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BREWSTER **Council approves revised ADU ordinance**

BY MIKE MALTAIS Ward Media Staff Reporter

BREWSTER – For the past several months, the city council has been crafting ordinances to address regulation of certain types of dwelling units within the city limits, specifically accessory dwelling units (ADU), short term rentals, and recreational vehicles (RVs). Last month, the council held

a public hearing to consider any comments from city residents on the three proposed ordinances before sending the ordinances to the state Department of Commerce DOC) for a mandatory 60-day review. The DOC reviews all proposed city legislation that will affect a city's zoning code or building code regulations. In the majority of cases DOC returns the ordinances with-

out comment, but in the case of Brewster's ADUs the DOC did weigh in.

City attorney Kaitlin Schilling of the law firm Ogden, Murphy, Wallace in Wenatchee explained the reasons behind DOC's comments.

"Washington state law has been updated this year in regards to separate dwelling units and requirements that counties and cities must meet with respect to those," Schilling said.

One of those changes addresses a dwelling unit's maximum square footage.

"You need to allow up to 1,000 square feet maximum where now it can be a maximum of 800 square feet," said Schilling. "So, we have to change that."

Another change pertains to the property owner.

"You cannot require a proprequire one parking space." erty owner to reside at either The city's original proposed the main dwelling or the ac-

ordinance required two offstreet parking units for each ADU regardless of the lot size.

Schilling made the changes to the ADU ordinance (No. 955) and the council passed it unanimously.

Mike Maltais: 360-333-8483, michael@ward.media

COMMUNITY

From left, Ella, Rose, and Mercedes Palmanteer hold the floragraph of their husband and father.

Late tribal member and veteran honored for organ donations

BRIDGEPORT CITY COUNCIL Year-end resolutions, ordinances addressed

BY MIKE MALTAIS Ward Media Staff Writer

cessory dwelling," said Schil-

ler. "So, we have to take that

Parking requirements have

"You can require two park-

ing spaces if a lot is greater

than 6,000 square feet," said

Schilling. "If a lot is less than

6,000 square feet you can only

also been revised.

off."

BRIDGEPORT – The city council held three public hearings and approved a dozen resolutions, ordinances, or contracts on a full agenda during its regular monthly meeting on Nov. 15.

The public hearings on the 2024 final budget, 2024 Capital Facility Plan, and 2024 Property Tax Ad Valorum (according to value) drew no public comment.

Resolutions approved included salaries and stipends, fee schedule, capital works staff who plow snow, facility plan, comprehensive financial policy and snow removal policy. Ordinances passed included tax ad valorum, annual budget, amended 2023 final budget, and amended Bridgeport Municipal Code (BMC) to clarify water shut off service charges.

When they meet

The Bridgeport city council meets at 7 p.m. on every third Wednesday of the month.

the sheriff's office, library, and city hall.

Deputy clerk Ariana Cruz explained a new service contract. Text My Gov. that allows residents who sign up to receive phone text messages regarding happenings and alerts in the city.

Right-of-way issues have caused problems for public spray weeds, and perform other maintenance duties that require clear access on city rights of way. Clerk Judy Brown compiled a 10page revision of Title 10 of the BMC for council members to review and discuss for an eventual ordinance overhaul. Public events are another topic regulated by the BMC. Brown said she reviewed several other city municipal codes to see how they define and regulate public versus private events.

BY MIKE MALTAIS Ward Media Staff Reporter

OMAK - The late Marty Palmanteer, a Colville tribal member, U.S. Air Force veteran, and organ donor, was honored in a special ceremony on Nov. 17 at the 12 Tribes Casino.

Palmanteer, a 1984 Bridgeport High School graduate, who succumbed in 2016 at age 50 to a brain hemorrhage, was a registered organ donor and his kidneys saved the lives of two recipients in need of kid-

ney transplants. One of those, Kathy Amende, 73, of Walla Walla, received her kidney seven-and-a-half years ago and wrote a letter of thanks to the group.

"I started dialysis in April 2013 for five days a week; eventually it went to seven days a week for eight hours a day," wrote Amenda. "After the transplant I have so much more energy and can do so much it's amazing."

Amende then detailed all the activities she currently enjoys now.

"The point I am trying to make is, without the wonderful kidney donation of Marty most of this wonderful life I have would not be possible," wrote Amenda. "It is truly a wonderful and miraculous gift."

For his selfless act Palmanteer was chosen by OneLegacy, the nation's largest Organ Procurement Organization (OPO) as one of six Native American honor donors whose floralgraph floral portrait likenesses will be featured on the 2024 OneLegacy

Donate Life float in the Rose Parade at Pasadena on New Year's Day.

MIKE MALTAIS/WARD MEDIA

Following graduation from Bridgepor,t Palmanteer joined the Air Force and was among crew members who loaded ordinance on the A-10 Thunderbolt, more commonly known as the "Warthog." An engraving of that iconic fighter plane is engraved on Palmanteer's headstone in the Fort Okanogan Memorial Cemetery next to US 97 north of Monse.

SEE MARTY ON PAGE A6

The latter ordinance adds a fee charged to residents who call public works to shut off water valves that they do not want to shut off themselves.

The general facility cleaning contract was renewed for janitorial services for

SEE COUNCIL ON PAGE A3

VETERANS DAY American Legion holds flag burning ceremony

BY MIKE MALTAIS Ward Media Staff Reporter

BREWSTER – Mention flag burning these days and most folks envision a protest being carried out somewhere. It was a far different story on Nov. 11 at the headquarters of Columbia Post 97 of the American Legion at 102 Third St.

On the 85th anniversary of the observance of Veterans Day, since it was declared an official holiday in 1938, the local legion held its annual flag burning ceremony to properly dispose of all those Stars and Stripes that have seen better

days. Like many another Legion functions, the burning of American flags has a set and somber protocol.

Post Commander Greg Wagg called the assembled volunteers and observers together. With all hats removed, Wagg read the official Flag Retirement and Disposal Ceremony, a salute was executed, and one-by-one each flag was inspected before being committed to the flames.

Over the course of the year, about 100 flags had been dropped off at Legion head-

SEE FLAG ON PAGE A3



MIKE MALTAIS/WARD MEDIA

Glenn Farrington, left, drops a worn flag into the flames while Brandon Caswell inspects another candidate at Legion headquarters during flag burning ceremonies last Saturday, Nov. 11.



MIKE MAI TAIS/WARD MEDIA

Columbia Post 97 members Bill Sachse, left, and Greg Wagg fold a large American flag.

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at

quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

Black light party

The After Hours Jam Room in Okanogan will host a Black Friday Black Light Party on Nov. 24 from 7 p.m. to midnight.

The \$5 cover charge goes to support the After Hours Jam Room. The event is BYOB with karaoke and a band jam. For more information visit the After Hours Okanogan Facebook page.

Small Town

Holidays Kick Off Historic Downtown Chelan will host a

Small Town Holidays Kick Off on Nov. 24.

"Enjoy 32 days of shopping, dining, wine, and holiday fun for the whole family," the event page states. "Help us kick off the holiday festivities on Friday November 24th, starting bright and early with "Plaid Friday!" Plaid Friday is an alternative to Black Friday; Plaid Friday

encourages people to do their holiday

shopping with locally owned and independent businesses. We encourage everyone to wear plaid this day to show your support, and you'll even see many of our businesses wearing branded Small Town Holiday plaid."

For more information visit smalltownholidays.com.

Historic Chelan Tree Lighting

As part of Historic Downtown Chelan's Small Town Holidays Kick Off on Nov. 24. The town's Christmas tree light ceremony will be at 6:30 p.m. downtown. "Families and friends gather around for the Christmas Tree Lighting at 6 p.m., singing carols, and welcoming Santa to town," the event page states. "At 6:30 p.m. head over to a viewing area, or Don Morse Park for a celebratory firework show, or catch a ride on the Lady of the Lake for prime viewing." For more information visit smalltownholidays.com.

Senior center

gift wrapping

On Saturday, Nov. 25 there will be gift wrapping by donation avail able at the Brewster senior center from 10 a.m. to 2 p.m.

"Shop at local businesses on Saturday, Nov. 25th and get your gift wrapped," the event page states.

Funds raised from the event support the seventh and eighth grade AAU girls basketball team.



Brewster tree lighting

The Brewster Chamber of Commerce will host the annual Christmas Tree Lighting on Nov. 25 at the jet on Main St. at 5 p.m. After the lighting ceremony Santa will be at the Senior Center.

"Santa Claus is coming to town," the event page states. "See him at the Senior center on Saturday, Nov. 25 after 5:30 pm."

Gratitude and Reflection

As the crisp autumn air envelops us and the leaves paint a vivid mosaic of reds, oranges, and yellows, our hearts and homes prepare for a cherished tradition: Thanksgiving. This quintessentially American holiday serves as a reminder to pause amidst life's hustle and bustle, embracing gratitude, unity, and the spirit of giving.

Originating from the historical harvest feast shared between the Pilgrims and Native Americans in 1621, Thanksgiving has evolved into a mosaic of traditions. It's a day when families and friends gather around tables laden with a cornucopia of culinary delights, from succulent roasted turkeys to pumpkin pies adorned with dollops of whipped cream.

Beyond the feast lies the heart of Thanksgiving — the

expression of gratitude. In a world often bustling with noise and distractions, this day beckons us to reflect on our blessings. It's a moment to appreciate the warmth of loved ones' laughter, the embrace of cherished friendships, and the simple joys that enrich our lives.

Yet, Thanksgiving is not merely about counting blessings; it's about sharing them. It's a time to extend a hand to those less fortunate, embodying the true essence of community. Whether through volunteering at local shelters, donating to food banks, or offering support to a neighbor in need, this holiday calls us to demonstrate compassion and generosity.

In recent years, the celebration of Thanksgiving has evolved in response to changing times. Families scat-

Have a Community or Sports Story idea? Contact Mike Maltais at 360-333-8483 or

 Ferry Ward

From the Publisher

tered across the country often reunite through virtual gatherings, utilizing technology to bridge distances and share in the spirit of togetherness.

This year, as we gather once more, let us not only revel in the delectable aromas wafting from the kitchen but also in the conversations that unite us. Let's remember to acknowledge the richness found in our diverse tapestry of cultures, beliefs, and traditions that make this nation so vibrant.

As the holiday season commences, Thanksgiving serves as the prelude, fostering a sense of appreciation and setting the stage for the coming festivities. It prompts us to reflect not only on the abundance of our tables but also on the richness of our lives.

OUR VIEW

Report unveils local journalism's crisis and rays of hope

The Quad City Herald calls for community aid

In the annals of our nation's media, the year 2023 has unveiled a complex tapestry, woven with threads of promise and threads of despair for local journalism. Recent revelations from the Medill Local News Initiative at Northwestern University delineate a stark reality: while glimmers of hope emerge with philanthropic pledges and innovative models, the fabric of local news outlets continues to fray, imperiling our communities' cohesion and democratic ethos.

Amidst the shadows, rays of hope shone through in the form of substantial philanthropic commitmentsvital pledges totaling \$500 million. Simultaneously, governmental considerations to bridge digital divides and fortify journalistic integrity provided a beacon of optimism. Notably, select news outlets showcased promising business models. hinting at potential resurgence in beleaguered regions. However, this ray of hope was eclipsed by an unremitting decline in the number of local news sources. The disconcerting projection anticipates the loss of a third of the country's newspapers since 2005 by the year's end, as the expansion of alternative local news entities trails the vanishing traditional sources Communities bereft of a local newspaper typically grapple with economic de-

privation and a lack of highspeed broadband, further isolating them from reliable information sources. This stark divide exacerbates existing societal fissures, exacerbating political polarization, civic apathy, and the proliferation of online misinformation.

