



## EXCELLENCE AMONG CATASTROPHE



MIKE MALTAIS/WARD MEDIA

WWTP manager Martin Landin inspects the aeration basin on the manicured park-like grounds of Bridgeport's wastewater treatment plant located west of Conklin Landing.

# 'Most significant award'

Plant manager Martin Landin and his co-worker, Howie Dikson earned well-deserved praise

By MIKE MALTAIS  
Ward Media Staff Writer

BRIDGEPORT – When Superintendent of Public Works Stuart Dezellem told the October meeting of the city council that a Department of Ecology (DOE) award presented to the city's wastewater treatment plant (WWTP) was “the most significant” of any previous it has received, the comment, in hindsight, was an understatement.

The WWTP is just emerging from a three-year nightmare of borrowed equipment, fix-on-the-fly challenges, round-the-clock monitoring, and cobbled together contraptions to not only maintain the city's water sanitation but to do it with the highest quality control standards. Plant manager Martin Landin and his co-worker, Howie Dikson earned well-deserved praise from their boss for making that happen.

“We still did not have a lab,” said Dezellem. “Martin was working out of a trailer; we were pumping sludge with a hand-made pump...and no



MIKE MALTAIS/WARD MEDIA

The new lab building, right rear, sits near the aeration basin, foreground, on the wastewater treatment plant's manicured grounds.

violations, no permit violations at all during the whole calendar year.”

Bridgeport lost its WWTP lab building in the 2020 Pearl Hill wildfire that destroyed nearly two dozen homes in the city. Combined with delivery delays caused by the COVID pandemic, it has taken until 2024 to rebuild and re-equip the facility to the point where it is now applying for re-accreditation from the DOE.

Landin said he was in Idaho visiting relatives during Labor Day weekend when what would become the Pearl Hill wildfire erupted near Omak 40 miles north in Okanogan County. As he attempted to make the return drive home, he encountered highway clo-

sures from other wildfires in Davenport and again at Moses Lake and finally between Brewster and Bridgeport. By the time he arrived by alternate routes the lab building was gone.

Both Dezellem and Dikson were scrambling to save their homes so Landin made a quick assessment of the plant damage.

While the lab and its computers and other equipment was gone, Landin determined that other parts had survived.

“We were lucky,” said Landin pointing to a second building on the west end of the grounds. “The brains of the plant in the electrical building did not burn.”

More good news. Every-

thing was still running though Landin had no computers left to monitor the data and had to verify everything manually.

“We have a good generator, and it took over to keep everything running,” Landin said.

The first order of business was securing a source of power and a temporary structure to house a makeshift lab.

A representative from Evergreen Rural Water in Shelton stepped in to help with equipment, strategy, and paperwork. Electrical and computer specialists helped establish basic connections.

The City of Brewster came through with a spare generator and a trailer was hauled

SEE AWARD ON PAGE B2

## PUBLIC SAFETY



COURTESY OF SEAN HILTZ

Pateros Fire Department 2nd Lt. Bruce Heene shows off the district's new combat ready urban interface engine with two young drivers, Mason Hiltz, 6, left, and his brother, Rowan, 4, in the cab.



MIKE MALTAIS/WARD MEDIA

A flame is visible from outside the burning structure.

# District fire crews train on controlled burn

BRIDGEPORT – Crews from all four stations in Douglas Okanogan Fire District 15 gathered at the Zahn Ranch near Bridgeport on Nov. 4 to hone their attack and suppression skills on a controlled burn structure donated to the district as a training tool.

Those who do not regularly attend the district's monthly meeting may not be aware of the number and variety of calls each station responds to in a given month. A review of meeting notes compiled and published for

August 2023, provides a snapshot of what a typical month involves.

### DISTRICT

Chief Bill Vallance reported 52 calls for service since the July meeting and 336 calls this year. The average is about 150 calls annually.

Valance, the district's first and only chief, announced his retirement effective June 30 this year. He has agreed to remain in his position until a new chief is hired and trained.

SEE FIRE ON PAGE B2

## CELEBRATIONS

# Quad communities go all-in for Halloween

By MIKE MALTAIS  
Ward Media Staff Reporter

QUAD CITIES – Something about the Hunter's Moon and Halloween draws the ghouls and goblins like a horde of locusts. The creatures consume sweets and treats in staggering quantities. Then they vanish in a cloud of confection as mysteriously as they appeared until the craving returns – that usually takes about a year – and back out of their burrows

they come.

### BREWSTER

The Chamber of Commerce sponsored its annual costume contest in Legion Park. Medals were handed out to every entrant and trophies were awarded to the best costumes in five age groups.

The Brewster Police Department had a table at the event where they distributed candy, police stickers, and reflective glow-in-the-dark bags to make the trunk-or-treaters easier to

spot in the dark.

“It's a great way for the officers to interact with the kids,” said city Director of Finance Misty Ruiz, “and the police stickers they hand out are a popular item.”

P1FCU Credit Union and The Childrens House Child-care Center handed out treats as well.

Legion Columbia Post 97 members Glenn Farrington and Greg Wagg manned the trunk or treat vehicle in the

parking lot.

Trick or Treat Down Main Street kept businesses and partygoers busy until dark.

### PATEROS

Trunk-or-treat in the high school parking lot is always a high-energy event with a variety of activities from the FFA barbecue to a balloon photo backdrop.

The Pateros Fire Department had an engine and rescue truck on display. Volunteer and Second Lieuten-

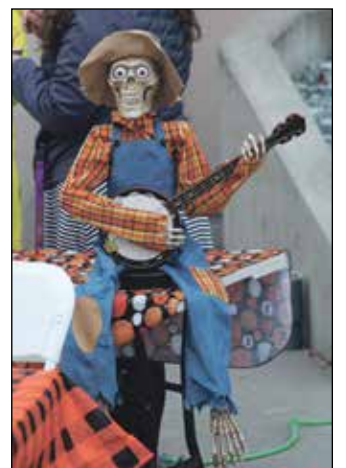
ant Bruce Henne said the 40 pounds of Pink Lady apples he brought along were a hit with families.

“I gave away easily 100 individual apples,” Henne recalled in addition to bags handed out to families.

### BRIDGEPORT

The elementary school came through with its popular trunk-or-treat in the spacious parking lot. More than a dozen

SEE HALLOWEEN ON PAGE A3



MIKE MALTAIS/WARD MEDIA

Lots of spooky fun was had across Quad Cities on Halloween.

Inside the Quad City Herald this week

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QUAD CITY HERALD

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**Get your event in the spotlight with Ward Media!**

If you have an exciting event to share, email Reporter Quinn Propst at [quinn@ward.media](mailto:quinn@ward.media). We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



**5 THINGS TO DO This Week**

**Veterans Day Parade**

Historic Downtown Chelan will honor veterans with a Veterans Day Parade on Saturday, Nov. 11 from 11 to 11:30 a.m.

We can't wait to spread the festive joy with you." For more information visit [riovistawines.com/events/](http://riovistawines.com/events/).

**Open Mic Night**

Sigillo Cellars in Chelan will host Open Mic Night on Wednesday, Nov. 15 from 5-7 p.m. "You are welcome to attend and listen to local musicians or get up on stage and perform," the event page states. "We will be offering happy hour prices during Open Mic every Wednesday." For more information visit [sigillocellars.com](http://sigillocellars.com).

