



Courtesy Brewster Public Works

Well water pours from a special microburst pump used to rehabilitate the State Way well water quality.

Brewster approves surplus of public works vehicles

By MIKE MALTAIS
STAFF WRITER

BREWSTER – The Brewster City Council approved a resolution to surplus nine city vehicles and heard a presentation from guest speaker Joseph Enzensperger of Oroville who has declared his candidacy for Okanogan PUD Commissioner District 3 at its regular monthly meeting last Thursday, Sept. 15.

Council approved Resolution No. 2022-11 to surplus the following public works vehicles:

- 2014 Dodge Charger (blown engine)
- 2005 Chevrolet Tahoe
- 2003 Mack Vactor 2100
- 2002 Ford F150 crew cab
- 1996 IHC dump truck
- 1996 GMC Jimmy
- 1979 tender tanker truck
- Homemade utility trailer

City finance director Misty Ruiz remotely delivered an update on the state and federal audit of city finances. The federal audit is required when the city spends in excess of \$750,000 in federal money. Ruiz said the audits will cost the city in excess of \$26,000 and the auditors are about 80 hours into the project.

“It is a cost of doing business and we have done millions and millions of dollars in projects,” Ruiz said.

Public works director Lee Webster reported that a well specialist from Butte, Montana, was hired by the city to try his hand at removing turbidity, sand, and silt from the State Way well water.

The contractor employs a device he invented using, among other materials, an old well pressure tank to blow microbursts of air at various depths down the well casing to stabilize the surrounding soil and source of water contaminants. Webster said a day’s worth of work at State Way resulted in a flow of clear water that should now produce 200-300 gallons of water for the \$20,000 the city invested in the technology.

“It may not be a great producing well,” said Webster, “but it’s better than zero.”



Mike Maltais/QCH

Oroville resident Joseph Enzensperger is running for Okanogan PUD Commissioner District 3.

Enzensperger explained his platform that includes a number of goals, among them:

- Avoid wasteful spending.
- Adopt best learned utility practices.
- Promote community solar.
- Increase high-speed internet.
- Create multiple charging stations.
- Use local contractors where possible.
- Keep rates as low as possible.

Enzensperger’s website is joseph4pud.com, and email jge4pud@gmail.com.

Tony Newton Memorial Regatta will return

Debut hydro race is a hit at Columbia Cove



Steve Huff, driving No. 98 Faster Than Cancer, celebrates his E Class win.



Race Director Jim LaBrie, left, presents the Tony Newton Memorial trophy to Dan Rayner, owner/driver of the vintage hydro E-280 for his tireless help throughout the race. Pictured at right is crew volunteer Dorie Ross.

By MIKE MALTAIS
STAFF WRITER

BREWSTER – The Tony Newton Memorial Regatta debuted at Columbia Cove Park on Saturday and Sunday, Sept. 10-11, and the reviews from both quarters – city and race officials – are supportive of a return visit next year.

Tacoma Inboard Racing Association officials had to make some last-minute adjustments on the racecourse. Kip Brown of TIRA explained the problem:

“When I went out there today (Friday, Sept. 9) I found all kinds of shallow spots and had to completely change the area where we run,” said Brown. “We need a minimum of four feet of depth.”

With venues getting more difficult to use on the west side of the state, Brewster provided a fresh opportunity to add to the season schedule.

“One of the main reasons for coming out here was the city is behind it, the people are behind it, and it ties in nicely with Pateros,” Brown said.

Organizers are already looking forward to next year with vendors and perhaps live entertainment.

“We’d like to make it more of a festival than just a boat

SEE HYDRO RACE ON PAGE A2

Race results:

“T” Class (1.5 Litre)		Owner/Driver
1.	No. 56 Real Deal	Steve Walde/Haley Scarborough
2.	No. 9 Miss APBA	Kip Brown/Katie Brown
“Y” Class (1 Litre)		
1.	No. 18 Fast Eddie Too	Jim Sechler/Jeff Bernard
2.	No. 28 Lakeside Paving	Gunnar O’Farrell
3.	No. 45 Sweet Lemon Racing	Dave Lem/Brad Sanchez
“S” Class (2.5 Litre Stock)		
1.	No. 3 DT Painting	Dave Trisco/Jeff Bernard
2.	No. 12 Monkey Business	Jason Elhard/Chris Fanaris
3.	No. 45 Lunatic Fringe	Kyle Davenport
“A” Class (2.5 Litre Modified)		
1.	No. 12 Monkey Business	Jason Elhard/Marissa Bartels
2.	No. 45 Lunatic Fringe	Kyle Davenport
3.	No. 5 Joshua Tree	Mike Jarvis
“E” Class (5 Litre)		
1.	No. 98 Faster Than Cancer	Steve Huff
2.	No. 20	Justin Weymouth/Travis Ulsh
3.	No. 46	Rochelle Hill
“SE” Class (Sport C Outboard)		
1.	SE 22 Gitch-22	Gary Hansen/Kip Brown
2.	SE 7 Lil Blue	Joe Cushing/Paul “Kiwi” Russell
3.	SE 35	Jeff Humphrey/Jen Cushing
OPC (Formula 1)		
1.	No. 560	Gary Hansen/Will Hough
2.	No. 600	Mike White
3.	No. 447	Wes Fridell

A racer is born

Hydro Foyle: Protégé puts the pedal to the metal

By MIKE MALTAIS
STAFF WRITER

BREWSTER – One never knows when personal lightning will strike and influence life’s path in one way or another.

Let’s say you are an unemployed logger stopping by the Down & Out Café to buy a cup of coffee with the remaining change in your pocket. You are wearing your Stihl chainsaw bill cap, red logger suspenders, plaid shirt, caulk boots, and those pants with the leg hems cut off. On the stool next to you sits a discouraged movie director who has been in town for a week looking without success for a genuine lumberjack to play the lead in his next big-budget, blockbuster film.

