

CELEBRATING 116 YEARS • 1907-2023

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Part Two

July, 2022

Blossom **Almond** Cashmere

By Matthew Ockinga

Correspondent

During the dreary days of November through January, most almond trees stand as dormant, silent stalwarts. Winter steals their leaves as the trees hunker down, storing nutrients for the impending growing season. As seasonal sleep fades, small buds start to swell on each branch. Just before spring, these buds burst into brilliant pink and white blossoms, a forerunner of the nutritious almonds. A favorite subject of French painter Vincent Van Gogh, almond blossoms symbolize new life.

Country Boy's BBQ receives false bomb threat

By Erin Mullins

Reporter

On June 29 at 3:17 p.m. RiverCom received a report of a bomb threat at 400 A plets Way from Country Boy's BBQ. The threat turned out to be a prank from a thirteen-year-old teenage male in New Mexico, said Sergeant Rob Huddleston.

Archiving Cashmere's History

By Matthew Ockinga

Correspondent

Some years ago, Cashmere natives Tom and Linda Hart were sipping coffee at Sure to Rise Bakery on Cottage Avenue. Coffee conversations are conducive to memory rabbit trails and the couple began recalling all the old downtown Cashmere businesses. This quiet quest spilled over back home and Hart, a 1960 Cashmere High School graduate, scribbled on a sheet of paper every business he could remember on the main block since his school days. Hart stuffed that paper in his dresser drawer, adding and changing to it when he thought of another business.

Country Boy's BBQ closes

By Carol Forhan

Country Boy's BBQ's last day of operations was Saturday, July 9. The longtime favorite restaurant shut down unexpectedly with a July 11 Facebook post announcing their departure. The post said the reason for the shutdown was retirement and staffing shortages.

Cashmere Swim Team emerges after two canceled years

By Erin Mullins Reporter

After two years of COVID, Cashmere Swim Team is up and running, with three age group practices running from 8 to 11 a.m. Monday through Friday. Ages twelve and up practice at 8 a.m., ages nine to eleven practice at 9 a.m., and ages eight and under practice at 10 a.m., said Isabelle Dressel, Cashmere Swim Team head coach.

"Buffalo" Prescott, known for his community service, is here to stay

By Erin Mullins

Reporter

John Prescott, Cashmere resident for nearly forty years, is known for his years of community service. From helping put on the car show at Founders' Days to mentoring underserved kids as a lunch buddy, he is revered around town as an upstanding guy.

Sheriff's Department trains to be prepared during a school shooting

By Erin Mullins

Reporter

Last week, active shooter training occurred at Vale Elementary with the

Chelan County Sheriff's Department. The training was organized through the Sheriff's department and took place at Vale because the Cashmere School District offered their facilities to the department for training,

Cashmere Soccer training through summer for postseason hopes

Sergeant Chris Foreman said.

By Erin Mullins

Reporter

Rising senior Zoe Brown and her soccer teammates have big goals for the fall 2022 season and they are willing to put in the work over the summer to reach those goals. "We want to go to state, especially that is my goal for this year," said Brown.

Rebecca Allen Offers K-8 **Summer Dance Camps** By Erin Mullins

Reporter

Rebecca Allen, former professional dancer in Los Angeles, is offering dance camps for K-8 kids in Cashmere. The classes will take place in the Vale Elementary gym and both the K-4 group and the 5-8 group have spots available.

August, 2022

Cashmere City Council update Agency Officials Urge Caution When Recreating on or Near Water

By MATTHEW OCKINGA

Correspondent

River safety: There has been a big emphasis by local police, the fire department and the City of Leavenworth and Cascade Medical on safety in the Wenatchee River according to Director of Operations Steve Croci. River flows have been higher than normal for this time of year. While there are currently signs posted throughout the city, more signs will be added to ensure river safety.

HB 1815 passes to prevent catalytic converter theft

By Erin Mullins

Reporter

Washington has the third highest catalytic converter theft in the country, according to Been Verified, a national statistic-analysis firm. A new law, HB 1815, which passed unanimously in the house and senate, aims to prevent catalytic converter theft in Washington.

Chelan County Sheriff, deputies host National Night

By Matthew Ockinga

Correspondent

The blare of sirens. The flashing of red and white lights. The uniform. These symbols of law enforcement cause various reactions among the public. Often, people live in a headline world concerning the police. Reactions and stereotypes can dominate. Yet while no entity is beyond reproach, officers local and nationwide want to remind the people they serve that everyone is on the same side.

official Tucker, Mariners' clubhouse dog

By Matthew Ockinga

Correspondent

Early August in baseball encompasses the draining "dog days of summer." Temperature and humidity reach lofty heights on the proverbial emerald chess board as the grind of the 162-campaign begins to tucker out the players.

Colchuck Consignment makes outdoors accessible through their store

By Erin Mullins

Reporter

Getting into new outdoor hobbies is fun, but it is also expensive,



PHOTO SUBMITTED BY DAVE INGRAHAM

July 20 John Prescott stands proudly in front of his 1929 T-bucket Ford at the Founders' Day Car show.

PHOTO BY MATHEW OCKINGA July 6 Owner Tess Watkins in front of her **Almond** Blossom Roasted Nuts and Eaterv business now in Cashmere





August 24 Laura Patton and co-owner Brian Buckley.



July 13 In 2016, Pam Wonn, Mari Beckley, Tom Hart, and Dick Brender formed the History Group. Brender passed away earlier this year.



August 10 Children gather around to visit, eat and play with the Chelan County Sheriffs, and deputies at the park during the yearly event.

which is why Colchuck Consignment offers second hand outdoor gear at an affordable price. Colchuck Consignment was founded in 2020 as an online business but since has transitioned to a retail only business located at 5643 Sunset Hwy. in Cashmere, said Laura Patton, coowner of Colchuck Consignment, an outdoor consignment shop.

Former inmate Shane Flemens writes "Conviction", story of personal redemption

By Erin Mullins Reporter

In 2008, Cashmere native, Shane Flemens headed out for what would be his last commercial fishing trip in Alaska. Flemens promised his son he would be home in a few months, instead he spent years in prison after getting into a fight on a boat.

Local Cashmere girl dies in auto crash

By Erin Mullins

Reporter

A 19-year-old Cashmere woman is dead from a head-on crash on I-90 east of Moses Lake Thursday night. Troopers say Sierra Stoddard of Cashmere was traveling westbound on I-90 about 11 miles east of Moses Lake when her CRV was hit head on by a pickup truck with a trailer that was traveling the wrong way.

September, 2022

Sights, sounds of fair captivated Karen Welch at a young age By Matthew Ockinga

Correspondent

Karen Welch remembers her parents bringing her to the Chelan County Fair when she was five years old. The sights and sounds of the fair captivated the young girl who eventually became a leader in 4-H. When she had children of her own, they also became involved in the fair. Now the family tradition continues, and her young grandchildren participate in the annual event. "It's kind of gone down through three generations now. That's how I came to know, love, and participate in fair," said Welch, now the manager of Chelan County Fair which celebrates its 70th year Sept. 8-11. "It was, 'How can I help?' Now it's, 'How can I get you to help me?' It's kind of come full circle."

Annual 9/11 Remembrance Ceremony Held in Cashmere STAFF REPORT

The Annual 9/11 Remembrance Ceremony will take place on September 11 at the 9/11 Spirit of America Memorial located in Cashmere Riverside Park at 11 a.m. -12:30 p.m., and to include a traditional ringing of the bell in honor of the brave men and women who risked their

Get ready for cold weather with energysaving tips

SUBMITTED BY RACHEL HANSEN

Senior Communications Strategist

When all you want for the new year is warmth, Chelan PUD has a few tips on how to keep your home cozy without cranking up the thermostat.

