



Farmers Market at the Museum opens Sunday



Vendor booths and picnic tables now set up for the upcoming opening day at the Farmers Market on the grounds of the Cashmere Museum.

SUBMITTED PHOTO.

SUBMITTED BY CALI OSBORNE

Cascade Community Markets

The Cashmere Community Farmers Market will kick off the 2023 season on Mother's Day, Sunday, May 14, from 9 a.m. to 1 p.m. Located at the Cashmere Museum, 600 Cotlets Way, the opening day will feature 16+ vendors selling flowers, garden starts, spring vegetables, mushrooms, goats' milk, and artisan products such as pottery, jewelry,

skin care and soaps. There is still space at the market for more vendors, especially baked goods, processed farm products such as jams and cheese, coffee, and hand-crafted artisanal goods. Vendor information can be found on the Farmers Market website, Cashmeremarkets.org.

The Farmers Market will also host live music every Sunday this season, opening with Seth Garrido and the Chumililies on May 14. On May 28, the Market will host the first

Kids Makers Market of the season, a monthly event in the Museum Pavilion where kids can register to sell their arts and crafts. You can visit the Farmers Market website to book a performance slot or register for the Kids Makers Markets.

The Cashmere Community Farmers Market accepts SNAP EBT and doubles the value of SNAP EBT value by up to \$25 per market day through a state funded program called SNAP Market Match. Many

farms at the market also accept Senior and WIC FMNP for specific products, via the new QR code.

The Farmers Market is a program of the nonprofit Cascade Community Markets, and is supported by donations from local residents and businesses. To support your local farmers markets and ensure their vitality and longevity, visit the market's manager booth and become a Friend of the Farmers Market.

Cashmere Planning Commission Meeting

KIRK BECKENDORF
Correspondent

Long-term planning for growth, and the location of Cashmere's urban growth area (UGA), was the primary focus of the May 1 meeting of the Cashmere Planning Commission. Following a lengthy discussion, the Commission decided to further investigate the option of expanding the UGA boundary to the eastside of town, into the Warner Flats area.

To begin the meeting, Director of Operations, Steve Croci, reviewed the priorities that the City Council had tasked the Commission to investigate. These included; 1) The direction that the city should extend utilities, in an effort to direct growth and development. 2) Parking requirements- especially in the downtown district where current codes may be limiting business development. 3) Neighborhood development standards.

Mayor Jim Fletcher pointed at a map of Cashmere and its urban growth area, which is currently on the west end of town. He said that location primarily consist of large lots, and to extend water and sewer lines into that area is very expensive. He pointed to the region on the east side of town, and said that the area has orchards, an industrial area and that the city already has water and some sewer lines in the area. Although the Warner Flats area is not in the UGA or the city limits, Fletcher suggested that the city may get its biggest bang for its buck by expanding into that area, where people want water and sewer connections. But this would require conversations with the county, and the public, to change the location of the UGA boundaries.

According to Fletcher, Cashmere's typical planning process is to plan to perpetuate what it already has, but the city should plan longer term, 20 - 30 years out. He asked Commissioners to consider the question, "Do we limit ourselves to planning for what we already have or do we plan for what could be?"

Fletcher asked the Commissioners to think about the option of the redevelopment of the industrial area east of town. He added that the area only has one access point, and asked how and if the city should plan to make the area more accessible. Fletcher argued that more businesses are needed in town and that expanding east could provide opportunities into an area that already has water, sewer and power lines.

Fletcher said he had been talking with Chad Erickson, of Cashmere Investments, who manages the old Tree Top facility. Erickson was present and addressed the Commissioners and said he currently has several commercial tenets, including a data center and Beta Hatch. Those businesses are already served by city water and sewer, but access to the area is limited. According to Erickson, additional access and support roads would allow multiple small businesses to be located on the property, or for him to be able to sell small parcels to other businesses. Croci added that building infrastructure will encourage business development.

Commissioner John Torrence suggested that some of the evening's discussions were getting into specifics but the bigger question needed to be answered, does the city want to expand the UGA and grow? He said he hears from people that they don't want any more growth, but he said we need growth, cities either grow or they die. Fletcher, and Commissioner Kirk Esmond, responded that growth will happen anyway and the city can either react to what happens or plan for the growth.

Near the end of the meeting, Torrence asked, "So what's next?" Fletcher responded that initially the Commission should consider the location of the UGA boundaries and the first question is "Should we be going in that direction (to the east) with the UGA, should we be talking to the county about that, should we be looking at this (the area east of town) as future residential and commercial value."

Community leaders encouraged to get involved in digital equity

Feedback needed by May 10

SUBMITTED BY SUMMER HESS

Digital Equity Project Manager, NCW Tech Alliance

WENATCHEE - The NCW Digital Access and Equity Coalition, along with the Digital

Equity Plan Work Group for Chelan, Douglas, and Grant counties, invites community-based organizations to get involved in upcoming efforts to achieve digital equity in North Central Washington. "The pandemic created broader awareness, urgency, along with State and Federal resources for bridging the digital divide. We have a key opportunity to work collectively to identify local needs and open up access for regional funding in the future", Jenny Rojanasthien, Executive Director of NCW Tech Alliance. Adding, "We are asking community leaders to provide their input or time, especially with the survey by May 12."

These teams are working together and have identified several ways for stakeholders to contribute to digital equity work in the region over the next weeks and months:

1. Complete the Digital Equity Asset Survey in English or Spanish by May 12, to help inform regional Digital Equity Plans and offer a framework for planning and implementing projects to expand broadband infrastructure and promote digital equity for everyone in our communities. Counties will become more competitive for several large-scale funding opportunities after submitting these inventories to the Broadband Action Office. Any and all organizations completing digital equity work in Chelan, Douglas, and Grant counties are invited and encouraged to complete this survey.
2. Participate in NCW Tech Help and learn about the Digital Navigator Program. Through the end of June, Community Health Plan of Washington is offering training for community-based organizations to become digital navigators. Qualified organizations can receive a \$500 grant per employee who enrolls

in a four-hour Digital Navigator training.

3. Join the Digital Equity Plan Work Group to help review the region's submission to the State Digital Equity Plan and provide valuable insights on local assets and areas of concern regarding digital equity. To learn more, email techhelp@ncwtech.org. Participants are expected to give 1 hour per week to the review process, and all feedback is due on May 30 by 5 p.m.

The NCW Digital Access and Equity Coalition is led by NCW Tech Alliance, in partnership with Community Health Network of Washington, Thriving Together NCW (formerly North Central Accountable Community of Health), and Bigfoot Telecommunications of the Confederated Tribes of the Colville Reservation. Broadly, the group's initiatives are labeled NCW



Tech Help to ensure the general public can easily understand the initiative's goals. The coalition is still in its early stage of development with a plan to fully launch Fall 2023. The initiative serves Chelan, Douglas, Grant, and Okanogan counties and is funded by the Washington State Department of Commerce, Office of Broadband.

NCW Tech Alliance is taking the lead in building the Digital Equity Plan Work Groups for Chelan, Douglas, and Grant counties. NCW Tech Alliance has subcontracted with Our Valley Our Future to provide additional leadership and expertise. Chelan County PUD is taking the lead in developing a Broadband Infrastructure Plan for Chelan County. NCW Digital Access and Equity

Coalition along with the Digital Equity Plan Work Group emphasized that achieving digital equity requires a coordinated, regional approach, and it will take all of us to address the digital divide in North Central Washington. They urge organizations to participate in the above initiatives to make a meaningful impact on the region's digital equity.

