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& CAR

GARDEN

## Odegard-Harris receives 30-year service award



Courtesy Douglas County PUD  
Douglas PUD Technician III Jeff Odegard-Harris, second from left, was presented with his 30-year service award by PUD Commissioners Aaron J. Viebrock, left, Molly Simpson, and Ronald E. Skagen during the Commission's Oct. 10 meeting.

## Senior Center will host Holiday Crafts Bazaar on Nov. 5

BREWSTER – The Senior Center will host a Holiday Crafts Bazaar from 9 a.m. to 3 p.m. on Saturday, Nov. 5. Center president said all vendor spaces are

already filled. A soup lunch and bake sale will also be featured.

Center president Charlene Knox said funds from the sale will be applied toward needed

kitchen equipment and accessories.

“We need a new mixer,” said Knox. “We’d like to get some steel tables, things like that.”

## Apple STEM, NCW Tech Alliance present learning forum

OKANOGAN – The Apple STEM (Science, Technology, Engineering, & Math) network and NCW Tech Alliance have teamed up to present a 2022 STEM & Career Connected Learning Legislative Forum in Okanogan featuring conversations with legislative candidates from District 7 in attendance.

The District 7 forum is scheduled from 6-7 p.m., Tuesday, Oct. 25, at the Okanogan County PUD located at 1331 Second Ave North. The event will be moderated by Dr. Sue Kane, Director of STEM Initiatives & Strategic Partnerships for the NCESD with attending State Representative, Jaquelin Maycumber, and challenger Lonny Williams.

NCW Tech Alliance served as the region’s tech alliance since 1999, championing growth and development in North Central Washington. As a 501(c)3, NCW Tech Alliance’s mission is to bring together people and resources in technology, entrepreneurship, and STEM education. For more information visit [ncwtech.org](http://ncwtech.org)

**Apple STEM Network**  
The Apple STEM Network is a regional alliance of K-12, higher education, and community partners in North Central Washington. Apple STEM represents a diverse region with tremendous potential for STEM industry in agriculture, energy and innovation. With

a collective effort the network intends to:

- Provide a constructive support system for educators who aim to meet the rising challenge for all students to develop 21st century skills and STEM literacy
- To integrate community mentorship and promote authentic project-based learning and field experiences for all levels of education.
- Engage students in exploring the world of opportunities on the horizon through STEM.

The STEM & Career Connected Learning Legislative Forums are free, community events. For more information visit [applestemnetwork.org](http://applestemnetwork.org)

## Ballots for the November 8 General Election are in the mail

OKANOGAN - If you have not received your ballot by Friday, October 28, please contact the Auditors Office at 509-422-7240.

Remember your ballots must be signed.

The Auditor’s Office, 149-3rd Ave. N., Okanogan, is open Monday - Friday, 8 a.m. to 4 p.m. and on Election Day only from 8:00 a.m. to 8 p.m. for the following services.

- Voter Registration
- Drop off voted ballots
- Obtain replacement ballots
- Disability Access Voting Units

Drop boxes will be open October 21-November 8.

Drop boxes will be open until 8 p.m. on November 8.

Drop boxes are in 12 locations around the county.

Okanogan - Okanogan County Courthouse Auditor’s Office,

149-3rd Ave. N., room 104.

Oroville - Police Station- 1105 Main St.

Tonasket - City Hall/Library Complex, 209 S Whitcomb Ave.

Omak - Police Station, 8 N Ash.

Omak - 12 Tribes Casino parking lot, 28968 Highway 97.

Pateros - 180 Pateros Mall in parking lot.

Brewster - Library, 108 S 3rd Ave.

Twisp - Twisp City Hall, 118 S Glover St.

Winthrop - Big Red Barn, 51 Hwy 20.

Coulee Dam - Coulee Dam City Hall, 300 Lincoln Ave.

Nespelem - Lucy F. Covington Tribal Government Center, 21 Colville St.

Riverside - Town Hall, 101 1st Street, Riverside.

Drop boxes will close at 8 p.m.

on Election Day

The ballot return envelopes are postage-paid. Voters are encouraged to check with your local post office for cut off times as ballots must be postmarked by election day.

If you need to find out information about the issues you can use the following sources.

- On line voters guide – [vote.wa.gov](http://vote.wa.gov)
- [vote.wa.gov/Okanogan](http://vote.wa.gov/Okanogan)
- [sos.wa.gov/elections/](http://sos.wa.gov/elections/)
- Newspapers and radio

If you are not currently registered in the State of Washington, you can appear in person in the Auditors Office until 8 p.m., November 8, 2022 and register to vote and be able to vote in the General Election.

If you have any questions, please feel free to contact the Auditors Office, 509-422-7240.

## Okanogan County Sheriff issues fraud call alert

By MIKE MALTAIS  
STAFF WRITER

OKANOGAN – Sheriff Tony Hawley issued a fraud call media release on Oct. 10 advising county residents of fraud calls.

“We have received multiple reports of county residents receiving telephone calls from a person claiming to be from the Okanogan County Sheriff’s Office,” said Hawley. “These calls have requested the callers to call 509-414-7003 and is describing the matter as ‘very urgent’. I called the number to investigate and was sent to a

voicemail prompt, requesting I leave a message.”

Hawley stressed that the number is not associated with an Okanogan County location but rather connected with the Chattaroy, Washington area. The voicemail message mispronounces Okanogan and the male caller provides a name which is not that of any Okanogan County Sheriff’s Office employee.

“This number is not associated with Okanogan County Sheriff’s Office or any of our other Law Enforcement partners who utilize the Okanogan County

Sheriff’s Office Emergency Communications Center,” said Hawley. “The proper number to call is 509-422-7232 which will not prompt you to leave a message.”

