

Council and planning agency will reconsider

Pateros votes "No" on Airbnb nightly rentals



Steve Hough



Alex Tomason



Kurt Danison

By MIKE MALTAIS STAFF WRITER

PATEROS - Nearly two dozen residents turned out to voice support or opposition of nightly rentals at a public hearing held at the regular monthly meeting of the Pateros City Council on July 17. The hearing resulted from an earlier amendment request by R1-zoned property owners Katie and Paul Servino who have restored their single-family home at 123 Chris Street and want to offer it as an Airbnb nightly rental. The Pateros Municipal Code (PMC) as currently written does not permit that use for R1-zoned single-family residences. The Servino's request for a special waiver could not be granted without allowing every other R1 property the same opportunity. That prompted the city council to instruct the city planning agency comprised of council members Mike Harding, Holly Bange, and city planner Kurt Danison to revisit

the code and submit its recommendation at the public hearing. Danison explained the hearing's background details, reviewed the city's zoning standards, and read statements in support of and opposed to nightly rentals. Danison further said the planning agency recommends that the city deny the Servino's amendment request and instruct the committee to prepare a proposal to amend the zoning code to prohibit nightly rentals in the R2 and R3 zoned districts. As expected, response was divided between those supporting nightly rentals and those opposing them. Steve Hough, who has a nightly rental next door to his Warren Avenue residence, said he supports them. "For the last two or three years everybody who have stayed at that Airbnb have been absolutely wonderful people," said Hough. "They're respectful of the neighborhood and we've never had any

problems with any of them." Angela Van Eysinga suggested that if the council amends the zoning code to allow nightly rentals it should add a provision prohibiting them in any new homes built in the R1 zone. Gurmail Gill of Gill Brothers Real Estate asked if Airbnb's are required to pay hotel/motel taxes and was advised that they pay the same tax as the city's commercial lodging businesses. Gill favors nightly rentals. Attorney Alex Tomason reminded the council that the city has had a stable population of 600 residents for the past 40 years and has only six short-term rentals within the city limits that comprise two percent of the total housing. "If you think restricting short-term rentals... will somehow make housing available for people, it won't," said Tomason. Tomason supported his

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Applicant can appeal

Bridgeport denies downtown auto sales amendment

By MIKE MALTAIS STAFF WRITER

BRIDGEPORT - All seats were occupied at the regular monthly meeting of the Bridgeport City Council last Wednesday, July 19, as city residents weighed in during a second public hearing over whether or not to allow an auto sales business to locate in the city's downtown central business district. Mario Martinez, who owns property at 1130 Columbia Avenue in the city's central business district, advised the council last January that he wants to put an auto sales operation there. The current Bridgeport Municipal Code (BMC) does not permit that use, but does allow it at other locations outside the downtown core. Martinez filed an application with the city for a zoning code amendment to allow his type of business downtown. The council did not approve the planning commission's recommendation to deny the amendment at the first public hearing held May 17. The



Mario Martinez



Daniel Ortiz

council referred the matter back to the planning commission to draft an annual renewable conditional use permit (CUP) for a second public hearing. During that interim the city received letters and petitions that supported or opposed the proposition. City planner Kurt Danison reviewed the previous pro-

ceedings leading up to the second hearing. City clerk/treasurer Judy Brown read each petition and letter at the hearing.
• A petition with 92 signatures supporting the CUP.
• A petition with 38 signatures opposing the CUP.
SEE BRIDGEPORT ON PAGE A2

Bruce Henne replaces George Brady on Pateros Council

By MIKE MALTAIS STAFF WRITER

PATEROS - The Pateros City Council swore in its newest member during opening proceedings of its regular monthly meeting on July 17. Bruce Henne took the oath of office from city clerk-treasurer Kerri Wilson and replaces the late George Brady, former mayor and council member who passed away on June 17 following a brief illness. Okanogan County Under-sheriff Dave Yarnell provided details of an arrest of an individual earlier that day at Pateros Mall on charges of



Bruce Henne takes the oath of office as the newest Pateros city council member.

Fire Chief Kerry Heen reported that the Douglas-Okanogan County Fire District 15 took delivery of a new class A engine located at the Pateros Fire Hall. The council approved a resolution accepting the professional services agreement with Varela & Associates for engineering services for the downtown Pateros Mall pre-design project. City administrator Jord Wilson said the first half of the project was for a consultant's market study on how to facilitate economic activity. The second phase will commence the remodel plan for the mall.

Bridgeport council approves Berryman Park upgrade contract

By MIKE MALTAIS STAFF WRITER

BRIDGEPORT - City Planner Kurt Danison advised the Bridgeport City Council of the latest development regarding funds for upgrading Berryman Park that have "gone from red, to yellow, and - we will get a contract in the mail before too long - it is now green." Mayor Janet Conklin reminded the council what the Gray & Osborne engineering services contract for the project will involve. The \$500,000 grant provides for the first phase renovation of Berryman Park replacing outdated playground equipment, restroom, a picnic shelter and a sports court. The city will also build connecting pathways, add lights, and improve parking. The existing amenities have exceeded their life spans and need to

be replaced for safety and functionality. The city will install a resilient ground surface at the playground, resurface and stripe the sports court for multiple sports including basketball, pickleball, and tennis and renovate or replace the fence. The new pathway will be accessible to people with disabilities and will connect each amenity. The council approved the services contract. Pool resurfacing moves forward Superintendent of Public Works Stuart Dezellem reported on his trip to Spokane to watch the bull hide applicator operation that the city is purchasing to resurface the public pool. The seller is completely rebuilding the unit with new pumps and controllers and expects completion around mid-August. The seller is of-

fering five days of training and will also consult in the actual pool application itself. Weather conditions with little or no wind need to be optimal for the estimated five days it will require to coat the pool surface. Dezellem said he has found many other possibilities to put the applicator to use coating other city structures and equipment including vehicle beds, equipment surfaces, and floors. Port District interest Mayor Conklin said she met with Craig Larsen, Business Development Manager for the Chelan Douglas Regional Port Authority that is interested in participating with city revitalization project by finding and purchasing a usable building in downtown Bridgeport. The port would establish an incubator to help citizens in town who want to start a business.

Parking fines jump

Brewster council addresses hydro event, accessory dwelling units

By MIKE MALTAIS STAFF WRITER

BREWSTER - Jim Labrie, director of last year's first Brewster hydro races, addressed the regular meeting of the Brewster City Council last Thursday, July 20, about this year's event. The races were held on September 10 last year, the same weekend as the Okanogan County Fair. Labrie scheduled this year's races on Labor Day weekend, September 4, to avoid that conflict again. "I'm trying to make it more than just racing boats," said Labrie, "If everything goes right, add more activities to make it more of a community event."

Labrie said he is working with the Boys & Girls Club to host a car show that weekend and is hoping to arrange youngster hydro races in the Cove Park lagoon. "One of the Lone Point waiters said we used to have Bonanza Days here," said Labrie. "Maybe we could do something more like a Bonanza Days." Other ideas Labrie suggested are vendors downtown and a soccer tournament. He asked the city for help promoting the races similar to promotion of the August Salmon Derby. Mayor Art Smyth said the city would be willing to pitch in and suggested Labrie also



Jim Labrie

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# PATEROS

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claim by citing his experience as an estate lawyer handling property succession issues.

“Look at the homes. Look who owns them. What do they do with them?” said Tomason. “They give them to their kids; their kids then sell them to someone on the west side.”

Tomason said nightly rentals will bring more revenue, people, and interest to the town and help revitalize the whole area.

**Lira Sloss, mother of Katie Servino, made several points:**

- Airbnb users bring revenue to city businesses.
- Local builders and workers benefit from the renovation work.
- Renovated homes for Airbnb clients improve the appearance of the town.
- Because they attract a different clientele Airbnb's do not take business away from hotels and motels.
- Non-waterfront homes should have the same rental opportunities as waterfront homes.

Mary Haas, a 23-year resident said that while she does not oppose nightly rentals, she has an issue with town visitors who do not think the local ordinances apply to them.

“They race their dirt bikes or little quads up and down the street, their snowmobiles in the wintertime,” said Haas. “They don't wear their helmets; they don't obey the laws.”

