



## West Cashmere Bridge expected to open around Memorial Day 2022



By BILL FORHAN

Replacement of the old Goodwin Road Bridge began in the spring of 2020. The old bridge was built in 1929 at a cost of \$52,000 its replacement will cost \$25.5 million. It is the largest project the county has undertaken to date.

The bridge is entirely paid for with Federal and State Grants and a private donation from Crunch Pak

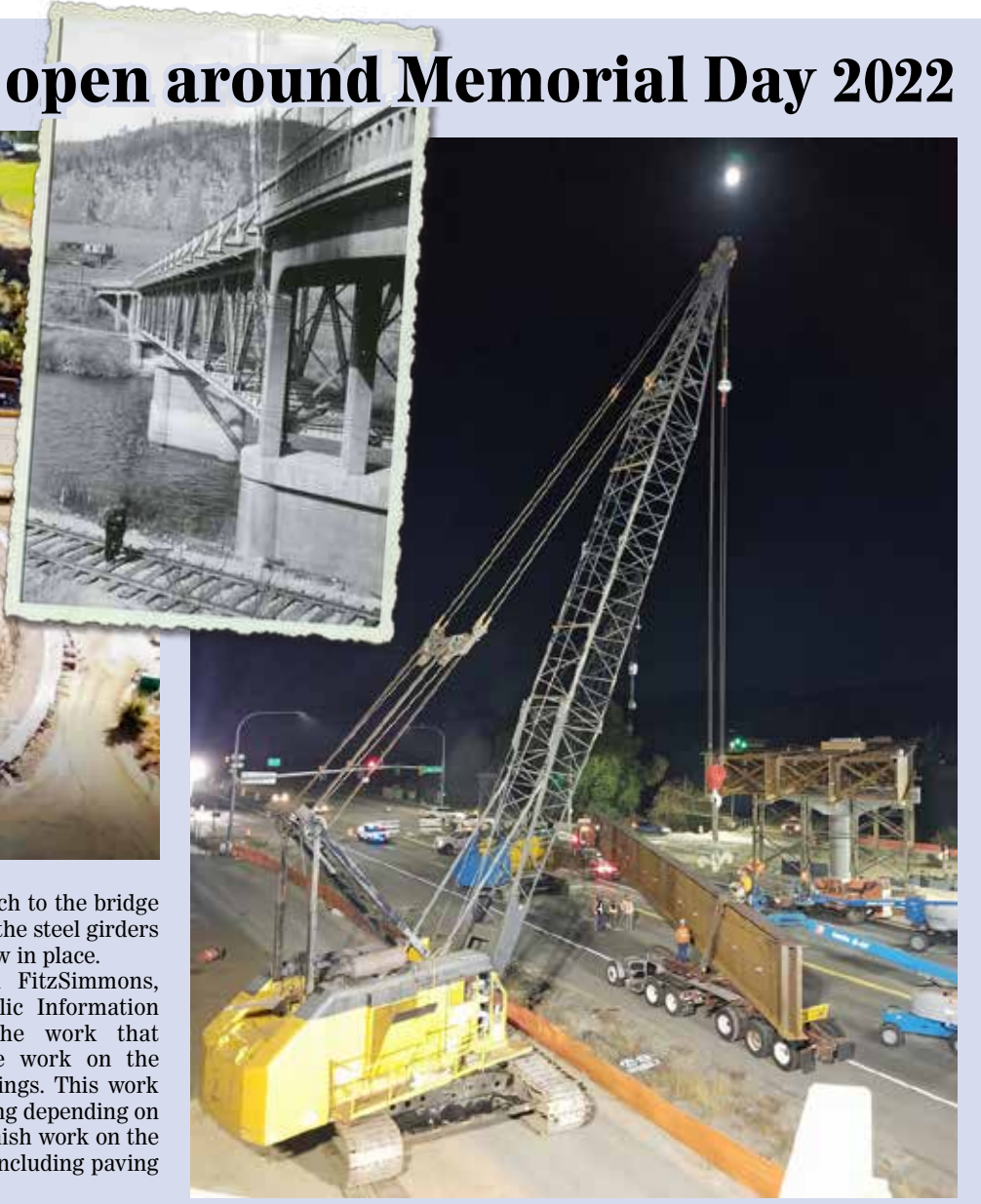
of \$150,000. Crunch Pak officials are excited about the new bridge which will take pressure off downtown streets where big trucks have difficulty navigating the round about in front of Cashmere Valley Bank.

Removal of the old bridge was delayed over most of the summer due to delays in obtaining permission from the railroad for removing the section that went over the tracks.

The Hay Canyon Roundabout and

paving of the approach to the bridge were completed and the steel girders for the bridge are now in place.

According to Jill FitzSimmons, Chelan County Public Information Officer, most of the work that remains is concrete work on the bridge deck and railings. This work will begin in the spring depending on weather. Then the finish work on the roadbeds can begin including paving of Goodwin Road.



## Balanced Calendar Grant Program Sparks Discussion Between School Districts

By: MEGAN SOKOL

Traditional 9-month school calendars may be revamped due to pandemic-induced student learning losses. In a new Balanced School Calendar Grant Program, school districts are offered \$75k to apply and learn more about balanced calendar options.

If enacted, the Balanced Calendar would shorten the summer break from 3 months to approximately six weeks, while extending the winter and spring breaks to almost one-month long breaks.

This grant will be included in SB 5147, a bill that explores alternative school calendars for the 2022-2023 school year. It's sponsored by Sen. Brad Hawkins (R), who explains that a key facet of the proposed calendar is to help mitigate additional learning loss that occurs after a long summer break. The grant will award \$75k to a maximum of 25 school districts.

"It creates a lot of stress, I think on staff. There's a lot of starting, stopping, and restarting in the education system that we have. I think it creates a lot of inefficiencies, then also that long

break creates the learning loss," Sen. Hawkins explained. "I think a lot of that, in a sense, could be avoided if we were a little more thoughtful about how we spread out the number of days."

Sen. Hawkins remarked on the KING-5 article (<https://www.king5.com/article/news/education/washington-districts-balanced-school-year-calendar-shorter-summer-break/281-356879a8-c97b-47da-ac75-4edb2e80886b>) that he linked to his e-newsletter, which reported that 18 school districts were projected to receive grant funding to explore the balanced calendar schedule. The following school districts include:

"Columbia School District (Walla Walla), Crescent School District, Elma School District, Kittitas School District, Lopez School District, Mount Adams School District, Mount Vernon School District, North Thurston Public Schools, Oakville School District, Olympia School District, Selah School District, Soap Lake School District, Thorp School District, Union Gap School District, Vancouver School District, Wahluke School District, Winlock School District, Yakima School District."

