or NCWMARKET.COM

퇓 For more info call: Quad City Herald at 509-689-2507

**S** Email to: ruthk@lakechelanmirror.com

#### COMMUNITY BULLETIN BOARD

Tuesday, Wednesday, Friday

#### Senior meals now served at Senior Center, Tuesday and Friday; home delivery Wednesdays only

BREWSTER - The Senior Center is now serving meals at Noon, at the center on Tuesdays and Friday. Home delivered meals Wednesday only. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is

Hope to see you there!

\$4. For those 60 and under the cost is \$10. MENU: Wednesday, August 10-Home Delivery Only: Chicken Strips, Jo Joís, Spinach Salad, Mandarin Oranges, Garlic Bread, Dessert; Friday, August 12: Yakisoba Stir Fry Vegetables, Asian Style Slaw, Cinnamon Pears, Egg Roll, Dessert; Tuesday, August 16: Chicken Caesar Salad, Tomato Wedges, Melon Slices, Cheesy Garlic Toast, Dessert; Wednesday, August 17-Home Delivery Only: Stuffed Pepper, Casserole, Garden Salad, Peaches,

Memorial for Harlene Brisbois at Brewster City Park, Saturday, August 13, 1-4 p.m. at the gazebo area near Foyle's Orchard. Please come if you knew Harlene or Gene and share a memory. We will have some pictures to share and food and drinks. Liz & Pam Brisbois

# Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-689-2507 for more information Or email ruthk@lakechelanmirror.com

WW Roll, Dessert; Friday, August 19: Baked Fish Fillet, Rice Pilaf, Peas, Coleslaw, Mixed Melons, Dessert.

August 10-13, 15-13

#### Senior Center Thrift Store

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Everyone is welcome to come to the center on Tuesdays from 9:30-11 a.m. for coffee and conversation, plus sweets. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

#### August 10

#### **American** Legion meetings

BREWSTER - Amercian Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

#### **Brewster** Chamber to meet

BREWSTER - The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, August 10, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

#### August 11. 18

#### Brewster bus trips

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Thursday of the month. That next trip is August 11. The bus starts picking folks up at their homes

at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, August 18, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

#### August 11

#### Bingo is back

BREWSTER - Bingo is back at the Brewster American Legion, every Thursday night at 6 p.m. (except for July 28). It is open to public. Come early to purchase game packets and markers.

#### August 12, 26

#### **Pateros Community Market**

PATEROS - The next Pateros Community Market (PCM) will be on Friday, August 12, 5:30-8:30 p.m., at the Riverview Pavilion on Lakeshore Drive. The last market of the season will be August 26.

#### August 13, 16

#### Farmers Markets

WIC and Senior Authorized Farmers Markets with payment options: Methow Valley Farmers Market (Twisp) 201 Hwy. 20 South, Parking Lot, Saturday, 9 a.m.-Noon, April-Oct. 29; Okanogan Valley Farmers Market (Okanogan), 999 2nd Avenue N., Legion Park, Tuesday and Saturday, 9 a.m.-1 p.m., now thru Oct. 29; and Okanogan Valley Farmers Market (Omak), Omak Eastside Park, across bridge from downtown, Tuesday, 3:30-6:30 p.m., now thru Oct. 25. If there is not a distribution site in your area, and you live within Adams, Chelan, Douglas, Grant, Lincoln and Okanogan counties, please contact Kathy Wright 509- 886-0700 ext. 235 / 800-572-4459.

#### August 15

#### Family and friends **Support Group**

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

#### **Red Cross Blood Drive: August 18** BREWSTER - An American Red

Cross Blood Drive will be held Thursday, August, 18 Noon-5 p.m., at the Seventh Day Adventist Church, 17 N.W. Hospital Way in Brewster. Blood donations are essential. To make an appointment visit RedCross-Blood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements. Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation

reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/ RapidPass or use the Blood Donor App.

#### August 22

#### **Okanogan County** PUD meetings

OKANOGAN - The next meeting of the Okanogan County PUD Board of Commissioners will be held Monday, August 22, at 3 p.m. For more information okanoganpud.org

#### August 22

#### **Douglas County PUD** meetings

EAST WENATCHEE - The next meeting of the Douglas County PUD Commission is August 22 at 1:30 p.m. in the East Wenatchee office.

#### August 28, Sept. 9

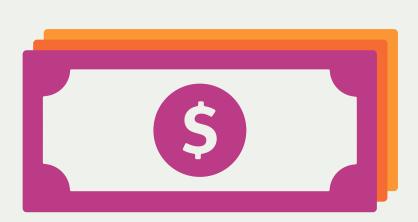
#### American Legion special events

BREWSTER - 4th annual Legion "Alta Lake Golf Tournament": Sunday, August 28, 11 a.m. Four-man best ball, \$80 per person. Includes cart, green fees, and lunch. Lots of prizes. Craft Bazaar: September 9 and 10, 9 a.m.-5 p.m.

