



Lopez opens new restaurant “ISABELAS mexican author cuisine”

By: ERIN MULLINS
Reporter

Carlos Bernal Lopez and his wife Isabel Tapia Franco met by the gazebo on a bright and hot summer day for an interview about their new business, “ISABELAS mexican author cuisine.” Lopez, owner of Pavz Tacos in Leavenworth and Taqueria El Chavo in Cashmere recently decided to expand his repertoire with a new high-end restaurant in Pavz Tacos’ back room called ISABELAS.

Lopez said his wife’s specialty is creating food that is visually artistic, which is reflected in the short but elegant menu at ISABELAS.

“She is an artist. She is very good with decoration” he said. “I mean, I can cook, but I never can set a plate like she does... my wife and my daughter their job is the presentation of things. And my daughter Yohana is more on the front of house too.”

Yohana (pronounced Joanna) is eighteen and turns nineteen this year but has always helped with the family businesses, he said. ISABELAS was created to be a fusion of Mexican cuisine with other cultures, like Asian or European and offer a high-end experience, Lopez said. He is not aware of any other restaurants in the valley with the same cultural fusions.

Lopez came to the Leavenworth area in 2018 to be a chef at Rhein Haus. From there, he opened a catering company. Eventually, he bought Pavz and then later bought Taqueria El Chavo. ISABELAS is his latest of many ventures.

“We are just trying to survive these hard times, you know. Because in this town everything is expensive,” Lopez said. “So right now, as you see, it is not a normal summer, you know. It is hard. We needed a regular summer, but we didn’t get it. So, we had to try and make ways for the business to survive.”

Lopez said at first his wife was resistant to the idea of opening a new restaurant in the back room of Pavz because she felt it might betray the loyal customers who have supported Pavz throughout

the years. But when they talked it over, she warmed up to the idea because both restaurants, Pavz and ISABELAS, could operate without excluding each other.

Franco said that she likes the concept of ISABELAS now. She said that her favorite dish is the Tequila Pasta, which features fettuccine pasta with a creamy California pepper sauce and prawns.

Lopez said that his favorite dishes are “everything” but if he had to narrow it down his favorite appetizer is the Tuna Aguachile (pronounced agua-chi-le) and that his favorite main courses are the Mole Jalisco (pronounced huh-liskow) and Tequila Pasta.

The Mole Jalisco is made “Jalisco Style”, so it is sweet and not spicy, the same way mole is cooked in Jalisco, Mexico. Oaxaca (pronounced wa-hakuh) is known for having the best mole, Lopez said, but the way he knows how to make mole is in the Jalisco style. The dish consists of a lamb rack covered with mole sauce and served with vegetable, baked potatoes, and carrots.

Tuna Aguachile is a raw tuna dish served with serrano sauce and avocado. Lopez said he is very careful with the temperature of the tuna when he prepares the dish, and that the tuna is fresh. He said that the Beef Tenderloin Taco, the Mole Jalisco and the Tuna Aguachile are most popular so far. People will come to the restaurant in groups and split dishes, he said.

Lopez is surprised that the restaurant has so far attracted not only a middle-aged demographic but a younger one as well.

“The turnout is starting slowly, but it is good, you know,” he said. “You know what I got surprised, young people are coming too. There were young people from Wenatchee who wanted to check the place out because they like to eat and have a different experience.”

Lopez may have young visitors, but he also relies on some younger workers in their early adult years to run his restaurant. He said the young workers have been “very mature”



PHOTO BY ERIN MULLINS



and helped him a lot. ISABELAS may add a few items to the menu, but the menu is purposefully small so it can feature original, fresh, and high-end dishes.

“We will probably add some lobster enchiladas,” he said. “I want to add a little more Asian cuisine to the menu, probably another two plates of that to play with the flavors.”

Leavenworth residents Luke and Stephanie Astell recently visited ISABELAS and enjoyed

their experience. They went to the restaurant as a date night and to try something new and have been to Pavz in the past

“The dishes were unique and flavorful,” Luke said. “The staff was motivated and attentive. You could really tell how passionate the owners are about creating a great menu.”

Dinner is available at ISABELAS, Thursday through Monday from 4 p.m. to 8 p.m. at 833 Front Street, Leavenworth.

National Preparedness Month

Red Cross urges everyone to get ready now for emergencies

SUBMITTED BY ABBY LUTZ,

Regional Communications Manager
American Red Cross / Northwest Region

People everywhere are feeling the impacts of climate change with more frequent and intense weather events threatening our communities. September is National Preparedness Month, and the American Red Cross Northwest Region urges everyone to get ready for these emergencies now.

Just last year, more than 40% of Americans, some 130 million people, were living in a county struck by a climate-related disaster, according to analysis from the Washington Post. Disasters can happen anywhere, anytime. You can be ready by visiting redcross.org/prepare.

“More powerful climate driven occurrences are happening across the U.S. than ever before,” said Hannah Christen, Regional Preparedness Manager for the American Red Cross Northwest Region. “In fact, there have been more climate-related disasters in the nation over the past two decades than in any other country. It’s vital that everyone take steps to be prepared.”

Three simple steps can help to keep your family safe during disasters: 1) Get a Kit. 2) Make a Plan. 3) Be Informed.

1. Build your emergency kit with a gallon of water per person, per day, non-perishable food, a flashlight, and a battery-powered radio. Also include a first aid kit, medications, supplies for infants or pets, a multi-purpose tool and personal hygiene items. And don’t forget to add copies of important papers, cell phone chargers, blankets, maps of the area and emergency contact information.
2. Plan what to do in case you are separated from your family during an emergency and what to do if you have to evacuate. Make sure to coordinate your plan with your child’s school, your work and your community’s emergency plans.
3. Stay informed by finding out what emergency situations may occur where you live work and go to school, how local officials will contact you during a disaster and how you will get important information, such as evacuation orders.

Include your pets in your emergency plans. Remember, if you and your family need to evacuate, so does your pet. It’s important to plan in advance to know which pet-friendly hotels are in your area, and where your pets can stay in an emergency situation.

Take any special considerations into account as part of your emergency planning. Older adults or people with mobility, hearing, learning, or seeing disabilities may need to create a support network of people that can help during an emergency. Create a plan that considers your capabilities, any help you may need and who can provide it, especially if you need to evacuate or if the power goes out for several days.

Red Cross volunteers play critical roles in their local communities by making sure families don’t have to face tough times alone. “Be ready to not only help your loved ones, but your neighbors too,” said Christen. “Join us as a Disaster Action Team volunteer, learn lifesaving skills by signing up for first aid or CPR classes, or make an appointment to give blood or platelets.”

A strong blood supply is key to preparedness for disasters and medical emergencies, and donors can ensure blood is on the shelves the moment it’s needed. As a thank-you, all who come to give Sept. 1-18 will get a limited-edition Red Cross T-shirt, while supplies last. Plus, those who race to give Sept. 1-30 will automatically be entered for a chance to win a VIP NASCAR experience, including two tickets to a 2023 race, and will also receive a coupon for a free

CONTINUED TO PAGE A2

Sugarloaf Lookout a Historic Site Deserving Preservation

Sugarloaf Peak is prominent in the skyline northeast of Leavenworth, and it’s the site of a fire lookout that is over a hundred years old. Gary Gadwa, who serves as the paid lookout at Sugarloaf, and works alongside his wife and lookout volunteer, Laurii, is a strong advocate for the lookout’s usage, maintenance, and preservation.



MARLENE FARRELL
CORRESPONDENT

Gadwa described the lookout’s vantage in a Forest Service Facebook blog, saying, “At an elevation of 5814 feet, Sugarloaf Peak offers panoramic views of the Wenatchee River Valley, the Stuart Range, and Glacier Peak to the northwest, and the Entiat Valley and the wheat fields of eastern Washington to the east.”

In the first half of the 20th century, fire lookouts were a common sight. The Snoqualmie Fire Lookout Association website explained that there were about 8800 lookouts nationwide and, in Washington alone, there were 656. Over time, the vast majority have been decommissioned and dismantled, leaving 93 in Washington, while only 31 of those are staffed full or parttime for fire detection.