Haas pointed out that over the July 4th holiday fireworks were being fired off near the tennis courts despite regular patrols by the fire department.

“But that didn't stop them, and it didn't stop the noise,” Haas said.

Riverside Drive resident Jim Beardon agreed with Haas and cited his own sightings of disregard of local laws. He cautioned the city against creating more of a problem for law enforcement that is already spread thin in the county and creating an Airbnb problem comparable to the City of Chelan.

“When you want to think about generating revenue,



Jim Beardon



Lira Sloss



Mary Haas



Gurmail Gill



Angela Van Eysinga



Charlene Knoop

you're going down a real slippery road,” Beardon said.

Danison said other cities around the area are trying to strike the right balance for Airbnb use. He added that while there are valid arguments from both sides, the council has three choices:

1. Accept the planning agency's recommendation and finding of fact.
2. Modify the planning agency's recommendation as the council chooses.
3. Send it back to the planning agency to consider suggested options.

Pateros council member Frank Herbert reminded the meeting that increasing prices of homes in Pateros compel most people who move to Pateros to rent rather than purchase a house.

“How many houses are for sale in Pateros on Zillo right now?” asked Roberts.

Answering his own question Roberts said there are only two currently on the market “and the cheapest one is \$500,000, so most people need to rent.”

Charlene Knoop said her research shows eight nightly rentals in the city rather than six. With approximately 200 homes in Pateros that is close to a five percent cap which she supports.

Tomason suggested that the city can craft a plan that facilitates local growth without ruining neighborhoods. He cited three points:

1. Ordinance violations are an enforcement issue and bringing in more revenue to the city is one route to affording more law enforcement to deal with that.
2. Chelan County has a five percent cap on nightly rentals.
3. Other counties have a three-citation rule for nightly rentals wherein licenses can be revoked.

Following the planning agency's recommendation, the council voted unanimously to deny the requested zoning code amendments that would change nightly rentals from a prohibited to an allowed use and requested that the planning agency prepare a proposal to amend the zoning code to prohibit nightly rentals in the R2 and R3 zoning districts. The proposed amendments should include provisions for grandfathering the permitted existing nightly rentals in R2 and R3 zones.

Herbert recommended that the council and planning agency take time to re-evaluate the R1 request even if it stays the same as the motion states.

# BRIDGEPORT

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- A petition with 16 signatures opposing the CUP.
- A petition with 4 signatures opposing the CUP.
- Two letters from residents opposing the CUP.

City attorney Julie Norton also submitted questions and clarifications including a new code section related to the CUP.

Testimony from the audience included:

- Daniel Ortiz said the business would work with any CUP conditions the city requests and that the intent is to bring more business to the community.
- Mario Martinez said he was confused by those who claim to want business to come to Bridgeport yet do not support the auto sales or patronize local businesses.
- Meredith Spencer said all the people she has spoken to oppose having an auto sales business in the downtown core be-



Meredith Spender



Liz Jenkins



Ken Krugel



Kurt Danison

cause the city has other locations more suitable.

- Liz Jenkins said the proposed change goes against the community revitalization plan.
- Ken Krugel said the original idea of the central business was for foot traffic and that an attempt to locate a gas station there was denied years ago. He also cited a BMC provision that requires all materials, equipment, or product must be located inside a building or behind a screening wall.
- Juan Torres, speaking in support of auto sales, said the business would never have more than four cars and a repair shop would be

located off-site on Bridgeport Bar.

Danison said the council had three options:

1. Deny the amendment.
2. Accept the planning commission's recommendation as modified which would result in the code being changed.
3. Make any changes to the amendment per council's request.

Council member Mike Bjornstad's motion to accept the planning commission's original recommendation to deny the amendment was seconded and approved with one dissenting vote.

After the council's decision is published Martinez has 14-21 days to appeal the council's decision to the Douglas County Superior Court.

# BREWSTER

CONTINUED FROM PAGE A1

contact the Brewster Chamber of Commerce and get it on board.

City Director of Finance Misty Ruiz added that funds from the hotel/motel taxes may be available to help cover costs.

“As long as you provide the invoice that shows you're going to put heads in beds there is \$10,000 available for that,” Ruiz said.

Labrie said his Region 10 racing group holds hydro races in Pateros, Chelan, and Entiat as well as Brewster.

“Pateros is two weeks before here,” said Labrie. “I get a lot of people to come up for that and I'm hoping the retired people might want to stay, get camp spots, and hang out for a couple weeks and enjoy our area.”

Police Chief Marcos Ruiz requested street closure on Third Street near city hall from Indian Avenue to Main Street on August 19 for an End of Summer Hangout and child car seat clinic.

**Parking fines jump**  
Ruiz also asked the city to increase summer parking fines from \$20 to \$250 to convince violators to obey no parking signs.

“We are not looking to make revenue here,” Ruiz stressed. “What we're looking for is a change in behavior.”

Ruiz cited cases where illegally parked vehicles block critical access to water sources that might be needed in the event of a fire. Mayor Smyth endorsed the need to increase the fine.

“The reason this came about is the ticket is just \$20,” said Smyth, “So they (parking violators) ask if they could just give us \$100 because they plan to be here for five days.”

“The officers are ineffective because they have no means of recourse,” Ruiz added.

The council unanimously approved the fine increase for the summer months.

“You go talking \$250, someone is going to listen,” council member Glenn Farrington observed.

**Ice Pigging praised**  
Last month's ice pigging project that flushed city water lines was labeled a huge success for improving water quality.

“We have had zero black water complaints – zero – since we did this,” said Misty Ruiz. She had high praise for Michelle Johnson with J-U-B Engineers for making it happen.

“We talked about this for years and the people quit on

business; they could not make it happen, and Michelle made it happen for us,” Ruiz said.

In other business the council discussed another proposed crosswalk on Highway 97, the need for larger trash containers where excess garbage is problematic, and accessory dwelling units.

**Accessory dwellings undressed**

The city does not have any code provisions that address nightly or short-term rentals, but it does have a significant number of accessory dwelling units being rented for living space. Public works director Lee Webster gave the numbers.

“Inside the city limits there are 99 garages, RVs, etc., that are being lived in,” said Webster. “That's 99 water, sewer, and garbage bills that are not being paid or generated; people living in sub-standard conditions, and so on.”

Webster said he would like to see the city adopt regulations that are acceptable for all cases. That led to an extensive exchange over how to address accessory dwelling units and overnight rentals. City attorney Chuck Zimmerman will look into options for the city to consider as possible code amendments to address what is likely to become a growing issue in the city.

**Project bids received**

Webster reported that the city received four bids for the Old Highway 97 project scheduled to start sometime after April next spring. The bids range from \$1.1 million to \$1.54 million. The city's original match for that funding was \$200,000 but funds received from the state reduced the city match to near zero.

Work on the airport project will be underway before next month's council meeting.

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131 S. Apple Blossom Drive #109,  
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**On The Internet**  
website:  
www.qcherald.com  
news e-mail:  
qchreporter@gmail.com  
advertising e-mail:  
ruthk@lakechelanmirror.com

**Services**  
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**Contact Information**

**Publisher**  
Carol Forhan • 509-548-5286  
publisher@leavenworthecho.com  
Bill Forhan, Publisher, Ex Officio

**Reporter/Photographer**  
Michael Maltais  
qchreporter@gmail.com

**Reporter/Photographer**  
lcmcditor@gmail.com

**Advertising Sales Director**  
Carol Forhan • 509-548-5286  
carol@leavenworthecho.com

**Advertising Sales**  
RuthEdna Keys • 509-682-2213  
ruthk@lakechelanmirror.com  
Lindsay Timmermans  
509-860-7301  
adexec1@ncwmedia.net

**Contact Information**

**Classifieds/Legals**  
Laura Husa  
heraldads@qcherald.com  
**Circulation:** 509-293-6780  
Laura Husa  
circulation@lakechelanmirror.com

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**OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT**

