

CASHMERE VALLEY RECORD

CELEBRATING 114 YEARS • 1907-2021



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2021 YEAR IN REVIEW

Part One

January

Mudslide Clean-up on US-2 east of Leavenworth

Leavenworth – Clean up work on a mudslide that occurred east of Leavenworth required road closures of US 2 on Thursday. A mudslide, located near milepost 102 just west of Peshastin, caused mud and debris to overtop the guardrail and spill out into the road. The material on the road resulted in closure of the east bound lane on Monday, Jan. 4. WSDOT crews removed the debris on the highway and a barrier was put in place to hold back the rest of the debris. On Thursday, Jan. 7, maintenance crew for the Washington State Department of Transportation worked on cleaning up the debris. The work required closure of the roadway for twenty minutes at a time. Travelers between Leavenworth and Wenatchee encountered longer delays than normal travel on Thursday.

America Has Lost Its Soul

BY: BILL FORHAN

President Trump was impeached for the second time last week. Beyond the fact that the action was truly pointless, it is also un-American.

Throughout our history we have stood for fairness. We have held that an individual is innocent until proven guilty. Trump was accused by the media and the House of Representatives of inciting an insurrection that led to an assault on the Capitol Building.

As a 40-year veteran of the news community, I am deeply disappointed in the depth to which our Media has fallen. Their job is to help keep government honest. They are not king makers although they seem to have collectively decided that is their role.

Formerly 'saucy,' Louisville women's basketball's Hailey Van Lith now shows her grit

BY: TIM SULLIVAN

Courtesy of the Louisville Courier Journal

Hailey Van Lith has ditched the knee pads. Though she plays basketball as if auditioning to be a crash dummy, the Louisville freshman has decided to stop cushioning her falls. Some of this, she says, is superstition. Much of it, she demonstrates, is tenacity.

"The team makes fun of me," Van Lith said. "They say I dent the floor when I fall 'cause I fall hard. I've got bruises on my elbows, on my knees, on my back somehow, but it's how I like to play."

To watch her at work Thursday night was to marvel that her nose is still centered and her teeth mostly intact and to better understand how U of L became the nation's top-ranked team and why it improved to 13-0 with a 67-54 victory over towering Syracuse.

February

Preview for 2021 Cashmere High School Cross Country

BY: JEFF KENOYER

Cashmere High School boys and girls are preparing for their first meet of the season on Saturday Feb. 27 hosted by Wahluke High School in Mattawa.

It will be an interesting cross country season. This year our league includes all the high schools of Chelan, Douglas, Okanogan and Grant counties. We will compete for the regional championship against Wenatchee, Eastmont and Moses Lake not to mention our usual league rivals of Chelan, Omak, Cascade and Quincy. Throw in the powerhouse "B" schools of Liberty Bell and Manson and there will be some very stiff competition for the championship!

Cashmere girls won the 2020 Caribou Trail League championship

which was the third consecutive team league championship for the girls. Being first in the league championship meet in Pasco. At state, Cashmere girls finished fifth place overall. Syd Smith earned a medal by placing 13th individually. We have five of our seven state runners back on the team this season so we have some experienced runners returning. Seniors Syd Smith and Adria Torrence have run in three state meets while Junior Tristan Hoffman has run in two state meets. Seniors Ellie Martin and Kylee Foster have both competed in one state meet.

The Cashmere boys finished in second place at the league championship meet last year which qualified them to compete at the state meet. Rob McManus finished 2nd overall at the state meet and the team placed 6th overall. The boys team also has several returning runners with state meet experience. Senior Rob McManus has run in three state meet and Senior Dyllion Taylor has run twice. Seniors Oscar Orozco and Kyler Knoll and Junior Henry Nelson have each competed in one state meet.

March

Cashmere Royalty end remarkable year of community service

BY: VAL CARNEY

Oh, what a year it has been for our 2020-21 Cashmere Royalty! This past year threw an unexpected curve to how Princess Riley Yonaka and Princess Shaelynn Fitzpatrick served our Cashmere Community. Not one parade or event that our royalties typically attend took place, but that did not keep these amazing young women from holding their heads high and bringing cheer and service to our community. From holding a very successful food drive for the Cashmere Food Bank to hosting virtual puppet shows and story-times for the young children to trash pickup along our River Front walking trail and so much more. Princess Shaelynn and Princess Riley showed up to serve. At Christmas time Princess Riley and Princess Shaelynn did get to ride along with Santa and Mrs. Claus on their annual parade to greet children throughout the community, and they had a parade earlier in the year that was just for them where they got to ride through town with a firetruck escort practicing their royal wave! I hope we can all take some time when we see Princess Shaelynn and Princess Riley to thank them for their great service through challenging times. No royal court before them has faced the same challenges while continuing to wear their crown straight and with so much pride for their community.

Bulldogs Bring Pear Bowl Trophy back to Cashmere

BY: BILL FORHAN

The Cascade Kodiaks drew first blood Friday night after holding the Bulldog's scoreless on their first possession. But from there the Bulldogs dominated with total offense of 320 yards slightly higher than their average of 302 yards per game.

In the shortened season the Bulldogs have averaged 35.7 points per game vs their opponents 19.3.

They stand at 2 and 1 overall, losing only to Moses Lake in a heartbreaker. In that game the team went for 2 with no time on the clock but came up short losing by only 1 point.

April

Six Cashmere FFA Members earn their State FFA Degree

BY: RUSTY FINCH

In order to qualify the State FFA Degree, members must have; completed over 360 hours



PHOTO BY BILL FORHAN

March 24 Bulldogs Bring Pear Bowl Trophy back to Cashmere



PHOTOS COURTESY OF WSDOT

Jan. 4 Mudslide on Monday blocks East Bound traffic lane on Highway 2



PHOTO SUBMITTED.

March 18 Princess Shaelynn Fitzpatrick and Princess Riley Yonaka.



PHOTO SUBMITTED.

March 3 The new Goodwin Road bridge was substantially funded through a state grant. It is slated for completion in 2021.

of Agricultural Education, earned and invested over \$1,000 from their Agricultural Project or Work Experience, participated in at least 5 activities above the Chapter level, Completed at least 25 hours of community service and demonstrated 10 motions of Parliamentary Procedure.

Kyle Carney - Food Products & Processing Pathway

Worked over 1,100 hours for Carney Orchards and V & K Enterprises, earned \$12,550 over 4 summers, tractor operation, cherry sorting, assembly and maintenance of irrigation lines and participated in FFA Events for Meats Evaluation, Tractor Driving and Agricultural Mechanics.

Maggie Finch - Animal Systems Pathway

District 7 Star Farmer & Swine Proficiency Winner
Sold 178 show pigs, raised and exhibited 19 market hogs throughout the state, generated \$20,886 in net income over 4 years, artificial insemination, piglet delivery and processing, vaccination administration and participated in FFA Events for Milk Quality & Products, Apple Judging, Livestock Evaluation.