Or you could be young Hilton Foyle driving water truck for grandfather Bob Foyle in

the family orchard when you encounter Tacoma Inboard Race Association (TIRA) representatives looking at the spot on the Columbia River to place their large digital clock.

“That was a lucky coincidence,” said Hilton’s father, Eric Foyle. “Where our orchard is was just the right spot for the time clock for the Brewster races.”

“How old are you, Hilton?” race director and Brewster resident Jim LaBrie asked.

When Foyle replied, “11,” LaBrie’s rejoinder was: “Well, you wanna race boats tomorrow?”

A quick “Yeah,” from Hilton and the family was in Pateros the following day to watch Hilton’s racing debut.

A sixth-grade student at Chelan’s Roots Community School, Hilton is more likely



Courtesy George Pearson

Foyle pilots the J-Stock Atlas Van Lines around the Columbia Cove course.

to be found in the orchard than in a racing craft. And the leap from behind the steering wheel of a truck hauling water to the wheel of an open cockpit rocket hauling on the water is no trifle.

The TIRA guys showed Hilton the boat, explained the

race in Pateros. Race officials removed the boat’s speed control the restrictor plate so Hilton could experience the boat’s acceleration and power.

Two weeks later he drove in the Tony Newton Memorial Regatta in Brewster.

“I was nervous, but it was really fun,” Hilton said whose true passion is operating equipment on the family’s fifth-generation apple orchard.

The TIRA racing community “really adopted us for lack of a better term,” said Eric expressing his appreciation for the welcome his family received.

“I would like to thank the group that invited me to do all this racing,” Hilton said.

And there may be more to come. Thanks to this experi-



Mike Maltais/QCH
Hilton Foyle holds the trophy for his debut as a J-stock hydro driver.

ence, Eric predicts that by next season Hilton and family may be competing in the small J-stock class.

INSIDE THIS WEEK

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DOUGLAS COUNTY PUBLIC UTILITY DISTRICT

SUBMITTED BY MEAGHAN VIBBERT, DOUGLAS COUNTY PUD PUBLIC INFORMATION OFFICER

EAST WENATCHEE - Douglas County PUD Commissioners Aaron J. Viebrock, Molly Simpson and Ronald E Skagen executed the following actions during the September 12, Commission meeting held at the District's East Wenatchee office:

- Reviewed bid opening results from bid document 21-52-W, Generator Step-up Transformer replacement at the Wells Hydroelectric Project. All bids will be evaluated prior to recommendation for contract award.
- Approved change order No. 3 to contract 21-09-D, Construct Lincoln Rock Switchyard. The change includes additional labor, materials and time to properly construct the switchyard. The change increases the not to exceed cost \$64,491, and extends the contract to October 28, 2022.
- Rejected bids under bid document 22-35-W, milling machine addition for the Wells Hydroelectric Project. The lone bid was determined to be non-responsive.
- Approved a call for bids under bid document 22-54-W, fire protection system upgrades and miscellaneous piping at the Wells Hydro-

electric Project. Upgrades to the Fire Protection System, Oil Water Separator System Header, and the Service Water and Critical Service Water System are required to provide safe and reliable systems at the plant.

- Authorized a call for bids under bid document 22-58-W, milling machine addition for the Wells Hydroelectric Project.
- Approved land use permit 730-02, Mike Chapman. The permit is for use of Project lands for existing commercial agricultural use.
- Approved an agreement for professional services 22-56-W with Bioanalysts, Inc., for the services of Dr. Tracy Hillman as Chairperson of the Wells Habitat Conservation Plan Hatchery Committee. This three-year contract is not to exceed \$165,000.
- Declared miscellaneous items of personal property to be surplus and authorized sale at public auction. The District owns vehicles and other miscellaneous equipment which by reason of replacement policy and obsolescence are surplus and no longer useful to District operations.

The next regular meeting of the Commission is scheduled for 1:30 p.m. September 26, at the District's East Wenatchee Office.

Phone and Internet Discounts Available to CenturyLink Customers

The Washington Utilities and Transportation Commission designated CenturyLink as an Eligible Telecommunications Carrier within its service area for universal service purposes. CenturyLink's basic local service rates for residential voice lines are \$27.85-\$28.50 per month and business services are \$38.00-\$41.00 per month. Specific rates will be provided upon request.

CenturyLink participates in the Lifeline program, which makes residential telephone or qualifying broadband service more affordable to eligible low-income individuals and families. Eligible customers may qualify for Lifeline discounts of \$5.25/month for voice or bundled voice service or \$9.25/month for qualifying broadband or broadband bundles. Residents who live on federally recognized Tribal Lands may qualify for additional Tribal benefits if they participate in certain additional federal eligibility programs. The Lifeline discount is available for only one telephone or qualifying broadband service per household, which can be either a wireline or wireless service. Broadband speeds must be at least 25 Mbps download and 3 Mbps upload to qualify.

CenturyLink also participates in the Affordable Connectivity Program (ACP), which provides eligible households with a discount on broadband service. The ACP provides a discount of up to \$30 per month toward broadband service for eligible households and up to \$75 per month for households on qualifying Tribal lands.

For both programs, a household is defined as any individual or group of individuals who live together at the same address and share income and expenses. Services are not transferable, and only eligible consumers may enroll in these programs. Consumers who willfully make false statements to obtain these discounts can be punished by fine or imprisonment and can be barred from these programs.

If you live in a CenturyLink service area, visit <https://www.centurylink.com/aboutus/community/community-development/lifeline.html> for additional information about applying for these programs or call 1-800-201-4099 with questions.



HYDRO RACE

CONTINUED FROM PAGE A1

race," said Brown. Comments at last week's Brewster city council meeting were encouraging for a return

engagement. "There was not a speck of trash left," said public works director Lee Webster. "Not even a candy wrapper." "It was the best event we've ever had at the park," added mayor Art Smyth.



Marissa Bartels wins one for the girls as the driver of Monkey Business



DT Painting, winner of the 2.5 litre S Class, gets some engine attention.



