



Adapt, improvise, repeat

Fire, ice, breakdowns, delays: just another day for public works

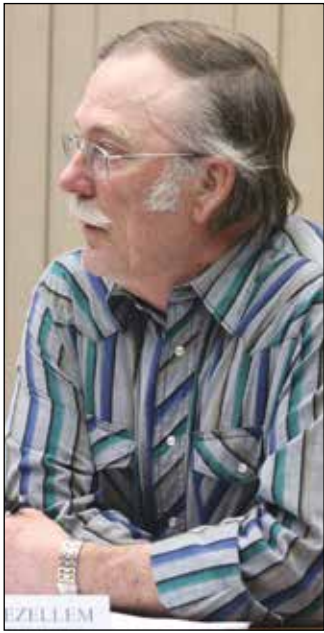
By MIKE MALTAIS STAFF WRITER

BRIDGEPORT - Keeping the lights on, the water running, the grass mowed, the streets plowed by snow, and the myriad other duties for even a small community like Bridgeport is a tall order for a public works director in the best of times. When the worst of times occur as they did during November and December last year, the thin line standing between the public and disaster is manned by a small staff of experienced and dedicated workers who put in the extra hours to prevent public discomfort and disruption.

Bridgeport's Public Works Superintendent, Stuart Dezellem, delivered first-person accounts of the worst of times to city council members at their November 2022 and January 2023 monthly meetings as he recited example after example of what his department found, fixed, or made-do over the past three months.

Part of it began when the 2020 Pearl Hill wildfire destroyed the city's wastewater treatment lab - among other structures - forcing plant operator Martin Landin to work out of a temporary trailer and process sample testing at Brewster's lab, among other challenges, for the past two years. While the city built a new facility scheduled to become operational any day now, the Covid Pandemic played havoc with finding, securing, and shipping vital components needed to support a construction schedule. Equipment unavailability and delivery delays pushed back the expected occupancy of the lab by more than a month between November and January alone.

Despite that obstacle and improvising with equipment



Mike Maltais/QCH

Bridgeport Superintendent of Public Works Stuart Dezellem

cobbled together on the fly, Dezellem announced last November that the city was awarded the state Department of Ecology 2022 wastewater excellence award.

Praising Landin's dedication under such difficult circumstances, Dezellem said, "The community doesn't really realize what goes on in those situations."

When Dezellem inspected the interior concrete wall of the city's new reservoir last fall he found rock pockets called "bird holes" in the concrete caused by insufficient vibration of the poured wet concrete allowing air pockets to form.

"They are deep enough that I believe they need to be repaired long term," Dezellem told the November council.

The repair process had to be postponed until next spring when warmer temperatures will not freeze the grout filling and cause later breakage. That pushes back the date when the new reservoir will

be operational.

"With the tank properly repaired we can deliver a quality project to the City of Bridgeport," Dezellem said.

When the freezing snowstorm blew through early last November the city's public works shouldered the fallout from repeated power outages and voltage surges.

"We lost the electric motor winding on Well 1," said Dezellem, adding that he had taken the well offline a month earlier. "And we lost the starter contact on Well 2."

Gray's Electric came to the rescue with a motor but the repair bill cost the city \$20,000, and the electrical problems were not over. Another frozen wire blew the disconnect in the box holding the water level indicator in the reservoir.

Dezellem plans to install phase controllers on city wells 1 and 2 to monitor the three-phase power serving both.

Water coming off the top of the city's working reservoir froze on the access ladder and also froze the mechanical float so public works could not tell how much water was in the reservoir.

"In my 15 years doing this job I have never experienced that before," Dezellem said of the freezing runoff.

At the January council meeting Dezellem reported:

- One of the treatment plant's two clarifiers - a settling tank used to remove suspended solids from the water - was down all winter.
• The 70's-era front-end loader blew a head gasket.
• The 1985 diesel two-way dump truck used for street sanding broke down.
• Well 1 (one of the city's three) is pumping air.
Whenever possible Dezellem and crew make their own repairs to save money - as they

did with the clarifier - when a Midwest consultant wanted \$10,000 to send a technician out for a two-hour repair. It's now back online.

Options to repair the front-end loader are under consideration.

"We don't use it enough to justify spending \$40,000 to \$50,000 on a new one," Dezellem said.

The old truck's two-way dump may not be repairable, but it can still haul sand and plow snow. As another option Dezellem suggests converting the bed to serve as a 5,000-gallon water tender for the fire department.

Air in Well 1 water is unacceptable to deliver to city users, said Dezellem. The 80-foot well located at 10th and Jefferson is hydraulically connected to the Columbia River. Dezellem believes the air may be the result of the river's water level that has been down all winter from its normal level of 781 feet. Douglas PUD, that can operate within a 10-foot variance between 771-781 feet, advised the city to be prepared for a decrease in river level.

Douglas PUD told Dezellem they are operating the reservoir at 778 feet but Dezellem's measurement of the well's static level found it to be more than two feet below where it should be at 29 feet, 3 inches.

"At this point I don't have an answer for the solution," said Dezellem. "I think if we get the reservoir level back to 781 we'll be O.K."

It's a new year for public works. Snow melt is just around the corner and so is the potential for another problem on Raymond Avenue with excess runoff from higher elevations south of the city. There is still three feet of saturated snow on the top of Dyer Hill waiting for warmer weather. So it goes.

City applied last October



Mike Maltais/QCH

Mayor Janet Conklin

Bridgeport notified it is now an official Good Sam Club destination

By MIKE MALTAIS STAFF WRITER

BRIDGEPORT - "We are up and running with Good Sam," announced Mayor Janet Conklin at last month's Bridgeport City Council meeting on Jan. 18.

Good Sam Club is the world's largest organization of RV owners with more than 2.5 million members and 2,000 member parks. Last October Bridgeport's RV parks managers, Sue and Randy Stanley, appeared before the council with a recommendation that the city join Good Sam to increase reservations and exposure at Conklin Landing and Marina Park and to streamline the software the city used.

The Stanleys, RV owners themselves, are seasonal park managers from April through October at Bridgeport before heading south for the winter months. Their lifestyle has exposed them to the benefits of the Good Sam network both as users and hosts.

Sue Stanley advised the council that the city's park facilities would more than meet the standards required by Good Sam evaluators for facilities, background, and appeal. Good Sam's minimum scoring on all three is 5-7-5 respectively. Marina Park comes in at 6.5 for facilities, 9 for background, and 7 for appeal and Conklin Landing at 6.5, 10, and 8.

Stanley said Good Sam's \$895 per park annual fee includes its reservation software system that is both a bargain and superior to the multi-step process required to book and assign reservations with the city's existing one.

"Over the past four years our current reservation software has cost the city \$7,674," said Stanley. "That's an average of \$1,918.50 a year without any marketing or advertising. If you do the math, Good Sam is the only way to go."

Stanley noted that during the peak months of July-August Bridgeport's parks are 96 percent full and 90-95



Mike Maltais/QCH

Bridgeport RV parks manager Sue Stanley

percent full for Memorial Day (May 29), Father's Day (June 18), and Labor Day (Sept. 4) weekends.

"We need to fill those shoulder months of May-June and September-October," Stanley said.

One way she suggested to do that is to allow campers to bring their dogs. Chelan recently passed a city code banning dogs from city RV parks from Memorial Day weekend to Labor Day weekend, Stanley said.

"Everybody wants to bring their dog in their RV," said Stanley. "that's why they're not staying in a motel, because they want to bring their dog. We're getting that business."

With the Canadian border now open Stanley said the parks are seeing an increase in travelers stopping in on their way south and expects more business next April when they return north.

Last May the Douglas PUD completed the one-way half-mile ADA accessible Prickly Pear Trail that follows the river between Conklin RV and the Marina. Stanley said that is well-used.

Following the presentation, the city voted to join the Good Sam network and last month it became official.