Sen. Hawkins speculated that

Leavenworth and Lake Chelan school districts may have more reservations due to the cities' perceived hospitality sector's reliance on student labor. However, he argues that the new calendar would not affect the tourist economy as drastically as people may think.

"Some people have pushed back and said, 'but they need summer work so they can save for college.' But the reality is with the cost of college being as much as it is, the amount of earnings is not [proportional]," Sen. Hawkins explained.

Cascade Superintendent Dr. Tracey Beckendorf-Edou is hesitant to make a decision on whether the Cascade School District will consider the grant. She notes that due to her experience working in districts that used a balanced school calendar, she knows what complications may arise if the entire region is not put on the same schedule.

"I'm kind of waiting to see how the conversation evolves and waiting to see if some of the larger school districts jump on board," Dr. Beckendorf-Edou explained. "If I have staff who live in

Wenatchee and their children are not in a balanced calendar and we are on a balanced calendar, then it means that the parents and the children have breaks that are significantly different from each other."

Some factors that have concerned Dr. Beckendorf-Edou are possible state assessment schedule conflicts and how the hospitality sector would be affected.

"There are so many teens who are very much involved in the hospitality industry. There are many things you have to figure out if you go towards a balanced calendar."

The original calendar that is used today was originally meant to supplement time for teens and kids in order for them to help families on the farm. Nowadays, even agricultural communities like Cashmere are considering a change.

"For our district, we are interested in applying to be part of a cohort to look at that," Cashmere superintendent Glenn Johnson states. "I want to emphasize that the board and I and the district, we're not making any commitments to it. We just want to

learn more because there's a lot of questions."

Johnson explained that the district is looking at all options that may help combat against learning loss and that that is their top priority, with the balanced calendar being more of a long-term option down the road.

"It's just really at the preliminary stages of whether or not we proceed with the grant."

Their top priority as of right now is to measure where their students are at with their learning and if they can measure what learning loss they may have accrued in the past 19 months.

"We're just doing our due diligence in what that might look like," Johnson said.

The grant requires districts to decide whether or not they accept or deny participating in the program 90 days after being notified of their grant acceptance. Districts will also need to convene with the public at least two times before making a final decision.

School districts will be notified of their decision no later than March 1, 2022. The next legislative session will be held on Jan.10, 2022.

## SRO Program is reintroduced to Chelan County School Districts

Schools come to agreement on school resource officers

By MEGAN SOKOL

The Chelan County Sheriff's Office has finalized contracts with the four schools that utilize school resource officers via its office.

The contracts began Nov. 1 with the Cashmere and Cascade School Districts and Dec. 1 with the Chelan and Manson School Districts. Chelan County commissioners signed the contracts on Tuesday, Nov. 2., for Cashmere, Cascade and Chelan. Manson has given a verbal agreement as the County is just waiting to approve their signed copy.

"We're glad to get the contracts settled so we can move forward,"

Chelan County Sheriff Brian Burnett said. "I'm a huge supporter of the Security Resource Officer program because I truly believe that it enhances school safety and a safe learning environment for our students and our staff."

Sheriff Burnett said that after discussion with the Sheriff's Association and the school districts, the officers will meet the requirements of the school districts, which include a COVID-19 vaccination or an approved exemption from the individual school district.

"We needed some time to work through this issue on our end, which included finding a solution that the Sheriff's Association, the officers and the schools could accept,"

Burnett said. "We feel comfortable moving forward."

The Sheriff's Office in early September put the annual contracts on hold following the governor's announcement a month earlier that all school employees and on-site contractors and volunteers would be required to receive a COVID vaccination or apply for an exemption.

At the time, Sheriff Burnett expressed concern about the mandate violating people's rights as well as a need to discuss the state mandate with union representatives.

"Personally, I have not asked any of my deputies or staff if they are or aren't vaccinated," Burnett said. "I have maintained the decision is a

personal one, and I will not ask such a private question."

SRO officers will still comply with masking mandates and will be masked inside the facilities.

Under the new contracts, one school resource officer will serve both the Cashmere and Cascade School Districts and another will serve the Chelan and Manson School Districts. The contracts call for the splitting of the cost of resource officers between the school districts and Sheriff's Office, with the schools paying about 75 percent of the officers' salaries, or about \$87,400.

"It's just a balance of communicating and time management between the two. It makes it a little difficult because

you got some travel time back and forth and sometimes you might be trying to actively work something or plan another class and then all of a sudden one school calls and says 'hey, we need you up here.'"

A former school resource officer himself, Sheriff Burnett said he understands the importance of having a law enforcement presence in the school districts. When he took office in 2011, he brought back the program to the county and has maintained it ever since.

"I'm happy to see we could come to an agreement and continue building upon our relationship with the school districts," Burnett said. "School resource officers are positive, dependable role models for our children. They are an open line of communication between the Sheriff's Office and our schools."

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THIS WEEK					
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**\$100**

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# State Department Building International Network to Counter Domestic Terrorism

The Department of State in Washington on Jan. 6, 2020.

KEN SILVA

The State Department's counterterrorism bureau has started an intelligence-sharing initiative with the governments of other countries to combat domestic terrorism—a system likened to the department's international coordination against groups such as Hezbollah.

Chris Landberg, the State Department's acting principal deputy coordinator for its Bureau of Counterterrorism, told lawmakers about the program at a Nov. 17 House Foreign Affairs Committee hearing. The new initiative follows recent revelations that the FBI has allegedly used counterterrorism tools to track threats by parents and other individuals against school board members—sparking criticism among conservatives that the Biden administration is using national security tools to chill dissent.

Landberg said his department, the FBI, and the Department of Homeland Security (DHS) will hold a forum with their international counterparts to “share information about trends and then coordinate our activities” to combat what the administration has termed “racially or ethnically motivated violent extremists.”

“We’ve started something we modeled on a successful program in countering Hezbollah ... where we bring together law enforcement partners—especially in countries like some of our European partners—to focus on trends and sharing information,” he said.

The State Department has coor-

inated similar programs against international terrorist groups. In September, the United States and Qatar worked together to sanction a Hezbollah financial network based in the Persian Gulf.

But according to the FBI and DHS, most right-wing domestic terrorism is conducted by “lone wolves” with no transnational ties, making it unclear what information would be shared under the State Department's program or what international actions would be taken.

Landberg made references to sanctions and watchlisting of domestic terrorist groups in his opening statement, but he didn't provide more details about the program. He said he would brief the committee on all of his department's counterterrorism activities at a closed-door hearing in December.

The State Department didn't respond to a request for comment by press time.

Landberg did say that his division has seen “growing transnational linkages” among racially motivated extremists.

“There's communication, which is hard to track. There are efforts to train and share information between these groups. So, this growing transnational connectivity is what we're most focused on,” he said.

