

## Horses of Hope This one is for Crystal



PHOTO BY MATTHEW OCKINGA  
From left, Nancy Grette, Laurie Steward, and Susan Wall assist Crystal Chevelle as she rides her horse Frid during a session at Alatheia Therapeutic Riding Center in Wenatchee.

BY MATTHEW OCKINGA

### Correspondent

Crystal Chevelle mounts her golden steed, Frid, a 28-year-old Norwegian Fjord, gently accepts his rider. They know each other. Atop her horse, Chevelle transforms. She raises her head. Her back straightens. A broad smile spreads across her face. She owns this arena.

Usually, Chevelle looks up at everyone else. After suffering a severe Jet Ski collision at age 17, she's been wheelchair bound. A former rodeo queen, Chevelle slips back in the saddle every Monday. For a few fleeting moments, she sits atop the world. "Miracles (happen) every day and I like to use not only miracles but magic," says Susan Wall, who has volunteered at Wenatchee's Alatheia Therapeutic Riding Center for about six years. "Nobody comes here and doesn't walk away feeling a sense of gratitude and joy. I

don't know who gets more out of it, the riders, or the volunteers." The staff and volunteers of Alatheia match Chevelle's smile inside the arena. She dons a black helmet and a pink brace while grasping a makeshift steering apparatus made of PVC pipe and old tennis balls. Chevelle has been a regular Alatheia rider for half a decade and has arrived today for her weekly dose of freedom. Perched upon a postcard worthy hillside above the Lower Sunnyslope area, Alatheia is a nonprofit organization that provides therapeutic equine care for children and adults with disabilities. Chevelle represents the many riders who have found hope and healing through the physical, emotional and mental benefits of saddling horses. "When they get on the horse, they just glow. Even if they don't improve, just seeing them out in nature and fresh air and feeling a sense of being

in control, there's a lot of physical and emotional benefits," Wall said. "Some are hard to articulate because they just happen and you don't even necessarily realize it."

### A forgotten prayer

During the winter of 2010, Nancy Grette shivered as she chipped ice from a water trough at her home on Sleepy Hollow Heights. Her adult children had all flown from the nest leaving Grette and her husband Glenn with the horses. She needed some direction.

"I had these amazing horses that as a family we had enjoyed and loved them, but I got to the point where I was breaking frozen manure and breaking ice out of the water trough," she said, recalling offering a prayer that day. "Lord, give me either a heart that just can be done and say goodbye and let them go, or do

something else with my life or give me a vision."

Months went by and memory of that prayer dissipated in Grette's heart. About six months later, some family friends, the McPhersons, asked if their five-year-old daughter Ella could ride a horse for her fifth birthday. Living with spina bifida since birth, Ella transformed. Grette's prayer had been answered. "When she got on the horse after being with her little walker, the empowerment that we saw and the possibility that we saw with her was just mind blowing," Grette recalled. "We knew that we needed to pursue it."

Not working at the time, she could research equine care and visit other facilities. Grette already had the infrastructure and the horses. What started as a favor to a friend became a mission.

In June of 2011, the Grettes opened Alatheia's gates, from

their home on Sleepy Hollow Heights, to 12 riders. Used by the apostle Paul in Ephesians 4:15, alatheia is a Greek word meaning "disclosed truth." The Grettes have been horse people for years, but are also people with a heart for special needs riders. "So, Alatheia then was born," she said. "The name came after we knew that we were going to do this, and had thought about it, prayed about it."

### 97 Days

As she prepared for life after high school, Chevelle viewed a horizon of hope. She had been named Miss USA and competed for high honors in barrel racing. A young woman of many talents, she had applied for a vocal scholarship at a Nashville college. Bright colors painted her future. Yet dark clouds would shroud that horizon.

One day, Chevelle shared a summer vacation with her

family on Moses Lake. She mounted a vehicular steed: a Jet Ski. While skipping across the water, she collided with another Jet Ski. She spent seven minutes facedown under water and was airlifted to Sacred Heart Medical Center in Spokane. The impact tore her brain from her skull. She suffered a bruised heart, several brain injuries, a broken sternum, a collapsed lung and she broke her jaw in seven places.

Her family's hearts were also bruised. Doctors told them she would be forever brain dead. She would never smile again. They suggested the family withdraw life support, but her parents refused. Their daughter lay in a coma for 96 days without signs of improvement. On the 97th day, Chevelle's mother tickled her foot inducing a smile. Three days later, her family brought home on her 18th birthday.

Since the accident, Chevelle has been involved in intense speech, occupational and physical therapy. Her time at Alatheia has helped her regain physical strength and confidence.

"When we started with her, we had six people helping her. Now we're down to three, and that just shows the growth and improvement and strength," Wall said. "It's a lot of core strength, which for somebody like her in a wheelchair is just necessary."

### Horses of hope

So, how do horses help? Grette says that their walking gait closely simulates that of humans.

"As the horse is swinging the pelvis of a human, it simulates walking for those people who have never walked before," Grette says. "For every minute a person is on the back of a horse that's moving, there are 100 balance accommodations that occur in the body. And each of those balance accommodations, the switching of the small and the larger fibers, end up developing strength." The

CONTINUED TO PAGE B2

## Memorial Day 2023 - Remembering those who sacrificed

BY CAROL FORHAN



PHOTOS BY CAROL FORHAN



Memorial Day, May 31, was the 75th Annual Cavalcade of Flags at the Cashmere cemetery. Those who attended came to reflect and hear the words of several speakers who were there to help us remember that we are a free nation because of our veterans' sacrifices. Event coordinator and American Legion Commander Mr. Kenneth Komro opened the memorial event with a short speech and a call for help with future Memorial Days. Next was the presentation of the POW/MIA wreath by Gold Star sister Mrs. Norma Hendrickson and her son Tom Hendrickson. A beautiful invocation by Pastor Todd James, of Cascade Mountain Bible Church, the singing of the National anthem by Mrs. Karen Schoenwald and the event using sign-language by Ariana Komro. The keynote speaker was Major General Mike Worden, a 33-year Air Force Veteran, asking us to pause and remember and never forget the sacrifices of those fallen and their families. Let us renew our commitment to the values, ideals and freedoms that made our nation, as it is still the greatest Nation on earth. God Bless you, your loved ones, your memories, and God Bless America.

1. The Tewell and Cram families cleaning up the gravesites of loved ones.
2. Cavalcade of Flags. 474 large flags and 1077 small flags placed by volunteers.
3. POW/MIA wreath placed by Gold Star sister Mrs. Norma Hendrickson and her son Tom Hendrickson.
4. Guest Speaker Major General Mike Worden
5. Flag with the name of a veteran - Darrell B. Worley

### THIS WEEK

Graduates Section.....A2-A5	Community Bulletin Board.....B1	Classifieds Index.....B4-B5
Outdoors Report.....A2	Church Guide.....B2	Real Estate Guide.....B4
Community Calendar.....A7	Michelle's Kitchen Table.....B3	Advertising Flyers.....Safeway
Business Directory.....A7	Vale Students of the Month.....B3	



**\$100**

PO Box 39  
Leavenworth, WA 98826  
Phone: 509-782-3781  
509-548-5286

www.cashmerevalleyrecord.com



# GRADUATION CANDIDATES

# 2023 Class of



## CASHMERE HIGH SCHOOL GRADUATION

Friday, June 9 at 8 p.m. at the Cashmere football field

### Class of 2023



PHOTO COURTESY GABRIEL HERNANDEZ

### Graduation Quotes

“Belief in oneself is one of the most important bricks in building any successful venture.” — **Lydia M. Child**

“Never give up on a dream just because of the time it will take to accomplish it. The time will pass anyway.” — **Earl Nightingale**

“Success is achieved and maintained by those who try and keep trying.” — **W. Clement Stone**

“Even if you’re on the right track, you’ll get run over if you just sit there.” — **Will Rogers**

“Nothing can stop the man with the right mental attitude from achieving his goal. Nothing on earth can help the man with the wrong attitude.” — **Thomas Jefferson**

“Success is the sum of small efforts repeated day in and day out.” — **Robert Collier**

“Develop success from failures. Discouragement and failure are two of the surest steppingstones to success.” — **Dale Carnegie**

“Success is a state of mind. If you want success, start thinking of yourself as a success.” — **Joyce Brothers**

### 12-year students



PHOTO COURTESY GABRIEL HERNANDEZ

Have a safe graduation  
**PLEASE DON'T DRINK,  
OR TEXT WHEN  
DRIVING!**



Congratulations to all the 2023 Graduates

CASHMERE VALLEY  
**RECORD**  
AN NCW MEDIA PUBLICATION  
Celebrating 115 Years • 1907-2023



**HEY GRADS,**  
AFTER HITTING THE  
BOOKS FOR 12 YRS,  
YOU DESERVE TO  
CELEBRATE.  
CONGRATULATIONS!!

**NCW REALTY, INC.**

Terry, Patti & Jamie Davis  
103 Cottage Ave • (509) 782-1122 • www.ncwrealtyinc.com

Congraduations to Jamison Baldwin, Cameron Phillips, and the rest of the Class of 2023!



**J.C. BROWN LAW OFFICE**

Congratulations to  
our 2023 Cashmere Graduates!

CASHMERE VALLEY  
**RECORD**  
AN NCW MEDIA PUBLICATION  
Celebrating 115 Years • 1907-2023  
From your hometown newspaper The Cashmere Valley Record. You have worked hard and you deserve recognition, so we applaud you!



Congratulations!

Beth Nieman P.T.  
Steve Mongeon P.T., A.T.C.  
Kate Norland P.T.

Cashmere Physical Therapy

509-782-8818

205 Mission Street • Suite 112 • Cashmere



and Old Fashioned  
Soda Fountain

Proudly  
Congratulating  
the Class of  
2023



#morethanjustapharmacy | 509-782-2717  
doanesvalleypharmacy.com

Milne Insurance Agencies, Inc.  
205 Woodring Street • Cashmere • 509-782-2213

Congratulations  
Class of 2023

You've worked so  
hard to get here.

Please Celebrate  
Responsibly.

Be a designated driver. Be a responsible party host.