Current fire detection is aided by computer systems that determine the location of lightning strikes and give predictions about probability and location of wildfires, air patrols, and a robust public reporting system. However, lookouts, with their extensive visibility, can often provide critical early detection of fire location and continued monitoring of fire behavior and weather conditions.

“I regularly work five days a week, but it can be seven days a week if

requested due to Red Flag Fire conditions,” said Gadwa. “We don’t leave the Lookout as we prefer to keep it staffed and safe from potential vandalism. We search or scan the Lookout Seen Area at approximately fifteen-minute intervals. Two sets of eyes on the forest are much better than just one person. We plot and scan the areas of lightning.”

On August 11th, Gary and Laurii Gadwa were first to spot the current fires north of Lake Wenatchee. “The night of the lightning storm that started the Irvine Fire and the White River Fires, we plotted and observed the strikes that caused those two fires at 2:30am. We were the first to report the two fires as a spot fire and then Irvine as spreading and moving up slope.

“Our Reports go directly to the Wenatchee Dispatch Center. We also call in with important weather or lightning storm information. We are always monitoring the existing fires. We monitor the Wenatchee USFES and the DNR radio frequencies 24/7 and are there for communications if needed.”

The specific history of Sugarloaf Fire Lookout began with establishment in 1914. The initial cabin required materials hauled up by muleback, as a road wasn’t established until the 30’s. The current cabin was built in 1932 by the Civilian Conservation Corps.

“The fact that this is one of the earliest staffed lookouts in the state and such an important location for early forest fire detection in the Wenatchee/Okanagan National Forest means it should be protected and

preserved,” said Gadwa. “We are very respectful of lookouts and want to see them all maintained for fire detection and not turned into rentals. We have been doing preservation work on the lookout all summer.”

The Sugarloaf Lookout suffered a big blow early in the summer due to two incidents of vandalism.

“Sadly, vandals ravaged the site by stripping off the copper cable grounding system, which is very important for lightning protection for the structure and for the safety of the staff,” explained Gadwa. “The vandals also stole the Solar Panels, so important to keep communications equipment charged and at the ready. The lock system securing the shutters during winter was also shot up [in a prior vandalism incident].

“The vandals probably got a couple

hundred dollars for the copper cables that they stole. The estimate for repairs is \$5000 for materials and \$20,000 for labor and travel.” Due to potential expense and worker shortage, this repair will likely not happen until sometime in the summer of 2023.

For folk who appreciate the historic and fire safety significance of fire lookouts, Gadwa has an idea—start a “Friends of Sugarloaf Lookout” group. A nearby example is the nonprofit, Snoqualmie Fire Lookouts (www.snoqualmielookouts.org/), which is dedicated to the preservation and upkeep of three lookouts in the Snoqualmie Ranger District. Gadwa mentioned that the public information officers for the Okanogan-Wenatchee District would have more information about how to form a local group.

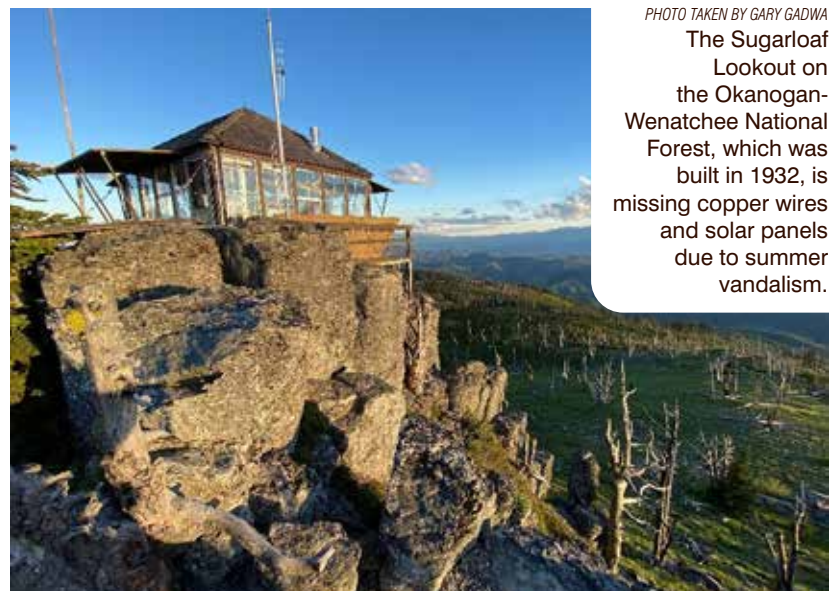


PHOTO TAKEN BY GARY GADWA
The Sugarloaf Lookout on the Okanogan-Wenatchee National Forest, which was built in 1932, is missing copper wires and solar panels due to summer vandalism.

THIS WEEK

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State Patrol accident report

Local Cashmere girl dies in auto crash

A 19-year-old Cashmere woman is dead from a head-on crash on I-90 east of Moses Lake Thursday night.

Troopers say Sierra Stoddard of Cashmere was traveling westbound on I-90 about 11 miles east of Moses Lake when her CRV was hit head on by a pickup truck with a trailer that was traveling the wrong way.

Stoddard was pronounced dead at the scene, while the

driver of the pickup, 47-year-old Jorge Sanchez of Moses Lake, was flown to Central Washington Hospital in Wenatchee with injuries.

Troopers say drugs or alcohol were involved in the crash, and that Sanchez will face charges.

Driving the wrong way was listed as the cause of the crash.

Stoddard was driving a 2020 Honda CRV when the crash occurred at about 9:45pm Thursday. Sanchez was driving a 2011 Dodge Ram 150 with a trailer attached.

Tips to Get Preschoolers on a Schedule

(StatePoint) Sticking to a daily routine offers endless social, emotional and physical developmental benefits for preschoolers. Here's how to make your schedule stick:

- Seek their input: Kids are more likely to feel engaged if they are involved in creating their schedule, so seek their input on certain details, such as the timing of their daily activities. For example, ask them if they would prefer to have quiet time or creative time before lunch. Once you've settled on the specifics, use a dry erase board or chalkboard to display their daily schedule. Be sure to hang it somewhere at their eye level, and consider including little icons for each activity to help young readers make the connection between the words and their meanings.
- Sit down for dinner: Weeknights can be hectic, but try to make dinner a set time each evening where you can sit down together. Turning meal time into a family activity offers everyone a chance to connect, bond and share the best parts of their day.
- Try fun tech: Cool tech can help little ones get excited about following a routine while encouraging them to take on new responsibilities and care for themselves. For example, the My First Kidi Smartwatch

from VTech, with its easy-to-use touchscreen and variety of digital and analog clockfaces, teaches time-telling skills. But it's more than a watch, it's also a playful "pet pal" that lets out a friendly bark at the top of the hour. Kids can even name the doggie, care for it and teach it tricks, or play interactive games featuring their puppy. What's more, the smartwatch helps kids stay on track and learn healthy habits, with important reminders and chimes for brushing teeth, potty time and nap time.

• Create rituals: Keeping sleep schedules consistent can make falling asleep and waking up easier on kids, and little rituals can make these times of the day more comforting. Try singing a wake-up song each morning to get kids moving. At night, make it a daily habit to read a book together.

• Slow down: While routines are essential, it's all too easy to become overly programmed. Be sure every single day includes free, unstructured time where kids can play, imagine and create.

A regular schedule can make for happier kids and a calmer household. Using positive reinforcement and new tech tools, you can help kids enthusiastically take the reins of their own routine.

Preparedness Month

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haircut by email, all thanks to Sport Clips Haircuts.* Donors can schedule an appointment to donate using the Red Cross Blood Donor App, by visiting RedCrossBlood.org or by calling 1-800-RED CROSS (1-800-733-2767).

About the American Red Cross: The American Red Cross shelters, feeds and provides comfort to victims of disasters;

supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members, and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRoja.Americana.org, or visit us on Twitter at @RedCross.

