

Tucker, Mariners' official clubhouse dog



PHOTOS COURTESY OF SARAH ALAMSHAW

By MATTHEW OCKINGA
Correspondent

CASHMERE – Early August in baseball encompasses the draining “dog days of summer.” Temperature and humidity reach lofty heights on the proverbial emerald chess board as the grind of the 162-campaign begins to tucker out the players.

The Seattle Mariners have recently redefined “dog days” and “Tucker.” On August 6, the Mariners announced Tucker as their official clubhouse dog, the first in Major League Baseball. They adopted the free agent yellow mixed Labrador from OkanDogs, a non-profit animal rescue service based in Cashmere. Seattle logs more miles than any other franchise in an often-gueling daily sport. Tucker’s pilgrimage from doghouse to clubhouse provides the Mariners with some four-legged levity in their pursuit to end a 21-year playoff drought.

“Having the dog around is just going to give the players not only

that support aspect but also it’s a source of camaraderie for the team and something that players can talk about among each other besides baseball,” said Jill Servais, wife of Mariners manager Scott Servais. “It’s really been something that brings the whole group together as animals often do in a family.”

The pair have worked with animals for over three decades. Jill kept hearing about a retired pilot in his 70s who, along with his wife, would drive around Okanogan County in a van saving lost dogs and taking them to his shelter. “I have to meet this person,” Servais remembered thinking.

That person is Tom Short who, along with his bride Jan, founded OkanDogs in 2014. Scott and Jill began volunteering last year. The Shorts had previously volunteered at an animal shelter and noticed a need for an animal rescue service. Okanogan County is roughly the size of Connecticut yet has no funded Humane Societies or shelters for dogs.

Through eight years of service, OkanDogs has provided medical care, spay/neuter services, and adoptions for thousands of dogs. The organization seeks an adoption rate of 100 percent and a euthanasia/fatality rate of zero. Last year, the shelter took in 801 dogs.

“The purpose of our organization is to help primarily dogs from the North Central Washington area that don’t have any other resources,” Short said. “We’re a little one-horse outfit here in Cashmere and we’re having an awful time trying to compete to get dogs adopted from within the state of Washington.”

Enter the Mariners, who stepped up to bat. They started following OkanDogs on Facebook. In early June, Jill noticed Tucker on the social media page and the four-year-old pup drew her attention. The Mariners had pondered the idea of a team dog for some time and considered many factors in picking the pooch. The chosen dog would live in the bustling Seattle

area including T-Mobile Park’s noisy environment of fireworks, music, and ample locker room traffic. With Tucker hailing from rural Okanogan County, Servais wanted to ensure a smooth transition to city life. “We were looking for a dog that would not only tolerate it but would actually thrive in that environment. We wanted to make sure the dog was comfortable with sirens, airplanes, and a variety of things that city dogs experience that country dogs do not,” Servais said. “When OkanDogs got Tucker, we recognized that he was probably the perfect candidate for this position.”

Later in June, Servais and her daughter drove to Cashmere to obtain an informal scouting report on Tucker. The dog made a good impression and with Servais’ help, the Mariners selected him as their first, and only, pick in the unofficial doggy draft. Jack Mosimann, Mariners’ director of Major League operations, fetched

CONTINUED TO PAGE A4

Projekt Bayern speaks out about this year’s Oktoberfest

By: ERIN MULLINS
Reporter

Projekt Bayern board member and media manager Amy Gustin discussed Bayern’s plans for this year’s Oktoberfest. Gustin said that anytime the city administration asked Bayern to make any changes, they adapted to the requests, but were still left without options for hosting the event in Leavenworth by the city.

Adapting the festival to be held at downtown Front Street would not be a good idea, Gustin said, because due to the large crowd size there would not be enough room for emergency vehicles to get in. Gustin said that the way Oktoberfest has been run in the past was able to handle the crowds and that they adapted to solve whatever issues came up each year.

Gustin said she understands that some people would get too drunk in Leavenworth in the month of October but is not sure if the blame lies on Bayern.

“Sometimes you’re going to get people that come into the doors to Oktoberfest, who have already had pre-funked someplace else...we aren’t judging, we don’t mind. But that being said, we have so much security inside our event. We were cutting off people left and right. And we would put a different color band on them so that everybody knew they could not be served more beer...If anybody saw them drinking, if they had that band on, they would be kicked out.”

Gustin said that Oktoberfest has had an open gate policy until ten p.m. and because of this people may have gotten overly intoxicated at outside venues. Someone could come in at noon, leave shortly thereafter, and then come back to the festival at 8 p.m.

“Can you say that Oktoberfest got them drunk before they came in? I mean, who knows? ...It’s hard to say where all the consumption was happening,” she said. “Most people were being shuttled back to their hotels and that was all on Projekt Bayern at no charge.”

Gustin said that Bayern is not against the Oktoberfest being held in Leavenworth, but that festival will not have the same traditions.

“Projekt Bayern has always been about promoting Leavenworth,” she said. “So, you know what, if people stay in Leavenworth, they can do the Oktoberfest that they’re promoting there. But it is not going to be the traditional Oktoberfest that they are used to, from what I understand.”

When the contract for Bayern to rent out the parking lots for Oktoberfest was ended, Bayern submitted a request for proposal for an October event, along with others. Gustin said she does not understand why Bayern had to submit an RFP as the event was traditionally run by them.

Within hours, the City of Leavenworth rejected Bayern’s RFP, Gustin said. City of Leavenworth Communications Analyst Christie Voos could not confirm how quickly Bayern’s RFP was rejected. But Gustin said Bayern had already been meeting the goals in their past festivals that the city requested for future ones.

She said that Bayern was already paying their festival employees over minimum wage and that they incorporated local items into their festival. While Bayern took up parking, they also provided enough shuttles, Gustin said. Voos said Bayern’s RFP did not address the requested changes from the city and there was no conflict.

But Gustin feels like there was conflict between the City and Bayern and that the city was pushing Bayern out.

“We turned in the RFP. Within an hour of turning in the RFP, we had heard back from the mayor stating he was not accepting our proposal. So, I mean, I don’t know how else you would read that,” she said.

CONTINUED TO PAGE B1

The Marlin Handbell Ringers Seeks New Ringers

The Marlin Handbell Ringers are seeking new ringers for their upcoming season and will hold a “Read and Ring” where they’ll introduce anyone interested to the techniques of ringing handbells! The tryout will be held at Canyon Wren Recital Hall at Icicle Creek Center for the Arts in Leavenworth on Monday, August 22 at 6:30 PM. No knowledge of bell ringing is required but musical knowledge is recommended. The group is particularly in need of strong individuals to ring some of the larger bells.

Interested or have questions? Joyce Phipps, Director, 509-630-7055 or Alex Weirich, Promotion, Email marlinhandbells@gmail.com

About the Marlin Handbell Ringers
The Marlin Handbell Ringers is a non-profit community music group based in Leavenworth, Washington. Formed in 1979 to help promote the “Bavarian Village”, our group consists of twelve ringers and 108 English handbells. The group regularly performs in December and May in various locations around North Central Washington. www.marlinhandbellringers.com



FILE PHOTO

Fish Hatchery Stage to be torn down

By: ERIN MULLINS
Reporter

The Fish Hatchery Stage, which has been a home to Leavenworth Summer Theatre since the 90s, is slated to be torn down in two years. When the hatchery stage was built in 1993, it was funded almost entirely by Leavenworth Summer Theatre. Today, the stage needs extensive repair or replacement.

However, due to new laws that have been passed since the nineties, it will not be possible for the stage to be rebuilt, said Julia Pinnix, Leavenworth Fisheries Complex visitor services manager. Because of this, she has suggested moving the stage to new grounds.

Pinnix was informed by her legal advisors that any building that is

constructed on public federal land becomes federal property. Legally, it is extremely difficult to put up new structures on public land without very clear reasons for the need.

“That’s because the government is trying to be fiscally responsible,” she said. “So, from a regional perspective, putting another building up, that wasn’t directly related to raising fish here at the hatchery did not make a lot of sense.”

