



Wenatchee Valley Symphony presents Toast of the Town April 22

SUBMITTED BY RON BERMINGHAM

The year is 1969, thirteen years before the first CD and nearly thirty years before the MP3 player. Packing for a trip to the moon, you are only allowed one carry-on...small enough to fit under the seat in front of you. With one extended-play cassette in hand, what music would you bring to accompany the world's first lunar landing?

Commander Neil Armstrong packed a recording of the New World Symphony, an appropriate choice considering the mission and destination of the Apollo 11 crew.

In 1893, Dvořák was commissioned by the New York Philharmonic to

write Symphony No. 9, From the New World. Premiered to tumultuous applause, "without question this was one of the greatest triumphs of all that Dvořák experienced in his life. (John Clapham). Better known as the New World Symphony, Symphony No. 9 is today one of the most popular symphonic works ever composed.

Also on the program is Camille Saint-Saëns Concertante for Violin, Cello and Orchestra, La Muse et le Poète (1910). A "concertante" is a composition "affording opportunity to display brilliancy in a solo part in an instrumental composition."

In his blog "Musical Musings", Alan Beggerow writes:
In 1907, Mme. J-Henri Caruette, an

admirer, wanted to present a statue of Saint-Saëns to the town of Dieppe, but an actual law forbade a statue being erected to a living person. Mme. Caruette worked some political magic, circumventing the law, and when she died in 1909, Saint-Saëns wrote a one-movement piano trio, dedicating it to her. The composer's publisher entitled the work The Muse and The Poet and Saint-Saëns orchestrated it. The music begins in a somber tone with the orchestra, but when the violin enters, the mood brightens. The cello enters and things get gloomy again, but the violin keeps going and convinces the cello to brighten its mood too.

Playing the story on April 22 are two brilliant soloists, Vanessa Moss

(violin) and Brooke Scholl (cello).

Quinn Mason (b. 1996) is one of the most sought-after young composers in the country. A multiple prize winner in composition whose mission "is to compose music for various mediums based in traditional western art music and reflecting the times in which we currently live." (Mason) 'Toast of the Town' is a festive and fun overture in the style of Gilbert & Sullivan or Offenbach...to an operetta that doesn't exist! It is an instantly celebratory work, with march-like motives against fluttering, soaring melodies in the upper voices. Filled with plenty of character, Toast of the Town provides us with 8 minutes of shere, foot-tapping delight.

SUBMITTED PHOTO.
Wenatchee Valley Symphony Orchestra



SUBMITTED PHOTO.

House-proposed capital budget, my bills, and the capital gains (income) tax

We're in the home stretch of the 2023 session. With just three weeks to go in April, the state's three main budgets—operating, transportation, and capital—are in the crosshairs of many debates taking place in Olympia.



REP.
MIKE STEELE

Capital Budget

The House-proposed 2023-25 capital budget, a truly bipartisan effort, took several weeks of hard work and tough negotiations. As the lead House negotiator and ranking member of the Capital Budget Committee, it's my job to ensure the plan meets the needs of the entire state.

This session's House-proposed budget makes several meaningful allocations, including \$400 million for the Housing Trust Fund and \$893 million for behavioral health. Other sizeable investments include those for community infrastructure projects, K-12 school construction, and small school modernization funding.

Overall, House Bill 1147 appropriates \$8.34 billion, \$4.18 billion of which is from the sale of newly authorized, general obligation bonds. The remaining \$4.15 billion is comprised of a combination of the reversion of previously authorized bonds, other dedicated funding sources, and federal funds. It also leaves \$160 million in bond capacity for next year's 2024 supplemental capital budget.

• Current status: HB 1147 is scheduled for a vote in the House Capital Budget Committee this week. After approval, it will go to the Rules Committee to be scheduled for a vote by the House.

More than \$175 million in 12th District capital budget funding is included in the proposed spending plan. It's gratifying to see projects across our region, including newly redistricted areas, receive significant proposed allocations.

Overall, mental, and behavioral health remain top priorities for our district. Other investments include emergency response services, community resource centers, and K-12 school modernization funding. If approved by the Legislature, this plan will serve our communities well, encourage continued economic growth, and allow our district to thrive.

12th District projects in the proposal include:

- The Center for Technical Education and Innovation (Wenatchee): \$45 million;
- Chelan Valley EMS: \$11 million;
- The Center for Alcohol and Drug Treatment (Wenatchee): \$19.6 million;
- King County Area Readiness Center: \$6 million;
- Lake Chelan Food Bank Building Remodel & Addition: \$2 million;
- Community Center at Lake Chelan: \$1.7 million;
- Affordable Workforce Rental Housing (Leavenworth): \$1 million;
- Fall City Business District Septic: \$1.5 million;
- Wenatchee Valley YMCA: \$1.03 million;
- Wenatchee Valley Museum Expansion and Redesign: \$1 million;
- Snoqualmie Valley Youth Center Barn with Storage (North Bend): \$231,000;
- Water Line Repair (Index): \$628,000;
- North Fork Skykomish River 911 Extension: \$420,000;
- Manson Fire Station: \$206,000;
- Manson School District: \$262,000; and
- Skykomish School District: \$25,000.

Capital Gains (income) Tax
The Washington State Supreme Court recently broke with nearly a century of legal precedent by

CONTINUED TO PAGE A2

Be Kind, Give Blood in April

Exclusive Snoopy T-shirt coming to donate now until April 23

April is National Volunteer Month, and the American Red Cross is celebrating the millions of people who volunteer to give blood, platelets, and plasma throughout the year. This month, the Red Cross and PEANUTS® are joining forces as a reminder that it's cool to be kind and help save lives.

Don't wait until there's a crisis to give – donors of all blood types, especially type O blood donors and those giving platelets – are needed now to keep the blood supply strong enough to support critical patient care all season long.

People coming together to care for one another is the humanitarian spirit shared by the Red Cross community and PEANUTS. Donors are encouraged to take a page from the comic strips that have charmed generations and take care of one another by making a blood donation. Book a time to give by visiting RedCrossBlood.org, downloading the Red Cross Blood Donor App, or calling 1-800-RED CROSS.

As a thank you, all who come to give now until April 23 will receive an exclusive Red Cross and PEANUTS T-shirt featuring Snoopy as the coolest beagle in town, Joe Cool, while supplies last.* Those who come to give April 1-30 will be automatically entered for a chance to win a three-night trip for two to Sonoma County, California. This getaway includes flights, hotel, a \$1,000 gift card and special tours of the Charles M. Schulz Museum and Snoopy's Home Ice, courtesy of Peanuts Worldwide.

Upcoming blood donation opportunities April 3-23

Chelan: April 19, 1 - 6 p.m., United Methodist Church Chelan, 206 North Emerson St. and April 21, 9 - 2 p.m., Chelan High School, 215 Webster Ave.

Wenatchee Valley YMCA, 217 Orondo Ave. and April 18, 10 - 3 p.m., Pybus Market, 7 N. Worthen St., and

April 20, 12 - 5 p.m., Holy Apostles Catholic Church, 1315 8th NE, East Wenatchee.

How to donate blood

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

Amplify your impact – volunteer

Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check-in and thank blood donors to ensure they have a positive donation experience. Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position visit redcross.org/volunteertoday.

