Cashmere Valley



CELEBRATING 114 YEARS • 1907-2021



September 15, 2021 · Volume 114, No. 37 SINGLE COPY \$1.00



How you can be proactive

There is no doubt that our hospitals are being overrun with COVID patients. Hospital staff and resources are being challenged making it increasingly difficult to provide care to those most in need.

Politicians are using this crisis to push for mass vaccinations in an effort to stem the growing tide of cases. But many medical professionals, like Dr. Robert Malone a virologist and immunologist, is critical of the push to vaccinate everybody. Dr. Malone is considered one of the inventors of the Moderna Vaccine and says he is not an anti-vaxxer he simply points out that there are legitimate reasons for not forcing everyone to take this vaccine.

Dr. Malone, points out that this vaccine in like most flu vaccines. They are not always effective with the latest mutation of the virus. The best we can hope for with vaccines of this nature is to slow the spread of the virus while we find ways to treat and cure patients that have contracted the disease.

We already have evidence that the vaccine is not completely effective. The Center for Disease Control admits that there will be breakthrough cases. In other words, cases that occur in fully vaccinated patients. Some of these can be severe and some people may even die. According to Douglas and Okanogan County.



people have tested positive for Covid and 1,400 have died. As a percentage of the fully vaccinated population that number is miniscule at .08%. NBC notes that their data is incomplete because 11 states did not provide them with

information and the Center for Disease Control stopped reporting in May.

NBC news, as of the end of

July 125,000 fully vaccinated

The other problem when discussing vaccines is that they are not a cure. Vaccines are a prophylactic. They are meant to prevent getting the virus in the first place. Once someone contracts the disease, doctors are primarily concerned about treating it. There is widespread disagreement over protocols for treatment of COVID.

According to the Washington Department of Health, just over 52% of the population in Chelan, Douglas and Okanogan County are fully vaccinated. That means half of the residents in our area are still at risk for contracting the virus.

Central Washington Hospital is the primary hospital serving North Central Washington. There are other community hospitals serving the region including Cascade Medical Center in Leavenworth, Lake Chelan Health in Chelan, Three Rivers in Brewster. These hospitals all work together to address patient needs in our three county area of Chelan,

Central Washington has 198 beds. They currently have 60 COVID patients undergoing treatment. Cascade has no COVID patients in their 9 beds and Chelan has two COVID patients in their 22 beds.

Jamie Minnock, Chief Nursing Officer at Chelan Health, says they communicate almost daily with Central Washington and the other regional hospitals to co-ordinate and support each other in caring for patients. When patients come to their hospital with symptoms they cannot treat they are transported to Central Washington for acute care. If Central Washington gets overloaded then they send patients with milder symptoms out to other area hospitals like Chelan, Cascade or even Yakima.

There is significant disagreement among physicians about the proper treatment protocols for a person who is infected with the COVID-19 virus. Primarily, the disagreement is over the use of Ivermectin in the early stages of the virus. It is true that Ivermectin is a drug used to deworm horses. It is also true that Ivermectin is available for humans and has been used around the world since 1975. In most countries it is available over the counter. It is inexpensive and considered a miracle drug in many countries. It has not been approved by the FDA for use in treating COVID.

COVID TREATMENT

The Association of American Physicians and Surgeons Oral and Nebulized. These are started at STAGE II complete 26 page pamphlet on Home Based Covid Treatments at https://aapsonline.org/covidpatientguide/ The basic groups of prescription medicines and other therapies used in COVID-19:

PHOTO WWW.FRFFPIK.COM

Recently, the Chelan-Douglas Health District has come out in opposition to the use of this drug. But Ivermectin is being used by some physicians in the U.S. and has been endorsed for use in other countries that have found it to be effective when used early.

I included a link to a pamphlet with the CDHD press release that offered advice from the American Association of Physicians and Surgeons (AAPR) a few weeks ago. That pamphlet titled, "A Guide to Home-Based COVID Treatment", provides advice about what you should do to prepare in case you do get COVID. With the exception of the recommendation to consider using Ivermectin in the early stage of treatment: It seems to follow local protocols for treatment options.

The pamphlet includes а recommendation that you have a consultation with your local doctor about what you should do if you are diagnosed as having COVID.

The first step of course is to get tested if you think you are experiencing symptoms. There is a chart of the most common symptoms attached to this article. It takes 24 to 48 hours to get the results of your test. Our local hospitals do testing if you have symptoms. They ask that you not just walk in. Call and make an appointment. They will ask about your symptoms and schedule you for a test.

Typical Symptoms of COVID

Keep in mind, not everyone has all of them

- Runny nose, sneezing
- Sudden onset of marked fatigue
- Loss of energy, malaise
- Body aches, muscle aches, headaches
- Cough, though in COVID it is usually a dry cough. You may not produce mucus (sputum). Color of sputum is not necessarily a reliable indicator of severity or type of illness.
- If your cough is causing you to have increased shortness of breath or interfering with your sleep pattern, this could mean the disease is worsening.
- Feeling "feverish," even if fever (defined as temperature >101 degrees) is not present.
- Chills at night
- Sudden onset of sweats during the day that are unrelated to exercise
- Loss of taste or smell (tends to occur after the other symptoms have been there 1-3 days, but can occur earlier or later)
- Loss of appetite, nausea, GI upset
- Diarrhea may occur, though is not common. It can quickly lead to dehydration and electrolyte imbalances when it does happen.
- After about day 5, when the inflammation gets worse, there is often chest heaviness or tightness, difficulty breathing, shortness of breath.
- Drop in blood oxygen concentration (measured with a finger oximeter you can purchase at your local pharmacy) indicates serious respiratory problems
- Rapid heart rate, palpitations
- Loss of focus, difficulty with concentration and memory



suggest the following treatment protocol for those that (Days 3-14) to reduce inflammation, the cause of added nave been diagnosed with COVID. You can find their damage to the lungs and critical organs. Symptoms include worsening cough, difficulty breathing, chest heaviness/tightness or chest pain. As inflammation damages the airways interfering with normal oxygencarbon dioxide exchange, blood oxygen levels drop and people experience loss of focus, drowsiness, confusion, difficulty concentrating, low energy and severe fatigue. The exaggerated Inflammation response in COVID further increases the risk of blood clots.

2021 NCW District Fair 4-H Results

Results by category and local city **Clothing Construction**

Junior Grand Champion: Etta Deason - Cashmere Reserve Champion: Etta Deason -Cashmere **Knitting & Crocheting** Junior Grand Champion: Etta Deason

 Cashmere 4-H Round Robin Senior Reserve Champion: Greer

Swoboda – Leavenworth **Goat-Utility Class**

Intermediate Grand Champion: Ada Missal - Leavenworth

Market Sheep Market Lamb Grand Champion: Isabel Fadenrecht - Cashmere

Horse Judging Contest Intermediate Reserve Champion: Faith Smith -Cashmere Senior Reserve Champion: Greer Swoboda - Leavenworth

Horse Fitting & Showing Grand Champion: Greer Swoboda -Leavenworth Reserve Champion: Greer Swoboda -Leavenworth

Horse – English Equitation Senior Grand Champion: Greer Swoboda - Leavenworth

Horse - English Pleasure Senior Grand Champion: Greer Swoboda - Leavenworth **Horse - Bareback Equitation**

Senior Grand Champion: Greer Swoboda – Leavenworth **Horse - Western Pleasure** Senior Grand Champion: Greer Swoboda - Leavenworth Horse - Trail Class Senior Grand Champion: Greer Swoboda - Leavenworth Horse - Western Gaming -**Texas Barrels** Senior Reserve Champion: Greer Swoboda - Leavenworth Horse - Western Gaming - Pole **Key Race** Senior Grand Champion: Greer Swoboda - Leavenworth Horse - Western Gaming -**Idaho Figure 8** Senior Reserve Champion: Greer Swoboda - Leavenworth Horse - Western Gaming - Pole Bending Senior Grand Champion: Greer Swoboda - Leavenworth **Horse Groom Squad Contest 1st Place Team** Aven Davis – Wenatchee Loretta Kain – Wenatchee Kaylee Smith - Cashmere Annalise Grassel - Wenatchee 2nd Place Team Greer Swoboda - Leavenworth Teagan Hedrich - Chelan Layne Kooy - Quincy Jorja Davenporth - Wenatchee Finley Brandt - Waterville

- · Combination anti-viral medicines started as soon as symptoms occur
- Medicines to decrease inflammation, such as corticosteroids (called immunomodulators)
- · Anticoagulant therapy to prevent blood-clots that can cause strokes, heart attacks, kidney shut-down, and death.
- Non-prescription supportive treatments with zinc, vitamin D, vitamin C, electrolyte drinks such as Pedialyte, and others.
- Home-based oxygen support, such as with an oxygen concentrator. These machines are available by physician prescription from home health medical supply businesses and are covered on most medical insurance plans.