**Dungeons and Dragons Night at the Library**

The Omak Public Library will host Dungeons and Dragons Night at the Library on Thursday, Nov. 16 from 3:30-5:30 p.m.

"Join others in your quest to seek out adventure and glory," the event page states. "Each week will be a new quest to challenge our young adventures. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program." The event is for ages eight to 13. For more information visit [ncwlibraries.org](http://ncwlibraries.org).

**Native Hip Hop featuring RezLoyal Family**

The Omak Performing Arts Center will host a night of Native Hip Hop featuring RezLoyal Family on Thursday, Nov. 16 from 6-7:15 p.m. "Join us for

a one hour performance from the RezLoyal Family featuring artists Jamerson & Jeriah, DJ Tee, and Yellowwolf," the event page states. "This program is in partnership with Wenatchee Valley College." The performance is free and open to all. For more information visit [omakpac.org](http://omakpac.org).

**Sip & Shop at Rio Vista Wines on the River**

Rio Vista Wines on the River in Chelan will host a Sip and Shop event on Saturday, Nov. 11 from 12-5 p.m. "Visit Rio Vista Wines on the River and get ready for the holiday season," the event page states. "Shop a few wonderful vendors as you sip a glass of hot spiced wine. These vendors bring the most wonderful, hand-crafted, quality goods. This is absolutely appropriate for the holiday season!"

# Michelle's Kitchen Table: Salmon Loaf

I love salmon. Not only do they taste delicious, they are, as far as I am concerned, the most courageous of fish. Against all odds, they leave clear, clean, fresh waters to experience a life cycle out at sea that eventually brings them back to their birth streams to reproduce in cycles that vary from two to seven years. Most hatched salmon don't return to reproduce because they feed so many mouths, including mine. I gazed down from the bridge into the cold water at their dark backs, swishing slowly back and forth in the waters below me, and I considered how many creatures survive and even thrive because salmon exist. The salmon transition from having freshwater flow through their new gills to being able to breathe

salt water as they enter the ocean where they spend the bulk of their lives, adapting to life's circumstances before heading back to their home river and letting the fresh water turn them dark as they made their way upstream to spawn so the cycle can begin all over again. And for that, every year, at this time, I am extremely thankful. When the days get shorter, the weather gets colder, and Grandma makes a salmon loaf for dinner, I am grateful to God for His generosity in giving us salmon for supper.

**Grandma's Salmon Loaf**

1 14.5 oz can of Alaskan salmon — 1 cup cracker crumbs, instant oats, or fresh bread crumbs  
1-3 Tablespoons of olive

oil — ½ sm. onion diced or 2 Tablespoons dried onion flakes

1 egg — 1 rib of celery or ½ teaspoon dried celery seed(optional)

Pinch of garlic(optional)  
Drain canned salmon, reserving the liquid. Mix the drained salmon with the egg, cracker crumbs, instant oats, or fresh bread crumbs & set aside. Saute the onion (& celery or celery seed). When the onion is translucent, take the pan off the heat and add the pinch of garlic powder & let cool for five or ten minutes. When the sauteed vegetables are cooled, add them to the salmon mixture and mix well. If the mixture is too dry, add some of the reserved liquid; if it is too moist, add some more cracker crumbs, instant oats, or fresh bread crumbs. Put salmon loaf into a casserole dish; bake for 45 minutes, more or less depending on the depth of the casserole dish (deeper dish take a bit longer) at 375°F. Serve with a smile & a side of lentils.

Note: This recipe will also make salmon patties. Simply make the recipe above, make patties instead of a loaf & fry in a skillet on top of the stove & dress up like a hamburger.

# Honoring those who served

Every year on November 11, our nation comes together to pay tribute to the men and women who have served in the U.S. Armed Forces. Veterans Day is a time for reflection, gratitude, and remembrance, and its history is as rich and meaningful as the sacrifices made by those it honors.

The origins of Veterans Day can be traced back to the end of World War I. On November 11, 1918, an armistice was signed, marking the cessation of hostilities on the Western Front. The following year, President Woodrow Wilson proclaimed November 11 as Armistice Day, a day to celebrate the peace achieved after the Great War.

It wasn't until 1954, following the end of World War II and the Korean War, that Armistice Day was officially renamed Veterans Day. President Dwight D. Eisenhower signed the legislation into law, recognizing that this day should not only honor those who fought in World War I but also all veterans who have served their country.

The significance of this date lies not just in the history of the holiday but in the



Terry Ward

**From the Publisher**

profound meaning it holds for our nation. Veterans Day is an opportunity for us to express our gratitude to the brave individuals who have defended our freedoms, often at great personal sacrifice. Our community here in North Central Washington, with its strong tradition of military service, understands the importance of this day. It's a time when we come together to honor our local heroes, those who have worn the uniform and represented our region with pride. As we observe Veterans

Day, it's not just about taking a day off from work or school. It's a chance to participate in parades, ceremonies, and events that highlight the valor of our veterans. It's also a time for personal reflection, where we can reach out to the veterans we know, listen to their stories, and thank them for their service.

While Veterans Day provides an opportunity to express our gratitude, it should also serve as a reminder of the ongoing commitment we owe to our veterans. It's a commitment to ensuring that they have access to the healthcare, support, and opportunities they deserve. It's a commitment to never forget the sacrifices they've made.

This Veterans Day, let's come together as a community to honor and celebrate the dedication and sacrifice of our veterans. Let's remember that, while November 11 is the designated day for this recognition, our veterans deserve our gratitude and support every day of the year. So, take a moment to thank a veteran, attend a local event, and reflect on the history and significance of Veterans Day.

# Veterans to be honored this week

**BREWSTER/MANSFIELD/BRIDGEPORT:** Local School Veterans Day ceremony schedule open to the public and all veterans: Nov 8: Brewster High School Gym 1 p.m.; Nov 9: Mansfield High School Gym 9 a.m.; and Bridgeport Middle School Gym 1p.m.

On Veterans Day, Nov. 11, at the Brewster American Legion a Membership Drive spaghetti dinner and drinks 3-7 p.m. Free appreciation spaghetti dinner for every member with their dues paid up.

**CHELAN** - The Veterans Day Parade, organized by VFW Post #6853, will be held

on Saturday, Nov.11, at 11 a.m. (11th hour/11th Day/11th Month). Bring your flag, be proud, and show your patriotism. Come celebrate with the Veterans at Chelan's annual Veterans Day Parade along Woodin Avenue. The parade will line up on Woodin Avenue by the U.S. Forest Service headquarters, come across the old bridge, go up Woodin Avenue, turn right onto Emerson Street and end at Riverwalk Park. Immediately after the parade Chelan District 7 Firefighters Association and Chelan Firefighters Local 4816 will prepare and serve free

hamburgers and hotdogs to all Veterans, currently serving Military Personnel, and their immediate families at the Chelan Fire Station, 232 E. Wapato Avenue. The public is also invited. A \$5 donation is suggested, but not required. Proceeds will be donated to Chelan VFW Post 6853. The parade and luncheon are offered in honor of those Military Veterans who have served our country.

