



## 2023 Legislative Session: Committee work continues as floor debates approach

By SENATOR BRAD HAWKINS  
12th District.

The legislative session has begun its third week and much work is occurring. The session itself is based on a rigorous schedule involving committee work, bill consideration, and budget development. The first major phase of each session is the committee work, which includes separate groups of legislators hearing briefings and testimony on proposed legislation. If the legislative proposals receive committee approval, they advance to the next stage in the process, which could include floor debate. If a Senate bill advances through the Senate chamber, it must also successfully pass the same process – including committee approval and floor debate – in the House of Representatives. The same is true for a bill that originates in the House. Before the House or Senate can debate legislation, usually later in the legislative session, it must receive approval from its assigned committee within the initial weeks of consideration.

### Legislative committee assignments

The Legislature actively participates in committee meetings throughout the session, but more so during the first several weeks to start each session and then also weeks later following the deadline for bills to advance to their other legislative chamber (House bills to the Senate and Senate bills to the House). Committee time is always a busy phase of the session. This year I will again serve on three Senate committees described

below. This session will be very busy for me with work on these committees:

#### Early Learning and K-12 Education Committee

This will be my fifth year on the Senate Early Learning and K-12 Education Committee and my fourth year as its ranking Republican member. This position is the highest-ranking minority member of the committee and the one who works most closely with the committee chair on the issues and bills that come before us. I enjoy serving on this committee because the state invests

significantly in K-12 education (43 percent of the operating budget expenditures) and I bring 10 years of experience serving on the boards of the Eastmont School District and North Central Educational Service District to my committee work.

#### Higher Education and Workforce Development

This is a new committee for me for this year, offering a change from State Government and Elections. The Higher Education and Workforce Development Committee considers issues related to higher education institutions, including our community

and technical colleges and state universities. These issues include connecting with the K-12 education system, higher education governance, financial aid, and workforce training. I look forward to learning as much as I can about higher education and workforce issues.

#### Transportation Committee

My third assignment includes serving on the Transportation Committee, which develops the transportation budget. This budget funds the construction

CONTINUED TO PAGE A2



SUBMITTED PHOTO.

As the Republican ranking member on the Senate Early Learning and K-12 Education Committee, I work closely with the chair, Senator Lisa Wellman of Mercer Island, during committee hearings.

## Cashmere City Council Meeting

By KIRK BECKENDORF  
Correspondent

At the January 23, Cashmere City Council meeting, Mayor Jim Fletcher introduced Dorien McElroy, the new manager of Cashmere's water and wastewater facilities, for contractor Woodard and Curran. She thanked everyone for the warm welcome and said that she wants to make sure they have a good close working relationship.

The majority of the meeting included discussions focused on interconnected business items related to the Sunset Highway Improvement Project.

Explanations to the Council were provided by city attorney, Chuck Zimmerman, the Mayor and Director of Operations, Steve Croci.

Following a lengthy discussion, in a 4:1 split vote, the City Council approved an Inter-local Agreement (ILA) with Chelan County for bidding and construction activities associated with the Goodwin/Sunset Highway Improvement Project. Fletcher told the Council that the agreement is basically confirming to the County that Cashmere has enough money to cover all engineering, inspection, construction costs for its portion of the project. According to city documents, the estimated total construction costs for the City's portion of the project are \$1,500,000 of which \$1,044,834 will come from grant funds. Chris Carlson voted against the agreement. He expressed a number of concerns with the agreement including how costing definitions seemed to be used interchangeably. He also said he would prefer to see specific City and County cost separated out. Also of concern to Carlson was the change orders process in the ILA. Croci said that expensive change orders would need to be approved by the city. Zimmerman responded that these would be handled the same way as if the city was bidding on a project. He added that Croci was very familiar with the project and working with the county; and that the relationship with the county has been great. Carlson said he was not super comfortable with the contract having 20 years of experience working on similar types of contracts. Council member Derrick Pratt said that since the contract is with the county, and knowing the players involved, made him more comfortable and secure with the agreement.

Also associated with the Sunset Highway Improvement Project the City unanimously approved purchasing land from the Chelan Douglas Regional Port Authority (Port).

The land will be used to collect stormwater from the improved road. A condition of the sale was to include a Perpetual Covenant Agreement, where the city also agrees to collect the stormwater from an adjacent piece of Port property into the city's new stormwater retention pond. The adjacent Port property is scheduled to be sold, for retail development.

In a 2nd 4:1 split vote, with John Perry voting against, the Council approved the Perpetual Covenant Agreement. Perry expressed concern that the city would be setting a precedent if the city is taking responsibility and ultimately providing a service for a private entities' stormwater. He asked Zimmerman if, in the future, the city needed to charge for stormwater treatment. Would anything prevent the city from charging that landowner who owned the property listed in the agreement? Zimmerman replied that was a great question and that as written, the agreement would not allow the city to charge the owner of the parcel. The attorney said he could go back to the Port and ask if they would agree to including a statement that this property would

CONTINUED TO PAGE A2

## Rep. Goehner's Legislative Update: 2023 session, a new 12th District, and upcoming Virtual Town Hall

After two years of virtual legislative sessions, legislators returned to Olympia on Monday, Jan. 9 for opening ceremonies. It was great to see the galleries filled with family, friends, and staff. Allowing the public to visit in person with state lawmakers and testify in committee is important to our legislative process. It improves transparency and provides accountability.



COMMUNITY VOICES  
By REP. KEITH GOEHNER

On Tuesday, Gov. Insee addressed the Legislature with his State of the State address. Rep. Peter Abbarno provided the Republican perspective. Since then, we have been busy with committee work and public hearings on bills.

This is my first update since election-year restrictions last May. I will continue to provide you with updates throughout the session and interim. Please feel free to share this update with others who may be interested. Each update also offers

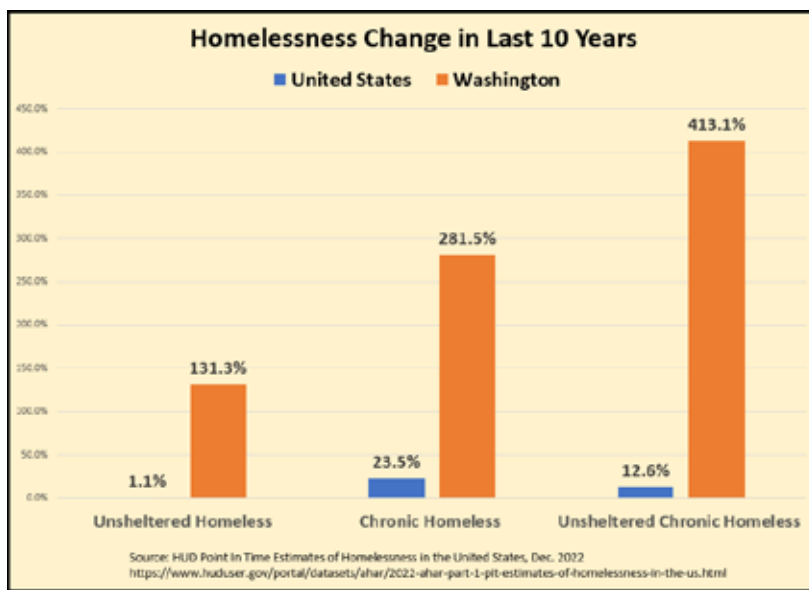
you a user-friendly option to unsubscribe.

### 12th District Virtual Town Hall

My seatmate, Rep. Mike Steele, R-Chelan, and I want to give you the opportunity to discuss any legislative or state issues you may have early in the session, so we are holding a Virtual Town Hall on Wednesday, Feb. 1, 6 – 7 p.m. You can register online on the [house.gov](https://www.house.gov) website. I encourage you to register early as space is limited to the first 500 attendees. You can also submit questions ahead of time when you register. I look forward to our visit.

### A new 12th District

Every 10 years after the census information is updated by the federal government, Washington state redraws its congressional and



legislative boundaries. The new 12th District is unique as it crosses the Cascade Mountains. It was a surprise to both sides of the mountains and those who follow the redistricting

process. The district includes all of Chelan County, most of East Wenatchee, but has relinquished

CONTINUED TO PAGE B1

## Science in Our Valley Spring Seminar Series Announced

SUBMITTED BY SUE KANE

Co-Director Apple STEM Network

The Apple STEM Network is proud to announce the full line-up for the Science in Our Valley Spring Seminar Series. The seminar series is open to the public and will kick off in February at WSU Tree Fruit Research & Extension Center located at 1100 N. Western Ave., Wenatchee, WA.

The seminar series is cross-disciplinary and provides the community an opportunity to gather insight about local research and innovation in a variety of topics including agriculture practices, anthropology, ecology and forest

health, impacts of climate change, material science, and hydrogen hubs.

Don't miss this spring's Science in Our Valley line-up:

**Feb. 8** - Antimicrobial peptides: novel products for plant disease control? Researcher: Dr. Aina Baró Sabé, Post-Doctoral Research Associate, Washington State University

**Feb. 15** - Forests at the Fringes: Detecting shifts in tree species habitat. Researcher: Dr. Tara Barrett, Research Scientist, USDA Forest Service

**Feb. 22** - Family Poultry Systems on the Southern Pacific Coast of Guatemala: Gender, Livelihoods, and Food Security. Researcher: Dr.