Thus far, the State Department has designated one group as a racially or ethnically motivated violent extremist group: the right-wing Russian Imperial Movement based in St. Petersburg, Russia.

The State Department's program

MARK WILSON/GETTY IMAGES



is part of the Biden administration's National Strategy to Counter Domestic Terrorism strategy announced in June. Other prongs of the government's domestic counterterrorism efforts have received significant criticism from conservatives and civil libertarians—most notably Attorney General Merrick Garland's directive to launch a counterterrorism investigation into threats being made at school board meetings.

Garland's Oct. 4 decision followed a letter sent by the National School Boards Association (NSBA) to the Biden administration days earlier, characterizing protesting parents

as domestic terrorism threats and calling for the FBI to use statutes such as the Patriot Act.

The NSBA has since apologized and rescinded the letter, but the federal probe continues. Garland said at an Oct. 27 congressional hearing that the NSBA's follow-up apology letter “does not change the association's concern about violence and threats of violence.”

The attorney general has disputed the characterization of his probe as a counterterrorism operation, but allegations made by an apparent FBI whistleblower this week suggest otherwise.

Documents allegedly sourced from the FBI whistleblower include an email sent by Carlton L. Peeples, who serves in the bureau's Inspection Division, stating that the Counterterrorism and Criminal Division “created a threat tag, EDUOFFICIALS, to track instances of related threats.”

Republican lawmakers say the whistleblower documents prove that the government is acting “at the behest of left-wing special interest groups against concerned parents.”

According to DHS, there's no evidence of a spike in violence against educators.

## OSHA Suspends Implementation, Enforcement of Vaccine Mandate

ISABEL VAN BRUGEN

The Labor Department's Occupational Safety and Health Administration (OSHA) says it has suspended the implementation and enforcement of the Biden administration's COVID-19 vaccine mandate for private businesses.

The announcement came shortly after a U.S. appeals court rejected a challenge by the Biden administration on Nov. 12 and reaffirmed its decision to put on hold OSHA's mandate, which requires that businesses with 100 employees or more ensure that workers either be vaccinated against COVID-19 by Jan. 4, 2022, or be tested weekly and wear a mask.

The 5th Circuit Court of Appeals in New Orleans stated in an opinion that OSHA's mandate is “staggeringly overbroad,” and ordered it to “take no steps to implement or enforce the

Mandate until further court order.”

The court had previously issued a temporary halt to the mandate on Nov. 6, pending litigation.

The Labor Department affirmed in a statement in recognition of the court's ruling: “The court ordered that OSHA ‘take no steps to implement or enforce’ the ETS ‘until further court order.’ While OSHA remains confident in its authority to protect workers in emergencies, OSHA has suspended activities related to the implementation and enforcement of the ETS pending future developments in the litigation.”

At least 27 U.S. states, as well as private employers, religious organizations, and other groups, have sued the Biden administration, claiming that it's exceeding its authority in issuing the mandate.

In the 5th Circuit Court's reaffirm-

ETHAN MILLER/GETTY IMAGES



COVID-19 vaccinations are administered to employees at an Amazon fulfillment center in North Las Vegas on March 31, 2021.

mation on Nov. 12, it stated that the Biden administration's vaccine mandate “raises serious constitutional

concerns” and “likely exceeds the federal government's authority.”

Biden administration officials didn't

immediately respond to a request by The Epoch Times for comment.

Meanwhile, White House officials have continued to call for employers to adhere to the vaccine mandate for private businesses, after the initial Nov. 6 ruling.

“We think people should not wait,” White House principal deputy press secretary Karine Jean-Pierre told reporters on Nov. 8, responding to a question on whether employers should hold off on requiring employees to be vaccinated after the court put the mandate on hold.

“We say: Do not wait to take actions that will keep your workplace safe,” Jean-Pierre said. “It is important and critical to do, and waiting to get more people vaccinated will lead to more outbreaks and sickness.”

Employers “should not wait” for legal matters to be resolved before adhering to Biden's vaccine requirement, she said.

“They should continue to go—move forward and make sure that they're getting their workplace vaccinated.”

Mimi Nguyen Ly contributed to this report.

## FDA Asks Court for 55 Years to Fully Release Pfizer COVID-19 Vaccine Data

IVAN PENTCHOUKOV

The Food and Drug Administration (FDA) asked a federal judge on Nov. 15 to give it until the year 2076 to fully release the documents in its possession tied to the approval of the Pfizer-BioNTech COVID-19 vaccine.

The FDA's request was made in a filing as part of a Freedom of Information Act (FOIA) lawsuit by a medical transparency group. The government told the court it has 329,000 pages of documents responsive to the FOIA request and proposed releasing 500 pages per month to allow for redactions of exempt material. At that rate, the

FDA would fully release the records in question in just under 55 years.

The plaintiff, Public Health and Medical Professionals for Transparency (PHMPT), is a group of doctors and scientists, including Harvey Risch, a professor of epidemiology at the Yale School of Public Health.

The group filed the lawsuit after the FDA denied their request to expedite the release of the records. The plaintiff and the defendant, unable to reach an agreement on a disclosure schedule, are seeking a hearing to argue their cases before the judge, who may eventually make a decision in that regard.

“The FDA's promise of transparency

is, to put it mildly, a pile of illusions,” Aaron Siri, whose firm is representing PHMPT in the lawsuit, wrote in a blog post on Nov. 17.

“It took the FDA precisely 108 days from when Pfizer started producing the records for licensure to when the FDA licensed the Pfizer vaccine,” Siri continued. “Taking the FDA at its word, it conducted an intense, robust, thorough, and complete review and analysis of those documents in order to assure that the Pfizer vaccine was safe and effective for licensure. While it can conduct that intense review of Pfizer's documents in 108 days, it now asks for over 20,000 days

to make these documents available to the public.”

The FDA did not respond to a request for comment.

The FDA licensed the Pfizer COVID-19 vaccine under the Comirnaty label on Aug. 23, 2021, less than four months after Pfizer began submitting documents for full approval of the drug. The FDA approval of the license in late August led to an avalanche of vaccine mandates in the private and public sectors.

COVID-19 is the disease caused by the CCP (Chinese Communist Party) virus, commonly known as the novel coronavirus.

One of the companies involved in the trials of the Pfizer vaccine earlier this month said it was investigating alleged problems brought to light by a whistleblower who told the British Medical Journal (BMJ) that the trial was riddled with issues, including the falsification of data.

The whistleblower, Brook Jackson, alerted the FDA and was fired within hours. Jackson was working for Ventavia Research Group, which operated several of the Pfizer trial sites in the fall of 2020.

According to BMJ, one of the oldest medical journals in the world, the FDA did not inspect Ventavia's trial sites, despite being alerted about the issues.