About the American Red Cross: The American Red Cross shelters, feeds and provides comfort to victims

of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members, and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRojaAmericana.org, or visit us on Twitter at @RedCross. **About Peanuts:** The characters of Peanuts and related intellectual property are owned by Peanuts Worldwide, which is 41% owned by WildBrain Ltd., 39% owned by Sony Music Entertainment (Japan) Inc., and 20% owned by the family of Charles M. Schulz, who first

introduced the world to Peanuts in 1950 when the comic strip debuted in seven newspapers. Since then, Charlie Brown, Snoopy and the rest of the Peanuts gang have made an indelible mark on popular culture. In addition to enjoying beloved Peanuts shows and specials on Apple TV+, fans of all ages celebrate the Peanuts brand worldwide through thousands of consumer products, as well as amusement park attractions, cultural events, social media, and comic strips available in all formats, from traditional to digital. In 2018, Peanuts partnered with NASA on a multi-year Space Act Agreement designed to inspire a passion for space exploration and STEM among the next generation of students.

Stifel's Kristen Taylor named to Forbes' Best-In-State Wealth Advisors List for the third consecutive year

SUBMITTED BY LESLIE NELSON

Stifel

Stifel Financial Corp. (NYSE: SF) announced on April 5 that Kristen Taylor, Managing Director/Investments with the firm's Stifel, Nicolaus & Company, Incorporated broker-dealer subsidiary, was named to Forbes' Best-In-State Wealth Advisors list for the third consecutive year.

The 2023 list spotlights more than 7,350 top-performing advisors selected from a pool of more than 39,000. Advisors were nominated by their firms then researched, interviewed, and assigned rankings within their respective states. Ms. Taylor earned a Bachelor of Arts and an MBA from the University of Washington and has more than 40 years of experience as a financial advisor. She is co-founder of the Taylor/Bryant Investment Group based in Stifel's Wenatchee, Washington, Private Client Group office, and can be reached at (509) 663-8604.



SUBMITTED PHOTO.

THIS WEEK

| | | |
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| Michelle's Table Strategies.....A2 | Bulletin BoardA3 | Classifieds Index |
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| Business Directory.....A3 | Bulldog Scoreboard.....B1 | Advertising Flyers...Safeway, Lifeline |



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Routines, Habits, Stability and Value

I'm officially an empty nester now. Sonny has moved out to take a job close to Caren and Jake and has taken a room at their house. I'm on my own, well kind of on my own. I'm living with my parents (does that mean they are no longer empty

nesters?) and my days get to revolve around the routine of their home. I'm reintroducing myself with Mom's habit of meal spacing. Mom's routine revolves around fixing breakfast, snacks, lunch, dinner; around gathering the family together. I know being here disrupts the routines and habits my parents have developed to create stability and value for their lives. And Sonny is experiencing the

same thing. Moving in with Jake and Caren he's learning house rules; fitting into new routines. Sonny will be under Jake's roof and Jake's rules, habits, and values. Jake has a habit of making breakfast every morning. In the evening after the rest of us are in our bedrooms Jake makes his rounds to lock the doors then he does some cleaning. Before heading to bed Jake prepares the kitchen so come morning the counter, the sink, the stove is clean and ready for food preparation. Workdays he is gone before the rest of us are up, but plates of breakfast are waiting for us on the counter. Jake's routine includes sleep. I was there when he told Sonny, "Sonny, don't do laundry after 10 p.m. The dryer keeps me up and I need my sleep."

Sonny nodded and grinned, "OK Jake. No problem, I'll get my laundry done before 10."

No back talk; no attitude; no excuses; no hiding behind mom. My son didn't even look

in my direction. I was proud. We've done a good job. My son is on his way to seek a new horizon.

Watching Sonny, I'm thankful for the Jake and Carens (the Ray and Dawns, the Stan & Kirstens, the Paul & Melindas, the Kevin & Sharons) who have worked (and still work) hard so there is a space in the community for young people willing to put in a day's work for a day's wage. I know it is due to the ability of the people who have routines; create stability; develop habits and build value that make horizons old and new possible. Sonny is heading towards new horizons and I'm heading towards old horizons. My old horizons have me reintroducing myself to Mom's routines and meal spacing. I'm renewing old routines; recreating stability with old habits and making myself valuable by helping make, serve and, most importantly, cleaning up the meals so the kitchen will be

prepped and ready for Mom to make breakfast for Dad in the morning.

Mom's Method of Meal Spacing

Up at 6 or 7 a.m.
Breakfast at 7 or 8 a.m.
Snack at 10 a.m.
Lunch at 12:00
Snack at 3 p.m.
Dinner at 5 or 6 p.m.
If at 5 p.m., snack at 7 p.m.
If at 6 p.m. dessert at 7 p.m.
To bed at 8 p.m. for younger kids
To bed at 9 p.m. for more mature kids
To bed at 10 p.m. for parents (we need an hour of peace before bedtime).

About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife.

Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact The Leavenworth Echo at Reporter@leavenworthecho.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.

Rep. Mike Steele

CONTINUED FROM PAGE A1

upholding the state's capital gains income tax. In the 7-2 ruling, the court asserted the capital gains tax is an excise tax, not a property tax, which the state constitution limits to 1% annually.

The 7% capital gains (income) tax, approved by the majority party as a new tax in 2021, will impact the sale of stocks, bonds, and other high-end assets of more than \$250,000.

In my opinion, this ruling is regrettable and, frankly, an unconstitutional conclusion on the part of the court. Although celebrated by many as a "tax on the rich," the reality is letting this tax stand could (and probably will) open the door to future state income taxes. That possibility will cost the average taxpayer, like you and me, not simply those with higher incomes.

younger, and veterans. Status: The bill had a public hearing in the Ways and Means Committee the week of March 29. It now awaits scheduling for a vote by committee members.

House Bill 1501 is a constituent request bill. After a local resident's husband was killed in a tragic hit-and-run, she asked me to sponsor a bill that would help the family members of murder victims. My proposal seeks to provide 12 counseling sessions to the immediate family members of a homicide victim.

Status: Approved by the Human Services Committee, the bill has now been passed to the Rules Committee, where it awaits scheduling for a vote by the Senate.

House Bill 1804 permits the participation in the public employees' benefits board for retired or disabled employees of counties, municipalities, and other political subdivisions.

Status: Approved by the Ways and Means Committee, the bill has been passed to the Rules Committee, where it awaits scheduling for a vote by the Senate.

I'd like to close this update with a big "thank you" to everyone who took part in my recent 12th District Virtual Town Hall, co-hosted with my seatmate, Rep. Keith Gohner. We share a diverse, beautiful, and economically strong district. By working together, we can ensure the future of our communities is bright.

Please contact me if you have questions about the legislative process or other state government-related issues. It's an honor to serve you.

My Bills

Here's an update on my bills that are moving through the legislative process and are now in the Senate for consideration.

House Bill 1250 converts the Low-Income Home Rehabilitation Revolving Loan Program into a grant program. Established in 2017, the program provides deferred loans to rural, low-income households needing repairs and improvements on their primary residence for health, safety, or durability. The program prioritizes homeowners who are senior citizens, persons with disabilities, families with children aged five years or

Bird Fest Youth Art Gallery

SUBMITTED BY WRI

Students in grades K-8 took on the challenge of the 2023 Bird Fest Youth Art Contest. Local students were tasked with creating an art piece focusing on birds. There were 80 submissions! The winning artwork is featured on the 2023 Leavenworth Spring Bird Fest poster and the winning artist will receive a prize.