Amy Snively-Martinez, Anthropology Professor, Wenatchee Valley College

**Mar. 1** - Something to Wine About: Spittlebugs and Pierce's Disease in the California North Coast, Researcher: Dr. Dylan Beal, Entomologist, Washington State University

All Science in Our Valley events are free and open to the public at the WSU Tree Fruit Research & Extension Center from 4 to 5 p.m. Prior registration is not required to attend these events.

The seminar presentations are intended for a 'science-based' audience, including researchers, postdoctoral scientists, teachers, graduate students, undergraduate scientists, and science enthusiasts.

K-12 educators are also encouraged to attend the seminar series to learn about local career connections and research efforts that they can bring back to their students. Clock hours are available through the North Central Educational Service District for attending the series. Details for

CONTINUED TO PAGE B1



### THIS WEEK

Michelle's Kitchen Table.....A2	Outdoors Report.....A4	Classifieds Index
Business Directory.....A3	Church Guide.....A4	Classifieds.....B2-B3
Bulletin Board.....A3	Sports.....B1	Real Estate Guide.....B3
Community Calendar.....A3	Bulldogs Scoreboard.....B1	Advertising Flyers.....Safeway



\$100

PO Box 39  
Leavenworth, WA  
98826  
Phone: 509-782-3781

[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)



## Good Air

It's cold outside; the doors and windows are shut tight; we're inside keeping warm day and night; the air we breathe gets stale; I woke up with a scratchy throat.

Setting on Jenny, Grandma's little orange snow blower, I got chilled. I know it's important to get off that seat when it's freezing, move the feet, arms, and torso. Grandpa told me long ago that a lack of movement causes the body to get chilled; getting chilled causes sickness and how as a kid growing up in the

Rocky Mountains traveling and working on horseback, he got off the horse and walked to keep from getting chilled, then sick, then unable to do work. I know but I forgot.

Snow removal at Grandpa and Grandma's is an ongoing affair; it drains my energy; it stresses my body's immune system and keeping my immune system healthy so I can work is important to me. Usually by this time of the season I've already pulled out my bottle of essential oil, dripped drops from the bottle onto cotton balls and spread the cotton balls around our

living quarters to combat air borne disease. This year I forgot.

It was Sony who found the eucalyptus oil. When I saw him tilting the bottle to smell it, I started to grin. How could I forget something so easy; so effective; so sweet smelling?

When my body gets run down, I am grateful I have essential oils in my arsenal to fight the side effects of late nights (due to access to 24 hour light and digital entertainment) fast food (convenience food gives more time to plow snow) and comfortable seats. I know Jenny's seat may not be considered comfortable by others but once in it for a bit, it gets comfy and warmish as I run Jenny's levers. I get preoccupied blowing snow out of the driveway; I forget to pay attention to the chill that starts in the toes and finger; I forget to move enough muscles to keep my back and belly warm; I wake up with a scratchy throat that hurts when I breathe.

For some reason this year my respiratory system is at its most vulnerable. I'm taking

my vitamins as always but I'd kind of forgotten about essential oils until Sony picked up that bottle and gave it a whiff. So now, I'm busy dripping drops of eucalyptus oil on cotton balls, setting the cotton in glass containers or metal lids and placing them around the apartment. The place smells better and my sore throat is just about gone. It probably doesn't hurt that I'm eating healthy food and getting eight hours of sleep as well.

### Recipe for Better Air Quality When It's Too Cold to Open the Windows:

- 4 cotton balls (per room)
- 12 – 16 drops essential oil (3-4 drops per cotton ball)
- Eucalyptus oil, Lavender oil, Camphor oil, Tea Tree oil, Your Favorite Essential oil.
- 4 dishes for cotton balls to rest in that won't be dissolved by oil.

Place dishes (metal disks from used mason jar canning lids) in four places around the room where folks will be gathering. Keep the dishes out of reach of children and

animals. The Essential Oils I use and recommend are safe. All essential oils need to be handled with respect. It is important to me to error on the side of safety by having respectful habits from the beginning, so people are set up for success. To do that I keep in mind the curiousness of cats and kids when I use essential oils. Put 3 to 4 drops of oil on each cotton ball and lay the cotton balls on the dishes then let the aroma disperse into the room. Repeat adding the oil to the cotton balls as needed. Note 1: Make sure the essential oil in use is not synthetic essential oil. I recommend now essential oils, or any pure essential oil recommended by a knowledgeable health food store (preferably local) as being pure. Note 2: Paint, plastics, and some fabrics are susceptible to melting with repeated essential oil contact. This is because paint, plastics and some fabrics are made from Petro-chemicals that are oil based and then the essential oil mixes with oil in the paint, plastics and some fabrics on a molecular level dissolving them. I don't like it

when I take the paint off the dresser top because I wasn't paying attention... so now I use the metal disks from used mason jar canning lids. Until next time.

*About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.*

# Help change a student's life - Become a scholarship volunteer

SUBMITTED BY JENNIFER DODGE

Are you looking for a rewarding volunteer opportunity that will change the lives of students in our region? Become a Scholarship Review Volunteer.

The Community Foundation

of NCW has over 130 scholarships, each with its unique set of criteria, to financially support students entering college, university, and trade schools.

Each scholarship has a review committee that reads each application and together

determines the final recipient. Some scholarship committees include the donor and/or their family, but by law they may not make up more than half of the committee.

We are always in need of volunteers who are willing to spend the time and thoughtful

care on determining award recipients.

- The commitment:
- Must be available between March 5 - April 5, or June 5 - June 25 to review and score scholarship applications (anywhere from 10-150, depending on the scholarship) as part of a committee.
  - Must be willing to read and score applications through our online system (there will be training). This will allow you to review the scholarships from the comfort of your own home at your own pace.
  - Must sign Confidentiality and Conflict of Interest Forms.

For questions, contact Julie Mott at [julie@cfncw.org](mailto:julie@cfncw.org) or 509-663-7716.

## Brad Hawkins

CONTINUED FROM PAGE A1

and maintenance of the state transportation system, including the maintenance and preservation of roads, bridges, and ferries, as well as the state agencies and commissions that serve our transportation system. These agencies and commissions include the Washington State Patrol, Department of Licensing, Department of Transportation, Washington Traffic Safety Commission, County Road Administration Board, Transportation Improvement Board, Transportation Commission, and Freight Mobility Strategic Investment Board.

### Following the legislative process

If you are interested in

following Senate or House committee meeting agendas, committee schedules, bill introductions, and other documents for this session, visit [leg.wa.gov](http://leg.wa.gov). On the legislative website, you can search for a specific bill or information about it. Since this is a "long" session of 105 days, there will likely be hundreds of proposals introduced. Senate policy committees will have 6 weeks to consider and approve Senate policy bills that are introduced or reintroduced as February 17 is the cutoff date for the policy bills. During this period, hearings will be held on bills to receive public testimony. The Senate fiscal committees (Transportation and Ways and Means) have until the Legislature adjourns on April 23 to pass Senate proposals that were forwarded from these budget committees.

# Cashmere Teen Poetry Slam 2023

SUBMITTED BY LISA LAWLESS

Branch Librarian

All teens 14 to 19 years old are invited to enter a work of their own poetry under the theme: "My Future Me" to the Cashmere Library by Friday, February 10 at 3:30 p.m. to have a chance to present at our Cashmere Teen

Poetry Slam. The Poetry Slam will be on Thursday, February 16 at the Riverside Center- BSA Fireplace Room, from 7-8:30 p.m. Prizes will be awarded to all contestants including a \$100 Grand Prize. Please call or email us with any questions.

The library thanks the community and invites them

to come support local teens. Enjoy an evening of poetry by Cashmere students who will perform their original compositions. Vote for your favorites and help the panel of judges award prizes to contestants. Sponsored by the Friends of the Cashmere Public Library and local businesses.

Dean's List from Fall 2022 Term at Eastern Washington University

**Leavenworth:**  
Emily Bowen, Jaqueline Olguin Ramos, Sarah Paulson, Lori Wylie

**Peshastin:**  
Vanessa Rodriguez-Herrera

**Cashmere:**  
Ellie Gear, Renee Gear, Jorge Rodriguez

No, you can't wrap a fish in a Web site, ...but you can get the local news online at [www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

### Donate Your Vehicle

Call (844) 889-8170 to donate your car, truck, boat, RV, and more today!

**How it Works:**

1. Contact Us  
Call (844) 889-8170
2. Schedule Pickup  
We'll pick up your vehicle for FREE - at a time and place convenient for you.
3. Receive Top Tax Deduction  
You may qualify for a tax deduction.

- Support Veteran Nonprofits.
- Free Pickup & Towing.
- Top Tax Deduction.