Part of the fun is a good view of the action from shore.

Pateros School District to host blood drive Sept. 28

If goal reached, school will receive \$2,000 grant

PATEROS - A Vitalant Blood Drive will be held Wednesday, September 28 from 10 a.m.-5 p.m. at the Pateros School, 344 W. Beach

St. Your blood donation can have an amazing impact on the world by saving lives. Advance appointments are encouraged. For more information and to make your appointment, please visit Vitalant.org, call 1-877-25-VITAL (1-877-258-4825), or scan the QR-Code.



The Blood Center Foundation of the Inland Northwest is sponsoring a \$2,000 grant for the school to purchase STEM related items if the schools goal of 60 donations over two blood drives is reached. At the last blood drive 23 pints were given. The goal for this drive is 37 pints.

Wellness Place presents "A Mindset of Meaning" educational class Oct. 8

SUBMITTED BY WELLNESS PLACE

WENATCHEE - This class is designed for, and is free for cancer patients, cancer survivors, or caregivers and loved ones of a cancer warrior.

Registration is required. The class will be held Saturday, October 8, 1-4 p.m., for an afternoon of learning how

to cultivate tools to support meaning and well-being.

Topics:

Cultivate Connection- Open hearted approach to harmonious & consistent optimal breathing, grounding, and mindful movement, Wellness Plan prep.

Nutrition: Wellness Mindset- Overview of tasty Abun-

dance Bowls & Gratitude Bowls for ease of anti-inflammatory whole foods prep, rotation, variety, and maximizing nutrition.

The Mindfulness-Based Stress Reduction (MBSR) Experience- Learn about and experience the gold standard Body-Mind Awareness curriculum, developed at the University of Massachusetts Medical

Center in 1979, by Jon Kabat-Zinn--Mindfulness-Based Stress Reduction (MBSR). Together we will learn to reduce stress and enhance health and well-being. By design this course empowers participants to take an active role in the management of their health and wellness.

Sleep Hygiene- High quality sleep is vital for healing and feeling & being well. An arsenal of practices for getting the invaluable sleep you need.

Presented by:

Dr Chandra Villano, ND is a Naturopathic Physician and Exercise Physiologist. She has clinical specialty in whole foods nutrition and green living; she is passionate about neuroscience, the endocannabinoid system, mindfulness, and cancer survivorship. She seeks to nurture our responsibility for vibrant health, personally and globally.

Kari Lyons-Price, MSW is a fully certified MBSR teacher and offers the 8-week program, two times a year.

Wellness Place is a 501(c)3 nonprofit and we give compassionate support and free resources to individuals, their families, and caregivers through their cancer journey, from diagnosis to survivorship, for those residing in Chelan, Douglas, Grant, and Okanogan counties.

Visit www.WellnessPlaceNCW.org for more information.

THREE RIVERS HOSPITAL

Health & Wellness Fair

Saturday, October 1

**AT THE BOYS & GIRLS CLUB
601 W. CLIFF AVE., BREWSTER**

10 A.M. - 2 P.M.

Get Free Screenings & Information

- Car seat safety checks
- Blood pressure
- Community resources & much more

More information:
threeivershospital.net

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P.O. Box 1922, Chelan, WA 98816
Phone: 509-689-2507

Office Hours
Mon. to Fri. 9:00 a.m.-5:00 p.m.

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Back Issues are available up to one year after publication for a small fee.

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Subscriptions

Okanogan/Douglas Counties (yearly) print \$40
Okanogan/Douglas Counties (yearly) print & web \$45
In State (yearly) \$50
Out of State (yearly) \$52

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News Tips

Have an idea for a story?
Call Quad City Herald at 689-2507

Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.

Quad City Herald (USPS 241-920)
is published every Wednesday by NCW Media, Inc.
215 14th St., Leavenworth, WA
Telephone: 509-548-5286.
Periodical postage paid at Brewster, Wash.
Postmaster: **Send address corrections to:**
Quad City Herald,
PO Box 1922, Chelan, WA 98816

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BRINGING THE COMMUNITY TO YOUR DOOR

COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
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- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to heraldads@qcherald.com or NCWMARKET.COM
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- Email to: ruthk@lakechelanmirror.com

Mansfield FFA really cleans up (the awards, that is) at NCW Fair



Courtesy Jamey Jo Steele

The Mansfield FFA team.



Courtesy Jamey Jo Steele
Evalee Shafer won Grand Champion Poultry Fit & Show and Grand Champion Poultry Best of Breed.



Courtesy Jamey Jo Steele
Alysha McGraw with her Grand Champion market goat.



Courtesy Jamey Jo Steele
Braydon Murison with his Overall Showman award.

By MIKE MALTAIS
STAFF WRITER

MANSFIELD -- The understatement of the week is that Mansfield FFA had a very successful four-day run at the North Central Washington in Waterville on Fair August 24-28.

"We had a total of 12 chapter members exhibit their livestock projects including five steers, four goats and three hogs," FFA Instructor Jamey Jo Steele said.

Highlights include:

- Max Murison: Grand Champion FFA Market Steer.
- Braydon Murison: Reserve Champion FFA Market Steer.
- Alysha McGraw: Grand Champion FFA Market Goat.
- Max Murison: Grand Champion FFA Beef Fitting & Showing
- Braydon Murison: Reserve Champion FFA Beef Fitting & Showing
- Braydon Murison: Reserve Champion FFA Overall Showman
- Evalee Shafer: Grand Champion FFA Poultry Fitting & Showing
- Evalee Shafer: Grand Champion FFA Poultry Best of Breed



Courtesy Jamey Jo Steele
Max Murison with his Grand Champion market steer. Murison also won Grand Champion Beef Fit & Show.



Courtesy Jamey Jo Steele
The Mansfield tractor driving team took home second place.

took home the second-place banner," said Steele. "Our Livestock Judging Team of Braydon Murison, Max Murison, George Murison, and Trevor Moore

Miller and Evalee Shafer took home the first-place banner. Tiera Miller placed second individually out of 50 contestants."