The hatchery was given a year for Leavenworth Summer Theater to finish performing on the hatchery stage, but then COVID-19 hit and that was extended. The hatchery is under the Department of the Interior and the US Fish and Wildlife Service. Hatcheries themselves are managed by the fish

and aquatic conservation program within the wildlife service.

One possible solution would be to have portable stages on hatchery grounds, which could be put up for performances and taken off and stored off-site after the end of the season, Pinnix says. The cost and feasibility of portable stages is not yet known.

Pinnix says it doesn’t matter who pays for it, building a structure on federal land means it becomes owned by the government. So, the current stage, although it was funded by the theatre, is owned by the government.

Legal advisors and leadership said it was not feasible to create another permanent stage at the fish hatchery, Pinnix said. In the 1990s, the manager at the hatchery was very supportive of visitors’ service and had a freer hand than managers are allowed today, she said. Accordingly, he was able to get

the project for the stage approved.

“Since the nineties, laws have changed regarding how government sites are managed”, Pinnix said. In the past decade, laws have changed so groups outside of the hatchery or “friend groups” with the hatchery cannot handle money for public lands. In the past, special use permits on public lands were given for twenty years, and now they are given for five, she said. The current stage has positives and negatives, Pinnix said.

“Its location is a bit problematic; it could have been designed differently,” she said. “It would be great if we could just tear it down and start over. I’m sure a lot of things would be done differently. But I think having the opportunity for a temporary stage also allows us to try some different things as well and see if we can make improvements...you have more flexibility.”

Chelan County moving to Stage 2 fire restrictions

SUBMITTED BY JILL FITZSIMMONS
CCPIO

On Friday, August 12, Chelan County will move to Stage 2 fire restrictions, and with that will come additional activity and travel restrictions.

Stage 2 fire restrictions include:
Additional educational signage will be placed at a variety of county roads, alerting people to activity and

travel fire restrictions. The signage, or barricades, do not prevent people from using the roadway.

People are prohibited from having campfires at their residences. People can continue to use commercially made barbecues, both gas and charcoal briquettes.

Target shooting outside of gun ranges is prohibited. Hunting is still permitted in areas that are open.

Both the Valley and Mountain zones of Chelan County will be at an “extreme” fire hazard rating, which applies to the current conditions.

The local Fire Advisory Board, which consists of area fire chiefs and partner agencies, meets weekly during the summer to discuss whether fire hazard levels and stages should be changed. The board then makes a recommendation to the Board of County Commissioners.

If commissioners are not in session, the Chelan County fire marshal has the authority to temporarily designate a fire hazard area and impose travel and activity restrictions. County commissioners then may approve the restrictions by resolution at their next regular meeting.

For more information, go to the Chelan County website at www.co.chelan.wa.us.

THIS WEEK

Senior Focus.....A2-A3	Community Calendar.....B1	Classifieds Index
Church Guide.....A4	Sheriff Reports.....B1	Classifieds.....B2-B3
Business Directory.....B1		Real Estate Guide.....B2
		Inserts: Safeway



\$100
PO Box 39
Leavenworth, WA
98826
Phone: 509-782-3781
www.cashmerevalleyrecord.com



SENIOR FOCUS

A Guide to Healthy Living For Seniors and Others



**SMITHSON
INSURANCE
SERVICES**

**Information You
Can Rely On!**

Kathy Z. Smithson
720 Valley Mall Pkwy
East Wenatchee

smithsoninsuranceservices@gmail.com



**Let Kathy assist you
with answers to your
questions about:**

- Your Medicare Plan
- Your Prescription Plan
- How much is your out-of-pocket maximum
- What really are the differences regarding Medicare Supplements vs Medicare Advantage Plans

If you really want good, solid answers to these and other questions, Kathy's Team is who to call!!

509-884-5195

SmithsonInsuranceServices.com

Treatment for Severe COPD

Helping Some Patients Breathe Better

(StatePoint) More than 3 million Americans live with severe emphysema, a type of chronic obstructive pulmonary disease (COPD) that makes breathing difficult. While there's no cure, recent advances in treatments are helping some patients breathe better.

The American Lung Association's Treating Severe COPD Educational Campaign encourages people with severe emphysema to speak to their healthcare provider about their options, which may include endobronchial valve (EBV) treatment. As part of the campaign, they're sharing these important facts:

What is EBV treatment? When someone has emphysema, their lungs stop working effectively and air gets trapped inside their lungs instead of leaving when they exhale. With no room for fresh, oxygenated air, the person becomes short of breath. The trapped air causes that section of the lung to enlarge, putting pressure on the healthier parts of the lung and diaphragm. This is called hyperinflation. EBV treatment is a safe, FDA-approved interventional therapy in which small, removable, one-way valves are implanted in strategic areas. They allow air to be breathed

out of that area of the lung, preventing air-trapping that can result in shortness of breath.

When should I consider EBV? As emphysema progresses, some medications that worked well may stop controlling symptoms. If neither medication nor oxygen is controlling symptoms well, major surgery like lung volume reduction or a lung transplant had traditionally been the next and last resort. With some individuals, EBV can fill the treatment gap between medication and surgery.

You may be a candidate if you have advanced emphysema and are highly symptomatic despite receiving optimal medical treatment. You also need to be non-smoking or willing to quit. If you're currently smoking, the American Lung Association's Freedom From Smoking program can help you quit.

What are EBV's benefits? While recovery will depend on factors like overall health and the severity of COPD, the goal of EBV is to breathe easier without the necessary recovery from a surgical treatment. EBV treatment may improve lung function, increase your exercise capacity, and improve your quality of life. Most

patients who've received the treatment report feeling better and say they're now able to be more active.

Complications of the EBV treatment can include but are not limited to pneumothorax, worsening of COPD symptoms, hemoptysis, pneumonia, dyspnea and, in rare cases, death. Talk with your physician about other contraindications, warnings, precautions, and adverse events. Only a trained physician can decide whether you're an appropriate candidate for EBV treatment.

"Before my treatment, I would take a few steps and then wait to catch my breath. Now, every day I find I can do something I couldn't before," says Susan Scott, an Ohio resident who was diagnosed with COPD years ago and was experiencing worsening symptoms before getting the procedure. "My boyfriend and I hope to travel. I have a son in California and we're going to go visit him soon. Being able to do that is everything to me. I also can't wait to start cooking and leash training my dog."

What to ask your healthcare provider. Because EBV treatments are relatively new, not all healthcare providers are knowledgeable about the procedure. Speak with your



PHOTO SOURCE: STATEPOINT.

COPD patient, Susan Scott.

provider to see if it's right for you. Keep in mind that you may have to advocate for yourself or seek a second opinion.

"My pulmonary clinic didn't have a lot of information regarding EBVs. If my doctor knew more about it, she might have recommended it to me. I was the one who kept pushing it," says Scott.

If you have emphysema or severe COPD, you can find resources as well as learn more about EBV by visiting lung.org/copd.

Take time to learn about treatment options. Doing so is for many, the first step to breathing easier.



Strength. Balance. Confidence.
GET BACK INTO LIFE

147 Easy Way Suite #106,
Wenatchee • (509) 663-7733



4 Tips to Confidently Care for Gray Hair

(StatePoint) Sponsored by L'Oreal Paris. The pandemic led many women to confidently embrace their silver hair, not only as a practical move, but as a stylish statement. With elegant stars like Helen Mirren and Andie MacDowell proving that gray is glamorous, (and younger stars even dyeing their hair gray to get in on the trend) you may be feeling empowered to show off your naturally silver strands. Experts say that there are a few things to know that can help you make the transition gracefully.

"While I love this trend, it's true that the grow-out process can get a little dicey and create challenges," says Jonathan Colombini, celebrity hairstylist. "Like any other hair color, gray requires specific maintenance. It can be wiry, dull and brassy without intervention. But low-effort solutions can ensure you look great and help you confidently own that color."

