

Cascade School Board Elections

FILE PHOTO.

Get to know the candidates

BY: MEGAN SOKOL

Chelan County Elections are looming toward us at a shockingly fast pace, with General Election day landing on Nov. 1st. If you want to be prepared, read up on the following candidates for Cashmere School Board District #4 and stay tuned for Cashmere City Council Elections in the following issue.

CASHMERE SCHOOL DISTRICT NO. 222
School Board Member
Director District #4
Roger A. Perleberg:

Roger A. Perleberg says something reminiscent of an infamous line from a Bob Dylan song:

“Times are changing right now and they’re changing very, very quickly, and some of them are not very good for the American people.”

Roger A. Perleberg is a Cashmere High School mechanics shop teacher, a former US Air Force Technician and wrestling coach, and is currently the Cashmere School Board Director

for District #4.

For the past 33 years (subtracting his break between 1994-97), Perleberg has been serving the Cashmere School District. He believes that his experience in office is a considerable advantage to his campaign, along with being a “fiscal watchdog” with taxpayer money, and overall dedication to the Cashmere community.

Perleberg says that he has one more four-year term in him. His motivation for staying on the school board is his increasing concern for the current affairs that students are grappling with.

“Out of all the times I’ve been on the schoolboard, believe it or not, with the political climate and the changes and everything that’s going [on], this is probably the most important time that I’ve ever run,” Perleberg said. “I’m red, white and blue through and through and I call it like I see it. I ask the hard questions, and I don’t stop until I get the hard answers.”

His campaign goals are to make electives more accessible to students

and to maintain the functional integrity of the vocational program.

His main concern with education is the possible implementation of critical race theory and states his support for equality and anti-discrimination but his lack of support for the aforementioned theory.

“With the curriculum, there are some government things that they are kicking around in other states,” Perleberg said. “The critical race theory issue, which I’m totally against that.”

Perleberg states that he is the most “non-politician that you will ever meet.” In regards to COVID-19 mandates, he notes that his position would not affect the way he conducts the school board.

“If the law says you have to do it, even if I don’t agree with the law and someone comes up and complains about it, our hands are tied sometimes by the law,” Perleberg said. “Whether you agree with them or not, you swore to uphold them.”

He notes his appreciation for educational staff and assures voters that because he’s retired he is always

available to make time for additional questions.

If you want to learn more about Roger A. Perleberg, you can contact his phone at (509)-721-0191.

Les Moscoso:

Reporters reached out to Moscoso, but he was not available for comment. Things to note of Moscoso is that he works as a Wenatchee River Ranger.



SUBMITTED PHOTO.

Roger Perleberg

City of Cashmere Wastewater Treatment Plant Contends with Understaffing

BY: MEGAN SOKOL

Director of Operations Steve Croci is faced with a problem that several employers are facing throughout this pandemic: lack of employees. With an understaffed City of Cashmere Wastewater department and thousands of citizens depending on their services, Croci is tasked with filling the staffing holes that are becoming increasingly difficult to plug up.

At the end of August, two of Croci’s operators retired, each with decades of experience in the field. After they left, their departure revealed the harsh gaps between Wastewater operators and the overwhelming workload ahead of them.

“Just trying to get by, trying to meet our requirements and making sure we’re collecting our data and

get reporting [done],” Croci said, describing their current situation.

Not all the burden has been placed on the Wastewater operators’ shoulders. Croci remarks on how some Public Works employees have stepped in, whether it be mowing lawns or maintaining landscaping. Any other duties such as fixing the pumps or inspections have been contracted outside of the department.

“We just don’t have the people to take care of some of the extra stuff that you don’t have the manpower to do,” Croci explained. “But the basic ‘water in, water out’ and making sure it’s clean coming in, making sure it’s clean coming out, we’re focusing on that.”

The City of Cashmere has had a listing for a Wastewater Operator in Charge since March of this year

and a Wastewater Operator posting since July, yet Croci has seen very little traction garnered within the hiring process.

“We’ve had alot of interest, but not many with qualifications,” Croci explained. “You need a certain level of qualifications to operate a wastewater treatment facility.”

Croci posted multiple job listing across sites like the Washington Association of Sewer and Water Districts, the City of Cashmere Human Resources Job Board, Evergreen Rural Water of Washington, Cashmere Valley Record, and Indeed.

Evergreen Rural Water of Washington in particular hosts a training program that assists those interested in getting into the Wastewater field.

“We’ve been in contact with them,

and they have interviewed some of their people,” Croci said. “We were hopeful we would get some people who are already certified apply, and we’ve had people apply, made offers, it just didn’t work out.”

New staffers dealing with the inevitable learning curve of the job are left with multiple phone calls with customers.

“We’re not as efficient in addressing unique situations,” Croci said.

Thankfully, the people of Cashmere have been patient with them or have simply been unaware of the problem that has been bubbling on the other side of their pipes.

In the meantime, Croci thanks his current team for weathering through the pandemic and the hard work that they have pooled in these last few months.

Chelan County awarded \$813.9k in Grant Funds

Natural Resource Director Discusses Fund Use for Nason Creek

BY: MEGAN SOKOL

For the 22nd year in a row, Washington State Salmon Recovery Funding Board is giving out grants to restore salmon populations. Approximately \$813,982 of that was awarded to the Chelan County Natural Resources Department.

The projects that have been granted funding are the following: Designing Restoration of Nason Creek near the Butcher

Creek Confluence, Evaluating Reconnection of the Nason Creek Floodplain, Monitoring Entiat River Fish Movement, and Restoring a Nason Creek Reach.

Chelan County Natural Resources Director Mike Kaputa and his team have been keeping a close eye on Nason Creek for several years now.

“Nason Creek is one of the highest priority tributaries in North Central Washington, and in the Wenatchee Basin that’s particularly true.”

The Nason Creek Floodplain is home to many salmon populations such as Chinook, Steelhead, and

Bulltrout, currently listed on the endangered species list.

Kaputa notes that most of the work that needs to be done is reintroducing habitat diversity, which was previously diminished when surrounding infrastructure was built around the creek.

“The creek needed to be moved around to accomodate all of that infrastructure and when it was moved around a lot of times it was rechanneled and levies were built. We created a habitat that was not optimum for fish,” Kaputa explained. “To some extent, we’re trying to undo some of those historic impacts

and that’s a lot of what our work is in Nason Creek is trying to restore the habitat while maintaining all that infrastructure.”

Kaputa notes his generosity towards the private landowners who have assisted in granting them the space to make steady progress in Nason Creek.

If you wish to learn more about these projects, please check out Chelan County’s Natural Resources department, or contact Chelan County Natural Resources director Mike Kaputa at (509) 670-6935 or Mike.Kaputa@co.chelan.wa.us. Link to more info: <https://rco.wa.gov/wp-content/uploads/2021/09/SAL-Grants-2021.pdf>

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SHOP LOCAL

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

THIS WEEK				
Breast Cancer Section	A2-A3	Business Directory.....A6	Classifieds Index	
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Honoring Breast Cancer Survivors



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Kathy Bangsund
Survivor: 26 years and 20 years.
Occupation: The Dwelling Place

Marjory Blake
Survivor: 11 years, 6 months
Occupation: Retired -Cascade Medical

Pamela Brulotte
Survivor: 6 1/2 years
Occupation: Owner of Munchen Haus and Icicle Brewing Co. and Wellness Place Board member 2020

Carol L. Forhan
Survivor: 31 years
Occupation: NCW Media, co-owner & ad manager, Ordained Episcopal Deacon, and Nutcracker board member.





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CASCADE MEDICAL
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Breast Cancer Glossary

COMPILED BY CAROL FORHAN
Survivor

Educate yourself on these terms when your doctor talks to you about breast cancer

Adjuvant therapy: Treatment such as chemotherapy, hormonal therapy, or radiation used following surgery to cure, reduce, or control cancer.

Aspiration: The use of a hollow needle and syringe to suction out fluid or cells from a cyst or tumor.

Atypical lobular hyperplasia: Abnormally shaped cells multiplying excessively in the normal tissue of a breast lobe.

Atypical lobular hyperplasia: Abnormally shaped cells multiplying excessively in the normal tissue of a breast lobe.

Axillary: In the armpit.

Benign: Not cancerous.

Biopsy: Tissue or cells removed from the body and examined microscopically to determine whether cancer is present.

Calcifications: Small calcium deposits in breast tissue that can be seen by mammography.

Carcinoma: Cancer that arises from

epithelial tissue (tissue that lines a cavity or surface); occurs often in the breast.

Chemo-prevention: The use of drugs or chemicals to prevent cancer.

Chemotherapy: Treatment of cancer with powerful drugs that destroy cancer cells.

Core needle biopsy: Use of a hollow needle to extract a sample of a lump or other suspicious tissue for examination.

Cyst: A lump or swelling filled with fluid or semifluid material.

Duct: A channel in the breast that carries milk from the lobule to the nipple during lactation.

Estrogen: A female sex hormone produced chiefly by the ovaries.

Estrogen receptor: A site on the surface of some cells to which estrogen molecules attach.