**Douglas County Sheriff's Office**

**July 14**  
 08:19 Injury Accident, McNeil Canyon Rd. MP 2, Orondo  
 09:53 Trespassing, 205 W. Brich St., Waterville  
 10:35 Parking/ Abandoned Vehicle, 85 Washburn Ave., Bridgeport  
 17:09 Public Assist, 5 Richards Ave., Bridgeport  
 18:00 Extra Patrol, 309 S. Central Ave., Waterville  
 20:57 Animal Problem, 568 SR 173, Bridgeport Bar

**July 15**  
 01:43 Disturbance, Douglas Ave. and 11th St., Bridgeport  
 07:22 Agency Assist, 508 E. Poplar St., Waterville  
 07:36 Vehicle Theft, 120 2nd St., Bridgeport Bar  
 08:11 Agency Assist, 85 Red Hawk Dr., Orondo  
 09:55 911-call, 2400 Tacoma Ave., Bridgeport  
 15:33 Public Assist, 500 block McNeil Canyon Rd., Orondo  
 17:05 Agency Assist, US Hwy. 97 and Fisher Ln., Orondo  
 19:14 Noise Complaint, 1708 Fisk Ave., Bridgeport  
 19:31 Non-injury Accident, US Hwy. 97 and Goldy Ln., Orondo  
 20:10 Noise Complaint, 776 SR 173 Bridgeport Bar  
 22:04 Noise Complaint, 776 SR 173, Bridgeport Bar  
 22:26 Noise Complaint, 1512 Fairview Ave., Bridgeport  
 22:48 Noise Complaint, 1336 Foster Ave., Bridgeport

**July 16**  
 06:26 Noise Complaint, 19 Moe Rd., Bridgeport Bar  
 08:55 Property, 801 Jefferson Ave., Bridgeport  
 17:57 Hazard, 401 Rd. C SW, Waterville  
 21:05 Domestic Disturbance, 1631 Raymond Ave., Bridgeport

**July 17**  
 05:17 Trespassing, 300 Rd. M SW, Waterville  
 08:18 Agency Assist, 70 Buckingham Aly, Bridgeport  
 09:03 Domestic Disturbance, 700 Fairview Ave., Bridgeport  
 12:58 911-call, 111 Hummingbird Rd., Waterville  
 13:26 Property, 2400 Tacoma Ave., Bridgeport  
 15:11 Public Assist, 3 Patricia Ln., Orondo  
 16:34 Assault, 1108 Columbia Ave., Bridgeport  
 23:28 Suspicious Circumstance, 442 Columbia Ave., Bridgeport

**July 18**  
 02:17 Agency Assist, 218 W. Walnut St., Waterville  
 20:21 Agency Assist, 106 Hummingbird Rd., Waterville  
 11:14 Animal Problem, 30 Richards Ave., Bridgeport

**July 19**  
 00:15 Noise Complaint, 23459 US Hwy. 97, Orondo  
 05:00 Marine, Columbia River near Pateros  
 09:22 Domestic Disturbance, 401 W. Ash St., Waterville

**July 20**  
 08:07 Animal Problem, 503 E. Birch St., Waterville  
 09:36 CPS/ APS Referral, 262 Brays Landing Rd., Orondo  
 11:04 Civil Dispute, 106 Hummingbird Rd., Waterville  
 13:49 Traffic Offense, McNeil Canyon Rd. MP 1, Orondo  
 17:35 Attempt to Locate/ Contact, 107 Falcon Ridge Rd., Waterville

**Brewster Sheriff's Department**

**July 13**  
 10:23 A boat reportedly disconnected from a caller's truck on S. 7th St. and Sun-

set Dr. in Brewster, causing a traffic hazard.  
 13:14 A caller reported a male and female subject arguing at Cascade Columbia RR in Brewster, and advised the female said she wanted to drown herself.  
 19:25 A caller at Brewster Marketplace reported three suspicious male subjects pushing a shopping cart with alcohol.  
 20:41 A civil dispute was reported on W. Cliff Ave. in Brewster when a caller's son went to retrieve a dog that chased a neighbor's cat, the neighbor said she was going to kill the dog.

**July 14**  
 No local reports.

**July 15**  
 05:52 A courtesy ride was requested for a patient to his residence from Hospital Way in Brewster.  
 09:58 An agency assist was requested on Washburn Ave. for a warrant arrest.  
 17:45 A citizen assist was requested on S. Bridge St. in Brewster.

**July 16**  
 18:44 A 55-year-old male subject was reported passed out and not responding on Lakeview Way in Brewster.  
 21:13 A missing 3-year-old brown, white and yellow ferret was reported S. Bridge St. in Brewster.  
 21:22 An agency assist was requested on Raymond Ave. in Bridgeport to assist with a domestic case.

**July 17**  
 04:45 A burglary alarm was triggered on E. Main Ave. in Brewster.

**July 18**  
 05:57 A vehicle prowler was reported on W. Bruce Ave. in Brewster when a caller's back seat window was broken and the car was broken into.  
 06:11 A caller on W. Indian Ave. in Brewster reported two to three subjects calling them names.  
 21:57 A transport to the hospital was requested from W. Indian Ave. in Brewster but was called off when a brother took him.

**July 19**  
 03:50 A vehicle prowler was reported on Hwy. 97 in Brewster and the caller's phone was stolen while they were inside the gas station.  
 07:11 A parking problem was reported on W. Cliff Ave. and S. 7th St. in Brewster.  
 20:07 A citizen assist was

reported on Hwy. 97 when a caller reported they were stuck in the area, just got discharged from the hospital, and wanted to know where they could pitch a tent without getting into trouble.  
 23:31 A female subject requested a ride home from Hospital Way.  
 23:34 A caller on W. Cliff Ave. reported they believed people were shooting fireworks from behind a nearby residence.

**July 20**  
 10:07 A parking problem was reported on W. Bruce Ave. and S. Bridge St. in Brewster.

**Okanogan County Sheriff's Office**

**July 13**  
 16:59 A caller on Hwy. 153 and Burma Rd. in Pateros reported seeing what looked like suspicious bones.  
 22:43 A large bonfire was reported behind a trailer on Schnibbe Rd. in Brewster.

**July 14**  
 18:09 An agency assist was requested on Hwy. 97 in Pateros for a broken water line washing mud onto the highway.  
 09:00 Theft of a canopy out of a dog kennel was reported on Golf Course Dr. in Pateros and garbage cans were thrown, and they had been in the chicken coop.

**July 15**  
 No local reports.

**July 16**  
 02:26 A noise complaint was received from Pedersen Rd. in Pateros for loud music.

**July 17**  
 07:50 A caller reported they wanted to put a gun on consignment at Pateros Mall and the store said they would sell for the caller, the store reportedly sold them but had not paid the caller.  
 11:51 A burglary was reported on Lakeshore Dr. in Pateros and a door was reportedly busted to the caller's business.  
 12:18 Criminal mischief was reported at Pateros Mall for a reported homeless male subject with his pants down.

**July 18**  
 21:57 A transport was requested then called off for a subject on W. Indian Ave. in Brewster to the hospital, as a family member drove them.

**July 19**  
 10:04 A burglary alarm was reported on E. Main Ave. in Brewster.

**DOUGLAS COUNTY PUBLIC UTILITY DISTRICT**



Courtesy Douglas County PUD  
**Amber Bollinger, Purchasing Clerk (second from left) was awarded with her twenty year service award, at the July 22 Douglas County PUD meeting. Pictured with her, left to right are: Commissioner Viebrock, Commissioner Simpson, and Commissioner Skagen.**

SUBMITTED BY MEAGHAN VIBBERT, DOUGLAS COUNTY PUD

**EAST WENATCHEE** - Douglas County PUD Commissioners Ronald E. Skagen, Aaron J. Viebrock and Molly Simpson executed the following actions during the July 11, Commission meeting held at the District's East Wenatchee office:  
 • Awarded Amber Bollinger, Purchasing Clerk with her 20 year service award.

Commissioner Skagen thanked Amber on behalf of the citizens of Douglas County for her many years of service. She thanked the Commission about various roles she has had at the utility and said, "It's been a pleasure to work at Douglas PUD. I'm excited to see what's in the future."  
 • Approved an Interlocal Agreement for Telecommunication Infrastructure Usage with Chelan

PUD. Cooperative action between the Districts will result in savings to the public and will better serve the needs of each District.  
 • Heard a report on the Douglas County Community Network. The network currently has 7,898 end users.  
 The next regular meeting of the Commission is scheduled for 1:30 p.m. on August 8, at the District's East Wenatchee Office.

