



West Cashmere Bridge Replacement Project



PHOTO BY BILL FORHAN

Construction on the Goodwin Road bridge is on hold until the concrete structure over the railroad tracks has been removed.

SUBMITTED BY JILL M. FITZSIMMONS

CASHMERE -- During the first week of August, the county's contractor on this project, SB Structures, is expected to begin demolishing the last concrete portion of the old bridge structure. Permitting for the demolition of that piece, which is over the BNSF right-of-way, or near the railroad tracks, has taken longer than anticipated. Original scheduling on the project estimated all demolition would have been completed by late April.

The girders for the new bridge cannot be set until the last piece of the bridge is removed. The contractor expects the girders – there are 18 in all – to begin being set in early September and to take about six days to complete.

While waiting for the permit to demolish that last piece, the contractor has gotten a jump start on the road work portion of the project, which typically comes more toward the latter part of such a large road project. The contractor has been building up the Goodwin Road side

of the project, which is necessary for the new structure. Recently, the crew also did some advanced work on the roundabout on the Hay Canyon side of the project.

With the delay in the demolition work, the new bridge, which was originally estimated to open in November, is now anticipated to be open in the spring 2022. The project remains on budget.

Jill FitzSimmons, Chelan County public information officer
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Plastic Bag Ban Comes to Washington this October

By ERIN MULLINS
Reporter

On October 1, a single use plastic bag ban will begin in Washington, according to the Washington State Department of Ecology. The ban was scheduled to begin in January of this year, but an emergency proclamation delayed the ban due to supply issues with compliant bags. The law applies to retail, grocery, and convenience stores, restaurants, temporary stores and any event where goods are sold.

Governor Jay Inslee rescinded the emergency proclamation on July 13. The alternatives to single use bags will be reusable bags, paper bags that are made with at least 40% recycled content, plastic carryout bags made of at least 20% recycled content that are at least 2.25 mm thick, and compostable bags.

Exemptions to the plastic bag ban include packaging used inside stores for bulk items, produce, frozen food,

meat, fish, flowers, potted plants, prepared foods, bakery foods and prescription drugs, according to Ecology. Additionally, bags sold in packages with multiple bags, like food storage, garbage, or pet waste are exempt from the ban.

Additionally, there will be an 8 cent fee charged per bag which will be kept entirely by the merchant to provide an incentive for consumers to bring their own bag and help

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PHOTO SUBMITTED BY DEPARTMENT OF ECOLOGY.

Sheriff Burnett's Thoughts on Policing

By ERIN MULLINS
Reporter

On July 19, Chelan County Sheriff's Department released a statement regarding safeguarding Washington's constitutional rights. Thirty-seven Sheriffs from counties across Washington signed the statement. There are 39 elected Sheriffs in Washington, said Brian Burnett, Chelan County Sheriff and Vice President of the Washington State Sheriffs' Association.

Burnett said that Kitsap County Sheriff, Gary Simpson retired on June 30 but was in support of the bill. By the time everything was finalized, it was well into July and a new sheriff had not been appointed so that county could not sign the official statement.

Only one sheriff was opposed, Burnett said. Burnett said that he saw an article in the Epoch Times where the Utah State Sheriffs' Association signed a similar statement. He drafted a similar statement and sent it for approval to the board. The board thought that it would be good to send out a statement to the members to see if they are in support of it.

Burnett said that the statement is to reassure the citizens that all law enforcement officers swear an oath to support both the U.S. and state constitutions. Recent legislation regarding policing factored into the decision to create the statement, but it was not the only reason.

The decision to release the statement was also based on interactions of people contacting the Sheriff's department, Burnett said. People contacted the Sheriff's Office, talked to Burnett on the street, emailed and sent messages over social media expressing concerns.

The Second Amendment is one of the biggest issues that people are concerned about, Burnett said. The coronavirus pandemic also raised a lot of questions when it came to rights to assemble and mask mandates, he said.

The Washington State Legislature has passed several bills changing the way that police departments can operate. HB 1054 establishes requirements for equipment used by peace officers. HB 1054 states, "a peace officer may not use a chokehold or neck restraint on another person" and establishes requirements for tactics and equipment used by law enforcement officers.

HB 1267 concerns investigation of potential criminal conduct arising from police use of force. HB 1310 concerns permissible uses of force by law enforcement and correctional officers.

SB 5066 concerns a peace officer's duty to intervene. SB 5051 concerns state oversight and accountability of peace officers and corrections officers. All of these laws took effect July 25th. Burnett said that the legislators have gone to extreme measures and that there are a lot of unanswered questions on the bills. He said that some of the wording on the bills is unclear regarding what equipment you can or can't use. The Sheriff's Department will be asking for direction from the Attorney General's office to clarify that.

The new legislation states that you cannot have any use of force unless there is probable cause for arrest, Burnett said. This could interfere with conducting community welfare checks when responding to someone who wants to harm themselves, he said.

Typically, police respond with emergency medical services to people who want to harm themselves, he said. Burnett said that the new legislation puts officers at risk of being decertified by the Criminal Justice Training Commission when responding to an incident like that.

However, Burnett said, an officer could be decertified but at the same



SUBMITTED PHOTO.

Brian Burnett, Chelan County Sheriff and Vice President of the Washington State Sheriffs' Association.

time not able to be terminated because of collective agreements and binding arbitration. In that case, the law enforcement officer is no longer certified and would have to be reassigned. The former officer would still be paid in their new role.

Burnett is also worried that officers will be charged with a crime because of how they respond to a situation. He doesn't want to put officers at risk for policy violations.

"I don't think that's the solution. I think they should have looked at different ways for de-escalation training," Burnett said.

Burnett is worried about how the new laws could affect officer safety and make it harder to detain someone. In Chelan County, you could be 20 to 30 minutes away from a backup officer, Burnett said.

If there is an officer safety situation at night, he thinks that officers should be able to detain someone, put them in handcuffs and pat them down for weapons. But based on the wording of HB 1310, he thinks that the police force won't be able to do that.

Burnett said the police department will implement the new laws, but he thinks that the laws should have been drawn out and implemented more slowly like at the beginning of 2022. He said that there are still a lot of unanswered questions. He said that the police department is scrambling this week trying to have meetings with supervisors, agency heads and prosecutors to decide what to do.

Burnett acknowledges that police brutality exists but does not think that the new laws are the correct response to it.

"If you look across the nation and then you look at videos you're gonna find that there are many examples of people that are not policing with integrity and treating people fairly," he said.

Burnett thinks that the new legislation will make society more dangerous and make police less likely to be able to enforce laws on people who are potentially dangerous persons to society. He thinks that the new legislation went overboard.

De-escalation training has been presented to the police department in the past. Great de-escalation training was provided by Initiative 940 and the patrol tactics instruction, Burnett said. Additionally, a grant was awarded to Catholic Charities to help with mental health management in the county.

A proposal to hire a full-time behavioral health unit manager for the county was recently presented to the commissioner's office. That manager would work full time within the jail and the sheriff's office to manage behavior proactively. Those are some of the ways that the county is working to address behavioral issues.

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

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Cartel Posts Death Threat to US Law Enforcement Near El Paso

Skirmishes between cartels have ramped up along the border in recent months as they fight for lucrative smuggling corridors

CHARLOTTE CUTHBERTSON

A cartel in Mexico has issued a death threat to U.S. law enforcement personnel via a banner attached to an overpass in Mexico, across the border from El Paso, Texas.

The banner, written in Spanish, translates to: “Warning: This is for the local, state, ministries, and national guard and for the American [expletive] from immigration.

“Stop [expletive] with the smugglers or we will kill you. The bullets cross the river and the wall, so stop [expletive] around.”

The banner is signed: “Yours, the very best of all Juarez.”

Juarez is the Mexican city located across the border from El Paso.

A photo of the banner was sent by a source in Mexico to former Immigration and Customs Enforcement (ICE) special agent Victor Avila on July 15, who posted it to Twitter.

Avila worked in ICE Homeland Security Investigations, the agency’s investigative branch. In 2011, he survived a violent ambush by a Mexican drug cartel while on assignment in Mexico. He suffered multiple gunshot wounds, while his partner, special agent Jaime Zapata, was killed.



A Border Patrol agent's vest in Eagle Pass, Texas, on July 15, 2021.

Avila said the language and the way the message is written and displayed all indicate that it’s a message from a cartel. But he’s never seen such a message directed to U.S. law enforcement, since cartels, in general, have left U.S. law enforcement officers alone in the past decade.

“All that is out the window. They don’t care. They’re not afraid of us. They’re not afraid



Former Immigration and Customs Enforcement special agent Victor Avila.

of anyone. These guys are ruthless,” Avila told The Epoch Times on July 16.

The agency is aware of the threat, and an investigation is underway, according to Landon Hutchens, CBP spokesperson from its El Paso office.

“As with any threat made against CBP personnel, it will be handled accordingly and not taken lightly,” Hutchens told The Epoch Times via email.