**Donate Your Vehicle Today 844-889-8170**

### Are you at risk?

Get Screened for Risks of Stroke and Cardiovascular Disease

**5 Screening Package for \$149**

**Call 833-585-2518**

## Council Meeting

CONTINUED FROM PAGE A1

not be exempt, if Cashmere ever creates a Stormwater Utility, such as the one that exists in East Wenatchee. In a follow-up message, Fletcher provided an update and said, "This issue was resolved in further negotiations with the Port, fees can be collected for stormwater utility collection."

In a 3rd related vote, this one being unanimous, the Council authorized the mayor to sign and approve any unforeseen bid and construction agreements related to the project, with a limit that no single item is greater than \$5000 or a cumulative city expense of \$15,000.

In other business a unanimous vote approved a reauthorization to RH2

Engineering to finalize the design, prepare bid documents, and provide services for bidding and construction for the city's SCADA system with an estimated cost of \$59,976.

A lighting upgrade by Schmitt Electric to the Wastewater Treatment Center was unanimously approved. The project will retrofit/replace lighting fixtures, lamps, sensors. The cost to the city will be \$16,863 with a total project cost of \$115,745, the difference will be covered by a \$98,882 rebate from the PUD, for reducing electricity demand. Four firms were contacted for bids and two bids were submitted. With PUD rebate the bid from Schmitt Electric, Inc. was the lowest cost to the City. Fletcher said that with the rebate, upgrading the system was cheaper than just changing the light bulbs.

**CASHMERE VALLEY RECORD**

© 2023 NCW Media, Inc.  
PO Box 39  
Leavenworth, WA 98826  
Phone: 509-782-3781

**On the Internet**  
website:  
[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)  
e-mail:  
[Reporter@cashmerevalleyrecord.com](mailto:Reporter@cashmerevalleyrecord.com)

**Office hours**  
Hours: 10 a.m. - 5 p.m.  
except weekends, or call  
509-548-5286

### Contact information

**Publisher**  
Carol Forhan  
[publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com)

**Bill Forhan Ex Officio**

**Advertising Sales Manager**  
Carol Forhan 509-548-5286  
[carol@leavenworthecho.com](mailto:carol@leavenworthecho.com)

**Advertising Sales**  
Lindsay Timmermans  
509-860-7301  
[adexec1@ncwmedia.net](mailto:adexec1@ncwmedia.net)

**Reporter/Photographer**  
[Reporter@leavenworthecho.com](mailto:Reporter@leavenworthecho.com)  
509-782-3781

**Main Office**  
509-548-5286  
**Classified / Legal Notices**  
Obituaries/Memorials  
[classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)  
NCWMarket.com

**Circulation**  
509-689-2507  
1-509-293-6780

**Deadlines**

Calendar Listings	Noon, Friday
News Submissions:	Noon, Friday
Letters to the Editor:	Noon, Friday
Display Advertising:	Noon, Friday
Legal Notices:	Noon, Friday
Classified Ads:	Noon, Friday

### Subscriptions

In Chelan County (yearly) - \$40  
\$45 for print and online  
In State-Out of County (yearly) - \$50  
Online E-edition - \$40  
Out of State - \$52

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780

NCW Media, Inc. prints on recycled newspaper with soy ink. Please recycle.

### Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com).

### Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

### News tips

Have an idea for a story?  
Call the Record at 509-782-3781

### Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286, by emailing [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) or online at [NCWMARKET.COM](http://NCWMARKET.COM)

### Services

Back Issues are available up to one year [after publication for a small fee. Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., PO Box 39, Leavenworth, WA 98826. Telephone: 509-782-3781 Fax: 509-548-4789. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)

**Postmaster:**  
Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039

**Weekly rates:**  
\$15.00 for first 30 words  
.10 for each additional word over 30 words  
Borders, bold words, headlines, logos and photos subject to additional charges.

**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com)
- Cashmere: 509-782-3781, email: [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com)

**COMMUNITY CALENDAR**

**Wednesday**

**Cashmere Rotary Club:** meets at Cashmere Presbyterian Church hall, noon. Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.

**Mission Creek Community Club:** meets every month, 7 p.m. (1st and 3rd Wed.).

**Cashmere Food Bank,** open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

**Thursday**

**Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

**Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.

**Cashmere American Legion Post #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).

**Cashmere American Legion Auxiliary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

**Friday no events**

**Saturday**

**American Legion Bingo,** first call is at 6:15 p.m. American Legion Hall, 401 Sunset Hwy. Cashmere. Call 509-888-1904 and leave a message for Wiley Collins.

**Sunday**

**CHURCH:** See the church page for local service times and events.

**Monday**

**Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Mon.)

**Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)

**Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

**Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).

**Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)

**Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)

**Cashmere School Board Work Session,** Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit [www.cashmere.wednet.edu](http://www.cashmere.wednet.edu)

**Cashmere School Regular Board Meetings,** are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit [www.cashmere.wednet.edu](http://www.cashmere.wednet.edu) for the most up to date info.

**Chelan Douglas Republican Women,** Meetings at Highlander Golf Club, 2920 Eighth St. S. E. East Wenatchee Please, RSVP if you want to have lunch. Check-in begins at 11 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

**Tuesday**

**Icicle & Peshastin Irrigation Districts:** Current meeting time 8 a.m. at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 509-782-2561 or [tony.iid.pid@ncwi.net](mailto:tony.iid.pid@ncwi.net). (2nd Tues.)

**Peshastin Water District,** meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)

**Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)

**The Chelan County Cemetery District #2** (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

**NCW Libraries**

**Cashmere Public Library: 509-782-3314**  
 You can order your books online at [ncwlibraries.org](http://ncwlibraries.org) or call 1-800-426-READ (7323).  
 Mon.,Tues.,Thurs., and Fri., 9-6, Wed. 1-6 and Sat.,10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at [cashmere@ncwlibraries.org](mailto:cashmere@ncwlibraries.org)

**Cashmere Museum and Pioneer Village**  
 Call for more information 509-782-3230

**Chelan County Historical Society Board meets,** 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

**Leavenworth**

**Upper Valley Scholarship for Women Returning to Higher Education**

Applications are now being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF, Leavenworth WA. The purpose of the scholarship is to assist women in need of financial help in returning to higher education at an accredited university, college, or technical school in the State of Washington. This needs-based scholarship must be received for consideration by April 30, 2023. Scholarship funds will be available by the Fall of 2023 and be sent directly to the school financial department upon confirmation of enrollment. Women applicants must be seeking further higher education at either the undergraduate or graduate level and meet the following criteria:

Applicant must be age 30 or above and reside in Chelan or Douglas County, WA.

Applicants must be currently enrolled in or returning to a higher education program after a two-year or more absence. The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington, however, out-of-state on-line accredited schools, are acceptable. Applicants may re-submit applications each year until they complete their programs

of study.

Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application forms by sending an email to the Scholarship Committee at the following address: [peoleavenworth@nwi.net](mailto:peoleavenworth@nwi.net)

**LST Auditions Announcement**

Leavenworth Summer Theater is pleased to announce February auditions for their 2023 summer season The Sound of Music, Rodgers and Hammerstein's Cinderella, and The Drowsy Chaperone. Last summer, LST welcomed more than 70 local and traveling performers to create theater magic under the stars, including 20 local children. This will be Leavenworth Summer Theater's 29th season offering family-friendly outdoor music theater in the foothills surrounding Leavenworth. They welcome more than 20,000 locals and visitors annually to performances at Ski Hill and the Hatchery Stage. Audition information will be posted at [www.leavenworthsummertheater.org/auditions](http://www.leavenworthsummertheater.org/auditions) on Feb. 1, and auditions will take place in Leavenworth Feb. 18-26. See website for detailed dates, times, and locations.

**The Leavenworth Women's Exchange**

Monthly luncheon meeting will be held on Wednesday, February 8, 12 p.m. at the Icicle Inn Restaurant, 505 Highway 2. The cost is \$20 per person for members. Cash or check only. Lunch buffet, beverage,

tax, and gratuity are included. West Mathison of Stemilt, World Famous Fruit Company, will present a program titled "The History of the Apple and Fruit Industry". Since this is a catered event, any cancellations after Feb. 2 will be responsible for the cost of the lunch. Reservations, contact Claire Burlingame, 509-548-7142 by Thursday, February 2.

and Nash Consulting to help organizations create and build more positive workplace cultures.

During this two-part workshop, Nash consultants will cover a variety of topics including emotional IQ, giving, and receiving feedback, decision-making styles, and more. The cost of this workshop is \$5 to cover the cost of materials being sent to each participant. If you are unable to pay, please contact [info@ncach.org](mailto:info@ncach.org) so they can work with you to offer solutions.

Please note that this workshop takes place over the course of two sessions: February 9 from 8:30 a.m.-12:30 p.m. and February 16 from 8:30 a.m.-12:30 p.m. Please only register if you are able to attend both sessions.

**Regional**

**Community Foundation of NCW: Creating a Positive Workplace Culture**

We've partnered with the North Central Accountable Community of Health (NCACH)

**Help Support The Cashmere Food Bank**

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna.

Cashmere Food Distribution Center is located at 316 River Street and open on the 2nd and 4th Wednesdays from 3-4 p.m.