Antiviral Agents: These must be started quickly at STAGE I (Days 1-5): Symptoms include sore throat, nasal stuffiness, fatigue, headaches, body aches, loss of taste and/or smell, loss of appetite, nausea, diarrhea, fever. These medicines stop the virus from (1) entering the cells and (2) from multiplying once inside the cells, and they reduce bacterial invasion in the sinuses and lung:

- *Hydroxychloroquine (HCQ) with azithromycin (AZM) or doxycycline, OR
- Ivermectin with azithromycin (AZM) or doxycycline. Either combination above must also include zinc sulfate

or gluconate, plus supplemental vitamin D, and vitamin C. Some doctors also recommend adding a B complex vitamin. Zinc is critical. It helps block the virus from multiplying.

*Hydroxychloroquine is the carrier taking zinc INTO the cells to do its job.

Anti-inflammatory Agents - Corticosteroids ("steroids"):

Prescription medicines and other support added now to Stage I medicines are:

- · nebulized budesonide to help penetrate the lungs and reduce inflammation
- oral prednisone, methylprednisolone, dexamethasone
- colchicine may also be added to reduce inflammation
- full strength adult aspirin 325 mg to reduce inflammation and risk of blood clots
- · home oxygen concentrator may be needed to improve oxygen levels (requires physician prescription)

Prescription Anticoagulants ("blood thinners") STAGE III (Day 7 and beyond): Symptoms seen in Stage II intensify. Difficulty breathing becomes extreme, oxygen levels drop sharply, risk of heart attack or stroke increases. At this point, people are critically ill. The medicines to be added to Stage I and II medicines now include:

- Aspirin 325 mg unless told not to take by your doctors
- · And/or low molecular weight heparin injections (e.g. enoxaparin [Lovenox]), OR
- apixaban (Eliquis), or rivaroxaban (Xarelto), or dabigatran (Pradaxa) or IV. Vitamins, Supplements, and Oxygen.
- edoxaban (Savaysa) in standard doses for 5 to 30 days

If these added steps do not lead to improvement, or the patient becomes unstable, a 911 call is warranted for ER evaluation and hospital admission so that more aggressive Stage IV medications (such as remdesivir, Regeneron, and others) may be considered, and more intensive ventilation regimens are possible in ICU settings.



With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, **Dining and Events**



ТН	ISW	EEK

Senior Focus Section	A2-A3
Outdoors Report	A2
Church Guide	
Community Bulletin Board	A6

Community Calendar	A6
Sheriff Reports	
Epoch Times News	A7
Business Directory Sheriff Reports	A6 A6

Classifieds Index	
Classifieds	A8-A9
Real Estate Guide	A8
Advertising Flyers Safewa	y



www.cashmerevalleyrecord.com



Are You Getting Enough Vitamin B12?

One of my patients is a retired Marine. A few months ago he told me that he had been suffering from pains in his legs and feet for a couple of years. His doctor had tried several different pain medicines, but none of them really did much so he quit them all and just put up with it. Then he started taking a B vitamin with a lot of B12 in it, and to his amazement, within 3 days his feet and legs stopped hurting. It has been over 6 months and the pain has not come back. He decided to continue the vitamin, just to make sure.

Vitamin B12 is a watersoluble B vitamin that helps your body make new red blood cells, helps your nerves work, and prevents certain kinds of anemia. A deficiency in Vitamin B12 can show up as fatigue, weakness, depression or pain in your feet or hands.

Vitamin B12 deficiency becomes more common as you age. The Framingham Study in Massachusetts found Vitamin B12 deficiency in 12% of the elderly who live in the community. The 3 main reasons contributing to B12 deficiency are age, diet and medicines.

The most common cause of Vitamin B12 deficiency is not being able to absorb it. This can be due to a condition called atrophic gastritis, which affects 10-30% of the elderly. Atrophic gastritis interferes with the ability to absorb Vitamin B12 from your food because it decreases secretion of digestive juices such as gastric acid.

Our bodies only absorb about half the Vitamin B12 we get in our diet, which is usually attached to animal based protein like ground beef or chicken. Without enough stomach acid, your body can, it break down proteins and Vitamin B12 stays stuck to the protein.

Most healthy adults get enough Vitamin B12 in their diet; those who don't have either or don't get much animal protein in their diet or are not able to absorb Vitamin B12 very well. According to the National Institutes of Health (NIH), Vitamin B12 is found mostly in animal proteins, such as fish, meat, poultry, eggs, milk, and milk products.

Strict vegetarians may not get enough animal protein in their diet to satisfy the recommendation of 1 to 2 mcg daily of Vitamin B12. Others become deficient because they cannot absorb it very well, like the elderly, those who have had gastric bypass surgery and people who take certain medicines.

Medicines that can contribute to poor absorption and deficiency of Vitamin B12 include acid-reducing medicines such as Prilosec® (also known as omeprazole), Prevacid® (also known as lansoprazole), Protonix® or Nexium®. Older acid-blocking



Mom. Grandma. Best Friend. LOVED ONE.

Your loved one will experience community and friendship at Mountain Meadows Senior Living Campus. No matter how the world changes, our residents enjoy an engaging and active lifestyle. Take a tour today and experience for yourself why our residents love living at our wonderful community. medicines which also impair absorption of Vitamin B12 include Zantac® (ranitidine), Pepcid® or Axid® Metformin, a common pill for diabetes can also interfere with absorption of Vitamin B12.

Those who do not absorb Vitamin B12 well may notice benefit from higher amounts of supplementation. Vitamin B12 contains cobalt and is available in several forms. The Vitamin B12 that is given as a shot is cyanocobalamin. Oral supplements are available as either cyanocobalamin, or methylcobalamin, and can be purchased without a prescription.

Most people who can absorb Vitamin B12 well only require 1 or 2 mcg daily. If you are over 70, take medicine for heartburn or an ulcer or have had gastric bypass surgery, you may need more than that. 1000-2000 mcg daily of Vitamin B12 as an oral or a sublingual tablet can overcome poor absorption. Be sure to avoid the timedrelease or long-acting products, because they may not be as well absorbed as the immediate release forms.

Since Vitamin B12 is not found in plant foods, if you are vegetarian the National Institutes of Heath suggests fortified breakfast cereals as an alternative source.

Vitamin B12 deficiency can be detected with a blood test. There are several ways to get more of the vitamin: monthly injections from your medical provider, tablets that you swallow and tablets that dissolve under your tongue.



Your doctor or medical provider can advise you which would be best for you to take, and how much. There is more information about Vitamin B12 at http://ods.od.nih. gov/factsheets/VitaminB12-QuickFacts/.

Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. ©2021 Louise Achey

Lost and Found: Tips for Managing Commonly Misplaced Items

(StatePoint) In the haste to break free from your pandemic routine, you may find your new schedule overwhelming and hectic. And with that, comes the inconvenience of misplacing commonly used items. According to a survey conducted by Bluetooth tracking company Pixie, Americans spend an average of 2.5 days out of each calendar year searching for lost items.

The most common reason we keep misplacing our items is absentmindedness. Psychologists have a phrase for this, "If you don't encode, you can't retrieve." This means that if you go through your day without consciously thinking about where you're placing your keys, your brain has no information stored about the item's whereabouts. Other factors, such as stress levels and overall mental health, can also play ϵ

you mispla Here are to prever possessions **1. Set d** If you re of specifi reminders There are productivit most smar you to dout before leav calendar a

Calendar remind fea

you organi

There are also useful apps like To do list that specialize in creating reminders and daily lists.

