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CASHMERE VALLEY RECORD

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A rising star's musical odyssey

By **QUINN PROPST**
Ward Media Staff Reporter

Cashmere singer-songwriter Carly Klein Schoening has been writing songs since she was six years old. Music is her dream, which is why she was so excited to release her first single, "I Must Be Crazy," this month.

"I think that my music is my dream, and I'd love to make a career out of it," she said. "But honestly, just having people hear my music is, I feel, like a blessing."

Schoening, 19, graduated from Cashmere High School in June and wants to make music her career.

She has been working hard to record five of her original songs. On Nov. 24, she will release her next single, "Better Than This."

Schoening was inspired to write "Better Than This" after watching a movie while visiting her grandma last December.

"My grandma, my sister, and I were watching pretty much every movie that you could on Netflix," she said. "And we were watching this rom-com, and it was really light-hearted, and it just felt like one of those 2000s movies that just feels so good, and I went in the guest bedroom, and I wrote this song because I just wanted to write about being happy and kind of stupidly in love."

Schoening has a beautiful voice, a talent for songwriting, and a definite presence about her.

She describes her music as having similarities to early Taylor Swift. Swift and Dolly Parton have been some of her biggest influences in her style of music. But Schoening said she draws inspiration from all around her.

"I've always listened to country music," she said. "It's just what I've grown up listening to, so there's definitely a lot of country influence. But I would almost describe it as like early Taylor Swift country just because it's not really pure country. It's got a little bit of pop influence in there."

"Yeah, I mean Taylor Swift is the big one (influence) because, you know, I listened to her since I was like two, and she came out with her first single, but I really love Dolly Parton," she said. "I think she's a great songwriter, and I think she's smart and funny, and I just love how she just owns herself. Other than that, I really don't have a specific artist in mind. I just get really inspired when I hear a really good song, and it doesn't really matter who it's by. I'm just like, oh, that sounds really good. And I get inspired by that."

Schoening has always been interested in music. When she was seven, her mom put her and her sisters into piano lessons. But piano didn't really speak to her.

"I think I did that for like a year before I was like, you know what, piano's not really for me, but I started writing songs when I was six years old," she said. "You know, they weren't great or anything, but it was a start, I guess. And from there, I begged and begged my parents to get me a guitar for my 10th birthday because I was like, well, Taylor Swift plays guitar, so I have to play guitar."

Schoening tried hard to teach herself how to play, but as a 10-year-old that was of course, too difficult. So, her mom reached out to the elementary school custodian because he played guitar.

"So he taught me how to play, and from there, songwriting really took a front seat for me," she said. "That was when everything kind of fell together. I started playing at places when I was 11, and I just released my first single."

Schoening finds inspiration all around her for writing her songs, and the process can be different every time. Sometimes, she will just start playing the guitar and come up with words and a melody. Or other times, the words come to her first, and then she adds the melody. There are times when the title is what comes to her first.



COURTESY OF CARLY KLEIN SCHOENING

A lot of her inspiration comes from just listening to music. When she finds a song that she loves, it often inspires her to write a song that gives her the same feeling.

"My favorite song that I write is always the latest one that I write, so that's true this time," she said. "I wrote this song a couple of days ago called 'Girlhood,' and it's just kind of about past experiences that I've had, kind of struggling with insecurities and stuff growing up. And I mean, I'm 19, so I'm still struggling. But I help out at church reading with ninth and 10th-grade girls in the group. And I hear

the things that they're going through, and I realized that sometimes you just can unite over going through the same things. So I wrote that song."

So far, Schoening said her biggest challenge is that she is young, and people often brush her off because of that, which just makes her feel more determined to prove herself.

"But you know, sometimes that's a really good thing because it makes me put more effort in, and I think that actually can be a good thing," she said. "But then also, I think the biggest challenge is just kind of keeping myself going. In spite of the fact that

I know my chances of making it aren't very good, but I think that just kind of keeping myself motivated has been the hardest part."

Love of music and connecting with her audience helps to keep Schoening motivated.

"Well, my favorite thing is just that, it's connecting with the audience," she said. "I feel like as a songwriter, I just love to talk about what I'm writing, and when I'm playing and getting to sit up there and play for people, I get to introduce each song that I play, and I can be like so this one is about this boy or whatever."

"And you're getting to share that with people, and I love building little friendships wherever I go," she said. "My parents come to most of the places I play, so they make friends wherever we go, too and I just feel like I'm building a family every time I play."

To hear Schoening's music, you can follow her on social media. For a list of her social media accounts, visit her website carlykleinschoeningmusic.com.

Schoening will also perform live at many local venues in October and November.

- Upcoming Shows**
- 10/27 Badger Mountain Brewing 6-9
 - 10/28 Wenatchee Valley Brewing Company 1-4
 - 11/4 Wenatchee Valley Brewing Company 1-4
 - 11/7 Icicle Brewing Company 6-8
 - 11/11 Wenatchee Valley Brewing Company 1-4
 - 11/15 Bianchi Vineyards 5:30-7:30
 - 11/17 Badger Mountain Brewing 6-9
 - 11/18 Callan Cellars 2-5
 - 11/19 Off the Hill Winery 5-7
 - 11/24 Wenatchee Valley Brewing Company 5-8

Quinn Propst: 509-731-3590 or quinn@ward.media

Cashmere High School's "Sabrina Fair" revives classic romance



COURTESY OF DIRECTOR SUSAN GRUBSCH

The costume check for the Act II costumes designed by Frederica Finch.

By **QUINN PROPST**
Ward Media Staff Reporter

CASHMERE - The spotlight is set to shine on drama students of Cashmere High School as they prepare to bring the romantic comedy, "Sabrina Fair" to the stage this week.

This modern-day Cinderella story, set in 1950s Long Island, NY, served as

the inspiration for the movie "Sabrina" with Audrey Hepburn and Humphrey Bogart, along with the 1990s remake with Harrison Ford.

The story unfolds as Sabrina, the daughter of the Larrabees' chauffeur, returns to Long Island after spending five years in Paris. The Larrabee sons are entranced by her youthful vitality and newly found sophistication. When

a wealthy suitor follows her from Paris, Sabrina must make a choice, said director Susan Grubsch.

"People will love the clever script and the interesting characters," Grubsch said. "The 1950s costumes by Mrs. Finch are wonderful and the students are doing a great job. It is a

See **SABRINA FAIR** Page **A4**

Cashmere Dia de los Muertos celebration

By **QUINN PROPST**
Ward Media Staff Reporter

The Cashmere Public Library along with community partners and the Cashmere School District PAC celebrated Dia de los Muertos on Wednesday, Oct. 18.

"We had over 150 people attend," branch librarian Lisa Lawless said. "The feeling of community was thick in the air as we listened to beautiful Mariachi music from the Wenatchee High School Mariachi Band, made festive crafts, ate Conchas and sipped Hot Cocoa."

"The Nuestra Comunidad High School club was there volunteering and doing face painting," she said. "Smiles were everywhere. We really appreciate and enjoyed working with the Cashmere School District PAC to put this together."

Dia de los Muertos or Day of the Dead is a traditional holiday in Latin American culture that celebrates and honors loved ones who have passed on and the relationship between life and death.

Quinn Propst: 509-731-3590 or quinn@ward.media



COURTESY OF MICHELLE MCNIEL/NCW LIBRARIES

Cashmere High School student arrested for threatening school shooting

Ward Media / Cashmere Valley Record

CASHMERE - In a concerning incident on the evening of Oct. 18, a Cashmere High School student alerted the school's principal about a threat. A 17-year-old student reportedly told

a peer he intended to shoot at the school, with the reporting student being the first target. Detailed plans for the potential attack accompanied the threat.

Prompt and thorough action ensued as the Chelan County

Sheriff's Office detectives swiftly responded to the incident. A comprehensive investigation corroborated the seriousness of the threat, leading to an immediate search warrant being secured and executed at the student's residence

in Cashmere.