**Take On  
The World**

Janie Shrader Loan Officer  
NMLS #39052 | Company NMLS # 3274

**Guild  
mortgage**



Office Phone: 509-293-9279 • Cell: 509-670-4125  
925 Fifth St. Ste. B, Wenatchee, WA 98801  
www.nmlsconsumeraccess.org



**Valedictorians**



Kimberly Dodson



Mariana Ochoa



Ashlyn Reichert

**Salutatorian**



Chloe Payne

**Carly Anne Rankin**

Cashmere High School, class of 2023  
Graduate, Running Start  
Wenatchee Valley College 2023



*We are proud of your hard work!*  
Grandma Carol and Grandpa Dwight

**Cashmere Honor Cord Awards**



- Jamison Baldwin
- Kaitlyn Bjorklund
- Spencer Boyd
- Ava Courtney
- Kimberly Dodson
- Jackson Donald
- Wendy Garcia Maldonado
- Alayna Groce
- Joshua Jay Groner
- Madeline Anne Hammond
- Isabella Rae Hansch
- Eli Lyons
- Mariana Ochoa
- Cameron Phillips
- Grace Regan
- Ashlyn Reichert
- Elle Seidensticker
- Trevor Shoults
- Ainslee Smith
- Sadie Rose Smith
- Syd Young
- Grady Zimmerman

**ASB Officers**



President – Joshua Jay Groner



Vice President – Jackson Donald



Secretary – Micah Guerin



Treasurer – Alayna Groce



CASHMERE MUSEUM & PIONEER VILLAGE

cashmeremuseum.org

**Senior Class Officers**



President – Madeline Anne Hammond



Vice President – Kaitlyn Bjorklund



Secretary – Cameron Phillips



Treasurer – Zoe Brown

**BLUE STAR GROWERS, Inc.**  
Pears and Apples

**grow**  
YOUR OWN SUCCESS!

**Congratulations Class of 2023!**

**Congratulations 2023 Graduates!**

Keep up the good work and continue to strive!



Bruce Cheadle, Agent  
301 Aplets Way,  
Cashmere, WA  
(509) 782-1659

www.statefarm.com Bloomington, IL



Providing Insurance & Financial Solutions

**Congratulations 2023 Graduates!**

Think Big.  
Work Hard.  
Be Nice.  
Have Fun.  
Give Thanks.

**LIBERTY ORCHARDS**

Makers of Aplets & Cotlets  
117 Mission Ave. • 782-4088



*New Beginnings,  
New Challenges, New Rewards!*  
**Happy Graduation to the Class of 2023**  
CASHMERE BOOSTER CLUB  
Thank You To Our Members and Supporters for a Great Year with all the Bulldogs!



Jenna Zimmerman  
Cashmere High School



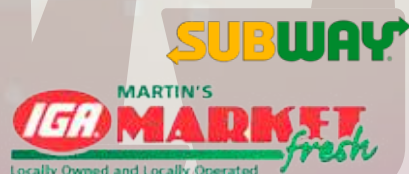
Ava Pflugrath  
Upper Valley Christian School



*Happy Graduation Cashmere Class of 2023*

We would like to give special recognition to our two graduating employees, Jenna Zimmerman from Cashmere High School and Ava Pflugrath from Upper Valley Christian School.

Congratulations on your hard work, keep it up and YOU WILL GO FAR!



TEAMS Learning Center Proudly celebrating the Cashmere Senior Class of 2023!

We're also celebrating our Future Bulldog preschool graduates, entering into Kindergarten at Vale Elementary!



Caleb Deines Cayden Tewell Eden Ortiz Ethan Schnell Hazel Rodriguez



Jameson Riker Kira Lamb London Lopez Santiago Garcia-Equiva Torin Steigmeyer

teamslearningcenter.org | 509-860-0938 | 200 Titchenal Rd. #2, Cashmere





**Aaron Jackson Poole**



**Abigail Fritz**



**Adelita Lopez-Rosario**



**Adrian Vazquez**



**Aidan Deyl**



**Ainslee Rae Smith**  
Parent(s): Geoff and Jodee Smith  
Plans: Attend Grand Canyon University in Phoenix, Arizona to major in forensic psychology.



**Alayna Groce**  
Parent(s): Andy and Jenni Groce  
Plans: Attend Dordt University in Sioux Center, Iowa and run track and field, major in Animal Science.



**Basilia Pina-Corona**  
Parent(s): Raul Pina and Silvia Corona  
Plans: plans to attend Evergreen Beauty College in Bellingham and study to become a certified and licensed aesthetician.



**Bianca Mora-Garcia**



**Brayden Stoffel**



**Cameron Phillips**



**Carly Rankin**



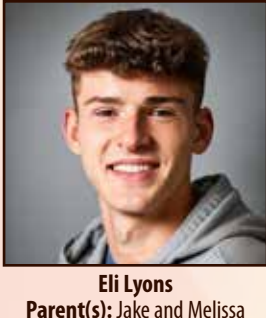
**Carsen Kenoyer**



**Chloe Ann Payne**  
Parent(s): Kim Kasner and Brad Payne  
Plans: Take some time off before starting a career.



**Eberardo Lopez**



**Eli Lyons**  
Parent(s): Jake and Melissa Lyons  
Plans: Attend flight school in ID and pursue a career as a commercial pilot.



**Elle Marie Seidensticker**  
Parent(s): Scot and Rebecca Seidensticker  
Plans: Attend Central Washington University to pursue a Doctorate in Art History.



**Erick Rojas**



**Esmeralda Martinez**



**Faith Smith**  
Parent(s): Jerri and Ryan Smith  
Plans: Attend Eastern Washington University in the fall.



**Felix Dotson**



**Grace Regan**



**Grady Zimmerman**



**Grant Smith**



**Gunnar Simmons**  
Parent(s): Leslie and Ryan Robinson, Jake and Fawn Simmons  
Plans: Attend WSU for bachelor's degree in Agricultural Technology Management and then an Ag teaching degree.



**Isaac Foster-Arcega**



**Isabella Rae Hansch**  
Parent(s): Suzy and Chris Hansch  
Plans: Attend Rollins College in Florida to major in Business Management.



**Isabella P. Potter**  
Parent(s): Chris and Diana Potter  
Plans: Attend WVC then transfer to Lake Washington Institute of Technology in Kirkland for a Mortuary Science degree.



**Jamison Baldwin**  
Parent(s): Casey and Shelley Baldwin  
Plans: Attend Western Washington University to major in Elementary Education.



**Jaxon Maitland**



**Jayden Anderson**



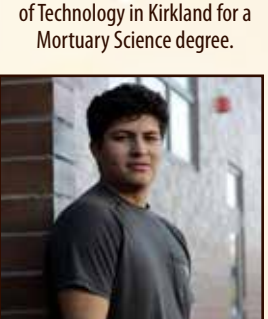
**Jayden Meyers**



**Jenna Reeder**  
Parent(s): Michaela Taylor and Dean Taylor  
Plans: Attend Wenatchee Valley College.



**Jenna Michelle Zimmerman**  
Parents: Mike and Jodie Zimmerman  
Plans: Attend CWU to major in Education and minor in Arts.



**Jesus Aguilar**



**Kimberly Dodson**  
Parent(s): Jonathan and Gemma Dodson  
Plans: Attend George Mason University to earn a BS in Forensic Science.



**Kloe Pomeniak**



**Lane Etheridge**



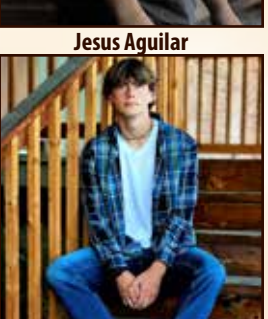
**Lilia Gebers**  
Parent(s): Sydney and Wade Gebers  
Plans: Attend Western Washington University to study Psychology



**Lily-Ann Carynna Geren**  
Parent(s): Chris and Beck Geren  
Plans: Going through academy to be an EMT.



**Livvy Bartholdt**



**Logan Collins**



**Madison Jaeger**  
Parent(s): Krissy and Dustin Jaeger  
Plans: Attend Wyotech to pursue an education in diesel technologies.



**Mariana Ochoa**  
Parent(s): Luis and Marina Ochoa  
Plans: Attend Central Washington University for Biology, then transfer to UW Medical School.



**Maximilian (Max) Townsdlin**



**Micah Guerin**



**Miguel Cardenas**



**Mileah (Tobey) Lambert**



**Monica Oropeza**



**Riley Moshe**



**Rogelio (Roy) Orozco**



**Rylie Dewitz**



**Sadie Rose Smith**  
Parent(s): Gregg and Jenny Smith  
Plans: Attend Vector Academy, 1 year bible school through Grace City Church, Grand Canyon University to major in elementary education.



**Spencer Boyd**



**Sydney Young**



**Tessa Roehl**

Our best wishes to the Graduating Class of 2023



Over 100 Years of Dedication to Quality and Excellence Since 1913

PO Box 378 Peshastin, WA 98847  
Phone: (509) 548-1700 • Fax: (509) 548-0288



Apple Annie  
Antique Gallery

NEXT STEPS AND NEW DIRECTIONS

Congratulations Class of 2023!

359-782-4004 appleannieantiques.com | Hwy. 2 in Cashmere

Congratulations Graduates of 2023!

Good luck in your future plans both near and far!



Wok About Grill





**Anna Marie Strutzel**  
Parent(s): Scott and Alisa Strutzel  
Plans: Attend a software engineering immersive program.



**Ary Herrera-Cardenas**



**Ashlyn Reichert**  
Parent(s): Dan and Jacyln Reichert  
Plans: Attend Whitworth University to major in English or elementary education.



**Ava Courtney**

**THANK YOU BUSINESS SPONSORS FOR YOUR DEDICATED SUPPORT TO OUR SCHOOLS AND STUDENTS**



**Colby Musser**  
Parent(s): Glen and Stephanie Musser  
Plans: Attend Perry Tech in Yakima and work.



**Cole Campbell Regan**  
Parent(s): John and Jancee Regan  
Plans: PUD Lineman, attend WVC for welding certification in the meantime.



**Daisy Mora-Ochoa**



**Dawson Spies**



**Delilah Butler**



**Drake Hesselschwardt**



**Dylan K. Nicholas**



**Fernando Betancourt**



**Garret Hidgon**



**Garrik Strong**



**Genaro Reyna**



**Gillian Darnell**



**Giselle Soto**



**Grace Norman**  
Parent(s): Kris and Anna Kae Norman  
Plans: Attend Washington State University to study Psychology.



**John Carney**  
Parent(s): Kevin and Valerie Carney  
Plans: Work for 6 months then go on a 2-year church mission for the Church of Jesus Christ of Latter-Day Saints.



**Jack Croci**



**Jackson Donald**



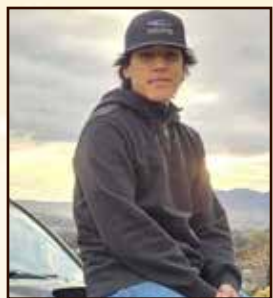
**Jade Weedman**



**Jaeger Fletcher**



**Jaime Sarabia**



**Jokoby Eduardo Tovar**  
Parent(s): Maribel and Flavio Tovar  
Plans: Work for the PUD as a Drafting Technician.



**Jocelyn Guadalupe Guzman**  
Parent(s): Rocio Guzman Guzman  
Plans: Attend Bellevue College in the fall for an AA in Arts and Sciences, continuing to get Bachelors in diagnostic ultrasound.



**Joshua Jay Groner**  
Parent(s): Dave and Kim Groner  
Plans: Attend Miami University in Ohio for statistics and data science.



**Joshua Mcleod**



**Kaden George**



**Kaitlyn Louise Bjorklund**  
Parent(s): Brian and Carley Bjorklund  
Plans: Attend Northwest Nazarene University in Nampa, Idaho where she will run for the track team and major in elementary education.