False negative: Test results that incorrectly indicate that the tested disease or substance is not present.

Fibroadenoma: A benign, fibrous tumor commonly found in the breast.

Free radicals: Toxic atoms produced by chemical reactions within a cell.

Hematoma: A swelling formed of blood. Infrequently occurs at the site of surgery, such as in a biopsy cavity

after a lumpectomy.

Hyperplasia: Excessive cell growth.

Infiltrating cancer: A cancer that has spread from its site of origin into surrounding tissue.

In situ: Latin for “in place.” As part of the term “ductal carcinoma in situ,” it means that cancer cells exist and are still contained within the ducts of the milk-producing gland.

Lobules: Milk-producing glands of the breast.

Lymphedema: An accumulation of lymph fluid in the arm, hand, or breast that may develop when lymphatic vessels or nodes have been removed or blocked by surgery, or after radiation therapy. It can appear immediately after treatment or many years later.

Lymph nodes: Small, bean-shaped organs linked by lymphatic vessels. As part of the immune system, they filter out germs and foreign matter. Also called lymph glands.

Malignant: Cancerous.

Metastasis: The spread of cancer cells from the site of origin to another part of the body.

Metastases: Secondary cancers that form after cancer cells spread to other parts of the body.

Neoadjuvant therapy: Therapy with anticancer drugs or radiation given before surgery in order to shrink a tumor.

Palpable: Able to be felt.

Progesterone: A hormone produced by the ovaries and adrenal glands; essential for healthy functioning of the female reproductive system.

Radiation therapy: The use of x-rays at very high doses to treat or control disease.

Seroma: An accumulation of lymphatic fluid under an incision.

Content provided by MammoSite Breast Cancer Information. www.mammoSite.com

Screening saves lives by helping find breast cancer early. Finding cancer early may give you more treatment options, including Breast Conserving Therapy instead of a mastectomy. Get your mammogram. Tell your friends, mothers, sisters, aunts and daughters to do the same. Be a Friend. Tell a Friend. Get Your Mammogram.

Information from American Cancer Society

October is Breast Cancer Awareness Month

CAROL L. FORHAN
Survivor

Pink Ribbons, Pink Shirts, walks, runs, fundraisers, and now in 2021 because of the COVID-19 and the Delta Variant we return to virtual auctions, benefits, and other events that we hope will continue to help raise more AWARENESS and funds in our communities.

encouragement of my friend I am sure she saved my life. I was then diagnosed with Stage 2B-breast cancer with all of my lymph nodes involved on the same side.



PHOTO FREEPIK.COM

Breast cancer effects 1 in 8 women who will get diagnosed with cancer in her lifetime, and some men actually get breast cancer as well. Many years of research has been done on this disease, and breast cancer comes in many forms and stages. We know about the BRAC genes and HER-2, but not all cancer is inherited. Great strides have been made in research to find the cause, different treatments and therapies then are developed to kill the cancer cells. Some treatments like surgery can make one lose a breast(s), some treatments will cause you to lose your hair, self-esteem and dignity, and unfortunately some will die.

We can replace a breast with a prosthesis or with reconstructive surgery or do nothing, our hair will grow back as well as our self-esteem and dignity. Many women work through the process day by day, whether at a job or career and/or keeping up a home, children, spouse, daily chores and just day to day living.

Many friendships develop in this cancer club, help and encouragement from another survivor, like the American

Cancer Society’s Reach to Recovery program.Support groups may become a part of your life for now, (if you choose too). We move on, some tell others of their survivorship some tell no one. When we do the survivors’ page, in our NCW Media newspapers the first week of October, we are happy to show our smiling faces that we are surviving and thriving and showing others that life goes on. If you know of someone that didn’t tell her story, then that is a personal choice and is respected.

Though it is scary, cancer does not have to be a death sentence, and cancer is not a one person disease, it affects the whole family.

A few things that are very important to remember and you will be reminded especially in October Awareness Month.

Get a mammogram. Know your family history. Learn to do breast self-exam. If a relative like, mom, grandmother,or aunt have or had breast cancer, depending on your age, the current recommendation for a mammogram is 45 years old or earlier. Schedule a

consultation with your doctor or health provider. Call the American Cancer Society for free information,1-800-ACS, or www.cancer.org

When or if you are diagnosed, you have the right to get a second or even a third opinion. Surgery is not always the answer, talk to your team of doctors and nurses, and other caregivers. BE an advocate for yourself, or take someone with you to be an advocate. Ask questions, do your research, but do not just rely on internet information, it can be misleading. There are also some great books and magazines you can read. One of the best books about the breast anatomy therapies and other information, is Dr. Susan Love’s Breast Book. There are different therapies and opinions out there. 31 years ago I was not expected to live “5” years; and years ago I heard the phrase

“I want to see Breast Cancer eradicated in my life time!” and it still hasn’t been eradicated. I still have Hope and Faith that it will happen before my 4 granddaughters have to deal with it. I thank God everyday that I have another day to enjoy, by continuing my faith career as an ordained deacon in my church, a business owner, community leader and supporter of many causes. Have Faith my friend, I will support you as well.

Sincerely, **Carol Forhan**, 31 years, Surviving and Thriving!

During our 20 years of compiling the Breast Cancer Survivors’ pages, many of these ladies have moved, no longer are participating at this time or have died. **Our sincere Best Wishes to all of our SURVIVORS.**

Ann Avey
Joan Baldwin
Gale Bates
Carla Carey
Bev Carlson
Janice Clark
Terri Clarke
Floy Detwiler, M.D.
Joy Fields
Elsie Fogelstrom
Carol Hanson
Pat Hills
Sonja Hurt
Jordi Kimes
Dorothy Kellison
Wendi Krieg
Verna Lotts
Beverly Lobe
V Gay Neese-Sweet
Mary Ellen McKinney



Jodi Ostrem
Dorene Parise
Winifred Pflugrath
Kelley Rose
Terri Scenard
Kara Shephard
Dorothy Shipley
Camille Stermm
Wendy St. Germain
Dorothy Spanjer
Lori Vanderbrink
Camieon Voss
Julie Williams

Sad remembrances of those who have passed away either from the cancer or other causes throughout these twenty years.

*Grace Clausen
*Jessica Green
*Mary Newberry
*Marie V. Peck
*Judy M.Peck-Cameron
*Charlotte Turner
* Elizabeth Peyrollaz and others not known

We Support Breast Cancer Awareness Month.

And all the survivors!





Breast Cancer Awareness Month



Lisa Halseth
Survivor: 6 years, 2 months
Occupation: Hi-tech Inside Sales ,Product Line Manager, Wine Ambassador and Retail Sales Associate



Deborah Hartl
Survivor: 14 years, 10 months
Occupation: HR Director, Sleeping Lady, Trail runner



Rebekah Nugent
Survivor: 14 years, 11 months
Occupation: Retired



Kris Taylor
Survivor: 13 years, 4 months.
Occupation: Financial Advisor



Diane Wells
Survivor: 10 months
Occupation: Retired, Nutcracker Museum Current board member



Carolyn Wilson
Survivor: 15 years
Occupation: Leavenworth City Council, Law Enforcement

Pytoestrogens, Menopause and Hot flashes

Q: Can phytoestrogens relieve common menopausal symptoms like hot flashes and night sweats? What about women with breast cancer?

In a stuffy auditorium in Pullman, Washington one March afternoon, I experienced my very first hot flush. While describing how a particular weight loss medicine worked to my audience of 120 students, I felt my scalp go hot and prickly. Two heartbeats later, sweat gushed down my neck and back, soaking my white oxford shirt!

Shocked and shivering, I glanced at the large clock on the wall, cleared my throat, and announced, “Let’s take a 10-minute break, starting now. See you back here in 10.”

Can phytoestrogens relieve the physical and social discomfort of menopausal symptoms like sudden hot flashes/flushes or their night-time equivalent, night sweats?

For decades, researchers have noticed how Asian women don’t suffer as much from hot flashes during menopause as Western women do, labeling it the “Japanese Effect.” The primary reason for this difference is believed to be diet. A typical Asian diet

contains a lot more soy than a standard American diet. Foods containing soy and soy concentrates contain phytoestrogens, which are plant-based substances acting in your body in ways and places similar to estrogen.

But eating more soy is only part of the answer. Protection against hot flushes may also depend upon whether your body can change the basic phytoestrogens found in soy into equol, a powerful phytoestrogen. Overall, 30-50% of North American women can convert soy into equol, with Asian and Hispanic women able to do this more easily.

Phytoestrogens act by attaching or binding to the same places in your body that other types of estrogens do. These binding sites are called estrogen receptors, or ERs. The two main types of ERs are ER alpha and ER beta. Most estrogens and phytoestrogens bind to ER alpha receptors, which can stimulate breast and uterine cancer.

Some phytoestrogens bind to ER beta receptors instead, which can create the opposite effect from ER alpha

receptors. Binding to ER beta receptors can BLOCK the action of estrogen on breast tissue. This is similar to the estrogen-blocking medicines tamoxifen and raloxifene (Evista®) and may help prevent certain types of breast cancer.