To make a silver statement, consider Colombini's best kept secrets:

Fight Frizz. Gray hair can have a frizzier, more wiry texture than you may be accustomed to. Tame tresses

by using a silk bonnet or silk pillowcase at night and by getting sufficient hair-healthy nutrients in your diet, including biotin, zinc and vitamin E. Be sure to also drink plenty of water. Staying hydrated promotes circulation and oil production of the scalp for healthier looking hair.

Add Shine. Counteract gray hair's natural tendency to get dull and brassy. Every seven to 10 days, use a toning gloss to enhance your hair's natural, gorgeous hue. While toning gloss is a service typically performed in a hair salon, you don't need any special skills to achieve these results at home with Le Color Gloss by L'Oreal Paris. The line offers three shades of silver for all hair types and textures, helping you tone, color, boost shine and deeply condition, no matter what shade of gray you're rocking. Whether you're silver, silver white or silver opal, here's how to use the product effectively:

1. Evenly distribute Le Color Gloss through clean, damp hair all the way through the ends (use a wide-tooth comb for thicker curly hair textures).
2. Leave it on for 5-15 minutes.



PHOTO: (C) JACOB LIND / ISTOCK VIA GETTY IMAGES PLUS

(Review instructions for specific development time for your shade and desired result.)

3. Rinse your hair thoroughly with water. If you're looking for even more color or want to build a deeper result, especially on non-color-treated hair, use again after seven days.

"I like this option because it's easy for anyone to use. It's also infused with coconut oil, so not only will it not damage hair, but it's also super conditioning," says Colombini. "I recommend using it in the shower on your shampoo day."

Prime for Blow-Drying. Now that warm weather is here, you're likely going out more and styling your hair more. Remember though that gray hair can require a bit of

extra TLC, making it especially important to protect your hair from all this extra heat. After towel drying your hair, apply EverPure Weightless Blow Dry Primer. Providing up to 450 degrees F heat protection and up to 48-hour frizz control, this nourishing heat protectant will keep hair looking nourished, smooth and beautifully shiny, without weighing it down.

Be Confident. So much of rocking a look is the energy you bring to it. Radiate confidence in your decision and remember everything that your natural hue symbolizes: empowerment, wisdom, grace and experience.

"Gray hair isn't 'giving up.' Quite the contrary. It's a gorgeous color in itself," says Colombini. "It just requires maintenance."

10% OFF! Senior Discount Tuesdays
(seniors 60+, non prescription items)

FREE! In-store blood pressure machine



and Old Fashioned Soda Fountain

119 Cottage Ave., Cashmere • 782-2717
Mon-Fri 9-6:30, Sat 9-5

Daily Soda Fountain Specials!



SPEIDEL BENTSEN LLP
ATTORNEYS AT LAW | EST. 1986



Russell J. Speidel

Wills

(509) 662-1211

7 North Wenatchee Avenue, Wenatchee
www.SpeidelBentsen.com



David J. Bentsen

We provide excellent legal services in assisting our clients with the preparation and completion of their Wills.

Coverage You Can Trust



Bruce Cheadle, Agent
301 Aplets Way,
Cashmere, WA
(509) 782-1659

State Farm



State Farm Insurance Companies
Home Office Bloomington, Illinois

Reverse Mortgage

Mutual of Omaha
MORTGAGE

Contact me for more information.

Carlos Mata | NMLS: 70770
Reverse Mortgage Specialist
Phone (509) 662-5495
cmata@mutualmortgage.com

Mutual of Omaha Mortgage, Inc., NMLS 1025894. WA Consumer Loan Company License CL-1025894. These materials are not from HUD or FHA and the document was not approved by HUD, FHA or any Government Agency. Subject to Credit Approval. www.nmlsconsumeraccess.org
Equal Housing Lender. MOOMR.08209

What You Need to Know About Life-Saving COVID-19 Treatments

(StatePoint) While stopping the spread of COVID-19 is the goal, the reality is that every day, more people contract the disease. For this reason, it's important to be aware of available treatment options.

The Treating COVID-19 Campaign, which was developed independently by the American Lung Association, with grant support from Regeneron and GSK, is sharing some important insights into outpatient treatment options:

• **Know your risk.** It's important to know if you're at high risk for severe illness from COVID-19, as this can determine what treatments are available to you. There are many factors that may put you in the "high risk" category, including if you're 65 and older, you smoke cigarettes, you have a chronic lung disease, are immunocompromised, or are living with certain medical conditions, including chronic

lung disease, heart disease, diabetes and chronic kidney disease. Individuals who are overweight or pregnant also fall in the high-risk category. You can see a full list at Lung.org/covid-19.

• **Test, and then treat, at onset of symptoms.** Experiencing symptoms that may be COVID-19? Get tested right away. If you test positive and are high risk, speak with your healthcare provider promptly about treatment options that may help prevent severe illness and reduce the risk of hospitalization. Currently available treatments include antivirals or monoclonal antibody treatments (mAbs). Your healthcare provider can help you determine the best course of treatment for you, which needs to start as soon as possible to help prevent possible progression of severe illness.

• **Get informed.** The Food and Drug Administration has authorized certain

antiviral medications and monoclonal antibodies. Antivirals and monoclonal antibodies can help your immune system fight off the coronavirus infection, with a goal of preventing you from becoming seriously ill. Antivirals target certain parts of the virus to stop it from replicating, while monoclonal antibodies help the immune system better recognize and stop the infection. In both cases, medications need to be prescribed by a healthcare provider and started as soon as possible after diagnosis to be effective.

• **Be your own advocate.** Many patients have discovered firsthand that persistence can be necessary when it comes to getting treatment for COVID-19. When Jill Hein's 83-year-old father tested positive, his primary care provider told him he wasn't very sick and to go home and call if he got any sicker.

"When this information was relayed back to me, I objected and asked that Dad follow up with his pulmonologist immediately. He didn't want to, insisting that his primary care provider said he was doing okay. It wasn't until I told Mom, 'This can kill him,' that I got through to them and she called his pulmonologist for a second opinion. Within four hours of having the infusion, Dad felt himself getting better. Over the next couple days, he continued to improve at home. Thankfully, he fully recovered," says Hein.

For more information about treatment options, as well as COVID-19 care tips, visit lung.org/treating-covid. With people taking fewer precautions as COVID-19 restrictions are lifted, the virus is spreading at a high rate. The good news is that there are treatments available for the most vulnerable among us to help avoid severe illness and hospitalization.



SENIOR FOCUS

A Guide to Healthy Living For Seniors and Others



PHOTO: (C) BERNARDBODO / ISTOCK VIA GETTY IMAGES PLUS

How Technology Can Help You Age in Place

(StatePoint) By 2030, almost a quarter of the American population will be over the age of 65, up from 16% in 2020, creating a situation that's going to drive greater demand and greater pressure on the care industry. In addition to a larger workforce and more financial resources, new technologies also have the potential to help solve the problems created by this seismic demographic shift.

According to experts, Artificial Intelligence (AI) and Machine Learning (ML) are already among the key components of new technologies providing improved quality of life for those who want to continue living independently at home.

"While AI and ML have transformed other industries, adaptation has been slow in the care industry, but we're working to change that," explains Chia-Lin Simmons, chief executive officer of LogicMark, (NASDAQ: LGMK), which manufactures personal emergency response systems

(PERS), health communications devices and remote care and activity monitoring technologies to create a Connected Care Platform, and recently incorporated two-way voice communication technology into its medical alert pendant.

To help you live safely and comfortably in your home in the years to come, Simmons offers a few strategies for using the newest technology to your advantage:

- PERS, also known as Medical Emergency Response Systems, allow you to call for help in an emergency by pushing a button. Wearable pendants – along with water-resistant wall-mounted devices and mobile solutions – can keep you protected in every room of your home by helping you instantly connect with loved ones and emergency personnel. Those offered by LogicMark use AI and ML for pattern recognition and fall detection, for an added layer of security. To learn more, visit logicmark.com.

- Automatic pill dispensers can help ensure you never miss a dose or take too much medication. Depending on your needs, you may need to look for a solution offering both visual and audio notifications, or one suited for those with limited dexterity.