Virginia Mason Franciscan Health and Confluence Health Partner to expand access to specialty medications

VMFH Launches Madrona Health, a new specialty pharmacy, with Confluence Health

SUBMITTED BY ADAM MACDONALD

Corporate Communications Program Manager

Seattle-Tacoma - Virginia Mason Franciscan Health (VMFH) and Confluence Health announced the creation of Madrona Health, LLC, a new joint venture to expand specialty pharmacy services across the Pacific Northwest. This unique partnership will increase access to vital specialty medicines for patients with rare or complex conditions in areas that are typically underserved.

"Virginia Mason Franciscan Health is excited to partner with Confluence Health on this important initiative and I am grateful to the dedicated team who helped make it a reality, especially Dr. Peter Rutherford," said Ketul J. Patel, CEO of Virginia Mason Franciscan Health.

Madrona Health, previously known as VMFH Georgetown Specialty Pharmacy, currently serves 11 hospitals, several cancer centers, and hundreds of clinic sites across the country. Partnering with Confluence Health, Madrona Health will expand its services to North Central Washington, including Confluence Health's two hospitals

and other care sites. VMFH and Confluence Health will own and operate the entity as a 50-50 joint venture serving their combined communities. Madrona Health will be licensed in Washington, Alaska, Idaho, Oregon, Montana, and Arizona, and will supply vital medicine to patients throughout the West, whether at home or during seasonal travel through a mail-order service. Madrona Health's service strives to reduce the burden on both patients and providers in obtaining specialty medications.

"Through innovative and strategic partnerships, VMFH continues to expand access to care throughout the Pacific Northwest. Working together with Confluence Health, Madrona Health will increase access to essential specialty medication for the patients who need it most, while bringing two dynamic organizations together in collaboration around the needs of our patients," added Patel.

"Madrona Health is built on the mutual respect and shared values of our two organizations. It is crucial that our patients in North Central Washington have access to life-saving medications, and we look forward to working with Virginia Mason Franciscan Health to ensure our patients receive the most advanced level of care and support," commented Dr. Andrew Jones, CEO of Confluence Health.

Specialty pharmacies offer an advanced level of support needed to provide patients with a broader range of services than traditional pharmacies, dispensing medications that treat complex or rare conditions such as cancer, HIV/AIDS, and other chronic conditions. These drugs require intensive clinical monitoring and are often high cost.

To facilitate the complex monitoring requirements, Madrona Health will work in tandem with health care providers, such as Confluence Health, to access patients' existing medical records to ensure a seamless experience. The Madrona Health model is designed to work closely with patients to manage their medication supply with refill reminders, help navigating insurance coverage, clinical support, and other tools for success.

About Virginia Mason Franciscan Health: Virginia Mason Franciscan Health (VMFH) works to expand access to care and improve the health of communities by building on the strength of more than 300 sites of care, eleven top-tier hospitals, 18,000 team members, and over 5,600 physicians and advance practice providers. VMFH delivers world-class clinical excellence from basic health needs to the most

complex, highly specialized care. By bringing together the best and brightest healthcare minds in the region along with a commitment to investing in innovation, VMFH delivers the most advanced therapies and technologies for patients alongside some of the country's most prestigious experts and hospitals. VMFH is home to the Bailey-Boushays House, the first skilled-nursing and outpatient chronic care management program in the United States designed specifically to meet the needs of people with HIV/AIDS, and the Benaroya Research Institute, an internationally recognized center for autoimmune disease research. Additionally, VMFH is committed to addressing health care disparities by caring for the most vulnerable in the community, including the poor and underserved, by providing more than \$300 million in community benefits, subsidies, or reduced-cost healthcare and programs. Learn more at www.vmfh.org.

About Confluence Health: Confluence Health serves the largest geographic region of any healthcare system in Washington State, covering over 12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties. Confluence Health is one of only two locally-lead healthcare systems in the state with the purpose of maintaining availability and access to high-quality, cost-effective healthcare services for North Central Washington. The Confluence Health Board of Directors provides governance for Confluence Health, the Clinic, Central Washington Hospital, and Wenatchee Valley Hospital, and includes nine community board members and six physician board members.

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Leavenworth

Leavenworth Lions Club Breakfasts in the Park

Enjoy a hearty all-you-can-eat breakfast of pancakes, eggs, and sausage. Satisfy your appetite and support your community at the same time. The proceeds support community vision, hearing and diabetes needs and so much more. Breakfasts will be held on 2nd and 4th Saturdays in September at Lions Club Park.

Heidi Paul art at the library

I loved to draw flowers, horses, and glamorous ladies. I

have also enjoyed documenting my life through photography, mixed media, collage, and paint. I've found that splashing bold, bright colors onto the page is the best way to create my own sunshine and fill my tropical soul.

Red Barn Events back for another season

Wenatchee River Institute's (WRI) Red Barn Events begins in September and runs through May 2023. Join in for an evening of enlightening speakers, discussions, stories and more.

time to sit back and learn more about the natural world. Red Barn Events include:

Tuesday, September 13 WRI and A Book for All Seasons welcome Washington author, Iris Graville for a reading and discussion on her collection of essays, Writer in a Life Vest. These 36 lyric essays are described as "nature writing at its best".

Wednesday, September 28 WRI and A Book for All Seasons welcome award-winning journalist and nature

photographer, Timothy Connor to discuss his book, Beautiful Wounds. Learn about the rugged beauty and diverse natural features of the Channeled Scablands of eastern Washington.

Admission is by donation and helps Red Barn Events continue to grow with help from local business sponsors.

Visit the website for more details: https://wenatchee.riverinstitute.org/. Contact: Rande Zerger rzerger@wenatcheeriverinstitute.org., 509-548-0181 ext. 7.



CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

Aug. 19

- 12:27 Civil Dispute, 107 Lincoln St. 14:24 Suspicious Circumstance, 309 Angier Ave. 15:40 Juvenile Problem, 1901 Lower Monitor Rd., Monitor 15:54 Agency Assist, 8190 Brender Canyon Rd. 16:01 Trespassing, 5183 Mission Creek Rd. 17:16 Suspicious Circumstance, 201 Riverside Dr., Riverside Park 17:21 Parking/ Abandoned Vehicle, 3266 Mission Creek Rd. 22:25 Alarm, 5655 Sunset Hwy., Los Tres Amigos

- Norman Ave., and Douglas St. 14:33 Fraud/ Forgery, 1620 Lower Monitor Rd., Monitor 20:33 Diversion, 201 Riverside Dr., Riverside Park 21:47 DUI, US Hwy. 2 and Aplets Way

Aug. 23

- 10:37 Trespassing, 600 Cotlets Way, Pioneer Village 12:38 Graffiti, Mission Creek Bridge 14:15 Fraud/ Forgery, 100 Evergreen Dr. 14:57 Suspicious Circumstance, 121 Elberta Ave. 21:28 4520 Eels Rd.

Aug. 20

- 00:21 Trespassing, 5693 Sunset Hwy. 04:37 Suspicious Circumstance, 323 Cottage Ave. 09:15 Malicious Mischief, 702 Pioneer Ave., Pioneer Middle School 19:22 Drugs, 102 Titchenal Way, BJ's Shell 21:37 Domestic Disturbance, 420 Elberta Ave. 21:40 Suspicious Circumstance, 1008 5th St., Green Dental 22:39 Agency Assist, 107 Lincoln St. 23:26 Domestic Disturbance, 241 Independence Way

Aug. 24

- 11:27 Malicious Mischief, 200 Titchenal Way 13:20 Suicide Threat, Mission Creek Rd. 14:56 Trespassing, Riverfront Dr., and E. Parkhill 18:47 Diversion, 5963 Pioneer Dr.