Unfortunately, it’s difficult to study the effects of any particular phytoestrogen on the body. One reason is that food and other sources of phytoestrogens often contain multiple types of phytoestrogens. These individual phytoestrogens may bind to ER alpha receptors, ER beta receptors, or both, causing varying effects.

Plants can also have variable concentrations of phytoestrogens depending on their growing conditions. An additional complication is how

much estrogen is already in place. Phytoestrogens may act differently in pre-menopausal women compared to post-menopausal women whose bodies contain much less estrogen.

How much soy do you need to reduce hot flash/hot flush symptoms? Most clinical studies have used between 40 and 80 mg daily of phytoestrogens from soy-based products. Recent evidence suggests you should start with 2 servings a day of soy foods for 3 months, noting whether you experience fewer episodes of hot flushes/flushes.

One serving of soy food can be 3 ounces of tofu, ½ cup of edamame, ½ cup tofu, ¼ cup soy nuts, or 1 cup of soymilk. Flaxseed, chickpeas, beans, peas, green leafy vegetables, cauliflower, and nuts are good sources of phytoestrogens. After trying soy for 3 months, if you don’t notice any decrease in your hot flashes or hot flushes, you can stop it.

Can eating soy cause breast cancer? If you’re not a vegetarian, it’s unlikely that you’re getting enough soy in your diet to increase

your risk of breast cancer.

However, the phytoestrogens and estrogen-like compounds in soy concentrates and herbal products like black cohosh marketed for “menopause support,” like Remifemin® may increase your breast cancer risk.

Here are 3 Tips for Taking Phytoestrogens Safely:

1. You can eat food containing soy, even if you have breast cancer.

Moderation is the key. If you are vegetarian or vegan, don’t eat tofu or tempeh every day and control your soy milk consumption.

2. Be cautious with supplements for menopausal symptoms.

If you have a family history or an increased risk of breast cancer, avoid taking supplements containing concentrated phytoestrogens like soy concentrates or black cohosh until more is known about their long-term effects.

3. Stick to phytoestrogens that have had their potency tested.

Exact concentrations of certain phytoestrogens differ depending on growing conditions. The best phytoestrogen supplements measure and standardize every batch to



BREAST CANCER FACTS

COMPILED BY CAROL FORHAN

31 year Survivor
The two main risk factors for breast cancer are: Being female and getting older.

Statistics
Breast cancer is the second most common cause of cancer for American women except skin cancer, and the overall cause of cancer death in women between the ages of 20 and 39. In the United States, one in 8 women will develop breast cancer in her lifetime. An estimated 276, 480 new cases of invasive breast cancer are expected to occur in women in this year with an estimated 48,530 additional cases of in-situ (non-invasive) breast cancer. 64% of breast cancer cases are diagnosed at localized stage for


which the 5-year survival is 99%. There are more than 2.4 million women in the United States with a history of breast cancer. 42,170 or 1 in 39 women (3%) will die. But there are 3.8 million survivors in the USA. In the United States, breast cancer is expected to be newly diagnosed every three minutes, and a woman will die from breast cancer every 13 minutes. **Breast cancer in men** Though rare, 2,620 new cases of invasive breast cancer are expected to be diagnosed, in men in 2020. 520 will die. Black men have the highest breast cancer incidence over all, Hispanic men have the lowest. Median age of diagnosis for men in the U.S. is 68 years old. Breast **cancer** in ethnic groups African American women have a higher breast cancer death rate than

women of any other racial or ethnic population. American Indian/Alaska Native females have the lowest breast cancer incidence rates. **Breast cancer and age** The risk of breast cancer increases with age: About 18 percent of diagnoses are among women in their 40’s and 77 percent of women with breast cancer are older than 50 when they are diagnosed. White women have a higher incidence of breast cancer than African American women after age 40, while Africa American women have a slightly higher incidence rate before age 40. **Risk and recurrence of breast cancer** Postmenopausal women with early breast cancer are at their greatest risk of disease recurrence during the first five years after diagnosis.

The absolute number and percentage of recurrences in the first five years after surgery is much highest than the following five to 10 years. Treatment received during these first five years is paramount in combating the disease. **Early Detection** One of the earliest signs of breast cancer can be an abnormality that shows up on a mammogram before it can be felt. The most common signs of breast cancer are a lump in the breast, abnormal thickening of the breast, or a change in the shape or color of the breast. Finding a lump or change in your breast does not necessarily mean you have breast cancer. **Additional changes that may also be signs of breast cancer include:** Any new, hard lump or thickening in any part of the breast/and armpit. Change in size or shape. Dimpling or puckering of the skin. Swelling, redness or warmth that


does not go away. Pain in one spot that does not vary with your monthly cycle. Pulling in of the nipple, nipple discharge that starts suddenly and appears only in one breast. An itchy, sore or scaling area on one nipple. It is important for women to practice the elements of good breast health. It is suggested women obtain regular mammography screening starting at the age of 45, or earlier if you have a family history. Obtain annual clinical breast exams, perform monthly breast-self exams and obtain a risk assessment from a physician.

This information was acquired from the American Cancer Society, 1-800-ACS-2345. Or www.cancer.org. and The Susan G. Komen organization.




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Breast Cancer

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Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. ©2021 Louise Achey

- LOCAL SUPPORT**
- * Cancer Care of NCW, Inc. Our House, Wenatchee: 663-6964 or email: cancare@nwi.net
 - * Wellness Place, Wenatchee, 888-9933. Support groups, and resources.
 - * Confluence Health/Wenatchee Valley Medical, 663-8711 x 64100
 - Confluence Health, Breast, Cervical and Colon Cancer Health Program
 - * EASE Cancer Foundation, Cashmere: 860-1322 or www.easecancer.org
 - * Cascade Medical, Leavenworth, 548-5815.
 - * Lake Chelan Community Hospital, Chelan, 682-3300
 - * Columbia Valley Community Health, 662-6000
 - * Three Rivers Hospital, Brewster, 689-2517
 - * Family Health Center, Brewster, 509-422-7629, 800-660-2129
 - * Seattle Cancer Alliance, 800-804-8824, www.seattlecca.org
 - NATIONAL SUPPORT:**
 - * American Cancer Society, (ACS) 800-ACS-2345, www.cancer.org. Programs include:
 - 1 Can Cope, Look Good, Feel Better, LookGoodFeelBetter.org, 800-395-LOOK
 - Reach to Recovery, a one to one survivors' help program.
 - New Birthday Campaign: Less Cancer, More birthdays. MoreBirthdays.com, Facebook and blog OfficialBirthdayBlog.com or Cancer.org/circleofsharing.
 - * American Society for Therapeutic Radiology and Oncology, 703-502-1550, www.astro.org.
 - * American Society of Plastic Surgeons, 800-514-4340, www.plasticsurgery.org.
 - * AVON Foundation, www.avonfoundation.org
 - * Blood & Marrow Transplant Information Network-Seattle, www.seattlecca.org/bmt,bmtinfoNet
 - * Dr. Susan Love Foundation for Breast Cancer Research, 1-310-828-0060 x 157
 - * Living Beyond Breast Cancer, 855-807-6386, www.lbbc.org.
 - * National Breast Cancer Foundation-1-972-248-9200, NationalBreastCancer.org
 - * National Coalition for Cancer Survivorship, Cancerversary.org
 - * Susan G. Komen For the Cure, www.komen.org
 - * The Breast Cancer Alliance, www.breastcanceralliance.org
 - * National Lymphedema Network, 1-510-809-1660, www.lymphet.org.
 - * SHARE (Breast Cancer Hotline), 1-866-830-4576, 844-ASK-SHARE, or www.sharecancersupport.org
 - * Vital Options International, 1-800-477-7666, www.vitaloptions.org
 - * Zero Breast Cancer: 1-415-507-1949, www.zerobreastcancer.org
 - Free Cancer magazine: print and online: CancerToday, American Association for Cancer Research, 615 Chestnut St. 17th floor, Philadelphia, PA 19106

Rivercom 911 Management still Contending with Understaffing

New Hiring Strategies and Executive Director Hiring Hopes to alleviate Staffing Workload

By: MEGAN SOKOL

At the Wenatchee Convention Center, Misty Viebrock waits in anticipation for one person to show up to her booth at the Wenatchee Job Fair. She looks at the crowd, in search of potential dispatchers to help fill her chronically understaffed Rivercom 911 Call Center.

“We did get to talk to, I would range, probably 15-20 people that stopped by that were interested,” Viebrock confided. “Hopefully that results in maybe a few people applying, definitely was not a wasted day in my opinion.”

In 2019, Rivercom processed nearly 48,385 calls with only 30 telecommunicators at the time. With the pandemic severely limiting the general applicant pool, Rivercom’s understaffing problem becomes even more extreme.

“Many 911 centers, not only in Washington State but nationwide, do struggle and have struggled for years to staff their centers,” Viebrock explained. “Some do believe, in our industry, that COVID has really changed people and

what’s important to them.”

Rivercom Board Member and Chelan County Commissioner Kevin Overbay maintains his stance on Rivercom’s priority be focused on staffing. He also agrees with Viebrock in regards to staff recruitment issues and retention “You just don’t have the workforce level that you’ve had in years past.”