- Motion-sensing lighting can make nocturnal trips to the bathroom – common in one's golden years – much safer, helping to reduce the risk of dangerous trips and falls. Many lighting options plug directly into outlets, while others are battery-operated and can be installed anywhere. Be sure to include these fixtures in bedrooms, hallways and bathrooms.

"True independence must be accompanied by peace of mind for you, your family and your caregivers," says Simmons. "By adopting new technologies, you can help create a virtual safety net, enabling you to stay at home while living in a safe environment and providing piece of mind to your loved ones."

Mountain Meadows Consistently Delivers Outstanding Customer Service to Leavenworth Seniors

Leavenworth, WA. Mountain Meadows, a Leavenworth-based provider of assisted living for seniors, is proud to announce that they have, yet again, surpassed the national averages for customer satisfaction scores in 2022.

Mountain Meadows works with Pinnacle Quality Insight, a customer satisfaction measurement firm, to gather real-time survey results from current residents and family members to gain a better understanding of the residents' needs and make improvements when necessary. Every month, Mountain Meadows is scored from 1 to 5 in a variety of categories including Overall Satisfaction, Personal Care, Dining Service, Cleanliness, Response to Problems, Dignity and Respect, Communication, etc.

Mountain Meadows annual scores were recently released,

and they have achieved a greater percentage of ratings of 5 (the highest available) than the national average of the 2,500 care providers that Pinnacle measures in all categories. They also have increased their annual average scores from 2021 to 2022 in almost all categories.

"We are honored to surpass Pinnacle's national average in all categories and raise our individual annual average year-over-year", said Nate Oglesby, Executive Director of Mountain Meadows. "Our team works tirelessly to ensure our residents receive the very best care and service. I am immensely proud of what they have achieved so far and look forward to seeing the continuous improvement of which I know we are capable."

Earlier this year, Mountain Meadows received Pinnacle Quality Insight's 2022 Customer

Experience Award™. By qualifying for this Award in multiple categories, Mountain Meadows has satisfied the rigorous demand of scoring in the top 15% of the nation across a 12-month average.

About Mountain Meadows
Mountain Meadows is a senior living community based in Leavenworth, WA specializing in independent living, assisted living and memory care for older adults. We offer a range of services that help our assisted living residents live independently. Mountain Meadows takes pride in the senior care services we provide to our residents and their families. Our supportive community is more than just a place to live—it's home! For more information, visit our website – www.mountainmeadowsliving.org

More listening, better care



CASCADE MEDICAL
PARTNERS IN YOUR HEALTH

We hear you. It's what partners do.

Call us: (509) 548-5815
Find us: 817 Commercial St., Leavenworth
Learn more: cascademedical.org



Your Hometown Friends!

5% Senior Discount
Each Thursday

Caring for our Community and our Seniors

We offer **FREE** delivery to our seniors!

Visit our in-house Homefires Bakery and our full service deli!

Open daily 5 a.m. - 10 p.m.

We also sell money orders, stamps and have Western Union.

Locally owned and friendly service with a smile! Thank you for your continued support!

1329 Highway 2 in Leavenworth • (509) 548-5611 • www.dansfoodmarket.com

YOUR LOVED ONE IN GREAT HANDS

Heritage Heights provides superior care in a familial and supportive community where love and respect abound. Our team members cultivate true relationships with your loved one, deliberately creating positive experience every day.

Call us at (509) 682-1998 to schedule a tour today.



505 E Highland Ave | Chelan, WA
www.HeritageHeights.org



DENISE HOLLAND LMT, NCTMB

Musculoskeletal and Wellness Massage

- Myofascial Release • Craniosacral Therapy
- Orthopedic Conditions • Pregnancy & Postnatal Massage
- Restorative Exercise • Sports & Relaxation Techniques
- TMJ Relief

509-884-0126

Call • By Appointment Only

"Studio 1311" at
1311 N. Arbor Terrace
East Wenatchee

Since 1982
AMTA Member • Lic# MA14691
Nationally Certified

Springwater INSURANCE GROUP

Serving NCW since 2006

MEDICARE made easy

Annual Enrollment Period
OCT 15th - DEC 7th

Call us to join one of our free classes or appointments!

509-888-2600

www.springwaterinsurancegroup.com



Jon Dickson, DMD
Walter Walden, LD

PROFESSIONAL DENTURES



Custom Dentures & Partials
Same Day Relines & Repairs
Surgical Extractions
IV Sedation, Onsite Lab

509-664-7308
533 South Mission St.
Wenatchee

professionaldenturecenter.com

Se habla español.

Tucker

CONTINUED FROM PAGE A1

Tucker in early July and began developing a schedule to introduce him to life in the Big Leagues. Mosimann has become Tucker's primary caretaker.

The Mariner's announcement instantly made Tucker a national sensation. Among the media outlets who covered Tucker's tale were ESPN, CNN, People and King 5. Tucker now boasts his own Twitter account (@MarinersPup) with over 25,000 followers. His ceremonial first tweet on August 6 read: "My name's Tucker, I'm a 4-year-old lab/retriever mix, and I was just adopted by the @Mariners clubhouse from OkanDogs! I'm gonna get to hang out at the ballpark all the time, travel with the squad and enjoy my very own unlimited supply of baseballs. Doesn't get better than this!" Many agree. "It's amazing to me how much people around the whole country are applauding the idea of having a dog on the team. Within a day and a half every news source in the

United States was knocking at the door," Short said. "The fact that it's a novel idea to take a dog on your team and the fact that he interacts so well with the team members and the public warmed to the idea of seeing him running around the field there and interacting. It touches people's hearts."

Tucker has especially touched the players' hearts. Mariners who have tweeted about Tucker include relief pitcher Erik Swanson and shortstop J.P. Crawford.

"The players do love him and there are a lot of dog lovers on this team," Servais said. "Many of them own dogs themselves which in a baseball life is a very big challenge."

Tucker maintains a daily presence in Seattle's clubhouse. Players pet and play with him constantly. He bounds in and out of Servais' office at ease. Often Jill will video chat with her husband and say hello to Tucker.

Currently, overpopulation and lack of funding are stretching animal shelters. They are forced to euthanize far more than usual. Servais

feels Tucker's adoption and adaptation to the Mariners exemplifies the power of rescue dogs.

"I think we're all just thrilled that the dog has adjusted the way he has, and we really wanted again for the dog to thrive in the environment and not in any way be asked to do something that he wasn't comfortable doing," she said. "The timing for bringing Tucker in is appropriate given what's going on in the animal world. In terms of the national exposure, I was actually pretty surprised that this story has gone as far as it had but I'm grateful for the amplification of the availability of such great dogs." Soon, the dog days of summer will fade into a crucial Seattle September stretch of meaningful baseball with the elusive playoffs in view. Should the Mariners taste postseason glory, perhaps Tucker will continue his impactful romping on the field under October skies.

To donate to or volunteer with OkanDogs, visit www.okandogs.com.

2022 SUMMER CONCERT SERIES

AUG 18 **JORDAN DAVIS**

SEPT 11 **JOSH TURNER**

TICKETS AT TICKETMASTER.COM OR ANY PAC

ticketmaster | 455 WAPATO LAKE ROAD | MANSON, WA 98831 | 509.687.8911 | COLVILLECASINOS.COM

TRIBES LAKE CHELAN CASINO

CORRECTION

Chelan County Auditor Skip Moore received 15,311 votes, and 100% of the votes in the Primary Election held on August 2. His name was left off the election results in last weeks' papers. The election was certified on August 16.

The General Election will be held on Tuesday, Nov. 8.

If you are not registered to vote, go to: www.co.chelan.wa.us/elections. Online and by mail voter registration deadline is Oct. 31. Register to vote in person by 8 p.m. at the Chelan County Elections office, at 350 Orondo Street, Ste. 306. Office hours are 9 a.m.,-5 p.m. and they can be reached at 509-667-6818.

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.