**MANSON** - The Manson American Legion Post #108 will hold its annual Veterans Day celebration on Nov. 11, at 11 a.m., at the American Legion Park, across from the Manson Business Center. Manson Fire Chief Arnold Baker will bring Tower 51, an arial platform truck and raise a large flag above Wapato Way. There will be several short speeches and the Lake Chelan Patriotic Singers will lead those in attendance in song. This is a great event to honor all veterans that have served or are serving in the United States Armed Services.

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WARD MEDIA

# HALLOWEEN

CONTINUED FROM PAGE A1

decorated vehicles with creatively clad volunteers handed out candy plus a scare or two. Even a school minibus was pressed into service so treats could be distributed out the back door.

## MANSFIELD

The Lions Club sponsored the fifth annual Douglas County Fire District 5's fifth annual truck-or-treat at the fire station on Main Street. Not only was there plenty for the kids, but also awards for the best decorated trunk.

Mike Maltais: 360-333-8483, michael@ward.media



COURTESY OF DCFD5

A Mansfield fire engine is all decked out for trunk-of-treat,



MIKE MALTAIS/WARD MEDIA

Super Mario and Bower stopped by the P1FCU table between video game gigs.



MIKE MALTAIS/WARD MEDIA

Why did dinosaurs become extinct? An asteroid? Climate change? Nope, it was from not using designated crosswalks.

# VETERANS DAY SALUTE

Honoring those who have served and those who are.

- |  |   |   |
|--|---|---|
| <p><b>Clofas Abbott</b>, Deceased, U.S. Army. <b>E5 Steve Alford</b>, Retired, U.S. Army. <b>1st Lt. Richard Allulis</b>, Retired, U.S. Army. <b>Dan Bailliff</b>, Deceased, U.S. Air Force. <b>1st Lt. Tom Baldwin</b>, Deceased, U.S. Army. <b>Lt. Col. Scott Baker</b>, Retired, U.S. Air Force. <b>Bob Bark</b>, Retired, U.S. Navy. <b>Lt. Col. Mark Baker</b>, Active, U.S. Air Force. <b>Calvin O. Belmont</b>, Deceased, U.S. Army. <b>PFC Alfred C. Bergren</b>, U.S. Army. <b>Sgt. Carl A. Bergren</b>, U.S. Army. <b>PFC David C. Bergren</b>, U.S. Marine Corps. <b>Sp-5 Mearl E. Bergren</b>, U.S. Army. <b>PFC Teresa D. Bergren</b>, U.S. Army. <b>Gordon Black</b>, Deceased, U.S. Marine Corps. <b>Sp-4 Richard L. Bergren</b>, U.S. Army. <b>Hartley Swede Blankenship</b>, Deceased, U.S. Marine Corps. <b>Dr. Donald E. Carpenter</b>, Captain, Retired, Deceased, U.S. Air Force. <b>Sgt. Daniel Brian Christenson</b>, Deceased, U.S. Army. <b>Doug Clearwaters</b>, Deceased, U.S. Army. <b>Larry Eldred</b>, Deceased, U.S. Army. <b>David Field</b>, Retired, U.S. Army. <b>David T. Firman</b>, Deceased, Army Air Corps. <b>Robert C. (Bob) Firman</b>, Deceased, U.S. Army Air Corps. <b>Vernon Firman</b>, Deceased, U.S. Army.</p> | <p>Army. <b>Donald L. Forbush</b>, Retired, U.S. Army. <b>1st Lt. William Forhan</b>, Deceased, U.S. Army. <b>E5 Michael S. Forhan</b>, Retired, U.S. Navy. <b>George Freeman</b>, Deceased, U.S. Navy. <b>Robert Goedde</b>, Retired, U.S. Army. <b>Lt. Col. Craig Hess</b>, Retired, U.S. Air Force. <b>Jack Goehry</b>, Deceased, U.S. Air Force. <b>Clyde W. Green</b>, Deceased, Branch of Service: U.S. Navy. <b>Wally Hahn</b>, Deceased, Branch of Service: U.S. Army. <b>Bill Haines</b>, Retired, U.S. Navy. <b>Michael Harris</b>, Deceased, U.S. Navy. <b>Freddie J. Hayter</b>, Deceased, U.S. Air Force. <b>SP4 Robert H. Huntington</b>, Retired, U.S. Army. <b>Paul Kenck</b>, Deceased, U.S. Army. <b>Dr. John Kremer</b>, Retired. <b>2nd Lt. Nile E. Lambert</b>, Deceased, U.S. Army Air Corps. <b>Col. Marlynn Lietz</b>, Retired, U.S. Army. <b>Verne Lietz</b>, Retired, U.S. Air Force. <b>LeRoy Longbons</b>, Deceased, U.S. Army. <b>Mary Longbons</b>, Deceased, U.S. Army. <b>Ervin G. 'Erv' McAlvey</b>, Deceased, U.S. Army Air Force. <b>Lester McAlwain</b>, Retired, U.S. Marines. <b>James Curtis McClellan</b>, U.S. Air Force. <b>Jean (Firman) McClure</b>, Deceased, U.S. Army. <b>Allen A. McHenry</b>, Active, U.S.</p> | <p>Army Reserve. <b>Daniel McHenry</b>, Retired, U.S. Army. <b>Richard McKinnon</b>, Deceased, U.S. Army. <b>C. Merle Morehouse</b>, Retired, 102 years young. United States Navy. <b>David G. Nickinovich</b>, Retired, U.S. Army. <b>Lt. Col. Allan A. Nilles</b>, Retired, U.S. Air Force. <b>Raymond "Toad" O'Neal</b>, Deceased, Marine Corps. <b>Lt. Stephen Palmbush</b>, Deceased, U.S. Navy. <b>Terry Porlier</b>, Retired, U.S. Army. <b>Jack Pusel</b>, Retired, U.S. Navy. <b>Charles A. Rist</b>, Deceased, U.S. Navy. <b>Sgt. First Class Delbert L. Sagaser</b>, U.S. Army. <b>Sgt. David E. Severance, Jr.</b>, Retired, U.S. Marine Corps Reserve. <b>William (Mickey) M. Smith</b>, Retired, U.S. Air Force. <b>Major Grant Stoebner</b>, Retired, U.S. Army Infantry. <b>Brian Strausbaugh</b>, Retired, U.S. Navy. <b>Brian Thompson</b>, Retired, U.S. Navy. <b>Gregory Walters</b>, Quarter Master, U.S. Army. <b>Lois (Monroe) Westerdahl</b>, Deceased, Branch of Service: U.S. Navy. <b>Roy Westerdahl</b>, Deceased, U.S. Navy. <b>Major General R. Michael Worden</b>, Retired, U.S. Air Force. <b>James Curtis McClellan</b>, U.S. Air Force.</p> |
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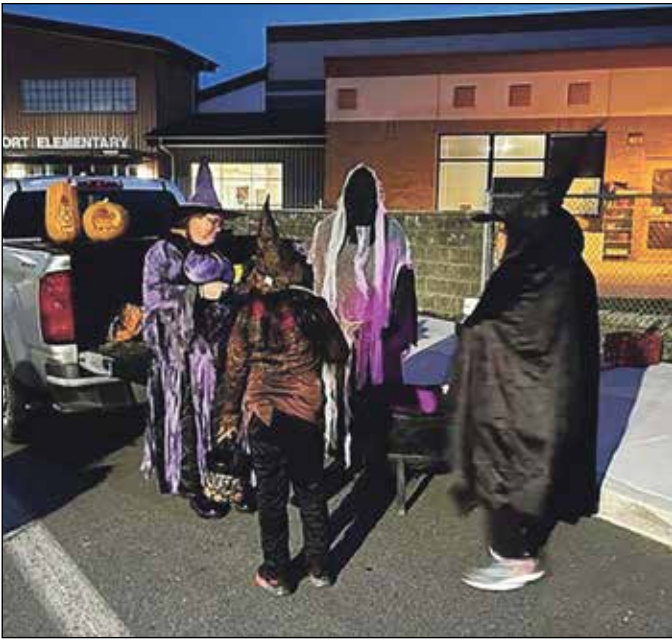
MIKE MALTAIS/WARD MEDIA

Pateros city council member Holly Bange, left, and former mayor Libby Harrison share the goods from their decorated trunk.