The 2023 report on The State of Local News, meticulously curated by the Medill Local News Initiative, outlines the disparities engulfing our nation. Shockingly, more than half of U.S. counties lack or possess limited access to credible local news sources-be it print, digital, or broadcast. The dire statistics include 204 counties devoid of any local news outlet and 1,562 counties dependent on a solitary remaining source, with 228 on the precipice of losing this lifeline.

The decline in newspapers, at a rate surpassing two per week since 2005, has obliterated nearly 2,900 newspapers and twothirds of newspaper journalists-43,000 positionsduring the same period. This decay, particularly in metropolitan areas, compounds the crisis, leaving large swaths of residents stranded without access to essential community news. Alternative local news entities-comprising digital start-ups, ethnic media, and public broadcasting-while promising, confront their unique business hurdlesthe struggle to attain sustainability plagues many. with advertising revenue decline imperiling their survival. The dearth of reliable internet access, especially in non-urban areas. compounds the challenges faced by digital ventures. In this backdrop, the indispensable role of local journalism in fostering informed communities and resilient democracies looms large. It underscores the pressing need for collective action from policymakers, philanthropists, industry leaders, and community members invested in fortifying our local news ecosystem.

The Medill Local News Initiative's comprehensive report, complemented by interactive maps revealing the intricate local news landscapes across states, serves as a clarion call. It highlights the pivotal role of local journalism, invoking a sense of responsibility within us all to safeguard this cornerstone of our societal fabric.

Call to Action: Supporting The Quad City Herald

Amidst this critical juncture, The Quad City Herald stands as a testament to the importance of communitybacked journalism. As the heart of our local news, it relies on the robust support of the community it serves.

Local businesses play a pivotal role in bolstering our local news landscape. Their commitment to advertising in our publications not only promotes their services but also sustains the lifeblood of The Quad City Herald. We urge businesses to consider investing in local advertising, recognizing the pivotal role it plays in fostering an informed and connected community.

Moreover, residents hold the power to fortify our local news outlets. Subscribing to The Quad City Herald is a tangible means of supporting credible, communitydriven journalism. Your subscription directly contributes to the sustenance of reliable local news, ensuring its continuity for years to come. Furthermore, citizens can significantly contribute by patronizing businesses that advertise in The Quad City Herald. By consciously choosing to shop locally, you reinforce the symbiotic relationship between our vibrant local businesses and the sustenance of a robust local news ecosystem. Together, through concerted efforts and unwavering support, we can fortify our local news and, in turn, fortify the very essence of our community's vitality and resilience.

michael@ward.media

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In the spirit of Thanksgiving, let us carry the values of gratitude, compassion, and unity beyond this day, making every day an opportunity to express thanks and extend kindness to all.

May this Thanksgiving be a tapestry woven with love, gratitude, and cherished moments, creating lasting memories that resonate throughout the year.

Happy Thanksgiving to all!

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Have an idea for a story? Call Quad City Herald at 509-689-2507

Letters policy

The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: terry@ward.media

Corrections

Quad City Herald regrets any errors. If you see an error, please call 509-689-2507. We will publish a correction on this page in the next issue. -Terry Ward -Amy Yaley

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Community

SCHOOLS Brewster students qualify for All-State Honor Ensembles

BY MIKE MALTAIS Ward Media Staff Reporter

BREWSTER - The Bears' musical talents will be on display at the All-State competition in February 2024.

"Last month more than 30 Brewster music students submitted auditions to be considered for this year's All-State Honor Ensembles," said Brewster School District Band and Choir Director Alicia Pulsifer. "Students from across the state compete for a spot in one of these elite ensembles."

The results are now in, and the following students will be representing Brewster at this year's festival to be held on Presidents' Day weekend (Feb. 17-18) in Yakima:

Sixth grade:

Belen (Nancy) Martinez -Alto voice in the Jr. All-State Youth Choir.

Eighth grade:

Josie Jarquin - Alto voice in the Jr. All-State Mixed Choir. Bianca Morales - Soprano

voice in the Jr. All-State Mixed Choir. Lalo (Angel) Rincon - Bari-

tone voice in the Jr. All-State Mixed Choir.

High School:

Tajanai Huff - Clarinet in the All-State Wind Symphony.

Ileana Lopez - Soprano 2 in the All-State Treble Choir.

Mariela Sanchez - Soprano 1 in the All-State Treble Choir. "This is the third consecutive year that both Jarquin and Morales have been accepted into the All-State ensembles, tying the school record held by Nancy Perez (class of 2023)," said Pulsifer who is also president of the North Central Washington Music Educators Association. "I am very proud of these students, and all those who put in the extra time and effort

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to audition this year."

COMMUNITY **Brewster Best of the Best awards are Nov. 25**

BREWSTER – The Best of the Best Brewster, an annual awards presentation by the Chamber of Commerce recognizing the large business, small business, Person of the Year and Civil Servant of the Year will be held at 5:30 p.m. Saturday, Nov. 25 in the Brewster-Bridgeport-Pateros Senior Center at 109 Bridge Street.

The ceremony will follow the Christmas tree lighting ceremony in Legion Park at 5 p.m.

Chamber president Mike Mauk said Mr. and Mrs. Claus will be present to ring in the holiday season, pose for pictures with children, and take their Christmas lists.

"The Chamber will supply the refreshments," said Mauk. "The public is welcome. Bring the family."

The Chamber will convene at 6 p.m., Dec. 13, at its Senior Center headquarters to elect the 2024 officers and Board of Directors. The Chamber earlier approved an amendment to have three directors next year. Nominees are

President: Pedro De La Cerda Vice President:

Hugo Gomez, Los Paisas Store

Treasurer:

Maribel Saucedo, North **Cascades Bank**

Secretary:

Kimberly Camacho, Mi Pueblo Market

Director: Miguel Campos -Nueva Generacion

Director: Anna Marie Dalbey -Kelley Williams Reality

Director: Deshia Rupeiks, Deputy City Clerk



MIKE MALTAIS/WARD MEDIA

Greg Wagg and Bill Sachse, background, finish folding another flag that will join others, foreground, that avoided the flames in favor of continued service.

FLAG CONTINUED FROM PAGE A1

quarters for proper disposal. Upon closer inspection it was determined that several were not only serviceable but also appeared to be in either new or like-new condition. Most of those are the large cotton flags that decorate the drives at Locust Grove and Pateros Memorial cemeteries every Memorial Day and were set aside for future use. In a first for the legion, a couple of flags were found to bear the names of veterans printed on their margins. Speculation over how they ended up at the legion soon favored that they were donated not for disposal but for safe keeping, as was the case. The local legion holds an official flag burning at least once a year and sometimes twice if the quantity of flags they receive are sufficient to hold a disposal ceremony on Flag Day, June 14. "People are welcome to drop their old flags off here anytime for proper disposal," Wagg said.



October fire district calls ahead of **10-year average**

BY MIKE MALTAIS Ward Media Staff Reporter

CHELAN - In his report to regular meeting of Chelan fire commissioners last Wednesday, Nov. 15, District 7 Chief Brandon Asher said the district's emergency calls for October exceeded the 10-year average for that month.

October's 97 emergency calls exceeded the 10-year October average of 71 responses and 2023 has been the second busiest October in the past decade. The high volume of calls has continued into November, said Asher.

"We're a little bit ahead of last November's pace so we could have another record month coming up," Asher said.

Emergency calls

Major October calls included:

• 9th - Structure fire on Wapato.

• 11th – Hazmat chemical spill at Union Valley.

• 22nd – Fully involved boat fire at Union Valley.

• 31st – RV/brush fire at Chelan Falls.

Of the 97 emergency re

EMS calls breakdown: • Advanced life support (ALS)

- Basic life support (BLS)
- No transport Administration

"We are getting our integration through RiverCom to work correctly so our guys can practice entering and completing calls as if we were live," said Asher. "Our goal is to be dialed in on this and fully functioning by Jan. 1."

Asher said both the city and the district's attorney have presented their TIF (Tax Increment Financing) mitigation plans and now it's just a matter of waiting. The county will hold a TIF workshop on Dec. 7.

The Municipal Research and Services Center (MRSC) website defines tax increment financing (TIF) as a financing tool that local governments in Washington State - defined as cities, towns, counties, port districts, or any combination thereof - can use to fund public infrastructure in targeted areas to encourage private development and investment (chapter 39.114 RCW).

within the increment area is allocated towards paying for the public improvement costs, the MRSC states.

Asher said TIF was the "hot button" at the recent fire commissioners' conference that he, commissioners Karyl Oules, and Russ Jones attended on Oct. 1, at Tulalip.

"There is still so much that is just not clear," said Asher. "It's going to be really interesting to see how the assessors and the Dept. of Revenue deal with this. Everybody in the state of Washington that's a fire district or a junior taxing district is paying attention to this."

Station 244 in Orondo is officially open and has been added to the WSRB (Washington Survey and Ratings Bureau) website, said Asher. It joins the other five stations in the district:

City Station 71 - 232 East Wapato.

Chelan Falls Station 72-21 Chestnut Street.

Union Valley Station 73 -345 Idvl Spurs Lane.

Airport Station 74 – 56 Apple Acres Road. South Shore Station

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COUNCIL CONTINUED FROM PAGE A1

"If someone wants to hold a dance, invite everyone, and charge at the door, that's a public event to me," said Brown

As Bridgeport becomes party central for more and more public and private events, the city is considering options to tighten up the BMC regulations for both. Issues such as city permits, noise control, law enforcement, designated hours and street cleanup, warrant more scrutiny as events gain in frequency and popularity.

Mike Maltais: 360-333-8483, michael@ward.media

MIKE MALTAIS/WARD MEDIA Glenn Farrington inspects a large nylon flag for defects.

HEALTH CENTERS YOUR FAMILY, YOUR HEALTH, YOUR CHOICE Our family, here for yours **Physical-Emotional-Social** Whole Person Health sponses for October, 68 percent were EMS, said Asher.

EMS calls breakdown: • 45 percent were advanced

life support (ALS). • 43 percent were basic life support (BLS).

 31 percent had no transport.

This year's October calls exceeded the 10-year October average of 71 responses and 2023 has been the second busiest October in the past decade. The high volume of calls has continued into November, said Asher.

"We're a little bit ahead of last November's pace so we could have another record month coming up," Asher said.

A local government wish-

ing to utilize TIF will designate an "increment area" surrounding the site of the public improvements. The property tax portion of increases in assessed value of properties

12041 South Lake Shore.

"The areas outside the fivemile range of this station are now going to get some assistance," said Asher, "because they will be within five miles of the Orondo station.'



THREE RIVERS

HOSPITAL

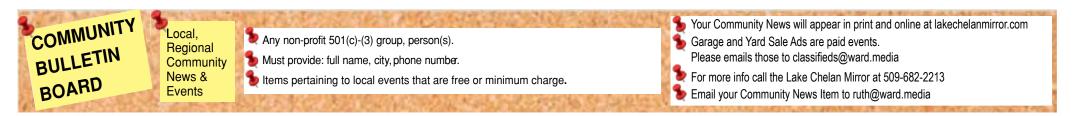
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Community



Michelle's Kitchen Table: Chicken and Noodles plus Dumplings

Aunt Cece and Uncle Larry came over this last week. Whenever they come, we eat Aunt Cece's favorite foods like chicken and noodles. Years ago. Grandma found out that Aunt Cece likes chicken and noodles with dumplings on top. At Thanksgiving we make broth out of the leftover turkey carcass. Grandma adds veggies to the broth, brings it to a simmer while I make homemade noodles for the pot then when the time is right, she adds dumplings and it makes the best day after Thanksgiving meal.