**For further information or to make a cash donation call Pam, 509-245-6464**

Or you can write a check to: Cashmere Food Bank, PO Box 225, Cashmere, WA 98815

This ad sponsored by the Cashmere Valley Record

**For the latest local news and advertising see our NCW Media Web sites...**

leavenworthecho.com  
 cashmerevalleyrecord.com  
 qcherald.com  
 NCWBusiness.com  
 lakechelanmirror.com

**BUSINESS & SERVICE Directory**

Add your business or service to this directory: 509-548-5286

**DRILLING**

**Tumwater Drilling and Pump Inc.**

*"Water Treatment Systems Built to Your Individual Problem"*

Free Water Analysis/Estimates

Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2

Tumwater Drilling & Pump, Inc.  
 Cr.Reg.#TUMWADP943FR  
 509-548-5361  
[www.tumwaterdrilling.com](http://www.tumwaterdrilling.com) • email [info@tumwaterdrilling.com](mailto:info@tumwaterdrilling.com)

WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

**EXCAVATION**

**Complete Excavating Service**

Power & Water Systems  
 Dump Truck & Dozer  
 Drainfield Repair  
 Free Estimates  
 Septic Systems  
 Road Grading

Upper Valley EXCAVATING  
 (509) 548-3489  
 Leavenworth, WA  
 Licensed - Bonded - Insured

**STORAGE**

**Have spare room in your facility? Advertise on NCWMarket.com**

**MAP OF CASCADE MOUNTAINS AND LEAVENWORTH**

Buy one. Get one FREE! Limited time offer

Frameable 13" x 23.5" ONLY \$2.50  
 \*Postage extra if mailed

Pick up your map at: The Leavenworth Echo 215 - 14th Street  
 Place your order by phone or e-mail: 509-548-5286  
[classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Your Future, Planned with Care.**

Investment Management  
 Retirement Planning  
 Financial Planning

Brad Blackburn, CFP®      Stephen Allen, CWS®

509-782-2600 121 Cottage Ave Cashmere, WA 98815  
 Blackburn Financial  
 Registered Investment Advisor

**MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY**

**AA Meetings:**  
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946  
 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379  
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.  
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin  
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.  
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.  
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.  
 Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

**Alanon Meetings,** call 509-548-7939  
 Monday, 7 p.m., United Methodist Church, 418 Evans St.

**Renewed Celebrate Recovery,** Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: [CelebrateRecoveryLCN@gmail.com](mailto:CelebrateRecoveryLCN@gmail.com) or 509- 596-1510.

# The Washington Outdoors Report



A female northern pike full of eggs



COURTESY COLVILLE CONFEDERATED TRIBES.

A northern pike caught in a gillnet that was attempting to eat a native burbot

### A bounty on water wolves

By JOHN KRUSE

From the late 1800's until the middle of the 20th century there was a bounty on wolves in the Midwest and Western United States. Both individual and government hunters used any means necessary to kill these animals, deemed a dangerous nuisance to livestock. By the time this program ended, wolves were essentially exterminated from the lower 48 states. It wasn't until 1995 when wolves were reintroduced to Yellowstone National Park that their numbers began to come back and today, we are seeing healthy populations of these animals in several states.

The relationship between humans and northern pike is a bit more complicated. These torpedo shaped fish are green in color with white spots and a white belly. They can grow to over 50 inches long and weigh over 45 pounds, though an

average sized pike measures between 16 and 22 inches in length. Pike are ambush predators and feed on other fish as well as frogs and even ducklings, waiting in weeds or behind rocks and logs and then lunging forward to attack their prey. With a mouthful of long, sharp teeth they have garnered themselves the nickname, "water wolves".

Unlike the land based wolf, there was no historical dislike for these fish which are found in the northern tier of the United States as well as in Canada and Alaska. They are a sought-after catch because of their size and hard fighting ability. They also taste good though a y-bone in their body makes them more difficult to clean and fillet than walleye or trout. In the winter anglers will target these fish through the ice while in the spring they are often caught in places like Lake Coeur d' Alene fishing bait under a slip bobber. They can also be caught from spring thru fall throughout their native range using large

spoons. Casting red and white Dardevil spoons and yellow spoons with red diamonds on them (known as a Five of Diamonds) are traditional offerings.

In Washington State, northern pike are found in Long Lake, the Pend Oreille River and Lake Roosevelt, having migrated there from Lake Coeur d' Alene in Idaho and Montana's Clark Fork River. The fish are not welcome in the Evergreen State. Both the Washington Department of Fish and Wildlife as well as the Colville Tribes are extremely concerned about their impact to native populations in these waterways such as redband trout, sturgeon, burbot and kokanee salmon. Fisheries managers also want to ensure northern pike do not get into the mainstem Columbia River below Grand Coulee Dam where they could wreak havoc with native salmon and steelhead populations.

Since 2015, the Colville Tribes, Spokane Tribe and Washington Department of

Fish and Wildlife have been working hard to eradicate pike from these waterways. They have had good success in reducing a burgeoning population of these fish in the Pend Oreille River and since 2015 have removed over 19,100 fish from Lake Roosevelt. The primary method the Colville Tribes use to catch these pike is with gill nets but they have found this method alone is not enough. That's why a bounty program has been introduced at Lake Roosevelt for recreational anglers.

Anglers who catch northern pike (of any size) can turn in the head of the fish at designated drop off sites around Lake Roosevelt and be paid \$10 for each fish head turned in.

Anglers can drop off their pike heads at Noisy Waters Gas Station, Kettle Falls boat launch, Hunters boat launch, Fort Spokane boat launch, or at the Inchelium Fish and Wildlife office. In 2022, anglers turned in 125 heads and were paid \$1,250.

In an effort to increase

the number of fish caught by recreational anglers for this program, the Colville Tribes Fish and Wildlife Department has published a map showing pike hot spots around the lake. Some of these hotspots are found at the mouth of the Kettle River, near Evans, on the eastern end of the lake near Noisy Waters, and at the mouth of the Colville River south of Kettle Falls. Additional places worth fishing can be found south of Gifford and on either side of the reservoir near Hunters.

Here are the rules if you want to participate in the Northern Pike Bounty Program:

- You must be 17 years of age or older to participate in the program.
- Anglers must completely fill out the tag information at the designated drop off area. Fish heads must be placed in a freezer bag with the label and dropped into the freezer or brought to the Inchelium Fish and Wildlife office.
- Fish heads must be in

good condition and clearly identifiable. Unidentifiable heads will not be accepted or awarded.

- Fish must be caught in the main stem Columbia River from Wells Dam upstream to the Canadian border, the Spokane River upstream to Little Falls, the Kettle River, or the Okanogan River.
- There are no size restrictions on northern pike.
- Anglers must adhere to all applicable state/tribal fishing regulations for the area in which you fish. Contact your local state or tribal agency for license requirements and current fishing regulations.

Please allow 2 to 3 weeks to receive your reward. Additional information about the program can be found at [www.cct-fnw.com/northern-pike](http://www.cct-fnw.com/northern-pike).

*John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com*

## Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

# UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

<p><b>CASHMERE</b></p> <p><b>CASHMERE BAPTIST CHURCH</b> 103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m. Bible Study, Wed., 6:30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church</p> <p><b>CASHMERE PRESBYTERIAN CHURCH</b> 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke <a href="http://www.cashmerepres.org">www.cashmerepres.org</a></p> <p><b>CASHMERE COMMUNITY CHURCH</b> 213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana <a href="mailto:cashmerecommunitychurch@gmail.com">cashmerecommunitychurch@gmail.com</a></p> <p><b>CHRIST CENTER</b> Sunday Worship Service at 10 am 5800 Kimber Rd., Cashmere 509-782-2825 <a href="http://christcentercashmere.com">christcentercashmere.com</a></p>	<p><b>GRACE LUTHERAN CHURCH</b> • 509-860-0736 401 Elberta Ave., Morning Prayer or Holy Eucharist. Services, 10 a.m. Pastor Rob Gohl</p> <p><b>ST. JAMES EPISCOPAL CHURCH</b> • 509-860-0736 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl</p>	<p><b>SEVENTH DAY ADVENTIST CHURCH</b> 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997</p> <p><b>SPIRIT LIFE CENTER</b> 210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza</p>	<p><b>MONITOR UNITED METHODIST CHURCH</b> 3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana</p>
<p><b>DRYDEN</b></p> <p><b>DRYDEN COMMUNITY CHURCH</b> Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland</p> <p><b>MID-VALLEY BAPTIST CHURCH</b> 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore <a href="http://www.midvalleybaptist.org">www.midvalleybaptist.org</a></p>	<p><b>LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH</b> 418 Evans Street • 509-548-5619 10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout <a href="http://leavenworthumc.org">leavenworthumc.org</a> <a href="mailto:leavenworthumc@outlook.com">leavenworthumc@outlook.com</a></p> <p><b>CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS</b> 10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.</p> <p><b>FAITH LUTHERAN CHURCH - ELCA</b> "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following <a href="https://www.flcleavenworth.com">https://www.flcleavenworth.com</a></p>	<p><b>MONITOR</b></p> <p><b>MONITOR UNITED METHODIST CHURCH</b> 3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana</p>	<p><b>PESHASTIN</b></p> <p><b>LIGHT IN THE VALLEY COMMUNITY CHURCH</b> 8455 Main Street Sunday Worship 10 a.m. • Pastor John Romine <a href="http://www.lightinthevalley.org">www.lightinthevalley.org</a></p>
<p><b>LEAVENWORTH</b></p> <p><b>CASCADE MOUNTAIN BIBLE CHURCH</b> Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service</p> <p><b>CORNERSTONE CHURCH</b> Leavenworth Grange Hall 621 Front St. • 509-433-7477 Sunday Worship 10 a.m.</p>	<p><b>FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC</b> 429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: <a href="http://www.leavenworthbaptist.com">www.leavenworthbaptist.com</a> Email: <a href="mailto:info@leavenworthbaptist.com">info@leavenworthbaptist.com</a></p> <p><b>LEAVENWORTH CHURCH OF THE NAZARENE</b> 111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell <a href="http://www.LCN.org">www.LCN.org</a></p>	<p><b>NEW LIFE FOURSQUARE CHURCH</b> 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: <a href="mailto:newlifeleavenworth@gmail.com">newlifeleavenworth@gmail.com</a> FB page: <a href="https://www.facebook.com/newlifeleavenworth">newlifeleavenworth</a> <a href="http://www.newlifeleavenworth.com">www.newlifeleavenworth.com</a></p>	<p><b>PLAIN</b></p> <p><b>PLAIN COMMUNITY CHURCH</b> Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! <a href="http://plaincommunitychurch.org">plaincommunitychurch.org</a> <a href="https://www.facebook.com/plaincommunitychurch">facebook.com/plaincommunitychurch</a> <a href="mailto:office@plaincommunitychurch.org">office@plaincommunitychurch.org</a></p>