COMMUNITY BULLETIN BOARD

Senior meals now served, home delivered, Tuesday, Wednesday, Friday

BREWSTER – The Senior Center is now serving meals at Noon, at the center on Tuesdays, Wednesday and Fridays. Home delivered meals are delivered those same days. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. MENU: Wednesday, Sept. 21: Chicken Enchiladas, Spanish Rice, Coleslaw, Cuke & Watermelon Salad, Dessert; Friday, Sept. 23: Chicken Pot Pie, Cottage Cheese, Garden Salad, Fruit Tray, WW Roll, Dessert; Tuesday, Sept. 27: Fall Vegetable Soup, Cottage Cheese, Sliced Tomatoes, Assorted Melons, WW Roll, Dessert; Wednesday, Sept. 28: Meatloaf, Mashed Potatoes/Gravy, Broccoli, Caesar Salad, WW Roll, Bread Pudding.

September 21

American Legion meetings

BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

Sept. 21-24, Sept. 26-Oct. 1

Senior Center Thrift Store

BREWSTER – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Everyone is welcome to come to the center on Tuesdays from 9:30-11 a.m. for coffee and conversation, plus sweets. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

Sept. 21-22, 26-29

Chelan Valley Hope serves Bridgeport, Mansfield, Waterville

CHELAN - Chelan Valley Hope is open Monday thru Thursday, 9 a.m.-Noon and 1-3 p.m. Come visit Terri's Pantry. It offers non-food items to those in need. You can choose between items such as: shampoo and conditioner, laundry soap, toothpaste & toothbrushes, toilet paper, diapers, feminine hygiene items, dish soap, dog or cat food, and more. Pantry donations are welcome and can be left during business hours. CVH is located at 417 S. Bradley Street. They provide social services at no cost to all individuals and families in need, empowering people to improve their own lives. HOPE is clearly the message by giving people the support and tools needed in crisis or difficult life circumstances; by providing relief, emergency shelter, rent and utilities assistance, food and fuel vouchers, and bringing solutions and relevant resources to achieve long term independence and stability. More information at chelanvalleyhope.org including a Donate Button. Call 509-888-2114 for a client appointment or to volunteer.

Sept. 22

Bingo is back

BREWSTER - Bingo is back at the Brewster American Legion, every Thursday night at 6 p.m. It is open to public. Come early to purchase game packets and markers. Check out their Facebook page at American Legion Columbia Post 97 for more events.

Sept. 24, 27

Farmers Markets

WIC and Senior Authorized Farmers Markets with payment options: Methow Valley Farmers Market (Twisp) 201 Hwy. 20 South, Parking Lot, Saturday, 9 a.m.-Noon, April-Oct. 29; Okanogan Valley Farmers Market (Okanogan), 999 2nd Avenue N., Legion Park, Tuesday and Saturday, 9 a.m.-1 p.m., now thru Oct. 29; and Okanogan Valley Farmers Market (Omak), Omak East-side Park, across bridge from downtown, Tuesday, 3:30-6:30 p.m., now thru Oct. 25. If there is not a distribution site in your area, and you live within Adams, Chelan, Douglas, Grant, Lincoln and Okanogan counties, please contact Kathy Wright 509-886-0700 ext. 235 / 800-572-4459.

September 26

Okanogan County PUD meetings

OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners will be held Monday, September 26, at 3 p.m. For more information okanogapud.org

September 26

Douglas County PUD meetings

EAST WENATCHEE – The next meeting of the Douglas County PUD Commission is September 26 at 1:30 p.m. in the East Wenatchee office.

Sept. 30

Okanogan County School Retirees' Assn. to meet

OMAK - Okanogan County School Retirees' Association will hold a general meeting 11 a.m., Friday, September 30, at El Torito Bar & Grill, 914 Koala Dr., Omak. Rena Shawver, Ex-

ecutive Director of Okanogan County Community Action Council, will speak on "The Needs of Our County".

September 30 deadline

Nominations for the Highly Capable Program sought

BRIDGEPORT - Highly Capable students perform or show potential for performing at significantly advanced academic levels when compared with others of their age, experiences, or environments. Outstanding abilities are seen within students' general intellectual aptitudes, specific academic abilities, and/or creative productivities within a specific domain.

Bridgeport School District is committed to identifying and providing for the unique educational needs of all of our students. Through September 30, they will solicit nominations for the Highly Capable Program. Students may be referred by parents, family, school staff, and community members.

Nomination forms: at www.bsd75.org. Please return completed forms to the district office (1400 Tacoma Ave., PO Box 1060, Bridgeport, WA 98813).

October 11

Survivors of Suicide Loss Support Group

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

October 11

Okanogan County Fair Advisory Committee

OKANOGAN – The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

QUAD CITY CHURCH GUIDE

BREWSTER • BRIDGEPORT • PATEROS

BREWSTER



www.cbcbrewster.com
Sunday Worship 9:30 a.m.

COMMUNITY LOG CHURCH

Sunday Worship 10 a.m.
509-689-2224 • 501 W. Indian Avenue
www.communitylogchurch.com
Pastor Gordon Wright



HOPE LUTHERAN CHURCH

Sunday Worship 11:00 a.m.
Holy Communion 1st, 3rd, & 5th Sunday
Bible Study & Sunday School 10:00 a.m.
509-689-3106 • 1520 Sunset Dr.



NEW TESTAMENT BAPTIST

Sunday 10 a.m., 11 a.m. & 6 p.m.
Wednesday 7 p.m.
Adult Prayer & Bible Study and King's Kids
509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible."
- Matthew 19:26

To place your Church information in the Church Guide call Ruth at 509-682-2213 or email: ruthk@lakechelanmirror.com

OBITUARIES

Juan C. Martinez, Sr.

Juan C. Martinez, Sr. passed away peacefully at home at the age of 81, on September 10, 2022. He was surrounded by his loved ones.