The FDA told The Epoch Times in an email earlier this month that while it can't comment on the Ventavia matter, it “has full confidence in the data that were used to support the Pfizer-BioNTech COVID-19 vaccine authorization and the Comirnaty approval.”

As of Nov. 14, more than 256 million doses of Pfizer's COVID-19 vaccine have been administered in the United States.

Zachary Stieber contributed to this report.

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# The Washington Outdoors Report



PHOTO COURTESY INLAND NORTHWEST WILDLIFE COUNCIL

Fall rainbow trout caught at Puffers Pond



PHOTO COURTESY WDFW

Razor Clams from the Washington Coast

## Razors And Rainbows

By JOHN KRUSE

### Razor Clams:

Last year, between Covid-19 and unhealthy levels of a marine toxin called domoic acid, there was very little opportunity to harvest razor clams on the Southwest Washington coast. Last season's loss is this year's gain though in what is shaping up to be a banner year for razor clam diggers.

Dan Ayres is the Coastal Shellfish Manager for the Washington Department of Fish

and Wildlife and says "We've got clams on clams! Big clams, small clams, which is good for the future on all beaches. I mean, I've been doing this for 41 years and this is maybe the best populations across all beaches that I've personally seen."

Ayres says not only are there lots of clams, but the size of them is up as well. So much so that the limit has been raised this year from 15 to 20 razor clams for each individual. There are four razor clam beach areas currently open (depending on

the day) in Washington. They are Long Beach (along the Long Beach peninsula), Twin Harbors (from the north end of Willapa Bay to Westport), Copalis (from the north Jetty of Grays Harbor to the Copalis River north of Ocean Shores) and Moclips (from the Copalis River to Moclips). Because of tribal treaty agreements, Moclips and Copalis are only open to non-tribal razor clam diggers every other day.

If you are wondering about some of the better places to dig for razor clams Ayres suggests

the area by Ocean Shores and north to the river on Copalis Beach, around Grayland or Grayland State Park at Twin Harbors, and the northern end of the Long Beach Peninsula though there are also clams being found this year all up and down the beach from Long Beach to Oysterville.

Tentative razor clamming opportunities available for the immediate future are listed here and includes when low tide is and what beaches are open:

- Nov. 24, Wednesday, 9:43 P.M.; +0.5 feet; Long Beach,

- Twin Harbors, Copalis
- Dec. 1, Wednesday, 4:09 P.M.; +0.1 feet; Long Beach, Twin Harbors, Copalis
- Dec. 2, Thursday, 4:58 P.M.; -0.8 feet; Long Beach, Twin Harbors, Mocrocks
- Dec. 3, Friday, 5:45 P.M.; -1.5 feet; Long Beach, Twin Harbors, Copalis
- Dec. 4, Saturday, 6:32 P.M.; -1.9 feet; Long Beach, Twin Harbors, Mocrocks
- Dec. 5, Sunday, 7:20 P.M.; -2.0 feet; Long Beach, Twin Harbors, Copalis
- Dec. 6, Monday, 8:09 P.M.; -1.2 feet; Long Beach, Twin Harbors, Mocrocks
- Dec. 7, Tuesday, 8:59 P.M.; -1.2 feet; Long Beach, Twin Harbors, Copalis
- Dec. 8, Wednesday, 9:51 P.M.; -0.6 feet; Long Beach, Twin Harbors, Mocrocks
- Dec. 9, Thursday, 10:45 P.M.; +0.1 feet; Long Beach, Twin Harbors, Copalis

Be sure to check the WDFW emergency rules page for any potential beach closures before you go. If you want to learn more about razor clamming or are looking for recipes for the clams you harvest WDFW has a lot of information for you at <https://wdfw.wa.gov/fishing/basics/digging-razor-clams>.

### Fall Trout Fishing:

November is a great month to go trout fishing because the Washington Department of Fish and Wildlife actively stocks lakes around the state in the fall for anglers and some of these fish are "jumbo" trout, weighing close to a pound in size. Here's some lakes

recently stocked or scheduled to be stocked in Central and Eastern Washington that are open for fishing:

- Puffers Pond - Douglas County - 9100 catchable rainbows
  - Roses Lake - Chelan County - 18,000 catchable trout scheduled for late November
  - Wapato Lake - Chelan County - 4,000 catchables
  - Billy Clapp Lake - Grant County - 4200 catchable trout
  - Sage Lakes - Grant County - 1000 catchable rainbows
  - Patterson Lake - Okanogan County - 1600 catchable trout
  - Bonaparte Lake - Okanogan County - 2500 catchables
  - Davis Lake - Okanogan County - 2000 rainbows
  - Leader Lake - Okanogan County - 2500 trout
  - Rat Lake - Okanogan County - 2500 rainbow trout
  - Molson Lake - Okanogan County - 1035 catchables
  - Sidley Lake - Okanogan County - 3450 rainbows
  - Rowland Lake - Klickitat County - Catchable and jumbo trout scheduled for November and December
  - Spearfish Lake - Klickitat County - A catchable plant is scheduled for December
- Between late fall trout fishing and razor clamming on the coast, the holiday season has much to offer the outdoors enthusiasts!

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

## Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information  
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Worship 9 a.m.  
Bible Study, Wed., 6:30 p.m.  
Pastor Bob Bauer



**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 509-782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)



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213 S. Division • 509-782-3811  
In-person Service, Sunday, 11 a.m. until further notice.  
Pastor Lilia Felicitas-Malana



**CHRIST CENTER**  
In-person: Sunday Worship Service, 10 a.m., 5800 Kimber Road, Cashmere  
Online: [christcenter.cashmere.com](http://christcenter.cashmere.com)  
The UNDERGROUND: Sunday, Middle School, 5 p.m., & High School, 6:30 p.m.  
Steve Haney, Lead Pastor  
Tim Williams, Executive Director  
Andy Robinson, Director of Operations  
Joyce Williams, Pastor of Congregational Care  
Steffanie Haney, Director of Adult Discipleship  
Kelsie Folden, Director of Youth Ministry  
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Carmen Gamble, Office



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Contact Pastor Rob Gohl  
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Contact Pastor Rob Gohl,  
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Deacon Carol, 670-1723 for more information.

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Hwy 2 at Dryden Ave. • 509-782-2935  
Sunday School 9:30 a.m.  
• Worship 10:45 a.m.  
Pastor Steve Bergland

**MID-VALLEY BAPTIST CHURCH**  
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Sunday School, 9 a.m.  
Pastor Mike Moore  
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**CASCADE MOUNTAIN BIBLE CHURCH**  
11025 Chumstick Hwy.  
Please join us Sunday mornings 9 a.m.,  
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Worship Service  
Office: 509-548-4331

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**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
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Meetings: Sunday - 10 a.m.