Kaden Keogh - Food Products & Processing Pathway

Worked almost 500 hours for Grams Orchards and Kenoyer Orchards, earned \$5,647 over 4 summers, orchard mowing, forklift operation, pear swamping, weed control, and participated in FFA Events

for Livestock Evaluation, Meats Evaluation, Showed 7 Market Lambs.

Duke Odenrider - Food Products & Processing Pathway

Worked 1,672 hours for Pears Inc. and Funny Farm, earned \$23,753 over 4 summers, tractor operation, weed control, bin lining, equipment maintenance and participated in FFA Events for Tractor Driving, Showed 6 Market Hogs, Livestock Evaluation.

Adria Torrence - Animal Systems Pathway

Raised and exhibited 4 market hogs over 3 years at the Chelan County Fair, earned \$1,375 over 3 years, feeding, training, exercising and weighing of show pigs and participated in FFA Events for Parliamentary Procedure, Livestock Evaluation, Produce Judging.

Greg Worley - Food Products and Processing Pathway

Worked almost 900 hours for Lone Pine Orchard, earned \$11,493 over 2 years, pruning, sprinkler repair, mowing and irrigation and participated in FFA Events for Meats Evaluation, Parliamentary Procedure, Exhibited 11 Market Hogs Evaluation.

County's contractor to begin roadwork on Hay Canyon Road

BY: JILL FITZSIMMONS

The contractor on the West Cashmere Bridge project will begin

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A note from the Publisher of NCW Media Inc. Newspapers



Greetings to our Upper Valley Communities,

Thank you so very much for your continued support of our weekly community newspapers and our monthly Wenatchee Business Journal. It has been a month since my husband, business partner and Publisher Bill Forhan suddenly passed away. I will continue to be at the helm of all our papers, print and online that we had grown together over the past 21 years.

I still have a wonderful staff of reporters, correspondents, advertising sales, graphic and layout people on board. We will all continue to provide local and regional content suited to our collective and individual communities.

Feel free to call or write your letters, editorials, and advertising to support our local community and economy. May you have a safe and blessed New Year.

Sincerely,

CAROL L. FORHAN, PUBLISHER

USPS Working 12-hour Days to Bring Christmas Presents

BY: MEGAN SOKOL

Residents have been routinely greeted with gifts this holiday season. Although that in itself is not newsworthy, the fact that any presents have been delivered is astounding given the extenuating circumstances that have been placed on United States Postal Service workers.

When contacting the Chelan USPS station, the postmaster could not even give a comment due to how short-staffed and busy they were this season. The Leavenworth USPS station's postmaster was out on delivery every time we tried to reach out.

Thankfully, Cashmere USPS Postmaster Scott O'Dell was available to comment on his team, who detailed his team's 1,400+ parcel daily load and nearly 13-hour long work days.

"This is the heaviest I've ever seen in my whole career, and I've been in the post office for almost 20 years, so 17 years."

Last season, the station had averaged almost 800-900 packages per day. Now with the increased accessibility to online shopping to rural areas, the Cashmere USPS station has seen a surge in orders. Although O'Dell is thankful for residents' patience during the pandemic, he was surprised by how early holiday shopping started this year.

"I think a lot of people are just realizing the amount of stuff that the

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THIS WEEK

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\$1.00

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2021 YEAR IN REVIEW

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roadwork on Hay Canyon Road as early as next week. The road will be torn up and a crew will begin building a roundabout just north of Vale Road. Neighbors and businesses in the area can expect to see more truck traffic related to the construction. Traffic will be shifted around the work area. Please plan for construction in the Hay Canyon area to continue through the year.

There are several reasons why a roundabout at Hay Canyon Road was the best option for the West Cashmere Bridge Replacement Project:

Increased Traffic at the US 2/97 Intersection: The old bridge was closed to truck traffic for several years. With its completion, the new bridge will be a primary route for trucks, with the goal of removing truck traffic from downtown Cashmere and around the area schools. The future bridge will see new commuters and more busses, reducing the congestion at both the Aplets Way and Cotlets Way intersections with US 2/97 as well. Roundabouts inherently allow a higher vehicular capacity and nearly eliminate serious and fatal accidents.

Intersection Geometry: The existing Sunburst Lane and Vale Road intersection with Hay Canyon is too close to the higher density US 2/97 / Hay Canyon intersection. With increased traffic, the current frontage road intersection also would become more difficult to access.

Safer Access: Removing Sunburst Road from this intersection and permitting a "right turn only" out of Vale Road, creates a more efficient and safer access. With the construction of a roundabout, we will be able to sweep Sunburst Lane up to the new intersection on Hay Canyon Road, where the bridge ramps down and create a five-legged intersection that allows continuous movement (instead of having a stopped condition on a hill) and eliminates a new left turn movement onto the new bridge.

Cashmere FFA wins first ever "Virtual" State Apple Judging Contest

BY: RUSTY FINCH

Cashmere FFA Teams finished 1st and 2nd in the State FFA "Virtual" Apple Judging Contest on March 22. Competitors had to identify varieties from a list of 13 apples and pears in addition to common fruit blemishes such as codling moth, indenture, leaf roller or scale to name a few. Students also had to be familiar with sections of the Private Applicators Manual, calculate projected harvest

dates and identify almost 30 different insects and mites that impact the fruit industry. Tristan Hoffman who competed in the "in-person" competition in 2019 and placed 8th individually felt the virtual version was much more difficult. "Differentiating between Galas, Braeburns, Cosmics, Honey Crisps, Pink Ladies and Fujis is not easy by picture!" There were 8 teams and over 30 members that competed. The following 9 Cashmere students participated in the event.

Wildfire has finally caught the attention of the state

BY: BILL FORHAN

Living in the foothills of the Eastern Cascades we are all keenly aware of the danger and devastation of wildfire. Over the last month I have been inundated with press releases and information about wildfires and their effect on Washington state. The impacts go far beyond the costs of fighting the fires and the loss of private property when homes are destroyed.

As Senator Brad Hawkins has said, "the state has paid hundreds of millions in recent years reimbursing the costs of wildfires. And that does not even factor in the negative long-term economic impact that wildfires have had on communities in our district, including the impact on our all-important tourism or recreational opportunities. There are also emotional costs and losses that cannot be quantified, as courageous firefighters from our area have sadly lost their lives or been severely injured battling these blazes. Finally, there is a quality-of-life impact caused by wildfires, as smoke can blanket a region, making it dangerous for people to be outdoors and difficult for many to breathe."