2. Retrace your steps: "Retracing your steps" after losing an item can be a useful approach when activating your brain's context-dependent memory. With contextdependent memory, your memory is the strongest when you mentally or physically place yourself back in the environment in which the item was lost. Reconstructing these events visually can help trigger your memories and be an important step in rediscovering

a misplaced item. **3. Try a Bluetooth tracker for smaller items:** For smaller items like your phone, wallet and keys, Bluetooth trackers can provide much-needed tech relief. Trackers like these designed for those times lose an item within close imity. Instead of wasting ious moments searching our lost item, you can pull

1 app to tell you where it is.



Just because you lost an item doesn't mean that you should lose hope or panic. With a few changes to your routine and even some tech upgrades, you'll find it much easier to cope during those forgetful moments.



Tour today! (509) 548-4076



Independent Living Cottages • Assisted Living • Memory Care

320 Park Avenue | Leavenworth, WA 98826

mountainmeadowsliving.org

"GET BACK INTO LIFE"





147 Easy Way, Ste. 106 • Wenatchee, WA 98801 663-7733



Contact us for free or low-cost services supporting seniors, family caregivers & adults with disabilities.



Respite • Medical Equipment
 Home-delivered Meals • Family Caregiver Support

Our mission is to enhance a person's ability to maintain a life of independence and choice. Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties

I-800-572-4459 • aaccw.org





Are You at Higher Risk for Having a Life-Changing Stroke? (StatePoint) September, which is World Alzheimer's

(StatePoint) Lead scorer of the University of Pittsburgh women's basketball team, Latia Howard was being recruited by the WNBA and at the top of her game. But that all changed after she suffered a stroke at just 21 years old Early one morning, Howard began experiencing weakness in her arm and leg. While she decided to skip practice that day, she didn't think too much of it. When her roommate told her trainer why Howard wasn't at practice and what she was experiencing, he called her and noticed she didn't sound right on the phone. He went straight to her apartment, and after realizing something was very wrong, he immediately called 911 and she was rushed to the emergency room. According to the American Stroke Association, African Americans have a higher prevalence of stroke and the highest death rate from stroke than any other racial group. Among stroke survivors, African Americans are more likely to be disabled and have difficulties doing daily activities. A star athlete before her life-changing stroke, not only was Howard unable to play basketball afterward, she had to relearn how to walk and talk and went through extensive physical therapy, falling into a depression. The stroke forced Howard to re-imagine her



goal of being a professional basketball player. She shifted her dream of playing in the WNBA to coaching young, up-and-coming basketball players. "I am grateful I am here and can share my story," says Howard, who, now 43, is an educator and basketball coach. "I encourage my team to always give 100% because at one time in my life, I couldn't give anything ." A testament to the fact that stroke can happen to anyone, of any age, at any time, Howard encourages

everyone to know their body, so they can recognize when something feels different or wrong. "When it comes to stroke, every moment counts," she says. "A person could lose everything to stroke, so it's important to call 911 the moment something seems off." The Centers for Disease Control and Prevention (CDC) reports that almost half of African Americans have at least one risk factor for stroke, including manageable conditions like high blood

pressure and diabetes, as well as genetic conditions like sickle cell disease. That is why it's important for everyone to be aware of their risk factors and learn the signs to watch . According to experts, immediate medical attention is vital when it comes to stroke and relies on everyone learning and being able to recognize the BE FAST signs and symptoms of a stroke in themselves and others and calling 911 immediately. BE FAST stands for Balance, Eyes, Face, Arm, Speech, Time and refers to these signs of stroke: Balance: Sudden loss of balance • Eyes: Loss of vision in one or both eyes• Face: Face looks uneven or droopy • Arm: Arm or leg is weak or hanging down • Speech: Slurred speech, trouble speaking or seems confused • Time: Immediately call 911For more information and resources, visit StrokeAwareness.com, developed by Genentech Inc, a member of the Roche Group.

"BE FAST" was developed by Intermountain Healthcare, as an adaptation of the FAST model implemented by the American Stroke Association. Reproduced with permission from Intermountain Healthcare. © 2011 Intermountain Healthcare. All rights reserved.

Great Ways to Keep Your Mind Sharp as You Age

Month, is an excellent reminder to keep your mind and body healthy through the years. Experts say that doing so can reduce your risk for cognitive decline. Try taking on these new hobbies to keep your mind sharp as you age:

• Cooking: Not only can the development of a new complicated skill such as cooking improve cognitive functions like problem-solving and concentration, but having the ability to create your own nutritious meals at home has the added benefit of being good for brain health. From TikTok tutorials to online classes taught by master chefs, today, there are more avenues for picking up culinary know-how than ever before.

Music: Learning to play a musical instrument has countless benefits for brain health, helping improve memory, hand-eye coordination and more. It's also a mood booster, which is important, as depression is considered a risk factor for dementia. Check out instruments designed to build skills quickly. Whether you're a total novice or taking up the piano after a long hiatus, Casiotone Keyboards, for example, are portable, easy to use and connect to an app that features lessons and more.

Exercise: The mindbody connection is strong. For ultimate brain health, stay physically active; and if you can do so outdoors, all the better. Research suggests that connecting with nature is good for one's mental wellbeing, reducing stress, anxiety and depression. Support your journey with tools that track vour activity and inspire you to delve further into adventures, whether that be hiking, fishing or rock climbing. The watches in the Pro Trek line feature Quad Sensor technology to provide you with temperature and barometric pressure so you can keep your eye on the weather conditions while out and about, as well as sunrise and sunset times, an app for anglers and much more.

· Camaraderie: Having an active social life can improve brain function. Unfortunately, if you aren't proactive about it. there are not always that many opportunities to make new friends in adulthood. Whether it's a sewing circle or a bowling league, consider joining a club or team for camaraderie and fun.

Fast fingers: Did you know that you can use your calculator to keep your mind engaged when there's downtime or you're on-the-go? Calculator games can build math skills, improve memory and keep your mind nimble. Just as it is important to maintain physical fitness as you age, it's also critical to exercise your mind. Stay mentally active by trying new hobbies, building new skills and seeking out new experiences.

SINCE THE PANDEMIC BEGAN... +10,000Cancer screenings are still lagging: That Preventive cancer The estimated combined screenings 🔨 total of missed breast, colon **Projected excess deaths** can catch cancer early to and cervical cancer in 2021-2022 due to breast and keep people healthy. screenings from March 2020 - March 2021 colorectal cancers alone. While mental health screenings via digital health tools Adults with mental health conditions who delayed/forewent care since pandemic started. are up, routine care for mental health is down as the impact on mental health during the COVID-19 pandemic has worsened. the entire family. About 4 in 10 adults with one or Pediatric immunizations 14% decreased, putting our youngest and most more chronic health conditions reported consequences vulnerable at risk of health complications. The drop in vaccine delaying or forgoing health care since Well-child visits and recommended vaccinations ordering data in 2020-21 pandemic started. are essential and help make sure children stay compared to 2019. healthy and are protected from serious diseases.

Adolescent and

An estimated 26M recommended vaccinations were missed in 2020 compared to 2019.

Why Now is the Time to Schedule Check-Up or Screening

(StatePoint) (StatePoint) If you haven't visited your physician since the start of the pandemic, medical experts say that the time is now to book check-ups and screenings for

"The pandemic has had wide-scale negative health beyond COVID-19. Many Americans have delayed important routine health services critical to keeping them healthy, including vital pediatric immunizations and preventive cancer screenings. Prevention is the best cure, so it's important to get your health back on track today," savs Gerald E. Harmon, M.D., American Medical Association (AMA) president.



Caring for our

Community

or forgone health care reported doing so worsened one or more of their health conditions or limited their

abilities to work or perform other daily activities.

O 1 in 3 adults reporting delayed

adult immunizations sharply declined during the pandemic.

% Senior Discount

Each

Thursday

Screenings, tests and preventive health measures are

designed to keep you healthy and to help your doctor

catch certain conditions before they become more serious.

20% The drop in Measles vaccine ordering data 2020-21 compared to 2019.

With school beginning and the cool weather months ahead, the AMA urges Americans to call their physician's office to learn if they are due for preventive care or screenings.

CONTACT YOUR PHYSICIAN'S OFFICE TO SEE IF YOU ARE DUE FOR PREVENTIVE CARE OR SCREENINGS.



We offer FREE delivery to our seniors! Visit our in-house Homefires Bakery and our full service deli!