A4

Before Cece and Larry came over, I was rearranging my freezer to fit cheese bricks (on sale for half the regular price so I got four and froze three of the 32 oz bricks) and left a whole frozen chicken out by mistake so we had to eat it. We had crockpot baked chicken but being as Grandma, Grandpa and I don't have the appetite of young folk any longer there was still lots of meat left on the bones of that baked bird so Grandma made broth out of it. When we heard Larry and Cece were coming over Grandma decided to make chicken and noodles plus dumplings. She must figure it's an excellent time to prime our taste buds for the main event of the day after Thanksgiving when we make broth out of the turkey carcass and all the left overs go into the pot for Turkey and Noodles plus Dumpling as the finale of our Thanksgiving celebration before everyone heads back to their homes far away.

Chicken and Noodles plus Dumplings

One chicken carcass, 4 to 6 cups water, 1-4 ribs celery, ½ tsp salt, 1 small onion diced, 1-3 carrots, chopped, 2 to 4 oz noodles **Dumpling Dough**

1 cup flour, $\frac{1}{4}$ tsp salt, 1 tsp baking powder, $\frac{1}{3}$ to $\frac{1}{2}$ cup water or milk

Put the chicken carcass in a pan or a crockpot with 4 to 6 cups water. Bring to a boil then turn down to a simmer. Simmer the carcass until the meat falls off the bones. Let cool then remove the meat from the bones and discard the bones. Measure to make sure there are at least four cups of liquid broth. If not add water to make up the difference. To the meat and broth, add the salt veggies, celery, onion, carrots and simmer until the carrots are almost done. Bring to a boil and add the noodles. (If the broth is not bubbling the noodles will turn to goo.) Make sure the meat, broth and veggies are at least at a fast simmer before adding the noodles. Turn up the heat and bring to a boil. While waiting for the liquid to boil, mix the dumplings. Depending on the humidity, more water may need to be added. 5 to 8 minutes after adding the noodles add the dumplings, dropping by spoonful, onto the boiling broth and meat. The liquid must be boiling when the dumplings as added, or like the noodles, they will turn to goo. Once all the dumplings have been added, let simmer for ten minutes without the lid on the pan then put the lid on the pot, turn the heat to medium and let the dumplings simmer and steam for another 12-15 minutes. Don't lift the lid for those 12-15 minutes or the steam will escape, the dumplings will chill and end up cooked unevenly because it takes time to reheat the environment under the lid and resume cooking. Once the dumplings are done, fill a bowl and enjoy.

Choices: Use a turkey carcass, double all the ingredients and serve as the day after Thanksgiving main event like our family dose or cut the recipe in half using a couple cans of chicken broth, some deli turkey and the veggies in the fridge. Leave out the noodles or the dumplings and serve as chicken & noodles or chicken & dumplings. Pause before adding noodles or dumplings and freeze the broth and veggies for a fine soup at a later date.

Dr. Louise: How candy can kill your pet

Chocolate is an ancient food produced from beans from the cocoa plant. Considered the "Food of the Gods" by the Mayans, cocoa beans were once used as currency in Central America and called "brown gold" in Europe.

Although many different types of chocolate are available for sale, dark chocolate has risen in popularity over milk chocolate and white chocolate due to its recognized health benefits.

Cocoa powder and dark chocolate contain higher concentrations of compounds called polyphenols. Polyphenols from cocoa improve blood pressure, lipid metabolism, and blood sugar levels and have antioxidant and prebiotic effects.

As chocolate with higher polyphenol content is promoted as "heart healthy," Americans are eating more dark chocolate candy. Easter is the holiday for which people buy the most chocolate. Yet, Halloween, Thanksgiving, Christmas, and New Year's fall holidays also find us buying and eating chocolate.

Unfortunately, while dark chocolate may be healthy for humans, it can be harmful, even deadly, for our pets. Chocolate smells wonderful to dogs. Like us, they seek it out and eat it with enthusiasm. Although cats rarely eat enough chocolate to cause them harm, most dogs will eat any chocolate they can smell and find, even entire bags of candy. For small dogs, this can be enough to cause poisoning and death.

Why is chocolate so dangerous to our pets?

One of the compounds found naturally in chocolate is theobromine. Theobromine is closely related to caffeine and has a similar stimulant effect on your brain. This is one reason why chocolate helps increase your energy and mental focus.

Theobromine is found in all parts of the cacao bean. The hard outer cacao shells are removed during processing, and the delicious inner beans used to make Hershey® kisses, Dove® bars, and chocolate bunnies all contain theobromine.

The danger to animals wasn't realized until someone started recycling the discarded cacao beans' shells by adding them to animal feed. Suddenly, baby ducks, chicks, baby goats, and young calves were dying, all with similar symptoms: vomiting, diarrhea, confusion, and seizures, followed by collapse and death. These tragic deaths were eventually traced to animal feeds that contained recycled cacao shells. gerous to your pet? The smaller your dog is, the less it takes to poison them. The "darker" the chocolate, the higher its cacao content is and the more theobromine it contains. The higher the theobromine content, the more dangerous it is to pets.

The darker the chocolate, the more poisonous it is to a pet. A standard 12-ounce bag of semi-sweet chocolate chips has enough theobromine to kill a 20-pound dog. Baking chocolate squares are particularly dark and potent, with 2 squares enough to make a 50-lb dog sick or kill a 20-lb dog.

Puppies and elderly dogs seem more affected by theobromine, so it takes less chocolate to poison them.

If chocolate is so dangerous to our pets, could toddlers and small children be at risk, too? Thankfully, NO. Humans are very good at detoxifying theobromine. Both humans and animals have particular proteins called enzymes, designed to break down and detoxify compounds like theobromine. In humans, these special enzymes work twice as fast as the ones in dogs, cats, and other animals.

Luckily, despite referring to chocolate-rich cake and dessert recipes as "Death by Chocolate", it's nearly impossible for humans to die from eating chocolate.

How much chocolate is dan-

OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT

Douglas County Sheriff's Office November 10

09:30 Domestic Disturbance, 327 S. Central Ave., Waterville 19:22 Civil Dispute, 335 E. Railroad Ave., Mansfield 20:44 Alarm, 125 Fir Ave.,

Bridgeport Bar November 11

- 05:42 Domestic Disturbance, 327 S. Central Ave., Waterville
- 10:24 Welfare Check, 2136 Foster Creek Ave., Bridgeport
- 10:44 Trespassing, 3 E. Rocky
- Road Dr., Orondo 15:50 Animal Problem, 375 SR 173, Bridgeport Bar
- 22:44 Noise Complaint, 208

do Point Ln., Orondo

- November 14 00:07 Alarm, 356 Moses Coulee Rd., Waterville 12:24 Sex Offense, 139 Wall
- Ave., Mansfield 17:36 Suspicious Circumstance, 236 Grange Rd., Bridgeport

November 15

- 07:27 Court Order Violation, 102 S. Chelan Ave., Waterville 11:44 Court Order Violation, 1626 Field Ave. Bridgenett
- 1636 Fisk Ave., Bridgeport 12:12 Malicious Mischief, 34 Crane Warehouse Rd., Bridgeport
- 18:42 Traffic Offense, 491 Rd. 14 NE, Mansfield High

Brewster Sheriff's Department

November 9 09:01 A rape was reported on Hospital Way that occurred a year previously and the female subject refused to talk to law enforcement.

15:44 A suspicious circumstance was reported on S. Bridge St.

17:12 An order violation was reported on S. Bridge St. and a caller stated a male subject had let air out of her tires of her vehicle and blocked her from leaving the parking lot by standing in front of her vehicle.

November 12

17:02 A caller on W. Cliff Ave. at a park reported their 6-year-old daughter was bit by a tan and white pitfall dog and it was still running around.

November 13

21:44 Extra patrols were requested on Lakeview Way when it was reported that people were using flash lights to bring in cars and were blocking the one-way.

November 14

- 00:08 A resident was fighting another resident at Harmony House in Brewster. 00:38 A burglary alarm was
 -):38 A burglary alarm was triggered on E. Main Ave in

reported on S. 7th St. in Brewster.

Okanogan County Sheriff's Office

November 9

- 08:59 A caller on Unger Rd. requested options on how to keep his neighbor and his dogs off his property.
- 17:19 A vehicle was reported stolen after it was left at a location on Monse Bridge Rd. by a migrant contractor, and it was last seen Nov. 6 at noon.
- 22:26 A citizen assist was requested on Old Hwy. 97 when a caller in a Ford F150 ran out of fuel and was having problems

02:47 A 5-year-old male subject

was reported having difficulty

breathing on Sunset Dr. The

caller stated he was not chok-

ing and every time they laid

down him down, it would get

subject was reported loitering at Lake Pateros Inn when she refused to leave at checkout at 11 a.m. and was yelling at the caller and very angry.

November 13

18:47 A stolen vehicle was found Monse River Rd. and Hwy. 97.

November 14

- 00:38 A front motion burglary alarm was triggered on E. Main Ave.
- 22:45 A DUI was reported on Lakeshore Dr. in Pateros when a subject ran into a power box and knocked out power at the motel. The caller reported the vehicle was still stuck to it at the location.

Falcon Ridge Rd., Waterville

November 12

18:53 Civil Dispute, 23459 US Hwy. 97, Beebe Bridge, Orondo

November 13

13:45 Public Assist, 51 Boulder Rd., Orondo
16:26 Domestic Disturbance, 102 S. Chelan Ave., Waterville
17:59 Public Assist, 327 S. Central Ave., Waterville
19:04 Welfare Check, 4 B OronSchool, Mansfield

November 16

06:11 Vehicle Theft, 48 Harney Ln., Orondo 08:01 Non-injury Accident, 14th St. and Douglas Ave., Bridgeport 08:20 Civil Dispute, 340 Jefferson Ave., Bridgeport 09:32 Agency Assist, 1618 Foster Ave., Bridgeport 12:37 Drugs, 1300 Douglas Ave., Bridgeport

November 10

08:56 An agency assist was requested for a female subject that was refusing a transfer from Three Rivers Hospital by ambulance.

17:52 A suspicious light blue Subaru SUV was reported sitting outside a caller's home on Selkirk PI. in Brewster.

November 11

No local reports.

Brewster.

15:58 A welfare check was requested in Brewster. 22:45 A caller at a hotel on Lake-

shore Dr. in Pateros reported a subject in a vehicle that ran into the power box and knocked out all the power there.

November 15

No local reports.

November 16

November 11 No local reports.

worse.

November 12

November 10

11:51 An intoxicated female

November 15

13:28 A citizen assist was requested on W. Warren Ave. in Pateros for a caller that inherited two pistols and requested to have the serial numbers checked to make sure they were not stolen.

November 16

08:16 An ATV collision was reported on Fairway PI. and Golf Course Dr. in Pateros when a 79-year-old male ran off the roadway on his ATV.

COMMUNITY BULLETIN BOARD

Nov. 22, 28, 29

Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery

BREWSTER – The Senior Center is now serving meals at noon at the center on Tuesdays, Wednesdays and Fridays. Home delivered meals are delivered those same days. Please call 509-689-2815 to reserve meals. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10. Nov. 22: Roast Turkey, Mashed Potatoes, Green Bean Casserole

Green Salad, Stuffing & Gravy, Cranberry Salad, Pumpkin Pie; Friday, Nov. 24: CLOSED; Nov. 28: Cordon Bleu Casserole, Normandy Vegetables, Tossed Green Salad, Fruit Cocktail, WW Roll, Dessert; Nov. 29: Meatloaf, Mashed Potatoes/Gravy, Country Vegetables, Spinach Salad, Chilled, Pears, WW Roll, Dessert.