May

Track Teams finish 2nd and 3rd in NCW Central Division Championships

BY: JEFF KENOYER

Cashmere Track and Field athletes competed on Friday May 7th at the NCW Central Division Championship meet hosted by Wenatchee High School. The meet determined which athletes qualified for the North Central Region Championship meet which will be held Saturday May 15th at Eastmont High School. Athletes that qualified for the Eastmont meet will compete against athletes from all the high schools in Chelan, Okanogan, Douglas and Grant counties. Non-qualifying athletes will compete at the NCR Sub-Regional meet which will be held Friday May

14th at Wenatchee.

Athletes competed in a wide range of weather conditions on Friday in Wenatchee: sun, wind, rain, hail. To automatically qualify for the NCR Championship meet athletes needed to finish in the top three in their events. Cashmere athletes won five events, placed second in three events and finished third in nine events. Other athletes may also qualify for the NCR Championship meet if their finishing results place them in the top 16 in their event in the entire four county region.

Poppy Days is Honoring all Veterans

BY: LINDA INGRAHAM

President, Cashmere American Legion Aux. #64

Cashmere American Legion Auxiliary volunteers was distributing the familiar red handcrafted poppies honoring America's veterans in Cashmere on Saturday, May 22, Outside Doanes and at Martins Market Place.

Planned to coincide with Memorial Day, the annual event pays tribute to those veterans who have willingly served their country for decades. Memorial Day, originally called Decoration Day, is a day on which Americans remember and pay tribute to their ancestral family members. It is sometimes easy to forget the true significance of this solemn day.

Where did the poppy tradition originate? The poppy comes from the poem in Flanders Fields, written by Lt. Col. John McCrae. The poem refers to the poppies that grew out of newly dug soldiers' graves during World War I in Europe.

The American Legion Auxiliary adopted the poppy as its memorial flower in 1921 and started the Poppy Program in 1924. Today Auxiliary members distribute millions of poppies in exchange for contributions to assist military veterans & their families. The distribution of poppies is only by donation, never sold.

You should look at the poppy and see what it represents. It's not just a flower with a label on it. Try to remember what the poppy stands for and the meaning of Memorial Day. Please take the time to set aside this one day of the year to remember, reflect and honor those who have given their all in service to our country. Everyone should be able to say "I know why I am free". Proudly wear a poppy for Memorial Day.

June

Liberty Orchards announces sale

BY: BILL FORHAN

More than 100 years of



PHOTO BY RUSTY FINCH

April 7 (Left to Right): Kyle Carney, Greg Worley, Kaden Keogh, Maggie Finch, Adria Torrence. Not Pictured - Duke Odenrider



PHOTO BY RUSTY FINCH

April 22 Mac Kelly, Maggie Finch, Riley Johnson, Tristan Hoffman, Isabel Fadenrecht, Madison Jaeger, Payten Heyen, Jonah Groce. Not Pictured - Greg Worley



PHOTO BY CAROL FORHAN

May 22 The Cashmere American Legion Women's Auxiliary were giving away Poppies at Martin's Market in Cashmere. Pictured here are on the left, Ginger Samuel who has been a member since 1991 and Louise Fegley who has been a member for 93 years, her parents signed her up as a member when she was a child.

family ownership has ended as Greg Taylor announced last week that the company has been sold. Liberty Orchards has been a mainstay of Cashmere since 1920 with 3 generations of family running the company.

The company was founded by two Armenian Immigrants. Mark Balaban and Armen Tertsagian

used the excess fruit from their small orchard to create Aplets. The original fruit is an apple and walnut confection based on Locoum a famous Near East candy known as Turkish Delight.

A few years later they added Cotlets made from apricots and walnuts. Over the years they have added other products.



PHOTO BY JEFF KENOYER

May 12 Jonah Groce winning the high jump.

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Classifieds/Legals e-mail copy to: classifieds@leavenworthecho.com

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Corrections
The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

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Have an idea for a story?
Call the Record at 509-782-3781

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Death: Its Tragedy and Redemption

Death always takes us by surprise. Of course, we all know that death comes for every person, but when it does come to those we know and love, the news hits us suddenly, and we are in a state of shock right before we are overcome with grief.

It is no surprise that I am well acquainted with death as a pastor. I have preached numerous funerals and have

been at the bedside of those on the edge of passing into eternity. However, in every instance, death always stuns me. Even when I know that they have but moments left on this earth when they breathe their last, it is gut-wrenching, and no amount of seminary training can prepare you for the sudden end of an individual's life.

Death has a way of exposing us like no other. It reveals the

frailty of life but also shows us that try as we might, there are simply things outside of our control. Ultimately, we cannot control the timing of our death is reserved within the providence of God.

Which leads us to ask, why is death a reality in this world? If God is good, why does he allow death to continue, given how tragic it is and how much pain it causes?

As creatures, we should not dare to impugn the Creator, but questions surrounding death are natural considering that death is all around us. Furthermore, those questions surface even more when death hits close to home, and a loved one is gone.

Biblically speaking, God hates death. God takes no pleasure in the death of people—even the wicked (Eze. 33:11). Death is described as a “curse” throughout the Bible,

coming into this world through the fall of Adam. When Adam sinned in the Garden of Eden, that sin brought the consequence of death to all of creation (Romans 5:12). From the animal that died to cover Adam and Eve's nakedness in Genesis 3:21 to their eventual death later and to every death that creation has ever experienced is the result of sin. Sin has radically broken this world, and therefore “the wages of sin is death” (Rom. 6:23).

As much as death is a curse, there is a mercy present within it that is incredibly powerful and redemptive. But isn't it like God to take that which is tragic and hopeless and redeem it for his glory? God always flips the script, and death is no exception.

Death is merciful because it ends suffering. Can you imagine a life where suffering is perpetuated, and there is absolutely no end to it? Think of an individual with a terminal diagnosis, whose body is eaten up by disease and yet has to live eternally in that state, or a wicked tyrant whose reign of terror never ends. What we have just described sounds a lot like Hell!

Even more merciful than just ending suffering, God used death to bring about the

redemption of people. Without death, there would be no cross or shedding blood to forgive our sins. If Christ didn't die, we would be eternally condemned—hopeless and without a way to be saved. Yet God did send his Son to die for his people, and through that sacrifice, heaven is open, and salvation is given to all those who believe. The death of Christ is the greatest demonstration of God's love to the world (Jn. 3:16).

Without death, there is no resurrection. On the one hand, death is an end to suffering, as mentioned earlier but is it not the ultimate end. On the other hand, for the Christian, death is merely the door we walk through, or the river we cross to reach the glory promised to us in and through the gospel.

Death is a tragedy that pulls the rug out from underneath us. We feel disjointed and at a loss, because we have lost ones that we care about. However, God has redeemed death by Christ taking upon its curse and triumphing over it. Those in Christ, too, share in that triumph, and although we grieve, we grieve as ones with hope (1 Thess. 4:13-18).

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.



