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Three people die in avalanche area of Colchuck Peak

SUBMITTED BY CHELAN COUNTY SHERIFF'S OFFICE

Update: On Friday, February 24, the Snohomish County Sheriff's office recovered the body of Seong Cho, under a thin layer of snow the other two have not been recovered

Sheriff Mike Morrison reports on February 22 that no rescuers were sent into the avalanche scene near Colchuck Peak. Two avalanche experts from Northwest Avalanche Center were deployed to the Colchuck area to assess the current avalanche hazard. The bodies of the climbers killed in the avalanche remain at the scene.

The Chelan County Sheriff's Office is identifying the avalanche victims

Seong Cho, a 54-year-old male Korean National residing in West Hartford, Connecticut

Jeannie Lee, a 60-year-old female from Bayside, New York

Yun Park, a 66-year-old male from Palisades Park, New Jersey

Recovery efforts from this point forward will be based on avalanche and weather conditions as well as overall rescuer safety. Sheriff Mike

Morrison reports on February 20, Deputies were contacted at the CCSO Leavenworth substation about an avalanche that occurred near Colchuck Lake the previous day. The reporting party, a 53-year-old Maryland man reported the group he was with had attempted to climb Colchuck Peak on Sunday, February 19. There were six climbers in that group and the reporting party had stayed at their base camp that day.

The lead climber triggered an avalanche while attempting to climb the Northeast Couloir of Colchuck Peak. Four of the climbers were swept down the couloir approximately 500 feet. Three of the climbers died as a result of trauma sustained in the fall. They were a 60-year-old female from New York, a 66-year-old male from New Jersey, and a 53-yearold male from Connecticut. The fourth climber, a 56-year-old male from New York sustained non-lifethreatening injuries and was able to hike back to base camp with the remaining two. They were a 50-year-old male from New York and a 36-year-old male from New Jersey. When they arrived at camp, they sent the reporting party for help. When Deputies took the report, A SAR coordinator started gathering resources. A total of 22 rescuers responded to the trailhead to assist with this effort. They were from Chelan County Mounty Rescue, Chelan County Volunteer Search and Rescue and ORV unit, Seattle Mountain Rescue, Tacoma Mountain Rescue, and Yakima Mountain Rescue. A group of four from Chelan County Mountain Rescue responded to the lake driven part of the way by the CCVSAR ORV unit. They reached the base camp

at approximately 1:30 p.m. They were able to determine avalanche conditions were too hazardous to continue to the deceased climbers. They escorted the surviving climbers back to the trailhead.

Rescuers were not sent back into the scene due to hazardous conditions. CCSO continues to work with Northwest Avalanche Center to assist in a recovery plan.

Colchuck Peak sits at the South end of Colchuck Lake approximately 8 miles South of Leavenworth, WA.



Washington's K-12 school funding and the rising costs of expanded services

Washington state supports over 1.1 million students in its public schools by providing funding to each school district based on enrollment. Our state Constitution designates education as our paramount duty—in other words, our top priority.

When it comes to the full funding of basic education in our state, we've seen many disagreements. A decadeslong debate in the 1980s and

As you may recall, the State Supreme Court issued its McCleary decision in 2012, bringing significant changes to Washington state school funding.

Our school funding system was already complicated prior to the McCleary decision, and it remains difficult to understand. Generally speaking, school districts receive state funding based on the total number of students enrolled in their districts. School districts also receive funding from local and federal sources and can apply for various grants to support expanded services.

While state and federal funding is allocated in government budgets, local funding to school districts is provided by voters through communityapproved property tax levies. For many years, school districts had been using local levy dollars to supplement their state and federal funding, some arguing that increasing levy amounts were necessary due to insufficient state dollars.

After the State Supreme Court issued its McCleary decision, the

Legislature responded by significantly increasing state funding while implementing strict caps on levy requests to protect property owners. The Legislature later removed the cap on school levies, which I did not support. This allowed school districts to request significantly more local funds despite the recent increases in state dollars. As a result, per-student funding (in state

and local dollars) continues 1990s eventually resulted in a major to increase each year even after lawsuit, known as the McCleary case. increased state funding was directed to districts following the McCleary

COMMUNITY

VOICES

By Brad

HAWKINS

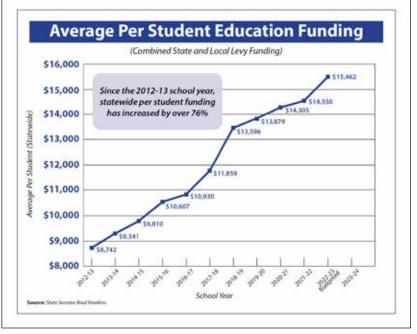
Ten years ago, for example, in the 2012-13 school year, districts received \$8,742 per student in state and local dollars. For the 2022-23 school year, school districts will receive approximately \$15,462 per student.

Services during this time have also greatly expanded. As a result of changing state policies, increased public expectations and individual school board decisions, many school districts are now providing a range of meal, childcare, social/emotional support, healthcare, and early learning services in addition to their K-12 academic responsibilities. There is no doubt that many needs exist within our communities and student population, but the question of who should be providing these services is open to debate.

While I am a strong supporter of education, it is reasonable to question whether school districts can efficiently provide such expanded services while fulfilling their seemingly fundamental responsibility as academic institutions. With all the changes over the last several years, and more proposed this session by some lawmakers, it is becoming increasingly difficult to differentiate where a school district's responsibilities end and where a family and community's responsibilities

This presents challenging dynamics for education policy and funding obligations as well as philosophical debates related to personal responsibility, parental control, and government's role. As school districts continue to expand the services they provide, it will also become more and more difficult to ever "fully education because so many responsibilities are being transitioned into our schools. This leads to expanded levy requests by school districts and increasing impacts on people's property taxes, which doesn't seem equitable or sustainable. That seems like the very problem we once had.

Brad Hawkins is the state senator for the 12th District. He serves as the Ranking Member on the Early Learning & K-12 Education Committee. Prior to his election to the Legislature, he served as a board member for the North Central Educational Service District and the Eastmont School District.



It's time to start watching for weight restrictions on county roads

Signs will be placed on impacted roadways

By JILL FITZSIMMONS,

Chelan County PIO

CHELAN COUNTY - It's that time

of the year again when the warming temperatures bring temporary weight

restrictions on county roads. Temporary weight restrictions are now on in the Entiat, Leavenworth, Cashmere and Chelan Road districts.

Seasonal snowmelt and runoff can soften roadways, potentially leading to costly damages. Temporary weight restrictions are put in place annually to protect the roadways from such damage. Only emergency vehicles, school buses or vehicles possessing a

special permit issued by the County Engineer are exempt.

New this year, vehicles that have a gross weight of 34,000 pounds or less do not need a special permit.

CONTINUED TO PAGE A7

Commissioner of Public Lands testifies in favor of statewide wildfire impacts bill

The DNR-led Cascading **Impacts of Wildfire bill** would secure funding for critical wildfire and smoke prevention and mitigation work

SUBMITTED BY DNR

OLYMPIA - With Western Washington wildfire impacts still top of mind after the Bolt Creek Fire belched smoke across the Puget lowlands this past October, Commissioner of Public Lands Hilary Franz testified in favor of House Bill

1578 before the House Committee on Agriculture and Natural Resources on Wednesday February 8.

The bill, which has bipartisan support, would secure \$12.8 million over the next biennium to prepare communities for wildfire smoke risks and impacts, expand community resilience efforts statewide, and manage post-wildfire risks including landslides and debris flows.

"No one is immune from the impacts of wildfire in Washington state," said Commissioner Franz, who leads the Department of Natural Resources. "Whether your home or business is in the path of the fire or you're trying to breathe through choking smoke, wildfire touches all of us.'

Among other things, HB 1578 would see DNR expand its already popular Wildfire Ready Neighbors program from eastern to western Washington. Three pilot programs in development in Pierce, Thurston and Mason counties would become permanent, along with five additional high-risk counties in western Washington.

The bill also takes steps towards reducing health impacts from wildfires and smoke through a multi-pronged approach, establishing a statewide

smoke monitoring and predictive services team while enabling the agency to deploy mobile air quality monitoring equipment, conduct simulation modeling, and provide real-time data and smoke exposure forecasts to support community-level public health efforts.

HB 1578 was sponsored in the state House of Representatives by Reps. Larry Springer (D-Kirkland) and Joel Kretz (R-Wauconda) and in the state Senate by Senator Keith Wagoner (R-Sedro-Woolley) and Senator Sharon Shewmake (D-Bellingham).

UV MEND gleans healthy food, and helps with medical bills

SUBMITTED BY: UV MEND STAFF

As the days lengthen and winter begins to loosen its grip, we celebrate the compassion you have shown for your neighbors in need who have faced long, dark days or cold winter nights alone. We are also celebrating the generosity of farmers, growers and volunteers who made the 2022 gleaning season a success despite several obstacles. Rachel Bishop, Upper Valley MEND's Food Programs Manager, has put together a report on the 2022 season, which you can read online. A total of 26,773 lbs. of produce were gleaned, with 523 volunteer hours. The value was a total of \$52,000 in produce for the community.