- Door socks: Place blankets or towels by the door to prevent the cold air from drafting in and the heat from escaping.
- Close the shades: Close your drapes to retain heat. If it's sunny during the day, open the drapes to capture warmth from the sun.
- Better air flow: Replace your air filter. Clogged filters make your heating system less efficient. Keep doors open in your house (unless you have baseboards or other zonal
- Take AC units out: If you still have an AC unit in your window, remove it and close the window.
- Dress warmer or put an extra blanket on the bed. It's less expensive than turning up the heat.
- Close the damper: Fireplaces are designed to move heat quickly up the chimney. When you're not using it, keep it closed so it doesn't suck the heat out of your home.
- Lower your water heater temperature: Keep the water heater temperature at 125 degrees to conserve energy. Close foundation vents for
- winter. If your vents don't close, taping a piece of plastic on the outside will help considerably. Residential Energy Efficiency

Adviser Josh Mitchell cautions against switching heat pump systems to e-heat or auxiliary heat, which uses a lot more

"If you have a heat pump, keep the thermostat to heat or auto mode," said residential energy advisor Josh Mitchell. "The thermostat is smart enough to tell your back-up heat to turn on when the heat pump can't keep up. Only turn the heat pump off during emergencies like when you defrost cycle stops working."

If you're concerned about water pipes freezing:

- Consider letting a cold-water faucet drip continuously when the weather is at its coldest.
- Know the location of the water shutoff valve in your home. Check to make sure it works.
- Open cupboard doors under sinks, especially where plumbing is in outside walls, to let interior heat warm the pipes.

The electrical grid is working hard to keep everyone warm as temperatures dip into single digits. As the demand for electricity increases, so does stress on the equipment that delivers electricity. If the power goes out, check for updates on the new outage map: outages.chelanpud.org. If you don't see an outage on the map, call us 24/7 at 877-783-8123 to report it.

These tips can help keep you safe, and help PUD crews safely restore power as quickly as possible:

- Turn off all but one light on the porch or inside where it can be seen from the street - so you and the PUD crews know when power is restored.
- Never use fuel-burning devices, like gasoline-powered generators, gasoline-powered pressure washers, camp stoves and lanterns, or charcoal grills inside, or in any confined space, or within 10 feet of windows, doors, or other air intakes. Using these items in your home can produce carbon monoxide, which can be deadly. If you plan to use a portable generator, make sure you plug appliances directly into the generator. Or, make sure your home is disconnected from the PUD's electric system with a transfer switch installed by a licensed electrician.
- Prevent cold-load pickup: When power is restored after an outage, sometimes the pent-up electrical demand can overload the system and result in another outage. For

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THIS WEEK

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lives. As we commence on the 21st anniversary, the ceremony will focus on the nearly 3,000 American lives lost, paying a special tribute to the First Responders (343 firefighters, 60 police officers and 8 EMTs). The program will include each name and a moment of silence with the traditional ringing of the bell.

Vale Elementary School welcomes new staff

SUBMITTED BY SANDRA CORNELIO

Vale Elementary

Please join our staff in welcoming our new teachers and para educators at Vale for the 2022-2023 school year. Anna Valadez - TBIP kinder para educator, Sarah Baty preschool para educator, Nora Valle - preschool para educator, Denise Gann - SPED Para educator, Tara Thomas - SPED para educator, Brenda Hostetter SPED para educator, Hope Kunsman - 1st grade teacher, Payton Jagla - 3rd grade teacher, Cherie Gasbar - 2nd grade teacher, Kate Weber - 2nd grade teacher, and Heather Pflugrath -Adaptive SPED teacher.

Planning Cashmere Commission

By Kirk Beckendorf

Correspondent

Multiple Cashmere residents addressed the city's Planning Commission (CPC) Sept. 9 meeting. They requested that the city consider changing its ordinance that prohibits the raising of chickens. The 4 or 5 individuals who spoke explained that they like growing their own sustainable food, especially with the recent increase in prices, and teaching their children about where their food comes from. One of the residents told the Commission that she loves the family connections that develop by going out together and gathering food with her daughter. She said she was interested in raising backyard rabbits as a sustainable meat

Cashmere Museum **Passes Available** at Libraries

supply for her family.

SUBMITTED BY MICHELLE MCNIEL Public Relations Specialist

NCW Libraries is now offering family passes to the Cashmere Museum & Pioneer Village for checkout. The museum passes can be reserved and checked out from the Cashmere, Leavenworth, Peshastin, Wenatchee and East Wenatchee libraries online or in person. They are available for a two-week checkout period and grant free entry to two adults and all children who

Cashmere City Council By Kirk Beckendorf

accompany them.

Correspondent

comment public requesting that the city Cashmere reconsider ordinance prohibiting chickens on small lots, kicked off the City Council's Sept. 12 meeting. Cashmere resident, Eva Lorenz, told the Council that over 60 individuals had signed an informal petition she had posted on social media. According to Lorenz the majority were in favor of the city allowing chickens. She suggested the city model a new ordinance similar to Ellensburg's. Councilwoman Jayne Stephenson expressed her interest in discussing the matter and asked if roosters are allowed. Lorenz replied that most people don't want roosters and most city's do not allow them.

Cashmere Museum's **Apple Harvest** bounces back

By Lindsay Timmermans

 $Staff\ report$

If apples are bouncing at picking time you're either dropping them or successfully unloading a heavy, brimming picking bag into a bin. The bounce-back of the Cashmere Museum's annual event certainly will be a nod to the latter, returning unblemished and ready to celebrate this year's harvest.

October, 2022

Cashmere City Council

By Kirk Beckendorf

Correspondent

The Cashmere City Council will hold a public hearing on Monday, October 24, 2022, at 6 p.m. at the Cashmere City Hall. The public is invited to attend and comment regarding the City of Cashmere's revenue sources and a possible increase in Property Taxes.

City Council meeting By Kirk Beckendorf

Correspondent

Mayor Jim Fletcher said he would like to have his ducks in a row before referring the city's chicken ordinance to the Cashmere Planning Commission (CPC). His comments made at the Oct 10 City Council meeting followed previous requests from community members who have asked that the town's Livestock and Poultry Ordinance be changed so that chickens would be allowed on small city lots. Currently chickens are only allowed on lots that are an acre or more in size.

Cashmere Draft PROS Plan

By Kirk Beckendorf

Correspondent

The draft Parks, Recreation and Open Space (PROS) Planhas been released for public review and comment by Cashmere's Planning Commission (CPC). The Plan is a result of more than a year of planning, an inperson community forum, an online survey and over a dozen Commission meetings.

Milepost **Brewing** celebrates 10th

By Matthew Ockinga **Correspondent**

A decade is a long time no matter how one considers it. Yet in the challenging, volatile, and ever-changing restaurant world, ten years can seem closer to 15. On Oct. 22 Milepost Brewing, a Cashmere pub and brewery, celebrated its 10th anniversary with a celebration at the restaurant from 5-8 p.m. which included a merchandise raffle, Happy Hour prices and live music.

Twelve Angry Jurors

SUBMITTED BY SUSAN GUBSCH

The Cashmere High School Drama Department will be presenting "Twelve Angry Jurors". Twelve Angry Jurors is based on the Emmy Awardwinning television movie, "Twelve Angry Men", by Reginald Rose. Directed by Susan Gubsch, the three-act play, adapted for the stage by Sherman L. Sergel, is set in the present day. The story follows the deliberations of a jury deciding the guilt or innocence of a young man on trial for murder.

November, 2022

Valley Record now online at Washington Digital Newspapers

SUBMITTED BY SHAWN

the Cashmere Museum.

Cashmere City Council meeting

By Kirk Beckendorf

Correspondent

Fletcher, was asked how the city would spend any additional revenue if property taxes are increased. The question was posed during a public hearing the city, and a possible increase in property taxes. Fletcher income would be used for city general expenses which includes street maintenance, parks and other facilities, or contracts such as those with; the Sheriff's Dept. for law enforcement, RiverCom, jail fees, and the prosecuting attorney.

Cashmere High School Girls' Soccer team district

girls soccer team (11-6) record defeated the Cascade Kodiaks (9-6) in the District VI(1A) Championship game, with score of 1-0 at the Apple Bowl in Wenatchee this past Saturday afternoon.

Cashmere FFA Wins **National Title and** 4th Place finish in **Indianapolis**

SUBMITTED BY RUSTY FINCH

Cashmere FFA traveled to the National Convention in Indianapolis on Oct. 22 to compete in two Career Development Event contests. Students earned the sole right to represent Washington in each of the events. Members of the Environmental Natural Resources team took 50-question environmental science test, tested surface water for nitrates, temperature, and pH, identified natural resource equipment and species, navigated a GPS course and evaluated a section of soil and land recommending erosion prevention strategies.