**Newhouse helps lead legislation to secure American elections**

SUBMITTED BY MIKE MARINELLA, OFFICE OF REP. DAN NEWHOUSE

WASHINGTON, D.C. - Last week, Rep. Dan Newhouse (R-WA) helped introduce the American Confidence in Elections (ACE) Act alongside House Speaker Kevin McCarthy (R-CA) and House Administration Chair Bryan Steil (R-WI). The bill equips states with election integrity tools and protects political speech.

"Our democracy relies on safe and fair elections, and we must take every step necessary to restore voter confidence and participation," said

Rep. Newhouse. "The American Confidence in Elections Act is the most conservative, transformative election integrity bill in the House in over 20 years, and I am proud to support it. Providing our states with the tools to improve voter confidence will help restore government by the people, for the people."

**Background:**  
 The American Confidence in Elections (ACE) Act is a federalist approach to boost voter confidence and encourage states to implement common-sense election integrity reforms by removing federal policies that stand in their

way. Some of the most important provisions include:  
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 • Prohibiting federal funds from going to places that allow non-citizens to vote and stops non-citizens from voting in D.C.  
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www.cbcbrewster.com  
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 - Matthew 19:26

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**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to heraldads@qcherald.com or NCWMARKET.COM
- For more info call: Quad City Herald at 509-689-2507
- Email to: ruthk@lakechelanmirror.com

**OBITUARIES**

**George Brady**

George L. Brady was born January 30, 1947, to George and Ella Brady of Buena, Washington.



Growing up on a farm, George learned about hard work, horticulture, and the habits of farm and wild animals often using that knowledge in later life.

At around eight years of age, George began spending his free time in the woods around the Yakima River. He was coached by the local game warden on how to recognize animal tracks and set traps. At 10 years old George became a member of the Washington State Trappers Association.

George collected foreign stamps which sparked his interest in other countries and travel. He spoke two languages, learned to play the accordion and was a member of the Boy Scouts.

George graduated from WSU and was hired by the Washington Dept. of Fish & Wildlife. He studied Ornithology and was a Master Bird Bander.

George was elected to Pateros City Council where he spent 20 years serving as a council member and two years as Mayor. He was appointed to the Solid Waste Advisory Committee. He served on the Community Economic Revitalization Board, CERB, for

five years. He also served on the Economic Alliance Board for 16 years.

George passed away on June 14, 2023, after a short battle with cancer.

He is survived by his wife, Brenda. His son, Dan Brady, and daughter-in-law Aera. Daughters, Sheri Whitfield, Julie Herbert and her husband Frank Herbert and granddaughter Madeline. A niece, Betty LaRoche, and several extended family members. George will be missed. His laughter and ability to tell great stories will linger with anyone who knew him.

A Celebration of Life was held July 21, 2023, at City of Pateros Memorial Park. Everyone was invited to bring their George stories.

*Excess water causes traffic diversion*



Westbound traffic on Highway 97 was diverted between Pateros and Brewster last Friday evening, July 14 as a crew responded to excess water and a minor mudslide encroaching onto the roadway. Mike Maltais/QCH

**COMMUNITY BULLETIN BOARD**

**July 26, 28**

**Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery**

BREWSTER – The Senior Center is now serving meals at Noon, at the center on Tuesdays,

Wednesdays and Fridays. Home delivered meals are delivered those same days. Please call 509-689-2815 to reserve meals. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. July 26: Hot Dog, Potato Salad, Pea Salad, Strawberry Shortcake; July 28: Fish & Chips, Coleslaw, Grapes, Garlic Toast, Dessert

able scenery picture, and the lucky raffle winner will receive this unique piece. Other activities include a "Jail & Bail" game, where participants can be "arrested" and "bailed out" for a donation to Hope. To learn more and to purchase tickets visit ChelanValleyHope.org/hh or HopeHH.Eventbrite.com

**July 27**

**Bingo**

BREWSTER - Brewster American Legion Bingo every Thursday night at 6 p.m. Card sales start at 5 p.m. - Be early.

**July 28**

**Dance lessons**

BREWSTER - Dance lessons by Jen Phillips at the American Legion for Country Cha Cha Dancing. For information to join, contact Jen to sign up or for more info at 509-679-2582. Lesson is 6:30-8 p.m.

**August 2**

**American Legion Auxiliary to meet**

BREWSTER – The American Legion Auxiliary #97 meets the first Wednesday of each month, at the American Legion Hall at 6 p.m.

**August 2, 16**

**American Legion meetings**

BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

**August 8, 22**

**Douglas County PUD meetings**

EAST WENATCHEE – The next meeting of the Douglas County PUD Commission is at 1:30 p.m. in the East Wenatchee office.

**August 8**

**Survivors of Suicide Loss Support Group**

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcf-wenatcheevalley.org

**August 9**

**Brewster Chamber to meet**

BREWSTER – The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, July 12, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

**August 10, 17**

**Brewster bus trips**

BREWSTER – OCTN takes Brewster area resident to Wenatchee, second Thursday of the month. That next trip is August 10. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, August 17 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

**August 14**

**Okanogan County PUD meeting**

OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners is at 3 p.m. For more information okanoganpud.org

**August 14**

**Okanogan County Fair Advisory Committee**

OKANOGAN – The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

**August 21**

**Family and friends Support Group**

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcf-wenatcheevalley.org

**OKANOGAN COUNTY COMMUNITY ACTION COUNCIL**

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A new tax credit for Washington workers.  
Apply in 2023 if you:

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**Obituary & Memorial Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald: An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 682-2213 or 689-2507 for more information Or email ruthk@lakechelanmirror.com



THE WASHINGTON OUTDOOR REPORT



Courtesy John Kruse

Josie Regula with her big halibut.

Josie and the tomcats go to Alaska

BY JOHN KRUSE

The first time I met Josie Regula was when she boarded our charter boat, the Mystic Lady, at Sportsman's Cove Lodge on Prince of Wales Island in Southeast Alaska. The 50-something year-old woman was accompanied by her husband, Max. The two had come here from San Diego, California to fish for salmon, halibut, cod and more during a three-day stay at this luxury Alaska fishing lodge.

It turns out Josie isn't shy. As she boarded the boat for an orientation prior to the next morning of fishing, Josie let us know this was her very first fishing trip. She then told all of us with much bravado she intended to catch the biggest

fish on the boat and probably the most as well.

Her husband Max looked shyly downward but the rest of us did not. Her shipmates were myself, my best friend Rusty Johnston, well known Pacific Northwest outdoors writer Terry Sheeley, Frank Skipworth (a veterinarian from Kentucky), and the Captain of the Mystic Lady, Steve Helton. I think Josie was expecting a chorus of loud guffaws and snorts from us but several of us nodded in agreement and said there was a good chance she would do just that.

Josie looked momentarily confused until I explained first time anglers, especially women, tended to out fish their male shipmates because they had not formed a lifetime of bad habits like the rest of us had. Add to that, first time women anglers tend to not only pay attention to the fish-



Courtesy John Kruse

Sportsman's Cove Lodge on Prince of Wales Island in Southeast Alaska.

ing advice dispensed by the captain, but actually follow it. Several of us went on to say we had indeed seen women with no experience catch the biggest fish or the most fish because of this.

I'm not sure Josie believed what she was telling us but we all knew her prediction could well come true.

When I asked Josie her name, she said it was "Josie, like Josie and the Pussycats." Being all over 50 years of age on the boat, we all recognized the reference to the old television cartoon show featuring Josie, the star of a female rock band, and her supporting cast the Pussycats. With all of us being men Terry Sheeley said we wouldn't be the Pussycats as her band members, but we would be willing to be the Tomcats. And with that, the fishing band was formed.

On our first morning we fished a large sandy bottom flat that was about 260 feet deep, a non-descript part of the ocean some 35-minutes away from the lodge by boat. Dropping down our bait of herring with 12-ounce lead weights on a short leader we began to jig for halibut and wouldn't you know it, Josie caught the first fish of the day, a healthy five-pound true cod. Josie's luck, and learning curve, increased over the next

three days of fishing and she reeled in more than her share of cod, halibut and salmon but it was our third day of fishing that Josie played her greatest hit.