Open daily 5 a.m. - 10 p.m.

We also sell money orders, stamps and have Western Union.

Locally owned and friendly service with a smile! Thank you for your continued support!

1329 Highway 2 in Leavenworth • (509) 548-5611 • www.dansfoodmarket.com



More listening, better care





We hear you. It's what partners do.

Call us: (509) 548-5815 Find us: 817 Commercial St., Leavenworth **Learn more:** cascademedical.org

RECREATION

The Washington Outdoors Report



A big black bear in the North Cascades National Park Complex

Be Bear Aware

By John Kruse

As we enter early fall the forests are calling but it's very important to be bear aware this time of year because both black bears and grizzly bears are very active, fattening up for the winter ahead.

We have only had 14 reported bear attacks and one fatality in Washington State but with the Washington Department of Fish and Wildlife estimating a population of 20,000 to 25,000 black bears and grizzly bears gaining a foothold in the northeastern part of the state, bear attacks are a possibility.

So, what's an outdoors enthusiast to do if they want to stay safe in bear country? The big word to remember is "Deterrence". Here's a few tips from several western fish and wildlife experts and agencies that may prove helpful in that regard:

Make Some Noise: Travel in groups, talk to each other, and even clap from time to time. Bears generally don't want to be near humans and if they hear you coming will usually retreat before you even see them. As for those bear bells you see sold in gift shops? The jury is still out on whether those work or not though there are a few funny jokes about those jingly little bells being more of an attractant than deterrent when found in bear scat.

Listen: It's an old Army patrol trick that works well in bear country. Stop every few hundred yards, be quiet, and listen. Bears can be noisy foraging for food and you may hear one or more of them some distance away if you do this, allowing you to avoid a bear encounter. In a similar vein, don't have those ear buds in bee-bopping to music as you shuffle down the trail. You may never hear that bear that's just a few yards away if you do.

Know Where The Bears Will Be: At this time of year, both black bears and grizzly bears are focused on getting as many calories into their bodies as possible. That's why bears will gravitate towards berry patches (especially huckleberry patches), stream beds where spawning fish are present, or towards dead animals the bears may (or may not have) killed. Be hyperaware of bears if you are in any of these areas.

Carcass Removal: Sometimes that dead animal is one you killed, especially if you are a deer or elk hunter. Bears have a keen sense of smell and will be attracted to that carcass sooner than later. If you have the ability to pack that animal out the same day you kill it do so and if you are with someone else, make sure they are standing guard while you field dress and quarter that animal. If you have to leave parts of the animal overnight hang them from a tree where bears can't get at them and be very cautious of bears when you come back the next day to pack that remaining meat out.

Bear Spray And Firearms: Bear spray is an essential, non-lethal tool to have in bear country whether you are a hiker, hunter, bicyclist or berry picker. A 2008 study by Dr. Tom Smith at Brigham Young University and several colleagues found bear

spray was 92 percent effective in deterring bear attacks from brown, black and polar bears in Alaska between 1985 and 2006. The same study also found 98 percent of people who carried bear spray that got into close encounters with bears came away uninjured.

Having bear spray is one thing, but knowing how to use it and keeping it readily accessible are the two keys to success. The same goes for firearms. They work too but they are a lethal means of stopping a bear attack and if you don't have the right caliber of ammunition and perfect shot placement you might not have the stopping power to prevent a mauling during a bear attack.

Having said all of this, don't let the fear of a bear attack keep you from our forests this fall. Just walk into them educated and prepared and you'll likely have a wonderful time without any negative encounters with bears.

John Kruse – www. northwesternoutdoors.com and www. americaoutdoorsradio.com We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.





302 9th St., Wenatchee • 662-2119 or 662-1561 jonesjonesbetts.com

Honoring the lives of residents in the Valley for over 100 years.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com



SEAMLESS, ONE-PIECE SYSTEM,





IOCAL NEWS ONLINE at www.cashmerevalleyrecord.com

CASHMERE VALLEY

© 2021 NCW Media, Inc. PO Box 35 Cashmere, WA 98815 Phone: 509-782-3781

On the Internet website:

website: www.cashmerevalleyrecord.com e-mail: Reporter@cashmerevalleyrecord.com Ad manager: carol@leavenworthecho.com

Office hours

Call Leavenworth Echo for more information. 509-548-5286

Contact information

Publisher Bill Forhan 509-548-5286 publisher@leavenworthecho.com

Advertising Sales Manager

Carol Forhan 509-548-5286 carol@leavenworthecho.com

Advertising Sales Lindsay Timmermans 509-860-7301 adexec1@ncwmedia.net Reporter/Photographer Reporter@leavenworthecho.com 509-782-3781

Main Office 509-548-5286 Classified / Legal Notices classifieds@leavenworthecho.com NCWMarket.com Circulation

509-689-2507 1-509-293-6780

Deadlines

Calendar ListingsNoon, FridayNews Submissions:Noon, FridayLetters to the Editor:Noon, FridayDisplay Advertising:Noon, FridayLegal Notices:Noon FridayClassified Ads:Noon Friday

Subscriptions

In Chelan County (yearly) - \$40 In State (yearly) - \$40 \$45 for print and online Out of State (yearly) - \$52 Online E-edition - \$40

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780



Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@ leavemourthecho.com.

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Record at 509-782-3781

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286, by emailing classifieds@leavenworthecho.com or online at NCWMARKET.COM

Services

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., PO BOX 35 Cashmere, WA 98815 Telephone: 509-782-3781 Fax: 509-588-4789 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices) **Postmaster:** Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039 Weekly rates: \$15.00 for first 30 words .10 for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

9/11 Spirit of America 20th **Anniversary Remembrance** ceremony

PHOTO BY BILL FORHAN Cashmere Firefighters hoist the American Flag attached to 2 cranes for the 911 Memorial service





TAB TICKET DRAWINGS You could win CASH & PRIZES and

a 2021 Ford® Ranger. Yeti or not! THURSDAYS & SATURDAYS IN **AUGUST & SEPTEMBER**

COMMUNITY



PHOTO BY MEGAN SOKO Visitor Marsha Rivera, singing "Amazing Grace" along with the





PHOTO BY MEGAN SOKOL Back, left to right: Spirit Founder John Jackson, Rev. Greg Asimakoupoulos, with the current Spirit of American President, Tom Green who presented a special Spirit plaque to the guest speaker David and his wife Peggy, whose son died in 9/11 attacks, flight 93.



6 3 455 WAPATO LAKE ROAD | MANSON, WA 98831 509.687.6911 | COLVILLECASINOS.COM



PHOTO CAROL FORHAN From left front are family members Deb Brownell, East Wenatchee, with her mother, Coleta Glenn along with her friend Beverly McElhaney both from Orange, California. Back row is Deb's son Jon Murray, from Everett, WA and Deb's husband Rob. Deb said many of their family have served in the military and they came watch this historic 9/11- 20th anniversary memorial event along with approximate 700 other visitors which took place at the Cashmere Memorial site at the Riverside Center.

PPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome vou!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Worship 9 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



213 S. Division • 782-3811 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana



CHRIST CENTER

Cashmere Assembly of God: 509-782-2825 Worship Service Sundays 10:00 a.m., in-person, Conservatory @ Apple Annie's and on-line, christcentercashmere.com Underground High School Sundays 6:00 p.m., In-person, Conservatory Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregational Care Pastor, Joyce Williams High School Director, Kelsie Folden Community Outreach, Steffanie Haney

GRACE LUTHERAN CHURCH Morning Prayer or Holy Eucharist. Join us at 10:00 a.m. on Sundays. Contact Pastor Rob Gohl 509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH Morning Prayer or Holy Eucharist. 9 a.m. on Sundays Contact Pastor Rob Gohl 509-860-0736 or Deacon Carol, 670-1723 for more information.

> **EVERGREEN BAPTIST CHURCH** 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6 p.m. Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service Office: 509-548-4331



CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10 a.m.

> "Reconciling Works Congregation" Worship 9:30 a.m. w/coffee following

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC Email: info@leavenworthbaptist.com

> LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby www.LCN.org

FAITH LUTHERAN CHURCH - ELCA 224 Benton Street • 548-7010 www.faithleavenworth.org

429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com

Worship 11 a.m. • Fred Smith • 860-3997 SPIRIT LIFE CENTER 210 Benton Street • 548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

Saturday Services • Bible Study 9:30 a.m.