"They are now taking reservations," said Conklin. "So, the next people who call will be speaking to Good Sam."

Required for new ground excavation

Bridgeport approves pair of project cultural resource surveys

By MIKE MALTAIS STAFF WRITER

BRIDGEPORT - There is a state requirement that any project a city undertakes that involves new ground excavation must first be reviewed by the Department of Archeology and Historic Preservation (DAHP) and Governor's Office of Indian Affairs (GOIA) to qualify for certain grants or loans. No survey, no funding.

Bridgeport is currently involved in two such:

- Tree Sculpture Sidewalk and Parking Lot Project
• Berryman Park Project

Both are being funded with the help of grant monies. Berryman Park will involve an estimated \$750,000 upgrade with funding the city hopes to secure from the state Recreation and Conservation Office. The Tree Sculpture Project has received Rural Development



Courtesy Community Revitalization Plan

This artist's rendition of the completed tree sculpture parking lot and information kiosk is taken from the SR-173 Community Revitalization Plan.

Block Grant funds for parking and sidewalk development. Both projects are included in the city's Community Revitalization Plan for the SR-173 Corridor adopted two years

ago on Jan. 21, 2021.

The surveys are done to identify any cultural resources that could be affected by the projects, to assess the effects of remedial action, and to mini-

mize or mitigate any adverse effects on historic properties and cultural resources.

In compliance with Executive order 21-02, Archeological and Cultural Resources signed on April 7, 2021, city council members approved the following at their January meeting:

- A project price proposal with Plateau Architectural Investigations, LLC, in the amount of \$3,735 for a cultural resource survey for the Tree Sculpture and Sidewalk Project;
• A project price proposal with Plateau Architectural Investigations, LLC, in the amount of \$5,535 for a cultural resource survey for the Berryman Park Project.
Plateau Architectural Investigations, LLC is located in Pullman.

"The thing is, if you don't get it," said Mayor Janet Conklin of the survey, "You can't put it in."

INSIDE THIS WEEK

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PO Box 1922 Chelan, WA 98816-1922 www.qcherald.com

NCW Hispanic Empowerment Fund partners with WVC Foundation to award scholarships

SUBMITTED BY LIBBY SIEBENS, WENATCHEE VALLEY COLLEGE

WENATCHEE/OMAK - North Central Washington Hispanic Empowerment Fund has partnered with the Wenatchee Valley College Foundation to award Empowerment Fund scholarships. The fund has established the NCW Hispanic Empowerment Fund Scholarship with an initial investment of \$8,000 to the WVC Foundation.

The NCW Hispanic Empowerment Fund Scholarship will provide financial assistance to WVC students enrolled in WVC support service programs, including Area Health Education Center (AHEC), College Assistance Migrant Program (CAMP), Math Engineering Science Achievement (MESA) program and TRIO

Student Support Services (TRIO SSS). Each of these programs works to improve the diversity and achievement of historically underrepresented populations.

From 2017-2019, the fund awarded 43 students a total of \$33,000. Major donors to the fund included Columbia Valley Community Health (CVCH), Moss Adams, Dr. Jim Richardson, Numerica Credit Union, Weinstein Beverage, and the NCW Hispanic Chamber of Commerce.

"The North Central Washington Empowerment Fund is excited to partner with the WVC Foundation to support local students," said Jessi Mendoza, Empowerment Fund president. "The Empowerment Fund is committed to supporting students in North Central Washington pursuing their

higher education. When the board of directors began exploring how to continue awarding scholarships, we found that the WVC Foundation aligned with our values and goals."

Donations to the NCW Hispanic Empowerment Fund Scholarship from the community are welcome and can be made online at wvc.edu/Give.

The WVC Foundation was incorporated in 1971. The foundation's mission is to provide equitable access to education and invest in student success through philanthropy. For information on how to make a gift to the foundation, establish a scholarship or include the WVC Foundation in your estate plans, contact (509) 682-6410. Visit the WVC Foundation website at wvc.edu/Foundation.

Wildfire reimbursements coming?

FEMA approves snowstorm funding for Okanogan PUD

By MIKE MALTAIS STAFF WRITER

OKANOGAN - The heavy and damaging snowstorm that blanketed the county early last November was approved by FEMA for funding reimbursements to the PUD. Senior Accountant Megan Morrissey told the January meeting of the PUD commissioners that the utility can expect about \$420,000 in reimbursements. Funding for the 2020 Cold Springs wildfire and other FEMA events are still progressing.

Work is progressing on Okanogan County PUD's Tonasket substation, with 90 concrete foundations now poured and a control building installed in January. Wiring, installation of conduit and more is planned in the next few weeks.

The rebuild will include replacing the aging power transformer with two new transformers, improving both capacity and reliability of the northern county.

Engineering Manager Allen Allie reported at the Jan. 23 PUD board meeting that the PUD completed 429 electric and 68 telecom work orders in 2022. Upcoming projects for 2023 include several rebuilds of underground and overhead systems in neighborhoods, a larger one being the rebuild of the lines serving Aeneas Valley.

In other business:

- The board approved the first reading of updated wholesale broadband rates, including the addition of a 100GB service rate. The board will revisit the discussion at the next board meeting.

- The board approved up to \$600,000 for a new transmission line truck with a 100-foot bucket.
- Chief Engineer Dan Simpson reported that, aside from major events and planned projects, there were 395 outages in 2022, resulting in an average of .92 outage per customer, below the .96 national average. Average restoration time was about 121 minutes, above the national 103 minutes due to the geography of our territory and the additional time it takes to reach many of the outages.
- Catrin Bryan, the Director of Dam Safety, with McMillen Inc. presented a summary of the comprehensive Enloe Dam safety inspection that successfully occurred in September 2022.

Newhouse introduces legislation to help veterans, VA employees by fixing EHR System

SUBMITTED BY MIKE MARINELLA, OFFICE OF REP. DAN NEWHOUSE

WASHINGTON, D.C. - Rep. Dan Newhouse (R-WA) and House Veterans' Affairs Committee Chairman Mike Bost (R-IL) introduced the VA Electronic Health Record Modernization Improvement Act. This legislation would fix VA's handling of the Oracle Cerner electronic health record (EHR) system and ultimately ensure that VA Medical Centers (VAMCs) are well-equipped to implement and

use the new system, without hindering the delivery of care to veterans and hurting VA provider productivity levels.

"The disastrous rollout of the Cerner electronic health record system put the health and safety of veterans at risk—the very same men and women who put their lives on the line to protect the freedoms we enjoy each and every day," said Rep. Newhouse. "Requiring VA medical centers to certify this system will not threaten any more veterans before deploy-

ing it at other sites should be commonsense. Unfortunately, given the botched handling of the initial rollout, it is on Congress to ensure the VA fulfills its duty and maintains the highest level of care for the men and women who deserve it most. I am proud to introduce this legislation today alongside Chairman Bost, and will never stop fighting to ensure the federal government keeps its commitment to provide our veterans with the respect and care they have earned."

Commissioners discuss opioid settlement funds, assign ARPA money

Editor's note: The following meeting summary of the Board of Commissioners of Okanogan County (BOCC) for the fourth week of January, is provided by County Watch (countywatch.org)

Monday, Jan. 23, a.m.

- Commissioners discussed uses for the opioid settlement money.
- Commissioners heard an update from Olympia by Zak Kennedy, the county's lobbyist. Kennedy said 40 percent of the legislators and their aides have never worked in an in-person legislative session before and do not know how to talk to each other.
- Commissioners heard an update from Pete Palmer, Director of Planning, regarding how to deal with two members of the Planning Commission whose terms will soon expire. Also, the Mazama Subarea

requested \$25,000 to hire a consultant to help write the Subarea Plan. The Commissioners will decide about this request after the Comprehensive Plan has passed its legal challenges.
- Commissioners and Ester Milner, Chief Civil Deputy Prosecutor, continued to discuss updating the County Code. They discussed Chapter Two in detail.