Law enforcement took the student into custody, subsequently booking them into the Chelan County Juvenile Justice Center. The charges against the student include "Harassment Threats to

Kill" and "Threats to Bomb or Injure Property."

The Chelan County Sheriff's Office has reassured the community that there is no indication of additional threats to public safety or other students.

Inside The Record this Week

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Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Record at 509-548-5286 email news@ward.media

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Probst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



Live Music

Cashmere singer songwriter Carly Klein Schoening will perform live at Wenatchee Valley Brewing Company on Saturday, Oct. 28 from 1-4 p.m.

Fall Harvest Roundup

The Rocky Reach Discovery Center will host a Fall Harvest Roundup on Saturday, Oct. 28 from 1-4 p.m.

"You won't need a lasso, but if you're looking to circle in on an afternoon of free fun, set your sights on Rocky Reach Park for the Fall Harvest Roundup," the event page states. "No matter your age, you'll find something amusing. Choose from hayrides, a visit with L-Bow the Clown, games, trick-or-treating, and food to purchase from the Rocky Reach Cafe."

Historical Cemetery Cleanup

The Upper Valley Historical Society and the Greater Leavenworth Museum are hosting their annual 'Rake the Fall Leaves' Community Event

on Saturday, Oct. 28 from 10 a.m. to noon at the North Road Cemetery, located directly across from the Amtrak station.

The event is part of Wenatchee Valley Make a Difference Day and will feature music by the Leavenworth Alphorns.

"Please join us on Make-A-Difference Day, Saturday, October 28th from 10 a.m. until noon, when a 'Danwich' is offered to volunteers," the event flyer states. "Bring gloves and your favorite garden tool. Winton Mfg. Compost Works will remove forest organic debris piles."

Make a Difference Day with WRI

Saturday, October 28, 2023 9:00 a.m. - 12:00 p.m.

As part of the Wenatchee Valley Make a Difference Day the Wenatchee River Institute will be working on the E. Lorene Young Community Garden on Saturday, Oct. 28 from 9 a.m. to noon.

"Make a difference in your

neighborhood and community," the event page states. "WRI will be participating in this year's Make a Difference Day. WRI's project will be working in the E. Lorene Young Community Garden."

"We will work together to dismantle original planter boxes that have reached the end of their useful life and replace them with new cedar planters that we build onsite," the event page states. "The new planter boxes will allow community members to grow food and flowers in the neighborhood for the next decade."

For more information and to RSVP visit wenatcheeriverinstitute.org.

Costumes & Cocktails

Icele Creek Center for the Arts will host a Costumes &

Cocktails & Mocktails Too social dance on Oct. 28 from 8 p.m. to 11 p.m.

"Get ready for a spooktacular night of playful mayhem at ICCA's Costume and Cocktails dance," the event page states. "Unleash your inner party monster with PREFUNC: North Central Washington's premiere Party Band playing a blend of classic rock and Halloween tunes that'll have you dancing like no one's watching."

"Come at 6:30 p.m. for some trick or treat fun around our

campus buildings with the kiddos," the event page states. "Ok, we won't judge, adults can trick or treat, too. Then at 7:30 p.m. join in on learning the dance moves to "Thriller" and get ready to be part of the group dance party."

"Cash prizes for the best individual and best group costumes," the event page states. "And a Whistlepunk gift card for the best 12 and under costume."

For more information visit icicle.org.

Letters to the Editor

Reintroducing grizzlies to the North Cascades is a bad idea

I read articles in the Dec. 3, 2022, issue of the Wenatchee World and the Oct. 11 issue of the Cashmere Valley Record about the U. S. Fish & Wildlife Service and National Park Service officials again pursuing the reintroduction of grizzly bears into the North Cascades. My view on this topic is very simple. I don't believe any bear fences or other obstructions exist between the North Cascades and Canada, Idaho, Wyoming, or Montana, where grizzly bears now reside. They could be in the North Cascades if they wanted to be there. One of the articles stated that grizzlies would be a minor threat to humans, especially when compared to other hazards. I believe that any threat at all is unacceptable. Research on the internet reveals that 24 people were killed by grizzlies in North America between 2000 and 2015. Why reintroduce something into the North Cascades that might kill you?

One of the reasons given in the articles was: "Grizzlies help other species survive. They're excellent at helping plants spread through the region, and they aerate the soil as they root for food". Really? A bear digging a hole somewhere in millions of acres of forest is so beneficial that we need to reintroduce them?

Another reason given was "Biodiversity is the other huge consideration. Species-rich ecosystems tend to be more resilient". I can't imagine how much tax-payer money would be spent on this unnecessary project. The federal officials that are promoting this must be out of their minds. I hope that we, the people, will have the opportunity to vote on it. Your comments can be submitted to the office of the Superintendent at North Cascades National Park Service Complex, 810 State Route 20, Sedro Wooley, WA 98284. Our region's population of black bears and cougars is good enough for me. Leave the grizzlies where they are.

Tom Hart, Cashmere, WA.

Listening to diverse voices: Fostering civil discourse

In a world filled with social media echo chambers, it's all too common to become entrenched in our own beliefs, often leading to stark divisions among us. But what if we could pause for a moment and truly strive to comprehend the viewpoints of those who see the world differently?



From the Publisher

TERRY WARD

In our community and societies worldwide, we represent a tapestry of backgrounds, cultures, and life experiences. This diversity is a source of strength, yet it can also be a potential source of division if not thoughtfully navigated. It's crucial to emphasize that understanding doesn't necessarily imply endorsement. It's about acknowledging the legitimacy of differing viewpoints.

When we take the time to genuinely empathize with someone else's perspective, we open the doors to greater compassion and deeper connections. We dismantle the walls that separate us and build bridges toward unity. This is not a call for conformity but rather an earnest plea for unity within our diversity.

Our community thrives when we actively listen to one another, not just for the purpose of counterarguments or debate, but with the sincere intent to

grasp and respect the underlying motivations and life experiences that mold the beliefs of our fellow community members. It's through these exchanges of ideas that we can unearth common ground or, at the very least, foster a respectful acknowledgment of the differences that make us unique.

In a world where information flows swiftly and sometimes overwhelmingly, fostering understanding becomes paramount. We find ourselves inundated with diverse perspectives, opinions, and information from various sources. The quest for understanding encourages us to approach this barrage with a discerning and open mind.

In practical terms, understanding someone else's perspective isn't just about hearing words but making a concerted effort to listen and appreciate the context. It involves putting ourselves in their shoes and acknowledging the unique life experiences that have led them to their viewpoint. When we achieve this level of empathy and insight, we're better equipped to engage in constructive and respectful dialogues.

So, let's set aside our differences, even if momentarily, and commit ourselves to genuinely

understanding the perspectives of others. Let's celebrate the richness of our diverse community and work together to create a more interconnected, empathetic, and harmonious society. By doing so, we uphold the cherished ideals of unity and understanding, not only within the pages of our newspaper but within our daily lives, forging a path toward a more inclusive and compassionate world.

PUBLIC MEETING CONSERVATION TARGETS

Chelan County PUD Commissioners will be hearing staff's proposed **2 and 10-year Conservation Targets** for the next biennium. Members of the public are welcome to attend.

WHEN: Monday, Nov. 6 at 1 p.m.
WHERE: New Service Center
Chelan PUD boardroom
203 Olds Station Rd., Wenatchee

Or, submit comments by email to conservation@chelanpud.org.

More info can be found here: www.chelanpud.org/eia.

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Speak Up for Grizzly Bears!

Grizzlies roamed Washington's North Cascades for thousands of years, but now none remain. Hunted, trapped, and poisoned, the bears were exterminated. We now have a plan—and a responsibility—to bring them back.

