



FFA
Week
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High school sports
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Concerns voiced over federal law violation

Brewster rejects cannabis store proposal for second time in four years

By MIKE MALTAIS
STAFF WRITER

BREWSTER – Forbidden Cannabis Club in Okanogan has an extra license to open a second store within the limits of an Okanogan County city only and wants to locate in Brewster. A store representative appeared at the regular meeting of the city council last Thursday, Feb. 16, to present the proposal.

The representative explained that there are already three cannabis stores in Omak and one in Tonasket, but none in the south county to serve customers from points south like Brewster, Bridgeport, Pateros, and Chelan. Forbidden had located an empty building near the corner of Bridge Street and Highway 97 that met the business requirement of not locating within 1,000 feet of a school, public park, or pool.

While revenues from the business are substantial the representative clarified that the bulk of those tax dollars go to the state and not to the city where the business operates.



Mike Maltais/QCH
City attorney Chuck Zimmerman

Forbidden Cannabis owner Saranji Bassi appeared before the council in August 2019 with the initial request to open a Brewster store, but the council denied the proposal at that time.

Council member John Housden reminded the council of that earlier decision.

“The council reviewed this matter once before and rejected it,” said Housden. “What’s dif-



Mike Maltais/QCH
Finance Director/City Clerk Misty Ruiz

ferent now than it was then. Or is there anything?”

City attorney Chuck Zimmerman explained language in the city municipal code that compelled the city to reject a cannabis store the first time around.

“BMC 5.04.140 Sub Part C says the city clerk may deny an application for business license or refuse to license any business or activity upon a

written finding that such business or activity proposed for licensing is not in compliance with any applicable city regulation, general law of the state of Washington, or provision of federal law,” quoted Zimmerman. “Possession of marijuana is against federal law.”

Zimmerman recalled that the city was on the cusp of receiving substantial federal money for infrastructure projects.

“Right now, we’re getting a lot of different funding from federal agencies,” Mayor Art Smyth said.

“And we’re still looking at another \$12 to \$20 million from the same departments,” added Finance Director Misty Ruiz who sources much of the city’s grants and loans.

Housden said the city would be jeopardizing its federal funding “and we have a lot of that,” he said. “I personally don’t want to go there.”

Council members concurred until the question of any violation of federal funding is clearly resolved.

Lobbied for justice for victims

Brewster police chief buttonholes legislators in Olympia

By MIKE MALTAIS
STAFF WRITER

BREWSTER – Police Chief Marcos Ruiz paid a visit to Olympia to discuss law enforcement – or the lack of – with legislators earlier this month about issues that will help law enforcement and justice for crime victims. Ruiz reported on his trip to the Feb. 16 meeting of the Brewster City Council.

“All of these reforms that were done are for the suspect and offender - getting rehab, giving them three chances, go speak to a counselor,” said Ruiz, “but none of these reforms – none of them – speak of the victim, the store owners, the homeowners, the people whose cars have been stolen; there’s no support for them.”

Ruiz handed out to council members copies of the flyer he gave to the representatives he spoke with. The flyer titled **Justice for Victims – Balance in Reforms** itemizes three concerns:

1. Legislative changes to drug laws
 - Made it easier for those who sell drugs to prey on victims.
 - Made more drug related crimes, retail theft, theft of vehicle, vehicle prowling, burglary.
2. Pursuits
 - We can’t allow offenders the advantage over victims by just driving away.
 - Diminishes the rule of law in Washington state.
 - Affects the quality of life for every resident in Washington state.
3. Recruitment/Retention
 - Washington state has 500 fewer officers than it did a year ago.



Mike Maltais/QCH
Brewster Police Chief Marcos Ruiz addresses the Feb. 16 meeting of the Brewster City Council.

- Affects prevention and response time to calls for service.
- De-escalation, proactive policing, supervision require resources to “team up and slow down.”
- Every community deserves a public safety agency that is well trained, well equipped, and well-staffed to deliver the best public service.

Finance Director/City Clerk Misty Ruiz also made the trip and spoke with legislators about the county’s emergency communications improvement project.

“We’re about \$3 million short and we’re trying to come up with the remaining funds,” said Ruiz. “It’s about a \$10 million project and they have about \$7 million from the criminal justice tax.”

Ruiz said the project upgrade the dispatch radios.

“All of the agencies will need different radios,” said Ruiz, “and all of these small agencies can’t afford radios.”

Point in Time Count records decrease in homelessness for one-day event

Count also shows increase in number of people living in shelters, temporary housing

SUBMITTED BY JILL FITZSIMMONS,
CHELAN COUNTY PIO

The recent Point in Time Count showed the number of people experiencing homelessness on the one-day event is slightly down from last year, a result the Chelan County

Housing Program coordinator is attributing in part to efforts by local partners working with the unhoused.

On January 26, outreach teams surveyed 121 people experiencing homelessness in Chelan and Douglas counties. Of the 121 people interviewed

or observed, 105 people were unsheltered, meaning they were living out of doors or in a vehicle or RV, an abandoned building, or a tent or other outdoor area not meant for habitation. This is down

SEE EVENT ON PAGE A2

Control panel delivery delayed...again

New water reservoir completion date pushed forward to May

By MIKE MALTAIS
STAFF WRITER

BRIDGEPORT – With Mayor Pro-Tem Matthew Schuh presiding, the Bridgeport City Council approved several measures at its regular monthly meeting last Wednesday, Feb. 15. Among items approved:

- The city’s 2023 fee schedule.
- Sale of surplus equipment, tools, and rolling stock on the website publicsurplus.com.
- » Superintendent of Public Works Stuart Dezelle said he was putting the items on a public auction website that is used by the majority of Washington cities. It is a no-cost online funded by buyers’ premiums.
- Transportation Improvement Bureau (TIB) contract for the 16th Street overlay.
 - » The Phase One TIB contract has a cap of \$299,000.
- TIB consultant contract with engineers Gray & Osborne.
 - » A supplemental contract for the city engineers to design and provide construction management for the 16th Street project for a fixed dollar amount based on the amount of the TIB contract.

Entrance Welcome signs bid.

- » The two new \$16,000 gateway signs will be all powder coated weather-proof aluminum with a pitched roof section similar to the PUD kiosk at the south end of the city.

- Teamster contract amendment to hire second public works person.
 - » The Teamster contract needed an amendment for hiring another public works, skilled maintenance, non-CDL staffer.

Wastewater Treatment Plant

Dezelle announced the final start-up of the plant earlier in the day following approval by the city building inspector. Dezelle, plant operator Martin Landin, and contractor Pease & Sons Construction did a walk-through.

The plant is close to substantial completion but the contractor has to yet address a

problem with four of six doors that are “pretty major” to quote Dezelle.

Reservoir 2 Project

Reservoir work has been delayed again.

“We were supposed to get all our electrical control panels delivered in the last week of February,” said Dezelle, “and POW (Contracting) was supposed to get on site in early March, snow permitting, and finish the project.”

Subcontractor Midland Electrical recently advised Dezelle that the control panels have now been kicked forward to May.

Well 1 update

Following some research Dezelle now thinks air in the water is caused by pump turbine impellers are creating cavitation (bubble formation) in the well column. He has consulted a specialist in Moses Lake who will pull the pump in March, inject liquid and gas carbon dioxide into the well column to improve water flow to the pump. The \$20,000 project is far less expensive than drilling a new well Dezelle said.