Tuesday, Jan 24, a.m.

- No Public Comment
- Discussion with Lifeline staff regarding Emergency (Ambulance) Management Services (EMS) Districts challenges in Tonasket/Oroville and how to remedy.
- Possibility of contracting Public Records Request due to volume of workload. Human Resources to schedule presentation with a vendor. Approval to sexual harassment train-

ing scheduled. Discussion of court security with emphasis on immediate situation and overview. Will meet with dept. heads.

- Public Works update with County Engineer: snow Parks trail grooming staff payment and training, Proposed Hunter Mountain WDFW purchase, proposed discussion Omak School District, Sand Flats, intersection; meeting in Mazama regarding parking and snowstorm maintenance.

Tuesday, Jan. 24, p.m.

- Planning Commission's recommendation for Upper and Lower Tunk Basin and Tamarack Springs zoning code amendment (County Ordinance 2023-1) adopted by BOCC. 160-acre designation created, status of cannabis operations, fruit, vegetable and dairy stands, gravel pits and quarries change from permitted use to conditional use. At Commissioner Branch's recommendation road maintenance issue and comp plan's mention of basins' rural character added to amendment. BOCC to work with Department of Ecology on closing the basin, will investigate water storage systems for existent lots.
- As part of her review of county code, attorney Esther Milner from Prosecutor's Office pointed to benefits of hiring a Public Records Officer. BOCC to research cost of staffing this position. Recommended adopting a revised fee schedule to charge more for copies of electronic documents.
- American Rescue Plan Act (ARPA) funds approved for Fire District 6's station project and the Economic Alliance.

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131 S. Apple Blossom Drive #109, Chelan, WA 98816
P.O. Box 1922, Chelan, WA 98816
Phone: 509-689-2507

Office Hours
Mon. to Fri. 9:00 a.m.-5:00 p.m.

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Back Issues are available up to one year after publication for a small fee.

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Okanogan/Douglas Counties (yearly) print & web \$45
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Call Quad City Herald at 689-2507

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Corrections
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Quad City Herald (USPS 241-920)
is published every Wednesday by NCW Media, Inc.
215 14th St., Leavenworth, WA
Telephone: 509-548-5286.
Periodical postage paid at Brewster, Wash.
Postmaster: **Send address corrections to:**
Quad City Herald,
PO Box 1922, Chelan, WA 98816

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NCW MEDIA
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Apply for a Strategic Consulting Grant for nonprofits

Organizational Development Grant deadline March 31

SUBMITTED BY JENNIFER DOLGE, COMMUNITY FOUNDATION OF NCW

WENATCHEE - The Community Foundation of NCW, Icele Fund, and North Central Accountable Community of Health (NCACH) are partnering to offer 13 organizational development grants for NCW nonprofits in 2023 and 2024. These \$5,000 grants are designed for local nonprofits to collaborate directly with a consultant of their choice on a project to strengthen the organization's ability to fulfill its mission and build towards long-term organizational resiliency.

If you are planning to apply, we highly recommend registering for the virtual workshop "Getting Good Guidance: Working with a consultant on nonprofit organizational development and capacity building" on February 10, from 9-11:30 a.m. For more information and to register: <https://cfncw.org/getting-good-guidance/>.

Types of Support: Examples of eligible projects include:

- Strategic planning
- Board development strat-

- Funding strategy
- Strategic growth and scaling
- Merger, collaborations, or strategic alliance exploration
- Communications strategy development
- Diversity, Equity, Inclusion, and Access (DEIA) strategy
- CEO/Executive Director succession planning

Grant Limitations: Examples of projects that are outside of the scope of this grant:

- Capital campaigns
- Feasibility studies
- Staff training
- Technology investment
- Consulting activities that have occurred or been planned prior to receiving grant

Allowable Expenses: Grant funds are intended to primarily cover consulting fees. Should consulting fees be less than \$5,000 for the desired scope of work, funds may be used towards meeting costs (venue, food, etc.) and staff time to engage in the organizational development activities. Organizations may choose to expand the scope of work beyond the \$5,000 grant with other funding sources. No partial grants will be awarded.

Board Commitment: Strategic consulting engagements

will require a significant investment of time and energy for staff and board leadership, typically over a 3 to 6-month period. Applicants will need to submit a letter signed by the Board Chair to confirm the organization's commitment and readiness to take on the project. Organizations undergoing major upheaval (e.g., key leadership turnover, significant under-staffing, financial issues) or whose current capacity is otherwise limited should consider waiting until the 2024 grant cycle to apply as this will increase the likelihood of a productive and impactful process and outcome.

Consultants: Applicants will list at least 2-3 consultants they plan to interview for their project in the application. We have included a Directory of Nonprofit Consultants in NCW as a resource. The directory includes examples of the consultant's past local clients to serve as references so that organizations can explore who might be a suitable match for their project needs. Applicants can also choose to work with someone outside of NCW. For a directory of consultants in the Pacific Northwest, check out 501 Commons' Nonprofit Resource Directory.

Eligibility and Requirements: Organizations must be

a 501(c)3 nonprofit organization serving and located in Chelan, Douglas, Okanogan, or Grant counties. Charitable nonprofits, serving and located in Chelan, Douglas, Okanogan, or Grant counties, that do not meet this criterion, can be fiscally sponsored by an organization that does.

Organizations who were recipients of "Strategic Consulting for Nonprofit Success" in 2021 are not eligible to apply in 2023 but will be eligible again in 2024. Grantees chosen in 2023 will not be eligible to apply in 2024.

After grant decisions are announced on May 1, grantees will have until June 30 to secure their consultant. Grants will be paid when the consultant, scope of work, and project timeline are confirmed. If the deadline is not met, funds may be allocated to another applicant on the waiting list. Grantees will be required to participate in a reporting process after the close of the grant.

Strictly enforced!



Mike Maltais/QCH

Residents living along this rural road appear to have solved the problem of speeding vehicles. Fines for ticketed drivers start at one mile-per-hour and go up from there.

DOUGLAS & OKANOGAN COUNTY SHERIFF REPORTS

Douglas County Sheriff

Jan. 27
09:05 Civil Dispute, 38 S. Mansfield Blvd., Mansfield
16:36 Public Assist, 21318 US Hwy. 97, Orondo
17:16 Injury Accident, US Hwy. 97 MP 230, Orondo

Jan. 28
17:40 Welfare Check, 465 Rd. C NW, Waterville

Jan. 29
17:37 Non-injury Accident, SR 17 MP 135, Bridgeport
18:16 Parking/ Abandoned Vehicle, 425 McNeil Canyon Rd., Orondo
18:47 DUI Arrest, Rd. 8 NW and Rd. N. 5 NW, Waterville

Jan. 30
09:43 Suspicious Circumstance, 68 Orchard Pl., Orondo
12:25 Civil Dispute, 803 E. Poplar St., Waterville
12:27 Welfare Check, 811 Jefferson Ave., Bridgeport

Jan. 31
15:20 Warrant, Gun Club Rd. and SR 173, Bridgeport
17:45 Trespassing, 23151 US Hwy. 97, Orondo
18:54 Runaway, 228 Grange Rd., Bridgeport
21:53 Welfare Check, 326 S. Columbia Ave., Waterville

Feb. 1
No local reports.

Feb. 2
10:18 Alarm, 2422 Monroe Ave., Bridgeport
16:43 CPS/ APS Referral, Mansfield

Brewster Police Department

Jan. 27
11:49 A stray animal was reported on N. Bridge St. and E. Jay Ave.

Jan. 28
12:30 A dog was reportedly picked up in the area of Hwy. 97 in Brewster.

Jan. 29
09:01 A residential burglary alarm was triggered on E. Main Ave. in Brewster.

Jan. 30-31
No local reports.

