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TECHNOLOGY

Ziplay Fiber celebrates completion of project

By **MIKE MALTAIS**
Ward Media Staff Reporter

BREWSTER – Ziplay Fiber, the Kirkland, Washington-based fiber optic Internet service provider, hosted a groundbreaking ceremony here on Oct. 5 to celebrate the completion of its installation project.

The event marked the culmination of a two-year effort that began when Ziplay ac-

quired Frontier Communications, the previous Brewster Internet provider of DSL copper Internet, and pledged to make Brewster its legacy city in Washington.

“We’re building fiber over the next three years,” Ziplay CEO Harold Zeitz told city council members in May 2021. “Ziplay is investing about half a billion dollars to bring fiber to about 85 percent of the locations in our footprint.”

Users will experience a marked improvement in both service speed and reliability.

“We are bringing the fastest, most reliable fiber to Brewster,” said Ziplay Director of Operations Kay Quinn. “Fiber is one of the most reliable forms of Internet you can have. Ziplay has redundancy on the fiber side not just one or two times but two or three times, so no more service going down.”

Brewster residents interested in getting high speed fiber Internet for their homes can visit ziplayfiber.com online to get set up, said Quinn. Brewster city hall also has information flyers about the new service.

Quinn said Ziplay worked with the Economic Alliance and the Broadband Action Team (BAT) that helped the

SEE FIBER ON PAGE B1



MIKE MALTAIS/WARD MEDIA

Holding Ziplay Fiber’s ceremonial groundbreaking golden shovels are from left Brewster city council members Juan De La Cruz, Don Childers, and Glenn Farrington, Economic Alliance Executive Director Roni Holder Diefenbach, and Ziplay Fiber local manager Keith Sima.

OKTOBERFEST

Autumn-themed family fun



MIKE MALTAIS/WARD MEDIA

Special education para-pro Darla Castillo holds a mirror up for Yulissa Palacios, one among a steady stream of customers she decorated with face paint.

Bridgeport Chamber of Commerce hosts first Oktoberfest

By **MIKE MALTAIS**
Ward Media Staff Reporter

BRIDGEPORT – The newly reconstituted Chamber of

Commerce is making its presence felt more and more in the city as members step up to organize community events, the latest a well-attended Oktoberfest in Fireman Park on Sept. 30.

More than 100 residents gathered in Fireman Park for a variety of autumn-themed family activities including face painting, pie throwing,

drawing, Tic-Tac-Tie, apple eating, pumpkin decorating and more.

The park which would normally be lightly used and largely quiet on a lazy Saturday afternoon echoed with laughter, shouts, and merriment as youngsters scampered about trying out activities. The pie-throwing exercise was one of the more popular because

Bridgeport Elementary Principal and Varsity Baseball Coach Jesse Macy volunteered as a “target” for the pie throw. Sharing the punishment with Macy was Bridgeport middle school teacher Miguel Garza.

As Macy scouted for potential pitchers among the kids who queued up to throw des-

SEE FEST ON PAGE B1

WEATHER

Leadership group meets in Pateros

By **MIKE MALTAIS**
Ward Media Staff Reporter

PATEROS – Nationwide this year, the number of billion-dollar disaster events have reached record levels with 23 so far, according to the National Oceanographic and Atmospheric Administration.

From the Lahaina wildfire in Maui to Hurricane Idalia in Florida, the need for rapid disaster relief is greater than ever. One of the hubs for that help is in Pateros.

Last month, 14 Disaster Leadership Team representatives from points around the nation held a retreat and annual board meeting in Pateros to lay the groundwork for a new association that will strengthen relationships between long-term recovery groups.

The core of the DLT first came together in 2016 in Kansas. That was a year after a pair of Washington State’s two largest wildfires. The 2014 Carlton Complex and the 2015 Okanogan Complex destroyed a combined 560,000 acres leading to the formation of the Okanogan County Long Term Recovery Group (OCLTRG). In 2017 a non-profit was formed.

“Hurricane Harvey was our first official mentorship,”

said OCLTRG Executive Director Carlene Anders of the August 2017 Category 4 storm that caused more than 100 deaths and \$125 billion in damages across Texas and Louisiana. Anders traveled to flood-ravaged Houston to share her expertise for recovery efforts there.

Anders said last month’s meeting was the first opportunity many DLT members had to meet each other in person.

“I had met quite a few of them because I am the executive director, but a lot of them had not met each other,” Anders said. “This is our office now and it has been for the last five years.”

OCLTRG has contracted with the DLT to handle the team’s administration.

A grant from a national support group helped make the Pateros gathering possible.

“The Center for Disaster Philanthropy (CDP) gave us a grant to build capacity and sustainability and continuity of service,” Anders said.

Formed in 2010, the CDP bills itself as the only full-time resource dedicated to helping donors maximize their impact through expert resources, community-driv-

SEE WEATHER ON PAGE B1

YOUTH

If it’s October, it’s Pateros Outdoor Education month

By **MIKE MALTAIS**
Ward Media Staff

PATEROS – Getting to camp and commune with nature is one of the advantages of being a student in Pateros where a week of outdoor education has been part of the curriculum for more than three

decades.

It is held during the first week of October and this year a group of fifth and sixth graders combined for the experience.

“I first did this with my mom,” recalled camp director Carlene Anders of her early association with the program.

She has been camp director now for more than 20 years.

Like many school programs that need funding, Pateros Outdoor Ed is always on the lookout for grants to help support the camp.

“I’m looking for sustainability,” Anders said.

Last July, the Pateros-Brew-

ster Community Resource Center (PBCRC) applied for a \$66,000 Outdoor Learning Grant administered by the state Office of the Superintendent of Public Instruction (OSPI) as a potential funding source.

“We did not get that one, but the school got a \$23,000 grant,”



MIKE MALTAIS/WARD MEDIA

Outdoor Ed camp

Anders said.

After years of practice the outdoor ed camp now runs like a well-oiled machine with a curriculum and tight schedule

that fits in a variety of speakers and specialists along with the routine chores of camp

SEE YOUTH ON PAGE B1

Inside the Quad City Herald this week

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



5 THINGS TO DO This Week

Apple Shoot Haunted Graveyard

Four Lakes Winery in Chelan will host an Apple Shoot and Haunted Graveyard, a family-friendly free activity every Friday, Saturday, and Sunday during October from 12:30 p.m. to 5 p.m. "Shoot an apple out of our giant slingshot and aim to hit one of the targets," the event page states. "You will get three chances to hit one of the targets and if you aim just right,

we have a sweet surprise treat bag for you."

Micro Tours & Hayrides

Chelan Ridge Winery in Manson will host micro tours and hayrides on Oct. 14 from 1 p.m. to 7 p.m. You can combine a tasting with a tour for \$10 per person add on or book a hayride for the family for \$10 per person. Kids under 3 ride for free. For more information visit chelanridgewinery.com

Harvest Wagon Tours

Tsillan Cellars in Chelan is offering Harvest Wagon tours on Oct. 14. Join Dr. Bob and Vineyard Manager, Nic Stevens, for a 45-minute tour of the vineyards at 1 p.m. and 3 p.m. The wagon rides will be followed by a tour of production with head winemaker, Garrett Grubbs. For more information visit tsillancellars.com/events/.

Pumpkin Patch

Visit Chelan Valley Farms (2393 Green Ave) in Manson for their 5th Annual Pumpkin Patch. The patch is open 10 a.m. to 5 p.m. Saturdays and Sundays through the last weekend of October. For more information visit chelanvalleyfarms.com

Dungeons and Dragons

The Omak Library will host Dungeons and Dragons on

Oct. 19 from 3:30 p.m. to 5:30 p.m. You can join others in your quest to seek out adventure and glory. Each week there will be a new quest to challenge

young adventures. This program is designed for children and accompanying adults. For more information visit ncwlibraries.org.

PATEROS FFA AND STUDENT LIVESTOCK EXHIBITORS Record revenues highlight 76th Okanogan County Fair

By MIKE MALTAIS
Ward Media Staff Writer

OKANOGAN – Pateros FFA and student livestock exhibitors at this year's 76th annual Okanogan County Fair received much-needed support from the Pateros-Methow Volunteer Firefighters Organization (PMVFO).

Pateros City Council member Bruce Henne said the firefighters ponied up a \$850 donation that was divided equally \$50 for each of the 17 students. Assistant Fire Chief Matt Coffman put his signature on the pledge given to the Market Stock Fund.