Pool Repair

Bids for repairs to the public pool have been out for about a month now and with the submission deadline of March 1, Dezelle has received one bid submission and expects a second.

24th Street Parking Lot

City Engineer Gray & Osborne recommends funding the entire tree sculpture parking lot in one phase including sidewalks all the way down 24th and the front of Foster Creek Avenue as a more efficient use of dollars that to do the same project in stages. To do that Dezelle will have the professional paving contractor doing the 16th Street overlay also pave the 24th Street ADA parking space and adjacent kiosk base with \$20,000 the city allotted for work in its 2023 budget.

Global Prosperity

A developer has purchased property on Columbia Blvd., and Fairview Avenue with the intent to replat and construct 13 homes for a project Global Prosperity. Dezelle said it will involve installing a new water main.

Salmon show the way



Mike Maltais/QCH

Nearly 10 years old but still a classy touch to the downtown Pateros streets, these metal sculpted salmon adorn the tops of signposts.

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PO Box 1922
Chelan, WA
98816-1922
www.qcherald.com

Moldy files will be treated, archived

Commissioners approve hiring security guards for Okanogan County courthouse

Editor's note: The following meeting summary of the Board of Commissioners of Okanogan County (BOCC) for the first week of February 2023, is taken from notes provided by County Watch (countywatch.org)

OKANOGAN -- The Board of Okanogan County Commissioners gave the green light to hiring two unarmed security guards to provide security for the Okanogan County courthouse. The cost of the two guards, provided by Pacific Security of Everett, will be \$104,000 annually.

Other BOCC business: Monday, Feb 6, a.m.

- Seven commentators told the BOCC they are extremely unhappy with the Tunk Valley re-zone decision which establishes 160 acre lots. They feel they weren't properly notified about the Planning Commission meeting that recommended the change. They said there should have been notification posted on the road entering the area and sent letters and phone calls notifying nearby property owners in addition to the legal notice in the newspaper. They also feel the change from five acre lots to minimum 160 acre lots robs them of the value of their land.
- Director of Planning Pete Palmer assured the BOCC that the Planning Department met all notice requirements under the law for changes that will affect many property owners instead of just a few.
- Fairgrounds Manager Naomie Peasley told the BOCC

that the recent improvements at the Annex have turned the venue into a professional meeting area. She also described the planned upgrades to the electrical connections at the arena.

- BOCC discussed budgets for the Oroville EMS District, Tonasket EMS District and the Methow Valley EMS District.

Tuesday, Feb 7, a.m.

- Public Comment: Emily Sisson listened to the previous day's discussion regarding use of an outside vendor - Pacific Security - with grant money. She cautioned about using an armed security guard unless he/she is well trained.
- Requests for quotes (RFQs) have been received for architect/engineering services for the justice building. Commissioners will review the quotes next week. The City of Twisp will meet with BOCC regarding its use of allocated American Rescue Plan Act (ARPA) funds for its water system.
- Mike Worden, Chief Communication Officer/Dispatch advised BOCC that 9 of 13 positions have been filled and the radio project is in the works, Worden will get back to BOCC with an estimate for getting all fire districts in county up to date with the radio system. Worden also reported on the 911 dispatch center coordination with Skagit, Skamania, Lincoln, and San Juan counties.
- Public Works updated BOCC.

Tuesday, Feb 7, p.m.

- Human Resources provided a job description for the \$64,000/year Public Records Officer. HR is reviewing related records-retrieving servers and will meet with Pacific Security, court personnel and sheriff to discuss courthouse security.
- Commissioner Hover suggested changes to the official meeting minutes regarding comments about battery recycling increasing carbon footprint and about Conconully's funding request being prioritized over that of the county 911 communications system.
- The Washington Department of Fish and Wildlife (WDFW) boat launch projects were approved for Patterson, Sidley and Spectacle lakes. Patterson users said they are wary. Explanatory meetings have reassured some. The high-water mark and ownership of Sidley Lake bottom were discussed. Commissioner Hover revisited the river access by the bridge north of Brewster for a WDFW project.
- Moldy court cases files from ice dam leakage in courthouse attic are suspected of causing sickness among several of clerk's staff. The files will be treated externally for \$6,251. Keeping records for eternity has a price. It will cost \$10,000 to put 100 years of archives onto microfiche.
- The county is not interested in inheriting steep river property by Chopaka and recommends DNR, the adjoining owner, for acquisition.

EVENT

CONTINUED FROM PAGE A1

from 123 unsheltered people counted last year.

"I am really proud of the work everyone involved in the event and its planning put in," said Sasha Sleiman, Chelan County Housing Program coordinator. "This year's count is truly a reflection of the dedication over the last year shown by the staff at all our local non-profits who work with the unsheltered. They have developed relationships with people, they know where those folks spend their time and they have built trust with people experiencing homelessness over time. These relationships and building of trust are what allow us to get reliable information and data."

While the results of the event show a decrease in the number of people living unsheltered in the area, they also show an increase over last year in the number of people living in shelters or temporary housing.

Also recorded on Jan. 26 were 368 people staying in emergency shelters, including the city of Wenatchee's RV Safe Parks, transitional housing programs or in a hotel through an emergency hotel/motel voucher program. This is an increase of 91 people, or a total of 275 in 2022. Shelter data is obtained through the statewide database programs used to track client information, not from the surveys conducted during the PIT outreach and event.

In addition, the Chelan County Regional Justice Center reported 36 people - 30 men and six women - in jail at the time of the count who would, if released that day, describe themselves as homeless. Similarly, the Center for Alcohol and Drug Treatment in Wenatchee reported five people who were in its inpatient treatment program the night of the PIT Count but, if exited from treatment, would be unhoused in Chelan or Douglas counties.

More details of the information gathered at the event include:

- Of the 105 people counted as unsheltered, they reported living:
 - » 44 adults and 2 minors live out of doors (street, tent, abandoned building, park, etc.)
 - » 39 adults and 1 minor live in a vehicle (not in a city Safe Park)
 - » 19 adults refused to say where they slept



Photo by Scott Johnson/Wenatchee Rescue Mission. Outreach teams surveyed Chelan and Douglas counties on January 26, interviewing or observing people living in unsheltered situations, including tents or outdoor areas not meant for habitation. The photo was taken during the Point in Time event of such an area in Malaga.

- The locations where the 105 unsheltered people indicated they were sleeping on the night of the PIT count were:
 - » Wenatchee: 46 (44 adults and 2 minors)
 - » East Wenatchee: 15
 - » Chelan: 15 (14 adults and 1 minor)
 - » Leavenworth: 4
 - » Cashmere: 1
 - » Unincorporated Chelan Co: 15
 - » Unincorporated Douglas Co: 8
 - » Refused to answer: 1

Surveyors also asked where a person's last permanent residence was. Ninety-four of the 105 unsheltered people answered the question:

- » 6 people said their last known permanent home was from out of state.
- » 23 people said their last known permanent home was from out of the two-county area (but from other locations in Washington).
- » 65 people said their last known permanent home was from a city/town in Chelan or Douglas counties: Wenatchee (20), Chelan: (15),

East Wenatchee (14), Leavenworth (5), Cashmere, Entiat, Dryden (2 each), and Peshastin, Waterville, Bridgeport, Malaga: (1 each).