The true impact of this program begins once we leave the fields, and the van is full of produce. The fresh food goes much farther than just to Upper Valley MEND's Community Cupboard. We partner with Chelan Douglas Community Action Council (CDCAC) who distributes our gleaned produce to 13 other food pantries in Chelan and Douglas Counties and travels in mobile farmers markets up to Brewster and down to Rock Island. When they are unable to take more produce, our staff drive around the valley delivering to other locations you can see in the graph above Fresh produce is often an item that many food pantries lack because of price and access. Our gleaned produce is fresh, locally grown, and nutritious. Every person deserves access to this food. Deliver locations included CDCAC 13,484 lbs.; Community Cupboard 7,487 lbs.; Cashmere School District 1200 lbs.; Cascade School District 400 lbs.; Cashmere Food Bank 200 lbs.; Chelan County Regional Justice Center 1755 lbs.; Garden Terrace Senior Living 315 lbs.; Haven of Hope 90 lbs.; Lighthouse Christian Ministries 1165 lbs.; Mountain Meadows 500 lbs.; Mountain Sprouts 165 lbs.; Plain Pantry 53 lbs.; SAGE 90 lbs.; Serve Wenatchee 438 lbs.; Women's Resource Center 135 lbs. Thank you to the gleaning donors and volunteers that make this program happen.

In January, Upper Valley MEND paid \$32,146 of community members' bills, including rent, utility payments, medical bills and debt, and tanks of gas. Some of these payments were for families and seniors in Cashmere. Historically, Cashmere did not have access to the same resources as Wenatchee and the Upper Valley. Upper Valley MEND expanded our service area to include Cashmere in 2022. We began partnering with more Cashmere donors and volunteers than ever before and advertising our services more widely in Cashmere. In the last 13 months, Upper Valley MEND has been able to help 43 Cashmere households get the help they needed. We are looking for folks interested in volunteering at the Community Cupboard. Volunteers work alongside staff in 2-hour shifts checking shoppers in and out, stocking shelves, packaging goods, and providing friendly customer service. Our volunteers help on

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PHOTO SUBMITTED BY UV MEND

THIS WEEK

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A2 CASHMERE VALLEY RECORD MARCH 1, 2023



Annual Wellness Exam is Key to a Healthy Year for Older Adults



(StatePoint) You've selected your insurance plan for the year. Now, it's time to start using your benefits, beginning with an annual wellness exam. An annual wellness exam with a health care provider is important for everyone, but especially for older adults. As we age,

we are more likely to develop chronic health conditions, according to Dr. J.B. Sobel, chief medical officer for Cigna Medicare, which serves hundreds of thousands of older adults through its products. An annual wellness exam can help detect potential health issues early so they can be

addressed before they worsen, he added. "By meeting with your primary care provider early in the year, you can highlight the things that are important to you, and work together to develop a plan for your care for the year ahead," Sobel said. "This will ensure you live each day with vitality,

happiness, and improved health. Many providers will reach out to schedule an annual wellness exam. If your provider doesn't contact you, make sure to call them. A number of annual checkups are available at no extra cost to those with Medicare. They include a "Welcome to Medicare" visit for customers who have just reached Medicare eligibility and an "Annual Wellness Exam" for existing customers. Many Medicare Advantage (MA) plans offer more extensive annual visits at no extra cost. Some even offer incentives for completing a visit. Talk with your provider and Medicare insurer about your benefits. Each annual exam may be a little different. Regardless of the type, Sobel offers the following tips to ensure you get the most from your visit. Prepare. Before you go, write down anything you'd like to discuss with your health care provider, including changes to your health over the past year. Bring your prescription and over-the-counter medications with you. Ask plenty of questions and take notes. You might even want to take along a family member, trusted friend, or caregiver to ensure you understand everything

your provider has shared. Be open and honest. It's tempting to make things look rosier than they are when talking to your health care provider, but minimizing what you are feeling can lead to an incorrect diagnosis or prescription. Speak openly about unhealthy habits, like smoking or lack of exercise. Your provider won't judge you. Being honest is the only way your health care provider can help you reach your goals.

Mind mental health. Your emotional health impacts your physical health. Many people think depression is a natural part of aging, but it doesn't have to be. Talk to your doctor if you are feeling sad, anxious, or hopeless. Treatments, such as talk therapy, medication, or both,

may be covered by Medicare. Monitor medications. Adults age 65 and older tend to take more medications than other age groups, increasing the risk for adverse reactions. such as cognitive impairment and falls. It's a good idea to take vour medications to your annual wellness exam and discuss any potential problems or side effects you're experiencing. Don't forget about over-the-counter drugs, vitamins, or nutritional supplements you Schedule screenings and get vaccines. There are a number of important health screenings and vaccines that you may need depending on your age and gender, such as colon cancer screening, bone density test, mammogram, flu shot or COVID-19 immunization. Ask your provider about the screenings and vaccines you've had already and schedule any you need as soon as possible. You may even be able to do that before you leave the office. Also, don't forget to visit your eye doctor and dentist. These visits are covered by many MA plans as well. Find out more at www.cignamedicare.com.

"You wouldn't your vehicle without proper preventive maintenance, so please don't ignore preventive maintenance for your most prized possession - your health," Sobel said. "An annual wellness exam is a great place to start!"



March is National Colorectal Cancer Awareness **Month Save Lives** with Prevention Awareness

By: Colorectal Cancer ALLIANCE

Colorectal cancer, or CRC, is the second deadliest cancer in the United States. Every March, National Colorectal Cancer Awareness Month spotlights this disease and inspires more people to get checked starting at age 45. Two reasons why getting checked matters:

 Screening can find the warning signs of colon and rectal cancer, letting doctors take action to prevent the disease.

Screening can also find colorectal cancer early when treatment is most effective. One in 24 people will be diagnosed with CRC in their lifetime, but you can make a difference today. Learn about ways to build awareness, how to get support, and more below. Tomorrow can't wait. If colorectal cancer is highly preventable with screening, and it's highly treatable

when caught early, then why is colorectal cancer the second deadliest cancer in the U.S.? It's a great question with a complicated answer. A lack of knowledge about prevention and limited access to screening has a lot to do with it, and a third of people who could get checked don't. A missed or delayed screening gives colorectal cancer a chance to grow and become more dangerous long before symptoms appear. To raise the profile of this disease and encourage screening, President Clinton designated March as National Colorectal Cancer Awareness Month in February 2000. Since then, it has grown to be a rallying point for the colorectal cancer community where thousands of patients, survivors, caregivers, and advocates join together to spread colorectal cancer awareness. Getting checked can't wait. This March, join the Alliance in saving lives through prevention awareness.



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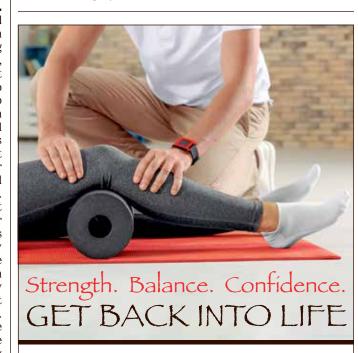
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10 Health Tips Doctors Encourage You to Try Today

(StatePoint) Want to make a fresh start and invest in your health? You may be unsure what changes will have the biggest impact. Doctors say that the easy, tangible actions you take are some of the most important.

"Many people focus on bigpicture health goals," says Jack Resneck, Jr., M.D., president of the American Medical Association (AMA). "The good news is that small, positive health choices made right now can have long-lasting effects."

Want to get started today? Here are the 10 recommendations the AMA top your list:

1. Exercise is essential for your physical and mental health, so get moving today. A good rule of thumb for adults is at

least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity.

- Vaccination is the best protection against several serious illnesses. protect yourself and your family, get up to date on your vaccines, including the annual flu shot and the COVID-19 vaccine for everyone 6 months and older. Your doctor can let you know if you're due for a COVID booster. If you have questions, speak with your physician, and review trusted resources, including getvaccineanswers.org.
- Get screened. Estimates based on statistical models show that since April 2020, millions of screenings for breast, colorectal, and

prostate cancer diagnoses 5. One in 3 American may have been missed due to pandemic-related care disruptions. Check in with your physician. If you're due for preventive care, tests, or screenings, make an appointment. These measures are designed to keep you healthy and help your doctor spot certain conditions before they become more serious.

4. High blood pressure, also known as hypertension, can increase your risk of heart attack or stroke, and it affects millions of Americans. ManageYourBP.org to understand what your blood pressure numbers mean and what you can do to get your blood pressure under control.

unmanaged. However, there are steps you can take that can help delay or even prevent the onset of type 2 diabetes. Learn your risk by taking a simple 2minute self-screening test at DoIHavePrediabetes.org. This resource also features helpful lifestyle tips that can help you reverse prediabetes.

adults has prediabetes,

a condition that can lead

to type 2 diabetes if left

Whenever possible, drink water instead of sugarsweetened beverages and replace processed foods -especially those with added sodium and sugar -- with nutritious, whole foods, including fruits, vegetables, whole grains, nuts, herbs and spices.

If consuming alcohol, drink only in moderation. The U.S. Dietary Guidelines for Americans defines that as up to one drink per day for women and two drinks per day for men, and only by adults of legal drinking age.

Speak with your doctor or health care professional about quitting tobacco and nicotine use. Declare your home and car smoke-free to eliminate secondhand smoke exposure.