CHARLOTTE CUTHBERTSON/THE EPOCH TIMES



A banner with a warning message hangs in Juarez, Mexico.

threat may be related to the extra law enforcement presence at the border, in particular, of Texas State Police, who are working with local sheriffs’ offices to stop vehicles involved in smuggling. State troopers have been involved in 455 vehicle pursuits from March through July 8, according to the Texas Department of Public Safety.

Avila said the cartels “don’t like being messed with” as they’ve had “such an open border under this administration. They’ve been doing whatever they want for six months.”

He said the Juarez cartel operates across from El Paso, but it’s currently in shambles and other cartels are moving in. Avila said the Sinaloa cartel has started moving into the area, as well as Cartel Jalisco New Generation (CJNG).

“So because of the instability of that region, the other cartels have taken advantage to move in,” he said.

CJNG is Mexico’s fastest-rising cartel, and it has a presence in at least 20 Mexican states, as well as Mexico City, with its base of operations in Jalisco and Colima. Homeland Security Investigations has said the cartel’s opera-

tions extend into the United States, with notable activity in Washington state.

Skirmishes between cartels have ramped up along the southern border in recent months.

On June 19, gunmen in vehicles opened fire in the Mexican border city of Reynosa, killing 14 people, including taxi drivers, workers, and a nursing student. Mexican government security forces responded with operations that left four suspects dead.

Reynosa sits across the border from McAllen, Texas, the busiest illegal crossing area along the almost 2,000-mile U.S.-Mexico border.

Cartels often will record videos on a victim’s cellphone or publish the killing online, which serves as a warning to others.

“They’re dismembering people that are alive, cutting their heart out of their chest and holding it in their hand as it still beats, putting heads on top of the cars, playing soccer with human heads,” Avila said.

“These guys are beyond ... I don’t remember seeing a video like that from ISIS, or the Taliban, or al Qaeda. These guys are evil.”

Mississippi Asks Supreme Court to Overturn Roe v. Wade in Abortion Case

JACK PHILLIPS

Mississippi’s attorney general asked the U.S. Supreme Court on July 22 to overturn the landmark abortion decision Roe v. Wade and argued that the practice shouldn’t be considered a constitutional right.

“The conclusion that abortion is a constitutional right has no basis in text, structure, history, or tradition,” Attorney General Lynn Fitch, a Republican, told the nine justices in a new court filing.

The high court in May agreed to hear Mississippi’s appeal of a 2019 court ruling striking down a state law that prohibited abortions after the 15th week of pregnancy. That case—Dobbs v. Jackson—is expected to be argued when the Supreme Court’s term starts in October.

In the brief, the Mississippi attorney general noted that the Constitution’s text doesn’t mention abortion and said adhering to the 1973 decision is “dangerously corrosive to our constitutional system.” The Supreme Court at the time ruled that abortion could be legalized prior to viability, which is generally the 24th week of pregnancy.

The initial brief filed by the state, filed in June 2020, argued that the state’s Gestational Age Act complied with existing legal precedent and suggested Roe v. Wade should be overturned if the Supreme Court could come up with no other way to uphold Mississippi’s law.

The July 22 court brief, however, appears to recast that argument and now targets Roe v.

The conclusion that abortion is a constitutional right has no basis in text, structure, history, or tradition.

Lynn Fitch, attorney general, Mississippi

Wade itself and a 1992 follow-up Supreme Court decision—Planned Parenthood v. Casey. “Abortion is fundamentally different from any right this Court has ever endorsed,” Fitch wrote. “No other right involves, as abortion does, ‘the purposeful termination of a potential life.’”

“Roe broke from prior cases, Casey failed to rehabilitate it, and both recognize a right that has no basis in the Constitution.

“Heightened scrutiny of abortion laws can never serve those aims,” the attorney general said, “because the Constitution does not protect a right to abortion, it provides no guidance to courts on how to account for the interests in this context.”

Regarding policy reasons for abortion, Mississippi argued that times have changed since 1973 and 1992, respectively. The attorney general noted that in recent years, scientific advances have shown that an unborn child has taken on the human form before viability, and alternatives including adoption and contraceptives are more readily available than ever.

“The march of progress has left Roe and Casey behind,” the brief states. “Those cases maintained that an unwanted pregnancy could doom women to ‘a distressful life and future,’ that abortion is a needed complement to contraception, and that viability marked a sensible point for when state interests in unborn life become compelling.”

Conservatives for decades have fought against Roe v. Wade, which recognized that a constitutional right to personal privacy protects a woman’s ability to get an abortion. The court in its 1992 decision reaffirmed the ruling and prohibited laws that place an “undue burden” on a woman’s ability to obtain an abortion.

Abortion opponents are hopeful the Supreme Court will narrow or overturn Roe v. Wade. The court now includes the addition of President Donald Trump’s third appointee, Justice Amy Coney Barrett. She replaced Justice Ruth Bader Ginsburg, a longstanding proponent of abortion, in September 2020.

An opposing brief from the Jackson Women’s Health Organization, Mississippi’s only abortion clinic, is due by Sept. 13. The clinic previously argued that 50 years of precedent and court rulings have established Roe v. Wade’s viability.

“Before viability, the State’s interests, whatever they may be, cannot override a pregnant person’s interests in their liberty and autonomy over their own body,” the clinic wrote in 2020.

White House Investing \$3 Billion to Get Americans Back to Work

Initiative expected to help nearly 2 million women who dropped out of the labor force due to the pandemic

EMEL AKAN

WASHINGTON—The Biden administration announced on July 22 an economic development plan that would invest \$3 billion to support jobs and economic recovery in distressed and underserved communities affected by the pandemic.

The initiative would bring “transformative growth” to communities throughout the country by investing in infrastructure, innovation, and workforce training, according to Secretary of Commerce Gina Raimondo, who announced the details of the investment plan.

“This initiative has the potential to create, we believe, 300,000 jobs in the near term,” she said during a press briefing at the White House.

As part of the plan, \$1 billion will be invested in innovation and projects that develop new industries or expand existing ones in underserved communities.

The initiative also allocates \$500 million toward workforce training and apprenticeship programs mainly for “women, people of color, and underserved communities,” Raimondo said. “We have designed this so that funds can also be used for support services like childcare and transportation while folks are getting trained. So, we make sure they get to the finish line of the training and get a job.”

The initiative is expected to help nearly 2 million women



Commerce Secretary Gina Raimondo speaks during the daily press briefing at the White House on July 22, 2021.

who dropped out of the labor force due to the pandemic.

The investment is funded by the American Rescue Plan Act, signed into law in March by President Joe Biden, and it will go through the Department of Commerce’s Economic Development Administration (EDA).

The grants will be provided to states, cities, counties, nonprofits, and universities. Companies, including small businesses, won’t be eligible to receive the money.

Starting on July 22, every community in the country can begin applying for the funding on the EDA’s website, Raimondo said, noting that it would be a competitive grant process.

As part of the plan, \$750 million will be allocated toward the recovery of the travel and tourism sector. A large portion of the fund will be distributed to all states in the next few weeks to address the immediate needs of communities that rely on the tourism sector.

Raimondo said the EDA’s investments over the past 10 years

have helped Albany, New York, turn into a global semiconductor and bioscience hub. She said this new initiative is designed to bring a similar type of transformative growth to other communities.

When asked about the semiconductor chip shortage in the country, Raimondo said the administration is “engaging almost daily with industry.”

The Senate already approved a sweeping China bill in June, called the U.S. Innovation and Competition Act (USICA), that would put \$52 billion toward bolstering domestic chip production.

The bill passed the House Foreign Affairs Committee last week on a party-line vote of 26–20. It’s currently unclear if it will get a vote by the full House, according to a congressional aide familiar with the bill.

“We are working as hard as we can to get the House to pass” the legislation, Raimondo said. “We need to incentivize the manufacturing of chips in America.”

“I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED.” —Philip Lewis

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TRUTH and TRADITION

9 Charged with Working as Illegal Agents for China in Harassment Campaign Targeting US Residents

EVA FU

Nine individuals have been indicted on charges relating to acting as “illegal agents” for the Chinese regime in a scheme to intimidate a former regime official living in the United States to return to China.

The charges on July 22 superseded a previous criminal complaint in October 2020 to include a ninth defendant, Chinese prosecutor Tu Lan, who had traveled to the United States to direct a harassment campaign and ordered a co-conspirator to wipe evidence.

The Chinese campaign was part of a concerted state-directed effort known as Operation Fox Hunt, which began in 2014 and aims to repatriate Chinese fugitives, including dissidents living in the United States.

The victim, whom the Justice Department referred to only as “John Doe No. 1,” previously served as a Chinese municipal government official before coming to the United States. He, his wife, and his daughter have lived in New Jersey since 2010.

Around 2012 and 2014, the Chinese regime prompted Interpol, an inter-governmental law enforcement organization, to put both the former official and his wife on a wanted list, known as the “Red Notice.”

The former official was accused of embezzlement and abuse of power, a charge that could lead to a death penalty in China. The charge for his wife was taking bribes, which could incur a maximum punishment of life imprisonment.