Hawley cautions residents who receive the suspicious call not to divulge any personal information.

“If you are ever questioning if a call of this nature is for legitimate law enforcement business, call into the Communications Center to verify that it is valid,” said Hawley. “Be sure to safeguard your personal information to prevent fraudulent activity.”

## Brewster Chamber reviews Halloween, Christmas events

By MIKE MALTAIS  
STAFF WRITER

Brewster – Halloween, Best of the Best nominations, chamber officer elections, and Christmas events were among topics discussed at the regular monthly meeting of the Brewster Chamber of Commerce last Wednesday, Oct. 12 at its Brewster Senior Center headquarters.

Senior Center President Charlene Knox, owner of the Rusty Relic at 400 Indian Ave. W., was presented a Certificate of Appreciation for her support of this year’s Brewster Salmon Derby.

Chamber President Mike Mauk announced that PIFCU at 112 Seventh St. N. is sponsoring the trophies and posters for the Halloween Trick or Treat on Main Street and costume contest with a \$200 donation.

The Senior Center will host a chili and corn bread feed from 5-7 p.m. on Halloween night.

“We will pre-sell tickets available to purchase at either the senior center or Rusty Relic,” said Knox, “\$6 for adults and \$4.50 for children 10 and under. We’re not doing desserts because of the candy.”

The center will also hold a pumpkin-carving contest. Entrants can begin bringing their already-carved pumpkins to the center at 3:30 p.m. Halloween day. Knox said she is considering two categories, 14-and under and 15-and -older.

“You have little kids that cannot carve like adults can,” said



Mike Maltais/QCH  
Senior Center president Charlene Knox, owner of the Rusty Relic, holds the Certificate of Appreciation presented to her by Brewster Chamber of Commerce President Mike Mauk at last week’s meeting acknowledging her support of this year’s Brewster Salmon Derby.

Knox. “An eight-year-old child can’t compete with a 40-year-old artist.”

Pumpkins will be numbered so those voting will not know who carved what.

**In other business the chamber:**

- Called for chamber members to submit nominations for new chamber officers for 2023. Nominations will be presented at the next regular chamber meeting in November.
- Requested nominations for 2022 Brewster Best of the Best citizen and businesses nominations. Submissions are due Nov. 20. Visit [brewsterwachamber.com/awards-nominations](http://brewsterwachamber.com/awards-nominations) online to vote your choice.

- Reminded members that Small Business Saturday is Nov. 25 this year.

- Discussed Christmas tree lighting, additional Legion Park decorations, business decorating and volunteers. Santa and Mrs. Claus have been reserved for an appearance. The Brewster Boys and Girls Club will be contacted for volunteers to help with decorations.

- Launched new membership drive with letters/invoices to all members requesting commitments to the county info book and Vacationland. Dues are needed by the end of December.

The next regular meeting of the Brewster Chamber is at 6 p.m., Nov. 9, at the Senior Center.

## Celebrate Halloween from Pateros to Mansfield

By MIKE MALTAIS  
STAFF WRITER

Quad Cities – Halloween will offer something for everyone as organizations from from Pateros to Mansfield remove the masks from their plans for spooky fun and special treats.

**Pateros**  
Trunk or Treat, crafts, face painting and a movie are among activities that will be available at the Pateros school on Friday, Oct. 28. Trunk-or-Treat from decorated car trunks will run from 4-6 p.m. in the school parking lot. At the same time crafts and face painting will be available. While the event is

free to the public some activities will serve as fundraisers for school classes and sports teams.

At 6:15 p.m. a movie in the school gym will show The Adams Family. Bleachers and floor seating will be available, but for added comfort viewers are encouraged to bring blankets and pillows. The Pateros Booster Club will be selling concessions.

**Brewster**

The Chamber of Commerce will once again present Trick-or-Treat on Main Street and a popular costume contest to draw families to the downtown on Monday, Oct. 31. Lineup for

the costume contest will start at 3:45 p.m. in Legion Park with judging at 4 p.m. Five age categories from 0-2, 3-5, 4-8, 9-11, and 12-up, will compete for first, second, and third-place trophies for each group.

The Senior Center will offer a chili and cornbread feed where patrons can also vote for favorite entries in the pumpkin carving contest.

**Mansfield**

According to sources at the Mansfield Lions Club, the Mansfield Fire Department will host Trunk-or-Treat at the fire hall on Monday, Oct. 31, followed by activities for kids at Harold Beard Park.

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# Window weatherization 101

StatePoint - Prepping windows for cold, gusty weather are essential no matter your home's age, but what exactly needs to be done? Read on for the ultimate breakdown of how to seal windows and protect your home from the winter chill.

**Step 1 - Test for Air Leaks.** Any style of window could have small air leaks that allow drafts and moisture to enter without your knowledge. Check your windows' seals by lighting a match or candle and seeing if the smoke is affected by a breeze. The smoke trail can help pinpoint any small cracks you should address while weatherizing.

**Step 2 - Fill the Seals.** Reinforcing the seal around the entire window frame will ensure it's ready for cold weather.

Using a product such as Duck brand Foam Weatherstrip Seals will help form a solid barrier around window edges, thanks to self-adhesive foam strips that block drafts. This can help lower utility costs by stopping leaks. Updating these seals every few years helps keep the window frame in the best possible shape and maintains protection from the winter winds.

**Step 3 - Restore with Paint.** Updating your window with a fresh coat of primer and either paint or stain helps keep it in great condition for a change in season. Not only will it provide a new look, but paint or stain also creates a tight seal around the wood framework and acts as an additional barrier for pinhole cracks or air leaks.