Rural communities have coexisted and thrived alongside grizzly bears. Let's help bring back this iconic native species to the North Cascades.

Grizzly Bears Belong in the North Cascades

Why Grizzly Bears Fit In

- Nutrient Distribution**
Grizzly bears help cycle nutrients through the ecosystem, enriching soils and vegetation.
- Seed Dispersal**
Grizzly bears help plants thrive by dispersing seeds through their digestive system.
- Enhanced Biodiversity**
By extensively digging for roots, insects, and small mammals, grizzlies contribute to ecological processes which support plant and animal life.
- Plenty to Eat**
The North Cascades is home to 100 of the 124 plant species that grizzlies have been shown to eat.

Anchored by North Cascades National Park shown in dark green, the area of detail represents the Grizzly Bear Recovery Zone and encompasses nearly 10,000 square miles of mostly protected public lands.

Learn more at: www.northcascadesgrizzly.org/action

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Community Bulletin Board

Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s). Must provide: full name, city, phone number. Items pertaining to local events that are free or minimum charge. Want to place Your Community News Online? Go to ncwmarket.com 24/7. Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at ncwmarket.com. To submit info call **509-548-5286** or email: news@ward.media.

Community Calendar

Wednesday

Cashmere Rotary Club, meets at Cashmere Presbyterian Church hall, noon. President Mark Shorb. 509-885-0676.
Mission Creek Community Club, meets every month, 7 p.m. (1st and 3rd Wed.).
Cashmere Food Bank, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464
Ukulele Circle, Join the Ukulele Circle, 5:30 - 6:30 p.m. every Wednesday, at the Peshastin Library. Please come 15 minutes early to tune and get the sheet music.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Cashmere Sportsman Assoc., (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.
Cashmere American Legion Post #64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August -June).
Cashmere American Legion Auxillary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August -June).

Sunday

CHURCH: See the church page for local service times and events.
Cashmere Farmers Market
 600 Cotlets Way, 9 a.m-1 p.m.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Mon.)
Tillicum Riders, 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)
Cashmere School Board Work Session, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu
Cashmere School Regular Board Meetings, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Icicle & Peshastin Irrigation Districts, Current meeting time 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Peshastin Water District, meets at 5:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)
Cashmere Chamber of Commerce, Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)
The Chelan County Cemetery District #2, (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Cashmere Public Library: 509-782-3314
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).
 Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2.
 Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
Cashmere Museum and Pioneer Village
 Call for more information 509-782-3230
Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

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Cashmere

Fun fall storytime at Cashmere Library

The Cashmere Library is all set to host an engaging and interactive Fun Fall Storytime event that promises an enjoyable morning for kids of all ages. The event will take place on Thursday, Oct. 26, from 10:30 to 11:00 a.m. Attendees can look forward to action songs, fingerplays, and captivating stories presented by their beloved librarians. It's a perfect opportunity for preschoolers and elementary school-aged children to immerse themselves in the magic of storytelling.

After the Storytime, the fun continues with various craft activities and the introduction of special toys for playtime, providing an excellent opportunity for families to socialize and bond.

For more details and inquiries, please contact 509-782-3314.

Cashmere Library introduces Sugar & Spice Romance book club

The Cashmere Library is thrilled to announce the launch of its brand-new romance book club, the Sugar & Spice Romance Book Club. This exciting initiative aims to bring together ardent romance enthusiasts, fostering positive discussions and encouraging a broader appreciation for this beloved literary genre.

Readers of all backgrounds and tastes are invited to join this engaging club, where they can share their love for romance novels. The Sugar & Spice Romance Book Club will convene on the first Wednesday of each month, creating a regular rendezvous for passionate readers.

The club's meetings will take place at Cashmere Library, from 6 to 7:00 p.m.

If you're eager to embark on this romantic literary journey and become a part of the Sugar & Spice Romance Book Club, please don't hesitate to reach out to the Cashmere Library staff. You can contact them by phone at 509-782-3314 or via email at cashmere@ncwlibraries.org.

Leavenworth

Leavenworth Library events

Read & Play Time for Babies with Amy. Tuesdays, 10:00-

11:00 a.m. Babies and toddlers are welcome for books, songs, and playtime.

Preschool storytime with Gracie. Wednesdays, 11:00 a.m. - Noon. Join us for stories, songs and fun.

Halloween Bash. Tuesday, Oct. 31, from 3:00 - 6:00 p.m. Costume wearers and admirers are welcome to dazzle the "Costume Walk of Fame" and visit haunted bookshelves if you dare.

Questions: leavenworth@ncwlibraries.org 509-548-7923.

Make a difference day at Wenatchee River Institute

Mark your calendars for a day of community action! Wenatchee River Institute invites all local residents to participate in "Make a Difference Day" on Saturday, Oct. 28. The event promises an opportunity to leave a positive impact on our neighborhood.

The focal point of this volunteer-driven initiative is the E. Lorene Young Community Garden, where volunteers will be working tirelessly to revamp the garden's planter boxes. The original planter boxes, having served their useful life, will be dismantled and replaced with brand new cedar planters. These freshly crafted planters are set to play a vital role in growing food and flowers for the neighborhood over the next decade.

What's more, "Make a Difference Day" is a family-friendly event, encouraging all age groups to get involved. If you're worried about tools and materials, fret not! The organizers have ensured that all the necessary materials and hand tools will be provided for the volunteers.

To participate in this event, please RSVP at Wenatcheeriverinstitute.org.

Leavenworth Women's Exchange to host November luncheon

The Leavenworth Women's Exchange is gearing up for their monthly luncheon meeting, scheduled for Wednesday, Nov. 8. This event will take place at the Icicle Inn Restaurant, conveniently located at 505 Highway 2 in Leavenworth.

Attendees can look forward to a delightful luncheon buffet, complete with beverages, taxes, and gratuity, all for a

Halloween Roundup

Zombie Bash

Club Crow bar and grill in Cashmere will host its annual Club Crown Halloween show Zombie Bash on Saturday, Oct. 28 from 8-11:55 p.m.

Live Music will be by Devil's Gulch and the Missionaries and Special Guests. There will be a costume contest with cash prizes, including best zombie.

General admission tickets are \$10. Tables are First come First Serve.

Treating hours

Trick-or-treating hours in Cashmere are from 5-9 p.m. on Tuesday Oct 31.

Crunch Pak Trunk or Treat

Crunch Pak will host a Trunk or Treat in Cashmere on Sunday, Oct. 29 from 3-5 p.m.

"Please join us at our Annual

Community Trunk or Treat event," the event page states. "We will have candy, healthy snacks, and games."

Cashmere Trick-or-Kiwanis Halloween Party

The Wacoka Kiwanis of Cashmere will host their annual Halloween Party for children at the Cashmere Fire Hall on Tuesday, Oct. 31 from 5-7 p.m. There will be games, fun, treats and prizes.

Downtown Wenatchee

"Join us for another spooktacular Trick-or-Treat Downtown," the event page states. "On Tuesday, October 31st from 3-5 p.m., Wenatchee Ave. will be closed from 2nd St. to Orondo Ave. (with 2nd and Orondo open for east-west traffic) for a fun and safe trick-or-treat experience."

'Bringing the community to your door' isn't just our slogan... It's our purpose



The Leavenworth Echo

CASHMERE VALLEY RECORD

reasonable cost of \$26.50 per person. This luncheon is set to be a special one as it features an engaging presentation by the owner of the Leavenworth Reindeer Farm, Kari Andersen, and her daughter, General Manager Erika Bowie. The duo will enlighten the audience with a program titled "Bringing Reindeer to Leavenworth."

For those interested in attending this unique event, please note that payments will be accepted in the form of a check or cash payable to the Leavenworth Women's Exchange (LWE) only. Due to the catering involved, attendees are kindly reminded that any cancellations after Nov. 2, will incur a charge to cover the cost of the lunch.