Feb. 1
10:37 A caller on Hospital Way reported a garbage truck driver backed into a parked car on the side of the road.
12:47 A caller on E. Ester Ave. reported their 2-year-old son was locked in a car and they couldn't get it unlocked.

14:53 A disabled vehicle was reported partially blocking the roadway on S. Bridge St. and E. Douglas Ave.
21:54 A caller on S 4th St. reported hearing a male and female fighting and banging on doors and walls, a couple apartments away.

Feb. 2
23:42 A caller on W. Main Ave.

and N. 7th St. reported walking southbound for an hour and a black pickup had been circling him, traveling the same route multiple times.

Okanogan County Sheriff

Jan. 27
No local reports.

Jan. 28
12:34 Harassment was reported on Pedersen Rd. in Pateros for online blackmail.

Jan. 29
22:46 An agency assist was requested on N Bridge St. and Hwy. 97 in Brewster.

Jan. 30 - Feb. 1
No local reports.

Feb. 2
09:42 A stray, gray German Shepard dog was reported on Old Hwy. 97 and Blossom Ln. in Brewster.

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THE WASHINGTON OUTDOOR REPORT

Sportsmen's show fun

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

I've had the opportunity to attend two sportsmen's shows in recent days. The first was the Tri-Cities Sportsmen's Show at the Hapo Center in Pasco, a great little show I visited at the end of January. The first week of February was spent at the Washington Sportsmen's Show at the fairgrounds in Puyallup; Washington State's largest sportsmen's show.

At both shows it was nice to see both exhibitors and the crowds coming back now that Covid Pandemic restrictions are in the rear-view mirror. These shows also bring the great outdoors indoors for fishing, hunting and outdoors enthusiasts looking for something to do in the middle of winter.

There are a number of great reasons to attend these shows. One reason is to learn.

Sportsmen's shows always feature seminars from experts talking about specific fishing techniques for different species or hunting tactics for everything from big game to turkey to waterfowl. Learning to use marine electronics is another seminar topic as are survival skills.

Most of these seminar speakers have booths at the shows. Some are selling gear ranging from fire starters to game calls to fishing rods or lures. Others are guides and outfitters booking spring and summer trips for saltwater salmon, freshwater steelhead, bass, walleye or trout.

On the hunting front you can book hunts not only deer, elk and bear in the Western U.S., but also hunts in British Columbia, Alaska or overseas where you can go on an African safari to either hunt and harvest an animal or just capture photos with your camera. I have noticed show goes have been in a buying mood this year. There are a whole bunch of attendees walking around with newly purchased fishing rods in their hands and there are some high-ticket items for sale too. That includes sport fishing boats suitable for freshwater lakes or Puget Sound, RV trailers and a new, expanding category, overlanding vehicles with pop up tents or campers designed to travel rough four-wheel drive roads or trails on our expansive public lands where your campsite is literally where ever you choose to stop for the night.

If you want to travel to an outdoorsy destination, you have plenty of places to choose from ranging from Alaskan



Courtesy John Kruse

Meeting new people and raptors at the Washington Sportsmen's Show.



Courtesy John Kruse

Mack's Lure is a Wenatchee based fishing tackle company.



Courtesy John Kruse

TruckVault is a Washington Company specializing in interior truck storage compartments.

fishing lodges to family run resorts in Washington, single or multi-day river rafting trips in Idaho, or adventures in Mexico on the Baja peninsula.

Sportsmen's shows are great events for families to attend too. Trout ponds are staples at sportsmen's shows, allowing young kids the chance to reel in hatchery raised rainbow trout. Show producers often have a "passport" for kids to fill out at different exhibitor booths featuring items or activities of interest to young children. Family friendly activities you often find at sportsmen's shows include archery ranges, air rifle ranges, or a chance to mine for treasure, a popular attraction at the Spokane Bighorn Show.

Then there are the main attractions. Every show producer has one or more. This year at the Washington

Sportsmen's Show it was the Paul Bunyon Lumberjack Show featuring axe throwing, wood cutting and log rolling lumberjacks who put on an entertaining show for audiences. At the Tri-Cities show the feature attraction was Tag The Grizzly Bear who has appeared in countless movies, commercials and television shows during his life.

If you haven't had a chance to go to a sportsmen's show yet this winter you still have some options to include: The Pacific Northwest Sportsmen's Show at the Expo Center in Portland - February 14 - 18, which is the second largest sportsmen's show in the nation. www.theshowshows.com. The Central Washington Sportsmen's show, under new ownership - at the Sun Dome in Yakima is February 24 - 26, www.jlmproductionsllc.com. The Inland Northwest Wildlife Council's Bighorn Outdoor Adventure Show - at the Interstate Fairgrounds in Spokane, is March 16 - 19, www.inwc.org. *John Kruse - www.northwesternoutdoors.com and www.americaindoorsradio.com*

COMMUNITY BULLETIN BOARD

Feb. 8, 10, 14-15, 17

Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery

BREWSTER - The Senior Center is now serving meals at Noon, at the center on Tuesdays, Wednesday and Fridays. Home delivered meals are delivered those same days. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. Menu: Feb. 8: Biscuits & Gravy, Oven Brown Potatoes, Juice, Fresh Fruit, Dessert, Feb. 10: Honey Dijon Chicken, Garden Rice, Cauliflower & Chives, Mixed Greens Salad, Banana, WW Roll, Dessert; Feb. 14: Ham Steak, Scalloped Potatoes, Spinach Salad, Citrus Salad, WW Roll, Tapioca Pudding; Feb. 15: Lemon Baked Fish Fillet, Pesto Pasta, Steamed Broccoli, Caesar Salad, Orange Quarters, Dessert; Feb. 17: Beef Stroganoff, Green Beans, Tossed Salad, Apricots, Dessert.

Feb. 8-11, 13-18

Senior Center Thrift Store

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room

Feb. 15

American Legion meetings

BREWSTER - American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

Feb. 8-9, 13-16

Chelan Valley Hope

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CHELAN - As Valentines Day approaches, we want to express our gratitude to the people of the greater Chelan area for being such a supportive and loving community. In 2022, Chelan Valley Hope (CVH) served over 1,000 visits for families in crisis. We could not do what we do without the help of our phenomenal volunteers and donors. February is a month full of love, laughter, and treasured memories. May you always be surrounded by the people and things that bring you the most joy. Visit Chelan Valley Hope at 417 S. Bradley Street Monday thru Thursday 9 a.m.-3 p.m., (closed Noon to 1 p.m.). Whether you are looking to

get help or to give help we are waiting for you.

Feb. 9, 12, 14

Bingo - chili cookoff - Valentine's Dinner

BREWSTER - Brewster American Legion Bingo every Thursday night at 6 p.m. Card sales start at 5 p.m. - Be early. Sunday, Feb 12: 2 p.m., Superbowl Chili cookoff contest. Bring in your favorite chili. Tuesday, Feb 14: Valentine's Day dinner, 4-8 p.m. Spaghetti with meat balls, garlic bread, and salad.

Feb. 9, 16

Brewster bus trips

BREWSTER - OCTN takes Brewster area resident to Wenatchee, second Thursday of the month. That next trip is Feb. 9. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, Feb. 16 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

Feb. 11

OVOC Variety Show

OMAK - Looking for a little variety in a concert? Need some Valentine's weekend plans? Check out Okanogan Valley Orchestra and Chorus' Variety Show on Saturday, Feb. 11 at 6 p.m. at the Omak PAC. About a dozen acts will bring different types of performances - some rock, folk, country, classical and more. The show will feature soloists like Liberty Linklater, and duos like Karen & Gil, as well as bands like Rabbits with Machine Guns. OVOC is also excited to present Blues Hall of Fame performer Bryan Warhall. Tickets are \$10 at the door for all adults, anyone 18 and younger are free. Concessions will also be served at intermission. Learn more at ovocmusic.org or on OVOC's Facebook or Instagram pages.