From 2016 to 2019, the nine conspirators stalked the for-

That a prosecutor and police officer not only directed and participated in a criminal scheme on U.S. soil, but then attempted to cover it up, is an affront to justice of the highest order.

Mark Lesko, acting attorney general for national security, Justice Department

mer official and his family in New Jersey, including his adult daughter. As part of the operation, the conspirators hired a private detective, defendant Michael McMahon.

The information McMahon obtained about the former official included banking information, license number, and address; and for the wife, he obtained her date of birth, social security number, and international travel records, according to the indictment.

The nine conspirators are also alleged to have plotted to bring the former official's elderly father in China to the United States to convey a threat: that his family in China could suffer serious harm, including imprisonment, unless he returned to China.

To cover up the scheme, Zhu Feng (Johnny Zhu), a U.S. permanent resident and a police officer with the Wuhan Public Security Bureau, prepared false statements for the father, instructing him to tell U.S. border officials that a “tour guide arranged by family members would pick him up” and that he was making

the visit at his own expense, when it was all arranged by the defendants.

“The main purpose is to let him persuade [the individual] to surrender,” Tu wrote to Zhu in April 2017.

McMahon that same month allegedly proposed that they “harass” the victim by “[parking] outside his home and let him know we are there,” a suggestion Zhu dismissed.

After failing to achieve their goals, Zhu boarded the flight back to China with the father. Before they left, U.S. border and law enforcement officials questioned Zhu about the night vision goggles he carried. Alarmed, Zhu told his partner in the United States to “delete all of our chat record ... The sooner the better.”

Following what was an unsuccessful trip, the defendants allegedly began stalking the former official's daughter. Between April and July 2018, Zhu was reported to have sent unsolicited and derogatory messages about the family to her and her spouse's Facebook friends.

Two months later, defendant Zheng Congying, a 25-year-old Chinese citizen and U.S. permanent resident, allegedly pounded on the front door of the family's New Jersey home, trying initially to force open the door before entering an outdoor deck from the backyard to peer into the home's windows.

Zheng is accused of then taping a handwritten note in simplified Chinese to the front door. “If you are will-



The Justice Department in Washington on June 14, 2021.



The Justice Department.

ing to go back to the mainland and spend 10 years in prison, your wife and children will be all right. That's the end of this matter!” the message read.

The former official's sister was imprisoned in China from July 2016 to December 2018 to coerce the man to return. One of his relatives in America, in February 2019, received unsolicited packages purportedly from the sister, containing video files that urged him to “come home” to his parents.

“When parents are alive, you can still call someplace a home; when parents are gone, you can only prepare for your own tomb,” read part of the written text in Chinese in one video, which showcased photos of his parents that, according to the

prosecutors, appear staged.

“None of the defendants sought or received approval from U.S. government officials to travel to the United States for the purpose of seeking to repatriate [the victim],” the court document stated.

The nine have been charged with interstate and international stalking; each comes with a jail term of up to five years. Two of the defendants, Chinese prosecutor Tu and police officer Zhu, face additional charges of obstruction of justice and conspiracy to obstruct justice; each carries a maximum of a 20-year prison sentence. Acting as an illegal agent could result in a 10-year sentence, while conspiring to do so is five years.

Three defendants: McMahon, a U.S. citizen; Zhu Yong (no relation to Zhu Feng) and Zheng, both permanent U.S. residents, are under custody and due to appear in court at

an unspecified date.

The indictment didn't mention Jin Hongru, a naturalized U.S. citizen arrested in the superseded 2020 indictment, nor did it make public the name of the ninth defendant. Tu, Zhai, and Zhu Feng remain at large.

“That a prosecutor and police officer not only directed and participated in a criminal scheme on U.S. soil, but then attempted to cover it up, is an affront to justice of the highest order,” said Mark Lesko, acting attorney general for National Security at the Justice Department in a July 22 press release.

Peter C. Fitzhugh, special agent-in-charge at Homeland Security Investigations, said that the agency will “outfox attempts to circumvent our laws” and target U.S. residents.

“The defendants will now face the true justice they denied their victims,” he said.

Department of Justice Opts Against Probing Michigan, Pennsylvania Nursing Home COVID-19 Policies

ZACHARY STIEBER

The Department of Justice has chosen not to investigate how the governors of Michigan and Pennsylvania ordered nursing homes to accept residents who had tested positive for COVID-19.

Steven Rosenbaum, a top Department of Justice (DOJ) official, wrote letters on July 22 to the offices of Michigan Gov. Gretchen Whitmer and Pennsylvania Gov. Tom Wolf, both Democrats, to inform them of the decision.

“We have reviewed the information you provided along with additional information available to the Department. Based on that review, we have decided not to open a CRIPA investigation of any public nursing facility within Michigan at this time,” Rosenbaum informed Whitmer in the letter, which was obtained by The Epoch Times. CRIPA refers to the Civil Rights of Institutionalized Persons Act.

“If we were to open a CRIPA investigation at a later date, we would follow the procedures required by CRIPA, which includes written notice to the jurisdiction.”

A similar missive was sent to Wolf's office, the Associated Press reported.

The DOJ in August 2020 requested data from the governors of Michigan, Pennsylvania, New York, and New Jersey regarding how the governors ordered nursing homes to accept COVID-positive residents despite concerns from a variety of groups and officials about the policies potentially leading to more deaths.

“Protecting the rights of some of society's most vulnerable members, including elderly nursing home residents, is one of our country's most important obligations,” Assistant Attorney General for Civil Rights Division Eric Dreiband said at the time. “We must ensure they are adequately cared for with dignity and respect and not unnecessarily put at risk.”

The governors of New Jersey and New York have apparently not received letters like the ones sent to Whitmer and Wolf. Spokespersons for New Jersey Gov. Phil Murphy referred comment to the Department of Justice, which did not respond to an inquiry. The office of New York Gov. Andrew Cuomo didn't respond to a request for comment. Both Murphy and Cuomo are Democrats.

Large percentages of people who died from COVID-19 in the four states resided in nurs-



Michigan Gov. Gretchen Whitmer at Ford Field in Detroit, on April 6, 2021.

ing homes and other long-term care facilities, including about 3 out of 10 in Michigan—which may be an undercount.

Michigan's attorney general, also a Democrat, previously rejected calls for a probe into the Whitmer administration's policy, though the accuracy of the death count is being investigated by Michigan Auditor General Doug Ringer.

Bobby Leddy, a spokesman for Whitmer, said in a statement to outlets that “at no point were nursing homes ever forced to take COVID-positive patients.”

“Instead, we made the smart decision to require that

We will not tolerate those who mistreat our seniors.

Josh Shapiro, attorney general, Pennsylvania

residents who contracted this deadly disease be kept as far away from others as possible to prevent more people from getting sick,” he said.

Wolf's office didn't pick up the phone or return a voice-mail.

Michigan Rep. Steve Johnson, a Republican, told Bridge Michigan that he wasn't sur-



Emergency medical workers unload a patient outside a nursing home in Brooklyn on April 18, 2020.

prised President Joe Biden's administration decided not to investigate fellow Democrats.

“The good thing is that the general auditor and the Republican House are there to make sure that the people of Michigan have a proper accounting of nursing home deaths,” Johnson said.

A probe in New York by Attorney General Letitia James, a Democrat, found a severe undercount in the number of nursing home resident deaths from COVID-19, which helped stoke calls for Cuomo to resign along with multiple sexual misconduct allegations. Cuomo has refused to step down.

James said it wasn't clear whether the state's policy forcing nursing homes to take back COVID-positive residents led to an increase in deaths.

The Pennsylvania House Government Oversight Com-

mittee is probing how the Wolf administration handled nursing homes during the pandemic.

No investigations of state officials appear to have taken place in New Jersey.

Officials in Pennsylvania and New Jersey announced last year that they would start investigating nursing homes themselves amid the climbing death toll in the facilities.

Pennsylvania Attorney General Josh Shapiro said then that people could be charged.

“We will hold nursing facilities and caretakers criminally accountable if they fail to properly provide care to our loved ones,” the Democrat said. “While we salute and appreciate nursing home staff on the front lines during this pandemic, we will not tolerate those who mistreat our seniors and break the law.”

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“THE EPOCH TIMES IS A BEACON OF LIGHT IN THE ‘NEWS’ DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY.” —Jonne Rosenau

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The Contract
Unveiling the healing power of forgiveness
A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."
In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.
Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.
His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.
The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@gmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.

DNR Closes Eastern Washington Lands to Recreation Due to Extreme Fire Danger

All DNR-managed lands east of the Cascades will be temporarily closed to the public starting Friday

WENATCHEE - Today, while visiting the Red Apple Fire, Commissioner Franz announced that, due to extreme fire danger and ongoing drought, the Washington State Department of Natural Resources is temporarily closing all recreational and public access to DNR-managed lands in eastern Washington beginning 12:01 a.m. on Friday, July 23.