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429 Evans Street, 509- 470-7745  
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Website: [www.leavenworthbaptist.com](http://www.leavenworthbaptist.com)  
Email: [info@leavenworthbaptist.com](mailto:info@leavenworthbaptist.com)

**LEAVENWORTH CHURCH OF THE NAZARENE**  
111 Ski Hill Drive • 509-548-5292  
Sunday Worship 9 a.m.  
Lead Pastor: Greg Appleby  
[www.LCN.org](http://www.LCN.org)

**SEVENTH DAY ADVENTIST CHURCH**  
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Saturday Services • Bible Study 9:30 a.m.  
Worship 11 a.m. • Fred Smith • 509-860-3997



**SPIRIT LIFE CENTER**  
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Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

### MONITOR



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Pastor Lilia Felicitas-Malana

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## PRSA Needs Assessment Findings

SUBMITTED BY THE CITY OF LEAVENWORTH.

The Upper Valley Park & Recreation Service Area (PRSA), in conjunction with the City of Leavenworth, released findings from the PRSA recreational needs assessment on November 17, 2021. The findings report highlights community priorities for recreational investments and improvements in the Upper Valley.

The needs assessment outreach took place from June through September of this year, and included public

outreach at the Leavenworth Community Farmers Market, an open house meeting, stakeholder interviews with a variety of community organization representatives, and a statistically valid survey administered to randomly selected households in the Upper Valley. Feedback was also provided from the Peshastin Community Council, and comments were received via email.

Key results from the study included expanding a network of shared-use (walking/hiking/biking) paths to connect Upper Valley neighborhoods and

communities, and expanding access to the community pool for year-round use, and more inclusive access. Survey respondents indicated that they would be most willing to fund these two facility improvement priorities. A new recreation/community center also had strong support from community members.

Programming investments that the community voiced strong support for include more outdoor concerts and movies, adult fitness, wellness and arts cultural programs, and additional exercise classes.

The needs assessment was conducted by AHBL, Inc., a Pacific Northwest civil engineering firm with extensive experience in community planning and engagement, including multiple recreational needs assessment projects with communities across Washington State. ETC Institute conducted the statistically valid community survey portion of the needs assessment.

Next steps for the Upper Valley PRSA include continued work with AHBL, Inc. to develop conceptual

projects for some of the high-priority recommendations and to include estimated scope, costs, and forecasted benefits to the community. The PRSA will use findings from this needs assessment to help guide how best to continue to serve the recreational needs of the Upper Valley community.

The PRSA, a Special Purpose District which is governed by a volunteer board representing Chelan County, the City of Leavenworth, Peshastin Community Council, the Chumstick community, and Cascade School District #228. The PRSA was originally established in 1997 to fund the reconstruction

of the community pool in Leavenworth. PRSA residents continue to fund the majority of maintenance and operational costs of the pool via an Operations & Maintenance levy, the most recent of which expires in 2024.

The Upper Valley PRSA recreational needs assessment findings can be found online at <https://cityofleavenworth.com/your-city-hall/upper-valley-park-recreation-service-area/> and <https://cityofleavenworth.com/documents/category/prsa/needs-assessment/>.

For more information/parámetro información, contact us at [prsa@cityofleavenworth.com](mailto:prsa@cityofleavenworth.com).

## Vale Students of the Month



Vale Elementary  
October 2021 Students of the Month  
For the trait of Cooperation



- Kindergarten:** Eddie Marron, Athena Baez-Marcial, Ely Campbell, Will Franklin, Ryder Dill, Natalie Darlington, Dominic Fors, Maitee Marron, Marlie Gonzalez, Owen Rudback, Ethan Lopez, Allison Rosas De La Cruz, Luis Sanchez-Cortes
- First:** Lachlan Smith, Ryan Reyes, Jack Turner, Jay Urbina, Reagan Dalgetty, Lucho Murphy, Lincoln Bagley, Abby Veverka, Jared Gonzalez-Calvillo, Aiden Tinoco, Madison Stewart, Kori Anderson, Jude Clennon
- Second:** Parker Neff, Ronin Martin, Shanik Pina, Alonzo Herrera, Vanessa Finch, Ada Lake, Virgil Newberry, Stella Graf, Campbell Bates, Noah Lyons, Mia Mendez, Taitum Bjorklund, Lexi Tagle, Clem Kill
- Third:** Matias Hurtado, Weston Waters, Samuel Bourgault, Cruz Guzman, Thomas Guerin, Carla Hernandez, Thea Missal, Addy Flick, Matthew Cornelio-Marron, Levi Sims, Bella Worrell, Alani Garcia-Cervantes, Emma Dodrill, Raylee Riker.
- Fourth:** Hailey Harrell, Emanuel Carreno, Juana Gonzalez-Hernandez, Rafael Ramirez-Oropeza, Hudson Sadler, Lily Spears, Maritza Mora-Mora, Greyson Moscoso, Jayde Pierce, Coen Binger, Titan Nguyen
- Thanks for your continued support of our Eagles!

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[carol@leavenworthecho.com](mailto:carol@leavenworthecho.com)

**Office hours**  
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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com).

**Corrections**  
The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

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Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS / CPR, ACLS, TNCC and PALS certifications. Two years' Med/Surg experience or one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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Three Rivers Hospital is seeking a Rad/ CT Tech to produce CT scans and assist the Radiologist with interventional procedures that require CT guidance and to provide the best diagnostic images possible for the providers. Registered by the ARRT and Certified WA State. Graduation from an AMA - approved school of Radiologic Technology. Minimum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer ARRT certification in CT. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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**Informatics RN**  
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Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR, strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

**THREE RIVERS HOSPITAL**  
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Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/ GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretionary skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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**Full-time**  
Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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**Help Wanted**

**THREE RIVERS HOSPITAL**  
**DIETARY MANAGER**  
**Full-time**  
Three Rivers Hospital is seeking a Dietary Manager responsible for directing and assisting dietary staff with food preparation, helps with establishing patient menus and monitors departmental compliance with federal/ state guidelines and sanitary practices. Candidate must have one year food service management experience or a bachelor's degree in related field. CDM and ServSafe Certification, CPR and Food Handler's permit are required. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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Deadline is Friday by Noon for the following Wednesday issues of all newspapers

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1) have experience as a caregiver,  
2) knowledgeable in basic emergency and safety procedures,  
3) be in good physical condition,  
4).have reliable transportation,  
5) flexible schedule a plus.  
Wage depending on experience.  
Please call 206-280-4849 or Care Giver, PO Box 32 Leavenworth, WA 98826

**THREE RIVERS HOSPITAL**  
**COVID-19 COORDINATOR / MA-C**  
**Full-time/Temporary**  
Three Rivers Hospital is seeking a COVID-19 Coordinator to work in our medical clinic. This position performs essential tasks, which includes answering and returning phone calls to patients related to questions around the COVID vaccine, testing, results, and general questions; administrator COVID-19 vaccinations. High school graduate or equivalent, must have valid WA State MA License. Required: ability to communicate in English and Spanish. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE


**Help Wanted**

**CASCADE SCHOOL DISTRICT**  
The Cascade School District is seeking qualified applicants for the following position:  
**District Transportation Director**  
Fast Track application process and information can be found on our website at: [www.cascadesd.org](http://www.cascadesd.org) EOE

**THREE RIVERS HOSPITAL**  
**PROGRAM MANAGER - RN**  
**Full-time**  
Three Rivers Hospital is seeking a Program Manager-RN to oversee the Utilization Review and Discharge Planning Department, Infection Control Program, Employee Health Program, and provides support to the Quality Improvement Department. Current WA State RN license and three years' experience in Infection Control, Utilization Review, and Quality in a healthcare setting. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

**THREE RIVERS HOSPITAL**  
**LAB TECHNICIAN TECHNOLOGIST**  
**Temporary / Full-time**  
Three Rivers Hospital is seeking a Lab Tech to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Will include weekends and after-hours call-time. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE


**Help Wanted**



**OR Circulator Nurse Full-time**

Three Rivers Hospital is seeking an OR Circulator Nurse. Current WA State RN license. Two years' experience as a full-time circulator. BLS and ACLS certifications. Basic computer skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

**Help Wanted**




**Med/ Surg RN Full-time/ Nights**

Three Rivers Hospital is seeking a Med/ Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have current BLS/ CPR & obtain ACLS certification within one year. Rotating days and includes some weekends. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



**106 US-97 Brewster, WA**

The Member Service Representative engages with and serves new and existing members through an interactive, consultative process that deepens relationships and member loyalty with STCU. Team Members in this role provide financial direction to assist members in meeting their current and future financial goals with the appropriate products and/or services, and is accountable for delivering an Unparalleled member experience by providing efficient and accurate service in teller and member service functions. Please review our website for more information and to apply at [www.stcu.org/careers](http://www.stcu.org/careers)



The Cascade School District is seeking qualified applicants for the following positions:

- Peshastin-Dryden Special Education Para Educator
- Cascade High School Assistant Boys Soccer Coach

Fast Track application process and information can be found on our website at: [www.cascadesd.org](http://www.cascadesd.org) EOE

**Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

ANGELA KROPI, an individual, and LISA KROPI, an individual, jointly and severally as tenants in common,

Plaintiffs, vs.

MARY A. TROWBRIDGE, an individual; and ALL OTHER PERSONS OR PARTIES CLAIMING ANY RIGHT, TITLE, ESTATE, LIEN, OR INTEREST IN THE REAL PROPERTY DESCRIBED IN THE COMPLAINT HEREIN, Defendants

NO. 21-2-00538-04

**SUMMONS BY PUBLICATION (RCW 4.28.110)**

THE STATE OF WASHINGTON TO THE SAID DEFENDANTS: MARY W. TROWBRIDGE and ALL OTHER PERSONS OR PARTIES CLAIMING ANY RIGHT, TITLE, ESTATE LIEN, OR INTEREST IN THE REAL PROPERTY DESCRIBED IN THE COMPLAINT:

You are hereby summoned to appear within sixty days after the date of the first publication of this Summons, to wit, within sixty days after the 10th day of November, 2021, and defend the above-entitled action in the above-entitled court, and answer the Complaint of the Plaintiff, and serve a copy of your Answer upon the undersigned attorney for Plaintiff, Daniel E. Pizarro, at his office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the clerk of said court. Plaintiff filed said Complaint to obtain relief against you for quiet title and ejection concerning your claimed interest in the real property commonly known as 23118 Lake Wenatchee Highway, Leavenworth, WA 98826. Plaintiff seeks court judgment that you have no interest in said real property and that you must return possession of the premises to Plaintiff.

DATED this 1st day of November 2021 at Tacoma, WA. DICKSONFROHLICH, PS /s/ Daniel E. Pizarro

Daniel E. Pizarro, WSBA No. 47937 Attorney for the Plaintiffs 1200 East D Street Tacoma, WA 98421 dpizarro@dicksonlegal.com

Published in The Leavenworth Echo/Cashmere Valley Record on Nov. 10, 17, 24, and Dec. 1, 8, and 15, 2021 #3036.

**Public Notices**

**Upper Valley Park & Recreation Service Area**

On the 12th day of November 2021, the Board of the Upper Valley Park & Recreation Service Area passed the following budget resolutions. A summary of the contents of each provides as follows: Resolution 1-2021: A Resolution authorizing the regular property tax levy plus 1% increase which also authorizes the levy to be collected in 2022; Resolution 2-2021: A resolution adopting a budget for 2022, and providing other matters properly relating thereto. A copy of the full text of the resolutions are available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in The Leavenworth Echo/Cashmere Valley Record on November 24, 2021. # 3096

**Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

PAUL V. SOUTHERLAND and DEBORAH R. BAKER SOUTHERLAND, husband and wife,

**SUMMONS BY PUBLICATION NO. 21-2-00480-04**

Plaintiffs, vs. WISEACRES, INC., a Washington corporation; ALL DIRECTORS, OFFICERS and SHAREHOLDERS OF WISEACRES, INC., AND ALSO all other persons or parties unknown claiming any right, title, estate, lien, or interest in the real estate described in the Complaint herein.

**Defendants.**

THE STATE OF WASHINGTON TO: WISEACRES, INC., a Washington corporation; ALL DIRECTORS, OFFICERS and SHAREHOLDERS OF WISEACRES, INC., AND ALSO all other persons or parties unknown claiming any right, title, estate, lien, or interest in the real estate described in the Complaint herein.

YOU ARE HEREBY SUMMONED to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 10th day of November, 2021, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the Plaintiff, Paul V. Southerland and Deborah R. Baker Southerland, and serve a copy of your Answer upon the undersigned attorneys of the Plaintiff, Thomas F. O'Connell of Davis, Arneil Law Firm, LLP, at their office below stated; and, in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the clerk of said court. The object of this action is to quiet title in Plaintiff to real estate in Chelan County, Washington, described as: That portion of the NW¼ of the SE¼ of Section 33, Township 26 North, Range 18 East, E.W.M. Chelan County, Washington, described as follows: Beginning at the SE corner of said quarter quarter, thence South 89°21'37" West 277.00' along the South line of the said quarter quarter section, thence North 0°52'22" East 774.45' to the center of Chumstick Creek, thence easterly along the center of Chumstick Creek to the east line of the said quarter quarter, thence South 0°52'22" West along the said east line 758.89 feet to the point of beginning. SUBJECT to easements and restrictions of record or apparent upon the premises, and SUBJECT to matters relating to water and water rights, and rights of way for necessary facilities for the distribution of water and right of entry for repair and maintenance. against the claim of the Defendants and any one of them. **DATED this 29th day of October, 2021.** DAVIS, ARNEIL LAW FIRM, LLP Attorneys for Plaintiff By Thomas F. O'Connell WSBA #16539 617 Washington Street Wenatchee, WA. 98801 Published in The Leavenworth Echo /Cashmere Valley Record on Nov.10, 17, 24 and Dec. 1, 8 and 15, 2021. #3022.