With the job requiring staff to work long hours and miss holidays with loved ones, employment opportunities that may leave dispatchers more time with families cause a sharp turnover.

Viebrock admits that there are many complexities to staffing problems and tries not to paint COVID-19 as the main culprit for Rivercom’s staffing, but she does admit that it has impacted Rivercom’s ability to motivate individuals to join the center.

“They realize long-term that this is not what [they] wanna do for the rest of [their] life, I’m missing out on Christmas morning with my children or missing out on my best friend’s wedding,” Viebrock said.

Another complexity within Rivercom’s hiring process involves lengthy tests and training programs that new hires must complete before starting. Some of the main traits a telecommunicator

needs are things that cannot be measured by testing.

Viebrock provides an example of one of these hard-earned traits called a “split-ear,” where they listen to a 911 call in one ear and Police and EMT authorities in another ear. This can be a tremendous hurdle to new trainees.

“We believe it is either a natural skill, it’s not really something that you can learn to do, so you have it or you don’t,” Viebrock said. “It takes a very unique individual to be able to do the multitasking, of all the demands that are coming their way at one time. There are just aspects to the job that we simply cannot test for.”

Rivercom claims to be ramping up their recruitment efforts and looking to potentially bring in ‘lateral hires’ from outside the area, which would reduce their training time.

Viebrock notes her confidence in collaborating with new Executive Director Lowell Porter. She believes that her institutional knowledge and his executive leadership would make the pair a dynamic team.

“I wish he was starting tomorrow.”

Porter will start working for Rivercom 911 on Nov. 1.

VFW National President Jean Hamil visits North Central Washington

By: MEGAN SOKOL

Mayors of Leavenworth, Cashmere, and Wenatchee, all greeted Veterans of Foreign Wars (VFW) Auxiliary National President Jean Hamil on September 25, 2021.

The morning of Sep. 25 began with a VFW breakfast meet and greet at the VFW Office in East Wenatchee, where Wenatchee Mayor Frank J. Kuntz proclaimed Sep. 25, 2021 as “Soaring Above and Beyond Day,” in reference to the VFW 2021 theme.

Jean Hamil is currently on her nationwide tour, making Washington the 13th state she has visited thus far.

The VFW Auxiliary’s roots can be traced back to 1899, when veterans of both the Spanish-American war and Philippine Insurrection advocated for more health and housing services for soldiers returning home.

Currently, the VFW Auxiliary hosts 3,580 auxiliaries across the

nation and has approximately 465,000 VFW members. The key purpose of VFW Auxiliary is to assist veterans and their dependents, whether that be with mental health services, financial assistance, housing, or any community support program that assists veterans.

The day continued with the VFW attending the Autumn Leaf Festival Parade. Those involved in the parade included Jean Hamil, VFW Auxiliary Washington State President Barbara L. Heston-Moore, Former VFW Auxiliary National President Virginia Carman, and VFW Department of Washington Commander Chad Hassebroek.

Mayor of Leavenworth Carl J. Florea had given Jean Hamil another proclamation, marking September 25, 2021 as Jean Hamil day in Leavenworth.

Lastly, the day had concluded with Jean Hamil having a banquet dinner at the American Legion #64 Office

in Cashmere. The Mayor of Cashmere Jim Fletcher presented a proclamation to Jean Hamil, which states Cashmere’s support and gratitude for veterans and the VFW Auxiliary program.



SUBMITTED PHOTO.

Jean Hamil

Workplace Giving Alive and Well in NCW

On a Thursday morning last winter, we opened our database system here at the Community Foundation of North Central Washington to discover that one generous soul had made gifts to no less than 26 different funds over our online system. The donor supported 12 local non-profits, 10 scholarships, three of our competitive grant programs as well as our Partners in Giving program.

That donor, Sarah, is an employee with Confluence Health who had used her Workplace Giving Card to make her donations. All year Sarah had been deducting a modest amount from her paycheck to load onto her charitable giving card and Confluence had matched those deductions dollar for dollar. When it came time to spend her giving card, she used our system to find a variety of causes that were important to her. She told us: “I try to give to programs that provide opportunities for people that may not be able to afford them otherwise. I look at programs that are helping to elevate and support our youth – CASA, Alatheia, YMCA, etc. I feel strongly that when kids get to experience teams and connection, they grow up to be



By DENISE SOROM

Director of Community Philanthropy

better people.”

Sarah’s generosity of spirit was exactly what we were hoping to preserve when we took on Workplace Giving as a service offering a few years ago. At the time, the closure of the United Way of Chelan and Douglas County meant their Workplace Giving program was no longer available to scores of employees who were supporting local charities.

The deductions that local employees made from their paychecks every month amounted to hundreds of thousands of dollars of charitable giving to good causes throughout our region. Here at CFNCW, we did not want to see that loss of the charitable goodwill that those dollars represented.

When leaders of both Confluence Health and the Chelan County PUD asked if there was any way that we could step up and take over this program for their employees, we didn’t hesitate to say yes. Thanks to the trust of the community and relationships with the dozens of nonprofits that make up our charitable landscape in North Central Washington, we created the program to make it happen.

Workplace Giving – as an option for supporting these

nonprofits – continues to be a charitable giving option for donors in our community. As of today, the numbers are inspiring:

- Over 200 employees from Confluence Health and the Chelan County PUD participate in Workplace Giving.

- Since 2017, they have donated \$423,676, every penny of which has gone out to charitable causes throughout our region. This is a remarkable difference from most Workplace Giving programs, where the intermediary organization takes a percentage to cover their costs.

- The Workplace Giving Card that we developed gives the donors great flexibility. Donors can choose from more than 70 local nonprofits, over 100 scholarships, and several grant programs. Donors can also use their cards on Give NCW and Give Methow.

As Sarah told us: “Thanks for the cool process with our Giving Cards. It was fun!” Making philanthropy fun and accessible is what gets us up every morning. Thank you to Sarah and thank you to all our Workplace Giving donors for caring for this place we call home.

For more information about Workplace Giving, visit cfncw.org/workplacegiving or give us a call at 509-663-7716.



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509-548-5286

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509-548-5286

Classified / Legal Notices
classifieds@leavenworthecho.com
NCWMarket.com

Circulation
509-689-2507
1-509-293-6780

Deadlines

Calendar Listings	Noon, Friday
News Submissions:	Noon, Friday
Letters to the Editor:	Noon, Friday
Display Advertising:	Noon, Friday
Legal Notices:	Noon Friday
Classified Ads:	Noon Friday

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In Chelan County (yearly) - \$40
In State (yearly) - \$40
\$45 for print and online
Out of State (yearly) - \$52
Online E-edition - \$40

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Corrections

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Call the Record at 509-782-3781

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Back Issues are available up to one year after publication for a small fee.
Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., PO BOX 35, Cashmere, WA 98815
Telephone: 509-782-3781
Fax: 509-548-4789
Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)
Postmaster:
Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039
Weekly rates:
\$15.00 for first 30 words
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Boys Team finishes first at Quincy Invitational

By JEFF KENOYER

The Cashmere High School cross country team competed at the Quincy Invitational Cross Country race on Thursday September 30th. The meet was held at the Colockum Ridge Golf Course south of Quincy. The course was well maintained grass that was pretty flat. Wind affected the girls race but quite by the time the boys ran. The course was

five kilometers in length and did not repeat any part of itself. Five schools competed.

The next race for the Bulldogs was on Saturday, October 2, at the Ski Hill in Leavenworth.

GIRLS RESULTS – 14 runners		
2nd	Tristan Hoffman	22:37
6th	Carly Schoening	27:05 (Personal Record for 5k)
11th	Leah Carranza	31:08

BOYS RESULTS – 43 runners		
Team Scores		
1st	Cashmere	26 pts
2nd	Brewster	42 pts
3rd	Goldendale	73 pts
4th	Quincy	86 pts
Individual Results		
1st	Kaden Miller	17:44 (5k PR)
4th	Landon Baker	18:50
6th	Hugh Wheeler	19:01 (5k PR)
7th	Garrik Strong	19:11
8th	Sam Graves	19:15 (5k PR)



BULLDOG SCOREBOARD



FOOTBALL

Oct. 1	Cashmere 55, Quincy 7; Win
--------	----------------------------

SOCCER

Sep. 28	Cashmere 4, Cascade 0; Win
Sep. 30	Cashmere 9, Omak 0; Win

VOLLEYBALL

Sep. 28	Cashmere 3, Cascade 0; Win
Sep. 30	Cashmere 3, Omak 0; Win
Oct. 2	Cashmere 2, Naches 0; Win
Oct. 2	Cashmere 2, East Valley High 0; Win

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GO BULLDOGS

Student Spotlight

Athlete: Elle Seidensticker

Reason: I chose Elle because she works hard daily at practice, has a kind and positive attitude, helps teammates to also work hard and do their personal best in practice. An Outstanding Student Athlete!