A WALK WITH PASTOR JOHN SMITH

Working together to find housing solutions

As you likely know, many areas in North Central Washington and our entire state have been experiencing affordable housing challenges. Having stable housing is so fundamental to success in other areas of life, including successful careers and family stability. Washington state has an increasing number of programs focused on homelessness and very low-income housing, but very few on “workforce” housing.

Workforce housing programs are programs that support people in our communities earning 60 percent to 120 percent of the area's average income, often involving people owning the homes but not the underlying lands to maintain affordability. The workforce helps provide key services to our communities to keep our economy strong. Many of these individuals and families, unfortunately, are unable to afford to live in the communities where they work. This is particularly true for the communities of Leavenworth, Chelan, and some larger communities.

I am proud to be partnering with Leavenworth Mayor Carl Florea and others like the



FILE PHOTO. FILE PHOTO.
Senator Brad Hawkins Mayor Carl Florea

Chelan Valley Housing Trust on a bill to secure a reliable revenue source to address local workforce-housing challenges. My Senate Bill 5513 would provide municipalities in Chelan County flexibility to use up to 1 percent of their existing lodging-tax revenues on “workforce” housing projects.

The lodging tax, also known as the “hotel-motel tax,” was first implemented by cities and counties years ago and varies from a 3-to-5 percent surcharge on overnight stays. Permitted uses of these tax revenues include tourism marketing, special-event promotion, or capital expenditures of tourism-related facilities as well as some limited uses for very low-income housing. My bill would allow Chelan County and its cities to dedicate up to 1 percent of their existing lodging tax revenues to “workforce” housing for the next 10 years, if approved by commissioners or

a city council.

Mayor Florea reached out to me with sincere and deep concerns about Leavenworth's ongoing affordable-housing struggles, especially the city's “workforce” housing issues. I share those concerns. We developed a bill idea that does not create a new tax, but rather provides the city with additional flexibility for use of existing tax revenues. The city of Leavenworth is in a unique situation because, in many ways, it isn't struggling to attract tourists. The real struggle now is that people providing essential services in the city cannot afford to live there and any available houses are quickly being purchased as second homes or short-term rentals.

The circumstances are becoming increasingly more urgent. With every passing month, Leavenworth – and other communities throughout our state – are essentially losing their sense of community. That's heartbreaking. While my bill doesn't create a new tax and would be a local option for city councils to decide, I expect the bill to have some opposition because the

existing lodging tax revenue stream has been enjoyed fully by the tourism promotion industry for many years. Those organizations do very important work and should be supported but both tourism and housing are critical to our region's success. The challenge will be to find creative ways to invest in both so that we can support each other.

Working on this workforce housing bill won't be the first time I have partnered with Leavenworth and others on legislation. You may recall that back in 2018, the Legislature approved and the governor signed my Senate Bill 6055, which provided Leavenworth expanded ways to dispose of brush and yard waste following boundary changes to the state's apple-maggot quarantine area. I am hopeful that we will have similar success this legislative session with Senate Bill 5513. Along the way, passage or not, we plan to continue to urge the legislature to develop creative ways to solve this growing challenge.

Brad Hawkins is our 12th District state senator representing North Central Washington in Olympia. Contact info: 360-786-7622 or brad.hawkins@leg.wa.gov.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

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A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, “All human beings have three lives, public, private and secret.” In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo office, 215-14th Street, Leavenworth, WA 98826 or Lake Chelan Mirror office: 131 S. Apple Blossom Dr. Suite #109, Chelan, WA. 98816

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

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CASHMERE BAPTIST CHURCH
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Worship 9 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana



CHRIST CENTER
In-person: Sunday Worship Service, 10 a.m. 5800 Kimber Road, Cashmere
Online: christcentercashmere.com
The UNDERGROUND: Sunday, Middle School, 5 p.m., & High School, 6:30 p.m.
Steve Haney, Lead Pastor
Tim Williams, Executive Director
Andy Robinson, Director of Operations
Joyce Williams, Pastor of Congregational Care
Steffanie Haney, Director of Adult Discipleship
Kelsie Folden, Director of Youth Ministry
Heather Pflugrath, Director of Children's Ministry
Amber Vaughn, Director of Production & Creative
Carmen Gamble, Office



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Join us at 10 a.m. on Sundays.
Pastor Rob Gohl
509-860-0736

ST. JAMES EPISCOPAL CHURCH

222 Cottage Ave.
Morning Prayer or Holy Eucharist.
9 a.m. on Sundays.
Pastor Rob Gohl,
509-860-0736 or
Deacon Carol, 670-1723

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.,
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m.,
Sunday School 10:30 a.m.,
Worship Service
Office: 509-548-4331

CORNERSTONE BIBLE CHURCH

Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH

418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor Matt Gorman
leavenworthumc.org
leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA

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224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509-470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997



SPIRIT LIFE CENTER

210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 509-782-2601
Virtual Zoom Service, Sunday,
11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 509-548-7517
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH

7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth
www.newlifeleavenworth.com

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- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

Help Support The Cashmere Food Bank

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna, Cleaning supplies, hygiene products and toilet paper.

Cashmere Food Distribution Center is located at 316 River Street and open on the 2nd and 4th Wednesdays from 2:30 to 3:30 p.m.

For further information or to make a cash donation call Pam, 509-245-6464

Or you can write a check to: Cashmere Food Bank, PO Box 225, Cashmere, WA 98815

This ad sponsored by the Cashmere Valley Record

Republican State Chairman to Speaker at Chelan Douglas Republican Luncheon

Caleb Heimlich, Chairman, WA State Republican Party, will be the guest speaker at the 2022 kickoff of the Chelan Douglas Republican Women's Club. The luncheon event will be held on Monday, January 10 at the Wenatchee Red Lion Hotel (1225 N. Wenatchee Ave.). Reservations are required and "yes" men are invited as well. The cost of the buffet lunch is \$18, and dessert & beverage is \$8. For reservations, please contact Mona at 425-269-8537. Reservation deadline is Thursday, January 6. Check in and social time begins at 11 a.m., buffet opens at 11:30 a.m. and our guest speaker is introduced about 12:10 p.m.

Caleb grew up in Puyallup, WA graduated from Hillsdale College, Magna Cum Laude with a degree in Political Economy.

Caleb is known for his integrity, hard work and intelligence, and has dedicated his life to serving people through politics. During his tenure as Chairman, the Washington State Republican Party has grown in all areas: fundraising, training, and recruiting over 6,000 new grassroots activists, and expanding their reach through traditional and social media.

Caleb will instinctively know what to speak about, however, we have asked him to include what the Republican Party is focusing on as far as getting the right people elected to turn things around, what our plan is for the new Legislative and Congressional District divisions and, talk a little about the candidates to the congressional districts 4 & 8, as well as the legislative districts 12 and what we can do to get on board.

We are also excited to announce that Tiffany Smiley, Candidate running against Patty Murray, will be our keynote for our February 7 luncheon meeting.