This year's winner is Hazel, a 4th grade student from Vale

Elementary in Cashmere. Congratulations, Hazel! Her winning artwork is pictured. Keep your eye out for Hazel's art on the poster which will be distributed around the Wenatchee Valley to promote this year's Leavenworth Spring Bird Fest from May 18-21, 2023.

All of the art pieces submitted are displayed in the Bird Fest Youth Art Gallery on our website. Take a look at all of the beautiful artwork from these talented students.



CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

March 31

No report available.

April 1

07:01 Welfare Check, 201 Paton St.
07:46 Public Assist, 101 Cottage Ave.
17:35 Welfare Check, 5804 Evergreen Dr.
22:13 Suspicious Circumstance, 115 E. Pleasant Ave.
22:19 Harassment/ Threat, 70 Trestle View Ln., Dryden
23:12 Traffic Offense, Cottage Ave., and Parkhill St.

April 2

00:44 Disturbance, 229 Cottage Ave., Village Inn

00:52 Suspicious Circumstance, 1903 Lower Monitor Rd., Monitor
01:54 Burglary, 115 E. Pleasant Ave.
02:23 Prowler, 3540 Bridge St., Monitor
08:31 Malicious Mischief, 402 Pioneer Ave., Simpson Memorial Park
10:11 Burglary, 7652 Stine Hill Rd., Dryden
15:22 Non-injury Accident, 5800 Evergreen Dr.
15:22 Trespassing, 300 Aplets Way, Hometown Market
18:59 Injury Accident, Goodwin Rd., and Sunset Hwy.
23:15 Noise Complaint, 224 Cottage Ave.
23:30 Alarm, 6836 Dryden Ave., Dryden Grange, Dryden

April 3

09:51 Public Assist, 431 Mission Ave.
14:41 Parking/ Abandoned Vehicle, 2600 block Sleepy Hollow Rd., Monitor
15:34 Extra Patrol, 5900 block Goodwin Rd.
15:47 Theft, 102 Titchenal Way, BJ's Shell
17:13 Non-injury Accident, 107 Cottage Ave., That Pizza Place

April 4

07:25 Parking/ Abandoned Vehicle, 102 Fasten Dr., area.
08:00 Parking/ Abandoned Vehicle, 2600 block Sleepy Hollow Rd., Monitor
11:55 Hazard, Woodring St.

and Cottage Ave.
12:29 Diversion, 300 Aplets Way, Hometown Market
12:44 Welfare Check, 1751 Sleepy Hollow Rd. area, Monitor
14:57 Scam, 409 Cottage Ave.
15:28 CPS/ APS Referral, 8855 Josephine Ave., Dryden
16:29 Suspicious Circumstance, 1810 Lower Monitor Rd., Monitor

April 5

17:55 Missing Person, 5610 E. Cashmere Rd.
19:26 Theft, 8650 Dryden Frontage Rd., Dryden

April 6

10:09 Extra Patrol, 6600 block Flowery Divide Rd.

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CASHMERE VALLEY **RECORD**
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Corrections
The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips
Have an idea for a story? Call the Record at 509-782-3781

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COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

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- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

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- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club: meets at Cashmere Presbyterian Church hall, noon. Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.
Mission Creek Community Club: meets every month, 7 p.m. (1st and 3rd Wed.).
Cashmere Food Bank, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464
Ukulele Circle Join the Ukulele Circle, 5:30 - 6:30 p.m. every Wednesday, at the Peshastin Library. Please come 15 minutes early to tune and get the sheet music.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.
Cashmere American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).
Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

Friday no events

Saturday

American Legion Bingo, first call is at 6:15 p.m. American Legion Hall, 401 Sunset Hwy. Cashmere. Call 509-888-1904 and leave a message for Wiley Collins.

Sunday

CHURCH: See the church page for local service times and events.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Mon.)
Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Icicle & Peshastin Irrigation Districts: Current meeting time 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Peshastin Water District, meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)
Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Cashmere Public Library: 509-782-3314
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).
 Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
Cashmere Museum and Pioneer Village
 Call for more information 509-782-3230
Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

Borrow Museum Passes from NCW Libraries

NCW Libraries is now offering family passes to the Greater Leavenworth Museum for checkout. The passes will be part of the library district's Library of Things, which already includes family passes to the Wenatchee Valley Museum & Cultural Center, Cashmere Museum & Pioneer Village, and historic Ohme Gardens in Wenatchee. The Leavenworth Museum passes can now be reserved and checked out from the Cashmere, Leavenworth, Peshastin, and Wenatchee libraries. They are available for a two-week checkout period and grant entry to two adults and all children who accompany them. Reserve a pass online at www.ncwlibraries.org or inquire in person at one of the participating libraries. The Greater Leavenworth Museum showcases the unique history of Leavenworth and the Upper Valley from the Wenatchee First Peoples to present. The museum is located in the heart of downtown at 735 Front St., right above the Leavenworth Nutcracker Museum. Starting in April, the museum is open daily from 11 a.m. to 4 p.m.

Regional

Book Launch for Local Author, Jacqueline Haskins

Join us at the Leavenworth Public Library on Thursday, April 13 from 6:30-8 p.m. for an author meet and greet, book presentation, and book signing. A few years ago, Jacqueline was misdiagnosed with type 2 diabetes—but, encouraged by a friend to keep asking questions, she finally received a true diagnosis. A simple blood test showed antibodies in her blood... the footprints of an autoimmune disease. The true name of the disease is LADA. Even after the correct diagnosis, Jacqueline wasn't finding good answers to her most important question: how to be healthy and happy with LADA. She spent three years researching, talking with doctors, reading hundreds of scientific journal

articles, and learning from patients across the US. She compiled all her findings into her new book, Kickass Healthy LADA: How to Thrive with Latent Autoimmune Diabetes in Adults. The first book for the general public on LADA (Latent Autoimmune Diabetes in Adults) aka Diabetes 1.5, Kickass Healthy LADA offers the most up to date information, with practical strategies and tips for healthy living. Jacqueline Haskins calls Leavenworth her home. She received her Masters in Biostatistics from the University of Washington and her Masters in Creative Writing from Northwest Institute of Literary Arts. Her work appears in dozens of publications, and she has been nominated for a Pushcart Prize. After 30 years as a field biologist, she now – to her wonder and delight – gets paid to hang out in a local bookstore, A Book for All Seasons. Learn more about the event and the book at: https://www.abookforallseasons.com/.

The Greater Leavenworth Museum

Is excited to kick off their 2023 programs with a special event at Icicle Creek Center for the Arts Snowy Owl Theatre on Thursday, April 27. Rollie Schmitt will be presenting from his newest book - Greater Lake Wenatchee Area History - including stories and photos from the areas from Tumwater Canyon to Stevens Pass, including Lake Wenatchee. RSVP for this free event, and reserve a copy of his new book, at www.leavenworthmuseum.org. The event will run from 7-8:30 p.m., with doors opening at 6:30 p.m. Books will be available for sale before and after the event, along with a book signing and Q&A with Rollie. David Severance has generously offered to donate \$10 for each book sold to the Greater Leavenworth Museum.

The Cascadia Conservation District

Regular Board meeting will be an in person and call-in / Zoom meeting, held on Friday, April 21, 1:30 p.m. If you wish to attend in person, please call the office as space is limited. More information and instructions will be available on our web site at cascadiacd.org or by calling the District office, 509-436-1601.