To secure your spot at the luncheon, please reach out to Ann Callahan at 509-548-2065 no later than Thursday, Nov. 2.

What's going on with Stevens Pass?

Curious about the upcoming ski season at Stevens Pass ski area? Mark your calendars for a presentation on Thursday, Nov. 9 at 7:00 p.m., hosted by Wenatchee River Institute at the Red Barn.

Ellen Galbraith, Vice President and General Manager of Stevens Pass ski area, will provide a comprehensive overview of what's on the horizon. Gain valuable insights into her experiences from the previous season and learn about the exciting plans for the upcoming ski year. Discover the latest developments surrounding the news construction of Kehr's Chair.

If you have burning questions about Stevens Pass or the ski industry, this is your chance. The floor will be open for live questioning at the conclusion of Galbraith's presentation.

For more information and event details, please visit the Wenatchee River Institute website at www.wenatcheeriverinstitute.org.

Leavenworth Library hosts art show honoring Heidi Swoboda

The Leavenworth Library is set to host an inspiring art show dedicated to Heidi Swoboda, a prominent Leavenworth Professional Photographer, through Nov. 3 in the enchanting Fireside Room.

This captivating exhibition presents a harmonious blend of artistry and literature, curated in collaboration with the NCW Libraries System. Visitors are invited to immerse themselves fully in the essence of each artwork by exploring suggested complementary literature.

Heidi Swoboda's creations, primarily in the form of giclee with acrylic finish, showcase her remarkable talent. Her artwork is a testament to her deep connection with the beauty of our natural world and the profound moments and relationships that enrich our lives.

The show promises to be a unique experience, offering a glimpse into Heidi's distinctive artistic techniques and her passion for celebrating the wonders of our environment.

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Rory's stroganoff

A few weekends back, I went to visit Caren and Jake. I found myself at one of the many second-hand stores on their side of the mountains with Caren and her roommate Rory as we rummaged through the second-hand goods offered by the pound. By-the-pound is the perfect place to find fabrics for quilting, rags for the shop, and sometimes a book or two with old-fashioned recipes.

Much of what is offered has seen better days, and it takes a discerning eye to see what is or what could be. I don't believe in saving all things... I only have so many heartbeats

in a day, so I have to really like the texture and color of the fabric or have a use for the item before it gets to come home with me. (The older I get, the more I apply this logic to new purchases.) I picked up a particularly beautiful water glass. I held it up to see it more clearly and turned to Rory, "Isn't this beautiful?" I asked. She held her hand out; I gave it to her. I expected her to hold it gently as I had, twist it around, and admire the pretty sheen as I'd done, but no; she tried to stick her hand inside the empty glass in an intentional and very purposeful manner.

Rory's Stroganoff

- Enough cooked egg noodles to feed the family
- 1-2 cups pork or beef cut into thin strips 2-4 Tablespoons oil, fat or butter
- One small onion diced 3 Tablespoons flour
- 1/2 to 1 teaspoon thyme
- 1/4 to 1/2 teaspoon nutmeg
- 1 cup liquid (water or broth)
- 1-1 1/2 cups sour cream

Saute the meat and onion with oil, fat, or butter in a saucepan. Mix the flour with the thyme and nutmeg in a small cereal bowl. When the onion is translucent and the meat is no longer pink, add the flour, thyme, and nutmeg to the pan and stir. When the flour is well blended in with the meat and onions (the flour will stick to everything, making it gooey, and there won't be any white powder in the pan) add the liquid a little at a time, stirring all the while

(without good stirring the flour-oil mix will be lumpy). When the liquid stiffens into a thick gravy let it bubble a bit (still stir as it bubbles-about 30 seconds to a minute) then add the sour cream all at once and stir until the sour cream is incorporated into the stiff gravy and take it off the stove because too much heat for too long will make the milk in the sour cream curdle. Add more sour cream if the consistency isn't what you like for stroganoff. When the stroganoff gravy is to your liking, serve it over the cooked noodles.

Choices: Any thinly sliced meat will work with this stroganoff recipe. The sauce can go over almost any starch, potatoes, biscuits or bread, rice, or cooked whole grains as a gravy. Even made without meat, the milk plus the grain or potato will give the body complete protein.

About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes.

It wouldn't fit. My second question was, "What are you doing?"

"Checking to see how hard it is to wash this," she told me. "My hand won't fit inside it to wash out the bottom of the glass. I wouldn't buy it." She handed it back to me with a slight shrug of her shoulder, letting me know she didn't actually care one way or the other what I spent my hard-earned greenbacks on, then turned away to continue with her own treasure hunt.

My basement apartment doesn't have a dishwasher, so I wash my water glasses by hand. I thought about what Rory had just said and set the water glass back in the bin. I decided my matching set of wide-mouth mason jars would do just fine for drinking water... besides, with wide-mouth mason jars, I can always find replacements for my set of twelve when one breaks as glass always does.

After a day of treasure hunting and good company, we headed home for a nice meal of pork stroganoff. Rory likes pork loin, and she'd found some on sale. Made into stroganoff, it was mighty tasty.

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Sabrina Fair

Continued from page A1

fun romantic comedy."

Students have been working hard on this since the beginning of September. Gubsch designed the set and Dave Erickson was the head of set construction. The cast and crew built and painted the set with their parents.

Leading the cast as Sabrina is Ali Moran, who has received nominations from the Wenatchee Apple Awards and The Fifth Avenue Theater.

"Ali is a leader on and off stage and has the most

amazing work ethic," Gubsch said

"The male lead is sophomore Dylan Cornea," she said. "He was on the crew for the fall play last year and decided to be an actor this year. He has over 270 lines to memorize and he is doing a great job."

Other cast members include Lily Erdmann, Titus Corbaley, Gabby Winchester, Trip Martin, Teddy Fox, Kalli Miller, Chandler Clark, Georgia Hemmer, Hayden Miller, Ruby Edwards, Makenna Fritz, Riley Acheson and Savannah Caruso.

The show opened on Wednesday, Oct. 25. and will be showcased again on Thursday,

Oct. 26 and Saturday, Oct. 28 at the Cashmere Middle School Auditorium. Please note there is no Friday show due to the Cashmere football game.

The doors will open at 6:15 p.m. and the show starts at 7:00 p.m. Tickets are \$8 for adults and \$5 for students and senior citizens and are only available at the door. Seating is first come, first serve.

"You won't want to miss this classic romantic comedy," Gubsch said. "Thanks for supporting Cashmere High School drama."

Quinn Propst: 509-731-3590 or quinn@ward.media



The cast of Sabrina Fair.

COURTESY OF DIRECTOR SUSAN GRUBSCH

“

I love school because I get to learn new things while being surrounded by some of my favorite people. The teachers & students that make up CHS feel like a second family to me & that is the reason I look forward to coming to school every day and really love the time I spend at CHS.

Reese Westlund, Grade 12

Cashmere High School

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UPPER VALLEY CHURCH GUIDE

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TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

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103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6.30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
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Call for activities: Pastor Charles Clarke
www.cashmepres.org

CASHMERE COMMUNITY CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m.
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christcentercashmere.com

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Services, 10 a.m.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
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DRYDEN

DRYDEN COMMUNITY CHURCH
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at 6 pm. Pastor Bill Clem • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
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Sunday School, 9 a.m.
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Youth Pastor Paige Derossett
Worship Pastor-Jacob Mitchell
www.LCN.org

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Worship 11 a.m. • Fred Smith • 509-860-3997

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Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

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Bulldogs keep the Bronze Shoe

Undefeated Cashmere crashes Goats' Senior Night, 58-7

By **MIKE MALTAIS**
Ward Media Staff Reporter

CHELAN - The coveted bronze shoe looks a little worn and tough these days, but Bulldogs like to chew on things like that, so Cashmere's undefeated varsity football team brought the relic home from Chelan last Friday, Oct. 20.