Ellie Ownbey, President Chelan Douglas Republican Women's Club

COMMUNITY CALENDAR

- Wednesday**
- Cashmere Rotary Club:** Zoom meetings Noon, Call President Glenn Johnson, 509-782-1922 for more information.
- Cashmere Food Bank,** open 2nd and 4th Wednesday from 2:30-3:30 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464
- Thursday**
- Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 509-782-3099.
- Cashmere American Legion Post 64,** 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxillary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).
- Friday no events**
- Saturday**
- Bingo, Cashmere American Legion Post 64, 401 Sunset Highway. 1st number called at 6:15 p.m. Contact Wiley Collins, 509-888-1904 to leave a message.
- Sunday**
- CHURCH:** See the church page for local service times and events.
- Monday**
- Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509.669.3159. (4th Monday)
- Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)
- Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
- Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
- Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
- Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere School Board Work Session,** Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
- Cashmere School Regular Board Meetings,** are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
- Chelan Douglas Republican Women,** Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon.,monthly).
- Tuesday**
- Icicle & Peshastin Irrigation Districts:** Current meeting time 8 a.m. at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 782-2561 or tony.iid. pid@nwi.net, (2nd Tues.)
- Peshastin Water District,** meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)
- Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 509-782-7404. (3rd Tues.)

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

- This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.
- December 17**
- 06:39 Vehicle Prowl, 429 Cottage Ave.
 - 07:33 Harassment/Threat, 6044 N. Cashmere Rd.
 - 09:39 Theft, 603 Cottlets Way.
 - 11:26 Diversion, 160 Lure Ln., Monitor.
 - 12:02 Assist Public, 301 Paton St.
 - 14:44 Suspicious Activity, 117 W. Pleasant Ave.
 - 17:59 Extra Patrol, 8903 Deadman Hill Rd., Dryden.
 - 22:40 Assist Public, 302 Fisher St. #115.
- December 18**
- 01:37 D.U.I., 423 Cottage Ave.
 - 13:12 Diversion, 314 Olive St.
 - 13:26 Non-Injury Accident, Evergreen Dr. and Sunset Hwy.
 - 14:37 Harassment/Threat, 6125 Hay Canyon Rd. #14.
- December 19**
- 08:53 Diversion, 213 S. Division St.
 - 12:47 Non-Injury Accident, Cottage Ave. and Riverfront Dr.
 - 19:27 Suspicious Activity, US Hwy. 2 and Cottlets Way.
- December 20**
- 07:04 Parking/Abandon, Dorn St., Dryden.
 - 10:39 Parking/Abandon, 106 Pioneer Ave.
 - 10:40 Assist Agency, US Hwy. 2 MP 115 E.B., Monitor.
 - 12:32 Parking/Abandon, Yaksum Canyon Rd.
 - 18:51 Warrant, Cottage Ave. & Woodring St.
 - 22:46 Assist Agency, 127 Riverfront Dr.
- December 21**
- 12:25 Juvenile Problem, 107 Evergreen Dr. #208.
 - 12:28 Traffic Offense, Mission Creek Rd. & Pioneer Ave.
 - 18:43 Assist Agency, 115 E. Pleasant Ave. #6.
- December 22**
- 05:11 Traffic Offense, US Hwy. 2 & Cottlets Way.
 - 07:36 Drugs, 130 Titchenal Way.
 - 12:38 Diversion, 6319 Hay Canyon Rd.

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PHOTO BY MEGAN SOKOL
Cashmere player Angelo Vasquez-Ramos holds the ball with Cashmere player Henry Nelson in the background.



PHOTO BY MEGAN SOKOL
Cashmere player Henry Nelson defends the ball from Cascade players, including Kaston Dillon.



PHOTO BY MEGAN SOKOL
Cashmere player Henry Nelson has the ball.

PHOTO BY MEGAN SOKOL
Cashmere player Evan Pheasant blocks Cascade player Kaston Dillon.



PHOTO BY MEGAN SOKOL
Cashmere player Evan Pheasant clashes with Cascade player Jaden Niemela.



PHOTO BY MEGAN SOKOL
Cashmere player Landon Baker pushes Cascade player Kai Lewman.



Winter fun at Lake Wenatchee State Park

PHOTO COURTESY WASHINGTON STATE PARKS.



A big salmon coming to the boat

PHOTO BY JOHN KRUSE.

The Washington Outdoors Report

FISH FORECASTS AND FIRST DAY HIKES

BY JOHN KRUSE

For our final edition of the year, we'll share the projected forecasts for Columbia River salmon in 2022 as well as some opportunities to go on ranger led excursions on New Year's Day at our state parks.

COLUMBIA RIVER SALMON FORECASTS

During an online meeting held by the Northwest Sportfishing Industry Association this month, fish biologists and managers from both Washington and Oregon shared the 2022 Columbia River salmon forecasts. Fortunately, when it comes to spring Chinook

salmon, things are looking better than last year and in the words of one biologist "we may have turned the corner" from the low returns we have been seeing in recent years.

The upriver spring Chinook forecast is predicted to be 123,000 fish, the highest number of salmon we've seen since 2016 and well over the 92,000 Chinook that came back last year. Popular Columbia Gorge fisheries at the Wind River and Drano Lake are expected to be better than last year while the Klickitat River return is forecast to be similar to last spring (1800 fish).

The sockeye salmon run is also projected to be better than last year's run of 152,000 fish. With 199,000 sockeye expected anglers should have some good opportunities on the Upper Columbia River between

Wenatchee and Brewster. However, the Lake Wenatchee forecast is not as rosy. Biologists do not believe they will meet the escapement goal of 23,000 sockeye, which means a Lake Wenatchee salmon fishery is not likely. Having said that, biologists seem to underestimate sockeye returns on a regular basis so don't give up on Lake Wenatchee yet.

The Upper Columbia summer Chinook run is forecast at 57,500 fish, similar to last year's return. Meanwhile, the coho run should be very good. That's because the number of jack (young) salmon counted last year was the 6th highest in 45 years, which bodes well for the adult return in 2022.

FIRST DAY HIKES

Start the new year off right with a hike at one of

our Washington State Parks. First Day Hikes have become a wonderful tradition at parks across the nation in recent years and on January 1st 40 state parks in the Evergreen State will be offering this opportunity.

In Central and Eastern Washington there are several guided events taking place to include:

- A 5 1/2 - mile ranger led hike on the Columbia Plateau Trail starting from Ice Harbor Dam on the Snake River.
- A quarter mile staff led walk along a paved path at Palouse Falls State Park where you'll get a chance to not only see the falls but also learn some interesting geological information
- Take your dog on a stroll at Sacajawea State Park along the

Columbia River in Pasco.