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MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
 Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Washington Outdoors Report

Outdoors Roundup

By JOHN KRUSE

PUBLIC SHOOTING RANGE CLOSES FOR UPGRADES

The public shooting range at the Swakane Unit of the Chelan State Wildlife Area north of Wenatchee will be closed until this fall so that the Washington Department of Fish and Wildlife can make improvements. The range, long used as an unofficial shooting area, was built into a formal public shooting range in 2021 with a berm and target area along with shooting tables and benches.

The agency plans to upgrade the range so it meets the standards established by the National Rifle Association. These improvements include a separate 25-yard pistol range along with shed style covers over the berm and shooting tables.

One problem that has plagued this range (and other ranges open to the public on state and federal lands) has been the slothful ethic of some users who drag pallets, logs or other wood onto the range area to post targets on. After they are done shooting, they leave these items there as well as their targets and their spent cartridges and shells, creating a huge litter problem that gives the entire shooting community a black eye.

The old saying for hikers and campers holds true for shooters at these ranges as well. "Leave no trace" and

"Pack it out".

RAZOR CLAM LIMITS INCREASE

Washington Department of Fish and Wildlife (WDFW) shellfish managers announced spring razor clam digging can proceed as planned until May 14 with an increased daily limit of 20 clams per person.

"Now that we have the toxicity closure behind us and are turning the corner into spring morning digs, we're looking forward to better digging conditions and larger sacks of clams due to an increased bag limit," said Bryce Blumenthal, a WDFW coastal shellfish biologist.

These digs will take place if marine toxin results from the Washington Department of Health show razor clams are safe to eat at these beaches. You can check current domoic acid levels at the following web page <https://wdfw.wa.gov/fishing/basics/domoic-acid/levels>.

On all open beaches, the daily limit from April 6 through May 14 is 20 clams instead of the usual 15. Each digger's clams must be kept in a separate container, and all diggers must keep the first 20 clams they dig, regardless of size or condition.

The next round of digs takes place on the following dates at the listed beaches:

April 12, at 12:12 p.m.; 0.1 feet; Long Beach, Twin Harbors, Mocrocks (digging extended until 1 p.m.)

April 19, at 6:44 a.m.; -0.4 feet; Long Beach, Twin Harbors, Mocrocks

April 20, at 7:28 a.m.; -0.9 feet; Long Beach, Twin Harbors, Copalis

April 21, at 8:09 a.m.; -1.2 feet; Long Beach, Twin Harbors, Mocrocks

April 22, at 8:50 a.m.; -1.1 feet; Long Beach, Twin Harbors, Copalis

April 23, at 9:31 a.m.; -0.8 feet; Long Beach, Twin Harbors, Mocrocks

April 24, at 10:14 a.m.; -0.4 feet; Long Beach, Twin Harbors, Copalis

April 25, at 11:01 a.m.; 0.1 feet; Long Beach, Twin Harbors, Mocrocks

SPRING CHINOOK SEASON OFF TO A SLOW START

This year's spring Chinook salmon forecast calls for over 198,000 springers to return to the Columbia and Snake Rivers, more than what returned in 2022 (185,209) and significantly more than the ten year average of 150,485 salmon. You wouldn't know that from the early returns though. Angler success has been low thus far on the Columbia River below Bonneville Dam and as of April 5, only 359 adult Chinook had passed through the Bonneville Dam fish ladder. This is way

below last year's run on this same date which saw 925 Chinook over Bonneville Dam and also quite a bit below the ten year average of 648 adult salmon.

It is too early to tell if the run has been delayed due to cold water temperatures in the Columbia, decimated by an abundant population of sea lions in the lower river, or if the fisheries biologists just got the forecast wrong. Despite this, the Columbia River from the Tower Island power lines (approximately six miles below The Dalles Dam) upstream to the Oregon/ Washington border, plus bank angling by hand-cast only between Bonneville Dam and the Tower Island power lines is open until May 6.

The daily limit is six salmon, including no more than two adults of which no more than one may be an adult Chinook. Anglers must release all wild steelhead and all salmon other than hatchery Chinook. The salmon must be 12 inches or longer to keep them.

John Kruse - www.northwesternoutdoors.com and www.americaindoorsradio.com



PHOTO BY JOHN KRUSE All ready to go at the Swakane Shooting Range

Local Author Schmitten to speak about his new book



PHOTOS BY CAROL FORHAN

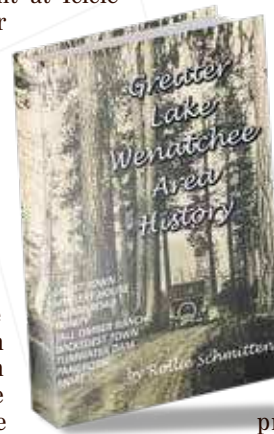
On Thursday, April 27 local author Rolie Schmitten will present his newly published book, Greater Lake Wenatchee Area History, sharing excerpts, photos, and stories from the Lake Wenatchee area. Rolie's presentation will be at an event at Icicle Creek Center for the Arts' Snowy Owl Theatre on Thursday, and will begin at 7 p.m., with doors opening at 6:30 p.m. A book-signing and Q&A will follow Rolie's presentation.

Schmitten is the fourth generation of his family with a presence in the Lake Wenatchee

area. His family's time in the area began in 1917 and included the Schmitten Lumber Company. His first book, Lake Wenatchee Early History, introduced in 2020, included pioneer stories of the Lake Wenatchee area.

His newest book, Greater Lake Wenatchee Area History, broadens the scope to include areas from Stevens Pass and Merritt, to the far reaches of the Trinity Mine.

A long with a rich complement of photographs procured from



OBITUARY

Karen Brennick

January 13, 1943- March 25, 2023

Karen Brennick passed on March 25, 2023. She was born on January 13, 1943 to Ingvald and Eva Ronnestad in Seattle, Washington. She is survived by husband Gary of 62 years, her son Randy and wife Cheri of Lake Stevens, grandson Connor, his wife Kendall and granddaughter Brianna Rossetol and husband Lane of Seattle. Her daughter Kris and husband Jerry McCarty of Flora, Indiana. Grandson Brandon and wife Emily also of Flora.

Karen graduated from Lake Stevens in 1961 on a Wednesday, and married Gary on Friday and they have been together ever since.

Karen and family have lived in Lake Stevens, Leavenworth, Cashmere, Almira, and Florence, Oregon. Living in Oregon, Karen was involved in the representation of the Democratic Party. In Lake Stevens was involved in the Lions Club, Historical Society of Lake Stevens and she was the past president of the Aquafest event and was chosen the Lion of the year for the Lions Club.

She was also a member of the Bethany Home for seniors. She was at the groundbreaking ceremony for the new building in Silver Lake. In Leavenworth she was involved with the Lions Club, Senior Center and was the President of



the Leavenworth Historical Museum.

She moved to Ft. Wayne, Indiana to further her career at Verizon Phone Company and that is where she retired from. While in Ft. Wayne she met Michelle Shaw and it was a godsend for Karen to meet her as they became best friends. Later Kris, her daughter moved back to Ft. Wayne where she and Karen lived together for some time. Kris worked at K-Mart and met Jerry underneath the "Blue Light Special" and they have been together since that time.

Karen and Gary loved to travel and went on many cruises including Alaska, the Caribbean, Panama, and a three-week European Cruise. They loved the outdoors and enjoyed camping trips when the kids were young. Karen was very involved in any community she lived in.

There will be a Remembrance of Life for Karen on April 25 from 5-7 p.m. at the Leavenworth Senior Center.

local families, the Greater Leavenworth Museum, and the University of Washington's photo archives, he will reflect on stories from the various chapters of the new 21-chapter book which are closely related to the Leavenworth area.