MIKE MALTAIS/WARD MEDIA

The new 40-stall horse barn, built by the Confederated Colville Tribes, is a shiny addition to the Fair infrastructure.

There was good news all around for the Okanogan County Fair Advisory Committee (FAC) that held its first monthly meeting on Oct. 5, since the conclusion of the 76th annual Fair on Sept. 10. Gate revenues totaled \$118,759, just \$6 shy of last year's amount of \$118,765.

Livestock sales came in at a record \$606,759.88 for 216 animals. The Fur and Feather Auction set its own record of \$60,004.

The old one was worn out and dangerous," said Race Director Carol Sivak. "We did not even use it last year."

A new 40-stall horse barn, built by the Colville Confed-

erated Tribes from money donated by the Sawdust Makers Union Fund, now sits at the north end of the reconditioned racetrack. This year the racehorses emerged from a new starting gate purchased from safety grant funds.

"The old one was worn out and dangerous," said Race Director Carol Sivak. "We did not even use it last year."

The FAC elected new officers include Mike Eggerton, chairman, Cutter Reins, co-chair, and Chantry Leslie, secretary.

Mike Maltais: 360-333-8483, michael@ward.media

Donation recipients included:

- Jenessa Scroggie
- Keyla Simpson
- Nevelyn Wilson
- Wrandie Bowen
- Raelyn Coffman
- Addyson Henton
- Bryan Hernandez
- Taylor Johnson
- Charles Osborne
- Payton Ravenstein
- Zayne Ravenstein
- Cody Simmons
- Reese Stennes
- Clayton Zahn
- Jaymes Dial
- Kendra Dial

State Noxious Weed Control Board sets public hearing

OLYMPIA – The Washington State Noxious Weed Control Board (WSNWCB) will hold a public hearing on Oct. 31 to take comments on proposed rule-making changes to the 2024 state noxious weed list and WAC 16.750. The changes proposed consist of a conflict of interest section being added, clarification and administrative edits, two class A additions, two Class B designation changes, and one class C addition.

When: 1 p.m. on Oct. 31, 2023

In-person Coast Wenatchee Center Hotel 201 North Wenatchee Ave Wenatchee WA, 98801

How to comment:

- Mail written testimony to: WSNWCB; P.O. Box 42560; Olympia, WA 98504-2560.
- Send comments by email to noxiousweeds@agr.wa.gov.
- Attend the public hearing to provide written or verbal testimony in person. Written testimony should

be submitted by 5 p.m. Monday, Oct. 30, 2023. At the hearing, verbal testimony will be limited to three minutes per person.

The WSNWCB will vote on the proposed rule changes during its regular board meeting the next day via WebEx, Wednesday, Nov. 1, beginning at 9 a.m.

Visit https://www.nwcb.wa.gov/whats-new for more information about these proposed changes and other noxious weeds.

What to know about the upcoming General Election

With the General Election around the corner, here are things you need to know to be prepared:

- Chelan County is a vote by mail county and ballots for the Nov. 7 General Election will be mailed to voters on Oct. 20. All voters should receive their ballots by Oct. 25.
- Accessible voting equipment is available at the Chelan County Courthouse, which will remain open for 18 days prior to election day for use of the accessible voting equipment and for ballot drop boxes.
- Official ballot drop boxes are available for 18 days prior to election day and are sealed at exactly 8 p.m. on election day.

- According to the Chelan County Election page, applications for new voter registrations or updates to existing registrations by mail, over the phone, email or online must be received by the Chelan County Elections Office no later than 5 p.m. on Oct. 30. After Oct. 30, to register or to update registration in time for the General Election, voters must appear in person at any election office by 8 p.m. on election Day, Nov. 7, 2023.
- The Chelan County Elections Office is located at 350 Orondo Ave Level 3 in Wenatchee.
- Mailed ballots must be post-marked by Nov 7 at 8 p.m. You may track your ballot

at www.VoteWA.gov. Your ballot's status will update as received and processed.

All ballot drop box locations close promptly at 8 p.m. on Nov. 7.

Chelan County Courthouse
350 Orondo Ave.
Wenatchee, WA 98801
Indoor boxes: M- F 9 a.m. - 5 p.m.
Licensing Office - Level 2
Or Elections Office - Level 3

Wenatchee Public Library
310 Douglas St.
Wenatchee, WA 98801
Outdoor Box: 24 Hours a day
Drive-thru access.

Cashmere City Hall
101 Woodring St.
Cashmere, WA 98815
Outdoor Box: 24 Hours a day
Facing Mission Ave
Walk up

Chelan City Hall
135 E. Johnson Ave.
Chelan, WA 98816
Outdoor Box: 24 Hours a day
Drive-thru access

Entiat City Hall
14070 Kinzel St.
Entiat, WA 98822
Outdoor Box: 24 Hours a day
Drive-thru access

Leavenworth City Hall
700 Highway 2
Leavenworth, WA 98826
Outdoor Box: 24 Hours a day
Drive-thru access

Manson Public Library
80 Wapato Way
Manson, WA 98831
Outdoor Box: 24 Hours a day
Walk-up access.

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Call Quad City Herald at 509-689-2507

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The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: terry@ward.media

Corrections
Quad City Herald regrets any errors. If you see an error, please call 509-689-2507. We will publish a correction on this page in the next issue.

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Honoring Breast Cancer Survivors



Carol L. Forhan
Is a 33-year survivor and retired owner of NCW Media newspapers, Ordained Deacon in the Episcopal Church, Board member of Leavenworth Nutcracker Museum, PEO Chapter JF and Leavenworth Rotarian.



Orlanna Keegan
Is a retired United States Postal Clerk, (Lake Chelan Post Office). Her interests include church, time with family, travel, and Disney. She is a 30 year, 10 month survivor.



Sandi Gruenberg
Is retired. Interests are family, playing with her grandchildren, Chelan Chase, and raising money for Breast Cancer Research. She is a 24 year, 2 month survivor.



Vicki Hoffman
Is retired after 33 years with the Lake Chelan School District. She likes being with her family, especially her three granddaughters and her grandson. She is a 23 year, 4 month survivor.



Nancy Baum
Is retired and loves kayaking, biking, golfing, boating and drinking wine. She is a 23 year, 10 month survivor



Joan Lester
Is retired and she is a 21 year survivor.



Anne Brooks
Is a school bus driver. Interest includes electric vehicles, being outside and quilting. She is a 18 year, 6 month survivor.



Nelda Monteleone
is 98 years old and has been cancer free for 17 years. She lives at Heritage Heights.



Kathy Whetstone
Is a retired deputy sheriff who loves horses, gardening, being a grandma, quilting and embroidery. She is a 11 year survivor.



Carolyn Cockrum
Is retired. Her interests include golf, gardening and her grandchildren. She is a 8 1/2 year survivor.



Connie Hedman
Is a retired educational administrator. Her interests are her family, water activities and sewing. She is a 4 year survivor.

Breast cancer survivor's struggle with long-term medication

Anti-estrogen medicines widely used

"I don't think I can take this medicine for the next five months, let alone five years," insisted Robbie, a 61-year-old breast cancer survivor.

After completing chemotherapy and surgery six months ago, Robbie's doctor prescribed an anti-estrogen medicine called Arimidex® (anastrozole) to help prevent it from coming back. He wants her to take it for five years. But two weeks after starting it, she was ready to quit.

Anti-estrogen medicines are widely used to treat and prevent breast cancer. There are two types of anti-estrogen medications: those that reduce estrogen production and those that block its action on the body.

In women who have gone through menopause, an enzyme called aromatase is needed to create estrogen. Medications interfering with estrogen production by aromatase are called aromatase inhibitors. Anastrozole (Arimidex®) and letrozole (Femara®) are aromatase inhibitors often prescribed for five years after initial breast cancer treatment to decrease the risk of recurrence.

Estrogen-blocking medicines prevent estrogen from binding to breast tissue. The estrogen blocker tamoxifen (Nolvadex®) is used alone or with other drugs to treat breast cancer and avoid recurrence in high-risk women.

Anti-estrogen medicines' most common side effects are aching muscles or joints, hot flashes or night sweats, weight gain, dry skin and hair, and vaginal dryness and discomfort.