**Katyreena (Kat) Black**



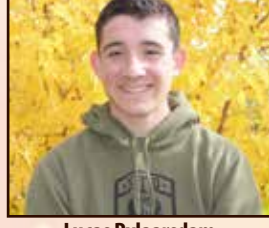
**Keelauna Lucille Lloyd**  
Parent(s): Baz and Sarah Lloyd  
Plans: Will be an EMT by July and AA degree from WVC by end of 2023. Then to CWU to further my career in the medical field.



**Logan Pesta**



**Luciano (Luca) Bellissimo**



**Lucas Rylaarsdam**  
Parent(s): Darrin and Nery Rylaarsdam  
Plans: To work this coming year and then attend Vector Academy the following year.



**Luke Jacobson**



**Michael Vasquez-Ramos**



**Madeline Anne Hammond**  
Parent(s): Kurt and Leah Hammond  
Plans: Attend Grand Canyon University to major in Electrical Engineering.



**Madison Gundersen**



**Myrna Romero**



**Ojamed Oropeza-Garcia**



**Omar Guzman-Zamudio**



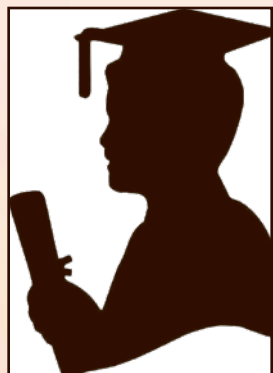
**Rachel Smith**



**Ricardo Riva-Oropeza**



**Raleigh Maison**



**Rilen Greg Desy**  
Parent(s): Shawn and Jenny Desy  
Plans: Graduating with AA and AS from WVC, gap year, then pursuing a degree in mycology and neurological benefits of fungi.



**Trenton Mason**



**Trevor Shoultz**



**Wendy Garcia-Maldonado**



**Zeke Lewis**



**Zoe Brown**

**Graduates with no Photo or Bio**  
• Ethan Goode • Ezekiel Lewis

*Congratulations Class of 2023 Bulldogs!*  
<https://milepostbrewing.com>  
(509) 888-0222  
MILEPOST BREWING EST. 2014

Find your Fit in the World, Seniors!  
-tongue and groove-  
Artisan Flooring, LLC  
ARTISAN FLOORING, LLC  
509-782-0777  
Find us on Facebook  
nwfa National Wood Flooring Association





# Goehner leads delegation to South Korea to discuss economic development, further international relations



SUBMITTED PHOTO.

Rep. Mari Leavitt, Gov. of North Jeolla Province Kim Kwan-young, Rep. Keith Goehner, Sen. Chris Gildon

SUBMITTED BY KURT HAMMOND  
Washington State House Republicans

12th District Representative Keith Goehner recently led a delegation of legislators to South Korea to strengthen international relations and get a firsthand look at economic development occurring in the country.

As part of his legislative duties, Goehner sits on the Legislative Committee on Economic Development and International Relations (LCEDIR).

"With the global pandemic limiting international travel the last few years, we have not had an opportunity to visit other countries and get a close look at some of the successful economic development other countries are experiencing and how we could possibly work together," said Goehner, R-Dryden. "The South Korea trip was truly unique. We toured a carbon fiber facility that ties to their aerospace industry.

Obviously, that is a focus for us here in Washington state. We also learned more about their bio pharmaceuticals, medical grade supplements, and we were able to check out Saemangeum, the largest seawall in the world. It was very impressive."

The LCEDIR studies and reviews economic development issues with an emphasis on international trade, tourism, investment and industrial development. It also assists the Legislature in developing comprehensive economic development policy.

"The carbon fiber facility supplies Boeing with wing parts and they would like to expand the use of carbon products produced by the facility in our region. There was also a facility producing hydrogen tanks, which fits with what we are working on here," added Goehner. "We also learned South Korea is very interested in Washington state growing crops for them,

which would be a big boost for our agricultural industry."

There are approximately 60,000 Koreans living in Washington. Goehner is the only one of the LCEDIR members who made the trip to South Korea. However, he was accompanied by 25th Legislative District Sen. Chris Gildon and 28th Legislative District Rep. Mari Leavitt, who have many Koreans residing in their districts.

"Korea showed a lot of interest in working with us on economic-related issues. Anything we can do to promote our state and work with other countries can only benefit us. This committee gives us an opportunity to promote our competitive advantages and industries," said Goehner.

By law, Lieutenant Gov. Denny Heck chairs the LCEDIR. The 13-member panel is comprised of an evenly split membership of House and the Senate members, appointed by the chair.

# Annual Wenatchee River Bluegrass Festival

BY CINDY JACKSON

Kick start your bluegrass summer with the Annual Wenatchee River Bluegrass Festival (WRBF), June 16-18, featuring superstar bluegrass bands that will put the kick in your bluegrass start. The extraordinary line up goes like this.... Sister Sadie; Kenny & Amanda Smith Band; Authentic Unlimited; Nick Dumas & Branchline; Rock

Ridge Bluegrass Band and Rusty Hinges Bluegrass. Main Stage Shows begin at 4 p.m. Friday and Saturday.

The Wenatchee River Bluegrass Festival (WRBF) located at the Chelan County Expo Center, 5700 Wescott Ave, Cashmere, WA., is put on by the good folks of the Cashmere Community Concerts. Each year the WRBF brings new folks over the mountains to experience the beauty of our

great region. A scenic drive through some of Washington's most breathtaking areas, it encompasses everything an outdoor enthusiast could want, hiking, mountain biking, bird watching, golf (several courses), fly fishing, mountain climbing and river rafting. For information on additional events and camping call 509-421-0494 or visit our website at: <http://www.wenatcheeriverbluegrass.com>.



SUBMITTED PHOTO.

Sister Sadie

## WENATCHEE RIVER BLUEGRASS FESTIVAL

Put A Little Mountain In Your Music

**JUNE 16-18, 2023**  
CHELAN COUNTY EXPO CENTER  
CASHMERE WASHINGTON

- NATIONAL PERFORMERS -  
**SISTER SADIE**  
KENNY & AMANDA SMITH BAND  
AUTHENTIC UNLIMITED  
NICK DUMAS & BRANCHLINE  
\* NORTHWEST FAVORITES \*  
ROCK RIDGE  
RUSTY HINGES BLUEGRASS

INSTRUMENT WORKSHOPS INCLUDING TAYLOR'S KIDS CAMP \* SLOW JAM \* BAND SCRAMBLE  
FOOD & MERCHANDISE VENDORS \* STAGE SHOWS INDOORS \* CAMPING AVAILABLE

ADMISSION: \$30/Day Pass - \$40/Multi Day Pass \*\* 12 And Under FREE  
No Dogs Allowed On Expo Grounds

SHOW TIMES & DETAILED INFO [www.WenatcheeRiverBluegrass.com](http://www.WenatcheeRiverBluegrass.com)  
OR CALL (509) 421-0494 or (509) 679-0668

This ad is co-sponsored by the Leavenworth Echo & Cashmere Valley Record

CASCADE GOLF CLASSIC

20th Annual

June 19 at Kahler Mountain Club

REGISTER TODAY!

Info & registration: [cascademedicalfoundation.org](http://cascademedicalfoundation.org)

Playing spots are filling up quickly

Proceeds benefit a new Cardiac Rehabilitation Center at Cascade Medical

### Donate Your Vehicle

Call (844) 889-8170 to donate your car, truck, boat, RV, and more today!

**How it Works:**

1. Contact Us  
Call (844) 889-8170
2. Schedule Pickup  
We'll pick up your vehicle for FREE - at a time and place convenient for you.
3. Receive Top Tax Deduction  
You may qualify for a tax deduction.

- Support Veteran Nonprofits.
- Free Pickup & Towing.
- Top Tax Deduction.

Donate Your Vehicle Today  
844-889-8170

While we appreciate every donation, in some cases, we find that we are unable to accept certain vehicles, watercraft, and/or recreational vehicles due to the prohibitive costs of acquisition. If you have any questions, please give us a call at (844) 889-8170.

NatureHills.com  
America's Largest Online Plant Nursery

Now only \$24.60

+ Shipping

FRENCH MANICURE™  
PANICLE HYDRANGEA

Exclusively at Nature Hills Plant Nursery!

Call 866-940-5703 and mention this ad  
or visit [naturehillsdeal.com/bloom114](http://naturehillsdeal.com/bloom114)

Hours: M-F 8am-5pm, Sat 9am-1pm CST

THE PERFECT FATHER'S DAY GIFT  
JUNE 18

All-Time Grilling Faves

- 4 Butcher's Cut Top Sirloins (5 oz.)
- 4 Air-Chilled Chicken Breasts (5 oz.)
- 4 Boneless Pork Chops (6 oz.)
- 4 Gourmet Jumbo Franks (3 oz.)
- 4 Potatoes au Gratin (2.8 oz.)
- 4 Caramel Apple Tartlets (4 oz.)
- 1 jar Omaha Steaks Seasoning (3.1 oz.)
- 8 FREE Omaha Steaks Burgers (5 oz.)

73375SYC separately \$246.99  
SPECIAL INTRODUCTORY PRICE \$99.99

Limited Time: Get 8 FREE Burgers

Order Now! 1.877.587.8821 ask for 73375SYC  
[OmahaSteaks.com/GrillFaves5274](http://OmahaSteaks.com/GrillFaves5274)

Savings shown over aggregated single item base price. Limit 2. Free burgers will be sent to each shipping address that includes 73375. Free product(s) may be substituted. Standard S&H added per address. Offer available while supplies last. Cannot be combined with other offers. Other restrictions may apply. All purchases acknowledge acceptance of Terms of Use: OmahaSteaks.com/terms-of-use/OSI or call 1.800.228.9872 for a copy. Expires 06/30/23. | Omaha Steaks, Inc.

CASHMERE VALLEY RECORD

© 2023 NCW Media, Inc.  
PO Box 39  
Leavenworth, WA 98826  
Phone: 509-548-5286

On the Internet

website:  
[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)  
e-mail:  
[Reporter@cashmerevalleyrecord.com](mailto:Reporter@cashmerevalleyrecord.com)

Office hours

Hours: 10 a.m. - 5 p.m.  
except weekends, or call  
509-548-5286

Contact information

Publisher  
Carol Forhan  
[publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com)

Bill Forhan Ex Officio

Advertising Sales Manager  
Carol Forhan 509-548-5286  
[carol@leavenworthecho.com](mailto:carol@leavenworthecho.com)

Advertising Sales  
Lindsay Timmermans  
509-860-7301  
[adexec1@ncwmedia.net](mailto:adexec1@ncwmedia.net)

Reporter/Photographer  
[Reporter@leavenworthecho.com](mailto:Reporter@leavenworthecho.com)  
509-548-5286

Main Office  
509-548-5286

Classified / Legal Notices  
Obituaries/Memorials  
[classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)  
NCWMarket.com

Circulation  
509-689-2507  
1-509-293-6780

Deadlines

Calendar Listings	Noon, Friday
News Submissions:	Noon, Friday
Letters to the Editor:	Noon, Friday
Display Advertising:	Noon, Friday
Legal Notices:	Noon Friday
Classified Ads:	Noon Friday

Subscriptions

In Chelan County (yearly) - \$40  
\$45 for print and online  
In State-Out of County (yearly) - \$50  
Online E-edition - \$40  
Out of State - \$52

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780

NCW Media, Inc. prints on recycled newspaper with soy ink. Please recycle.

Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com).

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story?  
Call the Record at 509-548-5286

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286, by emailing [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) or online at [NCWMARKET.COM](http://NCWMARKET.COM)

Services

Back Issues are available up to one year after publication for a small fee.  
Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., PO Box 39, Leavenworth, WA 98826  
Telephone: 509-548-5286  
Periodical postage paid at Leavenworth, Wash.  
(and additional mailing offices)

Postmaster:

Send address corrections to:  
The Leavenworth Echo,  
P.O. Box 39,  
Leavenworth, WA 98826-0039

Weekly rates:

\$15.00 for first 30 words  
.10 for each additional word over 30 words  
Borders, bold words, headlines, logos and photos subject to additional charges.



**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

**COMMUNITY CALENDAR**

**Wednesday**

**Cashmere Rotary Club:** meets at Cashmere Presbyterian Church hall, noon. Co-presidents Tracy Franklin 509-670-1165 and Kelley Boyd.  
**Mission Creek Community Club:** meets every month, 7 p.m. (1st and 3rd Wed.).  
**Cashmere Food Bank,** open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464  
**Ukulele Circle** Join the Ukulele Circle, 5:30 - 6:30 p.m. every Wednesday, at the Peshastin Library. Please come 15 minutes early to tune and get the sheet music.

**Thursday**

**Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)  
**Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.  
**Cashmere American Legion Post 64,** 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).  
**Cashmere American Legion Auxiliary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

**Friday no events**

**Saturday**

**American Legion Bingo,** first call is at 6:15 p.m. American Legion Hall, 401 Sunset Hwy. Cashmere. Call 509-888-1904 and leave a message for Wiley Collins.

**Sunday**

**CHURCH:** See the church page for local service times and events.

**Monday**

**Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Mon.)  
**Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)  
**Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).  
**Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).  
**Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)  
**Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)  
**Cashmere School Board Work Session,** Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu  
**Cashmere School Regular Board Meetings,** are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.  
**Chelan Douglas Republican Women,** Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

**Tuesday**

**Icicle & Peshastin Irrigation Districts:** Current meeting time 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)  
**Peshastin Water District,** meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)  
**Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)  
**The Chelan County Cemetery District #2** (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

**NCW Libraries**

**Cashmere Public Library: 509-782-3314**  
**You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).**  
 Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org  
**Cashmere Museum and Pioneer Village**  
 Call for more information 509-782-3230  
**Chelan County Historical Society Board meets,** 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)  
**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

**Cashmere**

**GladSong Choir Benefit Concert**

Free admission for the NCW Chaplain Foundation Benefit Concert on Sunday, June 11, 6 p.m. at Christ Center, 5800 Kimber Rd, Cashmere. Come to a fun inspirational choir. Donate to those experiencing loss and grief. For more information contact Paul Hughes, Lead Chaplin, 509-679-5869.

**Leavenworth**

**David Severance Memorial**

A community Celebration of Life for David Severance (aka Father Christmas) will be held on June 14 (Flag Day) at 6:30 p.m. at the Festhalle. Please join us with stories of David to share. Street parking is free after 5 p.m.

**The Leavenworth Women's Exchange**

Dinner meeting for the annual Installation of Officers and Board of Directors on Wednesday, June 14, 6 p.m. at Visconti's Italian Restaurant, 636 Front Street, Leavenworth. Hospitality begins at 6 p.m., dinner is served at 6:30 p.m. We will be ordering off the menu and a no host bar is available. To make your reservation, please contact Claire Burlingame at 509-548-7142 by Wednesday, June 7.

**Lions Club Breakfast in the Park**

The Leavenworth Lions

Club Breakfast every 2nd and 4th Saturday in June through September. Come enjoy hearty all you can eat breakfast of pancakes, eggs, and sausage from 7-11 a.m. in Lions Club Park.

**Leavenworth and Peshastin Libraries hosting Mariachi Concert**

"Mariachi: Música and Culture!" free concert on Wednesday, June 28 from 5:30 - 6:30 p.m. in Lions Club Park. Join Mariachi Noroeste for this amazing performance featuring traditional Mexican music in an interactive format. Audience members will be able to learn about the band's instruments and outfits in this unique cultural and musical experience. This all-ages free program is bilingual in Spanish and English. For more information, call the library at 509-548-7923.

**Regional**

**The Wenatchee Area Genealogical Society**

Will hold a hybrid meeting on Monday, June 12 at 2:00 p.m. Matt Cade, board president of the Upper Valley Historical Society, will present the program, "Greater Leavenworth Museum: A Museum on the Move." Meet in person at the Douglas County PUD Auditorium, 1151 Valley Mall Parkway, East Wenatchee; and via Zoom (contact Library@wags-web.org to receive Zoom information). Call 509-782-4046 for general information. Free and open to the public.

**CHELAN COUNTY SHERIFF FIRE & EMS REPORTS**

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

<b>May 26</b>	20:39 Malicious Mischief, 6805 Dryden Ave., Dryden
19:35 911-call, 5554 Locust Ln.	23:54 Welfare Check, 700 Cotlets Way behind Rusty's Drive In
20:20 Alarm, 495 Balsamroot Ln.	
<b>May 27</b>	<b>May 30</b>
12:25 Agency Assist, Mill Rd., and Sunset Hwy.	00:26 Disturbance, 7900 Stine Hill Rd., Dryden
14:55 Civil Dispute, 7900 Stine Hill Rd., Dryden	11:58 Trespassing, 300 Aplets Way, Hometown Market
16:37 Parking/ Abandoned Vehicle, Sunset Hwy., and River St.	15:04 Scam, 817 Pioneer Ave.
17:36 Noise Complaint, 314 Woodring St.	16:19 Off Road Vehicle Stolen, 421 Norman Ave.
18:01 Traffic Offense, 329 Tigner Rd., Cashmere High School	20:35 Parking/ Abandoned Vehicle, 4705 Kelly Rd., Monitor
20:42 Suspicious Circumstance, 5188 Regan Rd.	<b>May 31</b>
21:34 Theft, 112 Elberta Ave.	10:27 Civil Dispute, 6005 Sunset Hwy.
<b>May 28</b>	13:03 Trespassing, 217 River St.
No reports	17:58 Theft, 203 Perry St.
<b>May 29</b>	18:26 Hazard, 2293 Easy St., Monitor
03:21 Traffic Offense, 102 Titchenal Way, BJ's Shell	20:23 Civil Dispute, 817 Pioneer Ave.
08:42 Weapons Violation, 9084 Deadman Hill Rd., Dryden	20:24 Public Assist, Cashmere
15:51 Traffic Offense, 6800 block Stine Hill Rd.	21:27 Traffic Offense, Aplets Way and US Hwy. 2
17:34 Domestic Disturbance, Aplets Way and Perry St.	<b>June 1</b>
19:39 Weapons Violation, Hay Canyon Rd. MP 1	06:14 Welfare Check, Fircrest Dr., and Aldous St.
20:12 Traffic Offense, 8200 block Depot Rd., Dryden	12:25 Domestic Disturbance, 8000 Kinney Rd., Dryden
	16:29 Traffic Offense, US Hwy. 2 and Cotlets Way
	17:26 Theft, 424 Norman Ave.

**NEW MEDIA** 'Bringing the community to your door' isn't just our slogan... **It's our purpose**

**THE LEAVENWORTH ECHO** **CASHMERE VALLEY RECORD**

PO Box 39, Leavenworth, WA • (509) 548-5286  
 www.leavenworthecho.com www.cashmerevalleyrecord.com

**GladSong Choir Benefit Concert**

for NCW Chaplain Foundation  
 Sunday, June 11, 6 p.m.  
 Christ Center (Free Admission)  
 5800 Kimber Rd., Cashmere

Come for a fun inspirational choir. Donate for those experiencing loss and grief.

**BUSINESS & SERVICE Directory**

Add your business or service to this directory: **509-548-5286**

**DRILLING**

**Tumwater Drilling and Pump Inc.**

**"Water Treatment Systems Built to Your Individual Problem"**

**Free Water Analysis/Estimates**

Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2

**Tumwater Drilling & Pump, Inc.**  
 509-548-5361  
 www.tumwaterdrilling.com • email info@tumwaterdrilling.com

WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

**EXCAVATION**

**Complete Excavating Service**

Power & Water Systems  
 Dump Truck & Dozer  
 Drainfield Repair  
 Free Estimates  
 Septic Systems  
 Road Grading

**Upper Valley EXCAVATING**

(509) 548-3489  
 Leavenworth, WA  
 Licensed - Bonded - Insured

**STORAGE**

**Have spare room in your facility? Advertise on NCWMarket.com**

**STUMP REMOVAL**

**Quick 'n Easy Residential Stump Removal**

10817 North Road, Leavenworth • (509) 548-8222  
 Kim & Rosalie Kozelisky  
 Licensed, Bonded, Insured • Cont. #UPPERVE200PI

**Help Support The Cashmere Food Bank**

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna.

Cashmere Food Distribution Center is located at 316 River Street and open on the 2nd and 4th Wednesdays from 3-4 p.m.

**For further information or to make a cash donation call Pam, 509-245-6464**

Or you can write a check to: **Cashmere Food Bank, PO Box 225, Cashmere, WA 98815**

This ad sponsored by the Cashmere Valley Record

**MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY**

**AA Meetings:**  
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946  
 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939  
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379  
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.  
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin  
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.  
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.  
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.  
 Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

**Alanon Meetings,** Call 509-548-7939  
**Renewed Celebrate Recovery,** Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.



# The Washington Outdoors Report

## Summertime bass fishing

By JOHN KRUSE

Catching bass in the shallows during the spawn is a fun thing to do in the spring but when it comes to summertime fishing, few things are more enjoyable than catching aggressive largemouth and smallmouth bass. Here are a few of my favorite ways to hook them:

### TOPWATER FUN

There are a lot of ways to skin a cat as they say, and there are also a lot of ways to catch a bass during the summer months. However, nothing is more enjoyable than watching a bass erupt out of the water to smash a topwater lure. The best time to fish topwater lures is early in the morning or in the evening (even after dark on a moonlit night). However, if the waters are calm, you can also have success with topwater lures anytime, especially in shaded areas or on cloudy days.

What kind of topwater lures should you use? If you are fishing an area full of hydrilla, milfoil or lily pads it's hard to beat a weedless frog. Tournament angler Jeremy LeCaire favors frog lures with a white belly since that mimics an actual frog belly. Others swear by frogs that are black in color while others believe in using a frog with, well, a frog pattern. No matter what color you use, twitching it over pads into small open areas of water can trigger many strikes.