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 548-4345

MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517

Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



New Life Foursquare Church 7591 Hwy. 97 • 548-4222

Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com

FB page: newlifeleavenworth www.newlifeleavenworth.com

PLAIN

PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941



Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org

COMMUNITY





DRILLING

Tumwater Drilling and Pump Inc.

"Water Treatment Systems Built to Your Individual Problem"



STORAGE



EXCAVATION

Complete Excavating Service

Power & Water Systems Dump Truck & Dozer **Drainfield Repair** Free Estimates Septic Systems **Road Grading**

Cashmere

West Cashmere Bridge **Replacement Project**

Will continue setting girders this week, with day work planned Monday through Thursday and night work scheduled for Thursday, Sept. 16. Day work will not have any traffic impacts. The new bridge will consist of 20 girders, or large beams that will support the new structure. On Sept. 16, the contractor will be working over Highway 2, which will be closed at the Hay Canyon area from 9:30 p.m. to 5:30 a.m. During those hours, motorists will be directed onto a onelane bypass road just off the shoulder of the highway. Motorists should plan for onelane, flagger-controlled traffic with a reduced speed limit in the work zone. Plan for up

to 20-minute delays, depending on traffic levels. Troopers with the Washington State Patrol will serve as flaggers. The nighttime work and closures on Highway 2 will continue the following week, Sept. 20-24.

Businesses on Sunburst Lane and Vale Road and residents on Hay Canyon Road also should be aware that the stoplight at Hay Canyon Road will be turned off from 9:30 p.m. to 5:30 a.m. on Sept. 16 and then again Sept. 20-24. Motorists accessing Highway 2 from Hay Canyon Road will be directed by the flagger as well.

Christ Center Dedication

The scheduled dedication for the new Christ Center building which was to take place on September 19 has been moved to October 24th. For more

CHELAN COUNTY Sheriff, Fire & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

September 3

- 10:37 Miscellaneous, 6390
- 13:22 Harassment/Threat, 115
- 18:17 Assist Agency, 5950
- 21:10 Domestic Dispute, 420 Elberta Ave.
- 03:21 Assist Agency, 112 W.
- 07:26 Suspicious Activity, 259
- 09:12 Malicious Mischief, 6828 Dryden Ave., U.S.P.S., Dryden.
- 09:58 Trespassing, 6038 Hazel PI.
- 11:36 Civil, 3848 Warehouse
- 13:23 Suspicious Activity, 103 Aplets Way.
 - Way.

September 5

COMMUNITY CALENDAR

Wednesdav

Cashmere Rotary Club: Zoom meetings Noon, Call President Glenn Johnson, 782-1922 for more information.

Cashmere Food Bank, open 2nd and 4th Wednesday from 2:30-3:30 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

Thursday

- Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.
- Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

Friday NO MEETINGS

Saturday NO MEETINGS

Sunday

CHURCH: See the church page for local service times and events.

Monday

- Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Mary, 782-2057. (4th Monday)
- Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
- Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
- Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
- Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
- Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
- Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Tuesday

- Kimber Rd. E. Pleasant Ave. #11. Sunburst Ln.

September 4

- Prospect St.

- Rd., Monitor.
- 13:08 Hazard, 6410 Flowery Divide Rd.

September 7 07:27 Vehicle Prowl, 209

- Washington St. 08:17 Traffic Offense, US Hwy. 2 MP 105 E.B., Dryden.

Drunkard's Drop. 13:51 Property, 300 Aplets Way. 22:02 Fraud/Forgery, 817

- Corrigan Rd.

- - 21:20 Disturbance, 103 Aplets

information contact Pastor Tim 509-679-2100.

18:44 Malicious Mischief, 205

20:41 911, 3655 Yaksum

09:16 Suspicious Activity,

22:38 Noise, 8746 School St.,

07:58 Diversion, 201 Riverside

08:07 Welfare Check, 300 Blk.

08:40 Civil, 7435 Nahahum

11:32 Alarm, 2305 Easy St.,

14:08 Assist Agency, 5550

08:39 Trespassing, 590 US Hwy.

Pioneer Ave.

September 8

Dryden.

River St.

2, Monitor.

Monitor.

Locust Ln.

Canyon Rd.

Dr.

River St. #1.

Canyon Rd.

(509) 548-3489 Leavenworth, WA

Licensed - Bonded - Insured

STUMP REMOVAL

Quick 'n Easy **Residential Stump Removal**



10817 North Road, Leavenworth · (509) 548-8222 Kim & Rosalie Kozelisky Licensed, Bonded, Insured · Cont. #UPPERVE200PI

lielp Support The Cashmere Food Bank

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna, Cleaning supplies, hygiene products and toilet paper.

Cashmere Food Distribution Center is located at 316 River Street and open on the 2nd and 4th Wednesdays from 2:30 to 3:30 p.m.

For further information or to make a cash donation call Pam, 509-245-6464

Or you can write a check to: **Cashmere Food Bank, PO** Box 225, Cashmere, WA 98815



20:26 Assist Agency, 817 Pioneer Ave. 20:37 Malicious Mischief, 5355 Binder Rd.

September 6

06:06 Parking/Abandon, N. Douglas St. and Norman Ave. 06:25 Parking/Abandon, Parkhill St. and Mission Ave. 09:08 Vehicle Prowl, Saunders Rd., Dryden. 13:37 Assist Public, 103 Valley St 15:36 Welfare Check, 115 E. Pleasant Ave. #18. 16:21 Disturbance, 4904 Yaksum Canyon Rd. 16:29 Suspicious Activity, 100 North St. 16:38 Diversion, 7466 Stine Hill Rd.

16:21 Civil, 6280 Hay Canyon Rd. 17:53 Diversion, 4900 Nahahum Canyon Rd. 19:09 Warrant. Nahahum Canyon Rd. 19:48 Malicious Mischief, 305 Independence Way.

September 9

02:37 Suspicious Activity, River Front Dr. and Cottage Ave. 05:51 Theft, 8734 School St., Dryden. 08:39 Hazard, US Hwy. 2 and Aplets Way. 09:08 Theft, 5607 Sunset Hwy. 13:14 Assist Public, 4900 Nahahum Canyon Rd. 19:59 Assist Public, 3700 Blk Bridge St., Monitor. 22:31 Civil, 5088 Mission Creek Rd.





'Bringing the community to your door' isn't just our slogan... It's our purpose Icicle & Peshastin Irrigation Districts: 5 p.m., September, 8 a.m. future months at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 782-2561 or tony.iid. pid@nwi.net, (2nd Tues.)

Peshastin Water District, meets at 5:30 p.m. in the Park behind the Peshastin Library. Contact Steve Keene, 548-5266. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

NCW Libraries

Cashmere Public Library: 782-3314

You can order your books online at ncwlibraries. org or call 1-800-426-READ (7323).

Monday to Thursday, 10 a.m.-7 p.m. Friday 10 a.m.-1 p.m. and 2 to 5 p.m., Sunday 1 to 5 p.m. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org

Cashmere Museum and Pioneer Village Call for more information 782-3230

- Chelan County Historical Society Board meets. 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 782-3230. (3rd Thurs.)
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, **ALANON, CELEBRATE RECOVERY**

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave. Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939 Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Prepare for power outages with a Generac home standby generator

REQUEST A FREE QUOTE! 877-330-1491

FREE

7-Year Extended Warranty* A \$695 Value!

Limited Time Offer - Call for Details

Special Financing Available Subject to Credit Approval

To qualify, consumers must request a quote, purchase, install and activ generator with a participating dealer. Call for a full list of terms and cond

19 Governors, 2 AGs Resist Biden's Vaccine Mandates

MIMI NGUYEN LY

More than a dozen governors and two attorneys general late on Sept. 9 issued statements defying the Biden administration's impending vaccine mandates for federal workers and private-sector workers.

President Joe Biden earlier in the day signed an executive order to require all federal workers to be vaccinated against COVID-19, the disease caused by the CCP (Chinese Communist Party) virus. There would be no option to opt out via COVID-19 testing. The mandate also applies to government contractors and their employees.

The president later announced he would direct the Department of Labor to create a rule to have companies with over 100 employees mandate vaccinations or weekly testing, a move that affects more than 80 million workers in the private sector.