The weather the first two days was mild but our final day on the water was a rough one. We endured a steady drizzle most of the day and rough seas that had Josie feeling under the weather.

In fact, despite the fact she took Dramamine to combat motion sickness, she became sea sick. I'll give her credit though; she stuck it out on deck as we jigged for halibut during a slow morning of fishing that only yielded a few smaller halibut and true cod.

Then, Josie's rod tip bent down in a big way. She set the hook and the fight was on. The fish Josie hooked was definitely no small halibut; oh no, it was a very big one. Josie, who was not above using colorful language, used it in abundance during the fight that

followed with this Goliath of a fish. Having never battled a big fish before, she decided to kneel down on the deck on one knee and brace her fishing rod against the deck rail as she reeled. It was an unorthodox way to fight a fish but it worked. The fish made several runs towards the bottom, robbing Josie of line as it did, and each time the fish made a run Josie would loudly express her dismay. However, Josie stuck it out, kept reeling and eventually, after a long fight, got that halibut to the surface.

The fish was brought on



Courtesy John Kruse

Josie with a nice chum salmon.

board and it measured well over the 40 inches where non-resident charter anglers are allowed to keep a halibut in this part of Alaska. In fact, that fish measured a whopping four-feet and weighed an estimated 53 pounds. After snapping a few photos, that halibut was released back into the sea unharmed to grow even bigger and Josie's day one prediction of catching the biggest fish on the boat came true.

After taking a short break to deal with fatigue from both the fight and sea sickness she was right back on the rail for the final afternoon of fishing,

reeling in half a dozen salmon in the process. In the end it just goes to show first time female anglers really can out fish all the experienced men on board, and Josie's Tomcats were more than happy to be her supportive band as she performed her greatest hit.

If you would like to find out more about the first-class fishing adventures available at Sportsman's Cove Lodge for anglers of any experience level, go to their website at [www.alaskasbestlodge.com](http://www.alaskasbestlodge.com).

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)



Courtesy Brooke McGuire

Morgan McGuire and her quarter horse, Squirrel, are turning heads as well as turning barrels.

Morgan McGuire on fire in barrel racing

BY MIKE MALTAIS  
STAFF WRITER

CODY, WYOMING - Brewster High School junior Morgan McGuire is not only an All-League First Team standout in basketball and volleyball, she is also an award-winning rodeo competitor as well.

Astride her 10-year-old quarter horse, Squirrel, McGuire posted a blazing barrel racing time of 18.83 seconds good for second place in the Cody Stampede Rodeo billed as the "Rodeo Capitol of the World."

And Cody was just a stop-over.

McGuire's mother, Brooke, wrote that the family was heading to the week-long finals of the National High School Rodeo in Gillette, Wyoming, from July 16-23.

McGuire has been competing in the Washington State Junior Rodeo Association (WSHRA) for the past three years and before that in the Caribou Junior Rodeo Association and National Barrel Race Association (NBRA) for the past six years. Her first place standing in the state's

pole bending event qualified McGuire for the national finals which includes the top four finalists from each state and from Australia, Canada, and Mexico.

As a rodeo competitor since she was 10 years old, McGuire has experience in breakaway roping, goat tying, pole bending, and barrel racing. While she is an outstanding athlete on the court, her mother said "her true love is for rodeo."

McGuire has her sights on college-level rodeo and a spot in veterinary school.

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**The Lake Chelan or Quad City Herald** or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) For

**The Leavenworth Echo or Cashmere Valley Record**  
Call 509-548-5286 or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

### Employment

### Help Wanted

School District is seeking qualified applicants for the following position:

**Cascade High School Assistant Cross Country Coach**

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

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### Help Wanted

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Full-time (36 plus hours per week), schedule may vary, position available now; hourly non-exempt. Compensation is \$19.37-\$20.94 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, (see website for benefit details) sick leave and vacation. Commercial Driver's License with Passenger Endorsement preferred. Please visit [www.okanogantransit.com](http://www.okanogantransit.com) for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to [financehr@okanogantransit.com](mailto:financehr@okanogantransit.com), mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application deadline: Application review will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

School District is seeking qualified applicants for the following positions:

- Swing Shift Custodian (3 Hours)
  - Day shift Custodian
  - 2 Bilingual Secretaries
- Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

School District is seeking qualified applicants for the following position:

**Icicle River Middle School 7th Grade Science Teacher**

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

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**Lake Wenatchee Water District Small Works Roster**  
Lake Wenatchee Water District is now accepting applications from suppliers and /or contractors to be included on the Utility's Small Works Roster. The following Roster of categories, not all inclusive, to contract, lease or purchase items or services consists of: Construction & Maintenance Services, to include Building Contractors, Snow Removal, Tree Trimming, Excavation, Materials, and Supplies. If interested, an application can be found on our website [www.lakewenatcheewaterdistrict.org](http://www.lakewenatcheewaterdistrict.org) or request one by mailing P.O Box 2813 Leavenworth, WA 98826 or calling 509-679-1353.

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### Garage & Yard Sale

**City of Leavenworth Surplus Garage Sale**  
We are hosting a garage sale of items that the City no longer uses. There will be office supplies, furniture, tools and much more. The sale will take place during the Farmer's Market on July 27, 2023 from 4:00-7:00 PM The sale will be held at the Osborn Elementary Gym at 225 Central Ave...follow the signs!

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**For Sale: AMEREX** Carbon dioxide commercial fire extinguisher. \$50 Call 509-670-1723

**Items for sale:**  
1960's Gray metal kitchen table-\$50  
4 metal-framed chairs with burgundy cloth seats \$50  
Nice wooden, 2 drawer legal file with folders,\$40  
4 drawer standard size black metal file cabinet with folders \$50

Several desk cloth chairs \$25 each.

Some misc. wood tables Make offer. Call Carol 509-670-1723 to see.

### Real Estate

### Rentals

**Arts and Crafts Retreat In Chelan**  
Mountain Lake View vacation or vocation private, fully furnished on four acres. \$1700 monthly plus returnable deposit. [windowsart.com](http://windowsart.com) Ron

### Legals

### Public Notices

### ADVERTISEMENT FOR BID BREWSTER TRANSPORTATION COOPERATIVE

Sealed bids will be received by the Board of Directors of Brewster School District, at 520 W. Main Street, Brewster, WA 98812, for the construction of the Brewster Transportation Cooperative. Sealed Base Bids must be received by 3:00 pm local time on August 30, 2023, and must be marked "Sealed Base Bid – Brewster Transportation Cooperative". Sealed Alternate Bid and Supplemental Bid Forms A-Part-1, B, C, and D, must be received by 4:00 pm local time on August 30, 2023, and must be marked "Sealed Alternate Bid Forms – Brewster Transportation Cooperative". Bids received after this time will not be considered. Sealed bids will be opened and publicly read at 4:00 pm on August 30, 2023. Sealed Supplemental Bid Form A-Part-2 must be received forty-eight hours after Base Bid is due. Project documents are available for at [www.architectswestplans.com](http://www.architectswestplans.com). Bidders may download digital files at no cost. Hardcopy sets may be purchased. Bidders are encouraged to register as a plan holder at [www.architectswestplans.com](http://www.architectswestplans.com), and select "Add me as a Plan Holder". Questions regarding the plan room contact Auron (509) 747-2964 or [repro@abadanspokane.com](mailto:repro@abadanspokane.com). A complete set of contract documents will also be filed with the Plan Centers listed at [www.architectswestplans.com](http://www.architectswestplans.com). A Non-Mandatory Pre-Bid Conference will be held on Tuesday, August 8, 2023, at 10:00 am, at High School Parking Lot, 503 S. 7th Street, Brewster, WA 98812. No bidder may withdraw his bid after hour set for opening thereof, unless award is delayed for a period exceeding 45 days. The Brewster School District reserves the right to reject any or all bids and to waive informalities or irregularities in any bid. BREWSTER SCHOOL DISTRICT LYNNETTE BLACKBURN, SUPERINTENDENT Published in the Quad City Herald July 19, 26, 2023. #6037

## AMBUSH AUTOMOTIVE BUYERS

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



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- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)



**Public Notices**

**The Brewster School District has declared the following as surplus:**

The minimum bid is \$3,000. These items are available to the public or private schools for 30 days. August 25th, 2023, after that, the surplus items will be offered to the public/destroyed or given to non-profit on August 26th, 2023.