This temporary closure will apply to DNR-managed state lands, conservation areas, community forests and any associated roads, trails, campgrounds, recreational sites or recreational facilities.

The Red Apple Fire alone has burned over 12,000 acres. Across our state, over 900 fires have burned more than 140,000 acres.

"This summer is smashing all our records and leaving the state bone dry, leaving eastern Washington to face an ongoing, tremendous risk of wildfire," said Commissioner of Public Lands Hilary Franz, the elected official who oversees DNR. "Over the past year and a half, we have been reminded just

how important our public lands are, so closing them is not a decision we take lightly. But with the drought leaving the region as dry as ever we must do all that we can to prevent human-caused fires.

"Our firefighters are already stretched thin fighting major fires across our state. We must take reasonable steps - and make sacrifices - in order to protect them and our communities."

DNR decided to close recreational and public access to its managed lands in eastern Washington based on a number of factors, including current extreme hot and dry conditions, a forecast that shows no meaningful precipitation in the near future, current fuel loads, and a concern for public safety.

After a late-June heat wave that shattered many all-time temperature records across Washington, the vast majority of the state is currently in a drought emergency. Additionally, the number of fire ignitions in the state is approximately double the 10-year average, with months of fire season still to go. In all areas of eastern Washington, fire danger is at very high or extreme levels.

DNR staff will continually monitor conditions, and a reopening date for recreation

access will be determined once these factors improve.

The decision to close recreation and all public access on DNR-managed lands east of the Cascades is in addition to the burn ban that Commissioner Franz enacted earlier this month on the 13 million acres of forestlands under DNR fire protection. The burn ban will remain in effect through at least September 30. Campfires also remain banned on DNR-managed lands statewide due to ongoing fire danger.

"Restricting recreational access is something we only do in the most serious of circumstances," said Angus Brodie, deputy supervisor for state uplands. "However, safety is always our top priority and right now it's not safe for people to be out on the landscape. We look forward to reopening as soon as the danger recedes."

DNR joins the Umatilla National Forest and the Confederated Tribes of the Colville Reservation in closing lands in eastern Washington to public access.

Anyone who spots a wildfire should call 911 to report it as soon as possible.

Get the map of DNR's regions here. To get updates on recreation openings and closures, visit dnr.wa.gov/open.

Plastic Bag Ban

CONTINUED FROM PAGE A1

businesses recover the cost of providing the bags, according to Ecology. Food banks and individuals receiving government assistance are exempt from the fee.

Shannon Jones, Materials Management Coordinator for the Department of Ecology, said that she has not received any direct feedback from stores about the plastic bag ban but manufacturers are still having some issues manufacturing compliant bags.

Jones said that there are a number of different bag manufacturers and suppliers in various states. The reason for the supply chain issues was due to masks being manufactured for the coronavirus pandemic.

While compostable bags are an option, most places do not have the composting infrastructure in place to handle composting.

King County is the only place that has the composting infrastructure in place, Jones said. In the rest of the state, compliant bags can be made of recycled paper, thick plastic, or weed straw. The paper bags have to be marked with their percentage of recycled content. The reason that the thicker plastic bags are allowed is they are designed for multiple uses.

The enforcement strategy for the plastic bag ban is based on complaints they receive from the public, Jones said. But businesses won't be fined for non-compliance right away. Businesses will be contacted with educational letters, personal contact, and a number of other communication

strategies before receiving any monetary penalty.

The law was passed in response to a growing concern about plastic litter, Jones said. Additionally, in the recycling stream plastic bags cause a lot of contamination that can significantly impact the entire recycling system.

Another reason a state law was passed was to create a universal bag ban, Jones said. There are 39 bag ban ordinances at multiple locations across the state which all have minor differences, which is difficult for businesses with multiple locations around the state and travelers to navigate.

There should be enough time for businesses to adjust to the plastic bag ban, Jones said. The October 1st decision for the ban was made by the governor's office

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in conjunction with industry groups like the the Washington Hospitality Association and the Washington Food Industry Association.

Wes Worthen, one of the owners of Dan's Food Market in Leavenworth, said that Dan's will likely start liquidating all their single use plastic bags and stocking up on reusable bags in September. He said that it likely won't be an issue to buy compliant bags and they haven't had issues getting grocery bags in the past.

"It's kind of one of those things that we're not there yet. It's like, we'll have to cross that bridge when we get there," he said.

Some customers may be irked by the plastic bag ban, Worthen said, while others

will be really glad because it is good for the environment. He said that it may be a struggle for a while to adjust but that the rules apply to everyone in the state so people will figure it out.

Worthen said that he hopes that Dan's will be able to recoup the costs for the compliant bags with the required fee. Paper bags cost Dan's about ten cents each and they are currently giving them out for free. Worthen doesn't want to anger any customers with the fee, but thinks that people will adjust.

"In this business we can't afford to tick off any customers so there [will] be a while there where it will take some getting used to," he said.

Other countries have

mandated bag bans already, Worthen said, and that is just the way it goes. He said that Dan's is "happy to do what we can" to protect the planet because a lot of plastic ends up in the ocean but that there is a debate about which type of bag is worst for the environment.

"Obviously, anything plastic is awful for the environment, but there is speculation and research out there that canvas bags and paper bags can be just as harmful if not more harmful than plastic," he said.

Worthen said that deciding the most environmentally friendly bag just depends on what you read or who you listen to. At the same time, he said that his grocery store is going to be compliant with the law and "do what we can."

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College News

FOREST GROVE, Ore. - Miranda Wessman of Cashmere was named to the dean's list for the Fall 2020 and Spring 2021 terms at Pacific University in Forest Grove, Oregon.

Founded in 1849, Pacific University is a comprehensive university offering undergraduate, graduate and professional programs in the liberal arts and sciences, business, education, health professions and optometry. Pacific is the No. 1 private research university in the Pacific Northwest and serves nearly 4,000 students in a diverse and sustainable community dedicated to discovery and excellence in teaching, scholarship and practice.

Betty Palmer from Cashmere, graduated in May 2021 from University of Wisconsin-Stout in Menomonie, Wisconsin.

MS Career & Technical Education, Wisconsin's Polytechnic University, has 47 undergraduate majors and 24 graduate programs, including one doctoral degree. UW-Stout, established in 1891, prides itself on the success of its students in the workplace, with an employment rate above 97% for recent graduates. The university was awarded the Malcolm Baldrige National Quality Award in 2001.

CASHMERE VALLEY **RECORD**

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Corrections
The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

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Have an idea for a story?
Call the Record at 509-782-3781

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- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
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- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to classifieds@leavenworthecho.com or NCWMARKET.COM
- For more info call: Leavenworth: 509-548-5286, Cashmere: 509-782-3781
- Email to: editor@leavenworthecho.com or reporter@leavenworthecho.com

Contact the listed organizations or events for updates on the Covid-19 regulations.

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Add your business or service to this directory: 548-5286

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Peshastin Ice Cream Social

Peshastin Library's annual Ice Cream Social on the lawn on July 31 from 7-9 p.m. Enjoy dessert and live bluegrass music. There will be a used book sale and activities and games for children like face painting, a fishing pond, and a chance to ride in a fire truck.

Red Cross Donors Needed

The American Red Cross continues to experience a severe blood shortage. Donors are needed now to ensure blood is available for patients in need of lifesaving care this month.

As a thank-you, all who come to give now to July 31 will receive a \$10 Amazon.com Gift Card via email and will also receive automatic entry for a chance to win gas for a year (a \$5,000 value). Additionally, all who come to donate throughout the entire month of July will be automatically entered for a chance to win a trip for four to Cedar Point or Knott's Berry Farm.

Donate on August 4, 12:30 p.m.-6:30 p.m., Cashmere United Methodist Church, 213 S. Division Street and on August 5, 2 p.m.-7 p.m., LDS, 10170 Titus Road, Leavenworth.

Learn how to make Block Prints at WRI's workshop

Join Wenatchee River Institute's (WRI) workshop on Tuesday, August 10, 5-7 pm at WRI. This workshop will be focused on Block Printing where you will make a reusable relief print of your own creation. This class is limited to 20 participants, costing \$30 for WRI members and \$35 for non-members. Visit the website to register and find out more details on the workshop: wenatcheeriverinstitute.org/ Contact Rande Zerger @ wenatcheeriverinstitute.org 509-548-0181 ext. 7.

Regional

The Wenatchee Area Genealogical Society

Will hold its monthly meeting on Monday, August 9, 2 p.m. We will go hybrid, if you are comfortable with an in-person meeting, come to the Douglas PUD Auditorium, 1151 Valley Mall Parkway, East Wenatchee. If you'd prefer to Zoom, register at Library@wags-web.org. Regional Branch Archivist Brigid Cliff will present "What Research Treasures are at the Central Regional Branch Archives". Information, 782-4046. Free and open to the public.

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS
This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

July 16

- 03:30 Suspicious, 4217 Carey's Corner Rd.
- 08:30 Animal Problem, 201 Riverside Dr.
- 15:02 Harass/Threat, Cottage Ave. Bridge
- 16:46 Traffic Offense, 6659 Johnson Rd., Dryden
- 17:53 Suspicious, 300 Aplets Way
- 23:17 Civil, 307 Pioneer Ave.