"We are grateful for the community's support and interest in digital equity. We encourage all stakeholders to get involved in the initiatives outlined above to help us achieve digital equity in our region," said Gerardo Perez, Steering Committee Member and Regional Manager of the Community Health Plan of Washington. For more information about ongoing digital equity initiatives in North Central Washington, please contact Summer Hess at techhelp@ncwtech.org or visit www.ncwtech.org/techhelp.



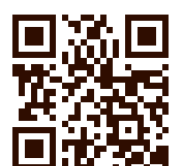
Cashmere represents at Wenatchee Apple Blossom

PHOTO BY LINDSAY TIMMERMANS

Cashmere's float crew and royalty were happy to return to the Wenatchee Apple Blossom Festival parade Saturday, May 6. Princess Naomi Valle, Queen Reese Westlund, and Princess Faith Kert waving the royal wave to the crowd.

THIS WEEK

Michelle's Kitchen Table.....A2	Community Bulletin Board.....A3	Classifieds Index.....B2-B3
Sheriff Reports.....A2	Church Guide.....A4	Classifieds.....B2-B3
Community Calendar.....A3	Letter to Editor.....A4	Real Estate Guide.....B2
Business Directory.....A3	Bulldog Scoreboard.....B1	Advertising Flyers.....Safeway



\$100

PO Box 39
Leavenworth, WA
98826
Phone: 509-782-3781

www.cashmerevalleyrecord.com

Michelle's Kitchen Table Strategies
By Michelle Priddy

Busy Betty

I was standing in line at a hospital cafeteria last week during Spring Break when I overheard a couple of nurses ahead of me in line talking. They were a few customers ahead of me. I wasn't trying to overhear but the distress in the small nurse's tone over leaving her eleven-year-old daughter at home alone while she was at work caused her voice to carry and because she was ahead of her friend in line her head was turned my direction.

I heard her say, "She's only eleven, I've never left her home alone while I'm working before. I've left her when I take her brother to soccer but that's not all day." I heard her friend murmur something. I couldn't make it out because she was facing away from me. Then the small nurse answered, "Yeah, I told her no cooking, don't open the door, just stay in and play on her phone all day." My mind did a loop-de-loop... by nine I was babysitting across our small town and earning pocket change. That was back when phones were attached to the wall and moms left a list of contact numbers on an index card (we called them recipe cards) pasted to the wall beside the phone. I'm way old school. Then I thought about when I was eleven.

When I was eleven Grandpa (then Dad) needed to fetch a piece of equipment and Grandma (then Mom) wanted to go too but there was a cow to milk, steers

to water, chickens to feed, things that just couldn't be left unattended. I remember the conversation at the dinner table before they left and how the two of them discussed leaving us kids alone on the farm for a few days so they could fetch whatever it was a piece of equipment. In the end they took a few days break from us kids. We stayed home; got the Datsun truck stuck after running up to the country store; did I mention I'm the oldest child in the family? Of course, the truck didn't get stuck where it had been parked when Mom and Dad left so we started the tractor; pulled the truck out of the sand; parked both the tractor and the Datsun back where they had been. We thought we were so slick getting away with it. Years later I found out Mom and Dad knew all along because they saw the marks in the sand where the Datsun was stuck. I thought about Muana's hubby who at ten taught himself to drive a tractor; how she would catch a bus across town to fetch groceries alone; how my late husband rebuilt his first transmission and Aunt Cece climbed trees at ten years old; how Grandpa wrote 'Mavis' in red, black, white, blue and all kinds of colors on a piece of paper making a 'pretty-pretty' to give to the girl named Mavis when he was nine years old; how Grandma at six years picked asparagus on the ditch banks with a paring knife and a paper bag. In real time this took

less than a second. As I was considering these things in less than a second the silver-haired customer just in front of the two nurses with a tray in her hand turned towards them (and me) as she reached for silverware. Facing me, I heard her say, "When did we become helicopter moms?"

Her silver-topped head had tipped downwards looking at the silverware until words came out of her mouth. Then she looked up at the two nurses and all of us behind them. I saw the look on her face, and it held the, 'I can't believe I said that. Did I actually say what I was thinking out loud?' look. The nurses behind her in line got quiet. A contrite look passed across silver hair's features because let's face it; it's OK to overhear conversations held in public and have opinions in mind, but it's flat out rude to interject into a private conversation held in a public space unless invited in.

For a moment the distraught nurse froze and didn't say a thing. Then she must have seen what I saw and had kindness in her heart because I heard her murmur something to which silver hair replied, "my mom just kicked us outside and said go play."

I saw small nurse's body relax, her back to me I heard her murmur again then saw silver hair's face relaxed and she said, "I think it's because we've forgotten to make friends with our neighbors," she smiled contritely; finished picking up her silverware; dipped her head slightly; turned away to pay her tab at the cashier's counter then made her way to a cafeteria table. The two nurses paid for their trays of food and headed down the hall to parts unknown. I quietly followed through the food line and took my turn paying the cashier all the while thinking of my own children. I tried hard not to become a helicopter mom, still, I know there were times when I was one. I thought of the things I did to be a good mom. Not sure I was the best at the job, but I am sure I did my best. My kids didn't

get any sugar the first year of their lives (on their first birthday Grandpa remedied that!) and I made my own baby food...

Homemade Peas for Baby Food

- Electric blender
- 1/2 cup frozen peas
- Water

Put frozen peas in the blender with a splash of water. Turn on the blender, let blend for a bit, add water until peas are all chopped. Put in small dish and serve baby with a baby spoon.

Note: Baby food isn't hard to make. A blender, water and food are all that's needed. I followed a 'food introduction chart'. A doctor can supply a chart of what and when to introduce the foods. Quite frankly when it came to food for my babies, I figured I could blend in two thirds water just as easily as any corporation could. However, I had one solid rule: food older than 48 hours wasn't fed to my babies and all food had to be refrigerated. I was very careful about what my babies ate. That's just me.

About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

April 28

- 04:56 Vehicle Prowl, 107 Mountain View Pl.
- 07:05 Traffic Offense, 288 Lure Ln., Monitor
- 07:14 Graffiti, Mission Creek Rd., and Meadows St.
- 07:29 Hazard, 300 Aplets Way, Hometown Market
- 08:13 Parking/ Abandoned Vehicle, 102 Fasken Dr.
- 09:14 Alarm, 117 Aplets Way, Cashmere Valley Bank
- 10:44 Graffiti, Mission Creek Bridge
- 11:39 Property, 200 Railroad Ave.
- 13:33 Assault, 8786 School St., Dryden
- 13:59 Fraud/ Forgery, 130 Titchenal Way, Martin's IGA Market
- 19:50 Agency Assist, Cashmere area
- 20:00 Trespassing, 8703 Alice Ave., Dryden
- 22:03 Juvenile Problem, US Hwy. 2 and Main St., Monitor
- 22:49 Juvenile Problem, 241 Independence Way

April 29

- 05:38 Agency Assist, US Hwy. 2 MP 107, Dryden
- 07:14 Malicious Mischief, 3071 E. Richard Dr., Monitor
- 08:17 Public Assist, 4772 Mission Creek Rd.
- 16:48 911-call, 64 Spurlock Ln., Monitor
- 21:20 Parking/ Abandoned Vehicle, 5700 block Wescott Dr.
- 21:47 Suspicious Circumstance, 6229 Flowery Divide Rd.
- 22:06 Noise Complaint, 3145 Main St., Outpost Saloon
- 22:41 Juvenile Problem, 241 Independence Way

April 30

- 00:38 DUI Arrest, 5816 Evergreen Dr.
- 02:16 Warrant, Cashmere Rock Cut
- 02:57 Suspicious Circumstance, Pioneer, and Mission Creek Avenues
- 17:45 Welfare Check, Hay Canyon Rd. MP 1 area
- 18:27 Agency Assist, US Hwy. 2 MP 111
- 19:40 Noise Complaint, 8111 Depot Rd., Dryden

May 1

- 10:05 Public Assist, 102 Titchenal Way, BJ's Shell
- 11:51 Theft, 2743 Easy St., Monitor
- 13:17 Suspicious Circumstance, 100 block N. Dryden Rd., Dryden
- 14:40 Trespassing, 695 Sand Creek Rd.
- 16:51 Agency Assist, Hay Canyon Rd. MP 2

- 17:07 Domestic Disturbance, 6996 Pioneer Dr.
- 19:12 Public Assist, 8115 Depot Rd., Dryden
- 20:40 Court Order Violation, 6300 block Hay Canyon Rd.