Coach Davidson Retires

By Matthew Ockinga

For Collin Davidson, fall and football remain synonymous. Since 1972 when he joined his seventh-grade squad, Davidson has spent his autumns on the gridiron, the last 39 as a coach in the Cashmere School District. On Oct. 22, Davidson, who has led the Cashmere Middle School team for 27 years, coached his final game as he will enter the unknown but enticing world of retirement.

New Cashmere School Board member

Congratulations to Aaron



PHOTO BY MATTHEW OCKINGA

100 Years of Cashmere

SCHOLLMEYER

OLYMPIA — Washington State Library, a division of the Office of the Secretary of State, recently digitized 45,200 pages of historic Cashmere Valley Record newspapers for the Washington Digital Newspapers website. The project was completed in partnership with Chelan County Historical Society and

Cashmere's mayor, Jim regarding revenue sources for responded that any additional

winners

SUBMITTED BY CASHMERE ATHLETICS

The Cashmere Bulldogs

FFA Advisor

Correspondent

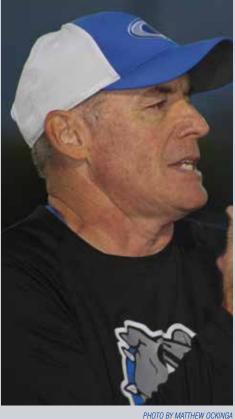
SUBMITTED BY BRANDI LYONS

Bessonette who was appointed





August 17 Tucker, Mariners official clubhouse dog



November 9 Coach Davidson Retires



December 7 Christmas in Cashmere free holiday

face painting.

by the existing board of Cashmere School District #1 to be a permanent board member, he was one of six candidates who applied. Bessonette will fill the vacated seat until next fall, he will run then for a new term.

Celebrate "Christmas in Cashmere'

SUBMITTED BY CASHMERE CHAMBER OF COMMERCE

The Cashmere Chamber of Commerce invites you to celebrate the holiday season in Cashmere. On Saturday, December 3, join us at Martin's Market IGA to take pictures with Santa starting at 11 a.m. Then come on down to Cottage Avenue from 12 p.m.- 3 p.m. for the Christmas in Cashmere free community event. Just 15 minutes from Leavenworth and Wenatchee, make Cashmere your first stop this holiday season.

Chelan County election results

STAFF REPORT

Shon Smith who running for Chelan County Commissioner #2 has maintained a small lead over Anne Hessburg after the second round of ballot counts were released Thursday, Nov. 10th. According to Chelan County auditor's office, with 50.2% of the vote, Smith, a Republican, leads his opponent, Independent Hessberg by only 143 votes: 13,357 votes to 13,214. Hessburg gained a little ground on Smith from election day and now has 49.66% of the vote, compared to 49.33% on Tuesday, less than one percent. In the Chelan County sheriff's race, deputy Mike Morrison's advantage over three-term incumbent Brian Burnett remained around 9%. Morrison received 13,751 votes, to Burnett's 11,502 votes. On Tuesday, Nov. 8. Morrison led the current Sheriff Burnett at 54.14% to Burnett's 45.37%

Coaching, all in "Tronson" Family the

By Matthew Ockinga

Correspondent

On the surface, it was just an average practice. The Cashmere High School soccer team played a typical intrasquad scrimmage on a Friday night in late August. A small crowd gathered to watch the unofficial match, populating the metal stands and grassy lawn near Vale Elementary School. For one fan, the game felt not ordinary, but surreal. Loretta Tronson is married to Dennis Tronson, who has served as head coach of the Bulldogs girls

for the past 26 seasons. **New Executive Director of** the Cashmere Chamber of Commerce

By Matthew Ockinga

Correspondent

Each town's chamber of commerce exists to promote the commercial interests and general welfare of the local community. For Rachel Lippert, the newly minted Executive Director of the Cashmere Chamber of Commerce, her new job is more than just business. It's personal. Lippert is Cashmere through and through, having been born and raised here. As she takes the reins of the Chamber, she feels a familial responsibility to her hometown.

Never judge a store front by its cover

By Matthew Ockinga

Correspondent

Never judge a store front by its cover. On the south end of downtown Cashmere sits a simple wooden building. From the outside, one may think it houses two or three stores. Yet around nine businesses happily coexist inside the quaint facility south of downtown. Those local companies will be combining to host the Holiday Market on Mission on three consecutive Saturdays at The Mission District Shops.

Christmas in Cashmere

By Matthew Ockinga

Correspondent While some enjoy the holiday hustle and bustle of big city life, small towns seem to lend their charm to Christmas. With its quaint downtown and closeknit bond, Cashmere definitely stands out as a Christmas community. That yuletide cheer will be on display once again during Christmas in Cashmere held Saturday, Dec. 3 from 11 a.m. to 4 p.m.

December, 2022

Cashmere City Council Meeting

By Kirk Beckendorf

CorrespondentSnow removal may initially be slower than normal in Cashmere, Mayor Jim Fletcher announced at the Nov 28 City Council meeting. He explained that public works is short one employee. Director of Operations, Steve Croci said he was seeking to hire 1 or 2 on-call non-benefited snowplow operators, who have municipal snow plowing experience and the required CDL license. The Council unanimously approved request. Stephenson commented that there are still a lot of people parking on the

Christmas in Cashmere

rings in the holidays By Lindsay Timmermans

Downtown Cashmere was compact snow and full of festive entertainment and crafts for kids plus holiday shopping Saturday for the Cashmere Chamber's Christmas in Cashmere event. Santa rolled into town escorted by the Cashmere Fire Department. Sure to Rise Bakery offered free cocoa for kids and there were multiple firepits downtown to warm up.

Cashmere FFA dominates the State Apple Judging Contest

SUBMITTED BY RUSTY FINCH FFA Advisor

Cashmere FFA Teams finished 1st & 2nd in the State FFA Apple Judging Contest on December 7 and landed seven individuals in the top ten. Alayna Groce was the State Champion winning the \$1,000 scholarship sponsored by the Apple Education Foundation. Prior to the State event, Cashmere FFA finished 1st, 2nd, 4th, 5th & 6th at the District Contest with 9 students finishing in the top ten. For both competitions, contestants had to identify varieties from a list of 13 apples and pears in addition to common fruit blemishes such as codling moth, indenture, leaf roller or scale to name a few. Students also had to be familiar with sections of the Private Applicators Manual, calculate projected harvest dates and identify almost 30 different insects and mites that impact the fruit industry. Finally, contestants had to determine the internal pressure of an apple as it relates to storage

Cashmere City Council

meeting By Kirk Beckendorf

Correspondent

and shipping.

Parking is prohibited on the streets and alleys of Cashmere between the hours of 4:00 a.m. and 7:30 a.m. The reminder was given at the Dec 12 Cashmere City Council meeting, by Director of Operations, Steve Croci, that these restrictions are in effect during the months of November through March to allow for snow removal. Croci also announced that any ideas for changes to the city's comprehensive land use plan, such as changes in city zoning should be submitted to the city by the beginning of February.

- 💘 Any non-profit 501(c)-(3) group, person(s).
- 🦜 Must provide: full name, city, phone number.
- \S Items pertaining to local events that are free or minimum charge.

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Wenatchee River Institute Programs

SUBMITTED BY WENATCHEE RIVER Institute

Snowshoe Strolls Thursdays-Saturdays (and select Sundays) in January and February. Begin the year with new discoveries. Join WRI for a Snowshoe Stroll through winter wonderland at either the WRI campus or the Leavenworth National Fish Hatchery. We will learn about native wildlife and ecology and the history of Leavenworth with many scenic, snowy views along the way.

Avalanche NWAC Awareness Class Tuesday, January 10 at 6:30-8:00 p.m.

Whether you ski, snowshoe, snowboard, or snowmobile, recognition of avalanche danger is an essential and potentially lifesaving skill. In this FREE class, NWAC instructors will explain how to access avalanche and mountain weather forecasts and recognize basic signs of avalanche danger.