July 17

- 06:20 Agency Assist, 6031 Larson St.
- 09:26 Burglary, 111 Railroad Ave.
- 13:26 Hazard, S Division St.
- 16:03 Public Assist, Hay Canyon Rd. MP 1
- 16:53 Noise, 121 S Douglas St
- 18:38 Attempt to Locate, 700 Cotlets Way
- 23:46 Traffic Offense, U.S. Hwy. 2 & Easy St., Monitor

July 18

- 00:37 Suspicious, 402 Valley View Dr.
- 15:14 Juvenile Problem, 104 Meadowsweet Pl.
- 15:37 Animal Problem, 128 Mission Creek Rd.
- 20:05 Weapons Violation, 5565 Weatherbend Dr.
- 23:11 Domestic Disturbance, 121 Elberta Ave.
- 23:30 Trespass, 5735 Pioneer Dr.

July 19

- 04:15 Agency Assist, U.S. Hwy. 2 MP 11
- 04:31 Suspicious, Nahahum Canyon Rd. MP 1
- 05:15 911, 102 Titchenal Way
- 09:44 Parking/Abandon, 420 Elberta Ave.

- 11:29 Accident No Injury, 300 Blk. Cottage Ave.

July 20

- 08:40 Fraud/Forgery, 8650 Dryden Frontage Rd., Dryden
- 10:11 Alarm, 8780 Deadman Hill Rd.
- 12:02 Public Assist, 113 Elberta Ave.
- 12:15 Court Order Violation, 6015 Webster Way
- 14:29 Trespass, 130 Titchenal Way
- 15:46 Domestic Disturbance, 106 Titchenal Way
- 16:03 Accident No Injury, 107 Cottage Ave
- 16:50 Traffic Offense, Sunset Hwy. & Locust Ln.
- 22:38 Welfare Check, Chapel St. & Pioneer Ave.

- July 21
- 09:10 Parking/Abandon, 115 East Pleasant Ave.
- 11:36 Malicious Mischief, 8721 School St., Dryden
- 15:09 Theft, 115 East Pleasant Ave. #3
- 18:28 Property, 201 Riverside Dr.
- 22:27 Public Assist, 302 Fisher St. #115

July 22

- 06:09 Runaway, 7411 Nahahum Canyon Rd.
- 08:04 Accident No Injury, 229 Cottage Ave.
- 09:03 Suspicious, 200 Blk. Independence Way
- 09:35 Trespass, 115 Cottage Ave., Sure to Rise
- 12:53 Fraud/Forgery, 308 Cottage Ave.
- 13:26 Harass/Threat, 6880 Nahahum Canyon Rd.
- 15:14 Agency Assist, Easy St. & U.S. Hwy. 2, Monitor
- 19:52 Noise, 117 South Douglas St.

COMMUNITY CALENDAR

Wednesday

- Cashmere Rotary Club:** Zoom meetings Noon, Call President Glenn Johnson, 782-1922 for more information.
- Cashmere Food Bank,** open 2nd and 4th Wednesday from 2:30-3:30 p.m. Cashmere Food Distribution Center, Riverside Park, for more information, call Pam, 509-245-6464

Thursday

- Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.
- Cashmere American Legion Post 64.** 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxiliary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).
- Underground Middle School** youth meet 7-8:30 p.m., in person, in the Conservatory. Call Kelsie Folden for more info. 782-2825

Friday NO MEETINGS

Saturday

- Bingo,** 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19.

Sunday

- CHURCH:** See the church page for local service times and events.
- Underground High School** meet at 6 p.m., in-person, at the Conservatory, call Kelsie Folden for more info. 782-2825

Monday

- Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Mary, 782-2057. (4th Monday)
- Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
- Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month unless a holiday, then Tues.)
- Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.)
- Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere School Board Work Session.** Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
- Cashmere School Regular Board Meetings,** are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
- Chelan Douglas Republican Women,** Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Tuesday

- Icicle & Peshastin Irrigation Districts:** Call for day and time Anthony Jantzer, cell, 509-433-4064 or tony.iid.pid@nwi.net (2nd Tues.)
- Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

NCW Libraries

- Cashmere Public Library: 782-3314**
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).
Call for days and times, as they are subject to change. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
- Cashmere Museum and Pioneer Village**
Call for more information 782-3230
- Chelan County Historical Society Board meets,** 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

- Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
- Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
- Sunday, 9 a.m., and 7 p.m., Leavenworth Senior Center, 423 Evans St.
- Tuesday, noon, First Baptist Church, 429 Evans St.
- Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
- Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
- Thursday, noon, First Baptist Church, 429 Evans St.
- Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

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It's Ragweed Season

Yesterday morning I woke up feeling under the weather. Stuffy nose? Check. Runny nose? Check. Sinus pressure? Check. Sneezing? Check. I'm allergic to ragweed, and although it isn't yet August, ragweed is already blooming with our hot summer weather.

I have allergic rhinitis, which is inflammation of my nose from exposure to something I'm allergic to. Airborne pollens that stick to the inside of your nose and throat trigger allergic reactions. These episodes used to be called "hay fever" because doctors associated it with plant pollens like hay.

Allergic rhinitis can be either seasonal or perennial (year-round). Seasonal allergic rhinitis is usually triggered by plant-based pollens, which bloom at different times of the year. Perennial allergy symptoms are often from molds and pet dander.

Grasses and trees like birch, oak, elm, and maple release their pollens in the spring and early summer, while weeds like ragweed produce their pollen in late summer and early fall.

Ragweed is related to marigolds, chrysanthemums, and daisies. One of the most common seasonal allergies, ragweed creates powdery pollen, which can be carried by the wind for hundreds of miles.

Sometimes ragweed pollen makes my eyes itch and water. Other times, my nose runs, called rhinorrhea. The allergy symptom I suffer from the most is a stuffy nose. This year my allergic rhinitis symptoms include sneezing, nasal congestion, rhinorrhea, and sinus pressure.

Allergic rhinitis is triggered by a chemical called histamine. Your body stores histamine in special cells called mast cells. Suppose your body recognizes pollen or cat dander as something you are allergic to, called an allergen. Coming in contact with allergens will trigger mast cells in your nose to open up. The mast cells release their stored histamine, creating the misery of an allergic reaction.

Medicines called mast cell stabilizers can block this chain reaction from starting by keeping histamine safely locked up inside your mast cells.

For itchy or watery eyes, I prefer prescription-strength over-the-counter (OTC) ketotifen or olopatadine eye drops. Olopatadine and ketotifen work not only as mast cell stabilizers but also as antihistamines. This allows them to both prevent and relieve an allergic reaction.

Once sold as the prescription drug Zatifed®, ketotifen is available as a generic and Alaway® eye drops. Olopatadine was the prescription eye drop Pataday®, now OTC.

Steroid nose spray decreases inflammation and is the most

effective way to treat allergic symptoms like sneezing, sniffing, and stuffiness. There are several agents available without a prescription.

Oral antihistamines can be used either with or without eye drops or steroid nasal sprays. They can relieve all of your allergic rhinitis symptoms. Diphenhydramine (Benadryl®) is one of the most effective antihistamines available OTC. Benadryl® is most effective when taken every 6 hours. It also causes drowsiness. If you need an antihistamine that doesn't cause drowsiness, try loratadine (Claritin®) or cetirizine (Zyrtec®), each only needing to be taken once daily.

When I have a stuffy and runny nose simultaneously, a steroid nose spray will help. I prefer taking an older combination of antihistamine and decongestant called Actifed®.

Actifed® contains triprolidine plus pseudoephedrine (the original formulation of Sudafed®) and is available as a generic. Triprolidine dries up my watery eyes and runny nose without causing drowsiness, and the pseudoephedrine eases my stuffy nose.

5 Tips on Taking Allergy Medicine:

1. Try an OTC steroid nose spray first.

Nasacort Allergy 24-Hr.® (triamcinolone), Flonase Allergy Relief® (fluticasone), and Rhinocort® (budesonide) help relieve runny nose, stuffy nose, and sneezing. Be patient because it may take several days to get complete relief. Until then, try taking an oral antihistamine along with the nasal spray.

2. Ketotifen or



Ask...
Dr. Louise

olopatadine eye drops work well for itchy or watery eyes. Ketotifen (Alaway®) and olopatadine (Pataday®) work both as antihistamines and mast cell stabilizers. They are available without a prescription and can be used safely in children as young as 2 or 3 years old.

3. If you have a runny nose, avoid oral decongestants.

A decongestant relieves a stuffy nose but often makes a runny nose even worse. Try an antihistamine instead, a combination antihistamine/decongestant purchased from the pharmacy counter, or a steroid nasal spray.

4. Don't waste your money on phenylephrine.

Phenylephrine is only available as 1/3 the effective dose of pseudoephedrine due to its side effects, including stroke. Pseudoephedrine is available from the pharmacy counter, either alone or with an antihistamine.