LOCALLY OWNED

JONES & JONES ~ BETTS
Funeral Home

302 9th St., Wenatchee • 662-2119 or 662-1561
jonesjonesbetts.com

Honoring the lives of residents in the Valley for over 100 years.
You can always rely on our dedicated staff.

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

Contact a Generac dealer for full terms and conditions.

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(877) 330-1491

FREE 7-Year Extended Warranty*
— A \$695 Value!

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer

Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m.
until further notice.
Pastor Lilia Felicitas-Malana



CHRIST CENTER
Sunday Worship Service at 10 am
5800 Kimber Rd., Cashmere
509-782-2825
christcentercashmere.com



GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
9:30 a.m. for the summer, rotating
services with St. James Episcopal.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
9:30 a.m. for the summer, rotating
services with Grace Lutheran.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH
418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor
Jo Dene Romeijn-Stout
Leavenworthumc.org
leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
<https://www.flcleavenworth.com>

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
Youth Pastor Paige Derossett
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 509-548-7517
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth.com
www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH
Serving Our Valley Since 1941
12565 Chapel Dr. 509-763-3621
Looking for you at 10:30 this Sunday!
plaincommunitychurch.org
facebook.com/plaincommunitychurch
office@plaincommunitychurch.org



© 2022 NCW Media, Inc.
PO Box 39
Leavenworth, WA 98826
Phone: 509-782-3781

On the Internet

website:
www.cashmerevalleyrecord.com
e-mail:
Reporter@cashmerevalleyrecord.com
Ad manager:
carol@leavenworthecho.com

Office hours

Call Leavenworth Echo for more information.
509-548-5286

Contact information

Publisher

Carol Forhan
Bill Forhan Ex Officer
publisher@leavenworthecho.com

Advertising Sales Manager

Carol Forhan 509-548-5286
carol@leavenworthecho.com

Advertising Sales

Lindsay Timmermans
509-860-7301
adexec1@ncwmedia.net
Reporter/Photographer
Erin Mullins
Reporter@leavenworthecho.com
509-782-3781

Main Office

509-548-5286

Classified / Legal Notices

classifieds@leavenworthecho.com
NCWMarket.com

Circulation

509-689-2507
1-509-293-6780

Deadlines

Calendar Listings Noon, Friday
News Submissions: Noon, Friday
Letters to the Editor: Noon, Friday
Display Advertising: Noon, Friday
Legal Notices: Noon, Friday
Classified Ads: Noon, Friday

Subscriptions

In Chelan County (yearly) - \$40
In State (yearly) - \$40
\$45 for print and online
Out of State (yearly) - \$52
Online E-edition - \$40

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780



NCW Media, Inc. prints on recycled newspaper with soy ink. Please recycle.

Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story?
Call the Record at 509-782-3781

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286, by emailing classifieds@leavenworthecho.com or online at NCWMarket.COM

Services

Back Issues are available up to one year after publication for a small fee.
Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., PO Box 39, Leavenworth, WA 98826 Telephone: 509-782-3781 Fax: 509-548-4789 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)
Postmaster:
Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039

Weekly rates:
\$15.00 for first 30 words
.10 for each additional word over 30 words
Borders, bold words, headlines, logos and photos subject to additional charges.

COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

Projekt Bayern

CONTINUED FROM PAGE A1

While Bayern feels they have had conflicts with the city, they are still going to provide funding for projects for Leavenworth and the surrounding area when funding requests are submitted, Gustin said. Bayern has already given back nearly \$2 million to the community, she said.

Oktoberfest generates a lot of revenue, but it also costs over a million dollars each year to put on, Gustin said. But if 40,000 people come to Oktoberfest and spend \$500 that is over twenty million dollars that go into Leavenworth and the surrounding areas, she said.

“No matter what, just having it helps. That was our thought process, no matter what,” she said.

Gustin said that she does not appreciate Oktoberfest being characterized as drunkfest by

the mayor. While some people overindulge, she said, for the most part that is not the case. Oktoberfest didn't take over the roadways, it allowed people to have fun and Bayern always followed the lead of city administration on aspects like the length of music, she said.

The mayor ran on a campaign of being against Oktoberfest, Gustin said, and was lobbying against the festival before being elected. Florea was not available to comment on this allegation, but Voos said he heard from community members that they were not happy with some of the effects of Oktoberfest. While the city has no official record of Florea calling Oktoberfest “drunkfest”, he was quoted by a news outlet of using the term in 2021.

Voos confirmed that the city had asked for a more family friendly atmosphere at the festival. But Gustin said that

Oktoberfest had always had a Kinder Platz downtown in the park. This year, the Town Toyota Center provides more space to have the Kinder Platz directly inside the Oktoberfest, she said.

Gustin said that the Oktoberfest is focusing on German beer and will not have any American beers because there are so many beer festivals out there and they want to focus on German tradition. People from German beer companies have come to Bayern's Oktoberfest in the past because the festival sold so much of their beer, she said.

“We actually had them up on stage for the keg tapping ceremony. It's just so much fun. It's a crowd pleaser. It gets everybody ready to go. And it's, you know, I guess what a lot of people don't know that if they haven't been that there is so much comradery,” she said. This years Oktoberfest will have expanded room for vendors, including those looking to fundraise, and free parking will be provided, Gustin said. Shuttles will be provided for those both at Leavenworth and Wenatchee hotels.

Other fun highlights include the men and women's stein holding contest, collectible memorabilia, and a Mug brand rootbeer float. Tickets go on sale at the end of August. The stein contest started a couple years ago, and you must sign up and five to eight men and women are selected, Gustin said. “They come up and we fill

a whole stein full of water ... you have to extend your arm straight out and its not easy. You can't use your other hand. You can only use the one hand that you choose at the very beginning,” she said. “I don't think we have even gone over five minutes [for men or women].”

While it may seem like the parking that Oktoberfest has traditionally taken up may make more money, Gustin said that if you consider all the benefits that the festival brings to the community it is a net financial gain for the city. Despite the benefits to the city that Bayern claims, the groups have split and there are two Oktoberfest events.

Jessica Stoller, Marketing and PR Director for the Leavenworth Chamber of Commerce wrote that the Oktoberfest in Leavenworth will still have music, dancing and the ceremonial tapping of the keg, as those are key elements of any Bavarian styled Oktoberfest.

For the Chamber's Oktoberfest, two beer gardens will be located at the Festhalle and at Front Street Park next to the Gazebo, Stoller said. The event will feature entertainment, dancing, food, lots of great local and German beers, a large Kinder Platz for kids, a rootbeer garden and a 42-foot Ferris wheel.

Similarly, Bayern's Oktoberfest will have plenty of entertainment and dancing, with favorite bands and musicians performing during the entire festival and carnival games for the kids.

COMMUNITY CALENDAR

Wednesday

- Cashmere Rotary Club:** Zoom meetings Noon, Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.
- Mission Creek Community Club:** meets every month, 7 p.m. (1st and 3rd Wed.).
- Cashmere Food Bank,** open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

Thursday

- Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.
- Cashmere American Legion Post 64.** 7 p.m., American Legion Hall, 401 Sunset Highway, Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxiliary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

Friday no events

Saturday no events

Sunday

- CHURCH:** See the church page for local service times and events.
- Cashmere Farmers Market,** 600 Cotlets Way, Cashmere Museum, 9 a.m.-1 p.m.