#### September 12

#### **Okanogan County** Fair Advisory Committee

OKANOGAN - The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.



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\*APY = Annual percentage yield. Open with \$2,000 or more. Penalty for early withdrawal. Fees may reduce earnings. Rate accurate as of July 26, 2022. Insured by NCUA.



# Campfire restrictions now in effect on the National Forest

ROBIN DEMARIO, USFS

WENATCHEE - Campfire restrictions are now in effect on the Okanogan-Wenatchee National Forest. Campfires will be allowed only in designated developed campgrounds and congressionally designated Wilderness Areas (except in those wilderness areas where campfires are never allowed). In all other areas, including dispersed camping areas, building, maintaining, attending or using a fire, campfire, or stove fire, including a fire made from briquettes, will be prohibited. These restrictions are the result of increasing fire danger in the national

Most designated or developed campgrounds are exempt from this order, as are some other special sites such as group camps and summer homes under permit. Please visit or call the appropriate ranger station to obtain information on specific campground restrictions. Information is also available on the forest website at https://www.fs.usda. gov/detail/okawen/alertsnotices/?cid=fsbdev3\_053600.

Campfires will be allowed within most parts of the Glacier Peak, Chelan-Sawtooth, Alpine Lakes, Henry M. Jackson, Goat Rocks, Norse Peak, and William O. Douglas Wilderness Areas. However, some locations within those listed Wilderness Areas, especially the Alpine Lakes and Henry M. Jackson Wildernesses, have standing year-round campfire restrictions. Please contact the appropriate ranger station for specific fire regulations pertaining to Wilderness Areas.

#### If planning to have a campfire:

- · Make sure campfires are allowed in the area camping will occur. Check the forest website for information on where campfires are permitted now that restrictions are in effect.
- In developed campgrounds, use an existing fire ring. In wilderness areas where campfires are still allowed, construct a fire ring out of rocks or use a camp stove instead.
- Clear all vegetation within 3 feet from the fire ring and don't build a campfire underneath low hanging tree branches.
- Keep water and a shovel nearby.

#### When extinguishing a campfire:

- · Drown it with water.
- Stir the embers to ensure everything is wet.
- Repeat use of water and stirring until no heat is present.
- · Feel the coals and embers,

they should be cool to the touch. If it's too hot to touch, it's too hot to leave!

When done, take an extra minute and add more water. Go here for additional campfire safety tips.

Persons may continue to use pressurized or bottled liquid fuel stoves, lanterns, or heating devices, provided such devices are used in areas that are barren or cleared of all overhead and surrounding flammable material within 3 feet of the device and meet the fire underwriter's specifications for safety.

In addition to campfire restrictions, woodcutters need to be aware that Level II Industrial Fire Precaution Level is in effect for woodcutting zones 675, 684, and 609E. This means that woodcutting is allowed only between the hours of 8 p.m. and 1 p.m. in these zones. For more information, please see the Industrial Fire Precaution Levels map at https://fortress.wa.gov/dnr/ protection/ifpl/.

Contact these Okanogan-Wenatchee NF offices for more information--Methow Valley Ranger District 509-996-4000; Chelan Ranger Station, 509-682-4900; Entiat Ranger Station, 509-784-4700; Wenatchee River Ranger Station, 509-548-2550; Cle Elum Ranger Station 509-852-1100; and Naches Ranger Station, 509-653-1401.

# THE WASHINGTON OUTDOOR REPORT

## WallowaCounty Fun

By John Kruse, The Washington Outdoor Report

Bordering Washington and Idaho, Northeast Oregon's Wallowa County offers all sorts of outdoors fun. I visited there this week and had a fulfilling day and a half of outdoor recreation. I started off visiting with Brad Snook at the Sports Corral in Joseph to get a fishing report for Wallowa Lake, a beautiful body of water that sits in a glacial moraine.

Snook reported the trout fishing was going well. Rainbow trout are stocked on a regular basis and anglers were catching a good number of 12 to 13-inch trout along with the occasional 17 to 19-inch fish. Wallowa Lake is also a wellknown kokanee salmon fishery. In fact, the world record kokanee, a 9.67-pound landlocked salmon, was caught here in 2010. Not long after that the population of large kokanee crashed, replaced by a huge number of small fish. Over time though, the kokanee have been getting bigger and Snook reported that a seven-pound salmon had been caught earlier this vear. Snook cautioned August is generally a tough month to fish for kokanee but the fact that there are a few giants swimming in the water bodes well for another potential record fish in the future.

I also spoke with Rob Lamb at the Joseph Fly Shoppe. He confirmed Snook's reports about the trout fishing at Wallowa Lake and said dry fly anglers were having some magnificent days, catching and releasing up to 30 trout per outing, at the south end of the lake where the Wallowa River flows in.