MIKE MALTAIS/WARD MEDIA

Pateros eighth grader volunteers Whitney Sandberg, left, Itzel Garcia, McKenzie Culver, and seventh grader Robbie Bowen, front, paused for a photo.



MIKE MALTAIS/WARD MEDIA

Darkness set in before the fun was done at Bridgeport.



MIKE MALTAIS/WARD MEDIA

An alien catches a live one for the zoo back on Planet X311V



MIKE MALTAIS/WARD MEDIA

Just a young T-Rex but already broken to ride.

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**OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT**

**Douglas County Sheriff's Office**

**October 27**  
18:18 Theft, 21484 US Hwy. 97, Orondo  
19:15 Alarm, 526 11th St., Bridgeport  
21:49 Domestic Disturbance, 608 E. Ash St., Waterville

**October 28**  
12:17 Noise Complaint, 335 E. Railroad Ave., Mansfield  
22:25 Noise Complaint, 335 E. Railroad Ave., Mansfield

**October 29**  
00:39 Welfare Check, 403 E. Walnut St., Waterville  
00:49 Non-injury Accident, Waterville

**October 30**  
09:09 CPS/ APS Referral, 529 12th St., Bridgeport

10:55 Civil Dispute, 303 E. Ash St., Waterville

**October 31**  
03:49 Alarm, 356 Moses Coulee Rd., Waterville  
12:11 Warrant, 11th St. and Columbia Ave., Bridgeport  
13:05 Runaway, 228 Grange Rd., Bridgeport  
17:38 Domestic Disturbance, 120 W. Marine View Dr., Orondo  
21:26 Disturbance, 102 S. Chelan Ave., Waterville

**November 1**  
01:04 Domestic Disturbance, 945 Columbia Ave., Bridgeport  
01:52 Civil Dispute, 100 2nd St., Conklin Landing, Bridgeport  
06:42 Burglary, 48 Harney Ln., Orondo  
14:21 Harassment/ Threat, 316 W. Ash St., Waterville

19:53 Domestic Disturbance, 315 Sheldon St., Mansfield

**November 2**  
03:41 911-hangup call, 1025 Jefferson Ave., Bridgeport  
10:53 CPS/ APS Referral, 102 S. Chelan Ave., Waterville  
10:56 Vehicle Theft, 1400 Tacoma Ave., Bridgeport  
18:21 911-hangup call, 1400 Tacoma Ave., Bridgeport  
19:02 Noise Complaint, 335 E. Railroad Ave., Mansfield  
19:30 Injury Accident, Rd. 14 NE and Rd. B NE, Mansfield  
22:10 Agency Assist, 2300 block Columbia Blvd., Bridgeport  
23:31 Domestic Disturbance, 817 Fairview Ave., Bridgeport

**Brewster Sheriff's Department**

**October 27**  
No local reports.

**October 28**  
11:41 A domestic dispute was reported on Selkirk Pl. in Brewster when a caller advised her boyfriend assaulted her the night before and threatened her physically.

**October 29**  
00:24 Loud music was reported playing at the end of Unger Rd.  
15:54 A stray dark German Shepard was in a caller's yard and kept entering the roadway on S. Bridge St.

**October 30**  
15:17 Lost property was reported on Main Ave. in Brewster.  
19:05 A white vehicle was reported as suspicious after it was parked in the alley for over an hour near W. Indian Ave.

**October 31**  
19:12 A non-injury accident was reported on N. 6th St. and W. Main Ave. in Brewster when a caller's vehicle was backed into by a subject in a Dodge Caravan and the vehicle was leaving but the caller told them to come back.  
22:59 Harassment was reported on W. Cliff Ave.

**November 1**  
11:03 A fire alarm was triggered and flames were reported in the fan above a stove on W. Cliff Ave.  
12:28 Theft was reported on W. Main Ave. in Brewster.

**Okanogan County Sheriff's Office**

**October 27**  
16:52 A caller reported a sus-

picious circumstance on Unger Rd. when they found a neighbor in their truck and the subject had it running.  
17:54 A 911-hangup call was received from Mountain View Dr.

**October 28**  
No local reports.

**October 29**  
00:24 Loud music was reported on Unger Rd. in Brewster.  
10:17 Smoke was reported on Pariseau Rd. in Bridgeport from an unknown source.

**October 30**  
No local reports.

**October 31**  
20:13 An agency assist was requested on Hwy. 97 for a driver in custody for DUI.

**November 1**  
No local reports.

**COMMUNITY BULLETIN BOARD**

**Nov. 8, 10, 14-15**  
**Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery**  
BREWSTER – The Senior Center is now serving meals at noon at the center on Tuesdays, Wednesdays and Fridays. Home delivered meals are delivered those same days. Please call 509-689-2815 to reserve meals. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. Nov. 8: Ham & Au Gratin Potato Casserole, Glazed Carrots, Spiced Salad, Waldorf Salad, WW Roll, Dessert; Nov. 10 CLOSED;  
Nov. 14: Shepherd's Pie, Caesar Salad, Pineapple, WW Roll, Dessert; Nov. 15: BBQ Chicken, Macaroni Salad, Buttered Peas, Greek Salad, Mixed Fresh Fruit, Dessert.

**Nov. 8-11, 13-18**  
**Senior Center Thrift Store**  
BREWSTER – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Check out their great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

**Nov. 8-9, 13-16**  
**Chelan Valley Hope**  
Serving Bridgeport, Mansfield, Waterville, Orondo, Chelan,

Manson, Chelan Falls, Entiat  
CHELAN - Chelan Valley Hope's Winter Coat Drive has officially launched for the season. They are accepting new and gently used coats, hats, scarves, gloves, and new socks. All sizes are needed. Donation bins can be found at the following locations; Chelan Valley Hope, Chelan Fire & Rescue, Manson Fire Dept., Lake Chelan Eagles, Twisted Cork, North Shore Bible Church, Church of the Nazarene, Chelan Library, and Even Keel Roadhouse. If you are in need of warm winter wear please call or visit them at Chelan Valley Hope, open Monday through Thursday 9 a.m.-3 p.m. (closed noon to 1 p.m.) Call 509-888-2114 for more information or to schedule an appointment. Or visit their website and follow them on Facebook and Instagram to get the latest CVH news and updates chelanvalleyhope.org, @ChelanValleyHope.