Feb. 13, 27

Okanogan County PUD meeting

OKANOGAN - The next meeting of the Okanogan County PUD Board of Commissioners is at 3 p.m. For more information okanoganpud.org

Feb. 13, 27

Douglas County PUD meetings

EAST WENATCHEE - The next meeting of the Douglas County PUD Commission is at 1:30 p.m. in the East Wenatchee office.

Feb. 13

Okanogan County Fair Advisory Committee

OKANOGAN - The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

Feb. 14

Survivors of Suicide Loss Support Group

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Feb. 15

Brewster Chamber to meet

BREWSTER - The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, January 11, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

Feb. 20

Family and friends Support Group

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Feb. 27

Reggae singer Mike Love to perform

OMAK - Reggae singer Mike Love will perform at the Omak PAC February 24 at 7 p.m. His unique style and message based music has entertained thousands around the world. Tickets are \$25 for adults, \$10 for students. Children four and under are free. Thickets are available at Rawsons in Okanogan, Kelley Connect in Okanogan, Tonasket Interiors and online at www.omak-pac.org.

Feb. 27

Bridgeport School District

BRIDGEPORT - The Bridgeport School District Board meets the last Monday of each month, at 6 p.m. in the Middle School commons.

April 30 deadline to apply

Upper Valley Scholarship for women returning to higher education

NCW - Applications are now being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF, Leavenworth. The purpose of the scholarship is to assist women in need of financial help in returning to higher education at an accredited university, college, or technical school in the State of Washington. This needs-based scholarship must be used for school expenses and will be paid directly to the school.

Applications must be received for consideration by April 30. Scholarship funds will be available by the Fall of 2023 and be sent directly to the school financial department upon confirmation of enrollment.

Women applicants must be seeking further higher education at either the undergraduate or graduate level and meet the following criteria:

- 1 Applicant must be age 30 or above and reside in Chelan or Douglas County.
- 2 Applicant must be currently enrolled in or returning to a higher education program after a two-year or more absence.

The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington, however, out-of-state on-line accredited schools, are acceptable. Applicants may re-submit applications each year until they complete their programs of study.

Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application forms by sending an email to the Scholarship Committee at the following address: peoleavenworth@nwi.net

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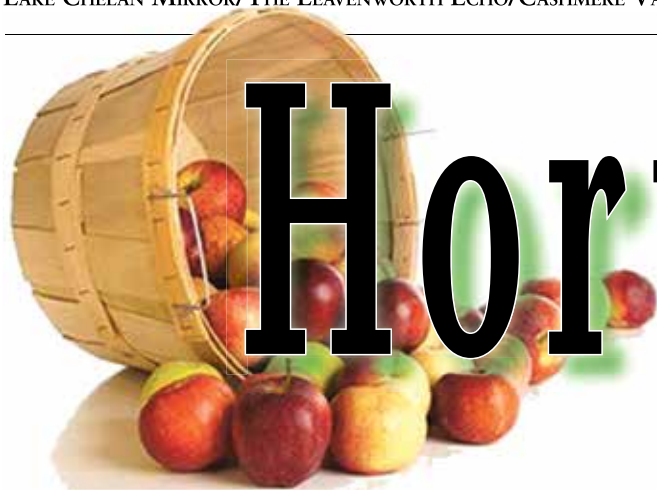
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Horticulture 2023

Wrap Up

Technological advances in agriculture focus of 76th annual hort meeting in Chelan

By MATTHEW OCKINGA
CORRESPONDENT

CHELAN - Fruit is the beating heart of agriculture in North Central Washington. Be it apples, pears or cherries, people both local, domestic and abroad enjoy the fresh fruit that this region, with its fertile soil, offers each harvest. Far fewer people likely appreciate or understand what it takes to keep that produce healthy and tasty.

Those topics and more were on the agenda at the 76th annual Lake Chelan Horticultural Meeting held Jan. 21 at Chelan High School. Several dozen local farmers and orchardists attended the event to ask questions and learn more about how to maximize their crops.

The Tree Fruit Research and Extension Center, a branch of Washington State University, hosted the event. Tianna DuPont, Tree Fruit Extension Specialist, emceed the gathering. For the 76th edition of the meet-

ing, she wanted to focus on technological advances in the field.

"The Lake Chelan Horticultural Meeting is designed to provide orchardists with research based information to improve their productivity and profitability," she said. "This year we focused on technology and labor efficiency to help our producers keep up with a rapidly changing industry."

DuPont first spoke about replant considerations. Among the threats she mentioned were rodents, replant disease, phytophthora (a pathogen), and nematodes, a species of roundworm. She followed that on a talk which mentioned X-disease and Little Cherry Virus. She mentioned some of the symptoms of the latter virus included small fruit, discoloration, bitterness and tastelessness. As far as how to specifically help the orchardists, DuPont discussed how to take cherry samples that can be sent into the research center. She also



Matthew Ockinga/NCW Media

Representatives from North Wind Aviation visit with an attendee during the 76th annual Lake Chelan Horticulture meeting held Jan. 21 at Chelan High School.

mentioned the dangers of winter injury and sunburn, adding that Honey Crisp apples were particularly susceptible to that.

Betsy Beers, of WSU entomology, then gave a pre-

sentation entitled "From Campylobacter to Cut Worms - Strategies for Pests from 2022." She mentioned that campylobacter were "basically unheard of before 1995, then all of a sudden, these started

to crop up all over the basin in particular and down in Oregon." The apple variety they target the most is the Golden Delicious.

Beers added that another recent scourge in orchards

is the Lacanobia Fruitworm produces two generations in a year: a leaf feeder and a fruit feeder. Beers said the key to killing the bugs was to get to them early.

"It's easier to kill the little ones than it is the big ones," she said.

Other species that Beers warned orchardists to look out for were the speckled green fruitworm, the spotted cutworm, the green fruitworm and the pyramid fruitworm.

Dr. Robert Orpet, of WSU entomology, spoke about integrated pest management and how it works for pear psylla, which he mentioned is the number one pest in Washington. Symptoms of this bug include sticky leaves and fruit. Orpet talked about the studies of his team and gave recommendations for mite management in early spring, summer and fall management.

Following Orpet was Tory Schmidt of the

SEE FOCUS ON PAGE B2

Rep. Schrier introduces Bipartisan Bill to support Washington farmers, advance crop research

SUBMITTED BY LIBBY CARLSON,
OFFICE OF CONGRESSMAN
KIM SCHRIER

WASHINGTON, DC - U.S Representative Kim Schrier, M.D. (WA-08) has introduced bipartisan legislation to permanently fix the Specialty Crop Research Initiative (SCRI) and provide crucial support for

Washington farmers.

The SCRI finances research projects that directly benefit Washington farmers. SCRI has funded projects to combat fungicide resistance in wine grapes, prevent pestilence in onions, and improve precision irrigation for fruit growers. Before 2019, the Secretary of Agriculture was able to waive

SCRI's matching funds requirement when it was prohibitively expensive for research institutions, but the 2018 Farm Bill eliminated this authority.

Congresswoman Schrier's bill permanently fixes this issue by once again allowing the Secretary of Agriculture to waive the matching requirement. Pre-

vious legislation introduced by Rep. Schrier in 2019 attempted to find a long-term solution. Rep. Schrier has also co-lead a bipartisan funding letter with Reps. Cathy McMorris Rodgers and Rick Larsen to fix this issue on a temporary basis in annual appropriations legislation.

"Washington farmers work tirelessly to provide our state and the entire world with high-quality produce. At a time when changes in the climate and economy have taken their toll on the agriculture industry, it is vital that we stand by our farmers and support them in any way we can," said Rep.

Schrier.

"This bill will allow Washington State University and other vital agriculture research institutions, who would have otherwise been unable to afford the matching requirement, to receive federal support for conducting groundbreaking research. I will work to get this legislation added as part of this year's Farm Bill."