Nov. 22, 24-25, 27-30, Dec. 1-2 Senior Center

Thrift Store

BREWSTER – The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Check out their great kids section. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

Nov. 22, 27-29

Chelan Valley Hope Serving Bridgeport, Mansfield, Waterville, Orondo, Chelan, Manson, Chelan Falls, Entiat CHELAN - As Thanksgiving approaches we at Chelan Valley

DEATH NOTICES

Brian Varrelman

Brian Varrelman, 71, of Omak, and formerly of Pateros, Washington passed away on November 10, 2023. Barnes Chapel is han-

dling the arrangements for the family. Please leave your thoughts and memories at www.barneschapel. com

Hope have a lot to be thankful for. Hope is proud to be part of such a kind, generous, community. Thank you to the folks who continue to donate to the Little Essentials Pantry so families can access food and other basic necessities when our office is closed. Thank you to all the donors who support Hope, your donations help families and individuals in emergency situations. Lastly, a big thank you to all the volunteers who work hard to create a safe, inviting space for every person who walks into Hope. This is not an exhaustive list of our gratitude but just a quick overview. As we gather around the tables this Thanksgiving, let us reflect on the power of community and the importance of coming together to uplift, empower, and inspire. In the spirit of the season, we extend our heartfelt thanks to our volunteers, donors, and partners who have played an integral role in making a positive impact on the lives of those in need. For information call us at 509-888-2114.

Nov. 22

Okanogan County PUD meeting

OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners is at 3 p.m. For more information okanoganpud.org

09:45 A juvenile problem was

Nov. 23

Bingo

BREWSTER - Brewster American Legion Bingo every Thursday night at 6 p.m. Open to the public. Be early to buy bingo packets and dinner.

Nov. 28

Douglas County PUD meetings

EAST WENATCHEE – The next meeting of the Douglas County PUD Commission is at 1:30 p.m. in the East Wenatchee office.

Dec. 6

American Legion Auxiliary to meet

BREWSTER – The American Legion Auxiliary #97 meets the first Wednesday of each month, at the American Legion Hall at 6 p.m.

Dec. 6, 20

American Legion meeting

BREWSTER – American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474. Dec. 11

Okanogan County Fair Advisory Committee

OKANOGAN – The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

Dec. 12

Survivors of Suicide Loss Support Group

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Dec. 13

Brewster Chamber to meet

BREWSTER – The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, Dec. 13, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

Dec. 14, 21

Brewster bus trips

BREWSTER - OCTN takes Brewster area resident to Wenatchee, second Thursday of the month. That next trip is Dec. 14. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, Dec. 21 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

Dec. 18

Family and friends Support Group

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Headed to state



COURTESY OF NIKKI GEBBERS

The Brewster fifth grade girls qualified for the state middle school basketball playoffs with their undefeated first-place performance at the Liberty School Tournament in Spangle last weekend. The win advances the girls to the state tournament in March 2024. Pictured from left are Jamie Talavera, Brynn Gebbers, Julissa Garcia, Isabella Hurtado, Capri Gebbers, Brielle Gebbers, Coach Nikki Gebbers, Kamilah Hurtado, and Reese Walker.

First round playoff loss



Headed to EWU



The road to state ended for the Brewster Bears football team in the first round of playoffs on Nov. 10 after a 67-23 loss to the Timberwolves at Goldendale. Brewster finished second in district and landed 10 players on the NCW2B All-League teams.

COURTESY OF NIKKI GEBBERS

Brewster senior and state 2B shot put champion Cort Gebbers has signed with Division 1 Eastern Washington University to throw shot putt and discus for the Eagles next year. Gebbers placed first in shot put in eight of the 10 regular and post-season meets this year, throwing a personal best 160'11.5" at the CW2B championships.

Washington outdoors report: Black Friday fishing

November 17 - 23, 2023 Black Friday fishing

The day after Thanksgiving, commonly known as Black Friday, has been associated for decades with shopping for great deals at retail stores for the holidays. In recent years though, the Washington Department of Fish and Wildlife has promoted a different Black Friday activity, trout fishing!

The Washington Department of Fish and Wildlife stocks a number of lowland lakes in November, open on a year-round basis, with big trout weighing one to two pounds and measuring at least 14-inches long. Many of these lakes are located in Western Washington. Here is a list of the 23 lakes stocked with these jumbo-sized trout:

- Clark County Battle Ground and Klineline
- Cowlitz County Kress
 Island County Cran-
- berry
- King County Beaver and Green
- Klickitat County Rowland
- Lewis County Fort Borst Park Pond and South Lewis County Park Pond
- Pierce County American and Tanwax
- Snohomish County Ballinger, Blackmans, Gissburg Ponds South, Silver and Tye
- Thurston County Black, Lawrence, Long, Munn, Offutt and Ward
- Yakima County Elton Pond North

In addition to these lakes stocked with big trout, several lakes in Eastern Washington were stocked with fry in recent years that should offer good fishing on Black Friday. These lakes include Hatch Lake in Stevens County; Fourth of July Lake in Lincoln/Adams counties; and Hog Canyon in Spokane County.

But wait, there's more! Several other lakes have received plants of catchable sized trout in the last few weeks. These stocked lakes are:

- Putters Pond in Rock Island (5,750 trout)
- Big Bow Lake in Rock Is-

land (3,750 rainbow trout)Pit Lake in Rock Island

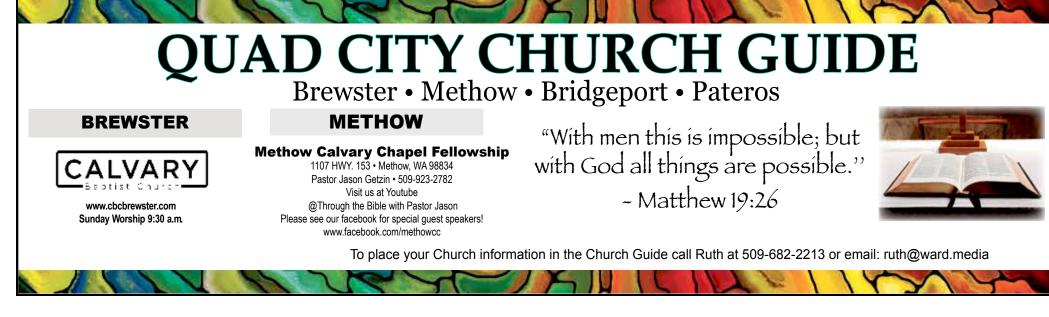
- (2,000 trout)Roses Lake near Manson
- (20,253 rainbow trout)
- Davis Lake in Ferry County (250 jumbo-sized trout)
- Rotary Lake in Yakima County (135 jumbo trout)

If you are wondering how to catch these stocked trout there are several tried and true methods. If you are in a boat, you can troll a streamer, steering the boat in an S-

pattern. You can also troll a Mack's Lure Wedding Ring spinner, tipped with a worm, behind a dodger. Fishing from shore many anglers will fish Berkley Powerbait off the bottom while others will cast spinners.

The bottom line? Get away from the crowds at the big box stores and go fishing instead. It promises to be a fun outing and perhaps the beginning of a new holiday tradition.

John Kruse – www. northwesternoutdoors.com and www.americaoutdoorsradio.com



COURTESY OF BREWSTER SPORTS FACEBOOK



PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which Style water makes it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: Ward Media LLC shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for the corrections made thereafter. Ward Media LLC shall not be responsible for slight changes or typographical errors that do no lessen the value of the advertisement. Ward Media LLC's liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisements in any subsequent issue. No monetary refunds will be given. For more information call 509-548-5286.



or less a 1-877-765-1117. Fenway Park, Stadium, etc. motorcoach. 507-217-1326 CHARITY.

Puzzle Solution



Announcements

General Interest

PREPARE FOR POWER OUTAGES today with a GENERAC home standby generator. \$0 monev down + low monthly payment options. Request a FREE Quote. Call now before the next power outage: 1-888-674-7053.

COST HEALTH LOW COVERAGE. Government subsidies available for families earning \$111,000 year. See if you qualify Call for your free quote!

SEE MLB GAMES at Yankee Quality game tickets, hotels and Call/text for free brochure:

DONATE YOUR CAR TO Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call foi details, 855-635-4229

ELIMINATE GUTTER CLEANING FOREVER! _eafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE _eafFilter estimate today. 20% off Entire Purchase. 10% Senior & amp; Military Discounts. Call 1-888-360-1582.

Employment

Help Wanted



Douglas PUD has an

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.

Call

Lake Chelan Mirror **Quad City Herald** 509-682-2213 or email classifieds@ ward.media or call The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@ward.media **Deadline: Noon on** Friday for all papers.

Garage & Yard Sale



Let others know what items you are selling! Deadline Friday at Noon for all papers Lake Chelan Mirror **Quad City Herald** 509-682-2213 classifieds@ward.media Leavenworth Echo **Cashmere Valley** Record 509-548-5286 classifieds@ward.media

Four newspapers for one low price!

Real Estate

Rentals





Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate

of RONALD A. ROY, Deceased. No. 23-4-00321-04 AMENDED PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by otherwise any applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated

below a copy of the claim and filing the original of the claim with the Court in which the were

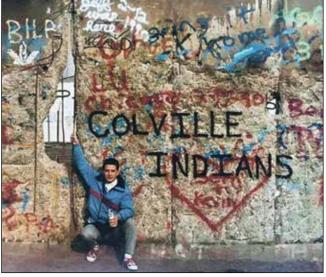
probate proceedings commenced. The claim must be presented within the later of: (1) Thirty days after the personal

representative served or mailed the notice to the creditor as RCW provided under

11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Publication: Date of First November 8, 2023 Personal Representative: Martie J. Roy

Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600

P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number:



COURTESY OF JENNA PRINGLE HUERTA

Palmanteer once painted "Colville Indians" on a remnant of the Berlin Wall while serving in Germany.

MARTY

CONTINUED FROM PAGE A1

While serving in Berlin, Palmanteer commemorated and documented a unique slice of history when he painted "Colville Indians" on the Berlin Wall as it was being dismantled.

Palmanteer was a wellknown referee in local sports circles and was selected as Washington State Volleyball Official of the Year and Okanogan County Basketball Official of the Year. He and Rose, his wife of 19 years, have three daughters, Ella, Mercedes, and Taylor.

Speakers at the tribute included OneLegacy ambassadors Carrie Holland (Palmanteer's sister), and her husband, Jim, a 2011 liver recipient, OneLegacy Media Relations Specialist, Tonia Llavaneras, and Donor Aftercare Manager, Ashlei Lind of LifeCenter Northwest. Rose Palmanteer



MICHAEL MALTAIS/WARD MEDIA A floral portrait called a floragraph of Palmanteer will debut on the Donate Life float at the New Year's Day Rose Parade in Pasadena.

eligible to be donors," said Lind.

Carrie Holland told of one visit her brother made to her home in Southern California over the Christmas-New

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras. Leavenworth/Cashmere 509-548-5286 email: classifieds@ward.media

Lake Chelan Mirror 509-682-2213 **Quad City Herald** 509-689-2507 classifieds@ward.media

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Email your ad to: classifieds@ward.media to place your ad in our newspapers: Lake Chelan Mirror **Quad City Herald** The Leavenworth Echo Cashmere Valley Record

> You may also call 509-682-2213, 509-548-5286 or 509-689-2507 to place your ad

opening for: Journeyman Mechanic Details at www.douglaspud.org<htt p://www.douglaspud.org

Looking for a great local employee? Place your ad today

Call 509-682-2213 Lake Chelan Mirror Quad City Herald Brewster or email classifieds@ward.media

Leavenworth Echo Cashmere Record 509-548-5286 or email classifieds@ward.media

Deadline is Friday at Noon for the following Wednesday issues of all newspapers

Okanogan School District

is requesting a proposal from an independent service provider for the following service: In person mental health care for Okanogan **Alternative Schools** Students. Such services to be provided at District facilities while students are present and subject to all district rules. Contact Okanogan Outreach at 1-509-826-7612 or e-mail rojohnson@oksd.wednet.edu for contract terms and detailed scope. Anticipated rate is \$80 per hour with an estimated 10-15 hours per week on a flexible schedule.