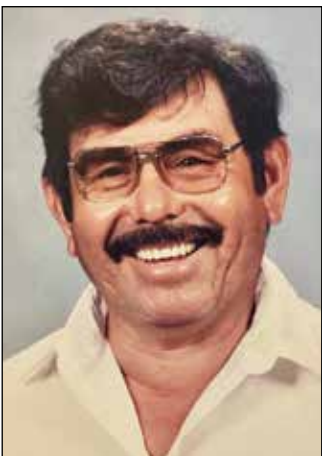
Juan was born on June 6, 1941, in General Teran, Nuevo Leon, Mexico, to parents, Guadalupe Martinez Gonzales and Exiqia Martinez Chavez. He was number six of fifteen siblings and half siblings.

On February 26, 1956, the Martinez family made their way to Texas for work and a new start. Then, in January of 1960, they made their way to California, where he met Florinda Montemayor Caballero.

In May of 1965, Juan and Florinda were married and they raised four children: Jorge, Juan, Maria, and Dario.

In 1970, Juan and Florinda moved their family to Bridgeport, Washington, where they made their permanent home. They raised their four children and were later blessed with 12 grandchildren.

Juan was a beloved member of the community. His legacy



will live on in the hearts and minds of his family, friends, and all who knew him.

Visitation was held at Barnes Chapel in Brewster, Washington, on Friday, September 16, 2022. Services were held Saturday, September 17, 2022, followed by a graveside service at the Bridgeport City Cemetery. Please leave any thoughts and memories for the family at www.barneschapel.com. The family entrusted the services to Barnes Chapel.

Richard E. Sellers

"The best portion of a good man's life is his little, nameless, unremembered acts of kindness and of love." -William Wordsworth

Richard E. Sellers, 93, who died on June 1, 2022, surrounded by family, lived such a life.

Richard (Dick) was born in Yakima to Benjamin F. and Agnes Sellers. He grew up in Yakima attending Catholic schools. Among his fondest memories was any time spent at the cabin that his father helped build near the American River. He liked skiing, camping, and stargazing in the eastern Cascades. He learned the importance of work. First jobs included sweeping floors at a local drugstore, picking hops, apples, and "candling eggs at a chicken farm, not much fun, and bad for the lungs."

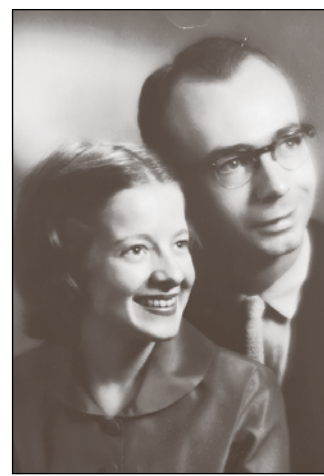
Dick graduated from Marquette High School in 1947 and started his banking career as a messenger for Seattle-First National Bank in Yakima. He joined the National Guard. He met the love of his life, Patricia (Pat) Lamb, at the bank. When he first saw her, he was speechless, too taken to ask her out. Eventually, a friend at the bank set up a double date, and the rest is history. He said that his wedding day was the most beautiful day of his life. Pat and Dick had three children, Gregory Richard, Sharron Patricia, and Linda Ann.

Dick's banking career took the family to Coulee Dam, Bridgeport (vice-president

and manager, Security Bank of Washington), and to the Tri-Cities. At times, he took second jobs in the evening and on weekends. He became certified as a real estate appraiser, working for Rainier Bank and Great Western Savings Bank, and later became self-employed as a residential appraiser. After retirement, he retained an active interest in managing investments and finances.

He was always there for his kids. Ran out of fuel? He brought a gas can to you. Car broke down? He drove miles to pick you up. Missed your ride to the airport at the crack of dawn? He got you there in time. Need someone to wave a campaign sign? He was there at the corner. Working double shifts? He picked up your groceries. He was there for his grandkids, too. Need a ride to or from school, music lesson, or sport practice? He was there. He attended sporting events, concerts, plays for his children and his grandchildren.

After Pat died in 2001, he moved back to Yakima to be near his grandchildren and to renew old friendships. He took walks almost daily with long-time friend, Art Marsh, who said, "He's one of the nicest, most honest, and generous persons I've known in my life." He became close friends with his new neighbors, Dale and Shirley Phipps. He'd drive hours to visit family and friends, to see how they were doing, to reminisce, or to enjoy



Husky football or Mariners baseball with them.

Dick loved cars. He bought his first car as a teen and his last car at 90. He loved the freedom of driving. He could talk cars. His favorite stories often involved road trips. Like the time he drove a new car solo from Chicago back to Yakima for a local car dealer when he was barely 20. That trip involved going to a baseball game at Wrigley Field, visiting an old family friend, and being delayed by a flat tire on a mountain road late at night. Then there was the time he drove to San Francisco with his best friend. And of course, there was the honeymoon road trip to Las Vegas. The road trip tradition continued with his family. Vacations to visit northwest mountains, beaches, national parks, as well as adventures in other states and in Canada.

In his 70s and 80s, his road trips often involved travel with one of his children, whether it was going to Cougar football games, exploring his grandfather's past at Fort Laramie, Wyoming, or revisiting the American River area of his childhood. And, the short and important road trips for strawberry shakes and hamburgers.

Not all his trips involved cars. He traveled with family and friends to places he had longed to see: Elvis's Graceland, Hawaii, Alaska,



the Normandy Beaches, Paris, London, and Iceland.

Throughout his life, Dick got up in the morning and tried to do his best. His life was fraught with challenges, but his resilience saw him through his 93 years. He was funny, a little bit wry. He was engaged. He enjoyed talking about the news, history, politics, films, and sports. He loved reading. He appreciated good meals. He took pleasure in seeing old movies and shows with quirky characters. Late in life, he developed an interest in watching birds and sunsets from his window.

Dick was preceded in death by his beloved wife, Pat, his son, Greg, his older brother, Ben, and other much-loved family members and life-long friends.