- Put on your cross-country skis for a 2.5-mile jaunt in the Nordic Area at Mount Spokane State Park or strap on your snowshoes for a 2.6-mile hike along the lower part of Mount Carson where you'll get a chance to visit the Smith Gap Warming Hut.

- Head to Steamboat Rock State Park and hike 3 miles up Northrup Canyon to an old homestead and back learning about the wildlife and the area along the way.
- A one-mile ranger led hike from Alta Lake State Park with a 700-foot elevation gain that will burn some calories.

- A 1.8-mile hike led by Ranger Kruse (no relation) along the Little Bear Trail at Lake Chelan State Park.
- Learn about the geological

and cultural history of the Wenatchee Valley during a 1.5-mile interpretive walk at Lincoln Rock State Park north of East Wenatchee.

• Or enjoy a guided snowshoe excursion at Lake Wenatchee State Park. If you don't have your own snowshoes don't worry, rentals are available.

You will want to make reservations in advance to participate in most of these guided First Day Hikes. You can find out more information, to include exact meeting locations and departure times, at <https://parks.state.wa.us/1230/Eastern-Region-First-Day-Hikes>

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Sports Schedule

BOYS BASKETBALL

Dec. 29:	Cashmere vs. Pullman; 6:30 p.m.
Dec. 30:	Cashmere vs. Liberty; 3:30 p.m.
Jan. 4:	Cashmere vs. Chelan; 7:15 p.m.

GIRLS BASKETBALL

Dec. 29:	Cashmere vs. West Valley; 5 p.m.
Dec. 30:	Cashmere vs. Liberty; 1:30 p.m.
Jan. 4:	Cashmere vs. Chelan; 5:45 p.m.

BULLDOG SCOREBOARD

BOYS BASKETBALL

Dec. 21:	Cashmere 62, Cascade 31; Win
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GIRLS BASKETBALL

Dec. 21:	Cashmere 55, Cascade 7; Win
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Please have a safe holiday

DON'T DRINK, OR TEXT WHILE DRIVING!

Did you know that one alcohol-related crash occurs approximately every half an hour? The statistics don't lie. Drunk driving leads to thousands of injuries and deaths every year, particularly around the holiday season when parties abound and alcohol consumption increases. Don't let it happen to you. If you drink please do so in moderation this season, and in the event you are too intoxicated to get behind the wheel, give your keys to someone who is responsible and sober or call a taxi.

Thank you to our holiday sponsors!



USPS Working 12-hour Days

CONTINUED FROM PAGE A1

post office actually can deliver and the number of products that we actually will take. We're taking them all the way up to rural routes and up canyons."

O'Dell's team decreased from 10 full-time employees to 7 people. He states that although he has gone to job fairs whenever time was available, most prospective employees were stumped by some of the job's requirements.

"The main issue we're having like here is for the rural carriers is they have to have their own personal vehicle, to actually do the job. That's one of the parts that we're having a hard time with that because a lot of people don't know that."

He states that increasing staffing would greatly relieve some of the workload stress for next year. He is grateful for his current staff and hopes that conditions will improve in the future.

"If I had a change, I would try and make sure everybody got days off and all that stuff, that would be my main goal for next year is to just make everything a little bit nicer for everybody. Make it a little bit easier on everyone."

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6	9	2	4	1	3	5	7	8

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Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

Employment

Help Wanted

PATEROS SCHOOL DISTRICT PERMANENT EDUCATIONAL PARA
Employment begins immediately. Seven (7) hours per day, hours TBD. Candidate must meet federal certification standards and favorably pass a WA State Patrol/FBI background check. Instructional aide experience preferred. Hourly starting pay \$15.71 with medical and retirement benefits. All applications processed through **FAST TRACK:** www.pateros.org>Our District>Employment. Position description available online. First review of applications will be Jan 3, 2022. Applications received after the initial review will be reviewed upon receipt. Position open until a qualified applicant is hired. EOE.

Help Wanted

Earn Some Extra \$\$ money working part-time delivering newspapers to dealers and racks. We are looking for a reliable, responsible individual to pick up and deliver our newspapers early Wednesday mornings. Other duties include collecting and counting money. Keep newspaper racks cleaned and maintained. Must have good driving record and proof of insurance. Apply in person at 215-14th St., Leavenworth call 509-548-5286 to schedule an interview. 10-5 weekdays. EOE

Come Join Our Sales Team.

Newspaper Advertising Sales person wanted. If you are a people person and enjoy talking to our local businesses. **We have the job/career for you!** The right candidate must be outgoing, and personable, have sales and computer knowledge. We will train the right person on our software. Stop in The Leavenworth Echo, 215-14th St. 10 a.m.-5 p.m. with a resume or call for an interview with Bill or Carol, 509-548-5286. Pay depends on experience. EOE

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster** Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR **Leavenworth Echo Cashmere Record** 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers



Windermere Real Estate/NCW
Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?
Give us a call today!

Carmen Bagdon - 237-2060
Momi Palmieri - 433-2211
Geordie Romer - 679-8958
Allyson Romer - 630-9898

See all available properties at windermereleavenworth.com

Help Wanted

CASCADE SCHOOL DISTRICT

The Cascade School District is seeking qualified applicants for the following positions:

Peshastin-Dryden
Special Education Life Skills and Resource Teachers

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



SEASONAL POSITIONS
We have several seasonal employment opportunities available for Park positions and Fish and Wildlife Helpers in Wenatchee. Positions are also posted for Fish and Wildlife Specialists in the Winthrop area. Visit our website at chelanpud.org/careers for complete details and to apply. EO/M/F/Disability/Vet Employer



The Cascade School District is seeking qualified applicants for the following position:

Icicle River Middle School Para Educator

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only?** Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

Garage & Yard Sale

CLEAR SOME SPACE WITH A **Garage Sale**

Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price !

General Merchandise

Greeting Cards for Sale 1/2 price
To raise funds for the Royal Ladies of Autumn Leaves. Special Leavenworth cards like:
Wish you were here with me in Leavenworth.
'Special Friends' Or I miss you.
Happy Birthday from Leavenworth!
Many more titles. No boxed cards. Thank you for your support.
Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

Real Estate

Homes for Sale

House for Sale
\$382,000
County: Chelan
Address: 680th St., Chelan Falls, WA 98817
Bedrooms: Two
Bathrooms: One
Lot Size or Acreage: 13,600 sq. ft. (.3 acres)
Other Features: New fence, new back deck, garden spot, fire pit, beautiful chicken coop, raised garden beds, updated plumbing, washer/dryer, excellent local boat launches, athletic fields and swimming/picnic areas. Owner Financing: Sold only on owner contract. Ten percent down payment and remainder financed at 5%. Prepayment penalty for first 5 years. Showings by appointment. Call Mike at 509-470-0067 or Mary at 509-470-1067.

Orchards & Farms

Horse Pasture for Rent
4 Stall Barn.
Manson, WA. Contact John 206-396-0050 or Linda 509-423-5107.