One way to combat dry skin and hair is to eat a "good fat" diet with olive oil like in the Mediterranean diet, or coconut oil instead of vegetable oil or butter. I'm not a fan of the taste of olive oil. I prefer avocado oil, which has a buttery flavor.

Hot flashes and night sweats are common side effects of tamoxifen or aromatase inhibitors. Unfortunately, hot flashes from these medicines



don't seem to respond to eating soy or taking black cohosh (Remifemin®) or red clover supplements. Unfortunately, Remifemin® and other herbal products sold for menopausal symptoms like hot flashes CAN act like estrogen in breast tissue. This is precisely what you DON'T need if you are trying to decrease your risk of breast cancer.

Fortunately, some prescription medicines can help relieve menopausal symptoms without estrogen. Antidepressants like venlafaxine, citalopram and nerve medications like gabapentin can ease hot flash and night sweats.

Like Robbie, nearly half of women taking aromatase inhibitors experience aching muscles or painful joints. Although non-prescription medicines may offer relief, no option is better than any other.

One place to start is with either Tylenol 8-Hour® or Tylenol Arthritis® Extended Relief, which lasts twice as long as Tylenol® Extra Strength. Sarah could try one or two of the 650mg tablets twice daily every day.

Anti-inflammatory medications may also help muscle aches and joint pain, like ibuprofen (Motrin-IB), naproxen (Aleve®), fish oil capsules, and cannabidiol (CBD).

Glucosamine may offer relief and has minimal side effects; it can also be added to other medicines without causing problems. I recommend glucosamine powder twice daily because it is less expensive and better absorbed than taking the pill form. Allow 4-6 weeks of taking glucosamine to see the full effect before deciding if it's helping you.

If these don't help, please talk to your doctor. People differ widely in how drugs affect them. Switching to a similar medicine can make a huge difference.

Here are 5 Tips for Living With Anti-Estrogen Medicines:

1. Try a "good fat" diet. To help relieve dry skin and hair, switch from a "low-fat"

to a "good-fat" diet like the Mediterranean diet. "Good fats" include coconut, avocado, and olive oil. Taking a fish oil supplement may also help.

2. Avoid soy and menopause relief supplements.

Don't take concentrated soy products and herbal supplements marketed for hot flash symptoms. Although weaker than prescription-strength estrogen, these alternatives can have similar effects on breast tissue and should be avoided by women at risk for breast cancer.

3. Keep moving.

Physical activity discourages weight gain, boosts mood, and may reduce the muscle aches and joint pain experienced by nearly half of women who take an aromatase inhibitor, like Robbie. If your muscles or joints ache, don't blame old age; it may instead be due to your medicine.

Glucosamine powder, Tylenol® Arthritis (650mg tablets), Aleve® (naproxen), Motrin-IB (ibuprofen), fish oil capsules, and even CBD elixirs can help you stay more active.

4. Talk to your doctor.

For hot flashes and night sweats, prescription medicines like the antidepressants venlafaxine and citalopram or anti-seizure gabapentin may help.

5. Don't suffer, speak up!

Talk to your doctor if your muscles or joints hurt. Switching to another medicine may improve Robbie's symptoms, making the five years of taking anti-estrogen pills more bearable.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. 2023 Louise Achey

Breast Cancer Glossary

Compiled by Carol Forhan, 33-year survivor

Educate yourself on these terms when your doctor talks to you about breast cancer

Adjuvant therapy: Treatment such as chemotherapy, hormonal therapy, or radiation used following surgery to cure, reduce, or control cancer.

Aspiration: The use of a hollow needle and syringe to suction out fluid or cells from a cyst or tumor.

Atypical lobular hyperplasia: Abnormally shaped cells multiplying excessively in the normal tissue of a breast lobule.

Axillary: In the armpit.

Benign: Not cancerous.

Biopsy: Tissue or cells removed from the body and examined microscopically to determine whether cancer is present.

Calcifications: Small calcium deposits in breast tissue that can be seen by mammography.

Carcinoma: Cancer that arises from epithelial tissue (tissue that lines a cavity or surface); occurs often in the breast.

Chemo-prevention: The use of drugs or chemicals to prevent cancer.

Chemotherapy: Treatment of cancer with powerful drugs that destroy cancer cells.

Core needle biopsy: Use of a hollow needle to extract a sample of a lump or other suspicious tissue for examination.

Cyst: A lump or swelling filled with fluid or semifluid material.

Duct: A channel in the breast that carries milk from the lobule to the nipple during lactation.

Estrogen: A female sex hormone produced chiefly by the ovaries.

Estrogen receptor: A site on the surface of some cells to which estrogen molecules attach.

False negative: Test results that incorrectly indicate that the tested disease or substance is not present.

Fibroadenoma: A benign, fibrous tumor commonly found in the breast.

Free radicals: Toxic atoms produced by chemical reactions within a cell.

Hematoma: A swelling formed of blood. Infrequently occurs at the site of surgery, such as in a biopsy cavity after a lumpectomy.

Hyperplasia: Excessive cell growth.

Infiltrating cancer: A cancer that has spread from its site of origin into surrounding tissue.

In situ: Latin for "in place." As part of the term "ductal carcinoma in situ," it means that cancer cells exist and are still contained within the ducts of the milk-producing gland.

Lobules: Milk-producing glands of the breast.

Lymphedema: An accumulation of lymph fluid in the arm, hand, or breast that may develop when lymphatic vessels or nodes have been removed or blocked by surgery, or after radiation therapy. It can appear immediately after treatment or many years later.

Lymph nodes: Small, bean-shaped organs linked by lymphatic vessels. As part of the immune system, they filter out germs and foreign matter. Also called lymph glands.

Malignant: Cancerous.

Metastasis: The spread of cancer cells from the site of origin to another part of the body.

Metastases: Secondary cancers that form after cancer cells spread to other parts of the body.

Neoadjuvant therapy: Therapy with anticancer drugs or radiation given before surgery in order to shrink a tumor.

Palpable: Able to be felt.

Progesterone: A hormone produced by the ovaries and adrenal glands; essential for healthy functioning of the female reproductive system.

Radiation therapy: The use of x-rays at very high doses to treat or control disease.

Seroma: An accumulation of lymphatic fluid under an incision. Content provided by MammoSite Breast Cancer Information. www.mammosite.com

Screening saves lives by helping find breast cancer early.

Finding cancer early may give you more treatment options, including Breast Conserving Therapy instead of a mastectomy.

Get your mammogram. Tell your friends, mothers, sisters, aunts, and daughters to do the same. Be a Friend. Tell a Friend. Get Your Mammogram.

Information from American Cancer Society

Breast Cancer Resources

LOCAL SUPPORT

* Cancer Care of NCW, Inc. Our House, Wenatchee: 509-663-6964 or Email: cancare@nwi.net

* Wellness Place, Wenatchee, 509-888-9933. Support groups, and other resources.

* Cascade Medical, Leavenworth, 509-548-5815.

* Confluence Health/Wenatchee Valley Medical, 509-663-8711.

* Confluence Health, Breast, Cervical and Colon Cancer Health Program, 509-664-3415.

* EASE Cancer Foundation, Cashmere: 509-860-1322 or www.easecancer.org

* Lake Chelan Health Hospital, Chelan, 509-682-3300

* Lake Chelan Health Primary Care Clinic & Express Care Clinic, Chelan, 509-682-8511

* Columbia Valley Community

Health, Chelan, 509-682-6000

* Three Rivers Hospital, Brewster, 509-689-2517

* Family Health Center, Brewster, 509-689-3455

* Seattle Cancer Alliance, 800-804-8824, www.seattlecca.org

SEE **CANCER** ON PAGE A4

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- Garage and Yard Sale Ads are paid events, please email those to heraldads@qcherald.com or NCWMARKET.COM
- For more info call: Quad City Herald at 509-689-2507
- Email to: ruthk@lakechelanmirror.com

OCSRA awards \$6,000 in grants, scholarships

OKANOGAN - Okanogan County School Retirees' Association provided \$6,000 for schools and community projects in 2022-2023.

Educators receiving \$300 school grants were:

- Brewster Elementary School: Cindy Brown and Jennifer Reynolds, "Feeling Buddies" Toolkits to help young children deal with emotions.
- Okanogan Schools: Heather Downey, life skills: shopping for groceries, cooking, and raising food via hydroponics; Rebecca Hallam, flexible

seating.