Sealed bid will be accepted until 3pm August 25th, 2023. Bids will be opened August 25, 2023, at 3:30 pm.

Bids are to be delivered to the Brewster School District Office located at 520 W Main St in Brewster, WA 98812.

1989 Chevrolet Blazer V1500  
½ ton 4 WD  
5.7 L 350 CID V8  
32,952 miles  
VIN #1GNWEV18KXKF172045

Blizzard Speed Wing snowplow  
Model # 760SW  
Published in the Quad City Herald July 26, August 2, 2023. #6059

**Public Notices**

**SUPERIOR COURT OF WASHINGTON STATE COUNTY OF OKANOGAN United States Department of Agriculture (USDA), Plaintiff, v. Helen M. Snyder, an individual or marital community thereof; and John and Jane Does I through X; occupants of the subject real property; and all other persons or parties unknown claiming any right, title, interest, lien or Estate in the property herein described, Defendant(s). No. 23-2-0023724 SUMMONS (60 days)**

TO THE DEFENDANTS: A lawsuit has been started against you in the above entitled court by United States Department of Agriculture (USDA), Plaintiff. Plaintiff's claim is stated in the written complaint, a copy of which is available upon request and is on file with the court.

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after 19th day of July, 2023 and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff, and serve a copy of your answer upon the undersigned attorneys for plaintiff at his (or their) office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. The purpose of this suit is to foreclosure on your interest in the following described property:

LEGAL DESCRIPTION: Lot 11 and 12 EXCEPT the East 62.3 feet thereof, Block 121, Townsite of Omak, as per plat thereof recorded in Volume D of Plats, Page 31, records of the auditor of Okanogan County, Washington. Which is located at: 615 7th Ave E, Omak, Washington 98841

In order to defend against this lawsuit, you must respond to the complaint by stating your defense in writing, and by serving a copy upon the person signing the summons within 60 days after the service of this summons, excluding the day of service, or a default judgment may be entered against you without notice. A default judgment is one where plaintiff is entitled to what he or she asks for because you have not responded. If you serve a notice of appearance on the undersigned person, you are entitled to notice before a default judgment may be entered.

IMPORTANT NOTICE If judgment is taken against you, either by default or after hearing by the court, your property will be sold at public auction. You may prevent the sale by paying the amount of the judgment at any time prior to the sale. If your property is sold, you may have the right to redeem the property during the redemption period if applicable, by paying the amount for which the property was sold, plus interest and costs of the sale. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your written response, if any, may be served on time.

This summons is issued pursuant to rule 4 of the Superior Court Civil Rules of the State of Washington. Dated this 20th day of June, 2023. WONG FLEMING Vanessa Moore, WSBA No. 52668 Attorney for Plaintiff Published in the Quad City Herald July 19, 26, August 2, 9, 16, 23, 2023.#5994

**Public Notices**

**Notice of Decision**

The City of Pateros is hereby providing a notice of decision by the City Council regarding the denial of the request by Katie Sloss and Paul Sorvino of La Mesa, California to amend the District Use Chart in Table A Chapter 17.12 and Chapter 17.12.020 B of the Pateros Municipal code to change Nightly Rental from a prohibited to an allowed use in the R1 Zoning District subject to an Administrative Permit. Appeals by parties with standing must file a written appeal with the Okanogan County Superior Court within 21 days of issuance of the notice of decision (August 17, 2023). For more information call Kerri Wilson, City Clerk at (509) 923-2571. Published in the Quad City Herald July 26, 2023. #6049

**Public Notices**

**NOTICE OF MEETING TO ADOPT 2023-2024 BUDGET AND CONDUCT PUBLIC HEARING**

Notice is hereby given, pursuant to RCW 28A.505.050 and RCW 28A.505.060, that the Board of Directors (the "Board") of Bridgeport School District No. 075, Douglas County, Washington (the "District") will hold a regular meeting on July 31, 2023, commencing 6:00 PM in the Bridgeport Middle School Cafeteria of the Bridgeport School District, located at 1300 Douglas Avenue, Bridgeport, Washington. The meeting is called for the purpose of fixing and adopting the budget of the District for the ensuing 2023-24 fiscal year. Prior to adoption of the 2023-24 budget, the Board will hold a hearing on July 31, 2023 commencing 5:30 PM for the purpose of receiving comments from the public on the 2023-24 budget. Any person may appear at the hearing and be heard for or against any part of the 2023-24 budget, the four-year budget plan, or any proposed changes to uses of enrichment funding under RCW 28A.505.240 educational programs and operation levy. Upon conclusion of the hearing, the Board shall fix and determine the appropriation from each fund contained in the 2023-24 budget and shall, by resolution, adopt the 2023-24 budget, the four-year budget plan summary, and the four-year enrollment projection. 2023-24 budget information is available in the District office or may be obtained by contacting Eddie Morales, Business Manager (509) 686-5656. BRIDGEPORT SCHOOL DISTRICT NO. 075 DOUGLAS COUNTY, WASHINGTON Published in the Quad City Herald July 19, 26, 2023. #6034



**Upgrading your 'ride'? we can help you sell your old one**

• Place your ad 24/7 at [ncwmarket.com](http://ncwmarket.com)  
• Email: [heraldads@qcherald.com](mailto:heraldads@qcherald.com)  
• Call 689-2507

**Enriched foods – how do they get that way?**

**Q: What's the difference between enriched and fortified foods, and how did they get that way?**

Starting in the 1920s, the federal government addressed several diseases caused by nutritional deficiencies by encouraging manufacturers to add certain nutrients to specific foods.

The earliest example of adding something to a food product to address a public health issue was adding iodine to table salt.

In the late 1890s, a significant percentage, between 26%-70% of children living in the Great Lakes, Appalachian, and the Pacific Northwest regions, suffered from enlarged thyroid glands due to goiter, a disease caused by iodine deficiency. Called the "Goiter Belt," the soils of these regions contain little or no natural iodine, and livestock in these areas also showed evidence of goiter.

In the 1830s, a French chemist observed that goiter was less prevalent in areas in France that consumed salts that naturally contained iodine. This led to the discovery that iodine could both treat and prevent goiter. Doctors first tried giving iodine as drops given to children. Unfortunately, the dosing was complicated and caused accidental overdoses. A simpler and safer approach was needed. What if they could find a way to add iodine to salt?

In 1922, the Michigan Medical



Society set up a committee to implement the addition of a form of iodine called iodide to table salt, working with salt suppliers to create a market for the "iodized" version. By 1924, iodized salt became available at groceries across the country, and over the next decade, the incidence of goiter plummeted.

Today, table salt is still available on your grocery shelf in both iodized and non-iodized versions. Boxes of iodized salt can be identified by the statement, "This salt contains iodide, a necessary nutrient." Curiously, iodine is also present in today's cow milk and dairy products due to the use of sterilizing agents containing iodine.

Cow's milk is another food fortified to address a nutritional deficiency. In the 1930s, many children suffered from rickets, a shortage of vitamin D. Rickets will cause bones to become soft, causing leg deformities in children and broken bones in adults. Because most children drank cow's milk, it was decided to try adding vitamin D to it.

One approach was to add cod liver oil to milk, which made it taste "fishy." Another method was irradiating the milk, converting an inactive form of vitamin D present

in the milk into its active form. Eventually, a more straightforward process of adding vitamin D concentrate to milk prevailed, creating today's "fortified" milk.

In the 1930s and 1940s, nearly 7,000 people died yearly in the United States from pellagra, a niacin deficiency. Both pellagra and beriberi, a lack of thiamine, became common after new techniques in milling stripped off the tough outer covering of wheat, corn, and rice. This process produced white rice from brown rice and a finer wheat flour which became preferred by bakers and consumers for bread and other baked goods.