May 2

- 07:05 Graffiti, 309 Mission Ave., Liberty Orchards
- 07:07 Graffiti, 89 Riverfront Dr.
- 07:09 Graffiti, 10 block Riverfront Dr.
- 07:55 911-call, 4268 Old Monitor Rd.
- 08:28 Graffiti, 402 Pioneer Ave., Simpson Memorial Park
- 09:15 Graffiti, 121 Cottage Ave., Blackburn Financial
- 10:09 Civil Dispute, 8650 Dryden Frontage Rd., Dryden
- 13:17 Domestic Disturbance, 3833 McKee Ln., Monitor
- 14:57 Trespassing, 5500 block Tigner Rd.
- 15:04 Non-injury Accident, 101 Pioneer Ave., Vale Elementary School
- 17:57 Court Order Violation, Easy St. and US Hwy. 2, Monitor
- 18:48 Trespassing, 104 E. Pleasant Ave.

May 3

- 07:34 Alarm, 100 Apple Annie Ave., Apple Annie's
- 09:30 CPS/ APS Referral, 817 Pioneer Ave., Cashmere Post Acute
- 13:21 Diversion, 8343 Pine Flats Loop Rd., Dryden
- 14:05 Trespassing, 8000 Kinney Rd., Dryden
- 16:02 Suspicious Circumstance, 6320 Pine Flats Loop Rd., Dryden
- 16:17 Civil Dispute, 101 Pioneer Ave., Vale Elementary School
- 18:06 Liquor Violation, 130 Titchenal Way, Martin's IGA Market
- 19:16 Diversion, 8115 Depot Rd., Dryden
- 19:30 Diversion, 8115 Depot Rd., Dryden
- 21:11 Agency Assist, 7804 Stine Hill Rd., Dryden

May 4

- 11:37 Suspicious Circumstance, 8300 block Stine Hill Rd., Dryden
- 12:46 Suicide Threat, Olalla Canyon Rd.
- 15:38 911-call, 817 Pioneer Ave.
- 16:14 Agency Assist, Dryden Bridge, Dryden
- 16:14 Public Assist, 4705 Old Monitor Rd., Monitor
- 16:15 Water Rescue, The Cave, Dryden
- 19:09 Non-injury Accident, Bridge St., and Old Monitor Rd.
- 20:15 Domestic Disturbance, 314 Sullivan St.

Rivers extremely dangerous, 1 local rafter dies in Dryden area

SUBMITTED BY SGT. JASON REINFELD
CC Sheriff's Office

Sheriff Mike Morrison reported on Thursday, May 4 at approximately 4:15 p.m. an overturned raft was reported on the Wenatchee River near Dryden. It was reported four subjects were floating downstream separated from the raft.

At the same time a separate report was made that CPR was in progress for a male who had flipped out of a raft. Chelan County Sheriff's Office Deputies, Fire Personnel from Chelan County Fire Districts 6 and 3, and ambulance crews from Cascade Medical Center responded to the scene.

It was determined both incidents were related. A raft with seven occupants had overturned near Shark's Tooth, a location on the Wenatchee River near Dryden. Some of

the occupants noticed one, a 46-year-old Cashmere man, Robert M. "Mike" Spurrel was not doing well, they swam him to shore and he was not responsive. They began performing CPR on him on the shore.

When fire and medic crews arrived at approximately 4:25 p.m., they continued CPR until 5:18 p.m. when he was pronounced dead.

The other rescuers were stationed along the river in several locations until it was confirmed the remainder of the raft occupants made it out of the water, all in the Dryden area. The water flow in the Wenatchee River is at or near record levels. The Sheriff's Office is reminding the public to use caution when near any rivers and always use a personal flotation device. The rivers are expected to be extremely dangerous throughout the next several days.



Mark King climbs with a local banner

PHOTO COURTESY TOM SHORT.
Mark King climbing Mount Everest.



SEE FACEBOOK PAGE TO DONATE.

TOM SHORT FACEBOOK POST

Tom Short owner of Okandogs in Cashmere says: "As I watch Mark King work his way up to Mount Everest, I am consumed by a thought. I have never heard of a gesture of this magnitude. A little dog rescue is being promoted in a way I never thought possible. It may be that the OKANDOGS

banner will be unfurled at the summit of the tallest Mountain in the world. I have never heard of such a giving effort. I will tell all I see about this."

Watch his struggle. Know that when he is just trying to put one foot ahead of the other, he is doing so with the dogs in mind. Donate to fuel his efforts. Think of him often.

JOE BROWN
J.C. BROWN LAW OFFICE
200 APLETS WAY, CASHMERE
782-1111
BUSINESS, REAL ESTATE, ESTATE PLANNING, AND PROBATE

CASHMERE VALLEY RECORD
© 2023 NCW Media, Inc.
PO Box 39
Leavenworth, WA 98826
Phone: 509-782-3781
On the Internet
website:
www.cashmerevalleyrecord.com
e-mail:
Reporter@cashmerevalleyrecord.com
Office hours
Hours: 10 a.m. - 5 p.m. except weekends, or call 509-548-5286

Contact information
Publisher
Carol Forhan
publisher@leavenworthecho.com
Bill Forhan Ex Officio
Advertising Sales Manager
Carol Forhan 509-548-5286
carol@leavenworthecho.com
Advertising Sales
Lindsay Timmermans
509-860-7301
adexcl@ncwmedia.net
Reporter/Photographer
Reporter@leavenworthecho.com
509-782-3781

Main Office
509-548-5286
Classified / Legal Notices
Obituaries/Memorials
classifieds@leavenworthecho.com
NCWMarket.com
Circulation
509-689-2507
1-509-293-6780
Deadlines
Calendar Listings Noon, Friday
News Submissions: Noon, Friday
Letters to the Editor: Noon, Friday
Display Advertising: Noon, Friday
Legal Notices: Noon Friday
Classified Ads: Noon Friday

Subscriptions
In Chelan County (yearly) - \$40
\$45 for print and online
In State-Out of County (yearly) - \$50
Online E-edition - \$40
Out of State - \$52

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780

NCW Media, Inc. prints on recycled newsprint with soy ink. Please recycle.

Letters policy
The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.
Corrections
The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.
News tips
Have an idea for a story?
Call the Record at 509-782-3781
Classified Advertising
Classified ads can be placed during normal office hours by calling 509-548-5286, by emailing classifieds@leavenworthecho.com or online at NCWMARKET.COM

Services
Back Issues are available up to one year after publication for a small fee.
Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., PO Box 39 Leavenworth, WA 98826 Telephone: 509-782-3781 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)
Postmaster:
Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039
Weekly rates:
\$15.00 for first 30 words
.10 for each additional word over 30 words
Borders, bold words, headlines, logos and photos subject to additional charges.