Sleiman emphasized that it is important to remember the information collected during the Point in Time Count is truly a snapshot in time. "It is capturing people who are unsheltered or staying in an emergency or temporary housing situations on this day, at this point in time," she said. "There are others who are hard to find because they are staying with friends and family or housed for the time being, even if that housing isn't stable. This means we have far more people in our community

who can experience homelessness at any moment after the count is complete who won't be captured, including people in jail, hospitals, an inpatient facility or living in other programs that are not considered long-term or stable."

The number of people surveyed on Jan. 26 was a combination of people who came to the planned outreach events at the YWCA in Wenatchee, Chelan Valley HOPE in Chelan and the Community Cupboard in Leavenworth as well as people who were approached by outreach teams in Chelan and Douglas counties. Surveys conducted by outreach teams aimed to not only connect people with resources and services but also to collect a variety of demographic information, including how long someone has been without a permanent home, where they reside, where they are from, and whether or not they had been denied access to a shelter or would go to a shelter if available. Demographic questions included age, race, gender, veteran status, children under 18 in the household and disability status.

Community Partners included Action Health Partners, Aging & Adult Care, Café, Catholic Charities, Chelan County Regional Justice Center, Chelan County Veteran's Service Office, Chelan Douglas Community Action Council, Chelan Douglas Volunteer Attorney Services, Chelan Valley HOPE, City of East Wenatchee, City of Wenatchee, Columbia Legal Services, Community Action Council, Douglas County, HopeSource, Lighthouse Ministries, Molina Healthcare, People's Foundation, SAGE, Salvation Army, The Center for Alcohol & Drug Treatment, Upper Valley MEND, Veteran's Affairs, Wenatchee Rescue Mission, Women's Resource Center, and YWCA.

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If you are interested in participating as a Special Olympics athlete, bring your entire family to get more information, sign up, and eat pizza. Pizza is Free!

For more info: Tim Toon - 206-681-9385

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Special Olympics
Washington



QUAD CITY HERALD

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Call Quad City Herald at 689-2507

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Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.

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DOUGLAS & OKANOGAN COUNTY SHERIFF REPORTS

Douglas County Sheriff

Feb. 10
 08:18 Malicious Mischief, 1011 Columbia Ave., Bridgeport
 08:20 Non-injury Accident, 1635 Raymond Ave., Bridgeport
 08:29 Civil Dispute, 333 Walnut St., Mansfield
 10:02 Weapons Violation, 1220 Kryger St., Bridgeport
 11:45 Welfare Check, 920 Foster Ave., Bridgeport
 15:48 Drugs, 1220 Kryger St., Bridgeport
 16:35 Trespassing, 1122 Columbia Ave., Bridgeport
 17:59 Hazard, McNeil Canyon Rd. MP 1, Orondo
 20:49 Runaway, 1804 Raymond Ave., Bridgeport

Feb. 11
 09:07 Harassment/ Threat, 303 E. Poplar St., Waterville5

Feb. 12
 08:14 Miscellaneous, Rd. B NE and Rd. 17 NE, Mansfield

Feb. 13
 00:43 Noise Complaint, 123 W. Poplar St., Waterville
 04:49 Alarm, 356 Moses Coulee Rd., Waterville
 10:11 Sex Offense, Maple St., Bridgeport
 18:50 Civil Dispute, 1395 Rd. C NW, Mansfield

Feb. 14
 07:02 Theft, 496 SR 173, Bridgeport Bar
 13:48 Welfare Check, 100 Orondo School Rd., Orondo
 16:19 Welfare Check, 929 Maple St., Bridgeport
 18:09 Animal Problem, 2200 block Highland Dr., Bridgeport

Feb. 15
 07:47 Parking/ Abandoned Vehicle, 1400 block Rd. B NE, Mansfield
 08:57 Theft, 121 N. Shore Dr., Orondo
 16:02 Suicide Threat, E. Railroad Ave., Mansfield
 16:05 Civil Dispute, 4 Rainbow Ln., Orondo
 17:43 Juvenile Problem, 100 Orondo School Rd., Orondo

Feb. 16
 01:37 Animal Problem, SR 17 MP 135, Bridgeport
 04:02 Death, 465 Rd. C NW, Waterville
 06:18 Alarm, 2422 Monroe Ave., Bridgeport
 09:39 Animal Problem, 6 AMC Rd., Bridgeport

Brewster Police Department

Feb. 10
 16:01 Theft was reported in Brewster.

Feb. 11
 No local reports.

Feb. 12
 00:39 An agency assist was requested near the bridge on Columbia Ave. when an intoxicated male subject caller advised another male subject was possibly going to shoot someone but then advised he was showing off a gun.

Feb. 13
 13:04 Theft was reported on Paradise Hill Rd. in Brewster.
 15:43 An unattended death was reported on McKinley Ave. in Brewster.

Feb. 14
 09:09 A civil dispute was reported on W. Griggs Ave.

Feb. 15
 03:31 An unknown-injury accident was reported on Brewster Grange Rd. and Hwy. 97 in Brewster when a vehicle hit a snow band and crashed through an apple shed vehicle on the railroad tracks.

15:27 A civil matter was reported on W. Main Ave. in Brewster.

Feb. 16
 07:18 A medical 911-call was received from Beach St.

12:38 A caller reported a suspicious circumstance after a white male subject was reportedly acting erratic in the clinic and possibly on drugs, saying he would be back and leaving on foot.

21:15 A suspicious caller on Hwy. 97 reported a male subject calling the business repeatedly, approximately five times total, saying "I was just thinking about you" the caller could hear breathing sounds and other lewd sounds, and the subject making the repeated calls said "I'm sick."

Okanogan County Sheriff

Feb. 10
 No local reports.

Feb. 11
 21:51 Three consecutive gunshots were reported on W. Warren Ave. in Pateros.

Feb. 12
 00:39 An agency assist was requested near the bridge on Columbia Ave. when an intoxicated male subject caller advised another male subject was possibly going to shoot someone but then advised he was showing off a gun.

Feb. 13
 14:40 An agency assist was requested regarding a sexual assault case in Bridgeport.

Feb. 14
 19:02 A suicidal person was reported on Daniel Dr. in Brewster for a female subject reporting suicidal ideations and stating she was withdrawing from suboxone.

Feb. 15
 09:58 A suspicious circumstance was reported on Hwy. 97 in Pateros when a caller heard someone yell Help at the bottom of their driveway.

Feb. 16
 No local reports.

One hoof stroke at a time

Moose and deer spotted crossing mighty Columbia River



Courtesy Tara Hosking
A mule deer swims across the Columbia River not far from the moose was seen minutes earlier.



Courtesy Tara Hosking
Droplets fly in the sunlight as the moose shakes off water following its swim.



Courtesy Tara Hosking
A moose heads toward the Douglas County shore of the Columbia River south of Brewster.

MIKE MALTAIS
 STAFF WRITER

BREWSTER – It is a rare sight to witness a deer or a moose swimming across the Columbia River. It is even more unusual to see both ungulates doing so within minutes of each other.