Courtesy StatePoint  
**Fill the Seals. Reinforcing the seal around the entire window frame will ensure it's ready for cold weather.**

**Step 4 - Insulate the Frame.** Winter weather can be brutal in certain regions. Rolled Window Insulation Kits are crystal clear and create an additional cold-air barrier for when you need extra protection on top of foam seals. The window kit film comes in an easy-to-

use roll of shrink film, which means no measuring is needed, and excess film can be cut once applied. Once secured to indoor window frames, the film provides an airtight seal that can be removed once warmer weather arrives. **Step 5 - Add Thermal Protection.** After preparing your window for the approaching winter winds, swap out your everyday curtains for thicker, thermal fabric window treatments. These insulating curtains typically have two or three layers of thick fabric, combined with a layer of acrylic foam, to prevent air infiltration and cold.

Precautionary steps to seal in warm air and keep out potential drafts will help reduce energy costs this winter - and help protect the longevity (and comfort) of your home.

## 5 ways to save at a time of higher gas prices and rising inflation

StatePoint - With higher gas prices and rising inflation putting pressure on finances, drivers are looking for ways to save on the cost of car ownership. On average, it costs between \$15,000- \$24,000 to own a car over a five-year period, including fuel, maintenance, insurance, repairs, financing, and state fees.

While some of those costs are beyond your control, here are five things you can do to lower the cost of car ownership:

**1. When shopping for a vehicle,** compare prices at multiple dealerships and research factors that will influence the cost of owning a particular model car, such as its fuel efficiency, along with the estimated cost of repairs and parts replacements down the line.

**2. Scan local gas stations** for the best price and consider becoming a rewards member at grocery stores that offer fuel perks. Certain gas brands have rewards programs as well, many of which you can access via smartphone apps.

**3. Consider setting up a savings account** for car-related expenses. Earmarking some of your income for automotive needs will help ensure you can cover expected and unexpected costs.

**4. Drive safely and more consciously** to conserve fuel. According to the U.S. Department of Energy, "obeying the speed limit, accelerating and

braking gently and gradually, and reading the road ahead can improve the fuel economy of your vehicle by 15%-30% at highway speeds and 10%-40% in stop-and-go traffic."

**5. Talk to your insurance agent** to make sure you are getting all the car insurance discounts you deserve. Some insurance companies offer a wide range of discounts and money-saving features, such as first accident forgiveness, diminishing deductible, reduced usage, youthful driver, and college student. They also offer a discount for bundling policies and have an app called YourTurn that can reward you for safe driving. Drivers may earn up to \$20 a month in gift cards.

"We know that at a time of rising prices people are looking for ways to reduce the cost of car ownership, and insurance is one place to start," said Bob Buckel, vice president, Personal Auto, Erie Insurance. "Looking for a plan that gives you exactly what you need and nothing you don't means you'll be protected while not paying any more than you should. This is a great time to reach out to your independent insurance agent to review your policy and discounts."

While the future of inflation rates and gas prices is uncertain, the good news is there are creative ways to lower the cost of owning your car so you can enjoy the road.

## Top 5 ways to reduce your home energy costs this fall

BrandPoint - As temperatures begin dropping this fall, you may be worrying about rising energy costs. Fortunately, there are a number of simple, proactive steps you can take that will save on energy and expenses for your home - while also increasing comfort - today and well into the future. On top of that, you will also be helping to increase the value of your home with these effective energy-saving measures.

Consider these 5 steps to

help your home become more energy efficient.

**1. Give your furnace or boiler a checkup**

Get in the habit of having your furnace or boiler professionally tuned up and cleaned at least once a year, ideally just before the weather starts turning colder. Just as you perform regular maintenance on your vehicle, make sure your entire HVAC system is in top condition - and replace your furnace filter at least every 90 days - to help your HVAC

system run more efficiently. This will reduce your utility bills over time, while keeping you and your family warmer.

**2. Go tankless**

Looking for a great way to cut down on energy usage and also ensure more consistent access to hot water? Upgrading to a tankless water heater will save on energy and expenses compared to a traditional water heater. For example, Noritz EZ Series high-efficiency, condensing tankless water heaters are engineered

to replace larger, conventional storage tank-type units, cutting both installation time and costs substantially. The wall-hung technology also has zero footprint in your home, which is a great space saver for smaller homes or if you just need more areas for storage. Tankless water heaters efficiently provide continuous hot water - meaning no more cold showers - along with big energy savings. In addition,

SEE ENERGY ON PAGE A3

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## 5 steps everyone should take to prepare for natural disasters

StatePoint - There's no better time than right now to prepare yourself and your family for the unexpected. Don't wait until torrential rain and high winds beat on your windows or wildfire flames glow on the horizon. In those moments, your only thought will be getting your family to safety. According to the Association of International Certified Public Accountants, nearly 30% of people have not taken any steps to prepare their family for a natural disaster, yet more than 60% of Americans believe they will likely be impacted by one in the next three to five years. While no one likes to dwell on worst-case scenarios, taking time now to prepare your family for any unexpected event will save you precious time when a disaster strikes, and help you evacuate at a moment's notice if need be. Here are a few ways to start. Pack Your "Go Bag": A "Go Bag" is a disaster kit that ensures that you and your family have everything you may need in an emergency. The American Red Cross recommends packing an emergency radio, water container, food supply for three days, a personal hygiene kit, a first aid kit and any medications your family

needs. If you have a pet, ensure you have enough food, medications, a leash, collar, ID tags and even a crate or kennel in case you need to evacuate to a public shelter. Some other items to include are a flashlight, batteries, multi-tools, duct tape, exam gloves and hand sanitizer. **Know What Natural Disasters Could Affect You:** According to the Department of Homeland Security (DHS), 90% of disasters within the United States involve flooding and an estimated 1,000 tornadoes touch down every year. Knowing what natural disasters your region is prone to, can help you best prepare. Stay Informed: There are various apps and alerts you can sign up for to stay on top of any weather developments. You can get the latest storm forecasts online from NOAA's National Weather Service and the National Hurricane Center. You can also download the Federal Emergency Management Agency app to send notifications to loved ones, locate emergency shelters in your area and more. T-Mobile and Metro by T-Mobile customers can call 611 or visit T-Mobile.com to stay up to date on response and recovery efforts.