Follow your doctor's instructions when taking prescription drugs – especially opioids. Always store and dispose of these medications safely to prevent misuse. Whenever prescribed antibiotics, take them exactly as directed. Not taking the full course can lead to antibiotic resistance, a serious public health problem, and will not make you feel better if you have a virus, such as a cold or flu.

10. Invest in your mental health by managing stress, getting sufficient sleep, exercising, and seeking help from a mental health professional when you need it.

Find more health resources at ama-assn.org. For a healthy future, invest in your wellness with these 10 doctorrecommended tips.



Take These 6 Steps to Manage Your Blood Pressure

(StatePoint) High blood pressure, also known as hypertension, affects nearly half of adults in the United States, and only about 1 in 4 with this condition have it under control, according to the Centers for Disease Control and Prevention (CDC). Hypertension can be dangerous and, in many cases, fatal. In 2020, it was a primary or contributing cause of more than 670,000 deaths nationwide. Medical experts say that controlling your blood pressure is possible and it starts with having the right information. "Nearly half of all American adults have high blood pressure, and many don't even know it. High blood pressure is a 'silent killer,' often having no overt symptoms, but increases the likelihood of heart attack, stroke and other serious health risks. I urge you to know your numbers and make the simple lifestyle changes that can help you control your blood pressure and live a long and healthy life," says Jack Resneck Jr., M.D., president of the American Medical

Association (AMA)

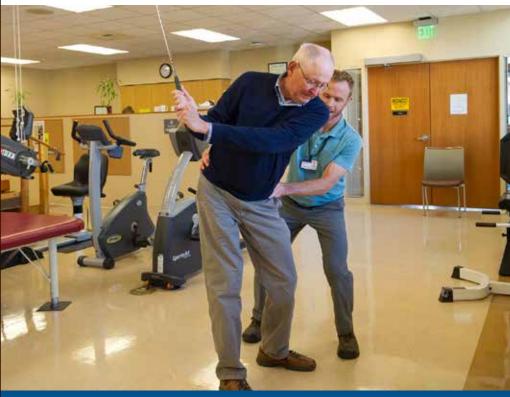
To get on the right track, consider these tips and insights from the AMA:

- 1. Know your numbers. Hypertension is diagnosed when your systolic blood pressure is greater than 130 mmHg or your average diastolic blood pressure is greater than 80 mmHg. Visit ManageYourBP.org to better understand your numbers.
- Monitor blood pressure. Once you learn your blood pressure numbers, take, and keep regular records using an at-home blood pressure monitor. For an accurate reading, the CDC says to sit with your back supported for 5 minutes before starting and wait at least 30 minutes after drinking or eating a meal. You should also avoid stimulants for at least 30 minutes beforehand, as the CDC says that smoking and drinking alcohol or caffeine can elevate your blood pressure. If you take medication for hypertension, measure vour blood pressure before your dose. Share your numbers with your health care provider.
- 3. Eat right. Reduce your

intake of processed foods, especially those with added sodium and sugar. Eat less red meat and processed meats, and add more plant-based foods, such as vegetables, fruits, nuts, seeds, and olive oil to your diet. Also, reduce your consumption of sugarsweetened beverages and drink more water instead. Drinking sugary beverages, even 100% fruit juices, is associated with a higher all-cause mortality risk, according to a study published in JAMA Network

- Open. Drink alcohol only in moderation. If consuming alcohol, do so in moderation as defined by the U.S. Dietary Guidelines for Americans -up to one drink per day for women and two drinks per day for men, and only by adults of legal drinking age.
- 5. Be more physically active. Do at least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity. Be sure to include a mix of cardiovascular exercise, strength training and flexibility. Obtain guidance from your doctor if you aren't sure if it is safe for vou to exercise.
- 6. Maintain a If you are weight. overweight, losing as little lower your blood pressure. Consult your doctor about safe ways to maintain a healthy weight. "Unmanaged hypertension can have lifealtering consequences," says Dr. Resneck. "The good news is that there are many ways you can take control of your blood pressure and vour health.

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True Intent

Playing on my phone setting in the passenger seat as Grandpa drove, I heard Grandpa say, "That truck says he's turning..." His tone was hopeful and dubious at the same time causing me to look up from the nothingburger images on the phone screen to see the big box truck ahead of us with its right turn signal on. Going 60 miles an hour, we followed the truck for a sixteenth of a mile (about 4 seconds) then Grandpa continued his commentary, "and he's turning just like he said he would." I heard satisfaction in Grandpa's tone as the truck did what he expected it to do, confirming his belief in having hope the driver was signaling true intent.

I said, "Yep, he kept his

rules of the road we all accept as a condition of having the privilege of using the roads; the driver's test we all take; driving on the right side of the road. I wondered about the old timers, teamsters with mules and horses using pack trains to transfer goods over skinny trails and narrow passes. What were their rules of the road? There were lots of mule and horse trains back then, wagons too. The environment was populated enough there had to be times when teamsters got in each other's way. What would happen if two pack trains met each other on a narrow mountain pass, one going up, one coming down? Teamsters shared the roads as they transported goods; the goods got where they needed to be; from those two facts I conclude the teamsters got along while traveling. To get goods from Point A to Point My mind turned to the B without excessive conflict

there had to be 'common' protocols teamsters followed. I know the teamsters had rules of the road because I remember Grandpa's dad tell me which pack train had the right of way on a narrow mountain pass but for the life of me, I couldn't remember what he said. So, I pulled out my phone to see what I could

I found out that for steep single lane mountain roads for motor vehicles the downhill driver yields to the up-hill driver. Why? Because usually vehicles backing up have better control going up-hill rather than going down-hill. But what about those huge trucks that look like a train with two box cars or pickup trucks pulling trailers? Or cars pulling horses in trailers? Wow, what a mind tangent that was! The protocol is for the downhill facing driver to back up until the road widens enough for the uphill vehicle to pass. I continued to look for information on mule and pack horse trains. Was it the same? (I couldn't find anything on my magical handheld device so I'm still wondering.)

Being that was a dead-end mental tangent, my mind got tired and circled back to the truck driver signaling true intent. I decided when we're traveling 60 miles an hour and only have 4 seconds to respond I'm exceedingly grateful for truthful drivers who signal exactly what they are about

When there's only 4 seconds to decide what's for dinner may I recommend:

60 Second Pizza

- 4-8 English muffins, flour tortillas, or slices of bread (some form of bread)
- 1 8 oz. can tomato sauce. Sprinkling of Italian herbs (optional)
- 4-8 thin slices mozzarella, cheddar, or American cheese

Lay the English muffins, the tortillas, or the bread on a microwave safe plate. Spoon the tomato sauce over the bread, muffin, or tortilla. If using them, sprinkle with herbs then lay a thin slice of cheese over the tomato sauce. Put in the microwave and cook until the cheese bubbles, around 60 seconds. Note: These can also be put in the oven under the broiler. Spaghetti or pizza sauce can be used instead of plain tomato sauce. For a different taste sensation use Mexican herbs instead of Italian herbs. Any bread works, biscuits, pita, hamburger buns, hotdog buns, whatever is available.

About the author: In 2000 Michele Priddy left the work force to become a stay-athome mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have



the best nutrition she could offer them even on a budget. *She taught cooking classes* at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her

hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo $at \, Reporter@leavenworthecho.$ com or Michelle's email: mykitchenstrategies@gmail. com if you have any questions or comments.

Red Cross Home Fire Campaign reaches goal of installing 2.5 million free smoke alarms nationwide

SUBMITTED BY ABBY WALKER

The American Red Cross Home Fire Campaign with the support of community partners has achieved its goal of installing 2.5 million free smoke alarms and making 1 million households safer across the country.

Since launching in October 2014, the campaign has saved at least 1,583 lives nationwide including 9 people in Washington state — from the threat of home fires, which claim seven lives every day in the U.S. Most often, these tragedies occur in homes without working smoke alarms.

"We are proud of our incredible community partners to help save lives by providing free smoke alarms in the Northwest Region as part of the national Home Fire Campaign," said Dan Wirth, Interim CEO for the Red Cross Northwest Region. "This amazing effort has been made possible by every volunteer, donor and supporter who teamed up to care for vulnerable families in our community."

Locally in the Northwest Region, which includes the state of Washington and the five northern counties of Idaho, Red Cross volunteers and partners have:

- Installed more than 32,900 free smoke alarms
- Made more than 13,000 households safer.
- Educated more than 16,700 children through youth preparedness programs.

Free Home Fire Services to Continue

Because home fires remain a daily threat and the campaign has made a lifesaving difference, the Red Cross will be continuing the program with community partners as part of its standard services, including Northwest Region Sound the Alarm events throughout the month of April to install free smoke alarms alongside community partners. Yakima, Washington has been chosen as the Red Cross Northwest

Region's 2023 Home Fire Campaign Signature City.

redcross.org/ Visit nwhomefire to register for a home fire safety visit if you need assistance. During appointments, volunteers will share information on the causes of home fires, how to prevent them, what to do if a fire starts and how to create an escape plan for your home.