Tara Hosking, a Douglas County PUD Land Use Specialist, experienced just such a life memory while on the river with her co-worker, Karl Schulke, on Groundhog Day, Feb. 2.

Hosking and Schulke were conducting a reservoir inspection by boat on the Wells Reservoir when the sightings occurred. While cruising upstream near Brewster the two watched the moose as it crossed to the Douglas County side.

"I frantically managed to get our camera out of the case and started taking photos," said Hosking. "We started upstream again after watching the moose disappear into the riparian vegetation."

As they continued the inspection Schulke related a story about a boat passenger

he once had who did not believe that deer swim the challenging Columbia River. As Schulke was trying to convince his skeptic that deer do indeed swim the river, a deer swam out right in front of them.

"Pretty funny timing," said

Hosking. "Even more funny, as Karl was telling me this story, he slows the boat and there's a deer swimming right in front of us."

The deer was spotted just southeast of Columbia Cove on the Douglas County side

of the river.

Hosking said it was crazy to be able to witness a moose and seven minutes later a deer swimming the mighty Columbia.

"Who does that happen to?" Hosking wonders.

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 Wednesday 7 p.m.
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"With men this is impossible; but with God all things are possible."
 ~ Matthew 19:26

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- For more info call: Quad City Herald at 509-689-2507
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OBITUARIES

Jim (Jimmie) Dale Moore
December 26, 1950 – February 13, 2023

Jim (Jimmie) Dale Moore lived a life of love and kindness. He went home to be with the Lord on February 13, 2023, while holding his sweet bride's hand at their home in Brewster, Washington. Jim has left behind the love of his life Beverly Jean (Clevenger) Moore and their children Chad Moore and Kayla Moore.



Jim was a man of many talents and joys. He was always ready to welcome family and friends with a warm smile, hug, and a laugh that was contagious. Jim was the kind of man that was always willing to lend a helping hand. He was kindhearted and fair in life.

Jim was born to Dale and Doris Moore on December 26, 1950, in Colorado. He was the eldest son in the family and was followed by six brothers and one sister. The family enjoyed many adventures and loved enjoying time together in the great outdoors. Hunting and Fishing were among some of his favorite hobbies with his family.

Jim met the love of his life, Beverly Clevenger and married her in Okanogan, Washington on November 16, 1968. Jim and Bev shared 54 happily married years together. They moved to Brewster, Washington. In 1996 and started Jim's Small Engine Repair in 1997. Jim's business is still serving the community he loved.

Jim's greatest joy in life was his wife and children. Jim will always be remembered for his amazing grilling talents and his special hamburgers. Jim is greatly missed and leaves behind a legacy of love and memories.

Jim is survived by his wife, Beverly (Clevenger) Moore; son, Chad Moore; daughter, Kayla Moore. Siblings: Dean Moore (Cindy Moore), Ron Moore, Tim Moore (Debbie Moore), Darren Moore (Leslie Moore), Lynette (Moore) Swezey (Vern Swezey), Dan Moore, sister-in-law; Cheri (Clevenger) Overacker (Eric Overacker), brother-in-law; Jim Clevenger (LeAnna (Higgins)Clevenger). Many nieces, nephews, cousins, aunts, and uncles.

Jim is proceeded in death by father; Dale Moore, mother; Doris Moore, brother; Gary Moore, sister-in-laws: Carol Nehls, Kay Hansen, and Phyllis Wilson, brother-in-law; Greg Wilson.

In lieu of flowers, the family requests that donations be made to North Cascade Bank to the Jim Moore Family Donation Fund to help support any needs that may arise in this difficult time.

DEATH NOTICES

Mildred Powell

Mildred Powell, 92, of Brewster, Washington, passed away on February 13, 2023. Please leave any thoughts

and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Michael Uliasz

Michael Uliasz, 82, of Bridgeport, Washington, passed away on February 15, 2023. Please leave any thoughts

and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

John F. Alexios

John F. Alexios, 69, of Twisp, Washington, and formerly of Winthrop, Washington, passed away on February 10, 2023.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Jim (Jimmie) Dale Moore

Jim (Jimmie) Dale Moore, 72, of Brewster, Washington, passed away on February 13, 2023. Please leave any thoughts

and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Quad Cities teams remain in state basketball quest

By Mike Maltais
STAFF WRITER

BREWSTER – As the process of elimination progresses toward the inevitable 1B-2B state championships in Spokane on March 1-4, a pair of Quad Cities teams – Brewster boys and Waterville/Mansfield girls - remain in the fight for the title following last weekend's district crossover games. They join the Lake Roosevelt boys

and Okanogan girls as the four teams from the District 6/7 crossover games to advance.

- Lake Roosevelt defeated Reardan, 57-41.
- Brewster beat St. Georges, 53-48.
- Waterville/Mansfield downed Moses Lake Christian, 51-38.
- Okanogan stopped St. Georges.

All four teams advance to the next round. The state run

ended for the following teams:

- Pateros girls lost to Moses Lake Christian, 56-37 at Wenatchee Feb. 18
- Lake Roosevelt girls fell to Davenport.
- Bridgeport's Fillies lost to Liberty Spangle.
- Brewster girls lost to Upper Columbia.
- Okanogan boys lost to Lind-Ritzville/Sprague/Wastucna, 50-48.
- Both Liberty Bell teams

were eliminated.

Matchups for next weekend's Round are still being determined at this writing but will be posted on the Quad's online site as they become available. Potential matchups could be:

- Bears facing Columbia Burbank.
- Lake Roosevelt against Napavine.
- Lady Shockers taking on Neah Bay.
- Okanogan vs. Mabton.

COMMUNITY BULLETIN BOARD

Feb. 22 Okanogan County Community Action Council Board

ZOOM MEETING - The Okanogan County Community Action Council Board of Directors will hold their Regular Board Meeting Wednesday, February 22, at 5:15 p.m. via zoom: <https://us02web.zoom.us/j/82350689366>

The public is invited and encouraged to attend virtually. "Leading a revolt on poverty through Education, Empowerment, and Engagement" If you have questions or need additional information, please contact Rena Shawver at OC-CAC, (509) 422-4041.

Feb. 22, 24, 28 Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery

BREWSTER – The Senior Center is now serving meals at Noon, at the center on Tuesdays, Wednesday and Fridays. Home delivered meals are delivered those same days. Call 509-826-7979 to reserve or cancel your meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. Menu: Feb. 22: Beef Stew, Spinach Salad, Banana, Biscuit, Cereal Bar; Feb. 24: Clam Chowder, Three Bean Salad, Peaches, Cheesy Garlic Bread, Oatmeal Cookies; Feb. 28: King Ranch Casserole, Baja Veggie Blend, Mixed Greens Salad, Fruit Cocktail, Corn Bread, Dessert.