**Use Tech to Protect Your Essentials:** Using technology to store all your important documents on a secure jump drive or in cloud storage can help keep you protected during an emergency. There are several apps available like Google Scan Drive that allow you to use your phone's camera as a scanning device. The DHS recommends you capture important documents like insurance policies, identification documents, medical records, and pet information. You can also scan memorabilia like family photos in case the physical copies are destroyed. **Stay Charged:** To stay connected during a storm, keep your phone fully charged. Make sure you have fully charged portable power banks to keep your smartphones charged and the correct charging cables. Doing so will help you reach loved ones and find safety when disaster strikes. To maintain an optimal battery level, set your phone to power saving mode and use airplane mode when your phone is not in use. Don't wait until an emergency is looming to prepare. Taking key actions now can help you stay safe, informed, and connected during a natural disaster, and help you recover in the aftermath.

## ENERGY

CONTINUED FROM PAGE A2

tankless water heaters like the Noritz EZ Series also result in reduced carbon emissions and have a longer life expectancy than traditional models. Tankless water heaters use top-mounted water connections, avoiding the need for additional and costly plumbing. Even better, you can often find money-saving rebate programs from your local gas utility for your new tankless water heater that will help cut the installed cost even more. **3. Insulate your attic** You're probably aware that heat rises - so if your attic is not properly insulated, you may be losing a lot of heated air through your roof every winter. Lack of good attic insulation can also lead to damage from ice buildup, which is costly to repair. If you own an older home, it's a good idea to have your attic inspected for insulation before winter sets

in. And while older homes are the least likely to have properly insulated attics, even if you have a newer home it's worth having a professional check to see if your attic is under-insulated. This can make a big difference when it comes to heating costs. **4. Make your thermostat programmable** If it's been a while since you upgraded your thermostat, you may be surprised at what new programmable thermostats can do to help keep your home comfortable while also saving on utility bills. The latest models provide much better fine tuning when setting your thermostat, allowing better control of the energy you're using to heat (or cool) your home. You can make sure you're not overheating your house when you're asleep or not at home. Traveling or on vacation? New smart thermostats allow you to adjust your home's thermostat controls remotely, using your phone or another electronic device.

**5. Check for leaks** Every year, homeowners lose a lot of heated (or cooled) air through leaks around areas like windows, doors, and chimneys. Inspecting your home for leaks can alert you to spots where you may need to improve caulking, flashing, or weather-stripping for a low-cost fix. For a longer-term solution, you may want to consider replacing older, less energy-efficient windows and doors with new ones. For help finding leaks, call your utility company. Many provide energy audits to help customers locate trouble spots in their homes. By taking a few of these proactive steps, you can help your family stay cozy and comfortable all winter, while also helping to save energy and protect your budget. Visit EZSeries.Noritz.com to learn more about how you can save energy, space and expenses on heating water for your home.

## Designing your garden for better mental health

StatePoint - Gardening is not only a means for beautifying outdoor spaces and growing delicious foods. According to those who spend significant time in the yard, getting outside can also support your wellbeing. "Gardening is good for the mind, it's good for the soul and it's good for the body," said legendary football coach, Vince Dooley. "I enjoy coming out to garden, and when I finish, I feel like I've done something, and I feel good." Landscape architect Doug Scott of Redeem Your Ground recently visited Dooley in Athens, Ga. to discuss gardening and mental health. Here are some of the insights they shared:

**Designing Your Garden** Scott advises designing your garden to reflect how you want to live outside. He typically builds "rooms" connected by meandering paths for resting, unwinding, and feeling restored. However, your outdoor spaces don't always need to be quiet. They can encourage activity as well. If you enjoy company, create gathering spaces. Or, if you have hobbies that can be done outdoors like exercising, painting, or writing, you can set aside areas for them. Finally, Scott recommends designing your garden to awaken your five senses. Here's how:

1. Sight: Choose calming colors, or those that bring you joy. The simple sight of a breathtaking array of plants or an arrangement of favorite flowers is bound to give your mental health a boost. 2. Taste: Growing your own food will provide you with an incredibly rewarding harvest. Not only will you be able to enhance meals with the fruits of your labor, but you'll also get the personal satisfaction of a job well done. 3. Hearing: Among the plants and flowers, add fixtures, such as wind chimes and water features, that'll produce soothing sounds. And with the new habitat you've created, you'll enjoy bird song, too! 4. Touch: From the light, feathery textures of petals to the rough surfaces of bark or bush stems, touch offers a deeper sense of connection to nature. 5. Smell: You may already use aromatherapy indoors. Take this concept outside by growing fragrant flowers and herbs, so you can literally "stop to smell the roses." Scott and Dooley offer more insights in "Garden Therapy," a recent episode of "Done-In-A-Weekend Projects," an original series from lawn care equipment manufacturer, Exmark. To watch the video, visit Backyard Life, which is part of a unique multimedia destination with a focus on helping homeowners make the most of outdoor spaces. There you can also download additional tips and view other Exmark Original Series videos. By gardening, your mental health will be better off for it. Just be sure to start small, simple, and stress-free.