If you are not fishing in cover, you have lots of other options. The biggest bass I ever caught (8+ pounds) was caught on a Berkley Bullet Pop popper in a frog pattern, fishing the

lure near wood stick ups. Similar poppers or lures like a Zara Spook can be fished at a slow pace or a faster pace in a "walk the dog" fashion, popping left, then right, while you retrieve the lure. As an old friend once told me when it comes to speed, "Let the fish tell you what they want".

Are there other topwater lures that work? You bet. A fairly new offering is the Whopper

Plopper, which is can be cast and reeled in with a slow, steady retrieve as it gurgles along the surface. Buzzbaits retrieved at a fast pace can trigger violent strikes and don't forget classic lures like the Arbogast Hula Popper or Jitterbug. They have both been around for over 80 years but they both still work.

### SPINNERBAITS

Spinnerbaits are always a good summertime bet for bass. I personally favor a white spinnerbait for most conditions but will go with a chartreuse color if there is low visibility in the water. A 1/4 or 3/8-ounce spinnerbait can be retrieved rapidly, just under the surface of the water, creating a wake. Heavier spinnerbaits between 1/2 to one ounce in weight can be slowly retrieved near the bottom. Both methods can be effective. Again, let the fish tell you what they want.

### CRANKBAITS

Crankbaits are a big favorite of mine for both summer and fall bass. Many anglers mistakenly believe these lures should be fished without hitting any structure. That is a mistake. Shallow water crankbaits should bang off of wood and deeper

diving crankbaits should be ticking the bottom because that contact is what triggers reaction strikes from bass. One of my favorite lures is the Berkley Digger which runs at a depth of 8 to 11 feet. If I need to go deeper, the Berkley Dredger will get down to a depth of 20 feet. As for colors, try to match the forage base. For example, a perch or bluegill pattern if that's what the bass are eating, a reddish color if crawfish are in the lake or blue and chrome if the bass are feeding on trout.

### LIPLESS CRANKBAITS

Another confidence bait for me is the lipless crankbait. The original Bill Lewis Rat-L-Trap has caught countless bass since it was introduced in 1971. Rattle trap style lures have no bill (hence the word, lipless). They create a sharp vibration when retrieved and thanks to BB sized shot inside the lure it creates a rattling noise as well. The combination of the vibration and sound triggers bass hanging out in ambush points along weed lines or other structure such as log lay downs, beaver huts, boulders or rocky riprap. The lure excels in depths of two to eight feet. You can rapidly retrieve the lure and draw strikes but I prefer to pause several times when I retrieve a rattle trap, just for a quick second. I do this because following fish will often strike it when it stops in their face or as the lure begins to fall like a wounded fish.

Another method is to use a Yo-Yo retrieve, fishing the lure off the bottom. This technique works best when the fish are deep. As for what lure to use? There are a lot of lipless crankbaits out there in various sizes but my hands down favorite is the



PHOTO BY RUSTY JOHNSTON.  
John Kruse with a big largemouth bass caught on a spinnerbait.



PHOTO BY JOHN KRUSE.  
Rusty Johnston caught this nice bass using a Berkley Digger Crankbait

1/2 ounce, Berkley Warpig, which I've used to catch not only bass, but also walleye and other species since it was introduced a few years ago.

There's so much more to talk about when it comes to catching summer time bass (soft plastic baits for example) but we'll have to leave that for another time. Until then, use crankbaits, spinnerbaits and topwater lures to reel in some hard-hitting bass during these hot weather months.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

## Horses of Hope

CONTINUED FROM PAGE 1

horses' personalities, as it were, also make a difference. Norwegian Fjords are typically calm, mild animals and not easily spooked. This combination makes them apt companions for Alatheia's riders. "Here, it's a beautiful outdoor setting, fresh air, horses that are so in tune with the rider," Wall said. "They will respond to if the rider's happy or sad, scared, comfortable." Alatheia ministers to 105 riders ages three to 93. Its clients have a range of conditions including, cerebral palsy, Down syndrome, Rett syndrome, multiple sclerosis autism and epilepsy. Additionally, Alatheia has a program called Warriors & Horses, which helps veterans suffering from Post Traumatic Stress

Disorder. The staff consists of five part-time instructors and a volunteer base which has grown from 25 to nearly 100 who share the workload along with a dozen Norwegian Fjords.

While Grette is well versed in equine matters, learning about the various disabilities of her clients has provided unique hurdles. She feels grateful to be affiliated with national organizations Professional Association of Therapeutic Horsemanship (PATH) and the Norwegian Fjord Horse Registry (NFHR). This has helped to educate Alatheia's staff on the conditions of their clients and to receive advice from professionals. She said that PATH helps, "sets codes and standards, also provides us with precaution and indication for particular disabilities that we might need to take more care on. Much of what

we learned is by experience, experimenting a lot with what works and does not work."

Alatheia's success has seen it outgrow its facility. With a wait list of 60 people, the center expects to have around 150 riders eventually. Alatheia's current location is limited by acreage and parking availability. Looking for arena and barn expansion, the Grettes recently purchased 12 acres off of Easy Street which will become Alatheia's new home in 2025.

"You don't just come for 10 weeks and then you're done," Grette said. "The repeated exposure is what provides the most benefit. Once we get to the new location, we'll be able to serve so many more people and veterans."

### Trotting Forward

Chevelle is running out of time. Just a few more

seconds. While country music emanates from a smart phone, the team gathers around her as she navigates the final two barrels. Engaging in her favorite competition, barrel racing, she leads Frid around the last barrier. A volunteer states the time: "40.48 seconds." Chevelle celebrates with everyone. It's a personal record. Her session now completed, she dismounts Frid with help and eases back into her wheelchair after riding high. Chevelle's future, and her present, are still bright. The hues of her horizon are simply different shades than the colors of years ago, but the view remains breathtaking. Here in a dusty arena upon a hillside, the former rodeo queen reigns again.

For more information or to donate, please visit [alatheiaridingcenter.org](http://alatheiaridingcenter.org).

WESTERNBANK

WESTERN RANCH BUILDINGS LLC

STEEL & POST FRAME BUILDING CONTRACTORS

Your building can be customized just the way you want!

Sold and erected by an independent, locally owned builder

509-884-0555  
[www.westernbuildings.com](http://www.westernbuildings.com)

1107 Walla Walla Avenue  
Wenatchee, WA 98801

RESIDENTIAL • COMMERCIAL • INDUSTRIAL • AGRICULTURAL

## Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

# UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

### CASHMERE

CASHMERE BAPTIST CHURCH  
103 Aplets Way • 509-782-2869  
Sunday School, all ages, 9 a.m. Worship 10 a.m.  
Bible Study, Wed., 6:30 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH  
303 Maple Street • 509-782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)

CASHMERE COMMUNITY CHURCH  
213 S. Division • 509-782-3811  
In-person Service, Sunday, 11 a.m.  
until further notice.  
Pastor Lilia Felicitas-Malana  
[cashmerecommunitychurch@gmail.com](mailto:cashmerecommunitychurch@gmail.com)

CHRIST CENTER  
Sunday Worship Service at 10 am  
Lead Pastor Steve Haney  
5800 Kimber Rd., Cashmere  
509-295-8006  
[christcentercashmere.com](http://christcentercashmere.com)

### GRACE LUTHERAN CHURCH

• 509-860-0736 401 Elberta Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 10 a.m.  
Pastor Rob Gohl

St. JAMES EPISCOPAL CHURCH

• 509-860-0736 222 Cottage Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 9:00 a.m.  
Pastor Rob Gohl

### SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 509-548-4345  
Saturday Services • Bible Study 9:30 a.m.  
Worship 11 a.m. • Fred Smith • 509-860-3997  
SPIRIT LIFE CENTER  
210 Benton Street • 509-548-7138  
Sunday Worship 10 a.m., Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

### MONITOR

MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 509-782-2601  
In-person service, Sunday, 9 a.m.  
Pastor Lilia Felicitas-Malana

### PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street  
Sunday Worship 10 a.m. • Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

NEW LIFE FOURSQUARE CHURCH

7591 Hwy. 97 • 509-548-4222  
Sunday Worship, 10 a.m.  
Pastors, Darryl and Mindy Wall  
Email: [newlifeleavenworth@gmail.com](mailto:newlifeleavenworth@gmail.com)  
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)  
[www.newlifeleavenworth.com](http://www.newlifeleavenworth.com)

### PLAIN

PLAIN COMMUNITY CHURCH

Serving Our Valley Since 1941  
12565 Chapel Dr. 509-763-3621  
Looking for you at 10:30 this Sunday!  
[plaincommunitychurch.org](http://plaincommunitychurch.org)  
[facebook.com/plaincommunitychurch](https://www.facebook.com/plaincommunitychurch)  
[office@plaincommunitychurch.org](mailto:office@plaincommunitychurch.org)

### DRYDEN

DRYDEN COMMUNITY CHURCH

Hwy 2 at Dryden Ave. • 509-782-2935  
Sunday School 9:30 a.m.  
• Worship 10:45 a.m.  
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 509-782-2616  
Worship Service, 10 a.m.,  
Sunday School, 9 a.m.  
Pastor Mike Moore  
[www.midvalleybaptist.org](http://www.midvalleybaptist.org)

### LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH

Office: 509-548-4331  
11025 Chumstick Hwy.  
Please join us Sunday mornings  
9 a.m., Sunday School  
10:30 a.m., Worship Service

CORNERSTONE CHURCH

Leavenworth Grange Hall  
621 Front St.  
[info@cornerstoneleavenworth.com](mailto:info@cornerstoneleavenworth.com)  
Sunday Worship - 10 a.m.

### LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH

418 Evans Street • 509-548-5619  
10 a.m. Sunday Service, Pastor  
Jo Dene Romeijn-Stout  
[leavenworthumc.org](http://leavenworthumc.org)  
[leavenworthumc@outlook.com](mailto:leavenworthumc@outlook.com)

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school)  
Church: 509-548-7667  
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA

"Reconciling Works Congregation"  
224 Benton Street • 509-548-7010  
Worship 9:30 a.m. w/coffee following  
Eva Jensen, Pastor  
<https://www.flcavenworth.com>

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745  
Sunday Worship: 11 a.m.  
Website: [www.leavenworthbaptist.com](http://www.leavenworthbaptist.com)  
Email: [info@leavenworthbaptist.com](mailto:info@leavenworthbaptist.com)

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 509-548-5292  
Sunday Worship 9 a.m.  
Lead Pastor: Greg Appleby  
Youth Pastor Paige Derosssett  
Worship Pastor-Jacob Mitchell  
[www.LCN.org](http://www.LCN.org)







# Michelle's Kitchen Table Strategies

By Michelle Priddy

## Buckled Breezeway

Over the winter in the high snow, we lost half the breeze way roof on the little shop. Without walls breezeways can't collect heat under their rafters so the snow on the shady side of the breezeway didn't melt or slide. Eventually the weight overwhelmed the rafters and they buckled. The half-roof dangled like an apron making Grandpa anxious so he and Sonny took a few two by sixes and braced

the bottom of the eaves so the wind and snow wouldn't cause further damage. The propped-up apron of tin roofing, sheets of wood, two by sixes and two by fours have been leaning precariously through the end of winter into the spring.