**Public Notices**

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN CHIWAHA COMMUNITIES ASSOCIATION, a Washington public benefit corporation, Plaintiff, vs. KEVAN ARTHURS, a Washington state citizen and resident; BEAVER VALLEY ELECTRICAL LLC, a Washington limited liability company, Defendants.**

**SUMMONS BY PUBLICATION (20 DAYS)**

To the Defendants KEVAN ARTHURS, and BEAVER VALLEY ELECTRICAL LLC: A lawsuit has been started against you in the above-entitled court by CHIWAHA COMMUNITIES ASSOCIATION a Washington public benefit corporation, Plaintiff. Plaintiffs' claim is stated in the written Complaint, a copy of which is served upon you with this Summons.

In order to defend against this lawsuit, you must respond to the Complaint by stating your defense in writing, and serving a copy upon the person signing this Summons within twenty (20) days after the service of this Summons, excluding the day of service, or a default judgment may be entered against you without notice. A default judgment is one in which the plaintiff is awarded what has been requested in the Complaint because of the Defendants failure to respond. If you serve a notice of appearance on the undersigned person, you are entitled to notice before a default judgment may be entered. You may demand that the Plaintiff file this lawsuit with the court. If you do so, the demand must be in writing and must be served upon the person signing this Summons. Within fourteen (14) days after you serve the demand, the Plaintiff must file this lawsuit with the Court, or the service on you of this Summons and Complaint will be void. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your written response, if any, may be served on time. This Summons is issued pursuant to Rule 4 of the Superior Court Civil Rules of the State of Washington. DATED this 21st day of September, 2021. JEFFERS, DANIELSON, SONN & AYLWARD, P.S. By H. LEE LEWIS, WSBA # 46478 Attorneys for Plaintiff PO Box 1688 Wenatchee, WA 98807-1688 (509) 662-3685 (509) 662-2452 Published in the Lake Chelan Mirror, Leavenworth Echo & Cashmere Valley Record November 17, 24, December 1, 8, 15, 22, 2021 #3059



**Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of: MARK C. ADAMS, Deceased. Case No.: 21-4-00380-04

**PROBATE NOTICE TO CREDITORS RCW 11.40.030**

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the latter of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets. Date of First Publication: **November 24, 2021** Personal Representative: Nancy McMinn Attorney for Personal Representative: Craig Larsen Address for Mailing or Service: 27 Harrison St., Wenatchee WA 98801 Court of Probate proceedings and cause number: Chelan County Superior Court Case #21-4-00380-04 Published in The Cashmere Valley Record/ Leavenworth Echo on November 24, 2021, December 1 and 8, 2021. # 3091

**Public Notices**

**NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN**

that the Hearing Examiner for the City of Leavenworth will hold a Public Hearing to consider and make decisions on several Conditional Use Permit Applications. Hearing will be held at 3:00 pm Thursday, January 6, 2022, online via Zoom, Meeting ID: 832 4513 0944, Passcode: 55112; Or the call-in phone number: 1-253-215-8782.

**1. CUP2021-053:** A request by J5 Infrastructure, on behalf of AT&T (lessee), to install a wireless telecommunication facility within an existing commercial building in the city's Central Commercial zoning district. The facility is intended to improve coverage and to provide additional capacity in areas in and around the City of Leavenworth, using a low-band 850MHz 5G frequency. AT&T is proposing to replace three of the building cupolas with fiberglass reinforced plastic, which will replicate the appearance of the existing building. The dimensions of the cupolas and other building features will not change. The antennas and accessory equipment will all be located inside the building. The property is located at 900 Front Street, and identified by Assessor's Parcel Number: 241712210400.

**2. CUP2021-051:** A request by Ben Marcus, Advantage Engineers, on behalf of T-Mobile (lessee), to install a wireless telecommunications facility within an existing commercial building in the city's Central Commercial zoning district. The facility is intended to improve the customer experience in Leavenworth during high traffic events, improve capacity needs, and resolve customer complaints. T-Mobile is proposing to replace one of the building cupolas and the penthouse area with fiberglass reinforced plastic, which will replicate the appearance of the existing building. The dimensions of the building features will not change. The antennas and accessory equipment will all be located within the building. Exterior lighting directed at the cupolas may be added, at the building owner's discretion, for aesthetic purposes. The property is located at 900 Front Street, and identified by Assessor's Parcel Number: 241712210400.

**3. CUP2021-032:** A request by Joseph Kamin (owner), to convert the ground floor Accessory Dwelling Unit (ADU), within an existing residence, into a two-bedroom Bed & Breakfast (B&B), pursuant to LMC 18.52.120. The maximum number of occupants permitted to stay overnight shall be two people per bedroom (four total), excluding children under the age of six. A total of three off-street parking spaces are required (one for the residence and two for the B&B). Access for the B&B will be provided by a new driveway, off Burke Avenue; off-street parking will be provided by the existing two car garage and new paved parking off the driveway. The property is located at 517 Burke Ave, within the Residential Low-Density 6,000 (RL6) zoning district, and identified by Assessor's Parcel Number 241701670580.

**4. CUP2021-031:** A request by Ken Stevenson (owner), to utilize a one-bedroom Accessory Dwelling Unit (ADU) as a Bed & Breakfast (B&B), pursuant to LMC 18.52.120. The maximum number of occupants permitted to stay overnight shall be two people (excluding children under the age of six). A total of three off-street parking spaces are required (two for the residence and one for the B&B). Access to the B&B will be provided off Scholze Street, via the existing driveway; parking and turnaround for the B&B will be located within the existing paved driveway. The property is located at 260 Scholze Street, within the Residential Low-Density 6,000 (RL6) zoning district, and identified by Assessor's Parcel Number 241711835045. The public is encouraged to attend via zoom and to submit written comments prior to the hearing. Materials may be viewed by appointment only at City Hall, or on the City's Public Portal at <https://bit.ly/2RMadlw>. Questions may be directed to Maggie Boles, Development Services, phone 509-548-5275 or email [seniorplanner@cityofleavenworth.com](mailto:seniorplanner@cityofleavenworth.com) Published in The Leavenworth Echo/Cashmere Valley Record on Nov. 24, 2021 #3089