Feb. 22-25, 27-28, March 1-4 Senior Center Thrift Store

BREWSTER – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Check out our great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

Feb. 22-23, 27-28, March 1-2 Chelan Valley Hope

Serving Bridgeport, Mansfield, Orondo, Chelan, Manson, Chelan Falls, Waterville, and Entiat

CHELAN - Sign up for our Chelan Valley Hope (CVH) e-newsletters - stay in the loop with the most up-to-date information about CVH services, events, and more. Curious about our next fundraising event? Sign up at chelanvalleyhope.org/join to be one of the first to know. Interested in what volunteer opportunities are available? Sign up for our newsletter and receive quarterly emails about CVHs current needs and how you can help. Sign up for the CVH newsletter at chelanvalleyhope.org/join. Call 509-888-2114 for more information or to schedule an appointment. Or visit our website and follow us on Facebook and Instagram for more information chelanvalleyhope.org, @ChelanValleyHope.

Feb. 23 Bingo

BREWSTER - Brewster American Legion Bingo every Thursday night at 6 p.m. Card sales start at 5 p.m. - Be early.

Feb. 24 OCSRA to meet

OMAK - Okanogan County School Retirees' Association meets 10 a.m., Friday, February 24 at Community Presbyterian Church of Omak, 9 Birch St. S.

Omak. Refreshments provided. Program: TBA.

Feb. 27 Okanogan County PUD meeting OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners is at 3 p.m. For more information okanoganpud.org

Feb. 27 Douglas County PUD meetings EAST WENATCHEE – The next meeting of the Douglas County PUD Commission is at 1:30 p.m. in the East Wenatchee office.

Feb. 27 Reggae singer Mike Love to perform

OMAK - Reggae singer Mike Love will perform at the Omak PAC February 24 at 7 p.m. His unique style and message based music has entertained thousands around the world. Tickets are \$25 for adults, \$10 for students. Children four and under are free. Tickets are available at Rawsons in Okanogan, Kelley Connect in Omak, Tonasket Interiors and online at www.omakpac.org.

Feb. 27 Bridgeport School District
BRIDGEPORT - The Bridgeport School District Board meets the last Monday of each month, at 6 p.m. in the Middle School commons.

March 1, 15 American Legion meetings

BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

March 9, 16 Brewster bus trips

BREWSTER – OCTN takes Brewster area resident to Wenatchee,

second Thursday of the month. That next trip is March. 9. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, March 16 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

March 13 Okanogan County Fair Advisory Committee

OKANOGAN – The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

March 14 Survivors of Suicide Loss Support Group

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

March 15 Brewster Chamber to meet

BREWSTER – The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, March 15, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

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Julie Frenette, FNP, CNM- **Brewster Clinic & Bridgeport**
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Mansfield recognizes Semester 1 honor students

MANSFIELD – The following Mansfield school students are recognized for academic excellence during Semester 1:

Seniors:

- Cali DeFord 4.0 GPA

- Alexa Garcia 3.92
- Alysha McGraw 3.04

Juniors:

- Armando Baltazar 3.75
- Aspen Farrington 3.71
- Jasmine Garcia 3.62
- Tiera Miller 3.62

- Jimena Garcia 3.53
- Jada Bodah-Freels 3.51
- Evalee Shafer 3.5
- Dade Holmes 3.0

Sophomores:

- Eva Cooper 4.0
- Megan Wick 4.0

- George Murison 3.81
- Max Murison 3.52

Freshmen:

- Joyce McGraw 3.90
- Adan Escalera 3.11
- 8th Grade:
- Kim De Los Santos 3.95

- Mitchell Wall 3.56

7th Grade:

- Michael Martin 3.56
- Anna Gilpin 3.43

Student of Semester 1 High School:

- Eva Cooper

Student of Semester 1 Middle School:

- Noah Sadler

100% Attendance Semester 1:

- Dade Holmes
- Angel Cruz Soria

Brewster students named for high school academic honors

BREWSTER – The following Brewster High School students are recognized for outstanding academic achievement this semester:

Distinguished Honor Roll (4.0 GPA)

Seniors – Abigail Boesel, Kelson Gebbers, Daisy Gomez-Ruiz, Makena Kelly, Kara Pulsifer, Eric Ramirez, Tyson Schertenleib and Reese Vassar.

Juniors – Blake Burgett, Evelyn Camacho, Kaydence Carrington, Magdalena Carrion-Buenabad, Jacqueline De La Cruz-Lopez, Cort Gebbers, Gimena Hurtado, Rae Marie Najera, Maritza Ochoa-Calderon and Kash Vandela.

Sophomores – Mareli Arevalo-Martinez, Grace Becker, Morgan McGuire, Aubree Stennes and Isabella Tolen.

Freshmen – Camryn Ashworth, Daniel Castilla-Buenabad, Lorenzo Garcia-Perez, Julissa Najera-Medina, Kayla Sanchez-Hernandez and Kara Schertenleib.

High Honor Roll (3.67 GPA or Better)

Seniors – Kimberly Bravo-Rodriguez, Carlos Garcia, Amizadai Mora-Ramirez, Perla Pamatz-Mejia, Nancy Perez-Osorio, Yair Pio-Huerta and Claudia Tinoco-Pio.

Juniors – Kaylee Barbosa-Edwards, Isabella Benson, Victoria Contreras-Ruiz, Yadhira Fregozo-Medina, Mayra Garcia, Melani Hernandez-Orozco, Tajanai Huff, Valerie Reyes-Santillan and Arleth Rodriguez-Olmeda.

Sophomores – Rafael Cruz-Lozano, Yazmin Garcia, Brisa Gutierrez-Arevalo, Leslie Hernandez, Rosario Olvera-Pamatz, Abigail Pamatz-Garcia, Emily Pulsifer and Madelyn Sandoval-Trejo.

Freshmen – Diana Barrera-Ramos, Marcus Contreras-Ruiz, Antonia Hernandez, Alan Pacheco, Neiliann Pamatz-Tinoco and Kenia Tinoco-Solorio.

Honor Roll (Above a 3.0 GPA)

Seniors – Randy Angel-

Martinez, Karime Garcia-Gonzalez, Mia Garcia-Santos, Victoria Hull, Vladimir Martinez-Pahua, Marisa Medina, Daniela Olvera-Velazquez, Sarah Pamatz-Tinoco, Agustín Perez-Orozco, Araceli Pio-Moore, Julisa Rincon-Cuevas, Christian Rivera-Mosqueda, Jason Rosario-Aparicio, Samantha Suazo, Karen Tinoco-Aparicio and Donovan Tinoco-Solorio.

Juniors – Diana Aguilanda, Oscar Amador-Ortega, Raquel Angel-Pio, Cole Aparicio, Karyme Arevalo-Rosario, Karla Banda, Osvaldo Calderon-Santiago, Nichole Carrazco, Caleb Infante-Abrego, Sergio Lopez-Chavez, Alexis

Ortega Ponce, Maribel Perez-Monje, Christopher Piechalski, Monserrath Sahagun-De La O, Leslie Saucedo-Medina, Cesar Reyes-Martinez, Esdras Villanueva Garcia and Brady Wulf.

Sophomores – Amy Alvarez-Garcia, Miguel Aparicio-Martinez, Lynette Apolar, Zoe Arellano, Ziclali Avila-Arredondo, Connor Bach, Steven Baughman, Cynthia Chacon-Lopez, Tristan Esquivel, Sebastian Flores Jacinto, Brayan Gallaga, Serenity Merchant, Rebeca Ornelas-Gutierrez, Alexis Pamatz, Joanna Perez-Huerta, Maria Pio-Tinoco, Martha Sepulveda-Flores, Fatima

Silva-Torres and Braiden Westerdahl.