The event is free for attendees, however donations to the Greater Leavenworth Museum will be greatly appreciated at the door.

The book, Greater Lake Wenatchee History, has a publisher's suggested price of \$39.99, with online presales, or sales at the event, discounted to \$34.99. Additionally, David Severance has graciously offered to donate \$10 for every book sale to the museum. Event attendees are strongly encouraged to RSVP for this limited-space event at www.leavenworthmuseum.org.

Obituary & Memorial Policies

NW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

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Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE COMMUNITY CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m.
until further notice.
Pastor Lilia Felicitas-Malana
cashmerecommunitychurch@gmail.com

CHRIST CENTER
Sunday Worship Service at 10 am
5800 Kimber Rd., Cashmere
509-295-8006
christcentercashmere.com



GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
Services, 10 a.m.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
Services, 9:00 a.m.
Pastor Rob Gohl

DRYDEN


DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalley baptist.org

LEAVENWORTH

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Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE CHURCH
Leavenworth Grange Hall
621 Front St.
info@cornerstoneleavenworth.com
Sunday Worship - 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH
418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout
leavenworthumc.org
leavenworthumc@outlook.com

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Church: 509-548-7667
Meetings: Sunday - 10 a.m.

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Worship 9:30 a.m. w/coffee following
Eva Jensen, Pastor
<https://www.flcavenworth.com>

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appley
Youth Pastor: Paige Derossett
Worship Pastor: Jacob Mitchell
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
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Confluence Health jointly recognized for excellence in organ donation collaboration and individually recognized for three additional awards

SUBMITTED BY ADAM MACDONALD
Confluence Health

Wenatchee - Confluence Health will be recognized jointly along with Samaritan Healthcare in Moses Lake for the Excellence in Community Partnership Award from LifeCenter Northwest, a non-profit organ procurement organization. This prestigious award is typically given annually to only one hospital across a four-state, 230+ hospital region which has demonstrated unwavering dedication to working to improve the lives of people in the communities they serve.

The Excellence in Community Partnership Award for 2022 was awarded jointly to Central Washington Hospital and Samaritan Hospital for their collaboration in working on organ procurement with a trauma patient. In late 2022, staff at Samaritan Hospital recognized the clinical triggers for donation while treating a patient and made a critical, time-sensitive call. Realizing that the patient would need to be transferred to make donation possible, Samaritan Hospital reached out to Confluence Health's Central Washington Hospital after numerous denials for transfer over the course of two days from other hospitals throughout Washington State. After being declared brain dead, the patient went on to be an organ donor at Confluence Health, an act which helped save four lives.

Both hospitals will be recognized in a ceremony



this May, by LifeCenter Northwest with the award for their excellent collaboration as exemplary community partners, without which the organ donation would not have been possible. The recognition will also be officially announced in LifeCenter Northwest's 2022 Annual Report which will be published this month on their website, with the presentation to occur the following month.

"Both of these hospitals truly embody the spirit of community partnership," remarked Santokh Gill, president, and CEO of LifeCenter Northwest. "Most importantly, their unique partnership made it possible to save four lives during a donation case last year."

"We are so honored to

receive this recognition along with our partners at Samaritan Healthcare," commented Janna Finley, trauma program manager for Confluence Health. "Our team is able to provide this lifesaving care through our collaboration with LifeCenter Northwest and we are so thankful for the recognition of our team for these critical efforts."

In addition, Confluence Health's Central Washington Hospital was also recognized by LifeCenter Northwest with an additional three metric-based achievement awards.

The first award, the Organ Donation Process Excellence Award, previously called the Donation Referral Achievement Award—Organ, is granted to hospitals who have

a process error rate of 5% or less. Realizing and maintaining a low process error rate is incredibly challenging and requires a strong commitment across hospital services and staff, and Central Washington Hospital was one of only 26 hospitals to earn this honor in this organ donation service area. Confluence Health has previously been honored with this award four times before (2017, 2019, 2020, 2021).

The second award, the Collaborative Family Support Award, is earned by hospitals with a collaborative request rate of 90% or greater, which recognizes hospital partners that excel in the area of planning a collaborative family connection with LifeCenter Northwest. Central

Washington Hospital was one of only 39 hospitals to receive this recognition in the organ donation service area.

Finally, the third award, the Honoring Donor Decisions Award, is earned by hospitals honoring all donor decisions to be an organ donor in collaboration with LifeCenter Northwest. Central Washington Hospital was one of only 41 hospitals in the organ donation service area to receive this award.

"These awards recognize the dedication of all of the nurses, physicians, and staff at both Central Washington Hospital and all Confluence Health facilities to honor the wishes of patients and their families after making the decision to be an organ donor, a choice which

allows us to provide life-saving care to others," reflected Kelly Allen, chief nursing officer for Confluence Health. "We are proud to play a role in this important area of care for our patients, and grateful to LifeCenter Northwest for their recognition and ongoing partnership."

About Confluence Health: Confluence Health serves the largest geographic region of any healthcare system in Washington State, covering over 12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties.

Confluence is one of only two locally-lead healthcare systems in the state with the purpose of maintaining availability and access to high-quality, cost-effective healthcare services for North Central Washington.

The Confluence Health Board of Directors provides governance for Confluence Health, the Clinic, Central Washington Hospital, and Wenatchee Valley Hospital, and includes nine community board members and six physician board members.

About LifeCenter Northwest: LifeCenter Northwest is a non-profit organ procurement organization serving Alaska, Montana, North Idaho, and Washington, and works collaboratively with more than 200 hospitals to save lives through organ and tissue donation. In addition, LifeCenter Northwest serves the largest geographic area of all the 57 federally designated organ procurement organizations nationwide.



PHOTOS SUBMITTED BY JEFF KENOYER
The Cashmere Bulldog Track Team competed in Yakima Saturday, April 1 for the Don Holder Relays with teams from Ellensburg, AC Davis High School and Eisenhower High School.
1 Gabriela Ramirez in the shot put
2 Brayden Kriegel and Donald Flick racing in the 100 dash
3 Logan Collins (1049) and Isaac Zavala (1065) in the 4 x 100 relay
4 Erin Irelan in the 100 dash



BULLDOG SCOREBOARD

| BOYS SOCCER | |
|-------------|----------------------------------|
| Apr. 5: | Cashmere 0, Othello 5; Loss |
| BASEBALL | |
| Apr. 8: | Cashmere vs. La Salle - Canceled |
| SOFTBALL | |
| Apr. 6: | Cashmere 1, Mt. Baker 8; Loss |

Sports Schedule

| BOYS SOCCER | |
|-------------|--|
| Apr. 13: | Cashmere vs. Omak, Away at 6 p.m. |
| BASEBALL | |
| Apr. 15: | Cashmere vs. Cascade, Away at 11 a.m. |
| Apr. 15: | Cashmere vs. Cascade, Away at 1 p.m. |
| Apr. 18: | Cashmere vs. Omak, Away at 6 p.m. |
| SOFTBALL | |
| Apr. 15: | Cashmere vs. Cascade, Away at 11 a.m. |
| Apr. 15: | Cashmere vs. Cascade, Away at 1 p.m. |
| Apr. 18: | Cashmere vs. Omak, Away at 4:30 p.m. |
| TENNIS | |
| Apr. 13: | Cashmere vs. Omak, Away at 4 p.m. |
| Apr. 15: | Cashmere vs. Wahluke, Home at 11 a.m. |
| Apr. 18: | Cashmere vs. Cascade, Home at 4 p.m. |
| TRACK | |
| Apr. 15: | Cashmere Invitational, Home at 11 a.m. |
| Apr. 18: | NCW Meet at Cascade, Away at 4 p.m. |

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GO BULLDOGS

Confluence Health announces changes to masking policy for patients and visitors

SUBMITTED BY ADAM MACDONALD
Confluence Health

Wenatchee - Confluence Health announced updates to its masking policy as of April 3, masking will now be optional for patients and visitors while in Confluence Health facilities. Patients and visitors will still be recommended to mask to help protect the most vulnerable patients, but this will no longer be a requirement for entry. However, Confluence Health will not be making changes to its masking requirements for staff and providers at this time. Masking will continue to be required in clinical areas and

areas generally accessible to the public, including common hallways, for all Confluence Health employees.