GENERAC
Prepare for power outages today
WITH A HOME STANDBY GENERATOR
\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS
Contact a Generac dealer for full terms and conditions.
REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(877) 330-1491
FREE 7-Year Extended Warranty* - A \$695 Value!
*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club: meets at Cashmere Presbyterian Church hall, noon. Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.
Mission Creek Community Club: meets every month, 7 p.m. (1st and 3rd Wed.).
Cashmere Food Bank, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464
Ukulele Circle Join the Ukulele Circle, 5:30 - 6:30 p.m. every Wednesday, at the Peshastin Library. Please come 15 minutes early to tune and get the sheet music.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.
Cashmere American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).
Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

Friday no events

Saturday

American Legion Bingo, first call is at 6:15 p.m. American Legion Hall, 401 Sunset Hwy. Cashmere. Call 509-888-1904 and leave a message for Wiley Collins.

Sunday

CHURCH: See the church page for local service times and events.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Mon.)
Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Icicle & Peshastin Irrigation Districts: Current meeting time 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Peshastin Water District, meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)
Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Cashmere Public Library: 509-782-3314
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).
 Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
Cashmere Museum and Pioneer Village
 Call for more information 509-782-3230
Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
 Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Leavenworth

“Getting Your Life Together Checklist” Workshop

How should we organize our estate? What documents should we have in a safe place? What decisions should we make ahead of time in case we are unable to make healthcare decisions. How do we ensure that our estate is settled in the way we wish? A Free workshop will be held on May 10, 6:30 p.m. at the Leavenworth Community Methodist Church that will focus on answering these and many other questions. Judy Weaver 509-885-2990

The Leavenworth Lions Club

Serving up Breakfast in The Park each 2nd and 4th Saturdays, May through September. Come enjoy hearty all you can eat breakfast of pancakes, eggs, and sausage from 7 a.m. - 11a.m. in Lions Club Park.

Leavenworth Library Event

The Cascade High School Advanced and AP Artists will have an art show at the Leavenworth Public Library in the Fireside Room from now through May 19. There will be a wide variety of media-painting, drawing, sculpture, photography, and digital art. The student artists are in grades 9-12 and have been exploring styles, cultures, and history through visual imagery. Some artwork will be for sale

Cemetery’s ‘Rake the Spring Twigs’ Community Event

The Upper Valley Historical Society and Greater Leavenworth Museum are hosting the semi-annual cleanup at the Old Leavenworth Cemetery on North Road, directly across from the Amtrak station. Join us on Saturday, May 13, 10 a.m.-noon. Please arrive before 10:15 a.m. to place your complimentary Dan’s Food Market sandwich order. We will be picking up leaves and pine needles, among other tasks. Bring your favorite gloves, rakes, loppers, etc. The event is rain or shine. If you cannot help with the cleanup but

Icicle Creek Center for the Arts

Welcomes Indigenous Enterprise for three amazing performances on May 12, 7:30 p.m. and May 13, 2 p.m. and 7:30 p.m. Indigenous Enterprise, with their award-winning dancers of international acclaim, will wow audiences with a dance, storytelling and multimedia performance representing many Indigenous tribes and celebrating their deep history and Indigenous cultural identity. Indigenous Enterprise is a part of Icicle Creek’s Visiting Artist Series, and they will be giving interactive performances with students in multiple school districts in prior days. There are preshow bonus nature/ Indigenous history walks beginning 90 minutes prior to each show, thanks to our partners at Wenatchee River Institute and Indigenous Roots and Reparations Fund. Tickets for all shows available at: www.icicle.org.

Save the Date: Nutcracker Day is June 1

The annual ‘Nutcracker Day’ at the Leavenworth Nutcracker Museum—a day when we invite the local residents to come to the Museum to see what is here that entices visitors to come from all over the world. Guests can crack nuts with antique nutcrackers, watch a video of

the history of nutcrackers, go on a nutcracker hunt, verify the Guinness record of 9103 nutcrackers, enjoy the music of George’s Bavarian drehergel, and have a chance to win one of the hourly prizes. For this special day, the hours will be 11:00 a.m. to 5:00 p.m., and entrance on this day is free for everyone.

Regional

Cultivate joy and wellness at our Women’s Retreat

Empower yourself with practical skills for creating and sustaining joy and wellness at our Ease into Spring Women’s Retreat for cancer survivors May 12-14 at Sleeping Lady Mountain Resort. Most of us live braced mentally, emotionally, and physically against constant signals of stress in our day-to-day lives. It is essential to periodically retreat from the rigors of daily life to allow ourselves to rest, reset, and learn new skills that will support resilience and create a more peaceful, healthy, and joyful life. Neuroscience research suggests that feeling happy and joyful will create and strengthen neural pathways that support a positive outlook on life. This three-day retreat at Leavenworth’s Sleeping Lady Mountain Resort empowers women who have received a cancer diagnosis to embrace survivorship as a life practice by teaching practical skills for cultivating joy, health, and whole-person wellness in day-to-day life. Through journaling, creative expression, gentle movement, and educational talks, EASE Cancer Foundation’s faculty will guide each participant in creating their own personalized, sustainable wellness plan.

Registration is open online now and includes dinner on Friday and Saturday, breakfast on Saturday and Sunday, and all supplies. Email info@easecancer.org for more information.

The Cascadia Conservation District

Regular Board meeting will be an in person and call-in / Zoom meeting, held on Friday, May 19, 1:30 p.m. If you wish to attend in person, please call the office as space is limited. More information and instructions will be available on our website at cascadiacd.org or by calling the District office, 509-436-1601.

We Can Help Make a Difference

On Sunday May 21, 2 p.m., Wenatchee First United Methodist Church is sponsoring and hosting a special concert called Music For the Refugees. It will feature The Wenatchee Big Band, The Apollo Club, The Applearies, a combined church choir, and other solo artists. The concert will directly benefit Ukrainian refugee families in Chelan, Douglas, and Grant counties, through the Friends of Ukrainian Refugees (FOuR). Admission is free, and a free-will offering will be taken. Did you know today there are around fifty Ukrainian refugee families in North Central Washington? They’re quietly living among us, practicing, and learning English, going to school, finding their way around new neighborhoods; studying to get a driver’s license, finding jobs, paying their rent, and trying to make new friends and new lives. We watch the news and read the paper, shocked by devastating pictures of the war in Ukraine. Many of us are feeling called to do more, and our words can only go so far. When words fail music speaks. Let’s show our compassion and caring, and truly make a difference for the Ukrainian families in our area. Please join us and bring your extended family, friends, and neighbors. Call Judy Kelts, 509-884-7218.

BUSINESS & SERVICE Directory
 Add your business or service to this directory: 509-548-5286

DRILLING
Tumwater Drilling and Pump Inc.
“Water Treatment Systems Built to Your Individual Problem”
Free Water Analysis/Estimates
 Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2
Tumwater Drilling & Pump, Inc.
 509-548-5361
www.tumwaterdrilling.com • email info@tumwaterdrilling.com
 WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

EXCAVATION
Complete Excavating Service
 Power & Water Systems
 Dump Truck & Dozer
 Drainfield Repair
 Free Estimates
 Septic Systems
 Road Grading
Upper Valley EXCAVATING
 (509) 548-3489
 Leavenworth, WA
 Licensed - Bonded - Insured

STORAGE
 Have spare room in your facility? Advertise on NCWMarket.com

STUMP REMOVAL
Quick ‘n Easy Residential Stump Removal

 10817 North Road, Leavenworth • (509) 548-8222
 Kim & Rosalie Kozelisky
 Licensed, Bonded, Insured • Cont. #UPPERVE200PI

Help Support The Cashmere Food Bank
Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna.
 Cashmere Food Distribution Center is located at 316 River Street and open on the 2nd and 4th Wednesdays from 3-4 p.m.
For further information or to make a cash donation call Pam, 509-245-6464

 Or you can write a check to: **Cashmere Food Bank, PO Box 225, Cashmere, WA 98815**
 This ad sponsored by the **Cashmere Valley Record**

Check out our online classifieds at **NCWMARKET.COM**

LETTER TO THE EDITOR

Dear Editor,

Cashmere Schools Lead in drinking water and water used for cooking food at Vale Elementary, request to coordinate epidemiology/water quality research monitoring

It seems like the just above bare minimum legally is where the Cashmere School District will continue to go for Lead monitoring sources regardless of the lack of scientific basis for their solution at Vale Elementary to keep certain drinking water fixtures open without even

putting in a Lead filtration system, at least for now. They might sample again in the future sometime between six months and five years but I don't know the details of their sampling site design as I can't keep up with this as it's not my job and gathering all the information on this land use history of Lead in Cashmere could take years.