Representatives Rick Larsen (WA-02), Dan Newhouse (WA-04), and Cathy McMorris Rodgers (WA-05) joined Congresswoman Schrier in introducing this bill. The bill is endorsed by the Association of Public and Land-Grant Universities (APLU), Northwest Horticultural Council, and US Apple Association.

"The Specialty Crop Research Initiative is critical in enabling Central Washington farmers to supply the world with cherries, apples, wine, hops and many other specialty crops," said Rep. Newhouse. "Universities and commodity groups representing Washington agriculture are eager to pursue world-class specialty crop research that provides our farmers with a competitive edge, but provisions left out of the 2018 Farm Bill left SCRI recipients at a disadvantage. I am proud to work as a Member of the Appropriations Committee to include this language to give certainty to these institutions as they compete for federal grant funding and continue their groundbreaking research at facilities throughout Washington and the United States."

"Research into specialty crops like berries, spinach and cabbage seed is vital to Northwest Washington's economy," said Rep. Larsen. "Investing in the Specialty Crop Research Initiative helps enable specialty



Courtesy photo
Rep. Kim Schrier

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SEE CROP ON PAGE B2

Harvest bounces back from 2021 in Okanogan wheat belt

By MIKE MALTAIS
STAFF WRITER

MANSFIELD – The 2022 wheat harvest was double that of a drought-plagued 2021 making it about average with other good years but what lies ahead for 2023 could be affected by the early snow that arrived last November.

That is part of what Highline Grain Growers (HLGG) Chief Executive Officer Paul Katovich had to say about the year just past for the Okanogan County wheat belt comprised of a hand-

ful of multi-generation wheat ranchers on the 1.4-million-acre Colville Indian Reservation.

“The rain we had came at just the right time last June to give the wheat crop the boost it needed,” Katovich said of the welcome interlude in the dry conditions.

Getting the bounty to the Brewster elevator incurred a minor hiccup when trailer



Courtesy HighLine Grain Growers
Paul Katovich,
HighLine
Grain Growers
CEO

loads of grain had to suspend deliveries for a day to allow railroad cars to catch up to the full silos and create more storage space. With the next nearest elevator some 30 miles south at Mansfield, Brewster is the delivery hub for Okanogan County producers. Considering the logistics issues faced by carriers on both land and sea in the

wake of the COVID pandemic, the delay experienced by local wheat farmers was minor by comparison.

What lies ahead for the 2023 crop is still early to predict except for the winter snows that arrived a month earlier than usual. That has both an upside and downside. Katovich said that on the upside the ground was not yet frozen when the early November snow fell which should promote better absorption into the soil and less runoff when it melts. The downside is

the longer time the snow covers the crop.

“Wheat does not like to be buried under snow for an extended period,” said Katovich. “After about 100 days the potential for snow mold increases.”

Katovich said mold-resistant strains of grain have been developed to counter the damage but does not eliminate the problem. The fungus destroys leaves and crown beneath the snow and can substantially reduce yields.

HLGG was formed in 2018

as a collaboration of five grain companies for the benefit of its members and maintains a system of grain and seed handling warehouses in eight counties across Eastern Washington along the Highway 2 corridor from Wenatchee to Spokane.

As Katovich likes to remind inquirers about the HLGG motto for those who follow:

“It’s not ours, it’s just our turn.”

To learn more about HLGG visit their website at highline-grain.com.

USDA announces signup for 2023 assistance for on-farm food safety expenses for specialty crop growers

SUBMITTED BY USDA

WASHINGTON — The U.S. Department of Agriculture (USDA) reminds specialty crop producers of available assistance to help cover certain costs of complying with regulatory and market-driven food safety certification requirements. Applications for the Food Safety Certification for Specialty Crops (FSCSC) program for eligible 2022 costs were due by Jan. 31, 2023. USDA’s Farm Service Agency (FSA) will accept applications for 2023 costs from Feb. 1, 2023, to Jan. 31, 2024.

FSA is making available up to \$200 million through the FSCSC program, which is part of USDA’s broader effort to transform the food system to create a more level playing field for small-scale agricultural operations and a more balanced, equitable economy for everyone working in food and agriculture.

USDA first announced and opened this program for signup in 2022, delivering critical assistance for specialty crop operations, with an emphasis on equity in program delivery while building on lessons learned from the COVID-19 pandemic and supply chain disruptions.

“Specialty crops growers experienced many challenges meeting regulatory requirements and accessing additional markets due to the COVID-19 pandemic,” said FSA Administrator Zach Ducheneaux. “Many of these producers had to pivot quickly as demand shifted away from traditional markets, like restaurants and food service, and many continue to feel the impacts of those abrupt changes. By helping mitigate the costs of on-farm food safety certification, the Food Safety Certification for Specialty Crops program will help create new markets and opportunities for

small-scale producers. In turn, these producers will have another tool to leverage as they work to become more nimble and more resilient in the face of unforeseen challenges, serve their local and regional economies, and support fairer and more transparent markets.

Program Details

FSCSC assists specialty crop operations that incurred eligible on-farm food safety certification and expenses related to obtaining or renewing a food safety certification in calendar years 2022 and 2023 for certifications issued on or after June 21, 2022. For each year, FSCSC covers a percentage of the specialty crop operation’s eligible costs of obtaining or renewing their certification, as well as a portion of their related expenses.

To be eligible for FSCSC, the applicant must:

- Be a specialty crop operation.

- Meet the definition of a small business or very small business.

- Have paid eligible expenses related to certification.

Specialty crop operations may receive assistance for the following costs:

- Developing a food safety plan for first-time food safety certification.

- Maintaining or updating an existing food safety plan.

- Food safety certification.

- Certification upload fees.

- Microbiological testing for products, soil amendments and water.

Training

FSA calculates FSCSC payments for each category of eligible costs. FSA set a higher payment rate for underserved farmers and ranchers, which includes socially disadvantaged, limited resource, beginning and veteran producers who have a CCC-860 on file with FSA.

FSA will issue payments at the time of application approval for 2022 and after the application period ends for 2023. The 2023 application period opens Feb. 1, 2023, and closes Jan. 31, 2024. If calculated payments exceed the amount of available funding, payments will be prorated.

Applying for Assistance

Interested specialty crop producers can apply by completing the application, FSA-888. The application, along with other required documents, can be submitted to the FSA office at any USDA Service Center nationwide by mail, fax, hand delivery or via electronic means. Producers can visit farmers.gov/service-locator to find their local FSA office. Specialty crop producers can also call 877-508-8364 to speak directly with a USDA employee ready to assist.

Producers can visit farmers.gov for additional program details, eligibility information and forms needed to apply.

USDA touches the lives of all Americans each day in so many positive ways. Under the Biden-Harris administration, USDA is transforming America’s food system with a greater focus on more resilient local and regional food production, fairer markets for all producers, ensuring access to safe, healthy and nutritious food in all communities, building new markets and streams of income for farmers and producers using climate smart food and forestry practices, making historic investments in infrastructure and clean energy capabilities in rural America, and committing to equity across the Department by removing systemic barriers and building a workforce more representative of America. To learn more, visit usda.gov.

UPCOMING EVENTS

Events Calendar

See the WSU Viticulture and Enology calendar for more upcoming events: <https://wine.wsu.edu/events/>
February 6-9: WineVit 2023, Kennewick
February 14-15: Oregon Wine Symposium, Portland, Oregon
February 22-23: Washington Wine Research Advisory Committee Research Review, Prosser

February 27-28: Idaho Wine Commission Annual Meeting, Nampa, Idaho

Fire Blight Webinar Series

Biopesticides for Fire Blight Management
March 15, at 4 p.m. (PST) / 7 p.m. (EST)

Fire Blight Pruning and Sanitation

June 13, at 4 p.m. (PST) / 7 p.m. (EST)

(EST)
New trials on pruning and sanitation for Fire Blight management.