[www.leavenworthecho.com](http://www.leavenworthecho.com)

[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

**CROSSWORD PUZZLE**

THEME: REALITY TV ACROSS

1. "Oh, my!" 5. Say untruth  
8. Left or right 12. Spiritual leader  
13. "\_\_\_ing Up with Marie Kondo"  
14. Great reviews 15. Related  
16. Double reed woodwind  
17. Fourth deck  
18. "The \_\_\_," MTV's trailblazing reality show  
20. Affirm with confidence  
21. I to Greeks, pl.  
22. \_\_\_ Baba  
23. Powerball and such  
26. Swagging show of courage  
30. Spermatozoa counterparts  
31. Based on two  
34. Has a mortgage  
35. \_\_\_ dog, gin and grapefruit juice cocktail  
37. DNA transmitter  
38. "The Real Housewives" is full of this type of conflict  
39. Write on a tombstone  
40. Unwholesome atmosphere  
42. Hairpiece, slangily  
43. Stitched again  
45. Unit of electric current flow  
47. Solemn pledge  
48. Like nose during hayfever  
50. Uncouth one  
52. "Who \_\_\_ a Millionaire?"  
56. Front of cuirass  
57. Sixth month of civil year  
58. "Jack and the Beanstalk" instrument  
59. Travesty  
60. Italian money  
61. "Vanilla Ice Goes Amish" and "Cleveland Hustles" state

62. "\_\_\_ house Masters" on Animal Planet  
63. "Not Khloë or Kourtney  
64. Common allergens  
DOWN  
1. Gelatin substitute 2. Gospel writer  
3. "Tosca" song, e.g.  
4. Like sunroom, hopefully  
5. Balance in the sky  
6. "Pop \_\_\_" and "American \_\_\_," pl.  
7. Gave the once-over  
8. "Outwit, Outplay, Outlast" show  
9. Not active 10. Point of entry  
11. Sixth sense  
13. Foot, to a child 14. Aussie bear  
19. Buzz Lightyear's buddy  
22. Brow shape 23. "The Biggest \_\_\_"  
24. Egg-shaped  
25. Same as talcums  
26. Civil rights concern  
27. In the know  
28. Raise objections  
29. Missouri River tributary  
32. Like a desert  
33. Crime scene evidence  
36. \*Singing competition (2 words)  
38. Curses  
40. Feline sound  
41. "I think I can, I think I can...," e.g.  
44. "For better or for \_\_\_"  
46. "Monty \_\_\_'s Flying Circus"  
48. r in a circle, pl.  
49. Deprive of weapons  
50. \*Star of wilderness reality shows, \_\_\_ Grylls  
51. Fairytale beast  
52. Street-crossing word  
53. Hawaiian island  
54. Londoner, e.g.  
55. Narrative poem  
56. Back of a boat

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**Q:** Do you have any information about cortisone shots? I had one in my hip last year. Unfortunately, the pain relief only lasted 10 days, and I ended up having my hip replaced.

My sister Sara has significant osteoarthritis in her hips. Her orthopedic specialist wanted her to make it to 60 years old before she had either hip replaced. He explained to her, "In my experience, people who get the BEST results from a hip replacement have just ONE replacement of that joint during their lifetime. I'll give you a cortisone injection, which is a potent anti-inflammatory drug. Hopefully, it will give you relief from the pain and stiffness, so we won't have to do surgery just yet."

His goal was to keep her moving, delaying the day she had surgery to replace her hip joint as long as reasonably possible. Sara was lucky; her first cortisone injection gave her relief that lasted nearly a year. However, each subsequent shot was less and less effective, causing the pain to return more quickly.

Her surgeon guided each anti-inflammatory injection into her hip joint with a continuous X-ray video called fluoroscopy. Four years later, at age 60, she had surgery to replace her left hip joint. Because she lives alone, I took her to the hospital and then

stayed with her for the first 3 days after being discharged home. Her left hip is now fully healed and pain-free.

The most common joints for cortisone injections are the knee, hip, wrist, and shoulder.

Repetitive movements can cause irritation and inflammation in your shoulder, elbow, knee, hip, and wrist. Redness, swelling, and tenderness can occur in tendons or little fluid-filled sacs near joints called bursa.

Rest is the best treatment. If that doesn't help, injecting the affected area with a corticosteroid can help relieve pain and swelling. Activities like sports, jobs, or hobbies involving frequent, repetitive movements may need to be reduced or modified for long-term relief to succeed.

Other joint conditions that can be helped with cortisone injections include gout, rheumatoid arthritis, and osteoarthritis, like my sister's hip.

Not all cortisone injections need X-ray imaging to guide them. Some joints are closer to the surface, allowing a physician to locate landmarks by touch. Other joints with

more tissue covering them need to be visualized by x-ray or ultrasound to ensure that the needle is correctly positioned.

Most people getting a cortisone injection for an inflammatory condition will notice relief after one injection. If there isn't any improvement, more evaluation is needed to figure out what is causing the problem.

With cortisone injections, more is not always better. Although they relieve pain and swelling, repeated injections with potent anti-inflammatory agents may weaken tendons and ligaments. These medications can also accelerate age-related changes in cartilage in the joint.

Although an injection gives joints, bursa, or tendons concentrated medicine, eventually your body has to remove it, with the cortisone ending up in your bloodstream. This can cause blood sugar in diabetics to increase, usually in the week following a steroid injection.

I have noticed temporary increases in the blood thinner

level of people taking warfarin for 1-2 weeks after having an injection of cortisone.

Most physicians advise taking it easy for several days immediately after a steroid shot. Having a high concentration of anti-inflammatory medicine in your joint can increase the chance of injuring or tearing the surrounding tissue.

It's common to experience some tenderness at the injection site following a cortisone shot. Taking anti-inflammatory pills for the first 24-48 hours can help reduce tenderness around the area. Naproxen 220mg tablets (Aleve®) or ibuprofen 200mg (Motrin IB®) are options that do not require a prescription.

Applying ice soon after

your injection can reduce discomfort. If you notice significant swelling or develop chills or fever, contact the doctor right away. Although infection is unlikely, it can happen.

**Here's how to apply ice for maximum benefit:**

1. Use a **THIN clean dish towel**, preferably one that is woven. Thick towels with loops don't work as well.
2. **Wet the dishtowel, then wring it out so that it is damp but no longer wet.** You don't want it dripping.
3. **NEVER use ice on bare skin. It can cause frostbite.**
4. **Cover the inflamed area with the damp towel, then put your ice on top.** Individual ice cubes, ice packs,



**Ask... Dr. Louise**  
frozen gel packs, even bags of frozen peas or corn will work.

**5. Apply the ice for 15 minutes at a time, then remove it.** Repeat every 1-2 hours as needed.  
*Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. © 2021 Louise Achey*



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