The 1A Caribou Trail leaders took a quarter to dial into their game against the Goats who got on the scoreboard first midway through the first quarter on a short 12-yard run. Cashmere's David Odenrider tied the game 7-7 with 2:46 remaining at the end of the quarter but Cashmere lost some field position when the ball fell off the tee at the

moment of kickoff and Chelan was awarded possession on the Bulldogs' 42-yard line.

After that little glitch it was the Bulldogs' relentless running and passing game that found opportunities in the Goats defense to score seven more times for a 58-7 win. Cashmere scored twice in the second quarter and four more times in the third including a two-point safety off a Chelan fumble and blocked punt deep in the Goats' territory.

Before the game, Bulldogs' head coach Bryan Bremer praised his team's defense for only allowing opponents 65 points or 9.3 points per game on the season. That average was improved a bit with the Chelan

win.

"Our defense is led by three senior three-year starters," said Bremer. "Trae Smith, Josh Meros, and Dalan Smart, and a few incredible underclassmen, Brody Larsen, Aidan Theiss, and Prin Fox."

Cashmere has a young offense with five sophomore starters including quarterback Ryan Hatmaker who had thrown for 20 touchdowns and only one interception prior to last Friday's game.

"Senior Tyler Petersen leads

our team in rushing yards," said Bremer. "Sophomores Dalan Smart and Logan Spies are the go-to targets through the air."

The Bulldogs' balanced offensive attack - 1,499 yards passing and 1,478 yards rushing - is one reason why the team is now 3-0 in the CTL and 8-0 overall.

The Bulldogs will host one of two winner-to-state cross-over games on Nov. 3.

Mike Maltais: 360-333-8483, michael@ward.media



Bulldogs score one of their seven touchdowns.



Dalan Smart, left, and Trae Smith hold the coveted Bronze Shoe.

CHS Girls Varsity Soccer

Ward Media / Cashmere Valley Record

Cashmere Bulldogs secure CTL title with a 4-0 victory over Omak

OMAK - In a thrilling Caribou Trail League matchup, the Cashmere Bulldogs traveled to Omak to face off against the Pioneers, and they emerged victorious with a resounding 4-0 win. This victory solidified their dominance in the CTL and guaranteed their place in the District VI Championship Match on Oct. 28 at the Apple Bowl.

The Bulldogs wasted no time asserting their authority, as senior midfielder Yaselyn Mejia struck the back of the net in the 25th minute, giving Cashmere an early 1-0 advantage. They maintained their lead, heading into halftime with a 1-0 scoreline.

The second half saw the Bulldogs adapt to the defensive strategy of the Pioneers, with sophomore Aven Davis capitalizing on a Gwen Ledesma pass in the 56th minute to double their lead to 2-0. Davis continued to shine, netting a brace in the 65th minute off a pass from freshman Addison Talley, extending the lead to 3-0. The match's final goal was contributed by junior forward Savannah Tomlinson in the 70th minute, with an assist from Alyssa Soria.

The Bulldog's midfielders, Kora Traynor and Alyssa Soria, were instrumental in controlling the Pioneer's attacks and setting up Cashmere's offense throughout the game. Cashmere dominated in shots, outshooting the Pioneers 25 to 3.

Notably, Kamryn Tomlinson

achieved her 5th consecutive shutout, marking her 9th shutout of the season. With this victory, the Bulldogs improved to a flawless 7-0 record in CTL play and an impressive 11-0-2 for the season. They also secured the CTL regular season title, making their championship ambitions even more compelling.

Wenatchee Panthers Defeat Cashmere Bulldogs 4-0 in Non-League Match

CASHMERE - The Cashmere Bulldog girls' soccer team faced a formidable challenge as they hosted the 4A Wenatchee Panthers in a non-league soccer match at the Vale Soccer Field. With an impressive 11-1-2 record going into the game, the Bulldogs were eager to maintain their

unbeaten streak. However, the Panthers had other plans, emerging victorious with a convincing 4-0 win.

Despite creating several early opportunities, the Bulldogs found themselves trailing 2-0 at halftime. In the second half, they were compelled to push their offensive efforts, which allowed the Panthers to capitalize on counterattacks and secure a couple of breakaway goals. This defeat marked the first loss of the season for the Bulldogs, who have otherwise had a stellar campaign.

It was a physical and well-contested match by both teams, demonstrating the level of competition and skill on display. The Bulldogs will look to regroup and bounce back from this setback as they continue their impressive season.

CHS finished the regular season strong in Girls' Varsity Swimming

Ward Media / Cashmere Valley Record

MOSES LAKE - The Cashmere Bulldogs' girls varsity swim team closed their regular season on a high note in Moses Lake, gearing up for the upcoming District Swim Meet at Washington State University.

Kate Jacobson delivered an outstanding performance, claiming 2nd place in the 100 free event, competing against formidable 4A teams. Jacobson showcased her prowess by setting a personal record (PR) of 58.98, slashing 1.54 seconds off her previous best. In the 200 IM, she clinched a respectable

third place, also setting a PR of 2:33.14, an impressive 1.84-second improvement from her seed time. Jacobson's tenacity was rewarded with a Tough Girl t-shirt from the Eastmont swim program for participating in every race this season. Not stopping there, she solidified her place in the upcoming district competition in every event.

Kylie Wheatley displayed her mettle in the 100 fly, capturing 3rd place with a remarkable time of 1:13.93, a PR, and an incredible improvement of 10.67 seconds. Wheatley's standout performance secured her a spot in the district competition in this event.

Mollie Mott added to the team's success, claiming 7th place in the 100 back with a time of 1:13.44, shaving an impressive 4.21 seconds from her previous mark, making her a strong contender in the district meet in this event.

The quartet of Mollie Mott, Sophee Mott, Alia Kovacevich, and Kate Jacobson put on another competitive display in the 200 free relay, earning a well-deserved 3rd place. Their split times were as follows:

M. Mott:	28.07
S. Mott:	27.82
Kovacevich:	28.27
Jacobson:	26.05

The spirit of competition continued with Jacobson, Wheatley, and the Mott sisters joining forces for the 400 free relay, where they secured a 3rd place finish. Their split times for this event were:

Jacobson:	1:00.15
Wheatley:	1:02.27
M. Mott:	1:05.50
S. Mott:	1:04.87

The Cashmere Bulldogs are now primed for the District Swim Meet, and the strong performances from Kate Jacobson, Kylie Wheatley, and the Mott sisters bode well for their prospects in the upcoming competition.

Kodiaks dominate Cross-Country dual at Enchantment Park

Ward Media / Cashmere Valley Record

LEAVENWORTH - The Cashmere Bulldogs' cross-country team made their way to Enchantment Park on Oct. 17 for a dual race against the Cascade Kodiaks. With the regular season coming

to a close, both squads were looking to fine-tune their skills in preparation for the District VI/CTL Championship race at Walla Walla Point Park. The day belonged to the Kodiaks as they emerged victorious in both the boys' and girls' duals.

In the boys' race, Cashmere senior Maison Sims took the

lead for the Bulldogs, setting a remarkable 5K personal record with a 4th-place finish. Freshman Rylan Reiber also delivered an impressive performance, securing 5th place and setting his own personal record. On the girls' side, sophomore Ella Kenoyer shone, setting a new personal record with a team-

high 5th-place finish.

The Kodiaks' strong showing in both races sets the stage for an exciting championship race at Walla Walla Point Park. The Cashmere Bulldogs will be looking to rebound and give their best in their pursuit of victory in the upcoming District VI/CTL Championship race.