These Lead drinking water rules were not made to protect children's health but more to protect infrastructure of old towns that were constructed with Lead pipes that can't or

don't want to invest the money to monitor and upgrade their system because legally they don't have to monitor schools until 2026. Just above bare minimum is what I believe the lawyer is advising the school district to do but I don't know the details for sure. The less monitoring they do the less evidence there is of the potential sources of Lead which could be from pipes or maybe from the historical use of Lead as a pesticide for orchards for decades through roughly the 1940's that has a potential for legacy Lead to infiltrate into groundwater wells and drinking water supply given the City appears to be sampling for Lead once every few years and they assume that the Lead might not pulse thru during different times of the year or weather events even though the Lead from decades ago sprayed on orchards didn't go away.

I don't know what to do with it from here but I have to assume they are legally leaving certain drinking water fixtures open because they can't keep the school open without having a drinking water supply. I know the Superintendent has a lawyer on call as he told me he doesn't want to get sued when we met in person and he is required to follow legal advice as he is just doing his job. While it's not his fault he certainly didn't go out of his way in 2018 when the Cashmere School District was

asked by DOH to participate in Lead monitoring in the school district drinking water supply and Cashmere schools said no to the request for unknown reasons.

Really I have no clout in any of this and I think they won't do anything more than just above bare minimum unless legally required, but I hope they prove me wrong as my kid's brain health is at stake. As an older resident of Wenatchee told me:

"You have to do something about this regardless of the Lead rules which don't provide enough public health monitoring or protection because your kids are drinking the Kool Aid."

Just read this article about the history of Lead use on orchards below in Central Washington and you will understand more not only can Lead be in the soil from 80 years ago being sprayed on orchards but Lead also could be coming from pipes or the treatment process, or even as runoff into rivers or infiltration into groundwater wells during times when they don't sample, which is about 1 out of every 1,000 days that they check the system for Lead. Do you really think monitoring 1 out of 1,000 days can determine the source of Lead? <https://www.nwpb.org/2015/10/27/former-apple-orchards-leave-behind-a-legacy-of-tainted-dirt/>

I was told Cascade, a company in Wenatchee,

has historical data on Lead concentrations in groundwater wells of the region but it's difficult to access due to lawyers.

There is no way you can convince me that monitoring about 1 day out of about every 1,000 days is enough to pinpoint the source of Lead in Cashmere. Yes I agree with what you said below my request for data from you is final for now. I assume at this point you have a valid solution for a contractor to build a high tech filtration system to connect your school water outlets to within six months because your monitoring data doesn't conclude anything: it just generates more questions. I think the next step is to stop worrying about laws and what lawyers say and start thinking about long term monitoring solutions and valid infrastructure upgrade solutions.

I know the general trend in the US with these issues is to lawyer up but does that ever solve the problem? I heard AI ChatGPT could take about 50% of lawyers jobs away in the future given the ease for robots to scan the system for legal citations, just like advanced technology can monitor your water quality every minute if you deploy the right device into your water systems. But Central Washington Lead data access is buried deep in the filing cabinets, soil, water and

infrastructure of decades of neglect and lack of respect for the importance of thorough research and public outreach to kids and adults that also might be suffering from Lead brain damage and not even know it because the law didn't require the system to be monitored enough to determine sources of Lead until this year even though the Lead has been in the system for perhaps over 100 years.

Getting PhD students to monitor this for you for many years consistently not once every three years, as a long term research project with a Dr. from a University that is a Lead public health expert, is a strong recommendation I have for you regardless of the law. Most PhD students work insane hours for less than \$20K a year and an education. Is that too much to ask? 100 years of neglect divided by \$20K doesn't seem like much in the scheme of things. Get a young person from Cashmere concerned about this and pay for their PhD to research this issue for you as it is one of the cheapest and effective monitoring solutions available.

I am not here to make enemies being new in a town filled with a legacy of good local people and caring parents but the legacy is also tainted with Lead and the law doesn't always lead you to the right place.

Guy Ragosta, Cashmere

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-888-920-4109

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

EASE OF USE CERTIFIED, MADE IN TENNESSEE, BBB, LIFETIME LIMITED WARRANTY

FINANCING AVAILABLE WITH APPROVED CREDIT

RICARDO LLC LSM1539142 WA# RICARL*784LB
METAL BUILDINGS

RICARDO CAMPOS

Ricardollcdelivery@gmail.com

If you can dream it we can build it!

Shops, lean-tos, horse barns, greenhouses, deer stands, RV covers and more!

541-667-7723

Donate Your Vehicle

Call (844) 889-8170 to donate your car, truck, boat, RV, and more today!

How it Works:

1. Contact Us
Call (844) 889-8170
2. Schedule Pickup
We'll pick up your vehicle for FREE - at a time and place convenient for you.
3. Receive Top Tax Deduction
You may qualify for a tax deduction.

- Support Veteran Nonprofits.
- Free Pickup & Towing.
- Top Tax Deduction.

Donate Your Vehicle Today
844-889-8170

While we appreciate every donation, in some cases, we find that we are unable to accept certain vehicles, watercraft, and/or recreational vehicles due to the prohibitive costs of acquisition. If you have any questions, please give us a call at (844) 889-8170.

MOTHER'S DAY IS MAY 14TH!

FRENCH MANICURE™ PANICLE HYDRANGEA
NOW JUST \$24.60 + SHIPPING!

A great GIFT for mom!

Place your order today!
Call 866-940-5703 and mention this ad
or visit naturehillsdeal.com/bloom114

NatureHills.com
America's Largest Online Plant Nursery

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE COMMUNITY CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana
cashmerecommunitychurch@gmail.com

CHRIST CENTER
Sunday Worship Service at 10 am
Lead Pastor Steve Haney
5800 Kimber Rd., Cashmere
509-295-8006
christcentercashmere.com

GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
Services, 10 a.m.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
Services, 9:00 a.m.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE CHURCH
Leavenworth Grange Hall
621 Front St.
info@cornerstoneleavenworth.com
Sunday Worship - 10 a.m.

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth.com
www.newlifeleavenworth.com

PLAIN

PLAIN COMMUNITY CHURCH
Serving Our Valley Since 1941
12565 Chapel Dr. 509-763-3621
Looking for you at 10:30 this Sunday!
plaincommunitychurch.org
facebook.com/plaincommunitychurch
office@plaincommunitychurch.org

The Washington Outdoors Report

Outdoor opportunities in May

By JOHN KRUSE

Looking for some things to do outdoors in the days ahead? Here are seven suggestions, allowing you to get outside and do something new every day this week.

WILDFLOWER HIKES – The wildflowers are blooming around Eastern Washington and now is a great time to go on a hike and immerse yourself in their presence. A few of my favorite places to go include Columbia Hills State Park in Klickitat County, Hay Canyon and Nahahum Canyon near Cashmere, Ingalls Creek south of Peshastin, the Turnbull National Wildlife Refuge south of Cheney and the area around Palouse Falls State Park.