In addition, the campaign's other services will continue, such as teaching children about the threat of home fires and what to do through youth preparedness programs, installing accessible fire safety equipment like bed shaker alarms and strobe light smoke alarms for residents who are deaf or hard of hearing, and providing home fire safety resources in American Sign

Language. Home fires account for most of the more than 60,000 disasters that the Red Cross responds to annually in the Northwest Region and across the country. So far in 2023, Red Cross volunteers have helped more than 690 people affected

by more than 200 home fires in the Northwest Region by providing emergency lodging, financial assistance for urgent needs like food and clothing, and one-on-one recovery support for navigating next steps and connecting with community resources. Read home fire survivor's stories and see the campaign's national impact at redcross.org/HomeFireStories.

How to Get Involved

Help save lives through the campaign by becoming a volunteer or making a financial donation to prepare, respond and help families recover from home fires. Learn more at redcross.org/nwhomefire.

You can also help your family by testing your smoke alarms monthly and practicing your two-minute home fire escape plan. Additional safety tips are available at redcross. org/fire and on the free Red Cross Emergency app (search "American Red Cross" in mobile app stores).



Map of Cascade











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On the Internet

website: www.cashmerevallevrecord.com e-mail: Reporter@cashmerevalleyrecord. com

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The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on

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Call the Record at 509-782-3781 Classified Advertising

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■ COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club: meets at Cashmere Presbyterian Church hall, noon. Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.

Mission Creek Community Club: meets every month, 7 p.m.
(1st and 3rd Wed.).

Cashmere Food Bank, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs)

Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.

Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

Friday no events

Saturday

American Legion Bingo, first call is at 6:15 p.m. American Legion Hall, 401 Sunset Hwy. Cashmere. Call 509-888-1904 and leave a message for Wiley Collins.

Sunday

CHURCH: See the church page for local service times and events.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton,

509-669-3159. (4th Mon.) **Tillicum Riders**: 7 p.m. Chelan County Fairgrounds.

Call Cindy, 509-662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon of each month (unless a holiday then Tues)

of each month (unless a holiday, then Tues.). **Planning Committee Meeting**, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)

Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)

Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu

Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.

Chelan Douglas Republican Women, Meetings at Highlander Golf Club, 2920 Eighth St. S. E. East Wenatchee Please, RSVP if you want to have lunch. Check-in begins at 11 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon.,monthly).

Tuesday

lcicle & Peshastin Irrigation Districts: Current meeting time 8 a.m. at 5594 Wescott Drive. Call Anthony Jantzer, cell, 509-433-4064, 509-782-2561 or tony.iid.pid@ncwi.net, (2nd Tues.)

Peshastin Water District, meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)

The Chelan County Cemetery District #2 (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Cashmere Public Library: 509-782-3314
You can order your books online at newlibraries.
org or call 1-800-426-READ (7323).

Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org

Cashmere Museum and Pioneer Village Call for more information 509-782-3230

Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

■ MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave. Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, Call 509-548-7939

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and iverCom. The publisher cannot certify the complete accuracy of the information provided.

17:08 Civil Dispute, 5738 Vale Rd.,

19:24 Suspicious Circumstance,

19:42 Domestic Disturbance, 307

09:18 Trespassing, 111 Elberta

Ave., Webb Accountancy

11:40 Disturbance, 5607 Sunset

13:46 Harassment/ Threat, 207 N.

13:49 Non-injury Accident, 5700

block Nahahum Canyon Rd.

15:45 Traffic Offense, W. Pleasant

16:14 Civil Dispute, 307 River St.

Riverside Dr., Riverside Park

20:19 Extra Patrol, 5736 Vale Rd.,

14:27 Welfare Check, 300 Aplets

16:02 Harassment/ Threat, 306 S.

23:41 Miscellaneous, Scheble and

N. Dryden Roads, Dryden

Way, Hometown Market

16:45 CPS/ APS Referral, 160

Ave. and Aplets Way

16:46 Welfare Check, 201

Happy Crop Shop

Feb. 22

Division St.

No report available.

Feb. 23

Lure Ln., Monitor

11:25 Fraud/ Forgery, 6251

Cashmere Auto

River St.

Feb. 21

Kimber Rd.

Douglas St.

Hwy.

17:49 Welfare Check, 8650

3570 Mission Creek Rd.

Dryden Frontage Rd.

Feb. 17

09:48 Harassment/ Threat, 100 block Mission Ave. 10:35 Disturbance, 201 Riverside

Dr., Riverside Park

18:24 Domestic Disturbance, 229
Independence Way

22:34 Traffic Offense, 201

Riverside Dr. 22:44 911-call, 106 Titchenal Way

Feb. 18

05:18 Hazard, 3600 block Richared Rd., Monitor 08:28 Suprious Circumstance,

5886 Sunburst Ln., Cashmere 09:36 Hazard, West Cashmere Bridge 16:02 Welfare Check, 3100 block Main St., Monitor

16:33 Hazard, 6600 block Stine Hill Rd.

17:26 Parking/ Abandoned Vehicle, 8211 Taber Rd. 18:17 18:17 Suspicious Circumstance, 4520 Eels Rd.

Feb. 19

01:08 DUI Arrest, US Hwy. 2 and Main St., Monitor 21:08 Suspicious Circumstance, 319 Independence Way

22:07 Suspicious Circumstance, 300 Woodring St.,

Feb. 20

03:56 Traffic Offense, 102 Titchenal Way, BJ's Shell 09:36 Property, 400 block Aplets Way

UV MEND

CONTINUED FROM PAGE A1

Saturdays, but we have shifts available Monday - Thursday as well. The exact timing of the shift is flexible, and we can work with you to find a time that works for you. Come help provide food to your neighbors. Contact Rachel 509-699-7395, Food Programs Manager, if interested.

Alleviating medical debt

Medical debt can be crushing for anyone. Last year Upper Valley MEND received a grant to help patients pay off past medical debt they cannot get out from under. Upper Valley MEND's social worker, Liz, is spearheading the effort to share this good news and get help to those who need it. "The two main requirements are that a person be uninsured and meet government income requirements," Liz said. "It can be quite complicated who

qualifies, so it's best that people call me to find out if we can help

Vision and dental care

Upper Valley MEND can help people without insurance or who are under-insured get the vision and dental care they need. MEND's Free Clinic can refer patients to Cascade Medical's Optometry ${\it Clinic for\ a\ complete\ vision}$ exam, covered by the grant. Leavenworth's Lions Club will assist with providing glasses. Our Free Dental Program assists clients with accessing urgent and preventative dental care. Depending on the scope of the services needed, we either pay the entire cost or develop a cost share with the client based on what the client can afford. If you, or anyone you know, could use help clearing past medical bills, or needs vision or dental care, contact Liz at liz@uvmend.org or phone at 509-293 8062 to see if you qualify.

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Leavenworth

The Leavenworth Lions Club

Lions are hosting a Food Drive in cooperation with Dan's Food Market on March 3 from 11 a.m.- 5 p.m. All donations are welcome and are in support of our Community Cupboard.

Upper Valley Empty Bowls Artists Bowls Auction

Don't miss the 27th annual UV Empty Bowls on-line auction of bowls hand painted by local artists. From 8 a.m., March 13 through 10 p.m., on March 22, twenty bowls designed and created by local artists and potters will be available for bidding on-line at the Upper Valley Empty Bowls website www. uvemptybowls.org. Each bowl is also available for immediate purchase with a "buy it now" price. All proceeds from the auction benefit Leavenworth's Community Cupboard Food Bank and a small art grant benefiting local youth.

2023 PNW Junior National Team Plain Valley Skiers:

We are so proud of the local Plain Valley Nordic Ski Team skiers that have been selected to the PNW team that will travel to Fairbanks, AK. on March 10 for championships on March 13, 14, and16. Thirty percent of the 40 skiers making up the Pacific Northwest team are members of our Plain Valley organization. The expense involved in getting these kids to Alaska is considerable. Please help get our local team to this event. Go to: DONATE to the 2023 JN Fundraiser.

Regional

Greater Wenatchee Mended Hearts

Greater Wenatchee Mended Hearts is inviting heart patients and their families in Chelan, Douglas, Grant, and Okanogan Counties to attend the Greater Wenatchee Mended Hearts Chapter Meeting on Monday, March 6, from 11:15 a.m.- 1:00 p.m. at the Aging & Adult Care of Central Washington Meeting Room at 270 9th St. NE in East Wenatchee. Guest speaker, Chase Webley of Boston Scientific, will talk about and show samples of cardiac devices such as pacemakers, stents, and defibrillators that his company provides for heart patients. He will also talk about his role during and after the installation process. Those unable to come inperson may attend by Zoom. To attend, call 509-293-1603 or email:chapter91president@ hotmail.com

WHEN in ROME

Wenatchee Valley Symphony presents WHEN in ROME, March 4 at the Numerica PAC at 7 p.m., call 509-663-2787.



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STORAGE



JOBITUARY Robert (Bob) Martin

September 1, 1957-February 16, 2023 Robert (Bob) Dean Martin was born September 1, 1957, to Waldo D. and Jean A. Martin in Fort Wayne, Indiana. He spent his childhood in many different states, and the family moved to Cheney, Washington in 1970. Robert Graduated from Cheney High School in 1975 and attended Eastern Washington University and Graduated in 1980 with a Degree in Education.

Robert taught in Moses Lake, where he met his future wife Judy. They were married in June 1984, and welcomed daughter Jennifer and a few years later welcomed daughter Laauren. In 1996 they welcomed a son Colton. They moved as a family to Peshastin and raised their children there. Robert taught at Cashmere Middle School for over 25 years, retiring in 2021. Many of you know him through school, but he was a community member in Leavenworth and Assistant Scout Master for the Leavenworth Scouts. He loved this valley and living in it.