CASHMERE'S TOP 5 BOYS FINISHERS:

1.	Maison Sims (Sr.)	4th Place	17:50 PR
2.	Rylan Reiber (Fr.)	5th Place	18:08 PR
3.	Kaden Miller (Sr.)	7th Place	18:29
4.	Mack Pell (Fr.)	9th Place	18:35
5.	Owen Graves (Sr.)	10th Place	18:46 PR

CASHMERE'S TOP 5 GIRLS FINISHERS:

1.	Ella Kenoyer (So.)	5th Place	22:11 PR
2.	Abigail Kim (Fr.)	9th Place	24:26 PR
3.	Saige O'Keefe (Sr.)	12th Place	25:37
4.	Vansee Wheeler (Fr.)	16th Place	27:46 PR
5.	Ellie Weber (So.)	17th Place	27:56 PR

Bulldog Scoreboard



FOOTBALL	
Oct. 21:	Cashmere 58, Chelan 7; Win
GIRLS SOCCER	
Oct. 17:	Cashmere 2, Omak 1; Win
Oct. 17:	Cashmere 4, Omak 0; Win
Oct. 19:	Cashmere 0, Wenatchee 4; Loss
VOLLEYBALL	
Oct. 17:	Cashmere 3, Omak 0; Win
Oct. 21:	Cashmere 2, Freeman 3; Loss
Oct. 21:	Cashmere 3; Lakeside 2; Win

Sports Schedule

FOOTBALL	
Oct. 27:	Cashmere vs. Quincy, Home at 7 p.m.
VOLLEYBALL	
Oct. 28:	Cashmere vs. Chelan, Away at 3 p.m.

Bulldogs Sports Sponsor of the Year

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CORRECTIONS: Ward Media LLC shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for the corrections made thereafter. Ward Media LLC shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. Ward Media LLC's liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisements in any subsequent issue. No monetary refunds will be given. For more information call 509-548-5286.



Administrative

Puzzle Solution

T	A	N	G	M	A	P	J	E	R	K			
A	L	O	E	M	O	T	E	D	U	B	A	I	
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8	4	9	6	7	2	3	1	5
2	6	1	3	9	5	8	7	4
7	5	3	8	4	1	2	9	6

Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our Local Newspapers **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.
Leavenworth/Cashmere 509-548-5286 email: classifieds@ward.media

Lake Chelan Mirror 509-682-2213
Quad City Herald 509-689-2507
classifieds@ward.media

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP?** **HAPPY BIRTHDAY CONGRATULATIONS!** **WILL YOU MARRY ME?** **HAPPY ANNIVERSARY**

Email your ad to: classifieds@ward.media to place your ad in our newspapers:
Lake Chelan Mirror
Quad City Herald
The Leavenworth Echo
Cashmere Valley Record

You may also call 509-682-2213, 509-548-5286 or 509-689-2507 to place your ad

General Interest

ELIMINATE GUTTER CLEANING FOREVER! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & amp; Military Discounts. Call 1-888-360-1582.

PREPARE FOR POWER OUTAGES today with a GENERAC home standby generator. \$0 money down + low monthly payment options. Request a FREE Quote. Call now before the next power outage: 1-888-674-7053.

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details, 855-635-4229.

ADVERTISE STATEWIDE with a \$325 classified listing or \$1600 for a display ad. Call this newspaper or 360-344-2938 for details.

Employment

Help Wanted

The City of Chelan's Public Works Department is accepting applications for the position of Sewer Treatment Plant Operator. The monthly income range for this position is between \$5,790 and \$7,256. (\$33.40-\$41.86 per hour) Benefits include PERS retirement, medical, dental, vision insurance, paid vacation, holidays, and sick leave. Application materials are located on the City's website: <https://cityofchelan.us/Jobs>. First review of applications will be Friday December 1st, 2023. Position is open until filled.

City of Cashmere Snowplow Operator Job Announcement
The City of Cashmere is accepting applications for part-time seasonal Snowplow Operators. Work includes operating and maintaining a plow truck, dump truck, snow blower, de-icing truck and snow shovel to move snow from streets, roads, alleys, parking lots and sidewalks. Requirements include a Commercial Driver's License and experience plowing snow, preferably on public roadways. You will be called to work when needed. There is no guarantee for the number of hours worked. Sick leave will be accrued according to state law. No medical benefits, retirement compensation or annual leave will be provided. Pay up to \$25.00 per hour depending on qualifications. More than one position to be filled. Application and employment agreement are available at: <https://www.cityofcashmere.org/government/human-resources> For inquiries contact Steve Croci, Director of Operations at steve@cityofcashmere.org or 509-782-3513

Help Wanted

Employment Opportunity Registered Nurse Harmony House – Brewster, WA Must have current RN License. 2 Positions available \$10,000 Sign on Bonus Competitive Wages and Benefits
Come join our strong and supportive team!
Email resume to Jreed@Regency-Pacific.com
Or call 360-281-8400

Looking for a great local employee? Place your ad today

Call 509-682-2213
Lake Chelan Mirror
Quad City Herald
Brewster
or email classifieds@ward.media

Leavenworth Echo
Cashmere Record
509-548-5286
or email classifieds@ward.media

Deadline is Friday at Noon for the following Wednesday issues of all newspapers



Public Works - Truck Driver/Laborer – Temporary Winter Help
The Chelan County Public Works Department is seeking applicants for our three, four-month long winter Temporary Truck Driver/Laborer positions in the Leavenworth & Wenatchee Districts. The duties include performing manual labor, driving truck and/or operating light and heavy equipment, and snow plowing. The salary range is \$22.48 per hour up to \$24.66 per hour based on experience. These four-month positions will start mid to late November. These positions require a Washington State Driver's License, Class A CDL with Tanker Endorsements and prefer to have a current First Aid/CPR card and flagging card. Applications and a detailed job description can be found on the Chelan County Human Resource Career Opportunities page; <http://www.co.chelan.wa.us/human-resources/jobs>
The application, resume and letter of intent must be returned to the Chelan County Human Resource Department 400 Douglas Street #201, Wenatchee, WA 98801 or email to human.resources@co.chelan.wa.us no later than Thursday, November 2, 2023 at 5:00 p.m.

www.leavenworthecho.com
www.cashmerevalleyrecord.com

Windermere REAL ESTATE **Windermere Real Estate/NCW**
Leavenworth/Lake Wenatchee Specialists

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Momi Palmieri - 509-433-2211
Geordie Romer - 509-679-8958
Allyson Romer - 509-630-9898

See all available properties at windermereleavenworth.com


For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds. Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email classifieds@ward.media or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@ward.media **Deadline: Noon on Friday for all papers.**

Garage & Yard Sale

Fill your pockets with **CASH \$ \$**



Let others know what items you are selling! **Deadline Friday at Noon for all papers**
Lake Chelan Mirror Quad City Herald 509-682-2213 classifieds@ward.media
Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@ward.media

Four newspapers for one low price!

General Merchandise

FOR SALE
Sears Pro Form XP Treadmill
Excellent Condition
\$125.00 Firm
509-679-9318
East Wenatchee

Legals

Public Notices

The Leavenworth Mosquito Control Board will be holding a Public Hearing at 7:00pm on Monday November 6th 2023 via Zoom to discuss and approve the 2024 operation budget and per parcel tax rate. The link to attend via Zoom is <https://cascadesd-org.zoom.us/j/85130535065>. You may also visit www.LeavenworthMosquitoControl.org for the Zoom meeting link, or email directly to info@LeavenworthMosquitoControl.org before Noon November 6th. Further information and assistance may be obtained from Manager Jennifer Mullins at 509-548-5904. Published in the Leavenworth Echo/Cashmere Valley Record on October 25, November 1, 2023. #6558