**Health Benefits** Active benefits: Gardening exercises the body and clears the mind. Studies show that increased outdoor exposure leads to fewer long-term health problems, helping improve cardiovascular fitness, flexibility, strength, and dexterity—all leading to better mental health. Simply planting, growing, harvesting, and maintaining plants gives you a direct emotional boost. Why? Gardening helps foster nurturing instincts and restores a sense of hope and purpose, ultimately improving self-esteem. Passive benefits: Don't have a green thumb? Don't worry. Scientific evidence proves that just being in nature has positive impacts on stress levels and brain chemistry. It can also lower blood pressure, increase concentration and improve mood. What's more, being outdoors offers a deeper sense of belonging and a new sense of purpose outside the daily grind.

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- 3 USE THE CURTAINS**  
Let sunshine in to warm the house, but keep curtains closed otherwise.
- 4 MAINTAIN HVAC**  
Clean around outdoor units, replace filters, or call a professional.

Learn more at [okanoganpud.org](http://okanoganpud.org)

**Douglas PUD's DIY Checklist**

- Digging? Make sure to call 811 - Call Before You Dig to mark underground utilities.
- Pruning? Look up and Live! Ladders and electric lines don't mix.
- Increasing the electric load in your home with a new hot tub? Call Douglas PUD to determine if your current transformer can supply your needs.
- Installing a generator in case of a winter storm? Please consult a professional to ensure proper installation and safety to our lineworkers.
- Adding some outdoor lighting? Consider fixtures that direct the light towards the ground and minimize light trespass into the night sky.
- Looking to save time and trees? Sign up for SmartHub paperless billing and auto pay!

More information can be found at [douglaspu.org](http://douglaspu.org) or by calling 509-884-7191





## Get your landscape and power equipment in order now, before the cold and snow hit

SUBMITTED BY DEBBI MAYSTER

The yard has taken on greater importance and more people than ever are taking care of their yards. The Outdoor Power Equipment Institute (OPEI) offers tips to homeowners on fall landscape prep and winter outdoor equipment prep.

**Fall Landscape Prep:** Check your landscape and prune limbs that might fall due to ice and snow.

Fuel engines according to manufacturer's specs – use E10 or less. If using battery equipment, make sure your batteries are charged and ready to go.

Aerate your lawn now for lush turf in the spring. When blowing leaves, be mindful of

your surroundings and make sure people and pets are out of the area.

**Winter Equipment Prep:** Protect your equipment in storage – drain or burn off fuel before storing mowers, blowers, or other outdoor power equipment.

Before the first snow, clear debris from the area where you'll be using your snow thrower. Make sure your snow thrower is in good working order and fueled with E10 or less. Your outdoor power equipment helps you get the job done right. Check your owner's manual for the best and safest way to operate it through the changing seasons. For more information visit [www.opei.org](http://www.opei.org).

## 4 steps to prep your room for clean paint lines

(StatePoint) A home painting project can be overwhelming, especially if you're a beginner. However, if you do the right prep work, the painting process doesn't have to be so intimidating. By following these steps, you'll set yourself up for clean paint lines and amazing results, no matter your skill level.

**1. Purchase Proper Supplies.** Before the prep work can even begin, it's vital to purchase the proper supplies. Create your list by considering the steps you'll take to complete your project: cleaning the wall surface, taping off edges and then of course, applying paint. As you shop, remember that affordability doesn't have to mean sacrificing quality tools.

Use new sandpaper and sponges so the surface is smooth and clean to start. Fresh brushes and rollers will

lead to professional-looking results, and a high-quality, cost-effective painter's tape, like Duck Brand Clean Release, will help with achieving clean paint lines.

Despite what many DIYers believe, using a primer is a necessary step, and shouldn't be considered optional. Primer acts as a barrier and prevents old paint from showing through, so it really can make all the difference. In most cases, you'll only need one coat of new paint if the surface is properly primed. Once you've chosen your primer, don't forget the paint! Select the color and finish you prefer; then, purchase a sample and paint a small area to ensure it meets your expectations.

**2. Declutter the Space.** Once you've grabbed your supplies and decided on the paint color

and finish, remove as much out of the room as possible to avoid any damage during painting. Small, easy-to-move furniture should be temporarily relocated to another space. Heavy, hard-to-move furniture can at least be pushed away from the wall and protected with covers. Switch plate covers, window treatments and light fixtures can be removed and stored until your paint has dried.

**3. Make the Surface Smooth and Clean.** For the perfect smooth finish, start by lightly sanding your walls to eliminate any existing imperfections. This will likely cause dust and debris to fall throughout the room, so vacuum and wipe down walls after you're finished sanding, as the paint will apply more evenly if the surface is clean. The walls can be wiped with a sponge and a mixture of

dish soap and warm water.

**4. Tape and Protect.** The final step to prepare your room for painting is to tape the walls and protect the floors and any other areas you want to keep paint-free. When applying Duck Brand Clean Release or other painter's tapes, keep the pieces one to two feet in length for the easiest application and securest seal. For an extra-tight hold, use a tool such as a putty knife to smooth down the edges and help prevent paint bleed. As for the floor, cover the surface with an old sheet or protective film to catch any paint drips or spills, taping down the edges if needed to make sure no paint leaks through the edges.

Once you've followed these steps, you're set up for success and prepared to begin painting! Time to pick up your brush and start that room transformation.