PHOTO BY JUSTIN PARDINI

#3 Brianna Talley skies in for a layup attempt

### Girls Basketball: Cashmere upsets the undefeated Okanogan squad

Cashmere (12-4) were poised to square up against the undefeated Okanogan team on Saturday, January 28. The Bulldogs looked to start quickly, but were slowed down by Okanogan's full court press through the first half. The

game was close throughout its entirety, but Cashmere was able to go on a scoring run to end the second quarter. They went into the locker room down 27-23, but had regained some momentum to help chip away at the lead. Okanogan came out of the break and dropped into a half court zone defense, forcing Cashmere to look for outside shots and cutters to the basket. Both



PHOTO BY JUSTIN PARDINI

#21 Ryan Nelson reaches for a contested rebound



By JUSTIN PARDINI, REPORTER

teams were trading baskets which led to a three-point game with under two minutes remaining in the fourth quarter. Senior #40 Kaitlyn Bjorklund knocked down two clutch free throws towards the end to secure a 57-50 victory over Okanogan. Cashmere showed true grit and fearless tenacity during this game, proving any doubters wrong and securing their spot as a top team in the conference.

### Boys Basketball: Okanogan comes out on top of close contest against Cashmere

The Cashmere Bulldogs (6-12) hosted Okanogan (11-8) on Saturday night. Cashmere was met with a zone defense from the beginning of the game, which allowed for cutters to be found within Okanogan's

scheme. Early baskets were traded and after one quarter, Okanogan led 15-12. Junior guard Landon Baker was on fire from beyond the arc, draining three pointers to keep up with the fast-paced Okanogan team. Going into halftime, Cashmere trailed 31-33. Okanogan went into the

third quarter with a different offensive mindset, running their plays through the bigs in the post. They had the size advantage over Cashmere and they continued to feed the forwards to draw fouls and get easy layups. After a hard fought contest, Cashmere fell to Okanogan with a final score of 66-61. Landon Baker scored 30 points, leading the way for his squad, but this was not enough to propel past the hungry Okanogan squad. Cashmere traveled to Cascade High School on January 31 to attempt another victory over their conference rivals, scores next week.



PHOTO BY JUSTIN PARDINI

#10 Allie McKenna stands her ground to prevent an inside pass

### Apple STEM

CONTINUED FROM PAGE A1

each event can be found online at: [www.applestemnetwork.org/science-in-our-valley/](http://www.applestemnetwork.org/science-in-our-valley/).

**About Science in Our Valley:** The Science in Our Valley seminar series began in October 2017 as a way for local scientists and science educators to bring their research to the community and as a way to engage and connect with one another. The series features presentations by local scientists and science educators as well as guests from outside the region. Science in Our Valley is a collaborative effort with support from Apple STEM Network, Washington State University Tree Fruit Research & Extension Center, U.S. Department of Agriculture Research Station, Wenatchee Valley College, the North Central Educational Service District and the Our Valley Our Future Bridge Research and Innovation District.

**About Apple STEM Network:** The Apple STEM Network is a regional alliance of K-12, Higher Ed, and community partners in North Central Washington. We represent

a diverse region with tremendous potential for STEM industry in agriculture, energy, and innovation. With our collective effort, we intend to: provide a constructive support system for educators who aim to meet the rising challenge for all students to develop 21st-century skills and STEM literacy, integrate community mentorship, and promote authentic project-based learning and field experiences for all levels of education, and engage students in exploring the world of opportunities on the horizon through STEM. For more information visit [www.applestemnetwork.org](http://www.applestemnetwork.org).  
**About North Central Educational Service District:** The North Central Educational Service District provides a wide array of programs, services and support to the 29 public school districts in the North Central Washington region of Chelan, Douglas, Grant and Okanogan counties. The service district provides professional and timely service to meet the needs of individual schools and districts, and a reliable point of education-related information for the communities served. The NCESD is one of nine respected educational service districts in Washington state.

## BULLDOG SCOREBOARD

GIRLS BASKETBALL	
Jan. 28:	Cashmere 57, Okanogan 50; Win

BOYS BASKETBALL	
Jan. 28:	Cashmere 61, Okanogan 66; Loss

### Sports Schedule

BOYS BASKETBALL	
Feb. 2:	Cashmere vs. Chelan, Home at 7:15 p.m.

GIRLS BASKETBALL	
Feb. 2:	Cashmere vs. Chelan, Home at 5:45 p.m.

GIRLS WRESTLING	
Feb. 4:	Cashmere vs. Quincy, Away at 10 a.m.

BOYS WRESTLING	
Feb. 4:	Cashmere vs. Omak, Away at 10 a.m.

### Bulldogs Sports Sponsor of the Year

Proud to support THE BULLDOGS!

Cashmere Physical Therapy  
 203 Mission. Ste. 203, Cashmere • 782-8818

## GO BULLDOGS

## Students encouraged to enter Radon Poster Contest

### Contest aims to raise awareness about radon, its effects, and how to protect your household

SUBMITTED BY WASHINGTON STATE DEPT. OF HEALTH

**OLYMPIA** - January is Radon Action Month. Students across the Northwest are encouraged to get creative and raise awareness about the dangers of radon gas by participating in the 2023 Northwest Radon Poster Contest. Radon is a naturally occurring radioactive gas that can buildup in homes both old

and new. Testing is the only way to know if your home has radon because it is colorless, odorless, and tasteless. Long-term radon exposure is the number one cause of lung cancer in nonsmokers and the second-leading cause of lung cancer in smokers.

Contest Information Youth between the ages of 9 and 14 living in Idaho, Oregon, and Washington are eligible to participate in the poster contest. Students must either be enrolled in a public, private, territorial, tribal, Department of Defense, or home school, or be a member of a sponsoring

club, such as scouting, art, computer, science, or 4-H. Only one entry per student is allowed. The contest deadline is March 10 at 11:59 p.m. Winners will be announced by April 17. Find contest submission forms, lesson plans, and rules on the Northwest Radon Poster Contest website: <https://healthandwelfare.idaho.gov/northwest-radon-poster-contest>

First, second, and third place winners will be selected from each state (Idaho, Oregon, and Washington). A regional grand prize will be selected from the winning submissions. First

place posters from each state will be submitted to the 2024 National Radon Poster Contest. All participating students will learn about radon and how to reduce their risk of exposure. The Northwest Radon Poster Contest is sponsored by the Idaho Department of Health and Welfare, Nez Perce Tribe, Oregon Radon Awareness Program, Spokane Tribe of Indians, and Washington Department of Health - Radon Program in collaboration with the Northwest Radon Coalition and U.S. Environmental Protection Agency Region 10.

### Rep. Goehner

CONTINUED FROM PAGE A1

the rest of Douglas County to the 7th District and picked up portions of Snohomish and King counties.

The district includes nine school districts on the eastside of the mountains and eight on the westside. The split on cities is similar as well. I can assure you my seatmates and I have been committed to learning the new portions of the district in order to represent both sides of the mountains. I spent a lot of time during the interim meeting with school districts, local government officials and many other organizations on the west side to familiarize myself with their issues.

### Committee assignments

**House Local Government Committee:** I have again been selected as the lead Republican on this committee. My 16 years as a Chelan County Commissioner gives me a strong perspective on how our local entities view issues such as state agency rulemaking, performance audits and elections at the local level. Changes to the Growth Management Act have come before us and could have a significant impact on local planning responsibilities.