WATERFALLS – Speaking of Palouse Falls, this is the best time of year to visit this state park near Starbuck in Southeast Washington. The spring runoff on the Palouse River sends a voluminous amount of water crashing into the 198-foot deep basalt basin below the falls. Other waterfalls worth checking out right now include Rainbow Falls near Stehekin, Silver Falls west of Entiat and Periwee (also known as Pee-wee) Falls in Pend Oreille County which cascades 233 feet into Boundary Lake.

BASS FISHING – The bass are in the shallows and getting ready to spawn. This is arguably the easiest time of year to sight fish for bass. Casting finesse rigs like senkos, jigs or Texas rigged worms and lizards can readily



Arrowleaf balsamroot blooming above Hay Canyon near Cashmere

PHOTO BY JOHN KRUSE

draw strikes. Look for these bass in thick cover and be prepared to scratch up the boat a bit to get at them.

TROUT FISHING - Most of those trout planted prior to the lowland lakes opener two weeks ago are still there and this is a great time to go fishing for them. If you are looking for places to go check out the WDFW derby lakes where trout with blue tags have been planted. If you catch one of these trout, they are worth a prize which could be anything from a gift card to a canoe. <https://wdfw.wa.gov/fishing/contests/trout-derby>

CATFISH FISHING - Another option for anglers right now is to go after catfish. You can find them in the lower John Day River between the mouth and the falls as well

as the mouth of the Palouse River near Lyons Ferry State Park. Channel catfish are also plentiful in the Snake River.

DESERT HIKES – As the weather warms desert hikes become a lot less enjoyable but if you go now, you can still take advantage of the great scenery and some of the lakes found in these regions. Some of my favorite desert hikes are the lower route to the Ancient Lakes or Dusty Lake (1.5 and 3 mile one-way hikes respectively) or a walk near Frenchman or Winchester Wasteway in the Desert Wildlife Area in Grant County. If you go check yourself for ticks at the conclusion of your excursion.

TURKEY HUNTING – The spring turkey season continues through May 31 and

the northeast corner of the state is definitely your best bet if you want to bag a gobbler. Washington Department of Fish and Wildlife staff say, “If you’re not sure where to hunt, there is plenty of opportunity on public land in Pend Oreille, Stevens and Ferry counties, including the Colville National Forest, the Little Pend Oreille National Wildlife Refuge, and WDFW’s Sherman Creek, LeClerc Creek, and Rustler’s Gulch wildlife areas. In the southeast part of WDFW’s Region 1, the Asotin Creek, Chief Joseph, and W.T. Wooten wildlife areas also have good hunting opportunity.”

John Kruse – www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Celebrate Wildfire Awareness Month by signing up for Wildfire Ready Neighbors

SUBMITTED BY WASHINGTON STATE DNR

OLYMPIA - This May, the Washington State Department of Natural Resources (DNR) and Commissioner of Public Lands Hilary Franz encourages Washington residents to smell the spring flowers, appreciate the re-emerging sunshine, and take steps to make homes more resilient to wildfire.

Gov. Jay Inslee has proclaimed May 2023 as

Wildfire Awareness Month, noting that Washington residents all share the responsibility to prevent and prepare for wildfires.

“At DNR, we often say that no one is immune from the effects of wildfires,” said Franz, who leads DNR. “But even the simplest measures, such as cleaning up pine needles and dry leaves, or moving firewood 30 feet away from your home, can make your home more resilient to the growing threat of wildfire.”

This spring, DNR’s Wildfire Ready Neighbors program has expanded to Mason, Thurston, and Pierce counties in Western Washington in addition to the six active Eastern Washington counties – Okanogan, Chelan, Spokane, Yakima, Kittitas, and Klickitat.

Residents throughout the state can go to wildfireready.com to sign up to get a free Wildfire Ready Plan to help make their property more resilient to wildfire. Residents in the nine counties listed

above can also sign up for a free Wildfire Ready Home Visit from a wildfire professional who can give personalized advice and recommendations about wildfire preparedness.

“Wherever you live in Washington, Wildfire Awareness Month and National Community Wildfire Preparedness Day is an excellent time for communities to work together to take simple actions to protect themselves from the threat of wildfire,” Franz said.

Student Spotlight

APRIL

Athlete: Kaden Miller

Reason: Kaden has set personal records in three events so far this season (110 Hurdles, 300 Hurdles and the Long Jump). He is currently in the top three in the state in both hurdle races. Kaden is a veteran that works hard and gets better every day.

Coach: Jeff Kenoyer

Parents: Marcus and Tabitha Miller

Grade: 11th

Activities: Leadership, Honors Society, Equity Club

GPA: 3.9

Sports: Track, Cross Country & Basketball

Future Plans: Attend WWU and potentially start my own business designing and selling my own products.

Student: Colby Diaz

Reason: Colby is our student of the month for PE. He works hard every day. He even works in between class. No complaints from him EVER and is always looking to get better every day!

Teacher: Karin Blomquist

Parents: Gina Hartmann, Rett Hartmann, Paul Diaz, Lyndsay Diaz

Grade: 10th

Activities: Sport...track

GPA: 3.8

Sports: Football, Basketball and Track

Future Plans: Go to a 4 year college, possible D1 for a sport.

SWEET SUCCESS!

and Old Fashioned Soda Fountain

#morethanjustapharmacy

509-782-2717 | 119 Cottage Ave, Cashmere
doanesvalleypharmacy.com

SPEIDEL BENTSEN LLP

ATTORNEYS AT LAW | EST. 1986

Russell J. Speidel

Wills

(509) 662-1211

7 North Wenatchee Avenue, Wenatchee
www.SpeidelBentsen.com

David J. Bentsen

We provide excellent legal services in assisting our clients with the preparation and completion of their Wills.

Vale Students of the Month

The month of APRIL 2023 - the trait of Perseverance

APRIL 2023
STUDENTS OF THE MONTH
PERSEVERANCE

Kinder: Max Mendez-Guerrero, Ryker Boyer, Victoria Perez, Cam Berthiaume, Cassidy Milbrandt, Nayelie DeLaVergne, Natalia Hernandez, Kieran Lucas, Calvin Mejia, Lilly Hopp, Adeline Lutton, Matteo Arroyo, Rylinn Romine

1st Alexa Valencia, Julian Carrasco, Emma Taylor, Elias Guzman Avila, Neko Mulanax, Giovanni Cejas, Merick Vivar, Oliver Fernandez, Snow Baron, Cooper West, Kimberly Gonzalez, Avery Ruiz-Cook, Paul Lopez, Kinsley Oliver, Bowen Tewell

2nd Riot Presler, Jeremiah Hein, Montserrat Isidro Guerrero, Jules Hambleton, Leah Infante, Fatima Guzman, Lucho Murphy, Charlie Armstrong, Jasper Lucas, Sadie Tukey, Giselle Lopez, Fiona Shorb, Gage Smith, Michael Pina

3rd Anthony Mora, Jasper Frank, Mason Hensley, Noah Smith, David Ceja, Alice Key, Violet Takacs, Jeremiah Tovar, Kaiden Darby, Joseph Perry, Xzavier Granados

4th Kamila Atchison, Alyssa Nichols, Jaden Gonzalez-Hurtado, Levi Steigmeyer, Emma Dodrill, Noax Fletcher, Moira Hill, Sierra Hawthorne, Ryan Henderson, Hazel Clennon, Everly Shorb, Zenen Skeens, Brooklynn Lawson, Trenton O'Neal

Milne Insurance Agencies, Inc.