Monday

- Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Monday)
- Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)
- Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
- Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
- Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
- Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
- Cashmere School Board Work Session,** Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
- Cashmere School Regular Board Meetings,** are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
- Chelan Douglas Republican Women,** Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage and dessert is \$8 (no outside food please). Check-in begins at 11 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Tuesday

- Icicle & Peshastin Irrigation Districts:** Current meeting time 8 a.m. at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 509-782-2561 or tony.iid.pid@ncwi.net. (2nd Tues.)
- Peshastin Water District,** meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)
- Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)

NCW Libraries

- Cashmere Public Library: 509-782-3314**
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).
Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
- Cashmere Museum and Pioneer Village**
Call for more information 509-782-3230
- Chelan County Historical Society Board meets,** 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)
- Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

BUSINESS & SERVICE Directory
Add your business or service to this directory. 509-548-5286

DRILLING

Tumwater Drilling and Pump Inc.
“Water Treatment Systems Built to Your Individual Problem”
Free Water Analysis/Estimates
Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2
Tumwater Drilling & Pump, Inc.
509-548-5361
www.tumwaterdrilling.com • email info@tumwaterdrilling.com
WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

EXCAVATION

Complete Excavating Service
Power & Water Systems
Dump Truck & Dozer
Drainfield Repair
Free Estimates
Septic Systems
Road Grading
Upper Valley Excavating
(509) 548-3489
Leavenworth, WA
Licensed • Bonded • Insured

STORAGE

Have spare room in your facility? Advertise on NCWMarket.com

STUMP REMOVAL

Quick 'n Easy Residential Stump Removal
STUMPS UNLIMITED
10817 North Road, Leavenworth • (509) 548-8222
Kim & Rosalie Kozelisky
Licensed, Bonded, Insured • Cont. #UPPERVE200PI

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS
This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

Aug. 5

- 10:09 Civil Dispute, 67 Karl Downs Ln.
- 12:04 Theft, 4810 Old Monitor Rd., Monitor
- 12:29 Runaway, 101 Cottage Ave.
- 13:37 Hazard, Flowery Divide Rd., and Stine Hill

Aug. 6

- 11:03 Trespassing, 101 Earl Ln., Monitor
- 11:16 Theft, 303 Fircrest Dr.
- 22:26 Attempt to Locate/Contact, 102 Titchenal Way, BJ's Shell

Aug. 7

- 13:38 Extra Patrols, 2904 Easy St., Monitor
- 16:07 Parking/ Abandoned Vehicle, 1513 Sleepy Hollow Rd., Monitor
- 17:48 Theft, 93 S. Douglas St.
- 18:35 Harassment/ Threat, 419 Norman Ave.
- 18:40 Suspicious Circumstance, 5465 Mill Rd.

Aug. 8

- 08:39 Domestic Disturbance, 2960 Easy St., Hot Rod Cafe, Monitor
- 16:28 Juvenile Problem, 4990 Yaksum Canyon Rd.
- 17:25 Theft, 107 Railroad Ave.
- 18:25 Unknown-injury Accident, 300 Tigner Rd., Cashmere Middle School
- 18:46 Parking/ Abandoned Vehicle, Sleepy Hollow Bridge, Monitor
- 21:12 Harassment/ Threat, 3601 Sells Motel Rd.

Aug. 9

- 08:22 Alarm, 8400 Taber Rd.
- 12:25 Assault, Pine Flats Loop Rd.
- 13:37 Injury Accident, 1800 block Mission Creek Rd.
- 18:37 Diversion, 201 Riverside Dr., Riverside Park
- 20:17 Assault, 5816 Evergreen Dr.
- 20:32 Public Assist, 201 Riverside Dr., Riverside Park

Aug. 10

- 08:40 Civil Dispute, 5240 N. Cashmere Rd.
- 09:48 Malicious Mischief, 5655 E. Cashmere Rd.
- 10:24 Suspicious Circumstance, 100 block Cottage Ave.
- 14:46 128 Mission Creek Rd.
- 16:47 Extra Patrol, 201 Riverside Dr., Riverside Park
- 19:40 Welfare Check, 3145 Main St., Outpost Saloon, Monitor
- 20:34 Suspicious Circumstance, 201 Riverside Dr., Riverside Park
- 21:18 Disturbance, 400 block Elberta Avenue
- 22:42 Suspicious Circumstance, Evergreen Dr., and Kimber Rd.
- 23:30 Welfare Check, 4620 Old Monitor Rd., Monitor

Aug. 11

- 07:09 Alarm, 305 Aplets Way, GGW Law
- 12:06 Disturbance, 211 River St. alley
- 15:07 Public Assist, 104 Cottage Ave.
- 19:29 Suspicious Circumstance, 1113 Lower Sunnyslope Rd., Monitor
- 20:19 Burglary, 5439 Binder Rd.
- 23:01 Welfare Check, 3100 block Main St., Monitor

FRIDAY AND SATURDAY, AUGUST 26-27
2ND ANNUAL Summer SIDEWALK SALE 10-5 PM
Businesses downtown and throughout Cashmere will be participating. There will be a shave ice vendor downtown. Stores will be offering heavily discounted prices, up to 75%. Raffles, back to school items and much more!

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

- AA Meetings:**
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
- Alanon Meetings,** call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.
- Renewed Celebrate Recovery,** Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.



Place your ad online at NCWMarket.com or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

NASH	GOA	SPRY							
FLOE	GULP	SCREE							
LAMP	LADE	PRESS							
RECEIVER	RAPT								
ALTAR	TAM								
LACTIC	SOYBEAN								
ADO	THROG	LATE							
RIDGE	OCA	SEROW							
VEER	OUTPUT	ENE							
AUDIBLE	GENDER								
DUD	PIANO								
OBIT	TURNOVER								
IVORY	BRAD	IRON							
CAROL	SETA	COMA							
ELIAN	PRE	ESPY							

4	1	5	8	7	9	6	2	3	
7	6	8	3	2	1	9	4	5	
2	9	3	5	4	6	7	8	1	
8	7	4	9	3	2	5	1	6	
1	5	2	4	6	7	8	3	9	
6	3	9	1	5	8	2	7	4	
5	2	1	7	9	3	4	6	8	
9	8	7	6	1	4	3	5	2	
3	4	6	2	8	5	1	9	7	

Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our Local Newspapers and Online at NCWMarket.com for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworthecho.com or **Lake Chelan Mirror** 509-682-2213 or **Quad City Herald** 509-689-2507 or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record Call 509-548-5286 or email classifieds@leavenworthecho.com

General Interest

LIVE, LAUGH, LEARN PRESCHOOL

OPENING September 13, 2022 Tuesday, Wednesday, Thursday 8am - 12pm Breakfast and snack will be served. 13 years experience! Full Preschool Curriculum. Please call for more information and any questions you may have. 509-679-6109 Jodi Jones

Employment

Help Wanted

Looking for a great local employee? It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Help Wanted

Bus Driver/ Operator – Full-time

Organization: Okanogan County Transit Authority (TranGO)

TranGO IS HIRING DRIVERS; Full-time (36+ hours per week) positions available now; hourly non-exempt. Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantansit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantansit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, S, Suite A, Okanogan.

Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.



The Cascade School District is seeking qualified applicants for the following positions:

- Icicle River Middle School Assistant Cross Country Coach
- Cascade High School Wrestling Coach

Fast Track application process and information can be found on our website at www.cascadesd.org EOE



Windermere Real Estate/NCW
Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley? Robyn Bodajla - 617-462-3402
Momi Palmieri - 509-433-2211
Geordie Romer - 509-679-8958
Allyson Romer - 509-630-9898

Give us a call today!

See all available properties at windermereleavenworth.com

Help Wanted

NCW Media Newspapers

is looking for a full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume. This job is based in Leavenworth, WA. Applicants would be covering the Bavarian Village of Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published once a month. Responsibilities would include:

- Writing about local events.
- Photographing sporting events for the local schools.
- Uploading content once a week to the web.

For the Wenatchee Business Journal: Compiling a list of new businesses/bankruptcies and property listings each month.

Keeping up with people, interviewing local businesses and community members other assigned duties. Candidate would need to have reliable transportation. Pay will be based on experience. Email your resume and writing examples to publisher@leavenworthecho.com or call for an interview 509-548-5286. 10-5 p.m. weekdays. EOE



The Cascade School District is seeking qualified applicants for the following positions:

- 2 Bilingual Elementary School Secretaries

Fast Track application process and information can be found on our website at www.cascadesd.org EOE

Help Wanted



Now Hiring!

Phlebotomist Interpath Laboratory in partnership with Family Health Centers in Brewster, WA is seeking candidates to join their team.