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Obituaries/Deaths: 4 p.m., Friday

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**Letters policy**  
The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com)

**News Tips**  
Have an idea for a story?  
Call Quad City Herald at 689-2507

**Corrections**  
Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.

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Bridgeport, Lake Roosevelt volleyball teams compete



Courtesy Brad Skiff/Bridgeport School District  
 Bridgeport's Marisa Morales, left, competes at the net during a volleyball game against Lake Roosevelt on Oct. 12.

See more Sports on page B4

# Lady Bears fall to Okanogan, 3-2, defeat Bridgeport, 3-0

By MIKE MALTAIS  
 STAFF WRITER

BREWSTER – The Lady Bears varsity volleyball team remains within striking distance of league-leading Okanogan after a close 3-2 loss to the Lady Bulldogs on Oct. 11. Brewster owns an 8-2 league win-loss record including a 3-0 win over visiting Bridgeport last Thursday, Oct. 14.

Head coach Marcy Boesel had some comments to share about the narrow loss to Okanogan.

“This was a fun match to be a part of with lots of momentum changes,” said Boesel. “Okanogan did a great job of competing and covering the court defensively. I felt like we had a good night from the service line and while we only had four stuff blocks on the night, we got our hands on lots of balls with our block.”

Boesel added that while the Lady Bears showed moments of great play the team will continue to work on the consistency of its offensive and defensive systems.

**Brewster stats:**

- Abi Boesel: 18/19 serving, 3 aces, 22 digs, 26 assists, 16 kills.
- Tori Hull: 3/3 serving, 3 digs, 7 kills.
- Morgan McGuire: 15 digs, 22 kills, 1 block.
- Makena Kelly: 13/15 serving, 3 aces, 6 digs, 11 as-



Mike Maltais/QCH

Bridgeport senior libero Cecilia Avila digs a serve against the Lady Bears during volleyball action at Brewster last Thursday, Oct. 13.



Junior Brewster junior Maribel Perez goes up for a kill against the Fillies. The Lady Bears won the match, 3-0.

- Perla Perez: 1 kill, 1 block.
- Maribel Perez: 15/15 serving, 1 ace, 2 assists, 1 kill, 2 blocks.
- Kara Schertenleib: 8/9 serving, 1 ace, 15 digs.
- Grace Becker: 16 digs, 2/2 serving.
- Gimena Hurtado: 1 assist.
- Rae Najera: 5 digs, 20/20 serving.
- Lucy Zhao: 2 digs, 13/13 serving, 1 ace.
- Mareth Wright: 1/1 attacks.

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**OBITUARIES**

**Dena N. McDaniel**

Dena McDaniel, age 73, died on October 7, 2022, after a serious illness. She is survived by 2 brothers, 2 sisters, a granddaughter, grandsons, and 2 great-grandchildren. She was preceded in death by her parents, a brother, and her husband.



There will be a private graveside family service. Log onto ChapeloftheValleynew.com to leave condolences.

**DEATH NOTICES**

**Jeffrey C. Miller**

Jeffrey C. Miller, 67, of Brewster, Washington, passed away on October 8, 2022.

and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Please leave any thoughts

**Michael Veloski**

Michael Veloski, 66, of Brewster, Washington, passed away on October 7, 2022.

and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Please leave any thoughts

**LETTER TO THE EDITOR**

**Water Science Forum to be held Oct. 27-29**

The International Osoyoos Lake Board of Control (IOLBC) will be hosting a "Water Science Forum" in Osoyoos, B.C., October 27, 28, and 29, at Osoyoos, B.C.

aged and how to protect it in the future. There will also be speakers from member bands and communities of the Okanagan Nation Alliance.

We will be focused on working together for solutions involving the watershed extending from Vernon, B.C. to Brewster, Washington. The "Heart" is Lake Osoyoos it tells us much of what we know is right and what is wrong in the watershed. The participants will be able to go to a wine and cheese reception, visit the Waterways Exhibition at the Osoyoos Museum and other entertaining events during the three day event.

The forum will focus on the "The Heart of the Watershed," Osoyoos Lake.

The IOLBC will be hosting the event and students are admitted free. There will be a small registration fee for local residents to cover catering.

This Water Science Forum will bring together Indigenous and Western approaches to the Knowledge, Science and Management. There are a number of speakers from a number of agencies from British Columbia and Washington State, and some federal agencies also providing many perspectives on how Osoyoos Lake is man-

Remember, that students are welcomed with free admission and everyone from Brewster to Vernon are invited to join this once in a lifetime event. Enjoy the Sunny Side of the Cascades with us in Osoyoos, B.C.

Arnie Marchand, International Osoyoos Lake Board of Control, Board member

**COMMUNITY BULLETIN BOARD**

**Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery**

**BREWSTER** – The Senior Center is now serving meals at Noon, at the center on Tuesdays, Wednesday and Fridays. Home delivered meals are delivered those same days. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. MENU: Wednesday, Oct. 19: Tuna Noodle Casserole, Peas & Carrots, Spiced Salad, Oregon Berries, Dessert; Friday, Oct. 21: Ham & Cheese Sandwich, Corn Chowder, Pea Salad, Chilled Apricots, Dessert; Tuesday, Oct. 25: Honey Mustard Chicken, Wild Rice, Key West Vegetables, Coleslaw, Tropical Fruit, WW Roll, Dessert; Wednesday, Oct. 26: Baked Fish Fillet, Garlic & Parmesan Pasta, Peas, Garden Salad, Grapes, Dessert; Friday, Oct. 28: Western Omelets, Potatoes O'Brien, V-8 Juice, Peaches, Cereal Bar, Blueberry Muffin.