**Nov. 8**  
**Brewster Chamber to meet**  
BREWSTER – The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, Oct. 11, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

**Nov. 9**  
**Bingo**  
BREWSTER - Brewster American Legion Bingo every Thursday

night at 6 p.m. Open to the public. Be early to buy bingo packets and dinner.

**Nov. 9, 16**  
**Brewster bus trips**  
BREWSTER – OCTN takes Brewster area resident to Wenatchee, second Thursday of the month. That next trip is Nov. 9 The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, Nov. 16 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

**Nov. 11**  
**Flag retirement ceremony, Veterans Day Membership Drive**  
BREWSTER - On Veterans Day, Nov. 11, at noon, at the Brewster Legion there will be a flag burning/retirement ceremony. Bring your old American flags. Hot dogs and chili available. Membership Drive spaghetti dinner and drinks 3-7 p.m. Free appreciation spaghetti dinner for every member with their dues paid up. For more information: Commander Greg Wagg, gregwagg@yahoo.com. New Post Winter hours: Closed Mondays,

Tuesdays 11 a.m. to 6 p.m., Closed Wednesdays, Thursdays Noon to 8 p.m. or after Bingo, Fridays Noon to 8 p.m. Steak night special, Saturdays Noon to 2 p.m. unless special events planned; Sunday Breakfast 9 a.m. to Noon.

**Nov. 11**  
**Method Calvary Chapel special speaker**  
METHOW - "Aliens and What The Bible Has To Say". Join Methow Calvary Chapel for presentations by Will Marron from the "Peshastin Creation Museum" on Nov. 11 at 11 a.m. Aliens and the Bible; then at 11 a.m.; Session 2:12:30 p.m. "After The Tower of Babel, Ancient peoples, and Their Amazing Technologies"; Q & A Session afterwards. For more information contact Pastor Jason at 509-733-4195. Methow Calvary Chapel, 1107 Highway 153, meets Sunday at 9:30 a.m. and Wednesday at 6 p.m. They study the bible verse by verse and Chapter by chapter making God's word understandable and applicable to all. All are welcome.

**Nov. 13**  
**Okanogan County Fair Advisory Committee**  
OKANOGAN – The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the

public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

**Nov. 14, 28**  
**Douglas County PUD meetings**  
EAST WENATCHEE – The next meeting of the Douglas County PUD Commission is at 1:30 p.m. in the East Wenatchee office.

**Nov. 14**  
**Survivors of Suicide Loss Support Group**  
WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

**Nov. 15**  
**American Legion meeting**  
BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

**Nov. 19**  
**NAMI virtual Family to Family series**  
NCW - NAMI (National Alliance on Mental Illness) Chelan Douglas will be putting on a VIRTUAL, free of charge, Family to Family series of

eight classes for friends and family members of people with a mental health conditions. The course is designed to increase understanding and advocacy skills while helping participants maintain their own wellbeing. The classes will begin on Sundays, starting November 19, 1-3:30 p.m. for eight weeks. You must have a tablet or computer to attend and wifi. To register contact Jacquie @ namidprograms@gmail.com or at 509 679-8266.

**Nov. 20**  
**Family and friends Support Group**  
WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

**Nov. 22**  
**Okanogan County PUD meeting**  
OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners is at 3 p.m. For more information okanoganpud.org

**Dec. 6**  
**American Legion Auxiliary to meet**  
BREWSTER – The American Legion Auxiliary #97 meets the first Wednesday of each month, at the American Legion Hall at 6 p.m.

**DEATH NOTICES**

**Jaime Flores**

Jaime Flores, 39, of Brewster, Washington passed away on October 31, 2023. Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

**Follow us on Facebook at**  
**Facebook.com/NorthCentralWashington**

**Obituary & Memorial Policies**

Ward Media LLC: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald: An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-682-2213 or 509-689-2507 for more information Or email ruth@ward.media

**QUAD CITY CHURCH GUIDE**

Brewster • Methow • Bridgeport • Pateros

**BREWSTER**



www.cbcbrewster.com  
Sunday Worship 9:30 a.m.

**METHOW**

**Methow Calvary Chapel Fellowship**

1107 HWY. 153 • Methow, WA 98834  
Pastor Jason Getzin • 509-923-2782

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"With men this is impossible; but with God all things are possible."  
- Matthew 19:26



To place your Church information in the Church Guide call Ruth at 509-682-2213 or email: ruth@ward.media

# Cross Country competes at WIAA State Championships



COURTESY OF BREWSTER SPORTS FACEBOOK

The Brewster varsity cross country team competed for its fifth consecutive time at the WIAA state championships at Sun Willows Golf Course in Pasco last Saturday, Nov. 4. The Bears who qualified to compete include senior Alexis Cortez, juniors Cayden Milton, Angel Rendon, and Kevin Silva, and freshmen Anthony Sanchez and Christopher Talavera. Alternates are sophomores Diego Arevalo and Diego Guzman. Brewster placed sixth in the 2022 meet. This year the Bears placed 13th with individual finishes from 21st to 105th. Further details were not available at press

## FOOTBALL

### Bears ground Eagles to punch state ticket



MIKE MALTAIS/WARD MEDIA

Cort Gebbers takes a snap from center and makes a 30-yard TD dash at the end of the third quarter.



MIKE MALTAIS/WARD MEDIA

Junior kicker Fabian Nava's extra points give the Bears the edge.

By MIKE MALTAIS  
Ward Media Staff Reporter

BREWSTER – The difference was an extra point. The Bears made theirs when they needed it and Reardan missed theirs when it counted. That and some outstanding offensive and defensive plays gave Brewster the 14-13 victory over the Reardan Eagles in a District 7 crossover game on Nov. 3.

The Eagles struck first on a touchdown with 4:20 left in the first quarter, kicked the extra point and took a 7-0 lead.

A 30-yard pass play from senior quarterback Brady Wulf to senior wide receiver Mario Camacho put the Bears in the Eagles' end zone with literally no time remaining in the quarter. Junior Fabian Nava's extra point kick was also good, and the teams were knotted, 7-7, at the start of the second.

The Eagles managed a second TD at 6:59 in the second quarter but missed what would be the crucial deciding point when their extra point attempt went wide. The Bears had a chance to close within four points after a Wulf-to-Henry Miller pass put Brewster within field goal range. That attempt was also wide, and the Eagles maintained their six-point lead going into halftime.

Neither team had scored through 11-plus minutes of the 12-minute third quarter when senior QB Cort Gebbers took the snap from center and galloped 30 yards for the Bears' second TD with just five seconds remaining on the third quarter clock. Nava again split the uprights giving the Bears a 14-13 lead at the start of the fourth quarter.

The Eagles threatened again late in the fourth making it inside the Bears' 10-yard line when Gebbers sacked their QB for a huge loss. As insurance he took down the QB again on the Eagles' fourth down to give the Bears possession of the ball with 49 seconds to play. Brewster took a



MIKE MALTAIS/WARD MEDIA

Wide receiver Henry Miller, right, pulls in a Brady Wulf pass to get the Bears in field goal range.

knee twice to run out the clock and punch the ticket to state.