Night Sky Snowshoe Stroll and Planetarium Thursday, January 26 at 5:00-7:30 p.m.

Witness the night sky during different seasons throughout the year, learn winter constellations and get to know our sun, moon and stars like never before. You'll enter our planetarium for a realistic view of our night sky before heading out on snowshoes to see the real

Red Barn Event: The Many Adventures of the

Free Water

Conveniently located

on Hwy 2 across

from the Big Y Cafe

in Dryden

@ 9290 Hwy 2

Analysis/Estimates

Riding Writer Thursday, January 12 at 7:00-8:00 p.m. Join WRI and Link Transit for a Red Barn Event! Danielle Worley is a "Riding Writer" and author. She uses her time in transit to up her weekly word count on her books. Selina Danko will also be joining us to share the myriad of travel options offered by Link Transit.

Red Barn Event: Leavenworth Mill Dam Rehabilitation and Recreation Improvement Project Wednesday, Wednesday, January 18 at 7:00-8:00

The Chelan County Natural Resource Department has selected the Leavenworth Mill Dam for a development of conceptual design for rehabilitation and recreation improvement. This event will give the opportunity to share the idea with the community and gather feedback to help guide the direction of project development.

Red Barn Event: Grizzly Grub - Bear Habitat in the North Cascades Wednesday, January 25 at 7:00-8:00 p.m. Join Dr. Bill Gaines, Wildlife Ecologist and Director of the Washington Conservation Science Institute, for a presentation about grizzly bear habitat and recovery. He will talk about their diverse habitat and how the North Cascades could have enough remote areas to support their potential reintroduction and recovery.

Baton Passing the **Event Saturday, January** 21st at 4:00-5:30 p.m. at **WRI River Haus.**



WRI Avalanche Class

Join us for a "passing the baton" open house to welcome Canuche and bid farewell to Carolyn. This will be a great opportunity to meet Canuche, get to know him, and ask questions. It will also be a great time to bid a fond farewell to Carolyn and honor her time and stewardship over

the last 4 years. There will be light snacks and drinks available. Stay tuned for more



Rep. Goehner named ranking Republican on House Local Government Committee

Submitted by Washington State House Republicans

Rep. Keith Goehner, R-Dryden, will continue to lead Republicans on the Local Government Committee in the state House of Representatives.

Washington State House Republicans recently announced their committee assignments for the upcoming 2023 legislative session.

The House Local Government Committee considers issues relating to the operations and financing of counties, cities, and some special purpose districts. It will also look at legislative proposals related to local government open meetings and public records obligations, and the administration of local land use, zoning, building, energy and health codes.

Goehner, a former four-term Chelan County commissioner. feels his experience in local government provides perspective beneficial to local entities.

"I have been, and will continue to be, an advocate for local government. Our local entities provide the most basic and essential services to our constituencies, and it is imperative we work with them at the state level." said Goehner. "I am hopeful the committee could work on affordable housing issues such as the Growth Management Act, zoning, and some of the well-intentioned regulations with poor results that are driving up housing costs."

Goehner will once again serve on the House Environment and Energy and Transportation committees.

"The new Twelfth District boundaries provide us an opportunity to work with communities on the east and west side of the Cascade mountains to address critical transportation needs and ensure goods and services are moved efficiently across the mountains," said Goehner. "While transportation funding is reaching a critical juncture, maintenance and preservation needs to be a top priority. However, we must find some common-sense solutions to ensure we are getting muchneeded projects in our region."

The 105-day legislative session is scheduled to convene on Jan. 9, 2023.



SUBMITTED PHOTO Rep. Keith Goehner

EXCAVATION

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STORAGE



Energy-saving

CONTINUED FROM PAGE A1

the first two hours after power is restored, keep use of non-heating appliances to a minimum. DO NOT go near, touch or try to move

any lines on the ground or trees tangled in them - stay far away and call the PUD at 877-783-8123 or 9-1-1 for help.

Find more tips on "weathering" a cold snap at chelanpud.org/ ColdWeatherTips.

Map of Cascade Mountains and Leavenworth



The Leavenworth Echo

215 - 14th Street Place your order by phone or e-mail: 509-548-5286

*Postage extra if mailed classifieds@leavenworthecho.com

■ COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club: meets at Cashmere Presbyterian Church hall, noon. Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.

Mission Creek Community Club: meets every month, 7 p.m. (1st and 3rd Wed.)

Cashmere Food Bank, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd

Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.

Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64. 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August

Friday no events

Saturday

American Legion Bingo, first call is at 6:15 p.m. American Legion Hall, 401 Sunset Hwy. Cashmere. Call 509-888-1904 and leave a message for Wiley Collins.

Sunday

CHURCH: See the church page for local service times and events.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton,

509-669-3159. (4th Mon.) Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.)

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd

Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)

Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu Cashmere School Regular Board Meetings, are

typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.

Chelan Douglas Republican Women, Meetings at Highlander Golf Club, 2920 Eighth St. S. E. East Wenatchee Please, RSVP if you want to have lunch. Check-in begins at 11 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Tuesday

Icicle & Peshastin Irrigation Districts: Current meeting time 8 a.m. at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 509-782-2561 or tony.iid.pid@ncwi.net,

Peshastin Water District, meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)

The Chelan County Cemetery District #2 (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Cashmere Public Library: 509-782-3314 You can order your books online at newlibraries. org or call 1-800-426-READ (7323).

Mon.,Tues.,Thurs., and Fri., 9-6, Wed. 1-6 and Sat.,10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online

at cashmere@ncwlibraries.org

Cashmere Museum and Pioneer Village Call for more information 509-782-3230

Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed

■ MEETING SCHEDULES FOR AA, **ALANON, CELEBRATE RECOVERY**

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave. Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939 Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

CHELAN COUNTY SHERIFF **FIRE & EMS REPORTS**

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided

Dec. 23

10:09 Non-injury Accident, 3500 block Bridge St., Monitor 12:53 Suspicious Circumstance, 5183 Mission Creek Rd. 17:52 Theft, 1165 Willems Rd. 18:21 911-call, 817 Pioneer Ave. 19:05 Harassment/ Threat, 56 Lilac Ln.

23:55 Public Assist, Nahahum Canyon Rd.

Dec. 24

01:37 Disturbance, 108 Cottage Ave., Club Crow 07:30 Welfare Check, 1646 Lower Monitor Rd., Monitor 10:27 911-call, 817 Pioneer Ave. 13:01 Trespassing, 300 Aplets Way, Hometown Market 13:09 Trespassing, 108 Cottage Ave., Club Crow

13:44 Welfare Check, 305 Elberta Ave.

14:19 Parking/ Abandoned Vehicle, 401 Elberta Ave., Grace Lutheran

16:59 Suspicious Circumstance, Eels and Hughes Roads 20:22 Civil Dispute, 5170 Mission Creek Rd.

21:21 Weapons Violation, 8734 School St., Dryden

Dec. 25

00:02 Public Assist, 239 Independence Way 12:59 Non-injury Accident, 6700 block Stine Hill Rd. 14:00 Welfare Check, 305 Woodring St.

18:00 Welfare Check, 305 Independence Way 20:35 Noise Complaint, 6801 Dryden Ave., Dryden

Dec. 26

10:53 Public Assist, 5420

Woodring Canyon Rd.

Dec. 27

00:41 Traffic Offense, US Hwy. 2 and N. Dryden Rd., Dryden 07:32 Non-injury Accident, 130 Titchenal Way, Martin's IGA

20:17 Suspicious Circumstance,

113 S. Douglas St.

07:55 Parking/ Abandoned Vehicle, 5420 Woodring Canyon Rd.

08:27 Agency Assist, US Hwy. 2 and Aplets Way 10:21 Parking/ Abandoned

Vehicle, 8133 N. Dryden Rd., Dryden 12:36 Trespassing, 117 Aplets

Way, Cashmere Valley Bank 12:43 Court Order Violation, 5177 Woodring Canyon Rd. 16:44 911-call, 817 Pioneer Ave. 17:00 Public Assist, 2294 Easy St., Monitor

21:51 Suspicious Circumstance, 8500 Main St., Independent Warehouse, Dryden

Dec. 28

01:26 Civil Dispute, 426 Cottage Ave.