So, a few weeks ago Uncle Larry and Aunt Cece came to visit. He decided to get busy and rented a man-lift for the day. That morning he and Grandpa got up before I did and by the time I showed up on the job Uncle Larry and our oldest, Kat, were already in the man-lift bucket up the side

of that concave apron of tin and wood with impact wrench drills unscrewing the metal from the wood and letting it slide to the ground.

After each piece of the metal slid down, the man-lift bucket would move back, Uncle Larry would take the time to look over the disaster in front of him; he'd let us know it was safe then we'd wade in and move the tin to a waiting trailer. After all the tin was taken off, Uncle Larry and Kat took a break. We took time to ask for safety, to slow down and respect God enough to ask for guidance.

Kat started to give Uncle Larry some advice. I gave her 'the look' followed by a sharp negative twist of my head. Her lips closed. Uncle Larry tipped his head considering the sheets of wood, twisted two by fours and two by sixes, then he asked her, "What do you think, Kat?" She told him, he nodded his head. Then the two of them got back to busy on the Second Phase by unscrewing the sheets of wood from the two by sixes.

There was no rushing through this job. Uncle Larry studied and considered every

step before it was made. There was a dangling two by four held in place by a steal post that concerned me. "Lar? You see that? I'm concerned when you cut that two by four the weight on the other side will twist wild." I didn't tell him how to solve the problem. I wasn't the one in the man-lift bucket.

He nodded, "I see it," he said and got back in the man-lift bucket. He moved the bucket into a position so that if the shelf of twisted wood moved unexpectedly, he wouldn't be in the way, then he cut the two by four to finish dropping the last of the dangling wood to the ground with a crash. Standing tall in the man-lift bucket he grinned down at us, "Demolition," he hollered, "got'a admit this is kind'a fun."

We were all grinning. Phase Three (clean up) kept us all busy for a bit then Kat and Uncle Larry took the man-lift back to the rental place visiting the whole while getting home just in time for some of Aunt Cece's Heart Attack Chicken for lunch.

### Aunt Cece's Heart Attack Chicken

- 1 smallish chicken cut up or

- some chicken wings
- ¼ cup Parmesan cheese
- 4-5 slices of bread
- ¼ teaspoon each salt and pepper
- 1 teaspoon garlic powder
- ¼ to ½ cup butter (or other oil)

Preheat oven to 375°. Make breading by adding bread, Parmesan, salt and pepper to a blender. Blend until the bread is all fine crumbs. Melt butter in a bowl large enough to accommodate one chicken piece at a time; add garlic powder; mix. Put a Tablespoon of butter in with the bread crumbs and mix (to make it stickier) then pour bread crumbs into a second bowl for rolling chicken in. Dip chicken parts, one piece at a time, into butter then into crumbs then lay in a cake pan or jelly roll pan (cookie sheet with ½ inch sides). Bake chicken until coating is crisp and the juices run clear when pierced with a knife to the bone, 45 minutes to an hour, maybe even an hour and a half depending on how large the chicken parts are.

Choices: Add a dash of

cayenne pepper. Mix parsley to the bread crumbs. Leave out the Parmesan cheese. Dip in milk (or buttermilk) instead of butter.

**About the author:** In 2000 Michele Priddy left the workforce to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.

## Bulldogs at the State Track and Field Championships

PHOTO SUBMITTED BY JUAN RODRIGUEZ



SUBMITTED BY JEFF KENOYER

### Summary of May 25-27

**Pole Vault** - Junior Michael Acton finished in a tie for 10th place with a height of 11-0. Michael had a PR jump of 12-3 at District to make it to State and that District jump put him on the All-Time List.

**Discus** - Junior Raquel Pedraza had a good series of throws including a PR of 114-4 to finish 4th place. She is now third on the All-Time List for CHS girls track with discus throw.

**300 hurdles** - Junior Kaden Miller ran a PR of 40.43 in racing to the fastest qualifying time of the day. This would seed him first going into the finals.

**1600 run** - Senior Garrick Strong ran a PR time of 4:34.60 moving himself up on the CHS All Time list. Garrick was 16th overall in a race of 22 kids. Twelve of the 22 ran PR times.

**100 dash** - Senior Genaro Reyna ran in the same prelim heat with the eventual state champion. Genaro's time was 11.76 which put him one place ahead of his rival from Chelan that beat him at the District meet. It was a good start to a very nice weekend for Genaro.

Friday was another day of prelims with a few field event finals.

**Javelin** - Sophomore Marcelino Torres started the day for the Bulldogs at 10 a.m. Marcelino finished 14th

with a throw of 135-4. It was his second-best throw of the season following a PR at District that got him to state.

**4 x 200 relay** - Junior Molly Smith, Senior Sadie Smith, Sophomore Allyson Kitchel and Senior Kaitlyn Bjorklund ran 1:48.81 to qualify for the finals. It was their second fastest time of the season.

**110 High Hurdles** - Junior Kaden Miller and Sophomore Levi McPherson were our entries into the state meet. Levi made it to State based on a qualifying time at District. He finished second to Kaden. Only District champions could go to State unless they met the qualifying time. In separate heats, Levi ran 15.45 and Kaden

15.69 to become the top two times heading into the finals.

**4 x 100 relay** - Junior Anthony Zavala, Senior Genaro Reyna, Freshman Isaac Zavala and Senior Logan Collins ran 44.05 to qualify for the finals. It was just a slight bit off their time of 43.99 that made them the District Champions.

**4 x 100 relay** - Junior Molly Smith, Freshman Erin Irelan, Sophomore Allyson Kitchel and Senior Kaitlyn Bjorklund were lined up on the track ready to run their preliminary race. Then the race was delayed due to a medical emergency at the finish line of the previous race. A girl from a 2B school collapsed at the finish line. CPR and an AED were used on her. An ambulance

arrived and the girl ended up in a Seattle hospital. After the delay, our girls ran 51.44 (just 0.1 seconds off their season best) to qualify for the finals.

**400 dash** - Freshman Isaac Zavala ran a time of 53.60 to finish with the 12th fastest time in the prelims. This was faster time than he ran at District. Isaac is the third fastest on the CHS Fantastic Freshman list.

**800 run** - Freshman Keenan Knoll ran a PR time of 2:05.07 which placed him 12th in the preliminaries. Keenan is now second on the Fantastic Freshman list.

**800 run** - Senior Maddie Hammond also ran a PR time in her race. Maddie was in a very fast heat, ran 2:33.35, and moved herself up on the All-Time list.

**200 dash** - Junior Molly Smith ran 27.64 in the prelims. The 200 dash had some very fast girls including the girl that set the state record for all classifications. Molly was 14th overall in the preliminaries. While not quite what she wanted, it was another chance for Molly to get into the blocks at the State meet.

**4 x 400 relay** - Junior Anthony Zavala set the tone with a PR split time of 54.7. Senior Genaro Reyna ran second leg and 52.3. Third leg Junior Kaden Miller had a split of 53.3 while Freshman Isaac Zavala anchored at 52.3. They ran a season best of 3:32.60 to qualify for the finals.

**4 x 400 relay** - Junior Molly Smith had a great lead off leg running 62.9 and handed off the baton to Sophomore Allyson Kitchel (65.9). It was tight at the exchange with some bumping and jostling going on. Third leg Junior Brianna Talley had a 400-split time of 63.6. Senior Kaitlyn Bjorklund finished with a 63.2 split and it appeared the girls had qualified for finals. Soon after the race we were told that we had been disqualified during the bumping and jostling of the second exchange.

**Pole Vault** - Senior Ava Courtney jumped a PR height of 9-6 to finish 7th in the competition. It was Ava's second medal at state in the pole vault. She finished 8th place last season. Ava's good attempts at 10 feet created some interest with a college coach that would like to have Ava on his team next year.

**Shot Put** - Junior Raquel Pedraza is a state veteran in the shot put. She earned a medal last season. This season, she had a very good series with four throws over 35-7. Her final throw of 36-8 earned her the 8th place medal and also set the new school record!

Saturday was another eventful day filled with finals for the Bulldogs.

**Javelin** - Raquel Pedraza earned the 8th place medal in the javelin. Her best throw of 108-3 was just off her PR of 110-3 set at the District meet. Her throw at state this season was within inches of her state throw that earned her second-place last season. Raquel has now earned five state medals in two state meets.

**Triple Jump** - Sadie Smith competed and had a best jump of 32-5 which was good for 10th place. Sadie finished the season sixth on the CHS All Time list in the triple jump.

**Triple Jump** - Jumping at the same time as his cousin Sadie, Sophomore Colby Diaz jumped a PR distance of 41-8 to

earn third place for himself and six points for his team. Colby had three jumps that were farther than his previous PR set at the District meet. Colby is now seventh on the Super Sophomore list.

**Shot Put** - Sophomore Brody Larson finished 12th putting the shot 44-7.5 which was just shy of his PR set at District of 44-11.5. However, his state series was much better with all three of his throws being over 44 feet. Brody is third on the Super Sophomore list.

**High Jump** - Senior Lucas Rylaarsdam entered the meet with a PR height of 6-0 set at the League Championship. He won the District Championship jumping 5-10. He had some good attempts at 6-0 at state but had to settle for 5-10 and 9th place.

**4 x 200 relay** - Molly Smith, Sadie Smith, Allyson Kitchel and Kaitlyn Bjorklund ran well and finished 7th with a time of 1:48.68 which was quicker than their prelim time and just a few tenths off their season best winning the District Championship.

**110 high hurdles** - Levi McPherson and Kaden Miller went into the final seeded number 1 and 2 and racing side by side in the final. Kaden finished in 15.56 and finished second. Levi ran 15.47 to become the State Champion. The boys earned 18 points for their team.

**4 x 100 relay** - Anthony Zavala, Genaro Reyna, Isaac Zavala and Logan Collins ran a season best 44.97 to earn 4th place medals and 5 points for their team.

**4 x 100 relay** - Molly Smith, Erin Irelan, Allyson Kitchel and Kaitlyn Bjorklund were lined up on the track ready to run their race in the finals. This time the race was delayed two hours due to lighting in the area. After the delay, the girls sprinted 51.14 earning sixth place medals. It was the season's best time by 0.3 seconds and the fifth fastest time in school history!

**300 hurdles** - Kaden Miller entered the race with the fastest prelim time and finished the race with a State Championship! His time of 39.84 is third best on the All-Time list behind two other state champions!

**3200 run** - Senior Garrick Strong has had a very good season and has improved his time in nearly every race. He qualified for state by running 10:27.20 to win the District championship. His PR was 10:22.97 set on May 5th. Garrick told the coaches his goal time for the state meet and new exactly what he had to do to accomplish it. He wanted to break for 10 minutes. He ran the race just as he planned and chopped 26 seconds off his PR to run 9:56.22 and place 10th overall!