On the job training is provided for those that have a positive attitude and commitment to serving on a high functioning team. Contact Elizabeth Ramirez at EMRamirez@Interpathlab.com Or 509-293-5454

WE OFFER!

- Laboratory discounts for in house testing
- Medical with In-Network & Custom Network discounts (No- cost for employee only coverage)
- 401(K) discretionary employer match
- Paid Time Off

Work Wanted



Material Placement We Place the Material for you!
Rock Bark Sand Soil Dump Truck Service



No more wheelbarrows, shovels or rakes! FREE ESTIMATES Cell: 509-393-1244 Office: 509-885-2269 tcslingers.com **Landscape Supply Yard** 1869 1/2 S. Wenatchee Ave. Wenatchee



Upgrading your 'ride'? we can help you sell your old one

- Place your ad 24/7 at ncwmarket.com
- Email: classifieds@leavenworthecho.com
- Call 548-5286

For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only? Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call

The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworthecho.com **Deadline: Noon on Friday for all papers.**

Garage & Yard Sale

CLEAR SOME SPACE WITH A



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

General Merchandise

Confidence All-Season tires, size 225-55r17, 50% tread for \$100. Free- tires mounted on Ford Escort rims. Call Gordon 509-470-2375



Place your Help Wanted Ad online at NCWMarket.com 24/7 and find the best qualified local employee

NCWMarket.com is a classified advertising service of NCW Media, Inc. Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal **The good news about NCWMarket.com is:**

- It's available 24/7
- Rates start as low as \$5 per month
- Google says we averaged 5,277 visitors per month last year
- You can have multiple photos even videos
- You can protect your identity until you decide to respond to inquiries, OR
- You can include a map to your business
- You can change the ad anytime you want – as often as you want
- We don't sell your email address or any of your personal information
- Our monthly subscription programs allow you to change your ad entirely at no additional charge

Place your ad now: NCWMarket.com

ALL OCCASIONS Greeting Cards ONLY
 .50 per card.
Special Leavenworth Cards
 now only \$1.00 per card for a fundraiser for Royal Ladies of the Autumn Leaves

Example sayings are:
 Wish you were here with me in Leavenworth.

"Special Friends"
 Or I miss you.

Happy Birthday from Leavenworth!

Stop in The Leavenworth Echo office
 215-14th St.
 Open 10-5 weekdays.
 509-548-5286

Legals
Public Notices

NOTICE OF APPLICATION, ENVIRONMENTAL DETERMINATION AND PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the City has received an application for a Shoreline Substantial Development Permit and Floodplain Permit for a project as described below. The City of Leavenworth (lead agency) has issued a Determination of Non-significance (DNS) and determined that the proposal will not have a probable significant adverse impact on the environment, per the State Environmental Policy Act Rules (SEPA, WAC 197-11-340) and the Leavenworth Municipal Code. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(C). The lead agency will not act on this proposal for at least 30 days from the date of issuance on August 17, 2022.

The Hearing Examiner will hold a Public Hearing to consider and make decision on this project, at 10:00 am, Wednesday, September 21, 2022, at City Hall, 700 Hwy 2, Leavenworth and online via Zoom, Meeting ID: 914 5732 9412, Passcode: 222444; Or the call-in phone number: 1-253-215-8782.

LUA2022-027: Request for a Shoreline Substantial Development permit and Floodplain Permit, submitted by the City of Leavenworth, to abandon existing utilities (sewer line, water and power) and relocate them to service the Waterfront Park restroom facility. The project is located at NNA Main Street, within the Recreational Public and Central Commercial Districts; Assessor's parcel numbers 241712240100, 241712662524, 241712662522, and City of Leavenworth right-of-way. From US Highway 2, turn south (to the river) onto 9th Street; in 0.1 miles, at the dead-end, take a left onto Main Street downhill to the parking lot of Waterfront Park.

The public is encouraged to attend via zoom and to submit written comments prior to the hearing. Materials may be viewed by appointment only at City Hall, 700 Hwy 2, Leavenworth, or on the City's Public Portal at <https://bit.ly/2RMadlw>; Search LUA2022-027 or use the interactive map. Questions may be directed to Lilith Vespier, phone 509-548-5275 or email dsmanager@cityofleavenworth.com.

Published in The Leavenworth Echo/Cashmere Valley Record on August 17, 2022. #4465

What's the difference between branded and generic medicines

Q: When one of my medicines became available as a generic, my insurance plan forced me to switch. Ever since I haven't felt the same. My doctor insists that it is the exact same medicine, but if that's so, why doesn't it work as well?

Generic medicines are considered equivalent to their brand-name counterparts but are not identical. Although the Food and Drug Administration (FDA) requires all generic drugs to meet the same standards as brand name products, they don't have to match them in every way.

Before they can sell a generic version of a medication, their manufacturer must show the FDA that their product contains the same amount of active ingredients at each strength that the brand name comes in. Generic medicines must also match the form and route of administration of the original or "innovator" medicine, whether it's a tablet, capsule, liquid, or injection.

In addition, the manufacturing processes, quality control, and testing for generics must meet the same standards as branded medicines. Some generics are



even made in the same facility as the branded version.

Generic drug manufacturers must prove to the FDA that their generic is equivalent to the original branded medicine. They do this by testing human volunteers' blood after taking each version. If the blood levels from the generic and brand are similar, the FDA assumes that the generic medicine will work the same as the branded one.

The active ingredients of generics must be equivalent, but the inactive ingredients don't have to be. Sometimes those differences change the way you absorb your medicine. Just like meatballs contain more than just meat, tablets and capsules can contain more than just their active ingredient.

When a medication's dose is a tiny bit of powder, more volume will be needed to create a tablet or capsule. The added powder is called a filler or diluent. Lactose, sucrose, kaolin, powdered starches, and cellulose are

examples of fillers. Food coloring can be added to medicines, causing reactions in people sensitive to dyes. An adhesive compound called a "binder" is usually added to help the powdered medicine press into a tablet. Binders work similarly to the raw egg in a meatball recipe: by assisting the meat and rice to form into a ball.

Generic manufacturers use less expensive versions of fillers, dyes, and binders, allowable by the FDA as long as the active ingredient is the same concentration as the original medicine. Making generic versions of extended-release or long-acting forms is more complex than duplicating a simple tablet. It's trickier to get the generic versions of these to act the same as the original.

With most generics made overseas, the COVID pandemic disrupted the supply chain of generic medicines. Many pharmacies couldn't get medication from the generic manufacturer they typically used before COVID. Rather than run entirely out, pharmacies had to order drugs from unfamiliar manufacturers.

Most generic medicines are made outside the country, where there is little control over the product's source or manufacturing quality.

4 Tips on Taking Generic Medicines:

1. Check your pills before you leave the pharmacy. Don't assume a different shape or color is "just another generic." Because generic medicines don't have to match the appearance of the branded version, the color or form can change whenever your pharmacy uses a different manufacturer. Check for and challenge any changes in your medicine's shape or color to ensure you have the correct medication in your pill bottle.

2. Double-check with Google.

When getting medications by mail, you can double-check their identity at home. In a Google search box, type the shape (round or oblong), color, and any markings you see on the pill. If there is a line across the tablet, add the word "scored." You will get names, doses, and color images that you can use to match up to your mystery pills. If you are still unsure, call your pharmacy

to double-check what should be there.

3. Ask your doctor.

Let your doctor know if you have a poor experience after switching to a generic medication. If your doctor documents the problem, you may qualify for an exception from your insurance company. Many insurance companies will let you return to your original branded medication with appropriate documentation. However, sometimes they will charge you a higher copayment.

4. Report it.

If you notice a difference when switching from a brand name medicine to the generic version, ask your doctor to report it to the FDA. The FDA's MedWatch program tracks any adverse events caused by medicines.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey

Buyer beware: 'Ironing Out' the facts on vitamins and supplements

(STATEPOINT) The supplement industry is booming, with more than four in five Americans taking vitamins or supplements, according to a recent Harris Poll on behalf of the American Osteopathic Association. Despite their popularity, the FDA doesn't test the effectiveness, safety or quality of supplements or their ingredients.