Entiat 2 bedroom, 2 bath apartment with Columbia River views for rent. Full size washer and dryer. Large view deck overlooking the Columbia River. High efficiency heating and cooling system. Stainless steel appliances. Garages are available for additional rent. \$1,687 per month 509-881-1955

Legals

Public Notices

LEGAL NOTICE OF ELECTION The Bridgeport Irrigation District #1 will hold an election on Tuesday, December 12, 2023 for the purpose of electing one director. The polls will be open from 5:00 to 8:00 p.m. at the home of the secretary, Alice van Zwoll, at 2611 Highland Dr., Bridgeport Washington. Any water user who is qualified and wishes to run may acquire a Declaration of Candidacy from the District Secretary. The incumbent is Wayne van Zwoll. If only one qualified water user files for the position, no election will be held and the one candidate filing will be awarded the position. Alice van Zwoll, Secretary

Published in the Quad City Herald November 22, 29 and December 6, 2023. #6704



Chelan County Superior Court Cause No. 23-4-00321-04 MARTIE J. ROY Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP

By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 Published in the Quad City Herald on November 8, 15, 22, 2023. #6654



Upgrading your 'ride'? we can help you sell your old one

Email: classifieds @ward.media 509-689-2507

read the letter from kidney recipient Amende.

Lind spoke about the rarity of organ donations.

"Donation is not common," said Lind. "More than 100.000 are on the donation waiting list today and that includes 1.500 of our Pacific Northwest neighbors.'

Lind added that people on the transplant list die every day because the margin for those who can donate is so small.

"Despite medical advances...less than 1 percent of those who die are actually



MIKE MALTAIS/WARD MEDIA Palmanteer's ceremony opened with a tribal drum song

Year holiday. Palmanteer insisted that she take him to see the Rose Parade. He slept on the sidewalk that evening to save his spot to see the pageantry the following morning.

"The fact that he is going to be in the Rose Bowl parade, on the float?" said Holland. "He's jumping up and down up there...if we have an earthquake, it's because Marty's jumping up and down, he's so happy!"

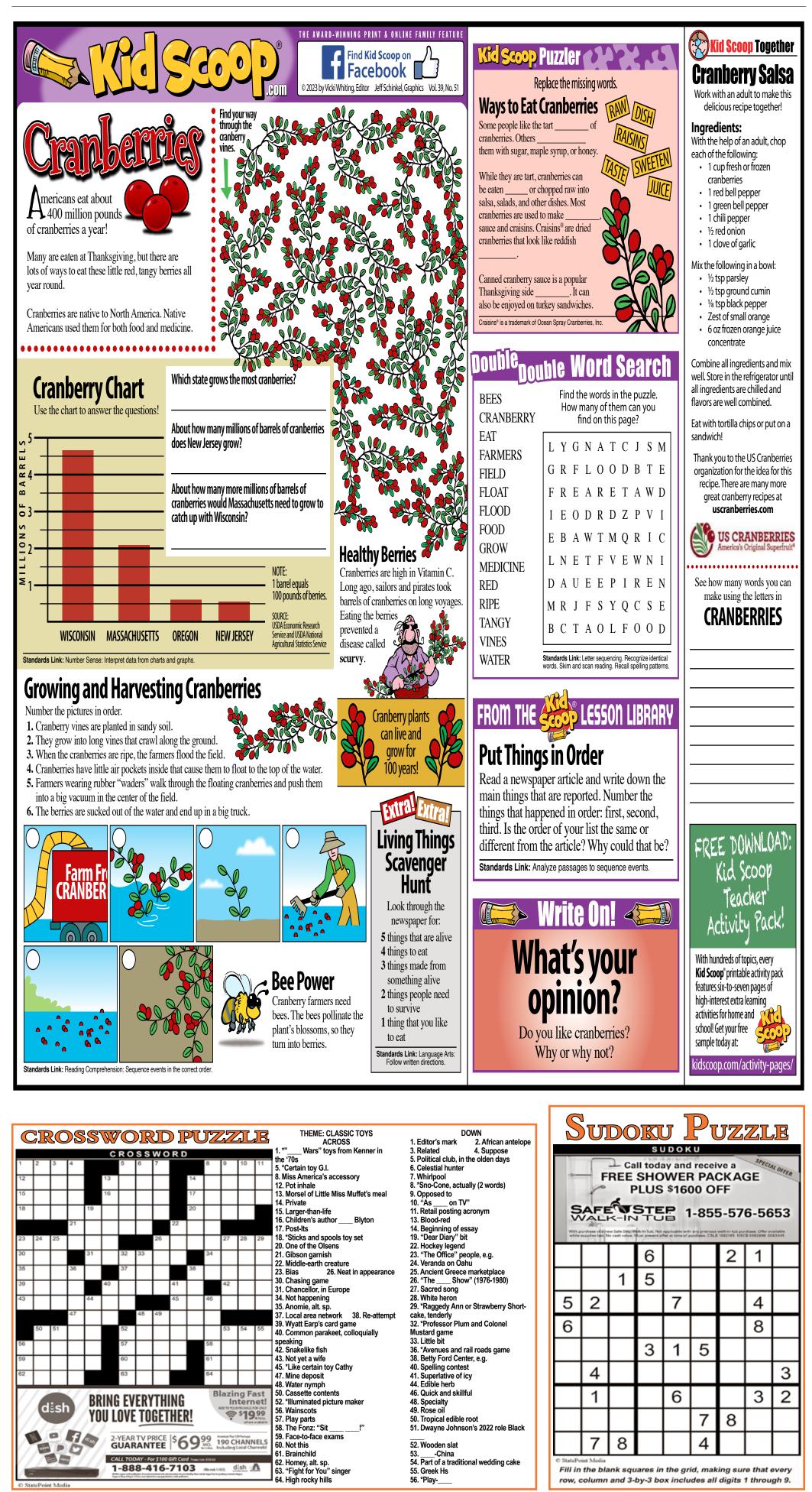
Mike Maltais: 360-333-8483, michael@ward.media



MIKE MALTAIS/WARD MEDIA The OneLegacy Donate Life float will honor six Native American nations in the 2024 Rose Parade.



MIKE MALTAIS/WARD MEDIA An A-10 Warthog is among the images engraved on Palmanteer's Fort Okanogan Memorial Cemetery headstone.



The Wenatchee Nutcracker prepares suite for the sweet

By KATIE LINDERT Ward Media Staff Reporter

WENATCHEE – The Wenatchee Valley Symphony Orchestra and Fabulous Feet Wenatchee have teamed up for another production of The Wenatchee Nutcracker, a collaboration that has been in effect since 2013 but is part of a decades old regional tradition.

Ballet Theatre Northwest founder, Joan Shelton-Mason, staged annual productions of "The Nutcracker" for many years before her passing. She taught dance for over 60 years, and is often credited with having brought ballet to the Wenatchee Valley.

The Wenatchee Nutcracker has carried on this treasured tradition since its inception in 2007. This year's production features student performers ranging in ages 4-18, with 91 dancers overall. There are additionally 12 adult volunteer performers who hold both acting and dancing roles.

There are many iterations of "The Nutcracker" ballets often performing variations to a set choreography. That said, Fabulous Feet Wenatchee's own instructors and choreographers are credited with the original choreography found in productions of The Wenatchee Nutcracker.

Fabulous Feet studio Owner and Director, Tracy Trotter, and Co-Director and Instructor, Melissa Miller Port, constructed the original concept for this year's production.

Annual auditions for The Wenatchee Nutcracker are open to the community, not solely Fabulous Feet students, though most are involved. All who want to participate are welcome, with auditions held typically in July and primarily serving to help in designating roles.

Rehearsals begin in Septem-

the help of many volunteers.

week up until opening, with student rehearsals held on Saturdays from 8 a.m. to 3 p.m. For any large scene work, dancers are broken up into groups and then slowly integrated together until they can cohesively perform through the entire show. they age take on more and more All other additional preparaadditional roles.

tions begin in September. The sets for The Wenatchee Nutcracker are reused annually and maintained by their staff at the studio and the Numerica Performing Arts Center. Costumes are kept on hand, and altered to fit new students each year with

ber. Performers meet every

The Wenatchee Nutcracker has a wardrobe of close to 300 costumes due to the volume of students they have, some of the older students playing 2-5 roles. Their youngest students are angels and the mice, and as

The final scene in Act 1 of The Wenatchee Nutcracker's 2022 Production, "The Land of Snow"

Some of the characters students may play include the Snow Queen, snow princesses, icicles, flurries, snowflakes, and demisnowflakes (students on the younger end who are not quite old enough to be snowflakes, demi-snowflakes are skilled

midway between point and flat). Snowflakes dance on point.

Co-Director Tracy Trotter is Mother Ginger and has been playing this role since The Wenatchee Nutcracker began. This year's production will see the exciting addition of two new characters, Mother Ginger's sisters, Ms. Cinnamon and Ms. Nutmeg. Additionally, this version of the Nutcracker will feature a Lead Angel who descends from the Christmas tree.

The addition of characters are not the only new elements audience members may have to look forward to this year. Katie Spurbeck-Perez, Office Manager, Instructor, and first ever Clara for The Wenatchee Nutcracker shares, "We're really excited for another good year, and we're going to have new enhancements for the tree that grows during the battle scene as well, so we're really just excited about everything.'

For a sneak preview of what magic The Wenatchee Nutcracker brings us this season, they will be performing an excerpt from the ballet as part of Holiday Spice, a review featuring a variety of regional talents at the Numerica Performing Arts CenCOURTESY OF PHOTOS BY DRUCILLE

ter on Nov. 30 and Dec. 1 at 7 p.m. Dates for The Wenatchee

Nutcracker are Dec. 7, 8 and 9 at 7 p.m. and Dec. 9 and 10 at 2 p.m., performances held at the Numerica Performing Arts Center located at 123 N. Wenatchee Ave, Wenatchee, WA 98801. Performances are 90 minutes.

All ticket sales are through the Numerica Performing Arts Center. Tickets can either be purchased in person or by calling the NPAC box office at (509) 663-ARTS.

Katie Lindert: 509-731-3211 or katie@ward.media



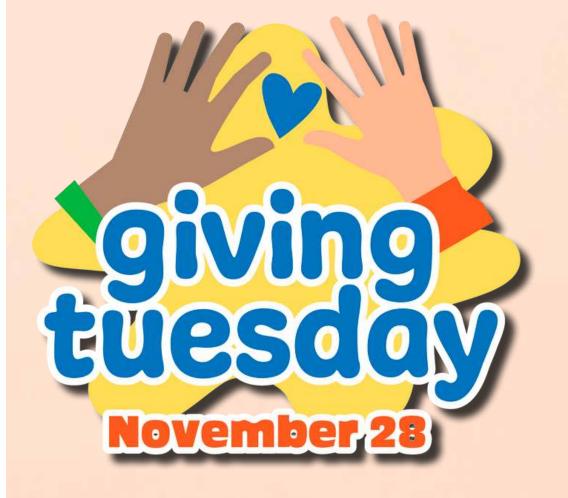
N THE VALLEN

ELEBRATE THE MAGIC OF THE HOLIDAY SEASON IN LAKE CHELAN



NOVEMBER 24 TO JANUARY 1 SCAN TO PLAN YOUR HOLIDAY FUN

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A global movement spreading hope and generosity

Giving back strengthens our community's foundation Page B2

Celebrating 30 Years of Theater Magic Page B3

Giving

Tuesday: A global movement spreading hope and generosity

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Signs of charitable fraud Page B6

Making wishes: one furry friend at a time Page B8





Giving back strengthens our community's foundation

s we enter the season of gratitude and goodwill, it's with great pleasure that we unveil this special section dedicated to Giving Tuesday-an opportunity for us all to make a meaningful impact in our community.