Coach: Darcy Bruggman

Parents: Becky & Scot Seidensticker

Grade: 11th

Activities: Key Club, Honors Society, the Winter Musicals, tennis and swimming.

Sports: Tennis & Swimming

Future Plans: Not sure at this time.



Student: Jillian Jaeger

Reason: This student has stepped out of her comfort zone many times and dared to try hard to be successful in things that are really tough! I appreciate her spirit and effort.

Teacher: Karen Gemeinhart

Parent: Krissy Jaeger

Grade: 9th

Activities: No Activities yet.

Sports: No sports yet maybe in the spring.

Future plans: Would like to study to become a zoologist.



Congratulations Students of the Month!



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The Washington Outdoors Report



PHOTO BY JOHN KRUSE.

A young buck deer

A Difficult Deer Season Ahead?

By JOHN KRUSE

The modern firearm season for deer opens on October 16th in Washington and traditionally, this is the most popular day to be afield. However, deer hunters in Eastern Washington might be in for a challenging season due to diseases spreading through our deer herds that are killing a number of animals.

Staci Lehman, the Eastern Washington Public Information Officer for the Washington Department of Fish and Wildlife (WDFW), says there has been an outbreak of both EHD (Epizootic Hemorrhagic Disease) and Blue Tongue, two fatal diseases, in deer herds throughout Eastern Washington. EHD has been affecting the whitetail deer herds in Northeast Washington and the Blue Tongue Disease has been affecting both mule deer and whitetail deer throughout Eastern Washington. Both diseases commonly break out during hot, dry summer months where biting gnats with the disease transmit it to the deer.

According to WDFW, deer exhibiting symptoms of these related hemorrhagic diseases, “may appear

lethargic, disoriented, lame, or unresponsive to the presence of humans. As the disease progresses the deer may salivate excessively or foam at the mouth, have bloody discharge from the nose, lesions or sores on the mouth, and swollen, sometimes blue-tinged tongues.”

“The disease often kills deer so quickly -- within a day or two -- they may still be in very good body condition. In other cases, they may not die, just become sick and stop eating, resulting in emaciation.”

The outbreaks may well impact not just this year's hunting season but next years as well due to lower herd populations. Some of the hardest areas are around Colfax in Southeast Washington and also in Pend Oreille and Stevens County. The good news is the outbreak should end soon. The first frost of the year kills the gnats that carry the disease which will stop the new spread of disease this year.

In addition to this WDFW will be monitoring for another disease not yet known to be present in Washington, Chronic Wasting Disease (CWD). Staci Lehman says, “For the first-time hunters in certain parts of Eastern Washington who harvest a deer are being asked to have it checked for CWD. If

you harvest a roadkill deer you should also have it tested.”

Like the hemorrhagic diseases, CWD is fatal to deer but unlike EHD and Blue Tongue, CWD can spread amongst deer populations. It does so through their feces, saliva and urine. Animals with CWD often appear healthy until the end stages of the disease when symptoms such as weight loss, lethargy, drooping ears and a loss of fear of people become apparent. Like the other diseases mentioned, there is no cure for CWD and it is fatal.

Finally, there is little evidence indicating any of these diseases killing these deer can spread to humans through the consumption of their meat. However, it's recommended not to harvest any deer that appears to be suffering from any of these diseases. Check stations and times are listed below:

Hunter check stations

Colville WDFW District Office, 755 S. Main Street, Colville, WA 99114
Chewelah, Intersection of Sand Canyon Road and Highway 395, DOT Gravel Lot
Deer Park Weigh Station, 65 N. Arlington Rd, Deer Park, WA 99006
Ione, Tiger Store/Museum,

390372 State Route 20, Cusick, WA 99119

Usk, Crossroads Restaurant, 421341 State Route 20, Usk, WA 99180

Highway 2 Weigh Station - Across highway from Spokane Regional Solid Waste
Saturday, October 16 - Sunday, October 17, 2021 9:30 am - 8:00 pm

Saturday, October 23 - Sunday, October 24, 2021 9:30 am - 8:00 pm

Saturday, November 6 - Sunday, November 7, 2021 9:30 am - 8:00 pm

Friday, November 12 - Sunday, November 14, 2021 9:30 am - 7:00 pm

Thursday, November 18 - Friday, November 19, 2021 9:30 am - 7:00 pm

WDFW offices

You can also have your white-tailed deer sampled on Mondays and Thursdays from 4-6 p.m. during the modern firearms season at:

WDFW Colville District Office, 755 S Main Street, Colville, WA 99114

Spokane Regional Office, 2315 N Discovery Place, Spokane Valley, WA 99216-1566

John Kruse – www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Wenatchee River Salmon Festival

SUBMITTED BY CORKY BROADDUS

Festival Director

The 2021 Wenatchee River Salmon Festival (Salmon Fest) is alive and well, as it welcomes North Central Washington teachers, students, and the general public to engage in the exciting new 2021 Virtual Salmon Fest. Salmon Fest Team members are thrilled to re-introduce the heavily expanded, “Salmon On-Line,” a virtual supplement to the live festival event, which is now available on our website at <http://www.salmonfest.org/index.php/salmon-fest-on-line/>. There you'll find a host of new educational and fun videos, worksheets, activity guides, and more that are sure to help fill the void until we're able to, once again, gather in person to celebrate salmon.

Following strict guidelines for managing COVID-19 in 2021, Salmon Fest was canceled

at the Leavenworth National Fish Hatchery in Leavenworth, earlier this year. Salmon Fest is managed and hosted by the non-profit Friends of Northwest Hatcheries, along with several partners that include Chelan PUD, Okanogan/Wenatchee National Forests, Cascadia Conservation District, Bureau of Reclamation, several government agencies, business sponsors, non-profit entities, and Native American tribes.

Salmon Fest is one of the first nature festivals in the United States. It began in 1991 and will be celebrating its 30th anniversary with an extra special event the next time we gather in person, hopefully in 2022. Its award-winning format of high-quality interactive natural resource education has received several regional and national awards for children's programming by the festivals and events industry, community organizations, and federal and

local agency leadership. More than 300 volunteers assist in the production of Salmon Fest each year. Its focus on fish and wildlife conservation continues to be a highlight of this free event for all ages. Salmon Fest is dedicated to supporting outdoor education and shares the Native American cultural significance of salmon to the people of the Pacific Northwest.

Salmon Fest Director Corky Broaddus, President of Friends of Northwest Hatcheries Andy Jaynes, and several partners have been busy working on some new online resources that convey the importance of salmon and the critical role they play in their natural habitats.

A big thank you to our partners who contributed their video talents and education resources to help make “Salmon On-Line 2021” possible: Friends of Northwest Hatcheries; Leavenworth Fisheries Complex, U.S. Fish

and Wildlife Service; Matthew Juneau of The Echo Film from Spokane; Grand Coulee Dam, Bureau of Reclamation; Cascadia Conservation District from Wenatchee; Cascade Fisheries from Wenatchee; Wenatchee River Institute, Leavenworth; Christie Pease, art teacher at CREATE in Cashmere; Julie Edwards, P'squosa Wenatchi Native American Artist and Author from Elmer City; Bernadine Phillips, P'squosa Wenatchi Artist from Omak; Carolyn Wilson, Nez Perce Storyteller from Leavenworth; and Michael Dello Russo, Beaver Technician of the Trout Unlimited Beaver Project in Leavenworth.

Website- <http://www.salmonfest.org/> Facebook- <https://www.facebook.com/Wenatchee-RiverSalmon-Festival-11896101559932> Salmon On-Line on YouTube- <https://youtube.com/playlist?list=PLVGhrsFWACnYljaTZsf4YYOnfnz2quGd>



SUBMITTED PHOTO

Carolyn Wilson, Nez Perce Story Teller goes before the camera for Salmon-on-Line 2021



PHOTO BY BARB KELLY/USFWS

Corky Broaddus, founder of the Wenatchee River Salmon Festival and current co-director, is typically found running around Leavenworth National Fish Hatchery during the event, as in this photo from 2019, the last year the festival could be held in person. She continues to work behind the scenes to bring Salmon Fest online this year.

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Cashmere Food Distribution Center is located at 316 River Street and open on the 2nd and 4th Wednesdays from 2:30 to 3:30 p.m.

For further information or to make a cash donation call Pam, 509-245-6464

Or you can write a check to: Cashmere Food Bank, PO Box 225, Cashmere, WA 98815

This ad sponsored by the Cashmere Valley Record

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff’s Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

September 24

07:12 Animal Problem, 6319 Hay Canyon Rd.

12:40 Scam, 7652 Stine Hill Rd.

3:14 Burglary, 2294 East St.

18:13 Juvenile Problem, 8650 Dryden Frontage Rd., Dryden.

20:35 Hazard, 4705 Red Apple Rd.

September 25

04:23 Assist Agency, US Hwy. 2 MP 107, Dryden.

12:52 Domestic Disturbance, 5751 Sunset Hwy.

13:13 Assist Agency, N. Dryden Rd. and US Hwy. 2, Dryden.

16:43 Noise, 9025 Nahahum Canyon Rd.

18:30 Suspicious Activity, 111 Riverfront Dr.