- Tonasket Elementary: Scott Olson, art supplies to record science activities Omak East Elementary: Melissa George, 2 grants: art supplies for math, science, and writing projects and math manipulatives and games.
- Community Service Grants were awarded to: "Our House" Cancer Care of NCW, \$100; Conconully Food Bank, \$100; Wauconda Food Bank, \$100; Okanogan County.
- Community Action Council-Weatherization Program, \$300; Bulldog Bites Food

Bank for Okanogan Outreach School, \$450; WVC at Omak-Gas Cards for Students, \$450; Meals on Wheels-Okanogan area, \$250; Meals on Wheels-Omak area, \$250; Scholarship donations included \$400 to Washington State School Retirees' Foundation for high school scholarships and OCSRA's \$1500 Scholarship to Marilyn Oestreich of Omak. Oestreich plans to receive her teaching degree from Grand Canyon University this year. She is currently a paraprofessional at Omak East Elementary.

OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT

Douglas County Sheriff's Office

September 29
01:40 Alarm, 356 Moses Coulee Rd., Waterville
09:22 Parking/ Abandoned Vehicle, 43 Grange Rd., Bridgeport
15:31 911-call, 626 Rd. 20 NE, Mansfield
23:21 Traffic Offense, SR 173 MP 10, Bridgeport Bar

September 30
09:44 Animal Problem, 911 Foster Ave., Bridgeport
10:59 911-call, 626 Rd. 20 NE, Mansfield
11:07 Public Assist, 176 Spring Canyon Rd., Orondo
14:29 Welfare Check, 4 B Orondo Point Ln., Orondo
20:03 Domestic Disturbance, 115 E. 2nd Ave., Mansfield

September 31
00:44 Runaway, 6 Shady Ln., Orondo
00:56 Noise Complaint, Grange Rd. and SR 173, Bridgeport
02:13 Domestic Disturbance, 1343 Douglas Ave., Bridgeport

October 1
00:44 Runaway, 6 Shady Ln., Orondo
00:56 Noise Complaint, Grange Rd. and SR 173, Bridgeport
02:13 Domestic Disturbance, 1343 Douglas Ave., Bridgeport
08:56 911-call, 626 Rd. 20 NE, Mansfield
13:56 Domestic Disturbance, 405 W. Beech St., Waterville
17:11 Juvenile Problem, 228 Grange Rd., Bridgeport
18:14 Trespassing, 2327 Rd. A NW, Mansfield
20:53 Animal Problem, 27 Cedar Ave., Bridgeport
20:58 DUI, SR 172 MP 14, Mansfield

October 2
07:26 Marine, Sun Cove, Orondo
07:38 Theft, 75 N. Shore Dr., Orondo
08:32 Burglary, 215 Edson St., Bridgeport Bar
09:22 CPS/ APS Referral, 1419 Columbia Ave., Bridgeport
09:45 Agency Assist, 845 Columbia Ave., Bridgeport
10:31 Public Assist, 510 11th St., Bridgeport
11:54 Suspicious Circumstance, 511 Franklin Ave., Waterville
15:14 Civil Dispute, 1631 Raymond Ave., Bridgeport
16:58 Traffic Info, 100 block Buckingham Aly, Bridgeport

October 3
13:45 Civil Dispute, 335 E. Railroad Ave., Mansfield
17:46 Animal Problem, 530 16th St., Bridgeport
19:52 Agency Assist, 530 Fairview Ave., Bridgeport

October 4
10:06 Property, 12052 SR 17, Mansfield
15:30 911-call, 28 McCormack St., Bridgeport
17:32 Juvenile Problem, 45 McCormack St., Bridgeport
19:07 Civil Dispute, 335 E. Railroad Ave., Mansfield

October 5
10:03 Parking/ Abandoned Vehicle, 41 Buckingham Alley, Bridgeport Bar

11:30 Alarm, 491 Rd. 14 NE, Mansfield High School
13:23 Theft, 679 Rd. 20 NW, Mansfield
18:01 Civil Dispute, 115 E. 2nd Ave., Mansfield
19:25 Hazard, 206 Davis Ave., Bridgeport
21:12 Public Assist, 37 Cedar Ave., Bridgeport Bar

Brewster Sheriff's Department

September 29
12:27 A welfare check was requested on Paradise Hill Rd. in Brewster.
18:46 A lockdown was reported on E. Main Ave. in Brewster.
18:46 A caller reported neighbors on S. 3rd St. that reportedly took tables, chairs and buckets full of beers from the caller's yard.

September 30-31
No local reports.

October 1
02:07 A female subject was reportedly assaulted by her husband on Douglas Ave. in Bridgeport.

17:16 An agency assist was requested on Grange Rd. in Brewster regarding a 13-year-old female subject destroying a room, kicked her dad in the chest, broke a door and jumped out the window and took off.

October 2
No local reports.

October 3
07:46 A 911-call was received from Hwy. 97 in Pateros when a caller saw a pregnant female subject with children and saw what she assumed was the husband acting strange at Vista Point restrooms, the caller reported they thought the male was hitting the female subject.

October 4
12:18 A caller reported hearing a suspicious yelp a few minutes prior on Unger Rd. and then cut off the line abruptly.
13:00 A civil dispute was reported on Brewster Grange Rd. and Hwy. 97 when a caller reported a subject hit a female and did not yield to them, the accident was changed from a non-injury accident to a civil call.

Okanogan County Sheriff's Office

September 28
14:31 Following a 911-hangup call and no answer on callback, the reporting party on LaGrange Rd. in Bridgeport reported they'd been followed and when the caller said he'd call police and did the subject left.
20:38 A caller on Little Spur Ln. in Brewster reported an intoxicated female subject in a Toyota came up a driveway and hit a cistern next to a well, and the vehicle was reportedly not drivable and the muffler was broken.

September 29
23:35 A driver on Hwy. 97 in Pateros was cited and released

for reckless driving.
September 30
01:00 A traffic stop was reported on Hwy. 97 in Pateros for a subject traveling 110 mph.

October 1
05:10 Animal noise was reported on Unger Rd. in Brewster and the caller could hear a yelping dog and others barking with it.
08:20 An assist was requested with eight abandoned vehicles on a caller's property on Schnibble Rd. in Brewster.
15:52 A burglary alarm was triggered on Hwy. 153 in Pateros on a garage door.
18:02 A caller on Monse Bridge Rd. reported juveniles driving a gray Toyota Corolla traveling at high speeds over 70 mph and reportedly almost colliding with the caller.
19:43 A civil dispute was reported on Stennes Point Dr. in Pateros when a caller had a restraining order with a neighbor and the male subject yelled at the caller's five children who were playing in the yard.

October 2
08:04 A civil dispute was reported on W. Warren Ave. in Pateros when a caller had a no contact order signed by a judge and requested a civil standby.
09:12 A welfare check was requested on Hwy. 153 in Pateros when a caller reported she didn't feel safe at home and her mother was trying to kick her out of the house.

09:31 Fraud was reported on Hwy. 97 in Brewster when someone stole the caller's phone number, bought two new iPhones and an iPad and had a passport with the caller's info on it, but no photo.
11:40 A caller on Bill Shaw Rd. in Pateros requested a new keycde for a Liberty Safe he was gifted and the manufacturer on the safe advised to have local law enforcement certify that the safe was in the caller's possession and not stolen.

17:25 A caller on Crandall Rd. in Brewster reported a subject had a restraining order against their husband and then he reportedly went into the district office and made false accusations to the superintendent.
October 3
08:01 An order violation was reported on Starr Rd. in Pateros for a caller that had a protection order against a younger male and he reportedly was threatening the caller's son who was on the order via social media.
October 4
12:18 A caller on Unger Rd. reported hearing a suspicious yelp and then cutoff abruptly and did not want to be contacted.
13:00 A caller reported a subject hit a female subject and did not yield to them on Brewster Grange Rd., the accident was changed from a non-injury to a civil call.