**4 x 400 relay** - Anthony Zavala again had a time of 54.7 on his part of the relay. Genaro Reyna ran a season best of 51.8. Kaden Miller ran 53.7. Isaac Zavala closed out with a 51.8 for his fastest split of the season. The boys ran faster than their prelim time finishing with a season of best 3:31.98 earning sixth place medals and three team points.

The girls scored 14 team points and finished tied for 18 place. The champion team was Kings with 52 points.

The boys scored 42 points to earn the second-place trophy. The champion team was Seattle Academy with 66 points. Thanks for supporting the track athletes this spring.

## Vale Students of the Month

The month of MAY 2023 - the trait of Kindness



**Kinder:** Kaiden Nikishin, Kinsley Winn, Easton Grubb, Cossette Valeri, Josie Chance, Silas Lewing, Kane Lemus, Briana Marron, Everett Sweigard, Addilyn Gillum, Floyd Hocking, Benny Giles, Keeleigh Gjullin

**1st** Ray Presler, Bo Dundas, Avani Sandhu, Lucy Marron, Hudson Sasseen, Theo Thibault, Harbor Michel, Keaton Lutton, Keilyn Jimenez, Luis Luna, Alexander Damian-Chamu, Tomas Damian

**2nd** Alexa Martinez, Carolina Lopez-Robles, Teagan Cruickshank, William Peery, Cooper Secrist, M'Kaelie Kelly, Emmett Cibicki, Prairie Brosi, AJ Terry, Braden Jacobs, Max Bowen, Owen O'Neal, Dodge Smith, Abigail Harrell

**3rd** Ronin Martin, Ximena Pliego, Cristian Moreno, Jayden Alva, Ashley Hendrickson, Ada Lake, Emely Alvarez, Isaiah Hubbs, Alianna Granados, Mateo Guzman Avila, Easley Stendera

**4th** Cris Guerrero, Symon Heflin-Davis, Haley Cram, Ezra Rimmer, Vance Piestrup, Shiloh Franklin, Lucy Bertilson, Mrs. Davidson

## Milne Insurance Agencies, Inc.

205 Woodring St., Cashmere  
509-782-2213

Congratulations!

We're proud to recognize your exceptional character. Keep it up!

STUDENTS of the MONTH







Place your ad online at [NCWMARKET.COM](http://NCWMARKET.COM) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record  
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# CLASSIFIEDS

**PUBLISHER'S NOTICE**  
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

**CORRECTIONS:** NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



**Administrative**  
**Puzzle Solution**

M	A	L	T	A	S	P	I	N	T	O		
A	M	I	R	T	I	P	I	S	N	O	O	
R	A	N	I	H	O	R	N	I	F	N	O	T
C	H	E	V	R	O	L	E	T	R	I	E	L
E	E	R	I	E	F	U	N					
M	A	R	T	I	N	C	A	P	I	T	O	L
E	T	A	M	Y	F	O	O	T	T	U	B	A
T	R	I	M	S	O	H	O	S	I	R	E	D
R	I	S	E	A	R	M	P	I	T	I	L	L
O	P	E	R	A	N	D	B	E	A	N	I	E
C	R	Y	S	K	I	E	R					
P	I	E	R	L	A	N	D	R	O	V	E	R
R	O	N	D	O	B	O	E	M	I	C	A	
A	S	K	E	W	S	L	U	M	A	C	H	Y
M	E	S	S	E	T	S	E	T	S			

7	6	8	1	9	3	4	5	2
9	2	5	7	4	6	8	1	3
3	1	4	2	5	8	9	6	7
5	4	6	9	3	1	7	2	8
8	3	9	6	2	7	1	4	5
2	7	1	4	8	5	6	3	9
1	8	3	5	7	4	2	9	6
4	9	7	3	6	2	5	8	1
6	5	2	8	1	9	3	7	4

**Announcements**  
**Lost & Found**

**LOST & FOUND ITEMS** can be placed in our **Local Newspapers** and **Online at NCWMARKET.COM** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

**Leavenworth/Cashmere**  
509-548-5286  
or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)  
or  
**Lake Chelan Mirror**  
509-682-2213  
or  
**Quad City Herald**  
509-689-2507  
or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com)

**Deadline Noon on Friday for the next week's papers**

**Happy Ads**

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at [www.NCWMarket.com](http://www.NCWMarket.com)

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

**The Lake Chelan or Quad City Herald** or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Employment**

**Help Wanted**

**The City of Chelan Department of Community Development is seeking a highly motivated and experienced individual to join our team as a Senior Land Use Planner.**

As a Senior Land Use Planner, you will play a vital role in shaping the future of our community and ensuring sustainable development practices. Salary and Benefits: The salary range for this position is \$7,256 - \$8,820 per month (2023 STEP29), commensurate with experience and qualifications. The City of Chelan offers a comprehensive benefits package including health insurance, retirement plans, and paid time off.

**How to Apply:** Additional information about the position and application instructions can be found on the City's website at [www.cityofchelan.us](http://www.cityofchelan.us). Application Deadline: This position is open until filled. Applicants are encouraged to apply as soon as possible. The City of Chelan is an equal opportunity employer and values diversity in the workplace. We encourage applicants from all backgrounds to apply.

**Help Wanted**

**NCW Media Newspapers** is looking for a part to full-time reporter to join their team. This would be an great opportunity for anyone wanting to get a foothold into journalism, or wanting to strengthen their resume.

This office is based in Leavenworth. But you can work from home. Applicants would be covering Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published monthly. Responsibilities would include: Writing about local events. Can use a camera to take photos of local events including schools and sports. Uploading content once a week to the web.

**For the Wenatchee Business Journal:** Compiling a list of new businesses/bankruptcies and property listings each month. Keeping up with people, interviewing local businesses and community members and other assigned duties. Candidate would need to have reliable transportation. Pay will be based on experience. Email your resume and writing examples to [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com) or call for an appointment to interview 509-548-5286. 10-5 p.m. weekdays. EOE

**Log Church Christian School is Hiring!** We are looking for new teachers to join our team!

Open Positions:  
3/4 grade teacher (part-time)  
5/6 grade teacher  
School Principal (part-time)

Contact us for more information and an application. [school@lccsbrewster.org](mailto:school@lccsbrewster.org)

Part-time receptionist with computer skills. Flexible hours. Spa benefits. Pay DOE. Send or drop by resumes at: Chelan Valley Skin Care, 131 S. Apple Blossom Drive, #107, Chelan, WA 98816.

**Brewster Boys and Girls Club is hiring for the summer.** 25 Hours a week. Contact [eshepard@bgcsc.org](mailto:eshepard@bgcsc.org) for more information.

**Windermere REAL ESTATE** Leavenworth/Lake Wenatchee Specialists

**Looking for real estate in the Upper Valley?** Robyn Bodajla - 617-462-3402  
Momi Palmieri - 509-433-2211  
Geordie Romer - 509-679-8958  
Allyson Romer - 509-630-9898

**Give us a call today!**

See all available properties at [windermereleavenworth.com](http://windermereleavenworth.com)

**Help Wanted**

**Positions start immediately at Darnell's Lake Resort: Front Desk/Office position.** Day/Night shifts available. \$16.50 per hour plus end of season bonus. Season runs Memorial Day through Labor Day.

**Cabana Food Service position.** Day/Night shifts available. \$17.00 per hour plus end of season bonus.

**Night Security position.** Friday and Saturday nights. \$20 per hour. For more information, please call 509-682-2015 or email [groups@darnellsresort.com](mailto:groups@darnellsresort.com)

**Looking for a great local employee?** It is easy to place your ad online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) Register and pay on our secure site.

**Want Print Only** for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

**CASCADE SCHOOL DISTRICT**

School District is seeking qualified applicants for the following position:

Cascade High School Varsity Boys Basketball Coach

Fast Track application process and information can be found on our website at [www.cascadesd.org](http://www.cascadesd.org) EOE

**Help Wanted**

**CASCADE SCHOOL DISTRICT**

School District is seeking qualified applicants for the following position:

- Substitute Bus Drivers

Starting wage \$22.68. Paid training including CDL License and CDL physical. Contact Cascade Transportation Director, Lori Duncan, at (509) 548-6039.

**CASCADE SCHOOL DISTRICT**

School District is seeking qualified applicants for the following position:

Warehouse/Delivery, Maintenance, Grounds Specialist

Fast Track application process and information can be found on our website at [www.cascadesd.org](http://www.cascadesd.org) EOE

**Work Wanted**

Asphalt Installation and Maintenance

**SIMPLE SOLUTIONS**

Asphalt paving, asphalt sealcoat, asphalt crackseal, asphalt patch repair, traffic painting, and demolition services. 509-322-5073 [ndnbear76@yahoo.com](mailto:ndnbear76@yahoo.com) License #SIMPLS\*797L3

**For Sale**  
**Appliances**

**For sale: great for the office or apartment**  
1 Rival brand small microwave, \$25.  
Magic Chef Model MCBR360S small refrigerator \$70.  
Keurig coffee machine, \$20.  
509-548-5286 or Carol, 509-670-1723.

**Antiques & Collectibles**

**Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.** Place your ad with pictures online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) Register and pay on our secure site.

**Want Print Only?** Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Deadline: Noon on Friday for all papers.**

**Garage & Yard Sale**

**CLEAR SOME SPACE WITH A Garage Sale**

Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price !

**General Merchandise**

**Items for sale:**  
1960's Gray metal kitchen table-\$50  
4 metal-framed chairs with burgundy cloth seats \$50  
Nice wooden, 2 drawer legal file with folders,\$40  
4 drawer standard size black metal file cabinet with folders \$50  
Several desk size cloth chairs \$25 each.  
2 misc. wood tables make offer.  
Call Carol 509-670-1723 to see.

**RUN IT 'TILL IT SELLS**  
Housing sales are HOT!  
Is your home getting the attention it needs!

Advertise your property on [NCWMarket.com](http://NCWMarket.com) for one low fee!  
**\$100 fee includes:**

- Up to 5 photos of your home & property
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



General Merchandise

**For Sale:**  
AMEREX  
Carbon dioxide  
commercial fire  
extinguisher.  
\$50/ Sells for \$108+  
Call 509-670-1723

Pets

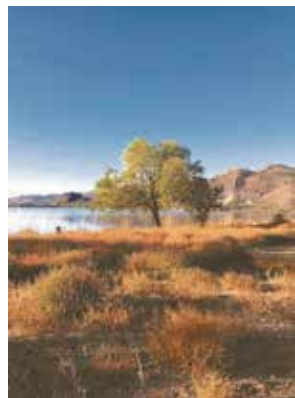


KC Tri-Colored English Springer Spaniels, 10 weeks old, vet checked, 1st shots, dewormed, Black white tri (tan). 2 females left, ready to go, need room to run. \$1200.00  
Rick 509-679-9492.