He is survived by his daughter Sharron Sellers and her husband Marlin Appelwick, daughter Linda Sellers and her children Jae, Annaliese and Megan McCambridge, and his nieces and nephews.

He loved. He was loved. His generosity of spirit and sense of humor touched everyone he met. He will be greatly missed.

A graveside service will be held at 2 p.m., October 7, 2022 at Tahoma Cemetery in Yakima, followed by a celebration of his life at Wilridge Vineyard.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-689-2507 for more information
Or email ruthk@lakechelanmirror.com

DEATH NOTICE

Vera Lee Jackson

Vera Lee Jackson, 75, of Okanogan, Washington, and formerly of the Brewster-Bridgeport, Washington area passed away on September 8, 2022.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.



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FALL SPORTS PREVIEW



Pateros Girls Soccer Team



Courtesy Olivia Cronin

The Pateros Girls varsity soccer team includes, back row from left: Manager Aldo Caballero, Alex Ruiz, Tea' Asmussen, Wrandie Bowen, Janette Hernandez, Giselle Ceniceros, and manager Juan Ascencion Tellez. Front row: Estrella Vicente, Caroline Zoretic, Joslyn Gonzalez, Jaylee Gonzalez, Jenessa Scroggie, Karina Mota, Alyssa Lopez, and Stevie Simmons.

Pateros Varsity Volleyball Team



Courtesy Erika Varrelman

The Pateros varsity volleyball team includes back row, from left: Adamary Loyola, Dakota Lasley, Kaylee (no last name), Avery Harrison, Addison Henton, and Ava (no last name). Front row: Mallory Moore, Jacky Gomez, and Dylan Miller.

Pateros Cheer Team



Courtesy Erika Varrelman

The 2022-23 Pateros cheer team members include back row, from left: Kellcee Nicholson, Jacky Gomez, C'Aira Murray (coach), Sarai Martinez, and Yareli Ramirez. Front row: Kyla Otom, Joceline Gonzalez, Bobbi Nicholson, and Kinden Hook.

Pateros Junior Varsity Volleyball Team



Courtesy Erika Varrelman

The Pateros Junior Varsity volleyball team includes, back row from left: Kellcee Nicholson, Daniela Espino, Lexi Vargas, and Dulce Vicente. Front row: Jocelynn Hernandez, Bobbi Nicholson, and Samantha Flores.

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Deadline Noon on Friday for the next week's papers

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CASCADE SCHOOL DISTRICT

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Fast Track application process and information can be found on our website at www.cascadesed.org EOE

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NCW Media Newspapers is looking for a Part to full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume. This job is based in Leavenworth, WA. Applicants would be covering Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published monthly. Responsibilities would include: Writing about local events. Photographing sporting events for the local schools. Uploading content once a week to the web.

For the Wenatchee Business Journal: Compiling a list of new businesses/bankruptcies and property listings each month. Keeping up with people, interviewing local businesses and community members and other assigned duties. Candidate would need to have reliable transportation. Pay will be based on experience. Email your resume and writing examples to publisher@leavenworthecho.com or call for an appointment to interview 509-548-5286. 10-5 p.m. weekdays. EOE

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Ear wax - 5 tips to combat it

Q: Which ear drops remove ear wax best?

Some people (like yours truly) are enthusiastic earwax producers and ask themselves this question frequently.

The medical name for earwax is cerumen, which comes from the Latin word "cera," which means wax. But cerumen isn't really a "wax" at all. It's a sticky liquid secreted by the cells of the skin lining your ear canal.

Cerumen has an important job: protecting your eardrum by trapping dirt and dust. Ear wax is supposed to move along your ear canal and out of your ear. Along the way, earwax has an antimicrobial effect, which helps prevent infection of your ear canal.

Some people's earwax just flakes away and never causes any trouble. But for the rest of us, it can be an ongoing source of discomfort. In fact, problems with earwax are one of the most common reasons people make appointments to see their doctor.

Wearing hearing aids or earbuds increases the



production of ear wax and can block the normal movement of it out of your ear.

Cerumen trapped inside your ear canal can cause pressure, discomfort, and hearing loss. Attempting to remove ear wax by sticking cotton-tipped swabs or bobby pins into your ear canal doesn't work very well. The friction stimulates cerumen production and creates a wax plug inside your ear, leading to pressure, pain, and impaction.

The best way to remove ear wax is to soften the wax to help it come out on its own or be flushed out.

There are two main types of cerumen removal drops: oil-based and water-based. Oil-based "drops" include olive oil, coconut oil, and almond oil. At the same time, saline, hydrogen peroxide, glycerin, and docusate are water-based earwax softeners.

There isn't any one best eardrop for ear wax removal.

A recent systematic review of products used to remove ear wax showed no apparent differences between oil-based and water-based products.

The 3 top earwax removal drops in the United States are 6.5% solutions of carbamide peroxide, available as Debrox®, Murine®, and ClearCanal® from NeilMed.

According to a 2018 US News and World Report and PharmacyTimes survey, 96% of American pharmacists recommend carbamide peroxide drops to soften ear wax, while the other 4% recommend glycerin drops.

Carbamide peroxide reacts with earwax to release oxygen, creating foam that liquefies the cerumen and helps it rinse away. I stopped using Debrox® because of the annoying crackling and popping sounds and unbearable tickling sensation inside my ear canal.

Docusate sodium (Waxsol®) ear drops are used to soften earwax in the UK. Docusate is a stool softener or lubricant laxative. It pulls liquid into

hard stool or feces, making it softer and easier to eliminate. It's believed to do the same thing to impacted cerumen. In our clinic, we add docusate liquid in the ear for 1-3 days, then flush the ear canal with warm water.

I use docusate 250mg capsules. After snipping a hole in the end, I squeeze the contents into my ear canal, repeating this twice a day for a couple of days. I flush my ears gently with warm water in a bulb syringe or during a warm shower.