05:01 Diversion, 817 Pioneer Ave. 08:09 Parking/ Abandoned Vehicle, School and Main Streets, Dryden

15:19 Hazard, 306 Woodring St. 15:20 Assault, 5177 Woodring Canyon Rd.

15:35 Public Assist, 320 Chapel

16:02 Domestic Disturbance, 5300 Wohlers Rd.

19:03 Fireworks, 4702 Yaksum Canyon Rd. 23:02 Agency Assist, 7652 Stine

Hill Rd., Dryden 23:10 Suspicious Circumstance, 310 River St,. laundry mat

Community Foundation Awards and Grants to NCW Nonprofits

SUBMITTED BY JENNIFER DOLGE

The Community Foundation of NCW has awarded \$412,000 through the Regional Impact Grant (RIG) program to 52 nonprofits across North Central Washington.

The RIG provides annual core operating support to eligible nonprofits in Chelan, Douglas, and Okanogan counties serving their community in a variety of ways - through access to the arts and cultural experiences, protecting the environment, building and maintaining recreation areas, improving health services, and programs that support our youth and seniors. "The RIG is the largest grant opportunity for nonprofits in our region" said

Beth Stipe, the foundation's executive director. "Over the years, we have continued to shape the grant program to best serve the needs of our region and this round of grants really showcases the breadth of nonprofit work that our communities depend upon."Often in philanthropy, the larger and more established organizations have a competitive edge in the grant process, but the Community Foundation strives to support a variety of nonprofits including smaller, volunteer-run organizations. This year the size of the grant award was based on the size of the organization which allowed the Trustees to focus on providing a balanced number of grant awards

don't expect organizations to have professional grant writers on staff, so our Board is committed to connecting with every applicant through a site visit with a team at the Foundation to learn more about their work" said Claire Oatey, director of community grants, "We find this helps level the playing field and it's such a rewarding experience to connect with these groups who are so passionate about making their community a better place for all."The funding for the grants comes from unrestricted dollars gifted to the foundation and a portion of the fund management fees. "These grants wouldn't be possible without the generosity of people in our community who have left legacies to ensure the community they loved continues to be cared for and protected for future generations," said Stipe.

across budget sizes. "We

Upper Valley 2022 Regional Impact Grant Awards

ChumstickWildfire Stewardship Coalition: \$6,000.00 Grunewald Guild: \$10,000.00

Icicle Creek Center for the Arts: \$10,000.00 Lake Chelan Arts Council: \$6,000.00

Community Leavenworth United Methodist Church (Backpack Food Program): \$6,000.00 Leavenworth Summer

Theater: \$6,000.00 Mountain Sprouts Children's Community: \$10,000.00 NCW Arts Alliance: \$6,000.00 NCW Community Toy Drive: \$6,000.00

Small Miracles: \$6,000.00 Stage Kids WA: \$10,000.00 Together for Youth: \$10,000.00 TREAD (Trails Recreation Education Advocacy Development): \$10,000.00



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UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH

103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



CASHMERE COMMUNITY CHURCH

213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana cashmerecommunitychurch@gmail.com



Sunday Worship Service at 10 am 5800 Kimber Rd., Cashmere 509-782-2825 christcentercashmere.com



GRACE LUTHERAN CHURCH 509-860-0736 401 Elberta Ave., Morning Prayer or Holy Eucharist. Services, 10 a.m. Pastor Rob Gohl

St. James Episcopal Church

 509-860-0736 222 Cottage Ave. Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

CORNERSTONE CHURCH Leavenworth Grange Hall 621 Front St. • 509-433-7477 Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619

10 a.m.Sunday Service, Pastor Jo Dene Romeiin-Stout Leavenworthumc.org leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.

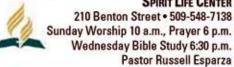
FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following https://www.flcleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com

> LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell

Email: info@leavenworthbaptist.com

SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997 SPIRIT LIFE CENTER 210 Benton Street • 509-548-7138



MONITOR



MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana

PESHASTIN

PLAIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



New Life Foursquare Church 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com



PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org

facebook.com/plaincommunitychurch office@plaincommunitychurch.org

CASHMERE VALLEY

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Phone: 509-782-3781 On the Internet

website: www.cashmerevallevrecord.com e-mail: Reporter@cashmerevalleyrecord. com

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Have an idea for a story?

Call the Record at 509-782-3781

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The Washington Outdoors Report

Catch and keep sturgeon

By John Kruse

Catching and actually keeping a sturgeon is a great way to kick off the new year and you can do just that this winter in the Columbia River Gorge. This special sturgeon fishery opens on New Years Day and anglers will be able to keep one sturgeon a day and a

total of two per year upstream Bonneville Pool, is open for of Bonneville Dam to McNary

In the Bonneville pool to the Dalles Dam there is a harvest quota of 675 sturgeon. The size limit for sturgeon is a little smaller here than in the other two pools. Keepers must measure between 38 to 54 inches from the tip of the nose to the fork of the fish's

The Dalles pool, like the

Help Support The Cashmere Food Bank

Items to donate are: Canned foods

(not expired), Dry beans,

peanut butter, tuna.

Cashmere Food Distribution Center is located

at 316 River Street and open on the 2nd and

4th Wednesdays from 3-4 p.m.

For further

information or to make

a cash donation call

Pam, 509-245-6464

Or you can write a

check to: Cashmere

Food Bank, PO Box

225, Cashmere,

WA 98815

sturgeon fishing on Mondays, Wednesdays and Saturdays. There is a 190-sturgeon quota in the Dalles pool to John Day dam and the fish must measure between 43 and 54 inches from The Dalles to McNary dam. The John Day pool has the smallest quota, only 105 fish, and is open for fishing seven days a week. Despite this it is historically the last pool to close for catch and keep sturgeon every winter.

Twisted Waters Guide Service and will be fishing in the Gorge for sturgeon again this January. I asked him why the John Day pool is the last to close despite the seven day a week fishery and the smallest harvest quota. Marc replied, "Those fish have a lot of good terrain to hide out in and it's a little bit harder to catch them up there in my opinion."

of bait he uses for wintertime sturgeon, Bush said, "Sometimes they are biting sturgeon candy (aka - squid), sometimes it's nightcrawlers or shad or chunks of dead fish. It's kind of an experimental, find out as you go thing for

Bush will be fishing between The Dalles and John Day dams this winter for sturgeon. You can book a trip with him by calling 253-468-0610.

Marc Bush is the owner of

Asked about what kind



Sturgeon, Waterfowl and Boats

Waterfowl Hunting

Ponds, wetlands and lakes are pretty well frozen over at this point but waterfowl hunters can find success in the new year hunting rivers and streams where ducks and geese will congregate. The Columbia River shines as a great place to go this now for both diving and puddle ducks but smaller rivers and streams hold healthy numbers of ducks as well. The ducks and geese need to feed as well and will often do so twice a day during the winter months. Scouting wheat or cut corn fields for ducks or geese and getting permission to set up on them can lead to limits if you are willing to brave the cold and wait for those web-footed birds to come in.

Portland Boat Show

The first big boat show of 2023 will be taking place at the Expo Center in Portland. It's the Portland Boat Show put on by O'Loughlin Trade Shows from January 11-15. With hundreds of boats of all sizes spread out over 200,000 square feet, there will be a big selection of watercraft and accessories to see here.

Trey Carskadon with O'Loughlin Trade Shows says, "This show is interesting because it has evolved into one of the largest sportfishing boat shows in the country. There's more variety of fishing boats to look at and buy at this show than any other show in the country we are aware of. There's also lots of pleasure style boats (wakeboard, wake surfing, cruisers, runabouts) available as well.

Trey continued by saying, Being the first boat show of the year, it gives buyers the opportunity to find inventory that hasn't been picked over at the later boat shows later in the month and in February and on." You can find out more about the Portland Boat Show at www.pdxboatshow. com.

John Kruse – www. northwestern outdoors.comand www. america out doors radio.com



Cashmere High School Students (from left) Dalan Smart, Fernando Betancourt, Faith Kert, Kris Cisneros, Jaxon Dewitz, Raquel Pedraza, Ojamed Orozco, Alonzo Rojas presented information about 401Ks to employees at Crunch Pak on Dec. 14.