After dinner in town, I drove some 30 miles to the Zumwalt Prairie Preserve. Managed by the Nature Conservancy, this 33,000 acre property is known for the native prairie grasses as well as wildlife that live here. In addition to deer and elk, there are also coyotes, badgers and other animals along with a wide variety of bird species. I enjoyed a serene hike amongst the prairie grass, not hearing any manmade sound at all, just crickets and a gentle breeze blowing

Address:

Payment information (pay by credit card or check):

□ Visa □ Mastercard □ Discover □ AMEX



Courtesy John Kruse

#### Deer at the Zumwalt Prairie Preserve.

come out until sunset but when they did, I got to see deer and a small group of elk to include a spike bull that was only a hundred yards away.

After a restful night's sleep, I went on a pleasant hike at the State Heritage Site just south of town. The trail meandered through a meadow and around a scenic pond with the Wallowa Mountains serving as a backdrop. After eating fresh fruit and a flank steak breakfast burrito at the Kokanee Inn it was off to the Wallowa

the three states of Oregon, Idaho, and Washington, enjoying views of Wallowa Lake below and the magnificent Wallowa Mountains and Eagle Cap Wilderness to the south and west. A well maintained 2.5-mile-long trail system with interpretive signage looping around the summit allows you to enjoy the views from different viewpoints. It's definitely a bucket list experience! You can find out more details about the tramway at www. wallowalaketramway.com.



Courtesy John Kruse

A gondola car on the Wallowa Lake Tramway.

Lake Tramway to meet with the general manager and coowner, Mike Lockhart. The two of us entered an enclosed gondola car and traveled close to two miles over 15 minutes, gaining 3,700 feet in elevation until we reached the top of 8,200-foot-tall Mount Howard. We took a seat at The Summit Grill, which Mike says is the highest elevation café in the Northwest next to the tramway. It's an open-air restaurant styled after European cafés in the Alps and the offerings off the menu are surprisingly affordable. The two of us chatted about the many upgrades made to the Tramway in recent years and how popular this tramway is, with some 30,000 visitors a year. The reason for the popularity, besides the unique way to get to the summit, becomes obvithrough the bunchgrass. As ous upon your arrival. On a westernoutdoors.com and www.

As for where to stay, I would highly recommend the Kokanee Inn. Located on Main Street in Joseph, the well-appointed inn has eight rooms and lots of sitting and dining areas both indoors and outside. The breakfasts are amazing, the beds are comfortable, and the amenities include the free use of a cruiser bike for guests to cycle around town or down to the lake. The owners have lots of knowledge about where to bicycle and hike and will help you find the perfect outing. In addition to this great bed & breakfast, there are a number of other lodging and camping options in the area to include the very popular Wallowa Lake State Park. Find out more details at www.wallowacountychamber.com and www.kokaneeinn.com.

John Kruse - www.north

OR CALL with your

Card # 509-293-6780

EMAIL: circulation@

lakechelanmirror.com

Paying by check?

# Local citizens sought for USFS Resource **Advisory Committee**

Submit your application prior to August 31

SUBMITTED BY ROBIN DEMARIO, USFS

WENATCHEE - The Okanogan-Wenatchee National Forest is looking for nominees to fill nine soon to occur vacancies on its 15-member Resource Advisory Committee (RAC).†

ìWe have been very fortunate to have worked with wonderful RAC members over the years, and we are now in a situation where some of their terms will be expiring leaving vacancies on the committee,î said Forest Supervisor Kristin Bail. ìWe hope to receive enough applications to fill these vacancies so the RAC can continue to help serve local communities through their work in selecting and recommending projects for funding.î

The RAC consists of members representing a wide array of interests. RAC members review proposed Secure Rural **Schools Self-Determination** Act Title II projects to benefit national forest lands in Chelan, Okanogan, Kittitas, and Yakima Counties, and make recommendations for priorities in funding those projects. Committee members are sought who are committed to working collaboratively with other interests for the long-term benefit of national forest system lands.†

The nine soon to occur vacancies are in positions representing:

- Developed Outdoor Recreation, Off-Highway Vehicle User Groups, or Commercial Recreation Activities
- · Federal Grazing Permit or other land use permit holders, or representative of non-industrial private forest landowners
- Nationally Recognized Environmental Organiza-
- County or Local-Elected Office holder · Area school officials or
- teachers Commercial Timber in-
- dustry • American Indian Tribes · Nationally Recognized

terest, Wildlife or Hunting Organizations, or Watershed Associations

Wild Horse and Burro In-

Regionally or locally recognized environmental organizations

Membership on a RAC calls for a commitment of time and energy. Generally, there are two to three meetings held each year at the forest headquarters office in Wenatchee. Committee members serve a four-year term without compensation, but may be reimbursed for travel and per diem expenses. In addition to a pre-meeting review of proposed projects, a project monitoring field trip may be scheduled during the summer or fall months in each county.

Members must reside within Washington State, and to the extent practicable within the RAC boundary. The geographic boundaries of the RACs are aligned with National Forest boundaries, and for the Okanogan-Wenatchee National Forest, they include lands within Okanogan, Chelan, Kittitas, and Yakima Counties.