At least 19 governors and two attorneys general immediately issued statements disagreeing with the administration's move, with several vowing to defy it.

They include the governors of Arizona, Alabama, Alaska, Arkansas, Florida, Georgia, Idaho, Iowa, Missouri, Mississippi, Montana, Nebraska, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, and Wyoming.

They were joined by at least two state attorneys general as of that night—Sean Reyes from Utah and Todd Rokita from Indiana.

Arkansas Gov. Asa Hutchinson, the chair of the National Governors Association, said in a statement: "I fully support continued efforts to increase vaccination rates across our nation, but the federal government mandates on private businesses are not the right answer.

"I have been consistent in freedom of businesses to require their employees to be vaccinated, and I have opposed the government from saying businesses cannot exercise that freedom. The same principle should protect the private sector from government overreach that requires them to vaccinate all employees."

Multiple Republican governors, including for Arizona, Georgia, and South Dakota, hinted or announced that they would seek legal avenues to resist the mandates.

"The COVID-19 vaccines are safe and effective tools to prevent the dis-



President Joe Biden speaks about combating the coronavirus pandemic at the White House, on Sept. 9, 2021.

ease, but getting the vaccine is and should be a choice," Arizona Gov. Doug Ducey said in a statement. "These mandates are outrageous. They will never stand up in court. We must and will push back."

Georgia Gov. Brian Kemp wrote on Twitter, "I will pursue every legal option available to the state of Georgia to stop this blatantly unlawful overreach by the Biden administration."

South Dakota Gov. Kristi Noem wrote on Twitter, "South Dakota will stand up to defend freedom. @ JoeBiden see you in court." She later shared another Twitter post saying her legal team is prepared to stand up to the Biden administration's mandates.

The Biden administration didn't immediately respond to a request for comment.

Biden earlier in the day commented on the issue of vaccine mandates in schools, saying, "If these governors won't help us beat the pandemic, I'll use my power as president to get them out of the way."

Biden said the matter of getting more shots into arms "is not about freedom or personal choice. It's about protecting yourself and those around you—the people you work with, the people you care about, the people you love."

Statements from the remaining governors and attorneys general as of late Sept. 9 are as follows:

- Alabama Gov. Kay Ivey (in part): "I support the science and encourage folks taking the vaccine. However, I am absolutely against a government mandate on the vaccine, which is why I signed the vaccine passport ban into law here in Alabama. This is not the role of the government."
- Alaska Gov. Mike Dunleavy: "This is ridiculous and unenforceable. If there was ever a case for the 25th Amendment..."
- Florida Gov. Ron DeSantis (at a press conference): "I do not believe that people should lose their jobs over this issue, and we will fight that. If they try to do that through a rule like the Department of Labor, I don't think they have the legal authority to do that, but we obviously would want to support protections for people who are just trying to earn a living."
- Idaho Gov. Brad Little: "Today's actions from President Biden amount to government overreach. Government should stay out of decisions involving employers and their employees as much as possible. I've advocated for and championed fewer government regulations and mandates on business."
- Iowa Gov. Kim Reynolds: "President Biden is taking dangerous and unprecedented steps to insert the federal government even further into our lives while dismissing the ability of Iowans and Americans to make healthcare decisions for

themselves. Biden's plan will only worsen our workforce shortage and further limit our economic recovery. As I've said all along, I believe and trust in Iowans to make the best health decisions for themselves and their families. It's time for President Biden to do the same. Enough is enough."

KEVIN DIETSCH/GETTY IMAGES

- Missouri Gov. Mike Parson (in part): "Vaccination protects us from serious illness, but the decision to get vaccinated is a private health care decision that should remain as such. My administration will always fight back against federal power grabs and government overreach that threatens to limit our freedoms."
- Mississippi Gov. Tate Reeves: "The President has no authority to require that Americans inject themselves because of their employment at a private business. The vaccine itself is life-saving, but this unconstitutional move is terrifying. This is still America, and we still believe in freedom from tyrants."
- Montana Gov. Greg Gianforte: "President Biden's vaccination mandate is unlawful and un-American. We are committed to protecting Montanans' freedoms and liberties against this gross federal overreach."
- Nebraska Gov. Pete Ricketts: "President Biden's announcement is a stunning violation of personal freedom and abuse of the federal

government's power. This plan isn't about public health—this is about government control and taking away personal liberties."

- North Dakota Gov. Doug Burgum: "President Biden's misguided plan steers our country down a dangerous path away from states' rights and the freedom of private businesses to make their own decisions on vaccinations. We stand opposed to this blatant federal overreach."
- Oklahoma Gov. Kevin Stitt: "It is not the government's role to dictate to private businesses what to do. Once again President Biden is demonstrating his complete disregard for individual freedoms and states' rights. As long as I am governor, there will be no government vaccine mandates in Oklahoma. My administration will continue to defend Oklahoma values and fight back against the Biden administration's federal overreach."
- South Carolina Gov. Henry Mc-Master: "The American Dream has turned into a nightmare under President Biden and the radical Democrats. They have declared war against capitalism, thumbed their noses at the Constitution, and empowered our enemies abroad. Rest assured, we will fight them to the gates of hell to protect the liberty and livelihood of every South Carolinian."
- Tennessee Gov. Bill Lee: "'This is not about freedom' is a phrase that should never come out of a U.S. President's mouth. For a fight that requires working together, a lot of cynical and divisive edicts came out of the White House today pitting the vaccinated against the unvaccinated, businesses against employees, and the federal government against states."
- Texas Gov. Greg Abbott: "Biden's vaccine mandate is an assault on private businesses. I issued an Executive Order protecting Texans' right to choose whether they get the COVID vaccine & added it to the special session agenda. Texas is already working to halt this power grab."
- Wyoming Gov. Mark Gordon (in part): "I have asked the Attorney General to stand prepared to take all actions to oppose this administration's unconstitutional overreach of executive power. It has no place in America. Not now, and not ever."

Violators of Mask Mandate at Airports, on Trains

US Doubles Fines for

ZACHARY STIEBER

President Joe Biden's administration on Sept. 9 doubled the fines for people who are caught violating the federal mask mandate in effect at airports and on some modes of public transportation.

The fees, previously ranging from \$250 for first-time offenders to up to \$1,500 for repeat offenders, will now be \$500 and up for people caught violating the mandate for the first time and up to \$3,000 for people caught violating it more than once.

The mask mandate is in effect at airports, on airplanes, and in other modes of public transportation, such as buses.

The boosted penalties took effect Sept. 10.

"Wearing a mask protects the traveling public and all of the personnel who make the travel experience safe, secure, and comfortable," Secretary of Homeland Security Alejandro Mayorkas said in a statement. "We will continue to enforce the mask mandate as long as necessary to protect public health and safety."

"We appreciate the majority of travelers each day who voluntarily follow the requirement, but find this action necessary to maximize the protections for those who use and work within the transportation system, and to contain COVID-19," added David Pekoske, administrator of the Transportation Security Administration. "By doubling the range of penalties, we seek to reinforce the importance of voluntary adherence."

The mandate, imposed by the administration on Feb. 2, is currently in place until Jan. 18, 2022.

Biden directed the Department of Homeland Security, which includes the administration, to double the fines as part of a fresh plan to try to curb the Delta variant of the CCP (Chinese Communist Party) virus.

While campaigning last year, Biden promised he would stop the virus when he entered office. Instead, cases, hospitalizations, and deaths jumped over the summer, though they're on the decline in some states.

Experts blame the Delta variant, which has been described as more transmissible than other variants, and which vaccines aren't able to mitigate as well as previous strains.

Biden also announced new CCP virus vaccine mandates, including for companies that have more than 100 employers.

Says It Violates First Amendment Rights ISABEL VAN BRUGEN ingriots. Local governments that in Attorney General Ashley M

Judge Blocks Florida's 'Anti-Riot' Law,

A federal judge has temporarily blocked Florida's new "anti-riot" law championed by Republican Gov. Ron DeSantis, saying it violates First Amendment rights.

U.S. District Judge Mark Walker on Sept. 9 didn't rule the entire statute likely violated the U.S. Constitution, but found that the state legislature's new definition of the word "riot" was too vague and confusing to satisfy free-speech rights guaranteed under the First Amendment.