**House Environment and Energy Committee:** With the abundant, low-cost power we have in North Central Washington and new renewable standards continually being considered, I look forward to being part of the policy discussions coming out of the Legislature. This committee covers a wide array of issues including climate concerns, statewide recycling standards, and chemical issues in consumer products.

**Transportation Committee:** The new district gives us an opportunity to work with communities on both sides of the mountains to address important transportation needs. The state continues to fall behind on maintenance and preservation while we deal with congestion issues that plague different areas of the 12th District. We are working diligently to elevate the priority of some of these projects in our District.

### Legislative priorities

No matter where you reside, most of the challenges facing our state are similar. Legislators need to work together to find common ground and embrace solutions that address our most pressing issues.

### Housing

Washington is producing fewer housing units per household than any state in the country due to a variety of factors. We need to look at regulatory fees and costs, permit delays, restrictive zoning laws, and the antiquated Growth Management Act so more people can find affordable homes.

### Affordability

The state has seen record tax collections, massive increases in budget spending, but no tax relief has been provided for our citizens. As the cost of goods and services have also increased, tax relief should be considered to reduce your cost of living.

### Public safety

Crime continues to increase in Washington with chronic homelessness, substance abuse, and untreated mental health conditions exacerbating

the issue. We need to ensure our families, communities, and law enforcement are safe. We need to be stronger on crime, restore vehicular pursuit (bipartisan legislation has been introduced House Bill 1363), address drug addiction, and put more officers on the street. Washington ranks last in the nation of officers per capita.

### Transportation

While the majority party did pass a transportation plan last session, it did not provide much for our region. I am hoping we can take a more proactive approach to creating a sustainable and resilient transportation spending plan.

### Homelessness

The increase in homelessness over the last ten years in Washington state is staggering. (See chart below.) This is tied to our housing crisis, but also mental health and substance abuse issues. We need to consider all aspects of this issue. Spending enormous amounts of money on it has not solved the problem.

### Follow the Legislature

I encourage you to stay engaged and follow the Legislature. I look forward to hearing from those new to the 12th District. It is important you provide input on issues that matter to you, our district and Washington state. Please contact me with any questions, concerns, or comments you have. I appreciate the feedback as it helps me better represent you in the Legislature. It is an honor to serve the 12th District in the state House of Representatives.

[Keith.Goehner@leg.wa.gov](mailto:Keith.Goehner@leg.wa.gov)

**Frosty says ... Don't forget to renew your subscriptions this Winter!**

Not a subscriber? Call today to get your subscription started

There's something for everyone in the local newspaper

- Local news
- Local school news
- Local sports
- Local arts & entertainment
- Opinion & editorials
- Meeting notices
- Event notices
- Public & legal notices
- Outdoor activities
- Health tips
- Online Access for all newspapers
- Breaking News

**Wenatchee Business Journal**  
 Serving the North Central Washington Business Community for over 40 years!

- Business News - BNCW News
- Keeping Up With People
- Top Properties - Business Opinions

**Wenatchee Business Journal Subscription Rates for 12 months**

<input type="checkbox"/> \$24 1 year	<input type="checkbox"/> \$35 2 years - Chelan & Douglas Counties
<input type="checkbox"/> \$28 1 year Outside Chelan/Douglas	<input type="checkbox"/> \$48 1 year Out of State

**Community Newspaper Subscription Rates:**

Print & Premium Online Access - In County - \$45 per year

ECHO  RECORD  MIRROR  HERALD

Print Only - In County - \$40 per year

ECHO  RECORD  MIRROR  HERALD

Online Only - In County - \$40 - E-Edition (Paper as printed)

ECHO  RECORD  MIRROR  HERALD

Print Only - Out of County/In State - \$50 per year

ECHO  RECORD  MIRROR  HERALD

Print Only - Out of State - \$52 per year

ECHO  RECORD  MIRROR  HERALD

Out of State Premium/E-Edition Online - \$40 per year

Name of person ordering: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Send gift subscription to: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Payment information (pay by credit card or check):  
 Credit Card number: \_\_\_\_\_ Paying by check?  
 Exp: \_\_\_\_\_  Visa  Mastercard  Discover  AMEX  Check enclosed:

**ONE YEAR 52 ISSUES**  
 Call us today! 509-293-6780

**MAIL TO:**  
 NCW Media Inc.,  
 Attn: Circulation  
 131 S. Apple Blossom Drive #109  
 Chelan, WA 98816  
 OR CALL with your Card #  
 509-293-6780  
 EMAIL: [circulation@lakechelanmirror.com](mailto:circulation@lakechelanmirror.com)



Place your ad online at [NCWMarket.com](http://NCWMarket.com) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record

509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# CLASSIFIEDS

## PUBLISHER'S NOTICE

All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

**CORRECTIONS:** NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



## Administrative

### Puzzle Solution

4	8	2	9	7	1	5	6	3
9	6	5	3	2	8	4	1	7
1	7	3	4	6	5	8	9	2
6	5	7	2	4	9	3	8	1
8	2	9	5	1	3	6	7	4
3	4	1	6	8	7	2	5	9
2	9	8	7	5	4	1	3	6
7	1	6	8	3	2	9	4	5
5	3	4	1	9	6	7	2	8

A	D	O	S		C	A	R		G	H	A	T		
S	A	V	E		H	U	G	E		T	R	E	F	A
I	T	E	M		O	P	A	L		H	E	A	R	T
F	E	R	T	I	L	I	T	I		R	E	D	O	
		E	L	I	D	E		N		U	T			
O	N	Y	X	E	S		H	O	M	I	E	S	T	
S	A	E		U	M	L	A	U	T		N	A	T	O
A	P	S	E	S		E	G	G		E	G	G	O	N
K	E	E	P		C	A	E	S	A	R		L	A	G
A	S	S	I	Z	E	S		V	A	L	E	T	S	
		L	O	P		P	H	O		T	O			
A	D	E	N		C	H	O	C	O	L	A	T	E	
S	C	O	P	E		A	O	N	E		L	I	A	R
P	R	E	S	S		K	N	O	T		E	N	D	S
A	E	R			E	E	R			D				

## Announcements

### Lost & Found

**LOST & FOUND ITEMS** can be placed in our Local Newspapers and Online at [NCWMarket.com](http://NCWMarket.com) for **ONE week for FREE**. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

**Leavenworth/Cashmere**  
509-548-5286  
or email  
[classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)  
or  
**Lake Chelan Mirror**  
509-682-2213  
or  
**Quad City Herald**  
509-689-2507  
or email  
[mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com)

**Deadline Noon on Friday for the next week's papers**

## Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at [www.NCWMarket.com](http://www.NCWMarket.com)

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

**The Lake Chelan or Quad City Herald** or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

## Reverse Mortgage

## REVERSE MORTGAGE A Better Way to Live



Let's Talk  
**Carlos Mata** NMLS #70770  
Reverse Mortgage Specialist  
509.662.5495  
[cmata@mutualmortgage.com](mailto:cmata@mutualmortgage.com)  
710 N. Miller St.  
Wenatchee, WA 98801

Mutual of Omaha Mortgage, Inc., NMLS ID 1025894. WA Consumer Loan Company License CL-1025894. These materials are not from, or approved by HUD or FHA. [www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org) Subject to credit approval. #967202734 iD Equal Housing Lender

## Employment

### Help Wanted

**Data Retriever & Office Support.**  
FT. Learn to retrieve court records online and from various court record databases Nationwide. Need person who has a positive, solid work history. Takes pride in their work. On time. Independent. Accurate. Familiar with using computer and multi-line phone. Also, team player to help office staff get work completed. \$17.00 to start. Begin earning vacation/sick time immediately. Spanish speaking starts at \$17.50. Pass a Drug Test required. Send resume to: [rebekahn@orcainfo-com.com](mailto:rebekahn@orcainfo-com.com)



## Help Wanted

### Looking for a great local employee?

It is easy to place your ad online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) Register and pay on our secure site.

**Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster** Call 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) OR **Leavenworth Echo Cashmere Record** 509-548-5286 or send email to [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

## For Sale

### Antiques & Collectibles

**Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.**

Place your ad with pictures online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) Register and pay on our secure site.