Mike Maltais: 360-333-8483,  
michael@ward.media

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## SOCCER Bears fall to NW Christian 6-0



PHOTO BY RICK LEWIS/COURTESY OF METHOW VALLEY NEWS

Brewster's Yaretzi Sahagun, 10, left, defends Liberty Bell's Wylie Smith.



PHOTO BY RICK LEWIS/COURTESY OF METHOW VALLEY NEWS

Denise Lopez, 9, confronts the Mountain Lions; Gabby Studen, 13.



PHOTO BY RICK LEWIS/COURTESY OF METHOW VALLEY NEWS

The Bears' Mia Gamble, 14, right, races Wylie Smith.

By MIKE MALTAIS  
Ward Media Staff Reporter

BREWSTER – The road to a state appearance for the Bears varsity girls' soccer team ended with a 6-0 crossover loss to the District 7 No. 2 seed Northwest Christian Crusaders at Colbert on Nov. 3.

A week earlier, Brewster came up short in a 4-1 loss to Okanogan in the Central Washington 2B league semifinal game on Oct. 28. The Bears made up for the loss with a 5-1 win over Liberty Bell when the Mountain Lions came to town on Oct. 31.

"We played a very good passing game," said assistant coach Raf Sanchez. "Especially the first half where we jumped on them quickly, scoring two goals within 10 minutes."

Pepper Boesel and Alex Soto led the Bears with two goals apiece. Yaretzi Sahagun contributed a pair of assists. Goalkeeper Mayra Garcia had five saves. The Bears had 15 goal shots.

"Our subs did a great job keeping up the high pressure," Sanchez said.

Mike Maltais: 360-333-8483,  
michael@ward.media

**PUD**  
POWER LIGHT  
OKANOGAN COUNTY

**NOTICE OF POWER OUTAGE**

Okanogan PUD will be having a planned four-hour power outage on the morning of **Thursday, November 16th**.

On the morning of **Thursday, November 16th**, from **12:01 AM to 4:00 AM**, there will be a four-hour outage from the town of **Riverside** to the Canadian Border.

For all residences using medical equipment requiring electrical power, you will need to make provisions for a power outage.

The PUD will be performing transmission work for the Tonasket Substation and maintenance work on the Oroville transmission line. The PUD appreciates your patience and regrets any inconvenience this outage may cause.



MIKE MALTAIS/WARD MEDIA

DOCFD15 firefighters train on a controlled burn at the Zahn Ranch near Bridgeport last Saturday morning, Nov. 4.

## FIRE

CONTINUED FROM PAGE A1

Each station has their own command staff who respond to a variety of calls including structural, wildland, vehicle accidents, rescue, and more.

### PATEROS

Chief Kerry Heen said his firefighters responded to 14 calls in the last 30 days. Firefighters completed wildland sandbox and new fire truck training, rope rescue, pump drafting, and EVA training is scheduled for this week.

The Pateros station at 191 Industrial Way has 12 volunteers including officers.

### METHOW

Chief Nolan Tonseth said his station responded to one tractor rollover incident. The previous month firefighters responded to three wildland fire calls.

The Methow station at 32 Main Street has eight volunteers including officers.

### BREWSTER

Chief Victor Vargas said his crew responded to a structure fire, three MVAs, a couple of brush fires, three calls canceled en route, one assist out of the district and three assists within the district and one outside.

The Brewster station at 108 S. Third Street has 18

volunteers including officers.

### ROCKY BUTTE

Chief Sal Rodriguez said his firefighters responded to two MVAs and one wildland fire. The Rocky Butte firefighters completed station maintenance and trained for two nights with Brewster firefighters.

The Rocky Butte station at 2 Moe Road on Bridgeport Bar has four volunteers including the chief.

To learn more about your fire district visit docfd15.com online.

Mike Maltais: 360-333-8483, michael@ward.media



MIKE MALTAIS/WARD MEDIA

The 2022 Outstanding Performance award from the state Department of Ecology is on display at the lab.



COURTESY OF MARTIN LANDIN

The entry door to the lab bears the scars of the fire damage.

## AWARD

CONTINUED FROM PAGE A1

in to serve as a temporary lab facility.

"The worst part was the pumps in the basement that handled the wastage," said Landin. "They burned up, so we were trying to figure out how to do that."

What they came up with was a temporary pump placed in a holding tank with a length of fire hose to a second tank to do the job. The hose had to be rolled out and connected in the morning and disconnected and rolled up at the end of the day.

"That was an everyday deal for about two-and-a-half years," said Landin.

Then there were the monthly reporting requirements and weekly water samples that Landin had to complete without the aid of data he relied on to do so. The DOE was understanding but the reports were critical for monitoring



COURTESY OF MARTIN LANDIN

What little the 2020 Pearl Hill wildfire left of the Bridgeport wastewater treatment plant lab was ash and cinder.

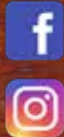
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standards let alone achieving outstanding performance levels.

A few details remain to get the lab back to pre-fire status but with the worst elements now in the rearview mirror, Landin and crew can reflect with pride that while they did not dodge disaster, they absorbed the hit.

Mike Maltais: 360-333-8483, michael@ward.media



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Lake Chelan Mirror  
Quad City Herald

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**Administrative**

**Puzzle Solution**

M	A	A	F	A	L
A	G	O	I	D	O
R	A	G	E	C	O
C	R	A	N	B	E
D	A	T	E	D	P
P	A	R	A	D	E
A	P	E	G	A	N
S	H	A	P	E	R
H	I	L	L	A	P
A	S	S	R	I	A
M	A	R	K	A	P
G	O	O	N	A	O
D	E	B	U	G	O
U	N	I	T	A	A
B	E	T	H	D	O

4	2	6	9	7	8	5	3	1
7	5	3	4	6	1	8	2	9
8	9	1	3	2	5	6	7	4
9	7	4	1	8	3	2	6	5
3	6	5	2	4	9	7	1	8
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5	4	9	6	1	2	3	8	7
6	3	7	8	9	4	1	5	2

**Announcements**

**Lost & Found**

**LOST & FOUND ITEMS** can be placed in our **Local Newspapers ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.  
**Leavenworth/Cashmere** 509-548-5286 email: [classifieds@ward.media](mailto:classifieds@ward.media)

**Lake Chelan Mirror** 509-682-2213  
**Quad City Herald** 509-689-2507 [classifieds@ward.media](mailto:classifieds@ward.media)

**Deadline Noon on Friday for the next week's papers**

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**Employment**

**Help Wanted**

**F/T Preschool Teacher needed at Upper Valley Christian School. (Leavenworth, WA).** An undergraduate or associate degree in preschool teaching req. Exp. pref. but not req. \$31,800/year plus benefits. 35-40 hrs/wk, 9:00am-5:00pm. Email resume to [administration@uvcseagles.org](mailto:administration@uvcseagles.org).