The outer coverings of grains are good sources of vitamins B1 (thiamine), B2 (riboflavin), B3 (niacin), and iron. Removing them from grains during milling contributed to an alarming rise in nutritional deficiency diseases. In 1940, there was a disturbing incidence of poor nutritional status among young men enlisting for service during World War II. In May 1941, President Roosevelt's National Nutrition Conference for Defense recommended that flour and bread be enriched with vitamins B1, B2, B3, and iron. Within 1 year, 75% of white bread in the United States used the new "enriched" flour.

Today, most foods made from grains are made with enriched flour. Breakfast cereals, corn, corn chips, bread, noodles,

macaroni, and other pasta contain enriched flour. The B vitamin folic acid (folate) was added to the official description of enriched flour in 1998 due to concerns that inadequate folic acid intake during early pregnancy can cause severe birth defects like spina bifida. In 2016 the FDA approved the addition of folic acid to the corn masa flour used in tortillas, tortilla chips, and tamales.

**2 Final Facts About Food Fortification in the United States:**

- 1. It's not universal.** The Food and Drug Administration (FDA) does not require all foods to be fortified. Non-fortified versions can also be sold but cannot be labeled as fortified or enriched.
- 2. Calcium fortification of food is not standardized.** You will find differing amounts of extra calcium added to calcium-fortified orange juice and several types of milk, such as dairy, almond, and soy. No consensus exists on just how much calcium should be added to food.

*Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey*

**It's BBQ season: Do you know where your beef came from?**

STATEPOINT - As barbecue season heats up, you may be wondering how to square your love for T-bone steaks and spareribs with your concern for the environment. The good news? Science is delivering new, game-changing solutions to tackle the environmental footprint of the beef and livestock industries.

**The Problem** Approximately 9 million dairy cows, 90 million beef cattle, 60 million swine and billions of poultry in the United States produce more than 100 times more organic waste than humans; but where human waste makes its way to a septic tank or sewage treatment plant, livestock waste is usually



PHOTO SOURCE: (c) MagicBones / iStock via Getty Images Plus  
**Typical beef production uses an extraordinary amount of water, particularly from crops for feed.**

spread untreated on the ground as fertilizer.

While this practice has short-term agricultural benefits, it's ultimately a major contributor to a number of environmental and health issues. Phosphorous, nitrogen (mostly as ammonia), pathogens and bacteria from manure run off the soil and pollute waterways. This nutrient runoff fuels increasingly toxic algae blooms in fresh, estuary and coastal salt waters, creating areas where most aquatic species can't survive. What's more, the highly mobile and volatile nitrogen from ammonia in animal waste can become airborne, a difficult and expensive to control problem that poses significant health risks to humans.

Finally, the 1.5 billion tons of manure generated in the United States annually also plays a major role in climate

change. Manure emits carbon dioxide, methane and nitrous oxide, all of which are potent greenhouse gases.

**New Solutions**

An advanced livestock waste collection, treatment and recycling system from Bion Environmental Technologies Inc. is transforming manure from a liability to an asset. It starts with an innovative barn design that houses the livestock, collects waste, and feeds the treatment system on a continual basis. This patented technology not only provides comprehensive waste treatment that neutralizes pathogens, bacteria and ammonia and minimizes greenhouse gas emissions, but also produces superior organic, and climate- and water-smart, fertilizers with a low carbon footprint, as well as generates clean water and renewable natural gas.

Typical beef production uses an extraordinary amount of water, particularly from crops for feed. With Bion, 30% of the waste stream is processed into recycled, clean water. And, thanks to precise application of organic and climate-smart fertilizers produced by the system, the resulting soil is healthier with a better balance of nutrients. In short, more abundant crops are produced, less water is used, and greenhouse gas emissions are reduced.

Along with environmental stewardship and resource efficiency at the forefront of the technology's design, experts have been retained to ensure that animal accommodations, hygiene, care and feeding are all optimized for animal health and welfare. To learn more, visit [bionenviro.com](http://bionenviro.com). "Today's consumers want sustainable, transparent and 'better for you' food," says Bill O'Neill, Bion's CEO. "Through innovation, we are bringing real beef to tables that is both sustainable and ethical."

**SUDOKU PUZZLE**

GRAND ALASKAN CRUISE & TOUR  
12 days, departs May - Sep 2022  
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	8				4		3	
				6	8		1	

© StatePoint Media  
Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**CROSSWORD PUZZLE**

THEME: THE 1970s

ACROSS

- Come clean, with "up"
- \* \_\_\_\_-a-Soup, launched in 1972
- Hefty volume
- Detective's assignment
- One that insists
- Dull pain
- "Francis Ford Coppola's "The \_\_\_\_"
- Part of an eye
- H. pylori consequence
- Labor org.
- "Feathered" 1970s icon
- One who delivers coal
- "1978's "Night Fever" spent 8 weeks in this Billboard slot
- Fire-breathing monster, Greek mythology
- Type of list
- Open-mouthed
- Acorn producer
- Glossy fabric
- Denim innovator
- Enlist or talk into (2 words)
- Golf accessory
- Gracefully thin
- Meat and vegetable stew
- Stumblebum
- One way to prepare an egg
- Chicken pox mark
- Type of 1970s shoes
- Top dog
- Laughing on the inside, in a text
- Bye, to Sophia Lauren
- "1971's "Sooner or \_\_\_\_" by the Grass Roots
- "Beneath the Planet of the \_\_\_\_"
- Very light brown
- Research facil.
- Progressive rock band of "Round-about" fame

DOWN

- Capture the \_\_\_\_
- Continental capital
- Aforementioned
- Substance with rotten egg smell
- Secret stash
- Theater employee
- Jury member
- "Olivia Newton-John's 1978 co-star
- Eye amorously
- Table hill
- Before, to a bard
- Can't-get-it-off-one's-mind kind
- Throat dangler
- Winged
- Charge carrier
- Young horses
- "One of three 1970s TV crime-fighting women
- Plunder
- "I'd like to buy the world a \_\_\_\_"
- "Semper Fidelis" to U.S. Marines, e.g.
- Bye, to Edith Piaf
- Group of nine singers
- "Rich Man, \_\_\_\_ Man" miniseries
- As opposed to mishap
- Salvador Allende successor
- Chow down
- Game official, for short
- Inflammation of iris
- Capital of Senegal
- Footstuffs merchant
- North face, e.g.
- Intensely dislikes
- Architectural drawing
- Prefers
- "Neil Simon's "The Sunshine Boys," e.g.
- "Interview with the Vampire" author
- Kate Winslet as \_\_\_\_ of Easttown
- \_\_\_\_ Train"
- "Thrilla in Manila" winner

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# NCW Libraries offers Art Rebellion Program this summer

SUBMITTED BY NCW LIBRARIES

CHELAN/WENATCHEE - NCW Libraries will host renowned Chicano artist Jake Prendez at six locations in July and August. Prendez will talk about social justice art and the influence of Mexican muralism on American artwork.

His Humanities Washington presentation, The Art of Rebellion, Social Justice and Chicana/Chicano Visual Arts, will be offered at the following locations:

July 26: Moses Lake Public

Library, 6 p.m.

August 14: Wenatchee Valley College (in partnership with CaFe and WVC), 6 p.m.

August 15: Peshastin Community Hall, 6 p.m.

August 16: Chelan Public Library, 6 p.m.

Register online at [www.ncwlibraries.org](http://www.ncwlibraries.org). Find the online calendar under the Events tab.

Prendez will trace the history of social justice art, from the rise of Mexican muralism to its influence on American artwork from the civil rights era and the modern era. Ex-

plore how the means of production and new technologies made art accessible worldwide, and join Prendez as he deconstructs his own artwork to show how it relates to this greater narrative.

Prendez is the owner and co-director of The Nepantla Art Gallery in Seattle. He creates art with a specific focus on themes of Chicano/a culture, activism, social justice, pop culture and satire. His style ranges from indigenous iconography, social realism, and portraiture, to colorful pop art.



Courtesy Jake Prendez

Prendez is the owner and co-director of The Nepantla Art Gallery in Seattle. He creates art with a specific focus on themes of Chicano/a culture, activism, social justice, pop culture and satire.