Rentals

One bedroom, 1 bath, 760 sq. ft. in home apartment. One car garage stall available. Located 3.4 miles North of Leavenworth on the Chumstick Hwy. \$1350/mo. Call 509-423-0553. No Pets.



AMBUSH AUTOMOTIVE BUYERS

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Don't just 'park' your car on the side of the road with a 'For Sale' sign on it!
'Park it' on NCWMarket.com for one low \$25 fee!
Fee includes:

- Up to 3 photos of your vehicle
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Legals
Public Notices

SUPERIOR COURT OF WASHINGTON FOR KING COUNTY
Estate of LARRY R. TONGE, Deceased. NO. 21-4-08606-7 SEA PROBATE NOTICE TO CREDITORS (RCW 11.40.030) PLEASE TAKE NOTICE: The above Court has appointed me as Personal Representative of Decedent's estate. Any person having a claim against the Decedent must present the claim: (a) Before the time when the claim would be barred by any applicable statute of limitations, and (b) In the manner provided in RCW 11.40.070: (i) By filing the original of the claim with the foregoing Court, and (ii) By serving on or mailing to me at the address below a copy of the claim. The claim must be presented by the later of: (a) Thirty (30) days after I served or mailed this Notice as provided in RCW 11.40.020(1)(c), or (b) Four (4) months after the date of first publication of this Notice. If the claim is not presented within this time period, the claim will be forever barred except as provided in RCW 11.40.051 and 11.40.060. This bar is effective for claims against both the Decedent's probate and non-probate assets. Date of First Publication of this Notice: December 29, 2021. Gregory Tonge, Personal Representative, Tami A. Tonge, Personal Representative. Address for Mailing: 10604 NE 38th Pl, Ste. 225 Kirkland, WA 98033 Published in the Leavenworth Echo/ Cashmere Valley Record December 29, 2021, January 5, 2022 and January 12, 2022. #3269

Public Notices

CITY OF LEAVENWORTH
On the 14th day of December, 2021, the City Council of the City of Leavenworth, Washington passed the following ordinances and resolution. A summary of the contents provides as follows:
Ordinance 1639: An ordinance of the City of Leavenworth, WA, affirming and adopting the City of Leavenworth's Hearing Examiner recommendation amending the zoning district map.
Ordinance 1641: An ordinance of the City of Leavenworth, WA, adopting the City of Leavenworth Comprehensive Plan amendments, including amendments to the land use designation map and its appendices.
Ordinance 1642: An ordinance of the City of Leavenworth, WA, amending certain revenue and expenditure appropriations in the 2021-2022 budget and ordinance #1623 for the City of Leavenworth.
Ordinance 1643: An ordinance of the City of Leavenworth, WA, amending chapter 2.01 Mayor
Resolution 23-2021: A resolution of the City of Leavenworth, WA, amending rates and fees.
A full copy of the ordinance and resolution is available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826 Published in The Leavenworth Echo/ Cashmere Valley Record December 29, 2021. #3271

Public Notices

CITY OF CASHMERE SUMMARY OF ORDINANCE NO. 1307
On the 20 day of December, 2021 the City Council of the City of Cashmere, Washington passed Ordinance No. 1307. A summary of the content provides as follows: **AN ORDINANCE ADOPTING THE BUDGET FOR THE CITY OF CASHMERE, WASHINGTON, FOR THE FISCAL YEAR ENDING DECEMBER 31, 2022.** Effective date of this ordinance is five days after publication. A copy of the full text of this ordinance is available at Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815. Published in Cashmere Valley Record/ Leavenworth Echo on December 29, 2021. #3270

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of LANNY SCOTT QUAST, Deceased. No. 21-4-00471-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: December 29, 2021 Personal Representative: Alisha Michelle Quast Attorneys for the Personal Representative: Thomas D. Overcast, WSBA# 14486 Address for Mailing or Service - Overcast Law Offices Attn: Thomas D. Overcast 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 21-4-00471-04 Presented by: OVERCAST LAW OFFICES By: /s/ Thomas D. Overcast, WSBA No. 14486 Attorney for the Personal Representative. Published in The Leavenworth Echo/Cashmere Valley Record on December 29, 2021 January 5, and 12, 2022. #3259

Public Notices

PUBLIC HEARING NOTICE
Notice is hereby given that the Leavenworth City Council will conduct a public hearing on the Six-Year Transportation Improvement Plan, on Tuesday, January 11, 2022 at 6:45 PM via Zoom Conferencing. See details on final location/ access via the City website at www.cityofleavenworth.com. There are three ways to attend this Zoom meeting: (1) hyperlink <https://us02web.zoom.us/j/89246600311?pwd=TjVHUThGUWUWplbHNxR0hNb0d5YjVYQT09>; (2) Meeting ID: 892 4660 0311 Passcode: 925510; or, (3) call +1 253 215 7822 US The public is invited to attend said hearing and make comment. Chantell R. Steiner Finance Director/City Clerk CITY OF LEAVENWORTH Published in The Leavenworth Echo/Cashmere Valley Record on December 29, 2021. #3256

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of JEFFREY S. SPEIDEL, Deceased. No. 21-4-00444-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: December 15, 2021 Personal Representative: Russell J. Speidel Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: County Superior Court Cause No. 21-4-00444-04 RUSSELL J. SPEIDEL Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807. Published in The Leavenworth Echo/Cashmere Valley Record on December 15, 22, and 29, 2021. #3223

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of CARLA SUE MUSGROVE, Deceased. No. 21-4-00424-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: December 15, 2021 Personal Representative: Shawna L. Smith Attorneys for the Personal Representative: Thomas D. Overcast, WSBA# 14486 Address for Mailing or Service Overcast Law Offices Attn: Thomas D. Overcast 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509)663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 21-4-00424-04 Presented by: OVERCAST LAW OFFICES /s/Thomas D. Overcast, WSBA No. 14486 Attorney for the Personal Representative. Published in The Leavenworth Echo/ Cashmere Valley Record on December 15, 22, 29, 2021. #3209.

Place your Help Wanted and find the best qualified local employee

• Place your ad 24/7 at ncwmarket.com

• Email: classifieds@leavenworthecho.com

• Call 548-5286



Choosing a combination cough, cold medicine

Last month, my husband came home, complaining, "I can't find Nyquil® at the store. They've got everything except plain Nyquil® on the shelf. There's Nyquil® this and Nyquil® that. I just want the stuff I've always used!" My hairdresser grumbled, "I went to the grocery to get some Theraflu®, but did they have that? No! Instead, there were all these other types of Theraflu®. When you feel crummy and go to the store to find something to help, you have to figure out which Theraflu® to get. Why can't it be simple?"