CANCER

CONTINUED FROM PAGE A3

NATIONAL SUPPORT:

- * American Cancer Society, (ACS) 800ACS-2345, www.cancer.org. Programs include: I Can Cope, Look Good, Feel Better, LookGoodFeelBetter.org, 800-395-LOOK
- Reach to Recovery, a one-to-one survivors' help program. New Birthday Campaign: Less Cancer, More Birthdays. MoreBirthdays.com, Facebook and blog Official-BirthdayBlog.com or Cancer.org/circleofsharing.
- * American Society for Therapeutic Radiology and Oncol-

- ogy. 1-800-962-7876, www.astro.org.
- * American Society of Plastic Surgeons, 888-475-2784, www.plasticsurgery.org.
- * AVON Foundation www.avonfoundation.org
- * Blood & Marrow Transplant Information Network 1-888-597-7674, www/bmtinfonet.org
- * Become a member of Love/Avon www.armyofwomen.org or 866-569-0388
- * Living Beyond Breast Cancer, 888-753-5222 www.lbbc.org.
- * National Breast Cancer Coalition, 1-800-622-2838, www.stopbreastcancer.org or www.canceradvocacy.org
- * National Coalition for Can-

- cer Survivorship
- * Online community Cancerserv.org use to create your own Web pages
- * Susan G. Komen For the Cure, 1-877-GO-KOMEN, www.komen.org
- * The Breast Cancer Alliance, 203-861-0014, www.breastcanceralliance.org
- * National Lymphedema Network, 1-800-541-3259, www.lymphet.org.
- * SHARE (Breast Cancer Hotline) 1-866-891-2392, www.sharecancersupport.org
- * Vital Options International, 1-800-477-7666 www.vitaloptions.or
- * Zero Breast Cancer: www.zerobreastcancer.org

Senior Center offers homemade pies for Thanksgiving

BREWSTER - The Brewster-Bridgeport-Pateros Senior Center will be offering apple and pumpkin pies for sale by order for Thanksgiving this year.

The pies will sell for \$12 each and have been a popular item when the center has provided them in past years.

"We sold 55 pies two years ago," said center president Charlene Knox.

Order forms are available at the center at 109 S. Bridge Street. Customers can also order by phone at 509-689-2815. The order deadline is Nov. 10. Payment in advance is required.

Dress for Halloween

The public is invited to dress in a costume and join the seniors for Halloween lunch on Oct. 31. The cost for non-mem-

bers is \$10. Call in advance to reserve a meal. The Halloween menu will feature pulled pork sandwiches, pea salad, coleslaw, tropical fruit and dessert.

The center's thrift store has marked down all pink-tagged clothing by 50 percent for the month of October. New items are coming in every day and a good selection is always available.

NEW HOSPITAL, STABLE FUTURE

THREE RIVERS HOSPITAL IS PLANNING A NEW FACILITY IN THE SAME LOCATION IN BREWSTER.

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THREERIVERSHOSPITAL.NET 509.645.3347



Have a Community or Sports Story idea?

Contact
Mike Maltais
at 360-333-8483 or
michael@ward.media

FUNERAL SERVICES

A Graveside Service will be held for Loren and Diane Glessner on Saturday, October 14, 2023 at 11 a.m. at the Mansfield City Cemetery. Lunch will follow at 12 p.m. at the Mansfield Senior Services are under the direction of Precht Rose Chapel of Chelan.

QUAD CITY CHURCH GUIDE

BREWSTER • BRIDGEPORT • PATEROS

BREWSTER



www.cbcbrewster.com
Sunday Worship 9:30 a.m.

"With men this is impossible; but with God all things are possible."
- Matthew 19:26



To place your Church information in the Church Guide call Ruth at 509-682-2213 or email: ruthk@lakechelanmirror.com

COMMUNITY BULLETIN BOARD

Oct. 11, 13, 17-18

Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery

BREWSTER – The Senior Center is now serving meals at noon at the center on Tuesdays, Wednesdays and Fridays. Home delivered meals are delivered those same days. Please call 509-689-2815 to reserve meals. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. Oct. 11: Honey Mustard Chicken, Wild Rice, Key West Veggie, Coleslaw, Tropical Fruit, WW Roll, Dessert; Oct. 13: Meatloaf, Mashed Potatoes & Gravy, Green Beans, WW Roll, Pear Crisp; Oct. 17: Beef Stew, 7 Layer Salad, Orange Quarters, Biscuits, Dessert; Oct. 18: Tater Tot, Casserole,

Greek Salad, Chilled Peaches, WW Roll, Dessert.

Oct. 11-13, 16-21

Senior Center Thrift Store

BREWSTER – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Check out their great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

Oct. 11-12

Chelan Valley Hope

Serving Bridgeport, Mansfield, Waterville, Orondo, Chelan, Manson, Chelan Falls, Entiat
CHELAH - Chelan Valley Hope's Winter Coat Drive has officially launched for the season. We are accepting new and gently used coats, hats, scarves, gloves, and new

socks. All sizes are needed. Donation bins can be found at the following locations; Chelan Valley Hope, Chelan Fire & Rescue, Manson Fire Dept., Lake Chelan Eagles, Twisted Cork, North Shore Bible Church, Church of the Nazarene, Chelan Library, and Even Keel Roadhouse. If you are in need of warm winter wear please call or visit us at Chelan Valley Hope, open Monday through Thursday 9 a.m.-3 p.m. (closed Noon to 1 p.m.) Call 509-888-2114 for more information or to schedule an appointment. Or visit our website and follow us on Facebook and Instagram to get the latest CVH news and updates chelanvalleyhope.org, @ChelanValleyHope.

Oct. 11

Brewster Chamber to meet

BREWSTER – The next general meeting of the Brewster

Chamber of Commerce will be held Wednesday, Oct. 11, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

Oct. 12

Bingo

BREWSTER - Brewster American Legion Bingo every Thursday night at 6 p.m. Open to the public. Progressive blackout game pot up to over \$700.

Oct. 12, 19

Brewster bus trips

BREWSTER – OCTN takes Brewster area resident to Wenatchee, second Thursday of the month. That next trip is Oct. 12. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month,

Oct. 19 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

Oct. 14

2024 Methow Valley Rodeo Queen Tryouts

WINTHROP - Methow Valley Horsemen will conduct tryouts for 2024 rodeo queen on Oct. 14, at noon, at the Winthrop Rodeo Grounds. Potential queen must be able to transport her own horse and represent the Methow Valley for one year starting in May 2024, traveling to multiple rodeo, parades and luncheons. Tryouts will consist of riding ability, horsemanship and

public speaking. For more information Contact Dennis Gardner 509-846-9880 or Leanna Melton 509-322-2651.

Oct. 16

Family and friends Support Group

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcf-wenatcheevalley.org

Oct. 18

American Legion meeting

BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

FIBER

CONTINUED FROM PAGE A1

company secure grant funding. BAT was formed from a coalition of partners in February 2019 with the goal of bringing high speed internet to every part of Okanogan County and the Colville Reservation. Grants included \$3.9 million from the National Telecommunications and Information Administration (NTIA) for Ziplify to provide service to Brewster, Tonasket, Loomis, and Curlew (Ferry County).

"The main body of the town of Republic is now completed," said Keith Simas, Ziplify's local manager. "Tonasket is just now ramping up. Loomis is a small town so that will go fast."

Brewster Director of Finance Misty Ruiz said the new high-speed service will resolve payment delays or failures between the city and utility customers and eliminate business credit card transaction problems.

"Even the lowest of incomes will qualify for service," said Ruiz, adding that subsidies may be available to make the new Internet affordable for all households. The subsidies are handled through Ziplify, but city hall can help with information about that option.

"The digital equity issue in America is huge today," said Ruiz. "Now we don't have to



MIKE MALTAIS/WARD MEDIA

One might say the real guest of honor was this Ziplify installation truck.



MIKE MALTAIS/WARD MEDIA

Kay Quinn is Ziplify's operations manager for Montana, Idaho, Eastern Washington, and Eastern Oregon.

worry about that anymore. We have closed our digital divide."



MIKE MALTAIS/WARD MEDIA

Ziplify golden shovel

Mike Maltais: 360-333-8489, michael@ward.media

FEST

CONTINUED FROM PAGE A1

sert, chamber member Monse Meza loaded aluminum pie plates with piles of whipped cream.

Another line waited for a seat before special education para-pro Darla Castillo whose face-painting table became a quick hit with the kids.

The Bridgeport chamber reactivated after Carlos and Zuni Henriquez moved to Bridgeport in July 2020 as co-pastors of their new WellSpring of Life Church in the Foursquare building at 1300 Foster Ave. By February 2022, Henriquez persuaded every business owner in the city to convene for the revived chamber and begin planning its banner event, Bridgeport Daze, held on the first weekend of June every year. Other events followed including Santa Comes to Town in December and another well-organized Bridgeport Daze last June.