To obtain an application packet or additional information, please contact RAC Coordinator Robin DeMario, phone 509-664-9292, robin.demario@ usda.gov, and Okanogan-Wenatchee National Forest, 215 Melody Lane, Wenatchee,

Completed application packets should be submitted prior to August 31. iOnce we have a pool of candidates, their names are sent to the Secretary of Agriculture to consider for appointment to the RAC,î Bail said.

RAC information and application forms may also be obtained from the forestis web site at https://go.usa. gov/xQuAv. Additional information about Secure Rural **Schools Self-Determination** Act is located on the Pacific Northwest Region Forest Service web site at https://go.usa. gov/xQuAn.

Nominees will be evaluated based on their education, training, and experience working with the interest area they represent, their knowledge of the geographic area covered by the RAC, their demonstrated commitment to collaborative resource decision-making and their contribution to the balance and diversity of the RAC. Letters of support from the interest to be represented are helpful but are not required.

ìWe encourage applicants to fill out the application forms with information that shows they have the background, interest, and knowledge to represent the group they are applying to fill,î Bail added.







Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# LASSIFIEDS

PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which systems makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-

nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

RECORD

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsible for corrections made there-after. NCW Media Inc. shall not be responsible for slight be responsible for slight changes or typographical errors that do not lessen the 
value of the advertisement. 
NCW Media Inc.'s liability for 
other errors or omissions in 
connection with an advertisement is strictly limited to the 
publication of the advertisement in any subsequent issue. ment in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



#### Administrative

#### **Puzzle Solution**

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## **Announcements**

## **Lost & Found**

**LOST & FOUND ITEMS** can be placed in our **Local Newspapers** and Online at NCWMARKET.COM for

ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286

or email classifieds@leavenworth echo.com

**Lake Chelan Mirror** 509-682-2213

**Quad City Herald** 509-689-2507 or email

mirrorads@lakechelan mirror.com

**Deadline Noon** on Friday for the next week's papers

#### **Happy Ads**

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY** CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

#### www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our

secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

#### Wanted

**Okanogan Valley Orchestra & Chorus** is seeking letters of

interest from potential directors for a Spring 2023 Musical. Email contact@ovocmusic.org with letters or for more

# **Employment**

info by August 15

**Help Wanted** 



**Family Practice Physician Full-time** 

Three Rivers Hospital is seeking a physician for our family practice clinic position 30-hours/ week. Candidates must have a valid MD or DO WA State license. Experience preferred. Salary. Health benefits, retirement, and PTO offered.

**Interested Candidates** may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

EOE

#### **Help Wanted**

**Bus Driver/ Operator** Full-time Organization: **Okanogan County Transit Authority** (TranGO)

TranGO is looking for one (1) transit driver; full-time (36+ hours per week) position is based in Twisp. This position is non-exempt. hourly Compensation is \$19.82-\$21.44 per hour, DOE Benefits include health dental, vision, life insurance, retirement sick leave, and vacation. Must have a minimum Class В CDL Passenger Endorsement.

Please visit www.okanogantransit.com for required

qualifications, application, and job description.

A complete application including a resume and cover letter must be submitted in order to be considered for position. E-mail your completed

application to financehr@

okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 302 S. 2nd Avenue, S., Suite A, Okanogan.

Application Deadline: Application review will begin August 10, 2022 review will continue until the position is filled. Okanogan County Transit

Authority is an Equal Opportunity Employer.



**Family Practice Physician Assistant** or Nurse Practitioner **Full-time** 

Three Rivers Hospital is seeking a physician assistant or nurse practitioner for our family practice clinic position 30-hours/ week.

Candidates must have a valid PA-C or NP WA State license. Experience preferred. Salary. Health benefits, retirement, and PTO offered.

**Interested Candidates** nav apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

**EOE** 



# qcherald.com

#### **Help Wanted**

**Bus Driver/ Operator Full-time** Organization: **Okanogan County Transit Authority** (TranGO)

TranGO is looking for transit drivers; full-time (36 plus hours per week) positions are based in Okanogan. These positions are hourly non-exempt. Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must Commercial have а Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for

a position. E-mail your completed application to financehr@okanogantransit.com

mail it to TranGO, PO Box 507, Okanogan, WA 98840, or drop it off at 303 S 2nd Avenue, S.,

Suite A, Okanogan. Application Deadline: Application review will begin August 18, 2022, review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

> Sign Language Interpreter

Applications may be obtained on the district website, www.brewsterbears.org or by contacting the district office at 509-689-3418. These positions are open until filled.

**Looking for a home** 

for your Furry friend?