By Matthew Ockinga **Correspondent**

CASHMERE — While keeping an eye ahead, the Future Business Leaders of

Cashmere High School recently combined real-time skills with financial forecasting. On December 14 eight members of Trevor Kert's Advanced Computer Applications class present. FBLA students from 401K and investing to over 40 develop this skill," said Chad Crunch Pak."

employees at Crunch Pak, a local company that focuses on healthy snacks.

"It is always difficult to present, so any opportunity

Zimmerman, Vice President of Human Resources at Crunch Pak. "The students spoke well and answered get up in front of a group to questions. It was a great experience for the students America must also live in the presented on the important of to do this helps grow and and a great partnership for

Kert leads the students in FLBA and CTE (career and technical education) classes. Both entities contain leadership components. FBLA has nine specific goals, one of which is community outreach. In Kert's classes, he teaches his students modern programs such as Microsoft PowerPoint and Microsoft Excel. During fall, he and several students toured the new Crunch Pak facility where these programs, and others, are used every day. After the tour, Kert posed a question to Zimmerman. "How can we come back and do something for you guys?" The two conceived the idea of students visiting with employees and using PowerPoint to emphasize the importance of early investments and starting a 401K. Kert made the project classroom assignment and divided his group into teams. After they made their slideshows, the class voted on the best presentations, and those students earned the right to bring their projects to Crunch Pak. For most of the

students, this project proved their first time speaking in public. Yet Kert didn't have to twist the arms of his kids. The students were eager to volunteer and practiced in front of the class with a big audience. Zimmerman also visited the classroom to help hone the presentations. He sent the students the Crunch Pak 401K plan details which helped influence the content of their slides. The chosen students presented in both Spanish and English. Each group had over 20 employees. The students' poise and flexibility impressed Kert as they had to answer questions and in some cases translate those inquiries on the

"The big part about CTE classes is you try to bring the real world into the classroom," Kert said. "A cool part of this project is that they got to leave the classroom twice, once this fall to see a real office that was using what they were learning in the advanced computer class, and then they also got to get into a real office.

Before the presentation, the students were immersed in the complex world of retirement and financial planning after partaking in a nine-week budget simulation called Budget Challenge. This activity helped accomplish another FBLA goal: increasing students' knowledge of sound financial management. Through the Budget Challenge, done mostly outside of class, these budding investors learned how to pay bills and budget their assets. They placed money from their paychecks into the simulated 401K and watched it shrink or grow. Kert said this experience helped them directly with their Crunch Pak presentations.

"We cover the important things that will help them learn to pay bills on time and to invest early. There are all sorts of stuff about credit cards and credit score," he said. "That simulation helps teach them that part. That's where they got some of their material to teach others by learning the importance of starting to invest early."

With the students becoming both parties teachers. benefitted. Zimmerman feels partnering with local schools and expanding these efforts is a key goal of his company moving forward.

"We received feedback from our employees that they enjoyed having the group of high school students here presenting to them and how it was a great opportunity for us to continue to partner with local high schools," Zimmerman said. "The true benefit for our employees was that the presentations created conversation and raised additional questions around benefits offered by the company, what employees needed to do to participate in 401k benefits, and generally had people thinking and talking about saving for retirement."

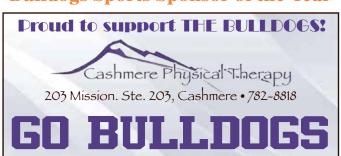


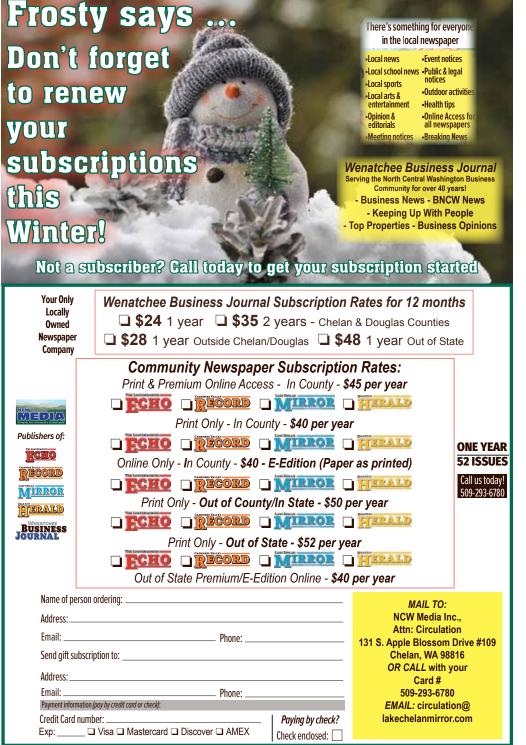
GIRLS BASKETBALL											
Jan. 9:	Cashmere vs. Chelan at Town Toyota Center at 6:00 p.m.										
Jan. 11:	Cashmere vs. Quincy, Away at 5:45 p.m.										
BOYS BASKETBALL											
Jan. 9:	Cashmere vs. Chelan at Town Toyota Center at 7:30 p.m.										
Jan. 11:	Cashmere vs. Quincy, Away at 7:15 p.m.										
GIRLS WRESTLING											
Jan. 6:	Gut Check - Girls, Away at ShoWare Center at 12 p.m.										
	BOYS WRESTLING										
Jan. 4:	Cashmere vs. Wapato, Zillah, Grandview, Away at 5 p.m.										
Jan. 7:	Sky Valley Invitational, Away at Sultan at 9:45 a.m.										

Sports Schedule

BOYS BASKETBALL								
Cashmere 47, River View 26, Win								
Cashmere 85, Granger 41, Win								
GIRLS BASKETBALL								
Cashmere 45, Zillah 34 Win								
Cashmere 51, E llensburg 34, Loss								

Bulldogs Sports Sponsor of the Year







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Puzzle Solution

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Announcements

Lost & Found

LOST & FOUND ITEMS

can be placed in our **Local Newspapers** and Online at NCWMARKET.COM for

ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286

or email classifieds@leavenworth echo.com

Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507 or email mirrorads@lakechelan

Deadline Noon on Friday for the next week's papers

mirror.com

Happy Ads

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY CONGRATULATIONS!** WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

General Interest

Trouble hearing your TV?

EARS' TV Voice Clarifying Wireless TV Speaker. Better than a soundbar and/or turning the TV volume way up. Special, limited time \$50 off offer. Call TV Ears. Use code MBSP50. Call -844-541-3425

Reverse Mortgage

REVERSE **MORTGAGE** A Better Way to Live

(Митиаг*•* Отана

Let's Talk

Carlos Mata NMLS #70770 Reverse Mortgage Specialist 509.662.5495

cmata@mutualmortgage.com 710 N. Miller St. Wenatchee, WA 98801

Mutual of Omaha Mortgage, Inc., NMLS ID 1025894 WA Consumer Loan Company License CL-1025894. These materials are not from, or approved by HUD or FHA. www.nmlsconsumeraccess.org Subject to credit approval. #967202734 🗈 Equal Housing Lender



Try the pet section on NCWMarket.com

Employment

Help Wanted

Looking for a great

local employee? It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site. Want Print Only for The Lake Chelan Mirror Quad City Herald

Call 509-682-2213 or email mirrorads @lakechelanmirror.com OR

Brewster

Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

City of Pateros Public Works Department

The City of Pateros has a current opening in the **Public Works** Department. This position is a non-exempt position performing manual to journey level work in the parks, streets, buildings and utilities of

the City of Pateros. This is a full-time position, wage scale starting at \$3,987 to \$4,333 per month plus benefits. Desirable qualifications include a valid commercial driver's license, Public Pesticide License, irrigation and landscape maintenance,

street repair and maintenance, water or sewer certifications and heavy equipment operation. The position requires the ability and willingness to perform manual labor, including lifting of heavy objects. Background check and drug test will be required before hiring. Applicant must have a valid WA State Driver's License and provide current driving record from DOL. Experience in similar position is desirable. A complete job description and application can be obtained by calling (509) 923-2571, or email pateros@swift-stream.com. When submitting application, please include a resume and cover letter. Position is



NCW

open until filled.