Using Weather and Environmental Conditions to Optimize Biologicals and Biopesticides for Bloom Protection
October 18, at 4 p.m. (PST) / 7 p.m. (EST)

Join us to talk about how to use weather and environmental data to optimize timings of biologicals and biopesticide applications for an

effective Fire Blight control.
Fire Blight Fruit School: New research from our National Team

February 23, at 9 a.m. - 3 p.m. (PST) Wenatchee and Online
March 1, at 9 a.m. - 3 p.m. (EST) Traverse City, Michigan and Online Topics:
Introduction to the Pathogen Bloom Infection Prevention with Antibiotics: The Basics

Antibiotic Resistance Biopesticide Efficacy Using Prohexodone Calcium and Actigard for Shoot Blight Management
Managing Fire Blight Infections: Pruning, Sanitation Using Systemic Acquired Resistance Products Therapeutics During Removal
Credits (with agency approval) February 23, (WA): Three pesticide update credits WA, OR, CA.

March 1, 2023 (MI): Three pesticide update credits MI, NY
More Information and Registration February 23, (WA): <http://treefruit.wsu.edu/event/fire-blight-workshop/>
March 1, (MI): https://events.anr.msu.edu/Fireblight_SCR1/Contacts
Nikki Rothwell rothwel3@msu.edu (231) 946-1510
Tianna DuPont tianna.dupont@wsu.edu (509) 293-8758

CROP

CONTINUED FROM PAGE B1

crop farmers in my district to foster innovation and drive the regional economy.”

In addition to fellow members of Congress, many stakeholders from the community have voiced their support for Rep. Schrier’s bill.

“Ensuring that this simple yet impactful solution is included in the next reauthorization of the Farm Bill will

help Washington State University continue to provide world class research in support of the \$9 billion Washington agriculture economy,” said Wendy Powers, Dean of the College of Agricultural Human and Natural Resource Sciences. “WSU is grateful to Congresswoman Schrier for her ongoing work supporting Washington agriculture.”

Mark Powers, President of the Northwest Horticultural Council, noted “in part, the

Specialty Crop Research Initiative is successful because of the engagement with the agricultural community that occurs during the consideration of research proposals, so that only projects that are relevant to growers are funded. The ability of the USDA secretary to waive the 100 percent match requirement is critical to making sure that the projects that are actually the highest priority to growers continue to

be awarded taxpayer dollars. The Northwest Horticultural Council thanks Representative Schrier for her leadership in advocating to ensure that the Specialty Crop Research Initiative continues to fund the projects that provide the biggest benefit to growers.”

“Mother nature is not always kind, and apple orchards are under constant attack from insects and diseases. Growers need up-to-date research to keep up. SCRI projects are

critical tools in developing targeted responses,” said US Apple Association President and CEO Jim Bair. “We thank Representatives Schrier and Newhouse for taking the lead in this bipartisan effort to ensure SCRI operates at maximum efficiency.”

The following members have signed on as original cosponsors: Rep. Bergman (MI-1), Rep. Bonamici (OR-1), Rep. Brownley (CA-26), Rep. Carbajal (CA-24), Rep.

Costa (CA-21), Rep. DelBene (WA-1), Rep. Harder (CA-9), Rep. Huizenga (MI-4), Rep. Khanna (CA-17), Rep. Kilmer (WA-6), Rep. Larsen (WA-2), Rep. Barbara Lee (CA-12), Rep. McMorris Rodgers (WA-5), Rep. Moolenaar (MI-2), Rep. Newhouse (WA-4), Rep. Gluesenkamp Perez (WA-3), Rep. Ryan (NY-18), Rep. Slotkin (MI-7), Rep. Stefanik (NY-21), Rep. Takano (CA-39), and Rep. Mike Thompson (CA-4).

FOCUS

CONTINUED FROM PAGE B1

Washington State Tree Fruit Research Commission. He gave a presentation entitled “Bi-annual Bearing 101.” Bi-annual bearing refers to trees that have irregular crop loads from season to season. When the branches have excess weight, it causes them to break. Schmidt, who has a pear orchard himself in Dryden, said he noticed on the drive to Chelan trees like his that have leaves that didn’t fall off. He said that this is bad since orchardists want those new buds to become flowers for the next season. He discussed the purpose of alterations as having a balance between roots,

fruits and shoots.

After lunch which was provided by Future Farmers of America, Rob Curtis, of WSU entomology, gave a pre-recorded talk about codling moth management.

After Curtis’ talk, the focus of the meeting shifted to labor efficiency and technology for increased profitability in the final three presentations. Lav Knot, of WSU Biological Systems engineering, spoke about tools to monitor crop water use. This included ground and aerial systems imager and ground truthing, which involves direct observation or measurement of the soil. Closing the meeting were Bernardita Sallato and Karen Lewis, both of WSU extension. Sallato spoke about soil

mapping and testing methods while Lewis presented on de-leafers for high color fruit.

Also throughout the day, different companies providing services for farmers and orchardists sat at booths in the Chelan High School commons to offer help and consultation.

DuPont mentioned how vital the orchard industry is to the region. Events like the Lake Chelan Horticulture Meeting are vital in providing quality produce for others to enjoy.

“Orchardists provide healthy food for our communities,” DuPont said. “Orchardists rely on new information for their pest management and horticulture to be profitable and productive.”



Matthew Ockinga/NCW Media

A representative from ProLine Products, a New Zealand-based company which makes equipment for orchardists including protective netting, and net applicator machinery, discusses a product at the Lake Chelan Horticulture Meeting on Jan. 21.

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Announcements
Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers and Online at NCWMarket.com** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

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Quad City Herald
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Deadline Noon on Friday for the next week's papers

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The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

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Deadline is Friday by Noon for the following Wednesday issues of all newspapers

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FT. Learn to retrieve court records online and from various court record databases Nationwide. Need person who has a positive, solid work history. Takes pride in their work. On time. Independent. Accurate. Familiar with using computer and multi-line phone. Also, team player to help office staff get work completed. \$17.00 to start. Begin earning vacation/sick time immediately. Spanish speaking starts at \$17.50. Pass a Drug Test required. Send resume to: rebekahn@orcainfo-com.com

Orchard Supervisor - Okanogan Area: Seeking an experienced candidate. Required 5 plus years of experience. Will manage 100 acres plus of Apples and Cherries. Must be Bilingual English/ Spanish speaking, reading, and writing. Proficient with computers, and programs like email and time/ record keeping. Display strong leadership skills. Valid Drivers and Pesticide license. Full benefits offered. Call for more information at 509-697-9175 ask for Zenaida or email resume to employment@monsonfruit.com. A full JD available upon request.

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Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only? Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com

Deadline: Noon on Friday for all papers.

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Go online now to Place your ad 24/7 at www.NCWMarket.com

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Legals

Public Notices

NOTICE OF SMALL WORKS ROSTER OPENING
Brewster School District is updating its small works roster for general contractors for future construction, alternation, repair or improvement of public works projects. If you are interested in being included on the roster, please email a letter of intent to rorozco@brewsterbers.org or to the following address and we will send you a small works roster application: Brewster School District, P.O. Box 97, Brewster, WA 98812. Published in the Quad City Herald February 1 and 8, 2023. #5200

Public Notices

PUBLIC HEARING NOTICE
City of Pateros
NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Pateros Council in the council chambers 113 Lakeshore Drive Pateros, WA on February 21, 2023 at 6:00 pm. The purpose of the public hearing is to review final project performance on the Planning Only Grant for Development Standards funded by the Community Development Block Grant (CDBG). The council chambers is handicap accessible. Arrangements to reasonably accommodate special needs, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Kerri Wilson at (509)923-2571 or 113 Lakeshore Drive, Pateros WA. 98846 Published in the Quad City Herald February 8, 15, 2023. #5271



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Advertising of drugs and supplements

Avid football fans and advertisers look forward to the Super Bowl football game, held every year in February. This weekend, the American Football Conference's Kansas City Chiefs square off against the National Football Conference's Philadelphia Eagles at State Farm Stadium in Glendale, Arizona on February 12, 2023.