Try the pet

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#### **Help Wanted**



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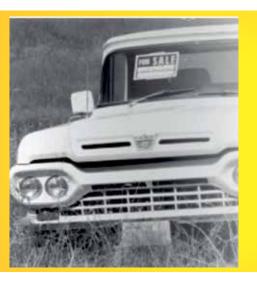
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## Legals

## **Public Notices**

#### NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL Meeting

NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing updating Chapter 10.04 Motor Vehicle Code for the City of Pateros. Said public hearing shall be held on Monday, August 15, at 6:00 pm. 113 Lakeshore Drive Pateros, Washington, at which time and place all interested persons may call and appear and be heard. Please call city hall at 923-2571 for further information. Published in the Quad City Herald August 3 and 10, 2022.#4423

## **Public Notices**

NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL Meeting

NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing updating Chapter 12.12 City Parks Code for the City of Pateros. Said public hearing shall be held on Monday, August 15, at 6:00 pm. 113 Lakeshore Drive Pateros, Washington, at which time and place all interested persons may call and appear and be heard. Please call city hall at 923-2571 for further information. Published in the Quad City Herald August 3 and 10, 2022 #4424

#### **Public Notices**

SUPERIOR COURT OF WASHINGTON FOR DOUGLAS COUNTY GARY R. MCMONAGLE and GAIL L. DEGRAVE, husband and wife.

Plaintiffs

SNELSON and WILLIAM F. CLARA M. SNELSON, husband and wife, the UNKNOWN HEIRS of WILLIAM F. SNELSON, the UNKNOWN HEIRS of CLARA M. SNELSON, DAVID T. DORSEY and HAZEL M. DORSEY, husband and wife. UNKNOWN HEIRS of DAVID T. DORSEY, the UNKNOWN HEIRS HAZEL M. DORSEY. CHARLES L. REASOR and HATTIE L. REASOR, husband and wife, the UNKNOWN HEIRS of CHARLES L. REASOR, the UNKNOWN HEIRS of HATTIE L. LAWRENCE REASOR. REASOR and VELMA REASOR, husband and wife, the **UNKNOWN HEIRS** LAWRENCE H. REASOR. the UNKNOWN HEIRS of VELMA R. REASOR, FRANK M. SCHRECK and MARY SCHRECK, Т. husband and wife. UNKNOWN HEIRS of FRANK M. SCHRECK, the UNKNOWN HEIRS of MARY T. SCHRECK, BRAYLAND ORCHARDS, INC., a corporation. Washington successors and assigns, and ALL **UNKNOWN** PERSONS CLAIMING AN INTEREST IN THE PROPERTY. Defendants.

#### No. 22-2-00173-09 **SUMMONS BY PUBLICATION**

The State of Washington to WILLIAM F. SNELSON and CLARA M. SNELSON, husband and wife, DAVID T. DORSEY and HAZEL M. DORSEY, husband and wife, CHARLES L. REASOR HATTIE REASOR husband and wife, LAWRENCE H. REASOR and VELMA R. REASOR, husband and wife, FRANK M. SCHRECK and MARY T. SCHRECK, husband and wife, BRAYLAND ORCHARDS, INC., a Washington corporation, successors and assigns, and ALL UNKNOWN **PERSONS** CLAIMING AN INTEREST IN THE PROPERTY, and their respective unknown successors and assigns:

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty (60) days after the 13th day of July, 2022, and defend the above action in the above entitled entitled Court, and answer the complaint of the Plaintiffs GARY MCMONAGLE and GAIL L. DEGRAVE, and serve a copy of your answer nogu the undersigned attorneys for the Plaintiff, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint. which has been filed with the clerk

Object of Action: Verified Complaint for Quiet Title of real estate described as follows:

A portion of the Southwest guarter of the Northeast quarter of Nineteen, Township Section Twenty-six North, Range Twenty-two E., W.M., described as follows:

Beginning at a point 10 rods West of the Northeast corner of said SW1/4NE1/4, thence running South 30 rods, thence running West 26-2/3 rods, thence running North 30 rods, thence running East 26-2/3 rods to the Point of Beginning, containing about 5 acres more or less.

Douglas County Assessor's Tax Parcel No. 262-219-100-02. This summons is issued pursuant to RCW 4.28.110 and 4.28.140. DATED this 29th day of June, 2022.

SPEIDEL BENTSEN LLP By: David J. Bentsen, WSBA No. 42107 7 North Wenatchee Avenue, Suite 600

P.O. Box 881 Wenatchee, WA 98807-0881 Telephone Number (509) 662-1211

Published in the Quad City Herald July 13, 20, 29, August 3, 10 and 17, 2022.

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# 5 tips on dealing with intolerance to dairy products

Q: My stomach gets upset after I eat meals, sometimes with cramping and diarrhea. When I stopped drinking milk and eating dairy products, I got better. I've drank milk all my life without any problems. What's going on?

Dairy products like milk, ice cream, yogurt, and cheese contain lactose or milk sugar. To digest lactose, we need the help of a particular enzyme called lactase. Without the help of lactase in your small intestine, milk sugar will create gas. This triggers abdominal pain, flatulence, and diarrhea.

When we are very young, our bodies make plenty of lactase. The ability to produce lactase starts decreasing after the age of 5. With less and less lactase enzyme available, at some point, you can lose the ability to digest lactose. This results in stomach distress and diarrhea whenever you eat dairy products.