Freshmen – Hyleah Aparicio, Stephanie Arreola-Garcia, Briana Camacho, Salvador Cardenas-Martinez, Vanessa Garcia-Esquivel, Diego Guzman, Sherlyn Guzman-Rodriguez, Alan Hernandez-Solorzano, Cristian Hurtado, Diana Jimenez-Lopez, Ileana Lopez, Yajahira Lopez-Herrera, Ximena Martinez-Garcia, Gisselle Meraz Valladarez, Isabel Olvera-Velasquez, Jessica Perez-Osorio, Jacob Piechalski, Jonah Rains, Lhix Reyes-Martinez, Magaly Rojas-Rodriguez, Yaretzy Sahagun-De La O and Natalie Uvalle.



Eyes on events, competition

Mansfield FFA gears up for another big year



Members of the Mansfield FFA chapter include, back row from left: Evalee Shafer, Eva Cooper, Trevor Moore, George Murison, Max Murison, and Tiera Miller. Middle row from left: Jacob Simpson, Mitchell Wall, Dade Holmes, Damon Sahli, Alysha McGraw, Lukas Fletcher, and Joyce McGraw. Bottom row from left: Alexa Garcia, Aspen Farrington, Hailey King, Jada Freels, Megan Wick, Brielle Farrington, and advisor Jamey Jo Steele. Not pictured: Cali Deford.

By Mike Maltais
Staff writer

MANSFIELD – Of the four school districts - Pateros, Brewster, Bridgeport and Mansfield - in the Quad City Herald's coverage area, the later has the most active FFA chapter in proportion to school enrollment numbers. Advisor Jamey Jo Steele said that fully 55 percent of the K-12 student body comprises FFA membership.

Nestled in the heart of wheat country on the Waterville Plateau in North Douglas County, the school even has enough elbow room to develop a school farm where FFA/Ag students can work with their county fair livestock entries.

Three-quarters of the FFA members are academic standouts as well. All three seniors listed on the current Semester 1 Honor Roll – Cali Deford (4.0 GPA, Alexia Garcia (3.92), and Alysha McGraw (3.04) – are FFA. Junior FFA Honor students include Aspen Farrington (3.71), Jasmine Garcia (3.62), Tiera Miller (3.62), Jada Freels (3.51), Evalee Shafer (3.5), and Dade Holmes (3.0). All four honors sophomores, Eva Cooper (4.0), Megan Wick (4.0), George Murison (3.81), and Max Murison (3.52) wear FFA colors. Freshman Joyce McGraw (3.90) and eighth grader Mitchell Wall (3.56) are both FFA.

Mansfield's original FFA chapter was started in 1960

and Steele, who has been the FFA advisor for 10 of her 12 years of teaching, re-established the chapter in 2013.

"Anyone grade 8-12 who is enrolled in an Agriculture class can become an FFA member," Steele said.

This year's chapter officers are: President: Trevor Moore; Vice-president: Max Murison; Secretary: Evalee Shafer; Treasurer: Tiera Miller; and Reporter: Eva Cooper.

The chapter maintains an active school and competition calendar and FFA Week 2023 that started last Saturday, Feb. 18 and runs through the 25th is one example. Planned activities included a Staff/School Board Appreciation Breakfast, Ag Olympics Assembly, and

next month on March 27, a dinner and silent auction.

On the competition side the Mansfield FFA team is a force to take seriously with their combination of non-school lifestyle and hands-on experience combined with FFA projects and study. Events include the North Central Washington Fair, trapshooting, tractor driving and livestock judging contests.

Last year Mansfield FFA members compiled an impressive list of awards.

"We had a total of 12 chapter members exhibit their livestock projects including five steers, four goats and three hogs," Steele said.

Winners included:

- Max Murison: Grand



Courtesy Jamey Jo Steele
Mansfield Chapter FFA officers include back row from left: Eva Cooper, Tiera Miller, Evalee Shafer, and advisor Jamey Jo Steele. Front row from left: George Murison, Trevor Moore, and Max Murison

Champion FFA Market Steer.

- Braydon Murison: Reserve Champion FFA Market Steer.

- Alysha McGraw: Grand Champion FFA Market Goat.

- Max Murison: Grand Champion FFA Beef Fitting & Showing.

- Braydon Murison: Reserve Champion FFA Beef Fitting & Showing.

- Braydon Murison: Reserve Champion FFA Overall Showman.

- Evalee Shafer: Grand

Champion FFA Poultry Fitting & Showing.

- Evalee Shafer: Grand Champion FFA Poultry Best of Breed.

"Our Tractor Driving Team of Braydon Murison, Max Murison, George Murison and Trevor Moore took home the second-place banner," said Steele. "Our Livestock Judging Team of Braydon Murison, Max Murison, George Murison, Tiera Miller and Evalee Shafer took home the first-place banner. Tiera Miller placed second individually out of 50 contestants."

Taking sulfa drugs, sulfates, and sulfites

One of my 40-something patients, Katie, called last week. She had been prescribed a new medicine, an inhaler, to help her breathe following severe pneumonia that put her in the hospital. I could hear her wheezing as she spoke, but she refused to consider using her inhaler.

"How could my doctor do this to me?" she wailed. "This medicine has SULFA in it! It says so right on the label. I'm DEATHLY allergic to sulfa. What was he thinking?"

Looking up the details about her new prescription, I realized what she was talking about.

"It's okay, Katie. The medicine in your inhaler will help you breathe better. You aren't in any danger because the medication is a sulf-ATE, not a sul-FA. They sound alike, but, thankfully, they're NOT the same thing."

"Your inhaler contains albuterol sulfate. That means that it contains a specific type of salt that also has a little bit of sulfur in it. The salt part is not an active part of the medicine; it's just how it's made. People severely allergic to sulfa drugs can take albuterol sulfate without any trouble.

I can't guarantee that you won't have a reaction to this medicine, Sara, but if you do, it will be the OTHER part of your medicine that'll be the trouble, not the salt part of it."

When someone reports they are allergic to sulfa, it usually means that they've had an allergic reaction to an antibiotic containing sulfa. Sulfa-containing antibiotics are called sulfonamides because they



contain a specific group of sulfur, oxygen, nitrogen, and hydrogen molecules. The shape of that grouping triggers the reaction, not the fact that it contains sulfur.

There are three general types of these sulfonamide compounds, each with a different chemical structure. Sulfa antibiotics make up one type of them.

People with a true allergy to sulfonamide antibiotics don't have to avoid the other 2 groups of sulfonamide compounds because cross-reactivity between the different groups is not very common.

People allergic to sulfonamide antibiotics are indeed more likely to experience allergic reactions to other types of sulfonamide medicines, but that's only because they also tend to react more often to different drugs and chemicals like in soaps and foods, not because of any direct cross-sensitivity or cross-reaction with the other sulfonamides.

Only about 3% of the general population has a true allergy to "sulfa drugs" or sulfonamide antibiotics. If you are one of them, you should avoid the antibiotic sulfamethoxazole. It's found in the combination of trimethoprim-sulfamethoxazole. Because it is awkward to pronounce and spell, trimethoprim-sulfamethoxazole is often referred to by the brand name Bactrim® or Septra®. It's also abbreviated as TMP-SMX or SMX-TMP.