5. Use decongestant nose sprays sparingly.

Avoid using any decongestant nasal sprays for more than 2-3 days at a time to avoid triggering rebound (worsening of your stuffy nose) symptoms.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. ©2021 Louise Achey

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An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information
Or email classifieds@leavenworthecho.com

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UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Worship 9 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

CHRIST CENTER
Cashmere Assembly of God: 509-782-2825
Worship Service Sundays 10:00 a.m., in-person, Conservatory
Apple Annie's and on-line, christcentercashmere.com
Underground High School Sundays 8:00 p.m., In-person, Conservatory
Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregational Care Pastor, Joyce Williams
High School Director, Kelsie Folden
Community Outreach, Steffanie Haney

GRACE LUTHERAN CHURCH
Morning Prayer or Holy Eucharist. Join us at 10:00 a.m. on Sundays.
Contact Pastor Rob Gohl
509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH
Morning Prayer or Holy Eucharist. 9 a.m. on Sundays.
Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6 p.m.
Pastor John Smith
www.christforcashmere.org

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10 a.m.

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m.,
Worship Service,
Office: 509-548-4331

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
www.LCN.org

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth.com
www.newlifeleavenworth.com

The Washington Outdoors Report

Outdoors Roundup

By JOHN KRUSE

Columbia River salmon derbies, the potential for a sockeye salmon fishery at Lake Wenatchee and the closure of public lands due to wildfire danger are covered in our outdoors roundup this week.

Public Land Closures

Drought, heat and wildfires have resulted in closures of huge swaths of land outdoors enthusiasts recreate in east of the Cascades this summer. The Umatilla National Forest and the Colville Tribal Reservation, both saddled with large wildfires, are closed to all access and Pearygin State Park near Winthrop is closed until further notice due to a nearby wildfire.

On July 20, both the Washington Department of Resources (DNR) and Department of Fish and Wildlife (WDFW) announced closures affecting all of their lands in Eastern Washington in hopes of preventing human caused wildfires. The Department of Natural Resources has closed access to all of their 1.4 million acres of land in Eastern Washington to include the developed campgrounds they manage.

The Department of Fish and Wildlife is restricting overnight stays in all of their State Wildlife Areas in Eastern Washington, which consist of 700,000 acres of state-managed land. Staci Lehman with WDFW says while no fires have started this summer thus far in WDFW Wildlife Areas, a number of them have suffered habitat loss as fires that started elsewhere burned through state land. No timeline for reopening these lands to overnight stays has been given. According to Lehman, a closure of this type is unprecedented for their agency.

Having said that, the wildfire situation is indeed dire. Ryan Rodruck, the Eastside Communications Manager for Washington DNR, reports as of July 22nd, 546 fires had already started on DNR managed lands this summer in Eastern Washington, burning 103,502 acres.

Unless major rain and temperature shifts occur, it is very possible these closures could remain in effect through the rest of fire season, which generally runs to the end of

September (and sometimes longer). This has the potential to affect hunters and anglers who often enjoy multi-day hunting and/or fishing excursions every September and October on these state lands. Asked about this, Rodruck (who is a hunter himself), stated DNR officials are cognizant of upcoming hunting seasons and he is hopeful conditions will change and allow state lands to reopen prior to the opening of major hunting seasons.

Wenatchee And Brewster Salmon Derbies

Anglers in 16 boats participated in the Peter Flohr Memorial Salmon Derby (also known as the Wenatchee Salmon Derby) on July 16 and 17. Participants were targeting Chinook salmon between Wells Dam and Rock Island Dam on the Columbia River. The largest salmon caught was a 21.68-pound summer Chinook reeled in by Tim Davis. The boat with the heaviest weight of salmon was skippered by well-known guide Shane Magnuson who owns Upper Columbia Guide Service. He and his four team members (Tim and Erin Davis, Patty Fisher and Jim Keith) brought 203 pounds of salmon to the scales over two days, twice as much as the second-place team weighed in. Proceeds from this derby benefited the North Central Washington Chapter of the Coastal Conservation Association.

The final big salmon derby on the Upper Columbia River this year is the 15th Annual Brewster Salmon Derby, taking place August 6, 7 and 8. The angler who catches the biggest fish in this contest will win \$2,000 and additional cash prizes are available. More information is available at www.brewstersalmonderby.com

Lake Wenatchee Sockeye?

I spoke with Travis Maitland, the WDFW District Fish Biologist at the Wenatchee Office, on July 21st about the possibility of a sockeye salmon fishery this year. Travis says "It's going to be close" as to whether anglers will get to enjoy this popular fishery. Maitland explains that they need at least 23,000 fish over Tumwater Dam on



PHOTO COURTESY MACK'S LURE
Mike Roth, owner of Team Takedown Guide Service, with a nice Upper Columbia Chinook salmon

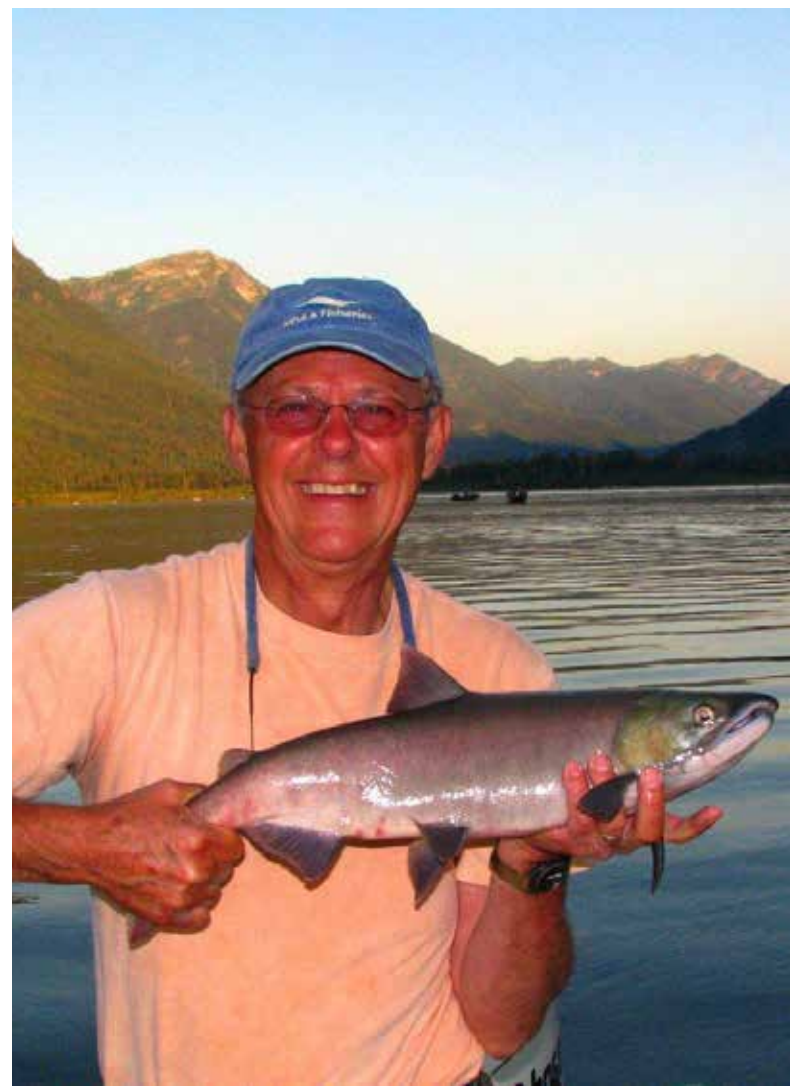


PHOTO COURTESY WDFW
Anglers are hoping for a chance to catch sockeye salmon at Lake Wenatchee this summer

the Wenatchee River to meet spawning escapement goals. To have any sort of meaningful fishery you would need to have at least two to three thousand additional fish above that number heading to the lake and it may not be clear as to whether that number will be reached until the end of the month.

Maitland stated if there is a fishery there will likely be a two fish daily limit. With as much pressure as Lake Wenatchee gets from anglers, the season (if opened) could close in a week or less if only 25 to 27,000 fish return up the Wenatchee River this year. Your best bet? Keep your eyes peeled for announcements from the Washington Department of Fish and Wildlife through their website for late breaking news about this fishery.

John Kruse - www.northwesternoutdoors.com and www.americaindoorsradio.com

Cashmere High School Announces New Head Volleyball Coach

SUBMITTED BY JEFF CARLSON
Cashmere Athletic Director

Cashmere, WA---July 15, 2021--- Cashmere High School recently announced that Kathryan Broadbent has been hired as the new Head Volleyball Coach. The 2021-2022 volleyball season is scheduled to begin on August 23rd.

Broadbent has been coaching volleyball in the Cashmere School District since 2009. Most recently she has served as Cashmere High School's junior varsity head volleyball coach. She also currently serves as an assistant coach for our middle school boys and girls basketball programs, and our middle school track and field program. Broadbent is a physical education and health teacher at Cashmere Middle School.