School District is seeking qualified applicants for the following positions:

- Cascade High School Head Track & Field Coach
- Cascade High School Fastpitch Coach

Fast Track application process and information can be found on our website at [www.cascadesd.org](http://www.cascadesd.org) EOE



School District is seeking qualified applicants for the following positions:

- Icicle River Middle School Cook 2.5hrs
- Icicle River Middle School Special Education Para Educator 4hrs

- Maintenance/Delivery/Warehouse/ Groundskeeper 8hrs

Fast Track application process and information can be found on our website at [www.cascadesd.org](http://www.cascadesd.org) EOE

**Help Wanted**

**Employment Opportunity Registered Nurse Harmony House – Brewster, WA** Must have current RN License. 2 Positions available \$10,000 Sign on Bonus Competitive Wages and Benefits  
Come join our strong and supportive team! Email resume to [Jreed@Regency-Pacific.com](mailto:Jreed@Regency-Pacific.com) Or call 360-281-8400

**The City of Chelan's Public Works Department is accepting applications for the position of Assistant Mechanic.** The monthly income range for this position is between \$4,911 and \$5,970 (\$28.33 to \$34.44 Per Hour). Benefits include PERS retirement, medical, dental, and vision insurance, paid vacation, holidays, and sick leave. Application materials are located on the City's website: [cityofchelan.us/Jobs](http://cityofchelan.us/Jobs). First review of applications will be Wednesday November 15th, 2023. Position is Open Until Filled. Incomplete applications will not be accepted.

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**Leavenworth Echo**  
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**Legals**

**Public Notices**

**NOTICE OF EQUALIZATION**  
Notice is hereby given that the rates book of Wells Ranch Irrigation District, in Okanogan County, Washington for the year 2024, has been completed. Assessment book can be viewed at 94A Mountain View Dr, Brewster, WA. Board of Directors will meet as a Board of Equalization to equalize said rates on Friday, November 10, 2023 at the hour of 12:30 p.m. of said day at the restaurant: Los Comperos, which is at 301 E. Main Street, Brewster WA, at which time and place all persons objecting to said rates may be heard. Published in the Quad City Herald on November 1, 8, 2023. #6614

**Public Notices**

**NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL**  
NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing on amending Chapter 13.04 Pateros Municipal Code regarding termination and reinstatement of water service. Said public hearing shall be held on Monday, November 20, 2023, at 6:00 p.m. in the Council chambers, Pateros City Hall, 113 Lakeshore Drive, Pateros, Washington, at which time and place all interested persons may appear and be heard. Published in the Quad City Herald on November 1, 8, 2023. #6631

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**Public Notices**

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of RONALD A. ROY, Deceased. No. 23-4-00321-04 AMENDED PROBATE NOTICE TO CREDITORS RCW 11.40.030**

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: November 8, 2023  
Personal Representative: Martie J. Roy  
Attorney for the Personal Representative: David J. Bentsen  
Address for Mailing or Service: Speidel Bentsen LLP  
7 North Wenatchee Avenue, Suite 600  
Wenatchee, WA 98807-0881  
Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00321-04  
MARTIE J. ROY  
Personal Representative  
Attorneys for Personal Representative: SPEIDEL BENTSEN LLP  
By: DAVID J. BENTSEN  
WSBA No. 42107  
7 North Wenatchee Avenue, Suite 600  
P.O. Box 881  
Wenatchee, WA 98807  
Published in the Quad City Herald on November 8, 15, 22, 2023. #6654

**Public Notices**

**NOTICE OF BUDGET HEARING**  
A final budget hearing for the Town of Mansfield will be held Tuesday, November 14, 2023 at the Mansfield Town Hall at 6:00 PM to afford citizens the opportunity to provide written or oral comments on the 2024 budget. Published in the Quad City Herald on November 1, 8, 2023. #6556

**Public Notices**

**NOTICE OF EQUALIZATION**  
Notice is hereby given that the assessment book of Brewster Flat Irrigation District, in Okanogan County, Washington for the year 2024, has been completed and delivered to the Board of Directors. Assessment book will remain for the inspection of all parties interested and that the Board of Directors will meet as a Board of Equalization Monday, November 13, 2023 at the hour of 5:30 p.m. of said day at the office of said District, which is at 94A Mountain View Dr. Brewster, at which time and place all persons objecting to said assessments may be heard. Published in the Quad City Herald on November 1, 8, 2023. #6620

**Public Notices**

**NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL**  
NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing on the 2024 Budget, EMS, Property Tax levies and Fee Schedule for the City of Pateros. Said public hearing shall be held Monday November 20, at 6:00 p.m. in council chambers at 113 Lakeshore Drive, Pateros, WA. Send written comments to the Clerk-Treasurer, PO Box 8, Pateros, WA 98846. Published in the Quad City Herald on November 1, 8, 2023. #6630

**Public Notices**

**NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL**  
NOTICE IS HEREBY GIVEN that the City Council of the City of Pateros shall hold a public hearing for a 2023 budget amendment for the General Fund, Street Fund, Sewer Fund and Capital Debt Fund sources for the City of Pateros. Said public hearing shall be held on Monday November 20, 2023, at 6:00 p.m. in council chambers, 113 Lakeshore Drive. Send written comments to the Clerk-Treasurer, PO Box 8, Pateros, WA 98846. Published in the Quad City Herald on November 1, 8, 2023. #6629

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# The Washington Outdoors Report



Gary Lewis glassing for big game.

COURTESY OF GARY LEWIS OUTDOORS



Kevin Witte with a Lake Roosevelt sturgeon.

COURTESY OF UPRIVER OUTFITTER

## Outdoors Roundup

### Elk Hunting Advice:

The general Eastern Washington elk season has ended, but the modern firearm season remains open in Western Washington. There are also a variety of special elk hunts open around the state, and hunters using muzzleloaders continue to have hunting opportunities from now through December.

Outdoors writer Gary Lewis, who also hosts the television show, *Frontier Unlimited*, is an avid elk hunter. I interviewed him recently on America Outdoors Radio and he shared some sage advice. One topic we talked about was tracking elk in

the snow.

In his words, "When tracking elk in the snow one thing we sometimes do is cow call while we are tracking. But that seems to be a 50/50 proposition and I would do less of that now because, the elk are professionals at being tracked. Every single day of their lives they are being tracked by something. So, they're always looking over their shoulders, they walk out on a high point and look back, and so while you're looking down at tracks, they're looking at you and then they know they are being tracked and they keep on moving. If you are cow calling them, you are just educating them at this

point."

Lewis also says you need to make a significant amount of time available for the hunt if you want to harvest an elk. Lewis says, "6.6 days. When I did the research that's what I came up with as to what it takes to be successful in the elk woods. You can get an elk on the first day or the last day but you've got to spend 6.6 days, on average, to get your elk."

### Pheasant Hunting Report:

Rob Phillips is an outdoor columnist for the Yakima Herald Republic and an avid pheasant hunter. He says he has been out chasing roosters in the Yakima Valley but is finding the number

of birds to be down significantly from past years. Having said that, Phillips says there are still some isolated pockets of pheasant that can provide good hunting if you can find them.

### Lake Roosevelt Sturgeon:

Catch and keep fishing is open for hatchery raised sturgeon in Lake Roosevelt right now. Kevin Witte, the owner of Upriver Fishing, says the fishing has been pretty good for him but hit and miss for many anglers. Witte has been finding the fish in the 50 to 100-foot range, not in the deeper waters where other anglers have been looking for them. Witte says he also is moving around a lot to find fish and it's working. He's catching up to 10 sturgeon a day, averaging a keeper every

other day.