Oct. 19-22, 24-29

**Senior Center Thrift Store**

**BREWSTER** – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Everyone is welcome to come to the center on Tuesdays from 9:30-11 a.m. for coffee and conversation, plus sweets. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

Oct. 19-20, 24-27

**Chelan Valley Hope**

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**CHELAN** - Chelan Valley Hope's Winter Coat Drive has officially launched for the season. They are accepting new and gently used coats, hats, scarves, gloves, and new socks. All sizes are needed. Donation bins can be found at the following locations; Chelan Valley Hope, Chelan Fire Dept., Manson Fire Dept., Lake Chelan Eagles, Northshore Bible Church, Liv-

ingstone Church, and The Church of the Nazarene. If you are in need of warm winter wear please call or visit them at Chelan Valley Hope, open Monday thru Thursday, 9 a.m.-3 p.m. (closed Noon to 1 p.m.). Call 509-888-2114 for more information or to schedule an appointment. Or visit their website and follow them on Facebook and Instagram to get the latest CVH news and updates chelanvalleyhope.org, @ChelanValleyHope.

Oct. 19, Nov. 2, 16

**American Legion meetings**

**BREWSTER** – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Waggs at 206-550-6474.

Oct. 20

**Bingo every Thursday**

**BREWSTER** – Bingo is held at the Brewster American Legion, every Thursday night at 6 p.m. It is open to public. Come early to purchase game packets and markers. Check out their Facebook page at American Legion Columbia Post 97 for more events.

Oct. 20, Nov. 10

**Brewster bus trips**

**BREWSTER** – OCTN takes Brewster area residents to Wenatchee, second Thursday of the month. That next trip is Nov. 10 The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, Oct. 20 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

Oct. 22, 25

**Farmers Markets**

WIC and Senior Authorized Farmers Markets with payment options: Methow Valley Farmers Market (Twisp) 201 Hwy. 20 South, Parking Lot, Saturday, 9 a.m.-Noon, April-Oct. 29; Okanogan Valley Farmers Market (Okanogan), 999 2nd Av-

enue N., Legion Park, Tuesday and Saturday, 9 a.m.-1 p.m., now thru Oct. 29; and Okanogan Valley Farmers Market (Omak), Omak Eastside Park, across bridge from downtown, Tuesday, 3:30-6:30 p.m., now thru Oct. 25. If there is not a distribution site in your area, and you live within Adams, Chelan, Douglas, Grant, Lincoln and Okanogan counties, please contact Kathy Wright 509-886-0700 ext. 235 / 800-572-4459.

Oct. 24, Nov. 14, 28

**Okanogan County PUD meetings**

**OKANOGAN** – The next meeting of the Okanogan County PUD Board of Commissioners will be held Monday, Oct. 24, at 3 p.m. For more information okanoganpud.org

Oct. 24, Nov. 14, 28

**Douglas County PUD meetings**

**EAST WENATCHEE** – The next meeting of the Douglas County PUD Commission is Oct. 24 at 1:30 p.m. in the East Wenatchee office.

Oct. 30

**ZUZU African Acrobats to perform**

**OMAK** - The ZUZU African Acrobats will perform at the Omak PAC, October 30 at 3 p.m. Originating from the historical small town of Bagamoyo, Tanzania, ZUZU African Acrobats celebrate the two thousand year old Bantanic culture of East Africa. Each member of the cast has received special instruction from elders in the Bagamoyo's Arts and Cultural Institute to perform these ancient traditions to audiences around the world. They present a high energy routine which includes fast pyramid building, limbo, contortion, bottle balancing, unicycle, tumbling and African traditional dance and music for everyone to enjoy. As their performance will be on Halloween Eve we are encouraging members of the audience to wear Halloween costumes if they would like. A parade of costumes will on stage at the end of intermission for those interested in appearing. Tickets are on sale at Rawson's in Okanogan, Kelley Imaging in Omak and at Tonasket Interiors as well as online at www.omakpac.org. Adult tickets are \$25 student tickets are

\$10. Children four and under are free.

Nov. 8

**Survivors of Suicide Loss Support Group**

**WENATCHEE** - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Nov. 8

**Veterans Day Ceremony**

**BREWSTER** – The Brewster School District will hold a Veterans Day Ceremony on Wednesday, November 9, at 1 p.m. in the Brewster Middle School Gym. Veterans and community members are invited to attend a K-12 assembly to honor veterans of the Armed Forces. There will be gifts for the veterans.

Nov. 9

**Brewster Chamber to meet**

**BREWSTER** – The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, November 9, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

Nov. 14

**Okanogan County Fair Advisory Committee**

**OKANOGAN** – The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

Nov. 21

**Family and friends Support Group**

**WENATCHEE** - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

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“With men this is impossible; but with God all things are possible.”  
- Matthew 19:26

To place your Church information in the Church Guide call Ruth at 509-682-2213 or email: ruth@lakechelanmirror.com