# Employment growth pushes unemployment rate to pre-pandemic low

SUBMITTED BY WA STATE EMPLOYMENT SECURITY DEPARTMENT

OLYMPIA – Washington's economy gained an estimated 11,900 jobs, seasonally adjusted, and the monthly unemployment rate decreased to 3.8% in June.

"The gain in employment outpaced a modest rise in the labor force (+2,900) to help drive the unemployment rate down to 3.8%," said Employment Security Department (ESD) State Economist Paul Turek. "The last time the unemployment rate was this low was in February 2020."

Visit ESD's website to view the entire Monthly Employment Report for June.

ESD paid unemployment benefits to 56,067 people in June, an increase of 820

paid claims over the previous month. Increases in paid claims within the educational services and information sectors contributed to the overall increase in paid claims over the month.

### National unemployment rate

The national unemployment rate decreased in June from 3.7% to 3.6%. For comparison, the national unemployment rate (revised) for June 2022 was 3.6%.

### Updated state preliminary data for May 2023

The preliminary estimated gain of 2,900 jobs for May 2023 was revised to a gain of 4,700 jobs.

The seasonally adjusted monthly unemployment rate was confirmed at 4.1%.

### Modest labor force growth

The state's labor force in June numbered 4,068,100 – an increase of 2,900 people from the previous month. In the Seattle/Bellevue/Everett region, the labor force increased by 8,000 over the same period.

Labor force is defined as the total number of people, both employed and unemployed, over the age of 16. Layoffs and labor force participation are not necessarily connected. When people are laid off but still seeking work, they remain a part of the labor force. A drop in the labor force means people have left work and haven't been actively seeking employment for more than four weeks.

From June 2022 to June 2023, the state's labor force increased by 85,177, while the Seattle/Bellevue/Everett re-

gion increased by 28,700.

From May to June 2023, the number of people who were unemployed statewide decreased from 165,000 to 154,500. In the Seattle/Bellevue/Everett region, the number of people who were unemployed increased from 54,100 to 54,900 over the same period.

### Solid employment gains

Private sector employment increased by 8,800 jobs from May to June while government employment increased by 3,100 jobs.

Of the industry sectors, in June: Seven expanded, six contracted.

Here are some key increases and decreases:

- Leisure and hospitality employment increased by 8,900 overall, with 5,200 jobs

added in food services and drinking places.

- The number of jobs in education and health services increased by 4,600 overall, with 3,100 jobs gained in social assistance.

- Professional and business services employment increased by 500 overall, with 800 jobs gained in professional, scientific and technical services.

- Manufacturing employment fell by 2,500, led by 1,700 jobs lost in food manufacturing.

- Retail trade employment decreased by 2,800 overall, with 900 jobs lost by food and beverage stores.

### Annual employment growth

Washington gained an estimated 117,900 jobs from

June 2022 to June 2023, not seasonally adjusted. Private sector employment rose by 3.1%, up an estimated 92,300 jobs, while public sector employment rose by 4.5%, up an estimated 25,600 jobs.

### From June 2022 – June 2023, 12 major industry sectors expanded and one contracted

The three industry sectors with the largest employment gains year over year, not seasonally adjusted, were:

- Education and health services, up 32,700 jobs.
- Government, up 25,600 jobs.
- Leisure and hospitality, up 25,200 jobs.

The Information sector contracted, losing 5,500 jobs between June 2022 – June 2023.

# USDA seeks proposals for Joint Chiefs' Landscape Restoration Partnership

Partners may submit Joint Chiefs' project proposals through September 4

SUBMITTED BY USDA

The U.S. Department of Agriculture (USDA) is asking for proposals for the Joint Chiefs' Landscape Restoration Partnership to improve forest health on public and private lands. USDA's Natural Resources Conservation Service (NRCS) and the Forest Service are seeking the proposals by Sept. 4, 2023, for fiscal year 2024.

The Joint Chiefs' program aligns with the Biden-Harris administration's broader effort to reduce wildfire threats to communities and landowners, protect water quality and supply and improve wildlife habitat for at-risk species. Tree planting activities through the Joint Chiefs' program are another valuable recovery tool in post-fire areas and supports USDA's priority for reforestation. President Biden's 2022 Bipartisan Infrastructure Law codified the initiative, showing broad backing for the effort because of its inclusion in the historic investment to improve infrastructure and support rural communities.

"The Joint Chiefs' will align with USDA's shared stewardship strategy by selecting projects that demonstrate a cross-boundary effort, work at the appropriate scale and have mutually defined priorities that support local communities," said NRCS Chief Terry Cosby. "Partnerships at all levels – federal, state, Tribal and local—lead to well-developed, successful and continued conservation with large scale impacts. Joint Chiefs' has a proven record of success, as further reflected in the program's inclusion in the Bipartisan Infrastructure Law."

Fiscal year 2024 projects will build on the fiscal year 2022 and 2023 investments in projects that will mitigate wildfire risk, protect water quality, improve wildlife habitat, restore forest ecosystems and ultimately contribute to USDA's efforts to combat climate change. Since 2014, USDA has invested \$385 million in 124 projects.

"Joint Chiefs' funding is an invaluable tool to help confront the wildfire crisis across all lands," said Forest Service Chief Randy Moore. "Working with our partners through the Joint Chiefs' program is an important element that supports the agency's Wildfire Crisis Strategy by increasing the scale of our wildfire prevention and miti-



Courtesy USDA

Joint Chiefs' project proposals are developed at the local level through a collaborative process between NRCS, Forest Service, communities and partners. Proposals may address one, two, or all three program objectives: reduce the risk of wildfire; protect water quality and supply; or improve wildlife habitat for at-risk species.

gation efforts while restoring the health of forests, watersheds and habitats across the country."

### Opportunities to Collaborate

Joint Chiefs' project proposals are developed at the local level through a collaborative process between NRCS, Forest Service, communities and partners. Proposals may address one, two, or all three program objectives: reduce the risk of wildfire; protect water quality and supply; or improve wildlife habitat for at-risk species. Past partners have included Tribes, county and state governments, non-profit organizations, the pri-

vate business sector, and individual stakeholders. The collaboration process and partnerships will depend on the specific community needs of each project. Proposals are submitted by the local NRCS and Forest Service offices to the national agency offices. They are then reviewed and vetted at multiple levels in the agencies based on Tribal, local, state, and regional priorities.

NRCS and Forest Service national offices will evaluate the proposals and an announcement for the selected projects is planned for late fall 2023. Landowners should contact their

local NRCS and Forest Service office for more information.

### Evaluation

In selecting proposals, NRCS and the Forest Service will consider:

- Clear descriptions with goals and objectives, deliverables, timeline and measurable desired outcomes.

- Reduction of wildfire risk in a municipal watershed or the wildland-urban interface (WUI). A municipal watershed is a watershed from which municipal water is provided by a utility. The WUI as defined by the Healthy Forest Restoration Act of 2003 (16 U.S.C. 6511).

- Development of the proposal through a collaborative process with participation from diverse stakeholders.

- Increase of forest workforce capacity or forest business infrastructure and development. Leveraging existing authorities and non-federal funding contributions from partners.

- Support of established state, Tribal and regional priorities. Proposals should describe how the eligible activi-

ties were prioritized across the landscape and the source of the state or regional priorities (e.g., fire risk assessment, state technical committee watershed prioritization, Endangered Species Act recovery plan, reforestation plans or priorities, state wildlife action plan, etc.).

- Alignment with USDA priorities and the Justice40 initiative, including benefits to historically underserved producers, disadvantaged communities and climate mitigation and adaptation efforts.

- Partner participation in proposal development or project implementation.

- Coordination (i.e., pre-planning) with individual landowners within the proposal footprint.

- The geographic distribution of individual project activities across the landscape demonstrates a focus on resource conditions and a balance between land ownerships.

- Education and outreach to local communities about the project.

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# 844-889-8170

While we appreciate every donation, in some cases, we find that we are unable to accept certain vehicles, watercraft, and/or recreational vehicles due to the prohibitive costs of acquisition. If you have any questions, please give us a call at (844) 889-8170.

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## The Contract

Unveiling the healing power of forgiveness

A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel Garcia Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of

that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to [Carol@leavenworthecho.com](mailto:Carol@leavenworthecho.com). Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.