Advertise in the CLASSIFIEDS

classifieds@ward.media
509-548-5286

Public Notices

NOTICE OF PUBLIC HEARING
Notice is hereby given the Upper Valley Park and Recreation Service Area, Chelan County, Washington, will conduct a public hearing on Wednesday, November 8, 2023, at 3:00 PM at the Leavenworth City Hall, located at 700 US Highway 2, to review and approve the 2024 Final Budget that includes proposed expenditures, revenue sources, and a possible increase in property taxes. Copies of the proposed budget will be available by October 27, 2023. The public is invited to attend said hearing and make comments; for more information on Zoom conferencing, copies of the budget, or general questions, you may contact Brandi Mynatt, Assistant Deputy - PRSA Clerk, at 509-548-5275, ext. 129. Published in the Leavenworth Echo/Cashmere Valley Record October 18, 25, 2023. #6533

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of TERRY DONALD LUMSDEN, Deceased. No. 23-4-00351-04
PROBATE NOTICE TO CREDITORS (RCW 11.40.030)
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: October 18, 2023
Personal Representative: LEROY E. HOUSE SR.
Attorneys for the Personal Representative: David A. Kazemba, WSBA# 48049 Address for Mailing or Service Overcast Law Offices Attn: David A. Kazemba 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 23-4-00355-04 Presented by: OVERCAST LAW OFFICES By: /s/ David A. Kazemba, WSBA No. 48049 Attorney for the Personal Representative. Published in the Leavenworth Echo/Cashmere Valley Record on October 18, 25, November 1, 2023. #6518

Public Notices

NOTICE OF DATE CHANGE PLANNING COMMISSION MEETING
The Planning Commission's regularly scheduled November meeting has changed to November 8, 2023 at 7 pm, City Hall - 700 Hwy 2, Leavenworth. Meeting hosted at City Hall with option to join via zoom by: 1) connecting via the Zoom app: Meeting ID: 916 5926 4393 Passcode: 40805 or 2) using the web link: <https://zoom.us/j/91659264393?pwd=L1JlEa0NGemcrK0hPVFY5aGVuQzJqdz09> or 3) calling: 1-253-215-8782. The public is encouraged to attend. Questions may directed to Liliith Vespier, AICP, Development Services Manager, phone 509-548-5275 or email lvespier@cityofleavenworth.com. Published in the Leavenworth Echo/Cashmere Valley Record on October 25, 2023. #6504

Public Notices

CITY OF LEAVENWORTH CITY COUNCIL
NOTICE OF SPECIAL MEETING
NOTICE IS HEREBY GIVEN that a quorum of the Leavenworth City Council could be attending a Community Forum discussing Multi-Family Tax Exemption to be held at the Council Chambers in Leavenworth City Hall, located at 700 US Highway 2, Leavenworth, Washington and on zoom. The meeting will be held on Tuesday, November 7, 2023 starting at 6:30 PM. Zoom information: Meeting ID: 998 5778 2596; Passcode: 063063 Find your local number: <https://zoom.us/j/99857782596> Published in the Leavenworth Echo/Cashmere Valley Record October 25, November 1, 2023. #6574

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of LEROY EDWARD HOUSE JR., Deceased. No. 23-4-00355-04
PROBATE NOTICE TO CREDITORS (RCW 11.40.030)
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: October 18, 2023
Personal Representative: LEROY E. HOUSE SR.
Attorneys for the Personal Representative: David A. Kazemba, WSBA# 48049 Address for Mailing or Service Overcast Law Offices Attn: David A. Kazemba 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 23-4-00355-04 Presented by: OVERCAST LAW OFFICES By: /s/ David A. Kazemba, WSBA No. 48049 Attorney for the Personal Representative. Published in the Leavenworth Echo/Cashmere Valley Record on October 18, 25, November 1, 2023. #6518

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Follow us on Facebook at: [Facebook.com NorthCentral Washington](https://www.facebook.com/NorthCentralWashington)

The Washington Outdoors Report

Outdoors Roundup

By JOHN KRUSE
Special to Ward Media

The modern firearm deer season and waterfowl season opened up the weekend of Oct. 14, and there is other outdoor news to share as well this week.

NORTHEAST WASHINGTON DEER HUNTING RESULTS: Staci Lehman, a spokesperson for the Washington Department of Fish and Wildlife, shared the results from check stations in Eastern Washington during the opening day weekend. In her words, "This weekend, we collected 105 Chronic Wasting Disease (CWD) samples from harvested deer throughout Region 1. For comparison, last year's opening weekend, we collected 95 CWD samples. Districts 1 and 2 (NE Washington) were the slowest and saw fewer samples compared to District 3 (SE Washington) that collected 65 samples."

Overall, we heard from staff and officers that things were pretty slow in northeast Washington. That could be a result of the warm weather, but hard to say for sure. A reminder that WDFW has teamed up with the Washington Chapter of Backcountry Hunters and Anglers to encourage folks to provide samples from their harvested deer or elk. BHA helped to purchase 100 multi-season deer tags. Anyone who has their harvest sampled for CWD will go into a random drawing for the tags for next

COLUMBIA BASIN DUCK HUNTING HARVEST: WDFW has three regulated access areas for waterfowl hunters in the Columbia Basin. A small, limited number of hunters hunt these improved habitat areas in the Desert Wildlife Area on a first come, - first served basis. Hunters are asked to register before they hunt and report their harvest when their hunt is complete.

Hunters did best at the Frenchman's Wasteway Regulated Access Area, where 27 hunters reported shooting 117 ducks (an average of 4.33 birds per hunter). At the Winchester Wasteway Regulated Access Area, 20 hunters harvested 47 birds, averaging 2.35 birds per hunter. Meanwhile, the North Potholes Regulated Access Area continues to suffer from drought conditions. That's why only two hunters went there, though they did get five ducks.

COHO ARE ON THE BITE: The Icicle River near Leavenworth is open for coho salmon. I spoke with Rick Graybill at Hooked on Toys in Wenatchee about the current state of affairs there. Rick says anglers were doing pretty good on the Columbia River prior to the closure on Oct. 15, and while a few fish are now in the Icicle River, Graybill says the first big rain event we get will likely send a flood of fish into this stream for anglers to catch.

As for how to catch them? Rick recommends twitching a jig from where you cast it and twitch it back as you retrieve



Guide Marc Bush with a nice Fall Chinook salmon.

COURTESY OF MARC BUSH

it (it's a fun way to trigger a bite). As for colors to use, Rick says, "Every year it's different what they want, but consider getting a jig with a couple of different colors. Consider a bright pink head with a black

and orange body or purple and blue, etc. Another option is using a Blue Fox spinner." Rick recommends silver and orange or silver and pink. If you have more questions, contact Rick at the Hooked on Toys Sporting

Goods store fishing counter. Meanwhile, down in the Columbia River Gorge, guide Marc Bush reports the numbers of coho salmon in the Dalles and John Day Pools of the Columbia River are unex-

pectedly down this Fall thus far. Bush says a few salmon are being caught, but the fishing for Fall Chinook is a better bet right now, and he has been catching a fair number of them off the mouth of the Klickitat River. Bush recommends checking the Bonneville Dam fish ladder count, and when the numbers increase for coho, head down to the Gorge. You can fish for them off the mouth of the Klickitat or the Deschutes River. If you would like to book a trip with Marc Bush, contact him through his website at www.twistedwaters-gs.com.

GO ON A HAUNTED HIKE: With Halloween coming up, consider hiking a local trail said to be haunted by ghosts! The trail in question is the Iron Goat Trail, just west of Stevens Pass, that takes you to the old Great Northern rail line and tunnels where the Wellington disaster took place in 1910, causing some 100 souls to perish after an avalanche hit their stranded train.

One website (www.the-mandagies.com/haunted-places-in-washington-state/) reports, "Some hikers have reported hearing screams in the tunnel, others have spotted apparitions, and stories of hearing out-of-body voices of souls trapped in the tunnel, trying to escape, frequent the area." Even if you don't see ghosts, you'll enjoy the 5.7-mile-long loop trail and interpretive signage along the way.