Aug. 21

- 06:22 911-call, 107 Lincoln St. 06:48 Trespassing, 333 Independence Way 10:08 Property, 4027 Eels Rd. 16:24 Traffic Offense, Sunset Hwy., and Stine Hill Rd. Aug. 22 09:29 Public Assist, 8903 Taber Rd. 12:06 Harassment/ Threat, 4731 Selfs Motel Rd. 12:06 Disturbance, 301 Aplets Way 13:28 Welfare Check, 107 Lincoln St. 14:20 Suspicious Circumstance,

Aug. 25

- 00:29 Domestic Disturbance, 211 Paton St. 03:56 Suspicious Circumstance, 115 E. Pleasant Ave. 08:17 Animal Problem, Nahahum Canyon Rd., MP 4 08:36 Disturbance, 208 Cottage Ave. 08:52 Welfare Check, N. Douglas St. and Norman Ave. 09:16 Agency Assist, 420 Elberta Ave. 10:07 Parking/ Abandoned Vehicle, 0 block Sleepy Hollow Rd., Monitor 12:24 Burglary, 411 Elberta Ave. 12:43 Domestic Disturbance, 108 Pioneer Ave. 13:08 Domestic Disturbance, 108 Pioneer Ave. 17:46 Domestic Disturbance, 0 block Independence Way 17:57 Diversion, 71 Pirus Ln. 20:10 Harassment/ Threat, 307 River St.

Cashmere Schools to open next week

- August 31 - Pre-K, Kindergarten, 1st Grade Parent/Teacher Conferences August 31 - First Day of School (2nd - 12th Grade) September 1: Pre-K, Kindergarten, 1st Grade Parent/Teacher Conferences September 2: First Day of School (1st Grade) September 2: Pre-K and Kindergarten Parent/Teacher Conferences September 5: No School - Labor Day September 6: First Day of School (Pre-K, Kindergarten) September 21: Late Start (10:20 a.m arrival)

Cashmere School Board Schedule

School board work sessions are typically held the first Monday of the month at 7:00 a.m. with no action taken. Regular school board meetings are typically held the third Monday of the month at 7:00 p.m. with action taken.

the District Office at 210 S. Division St., Cashmere.

Confluence Health Cashmere School Clinic

A partnership between Cashmere School District and Confluence Health. Patients must be enrolled at a Cashmere School. Call 509-782-0130 to make an appointment.

Primary Care 7:50 - 9:30 a.m. Monday & Thursday at Vale Elementary School, Tuesday at Cashmere High School. Bring your child in for sick and acute care needs. Parents must be present for appointments with Christie Young, PA-C.*

Behavioral Health Tuesday at Cashmere Middle School and Cashmere High School, Wednesday and Thursday at Vale Elementary School. Bring your child in for counseling services.

Regular billing will apply. *Verbal Consent may be sufficient depending on the patient's age.

COMMUNITY CALENDAR

Wednesday

- Cashmere Rotary Club: Zoom meetings Noon, Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd. Mission Creek Community Club: meets every month, 7 p.m. (1st and 3rd Wed.). Cashmere Food Bank, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

Thursday

- Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.) Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099. Cashmere American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June). Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

Friday no events

Saturday no events

Sunday

- CHURCH: See the church page for local service times and events. Cashmere Farmers Market, 600 Cotlets Way, Cashmere Museum, 9 a.m.-1 p.m.

Monday

- Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Monday) Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.) Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.). Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.). Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.) Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.) Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu

- Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.

Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage and dessert is \$8 (no outside food please). Check-in begins at 11 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon.,monthly).

Tuesday

- Icicle & Peshastin Irrigation Districts: Current meeting time 8 a.m. at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 509-782-2561 or tony.id.pid@ncwi.net, (2nd Tues.) Peshastin Water District, meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.) Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.) The Chelan County Cemetery District #2 (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

- Cashmere Public Library: 509-782-3314 You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323). Mon.,Tues.,Thurs., and Fri., 9-6, Wed. 1-6 and Sat.,10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org Cashmere Museum and Pioneer Village Call for more information 509-782-3230 Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.) Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

- Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave. Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecovery1CN@gmail.com or 509- 596-1510.

BUSINESS & SERVICE Directory Add your business or service to this directory. 509-548-5286

DRILLING

Tumwater Drilling and Pump Inc. Water Treatment Systems Built to Your Individual Problem Free Water Analysis/Estimates

EXCAVATION

Complete Excavating Service Power & Water Systems Dump Truck & Dozer Drainfield Repair Free Estimates Septic Systems Road Grading

STORAGE

Have spare room in your facility? Advertise on NCWMarket.com

STUMP REMOVAL

Quick 'n Easy Residential Stump Removal STUMPS UNLIMITED 10817 North Road, Leavenworth • (509) 548-8222 Kim & Rosalie Kozelisky Licensed, Bonded, Insured • Cont. #UPPERVE200PI

Scare-Crazy sign up now

The Cashmere Chamber of Commerce is excited to launch deadlines and plans for one of our most beloved events, Scare-Crazy! Halloween in Cashmere is unlike anything out there. Safe streets for kids and families to walk unstressed by worries of fast traffic or crime.

Scare-Crazy leads up to this amazing family-oriented day. It was a popular event through Covid, as the self-guided tour helped the community get out and engage.

It has brought a multitude of tourists that need a family fun offering a more relaxing scene, with family friendly shops and eats. Plus, it gets businesses and the community involved in a great Cashmere Town festivity before Halloween!

This year, the Cashmere Chamber wants to go Big. Our

goals are 100 Scarecrows this year! We want everybody involved. Community Members, put up some Halloween lights and decorations, businesses promote, promote, promote!

Sign Up by September 5 and no later to be placed on our Scare-Crazy Map. That is just for map reservation only. This map will not only be available at participating Cashmere Chamber Businesses for sweet October deals, but it will also be available on our social media feed and in PDF for print outs. Get a fun Scarecrow built. Scarecrows must be built and placed by September 29th. Call 509-782-7404.



FILE PHOTO

NCW Tech Alliance has new office at Pybus Public Market

SUBMITTED BY JENNY ROJANASTHIEN

Executive Director NCW Tech Alliance

NCW Tech Alliance announced that they have recently relocated their main headquarters to Pybus Public Market.

For the past couple of years, the Mercantile on Wenatchee Avenue has been home to NCW Tech Alliance's office and allowed space for the organization, the perfect place to both grow and contract throughout the pandemic. When the Technology Incubator Space, operated by the Chelan Douglas Regional Port Authority, at Pybus Public Market came available, NCW Tech was excited at the opportunity to move their office to the riverfront with even more space to grow.

"NCW Tech Alliance is grateful to have had a home at the Mercantile the past three years. Now that our non-profit is back to hosting frequent in-person events and programs, being at Pybus and adjacent to a large event venue is the perfect spot" said Jenny Rojanasthien, Executive Director of NCW Tech Alliance. "We want to

thank the Chelan Douglas Regional Port Authority for allowing us to utilize the space, and the team at Pybus Public Market for welcoming us. Our office inside of the Technology Incubator Space is open Monday through Friday from 8:00 a.m. - 5:00 p.m. We're available to meet community members anytime during open office hours."

NCW Tech Alliance serves across six counties of North Central Washington, providing resources, events, and referral services in technology, entrepreneurship, and STEM education. While the new office is in Wenatchee, NCW Tech Alliance offers events ranging from Moses Lake to Omak. On average, host over 45 events and programs each year including the Flywheel Investment Conference and Innovator Awards Luncheon, and serve as co-lead of the Apple STEM Network which drives resources to support STEM opportunities for students, educators, and community.

On September 7, NCW Tech Alliance will be hosting an open house for community members and partners to visit their new office, meet staff and board members, and learn

about upcoming programs. The open house will be a casual networking event held from 3:00 - 6:00 p.m. at 3 N. Worthen St., Wenatchee.

In addition to the open house, The Taproom by Hellbent Brewery, located inside Pybus Public Market, will also be hosting their monthly Do Good, Drink Beer event. This month's all-day event will be held in support of NCW Tech Alliance with \$2 of every "pint to go" and \$1 of every Hellbent pint beer sold going directly to NCW Tech's STEM Scholarship Fund to be awarded to students and educators during their annual Innovator Awards Luncheon on September 21.