You are allowed to keep one fish per day and two per year measuring between 53 and 63 inches from the nose to the fork of the tail. Once you do decide to harvest a legal fish you have to put your rod away. Catch and release fishing is not allowed after you keep a sturgeon. Kevin is still booking sturgeon trips weekdays until the end of November. You can call him at 509-398-7995 or go to his website at [www.upriveroutfitter.com](http://www.upriveroutfitter.com) to book a trip.

### Columbia Gorge Fishing Report:

Kristen Zahn At Gorge Outfitters Supply in Rufus says salmon fishing is trailing off but walleye fishing is picking up. The walleye are being caught at depths of 35 to 70 feet in the Colum-

bia River. Zahn says most anglers are fishing spinner-worm harnesses behind bottom bouncers, tipped with a night crawler. The best patterns are dark colored, to include black.

Quite a few folks are also fishing the John Day River which is now open for steelhead. Zahn says if you are in the lower arm where the current isn't strong try fishing beads or salmon eggs or prawns. Higher up where there is more current on the John Day try a Kwikfish. Lure sizes that work include the K7X, K9X or K11X. As for the hot color, that would be the gold-green-pirate pattern.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

# Alternatives for treating bladder infections

Q: I have been having one bladder infection after another. Within a few weeks of finishing an antibiotic, I'm back in the doctor's office with another one. Are there any alternatives to repeated prescriptions of antibiotics that can help me?

Neary 20-30% of women have bladder infections that return. Urinary tract infections, also called UTIs, are painful and annoying. Having one over and over again is very frustrating.

Bladder infections are considered recurrent UTIs when you have more than two episodes within six months or more than three infections per year.

Recurrent bladder infections can be one of two types: relapse or reinfection. When appropriate antibiotic treatment is completed and a second bladder infection occurs soon afterward with the same bacteria that caused the previous one, it is considered a relapse.

A recurrent UTI is considered reinfection if the exact



same organism infects again after it has been cured or a completely different bacteria attacks the bladder. When you achieve a negative urine culture after completing a course of antibiotics, that is considered a "cure."

### How do recurrent urinary tract infections happen?

Most UTIs result from bacteria that migrate from your intestine into your bladder. This can happen when the intestinal bacteria find a way to stick to the skin next to your vagina and urethra, the area where your urine comes out. Once the bacteria can attach to your skin, instead of being washed away every time you urinate, they can multiply.

These bacteria living around your urethra have now established a "base camp," giving them better access to your bladder. If the intestinal bacteria move

upstream through your urethra, they can eventually arrive at your bladder. Inside your bladder, if they can find a way to stick to the inside wall, they can establish a new base.

If the bacteria that have traveled upstream from your urethra into your bladder can stick to the cells that line the inside, they won't be flushed away by urine moving through. Instead, they stay and keep multiplying. This is called colonization. One way to treat recurrent UTIs is a daily dose of antibiotics to keep the bacteria from multiplying. Unfortunately, this eventually causes the bacteria to develop resistance, and the antibiotic no longer works.

To break the cycle of recurrent UTIs, we need to prevent bacteria from colonizing the inside of your bladder.

Several options can help prevent colonization and reduce the frequency of recurrent bladder infections.

### 1. Cranberry

Cranberry extract can help reduce repeat bladder infections. However, in several studies of cranberry juice to prevent bladder infection, many participants dropped out, implying that it may not be as effective as other types of cranberry. The most common dose suggested is 400mg of cranberry extract twice daily. Regular use of cranberry may increase your risk of developing kidney stones.

### 2. Methenamine Hippurate

When combined with hippuric acid, methenamine is more effective than methenamine mandelate. The supplement methenamine hippurate changes into formaldehyde in acidic conditions, and when excreted into the urine, it has bacteriocidal action similar to antibiotics used for bladder infections. For best results, take it with 1 gram twice daily of vitamin C to encourage urine acidity.

### 3. d-Mannose

One of the sugars found

in our diet, d-mannose, may help keep the sides of your bladder slippery, discouraging bacteria from sticking to the walls. Unfortunately, there is not much evidence to prove its effectiveness in preventing bladder infections. Taking d-mannose may cause vaginal burning and diarrhea.

### 4. Estrogen cream

After menopause, loss of estrogen reduces the concentration of lactobacilli around the vagina. Lactobacilli create an acid environment, interfering with the proliferation of bacteria around the nearby urethra. With fewer bacteria near the urethra, there is less opportunity for bacteria to migrate into the bladder.

Prescription-only vaginal cream applied to "where the water comes out" can reduce the incidence of bladder infections by 30%, which can be effective in preventing recurrent bladder infections.

### 5. Phenazopyridine

Phenazopyridine is an orange dye that works to ease the burning that recurrent bladder infections can cause. It numbs the signals of bladder distress but does not remove the bacteria infecting your bladder. Phenazopyridine is usually prescribed in addition to an antibiotic for the first 2-3 days to help ease the burning and urgency of a bladder infection. Available both as 100mg and 200mg prescription tablets and as 95mg tablets without a prescription, phenazopyridine colors your urine a bright orange that stains anything it touches.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog, *The MedicationInsider.com*.

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## CROSSWORD PUZZLE

THEME: THANKSGIVING

ACROSS

- Poet Angelou
- "Thanksgiving season"
- Bug-eyed
- "Tiger Beat" centerfold
- New York's \_\_\_\_\_ Island
- Simmering feeling
- Combustible rock
- Short for Charlotte
- "Thanksgiving sauce source"
- Singer Redding
- Old hat
- Bar in Ireland
- "Macy's tradition"
- Gets ready for publication
- Dr. Cornelius of film, e.g.
- What's good for the goose is good for the \_\_\_\_\_
- Paul Bunyan stories and such
- Parallelogram or heptagon
- Charged particle
- More cunning
- Ant construction
- Fluffy sweater material
- Cribbage piece
- Ancient Mesopotamian civilization
- Maltreat
- Sea, in Spain
- Fraternity K
- Hoodlum
- "Massasoit's people"
- Do like QA
- Opposite of written
- Like watching paint dry
- Togetherness
- Move like sludge
- S squared, e.g.
- Eliza follower
- Placeholder surname
- Like hand-me-downs

DOWN

- Painter Chagall
- Hatha or bikram, e.g.
- Be gaga over
- Squirrel away
- Comrade in arms
- "Popular Thanksgiving TV entertainment"
- Nay sayer
- "\_\_\_\_\_ Fall in Love" song
- Caustic substance
- Cold brew (2 words)
- Intangible storage
- "The Red \_\_\_\_\_ of Courage"
- A pop
- Turkish bigwig
- Animal and Plant Health Inspection Service
- Brazilian coins
- Former U.S. Attorney General Janet
- a.k.a. nutria
- Elms
- Military uniform fabric
- Columbus' vessel
- "TV's National \_\_\_\_\_ Show on Thanksgiving"
- "1621 celebration location"
- Planktonic tunicate
- Lungful
- Small wave
- Gangly
- Popular carriage in royal procession
- Semi-desert region in South Africa
- Astonish
- DNA segment
- Final notice
- "Miracle on 34th Street" star
- Yours and mine
- Sheltered, nautically speaking
- Hefty competitor
- Give a nickname

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