The Cashmere High School

varsity volleyball program finished the 2021 spring season with a 7-5 record. They placed 2nd in the Caribou Trail League with a 3-1 record in CTL play. The Bulldogs will return 8 letter-winners this fall.

Cashmere High School Athletic Director Jeff Carlson stated, "We are thrilled to have Katie as our new head volleyball coach. She has proven herself time and time again as an accomplished coach and respected leader. I'm looking forward to her continuing the great momentum that we currently have in our CHS volleyball program. Our program has made great strides from a competitive standpoint over the last couple of years, and Katie's energy and effort has been a big part of that."

Kathryan Broadbent: "I am truly honored to take over

the volleyball program for Cashmere High School. I'm excited for the future of our program and will work hard to improve the program each and every day. I can't wait to work with each of these young ladies and help them grow as players and individuals on and off the court."



SUBMITTED PHOTO.
Kathryan Broadbent

Sound of Music Starts Again After Pandemic

By: ERIN MULLINS

Reporter

This year marks the 25th anniversary production of the Sound of Music and the first year back after the coronavirus pandemic. Since the statewide reopening, many aspects of the performances have returned to normal. But that wasn't always the case.

Phil Lacey, Executive Director of Leavenworth Summer Theater (LST) said that the last several months have been very uncertain in regard to how the coronavirus restrictions would be rolled back. Because of that, LST decided to just focus on producing the Sound of Music.

"We were kind of hoping against all hope we would be able to produce this year," said Lacey.

As Executive Director, Lacey plans the rehearsals, puts together the schedules and insurance waivers and does other behind the scenes things. He basically does all of the "non glamorous" aspects of making theater.

The audience is incredibly excited to be able to go out to the theater again, Lacey said. The cast and crew are so happy to be able to see each other, make art together and give high fives. It was not hard to find cast members this year, despite the uncertainty during the pandemic.

Because of the pandemic, auditions had to be virtual, Lacey said. Auditions took place in late winter and early spring and most of the country was still shut down. Surprisingly, Leavenworth Summer Theater received a record number of auditions. Since they were one of the few companies trying to move forward during the pandemic, that caught people's attention.

The theater received about 400 total auditions, 250 adults

and 150 kids, said Lacey. The cast has a total of 44 people. About a third of the cast is coming in from out of the area, so the majority who act in the show are local.

"There is an incredibly talented performers here in the valley and we rely on them every year and are thrilled that they're involved," said Lacey.

For those who are from out of town, LST has been able to help cast members with housing for the first time. A community member in Peshastin who runs several homes as Airbnb's is working with LST to provide housing for actors who are not local.

The Sound of Music started rehearsing on June 13th, so the cast had about three weeks of rehearsal before opening night. It takes "an incredible amount of work" to pull together a show in three weeks, said Lacey.

Tiffany Mausser, the director and choreographer for Leavenworth Summer Theater, worked seven days a week for six to eight hours a day for about 21 consecutive days to prepare for the show, said Lacey. The actors were not there the whole time as people rehearsed different parts of the show at different times.

Mausser has directed for many years in the past, said Lacey. She was originally contracted to direct Music Man for LST, but when they were unable to perform that musical she offered to direct the Sound of Music.

The show also has three music directors: Susan Wagner, Susan Gubsch and Ally Atwood. Wagner directed for the soloists. Gubsch directed for the nuns. Atwood was the kids vocal director.

Gubsch has been a part of LST since the beginning, said Lacey. She has been an actor in the plays every single year except for one and plays

Mother Abbess. Besides acting, she works with the kids, helps backstage and talks to patrons.

"She's honestly more of a tradition than the show itself is. And people have come for years and really love her performance," Lacey said.

The Sound of Music is based on a true story and is based during the time leading up to World War II, Lacey said. In Austria, a family of seven children, a widowed father, and a young nun who is sent from an abbey to be a governess escape from the Nazis through the mountains of Switzerland.

The nun taught the children how to sing. After escaping the Nazis, the family toured around Europe and the US singing in order to survive. Although certain aspects of the play, like the choice of songs in the musical, may not be songs that the family actually sang, much of the story is true.

LST has been working hard to make sure that no one who comes in contact with production ends up getting sick, Lacey said. Until June 30, LST only sold about half the seats so the audience could be distanced. The stage was built to be larger than normal to accommodate past social distance requirements.

During the pandemic, LST received a lot of support from local agencies, said Lacey. The Icicle Fund gave LST a substantial grant that helped them to produce this year. LST also received federal aid from the Payroll Protection Program and the Shuttered Venues Operators Act.

There is still time to catch The Sound of Music. Leavenworth Summer Theater still has tickets and is performing through August 21. According to the LST website, performances will take place at 8 p.m. at the Leavenworth Ski Hill location.

Each year, the Cashmere Chamber of Commerce hosts the Annual Auction and Recognition Dinner where recipients are honored. The community has the opportunity to nominate those (Business, Citizen, and Organization) making a difference to Cashmere. This year, we would like to highlight all our nominees for their efforts in supporting the Cashmere community. Check back each week to learn more about each nominee and the announcement of the 2020 honoree recipients.



Organization OF THE YEAR

Nominee: Cashmere Cares

Nominated for: Group or Organization makes significant contributions to building a sense of unity and purpose in Cashmere. Demonstrates an unyielding dedication to community service, and to improving the lives of others.

What Others Shared: They provide so much help to children in our community! Dedicated to No kid hungry and No kid cold with added programs committed to child mentorship and literacy. It's astonishing to see how our small little community cares deep for its neighbors!

What do you love most about the Cashmere Community?

As a school district, we are so blessed to be in a community that is so committed to kids! Time and time again, our community has demonstrated their love and support for our kids! Simply put, programs such as Cashmere Cares would not exist without a community that truly understands and em-

braces the notion that when "Our kids thrive, our whole community thrives".

Organizations like you aid our community, can you share a little more about your programs and services?

Cashmere Cares: Many of our students face challenges that prevent access to learning opportunities. The reality is we have a growing number of kids in poverty, looking for basic needs, and we know those are critical for kids to be successful. Cashmere Cares helps to identify and meet those needs and close "gaps" in kids lives! Together, the Cashmere School District, Cashmere Schools Foundation and the community have successfully partnered to provide this critical assistance. Cashmere Cares has (4) Goals: No Kid Hungry No Kid Cold Every Kid with a Mentor Every Kid Literate Thanks to the unbelievable support from our staff and

community, Cashmere Cares has been able to provide timely, critical support in the form of weekend meals, winter clothing, adult mentorships, extended learning opportunities, eyeglasses, participation fees, and so much more!

Share your best memory from 2020.

Over the past year, we have seen the negative impacts that the pandemic and COVID have had on our families and kids, in particular, those most in need. More than ever, the support that has been provided through Cashmere Cares was critical. It was at this moment that we witnessed first-hand what makes Cashmere so special. Our school staff and community (service clubs, school foundation, downtown businesses, faith-based, community leaders/volunteers) stepped up to provide the resources necessary to meet the growing needs our children are facing.

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS



PUBLISHER'S NOTICE
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Administrative

Puzzle Solution

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Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR
Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Full and Part-time Housekeeper, Bedmaker and Laundry Worker

The Enzian Inn is hiring full and part-time Housekeepers, Bedmakers and Laundry workers. Core hours are usually 9 AM to 2 PM. Earlier and later start & finish times often available. Enjoy a positive work environment with a competitive wage. Health insurance is available for full time employees. Apply in person. 590 Hwy 2, Leavenworth.



Informatics RN Full-time

Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR, strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net/opportunity@trhospital.net EOE



Help Wanted



OCCUPATIONAL THERAPIST Full-time

Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/ AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and interpersonal skills. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net/opportunity@trhospital.net EOE



OR Manager Full-Time

Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/ GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretionary skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net/opportunity@trhospital.net EOE



Douglas County PUD has an opening for: **Hatchery Specialist, Wells Hatchery**
Closes: 8/19/2021, 5 pm
Details at www.douglaspuud.org

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The right candidate must be outgoing, and personable, have sales and computer knowledge. We will train the right person on our software. Stop in The Leavenworth Echo, 215-14th St. 10 a.m.-5 p.m. with a resume or call for an interview with Bill or Carol, 509-548-5286.

PATEROS SCHOOL DISTRICT OPENINGS RESOURCE ROOM PARA ASSISTANT JH FOOTBALL COACH ASSISTANT JH GIRLS BASKETBALL COACH

* Para Job announcement and position description available online. Starting salary \$15.71 with benefits. * JH Coaches needed for Fall sports. Salary based on experience. **All applications processed through FAST TRACK:** www.pateros.org>Our District>Employment. Position descriptions available online. Contact employment@pateros.org or the district office at 509-923-2751 x4 for more information. First review of applications is 8/5/21. Positions open until filled. EOE



The Cascade School District is seeking qualified applicants for the following positions:

Swing Shift Custodian Cooks (2 positions)

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Help Wanted

JERRY'S AUTO SUPPLY Counter Sales FULL-TIME WITH BENEFITS

Apply in person at 501 W Main St. Brewster
Experience preferred. Wage dependent upon experience. Good driving record required.