"Our annual Innovator Awards Luncheon is coming up on September 21 to celebrate the drive and passion of innovators across our region, and every year we are elated to award scholarships to STEM students and educators who have demonstrated exceptional innovation over the past year," Rojanasthien explained. "We are so grateful to The Taproom for their support of our organization and allowing us an opportunity to increase funds for STEM scholarships."

"Pybus Market is excited to welcome NCW Tech Alliance as part of our Pybus Family," said Pybus Public Market General Manager and Foundation Director, Travis Hornby. "Having a non-profit focused on benefiting our communities is a perfect fit for us."

With many events and programs coming up, NCW Tech Alliance is also seeking new members to join their Board of Directors starting in 2023. Board members serve as ambassadors for the organization and help to champion technology, entrepreneurship, and STEM education throughout North Central Washington. Applications are open year round. To apply, visit ncwtech.org.

About NCW Tech Alliance: Since 1999, NCW Tech Alliance has served as the region's tech alliance, championing growth and development in North Central Washington. As a 501(c)3, NCW Tech Alliance's mission is to bring together people and resources in technology, entrepreneurship, and STEM education. For more information visit www.ncwtech.org.



OBITUARY

Julia "Judy" Lorraine (Howard) Radach

October 26, 1930 - August 22, 2022

Judy Radach went home to be with the Lord August 22, 2022, at the age of 91.

Born in Selah, Washington and passed in Loup City, Nebraska. Born Julia Lorraine Howard, married Ruben Radach January 29, 1954. Survived by brother, Mike Howard and his wife Alice, son Jim Radach and his wife Vivian, daughter Heidi (Radach) Prince and her husband Jim Prince. Also, son David Badgley deceased July 3, 2022 and his wife Donna. Also survived by seven grandchildren, nineteen great grandchildren and 3 great, great grandchildren.

Judy attended Cashmere Baptist

Church and considered it her home church, even after moving. She loved her Lord Jesus Christ, and bared witness to it until the day she died. Judy has donated her remains to the Anatomical Board of the State of Nebraska for research, and has requested that no memorial service be held.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

Welcome Christy Shearer, new Executive Director at Leavenworth Summer Theater

SUBMITTED BY LST

The Leavenworth Summer Theater Board of Directors welcome Christy Shearer as the new Executive Director. "Christy has been an active volunteer at many productions in recent years as well as a member of the LST board. LST board is thrilled to have such an eminently qualified person take the helm to guide the theater forward for many years to come," said Connie Fritz, Board President.

Christy said "she is over-the-moon excited to join the Leavenworth Summer Theater team as the new Executive Director. Music and theater arts have always been a huge part of my life, and I'm eager to help LST grow into the future, continuing the vision of the company, and helping bring magic to the stage. LST brings together many of my passions, as I am sure it does for you as well. I look forward to working with you to continue moving LST forward.



SUBMITTED PHOTO: Christy Shearer

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m.
until further notice.
Pastor Lilia Felicitas-Malana



CHRIST CENTER
Sunday Worship Service at 10 am
5800 Kimber Rd., Cashmere
509-782-2825
christcentercashmere.com

GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
9:30 a.m. for the summer, rotating
services with St. James Episcopal.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
9:30 a.m. for the summer, rotating
services with Grace Lutheran.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH
418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout
leavenworthumc.org
leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
<https://www.flc.leavenworth.com>

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
Youth Pastor Paige Derossett
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997
SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 509-548-7517
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH
Serving Our Valley Since 1941
12565 Chapel Dr. 509-763-3621
Looking for you at 10:30 this Sunday!
[plaincommunitychurch.org](https://www.plaincommunitychurch.org)
[facebook.com/plaincommunitychurch](https://www.facebook.com/plaincommunitychurch)
office@plaincommunitychurch.org



The Washington Outdoors Report

Fishing Round Up

BY JOHN KRUSE

SOCKEYE – It has been a banner year for sockeye salmon. Over 663,000 sockeye passed through Bonneville Dam this year, the largest run on record since they started counting salmon there in 1938. Most of them were bound for Canada but a sizable number of them took a left below Rocky Reach Dam and headed to Lake Wenatchee. As of August 23rd, 110,514 sockeye had swam through the fish ladder near Leavenworth, besting the previous record run from 2014 by over 10,000 fish. Biologists believe favorable ocean conditions were the main reason so many sockeye came back this year.

Fishing Reports

COLUMBIA GORGE – Jaelyn Justesen at Gorge Outfitters Supply says the walleye bite is better than normal for this time of year. They are deep in the Columbia River. The best way to catch them is with a spinner worm harness and bottom walker. Smallmouth bass are definitely biting and they are biting anything bright colored. Salmon are expected soon in the area. Anglers are gearing up with Short Bus 360 Pro Troll flashers and Brad's Super Baits which they are stuffing with tuna. Catch and release sturgeon fishing is going well and squid is the hot bait. www.gorgeoutfittersupply.com

LAKE ROOSEVELT – Steve Morris with SJM Guide Service says the sturgeon fishing in Lake Roosevelt has been slow and he doesn't see it getting

much better before it closes in September. Steve thinks the cold spring and cooler water temperatures have kept many of the fish north of the reservoir in Canada. Having said that, there are sturgeon scattered through Lake Roosevelt, just don't expect big numbers of fish. Steve will be heading to the Hanford Reach starting September 7th to target fall Chinook salmon and is expecting good fishing with this year's run over the 10-year average. www.sjmguideservice.com

LAKE CHELAN – Joe Heinlen with Lake Chelan Adventures says Chinook salmon fishing on Lake Chelan has been good all summer long and he is averaging 3 take downs a day from these landlocked salmon. Heinlen says numbers are way up and the bite has been very good with the average Chinook weighing 3 to 12 pounds. The lake trout bite has been consistent and clients are boating 8 to 15 fish in a four-hour trip in the lower basin. As for the kokanee, there are only a handful in the lower basin right now. The majority of the kokanee are migrating to the upper basin, staging to spawn in the Stehekin River this fall. www.lakechelanadventures.com

BREWSTER SALMON DERBY – The Brewster Salmon Derby was a smashing success this year. 250 anglers participated and they weighed in a total of 134 salmon. The average fish weighed just under 30 pounds. As for the King of the Pool? That was the 29.1-pound Chinook salmon caught by Mike Burnam from Yakima who won \$2000. The winning Chinook in the Youth Division

wasn't far behind, a 26.1-pound salmon reeled in by Katlynn Gibbons from Tonasket. She cashed a check for \$550. www.brewstersalmonderby.com

POTHOLES RESERVOIR

– Nathan LaFrance at MarDon Resort says the channel catfish bite turned on in August and in recent days he has weighed in an 18 pounder, a 13 pounder and several catfish close to 10 pounds. Most folks are fishing cut bait at night while others are catching them while targeting walleye or bass. Two good areas are in front of O'Sullivan Dam as well as in front of Frenchman's Wasteway in the reservoir.

There are a couple of events coming up at MarDon Resort worth noting as well. One of them is the "Old Fart's Bass Tournament". Put on by the Banks Lake Bass Club, this one-day tournament launches out of MarDon Resort Saturday, September 17th and at least one person on each boat has to be over 40 years of age. Sign up for this one at www.bankslakebassclub.com.

The other tournament doesn't require a boat. It's the annual MarDon Resort Dock Tournament, happening Friday, September 16th and running through Sunday the 18th. You can fish day or night for up to ten different species off the resort docks in this derby, and the heaviest two fish from each species caught earns a cash prize. This is a popular event that fills up fast so you will want to register soon if you want to participate. www.mardonresort.com

John Kruse – www.northwesternoutdoors.com and www.americasoutdoorsradio.com



PHOTO COURTESY MARDON RESORT.

A Potholes Reservoir channel catfish



PHOTO COURTESY SJM GUIDE SERVICE.
A big sturgeon caught at Lake Roosevelt

Homeopathic Products

Most consumers assume homeopathic products are "natural" and cannot be harmful, but this is not always true.