He is survived by his Father Waldo Martin. Robert's Wife Judy Martin,



Daughters Jennifer West Laauren Tewell (Steven) (Lance), and Son Colton Granddaughter Martin. Mia and Grandson Cooper West, Grandsons Bowen, and Cayden Tewell. Brother Richard Martin (Doreen), Brother Steve Martin (Melissa), Sister Sue Rees (Todd Tichey) Evan and Ellise Rees and Mary and Ken Kanikeberg, David and Marcy McNabb. There will be a celebration of life at the Cashmere Middle School at 11:00 a.m. on Saturday, March 4, with a dessert bar to follow in the commons. In Lieu of flowers you can donate to The Cashmere Food Bank or the Cashmere Wacoka Kiwanis in care of Pam Leighton 4930 Old Monitor Road Cashmere, WA. 98815



Cashmere High School student serves as a page in the state House of Representatives



SUBMITTED PHOTO

From left Sophie Hill, Lisa, and District Rep. Keith Goehner

SUBMITTED BY KURT HAMMOND

Sophie Hill, a student at Cashmere High School, served as a legislative page for the state House of Representatives for the week of February 13-17. She was sponsored by her 12th District Representative Keith Goehner.

Each year, students from around the state apply to participate in the Legislative Page Program. Students spend a week attending page school, where they learn the inner

workings of state government, and assist legislators on the House floor. Students also draft legislation and present their bills in a mock committee hearing to fellow pages.

"It was fun to have our granddaughter, Sophie, serve as a page this session so she could get an up-close look at the Legislature and our state government," said Goehner, R-Dryden. "It is important students get involved and understand how our political

process works. There is a lot of focus on politics right now and the more students stay involved, the better understanding they will have of the process and issues before them."

Sophie is the daughter of Josh and Heidi Hill. She is also the granddaughter of Keith and Lisa Goehner. Her hobbies include writing, reading, and drawing.

Pages earn \$50 per day while serving in the program. To become a page, applicants must have a legislative sponsor, be between the ages of 14 and 16, and obtain written permission from their parents and school. For more information about the House page program, visit: www. leg.wa.gov/House/Pages/ HousePageProgram.aspx.

CHS student Anthony Zavala serves as Senate Page

SUBMITTED BY SEN. BRAD HAWKINS

Anthony Zavala is a junior at Cashmere High School and a Running Start student at

One of his teachers, Mrs. Karen Gemeinhart, describes Anthony as a 'driven and focused student with many talents". As his Honors English teacher, Mrs. Gemeinhart was "very impressed with his level of writing, volume of reading, and general skills in the area of communication". She says Anthony is "a mature, responsible, and kind student who will do well working with adults in a professional setting". Cashmere High School Principal, Craig MacKenzie, states that "Anthony is an invested member of our Key Club, is thoughtful and articulate, and has a keen interest in the

political process and service to his community" Principal MacKenzie thought Anthony "would serve our elected officials well and benefit richly from the experience". A fun fact about Anthony is that his mom paged for Senator Mary Margaret Haugen in 1996 and was inspired by his mom to serve as a page since she spoke so highly of her own experience.

"It was terrific having Anthony serve a Washington State Senate Page. He is mature beyond his years, super smart, and really enjoyed himself. The Senate Page program is an awesome opportunity for students across Washington state to spend a week at the capitol to learn about the legislative process. I was proud to sponsor Anthony and have no doubt that he will go on to do amazing things in this



Washington State Patrol

Carbon Monoxide STATE FIRE MARSHAL'S OFFICE Safety

Submitted by Washington State FIRE MARSHAL'S OFFICE

OLYMPIA Often referred to as the invisible killer, carbon monoxide is an odorless, colorless gas produced from the incomplete combustion of fuels such as propane, natural gas, and wood. Heating and cooking equipment that use such fuels can be sources of carbon monoxide. The Washington State Fire Marshal's Office wants to encourage everyone to take precautions and

practice safety year-round. The United States Fire Administration reports more than 150 people die of accidental non-fire-related carbon monoxide. From 2017 to 2021 the Washington State fire service reported 3,165 incidents related to carbon

These tips can keep you and your family safe from carbon monoxide:

monoxide.

- Choose a carbon monoxide (CO) alarm that is listed by a qualified testing laboratory.
- CO alarms should be installed in a central location outside each sleeping area and on each level of the home.
- During and after a snowstorm, make sure that vents for the dryer, furnace, stove, and fireplace are clear of snow build-up or other debris.
- If a CO alarm sounds, immediately move to a fresh air location outdoors or by an open window.
- Test CO alarms at least once a month.
- CO poisoning can be by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.
- Gas and charcoal grills can produce CO, please remember to only use outside.
- Generators should be used outdoors away from windows, doors and vent openings.

For more information, contact the State Fire Marshal's Office at 360-596-3929.



Anthony Zavala of Cashmere

Obituary & Memorial **Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

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CASHMERE BAPTIST CHURCH 103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m. Bible Study, Wed., 6.30 p.m.

Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



CASHMERE COMMUNITY CHURCH

213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana cashmerecommunitychurch@gmail.com



Sunday Worship Service at 10 am 5800 Kimber Rd., Cashmere 509-782-2825 christcentercashmere.com



509-860-0736 401 Elberta Ave., Morning Prayer or Holy Eucharist. Services, 10 a.m. Pastor Rob Gohl

GRACE LUTHERAN CHURCH



ST. JAMES EPISCOPAL CHURCH 509-860-0736 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. · Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

CORNERSTONE CHURCH Meeting at the First Baptist Church building 429 Evans St., 407-415-5838 Sunday Worship 9:30 a.m. info@cornerstoneleavenworth.com



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619

10 a.m.Sunday Service, Pastor Jo Dene Romeijn-Stout Leavenworthumc.org leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following https://www.flcleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

> LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell www.LCN.org

SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997 SPIRIT LIFE CENTER

210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR



MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org

facebook.com/plaincommunitychurch office@plaincommunitychurch.org



SPORTS & SCHOOLS

March 1, 2023 PAGE A7

Girls Basketball at State

By Jeff Carlson

The #7 seeded Cashmere Bulldogs (15-5 record) fell to the #2 seeded Lynden Christian Lyncs (23-3 record) by the score of 61-51 in the opening round of the WIAA 1A State Girls Basketball Tournament on Saturday

afternoon at Mt. Vernon High School. With the loss, the Bulldogs will now play a loser-out game on Wednesday when they face the Annie Wright Gators (#15 seed) at 10:30 am in the Yakima Sun Dome. With a win on Wednesday over the



Gators, the Bulldogs would be guaranteed two more games in the Sun Dome, and would face the #1 seed, Nooksack Valley, on Thursday in the quarterfinals.

The Bulldogs went toe-totoe with the defending 1A state champions on Saturday as sophomore Ellie Bessonette kick-started the Bulldog defense with four steals in the opening quarter. The Lyncs hit a three-pointer in the final seconds of the opening quarter to give them a 13-10 advantage.

Lynden Christian went on a 17-4 run to open the 2nd quarter, but the Bulldogs answered back with a 9-2 run of their own to cut the deficit to nine points at the half. Cashmere made several runs in the 2nd half but could get no closer than 8 points as Lynden Christian secured the win and qualified for the State Quarterfinals on Thursday in

Senior Maddie Hammond led the Bulldogs with 15 points, which came on five 3-pointers. Bessonette was a force on both ends of the floor as she battled foul trouble for most of the contest. She finished the contest with 14 points and 7 rebounds, and junior Brianna Talley added 9 points and 3 rebounds.



Wrestler Hugh Wheeler, Junior

By Jeff Carlson

Wheeler capped off his junior season with a 3rd place finish at the 1A State Wrestling Championships at the Tacoma Dome on Saturday. Wheeler, the 2022-23 Caribou Trail League Wrestler of the Year, went 4-1 this weekend which included three pins and a technical fall (20-4 decision). The top two placers in the 152 lb. weight class were both seniors. Coach Wheeler: "Hugh has worked tirelessly to improve both physically and mentally. He has always

been one for a great challenge, accepting them even when they might not go his way. Again and again, he has shown his ability to lead by example. We look forward to seeing the fruit of his dedication to continue to improve and strive to be the best."

Wrestler, Luke Jacobson, Senior

Luke reached the podium on Saturday after placing 6th in state in the 195 lb. weight class at the 1A State Wrestling Championships (Mat Classic). He went 3-3 on the weekend and nearly defeated the eventual 195 lb. state champion, Josh Luna (Toppenish), in his quarterfinal match when he lost a 6-4 decision in an overtime tiebreaker. However, he bounced back to win his next two matches to earn a spot on the podium for the first time in his career. Coach Wheeler: "From the first time I met Luke, I was impressed with his willingness to learn. I was surprised at the level of commitment he had during the time of "Covid uncertainty". He has come a long way, and we had some habits to change due to his past sport choices. He did it, and earned his spot

on the State podium.