"This policy update considers the changes to the Washington State Department of Health masking requirement, discussions with many health systems throughout the state, and guidance from our regional health districts," remarked Dr. Jason Lake, chief medical officer for Confluence Health. "Through this, we are taking into account both the changing needs of the post-pandemic world and continued protection of our patients."

The updates announced by Confluence Health come as a response to several COVID-19 and masking policy changes at various government levels which are scheduled to occur starting next week. The Washington State Department of Health (DOH) announced mask requirement changes in healthcare facilities April 3, 2023. The Centers for Disease

Control and Prevention (CDC) announced that, due to the federal government's decision to end the COVID-19 Public Health Emergency (PHE) on May 11, 2023, the CDC will be issuing additional guidance at that time.

Finally, the Washington State Department of Labor and Industries announced plans to expire the requirements for the Public Health Emergency Reporting and Notification Use of PPE on the same day.

"Over the course of the next few weeks between now and May 11, 2023, we

expect to receive additional guidance which the Confluence Health leadership team will use to further tailor masking policy as needed," continued Lake. "Until that time, we will proceed in a way that protects our most vulnerable patients. We are pleased, however, to be at a point in our efforts surrounding the COVID-19 pandemic where we are able to make this important update to our policies for our patients and their families."

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Washington State, covering over 12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties.

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CLASSIFIEDS

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All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative
Puzzle Solution

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Announcements
Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMARKET.COM** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworthecho.com or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507 or email mirrorads@lakechelanmirror.com
Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP?**
HAPPY BIRTHDAY CONGRATULATIONS!
WILL YOU MARRY ME?
HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.
Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.
The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

General Interest

ALL OCCASION Greeting Cards Close-out!
4 cards for only \$1.00 while they last!
Includes special Leavenworth Cards
Example sayings are:
Wish you were here with me in Leavenworth.
"Special Friends" Or I miss you.
Happy Birthday from Leavenworth!

This is a **FUNDRAISER** for The Royal Ladies of the Autumn Leaves Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286

Reverse Mortgage

REVERSE MORTGAGE
A Better Way to Live
 Mutual of Omaha REVERSE MORTGAGE
Let's Talk
Carlos Mata NMLS #70770
Reverse Mortgage Specialist
509.662.5495
cmata@mutualmortgage.com
710 N. Miller St.
Wenatchee, WA 98801
Mutual of Omaha Mortgage, Inc., NMLS ID 1025894, WA Consumer Loan Company License CL-1025894. These materials are not from, or approved by HUD or FHA. www.mutualofomahamortgage.com Subject to credit approval. #967202734 © Equal Housing Lender

Wanted



In search of purebred, medium size, male poodle to introduce to my purebred Mini Aussie female. We want some AussieDoodles. Leavenworth, WA. 509-860-0717 for details.

Commercial Business Equipment

MOVING SALE
Working Large Baumfolder Model 1320F.3.P.3 paper folding machine.
Need to move by end of April.
Sells now for \$5000 or MAKE OFFER!
See at The Leavenworth Echo, 215-14th St. Call 509-548-5286

FOR SALE
Kycocera Model 2550 copier, printer, scanner, fax, prints 3 sizes of paper, on movable metal cabinet.
\$300 or best offer.
Or FREE to any non-profit.
See at Leavenworth Echo 215-14th St., 509-548-5286
Must move by end of April See photo on NCWMARKET.COM

Employment

Help Wanted

mansonparks
Manson Parks is in search of a Campground Host-Manager at Wapato Lake Campground!
Position begins immediately and ends September 30. Applicants must have their own RV, strong work ethic, outstanding attitude, ability to work with minimal supervision, and ability to perform both maintenance and office duties. Excellent customer service skills required. Couples welcome to apply. Pay is \$15.74 per hour; includes use of camp site, water and sewer hookups, internet, power, and garbage service. Please see full job description at www.mansonparks.com.

Windermere Real Estate/NCW
Leavenworth/Lake Wenatchee Specialists
Looking for real estate in the Upper Valley?
Give us a call today!
See all available properties at windermereleavenworth.com

Robyn Bodajla - 617-462-3402
Momi Palmieri - 509-433-2211
Geordie Romer - 509-679-8958
Allyson Romer - 509-630-9898

Help Wanted

Douglas PUD has an opening for:
Hatchery Specialists
Details at www.douglaspu.org <http://www.douglaspu.org>

Looking for a great local employee?
It is easy to place your ad online 24/7 at www.NCWMarket.com
Register and pay on our secure site.
Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster
Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com
Deadline is Friday by Noon for the following Wednesday issues of all newspapers

NCW Media Newspapers

is looking for a part-time reporter to join their team. This is a great opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume.
This office is based in Chelan.
Applicants would be covering meetings and events in the Chelan and Manson and surrounding area for the Lake Chelan Mirror each week.
Responsibilities would include:
Use a camera to take photos of local events including schools and sports.
Applicant needs to have reliable transportation.
Pay will be based on experience.
Email your resume and writing examples to publisher@leavenworthecho.com or call for an appointment to interview 509-548-5286. 10-5 p.m. weekdays. EOE

Help Wanted

School District is seeking qualified applicants for the following position:
Director of Business and Finance
Fast Track application process and information can be found on our website at www.cascadesed.org EOE

"Could this be you?
Tierra Village seeks an entrepreneurial, self-motivated Executive Director who brings a strategic perspective and new ideas to the table. Our next leader will define and articulate a forward-looking agenda to advance our mission and inspire others. Confident, welcoming, and enthusiastic, they cultivate people and partnerships, engaging the broader community in our growth and success.
<https://www.tierravillage.org/employment> for more information and to apply."

School District is seeking qualified applicants for the following positions:
• Cascade High School Fall Cheer Advisor
• Cascade High School Winter Cheer Advisor
Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Advertise in the Classifieds
509-548-5286 or 509-782-3781

Help Wanted

Public Works TEMPORARY Truck Driver Laborer Leavenworth District
The Chelan County Public Works Department is seeking applicants for a summer four month Temporary Truck Driver/Laborer position for the Leavenworth District. The duration may be extended by mutual agreement between the County and the Union. The duties include performing manual labor, flagging operations, driving truck and/or operating light and heavy equipment. The salary range is \$22.48 per hour up to \$23.54 per hour based on experience.
This position requires a Washington State Driver's License, Class A CDL with Tanker Endorsements and prefer to have a current First Aid/ CPR card and flagging card.
Applications and a detailed job description can be found on the Chelan County Human Resource Career Opportunities page; <http://www.co.chelan.wa.us/human-resources/jobs>
The application, resume, and letter of intent must be returned to the Chelan County Human Resource Department 400 Douglas Street #201, Wenatchee, WA 98801 or emailed to human_resource@co.chelan.wa.us no later than Friday, April 28, 2023 at 5:00 p.m.