Homeopathy comes from the Greek word *homoios*, which means "similar." Homeopathic physicians believe diseases can be cured by giving a substance that causes similar symptoms in healthy people, just in tiny amounts.

In the late 1700s, the German physician and chemist Samuel Hahnemann developed homeopathy as an alternative to conventional medical remedies. Dr. Hahnemann was appalled by the treatments commonly prescribed in his day, such as repeated bloodletting, attaching leeches, and swallowing large doses of

compounds containing lead, mercury, and arsenic.

Instead of using these toxic compounds, Dr. Hahnemann gave his patients minimal doses of one medicine at a time and watched how they reacted before giving them more. His patients often felt better and recovered faster than those treated with blood loss or poisonous metals. Homeopathy was born.

Traditional homeopathic remedies are small dissolvable tablets labeled with their active ingredient and the dilution, which is a number followed by an "x." A "1x" dilution is made by diluting one part of the original solution by adding 9 parts of water. The resulting liquid is dripped onto small sugar tablets.

A "2x" dilution is made by diluting the original solution 2 times, using one-part active ingredient solution to 9 parts water each time. This is repeated many times. Most traditional homeopathic remedies are dilutions of "100x", "1000x", or "10,000x", meaning that there are little to no molecules of active ingredient left in the product.

In the world of traditional homeopathy, the more diluted an agent is, the more effective it is considered to be. I find it hard to believe that medication can be helpful after diluting it 1000 times or more. You are left with only a few molecules in each sugar pill.

The belief that anything so diluted could not be harmful has led to minimal oversight

or regulation of homeopathic products by the Food and Drug Administration (FDA).

In fact, according to the National Center for Complementary and Alternative Medicine (NCCAM), which is part of the National Institutes of Health (NIH), there is little scientific evidence to support using homeopathic remedies.

The FDA does not require homeopathic products to prove safety or efficacy. This allows the manufacturers of any homeopathic remedy containing active ingredients listed in the Homeopathic Pharmacopeia of the United States (HPUS) to skip the expense and oversight otherwise required by the FDA.

One example of this contradiction is Arnica. The FDA classifies Arnica as an unsafe herb when taken by mouth. Under FDA

regulations, Arnica is available as an over the counter (OTC) homeopathic remedy for various indications in melt-under-the-tongue tablets.

The FDA has not addressed the lack of regulation of homeopathic remedies because it assumed they were too dilute to cause harm. Although that was probably true of homeopathic agents of 1,000x and 10,000x dilutions, some manufacturers market products as homeopathic with dilutions of 3x or 10x.

That was the case with Zicam®, a nose spray containing zinc. It was initially marketed as a homeopathic cold remedy. However, unlike traditional homeopathic formulas, there was a significant amount of zinc in Zicam®. Soon after its introduction, the FDA started receiving reports of loss of smell after using Zicam®.

In 2009, the FDA issued a warning about Zicam®. It reported evidence of permanent loss of smell in some people with as little as one dose of Zicam®. The FDA eventually forced Zicam's® manufacturer to reduce its zinc concentration.

The FDA investigated when they received reports linking the use of Hyland's Teething Tablets® in infants with seizures, shortness of breath, tremors, and even death. They found highly inconsistent levels of the toxic compound belladonna, suggesting poor manufacturing practices.

Although the FDA has since issued several safety

warnings on the dangers of homeopathic teething products, the manufacturer of Hyland's Teething Tablets has continued to sell the product as is. Unfortunately, the FDA has no authority to issue a mandatory recall, despite accumulating over 400 adverse event reports in children associated with Hyland's Teething Tablets®.

To address this, Congresswoman Rosa DeLauro from Connecticut introduced the Recall Unsafe Drugs Act on February 16, 2017. This bill would give the FDA mandatory recall authority over homeopathic products. DeLauro resubmitted it earlier this year as the Recall Unsafe Drugs Act of 2022, and it's now in the House's subcommittee on Health.

Homeopathic remedies can be sold in the United States without proving they are safe or effective. I suggest you avoid homeopathic products entirely or use them cautiously.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey

Hawkins' sixth annual 'listening tour' begins in Chelan County

SUBMITTED BY BRIAN ZYLSTRA

OLYMPIA - Sen. Brad Hawkins will soon hold his sixth annual 12th District "listening tour," starting with visits to several Chelan County communities for meetings in mid-September.

"As the state senator for the 12th District, it is very helpful for me to hear directly from constituents, which is why I started conducting annual listening tours," said Hawkins. "After meeting primarily via Zoom the past two years because of the pandemic, I'm pleased to resume in-person meetings for those wishing to meet face to face, although we will also make Zoom or phone meetings available."

This year's listening tour will be split between the traditional areas of the 12th District and the new western areas of the district resulting from the recent redrawing of the state's legislative district

boundaries.

Hawkins begins his listening tour on Sept. 13 with stops in Cashmere and Leavenworth, followed by meetings in Wenatchee on Sept. 14-15 before concluding the Chelan County part of the tour with appointments in Chelan on Sept. 16. The meetings will be scheduled approximately 20 minutes apart to accommodate as many groups as possible. The first meeting each day will begin at 8 a.m. and the last will end at 5 p.m.

During past listening tours, meetings included businesses, local governments, and community groups.

All meetings are by appointment. Those interested in meeting with Hawkins should contact his office at brad.hawkins@leg.wa.gov or 360-688-8951. Hawkins' staff will provide the necessary technical details to constituents who prefer to meet via Zoom or by phone.

Hawkins said his annual listening tour allows him to hear ideas and concerns that can be turned into successful legislative action.

"Leavenworth officials told me in 2017 about an issue about disposing of brush and yard clippings and worked with me to enact a new law in 2018 to address it," said Hawkins. "A funding request related to the Saddle Rock trail in Wenatchee became reality when it was included in the state capital budget four years ago, and a road paving project to a popular fishing location in Okanogan County was recently funded. Last year, a Methow Valley biochar demonstration project was funded for forest management purposes along with funding for renovations at the city of Wenatchee's Community Center utilized by Pinnacles Prep School. All of them were ideas discussed with constituents during past listening tours."

As in the past five years, Hawkins has invited legislative staff to join him on this year's tour, including his office staff, communications staff, and issue specialists. "People appreciated us making these resources available to their communities, and it's good for our staff to hear directly from people about the issues of interest in our region," said Hawkins. "If we need to research concerns or begin developing ideas, we are ready to do that."



Sen. Brad Hawkins

Link unveils historically themed bus design at NCW Fair

SUBMITTED BY ERIC WEST

Link Marketing

Second of eight designs inspired by the unique history, geology, people, and stories of North Central Washington debuted on Aug. 27 at the NCW Fair in Waterville, WA.

A public unveiling of the second in a new series of Link Transit vinyl bus wraps was held at 12:30 p.m. on August 27 during the NCW

Fair in Waterville. The design, crafted by former Wenatchee resident and artist David C. Hoyt of Pullman, WA, features a series of historically themed vignettes representing Link Transit's service area.

"We serve a region with a rich local history," said Link General Manager Richard DeRock. "This latest design celebrates that history while

highlighting the uniqueness of our communities."

Link is working with Hoyt and the team of Mary Big Bull-Lewis and Rob Lewis at R Digital Design in Wenatchee to roll out a series of eight unique bus wrap designs. Unveilings are planned to coincide with community events held in Link Transit's service area.

Additional themes pay tribute to the fruit industry,

Clyde Pangborn's historic transpacific flight, unique geological features and recreational opportunities in North Central Washington.

Link Transit, the public transportation provider for Chelan and Douglas counties, delivers safe, reliable and zero-fare service seven days a week to a 3,500-square-mile service area.