People allergic to sulfonamide may notice a red, raised, and itchy rash. Sometimes this response turns into a severe, life-threatening reaction, attacking deep layers of their skin and other organs.

If you have experienced a severe or life-threatening reaction to a medication, you should let your doctor and pharmacist know. Those who experience a severe allergic reaction to one medicine are more likely to react to others.

Some people react poorly to sulfites, which triggers trouble breathing in sensitive people. Sulfites are preservatives used in foods, wines, and some medicines like eye drops. Sulfites were once widely used on fruits and vegetables to combat bacteria but are now restricted. The Food and Drug Administration (FDA) requires any foods, wines, or medicines containing sulfites to be disclosed on the label.

Here are 4 Key Facts About Taking Sulfa Drugs, Sulfates, and Sulfites:

1. Sulfates and sulfites are different from sulfa drugs.

Being allergic to a sulfa antibiotic doesn't ensure you will react to sulfates or sulfites.

2. Sulfa antibiotics have several different names.

Trimethoprim-sulfamethoxazole is the sulfa antibiotic most used in the United States, a name too long to say easily or fit onto a prescription label. Watch out for the words Bactrim®, Septra®, co-trimoxazole, and the abbreviations TMP-SMX or SMX-TMP.

3. If you develop a rash, call your doctor right away.

Sulfa antibiotics can trigger a rash that can turn into a life-threatening allergic reaction called Stevens-Johnson syndrome. Stevens-Johnson starts out as a full-body rash, can eventually cause your skin to peel completely off, and progress to organ failure and even death.

4. If you have asthma, avoid sulfite preservatives.

People with asthma are more likely to react to sulfites, preservatives commonly found in foods, wines, and some eye drops. The FDA requires foods or medicines preserved with sulfites to disclose that on their label, allowing you to avoid them.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her website TheMedicationInsider.com for tips on how to take your medicine safely. ©2023 Louise Achey



Courtesy STATEPOINT

Make a plan before going out. Tell someone you trust your plans and be sure to keep them posted of your whereabouts.

6 safety tips during darker nights this season

STATEPOINT - During the long dark nights of fall and winter, concerns about personal safety may increase. Whether commuting for work or class, getting in an evening run, or walking the dog, you likely need to carry out daily activities long after the sun goes down.

To help keep you safe, David Nance, founder of the SABRE Personal Safety Academy, shares six essential tips, along with safety product recommendations:

1. Make a plan before going out. Tell someone you trust your plans and be sure to keep them posted of your whereabouts.

2. Plan for darkness. When it matters most, you don't want to be fumbling around in your bag or on your bedside table for a way to protect yourself. A first-of-its-kind tool, the SABRE Glow in the Dark Pepper Spray with Quick Release Key Ring is easy to find. Charged for as little as five minutes by any light source, the neon green illuminance can shine for as long as two hours, helping you stay prepared.

3. Use night walking safety rules. Don't walk in the street. Use well-lit sidewalks, avoiding dark areas with lots of shrubbery. Go in the opposite direction of traffic so you can see what's coming and whenever possible, walk with a friend. In a dark parking garage? Be extra alert.

4. Get tech support. Though looking at a smartphone while walking isn't safe, your tech devices can actually help protect you from dangerous situations when used wisely. For example, the free SABRE Personal Safety App sends help alerts to selected contacts with your location when the in-app alert button is pressed or when SABRE SMART Pepper Spray is deployed.

5. Light your way. Practically speaking, you may not always be able to stick exclusively to well-lit areas, but a multifunctional tool can keep you prepared to protect yourself against threats while also

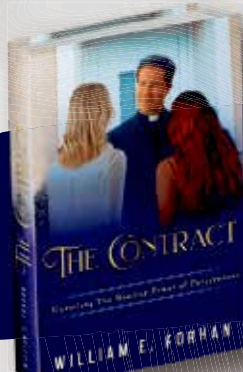
helping you stay aware of your surroundings. Serving double-duty, the SABRE PepperLight includes a maximum strength pepper spray while illuminating any dark area with 750 lumens, visible up to 540 feet. Another illuminating tool is the brand's Personal Alarm With LED Light And Snap Hook, which also features an alarm audible up to 1,250 feet, giving users an additional level of protection.

6. Wear reflective gear. Make yourself visible to cars and cyclists whenever you're running or walking in the dark with reflective apparel and gear, such as the SABRE Pepper Gel Runner Series with UV Marking Dye. Its adjustable hand strap and reflective logo

offer protection and visibility. It's also a good choice as winter winds howl. Unlike pepper spray, pepper gel resists wind blowback.

Products from SABRE are available nationwide at Walmart, Target, Amazon, Dick's Sporting Goods, Lowe's, Menards, Academy and Bass Pro Shops, among other national retailers. While it's legal to carry these safety products in all 50 states, check local laws. For more information and safety tips, visit www.sabrered.com.

"While cold dark nights can create a sense of unease, the right tools and safety strategies can give you confidence and peace of mind this season," says Nance.



The Contract

Unveiling the healing power of forgiveness

A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo office, 215-14th Street, Leavenworth, WA 98826 or Lake Chelan Mirror office 131 S. Apple Blossom Dr. Suite #109, Chelan, WA. 98816



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CROSSWORD

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65								66		67	
68								69		70	
71								72		73	

THEME: THE 1940s ACROSS

1. Decree
6. "U.S.U.S.S.R.'s cold one
9. Harry Potter's mark
13. Syrup flavor
14. ___ Khan
15. Bird of prey's nest
16. Lieu
17. H+, e.g.
18. Bashful or Happy
19. "1984" author George
21. "Best-selling pop artist Bing
23. Writer ___ Monk Kidd
24. Genghis or Kubla
25. Cranberry habitat
28. Not nice
30. Saddle holders
35. "Boris Karloff's movie "The ___," pl.
37. Actress Barrymore
39. Asian goat antelope
40. Supernatural life force
41. Seethes
43. South African antelope
44. Cook from above
46. Rotisserie part
47. Not odd
48. Italy in Italian
50. What snob puts on
52. .0000001 joule
53. Sound of a dropped tome
55. * ___ doctrine, U.S. foreign policy
57. * ___ Doctrine, U.S. foreign policy
60. "How Green Was My ___"
63. Another word for nutria
64. Ciao in the U.S.
66. Trip guide
68. Surveyor's maps
69. Afflict
70. Will alternative
71. Additionally

72. Nucleic acid
73. Term of endearment

- DOWN
1. Emergency acronym
 2. *1949 international org.
 3. Copycat
 5. Christian hymn (2 words)
 6. Graveside sound
 7. Gone by
 8. TV's Yellowstone, e.g.
 9. Uses a Singer
 10. Underwater hermit
 11. Ethereal
 12. Gridiron official, for short
 15. Apollo Creed's son
 20. City in northern England
 22. Old towel, e.g.
 24. Rollerskater's protector (2 words)
 25. "Disney's 1942 orphan
 26. Abstractionism using optical illusion
 27. Kind of salami
 29. Crafts' companion
 31. Network of nerves
 32. Treasure collection
 33. Dreamer?
 34. *Popular music style
 36. Ship canvas
 38. *1939-1945
 42. Parallel grooves
 45. Acid turns it red
 49. "Bingo!"
 51. Daryl Hannah's 1984 movie
 54. Open up
 56. In spite of the fact, arch.
 57. Church sound
 58. Swedish shag rugs
 59. Plotting
 60. Velum, pl.
 61. Zeal
 62. New Haven University
 63. IRS employee?
 65. Yang's opposite
 67. Canny

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	6						5
4	7		5		1		
2		5		1			

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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Register to participate with Special Olympics Feb. 27-28

BREWSTER/CHELAN - Register to participate with Special Olympics at one of two Pizza Parties that they will be having in Brewster and Chelan.