Not everyone loses the ability to make lactase as they mature. In genetic populations with domesticated cows and other milkproducing animals, adults who regularly consume milk products generate enough lactase to digest the lactose they get in their diet.

Interestingly, it's estimated that only 7 to 20% of Caucasian adults are lactase deficient. In comparison, nearly 90% of adults in Native American and some Asian populations have lactase deficiency. Within other genetic groups, lactase deficiency is estimated to affect 65 to 75% of African American adults and 50% of adult Hispanics.



If you suspect you are lactose intolerant, what can you do?

Many people with a lactase deficiency can tolerate foods containing lactose as long as they avoid getting too much at a time. For best results, reduce the serving size of dairy products and space them out throughout the day.

Foods with the highest lactose concentrations include milk, ice cream, flavored commercial yogurts, and cottage cheese. A one-cup serving of cow milk contains between 9-14 grams of lactose. Goat milk has a similar amount of lactose, about 11-12 grams. A one-half cup serving of cottage cheese contains less than half of the lactose in a cup of milk. Other cheeses contain much less lactose, with barely 1 gram per serving.

Live-culture vogurt without additives is well tolerated by most lactose deficient people because it naturally contains lactase. In contrast, many commercial low-fat yogurts contain more lactose per serving than a glass of

Lactose is also used in the pharmaceutical and supplement industry as an inert powder to add volume to medicines and supplements. Many supplement capsules contain about 400 mg of lactose, the amount found in 2 teaspoonfuls of milk. Most lactose intolerant people can tolerate up to 12 grams of lactose if it's distributed throughout the day, so the amount of lactose within a capsule is unlikely to cause problems.

Commercial lactase enzyme supplements from bacteria or yeast can help you digest dairy products. One popular lactase supplement is Lact-Aid®. It is available as tablets to be taken at meals, drops you can add to milk, and milk with lactase. Most groceries offer lactase-supplemented milk as non-fat, skim, 2%, and whole milk. In addition to the extra lactase enzyme. Lact-Aid® milk has less than one-third of the lactose of standard milk.

Suppose you have decreased your lactose intake and are taking an enzyme replacement but don't notice an improvement in your intestinal distress. This suggests that your issue might not be lactose deficiency after all.

At least two studies have reported finding normal lactase levels in people experiencing severe intestinal upset after drinking milk. Instead of lactase deficiency, you could have trouble digesting other types of carbohydrates like fructose or sorbitol. Another possibility is developing a sensitivity to the protein found in milk. Switching to goat milk or

cheeses could help if you react to cow-sourced milk.

Here are 5 Tips on Dealing with Intolerance to **Dairy Products:** 

# 1. Choose dairy with less

Minimize your intake of cow or goat milk. Except for cottage cheese, most cheeses have far less lactose than milk or commercial yogurts.

#### 2. Spread your lactose intake over the day.

Avoid more than one serving of dairy at a time.

# 3. Try a lactase supple-

Lact-Aid® is available as drops or tablets. You can take supplemental lactase at any meal containing dairy products or add the drops directly to your milk.

#### 4. Drink lactase-supplemented milk.

Warning: don't confuse acidophilus milk with lactasesupplemented milk. Acidophilus milk has no added lactase and contains the same amount of lactose as standard milk.

# 5. Try a dairy substi-

Plant-based lactose-free milk-like product options include soy, almond, hazelnut, coconut, and other nuts.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey









THEME: BACK TO SCHOOL ACROSS 1. \*Beginning of a computer class? 6. Mandela's org. 9. Horned birds 13. Silly and insignificant 14. U.S. counterpart to British M15 15. Inuit skin boat 16. Long oar 17. Acronym, abbr.
18. Movie "\_\_\_\_ Day Care"
19. \*End of a pencil, sometimes 21. \*"Back to School" star 23. Asian restaurant frying pan ne \_\_\_\_ of gothic fiction fame \_ Beesly of "The Office" 24. Anne 25. 28. Cote d'Azur city 30. Opposite of comic 35. Major mountain chain in Russia 37. It launched Columbus, acr. 39. Walk through slush 40. Lindsey Vonn's prop 41. \*Geography class prop

43. Bear in the sky 44. Idealized imaged of someone 46. Reflect deeply 47. Stake driver 48. Dismiss (2 words) 50. Not want

52. Albanian money 53. \*Cafeteria ware 55. Rare find 57. \*Paper holder

71. Small island

72. I. to Claudius

60. \*Fictional high school in "Grease" 63. Pope's court 64. Barley brew 66. Run-of-the-mill 68. Boat contents 69. Little bit

70. Tale. in France 65. Fall behind 67. Type of Christmas lights

DOWN 1. Fleur-de-2. Sometimes it's enough 3. Wild ox of India 4. On spouse's side 5. Infamous Baby Face 6. A long way off 7. Network at 30 Rock 8. Wispy clouds 9. Yemen's neighbor \_\_ receiver 11. The Tramp's spaghetti-slurping companion 12. Limit, to some 15. Bovine milk dispensers 20. Increasing 24. Reverberate 26. Scent, usually pleasant 27. Malaysia native 29. "Keep \_\_\_\_ and Carry On"
31. \*One at high school reunion 32. Small Asian ungulate 33. September edition, e.g. 34. \*Dry-erase marker predecessor 36. Toy construction set 38. Having the know-how 42. Lament for the dead 49. Joker to Batman, e.g.