Prepare for power outages today
WITH A HOME STANDBY GENERATOR
\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS
CONTACT A GENERAC DEALER FOR FULL TERMS AND CONDITIONS
REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(877) 330-1491
FREE 7-Year Extended Warranty* – A \$695 Value!
*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

NCW MARKET.COM
CLASSIFIED ADS

Business Journal
ECHO RECORD MIRROR HERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE

All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

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Announcements

Lost & Found

LOST & FOUND ITEMS
can be placed in our Local Newspapers and Online at NCWMARKET.COM for **ONE** week for **FREE**.
Limit 30 words.
A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP?**
HAPPY BIRTHDAY CONGRATULATIONS!
WILL YOU MARRY ME?
HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers.

It is easy just Register and pay on our secure site 24/7
Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or email mirrorads@lakechelanmirror.com
For **The Leavenworth Echo or Cashmere Valley Record**
Call 509-548-5286 or email classifieds@leavenworthecho.com

General Interest

LIVE, LAUGH, LEARN PRESCHOOL

OPENING
September 13, 2022
Tuesday, Wednesday, Thursday 8am - 12pm
Breakfast and snack will be served.
13 years experience!
Full Preschool Curriculum.
Please call for more information and any questions you may have.
509-679-6109
Jodi Jones

Employment

Help Wanted

ACCOUNTING ASSISTANT I-UTILITY CLERK CITY OF CHELAN, WASHINGTON
City of Chelan's fast paced Finance Department is accepting applications for the position of Accounting Assistant I-Utility Clerk. This critical team member position, with career growth potential is Full-Time with benefits. Candidates should have a willingness to learn, open to cross-training and attention to detail. Spanish speaking bilingual candidate is desired. Application materials are located on the City's website: www.cityofchelan.us. First review of applications will be September 2, 2022. Position is Open Until Filled. Incomplete applications will not be accepted.

Help Wanted

INTERPATH LABORATORY

Now Hiring!
Phlebotomist
Interpath Laboratory in partnership with Family Health Centers in Brewster, WA is seeking candidates to join their team. On the job training is provided for those that have a positive attitude and commitment to serving on a high functioning team. Contact Elizabeth Ramirez at EMRamirez@Interpathlab.com Or 509-293-5454

WE OFFER!

- Laboratory discounts for in house testing
- Medical with In-Network & Custom Network discounts (No- cost for employee only coverage)
- 401(K) discretionary employer match
- Paid Time Off

Looking for a great local employee?
It is easy to place your ad online 24/7 at www.NCWMarket.com
Register and pay on our secure site.
Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster
Call 509-682-2213 or email mirrorads@lakechelanmirror.com
OR
Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following positions:

- Cascade High School Wrestling Coach
- Icicle River Assistant Cross Country Coach

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Windermere REAL ESTATE
Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley? Give us a call today!

Robyn Bodajla - 617-462-3402
Momi Palmieri - 509-433-2211
Geordie Romer - 509-679-8958
Allyson Romer - 509-630-9898

See all available properties at windermereleavenworth.com

Help Wanted

CASCADE SCHOOL DISTRICT

The Cascade School District is seeking qualified applicants for the following positions:

- Elementary Bilingual Secretaries
- School Nurse

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Experienced in-home care giver needed in the Brewster area.
Call or text Kevin at (206) 510-5260 for details.

Orca Information

OFFICE POSITION at Orca Information Full-time position in small office 10 minutes outside of Chelan. Looking for hard worker excited about learning little-known and effective techniques to prepare Employment & Tenant Screening background checks. Have a history of being Independent, on time for work, high level of integrity, good grammar, writing and basic computer skills. Start at \$16.00 per hour. Spanish speaking starts at \$16.50. Background Check and Drug Testing required. Send cover letter to Orca@orcainfo-com.com or text 360-840-0326 that is 360-840-0326. Attention Rebekah.

WHAT'S HAPPENING

Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available

Help Wanted

NCW Media Newspapers is looking for a full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume.

This job is based in Leavenworth, WA. Applicants would be covering the Bavarian Village of Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published once a month. Responsibilities would include:

Writing about local events. Photographing sporting events for the local schools.
Uploading content once a week to the web.

For the Wenatchee Business Journal: Compiling a list of new businesses/bankruptcies and property listings each month. Keeping up with people, interviewing local businesses and community members other assigned duties. Candidate would need to have reliable transportation. Pay will be based on experience. Email your resume and writing examples to publisher@leavenworthecho.com or call for an interview 509-548-5286. 10-5 p.m. weekdays. EOE

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following position:

- Food Service Director

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Help Wanted

Bus Driver/ Operator – Full-time
Organization: Okanogan County Transit Authority (TranGO)

TranGO IS HIRING DRIVERS; Full-time (36+ hours per week) positions available now; hourly non-exempt. Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, S, Suite A, Okanogan. Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

Work Wanted

SLINGERS
CAD of Wenatchee

Material Placement
We Place the Material for you!
Rock Bark Sand Soil Dump Truck Service

No more wheelbarrows, shovels or rakes!
FREE ESTIMATES
Cell: 509-393-1244
Office: 509-885-2269
tcslingers.com
Landscape Supply Yard
1869 1/2 S. Wenatchee Ave. Wenatchee

Advertise
548-5286
OR
782-3781

REDUCE REUSE RECYCLE

AMBUSH AUTOMOTIVE BUYERS

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

Don't just 'park' your car on the side of the road with a 'For Sale' sign on it!
'Park it' on NCWMarket.com for one low **\$25** fee!
Fee includes:

- Up to 3 photos of your vehicle
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

For Sale
Antiques & Collectibles

Get cold hard CA\$H
for your
Antiques and
Collectibles by placing
them in our classifieds.
Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site.
Want Print Only?
Call
Lake Chelan Mirror
Quad City Herald
509-682-2213
or email mirrorads@lakechelanmirror.com or call
The Leavenworth Echo
Cashmere Valley Record
509-548-5286
classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

General Merchandise

ALL OCCASIONS
Greeting Cards
ONLY
.50 per card.
Special Leavenworth Cards
now only \$1.00 per card for a fundraiser for Royal Ladies of the Autumn Leaves
Example sayings are:
Wish you were here with me in Leavenworth.
"Special Friends"
Or I miss you.
Happy Birthday from Leavenworth!
Stop in The Leavenworth Echo office
215-14th St.
Open 10-5 weekdays.
509-548-5286

Legals
Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of COLLEEN A. BRADY Deceased. No. 22-4-00368-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or Personal Representative's attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FIRST PUBLICATION: August 24, 2022.
Personal Representative: Allyson Freeman:
Attorneys for the Personal Representative: Kera Dexter, WSBA# 58486;
Address for Mailing or Service Overcast Law Offices
Attn: Kera Dexter 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509)663-5588 .Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 22-4-00368-04.
Presented by: OVERCAST LAW OFFICES
By: Kera Dexter, WSBA No. 58486 Attorney for the Personal Representative
Published in The Leavenworth Echo/ Cashmere Valley Record on August 24, 31, and September 7, 2022. #4475

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of DOROTHY JUNE LAW, Deceased. No. 22-4-00378-04; PROBATE NOTICE TO CREDITORS; (RCW 11.40.030)
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FIRST PUBLICATION: 08.24.22
Personal Representative: JOHN CAMERON LAW; Attorneys for the Personal Representative: David A. Kazemba, WSBA# 48049
Address for Mailing or Service - Overcast Law Offices;
Attn: David A. Kazemba; 23 S Wenatchee Ave, Suite 320; Wenatchee, WA 98801; (509)663-5588; Court of probate proceeding and cause number: Chelan County Superior Court; 350 Orondo Avenue, Suite 501; Wenatchee, WA 98801; Case Number: 22-4-00378-04; Presented by: OVERCAST LAW OFFICES;
By: David A. Kazemba, WSBA No. 48049; Attorney for the Personal Representative.
Published in The Leavenworth Echo/ Cashmere Valley Record on August, 24, 31, and September 7, 2022. #4488

Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY
In the Matter of the Estate of MARJORIE MARIAN MCLAUGHLIN, Deceased. NO. 22-4-00395-04 PROBATE NOTICE TO CREDITORS.
The administrator named below has been appointed as administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the administrator or the administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.
DATE OF FIRST PUBLICATION: August 31, 2022
ADMINISTRATOR: Catherine Petri ATTORNEY FOR ADMINISTRATOR: David A. Kazemba ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No.: 22-4-00395-04
OVERCAST LAW OFFICES By: David A. Kazemba, WSBA No. 48049 Attorneys for Administrator. Published in The Leavenworth Echo/Cashmere Valley Record on August 31, and September 7, 14, 2022. #4506.