At Ward Media, we firmly believe in the power of collective generosity and the profound difference it can make. As the Publisher of community newspapers across the region, our commitment to our readership goes beyond delivering news; it extends to fostering a thriving, supportive environment for all.

Today, we unite in celebration of Giving Tuesday—a day dedicated to giving back, supporting local causes, and uplifting the organizations that form the bedrock of our community. It's a day that transcends mere donations; it's a testament to our shared values, a symbol of our unity, and a catalyst for positive change.

The significance of giving back cannot be overstated. It is a tangible expression of our

solidarity, an embodiment of our empathy, and a testament to our commitment to building a stronger, more vibrant community. As we showcase some of the nonprofits in our area, their remarkable initiatives, and the incredible people behind them, we hope to inspire each and every one of you to join us in this noble endeavor.

Whether it's a small gesture of kindness, a donation of time, resources, or support for a cause close to your heart, remember that every contribution-no matter the size-matters. Together, our actions ripple outward, creating waves of positivity and empowerment that reverberate across our neighborhoods and beyond.

In the spirit of Giving Tuesday, let us come together, united in purpose, and extend a helping hand to

in

those

need. Let us embrace the joy of giving and share in the fulfillment that comes from making a difference in the lives of others.

We invite you to immerse vourself in the stories within these pages, to be inspired, and to embark on your own journey of giving. Let us stand as a beacon of compassion and solidarity, nurturing a community where generosity knows no bounds.

Thank you for joining us on this extraordinary day

of giving and for being an integral part of the fabric that makes our community truly exceptional. With heartfelt appreciation, Terry Ward, Publisher

The link between volunteering and academic performance

here are many reasons for parents to encourage children who express an interest in volunteering. Volunteering is a social activity that can help children develop their social and networking skills, and many parents credit volunteering with instilling a sense of perspective in their children that they might not have gained had they not been exposed to people from different backgrounds.

Volunteering also has been linked to stronger academic performance. The Corporation for National and Community Service reports that students who indicate they're doing better in school are more likely to be volunteers than students who report doing less well. The broadened exposure to people and places that students may otherwise not encounter without volunteering also can benefit them in the classroom, helping them more readily identify with cultures and societies they're studying.

College applicants with volunteering experience also may set themselves apart in the increasingly competitive application process. Though a 2019 Pew Research study reported that most schools admit more than two-thirds of their applicants, that figure is significantly lower at many of the more highly rated institutions in the United States. For example, Stanford University (4.3 percent) and Harvard University (4.9 percent) recently reported acceptance rates below 5 percent.

Though volunteering alone won't help applicants gain acceptance to such competitive institutions, it can serve as a strong résumé builder and be even more effective if it also produces the previously noted improvements in academic performance.

How to start an employee volunteer program

passion for volun- Choose a cause to teering is commendable. Some indi-

support

volunteer programs at work

nearby parks. If a company has

resource departments or the want to support local efforts produces plastic products may greater sense of the scope of employees who are starting that focus on conservation in not mesh with volunteer groups the venture. that have negative things to

viduals are so excited about the prospects of giving back that they may want to recruit more people to help. Such individuals may find that their place of employment is a great place to spearhead volunteer recruitment efforts.

Companies are diverse, but they also tend to attract individuals, like-minded which can make it easier to recruit potential volunteers. Business owners or human resources personnel looking to strengthen relationships among employees and give back to their communities can consider beginning volunteer programs at work. Here are some tips to begin this journey.

While national nonprofits are worthy of support, employees may be more excited about partnering with local initiatives. Human

www.chelanvalleyhousing.org

CHELAN VALLEY

HOUSING TRUST

can poll workers on which causes to stand behind. For example, a company that produces outdoor recreation clothing and equipment might



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a strong stance on education, gear volunteerism around providing supplies for students or improving technological resources in schools.

Involve leadership

It's important to get the backing and approval of company leaders before starting a volunteer group. Since you may be using company resources and infringing on some company time, make sure that higher-ups are supportive. They also may be able to let organizers know whether a certain cause is complementary to the company mission or if it infringes on their mission. For example, a company that

say about plastic products.

Start recruiting volunteers

Reach out to employees and spell out the program's mission during your recruitment efforts. This may be a task that the human resources department can help with. If the company has a department that organizes employee engagement activities, then that group would be a valuable resource as well.

It is also important to think about where volunteers may fit in. Assigning jobs and figuring out how many volunteers and man-hours will be required to complete tasks can provide a

Establish when volunteerism will take place

It's best to have ground rules about how much of the employer-supported volunteer work will occur after hours. Some companies may be amenable to having a certain pocket of time taken from the work day, such as establishing Early Dismissal Fridays for volunteers. Employees can base their participation on how it will affect their schedules.

Establishing a volunteer program at work can be a great way to get involved and build strong relationships within the community.



The Brewster-Bridgeport-**Pateros Community & Senior Center** is a non-profit organization with focus on our senior community. We are starting our member-

ship drive for 2024 and our dues are only \$12.00 per person. Donations are always appreciated.

We are also looking for volunteers for our thrift shop. This



could be an opportunity for kids from the schools to earn credit for community service.

As a non-profit organization, we offer many services to the community, some of which is loaning out medical equipment. We also run a monthly commodity program for Community Action. Hot meals are served three days a week serviced by OCTN. The OCTN bus runs 3 days a week locally and to Wenatchee on Thursday.

Come join us – it's a great way to serve our communities! 109 S. Bridge Street, Brewster | 509-689-2815

Chelan Valley Nurse

The Chelan Valley Community Nurse is a free, grass roots program dedicated to assisting our Chelan Valley seniors and others who are frail or vulnerable, to keep them safely in their homes. CVCN offers in-home Blood Pressure checks, Medication and Treatment Education, especially post hospital discharge, and Management Assistance with new or chronic conditions. CVCN also provides referrals to Physicians, **Community Resources and Support Services for both Clients** and their Families. Our services offer relief and support for family members as well, who live outside our valley and who are unable to physically assess and attend their loved ones. The Chelan Valley Community Nurse Program is FREE to anyone living within the Lake Chelan Valley and is funded entirely by Donations and Grants. We do not require Physician Orders, Insurance or payment. We depend upon the generosity of Donors for revenue and Your Support is Deeply Appreciated!

For information or to refer yourself, a neighbor or a loved one, please call 509-679-9059 or 509-393-1450. We are here to assist you and those you care about.

chelanvalleycommunitynurse@gmail.com | www.chelanvalleycommunitynurse.org

To Donate: facebook@ChelanValleyCommunityNurse Donations by Check may be mailed to: Chelan Valley Community Nurse, PO Box 2987, Chelan, WA 98816



Leavenworth Summer Theater is kicking off its 30th Anniversary Season of Theater Under the Stars



Be a part of the magic with your donation!



Leavenworth Summer Theater began as the vision of John and Susan Wagner and Bill Weis in 1994. Today, LST welcomes dozens of local and traveling actors and musicians each summer.

Great talent and a terrific outdoor location come together to create something truly magical. Today, Leavenworth Summer Theater is the largest theater between Seattle and Spokane, with more than 20,000 people expected each summer.

Local families have made it a memorable tradition. Join in the fun!





Women make up the greatest percentage of volunteers.

The U.S. Bureau of Labor Statistics

Celebrating 30 Years of Theater Magic Leavenworth Summer Theater on Giving Tuesday

s the holiday season approaches, our hearts are filled with gratitude, and what better way to channel that spirit than by supporting the arts? This Giving Tuesday, we are thrilled to share the story of Leavenworth Summer Theater, a nonprofit organization embarking on its 30th-anniversary season of enchanting theater under the stars.

Founded in 1994 by John and Susan Wagner and Bill Weis, Leavenworth Summer Theater has grown to become the largest theater between Seattle and Spokane. Our commitment to providing family-friendly outdoor musical experiences in the picturesque foothills surrounding Leavenworth has garnered the love and support of more than 20,000 patrons each summer.

This upcoming season promises to be extra special as we showcase Disney's Beauty and the Beast and continue the beloved Leavenworth family tradition of The Sound of Music, both performed at the breathtaking Ski Hill Amphitheater. With show dates in July and August, we invite you to join us for an unforgettable evening filled with laughter, music, and the magic of live theater.

What sets us apart is not just our captivating productions but also the sense of community we foster. Each summer, we welcome 50-70 actors and musicians, some of whom hail from local areas, while others travel from across the nation to be part of our theatrical family.

As we prepare for this milestone season, your support on Giving Tuesday can help us continue our mission of bringing the arts to the heart of our community. Join us in celebrating 30 years of Leavenworth Summer Theater, where every ticket purchased and every donation made contributes to the magic that is live outdoor theater. Together, let's ensure that the lights on our stage continue to shine brightly for years to come.

The Impact of Your Contribution Small Donations, Big Change

Giving Tuesday S approaches, it's a L time to reflect on the power of generosity and the remarkable impact that even small donations can have on creating significant change in our communities. While the idea of making a difference often seems synonymous with large sums of money, the reality is that every contribution, regardless of size, plays a vital role in shaping a brighter future.

In the realm of charitable giving, it's essential to recognize that small donations collectively contribute to a substantial force for positive

have a cascading effect on community engagement. When individuals contribute, they not only provide financial support but also signal to others the importance of giving back. This ripple effect creates a culture of philanthropy, inspiring more people to join the cause and amplifying the overall impact.

Consider the example of a local literacy program that aims to improve educational outcomes for children. A modest donation may provide the necessary materials for a child to participate in reading programs, setting them on a path towards academic platforms and crowdfunding initiatives allow individuals to contribute to causes they care about with just a few clicks. This accessibility empowers people to support a variety of initiatives, breaking down barriers and enabling anyone, regardless of financial means, to make a positive impact.

As we approach Giving Tuesday, let's celebrate the incredible potential of small donations. Whether it's contributing to one of the many North Cascade local food banks, supporting a community project, or aiding a cause close to your heart, know that your generosity, no

matter the amount, is part of a

collective force that can bring

about meaningful change.

Together, let's embrace the

spirit of giving and recognize

the profound impact we can

achieve when we all contribute,

no matter how small the

says women currently volunteer roughly 6 percent more than men. What types of jobs might volunteers be doing? Fundraising for an event is the most common type of volunteer job in the United States. This is followed by tutoring or teaching; collecting, preparing, distributing or serving food; general labor; professional or management assistance; and coaching, refereeing or supervising sports teams. change. These contributions, when combined, form a mosaic of support that can address various needs and challenges faced by local organizations and initiatives.

One of the remarkable aspects of small donations is their ability to provide immediate assistance where it's needed most. Local charities and nonprofits often rely on a steady influx of modest contributions to sustain their day-to-day operations and fund essential programs. These funds may go towards providing meals for the hungry, educational resources for underserved communities, or support for those facing unexpected crises. Moreover, small donations

success. Multiply that by numerous small donations, and suddenly, the program has the resources to expand its reach, benefiting even more children in the community.

In the digital age, the ease of making small donations has never been greater. Online



gesture.

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Patty's Animal Rescue

We rescue animals in need in our community to find them happy, forever homes. Your generous tax-deductible donations provide food, vet care, enrichment and safe spaces for abandoned animals.



Visit our thrift store, **A Cause for Paws**, located at 131 Apple Blossom Drive Suite 111. We accept donations and all proceeds from sales support our rescue!