House Page Program

SUBMITTED BY STATE REP. MIKE STEELE

#33 Maddie Hammond

12th District

page program is excellent opportunity students to take part in the legislative process. Students assist the House Representatives with

duties including serving on the chamber floor, making deliveries throughout campus, supporting member offices, and attending page school.

Youth from 14 to 16 years old can take part in the program. Pages earn a stipend of \$50 a day and can also earn up to 20

hours of community service.

Page School supplements the hands-on learning experience with a classroom component geared toward understanding the legislative process.

How to apply: The legislative session runs for 105 days, ending on April 23, 2023. When applying, potential pages can select which weeks they are available to work.

Financial assistance is

available for those who qualify. By reducing the financial burden and raising awareness of the program, the Legislature hopes to make participation in this great educational opportunity economically feasible for more students across the state. If you have any questions about my bills or other concerns about state government-related topics, don't hesitate to reach out to me. RepresentativeMikeSteele.com



Congratulations

from the Cashmere Valley Record, your hometown newspaper.



GIRLS BASKETBALL

Feb. 25:

Cashmere at Mt. Vernon High School. A State Cashmere 51, Lynden Christian 61, Loss

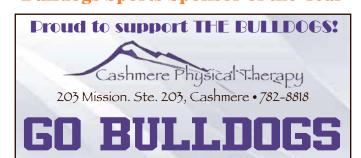
Sports Schedule

GIRLS BASKETBALL

March 1, 10:30 a.m.

Cashmere v.s. Annie Wright Schools at Yakima

Bulldogs Sports Sponsor of the Year

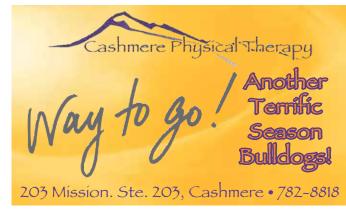






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509-679-5056 www.johnlscott.com



Play Hard At State



Bruce Cheadle, Agent 301 Aplets Way, Cashmere, WA (509) 782-1659



State Farm Insurance Companies Home Office Bloomington, Illinois

A proud history of clean energy leadership continues

It has been exciting to read about the Douglas progress PUD County has been making toward its Wells Hydrogen Project and possibilities of our region accessing federal funds under the Department of Energy's regional hydrogen hubs initiative. While some

people in our state may just be beginning to hear about the potential benefits of renewable hydrogen, local utility officials and I have been proudly pushing the potential benefits of renewable hydrogen for several years.

Back in 2019, I partnered with Douglas County PUD to sponsor and pass my Senate Bill 5588 to authorize public utility districts to produce and sell renewable hydrogen. Back then, I had to educate myself and my colleagues on renewable hydrogen and how it could benefit us all. In short, hydrogen (H2) is a colorless and odorless gas that can be created from a process that uses electricity to separate hydrogen and oxygen molecules in water. I knew gaining a new "authority" for PUDs to produce and distribute hydrogen wasn't going to be

I worked closely that year with Douglas County PUD



VOICES By Brad HAWKINS

is

interest using surplus hydropower to produce hydrogen. After months of hard work by everyone involved and lots of bipartisan support, Senate Bill 5588 eventually passed to allow for the production and sale of PUD "renewable hydrogen," which defined as hydrogen created from an emissions-

because

their

free electricity source. The Governor signed the bill in April 2019. Fast forward a few years and following COVID delays, renewable hydrogen will soon be developed in Douglas County. This new authority will

provide our hydroelectric facilities with a new way to address an ever-increasing challenge. With the expansion of wind and solar generation across many western states, the Pacific Northwest's electric grid experiences periods of surplus power generation in the spring. During springtime snow melt, hydropower generation is abundant because of high flows in the Columbia River. Wind and solar generation are often strong in the spring as well.

Not generating power by spilling excess water through our dams can adversely impact fish and securing buyers

for our hydropower when supply exceeds demand can be financially ineffective and challenging. Using surplus hydropower electricity (renewable hydropower) produce "renewable hydrogen" is an exciting opportunity because it can be both environmentally and economically beneficial. If power demand is low but water flows are high, the PUD can produce hydrogen rather than just spilling the water and harming fish. Less water spilled means more financial value from the water itself. As owners of the PUDs, anything that benefits a PUD will ultimately help its customers, so it's a win-win.

Renewable hydrogen is a cleaner version than hydrogen produced in most parts of the world because hydropower is a non-emitting electricity source. Hydrogen can serve many purposes, but one of its uses is clean fuel for vehicles. Hydrogen-based vehicles. similar to plug-in electrics, produce zero greenhouse gas emissions. Plug-in electric vehicles, like Teslas, have a huge head start over hydrogen vehicles. It could be that hydrogen as vehicle fuel may be better suited for heavierduty commercial vehicles, like utility rigs and semi-trucks, but it certainly could have a key role in our future zeroemissions transportation

In 2021, two years following the passage of my Senate Bill 5588 for PUD hydrogen, I sponsored and passed Senate Bill 5000 to extend sales tax incentives to hydrogen vehicles similar to our existing incentives for plug-in electric vehicles. That same session - continuing the partnership with Douglas PUD and other officials - I sponsored a transportation budget item to fund the state's first combo fast-charging electric vehicle and hydrogen fueling station. It will soon be located in East Wenatchee.

Adam Franklin

Real Estate Specialist

Creating clean fuel from

our surplus hydropower and actually fueling vehicles locally will be quite exciting. If the state invests in hydrogen fueling stations at our ports, we'll be able to haul the world's best apples from Wenatchee to Seattle on zeroemissions hydrogen semitrucks, refueling at the port in just five minutes before the return trip. If the west coast continues to build fueling stations along its interstates, we'll likely be able to travel across multiple states. If the Pacific Northwest ultimately becomes a "hydrogen hub," anything is possible.

Renewable hydrogen has

certainly gained incredible interest - locally and nationally - in recent years. Washington State Legislature is now pursuing clean hydrogen expansion in earnest. We don't want to brag, but it seems like, once again, the utilities in North Central Washington are way ahead of the curve on clean energy. This is something to

Brad Hawkins is our 12th District state senator representing North Central Washington in Olympia. Contact info: 360-786-7622 or brad.hawkins@leg.wa.gov.

be proud of.

Weight restrictions

CONTINUED FROM PAGE A1

We do ask these drivers to try their best to stay off road shoulders.

The seasonal weight restrictions apply to county roads; they do not impact load-rated bridges. Haulers will still need to verify if any of their proposed routes include a load-restricted bridge and then adhere to the specific restrictions of that structure. Read more about Chelan County's weight-restricted bridges on our County Bridges webpage.

How will you know if weight restrictions have been put in place on a county road?

Temporary restriction signs will be placed on impacted county roadways.

We update the public via our Public Works emails. Sign up online.

post the will We information, with frequent updates, on our Traffic Alerts and Restrictions webpage and our Facebook

page. The free permit must be handed in by 10 a.m. Monday through Thursday prior to the day that haulers will travel.

(If you must travel on a

Monday, the permit must be received by Thursday prior.) When restrictions are in place, haulers are encouraged to send the permit application via email (public.works@ co.chelan.wa.us) or fax (509-667-6250). Call the office (509-667-6415) if you have questions. And, as a side note, with snow season wrapping up, we will be getting back to our Weekly Road Maintenance Updates very soon.

An online map and an updated list of roads impacted by the temporary weight restrictions are on our Traffic *Alerts and Restrictions*



RECORD

MIRROR

Place your ad online at NCWWAKKE I.COW or call 309-345-3256 - Leavenworth Ecno/Cashmere valley record **509-682-2213** - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

PUBLISHER'S NOTICE All real estate advertis ing in this newspaper is subject to the Fair Housing Act, which save any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsi ble for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and Online at NCWMARKET.COM

for ONE week for FREE. Limit 30 words. A small fee will be

charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere

509-548-5286 or email classifieds@leavenworth echo.com **Lake Chelan Mirror**

509-682-2213 **Quad City Herald**

509-689-2507 or email

mirrorads@lakechelan mirror.com

Deadline Noon on Friday for the next week's papers



Happy Ads

Do you have a SPECIAL EVENT **COMING UP? HAPPY BIRTHDAY** CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra

charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just

Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have

questions. The Lake Chelan or Quad City Herald

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

Help Wanted

is looking for a part-time reporter to join their team This is a great opportunity for anyone wanting to get a foothold into journalism. communications, or

their resume.

Applicants would be covering meetings and

Lake Chelan Mirror each week. Responsibilities would

Use a camera to take photos of local events including schools and sports.

Email your resume and writing examples to publisher@leavenworth echo.com

to interview 509-548-5286. 10-5 p.m. weekdays.

Employment

NCW Media Newspapers

wanting to strengthen

This office is based in Chelan.

events in the Chelan and Manson and surrounding area for the

include:

Applicant needs to have reliable transportation. Pay will be based on experience.

or call for an appointment

Windermere

Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate Robyn Bodaila - 617-462-3402 in the Upper Valley?

Give us a call today!

Momi Palmieri - 509-433-2211 Geordie Romer - 509-679-8958 Allyson Romer - 509-630-9898

See all available properties at windermereleavenworth.com

Help Wanted

Orchard Supervisor Okanogan Area: Seeking an experienced candidate. Required 5 plus years of experience. Will manage 100 acres plus of Apples and Cherries. Must be Bilingual English/ Spanish speaking, reading, and Proficient writing. with computers, and programs like email and time/ record keeping. Display strong leadership skills. Valid Pesticide Drivers and license. Full benefits offered. Call for more information at 509-697-9175 ask for Zenaida or email resume

employment @monsonfruit.com. A full JD available upon request.