205 Woodring St., Cashmere
509-782-2213

We're proud to recognize your exceptional character. Keep it up!

BULLDOG SCOREBOARD

BASEBALL	
May 2:	Cashmere 20, Cascade 0; Win
BOYS SOCCER	
May 6:	Cashmere 0, Manson 1; Loss
SOFTBALL	
May 2:	Cashmere 20, Cascade 4; Win
May 4:	Cashmere 18, Kittitas 3; Win
TENNIS	
May 2	Girls: Cashmere 5, Cascade 0; Win
May 2	Boys: Cashmere 1, Cascade 4; Loss

Sports Schedule

SOFTBALL	
May 13:	Cashmere vs. Omak, Home at 11 and 1 p.m.
TENNIS	
May 11:	CTL Championships at Quincy at 1 p.m.
May 13:	CTL Championships at Quincy at 10 a.m.
May 16:	Boys District VI Tournament at Chelan at 2 p.m.
TRACK	
May 10:	CTL Championship Meet at Quincy at 4 p.m.
May 18:	District VI Championship Meet, Home at 4 p.m.

Bulldogs Sports Sponsor of the Year

Proud to support THE BULLDOGS!

203 Mission. Ste. 203, Cashmere • 782-8818

GO BULLDOGS



Place your ad online at [NCWMARKET.COM](https://ncwmarket.com) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative
Puzzle Solution

5	7	9	8	2	1	3	6	4
8	4	1	3	5	6	7	2	9
6	2	3	4	7	9	1	8	5
7	9	8	2	4	3	5	1	6
4	3	6	1	8	5	2	9	7
2	1	5	6	9	7	8	4	3
1	5	4	7	6	2	9	3	8
9	8	2	5	3	4	6	7	1
3	6	7	9	1	8	4	5	2

Announcements
Lost & Found

S	P	L	A	T	F	E	D	D	R	A	G
H	E	A	T	H	L	E	I	P	R	I	D
A	R	M	O	R	E	N	S	R	I	V	A
D	I	P	L	O	M	A	C	O	O	P	E
L	A	O	C	O	L	T					
M	A	O	T	U	F	A	D	E	G	R	E
A	L	L	I	T	E	N	D	M	E	A	N
R	O	D	E	H	E	A	R	T	A	M	A
C	H	E	A	P	T	S	A	R	I	R	I
H	A	R	R	I	S	T	W	I	T	E	E
G	A	G	A	T	E	E					
T	A	S	S	E	L	P	E	N	C	I	L
Y	A	C	H	T	O	C	A	U	L	N	A
A	R	R	A	Y	O	A	T	T	A	S	T
P	O	E	M	O	A	T	M	P	H	O	T

Announcements
Lost & Found

LOST & FOUND ITEMS can be placed in our Local Newspapers and Online at [NCWMARKET.COM](https://ncwmarket.com) for ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworthecho.com or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507 or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.ncwmarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions. **The Lake Chelan or Quad City Herald** or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

Commercial
Business Equipment

Commercial Large Baumfolder
Model 1320F.3.P.3 paper folding machine. Worth over \$8000. Selling for \$5000. or MAKE OFFER! Call 509-548-5286 See photos on [NCWMARKET.COM](https://ncwmarket.com)

Commercial
Business Equipment

Commercial
Business Equipment

Employment
Help Wanted

Douglas PUD has an opening for: Contract Coordinator Details at www.douglaspud.org <<http://www.douglaspud.org>

Advertise in the Classifieds
509-548-5286 or 509-782-3781

Help Wanted



School District is seeking qualified applicants for the following position:

- Alpine Lakes Elementary School Resource Room Teacher 23-24

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Chelan Valley Skin Care, self-motivated receptionist/ salesperson wanted. Part-time mornings, Monday- Friday. Could become full-time. Send or drop by resume: 131 S. Apple Blossom Drive, #107, Chelan, WA 98816.

Brewster School District is Hiring!

- HS Art Teacher
- HS Special Education Teacher
- HS Math
- HS Spanish

Applications may be obtained on the district website, www.brewsterbears.org or by contacting the district office at 509-689-3418. These positions are open until filled.

City of Cashmere Lifeguards and Cashiers' Job Announcement
The City of Cashmere is now accepting applications for full and part-time seasonal Lifeguards, Swim Instructors, and Cashiers to work at the city pool from June through August 2023. Lifeguards must be certified in American Red Cross Lifeguard and CPR for the Professional Rescuer; or be willing to gain certification before employment. Lifeguard duties include strong communication skills, patron safety, cleaning, maintenance, paperwork and water chemical testing. Cashier duties include cash register operation /balancing, answering phone, cleaning, maintenance, and paperwork. Must have cash handling experience.

Application and job descriptions are available at <https://www.cityofcashmere.org/government/human-resources> For inquiries contact Christie, Pool Manager at poolmgr.christie@gmail.com or 509-782-3513

Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley? Robyn Bodajla - 617-462-3402
Momi Palmieri - 509-433-2211
Give us a call today! Geordie Romer - 509-679-8958
Allyson Romer - 509-630-9898
See all available properties at windermereleavenworth.com

Help Wanted

Looking for a great local employee?
It is easy to place your ad online 24/7 at www.ncwmarket.com Register and pay on our secure site.
Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Facilities Maintenance/ Custodian – Full-time Organization – Okanogan County Transit Authority (TranGO)
TranGO IS HIRING A FACILITIES MAINTENANCE/ CUSTODIAN.

Full-time (36 plus hours per week), schedule may vary, position available now; hourly non-exempt. Compensation is \$18.62-\$20.14 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, (see website for benefit details) sick leave and vacation. Commercial Driver's License with Passenger Endorsement preferred. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application Deadline: Application review will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.



Help Wanted



School District is seeking qualified applicants for the following position:

- Alpine Lakes Elementary School Life Skills Teacher

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Bus Driver/Operator – Full Time Organization: Okanogan County Transit Authority (TranGO)
TranGO IS HIRING DRIVERS; Full-time (36+ hours per week) positions available now; hourly non-exempt.

Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement (see website for benefit details), sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.ncwmarket.com Register and pay on our secure site. **Want Print Only?** Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

Garage & Yard Sale

CLEAR SOME SPACE WITH A Garage Sale

Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.ncwmarket.com

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price !

General Merchandise

For Sale: AMEREX Carbon dioxide commercial fire extinguisher. \$50/ Sells for \$108+ Call 509-670-1723 or 509-548-5286.



Looking for a home for your Furry friend?
Try the pet section on [NCWMarket.com](https://ncwmarket.com)



AMBUSH AUTOMOTIVE BUYERS

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

Don't just 'park' your car on the side of the road with a 'For Sale' sign on it!

'Park it' on NCWMarket.com for one low **\$25** fee!
Fee includes:

- Up to 3 photos of your vehicle
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

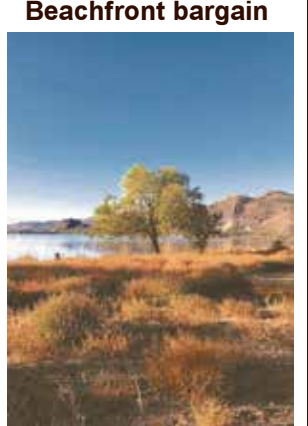
General Merchandise

Great for a small business that needs to strap bundles. Ovalstrapping Inc. "Mini-Max" strapping machine.

Real Estate

Acreage

Beachfront bargain



Highly sought after waterfront homesite. Quiet waters in a picturesque bay. Ideal southern exposure, sandy beach, adjacent to new marina and steps to the village center, pools, diner, and general store.

Boat Slip For Sale

\$161,500



Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use.