45. When one is not oneself (2 words) 51. \*Do this in Math class 54. \*Do this in Speech class 56. Subatomic particle 57. Sable and beaver, e.g. 58. \*Type of exam 59. Like SNL 60. \*Grader's suggestion 61. City in Sweden and a dollar short" 62. "A day \_\_\_\_ and a dollar s 63. Some special effects, acr.

22. Month X

25. \*Student

# House GOP to Unleash Wave of Investigations if Chamber Flips Red This Fall

#### **CATHY HE**

With Republicans expected to regain a majority in the U.S. House of Representatives following November's midterm elections, Republicans in the chamber are poised to launch a slew of investigations aimed at dialing up the pressure on the Biden administration over a range of issues—from border security to Hunter Biden to the origins of the pandemic.

Domestic concerns faced by every-day Americans—most notably a historic inflation rate—will be key priorities, according to Rep. Elise Stefanik (R-N.Y.), chair of the House Republican Conference.

House Republicans will take the administration to task on alleged "policy failures that have created an inflation crisis, energy crisis, border crisis, and crime crisis impacting every American family," Stefanik told The Epoch Times in an emailed statement.

Big Tech's censorship of conservative voices will also be scrutinized, she added.

On the foreign policy front, the Biden administration's botched withdrawal from Afghanistan, the Chinese Communist Party's (CCP) influence in the United States and abroad, and U.S. strategy toward Iran are set to come under focus.

Republicans are already laying the groundwork to take on "an aggressive oversight role" next year by issuing preservation notices and document requests so that a potential Republican majority "will be ready to hold the Biden administration accountable from day one," a House GOP leadership aide told The Epoch Times in an email.

# Oversight Committee

Many of the inquiries are expected to be spearheaded by the powerful House Committee on Oversight and Reform, the chamber's main investigative panel that has broad authority to scrutinize various facets of the administration.

The committee's ranking member, James Comer (R-Ky.), who is poised to take the chair should the Republicans flip the House, foreshadowed an ambitious agenda by a Republican-led panel.

"We will return the House Oversight and Reform Committee to its core mission of rooting out waste, fraud, abuse, and mismanagement in the federal The U.S. Capitol in Washington on March 11, 2022.

We will continue to conduct oversight of Hunter Biden and the Biden Family's pattern of peddling access to the highest levels of government to enrich themselves.

Rep. James Comer



government and holding the Executive Branch accountable," Comer told The Epoch Times in an emailed statement.

Another committee member, Rep. Michael Cloud (R-Texas), said of the Biden administration in an email to The Epoch Times: "Their days of corruption, fraud, and abuse will no longer be met with blind eyes."

#### **Hunter Biden**

Chief among priorities of a Republican-led House Oversight Committee is an investigation into Hunter Biden and his foreign business dealings.

For more than two years, the president's son has been at the center of growing controversy about his overseas business activities, including in Ukraine, Russia, and China, conducted while Biden was vice president in the Obama administration.

Hunter is currently the subject of a federal investigation being conducted out of Delaware and, according to a recent GNN report citing unnamed sources, it is "nearing a critical juncture."

Hunter has previously denied wrongdoing, and Joe Biden has maintained that he has never discussed Hunter's business activities with his son.

The president's son's extensive financial dealings with foreign individuals and businesses raise concerns about conflicts of interest, illegal lobbying, and whether his ties influenced U.S. foreign policy during the Obama administration, critics say.

Republicans have honed in on Hunter's work for Ukrainian gas firm Burisma at the time his father was the Obama administration's point man on Ukraine, and on Hunter's dealings with several Chinese companies and businessmen with links to the CCP.

"We will continue to conduct oversight of Hunter Biden and the Biden Family's pattern of peddling access to the highest levels of government to enrich themselves," Comer said.

"They have racked up over 150 suspicious activity reports for their

foreign business deals, which is a national security threat," the law-maker said, referring to a CBS report saying that U.S. banks had flagged more than 150 financial transactions involving Hunter or the president's brother James, for further review by the Treasury Department's Financial Crimes Enforcement Network. Some of the transactions involved large wire transfers, the report says.

"We need to know if President Biden benefited financially from these deals and if he is beholden to the interests of foreign adversaries," Comer said.

#### COVID-19 Origins

The ranking member highlighted that the committee would continue to investigate the origins of COVID-19, focusing on the possibility that the pandemic was the result of a leak from the Wuhan Institute of Virology (WIV) in China.