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald **Brewster** Call 509-682-2213 or email

mirrorads @lakechelanmirror.com OR

Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers



Looking for a home for your Furry friend?

Try the pet section on NCWMarket.com

Brown and "What's Up, _

3. River in Orenburg, Russia

7. "I Dream of Jeannie" star

10. Those born under Aries

23. *School with most titles

24. Car rack manufacturer

25. Like an implied agreement

27. Haile Selassie's disciple

28. Boston hockey player

13. Between 90 and 180 degrees

9. Like word of mouth

19. Crocus bulbs, e.g.

26. Your mom's sister

32. Ken or Barbie, e.g.

36. *First A in NCAA 38. Motivate

6. Massacre of the Innocents king

8. *Last year's runner-up from Wash-

. Gawk at

4. Weasel out

11. Chicken _

14. Spy's cover

22. *Network

31. Heart pain

34. *Placement

5. Go bad

inaton

EOE

Sudoku Puzzle

GRAND ALASKAN **CRUISE & TOUR**

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		2			4		8	9
	9						4	
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	6						5	
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2		5		1				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com

Register and pay on our secure site. Want Print Only?

Call **Lake Chelan Mirror Quad City Herald**

509-682-2213 or email mirrorads @lakechelanmirror.com or call

The Leavenworth Echo **Cashmere Valley Record** 509-548-5286 classifieds@leavenworth

echo.com Deadline: Noon on Friday for all papers.

Real Estate

Boat Slip For Sale

\$169,500



Sunset Marina, Chelan 40 ft. deep water slip with electric and water to slip Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking.

808-298-1031 Seller is licensed Realtor Maui, HI

Legals

Public Notices

CITY OF LEAVENWORTH

On the 14th day of February, 2023, the City Council of the City of Leavenworth, Washington passed the following ordinance. A summary of the contents provides as follows:

Ordinance 1668: An ordinance of the City of Leavenworth, WA, adding Chapter 3.83 Preferable "Environmentally Purchasing and Product Utilization" to the LMC; providing for severability, and effective date, and summary publication.

A full copy of the ordinances is available at Leavenworth City Hall or will be mailed to you upon your request to Andrea Fischer, City Clerk, City of Leavenworth, PO Box 287. Leavenworth. 98826.

Published in The Leavenworth Echo /Cashmere Valley Record on March 1, 2023. # 5338



Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR THE COUNTY OF CHELAN

ESTATE OF RICHARD D. SHETLER No. 23-4-00004-04 SUMMONS BY PUBLICATION The State of Washington to the said Alyssa Marie Wilson and Lois Joann Shetler to be served by publication. You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 15th day of February, 2023, and defend the above-entitled action in the above-entitled Court, and answer the Verified TEDRA Petition for Judicial Appointment of Administrator for Probate and Non-Probate Assets, and serve a copy of your answer upon the undersigned attorneys Administrator, Carrie Shirk, at his office below stated, and in case of your failure so to do, judgment will be rendered against according to the demand of the Petition, which has been filed with the Clerk of Chelan County Superior Court. This action asserted by Administrator, Carrie Shirk, is a Trust and Estate Dispute Result matter, probate administer the nonprobate assets Decedent, Richard D. Shetler. DATED <u>February</u> 2023; OVERCAST LAW OFFICES;

By /s/ David A. Kazemba, WSBA #48049; Attorneys for Administrator; 23 S. Wenatchee Ave, Suite 320; Wenatchee, WA 98801; (509) 663-5588

Published in The Leavenworth Echo/ Cashmere Valley Record on Feb. 15, to Mar. 22, 2023. #5295

Public Notices

SUPERIOR COURT OF WASHINGTON FOR LINCOLN COUNTY In the Matter of the Estate No. 224 000010 22 of TITCOMB, COLLEEN ANN Deceased.

NOTICE

CREDITORS RCW 11.40.030 Personal Representative The named below has been appointed as Personal Representative of this estate. Any person having a claim against the Decedent that arose before the Decedent's death must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Clerk of this Court. The claim must be presented within the later of (1) Thirty days after the Personal Representative served or mailed the Notice to the Creditor as provided under **RCW** 11.40.020(1)(c); or (2) four months after the date of first publication of this notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both

non-probate assets. Date of First Publication: February 22, 2023 Personal Representative: Cheryl A. Schibel Attorney for P.R.:

Mark DeWulf Address for Mailing or Service: McGuire, DeWulf, Kragt Johnson, P.S. 9 E. First St., P.O. Box 457

the Decedent's probate and

Odessa, Washington 99159 Cheryl A. Schibel Personal Representative

Published in The Leavenworth Echo/ Cashmere Valley Record on Feb. 22, and Mar. 1, and 8, 2023. #5332.

www.leavenworthecho.com www.cashmerevalleyrecord.com

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CROSSWORD

THEME: MARCH MADNESS ACROSS 5. Like a ship? . Repeating word on South Pacific map 12. Man-eating fairy tail giant 13. Newspaper piece 14. Pertaining to the ear 15. Family group 16. Not the life of the party 17. Andean animal 18. *Like Sunday, the day of announcements 20. Bodily disorders 21. 19th century Robber baron Jay _ 22. Architect's software, acr. 23. Articulates 26. Soak up 29. Cuban dance step 30. Auditory canal, e.g. 33. Needlefish, pl. 35. "Star Wars" creator 37. Swindle 38. March edition, e.g. 39. Rest or settle 40. Johnny Cash's "Get_ 42. *It never ends this way 43. Another word for acetylene 45. High or hilly land 47. Grazing spot 48. Copying machine code 52. *Those remaining in last weekend (Two words)

56. Gives off 57. Afghanistan's western neighbor 58. Beginner 59. Send in payment

60. Halfway around links 61. Besides

62. Biz bigwig

63. *D-___ schools only

64. Swedish shag rugs

dish 🔥

40. Biology class acronym 41. Benevolent 44. Leavening agent 46. Another word for golf club 48. Rice wine 49. Lacking sense 50. NYSE MKT, formerly 51. Frost design on a window 52. Porto____, Italy 53. Like acne-prone skin 54. Bear constellation 55. Fish eggs, pl. 56. Before, archaic

Public Notices

ADVERTISEMENT FOR BIDS CITY OF LEAVENWORTH WASTFWATER COLLECTION AND TREATMENT FACILITY IMPROVEMENTS PROJECT: PHASE 3 COLLECTION SYSTEM

General Notice

City of Leavenworth (Owner) is requesting Bids for construction of City of Leavenworth Wastewater Collection and Treatment Facility Improvement Project: Phase 3 Collection System. Sealed Bids marked "Attention: City Clerk, Sealed Bid - Do Not Open" will be received by the Owner at the City Hall Reception Desk, 700 US 2, Leavenworth, WA 98826, or by US Mail at PO Box 287, Leavenworth, WA 98826, until 1:00pm Thursday, March 23, 2023 local time. At that time the Bids received will be publicly opened and read aloud. A bid summary will be issued after opening, emailed to all bidders and posted on the website. The Project generally consists of following constructing the

- improvements: Cleaning and internal CCTV inspection of approximately 13,000 If of 8"-15" wastewater
 - pipelines Root removal
- Sanitary sewer bypass pumping • CIPP liner installation in approximately 11,800 If of 8"-15"
- wastewater pipelines Re-establishment of approximately 250 4"-6" sewer service connections
- Open cut repair or CIPP liner repair of existing 8" wastewater pipelines at 10 locations including excavation, pipe and fittings, bedding, backfill and compaction Installation of 3 wastewater manholes to replace existing

cleanouts including excavation,

bedding and backfill Associated work including construction surveying and staking; existing monument and survey marker location, protection and / or replacement: miscellaneous landscape and surface restoration

Obtaining the Bidding Documents The BIDDING DOCUMENTS may be examined at the Issuing Office: Engineering Varela & Management, 601 W. Mallon Suite A, Spokane, WA 99201 2.Visit

https://hosted.onlineplanservice.c om/Project/191.

Prospective bidders may view digital files at no cost.

To Bid the project, Bidder shall download a full set of the BIDDING DOCUMENTS from https://hosted.onlineplanservice.c om/Project/191 and shall be on the Plan Holders List. Bids shall be submitted in accordance with the Instructions to Bidders. Additional bid acceptance and contract award provisions are specified Contract Documents.

additional information For regarding this project, contact Mark Johnson, P.E. at Varela Engineering & Management at mjohnson@varela-engr.com Instructions to Bidders

For other requirements regarding bid submittal, qualifications,

procedures, and contract award, refer to the Instructions to Bidders and other documents that are included Bidding the in Documents.

American Iron and Steel Section 746 of Title VII of the Consolidated Appropriations Act of 2017 (Division A - Agriculture, Rural Development, Food and Drug Administration, and Related Appropriations Act, Agencies 2017) and subsequent statutes mandating domestic preference applies an American Iron and Steel requirement to this project. All iron and steel products used in this project must be produced in the United States. The term "iron and steel products" means the following products made primarily of iron or steel: lined or unlined pipes and fittings, manhole covers and other municipal castings, hydrants, tanks, flanges, pipe clamps and restraints, valves, structural steel, reinforced precast Construction concrete, and Materials.