Public Notices

NOTICE OF TRUSTEE'S SALE
Pursuant to the Revised Code of Washington 61.24, et seq.108 1st Ave South, Suite 202 Seattle, WA 98104 Trustee Sale No.: WA-21-891743-BB Title Order No.: 200090865-WA-MSW Reference Number of Deed of Trust: Instrument No. 2258178 Parcel Number(s): 222008805006 Grantor(s) for Recording Purposes under RCW 65.04.015: CHRISTINE R WILLSEY, A SINGLE WOMAN Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Pretium Mortgage Acquisition Trust Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Selene Finance, LP I.NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 9/9/2022, at 10:00 AM AT the main entrance to the Chelan County Courthouse, located at 350 Orondo St, Wenatchee, WA sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: APARTMENT NO. 3, OF THE RACQUET CLUB, A CONDOMINIUM, ACCORDING TO THE DECLARATION THEREOF, RECORDED UNDER AUDITOR'S FILE NO. 788373 AND AMENDMENTS RECORDED THEREAFTER, RECORDS OF CHELAN COUNTY, WASHINGTON, SURVEY MAP AND PLANS FOR THE RACQUET CLUB, RECORDED UNDER AUDITOR'S FILE NO. 788372, IN VOLUME 9 OF CONDOMINIUMS, PAGES 22 THROUGH 26, RECORDS OF CHELAN COUNTY, WASHINGTON. More commonly known as: 1815 NUMBER 2 CANYON RD #3, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 6/11/2007, recorded 6/15/2007, under Instrument No. 2258178 records of CHELAN County, Washington, from CHRISTINE R WILLSEY, A SINGLE WOMAN, as grantor(s), to FIDELITY NATIONAL TITLE, as original trustee, to secure an obligation in favor of NATIONSTAR MORTGAGE LLC, as original beneficiary, the beneficial interest in which was subsequently assigned to Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Pretium Mortgage Acquisition Trust, the Beneficiary, under an assignment recorded under Auditors File Number 2515278 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$28,882.30. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$124,961.55, together with interest as provided in the Note from 12/1/2019 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 9/9/2022. The defaults referred to in Paragraph III must be cured by 8/29/2022 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 8/29/2022 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 8/29/2022 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 8/26/2022. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-568-4287 or National Web Site: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hsg/sfh/hcc/fo/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcfc> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: <http://nwjustice.org/what-clear> Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-21-891743-BB. Dated: 5/4/2022 Quality Loan Service Corp. of Washington, as Trustee By: Jeff Stanman, President Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-21-891743-BB Safe Line: 916-939-0772 or Login to: <http://wa.qualityloan.com> IDSPub: #0178349 8/10/2022 8/31/2022
Published in The Cashmere Valley Record/Leavenworth Echo on August 10, and 31, 2022. #4026

Vehicles
Automobiles

FREE-FREE
But you need to haul away. '91Jeep Cherokee 368,000 miles. Body damage but engine still in good condition. It has not run in a few years. Call Carol to see in the evenings. 509-670-1723. See engine at NCWMARKET.COM

Looking for a home for your Furry friend?
Try the pet section on NCWMarket.com

SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022
VITA VACATIONS promo code N7017
1-855-208-9533

FROM ~~1,949~~ \$1,699*
FREE ONBOARD CREDIT

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Clutter is like a weight around your neck.
Extra CA\$H is not.

- Place your ad 24/7 at ncwmarket.com
- Email: classifieds@leavenworthecho.com
- Call 548-5286

CROSSWORD PUZZLE

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THEME: AWARD-WINNING DRAMAS ACROSS

1. Radiant light
5. Ceiling prop
8. Sweatshirt attachment
12. Auricular
13. Lightly colored
14. Like a certain lass
15. Rotterdam or Singapore, e.g.
16. Greek god of love
17. Event host
18. *1960 Golden-Globe winner with Kirk Douglas
20. The Bee _____
21. Rowed
22. Costa del _____
23. *1922 Pulitzer-winning "Long Day's Journey into Night" author
26. *James Cameron's 1997 Oscar-winner
30. Steal
31. "Killers of the Flower Moon" tribal members
34. All's opposite
35. *2021 "royal" Emmy winner
37. "One Fish Two Fish _____ Fish..."
38. More eccentric
39. Assistant
40. Expels
42. Before, old-fashioned
43. Consummate professional, in music
45. Mid-body narrowing, pl.
47. Feather glue
48. Library offerings
50. Cry like a baby
52. *The _____, 1972 mafia Oscar winner
56. Jeopardy, not the game
57. Type of molding
58. This location
59. Full of blood vessels
60. Christian of haute-couture
61. Suite cleaner
62. Mountain goat terrain
63. D.C. bigwig
64. Middle of March

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1. Brewer's perennials
2. Perching place
4. Type of local tax
6. Not silently
7. Loch _____
8. *2012 Emmy-winning espionage thriller
9. Fairy tale opener
10. Half of binary code, pl.
11. Yellow #5, e.g.
13. Bits of wisdom
14. Fathered
19. Bird of prey's weapon
22. Female sib
24. Waterwheel
26. Danson and Kennedy
27. Lymph "containers"
28. Lacking vigor
29. Roman counterpart of Greek Demeter
32. *Ben Affleck's 2012 Golden Globe best drama winner
33. Wow
36. *2000-2003 White House Emmy winner, with The
38. Port city in Japan
40. Get it wrong
44. Total amount
48. Railroad car undercarriage
49. Theater, to Socrates
50. Samuel Adams, e.g.
51. Operatic solo
53. Cabbage amount
55. *Best Director Oscar-winner Warren Beatty's 1981 film
56. Rubber substitute, acr.

3. Italian money
5. Travesty
23. _____'s razor
25. Horace's poem
41. BOGO offer
46. Isthmus, pl.
54. Great Lake

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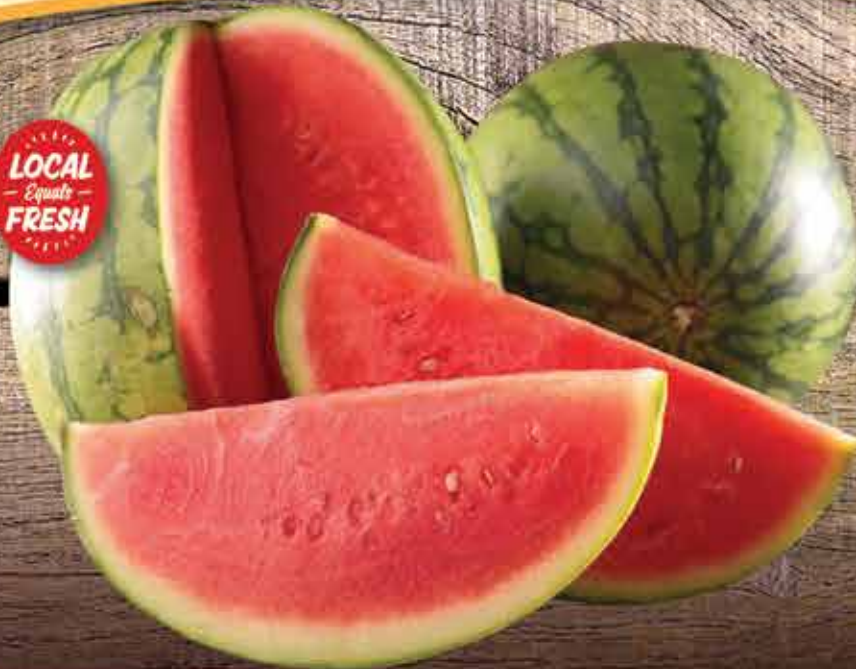
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