Windermere

Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?

Give us a call today!

Robyn Bodajla - 617-462-3402 Momi Palmieri - 509-433-2211 Geordie Romer - 509-679-8958 Allyson Romer - 509-630-9898

See all available properties at windermereleavenworth.com

Help Wanted



Public Works Truck Driver/ Laborer The Chelan County Public Works Department seeks one applicant for a Truck Driver/ Laborer in the

Leavenworth District. The duties include a wide variety of maintenance activities, such as flagging; performing manual labor; driving trucks with pups, sanders and plows; paving and chip sealing; and/or

operating light and heavy equipment. The salary range is Step 2 at \$21.41 per hour to Step 9 at \$29.70 per hour. Starting salary dependent on qualifications and experience. Employees receive an ANNUAL progression of steps until reaching Step 9. Work includes opportunities for overtime. The position includes a state retirement

comp program available. Health insurance package includes Medical, Dental, Vision and county contributions to a personal health savings account. Typical work schedule is four 10-hour days during the summer and five 8-hour days in the winter.

system, with a deferred

3 floating personal holidays. This position requires a Washington State Driver's License, Class A CDL with Tanker Endorsement. We prefer candidates

Includes 10 holidays and

have current First Aid/CPR and flagging cards, but we will work with you to obtain within 4 months of employment. Applications and a detailed job description are available at the Chelan County Human Resources Career Opportunities page:

https://www.co.chelan. wa.us/human-resources/ jobs

The application, letter of interest and resume must be returned to the Chelan County Human Resources Department, 400 Douglas Street, Suite #201, Wenatchee, WA., 98801,

or emailed to human.resources@co. chelan.wa.us this

position will remain open until filled.

MARKET.COM

Help Wanted



School District is seeking qualified applicants for the following position:

 Cascade High School **Head Golf Coach**

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Permit Technician

The City of Leavenworth is seeking an energetic self-motivated individual for a full-time position as Permit Technician for Community Development Department. The ideal candidate will have demonstrated excellent organization skills through filing or similar job activities, and have good communication (written and verbal) skills. This position performs a variety of technical and administrative tasks to expedite the processing and issuance of complex and routine permits for multiple departments. Incumbents accept, review, route, and issue permit applications for routine projects as well as large commercial projects. Incumbents utilize the permit tracking database, review applications for accuracy and completeness, determine permit fees, route plans for approval, and monitor and coordinate the processing and issuing of permits. Duties include responding to inquiries about the permit application process, applicable codes, and inspection requirements. This position is a union position with a salary range of \$4,831-\$5,440/ month (based on step increases over time); excellent benefits and retirement package included. The full job description and application are available on the City website at www.cityofleavenworth.co m/employment or by contacting the City of Leavenworth at (509)548-5275 or 700 US Highway 2, Leavenworth, WA 98826. First review of applications will be on January 15, 2023. Position will remain open until filled.

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at

www.NCWMarket.com Register and pay on our secure site.

Want Print Only? Call

Lake Chelan Mirror Quad City Herald 509-682-2213 or email mirrorads @lakechelanmirror.com

or call The Leavenworth Echo Cashmere Valley Record 509-548-5286

echo.com Deadline: Noon on Friday for all papers.

classifieds@leavenworth

Garage & Yard Sale

CLEAR SOME SPACE WITH A



CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at** Noon for all papers

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!





Place your Help Wanted Ad online at NCWMarket.com 24/7 and find the best qualified local employee

equal

employer.

NCWMarket.com is a classified advertising service of NCW Media, Inc. Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

- The good news about NCWMarket.com is:
- It's available 24/7 · Rates start as low as \$5 per month
- Google says we averaged 5,277 visitors per month last year
- You can have multiple photos even videos You can protect your identity until you decide to respond to inquiries, OR
- · You can include a map to your business

opportunity

- · You can change the ad anytime you want -
- as often as you want We don't sell your email address or
- any of your personal information · Our monthly subscription programs allow you
- to change your ad entirely at no additional charge

Place your ad now: NCWMarket.com

Vehicles

Trucks & Vans

FOR SALE Leavenworth Original owner White, 2008 GMC TRUCK

1/2 ton, 4 x 4- V-8 extended cab and a canopy, new battery. New transmission in 2019 Very clean, 143, 964 miles, lots of extras. New price \$16,500 OBO

Call to make appt. to see Carol 509-670-1723. See photo on NCWMARKET.COM

Legals

Public Notices

SUPERIOR COURT OF WASHINGTON

FOR CHELAN COUNTY In the Matter of the Estate of HAROLD L. SMITH, Deceased. No. 22-4-00582-04 NONPROBATE NOTICE

CREDITORS RCW 11.42.030 The notice agent named below has elected to give notice to creditors of the above-named decedent. As of the date of the filing of a copy of this notice with the court, the notice agent has no knowledge of any other person acting as notice agent or of the appointment of a personal representative of the decedent's estate in the State of Washington. According to the records of the court as are available on the date of the filing of this notice with the court, a cause number regarding the decedent has not been issued to any other notice agent and a personal representative of the decedent's estate has not been appointed.

Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to the notice agent or the notice agent's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the notice agent's declaration and oath were filed. The claim must be presented within the later of: (1) Thirty days after the notice agent served or mailed the notice to the creditor as provided under RCW 11.42.020(2)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.42.050 and 11.42.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: December 28, 2022

The notice agent declares under penalty of perjury under the laws of the State of Washington on 19th day of December, 2022, at Wenatchee, Washington, that the foregoing is true and correct. DAVID J. BENTSEN

Notice Agent: DAVID J. BENTSEN Address for Mailing or Service:

c/o Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881

Wenatchee, Washington 98807

Court of Notice Agent's Oath and Declaration and Cause Number: Chelan County Superior Court 22-4-00582-04 No. Cause Published in The Leavenworth Echo/ Cashmere Valley Record on Dec. 28. 2022 and Jan. 4, and 11, 2023. #5076

Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR **CHELAN COUNTY**

In the Matter of the Estate of JOEL MAXIMILIAN MERK, Deceased. NO. 22-4-00558-04 PROBATE NOTICE TO **CREDITORS** The Administrator named below has been appointed as Administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the

Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever

barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: December 21, 2022. ADMINISTRATOR: Siegfried Stefan Schirmer ATTORNEY FOR

ADMINISTRATOR: Ryan Smolinsky ADDRESS FOR MAILING OR SERVICE: **OVERCAST LAW OFFICES** 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court. No.

22-4-00558-04 OVERCAST LAW OFFICES By: /s/ Ryan Smolinsky, WSBA No. 46521 Attorney for

Administrator. Published in The Leavenworth Echo/Cashmere Valley Record on Dec. 21, 28, 2022, and Jan. 4. 2023.#5035

Public Notices

Notice is hereby given that the Upper Valley Park and Recreation Service Area (PRSA) is announcing its annual meeting dates for 2023. The Board meets six times annually with the meetings scheduled for January 11, March 8, May 10, July 12, September 13, and November 8. Beginning at 3:00 p.m. in the room conference at Leavenworth City Hall, 700 US Highway 2. Also available via

https://zoom.us/j/96770135611?p wd=ZkJtMGRhZENiVIZFNTZNcF pSZ05iQT09

See the City of Leavenworth website for agenda details when

www.cityofleavenworth.com. The public is invited to attend meetings and make comment. Brandi Mynatt Assistant Deputy / PRSA Clerk City of Leavenworth Published in The Leavenworth Echo/Cashmere Valley Record on Jan. 4. 2023. #5119



Public Notices

Invitation to Bid Upper Valley MEND Community **Cupboard Roof Sealing Project**

PROJECT INFORMATION:

Notice to Bidders: Upper Valley MEND is currently soliciting bids from licensed contractors for the replacement of the roofs at our Community Cupboard food bank building, 219 14th Street in Leavenworth, WA.

SCOPE OF WORK:

The selected contractor will conduct all necessary prep work and replace the existing surfaces of three (3) different roofs on the Community Cupboard building with fully waterproof а material. replacement replacement material should be warrantied for at least 20 years and rated for prevailing local weather conditions.

THE BIDS SHALL INCLUDE: An assessment of contractor's approach completing the work.