"If this court does not enjoin the statute's enforcement, the lawless actions of a few rogue individuals could effectively criminalize the protected speech of hundreds, if not thousands, of law-abiding Floridians," the Obama-appointed judge wrote in a 90-page ruling that includes a three-page history of the civil rights movement in Florida dating back to 1956.

The so-called anti-riot measure, known as HB1, was signed into law by DeSantis on April 19. The Republican governor said at the time that it's "the strongest anti-rioting, prolaw-enforcement piece of legislation in the country."

The law increases criminal penalties for assault, defacing monuments, and vandalizing public property during riots. Local governments that interfere with law enforcement trying to contain violent demonstrations will be penalized.

The bill changed the definition of what a "riot" is in the state of Florida. Under the law, a riot is defined as a violent public disturbance involving three or more people acting with a common intent that causes damage to public property or injuries—or can cause imminent injury or damage.

The law also creates a new seconddegree felony—"aggravated riot" for any riot involving more than 25 people and resulting in grievous bodily harm or more than \$5,000 in property damage. It would also apply if participants use or threaten to use a deadly weapon or block roadways by force or by the threat of force.

DeSantis said during the signing event in April that the left-wing idea of "defund the police" that echoed throughout Black Lives Matter demonstrations last year is an "insane theory" and is "not going to be allowed to ever carry the day in the state of Florida."

Democrats and the American Civil Liberties Union (ACLU) have said that the law is designed to intimidate Black Lives Matter and related protesters. The ACLU and several other groups sued the governor, state Attorney General Ashley Moody, and others over the measure earlier this year.

DeSantis in a written statement said that he "vehemently" disagrees with the judge's decision.

"But this case was always going to be decided by the 11th Circuit Court of Appeals," the governor said. "There is a difference between a peaceful protest and a riot, and Floridians do not want to see the mayhem and violence associated with riots in their communities."

The ACLU of Florida welcomed the decision in a statement shortly after the ruling, saying that the law "appears designed to target those who protest police violence."

"We are glad the court has agreed to suspend enforcement of this key provision while we continue to advocate to ensure that protesters in Florida can safely exercise their right to speak out against injustice," it said.

Meanwhile, DeSantis said during a press briefing on Sept. 9 that Florida would be appealing the decision.

"That's a foreordained conclusion from that court," DeSantis said, The Washington Post reported. "I guarantee you, we'll win that on appeal."

Jack Phillips and Reuters contributed to this report.

THE EPOCH TIMES

TRUTH and **TRADITION**

"THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." — Jonne Rosenau

LEARN MORE AT The Epoch Times.com



PUBLISHER'S NOTICE All real estate advertis ing in this newspaper is subject to the Fair Housing Act, which SPVS-reams makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsi ble for corrections made there-after. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertise ment is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution



secure site 24/7 Or call 509-682-2213 to place ad or have questions. The Lake Chelan or Quad City Herald or email mirrorads@ lakechelanmirror.com For The Leavenworth Echo or Cashmere Valley Record Call 509-548-5286 or email classifieds@leavenworth echo.com Never Pay For Covered Home Repairs Again! Home Warranty COVERS ALL MAJOR APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF 2 FREE Months! 1-888-675-0671 **Announcements**

General Interest Complete Care SYSTEMS AND Employment **Help Wanted** Help Wanted:

Happy Ads

Do you have a

SPECIAL EVENT

COMING UP?

HAPPY BIRTHDAY

CONGRATULATIONS!

WILL YOU MARRY ME?

HAPPY ANNIVERSARY

Add unlimited text and

pictures, video for your

online ad at

www.NCWMarket.com

Print ads are limited to 30

words, over 30 words, or

extra enhancements like

bold words or border will

be a minimal extra

Ads will be placed in the

following Wednesday

edition of the papers.

It is easy just

Register and pay on our

charge.



THREE RIVERS HOSPITAL

ER NURSE

Full-time/ Nights Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS / CPR, ACLS, TNCC and PALS certifications. Two years' Med/Surg experience or one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



RADIOLOGY/ CT TECH Full-time Three Rivers Hospital is seeking a Rad/ CT Tech

to produce CT scans and assist the Radiologist with interventional procedures that require CT guidance and to provide the best diagnostic images possible for the providers Registered by the ARRT and Certified WA State. Graduation from an AMA approved school of Radiologic Technology. Minimum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer ARRT



Looking for a part-time job? The Leavenworth Echo

experience. Professional certification as a MLT ASCP) or equivalent is highly recommended. Will include weekends and after-hours call-time. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and Online at NCWMARKET.COM for ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworth echo.com or Lake Chelan Mirror 509-682-2213 or **Quad City Herald** 509-689-2507 or email mirrorads@lakechelan mirror.com

Deadline Noon on Friday for the next week's papers

Advertise Advertise Advertise Advertise Advertise Advertise 548-5286 or 782-3781

Call Now! Call Now! Call Now! Call Now! Call Now! Call Now!

Housekeeper. Flexible hours. Live in quarters available. Bridgeport. 602-625-5376



Certified Occupational **Therapist Assistant** Full-time Three Rivers Hospital is seeking a Certified **Occupational Therapist** Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of WA with valid license. Two years' work experience in a hospital setting and/ or swing bed program is preferred. Current BLS. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

certification in CT.



OR Manager Full-Time Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/ GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretional skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates nay apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

qualified applicants for the following position:

The Cascade School

District is seeking

Food Service Cook

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



OCCUPATIONAL THERAPIST **Full-time** Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/ or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/ AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and

interpersonal skills. **Interested Candidates** may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

EOE

Newspaper is looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills. We will train you on our computer software. Pay depends on experience. Please email a resume to BillF@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. Equal Opportunity Employer.

Full and Part-Time Breakfast Staff

The Enzian Inn is searching for energetic service-oriented individuals to join our breakfast team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet. Full and part-time positions requiring some weekends. Health Insurance available for full time employees. Apply in person. 590 Hwy. 2, Leavenworth.





Med/ Surg RN **Full-time/ Nights** Three Rivers Hospital is seeking a Med/ Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have current BLS/ CPR & obtain ACLS certification within one year. Rotating days and includes some weekends. Sign-on bonus: \$5,000. **Interested Candidates** may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



Classifieds/Public Notices

General Merchandise

1/2 price

To raise funds for the

Royal Ladies of

Autumn Leaves.

Special Leavenworth cards

like:

Wish you were here with me

in Leavenworth.

'Special Friends"

Or I miss you.

Happy Birthday from

Leavenworth!

Many more titles.

Public Notices

of YASUKO I. WESTERLUND, Deceased. No. 21-4-00281-04 **PROBATE NOTICE TO CREDI-**TORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate

Date of First Publication: September 1, 2021 Personal Representative: Susan Westerlund Valaas Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 21-4-00281-04 SUSAN WESTERLUND VALAAS Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP Bv:

WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 September 1, 8, and 15, 2021. #2598

Public Notices

Aging & Adult Care of Central Washington IS LOOKING FOR CONTRACTORS TO PROVIDE SERVICES

Seeking aualified CONTRACTORS to provide yard work and snow removal services to pre-determined eligible persons age 18+.

Service area: Adams, Chelan, Douglas, Grant. Lincoln Okanogan Counties. Yard work and Snow Removal services are provided to clients enrolled in the MAC and TSOA programs in order to: Maintain client health and safety; · Allow safe egress/entry into the home: Reduce potential fire danger;

3 Para-Professionals Sub Technology Assistant **Health Room Assistant** Night Custodian Applications may be obtained on the district website. www.brewsterbears.org or by contacting the district office at 509-689-3418. These positions are open until filled.

Help Wanted

Lake Wenatchee Water District

Small Works Roster Lake Wenatchee Water District is now accepting applications from suppliers and/ or contractors to be included on the Utility's Small Works Roster. The following Roster of categories, no all inclusive, to Contract, lease or purchase items or services consists of: **Construction &** Maintenance Services, to include Building Contractors, Snow Removal, Tree Trimming, Excavation, Materials, and Supplies. If interested, an application can be found on our website www.lakewenatcheewater district.org or request one by mailing PO Box 2813, Leavenworth, WA 98826 or calling 509-679-1353.