### Want Print Only?

Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) **Deadline: Noon on Friday for all papers.**

## Garage & Yard Sale

CLEAR SOME SPACE WITH A



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Print only? **Deadline Friday at Noon for all papers**

**Lake Chelan Mirror Quad City Herald** Call: 509-682-2213

**Leavenworth Cashmere** Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price !



Windermere Real Estate  
Leavenworth/Lake Wenatchee Specialists

**Looking for real estate in the Upper Valley? Give us a call today!**

**Robyn Bodajla - 617-462-3402**  
**Momi Palmieri - 509-433-2211**  
**Geordie Romer - 509-679-8958**  
**Allyson Romer - 509-630-9898**

See all available properties at [windermereleavenworth.com](http://windermereleavenworth.com)

## Legals

### Public Notices

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**  
In the Matter of the Estate of **MICHAELA C. DELANEY**, Deceased. No. 23-4-00015-04  
**PROBATE NOTICE TO CREDITORS** RCW 11.40.030  
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: January 25, 2023  
**PERSONAL REPRESENTATIVE:** Kenneth Dale Toevs  
**ATTORNEY FOR PERSONAL REPRESENTATIVE:** Thomas D. Overcast  
**ADDRESS FOR MAILING OR SERVICE:** OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801  
**COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER:** Chelan County Superior Court, No. 23-4-00002-04  
**OVERCAST LAW OFFICES** By: /s/ Thomas D. Overcast, WSBA No. 14486  
**Attorneys for Personal Representative**  
Published in The Leavenworth Echo/Cashmere Valley Record on Jan. 18, 25, and Feb. 1, 2023

### Public Notices

**CITY OF LEAVENWORTH**  
On the 24th day of January, 2023, the City Council of the City of Leavenworth, Washington passed the following ordinances. A summary of the contents provides as follows:  
**Ordinance 1666:** An ordinance of the City of Leavenworth, WA, adopting the City of Leavenworth Comprehensive Plan Amendment to the Capital Improvement Plan.  
**Ordinance 1667:** An ordinance of the City of Leavenworth, WA, amending the LMC Chapter 2.04 City Council.

A full copy of the ordinances is available at Leavenworth City Hall or will be mailed to you upon your request to Andrea Fischer, City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in The Leavenworth Echo/Cashmere Valley Record on Feb. 1, 2023. #5219

## Public Notices

### SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY

In the Matter of the Estate of **CAROL IRENE TOEVS**, Deceased. NO. 23-4-00002-04  
**PROBATE NOTICE TO CREDITORS** The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: January 18, 2023  
**PERSONAL REPRESENTATIVE:** Kenneth Dale Toevs  
**ATTORNEY FOR PERSONAL REPRESENTATIVE:** Thomas D. Overcast  
**ADDRESS FOR MAILING OR SERVICE:** OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801  
**COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER:** Chelan County Superior Court, No. 23-4-00002-04  
**OVERCAST LAW OFFICES** By: /s/ Thomas D. Overcast, WSBA No. 14486  
**Attorneys for Personal Representative**  
Published in The Leavenworth Echo/Cashmere Valley Record on Jan. 18, 25, and Feb. 1, 2023

## Public Notices

### NOTICE OF JOINT CASHMERE COUNCIL & CASHMERE PLANNING COMMISSION MEETING

Cashmere's City Council and Planning Commission will hold a joint meeting during the regular City Council meeting on Monday, February 13, 2023, at 6:00 PM. The meeting is to prioritize tasks and discuss the direction of planning in Cashmere for 2023. To Join the Meeting Go To: <https://zoom.us>

Meeting ID: 882 719 9871  
Passcode: 788276  
Audio Only:  
PH# 1-(253)-215-8782  
Kay Jones  
City Clerk-Treasurer  
CITY OF CASHMERE  
Published in the Cashmere Valley Record/Leavenworth Echo on Feb. 1, 2023. #5223



## Public Notices

### SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of **DOUGLAS G. RUSSELL** Deceased. No. 23-4-00011-04  
**PROBATE NOTICE TO CREDITORS** RCW 11.40.030  
The personal representatives named below have been appointed as co-personal representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the co-personal representatives or the co-personal representatives' attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the co-personal representatives served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: January 25, 2023  
**Co-Personal Representatives:** Eric R. Russell, Kyle J. Conway  
**Attorney for the Co-Personal Representatives:** Russell J. Speidel  
**Address for Mailing or Service:** Speidel Bentsen LLP  
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881  
**Court of Probate Proceedings and Cause Number:** Chelan County Superior Court Cause No. 23-4-00011-04  
**ERIC R. RUSSELL**  
**Co-Personal Representative**  
**KYLE J. CONWAY**  
**Co-Personal Representative**  
**Attorneys for Co-Personal Representatives:** SPEIDEL BENTSEN LLP  
By: RUSSELL J. SPEIDEL, WSBA No. 12838  
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807  
Published in The Leavenworth Echo/Cashmere Valley Record on Jan. 25, and Feb. 1, and 8, 2023. #5174

**Advertise**  
**548-5286**  
OR  
**782-3781**



**Place your Help Wanted Ad online at NCWMarket.com 24/7 and find the best qualified local employee**

**NCWMarket.com** is a classified advertising service of NCW Media, Inc.  
Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

The good news about **NCWMarket.com** is:

- It's available 24/7
- Rates start as low as \$5 per month
- Google says we averaged 5,277 visitors per month last year
- You can have multiple photos even videos
- You can protect your identity until you decide to respond to inquiries, OR
- You can include a map to your business
- You can change the ad anytime you want - as often as you want
- We don't sell your email address or any of your personal information
- Our monthly subscription programs allow you to change your ad entirely at no additional charge

Place your ad now: **NCWMarket.com**

**Public Notices**

**Public Notices**

**NOTICE OF TRUSTEE'S SALE** Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 202 Seattle, WA 98104 Trustee Sale No.: WA-22-939695-RM Title Order No.: 220397649-WA-MSW Reference Number of Deed of Trust: Instrument No. 2431555 Parcel Number(s): 222010525065 Grantor(s) for Recording Purposes under RCW 65.04.015: **DAVE E. FISHER, AN UNMARRIED MAN Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): NewRez LLC d/b/a Shellpoint Mortgage Servicing Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: NewRez LLC, f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 2/10/2023, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Grand Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: LOT 4 AND THE EAST 17 1/2 FEET OF LOT 9, BLOCK 2, COLUMBIA HEIGHTS ADDITION TO WENATCHEE, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS, PAGE 97. More commonly known as: 416 WALKER AVENUE, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 1/14/2016, recorded 1/22/2016, under instrument No. 2431555 records of CHELAN County, Washington, from DAVE E. FISHER, AN UNMARRIED MAN, as grantor(s), to PIONEER TITLE COMPANY OF WASHINGTON, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR 360 MORTGAGE GROUP, LLC., ITS SUCCESSORS AND ASSIGNS, as original beneficiary, the beneficial interest in which was subsequently assigned to NewRez LLC d/b/a Shellpoint Mortgage Servicing, the Beneficiary, under an assignment recorded under Auditors' File Number 2588717 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$9,509.24. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$141,576.25, together with interest as provided in the Note from 1/1/2022 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 2/10/2023. The defaults referred to in Paragraph III must be cured by 1/30/2023 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 1/30/2023 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashier's or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 1/30/2023 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee, and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 8/10/2022. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post\_purchase\_counselors\_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington: http://www.hud.gov/offices/hsg/sfh/hcc/foa/index.cfm?webListAction=search&searchstate=WA&filterSvc=dfc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: http://nwjustice.org/what-clear Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-22-939695-RM. Dated: 9/27/2022 Quality Loan Service Corp. of Washington, as Trustee By: Jeff Stenman, President Trustee's Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-22-939695-RM Sale Line: 800-280-2832 or Login to: http://wa.qualityloan.com IDSPub #0181313 1/11/2023 2/1/2023  
Published in The Cashmere Valley Record/Leavenworth Echo on January 11, and Feb. 1, 2023. #4678**

# Need relief of coughs, colds, and flu?

Flu season is in full swing. Here are my favorite products for relief of coughs, colds, and flu:

**1. Delsym® for relief of cough.**

Delsym® contains a single ingredient, dextromethorphan (DM), the same active ingredient as in Robitussin DM®. Unlike Robitussin, each concentrated dose of Delsym® lasts 12 hours, from morning to evening, and is nearly as effective as prescription cough medicines containing codeine. DM rarely causes drowsiness, so it is safe to use when driving a car or working around machinery.

**2. Tylenol® for fever and body aches.**

I prefer extra-strength 500mg acetaminophen tablets for headaches and fever instead of ibuprofen or naproxen. Acetaminophen is less irritating to your stomach, especially when chicken soup is all you feel like eating.

Taking too much Tylenol® can damage your liver. NEVER take more than the maximum recommended daily dose of acetaminophen. This amounts to 8 extra-strength tablets (4 grams) of acetaminophen daily for healthy adults. For a senior, the recommended maximum dose is 3.1 grams or 6 extra-strength Tylenol® 500mg tablets. If you have liver problems, check with your doctor whether there is a safe dose of Tylenol® for you.

**3. Aleve® for body aches.**

The influenza symptom that keeps people in bed or curled up on the sofa in misery is severe muscle



aches. Sometimes I wake up so sore that I must have been attacked by a ninja with their fighting sticks in my sleep.

Naproxen (Aleve®) is my go-to for muscle aches because each dose lasts 8-12 hours, twice as long as ibuprofen (Advil, Motrin-IB). I used to use ibuprofen, but I would wake up at 3:30 in the morning in discomfort when it wore off.

Anti-inflammatory medicines (NSAIDs) like naproxen and ibuprofen relieve body aches better than acetaminophen. Unfortunately, they have side effects: stomach irritation, bleeding, and kidney problems. Always drink plenty of fluids when taking any NSAID to avoid kidney damage.

People who take prescription blood thinners like Coumadin® (warfarin), Pradaxa®, Xarelto®, Eliquis®, or Plavix® (clopidogrel) need to be especially cautious. To reduce stomach irritation and the risk of developing a bleeding ulcer, you should ALWAYS take any NSAID either with a full glass of water or beverage, or with food.