**Public Notices**

**Notice of General Election Okanogan County, State of Washington Tuesday, November 8, 2022**

A General Election will be held in the below mentioned districts for the purpose of submitting to the voters for their approval or rejection the following. Advisory Vote No. 39, Advisory Vote No. 40, US Senator, US Representative Congressional District 4, Secretary of State (unexpired), State Senator Legislative District 7, State Representative Legislative District 7 Position 1, State Representative Legislative District 7 Position 2, Supreme Court Justice Position 1, Supreme Court Justice Position 5, Supreme Court Justice Position 6, Okanogan County Assessor, Okanogan County Auditor, Okanogan County Clerk, Okanogan County Coroner, Okanogan County Commissioner District 3, Okanogan County Prosecuting Attorney (short & full term), Okanogan County Sheriff, Okanogan County Treasurer, Okanogan County Superior Court Judge Position 2 (unexpired term), Okanogan County District Court Judge Position 1 (short & full term), Okanogan County District Court Judge Position 2 Methow Valley Emergency Medical Service District, Special Election Proposition 1- Emergency Medical Care and Ambulance Services- 10 Year Levy, Town of Winthrop- Proposition 1- Emergency Medical Care and Ambulance Services- 10 Year Levy, Grand Coulee School District No.301- Educational Programs and Operations Levy, Tonasket School District No. 404- Educational Programs and Operations Levy, Oroville School District No. 410- Educational Programs and Operations Levy. The registration deadline for online registrations, mail-in registrations and transfers is October 31, 2022. Any qualified elector who is not registered to vote in the State of Washington may register to vote in person at the Auditor's Office up to and including November 8, 2022. You can register or obtain registration forms at the Auditor's Office, online at [www.vote.wa.gov](http://www.vote.wa.gov), and Department of Licensing. The Okanogan County Auditor's Office, 149 3rd Ave N, Room 104, at the County Courthouse, will be open so voters may obtain replacement ballots, drop off voted ballots, obtain provisional ballots, and use the Accessible Voting Units, at the following times. Monday - Friday 8:00 AM - 4:30 PM On Election Day only, November 8th, 2022 - 8:00 AM - 8:00 PM. Drop boxes are in 12 locations around the county. Okanogan - Okanogan County Courthouse Auditor's Office, 149 3rd Ave N, room 104; Oroville - Police Station- 1105 Main St. Tonasket - City Hall/ Library Complex, 209 S Whitcomb Ave. Omak - Police Station, 8 N Ash Omak - 12 Tribes casino parking lot, 28968 Highway 97 Pateros- 180 Pateros Mall in parking lot Brewster - Library, 108 S 3rd Ave. Twisp - Twisp City Hall, 118 S Glover St. Winthrop - Big Red Barn, 51 Hwy 20Coulee Dam - Coulee Dam City Hall, 300 Lincoln Ave Nespelem - Lucy F. Covington Tribal Government Center, 21 Colville St. Riverside - Town Hall, 101 1st Street, Riverside Drop boxes will close at 8:00PM on Election Day Voters needing additional information or assistance with voter registration forms or voting may call (509) 422-7240. Voters unable to use the mail-in ballot may use the Accessible Voting Unit available at the County Auditor's Office. Ballots require no postage and must be postmarked by the day of the election. Check with your local Post Office for deadlines to have your ballot postmarked properly. For additional information on the election or regarding voter registration. [vote.wa.gov](http://vote.wa.gov) [Okanogancounty.org/auditor/elections](http://Okanogancounty.org/auditor/elections) Local newspaper, radio, and TV [www.pdc.wa.gov](http://www.pdc.wa.gov) Meetings of the Okanogan County Canvassing Board are open, public meetings and shall be continued until the activities for which the following meetings are held have been completed. Canvass Board meetings are held in the Okanogan County Auditor's Office, 149 3rd Ave. N, Room 104, at the County Courthouse, in Okanogan. Wednesday, November 16, 2022 at 11:00 AM, Monday, November 21, 2022 at 11:00 AM to determine the status of any provisional or challenged ballots Tuesday, November 29, 2022 at 2:00 PM to canvass the votes cast and certify the election This notice is in accordance with RCW 29A.52. Dated at Okanogan, Washington this 6th day of September, 2022. Cari Hall, Okanogan County Auditor and Ex-Officio Supervisor of Elections Jamie Groomes, Chief Deputy/Elections Administrator Published in the Quad City Herald, October 19, 2022.#4574

**Public Notices**

**LEGAL NOTICE NEGOTIATION OF STATE LEASES WITH EXISTING LESSEES BETWEEN DECEMBER 2022 AND JANUARY 2023**

**EXPIRES: APRIL 2023**  
10-D55909-GRAZING-NE1/4SE1/4, Sec 14, Twp 31N, Rge 24E, W.M.  
Written request to lease must be received by November 21, 2022, at Department of Natural Resources, 225 S Silke Rd, Colville, Washington 99114-9369. Each request to lease must include the lease number, the name, address and phone number of applicant, and must contain a certified check or money order payable to the Department of Natural Resources for the amount of any bonus bid plus a \$100.00 deposit. The envelope must be marked "Sealed Bid" and give lease number, expiration date of lease applied for and give applicant's name. The applicant must be prepared to purchase improvements that belong to the current lessee. Persons wishing to bid to lease any of these properties can obtain more details, bid packet, and qualification requirements by contacting the Colville office or calling (509) 684-7474. Published in the Quad City Herald October 19, 2022 #4782

**Brewster defeats Manson 49-8**

**A handoff from Bears quarterback Nelson Gebbers to Tyson Schertenleib to Cole Aparicio made good yardage against the Manson Trojans last Thursday, Oct. 13. Brewster won, 49-8 and remain undefeated in conference play.**

Mike Maltais/QCH



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Veterans Information  Active  Retired  Deceased  
Veterans Name: \_\_\_\_\_  
Medals & Commendations: \_\_\_\_\_ Service Branch: \_\_\_\_\_  
\_\_\_\_\_ Service Location: \_\_\_\_\_  
\_\_\_\_\_ Years of Service: \_\_\_\_\_  
Your Name: \_\_\_\_\_ PH# \_\_\_\_\_  
Full Address: \_\_\_\_\_  
Email: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)  
Bring in or mail. Must be received by Nov. 2  
We will use the 2021 veterans names again this year and will revise where necessary.  
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