"Growing evidence shows COVID-19 likely originated from the Wuhan Lab and the Communist Party of China covered it up," Comer said.

An array of circumstantial evidence has prompted some officials and scientists to point to the WIV as the most likely source of the pandemic. These include the WIV's gain-of-function research on bat coronaviruses, reports that staff members became sick with symptoms consistent with both seasonal flu and COVID-19 in the fall of 2019, before the Chinese regime acknowledged the outbreak, and that a WIV public database of 22,000 samples and viral sequences was taken offline in September 2019 before the onset of the pandemic.

The Chinese regime's persistent refusal to allow outside access to the lab and its data has made it nearly impossible to fully investigate the lab leak theory.

Domestically, the potential role of the National Institutes of Health (NIH) in aiding WIV's activities has been viewed with particular alarm by Republicans, who are looking to intensify the inquiry. The NIH has previously funded WIV

via New York-based health nonprofit EcoHealth, including one grant for what experts have described as gain-of-function research on bat coronaviruses.

"We will seek to hold U.S. government officials accountable for any wrongdoing, and ensure Americans' tax dollars aren't being used on risky research at unsecure labs," Comer said.

#### Other Key Priorities

The ongoing struggle by the administration to control the flow of illegal immigrants at the U.S.–Mexico border is set to become another focal point for Republicans serving on the House Oversight Committee, and other panels.

"We will also continue our oversight of Biden's border crisis that has led to historic illegal immigration, a surge of deadly drugs pouring across the border, and mismanagement of taxpayer dollars," Comer said.

With a Republican-led House Energy and Commerce Committee, Biden's energy policies amid a deepening global squeeze on oil and gas are expected to come under close scrutiny.

"We will build on our robust oversight over how the administration is censoring conservative speech, shutting down American energy and increasing gas prices, abusing its public health emergency powers, [and] colluding with political allies like teacher's unions," a spokesperson for Energy and Commerce Republicans told The Epoch Times in an email.

Meanwhile, a Republican-led House Financial Services Committee would focus on probing regulatory agencies' alleged efforts to impose a "far-left agenda" on the U.S. financial system, as well as the Biden administration's implementation of the \$1.9 trillion CO-VID-19 stimulus package known as the American Rescue Plan, Laura Peavey, communications director for the House Financial Services GOP, wrote in an email to The Epoch Times.

The White House didn't respond to a request for comment.

# Florida Sets Program to Help State Fight Mounting Fentanyl Overdoses

## JANNIS FALKENSTERN

PUNTA GORDA, Fla.—Florida officials have announced an effort to focus on addressing the state's rising death toll associated with fentanyl overdoses.

Gov. Ron DeSantis said the synthetic opioid "ruins lives" and has infiltrated "other substances" that have led to a number of deaths, as he announced the statewide initiative at an Aug. 3 news conference in Brevard County.

"Fentanyl overdoses make up 70 percent of all overdoses in Florida," the governor said.

The addiction program—Coordinated Opioid Recovery (CORE) Network—is based on a model from Palm Beach County that has been successful in curbing addiction, will be expanded to 12 additional coun-

ties. It uses a three-prong approach to recovery that "focuses on longterm treatment," the governor said.

The program will begin in Brevard, Clay, Duval, Escambia, Gulf, Manatee, Marion, Pasco, and Volusia counties, and will be expanded to Citrus, Pinellas, and Flagler counties.

DeSantis named Dr. Courtney Phillips, the director of behavioral health for the Health Care District of Palm Beach County, the statewide director of opioid recovery. Phillips said recognizing that substance addiction is "an illness" and understanding the effect on the brain is important in treating the disease.

She said her goal is to provide people who suffer from substance addiction with 24/7 access to assistance, readily available evidence-based treatment, medical and psychiatric care, and social support.

"No other chronic condition has been treated without access to emergency services the way addiction has been for many years in the past," she said. "In Florida, that stops today, thanks to this initiative."

During the press event, DeSantis said fentanyl overdose deaths have increased by 800 percent since 2015; in 2022, there have been almost 2,000 fentanyl overdoses across the state.

The governor, who has butted heads over policy with the Biden administration, blamed Florida's growing fentanyl problem on an open southern border.

"They are letting it come in with these disastrous policies," De-Santis said. "Now, in the United States, the leading cause of death for Americans [between] 18 to 25 is fentanyl overdose."



A Drug Enforcement Administration chemist checks confiscated powder containing fentanyl at the DEA Northeast Regional Laboratory in New York on Oct. 8, 2019.

Deputy Secretary for Health Dr. Kenneth Scheppke said first responders have been instructed to take overdose victims to specialty hospitals that are trained in addiction medicine and eventually move them into "long-term care facilities" that will

help them "break the overdose cycle."
He said, "Substance use disorder is a chronic, life-threatening, and relapsing disease that needs to be treated like all other chronic diseases with medical and subspecialty expertise."

THE EPOCH TIMES

"THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." —Jonne Rosenau

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