September 26

08:13 Fraud/Forgery, 160 Lure Ln., Monitor.

15:28 Disturbance, 309 Cottage Ave.

16:51 Trespassing, 8731 Deadman Hill Rd., Dryden.

17:45 Noise, 9025 Nahahum Canyon Rd.

18:30 Theft, 420 Cottage Ave.

September 27

07:58 Vehicle Theft, 211 Vine St.

10:08 Harassment/Threat, 302 Fisher St. #107.

September 28

5:31 Suspicious Activity, 117 Aplets Way.

20:18 Assist Public, 7546 Saunders Rd.

September 29

11:06 Property, 415 Cottage Ave.

12:05 Parking/Abandon, 8200 Taber Rd.

14:03 911 Call, 300 Tigner Rd.

14:43 Diversion, 329 Tigner Rd.

16:24 Domestic Disturbance, 160 Lure Ln., Monitor.

17:12 Assault, Paton St. and Pioneer Ave.

19:24 Domestic Disturbance, 288 Lure Ln., Monitor.

September 30

00:21 Non-Injury Accident, 130 Titchenal Way.

14:46 Assist Public, 106 Oak St.

Board Elections

Continued from page A1

Putting them into the private sector could also help promote economic development.

Fletcher told the Council that he was investigating the best way to use the federal funds that the city has received from the American Rescue Plan Act. He said that the funds can be used to pay for water and wastewater projects, expenses related to the city’s responses due to COVID and economic impacts related to COVID. Potential uses for the funds could be to pay for the water and wastewater improvements on Sullivan St., or repair of the water leak at the pool, since it is part of the city’s water system.

Croci announced that the signal lights for Pioneer St. have been ordered and will hopefully arrive in 4-6 weeks. He said that Sullivan St. is coming along and paving will occur soon. He also said that a new restroom at the cemetery is nearly completed.

The Council also approved two amended contracts with the Sheriff’s office. The Council had previously approved the contracts, however Kay Jones, City Clerk/Treasurer, said that the last two years in the 4 year agreement budget numbers were incorrect, so the new agreements have been corrected.

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COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club: Zoom meetings Noon, Call President Glenn Johnson, 782-1922 for more information.

Cashmere Food Bank, open 2nd and 4th Wednesday from 2:30-3:30 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. **(1st & 3rd Thurs.)**

Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.

Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. **(1st Thurs. of every month, August -June).**

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. **(1st Thurs. of every month, August -June).**

Friday NO MEETINGS

Saturday NO MEETINGS

Sunday

CHURCH: See the church page for local service times and events.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Mary, 782-2057. **(4th Monday)**

Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. **(1st Mon.)**

Cashmere City Council, 6 p.m., City Hall **(2nd & 4th Mon. of each month (unless a holiday, then Tues.).**

Planning Committee Meeting, 5 p.m. at City Hall **(1st Mon. of each month unless a holiday, then Tues.).**

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. **(3rd Mon.)**

Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. **(3rd Mon.)**

Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu

Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.

Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. **(1st Mon.,monthly).**

Tuesday

Icicle & Peshastin Irrigation Districts: 5 p.m., September, 8 a.m. future months at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 782-2561 or [tony.iid. pid@nwi.net](mailto:tony.iid.pid@nwi.net). **(2nd Tues.)**

Peshastin Water District, meets at 5:30 p.m. in the Park behind the Peshastin Library. Contact Steve Keene, 548-5266. **(2nd Tues.)**

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. **(3rd Tues.)**

NCW Libraries

Cashmere Public Library: 782-3314

You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).

Monday to Thursday, 10 a.m.-7 p.m. Friday 10 a.m.-1 p.m. and 2 to 5 p.m., Sunday 1 to 5 p.m. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org

Cashmere Museum and Pioneer Village

Call for more information 782-3230

Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 782-3230. **(3rd Thurs.)**

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946

Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.

Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God’s grace for all of life’s hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.



PHOTOS BY MEGAN SOKOL
1 Cashmere midfielder Ella Burts kicks ball in Cashmere vs. Cascade game.
2 Cashmere player Maddie Hammond spikes ball into Cascade team's court, with players Faith Kert and Jamison Baldwin in the foreground.
3 Cashmere defensive midfielder lands to the ground as she passes ball back to Cashmere team in Cashmere vs. Omak game.
4 Cashmere player Layne Varelman launches ball across the net in game between Cashmere vs. Omak game.



Women's March

In a few days from writing this, hundreds of thousands will demonstrate in the street for “reproductive rights.” Incensed by the new Texas law that has banned abortions past six weeks, this year’s Women’s March should be all the more interesting and heated.

You may have noticed the quotation marks earlier and wondered why? The answer: Because “reproductive rights” is just a nice way of saying “wholesale murder of innocent children.” Make no mistake; there is even a thing called a “Women’s March” because people believe it is Constitutional to strip another of their rights to “Life, Liberty, and the Pursuit of Happiness...” by murdering them in the womb.

Now, I can already anticipate and hear the outcry of some that I yet again dare to write about the topic of abortion.

“You’re a man. You can’t tell a woman what to do with her own body.”

“You don’t have a uterus, so shut your mouth!”

Or

“You’re just the typical white male oppressor.”

Think about it for a moment. Since when does gender, anatomy, or even skin color have anything to do with justice, righteousness, or defending others from harm. Would we say that to the 19th-century abolitionists who ended slavery and say to them, “You can’t stand up for slaves because you ain’t black.”? Of course not. To even say that or let alone think it is completely preposterous. Ask any liberated slave, and they will tell you that they rejoiced that others (regardless of gender or ethnicity) took up their cause, protected them, and eventually saved them.

The Scriptures consistently call those who are strong to stand up for the weak. For example, Proverbs 31:8 says, “Speak up for those who cannot speak for themselves, for the

rights of all who are destitute.” Who among us fits the category more than the unborn child in the womb of one who wants them destroyed? Advocacy is part and parcel of the Christian ethic. The Christian worldview compels us to love our neighbor as ourselves, as expressed in the famous parable of the Good Samaritan.

You could also argue that advocacy is the heart of the gospel itself, with Christ being our advocate—speaking up and saving us from the condemnation of our sin and the entrapment of the Devil. It is through his interposition by the shedding of His own blood on the cross and his subsequent resurrection that defends us from accusation from the Law and grants us eternal life. Even right now, Christ stands advocating for sinners (1 Jn. 2:1), and the question is, if he stood up for us at our most vulnerable state, shouldn’t we do the same for others?

With the looming Women’s March coming and going, my heart grieves at what will transpire there. On a brisk fall morning in October, thousands of people will demonstrate, march, chant, and sing in celebration of the most horrific violence ever conceived in the heart of humanity: Abortion.

I pray as Christians we see past the rhetoric, past the slogans, and the signs and “judge with a right judgment.” (Jn 7:24). There will be no celebration come October 2, or after, for that matter; just another demonstration of how far we have fallen as a society.

God forgive us.
God be merciful to us.
God cleanse this nation’s bloody hands.

And God empower your Church to stand up and speak out for those appointed to die—our preborn neighbor.

Amen.



A WALK WITH PASTOR JOHN SMITH

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmith@bc@gmail.com.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one’s life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information
Or email classifieds@leavenworthecho.com

We are here to serve families in
Leavenworth, Peshastin, Plain
and the entire Upper Valley.

LOCALLY OWNED

JONES & JONES ~ BETTS
Funeral Home

302 9th St., Wenatchee • 662-2119 or 662-1561
jonesjonesbetts.com

Honoring the lives of residents in the Valley for over 100 years.

Check out our
online classifieds at
NCWMARKET.COM

SPEIDEL BENTSEN LLP
ATTORNEYS AT LAW | EST. 1986

Real Estate Law
(509) 662-1211
7 North Wenatchee Avenue, Wenatchee
www.SpeidelBentsen.com

We provide excellent legal services in real estate title issues, water rights, easements, and purchases and sales.

UPPER VALLEY CHURCH GUIDE New to our area? On vacation?
These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Worship 9 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Virtual Zoom Service, Sunday, 11 a.m.
until further notice.
Pastor Lilia Felicitas-Malana



CHRIST CENTER
Cashmere Assembly of God: 509-782-2825
Worship Service Sundays 10:00 a.m., in-person, Conservatory
@ Apple Annie's and on-line, christcentercashmere.com
Underground High School Sundays 6:00 p.m.,
In-person, Conservatory
Middle School Youth Thursdays 7-8:30 p.m.,
In-person, Conservatory
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregational Care Pastor, Joyce Williams
High School Director, Kelsie Folden
Community Outreach, Steffanie Haney

GRACE LUTHERAN CHURCH
Morning Prayer or Holy Eucharist.
Join us at 10:00 a.m. on Sundays.
Contact Pastor Rob Gohl
509-860-0736 for more information.