To help you navigate this largely unregulated industry, NovaFerrum, a leading manufacturer of iron supplements for children and adults whose products have been clinically proven safe, effective and well tolerated, offers the following primer:

• Good sourcing. Where it comes from is almost as important as what's in it. Manufacturers can cut corners

by working with lower-quality global suppliers or operating in places that require little oversight. Look for products sourced and manufactured in the United States, such as NovaFerrum.

• Proper dosage. There is wide variation in the amount of active ingredients in each supplement. Some iron supplements, for example, contain only slightly more iron than a glass of tap water. Make sure you get what you're paying for. On the other hand, taking too high a dosage can be dangerous. Know the Tolerable Upper Intake Level or UL (the maximum amount you can ingest without negative side effects) of each supplement you take.

• Truthful product claims. Don't be fooled by product claims not backed by third parties. The "certified gluten-free" symbol on food packaging means stringent steps were followed to prevent gluten cross-contamination and that the food has been independently tested by a third party. Similarly, many products are listed as vegan, kosher and halal, but smart consumers know to look for those that are vegan-verified and Etimad Halal or Kosher certified.

• The right ingredients. While organic is a good thing when you buy vegetables, when it comes to products that require a shelf-life, this might not be the best approach. Some popular "all-natural" supplements have



PHOTO SOURCE: KindPNG
Despite their popularity, the FDA doesn't test the effectiveness, safety or quality of supplements or their ingredients.

been recalled due to bacterial contamination. Without some level of preservative, harmful bacteria can grow in liquid supplements and make users seriously ill.

• Trustworthy brands. The supplement industry has experienced a number of lawsuits and recalls for issues related to ineffectiveness and adverse reactions. Do your homework.

• Science-backed products. Don't trust your family's health to a formula cooked up in a kitchen sink. Seek scientifically proven solutions based on years of pharmaceutical and health care experience and recommended by licensed medical professionals. Choose only supplements that have voluntarily undergone full-scale, multi-year clinical trials to prove that they're safe, effective and well-tolerated.

• Easy ingestion. Look for infant and children's products that actually taste good enough that they'll take them. The pediatric drops and chewable tablets from NovaFerrum, for example, come in flavors like chocolate

and raspberry grape. Also, when it comes to iron supplements, stick with formulations that reduce iron-related gastrointestinal side effects often experienced by people of all ages.

• Doctor-approved solutions. What you put into your body impacts your health in myriad ways, so choosing a supplement is essentially making a medical decision. Don't rely on slick advertising. Always get your doctor's counsel.

For more information on NovaFerrum, its iron supplements or its clinical trial, visit novaferrum.com.

"Whether you're taking supplements for athletic performance, to fill nutritional gaps or to boost wellness, it's essential to make smart choices," says Patrick Monsivais, CEO of NovaFerrum. "The good news is that with a little research, you can determine which are effective and made from high-quality ingredients, and which are a waste of money or, worse, potentially harmful."

SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR
 12 days, departs May - Sep 2022
 FROM \$1,949
 \$1,699
 VMT VACATIONS promo code N7017
 1-855-208-9533
 FREE ONBOARD CREDIT

1									
	8		2			9	4	5	
					6	7	8	1	
		4	9					1	6
6	3				8	2			
5	2	1	7						
9	8	7			1		3		
									9

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

THEME: FOOTBALL ACROSS

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19				20		
21				22						
23				24				25		
26				27				28		
29				30				31		
32				33				34		
35				36				37		
38				39				40		
41				42				43		
44				45				46		
47				48				49		
50				51				52		
53				54				55		
56				57				58		
59				60				61		
62				63				64		

63. Prior to, prefix
 64. *Tom Brady's 2008, 2018 or 2021 award

DOWN

1. *Professional football org.
 2. Relating to armpit
 3. Not all
 4. Jazz subculture hipster
 5. Tropical juice flavor
 6. Comparative form of #40 Down
 7. Imitator
 8. *QB's run
 9. SAT or ACT course
 10. Catch one's breath
 11. "Owner of a Lonely Heart" band
 12. Malfunction
 13. Hair product
 14. Chosen few
 15. Dress like Ancient Greeks
 16. Butterfly, pre-metamorphosis
 17. Bye, to... Elisabeth Borne
 18. Encrypted
 19. *a.k.a. hike
 20. Dog- pages
 21. Do penance
 22. Not as old
 23. Casanova, e.g.
 24. Two before Dec.
 25. *NFL playing field
 26. Shorthand
 27. Antediluvian
 28. Idi Amin's country
 29. Butane derivative
 30. Not an expert
 31. Less adulterated
 32. All worked up
 33. Like Joe Biden's office
 34. Bora
 35. Chef's amt.
 36. Son of Aphrodite
 37. Boisterous play
 38. *the kicker
 39. "Uh-uh"

1. '90s Don Johnson TV character
 2. India's smallest state
 3. Light on one's feet
 4. Arctic floater
 5. Mouthful, swallowed
 6. Rocks at mountain base
 7. Reading helper
 8. Serve soup
 9. Clean & ____, in a workout
 10. *QB's target
 11. Wholly engrossed
 12. Religious ritual table
 13. Scot's woolen cap
 14. Relating to milk
 15. Oil-producing plant
 16. Shakespearean "fuss"
 17. Crowd
 18. Like the White Rabbit
 19. Chip feature
 20. Mozart's "L' ____ del Cairo"
 21. Asian goat antelope
 22. Turn sharply
 23. Yield
 24. Compass bearing
 25. *When QB changes play at line of scrimmage
 26. ____ identity
 27. Failed Molotov cocktail
 28. Alicia Keys' instrument
 29. Final notice
 30. *It results in change of possession in football
 31. Off-white color
 32. Actor Pitt
 33. Type of ore
 34. Classic TV's "lovely lady"
 35. Stiff hair
 36. Vegetative state
 37. Distinctive elegance

BRING EVERYTHING YOU LOVE TOGETHER!
 2-YEAR TV PRICE GUARANTEE \$69.99
 CALL TODAY - For \$100 Gift Card
 1-888-416-7103

Announce those special events with us!

Milestones | Weddings | Births | Birthdays | Anniversaries

Call or email us for details!

ECHO RECORD MIRROR HERALD
 Leavenworth 509-548-5286
 Cashmere 509-782-3781
 509-682-2213
 509-689-2507
 Carol@leavenworthecho.com
 ruthk@akechelannmirror.com



TILLAMOOK ICE CREAM
SELECTED VARIETIES
48 OZ.
4⁴⁸



SMUCKER'S TOPPING
SELECTED VARIETIES
7.25 TO 12.25 OZ.
1⁷⁸



REDDI WIP WHIPPED TOPPING
EXTRA CREAMY OR ORIGINAL, 6.5 OZ.
2/\$5



PLANTERS ROASTED PEANUTS
SELECTED VARIETIES
16 OZ.
3⁹⁸



DUNCAN HINES BROWNIE OR CAKE MIX
SELECTED VARIETIES
15.25 TO 18.3 OZ.
3/\$4



DUNCAN HINES FROSTING
SELECTED VARIETIES
16 OZ.
1⁷⁸

PREMIUM BEEF T-BONE STEAK VALUE PACK **9⁹⁸ LB.**



ALL NATURAL BONELESS PORK CHOPS
CENTER CUT, VALUE PACK
2⁹⁸ LB.



Fresh BONELESS SKINLESS CHICKEN THIGHS
VALUE PACK
3⁹⁸ LB.



YELLOW PEACHES OR NECTARINES
LOCALLY GROWN
2⁴⁸ LB.



RIPE CANTALOUPE
2/\$5



FRESH BLUEBERRIES
6 OZ. PACKAGE
1⁹⁸ EA.



GET A \$5 OR \$10 REWARD*
WITH QUALIFYING PURCHASE BETWEEN 7/14/22 AND 9/5/22

*Terms and limits apply. Visit www.ActivateRewards.com/BackToSchool for full offer details and participating products. Use products only as directed. © J&JCI 2022