With over 99 million U.S. viewers last year, the Super Bowl is one of the most expensive venues for advertising. This televised event attracts new commercials featuring cars, trucks, insurance, and beer, as well as advertisements for prescription and non-prescription medicines.

With sales of dietary supplements topping \$12 billion dollars in 2021, food supplements are big business. Who knows? We may even see an herbal supplement advertised during the Super Bowl.

Compared with non-prescription and prescription drugs, food supplement advertising



and labeling has different rules. Allowing advertising medications to consumers is called DTC (direct to consumer) advertising.

The Food and Drug Administration (FDA) controls the advertising rules for prescription medicines. The Federal Trade Commission (FTC) is responsible for the advertising of non-prescription (over the counter or OTC) drugs and dietary supplements. These two federal agencies have separate responsibilities for OTC medications and herbal supplements: the FDA oversees their labeling while the FTC makes the rules governing how they are marketed to the consumer.

The FDA is tasked with making sure promotion of prescription drugs is truthful, balanced, and accurately communicated to doctors, pharmacists, and consumers. In contrast, the advertising of OTC

medicines and dietary supplements regulated by the FTC has far fewer restrictions.

Direct to consumer (DTC) advertising of medications is controversial. Its supporters believe it encourages people to talk to their physician about health concerns. DTC advertising can also help remove the stigma of a disease or condition such as depression or erectile dysfunction.

Opponents of DTC advertising fear it encourages use of drugs for conditions with non-drug options or less expensive treatments available.

Dietary supplements contain a "dietary ingredient" intended to supplement your diet. It can include vitamins, minerals, enzymes, herbs and botanical compounds, even live microbes, or probiotics. If a dietary supplement represents itself as treating, curing, or preventing a disease, it is considered a drug.

Before they can sell a single dose, manufacturers of prescription and non-

prescription medications must spend money up front to collect proof that their product is reasonably effective and safe, then submit the evidence to the FDA for approval.

Herbal and dietary supplements are treated as foods under FDA rules. Although they don't have to provide any proof to the FDA that their product is safe and effective, they are responsible for ensuring their product contains what its label says it does.

Although the FDA is limited to post marketing enforcement, it can prosecute manufacturers of foods and dietary supplements if they find evidence of either misbranding or adulteration. Misbranding is selling a product that contains ingredients other than the ones on the label. Adulteration is selling foods or dietary supplements with one of the main ingredients spoiled or removed. These transgressions are called food fraud.

Some examples of food fraud include adding corn

syrup to honey or maple syrup, then labeling it and selling it as 100% pure, and diluting olive oil with inferior oils and selling it labeled as pure olive oil. The FDA has uncovered spices with miscellaneous non-spice plant material added, and spices colored with dyes containing lead in an attempt to make the spice appear fresher.

In addition to being required to label their products accurately, if a manufacturer claims particular benefits from a dietary supplement, they must also include two specific statements as a disclaimer: "This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

Direct to consumer (DTC) advertising of medications is controversial. Those who support marketing medicines directly to consumers state that it's helpful because it encourages people to talk to their physician about a health concern they may

have. DTC advertising can also help remove the stigma of a particular disease or condition, such as depression or erectile dysfunction.

Opponents of DTC advertising believe it promotes increased use or overuse of drugs for conditions that have non-drug treatments or less expensive treatments available. They also fear that not enough attention is paid to risks of new medicines, like serious side effects. Marketers want their product presented in the best possible light, and false or misleading claims can slip in. Who knows? Maybe we'll see an advertisement for a dietary supplement during this year's Super Bowl.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog *TheMedicationInsider.com*. ©2023 Louise Achey

DOH, CDC encourage residents to stop using EzriCare Artificial Tears - linked to antibiotic-resistant infections

SUBMITTED BY WASHINGTON DEPT. OF HEALTH

OLYMPIA – Washington State's Department of Health (DOH) and the Centers for Disease Control and Prevention (CDC) are investigating a cluster of antibiotic-resistant infections that may be linked to EzriCare Artificial Tears.

The infections have been caused by a variant of *Pseudomonas aeruginosa*, a bacterium that is commonly found in water and soil and can infect the eyes, lungs, and blood. *Pseudomonas* infections are most commonly seen in hospital settings, particularly among people with weakened immune systems.

Epidemiologists have identified 50 cases of *Pseudomonas* infections in 11 states since May 2022. The infections have caused hospitalizations, vision loss, and the death of one patient from a blood infection. One of the identified cases is from Washington state.

The public is urged to stop using EzriCare Artificial Tears

until further notice, and to contact their medical provider if they have concerns. Symptoms of an eye infection include pain, swelling, discharge, redness, blurry vision, sensitivity to light and the feeling of a foreign object in the eye.

For more information about *Pseudomonas*, visit the CDC website.

How to donate blood

SUBMITTED BY THE AMERICAN RED CROSS

NCW- Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by

state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

Amplify your impact – volunteer

Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check-in and thank blood donors to ensure they have a positive donation experience.

Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position visit redcross.org/volunteertoday.

About the American Red

Cross:

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRojaAmericana.org, or visit us on Twitter at @RedCross.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

The Contract is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at TheLeavenworthEcho (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo office, 215-14th Street, Leavenworth, WA 98826 or Lake Chelan Mirror office 131 S. Apple Blossom Dr. Suite #109, Chelan, WA. 98816

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CROSSWORD PUZZLE

THEME: Kings and Queens

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ACROSS

1. Outback birds
5. Pilgrimage to Mecca
8. Well, to Sofia Loren
12. Impose a tax
14. Malicious burning
15. ___ over
16. Radiant light
17. Ran easily
18. "The King of Staten Island" star Pete
20. Goyim, alt. sp.
21. Mork from Ork, e.g.
22. Common furniture wood
23. "Der Ring des Nibelungen" composer
26. Petroleum product (2 words)
30. Shakespearean fuss
31. Loan shark
34. Village People hit
35. City in France
37. Street, in Paris
38. Show in progress (2 words)
39. Tiny purse
40. Was almost out of gas, e.g. (2 words)
42. *First H in HRH
43. Type of bag
45. Unguarded
47. Brick and mortar carrier
48. Resize a dress, e.g.
50. "For ___ the Bell Tolls"
52. *Netflix royal drama (2 words)
55. Bridal veil fabric
56. One who hoes
57. Not far
59. Orderly arrangement
60. Drunkard, slangily
61. Stare
62. Country club pegs
63. Drivers' licenses, e.g.
64. *2019 movie "Queen & ___"

DOWN

1. Not Moose or Shriner
2. Fitting reward
4. Forest spirit
5. Gingerbread sculpture
6. Kitchen garb
7. *Billie ___ King
8. *Queens neighbor
9. ESPN trophy
10. Denials
11. December 31st, e.g.
13. Lowest points
14. Plural of alga
19. Intestinal obstruction
22. Opposite of their
23. *Prince Charles' domain
24. Temples' innermost sanctuaries
25. Not stay in (2 words)
26. Perceive by touch
27. *The NBA's Kansas City-___ Kings (1972-75)
28. More unfriendly
29. *Late "Live" King of CNN
32. Russia's mountain range
33. Seek a seat
36. *The last "king" of Russia
38. Proprietor
40. *The ___ Queen, regal chess character in "Through the Looking Glass"
41. Public disapproval
44. Cozy and comfortable
46. Two of these do not make a right
48. Near the wind
49. Potato soup partner, pl.
50. *She ___ a Yellow Ribbon"
51. Add to payroll
52. Native of Thailand
53. Lash mark
54. Member of National Socialist German Workers' Party
55. Giant pot
58. "Shiny Happy People" band

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.