 The total cost of all the work to be performed.

· A projected time schedule of the work. The work should be completed by July 1st, 2023. Please note: Federal law requires that this contract be paid at

prevailing wage rates. BIDS MUST BE RECEIVED BY 4 PM (PST) ON JANUARY 20TH,

Please complete the attached form and return to Bob Mark, Human Services Director at bob@uvmend.org or send to Bob Mark, Human Services Director, PO Box 772, Leavenworth, WA

Questions should be directed to Bob Mark at bob@uvmend.org. You can find this form online at: https://www.uvmend.org/press-rel

eases-and-articles Please provide the following information:

Business Name: Business Address: _ Business Phone: Business email: Business License #:

Bonded/licensed/insured?

How will you complete this work? Include how you will prepare the roofs and what materials you will use to seal the roofs.

Please provide a budget, including cost of labor and materials. Please provide a timeline for this

project, including an estimated start date and time to complete. Echo/Cashmere Valley Record on Dec. 21, 28, 2022 and Jan. 4, 2023. #5040



Upgrading your 'ride'? we can help you sell your old one

 Place your ad 24/7 at ncwmarket.com · Email: classifieds@ leavenworthecho.com

Call 509-548-5286

THEME: GEOGRAPHY 101

ACROSS

6. Baryshnikov's step

Helpful tips from 2022

Although supplements can be helpful, many people and up wasting their hardearned money. Here's how to determine if taking a particular supplement is helping you:

First, decide which symptoms you hope to improve.

Answer the question, "If this really helped you, how would you know?" What exactly do you expect it to do? Relieve your pain? Increase your energy? Help you lose weight?

Next, create a BEFORE and AFTER scoring system.

Before starting supplement, record the current level of each element you'll be tracking. For example, if you want more energy, score your present energy level using a scale of either 1 to 5 or 1 to 10.

Finally, after starting your new supplement, keep score.

At least 2-3 times a week, notice how you are doing on each symptom and record it in your symptom diary.

Checking the scores before and after you start a supplement will show you whether there is any improvement in the areas you are expecting to see a benefit. If there is no measurable difference in scores after four to eight weeks, it's not worth your money. Try something else instead.

ASPIRIN:

Aspirin does not help if you are healthy.

I still run across people who take daily aspirin only because they think they should. If you are diabetic, have heart disease, or have a history of stroke, aspirin can help prevent a future attack. But for healthy people, taking aspirin daily increases your risk of devastating bleeding into your brain should you fall. Your doctor can tell you if you would benefit from taking aspirin.

Avoid using full-dose aspirin for aches and fever.

Taking full-dose (325mg) aspirin for pain or fever increases your risk of bruising and bleeding, especially if you are taking a blood thinner like clopidogrel (Plavix®), warfarin (Coumadin® or Jantoven®), Pradaxa®, Xarelto®, or Eliquis®. Instead of aspirin, try Tylenol® (acetaminophen) instead. Taking a baby aspirin daily is okay if your doctor recommends it in addition to your other blood thinner medication.

NOSE SPRAY:

Always inhale gently when using a nose spray.

Breathe in gently while spraying. Snorting can carry the medicine down your throat instead of where it is needed. Aiming the sprayer's tip toward your ear, away from the tissue

1. Surfer's "man"

3. Ditty

4. Extremist

Louise

between your nostrils, helps prevent irritation and

bleeding. Try a different nose spray before giving up.

There are four different steroid nasal sprays to choose from. If, at first, you don't get relief or experience side effects like having a nosebleed, try a different one. You can select from Flonase Allergy Relief® (fluticasone), Nasacort Allergy 24-Hr® (triamcinolone), Rhinocort® (budesonide), or the newest OTC, Nasonex® 24HR Allergy (mometasone). Nasacort Allergy 24-Hr® is safe for children as young as 2 years old.

Limit decongestant nasal spray use to 5-7 days.

Decongestants like Afrin® work fast, but you should switch to a steroid nasal spray for more extended relief to avoid rebound stuffiness. Some people find that using a steroid and decongestant spray together at first works well for them.

FOOT AND TOENAIL **FUNGUS:**

Scrape off extra toenail material before applying an antifungal product.

It's tough to control fungus that has invaded your toenails. Filing off any excess toenail can help topical treatments get down into the nailbed, improving your odds of success.

When treating "athlete's foot," don't quit too soon.

Once your skin symptoms have disappeared, keep using the medication twice daily for at least another two weeks. This helps the fungus get entirely out of your skin. If you leave any tinea fungus alive inside the skin layers of your feet, it can multiply and spread, putting you right back where you started.

LIQUID BANDAGE: Which liquid bandage product should you

choose? There are several brands and formulations of liquid bandages. New Skin® will sting for the first 5 seconds when applied to open cuts. Both Bactine® Max with Lidocaine and CVS Liquid Bandage® contains a topical analgesic to minimize the discomfort of "stinging."

Some liquid bandage products use an alcohol-free formula, which minimizes stinging and dry skin. The trade-off is drying time. Alcohol-free liquid bandages take longer to dry, up to 2 minutes instead of just 30 seconds. SICKNESS

MOTION **MEDICINE:**

Choose meclizine over dimenhydrinate.

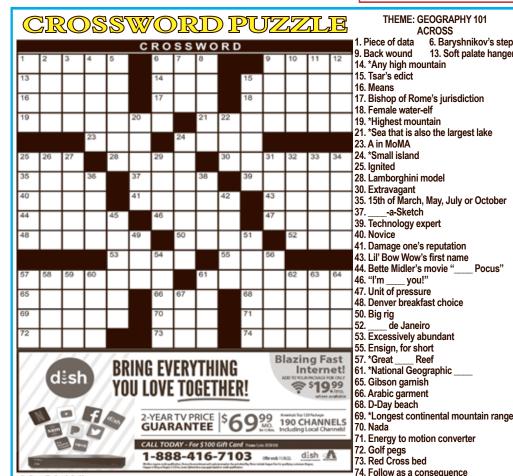
Meclizine is the active ingredient of Bonine® and Dramamine® Less Drowsy Formula.

Meclizine works for dogs, too.

Use one 25mg tablet of meclizine once daily for dogs over 25lb, and half that dose if they are smaller. If your dog takes medication, contact your veterinarian.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, The Medication Insider. com.©2022 Louise Achey





Soft palate hanger 5. Masters without t 14. *Anv high mountain 6. Ghost of Christmas 15. Tsar's edict 16. Means 7. Miller High Life, e.g. 17. Bishop of Rome's jurisdiction 8. Four-eyes' gear 9. Bypass 10. Uber alternative 18. Female water-elf 19. *Highest mountain 11. *The largest continent 21. *Sea that is also the largest lake 23. A in MoMA 12. Past participle of "be" 15. Remove from political office 24. *Small island 20. Eyelid infections 25. Ignited 28. Lamborghini model 22. Opposite of nothing 30. Extravagant 35. 15th of March, May, July or October 24. Burning aroma producer 25. *___sphere, the solid earth 26. "She is pulling my leg," e.g. _-a-Sketch 39. Technology expert 27. 9 a.m. prayer 40. Novice __sphere, air surrounding earth 31. Sleeveless garment 32. Blood of the gods, Greek mythology 33. Harry Belafonte's daughter 41. Damage one's reputation 43. Lil' Bow Wow's first name 44. Bette Midler's movie "____ sphere, all water on earth you! 47. Unit of pressure 36. Aretha Franklin's genre 48. Denver breakfast choice 38. Type of crime 50. Big rig 42. Young Montague _ de Janeiro 45. Brown and yellow finches 53. Excessively abundant 49. Cravat or bola 51. Financial gain 55. Ensign, for short 57. *Great ____ Reef 61. *National Geographic 54. 100 centimes 56. "Barefoot in the Park" playwright 65. Gibson garnish 57. Summer ride

60. Sturgeon __

61. Table mineral

62. Chow or grub

63. Biblical pronoun

64. Ready and eager

sphere, all life on earth

DOWN 2. Tel ____, Israel 58. "Green Gables" protagonist 59. Amusement park attraction and salmon

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



Prices effective January 4-10, 2023



www.igamarketfresh.com