ER NURSE Full-time/ Nights

Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS / CPR, ACLS, TNCC and PALS certifications. Two years' Med/Surg experience or one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net/opportunity@trhospital.net EOE

The Leavenworth Echo Cashmere Valley Record

Looking for a part-time job? 2-3 days a week. 10 a.m.- 5 p.m. And flexible to come in other days if needed. We are looking for a part-time front office receptionist with experience. Greet customers in person and on the phone. Have computer knowledge, math, and phone skills. We will train you on our computer software. DOE
Please email a resume to BillF@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. Equal Opportunity Employer.

Help Wanted

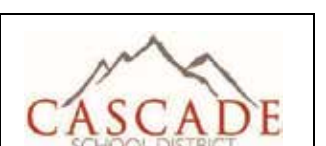


Revenue Cycle Director Full-time

Three Rivers Hospital is seeking a Revenue Cycle Director to manage our revenue cycle team, includes Patient Access/ Registration, Health Information, Patient Financial Services and Chargemaster. The Revenue Cycle Director will lead the revenue cycle in developing, planning, and managing work initiatives within the revenue cycle. Bachelor's degree in a relevant area of expertise such as business or finance or an equivalent combination of education and relevant experience is required. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net/opportunity@trhospital.net EOE

Full and Part-Time Breakfast Staff

The Enzian Inn is searching for energetic service-oriented individuals to join our breakfast team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet. Full and part-time positions requiring some weekends. Health Insurance available for full time employees. Apply in person. 590 Hwy 2, Leavenworth.



The Cascade School District is seeking qualified applicants for the following position:

Cascade High School Head Wrestling Coach

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE




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Help Wanted



LAB TECHNICIAN/ TECHNOLOGIST Full-time

Three Rivers Hospital is seeking a Lab Tech to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Will include weekends and after-hours call-time. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE


Help Wanted



Director of Quality Full-time

Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted



Patient Account Rep Full-time

Three Rivers Hospital is seeking a Patient Account Rep. This position is responsible for handling outstanding accounts receivables and collections by promptly filing hospital inpatient and outpatient and clinic claims with payers, following up in a timely and efficient manner, to ensure maximum reimbursement is received for services provided. High School diploma or GED. Two years prior experience in a hospital business office preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Part-time Administrative Assistant for Lake Chelan Lutheran Church. Equivalent of approximately one day/ week. Work is on-site and located near downtown Chelan. Competitive salary. Please reply to orrestad@aol.com

Help Wanted



Certified Occupational Therapist Assistant Full-time

Three Rivers Hospital is seeking a Certified Occupational Therapist Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of WA with valid license. Two years' work experience in a hospital setting and/ or swing bed program is preferred. Current BLS. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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Legals

Public Notices

SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF STEVEN

In the Matter of the Estate of: LARRY R. WILCOX Deceased NO. 21-4-00105-33 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the Creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets. DATE OF FIRST PUBLICATION: July 28, 2021

Charles W. Beck, Personal Representative, c/o McGrane & Schuerman Sean G. Preston, WSBA #47115, Attorney at Law 298 South Main #304, Colville, Washington 99114, 509 684-8484 Published In The Leavenworth Echo/Cashmere Valley Record on July 28, and August 4, 11, 2021. # 2434

Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY

In the Matter of the Estate of KEITH K. KOEPE, Deceased. NO. 21-4-00217-04

PROBATE NOTICE TO CREDITORS

The Administrator named below has been appointed as Administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: July 28, 2021

ADMINISTRATOR: Margaret L. Koeppe ATTORNEY FOR ADMINISTRATOR: David Visser ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 21-4-00217-04 OVERCAST LAW OFFICES By: Visser, WSBA No. 41546 Attorney for Administrator Published In The Leavenworth Echo/Cashmere Valley Record on July 28, and August 4 and 11, 2021. #2445

Public Notices

City of Leavenworth Shoreline Master Program Periodic Review Public Hearing

The Leavenworth City Council will hold a Shoreline Master Program Hearing on August 10, 2021 at 6:45 pm. There are three ways to join the ZOOM meeting:

(1) Join the meeting at https://us02web.zoom.us/j/86437219183?pwd=V3hyMTZUb0FRVWthdjNRS2EzdDlrdz09; or (2) Visit below a copy of the claim and filing the original of the claim with the Meeting ID: 864 3721 9183 Passcode: 346702; or (3) Call: 1.253.215.8782. Additionally, contact us to inquire about meeting in person.

The hearing will review amendments to the Shoreline Master Program, per RCW 90.58.080(4), address changes in state law, changes in other City plans and regulations, and other changed local circumstances. Proposed amendments to the city shoreline master program are available for review at https://cityofleavenworth.com/your-city-hall/departments/development-services/shoreline-master-program-update/ or City Hall at 700 Hwy 2, Leavenworth, WA. Send comments to City Development Services, Lilith Vespier, AICP at PO Box 285, Leavenworth, WA 98826 or dsmanager@cityofleavenworth.com. Comments sent to the city will be forwarded to the Dept. of Ecology. Published in The Leavenworth Echo/Cashmere Valley Record on July 28, 2021. #2433.

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of HENRY W. SCHAUER, Deceased. No. 21-4-00231-04

PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: July 14, 2021

Personal Representative: Lynda M. Jammerman Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 21-4-00231-04 LYNDA M. JAMMERMAN Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807. Published in The Leavenworth Echo/Cashmere Valley Record on July 14, 21 and 28, 2021. #2393

Public Notices

Chelan County Mosquito Control Dist. #3 will hold their Annual Meeting Monday August 16, 2021 at 4:00 pm. The meeting will be held at 14233 Idlewild Rd. Leavenworth, WA 98826

Published in The Leavenworth Echo/Cashmere Valley Record on July 28 and August 4, and 11, 2021 #2290

Public Notices

Superior Court of Washington For Chelan County In the matter of the estate of Dolores Louise Bennett, Deceased.

No. 21-4-00095-04 Notice To Creditors (RCW 11.40.030)

The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. **Date of First Publication: July 28, 2021.**


Carolyn Lee Hill, Personal Representative Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA #7991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 21-4-00095-04

Published in the Cashmere Valley Record/Leavenworth Echo on July 28, August 4, and August 11, 2021. #2449

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CROSSWORD PUZZLE

THEME: HAPPY HOUR ACROSS

1. Sail support
5. *Percentage of alcohol, acr.
8. Cheesy sandwich
12. Oil, in Italy
13. What refugees do
14. Noble one
15. *Moscow
16. Wrinkly fruit
17. Cereal killer
18. *Non-alcoholic cocktail
20. Elementary particle
21. Old and feeble
22. American cuckoo
23. ___ tunnel
26. Create a misnomer
30. *Tap choice
31. Tooth cover
34. A wedge in golf, e.g.
35. Wesley Snipes' 1998 movie
37. Notable time
38. Fancy neckwear
39. Denim innovator
40. *Beer ____, or biergarten
42. Before, archaic
43. Particular marking on a butterfly
45. Neuter in language, e.g.
47. Red Cross bed
48. Ele de la CitE river
50. Lump of stuff
52. *18th Amendment, a.k.a. ___ Act
55. Assemblage of members
56. D'Artagnan's weapon
57. Freight horse cart
59. *It's Always ___ in Philadelphia?
60. Wooden pegs
61. *Margarita garnish
62. Lend a hand
63. *Not sweet
64. Sun rising direction

DOWN
1. May honore
2. Homecoming guest
3. Farmer's storage type
4. Steel on a work boot
5. Relating to aquarium scum
6. Misrepresent
7. Bride screen
8. *Often served dirty, pl.
9. Cogito ___ sum
10. Rumpelstiltskin's weaver
11. *Half whiskey, half absinthe cocktail
13. Pointless
14. Chili con came legumes
19. Between 10 and Queen
22. Breathing matter
23. C in CNN
24. Stray cat's home
25. Plunder
26. *Fermented honey and water
27. Formed a curve
28. "Fahrenheit 9/11" documentary director
29. Go in
32. *Straight from the bottle
33. Make a blunder
36. *One appeal of happy hour
38. About or concerning, archaic
40. "___ Milk?"
41. Knights' breastplates
44. Dorothy's sleeping aid
46. Conifer attribute
48. Deep sleep
49. Lament for the dead
50. ___ hub food takeout service
51. Solitary
52. Hawk or peddle
53. Toreador Song from "Carmen," e.g.
54. River obstructions
55. Geological Society of America
58. Thus far



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Selected Varieties, Multi-Packs



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FRESH



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1.78



Sara Lee All Butter Pound Cake
10.75 Oz.

3.48



Reddi Wip Whipped Topping
Selected Varieties
6.5 Oz.

2/\$5



Häagen-Dazs Ice Cream or Bars
Selected Varieties
14 Oz. or 3 Count Bars

2/\$7



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Equals
FRESH



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8 to 10 Count

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