To help ear wax escape, place the nose of the bulb syringe along the top of your ear canal rather than in the middle. Avoid "power washing," which can damage your eardrum with too much pressure.

Remove leftover water from your ears by tipping your head and blotting with a towel or using a hair dryer on a low setting. You can also use an ear drop designed to dry up the water in your ear, like Swim-Ear®, which contains isopropyl alcohol and anhydrous glycerin.

Here Are 5 Tips to Combat Earwax:

1. Don't push cotton-tipped swabs, bobby pins, or rolled napkins into your ear.

These can create plugs of ear wax inside your ear

canal, leading to impaction and pressure, pain, and muffled hearing.

2. Both oil-based and water-based drops work to soften cerumen.

Finding something that works for you is often a process of trial-and-error.

3. Avoid using eardrops if you have ear pain, bleeding, or any discharge from your ear.

Call your doctor instead. You could have an external ear infection, which needs a different approach.

4. Don't use a Water Pik® or high-powered device to flush out your ears.

Too much pressure can damage your eardrum or force fluid past it, triggering an inner ear infection.

5. Use warm water when flushing.

Cold water is uncomfortable and can cause problems with your balance.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. ©2022 Louise Achey

October is Breast Cancer Awareness Month

Are you a survivor? From 1 day to many years

On Oct. 5 we will publish our feature page of survivors, in our Breast Cancer Awareness Special Section, to help encourage the newly diagnosed.

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For additional information please contact Ruth at 682-2213 or ruthk@lakechelanmirror.com

To be included on the feature pages, fill out the form below or pick one up at our office.

Mail your form and/or drop them off by **Wed, Sept. 28**

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Kodiaks take down Bears in non-league game



Senior wide receiver Tyson Schertenleib, 2, gains yardage against the Kodiaks.

Mike Maltais/QCH



Senior running back Reese Vassar takes a first quarter pass from Kelson Gebbers into the end zone for the Bears first touchdown against visiting Cascade in a non-conference game last Friday night, September 16. Final score was Brewster 20 and Cascade 50.

Mike Maltais/QCH

Soto sends another strike into Fillies goal



Mike Maltais/QCH

Bears eighth grade striker Alexia Soto, No. 16, left, sends a shot toward the Bridgeport goal during last Tuesday's (Sept. 13) 4-0 over the visiting Fillies. The win puts the Lady Bears first in District play early in the season following a 2-1 non-conference loss at Omak. Brewster was scheduled to host Reardan on Saturday, Sept. 17, and will travel to Quincy on Thursday, Sept. 22.

THE WASHINGTON OUTDOOR REPORT

A Special Salmon Season

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

First it was the sockeye salmon that came up the Columbia River in huge numbers, over three times what was forecast. Now, it's time for anglers to enjoy a strong fall Chinook run and what looks to be a massive coho run up the Columbia as well.

As of September 14, some 400,000 fall Chinook salmon have passed over Bonneville Dam, about 25% better than the 10-year average. Last year's coho salmon return over Bonneville Dam was a good one with over 118,000 salmon crossing. The bulk of the coho run is still in the ocean or at the mouth of the Columbia and despite that over 70,000 silvers have crossed Bonneville, meaning anglers could see a truly epic return of these fish into the Lower Columbia River and Columbia River Gorge this fall.

ion of most biologists, favorable ocean conditions. Warm water blobs in the Northern Pacific and the Gulf of Alaska between 2014 and 2016 led to a lack of forage fish and very low returns of salmon for several subsequent years. Now, the waters are once again cool and holding large quantities of food for the growing salmon to include herring, candlefish, squid and shrimp.

The fall Chinook fishing should remain strong through the month of September and coho fishing, especially in the Columbia River Gorge, is expected to be strong this year thru the month of October.

Early Fall Hunting

Several opportunities for hunters are available this month. This includes the continuation of the fall bear and dove season which have been open for several weeks now. Archery hunters have been targeting both elk and deer in select game management units around the state. Forest grouse hunting also opened on September 15, as did the high buck hunt for deer in the Cascades and select portions

OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT

Douglas County Sheriff

- Sept. 9**
07:09 Agency Assist, 300 Sunset Way, Waterville
15:09 Public Assist, 770 Rd. 8 NW, Waterville
17:19 Harassment/ Threat, 217 E. Poplar St., Waterville
20:45 Welfare Check, 12th St. and Columbia Ave., Bridgeport
- Sept. 10**
11:11 Court Order Violation, 15410 US Hwy. 2, Waterville
13:02 Littering, 2600 block Highland Dr., Bridgeport
20:31 Noise Complaint, 1809 Raymond Ave., Bridgeport
- Sept. 11**
11:14 Burglary, 400 27th St., Bridgeport
12:31 Agency Assist, 214 W. Poplar St., Waterville
19:55 Welfare Check, 22078 US Hwy. 97, Orondo

- Sept. 12**
09:27 Welfare Check, 200 2nd St., Bridgeport
09:32 Public Assist, 1000 16th St., Bridgeport
11:28 Juvenile Problem, 210 E. Locust St., Waterville
13:05 Welfare Check, 62 N. Douglas Creek Rd., Waterville
16:55 Trespassing, 315 S. Greene St., Waterville
16:56 Public Assist, 110 S. Mansfield Blvd., Mansfield
- Sept. 13**
12:22 Vehicle Prowl, 1390 Rd. F NW, Mansfield
15:30 Disturbance, 309 S. Central Ave., Waterville

- 18:20 Animal Problem, 310 Fairview Ave., Bridgeport
- Sept. 14**
11:22 Animal Problem, 311 Rd. 8 NW, Waterville
11:48 Animal Problem, 1951 Monroe Ave., Bridgeport
13:05 Agency Assist, 310 Fairview Ave., Bridgeport
15:34 Extra Patrol, Rd 14 NE and Main St., Mansfield
17:37 Warrant, 500 26th St., Bridgeport
19:08 Agency Assist, 310 Fairview Ave., Bridgeport
- Sept. 15**
07:44 Non-injury Accident, Badger Mtn. Rd. MP 18, Waterville
08:17 Parking/ Abandoned Vehicle, 24 Crystal Moon Rd., Orondo
12:00 Juvenile Problem, 200 E. Birch St., Waterville
12:29 Agency Assist, 310 Fairview Ave., Bridgeport

Brewster Police Department

- Sept. 7**
12:41 A caller reported a suspicious white male subject holding a machete walking northbound, then up and down Monse River Rd. in Brewster.
13:42 A 911-hangup call was received from Plaza Way in Brewster.
14:39 A wanted person was reported on Monse River Rd.
15:50 A second unit was requested for a situation that was violent on Maple St. in Brewster.