808-298-1031 Seller is licensed Realtor Maui, HI

Legals

Public Notices

City of Cashmere 101 Woodring Avenue Cashmere, WA 98815

ADVERTISEMENT FOR BIDS Notice is hereby given that sealed bids will be received by the City of Cashmere for construction of the City SCADA Improvements project.

ADVERTISMENT FOR BIDS Bid proposals will be received only at, 101 Woodring Ave., Cashmere, WA 98815 by 2:00 pm on June 6, 2023, at which time they will be opened, read, and tabulated publicly.

Public Notices

LEAVENWORTH CITY COUNCIL ANNUAL RETREAT MEETING

NOTICE IS HEREBY GIVEN that the Leavenworth City Council will hold an Annual Retreat meeting on Friday, May 19, 2023 at the Bavarian Lodge - Montifon Room, located at 810 US Highway 2, Leavenworth, Washington, from 8:00 AM until approximately 5:00 PM.

Public Notices

PUBLIC NOTICE:

City of Leavenworth, Andi Zontek-Backstrum, PO Box 287 Leavenworth, WA. 98826, is seeking coverage under the Washington State Department of Ecology's Construction Stormwater NPDES and State Waste Discharge General Permit.

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF SNOHOMISH

In the Matter of the Estate of: JIMMIE LEE BEAVERS, Deceased. 23-4-00301-31 PROBATE NOTICE TO CREDITORS NO. RCW 11.40.030

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of GLENN ROBIN HOEY, Deceased. No. 22-4-00406-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

Junk today. Treasure tomorrow. Need some CASH? Place a For Sale ad and turn your 'junk' into someone else's treasure!

How long do you need to take a bone-building medicine?

Q: My doctor wants me to start taking a particular medication once a week to strengthen my bones. How long do I have to take it?

Our bones can lose strength as we age, making them thinner and more likely to break. How long do you need to take a bone-building medicine? That depends on how thin your bones are and if you have a history of a fracture due to thin bones.

Another form of bisphosphonate is a yearly infusion. This is particularly helpful if you cannot take the pills because of problems with your stomach or esophagus. So how long do you have to take Fosamax® or Actonel®? That depends; you and your doctor should decide together.



Increases bone density, and smoking cigarettes can accelerate bone loss. Menopause also triggers a doubling of the rate of bone loss. About half of repeat fractures from osteoporosis can be prevented with appropriate treatment.

SUDOKU PUZZLE GRAND ALASKAN CRUISE & TOUR 12 days, departs May - Sep 2022

www.leavenworthecho.com www.cashmerevalleyrecord.com

CROSSWORD PUZZLE

CROSSWORD grid with clues for Across and Down.

THEME: GRADUATION

- 1. Like a bug on windshield noise 6. G-man 9. Type of race 13. Late actor Ledger 14. Waikiki necklace 15. Group of lions 16. Knight's shiny garb 17. Ensign, for short 18. One to beat 19. Graduation proof 21. "School's Out" singer 23. An indigenous person in Laos 24. G-shooter 25. Founder of People's Republic of China 28. Porous rock 30. "MFA or BA 35. Comrade in arms 37. Be inclined 39. Had in mind 40. Was a passenger 41. Ventricular beater 43. Same as ayah 44. Trick, rock band 46. Nicholas II, e.g. 47. Initiation ceremony, e.g. 48. "Pollock" actor Ed 50. Foolish one 52. Ever, to a poet 53. "House of Gucci" star 55. Masters Tournament peg 57. "Mortarboard attachment 60. "No more ____, no more books" 64. Fancy boat 65. Mozart's "L'__ del Cairo" 67. Arm bones 68. Orderly arrangement 69. Granola grain 70. Gustatory sensation 71. Lord Byron's composition 72. Dashboard unit 73. Weasel's aquatic cousin

DOWN

- 1. Herring's cousin 2. "Frasier" actress Gilpin 3. Bulb holder 4. Coral reef island 5. Neck cavity 6. Pestilence pest 7. Even, to a poet 8. "Saturday Night Fever" music genre 9. Type of coffee maker 10. Gauche or Droite in Paris 11. Month of Purim 12. Styling product 15. For the time being, Latin (2 words) 20. Cave opening 22. Like Hemingway's certain man on sea 24. Type of rummy 25. "One in "Pomp and Circumstance" series 26. Hello to Israel Kamakawiwo'ole 27. Ahead in years 29. "You have brains in your head, you have ____ in your shoes" 31. Cleats to soccer player 32. China grass 33. Related on mother's side 34. Olden days anesthetic 36. "School ____, which is about 180 days 38. No-win situation 42. Old-hat 45. Wilbur's home 49. "Famous frat house 51. Adjective in sheet music 54. Low light 56. Enthusiastic approval 57. Tropical edible root 58. Land measure 59. A fake 60. Beaten by walkers 61. Research facility 62. It's better than never? 63. Tiresias in "Oedipus Rex" 64. Small dog's bark 66. Gown's companion

dish BRING EVERYTHING YOU LOVE TOGETHER! 2-YEAR TV PRICE GUARANTEE \$69.99 MO. 190 CHANNELS

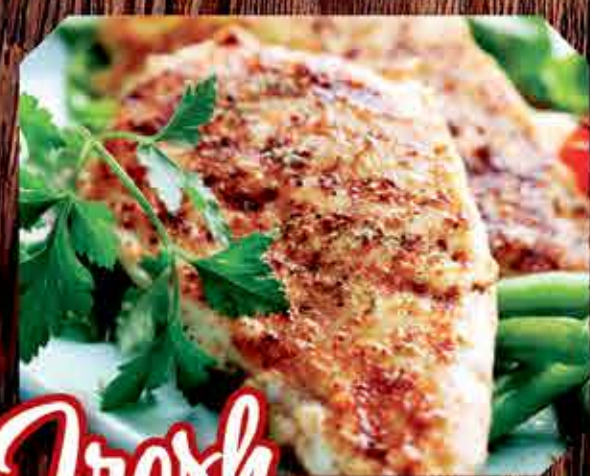
Premium Beef
Boneless Beef
London Broil
or Top Round
Roast

3.98
LB.



Dozen
Roses
Selected Varieties

9.98
EA.



Boneless Skinless
Chicken
Breast
Value Pack

2.98
LB.



All Natural
Bone-In
Pork Chops
Rib or Loin
Value Pack

2.98
LB.

Treats for Mom!



Endangered Species
Chocolate Bars
Selected Varieties
3 Oz.

Ghirardelli
Intense Dark
Chocolate Bars
72% Cacao or Sea Salt, 3.5 Oz.

Your Choice
2/\$6

LOCAL *Equals* **FRESH**

Local stores supporting local products.

Fresh **Produce**

Ripe
Strawberries
1 Lb. Package

2.98
EA.



Dove Promises
Chocolate
Selected Varieties
7.61 to 8.46 Oz. Pouch

Ghirardelli
Chocolate Squares
Dark Chocolate Sea Salt Caramel
5.32 Oz. Bag

Lindt Lindor
Chocolate Truffles
Selected Varieties
5.1 Oz. Pouch

Your Choice

4.98
EA.



Tillamook
Frozen Custard
or Ice Cream
Sandwiches
Selected Varieties,
4 Count Sandwich
or 15 Oz. Cup

Häagen-Dazs
Ice Cream
or Bars
Selected Varieties,
14 Oz. Cups or
3 Count Bars

Halo Top
Ice Cream
Selected Varieties
16 Oz. Cup

Blue Bunny Novelties
Selected Varieties
4 to 12 Count

Your Choice

2/\$8

Fresh
Asparagus

2.98
LB.

Gold
Pineapple

2.98
EA.