Years ago, cough, cold and flu remedies like NyQuil®, Theraflu®, and Robitussin® had just one or two options available, like the green and red flavors of NyQuil®. These days, with 5 or more different formulas of each brand, choosing the best one for you can be frustrating. The most common product lines with multiple entries vying for your attention include NyQuil®, TheraFlu®, Robitussin®, and Mucinex®. NyQuil® liquid is the oldest product, followed by powdered packets of TheraFlu® and liquid Robitussin®.

My husband wants to keep taking the old formula of NyQuil®. It helped him sleep through the night whenever he had a stuffy head, fever, or body aches. He liked NyQuil® because it was simple to take and really helped him get a good night's rest, helping him recover much more quickly.

The original NyQuil® had 5 active ingredients. It had Tylenol® (acetaminophen) for fever and aches, dextromethorphan for cough, the antihistamine doxylamine for runny nose and sneezing, pseudoephedrine as a decongestant for stuffy nose and sinus pressure, and 25% alcohol. Today, NyQuil® liquid still contains alcohol, but only 10%.

To help you navigate this dizzying array of choices, first decide which symptoms are causing you misery and choose a product that covers those.

Here Are 5 Suggestions for Selecting a Combination Cough and Cold Nighttime Product:

1. Avoid phenylephrine if you take blood pressure medicine.

Phenylephrine is not as effective as the older decongestant pseudoephedrine, but they both can elevate your blood pressure. I recommend you avoid phenylephrine entirely.

2. Avoid products with Sinus or Severe in their name.

These products often contain the decongestant phenylephrine, which doesn't work, and the older product, pseudoephedrine. For best relief of stuffy nose, I recommend taking a different product that contains pseudoephedrine in addition to your cough and cold medicine.

3. Keep track of your acetaminophen (Tylenol®) dose.

Tylenol® (acetaminophen) is in most cough and cold combination products. If you take additional medicines containing acetaminophen, it's easy to get too much. The maximum dose of acetaminophen for healthy adults is 4000mg daily, 3100mg daily for older adults. Those with liver problems or who drink alcohol regularly should check with their doctor before taking acetaminophen products.

4. Avoid Nyquil® if you take medicines that should not be combined with alcohol.

Nyquil® contains 10% alcohol. You should select a different liquid cough and cold product if you take narcotic pain medications or certain prescription medications for anxiety or sleep.

5. Choose between adult and children's formulas.

Many liquid combination products have both adult and children's strengths. When selecting a product, check the label closely.

Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog *TheMedicationInsider.com*. ©2021 Louise Achey

www.leavenworthecho.com
www.cashmerevalleyrecord.com

CROSSWORD PUZZLE

THEME: FOOD & DRINK ACROSS

1. Lettuce variety
5. Drivel
8. CatÉ alternative
11. Cantina cooker
12. Waldorf salad ingredient
13. Animal trail
15. Radio knob
16. Hurry up, acr.
17. One who accepts the offer
18. Anise-flavored spirit
20. "Happily ____ after"
21. Operatic solos
22. ____ Air in L.A.
23. Hairy vertebrate
26. Freed
30. In the past
31. Small type of drum
34. Wine in Italy
35. Charleston, e.g.
37. Chow down
38. a.k.a. honey badger
39. Wet nurse
40. HervÉ Villechaize on "Fantasy Island"
42. Expression of doubt
43. Founding Father
45. City in Japan
47. Shock and ____
48. Jawaharlal's last name
50. "Driest type of sherry
52. a.k.a. black treacle
55. Softly-softly, loris' cousin
56. A Flock of Seagulls' 1982 hit (2 words)
57. Cabbage amount
59. Alexandre Dumas' "The Black ____"
60. What seekers do
61. Consequently
62. Everything

63. Temporary craze
64. Swedish shag rugs DOWN

1. Physique, informally
2. Pelvic bones
3. Spill the beans
4. Certain fir
5. Fusilli or ziti
6. Same as #39 Across, pl.
7. Supreme pontiff
8. Puff
9. Field worker
10. Be off base
12. Capital of Philippines
13. Be at the helm
14. Ballerina-inspired dessert
19. All worked up
22. Granola serving
23. Téa Leoni's "____ Secretary"
24. Old World lizard
25. Unicellular organism
26. Stroke on a green
27. Lithograph, for short
28. Japan to U.S. in WWII
29. Stuffed grapevine leaf
32. Flageolet or azuki
33. Popular breakfast cereal
36. Type of #34 Across
38. Lion sounds
40. One little piggy?
41. Easily available (2 words)
44. One clean one?
46. Betty Crocker fruit snack
48. Waterwheel
49. Serengeti grazer
50. Unplayable baseball
51. It will, contraction
52. Irk
53. Like a ghost
54. Long novel
55. School support org.
58. Opposite of don'ts

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12 days, departs May - Sep 2022

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			4				5			

New Year Celebration!

USDA CHOICE St. Helens BEEF LOCAL Equals FRESH

PREMIUM BEEF BONELESS BEEF TOP SIRLOIN STEAK VALUE PACK

4.98 LB.

COLD WATER LOBSTER TAIL
4 OZ.

9.98 EA.

Colossal ROYAL REDS JUMBO SHRIMP
8 TO 12 COUNT
PREVIOUSLY FROZEN FOR QUALITY

12.98 LB.

TILLAMOOK SOUR CREAM
ORIGINAL OR REDUCED FAT, 16 OZ.

2/\$3

TIM'S OR HAWAIIAN POTATO CHIPS
SELECTED VARIETIES
PARTY SIZE, 16 OZ.

2/\$7

NABISCO SNACK CRACKERS
SELECTED VARIETIES
6.5 TO 9 OZ.

2/\$4

PRINGLES POTATO CRISPS
SELECTED VARIETIES
4.56 TO 5.57 OZ.

3/\$5

Local stores supporting local products.

LOCAL Equals FRESH

FUJI APPLES
CRISP & SWEET

98¢ LB.

TAYLOR FARMS VEGETABLE TRAY WITH RANCH, 40 OZ.

9.98 EA.

FOOD CLUB ICE CREAM
SELECTED VARIETIES
4 QUART

4.98

DIGIORNO OR CALIFORNIA KITCHEN PIZZA
SELECTED VARIETIES
13.4 TO 31.5 OZ.

2/\$10

FUJI APPLES
CRISP & SWEET

98¢ LB.

TAYLOR FARMS VEGETABLE TRAY WITH RANCH, 40 OZ.

9.98 EA.

BEER Favorites

Coors or Coors Light
18 Pack, 12 Oz. Cans

New Belgium Voodoo Ranger IPA
12 Pack, 12 Oz. Cans

Vizzy Hard Seltzer
Variety Packs, 12 Pack, 12 Oz. Cans

Your Choice!

17.98

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RICH & BUTTERY FLAVOR

2/\$5

FRESH EXPRESS CAESAR SALAD KIT
SELECTED VARIETIES, 9.7 OZ.

2/\$5