To make a taxdeductible donation use our QR codes. View our Amazon wish list https://a.co/bcTbAQq



venmo







WenatcheeValleyMuseum.org info@wvmcc.org 509-888-6240

cheeValleyMuseum.org

(Giving • Tuesday)

UVCares: New Drug and Alcohol **Treatment Center Opens**

By UVCARES

VCares Behavioral Health continues to provide mental health services to our community. Additionally, UVCares Behavioral Health has opened a new division of substance use disorder assessments and outpatient treatment that addresses the increasing need of drug & alcohol addiction.

What we do and how you can help:

We average service to 46 clients per week and we have stopped 5 active suicide attempts. We are committed to serving you and our neighbors.

How Your Donation Helps a Person in Need

- \$100.00 provides an

evaluation and a treatment plan.

- provides • \$500.00 treatment services.
- \$1,000.00 provides full treatment.

We are experiencing higher than normal costs associated with therapist fees. Your donation is needed and truly appreciated.

Facts About UVCares Behavioral Health

- · A registered 501c3 nonprofit charitable organization - donations are tax deductible.
- Provides mental health assessments and counseling.
- Provides drug & alcohol addiction assessments and treatment.
- · Provides private and court-ordered services.

- Addresses barriers that include access and affordability.
- Our telehealth model offers significant convenience and privacy.
- Sliding scale & payment plans.
- State approved healthcare facility (BHA.FS.61425685). • HIPAA compliant.

We Serve

- Children (6+)
- Adolescents
- Individuals
- Couples
- Family units
- 98% live either at or below the federal poverty level.

Reach out to us at 509-300-1113 - info@uvcares.org - www. UVCares.org

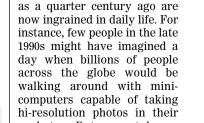
UVCares

UVCares is a nonprofit organization that delivers mental health and substance use drug and alcohol addiction healthcare while addressing barriers that include access, affordability, and community outreach.

How Your Donation Helps a Person in Need

- \$100.00 provides an evaluation and a treatment plan.
- \$500.00 provides treatment services.
- provides full • \$1,000.00 treatment.

UVCares



n a relatively short period

of time, the internet has

changed the way people

live. Things that might have

been unimaginable as recently

pockets. But smartphones have long since become an accepted and vital part of life in the 21st century. The internet has opened

doors to new possibilities, but it's also left other doors open for cybercriminals. Any home with an internet connection is potentially vulnerable to internet scams. Recognition of that fact and awareness of the following scams can reduce the likelihood of being victimized by opportunistic cybercriminals.

Disaster relief scams: Human beings' innate sense of compassion is on full display in the aftermath of natural disasters when people across the globe typically donate hundreds of millions of dollars in an effort to help people whose lives have been turned upside down by hurricanes, wildfires, and other devastating events.

But skilled cybercriminals prey on that compassion by setting up bogus relief efforts. Such efforts may involve fake charities with names that are similar but slightly different than well-known, legitimate nonprofit organizations. Operations such as Charity Navigator make it easy to verify if a charitable organization is legitimate, and would-be donors should utilize such resources prior to making any donations.

Cyber scams come in

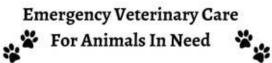
many different forms

Phishing scams: Phishing scams are among the oldest cyber scams, but they still nab victims every day. The Federal Trade Commission warns that many phishing scams are conducted via email or text messages and inform potential victims that there is an issue with their finances. Some may say there are issues with a bank account, credit card or even a tax return. Skeptics may wonder how anyone could fall for a phishing scam in the age of two-factor authentication and other security measures. However, the Federal Bureau of Investigation reports that phishing scams cost victims nearly \$60 million in 2019, indicating they're still a lucrative source of STOCK PHOTO

income for cybercriminals. Formjacking: Formjacking is a retail-based scam in which online shoppers' personal and financial information is stolen. In such instances, a retail website could be hacked without users' knowledge. When it comes time to purchase items they've placed in their carts, users are redirected to a fraudulent payment page, where they enter personal information, such as their credit card number, that cybercriminals then steal. When buying items online, shoppers should confirm that the URL on the payment page aligns with the retailer they're buying from. If the URL is missing even a single letter (think Amzon. com instead of Amazon. com), then chances are a formjacking scam is being operated.

Tech support scams, in which users are asked to download applications to fix an infected computer, and similar download-based fake antivirus software scams are some additional examples of cyber scams. Users are urged to be on the lookout for each of these types of scams and exercise caution whenever something doesn't seem right or authentic.





Besides offering affordable Spay and Neuter services for low-income families, Okanogan Regional Humane also helps cover the cost of emergency medical services for animals in our area

- Adults

Supporters like you mean a lot to our local communities. Thank you to UVCares supporters. Your support means everything.

Serving our communities since 2018. (509) 300-1113 info@uvcares.org uvcares.org



Animals like Omen, a very sweet cat who was hit by a car earlier this year. The driver took Omen to a local vet and quickly realized that the surgery costs were beyond his financial reach. ORH stepped in and worked with the local vet to pay the remaining bill. Omen made a full recovery and is now living his best life in his new forever home!

Consider supporting Okanogan Regional Humane this Giving Tuesday and help us create happy endings for animals in need, like Omen. www.ok-humane.org/donate





EMPOWERING YOUTH

tis the season TO GIVE

ThriveChelanValley.com

YOUR LOCAL NON-PROFIT PROVIDING BASIC NEED ITEMS LIKE COATS, SHOES, AND FOOD TO YOUTH IN CHELAN & MANSON

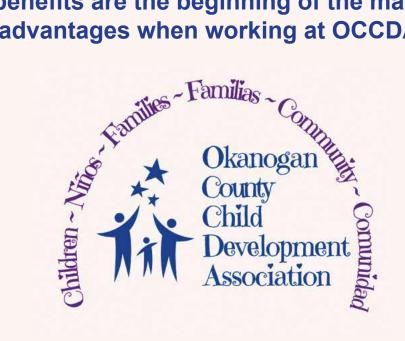


JOB POSITIONS AVAILABLE!



If you want to better the lives of children and families apply today!

Competitive wages and comprehensive benefits are the beginning of the many advantages when working at OCCDA.



Apply for an open job position today!

To apply scan the QR code or visit www.occda.net



Imaginations come alive

By Okanogan County Child Development Association

A s a Local Program Partner of Dolly Parton's Imagination Library, Okanogan County Child Development Association (OCCDA) ensures that children in the community receive books **at no cost to families**.

This program is funded solely by grants and community donations. To ensure children continue to receive these books every month, please donate to OCCDA today through Give NCW.

Enrolled children from birth to age five receive a **free**, **highquality**, **developmentally appropriate book every month**. The book is addressed directly to the child to help spark excitement in building a foundation in early literacy.

Research shows that having access to books helps

children gain early literacy skills and prepares them for kindergarten. When parents read to their children, it also provides opportunities for the parent and child to bond. We have delivered nearly 50,000 books to over 2,600 local children.

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The Give NCW campaign is open on Thanksgiving Day until Dec. 31, 2023.

To donate, please visit https:// cfncw.org/givencw2023/







Donate Today!



Local Initiatives and Participation:

Communities around the world, including our own in North Central Washington, embrace Giving Tuesday

A global movement spreading hope and generosity

R ooted in the spirit of generosity, this global phenomenon, celebrated on the Tuesday following Thanksgiving, encourages individuals and communities worldwide to embrace the act of giving back.

Origin and History:

Emerging in 2012 as a response to the commercialism of Black Friday and Cyber Monday, the concept of Giving Tuesday was born from a collaboration between the 92nd Street Y, a cultural and community center in New York City, and the United Nations Foundation. Fueled by the power of social media and the collective desire to make a positive impact, this initiative swiftly gained traction, transcending borders and cultures.

Giving Tuesday:

The Purpose and Impact:

Giving Tuesday serves as a beacon of hope, uniting people across the globe to support causes close to their hearts. Whether contributing funds volunteering time and expertise, or simply spreading awareness, this day empowers individuals to effect change in their communities and beyond.

to charitable organizations,

Unwavering Support and Growth:

Over the years, the ethos of Giving Tuesday has reverberated across continents, igniting a spirit of philanthropy that knows no bounds. Organizations, corporations, and individuals join forces, amplifying the impact of their contributions to address diverse issues, from education and healthcare to environmental conservation and social justice. with enthusiasm and passion. From charitable drives and fundraising events to volunteer-led initiatives, the spirit of giving resonates deeply within our neighborhoods, enriching lives and fostering a culture of compassion.

Looking Ahead:

As the world faces various challenges, the significance of Giving Tuesday continues to grow, reminding us of the profound impact of altruism. With each passing year, this day serves as a powerful reminder that generosity knows no bounds and that collective action can pave the way for a brighter, more compassionate world.



#GIVING TUESDAY

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November is National Family Caregivers Month Contact us for programs that help you continu<u>e to help them!</u>



In-Home Care Options • Resource Referrals Medical Equipment • Family Caregiver Support



Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties We have 3 locations to serve you! East Wenatchee ~ 270 9th St. NE Suite 100 ~ 509.886.0700 Moses Lake ~1336 S Pioneer Way #103 ~ 509.766.2568

Omak ~ 739 Haussler Rd., Suite B ~ 509.826.7452

1-800-572-4459 • aaccw.org



C helan Valley Hope is a hub for compassionate community connections and resources. Our purpose is two-fold: helping families and individuals in crisis access basic needs like emergency shelter, utilities, rent assistance, food and transportation vouchers, clothing, and much more. As well as empowering people to improve their lives through enrichment programs, advocacy programs, mental health services, and educational opportunities. Whether you are looking to give help or get help, we are waiting for you!

TO DONATE: Send a check to: Chelan Valley Hope, P.O. Box 635, Chelan, WA. 98816 or go online: chelanvalleyhope.org/donate





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How to make a charity a beneficiary

• iving to charity can be a rewarding endeavor that makes a difference in the lives of people in need. Many people donate throughout their lives, and some people may want to impart a more lasting legacy by continuing to support a charity even after they have passed away.

Incorporating a charity into an estate plan is a great way to continue giving after you pass away. Individuals may not know how to make charities beneficiaries in their wills. A financial planner, attorney or accountant can answer the more complex questions individuals have about naming charities as beneficiaries in a will. In the meantime, this general guide can serve as a solid foundation for individuals who want to give back in their wills.

Most people think of beneficiaries as loved ones, but a beneficiary can be any person or entity one chooses to leave money to, including nonprofit organizations. It's relatively the same process to name a charity as a beneficiary as it is an individual. According to the resource Trust & Will, first identify the charity that will be supported, including getting its Employer Identification Number or Taxpayer Identification Number. Next, determine which type of gift to make, which may be a predetermined financial contribution, a gift of property, or other assets like stocks. For large donations like real estate or cars, it may be best to contact the charity in advance

to ensure they are able to accept such gifts. Finally, be sure to include your wishes in an estate plan. A qualified attorney can help clients draft a will that spells out their wishes in detail.

Keep in mind that charities also can be named as beneficiaries on life insurance policies or individual retirement accounts. They also can be listed on bank accounts. Again, people are urged to discuss all options with estate planners to ensure their plans fully reflect their wishes.

When naming a charity as a beneficiary, it can be wise to inform family members and other beneficiaries so no one is caught off guard upon your death. This way the charitable gift is not held up by delays in executing the will.

Signs of charitable fraud

viving to charity is a selfless endeavor J that's vital to the survival of countless nonprofit organizations across the globe. Without the generosity of donors, many charitable organizations would cease to exist, leaving the people they help vulnerable to illness and financial hardship.