After the Henriquez's moved out of the area last spring Bridgeport resident Jose Sanchez took over the



MIKE MALTAIS/WARD MEDIA

An autumn theme provides the perfect background for a family photo.

reins as the new chamber president and the group made the transition seamlessly. That was evidenced by the large crowd that turned out for the chamber-sponsored Easter Egg Hunt in April.

Sanchez said the chamber may do something for Thanksgiving, but those details are still being worked out.

Sanchez said chamber interests are not stopping at the city limits. One of the eventual goals the group supports is the reopening of the Lake Wood

Golf Course on the western shore of Lake Roosevelt in Bridgeport State Park about four miles north of downtown Bridgeport.

Lake Woods closed its nine-hole operation five years ago this month citing lack of membership and play.

"I would love to see that; a lot of people would," said Sanchez of the growing number of players. "Local golfers have to drive all the way to Okanogan (35 miles) or to Alta Lake (21 miles) at Pateros now."

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YOUTH

CONTINUED FROM PAGE A1

cooking and maintenance. The meal schedule designates who preps and who cleans up for each meal each day.

"They learn how to do the barbecues; they learn how to prep food," Anders said.

The activity schedule has jam-packed activities that begins at 6 a.m. and is broken into half-hour increments until lights-out at 10 p.m.

Monday was orientation day for the junior and senior student counselors and staff.

The students departed by bus at 9:30 a.m. on Tuesday, Oct. 3, and were introduced to camp rules and etiquette before their meeting with a Washington State Parks Ranger.

The students have an arrangement to give back to their hosts during the camp experience.

"They work off their park fees in collaboration with the Washington State Parks," Anders said. "Each day the park rangers have a different program."

That includes a combination of park improvement projects plus an activity such as a nature trail walk or – on the final day

at camp – a two-hour hike to the summit of nearby Billygoat Peak.

Included on the activity schedule:

- Search and rescue volunteer Jason Ramos, a professional drone operator, demonstrated how to operate a drone.
- Local trapper Brandon Short displayed an assortment of animal furs.
- Kayaking and canoeing on Alta Lake was under the watchful eye of certified lifeguard Emerson Webster.
- Being prepared was explained by Okanogan County Emergency Management director Maurice Goodall.
- The Washington Trails Association instructed trail smarts.
- Pateros Fire Chief Kerry Heen discussed fire behavior and safety precautions.
- All about fishing was the topic for professional guide Steve Poppe.
- Park Ranger Joe Giampietri taught tree and vegetation identification.
- Nick Fosse and Justin Troutman with the Washington Department of Fish and Wildlife discussed wildlife education.



MIKE MALTAIS/WARD MEDIA

A student camper inspects a badger pelt.

- Anders talked about the Survival Rule of Three.
- Students learned the basics of cutting tools and wood chopping.
- Camps and equipment for camping and hiking was on the list.

Along with the hike up Billygoat Peak, Friday was camp pack-up and clean-up day as students were bussed back to the school in the early afternoon. Outdoor Ed camp is scheduled for the first week of October.

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WEATHER

CONTINUED FROM PAGE A1

en grantmaking and philanthropic consulting services.

Anders also responded to wildfires earlier this summer in Spokane.

"I was invited by state emergency management and then Spokane County to come over and support the Long-Term Recovery Group over there," Anders said.

The DLT goal is to form an association that helps long-term recovery groups in different parts of the country connect among themselves. The timeline is to have the elements in place sometime next year with program implementation in 2025.

Disaster Leadership Team Board

The board includes:

- OCLTRG Executive Director Carlene Anders
- Renee White, board president and team member, Joplin, Missouri (tornado).
- Stephanie Brady, board vice president and team member, Joplin, Missouri (tornado).
- Janice Butler, board treasurer and team member, Bastrop, Texas (wildfire, flood, tornado).
- Nino Andaloro, board secretary, Northern Front Range, Colorado (flood).



MIKE MALTAIS/WARD MEDIA

A house in Monse burns in the 2020 Cold Spring wildfire.

- Christine Files, board and team member, Balstrop, Texas (wildfire, flood, tornado).
- Sheryl Monette, board and team member, Northern Minnesota (flood).
- Jessica Farmer, board and team member, Central Washington (wildfire).
- Dean Minardi, board and team member, Northern Minnesota (flood).
- Valerie Brown, board and

- team member, Southern California (wildfire).
- Dante Gliniecki, board member, Gulf Coast (hurricane).
- Mark Langoria, board and team member, Texas Gulf Coast (hurricane).
- Michelle Brewer, team member, Texas Gulf Coast (hurricane).
- Steve Barbour team member, rural Wyoming (wildfire, flood).



MIKE MALTAIS/WARD MEDIA

Paula Hernandez, front, and Millie Shurape paint pumpkins

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COURTESY OF BRAD SKIFF/BRIDGEPORT SCHOOL DISTRICT

Bridgeport's Ian DeDios just misses catching a two-point conversion.

Pateros, Brewster soccer teams pick up league wins



MIKE MALTAIS/WARD MEDIA

Brewster's Yaretzi Shagun, 18, defends the Bears' goal against a Quincy player.

Billygoats hit a wall at Bridgeport

By MIKE MALTAIS
Ward Media Staff Reporter

BRIDGEPORT – The visiting Pateros Billygoats varsity football team came up short in pursuit of its first win of the season with a 38-18 district loss to the Mustangs on Sept. 29.

The victory is the first district win for 1-2 Bridgeport and puts the Mustangs in sixth place with three district rivals waiting in the wings. The Mustangs host Soap Lake on Oct. 6, followed by Waterville/Mansfield at home on Oct. 13, and Entiat also at home on Oct. 20.

Pateros hosts district rival Waterville/Mansfield on Oct. 6, followed by a pair of road games, the first at non-district Davenport on Oct. 13, and district opponent Soap Lake on Oct. 20.



COURTESY OF BRAD SKIFF/BRIDGEPORT SCHOOL DISTRICT

Bridgeport's Esteban Martinez (4) and Kevin Pelcastre (80) try to break up a pass to the Billygoats' Ish Mireles (10).

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MIKE MALTAIS/WARD MEDIA

Pateros head soccer coach Olivia Cronin, right, encourages the Nannies during a break against Okanogan.

By MIKE MALTAIS
Ward Media Staff Reporter

PATEROS – The Nannies varsity girls soccer team got back on the winning track with wins over Bridgeport, 4-1, on Sept. 28, followed by Manson, 4-0, on Oct. 3. The victories come after a pair of losses against Brewster, 6-1, on Sept. 26, and 8-1 against defending state champion Okanogan Bulldogs.

Stevie Simmons with two goals and Giselle Cenicerros

and Coco Cronin with one apiece powered the win over the Fillies. Cenicerros scored twice and Cronin and Simmons once each in the win over Manson.

Pateros played one of its best games of the season at Liberty Bell on Sept. 19 when the Nannies fought to a 2-2 overtime tie with the Mountain Lions.

Head coach Olivia Cronin described the contest as “intense and exciting to watch and an absolute battle.”

“We jumped on them early when Wrandle Bowen made a great assist to Giselle Cenicerros who put it in the goal,” Cronin said.

Liberty Bell tied the game, 1-1, before the half.

“In the second half, Liberty Bell scored first,” said Cronin. “When Liberty Bell’s defense was called for a handball, Coco Cronin took a long free kick that sailed into the goal with about five minutes left in the game to tie it, 2-2.”

Coach Cronin said the game then went into overtime.

“After 10 minutes the score still remained 2-2,” said Cronin. “The game ended in a shootout with Liberty Bell taking the victory.”

Brewster wins three
The Bears’ varsity girls have been on a roll with three consecutive wins following their loss to Quincy on Sept. 21. After defeating visiting St. George’s, 2-1, on Sept. 21, Brewster beat Pateros, 6-1, on the Bears’ home field and shut out Manson, 3-0, on the road, Sept. 28.