ST. JAMES EPISCOPAL CHURCH
Morning Prayer or Holy Eucharist.
9 a.m. on Sundays.
Contact Pastor Rob Gohl,
509-860-0736 or
Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6 p.m.
Pastor John Smith
www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m.,
Sunday School 10:30 a.m.,
Worship Service
Office: 509-548-4331



CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza



MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Virtual Zoom Service, Sunday,
11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com



PLAIN COMMUNITY CHURCH
Serving Our Valley Since 1941
12565 Chapel Dr. 509-763-3621
Looking for you at 10:30 this Sunday!
plaincommunitychurch.org
[facebook.com/plaincommunitychurch](https://www.facebook.com/plaincommunitychurch)
office@plaincommunitychurch.org



Place your ad online at NCWMarket.com or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE

All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

ALIAS	PAS	MOPS
LUNCH	ORC	EEERIE
ASCII	SKI	STEAL
STANLEY	FACEOFF	
GOV	KILO	
SPA	HAHN	BRUINS
TABS	NOES	TROOP
ISLE	SWALE	ANTI
CHEEK	EDAM	LIEN
KARMIC	EPEE	CRY
AULD	ERA	
GILMORE	GRETZKY	
ONAIR	MAR	CRONE
STOMA	USA	TINEA
HOSE	RPM	SAKES

7	8	1	2	5	9	4	6	3
9	6	3	8	7	4	1	5	2
5	2	4	1	3	6	9	7	8
1	7	8	3	6	2	5	9	4
6	3	9	4	8	5	2	1	7
2	4	5	7	9	1	8	3	6
4	5	7	6	1	8	3	2	9
3	9	2	5	4	7	6	8	1
8	1	6	9	2	3	7	4	5

Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMarket.com** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP?**
HAPPY BIRTHDAY CONGRATULATIONS!
WILL YOU MARRY ME?
HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

Wanted

PATEROS SCHOOL DISTRICT 122-70J SCHOOL BOARD VACANCY DIRECTOR POSITION #3

The Board of Directors of the Pateros School District is seeking applicants to fill board director position #3. Applicants must reside in the boundaries of district No. 3 of the Pateros School District, be a United States citizen and a qualified voter. District Position No. 3 is SW of the Methow River and Hwy 97. Please contact the district office for exact boundaries. Position open until filled. Application and additional information can be obtained online at www.pateros.org, from the district office (509) 923-2751 ext. 4, or from Superintendent Greg Goodnight at ggoodnight@pateros.org



Commercial

Commercial Rentals

For Lease
17400 Winton Rd.
78,000 S.F.
manufacturing and warehouse space
40 acre yard and office area available for lease as well. Facility is connected to internal storm water system. Lease includes 2,500 foot of rail capacity. Warehouse has a dedicated 750kVA service and an adjacent substation that the capacity for increased service to the property. NNN terms for utilities, taxes and maintenance. Available after Oct 1st. Contact Nick at 206-832-3019.

Employment

Help Wanted

Newspaper Advertising Sales person needed. Come join our sales team.

If you are a people person and enjoy talking to our local businesses. **We have the job/career for you!**

The right candidate must be outgoing, and personable, have sales and computer knowledge. We will train the right person on our software. Stop in The Leavenworth Echo, 215-14th St. 10 a.m.-5 p.m. with a resume or call for an interview with Bill or Carol, 509-548-5286. EOE

PATEROS SCHOOL DISTRICT RESOURCE ROOM PARA

Employment begins immediately. Seven (7) hours per day, 7:30 am – 3:00 pm. Candidate must meet federal certification standards and favorably pass a WA State Patrol & FBI background check. Instructional aide and special education experience preferred. Hourly starting pay \$15.71 with medical and retirement benefits. All applications processed through FAST TRACK: www.pateros.org>Our District>Employment. Position description available online. First review of applications will be 10-12-2021. Applications received after the initial review will be reviewed upon receipt. Position open until a qualified applicant is hired. EOE.

Windermere Real Estate/NCW
Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?
Give us a call today!

Carmen Bagdon - 237-2060
Momi Palmieri - 433-2211
Geordie Romer - 679-8958
Allyson Romer - 630-9898

See all available properties at windermereleavenworth.com

Help Wanted

The Cascade School District is seeking qualified applicants for the following positions:

Cascade High School
Special Education
Para Professional

Cascade School District
Cook

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



The Cascade School District is seeking qualified applicants for the following position:

Mechanic

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Looking for a part-time job?

The Leavenworth Echo Newspaper is looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills. We will train you on our computer software. Pay depends on experience. Please email a resume to BillF@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. Equal Opportunity Employer.

Help Wanted

PATEROS SCHOOL DISTRICT TEACHER AIDE/NURSE AIDE PARA EDUCATOR

Employment begins immediately. 7.5 hours per day, 8:00 a.m. – 4:00 p.m. Candidate must meet federal certification standards and must favorably pass a WA State Patrol / FBI background check. Qualifications include: instructional aide experience, strong interpersonal communication skills, data entry experience, ability to perform Covid related duties. Knowledge of Spanish is preferred. Hourly starting pay \$15.71 with medical and retirement benefits. Position descriptions available online. The first review of applications is October 12, 2021. Applications received after the initial review will be reviewed upon receipt. Positions open until a qualified applicant is hired. All applications processed through FAST TRACK: www.pateros.org >Our District >Employment. Contact employment@pateros.org or the district office at 509-923-2751 x 4 for more information. EOE



The Cascade School District is seeking qualified applicants for the following position:

Peshastin-Dryden Elementary School
Special Education
Para Educator

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

METHOW VALLEY LUMBER

in Twisp has immediate opening for the following positions
COUNTER SALES PERSON part to full-time, and
CUSTOMER SERVICE YARD ATTENDANT / FORKLIFT OPERATOR full time. Must have valid driver's license. Please stop by for an application.

Help Wanted

Part-time Delivery Person Needed

We are looking for a reliable, responsible individual to pick up and deliver newspapers and visitor guides local racks, dealers and advertisers, 2 days per week, Tuesdays and Wednesdays

Must have good driving record and proof of insurance.

Apply in person at 215-14th St. Leavenworth call 509-548-5286 to schedule an interview. 10-5 weekdays.

Bus Driver/Operator Full-Time
Organization: Okanogan County Transit Authority (TranGO)

TranGO is looking for two (2) full-time transit drivers (36 – 40 hours per week); one (1) position based in Okanogan and one (1) based in Twisp. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@okanogantransit.com Application Deadline: Positions open until filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

Mt Stuart Physical Therapy and Sports Performance

Seeking exceptional, mature professional to coordinate patient care and office management. Submit resumes to 10171 Chumstick Hwy, Suite 1, Leavenworth, WA. 98826 or to mtstuartpt@iro4u.com

Advertise
548-5286
or
782-3781

www.leavenworthecho.com

www.cashmerevalleyrecord.com

RUN IT 'TILL IT SELLS

Housing sales are **HOT!**

Is your home getting the attention it needs!

Advertise your property on **NCWMarket.com** for one low fee!

\$100 fee includes:

- Up to 5 photos of your home & property
- Video • Unlimited description
- Google Map to your location (you can opt out)
- **Privacy Link** (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Help Wanted

Water Distribution Technician Lake Chelan Reclamation District Manson, Washington 509-687-3548

The LCRD is an irrigation district that provides irrigation, domestic water and sewer services. The job tasks for this position may include the following:

- Provide construction and operations support for water and sewer utility systems
- Perform technical Water Treatment Plant Operation training duties
- Perform miscellaneous manual labor
- Available for rotational off-hour emergency response
- Must be willing to relocate to the Manson area.

Qualification Requirements:

- High school diploma or GED
- Ability to operate heavy equipment
- Ability to obtain Water Distribution and Water Treatment certifications within 1 year
- Problem solving skills using basic mathematics
- CDL or ability to obtain
- Familiarization with MS Office such as Outlook, Excel, Word
- Bilingual a plus
- Washington State Driver's License

Salary Range: \$18-\$23 DOE

plus excellent benefits

Application: Apply by submitting your District application, resume and cover letter by e-mail to Staff@lcrd.org. Position is open until filled. First application review 11/3/21. Download an application and a more detailed description of job tasks and requirements on our website at www.lcrd.org under Forms.

For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at www.NCWMarket.com

Register and pay on our secure site.

Want Print Only? Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrors@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com

Deadline: Noon on Friday for all papers.

Apparel

A Variety of Bavarian Clothing for Sale: PRICES REDUCED !

3 Bavarian-styled vests, sizes small & medium, 2 woolen and one velvet. \$15 each.

One Loden-grey and green wool suit, German size 44. \$35

One pink and green dirndl with apron. \$15.

2 aprons, light blue and copper-colored. \$5 each.

One medium-sized long-sleeve white blouse. \$5.

3 girls' dirndls, sizes 6, 8 and 10. \$10 each.

Man's Military green overcoat, Size 38 short \$25.

Come in to see items at The Leavenworth. 215-14th St. or call 548-5286 or Carol's cell:670-1723.

See some photos on NCWMARKET.COM

Garage & Yard Sale

CLEAR SOME SPACE WITH A



Fill your pockets with CASH \$\$

Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call 682-2213

Leavenworth Cashmere Call 548-5286

Your ad will appear online and in the newspapers for one low price !

General Merchandise

Greeting Cards for Sale 1/2 price

To raise funds for the Royal Ladies of Autumn Leaves.