Fraud may be the furthest thing from donors' minds, but it's something charitable individuals must be aware of as they consider donating to charity. According to the Federal Bureau of Investigation, charity fraud increases during the holiday season, when many people embrace the spirit of giving and seek to make end-of-year tax deductible gifts to their favorite charities.

The FBI also warns that charity scams are common after disasters or tragedies, including pandemics. The Federal Trade Commission noted in September 2020 that Americans had lost more than \$145 million to charity fraud

the first six months of the pandemic.

One measure all prospective donors should take is to learn the signs of charitable fraud. Many charity scams target seniors, but no one is entirely safe from charity fraud. AARP" notes that the following are some warning signs of charity fraud.

Pressure to give: Reputable charities do not pressure prospective donors into giving. A strong, trustworthy charity will accept donations whenever donors choose to make them. Legitimate operations like the American Red Cross may heighten their solicitations after natural disasters, but such groups still will not try to pressure people into donating.

Thanking donors for donations they don't recall making: AARP notes that some charitable fraud perpetrators will try to convince potential victims they have already given to a cause. This is done in an effort

related to the coronavirus in to lower potential victims' resistance, giving them a false sense of security and the impression that a fraudulent operation is legitimate. If donors don't recall donating to a specific charity, chances are strong they didn't make such a donation and that the message of gratitude is merely a fishing expedition intended to reel in new victims.

Requests for cash, gift cards, or wire transfers: Cash, gifts, and wire transfers are difficult to trace, which makes it easier for perpetrators of fraud to escape the authorities. Reputable charities will welcome donations made by personal check or credit card. Perpetrators of charitable fraud prey on the vulnerability

of well-meaning donors who simply want to support a good cause. Learning to spot signs of charitable fraud can provide an added measure of protection against the criminals behind such operations.



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Meeting the diverse needs of each student through



creative SPROUTS exploration of the natural world CHILDREN'S COMMUNITY

MSCC takes a nontraditional approach to early learning (preK - 1st grade) by immersing students in nature every day, prioritizing art and environmental experiences. At Mountain Sprouts we: Adhere to a playbased philosophy which capitalizes on each child's unique developmental stage. Honor the full-body experience through which children learn. Intentionally immerse students in the centering environment of the forest where they are challenged to grow a caring heart, a strong spirit, a curious mind, and a connection to the land. Lay the groundwork for success in traditional environments by cultivating young members of society who think critically, laugh easily, empathize deeply, and create freely.

Will you consider financially supporting our program this holiday season? Your donation helps us grow.





GIVE NCW CAMPAIGN TO REPLACE WVHS 2010 **CHEVY VAN WHICH HAS TRANSPORTED** ANIMALS, FOOD, AND SUPPLIES FOR MORE THAN A DECADE.



A new van is critical to help transport thousands of pounds of donated food, staff, volunteers, and rescued animals.

WWW.WENATCHEEHUMANE.ORG



Thinking Outside the Box in Giving: Unconventional Ways to Contribute to Causes Beyond Traditional Donations

Giving Tuesday approaches, a day L dedicated to charitable acts and giving back to the community, it's an opportune time to explore unconventional ways of making a difference beyond the traditional avenues of monetary donations. While financial contributions are undoubtedly valuable, there are myriad creative and unexpected ways to support causes close to your heart. This year, let's think outside the box and discover innovative ways to contribute to meaningful change.

Time and Skills Donation:

wallet, consider giving the gift of your time and skills. Many non-profit organizations are in constant need of volunteers to support their missions. Whether you have expertise in graphic design, marketing, event planning, or simply a willingness to lend a hand, your skills can make a tangible impact. Offer to help with social media campaigns, create promotional materials, or organize fundraising events. Your time and talents can be just as valuable as a monetary donation.

Micro-Volunteering:

For those with hectic schedules, micro-volunteering Instead of reaching for your offers a convenient way

to contribute in bite-sized increments. Websites like Sparked and Catchafire connect volunteers with shortterm, online projects that can be completed in as little as 15 minutes. This allows individuals to make a meaningful impact, even during a coffee break or while waiting for a bus.

Donation of Goods:

Clean out your closet or declutter your home with a purpose. Many charities accept donations of gently used clothing, household items, and even technology. Your old laptop or smartphone, for instance, could provide educational opportunities for those in need. Check with local organizations to see what specific items they are currently seeking.

Educational Initiatives:

Share your knowledge and passion by engaging in educational initiatives. Offer to host a workshop or mentorship program for individuals interested in your field of expertise. Education is a powerful tool for empowerment, and your guidance can help open doors for others.

Social Media Advocacy:

Leverage the power of social media to raise awareness about causes that matter

to you. Share informative content, inspiring stories, and calls to action on platforms like Instagram, Twitter, and Facebook. Your online presence can help amplify the reach of organizations, sparking conversations and encouraging others to get involved.

Random Acts of Kindness:

Sometimes, the simplest acts can have the most profound impact. Embrace the philosophy of random acts of kindness by surprising strangers with small gestures of goodwill. Whether it's paying for someone's coffee or leaving uplifting notes in public spaces, spreading positivity can create a ripple effect that extends far beyond the initial act.

This Giving Tuesday, let's redefine the meaning of giving by exploring unconventional ways to make a positive impact. Whether it's through volunteering your time, sharing your skills, or embracing small acts of kindness, there are countless ways to contribute to causes that matter. By thinking outside the box, we can create a culture of giving that extends beyond traditional donations and fosters a spirit of generosity that lasts throughout the year.

Charities that help children

hitney Houston famously sang "the children are our future." Each generation has the potential to change the world. Even the most determined children need some helping hands in order to reach their full potential, especially if they must confront financial, medical, or other obstacles.

Charitable organizations assist individuals in various ways. Children's charities help kids in need, whether they are facing poverty, need critical medical care, come from abusive homes, or require learning assistance. The following are some of the many critical children's charities working to help youngsters reach their full potential.

Wishes: Wheels for This organization helps children of the Make-A-

Wish Foundation. Wheels Wishes facilitates for car donations that can help fund experiences for critically ill children. (www. wheelsforwishes.org)

Alex's Lemonade Stand Foundation for Childhood **Cancer®:** This organization was started by the parents of Alexandra "Alex" Scott, a young girl who had cancer and succumbed to the disease in 2004. The group helps raise funds for pediatric cancer research. (www. AlexsLemonade.org)

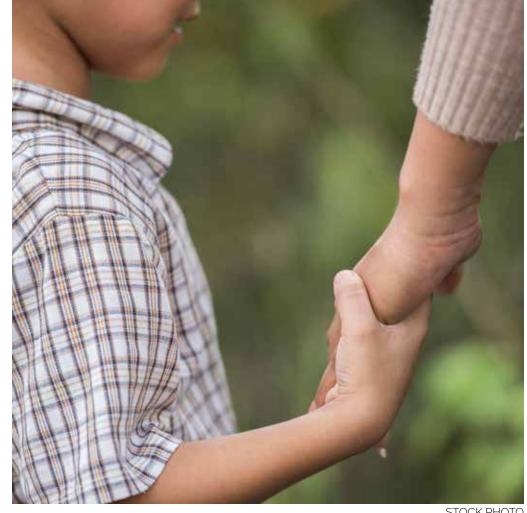
WorldVision: This group was founded in 1950 by Robert Pierce to support Christian mission services for families experiencing crises in East Asia. It is now the largest international nongovernmental organization helping impoverished children in Asia and elsewhere. (www. worldvision.org)

Save the Children®: This charity works internationally and in the United States to sponsor children experiencing abuse, physical abuse, neglect, and sexual exploitation. (www.savethechildren.org)

Imagination Library: This organization, started by country star Dolly Parton, provides free books to children from birth through age 5. While it began for kids in rural Tennessee in 1995, the charity now distributes one million books to children across the U.S. to help foster a love of reading. (https:// imaginationlibrary.com/)

St. Jude's Children's **Research Hospital:** The work at St. Judes's helps to fund research to find cures and new treatments for childhood cancers. St. Jude's also provides safe and free medical services to children with cancer. (www.stjude.org)

Locks of Love: This charity provides wigs made of real hair for children suffering from long-term medical hair loss. The wigs are made from donated ponytails to provide the highest quality hair prosthetics to financially disadvantaged children. (https://locksoflove.org)



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GIVE SOMETHING THAT Means Something

This holiday season, give the gift of comfort and hope with a donation to the American Red Cross. You can give a meaningful gift that helps people through some of life's toughest moments.

Give now at redcross.org/northwest



Resource Center

PBCRC is a Pateros based non-profit corporation that provides a location and infrastructure for community needs. Our purpose is to connect community individuals and families with critical resources through case management, client advocacy, and behavioral/mental health services.

Give NCW is an online fundraising campaign from Thanksgiving Day - December 31st that supports nonprofits in North Central Washington.





Pateros-Brewster Community Resource Center

169 Pateros Mall, Suite A, P.O. Box 491, Pateros, WA 98846 509-733-9128 paterosresource.com





I wish to give furry friends to kids at Seattle Children's

> Krystin, 18 leukemia

Give Joy Today

RESTORE HOPE FOR TOMORROW

learn more wish.org/akwa/Krystin

Wish kids like Krystin need you. Make-A-Wish needs English and Spanish-speaking volunteers to help grant life-changing wishes to local kids. Start your life-changing journey to making wishes come true today!



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Make A Wish



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Making wishes: one furry friend at a time

By Make-A-Wish Alaska and Washington

As children brought their furry friends to life, it was

hen Make-A-Wish alumna Krystin Intrchoodech was in the hospital, the only people outside of her family she got to see were her nurses and doctors.

"It was very lonely," said Krystin reflecting on the seven months she spent in the hospital undergoing five rounds of life-saving treatment for leukemia.

But while there, she found comfort from an unexpected source: a fluffy, pink, Build-A-Bear teddy gifted to her by her dad and brother. It was just the companion Krystin needed to lift her spirits.

She affectionately named her furry friend Krystin Jr., and the two were inseparable. "She slept with it every night," said her mom, Ladda.

During that time, she was introduced to Make-A-Wish Alaska and Washington -the non-profit that grants wishes to local children with critical illnesses – and was told she qualified for a wish.

"I thought about all the things I could wish for and decided that I wanted to give back," she said. "I wanted every child to have a friend - something to be there for them in their time of need to comfort them."

And so, that became her wish – to give back.

For a day, the pediatric cancer units at the hospital were transformed into Build-A-Bear workshops. Large stuffing machines were set up in the family rooms of the outpatient cancer clinics. Adorable outfits and various furry friends were laid out so patients at the hospital could create a one-of-a-kind stuffed animal just for them.

Bear Builders from Build-A-Bear worked with each patient individually to stuff the bears, perform Heart Ceremonies, and stitch them up with love and care. almost as if more wishes were coming true, the power of a wish touching each person involved.

"Krystin embodies the spirit of generosity that fills the air this time of year and is vital for Make-A-Wish to continue its work," said Angela Miller, vice president, regional and volunteer pro-

grams for Make-A-Wish Alaska and Washington. "We rely on volunteer support and donations to make life-changing wishes like Krystin's possible."

In fact, the local chapter is in dire need

of volunteers who speak both English and Spanish in Chelan and Douglas counties. "Right now, we have a handful of volunteers who are singlehandedly granting all the wishes in Central and Eastern Washington."

Volunteers meet with families -- helping them through the wish-granting process, including planning their wishes.

"For anyone looking for a fun and joyful hands-on experience working directly with kids and families, this is a volunteer opportunity unlike anything else," Miller said. "When people hear the name Make-A-Wish, there is a common misconception that we have all the funding and resources we need because we are so well-known. But that's not true."

If Krystin's wish has inspired you, please visit wish.org/akwa/Krystin to learn about how you can help grant life-changing wishes like hers by donating your time as a volunteer or making a gift of cash or frequent flier miles.