Mike Maltais: 360-333-8483,
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6	5	1	2	3	8	9	7	4
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1	3	7	6	8	5	4	2	9
4	9	6	1	7	2	3	5	8
2	8	5	3	4	9	7	6	1

Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras. **Leavenworth/Cashmere 509-548-5286** email: classifieds@ward.media
Lake Chelan Mirror 509-682-2213
Quad City Herald 509-689-2507 classifieds@ward.media
Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**
Email your ad to: classifieds@ward.media to place your ad in our newspapers:
Lake Chelan Mirror Quad City Herald The Leavenworth Echo Cashmere Valley Record
You may also call 509-682-2213, 509-548-5286 or 509-689-2507 to place your ad

General Interest

PREPARE FOR POWER OUTAGES today with a GENERAC home standby generator. \$0 money down + low monthly payment options. Request a FREE Quote. Call now before the next power outage: 1-888-674-7053.

ADVERTISE STATEWIDE with a \$325 classified listing or \$1600 for a display ad. Call this newspaper or 360-344-2938 for details.

ELIMINATE GUTTER CLEANING FOREVER! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & amp; Military Discounts. Call 1-888-360-1582.

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details, 855-635-4229.

Employment

Help Wanted

Looking for a great local employee? Place your ad today
Call 509-682-2213 Lake Chelan Mirror Quad City Herald Brewster or email classifieds@ward.media
Leavenworth Echo Cashmere Record 509-548-5286 or email classifieds@ward.media
Deadline is Friday at Noon for the following Wednesday issues of all newspapers

Help Wanted



Public Works - Truck Driver/Laborer - Temporary Winter Help
The Chelan County Public Works Department is seeking applicants for our three, four-month long winter Temporary Truck Driver/Laborer positions in the Leavenworth & Wenatchee Districts. The duties include performing manual labor, driving truck and/or operating light and heavy equipment, and snow plowing. The salary range is \$22.48 per hour up to \$24.66 per hour based on experience. These four-month positions will start mid to late November. These positions require a Washington State Driver's License, Class A CDL with Tanker Endorsements and prefer to have a current First Aid/CPR card and flagging card. Applications and a detailed job description can be found on the Chelan County Human Resource Career Opportunities page; <http://www.co.chelan.wa.us/human-resource/sjobs>
The application, resume and letter of intent must be returned to the Chelan County Human Resource Department 400 Douglas Street #201, Wenatchee, WA 98801 or email to human.resource@co.chelan.wa.us no later than Wednesday, November 2, 2023 at 5:00 p.m.



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Help Wanted

Bus Driver/Operator - Part-Time
Organization: Okanogan County Transit Authority (TranGO)
TranGO IS HIRING A DRIVER; Part-time (25-30 hours per week) position available now; hourly non-exempt. Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include a percentage of agency paid health, dental, vision, life insurance, and retirement (see website for benefit details), sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S 2 nd Avenue, S, Suite A, Okanogan. Application Deadline: Application review will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.



School District is seeking qualified applicants for the following positions:
• Cascade High School Head Baseball Coach
Fast Track application process and information can be found on our website at www.cascadesed.org EOE

NEEDED
A pianist /accompanist for the Leavenworth Community United Methodist Church. Approximate hours on Sundays would be from 9:30-11:00 a.m. Our services include a prelude and postlude, two or three hymns and traditional service pieces (Doxology, etc.). Please leave a message at the church: 509.548.5619 and we will contact you.

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.
Call **Lake Chelan Mirror Quad City Herald 509-682-2213** or email classifieds@ward.media or call **The Leavenworth Echo Cashmere Valley Record 509-548-5286** classifieds@ward.media
Deadline: Noon on Friday for all papers.

Garage & Yard Sale

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Garage Sale
Let others know what items you are selling! **Deadline Friday at Noon for all papers**
Lake Chelan Mirror Quad City Herald 509-682-2213 classifieds@ward.media
Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@ward.media
Four newspapers for one low price!

Real Estate

Vacation Rentals

Arts and Crafts Retreat Chelan Mountain Lake View. Walk to town. Private vacation or vocation. Fully furnished, 800 sf. house on four acres. \$1,600 monthly, first and last, plus returnable deposit. windowsart.com 206-632-7332

Legals

Public Notices

The Bridgeport Irrigation District will be turning off irrigation water for the season on Friday, October 13, 2023. For any questions or concerns, contact the secretary at 503-804-3085 Published in the Quad City Herald on October 11, 2023. #6475

Public Notices

NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL Meeting

NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing amending Title 17 Zoning Code relating to short term nightly rentals for the City of Pateros. Said public hearing shall be held on Monday, October 16, at 6:00 pm. 113 Lakeshore Drive Pateros, Washington, at which time and place all interested persons may call and appear and be heard. Please call city hall at 923-2571 for further information. Published in the Quad City Herald on October 11, 2023. #6493

Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR KING COUNTY

In Re The Estate of: Phyllis Jean Gresham Deceased.
No. 23-4-06110-9
PROBATE NOTICE TO CREDITORS (RCW 11.40.030) (NTRCD)

The person named below has been appointed as Personal Representative of this Estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: September 27, 2023. Personal Representative Wendi Damerval Attorneys for Personal Representative Alex Milkie, WSBA #40525 Address for Mailing or Service: Alex Milkie Pacific Northwest Family Law 2018 156th Ave NE Bellevue, WA 98007 Court of probate proceedings and cause number: King County Superior Court Case No. 23-4-06110-9. Published in the Quad City Herald October 11, 18, and 25, 2023. #6401

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131 S. Apple Blossom Drive, Ste. 109 in the Chelan Business Center - Chelan

Federal agencies seek public input on grizzlies in North Cascades

By QUINN PROPST
Ward Media Staff Reporter

The National Park Service and U.S. Fish & Wildlife Service are seeking public input on a recently released draft plan to reintroduce Grizzly bears to the North Cascade Ecosystem.

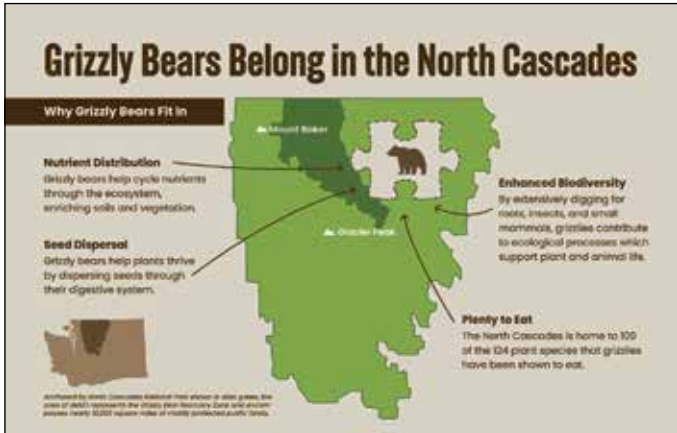
The plan includes three options for the public to review. Option one is considered the no-action option in which nothing is done and land management continues as is. The other two action alternatives seek to restore grizzly bear populations to a goal of 200 bears over the next century.

"The time has come for the grizzly bear to return to its habitat to take its place in the indigenous ecosystem," said Scott Schuyler, policy representative for the Upper Skagit Tribe, whose territory lies within the recovery zone. "The Upper Skagit successfully coexisted with grizzly bears for thousands of years, and we should once more."

"The North Cascades are a special place because it's big enough and wild enough to support Grizzlies," said Gordon Congdon, retired Wenatchee orchardist and former executive director of the Chelan-Douglas Land Trust. "There's only six places in the lower 48 that have received that designation as grizzly bear recovery zones and the North Cascades is one of them."

Grizzlies roamed the Cascades for thousands of years before hunting and trapping brought them to near-extinction levels.

Grizzlies are known to add to the health of ecosystems. They help regulate the populations of animals they prey on, transport nutrients



COURTESY OF NATIONAL PARK SERVICE

through their scat, and promote vegetation health as they dig for food in the soil.

However, wildlife biologists do not believe a natural recovery is possible.

"First of all, grizzly bears are a native species to the North Cascades," said Congdon.

"There are estimates that at one time there were as many as 50,000 grizzly bears in the western United States," Congdon said. "And unfortunately, by the early 1970s, that number had been reduced to just a few 100 grizzly bears with a few bears in Yellowstone National Park, a few bears in Glacier National Park, and a small number of bears in a couple other places in Montana, and their original range had decreased from this huge area in the western

United States to about 2% of the original area."

The last confirmed sighting of a grizzly bear on the U.S. side of the Cascades was in 1996.

The NCE is one of two federal grizzly recovery areas without an established population of bears, and natural bear migration is unlikely to repopulate it. Instead, based on decades of thorough research, wildlife biologists suggest safely relocating existing bears into the North Cascades.