- Sept. 8**
09:50 A disabled vehicle was reported on S. 7th St. and W. Indian Ave. in Brewster and NAPA was delivering a battery.
11:34 A domestic dispute was reported on E. Ester Ave. in Brewster.
15:40 An alarm was reported on S. Bridge St. in Brewster for about an hour and it was unknown if anyone was inside the residence.
17:22 A noise complaint was received on S. 7th St. and W. Cliff Ave. in Brewster involving a subject described as a younger hispanic male driver, in a red BMW car with no front plate and loud exhaust.
- Sept. 9**
19:45 A medium size brown and white stray dog was reported running loose on S. 7th St. at the Brewster grade school.
20:04 Aerial fireworks were reported in the S. 1st St. area in Brewster.

- Sept. 10**
10:37 A caller at Brewster Marketplace reported a 40-year-old hispanic male subject that was highly intoxicated and they wanted him to leave.
- Sept. 11**
19:13 A domestic dispute was reported on W. Cliff Ave. in Brewster for a caller's 14-year-old brother that was being aggressive towards her and her mother, grabbing them.
22:57 A stray animal reported as Bruno was at a caller's residence on S. 7th St. in Brewster.

- Sept. 12**
10:50 A 911-hangup call was received from W. Main Ave. in Brewster.

- Sept. 13**
01:02 A subject was reporting doing drugs in the bathroom at a location on Hwy. 97.
20:47 A possible domestic dispute was reported on S. 4th St. for a commotion at apartments, the caller could hear a spanish-speaking male and female subjects and heard banging on the walls.

- Sept. 14**
19:14 A caller in Brewster reported a subject threatened to kill him.

- Sept. 15**
No local reports.

- Okanogan County Sheriff**
Sept. 8
00:56 A citizen dispute was reported on Paradise Hill Rd.

- in Brewster, a subject was a minor and possibly drinking either in Brewster or Bridgeport.
13:06 A vin inspection was requested on Pedersen Rd. in Pateros for seven older vehicles, approximately 50s or 60s year models.

- Sept. 9**
08:05 An ongoing issue with barking dogs was reported on Mountain View Dr. in Brewster that happened 6-10 a.m. nearly daily.
10:25 An abandoned gray 4-door Jeep was left on a caller's property on Hwy. 153 with For Sale signs on it and no license plates, for two days.
11:06 A caller reported a suspicious circumstance in that someone had been messing with the irrigation pump that goes into the river on Old Hwy. 97A in Brewster.
19:41 An order violation was reported on Stennes Point Dr. in Pateros when a subject revved her diesel engine at the caller's children while they were picking fruit on his property.

- Sept. 10**
21:51 A caller on North Star Rd. in Brewster reported finding meth in a residence and was concerned a baby there could have gotten it. The caller advised it was an ongoing issue.

- Sept. 11**
06:14 A neighbor was reported burning trash on North Star Rd. in Brewster.

- Sept. 14**
19:14 A civil dispute was reported on North Star Rd. in Brewster and they requested a call for options.

- Sept. 12**
No local reports.

- Sept. 13**
06:54 A red, 4-door, '95 Honda Civic was reported stolen from Monse Bridge Rd. The title and registration were in the vehicle and it was locked.

- Sept. 14**
12:57 A traffic hazard was reported on North Star Rd. in Brewster when a caller reported getting run off the road by a subject driving a dump truck.
19:14 A caller in Brewster reported a subject threatened to kill him.

- Sept. 15**
20:22 A caller on W. Warren Ave. and N. Eveline St. in Pateros reported a suspicious loud crash and a juvenile in a gray hoodie was walking towards the tennis courts.



Courtesy Dave Eng

Guide Dave Eng caught this big Chinook this past week in the Columbia River Gorge near the Deschutes River.

In the past week anglers have been catching quick limits of Chinook salmon in the Columbia River Gorge, especially near the mouths of the Klickitat and Deschutes Rivers. As far as technique goes, trolling lures behind flashers has been more productive than hover fishing with eggs.

The Lower Columbia River from the mouth to Bonneville Dam closed early this month to protect tule fall Chinook salmon, a stock that is still not doing well. However, the bulk of that run has passed and on the 15th portions of the Columbia reopened with a three hatchery coho daily limit near Buoy 10. Anglers can also fish between Reed Island near Washougal to Bonneville Dam and keep both hatchery coho and Chinook salmon.

Another part of the river anglers and guides are flocking to now is the Hanford Reach near the Vernita Bridge. This area is known for it's run of very big fall Chinook and the bite is getting going here now.

Why are the numbers so strong this year? In the opin-

of the Olympic Mountains range. This last hunt is a modern firearm hunt which runs through September 25 and is a buck-only hunt with a three-point minimum on the antlers. The archery seasons for deer and elk run through the 22 or the 25 of September, depending on the species and area hunted. Check the regulations for further details.

In addition to this there are some special pheasant hunts coming up to include one for hunters 65 years and older as well as for hunters with disabilities that runs from September 19-23. This year's youth waterfowl hunt in Eastern Washington, normally held in September, takes place October 1. The youth pheasant hunt took place September 17 and 18 this year. Birds were scheduled to be released at select state wildlife areas prior to that pheasant hunt, meaning seniors should be able to kick up a few roosters this week.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

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