**4. Sudafed® for sinus and nasal congestion.**

The original form of Sudafed® contains the decongestant pseudoephedrine. I prefer

30mg tablets to relieve my stuffy nose and sinus pressure. There are also

60mg tablets, both of which are only available "behind the counter." I find it's worth the hassle of showing my identification to have an effective decongestant. The Food and Drug Administration restricts phenylephrine doses to 1/3 the comparable dose of pseudoephedrine because full doses are associated with elevated blood pressure and strokes.

**5. Actifed® for runny nose and sneezing.**

The original Actifed® formula contained pseudoephedrine to relieve nasal congestion plus an older antihistamine called triprolidine. Triprolidine effectively dries up a runny nose and decreases sneezing without causing much drowsiness. It was a favorite remedy of surgeons who didn't want their noses to drip into their surgical masks when leaning over patients during procedures.

I have recommended this inexpensive option for years. Last week, when my husband Charlie stopped by our pharmacy to pick up some generic Actifed®, called Aprodine®, they had none. Their supplier was out and didn't know if or when it would become available again.

When Charlie asked for Aprodine® at other pharmacies in town, he got blank looks. The pharmacists had no idea what he was talking about. They insisted that Aprodine® didn't exist!

**6. Mucinex Night Shift® Cold and Flu for multi-symptom relief at night.**

While I prefer using

products with one ingredient to mix and match my symptoms, my husband wants something to "knock me out so I can get some rest."

He loved the original version of Nyquil®. It contained pseudoephedrine for stuffy nose and sinus pressure, acetaminophen for fever and aches, dextromethorphan for cough, the antihistamine doxylamine for runny nose, sneezing and to help him sleep, all in green or red flavors containing 25% alcohol. In 2006, pseudoephedrine was restricted, and Nyquil®'s formula was updated. They replaced the decongestant with phenylephrine and decreased the alcohol content to 10%. We kept Nyquil® Cold and Flu on hand because it didn't contain phenylephrine as a decongestant.

Some people feel "hung over" in the morning after taking Nyquil®. That's most likely due to the antihistamine doxylamine, also found in Unisom®, a popular non-prescription sleep aid.

We prefer Mucinex Night Shift® Cold and Flu because it contains triprolidine, and you can add pseudoephedrine if needed.

*Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey*

www.leavenworthecho.com • www.cashmerevalleyrecord.com

### SUDOKU PUZZLE

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB 1-855-576-5653

			1	5	3			
9	6	5		8				7
			5					2
			9		8	1		
	2				7			
3	4		6					
2			7					
7			8		9	4	5	
5		4	1					

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

### Announce those special events with us!

Milestones | Weddings | Births | Birthdays | Anniversaries

Call or email us for details!

ECHO RECORD MIRROR HERALD

Leavenworth 509-548-5286  
Cashmere 509-782-3781  
509-682-2213 • 509-689-2507  
ruthk@lakechelanmirror.com

### CROSSWORD PUZZLE

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19					20			
				21					22			
23	24	25				26			27	28	29	
30				31		32	33		34			
35				36		37			38			
39				40					41		42	
43				44					45		46	
				47			48	49				
56						57					58	
59						60					61	
62						63					64	

OFF First Month of New Service! USE PROMO CODE: 02590

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

- THEME: VALENTINE'S DAY
- ACROSS
- "Without further \_\_\_\_\_," pl.
  - Sweet 16 gift
  - Steps to the river, in India
  - "Michael Buble's " \_\_\_\_\_ the Last Dance for Me"
  - Bigger than big
  - Nonkosher
  - Big-ticket one
  - October birthstone
  - #5 Down's target
  - "Reason to celebrate Lupercalia, Valentine's Day predecessor"
  - Make over
  - Omit
  - Hexagonal fastener
  - December birthstone, pl.
  - Most gem, tich
  - Ed.'s request
  - Two dots above a letter
  - Brussels org.
  - Church recesses
  - \_\_\_\_\_ or chicken?
  - Encourage (2 words)
  - What hoarders do
  - He crossed the Rubicon
  - Jet follower
  - English county courts, in the olden days
  - Gentlemen's gentlemen
  - Chop off
  - Paparazzo's quest
  - Port in Yemen
  - "Heart-shaped box content
  - Range
  - Top notch
  - Baron Munchausen, e.g.
  - Journalists and reporters
  - Speed unit
  - All is well that does this well
- Bald eagle's nest
  - Ever, to a poet
  - Tinkerbell's powder
  - DOWN
  - "Clueless" catch phrase
  - "Get-together
  - End of a break-up phrase
  - Explosive of Czechoslovakian origin
  - "Winged one
  6. September stone
  - Bank on
  8. \_\_\_\_\_ card
  - Not tails
  - 70s hairdo
  - Sylvester, to Tweety
  - Wholism, alt. sp.
  - Monotonous hum
  - Intestinal obstruction
  - "Wayne's World" catchphrase
  - Japanese port
  - Wholism, alt. sp.
  - National emblem
  - Type of weasel
  - BBQ tool
  - Pasturelands
  - Accompanies wisdom?
  - "a.k.a. St. Valentine's Malady
  - "Muse of love poetry
  - Large edible mushroom
  - Long-legged shore bird
  - Regions
  - Bummed about
  - Bell's invention
  - Laurels
  - Homesteader's measure
  - Active one
  - Soap block
  - Hokkaido language
  - Small amounts
  - Formerly, formerly
  - Romantic destination

### WHAT'S HAPPENING

# EVENTS

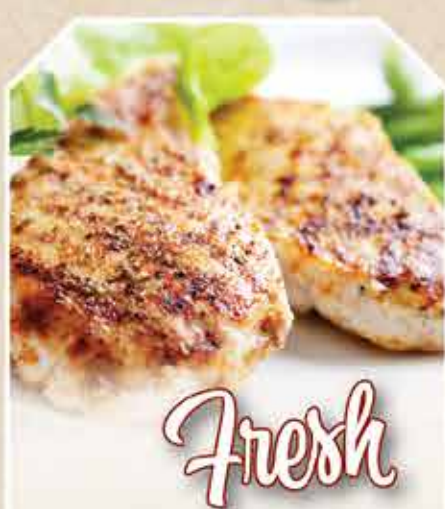
Need to promote your event? Have you thought about NCWMarket.com the best online promotion available

Premium Beef  
Boneless Beef  
London Broil  
Excellent Marinated

**3.98**  
LB.



Premium Beef  
Boneless Beef  
Tri-Tip  
Roast  
**5.98**  
LB.



*Fresh*  
Boneless Skinless  
Chicken Breast  
Value Pack  
**2.48**  
LB.

Local stores supporting  
local products.

**LOCAL** Equals **FRESH**

*Fresh* Produce

Heirloom  
Navel  
Oranges

**1.28**  
LB.



2 Lb. Bag  
Envy Apples  
Local

**2.98**  
EA.

Fresh Express  
Caesar Salad Kit  
Caesar or  
Caesar Lite  
9.7 Oz.

**2/\$7**

Relax & Enjoy! **COMFORT FOODS**

Wild Mike's  
14-Inch Pizza or  
Cheesy Bites  
Selected Varieties  
18 to 38.8 Oz.

**7.98**



Hot Pockets  
Ham & Cheese or  
Pepperoni, 12 Count

**13.98**

Darigold Cheddar or  
Colby Jack Cheese  
Selected Varieties  
24 to 32 Oz.

**7.98**



Velveeta  
Original  
2 Lb.

**10.98**

S&W  
Beans  
Selected Varieties  
15 to 15.5 Oz.

**3/\$4**



Rosarita  
Refried  
Beans  
Selected Varieties  
16 Oz.

**3/\$5**



Kraft Mac & Cheese  
Selected Varieties  
5.5 to 7.25 Oz.

**3/\$5**



Rosina Celentano  
Stuffed Pasta  
Selected Varieties  
19 to 24 Oz.

**2/\$9**



Tuscan Traditions  
Pasta Sauce  
Selected Varieties  
25 Oz.

**2/\$6**



Marie Callender's  
Pot Pie  
Selected Varieties  
15 Oz.

**2/\$7**



Hunt's Tomatoes  
or Sauce  
Selected Varieties  
14.5 to 15 Oz.

**3/\$5**



Hunt's  
Tomato  
Paste  
6 Oz.

**5/\$5**

More **COMFORT FOODS**



McCormick  
Chili Mix  
Selected Varieties  
1.25 Oz.

**2/\$3**



McCormick Taco  
Seasoning  
Selected Varieties  
1 to 1.12 Oz.

**5/\$5**



Zatarain's  
Rice Mix  
Selected Varieties  
6.9 Oz.

**3/\$4**



Lay's Snack or  
Kettle Cooked  
Chips  
Selected Varieties  
4.75 to 8 Oz.

**2/\$5**



Hershey's  
Candy Bars  
Candy Varieties  
Each

**4/\$5**



Duncan Hines  
Brownie Mix  
Selected Varieties  
18 to 18.3 Oz.

**2/\$4**