This is the second attempt by the agencies to restore grizzlies to the NCE after a 2015 process was halted by the Trump administration in 2020. At the time, more than 159,000 members of the public wrote comments supporting the reintroduction of grizzlies.

Under both action plans, it is anticipated that three to seven bears would be released into the NCE each year over five to 10 years with a goal of establishing a population of 25 bears. At this point, it would switch to adaptive management.

Under one action plan, bears would be managed as a threatened species with the existing rule under the Endangered Species Act. What makes the process different this time is that the second action plan includes the 10 (j) rule, which would designate the bears as a nonessential experimental population instead.

"This rule is designed to essentially give land managers and wildlife managers more tools to prevent conflict and confront con-

flict," said Graham Taylor, program manager for the National Parks Conservation Association (NPCA).

"The Park Service is doing its best to try to create a good environment context for recovery that works for people and for bears," Taylor said.

According to the National Park Service grizzlies are a relatively minor threat to humans especially when compared to other hazards.

"Most of the problems that we have with them (bears) are often caused by humans rather than the animal, and with bears, most of the problems revolve around two things, food and with grizzly bears, they're very defensive of their cubs," Congdon said.

"But if we would deal with

food in our communities, like Leavenworth, for example, Leavenworth has a lot of black bears, and it's creating some problems," Congdon said. "Leavenworth is now taking some positive steps to reduce the amount of food and garbage available to black bears. And that's going to make a huge difference in the city of Leavenworth. It's going to make it much safer, frankly, for bears because where there are problems bears are usually ones that suffer."

"We have an opportunity in the North Cascades to bring back a missing icon, a missing icon of the Western wilderness, a grizzly bear," Congdon said. "And that's something that very few places in the United States can do. We have lots of black bears, but we also will have an opportunity to have grizzly bears and that's a very special thing."

"As we move into the future, if we're going to fight against biodiversity loss, we have to be willing to be creative and try some things to restore and maintain biodiversity," Congdon said.

The public may submit comments through Nov 13, 2023, on the National Park Service website. The plan can be found on their website under the 2022 North Cascades Ecosystem Grizzly Bear Restoration Plan/Environmental Impact Statement. Comments can also be submitted to the office of the Superintendent at North Cascades National Park Service Complex, 810 State Route 20, Sedro Woolley, WA 98284.

Quinn Propst: 509-731-3590 or quinn@ward.media

THE WASHINGTON OUTDOOR REPORT

Outdoors Round Up

By JOHN KRUSE
Washington Outdoor Report

NEAR RECORD FISH CAUGHT:

East Wenatchee resident Joan Hardesty and her husband launched their boat and spent the day catching bluegill at Potholes Reservoir on September 29th. I came across the two at the Potholes State Park fishing cleaning station and saw they had a very good day, having caught a good number of sizeable bluegill. One of the bluegills stood out, though, far and away the biggest one I had ever seen in my entire life!

I asked the two if they had weighed the fish, and they said they had not because they did not have a scale. I asked them not to fillet the fish until I could get my scale and weigh it and told them I also wanted to check what the state record is for bluegill.

The brute of a bluegill weighed 2.27 pounds on my handheld scale. Checking the Washington Department of Fish and Wildlife (WDFW) website, I learned the current state record had stood for nearly 40 years, a 2.33-pound bluegill hauled out of Tampico Park Pond in Yakima County by Ron Hinote back in June of 1984.

With the weight being so close to the record, I recommended she go to a certified scale and get it weighed. Joan did so (at the Moses Lake Safeway store) and unfortunately, it didn't quite break the record, officially weighing 2.275 pounds. While it didn't beat the state record, it was still the bluegill of a lifetime for Joan!

WDFW TROUT DERBY CONTINUES:

WDFW issued a press release reminding anglers that their annual trout derby continues through October 31st. Eight hundred trout with blue tags were released into 100



COURTESY OF JOHN KRUSE

Joan Hardesty with a near record breaking bluegill.

lakes around the state this spring, and businesses donated \$40,00 in prizes that are being given to those who catch the fish and report them to WDFW. Currently, 55 to 60 percent of these fish have been harvested, leaving quite a few still available in a month that sees trout on the bite, putting on weight before winter.

Here is the current status of lakes in Central and Eastern

Washington that were stocked with derby fish:

CHELAN COUNTY - Beehive Reservoir still has nine tagged fish swimming around, and Wapato Lake near Manson has four tagged trout that have not been reported as caught. Each of these fish will net lucky anglers a \$25 to \$50 gift card.

DOUGLAS COUNTY - Jameson Lake still has five prizes waiting to be claimed,

each one worth a \$50 gift card.

FERRY COUNTY - Curlew Lake is one of the best fishing lakes in the state and there are still two fish that have not been turned in. Tagged fish here have been worth a gift card and in one case, a jersey from the Spokane Indians baseball team.

GRANT COUNTY - Corral Lake has a whopping 14 fish still out there that have not been turned in. Prizes in this lake range from bait boxes to gift cards and even a one-night stay in a cabin at MarDon Resort. Two other lakes in Sun Lakes State Park south of Coulee City also have derby trout. They include Deep Lake, with sixteen trout available, and Vic Meyers Lake, with six tagged trout still unaccounted for.

KLICKITAT COUNTY - In Rowland Lake, two trout, each worth a \$50 gift card, are still apparently swimming around there, while in Spearfish Lake, three tagged fish have not been

reported as caught.

PEND OREILLE COUNTY - Diamond Lake has had three fish claimed, each worth a \$25 gift card or Spokane Indians apparel, with two still unaccounted for.

STEVENS COUNTY - Cedar Lake is fished out as far as tagged fish go, and Starvation Lake only has one tagged fish that hasn't been turned in, but Loon Lake still has four prizes waiting to be claimed that could be worth up to \$100 in merchandise. Finally, Waitts Lake has two tagged fish remaining, with previously tagged fish worth anywhere from a \$50 gas card to a pizza and soda combo at a local eatery.

If you want to find out more about participating in WDFW's annual trout derby, go to <https://wdfw.wa.gov/fishing/contests/trout-derby> but hurry, the derby ends October 31st!

John Kruse - www.northwesternoutdoors.com and www.americacountdownradio.com

CROSSWORD PUZZLE



THEME: HALLOWEEN ACROSS

- *Trees in famous Wes Craven's horror movie
- *Vampire's altered form
- Sheltered nook
- Fancy-schmancy
- Rodgers of the Packers
- "At ___," to a soldier
- I, to a Greek
- With clear mind
- *Popular Halloween decor
- Alternative to Saran
- Dionysus' pipe-playing companion
- Blue, but not as in color
- Cause of wheezing
- To that
- Corn site
- To "___ out" a competitor
- Longship propellers
- Synchronizes, for short
- *#34 Across, sing.
- Magazine's special feature
- Per person
- Like a certain fund
- Thailand native
- Embarrassed
- Afternoon nap
- + or - item
- Sacrificial spot
- What libraries do
- *Eviction of a demon
- Hair-loving parasite?
- Cher, e.g.
- Golfer's equipment
- "Beat it!"
- Celt
- On its own
- Type of sailing vessel
- Old age, archaic
- Leak through

DOWN

- *Michael Myers has only one in "Halloween Kills"
- Meadows
- Halloween face cover
- Expression of exasperation
- Ill-gotten gains
- 19th century business magnate John Jacob
- Comparison word
- *Witch's pot
- Emptiness
- Killer whale
- Last word in a fairy tale
- Statue of mourning Virgin Mary, pl.
- Aquarium scum
- Light sources
- Pronoun for a ship
- Away from harbor (2 words)
- Popular animal protein replacement, pl.
- a.k.a. doctor fish
- Through, in a text
- Sunrise side, pl.
- Plural of ostium
- Common second person pronoun contraction
- *Witch's four-legged companion
- *Leatherface's signature weapon
- Hipbone-related
- Family ___ and wing ___
- Stellar
- Data transmitting device
- Kane and Goldberg, of TV
- Type of rotation
- Cherished
- Nessie's home
- European currency
- Competitive advantage
- Uncontrolled swerve
- Remote control option
- Dropped hallucinogen
- Gene Vincent's "Dance to the ___"

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5	1			2	7		9	
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9		1	7				5	8
		3		9				

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