Upgrading your 'ride'? we can help you sell your old one

• Place your ad 24/7 at ncwmarket.com
• Email: classifieds@leavenworthecho.com
• Call 509-548-5286

AMBUSH AUTOMOTIVE BUYERS
Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Don't just 'park' your car on the side of the road with a 'For Sale' sign on it!
'Park it' on NCWMarket.com for one low \$25 fee!
Fee includes:
• Up to 3 photos of your vehicle
• Video • Unlimited description
• Google Map to your location (you can opt out)
• Privacy Link (interested buyers contact you through the site protecting your identity)

For Sale
Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only? Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrords@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

MOVING SALE LOW PRICE AND SOME FREE

DESKS: wood and wood-metal
FILE CABINETS: Different sizes, legal and standard, 3 drawers and 4 drawers.
FREE OFFICE CHAIRS:
* A Laverne-Shirley metal kitchen table.
MISC. ITEMS:
White boards, cork boards, file trays.
* Framed pictures- 2 of downtown Leavenworth one full color, one black and white.
Framed full-color signed Icicle Train Station poster.
Framed full color Leavenworth Map
Stop by the Echo 215-14th St. 10.- 5 p.m. Call 509-548-5286

Real Estate
Boat Slip For Sale

\$169,500



Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking.
808-298-1031
Seller is licensed Realtor Maui, HI

Legals
Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY

In the Matter of the Estate of CARL M. LARSON, Deceased. No. 23-4-00113-04 PROBATE NOTICE TO CREDITORS The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FIRST PUBLICATION: **March 29, 2023**
PERSONAL REPRESENTATIVE: Teresa A. Larson
ATTORNEY FOR PERSONAL REPRESENTATIVE: David Visser
ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 23-4-00113-04 OVERCAST LAW OFFICES
By: /s/ David Visser, WSBA No. 41546 Attorney for Personal Representative
Published in The Leavenworth Echo/Cashmere Valley Record on March 29, and April 5, 12, 2023 #5487

NCW MARKET.COM CLASSIFIED ADS

Public Notices

Tall Timber Ranch, 27875 WHITE RIVER RD. LEAVENWORTH, WA 98826, is seeking coverage under the Washington State Department of Ecology Aquatic Mosquito Control NPDES and State Waste Discharge General Permit. The proposed project applies to following geographical area: Abbreviated legal description: Portion of Homestead Entry survey No. 163 Sections 17 and 18, Township 28 North, Range 16 East and ptn. of Homestead Entry Survey No. 170, Section 18, Township 28 North, Range 16 East and Section 13, Township 28 North Range 15 East. Parcel # 47049. The permit allows the discharge of a specific list of pesticides for mosquito control provided permit conditions are met, however, the pesticides anticipated for use are: Bacillus thuringiensis israelensis (Bti) and Bacillus sphaericus (H-a5b), (S)-Methoprene, and Larviciding Oil (mineral oil). Ecology has made a SEPA determination of nonsignificance with the adoption of an existing environmental document for this proposal. Any person desiring to present their views to Ecology regarding this application may do so in writing within thirty days of the last date of publication of this notice. Comments must be submitted to Ecology. Comments can be submitted to: Department of Ecology, Water Quality Program, Attn: Aquatic Pesticide Permit Manager, P.O. Box 47696, Olympia, WA 98504-7696. Published in The Leavenworth Echo/Cashmere Valley Record on March 29, and April 12, 2023. #5486.

WHAT'S HAPPENING

Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available

Body lotions: Newest moisturizers contain compounds called ceramides

There are so many lotions, creams, and body butters available for dry skin. Which is the best?

Over the past decade, water shortages have become increasingly common, triggering limits to the availability of fresh water, especially in the Southwestern U.S. and California. In hot weather, lawns featuring swaths of green grass require constant watering to look healthy. People living in areas faced with water rationing are transitioning from water-guzzling yards to plants and features that look nice even when water access is restricted. Without unlimited access to water, it makes sense to shift from landscaping to xeriscaping.

Xeriscaping comes from the Greek word xero, meaning dry. There are two main principles in xeriscaping: choosing plants and landscape features that don't need as much water and gardening techniques that direct water only to where it's needed. This avoids losing precious water through either evaporation or runoff.

Using the same Greek term, xero, that refers to xeriscaping, xeroderma is the medical term for dry skin. Dry skin affects many people and becomes even more common as we age. Successfully treating dry skin, like xeriscaping, is all about getting water to the cells of your skin while minimizing water loss through evaporation.

Our body releases small amounts of water through small gaps in our skin cells throughout the day, not just when we perspire from exertion or excitement. This is called transepidermal water loss. As we age, our skin produces less sebum, an oily substance that helps slow down the evaporation of water through our skin.

Water loss through the skin



skin successfully helps prevent future skin problems. Here are 6 Tips for Relieving Dry Skin:

- 1. Keep your body hydrated.** Getting enough water also helps your skin look younger. By drinking extra fluids early in the day, you'll avoid having to get up multiple times at night.
- 2. Minimize your caffeine intake.** I love my caffeinated coffee, but it increases water loss by stimulating urination. Caffeine hides in energy drinks like Red Bull, Monster, and 5-Hour Energy. One of the best ways to quit caffeine without the misery of a withdrawal headache is to switch to tea first, which has half the caffeine as coffee.
- 3. Humidify your house.** Use a humidifier if you live in a dry climate or when heating your home. Warm, dry air accelerates trans-epidermal evaporation.
- 4. Shower and bathe with warm, not hot, water.** Using hot water encourages water loss from the skin. Bathing or showering with cooler water is better for dry skin.
- 5. Pat skin almost dry, then apply moisturizer to seal the water.** Apply moisturizer to damp skin within 10 minutes of stepping out of your bath or shower or washing your hands. Most effective moisturizers work by trapping water in your skin cells.
- 6. Try a moisturizer with ceramides.** I have found that CeraVe® relieves dry skin as well as a body butter but without leaving a greasy film on your skin.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey*

can accelerate, especially in dry, windy, or cold conditions. During wintertime in cold climates, we heat our homes. As heat dries the air inside, your skin can feel dry and itchy.

Frequent bathing encourages dry skin. Taking a bath or shower promotes the evaporation of water from the surface of your skin. Unless you apply moisturizer, heating your home increases the dryness of your skin. Moisturizers help by trapping moisture on your skin before it has a chance to evaporate.

Moisturizers can add flexibility to your skin's surface cells and block water's evaporation. They are available as lotions, creams, and ointments. The more occlusive, thicker, and "greasier" a moisturizer is, the better it can trap water next to your skin, blocking transepidermal evaporation.

One ordinary moisturizer is petroleum jelly, also known as Vaseline®. Some moisturizers add compounds that encourage water to stay on your skin, like lactic acid, salicylic acid, glycerin, urea, and ammonium lactate.

The newest moisturizers contain compounds called ceramides. Ceramides are found in high concentrations in healthy skin and lower concentrations in less healthy or dry skin. Three essential compounds of ceramides have been shown to improve skin texture, integrity, and dryness. One brand of moisturizer featuring ceramides is CeraVe®. What I like most about CeraVe® is that it is non-greasy, yet quite powerful in relieving dry skin symptoms like flakiness and itching.