Drop in anytime between 5-7 p.m. during their two Registration Events: Monday, Feb. 27 at Company Creek Pizza, 502 W. Manson Hwy. in Chelan or on Tuesday, Feb. 28 at Brewster Boys & Girls Club, 601 W. Cliff Ave. in Brewster. If you are interested in participating as a Special Olympics athlete, bring your entire family to get more information, sign up, and eat pizza. Pizza is Free. The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports



for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Learn more Special Olympics Washington is partnering with local community members and organizations to start two programs in the greater

Chelan area - based in Chelan and Brewster. There is no charge to participate. Spring Season Timeline: March 31: Registration closes, Mid-April: Practices begin, Early May: Possible localplay, May 20, Regional Tournament, and June 9-11: State Games in Tacoma - team must qualify. 2023 Sports: Summer - softball, Fall - TBD (bowling?) and Winter: TBD (basketball?)

For more information: Tim Toon, East Regional Program Manager, 206-681-9385 or ttoon@sowa.org.

Campfire NCW candy sales: earn cash for camp

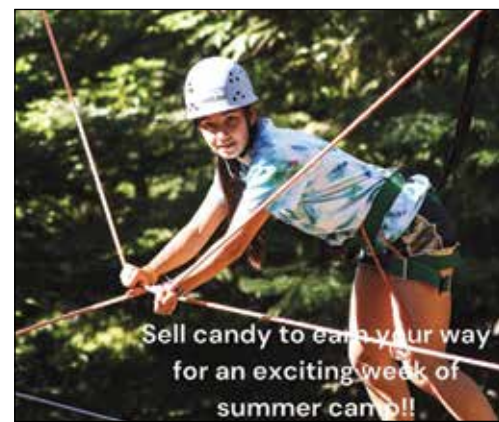
Candy sales run until March 11

SUBMITTED BY CAMP FIRE NORTH CENTRAL WASHINGTON COUNCIL OFFICE

NCW - Now is the time to earn that extra cash needed to be able to spend a great week at Camp Zanika. You do not need to be a member to sell candy to earn your way to summer camp. Anyone in Chelan/Douglas, Grant, Okanogan and Adams Counties can sell candy. Also, don't forget to register by February 28 and receive \$25 dollars off this year, the candy sale will run to March 11.

Register your child (ages 6-18) now for a fun and exciting week of summer camp at Camp Zanika. There are lots of fun activities, such as boating, fishing, rafting, arts and crafts, canoeing, high ropes course, low ropes course, cook outs, hiking, kayaking and more. There are still some openings available so be sure to register soon online at www.zanika.net.

Caramel Almond Clusters, Mints, and Almond Roca can be purchased for oneself, as a unique gift or incentive item. Companies have chosen to use Camp Fire Caramel Almond Clusters, Mints,



Courtesy Camp Fire North Central Washington Council Office

and Almond Roca to promote to their employees and constituents the value of community involvement. All companies will receive a certificate and mention on our social media pages. All money raised through the sale help kids go to camp through our camp scholarship fund.

Caramel Almond Clusters, Mints, and Almond Roca can be purchased directly from the council by calling 509-663-1609 or email campfirencw@gmail.com.

The Washington Outdoor Report

Choosing the right guide or outfitter

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

A guided trip into the outdoors can be a wonderful experience. The vast majority of guides and outfitters are true professionals who do a great job but it's important to know exactly what you are getting into.

THE GUIDE:

It's sportsman's show season and you'll find all sorts of guides offering all sorts of trips at these shows. The nice thing about attending a sportsman's show is that you can literally compare trips between competing guides. Many look merely at the cost of the outing but cheaper is not always better. For example, a cheaper trip might mean you are on a large boat (commonly referred to as a party boat) with 12 or more fellow anglers where you are attended to by a Captain and a single deckhand. Not exactly personalized service and a select few anglers with a hot hand may well fill up the boat with a limit of fish before you reel in one or two yourself. On the other hand, two people on board a boat with a fishing guide will by design get much better service and attention.

An important question to ask of any guide or outfitter is how many client trips they do a year. You will quickly find there is a sharp divide between part-time and full-time guides. There are a lot of guides out there who are essentially weekend warriors who have a different job dur-



Courtesy John Kruse

Coastwide Sports Fishing offers multi-day fishing trips out of Port Hardy, B.C.

ing the work week. Generally speaking, any fishing guide who says they offer less than 90 trips a year is not a full-time guide. This doesn't mean they are not good guides, but the guide who spends 200+ days on the water is probably more dialed into what the fish are doing and how they are behaving on a daily basis.

Another important thing to consider is the personality of the guide or outfitter you are booking a trip with. Most guides don't yell at you if you lose a fish or miss a strike but there are a few out there known to do that. The vast majority of guides and outfitters are truly "people persons" who really cater to their clients and provide excel-

lent customer service. In fact, some of the most enjoyable days I have had on the water or in the field have been with guides despite slow hunting or fishing.

YOUR EXPERIENCE AND FITNESS LEVEL:

A lot of people are intimidated about booking a trip with a guide, thinking they need to have a healthy body of experience before they do so. Don't think this way. Professional guides will tell you most of their clients have very little experience (especially as anglers) and they will also tell you they like that because unlike us experienced "know it alls" on the boat, inexperienced clients actually listen to their guide and do what they

are told to do. This goes a long way towards explaining why the "new" anglers often end up with the biggest fish.

The same goes for outfitters offering horseback trips into the backcountry. Many of their riders have little to no experience riding and the horses used by professional outfitters tend to be gentle, predictable steeds that are not easily rattled.

Something else to consider, especially if you are booking a big game hunt, is your fitness level. Hunting can be hard work, requiring lots of hiking along ridges as well as up and down mountains. If your body is not up to the task, the likelihood of you succeeding with your hunt is very poor.



Courtesy John Kruse

This outfitter offers both hunting and photo safaris in South Africa.

This is probably the number one complaint I have had from big game hunting guides when it comes to not being able to help them fill their clients tags for deer, elk, mountain goats, bear or bighorn sheep. A lack of stamina and physical fitness is not the fault of the guide, that's all on you so be honest with yourself before booking one of these trips and ask honest questions of your outfitter regarding this subject.

THE TIME OF YEAR:

Last but not least, the time of year matters too whether

you are fishing, hunting or just booking a stay at a lodge. The shoulder seasons tend to be cheaper but the weather and the hunting or fishing can be variable. If you have the money, hold out for a trip during the height of the season but if you are more into the experience than potential success, a shoulder season trip might be a good investment for you!

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

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