Special Leavenworth cards like:

Wish you were here with me in Leavenworth.

'Special Friends' Or I miss you.

Happy Birthday from Leavenworth!

Many more titles. No boxed cards.

Thank you for your support.

Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

Real Estate

Homes for Sale

FREE OLD HOUSE

Cashmere, must be removed in or dismantled within six months.

Near new metal roof.

Approximately 1400 sq. ft.

And water purification system included.

Refundable \$1000.00 deposit upon agreed to completion. 360-631-9211

WHAT'S HAPPENING

Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available

Legals

Public Notices

Statement of Ownership Management and Circulation Required by 39 U.S.C. 3685

The Leavenworth Echo (USPS 308 160) is published weekly at Leavenworth, WA. Annual subscription rates: \$40.00 in Chelan County, \$52.00 outside Chelan County in the United States. Mailing address: P.O.Box 39, Leavenworth, WA. 98826. Publisher William E. Forhan, NCW Media Inc., P.O. Box 39, Leavenworth, WA. 98826. Editor, William E. Forhan. The Echo is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: William and Carol. L. Forhan both P.O. Box 39 Leavenworth, WA. 98826, Jeff Gauger and Liz Gauger, both 1003 Browning Rd., Greensboro, NC., 27410. Numbers are average during preceding year and for September 29, 2021.

Total number of copies printed: 1050, 1050. Sales through dealers and carriers, street vendors and counter sales: 380, 380. Total paid and requested circulation: 843, 796. Free distribution: 15, 16. Total distribution 883, 838. Copies not distributed 167, 212. Total 1050, 1050. Percent paid and/or requested circulation: 95.47%, 94.99%.

I certify that all information is true and complete. William E. Forhan, President, October 4, 2021. Published in The Leavenworth Echo on October 6, 2021.

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of: ELSIE L. LARSEN, Deceased. Case No.: 21-4-00305-04

PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the latter of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.

Date of First Publication: September 29, 2021

Personal Representative: Craig N. Larsen

Address for Mailing or Service: 27 Harrison St. Wenatchee, WA 98801

Court of Probate proceedings and cause number: Chelan County Superior Court Case #21-4-00305-04

Published In The Leavenworth Echo/ Cashmere Valley Record on September 29, and Oct. 6 and 13, 2021. #2739

Public Notices

CITY OF CASHMERE SHORELINE MASTER PROGRAM

FINAL ACTION PUBLIC NOTICE

The Washington State Department of Ecology (Department) hereby provides notice, as required by the Shoreline Management Act (RCW 90.58.09(8)), that the Department has taken final action and approved amendments to the City of Cashmere Shoreline Master Program.

This action completes the City's periodic review under RCW 90.58.080(4).

Per RCW 90.58.090, the effective date of the City's Shoreline Master Program amendment is September 27, 2021.

Per RCW 90.58.190(2) and RCW 36.70A.290, petitions of appeal must be filed with the Growth Management Hearings Board within 60 days of publication of this notice. More info contact the Shoreline Regional Planner at lennard.jordan@ecy.wa.gov or <https://ecology.wa.gov/Water-Shorelines/Shoreline-coastal-management/Shoreline-coastal-planning/Shoreline-Master-Programs-amendments>

To request materials in a format for the visually impaired, call Jackie Chandler at Ecology, 360-407-7678, Relay Service 711, or TTY 877-833-6341.

Published in The Cashmere Valley Record/ Leavenworth Echo on October 6, 2021 #2763

Public Notices

CHELAN COUNTY PUBLIC HOSPITAL DISTRICT #1 NOTICE OF SPECIAL MEETING AND BUDGET HEARING

CASCADE MEDICAL CENTER NOTICE IS HEREBY GIVEN that the Board of Commissioners of Cascade Medical Center have scheduled a Special Meeting for the purpose of a public hearing on the 2022 Budget. The Special Meeting/Budget Hearing will be held Tuesday, October 19, 2021 at 9:00 AM. The hearing will be held in the Arleen Blackburn Conference Room at Cascade Medical Center, 817 Commercial Street, Leavenworth. Connection information will also be available on Cascade Medical's website at cascademedical.org for community members who wish to join virtually.

Published in The Leavenworth Echo/Cashmere Valley Record on October 6, and 13, 2021 #2778

Public Notices

NOTICE OF PUBLIC HEARING ON CITY OF LEAVENWORTH MID-BIENNIUM 2021-2022 BUDGET UPDATE AND DETERMINATION OF PROPERTY TAX RATE / AD VALOREM TAX FOR 2022

The Leavenworth City Council will hold a public hearing on Tuesday, October 26, 2021 at 6:45 p.m. at the Leavenworth City Hall on the City of Leavenworth mid-biennium 2021-2022 budget update that includes proposed expenditures and revenue sources as well as consideration for increases in the 2022 property tax / ad valorem tax. Copies of the mid-biennium budget updates will be available on or before October 22, 2021, at Leavenworth City Hall, 700 Highway 2, between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday. The public is invited to attend said hearing and make comment.

Chantell R. Steiner
Finance Director/City Clerk

Published in The Leavenworth Echo/Cashmere Valley Record on October 6, 2021. # 2809

Public Notices

CITY OF LEAVENWORTH

On the 28th day of September, 2021, the City Council of the City of Leavenworth, Washington passed the following ordinance. A summary of the contents provides, as follows: Ordinance 1635: An ordinance of the City of Leavenworth, WA, creating chapter 3.25 fire retrofit grant program. A copy of the full text of the ordinances is available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in the Leavenworth Echo/Cashmere Valley Record on October 6, 2021 #2822

Public Notices

Statement of Ownership Management and Circulation Required by 39 U.S.C. 3685

The Cashmere Valley Record (USPS 092 600) is published weekly at Cashmere, WA. Annual subscription rates: \$40.00 in Chelan County, \$52.00 outside Chelan County in the United States. Mailing address: 201 Cottage Avenue, Suite 4, Cashmere, WA. 98815. Publisher, William E. Forhan, NCW Media Inc., P.O. Box 39, Leavenworth, WA. 98826. Editor, William E. Forhan. The Cashmere Valley Record is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: William E. and Carol L. Forhan both P.O. Box 39, Leavenworth, WA. 98826, Jeff Gauger and Liz Gauger, both 1003 Browning Rd., Greensboro, N.C. 27410. Numbers are average during preceding year and for September 29, 2021.

Total number of copies printed: 450, 450. Sales through dealers and carriers, street vendors and counter sales: 184,177. Total paid and requested circulation: 399, 375 Free distribution: 8, 8. Copies not distributed: 43, 67. Total 407, 383. Percent and/or requested circulation: 98.03%, 97.91%.

I certify that all information is true and complete. William E. Forhan, President, October 4, 2021

Published in the Cashmere Valley Record October 6, 2021

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THEME: HOCKEY ACROSS

1. Instagram handle, e.g.

6. Faux one

9. Floor cleaner or haircut, pl.

13. No such thing as a free one?

14. Middle-earth dweller

15. Like Halloween night

16. Binary digits code

17. Biathlon glider

18. Take without asking

19. "Hockey's ____ Cup

21. "Start of play

23. End of White House URL

24. 1,000 grams

25. Spot for a massage

28. Chemistry Nobelist Otto ____

30. "The oldest U.S.-based team in NHL

35. Bar bills

37. Denials

39. Thin Mints group, e.g.

40. Just one of British Isles

41. Low landform

43. Not in favor of

44. Slap landing

46. Dutch cheese

47. Property right

48. Kismet-related

50. "All for one, one for all" sword

52. Shed tears

53. Old in Scottish

55. Time period

57. "Sandler as hockey player

61. "The Great One"

65. Radio show host: "Hello, you're ____"

66. Sea in Spain

68. Witchy woman

69. Pore in a leaf

70. "1980 Olympic "Miracle" winner

71. Ringworm

72. Gardner's gear

73. Dashboard acronym

74. Same as sakis

DOWN

1. "Sad to say ____"

2. A deadly sin

3. Ancient Peruvian

4. Breezing through

5. Civil War battle

6. Nosegay

7. Biblical boat

8. "The Terminator" genre

9. Dole out

10. Black and white treat

11. "La Vie en rose" singer

12. Ego's domain

15. Bodyguard, e.g.

20. "14-year NHL player, coached Whalers to playoffs, Jack ____

22. Priest's vestment

24. Worked the dough

25. "Hockey club

26. Ottoman title

27. More competent

29. "Great Gordie

31. Europe/Asia mountain divide

32. Not Doric nor Corinthian

33. Post-it user

34. Like a sea urchin

36. Give an impression

38. " ____ shot

42. Arabian chieftain

45. "Hats off," in New Zealand (2 words)

49. Mixed breed puppy

51. Builds

54. Madagascar primate

56. Skylit lobbies

57. "Gee!"

58. Keen on

59. Cambodia's neighbor

60. Marcel Marceau, e.g.

61. 1/1000 of #24 Across

62. Fall asleep, with 'out

63. Between femur and tibia

64. Confirmations

67. Nile viper

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