Help Wanted

Bus Driver/ Operator -Full-time Organization: Okanogan County Transit Authority (TranGO) TranGO is looking for two (2) full-time transit drivers (36 – 40 hours per week); one (1) position based in Okanogan and one (1) based in Twisp. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@okanogantransit.com **Application Deadline:** Application review will begin September 3, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.



GRAND ALASKAN CRUISE & TOUR 12 days, departs May - Sep 2022 YAT promo code N7017

1-855-208-9533



Informatics RN Full-time

HOSPITAL

Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR. strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



The Leavenworth Nutcracker Museum is looking for a team member who enjoys the public, is comfortable with a cash register, and willing to dust and clean. Flexible 20 plus hours. Dirndls supplied. Seniors encouraged to apply. Please pick up application in person at the museum. Open daily 11am-5pm. For a more detailed job description or to download an application go to www.nutcrackermuseum .com

Newspaper Advertising Sales person needed. Come join our sales team. If you are a people person

and enjoy talking to our local businesses. We have the job/career for you!

The right candidate must be outgoing, and personable, have sales and computer knowledge. We will train the right person on our software. Stop in The Leavenworth Echo, 215-14th St. 10 a.m.-5 p.m. with a resume or call for an interview with Bill or Carol, 509-548-5286. EOE

Help Wanted

Full and Part-time Housekeeper, Bedmaker and Laundry Worker

The Enzian Inn is hiring full and part-time Housekeepers, Bedmakers and Laundry workers. Core hours are usually 9 AM to 2 PM. Earlier and later start & finish times often available. Enjoy a positive work environment with a competitive wage. Health insurance is available for full time employees. Apply in person. 590 Hwy. 2, Leavenworth.

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and **Collectibles by placing** them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site. Want Print Only? Call Lake Chelan Mirror **Quad City Herald** 509-682-2213 or email mirrorads @lakechelanmirror.com or call The Leavenworth Echo **Cashmere Valley Record** 509-548-5286 classifieds@leavenworth echo.com

Deadline: Noon on Friday for all papers.

Garage & Yard Sale



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate

No boxed cards. Thank you for your support Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286. Husqvarna GT48XLSi Smart Switch 48" (3 blades) HD fabricated mower deck. 24HP Garden Tractor. Briggs and Stratton Endurance V-Twin Engine, Hydrostatic Transmission, Cruise Electric Blade Engagement. Attachment

assets. Agri-Fab 42 inch two stage See full description and photo on NCWMARKET.COM Free 4x8 foot chain link dog run Free Booster dog bath tub Janet: 541-760-1994 **Real Estate Homes for Sale**

DAVID J. BENTSEN Published in The Leavenworth Echo/Cashmere Valley Record on



Snowblower model

Pets

LST42C.

Please do not disturb tenants. Call 503-583-3279

FOR SALE

415 Fairview, Bridgeport

'78 Nashua 14x70

Mobile-home on 2 city

Legals

Public Notices

Leavenworth Adventure Park, LLC. 7900 SE 28th St Ste 236 Mercer Island, WA 98040-3864, is seeking coverage under the Washington State Department of Ecology's Construction Stormwater NPDES and State Waste Discharge General Permit. The proposed project, Leavenworth Adventure Park, is located at 9342 Icicle Rd in Leavenworth in Chelan county. This project involves -1 acres of soil disturbance for construction activities. (List all named and unnamed surface waterbodies, or ground water if Applicable). Any persons desiring to present their views to the Washington State Department of Ecology regarding this Application, or interested in Ecology's action on this Application, may notify Ecology in writing no later than 30 days of the last date of publication of this notice. Ecology reviews public comments and considers whether discharges from this project would cause a measurable change in receiving water quality, and, if so, whether the project is necessary and in the overriding public interest according to Tier II anti-degradation requirements under WAC 173-201A-320. Comments can be submitted to: ecvrewgianoi@ecv.wa.gov. or ATTN: Water Quality Program, **Construction Stormwater** Washington State Department of Ecology P.O. Box 47696 Olympia, WA 98504-7696

A9

Greeting Cards for Sale

*Processors process based on duction analysis of 2009 in bases & Beer. Single supplement and second surcharys and optity. Mole on address webliefs, bollood Dealt requires partness of docum lines or Beiney Califi. Office supply in new hoolings real; marking block by B2021. Other secure Locardina and papel; July can Travid Countered for docuts.								
	1	2						7
					6			
	4	9			1	8	3	
1				8	7		2	
		3				4		
	8		4	2				1
	9	7	5			1	4	
			3					
3						6	5	

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.







Need to promote your event? Have you thought about NCWMarket.com the best online promotion available

THEME: THE 1990s ACROSS 1. Ridden or pushed around yard 6. Chlorofluorocarbon . Spiral-horned antelope 13. Make a canyon, e.g. 14. Much of this about nothing? 15. Forest destroyers fame 16. Basic belief 17. Popular pickup 18. Lake scum 19. *Popular email service eventually bought by Microsoft 21. *CD "maker" 23. FEMA's assistance 24. Musician's time to shine 25. Stephen King's Christine, e.g. 28. Plural of locus 30. Mongolian monetary unit 35. Wraths 37. Jar covers 39. Like yellow polka dot bikini? 40. Desert in China and Mongolia a violin 41. Knight's mount 43. Cogito sum 44. Change the Constitution, e.g. 46. Ready and eager 47. Table mineral 48. *Jennifer Aniston-inspired haircut, 50. Bank on 52. Modern prefix 53. Beacon light 55. Oolong, e.g. Sese Seko, overthrown Zairian 49. " 60. *African National Congress leader released from prison 64. Like a candle? 65. *1997's "Fly" by Sugar 68. Smart 67. Lowest point 69. Marching insect Opposite of digest 71. *Tonya Harding and Nancy Kerrigan's domain 72. Employer Assisted Housing, acr. 66. American Nurses Association

Place your ad 24/7 at www.NCWMarket.com

Print only? Deadline Friday at Noon for all papers

Lake Chelan Mirror **Quad City Herald** Call 682-2213

> Leavenworth Cashmere Call 548-5286

Your ad will appear online and in the newspapers for one low price !

73. Fender bender consequences DOWN 1. Crystalline hydrochloride, colloquially 2. Nabisco top best-seller 3. Refuses to 4. Bodily swelling 5. Not wholesale 6. Lewis of sprinting and long jumping 7. Vaccine-approving agency, acr. 8. Burger, fries and soda 9. Brick-drying oven 10. It's hard to resist 11. Precedes Abby 12. Consume, as in drugs 15. Slang for radical or cool, 2 words 20. America's singer choices 22. Last, abbr. 24. Weapon in a holster 25. Fidel Castro's smoke 26. Pleasant odor 27. Renaissance instrument resembling 29. *TV hit "Sex and the _ 31. "Bee_ 32. What many TV hits have done 33. Fireplace 34. *_____ Protocol, climate change-related international treaty 38. Withered 36. Hyperbolic sine 42. COVID-19 variant 45. Expose the falseness the Games Begin!" 51. Pined 54. Sign of a saint, pl. 56. "Bad news travels fast," e.g. 57. Algeria's neighbor 58. Plow-pulling duo 59. *"Where It's At" singer 60. Urban story 61. Adam and Eve's garden 62. *Oscar winner "Schindler's 63. A in BA 64. *Gulf or Bosnian

Published in The Leavenworth Echo/ Cashmere Valley Record on September 8. and 15. 2021. #2654

Assist the client to comply with local city/county code issues or violations other or local requirements.

Yard work consists of maintaining lawn, shrubs, plants and/or trees by doing the following:

- Trimming bushes
- **Raking leaves**
- Mowing lawn
- Edging grass along walkways Watering plants/bushes
- Weedina

Cleanup and removal of debris associated with yard work Excluded is:

· General yard work such as planting flowers, shrubs, and trees for esthetic purposes.

 Maintenance of indoor plants. Must comply with EOE & ADA requested Minority & women-owned businesses encouraged to apply. If interested please contact Erin Nelson for more information at 509-886-0700 x232 or erin.nelson@dshs.wa.gov Published in the Quad City Herald, Lake Chelan Mirror, The Leavenworth Echo and The Cashmere Valley Record September 8, 15, 22, 2021 #2645









CASHMERE: 130 Titchenal Way

310 2nd Avenue South

Effective September 15 - September 21, 2021