How do you know if you have dry skin? Itching, flaking, redness, and cracks in the skin are all signs of xeroderma. Dry skin is more fragile and is considered the "gateway" to other skin issues. Treating dry

Garage & Yard Sale

CLEAR SOME SPACE WITH A Garage Sale



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

General Merchandise

Ovalstrapping Inc. "Mini-Max"

Newspaper and Magazine strapping, etc. machine with one large roll of strapping. Selling for \$500 Or Make offer!

See at The Leavenworth Echo 215-14th St. 509-548-5286
Need to move before end of April. See photos on NCWMARKET.COM



Solid light oak wine barrel cabinet with 19 Marilyn Monroe and 8 Elvis collectors' wine bottles. Asking \$400. Call leave a message, 509-630-1660.

For Sale: 2018 Troy Bilt snowblower 28 clearing width, electric start, 4 way chute control 2 stage power, driving light. Instruction manual. Paid \$1300 will take \$600. No problems with it, just to big for me to handle. Call to make an appointment to see 509-670-1723

www.leavenworthecho.com
www.cashmerevalleyrecord.com

SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022
VIST VACATIONS promo code N7017
1-855-208-9533

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

THEME: BEATLEMANIA

1. In the Queen of Hearts' oven?
6. Indiana Jones' quest
9. Dance with leis
13. Sheikh, alt. sp.
14. Opposite of paleo
15. Hedgehog of movies and video games
16. Toilet, to a toddler
17. Pilot's estimate acronym
18. One deserving of respect?
19. "Like submarine"
21. "Abbey Road" location
23. Lobe location
24. Per person
25. To the ___ degree
28. "Twist and Shout" endearment
30. English confection
35. Wraths
37. Swarm like bees
39. Not taken and taken
40. Skiing helmet manufacturer
41. Homework assignment
43. Kamakawiwo'ole's strings, pl.
44. Thermonuclear weapon
46. Type of list
47. Frost residue
48. "God, We Praise You" (2 words)
50. Redecorate, e.g.
52. What Carl Lewis did
53. Doctor's order
55. December 31st, e.g.
60. "Whisper words of ___"
60. "Please ___ Me," 1st album
63. Amusement
64. Rage
66. Scary movie consequence
68. ___ del Carmen, Mexico
69. Corn spot
70. Reach a goal (2 words)

71. Unit of heredity
72. Cry of alarm
73. Wipe out

DOWN
1. Cough syrup amt.
2. Greeting at sea
3. Blood vessel network
4. Ownership document
5. NASA's first space station
6. All over again
7. Retired, abbr.
8. Aussie bear
9. "I want to ___ your hand"
10. Editing arrow
11. Bank holding
12. Acronym, abbr.
15. Mister in Brazil
20. Speak from a podium
22. Month X
24. Hideous sight
25. "It's been a hard day's ___"
26. Social group
27. Roman king of Judea
29. "Starr's predecessor"
31. "Fabulous number"
32. Faquir, alt.sp.
33. Swelling
34. Ruhr's industrial center
36. Not all
38. Like a full-fledged Mafia man
42. Cry of the Alps
45. The enlightened one
49. Barn sound
51. Nervous (2 words)
54. Inflict a blow
56. Truth or Dare player?
57. ___ E. Coyote
58. Persian Gulf country
59. Eye infection
60. Peephole glance
61. ___ good example
62. Chows down
63. Frugal driver's acronym
65. Fish eggs
67. Unidentified Jane

dish BRING EVERYTHING YOU LOVE TOGETHER! Blazing Fast Internet! \$19.99/mo. 2-YEAR TV PRICE GUARANTEE \$69.99/mo. 190 CHANNELS CALL TODAY - For \$100 Gift Card 1-888-416-7103

Address Changing?

Call the Circulation Department today so you don't miss a single issue of your Local Community Newspaper or our monthly publication, the Wenatchee Business Journal!

509-293-6780
or email circulation@lakechelanmirror.com

ECHO RECORD MIRROR
HERALD BUSINESS JOURNAL MEDIA

131 S. Apple Blossom Drive, Ste. 109
in the Chelan Business Center - Chelan

2 Days Only! Friday & Saturday

truckload
Meat Sale

April 14th & 15th, 2023

10 LBS. OR MORE
WHOLE IN THE BAG

Lean Ground Beef
80% Lean, 20% Fat

2⁹⁸
LB.



WHOLE IN THE BAG

USDA Choice Boneless Beef New York Strip

6⁹⁸
LB.



WHOLE IN THE BAG

USDA Choice Boneless Beef Top Sirloin

4⁹⁸
LB.



WHOLE IN THE BAG

Bone-In Pork Shoulder Butt Roast

1⁷⁸
LB.



WHOLE IN THE BAG

Boneless Pork Loin Roast

2²⁸
LB.



WHOLE IN THE BAG

Bone-In Pork Spareribs

1⁹⁸
LB.



WHOLE IN THE BAG

Baby Back Pork Ribs

2⁷⁸
LB.



10 LBS. OR MORE

Market Fresh Chicken Drumsticks

88¢
LB.



10 LBS. OR MORE

Market Fresh Boneless Chicken Breast

1⁹⁸
LB.



TOP VALU
UNCURED HARDWOOD SMOKED BACON

12 Oz.

5/\$12



WHOLE IN THE BAG

USDA Choice Boneless Beef Sirloin Tip Roast

3⁹⁸
LB.



WHOLE IN THE BAG

Boneless Pork Sirloin Roast

1⁸⁸
LB.



2 LB. BAG

Raw Shrimp
71 to 90 Count

8⁹⁸
EA.



2 LB. BAG

Large Cooked Broken Shrimp

9⁹⁸
EA.



5 LB. BAG

Winganza Buffalo Chicken Wings

19⁹⁸
EA.



2 LB. BAG

Hill's Premium Meats Bacon Ends & Pieces

5⁹⁸
EA.



Your NORTHWEST food club Sale!
Great Savings!

Food Club Tomatoes
Selected Varieties
14.5 Oz.

4/\$5



Food Club Garlic Bread Sticks or Texas Toast
10.5 to 11.3 Oz.

2/\$6



Food Club Mushrooms
Pieces & Stems, 4 Oz.

4/\$5



Cray'n Flavor Saltines Crackers
18 Oz.

2²⁸



Food Club Long Grain Rice
White or Brown, 22 Oz.

1⁸⁸



Food Club Crescent Dinner Rolls
8 Count

2/\$4



Food Club Vegetables
Selected Varieties
Frozen, 12 Oz.

2/\$3



Food Club Vegetable Oil
24 Oz.

2⁷⁸



Food Club Waffles
Selected Varieties
Frozen, 10 Count

3/\$7



Food Club Hash Brown Patties
Frozen, 10 Count

2/\$6



Food Club Cottage Cheese
Lofita or Small Curd
24 Oz.

2⁹⁸



Food Club Instant Oats
Selected Varieties
11.9 to 15.3 Oz.

2/\$6



Simply Done Kitchen Bags
Selected Varieties
46 to 45 Count

6⁹⁸



Food Club Cream Cheese Spread
Original or Strawberry, 8 Oz.

2/\$4



Food Club Buttermilk Pancake & Waffle Mix
Complete, 32 Oz.

2⁸⁸



Simply Done Sandwich or Storage Bags
Selected Varieties
19 to 50 Count

3/\$5