Real Estate

Acreage

Beachfront bargain



Highly sought after waterfront homesite. Quiet waters in a picturesque bay. Ideal southern exposure, sandy beach, adjacent to new marina and steps to the village center, pools, diner, and general store. Fabulous resort community on the shores of Lake Osoyoos in Oroville, Washington. Four-bedroom cottage plans included \$659,900  
verandabeach.com

Rentals

House For Rent  
Downtown Chelan  
\$1,500 monthly  
2 bd 1ba W/D in unit  
6 mo lease  
No pets  
No Smoking on premises  
We screen all applicants  
App Fee \$47  
509-679-7647

Legals

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of RITA M. CLARK, Deceased. No. 23-4-00115-04  
AMENDED PROBATE NOTICE TO CREDITORS  
RCW 11.40.030  
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
Date of First Publication: May 24, 2023  
Personal Representative: Sandra M. Weaver  
Attorney for the Personal Representative: Russell J. Speidel  
Address for Mailing or Service: Speidel Bentsen LLP  
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881  
Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00115-04  
SANDRA M. WEAVER  
Personal Representative  
Attorneys for Personal Representative: SPEIDEL BENTSEN LLP  
By: RUSSELL J. SPEIDEL  
WSBA No. 12838  
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807  
Published in The Leavenworth Echo/ Cashmere Valley Record on May 24, 31, and June 7, 2023. #5764

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of RICHARD MANSKI, Deceased. No. 23-4-00201-04  
PROBATE NOTICE TO CREDITORS RCW 11.40.030  
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
Date of First Publication: May 24, 2023  
Personal Representative: Kristen Distasio  
Attorney for the Personal Representative Russell J. Speidel  
Address for Mailing or Service: Speidel Bentsen LLP  
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881  
Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00201-04  
KRISTEN DISTASIO  
Personal Representative  
Attorneys for Personal Representative: SPEIDEL BENTSEN LLP  
By: RUSSELL J. SPEIDEL  
WSBA No. 12838  
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807  
Published in The Leavenworth Echo/ Cashmere Valley Record on May 24, 31 and June 7, 2023. #5763

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate NO. 22-4-00595-04  
AMENDED PROBATE NOTICE TO CREDITORS  
GREGORY ALAN KEMP, SR., Deceased. RCW 11.40.030  
The Personal Representative named below has been appointed and has qualified as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the latter of (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the probate assets and nonprobate assets of the decedent.  
DATE OF FIRST PUBLICATION: May 24, 2023  
Personal Representative: Leigh Evan Toland  
Attorney for Personal Representative: James P. Hurley  
Address for Mailing of Service: 411 N. 2nd Street, Yakima, WA 98901  
Dated: May 17, 2023.  
/s/ Leigh Evan Toland  
LEIGH EVAN TOLAND  
Personal Representative  
Attorney for Personal Representative : HURLEY & LARA  
By: /s/ James P. Hurley  
JAMES P. HURLEY WSBA #6615  
411 North 2nd Street  
Yakima, WA 98901  
Published in The Cashmere Valley Record/Leavenworth Echo on May 24, 31, and June 7, 2023. #5761

# 6 tips for dealing with side effects of medications

My doctor started me on a new diabetic medicine last week. Since I started taking it, I've had loose stools. My wife thinks I should take some over-the-counter diarrhea medicine for it. Is that safe?

Should you treat a side effect from taking a medicine with another medicine?

The answer depends on how severe or dangerous your new symptom or side effect could be and how important it is to take the medicine that you suspect may be triggering your issue.

The first thing to consider is whether the side effect you are experiencing is mild or severe. Drugs can trigger many unwanted or unpleasant reactions, from merely annoying to life-threatening. Side effects from medication can range from a sour stomach or headache to itching, hives, and swelling of the tongue or throat.

An allergic reaction to a medicine may appear unexpectedly, even if you have taken that drug previously with no problems. For example, an antibiotic like amoxicillin can be taken for years without issues yet trigger a severe allergic reaction with the next dose.

Most side effects caused by medication are not as severe as trouble breathing, mouth or throat swelling. Many side effects of drugs create annoying but temporary discomfort, often resolving within a week of staying on the medicine. Others can be successfully addressed by adjusting the dose of the medicine.

Some medications are more important than others, and you should not stop taking them. If you are having diarrhea, it's important to continue taking an antibiotic until you consult your doctor.

Several medications used to treat diabetes can cause loose stools and diarrhea. Doctors will start you on a low dose at first to minimize this inconvenient side effect. As your body tolerates the drug, the symptoms will usually go away. Your dose is gradually increased until your blood sugar is controlled or you are taking the maximum recommended amount.

Loose stools should improve within a week, and you can safely use a non-prescription anti-diarrhea medicine until then.

If you experience side effects after starting a new medicine or after a dose adjustment, always let your doctor know. The amount of the drug could be adjusted to give your body more time to get used to it.

Sometimes, side effects are not just annoying or uncomfortable but essential warning signs of something more serious. One example is having diarrhea when taking an antibiotic, especially if the diarrhea is severe or persists after finishing the course.



Ask... Dr. Louise

Another consideration when having side effects from your medicine is how important it is to stay on that medication. Heart medicines and antibiotics should never be stopped abruptly unless you are experiencing a severe reaction or are advised to stop by your doctor.

Here are 6 Tips on Dealing with Side Effects of Medicines:

1. Document when you take your first dose.

Keep track of when you started a new medicine or higher dose. The best way to tell if a symptom could be caused by your medication is to be able to verify it showing up AFTER you started taking it.

2. Call 911 for any severe allergic reaction.

Shortness of breath, swelling or itching of your mouth, tongue, or throat are signs of a severe and life-threatening reaction. Don't call your doctor; call 911.

3. Inform your doctor.

If you experience a rash, itching, or hives, DON'T take another dose of the new medicine. Instead, contact your doctor. Most primary care clinics have an "after-hours" answering service that takes phone calls coming in after they are closed for the day. They take down your information, then forward it to an on-call provider.

4. Know when to re-dose.

Nausea is the most common side effect of many medicines, especially antibiotics. If you vomit less than 30 minutes after taking a medication, your body may not have had enough time to absorb the drug. Give your stomach about an hour to settle down, then try again AFTER eating something bland or drinking something soothing. If you vomit within 30 minutes again, contact your doctor. An antibiotic can't help you if you can't keep it down.

5. Don't mix liquid antacids with antibiotics.

Liquid antacids like Maalox and Mylanta and tablets like Tums contain minerals that bind to some antibiotics, preventing you from absorbing the total dose.

6. Apply medicated patches to other sites.

If a medicine patch irritates your skin, apply it to your buttocks. To reduce skin irritation, you can also pre-treat an application site with non-prescription hydrocortisone 1% cream or Voltaren® gel.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.*

©2023 Louise Achey

## SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR  
12 days, departs May - Sep 2022  
VIAVACATIONS promo code N7017  
1-855-208-9533  
FROM \$1,949 \$1,699  
FREE OVERSEAS CREDIT

	6	8		9				
9		5			6			3
				8			6	
5							2	
	3		6	2	7		4	
	7							9
	8		5					
4			3			5		1
				1		3	7	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## CROSSWORD PUZZLE

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15				16				17			
18				19				20			
				21				22			
23	24	25			26			27	28	29	
30				31	32	33		34			
35				36				37			
39				40				41		42	
43				44				45		46	
				47				48	49		
	50	51			52				53	54	55
56					57				58		
59					60				61		
62					63				64		

- THEME: CARS
- ACROSS
- Fountain treat
  - Pharaoh's cobra
  - "the Woods," movie
  - Gulf V.I.P.
  - Native American tent
  - Rapper Dogg
  - Hindu princess
  - \*Used to alert when driving
  - "me, then who?"
  - \*Corvette, e.g.
  - Cambodian money
  - \*Like Stephen King's Christine
  - "Some Nights" (2012) band
  - \*Aston follower
  - State legislature's home
  - 7th letter of Greek alphabet
  - \*What I used to step on the gas
  - Lowest brass
  - Salon offerings
  - Exclamation of surprise
  - Fathered
  - Do like phoenix
  - Underarm
  - The Jackson 5's "Be There"
  - 3 or 6 in 3+6=9
  - Knit cap
  - Shed tears
  - Winter Olympics participant
  - Embarkation location
  - \*Earth traveler (2 words)
  - 2-time NBA Champion Rajon
  - Double-reed instrument
  - Muscovite or biotite
  - Lopsided
  - Undesirable dwelling
  - Causing pain
  - Like certain military tent
  - Between "ready" and "go"
  - #63 Across, pl.
- DOWN
- J. Lo's ex
  - \*Don't cross it when driving
  - Hot dish stand
  - Garlicky mayonnaise
  - Shopping
  - Pub offering
  - \*Car name that sounds like "unending" synonym
  - Opposite of all
  - Hammer or sickle
  - Choose or select
  - Like a rosebush
  - Maple goo, alt. sp.
  - French city, popular coronation location
  - Like a certain Tuesday
  - First 'M' in MGM
  - Aweigh
  - Turn toddler into an adult
  - Chicken house
  - Home of famous shroud
  - Obelus, pl.
  - Soup server
  - \*Car company founded by a Henry
  - Unit of electrical resistance
  - \*German luxury car
  - \*Driving maneuver
  - Take your pick
  - In the same place, in a footnote
  - Cupid's ammo
  - Smells
  - Expensive fur
  - Type of whip
  - Do like a model
  - Squid's defense, pl.
  - Death, to some
  - Kamala Harris, e.g.
  - Not counterfeit
  - Dose of sunshine, pl.
  - \*Car name that also means Aries

## Address Changing?

Call the Circulation Department today so you don't miss a single issue of your Local Community Newspaper or our monthly publication, the Wenatchee Business Journal!

509-293-6780 or email

circulation@lakechelanmirror.com



131 S. Apple Blossom Drive, Ste. 109 in the Chelan Business Center - Chelan





# PRODUCE TENT SALE



Whole Seedless Watermelon **5<sup>98</sup>** Ea.



Yellow Nectarines or Peaches **1<sup>98</sup>** Lb.  
Grown in California



Sweet & Juicy Cantaloupe **2/\$5**



Sweet California Cherries **3<sup>98</sup>** Lb.



Mixed Variety Melons **1<sup>48</sup>** Lb.  
Orange Flesh, Galia, Canary, Hami, Santa Clause, Crenshaw, Picasso or Golden Honeydew



Blueberries **5<sup>98</sup>** Ea.  
18 Oz. Package

# 3 DAYS ONLY!

FRI., SAT. & SUN. • JUNE 9-11, 2023



Corn on the Cob **10/\$7**  
Selected Varieties



Strawberries **2/\$6**  
1 Lb. Package



Slicing Cucumbers **2/\$1**



Bananas **58¢** Lb.



Russet Potatoes **2<sup>98</sup>** Ea.  
5 Lb. Bag



On the Vine Tomatoes **98¢** Lb.



Extra Extra Large Red, Orange or Yellow Bell Peppers **4/\$5**  
Hot House Grown



Medium Mangoes **98¢** Ea.

*Come visit us to see other Tent Sale items!*