The following waivers apply to this Contract: De Minimis, Minor Components, Pig iron and direct reduced iron

This Advertisement is issued by: Owner: City of Leavenworth By: Tom Wachholder

Title: Public Works Director Published in the Leavenworth Echo/ Cashmere Valley Record on March 1, March 8, and March 15, 2023 #5363

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of RICHARD H. SIEGERT, Deceased. No. 23-4-00071-04 PROBATE NOTICE CREDITORS RCW 11.40.030 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be otherwise by any applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later

(1) Thirty days after the personal representative served or mailed the notice to the creditor as **RCW** provided under 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: March 1, 2023 Personal Representative: James R. Newhouse, Jr. the Attorney for Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00071-04 JAMES R. NEWHOUSE, JR. Personal Representative Attornevs for Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807

Public Notices

Published in The Leavenworth Echo/

Cashmere Valley Record on March 1,

8, and 15, 2023. # 5371

SUPERIOR COURT OF WASHINGTON FOR CHELAN

COUNTY In the Matter of the Estate of MYRTI F LOUISE MCCART Deceased, No. 23-4-00048-04 **PROBATE** NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative Representative's Personal attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate nonprobate assets.

DATE OF FIRST PUBLICATION: February 15, 2023, Personal Representative: Linda D. Omlin: Attorneys for the Personal Representative: Kera Dexter, WSBA#58486: Address Mailing or Service - Overcast Law Offices Attn: Kera Dexter 23 S Wenatchee Ave. Suite 320 Wenatchee, WA 98801 (509) 663-5588. Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 23-4-00048-04 Presented by: OVERCAST LAW OFFICES By: Kera Dexter.

WSBA No. 58486 Attorney for the

Published in The Leavenworth Echo/ Cashmere Valley Record on Feb. 15,

Personal Representative

22, and March 1, 2023. #5310

NCW MARKET.COM **CLASSIFIED ADS**

Public Notices Public Notices

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Gode of Washington 61.24, et seq. 108 1st Ave South, Suite 450 Seattle, WA 98104 Trustee Sale No.; WA-22-943570-BF Title Order No.; 220501840-WA-MSW Reference Number of Deed of Trust: Instrument No. 2141394 Parcel Number(s); 29784, 241723510433 Grantor(s) for Recording Purposes under RCW 65.04.015; CLIFFORD W. NELSON AND DEBORAH L. NELSON Current Seneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015); U.S. Bank Trust National Association, not in its individual capacity, but solely as Owner Trustee on behalf for Citigroup Mortgage Loan Trust 2021-RP4 Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Rushmore Loan Management Services, LLC I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 3/10/2023, at 10:00 AM At the main entrance to the Chelan County Courthouse, located at 350 Orendo St. Wenatchee, WA sell at public auction to the highest and best bidder. payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: THE NORTH 396.00 FEET OF LOT 5, BLOCK 5, CASCADE ORCHARDS, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS, PAGE 81, EXCEPT THE NORTH 264.00 FEET THEREOF. More commonly known as: 12777 PROWELL STREET, LEAVENWORTH, WA 98826 Subject to that certain Deed of Trust dated 4/7/2003, recorded 4/18/2003, under Instrument No. 2141394 and modified as per Modification Agreement recorded 9/13/2019 as Instrument No. 2502427 records of CHELAN County, Washington, from CLIFFORD W. NELSON AND DEBORAH L. NELSON, as granfor(s), to PRLAP, INC., as original trustee, to secure an obligation in favor of BANK OF AMERICA, N.A., A NATIONAL BANKING ASSOCIATION, as original beneficiary, the beneficial interest in which was subsequently assigned to U.S. Bank Trust National Association, not in its individual capacity, but solely as Owner Trustee on behalf for Citigroup Mortgage Loan Trust 2021-RP4, the Beneficiary, under an assignment recorded under Auditors File Number 2554629 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage, III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$17,303.71. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$163,127.78, together with interest as provided in the Note from 1/1/2022 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty. expressed or implied, regarding title, possession or encumbrances on 3/10/2023. The defaults referred to in Paragraph III must be cured by 2/27/2923 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 2/27/2023 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 2/27/2023 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 9/23/2022, VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale, X, NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tonants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW, For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 51.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation, You have only 20 DAYS from the recording date of this notice to pursue mediation, DO NOT DELAY, CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission; Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_purchase_coun selors foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site:

Washington: http://www.hud.gov/offices/hsg/sfh/hco/fc/index.cfm?webListAction=se arch&searchstate=WA&filterSvc=dfc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site:

http://nwjustice.org/what-clear Additional information provided by the

http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in

Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-22-943570-BF. Dated: 10/28/2022 Quality Loan Service Corp. of Washington, as Trustee By: Tianah Schrock, Assistant Secretary Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 450, Seattle, WA 98104 For questions call toll-free:

916-939-0772 or Login to: http://wa.qualitylean.com IDSPub #0181904 2/8/2023 3/1/2023 Published in The Cashmere Valley Record/Leavenworth Echo on Feb. 8, and Mar. 1, 2023. #4889

(866) 925-0241 Trustee Sale Number: WA-22-943570-BF Sale Line:

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Public Notices

Public Notices

NOTICE OF TRUSTEE'S SALE QUALITY LOAN SERVICE CORPORATION F/K/A QUALITY LOAN SERVICE CORPORATION OF WASHINGTON 108 1st Ave South, Suite 450 Seattle, WA 98104 TS No.: WA-22-897633-BF APN No.: 231913625010 Title Order No.: 220009862-WA-MSW AMENDED Pursuant to the Revised Code of Washington 61.24.130(4) Reference Number of Deed of Trust Instrument No. 2223928 Parcel Number(s): 231913625010 Grantor(s) for Recording Purposes under RCW 65.04.015; BRENDAN BERGREN AND CASSANDRA BERGREN, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Deutsche Bank National Trust Company, as Trustee for Morgan Stanley ABS Capital I Inc. Trust 2006-NC4. Mortgage Pass-Through Certificates, Series 2006-NC4 Current Trustee of the Deed of Trust: QUALITY LOAN SERVICE CORPORATION F/K/A QUALITY LOAN SERVICE CORPORATION OF WASHINGTON Current Loan Mortgage Servicer of the Deed of Trust: Specialized Loan Servicing, LLC As the federal bankruptcy stay has been lifted, this an amended notice as to the Notice of Trustee's Sale recorded 4/6/2022 under CHELAN County Auditor Instrument Number 2565128. J. NOTICE IS HEREBY GIVEN that QUALITY LOAN SERVICE CORPORATION FIKIA QUALITY LOAN SERVICE CORPORATION OF WASHINGTON, the undersigned Trustee, will on 3/10/2023, at 9:00 AM At the Main Entrance to the Chelan County Courthouse. located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, THE WEST 130 FEET IN WIDTH OF LOT 1, IROQUOIS FARMS, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 2 OF PLATS, PAGE 16, LYING NORTHERLY OF THE WENATCHEE RECLAMATION DISTRICT CANAL RIGHT OF WAY, More commonly known as: 2599 EASY ST, MONITOR, WA 98801 which is subject to that certain Deed of Trust dated 3/29/2006, recorded 3/31/2006, under Instrument No. 2223928 records of CHELAN County, Washington, from BRENDAN BERGREN AND CASSANDRA BERGREN, HUSBAND AND WIFE, as grantor(s), to FIRST AMERICAN TITLE, as original trustee, to secure an obligation in favor of NEW CENTURY MORTGAGE CORPORATION, as original beneficiary, the beneficial interest in which was subsequently assigned to Deutsche Bank National Trust Company, as Trustee for Morgan Stanley ABS Capital I Inc. Trust 2006-NC4, Mortgage Pass-Through Certificates, Series 2006-NC4, the Beneficiary, under an assignment recorded under Auditors File Number 2356278 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arr ears: \$46,376.86. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$303,099.31, together with interest as provided in the Note from 11/1/2020 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied. regarding title, possession or encumbrances on 3/10/2023. The defaults referred to in Paragraph III must be cured by 2/27/2023 (11 days before the sale date), subject to the terms of the Note and Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 2/27/2023 (11 days before the sale), subject to the terms of the Note and Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashier's or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 2/27/2023 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Baneficiary or Trustee to the Borrower (s) and Grantor (s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 2/28/2022. Vil. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an apportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale, X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan, in which case this letter is intended to exercise the Note holders right's against the real property only. The Trustee's Sale Number is WA-22-897633-BF. Dated: 1/27/2023 QUALITY LOAN SERVICE CORPORATION F/K/A QUALITY LOAN SERVICE CORPORATION OF WASHINGTON, as Trustee By: Tianah Schrock, Assistant Secretary Trustee's Address: QUAL!TY LOAN SERVICE CORPORATION F/K/A QUALITY LOAN SERVICE CORPORATION OF WASHINGTON 108 1st Ave South, Suite 450, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-22-897633-BF Sale Line: 800-280-2832 or Login to: http://www. qualityloan.com IDSPub #0183704

Published in the Leavesworth Echo/Cashmere Vallay Record on Feb. 8, and Mar. 1, 2023, #5267.

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