John Kruse - www.northwesternoutdoors.com and www.americasoutdoorsradio.com

Radiation treatments for cancer can cause "radiation dermatitis"

Q: I'm starting radiation treatments soon. Is there a way to keep my skin from peeling?

During radiation treatments for cancer, nearly eight out of 10 people will develop some form of skin irritation called "radiation dermatitis." Radiation can cause redness and warmth, much like having a mild rash. Your skin may become more sensitive to touch and feel "tight." This can progress to dryness, itching, and peeling, exposing raw red patches that may ooze clear fluid.

Skin damage from radiation treatments is much more common under your armpits or breasts, and wherever another skin surface comes in contact with the skin being treated.

People who smoke, have diabetes, or who have had a previous surgical procedure in the treated area are more likely to develop radiation dermatitis.

Post-radiation skin irritation tends to peak about a week after treatment. The higher the number of ra-



diation sessions, the greater your risk of skin inflammation. Treating your skin with extra care can reduce your risk of developing radiation dermatitis.

It's essential to avoid rubbing or scratching the area being radiated. Drinking plenty of water and applying moisturizing cream to the area faithfully can also help keep your skin from blistering or peeling.

Washing gently with mild soap and water has been shown to cause less skin reaction than just rinsing with water. Most radiation treatment patients are advised to use a "mild, non-alkaline soap, preferably unscented."

Very little guidance exists on which soaps are best to use when undergoing radiation. There's no clear evidence that any specific soap is superior. Mild soaps like Dove®, Ivory®, or Neutrogena® are considered safe,

while highly scented soaps such as Coast® and Irish Spring® should be avoided.

You can safely wear underarm deodorant or antiperspirant during treatment unless your skin develops a cut, scratch, or blister.

Applying a moisturizer helps protect radiated skin from dryness, irritation, and skin breakdown. To minimize the potential of changing how your skin will absorb radiation, always wait until AFTER your radiation sessions before applying creams or lotions.

Your skin consists of layers of flat cells that form a flexible, self-renewing barrier, protecting you from exposure to infection and toxins. Although your skin cells start out nice and plump, they gradually dry out as they get closer to the surface, creating water-resistant thin, overlapping layers. As the top layer of flattened skin cells rubs or flakes off, it is replaced by the cells underneath.

Ceramide molecules support the barrier function

of healthy skin. A lower ceramide level is found in dry, damaged skin than in healthy skin. Applying ceramide-rich creams can help heal skin damage. Lotions and creams containing these vitally important compounds can restore skin integrity faster than creams containing only traditional moisturizing agents.

CeraVe® Moisturizing Cream contains 3 essential ceramides. When I compared CeraVe® to my previous favorite skin moisturizer, Arbdoun's Abundantly Herbal Calendula Cream, CeraVe® delivered. My skin absorbed CeraVe® quickly with no greasy residue and my skin felt smoother for hours longer than other creams.

Calendula is a natural source of soothing relief from skin irritation. Arbdoun's Abundantly Herbal Calendula Cream® contains olive oil, calendula, and lavender and works well to protect your skin from radiation damage. Unlike CeraVe®, Arbdoun's takes time to

become completely absorbed. I make sure to let it soak into my skin for at least 5 minutes before putting on clothes to avoid having fabric touch it.

Recently, turmeric cream with sandalwood oil (Vico) was shown to help prevent radiation dermatitis when compared to Johnson & Johnson's baby oil. Turmeric has anti-inflammatory properties, and Vico has been a popular acne remedy in India for over 40 years. If sandalwood's fragrance bothers you, try turmeric without sandalwood oil (Vico WSO) instead.

Here Are 5 Tips to Help Protect Your Skin During Radiation Treatment:

1. Don't rub or scratch the treated area.

Itching causes the urge to scratch, even when you sleep. Keeping your fingernails short and wearing cotton gloves or socks over your hands at night helps protect your skin.

2. Avoid hot water and strong soaps.

Use lukewarm water and mild soaps when washing or

bathing.

3. Be gentle. Avoid harsh bathing scrubbing tools like exfoliating clothes, rough washcloths, or loofahs.

4. Stay hydrated. Irritated skin loses water more quickly, making it feel dry and itchy. Drinking plenty of water helps keep your skin well-hydrated.

5. Apply a soothing cream.

If your doctor approves, a moisturizing cream with ceramide (CeraVe®, Curel®) or an anti-inflammatory agent like calendula or turmeric can reduce your chances of developing radiation dermatitis.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely.

Get clear answers to your medication questions at her website and blog TheMedicationInsider.com.

©2023 Louise Achey

CROSSWORD PUZZLE

THEME: CIVICS 101

ACROSS

- Tart spicy quality
- *Senators each represent an area on it
- Jamaican rub
- Succulent medicinal plant
- Tiny piece
- Home to Burj Khalifa
- Sail support
- Sensory input
- Bedazzle, e.g.
- *One making SCOTUS nominations
- Grape holder
- Japanese cartoon
- Drunkard's sound?
- *First Lady, acr.
- Singer, songwriter, musician Jon

DOWN

- Pack down
- Resembling wings
- Rudolph's beacon
- Reaches (2 words)
- Computer accessory
- Do penitence
- Chipper
- *SCOTUS' branch of government
- Jet black
- Steak option
- Keith partner
- In style
- Part of affidavit
- Harden
- Owens
- Mare's babies
- Spot for boutonniere
- Allowed into a bar (2 words)
- Plug for a barrel
- Zzzz
- Drinker
- Opposing military force
- Arabian chieftain
- *U.S. Senator's term, in years
- *Legislative assembly with power to declare war
- Mix-up
- Monkey _____, monkey do
- United Nation's children-benefiting org.
- Type of believer
- Kaa of "The Jungle Book"
- Be
- Tooth trouble
- Deep-red variety of chalcedony
- Bone-dry
- Outback birds
- Between Minnesota and Missouri
- *Same as V.P.
- European sea eagle
- *U.S. Representative's term, in years

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With purchase of any new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSL# 1002195. NSC# 0002999. 0003465

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Local Apples

Fuji, Jonagold,
Gala, Pink Lady
or Granny Smith
Apples
Local

Your Choice

1.28
LB.

LOCAL
— Equals —
FRESH

Litehouse
Caramel Dip
Old-Fashioned or
Low Fat, 16 Oz.

4.98
EA.



LOCAL
— Equals —
FRESH

Fright Night Delights!



Darigold
Butter
Salted or
Unsalted
16 Oz.

2.98



Coke Products
Selected Varieties
12 Pack, 12 Oz. Cans

4.98



Washington Natural
Old Fashioned
Apple Cider
89 Oz.

4.98



Blue Ribbon
Ice Cream
Pail
Selected Varieties
Gallon

6.98



Ore-Ida
Potatoes
Selected Varieties
19 to 32 Oz.

2/\$8



Marie Callender's
Pot Pie
Selected Varieties
15 Oz.

2/\$8



Wild Mike's
14-Inch Pizza
Selected Varieties
36.3 to 38.8 Oz.

7.98



Doritos
Tortilla Chips
Selected Varieties
6 to 10.75 Oz.

2/\$6

Premium Beef
Boneless Beef
Sirloin Tip
Roast

5.98
LB.



USDA
CHOICE

St. Helens
BEEF

LOCAL
— Equals —
FRESH



Fresh

Chicken
Drumsticks
Value Pack

1.18
LB.

Chicken
Thighs
Value Pack

1.58
LB.



PRAIRIE
FRESH
NATURAL

All Natural
Boneless Pork
Sirloin Roast
Twin Pack

1.98
LB.

In our Deli

American
Classic
Salads
Selected
Varieties
15 to 16 Oz.

2/\$8



RESERS
FINE FOODS

LOCAL
— Equals —
FRESH

7-Layer
Dip
20 Oz.

9.98
EA.



CHARLIE'S PRODUCE
CULTIVATING FRESH

LOCAL
— Equals —
FRESH