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YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS

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BY ERIN ROSSELL, STAFF WRITER

CHELAN – Over the past couple of weeks, Lake Chelan Mirror (LCM) staff have been contacting candidates vying for various office seats throughout the community. This week will display the final responses from those that were missed in previous weeks.

Lake Chelan Community **Hospital District 2** Position 5 Challenger Jerry Isenhart

Bio: I came to the valley in 1969 and acquired KOZI. In 1990 we acquired KULE Ephrata, and in 1998 I built KOHO radio. I sold those properties in the

late 1990's. I launched Go-LakeChelan. com in 2001, and was honored by GWA-TA in 2004 as "Tech Savvy



Business of the Year", and by the Lake Chelan Chamber as "Business of The Year" in 2006.

I sold GoLakeChelan in 2014. During my primary career as a journalist and businessman, I served on the Chelan City Council, as Mayor of Chelan and a Director on the Lake Chelan School Board. I was awarded the Associated Press Small Market Reporter of the Year in 1982.

In 1994 KOZI was given the Associated Press "Governor's Award" for news coverage of Firestorm '94. I was a founding member of the Lake Chelan Hospital Foundation and Director of the Lake Chelan Chamber of Commerce for many years. I was a 25-year member of the Board of Directors of the Washington State Association works. I would prefer to wait and not comment now until I know more about the facts surrounding the opportunities. Incumbent Phyllis Gleasman I am 73 and have resided in

Manson area since 1981 when the orchard was purchased.

In September 1980 I began work at Trout which is now Chelan Fruit, retiring in Dec. 2015. My husband was a civil engineer in construction and the family moved several times so prior to settling in Chelan area I held various jobs, the major job being Mom.

Relocating was always a chal-



Arizona was in an environment where the closest medical care in Abel, was 20 miles from town. A grade school was also in the area and the lack of medical services was worrisome. A group of parents began the process of bringing urgent care services to the area. I had the privilege of being the chairperson of the group and the clinic was established.

I graduated from business college and entered the job market. My formal education has been to never stop learning so if there was an opportunity to learn through my employment I utilized it.

Being an orchardist and also working in the ag industry I have been on various committees representing grower concerns and challenges from water to land rights to governmental affairs. Currently I am an advisor to the Farm Service Agency for Chelan County, therefore am able to keep apprised as to the ag climate at the federal level.

One of the highest honors I have received was being ap-

CVCH hosts grand opening celebration of their newest care center

By Erin Rossell, Staff Writer

CHELAN-Columbia Valley Community Health (CVCH) celebrated the completion of their new facility located at 105 S. Apple Blossom Drive in Chelan, Friday Oct. 20. The Grand Opening offered tours around the new establishment, lunch and special guest speakers, including State Representative and Lake Chelan Chamber President Mike

Steele Congressman Dave Reichert, Lake Chelan Community Hospital (LCCHC)

Congressman CEO Kev-**Dave Reichert**

СVСН Board Member Rich Wat-

CVCH CEO David Olson the eighth care cen-

ter location, and the build of the \$11 million new facility was financially possible because of clinic savings, a grant and a \$1 million federal grant with the help of Congressman Reichert.

During the ribbon cutting

portion of the event, CVCH CEO David Olson stated that these funds were available because of the high level of care provided by staff, and expressed the gratitude he holds for each individual employee in their dedication.

RIGHT: CVCH Chelan Manager Manuel Navarro (far left), CVCH Board Member Rich Watson (far right), and CVCH staff cut the ribbon in unison, officially opening the clinic.

See more photos at www.lakechelanmirror.com





Photos by Erin Rossel

CVCH staff members stand near the entrance way of the new care center, listening as speeches final speeches concluded the ribbon cutting event of the celebration.

Halloween candy, games and fun scheduled for Oct. 31

BY ERIN ROSSELL, STAFF WRITER

CHELAN-Historical Downtown Chelan Association (HDCA) will be sponsoring

adults and children at the intersection of Emerson Street and Woodin Avenue, followed by a Flash Mob at 6:30 p.m. in the same location. HDCA,

Bible Church and Mountain View Lodge will be hosting their annual "Trunk-N-Treat" event again this year. The tailgate style trick-or-treating will take place Tuesday, Oct. 31 from 5 to 7 p.m.

themselves up in their Halloween costumes," explained Whitney Pittman with North Shore Bible Church, "and bring as much candy as they can so that trick-or-treaters can visit each different car in our parking lot." Bringing

son and CVCH CEO David Olson. T h e Chelan clinic is

of Broadcasters.

I married Cecilia in 1992. We have 2 sons, William (age 20) and Jerry Jr. (Jerry Jr. died in 2014).

I am bilingual (English/Spanish) and live in a bicultural home

LCM: What new services would you like to see the new hospital provide that it currently does not?

Isenhart: I would like to help make sure our hospital has an **Electronics Medical Records** System that is on par with the industry, and that the conversion and implementation of such a system is given priority. Hopefully it would be operational by the time the new Hospital opens at Apple Blossom.

LCM: Do you feel that the new location and construction of the hospital will attract specialists or make specialty services possible?

Isenhart: I understand that Columbia Valley Community Health, Confluence Health and the University of Washington, and other institutions too, are all working with the current administration to open the doors to relationships with specialists using the new Chelan Hospital. It makes good sense to try to be efficient and coordinate with our neighbors to produce the most effective methods of making all medical services available at the best location.

I suspect that Health Care regulations that have yet to be written will impact "how" much of the new hospital actually

pointed by Govenor Gregoirre to Wenatchee Valley College Board of Trustees in 2011 and Govenor Insley has approved re-appointment for a second term.

LCM: What new services would you like to see the new hospital provide that it currently does not?

Gleasman: First I would like to thank the Family Physicians for their dedication to the citizens of the Lake Chelan Valley. They have endured many challenges while providing quality healthcare for everyone. Electronic record-sharing has been a project the IT department has been working on for an extended period. The road block has been that other medical facilities have their own IT system which is not compatible to the current program at LCCHC. This will continue to be a priority until an acceptable resolution is known. Finalization of a Residency Program through U of W Medical School-fewer medical students are considering rural health care and a residency program would introduce them to the rewards of practicing in rural areas. Enhance the high school med program and WVC nursing program internship by introducing students to handson experience so they know the rewards of providing medical services. Enhance bi-lingual wellness programs. Providers are currently doing some education, but what can be added

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Community... Church News ..

Bulletin Board .

Obituaries/Death Notices

Community Voices

Sports / Recreation

their annual downtown trickor-treating with local businesses, Tuesday, Oct. 31 from 5 to 7 p.m. At 6:15 p.m. there will be costume contests for

downtown businesses and the Lion's Club work together to make this event possible for the community.

MANSON – North Shore

"We invite our community to deck out their cars with a costume, as well as dress

SEE HALLOWEEN ON PAGE A3

Running in the rain, for a great cause

LEFT: Josh Weldy, of Chelan, took first place in the Chelan Chase benefit run on Oct. 21. Despite the heavy downpour of rain, Weldy completed the course with a final clock time of only 20:27.4, an average pace of 6:35. RIGHT: Lena Ask, of Chelan, finished the course in 15th place, with a final clock time of 27:40.8. The fundraising event donates proceeds equally to benefit the Lake Chelan Community Hospital and **Clinics Mammography Department and** the Wellness Place. For more race results: www.chelanchase.com.

> For more Chelan Chase photos: www.lakechelanmirror.com





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310 E. Johnson Ave. P.O. Box 249 Chelan, WA 98816-0249 509-682-2213 www.lakechelanmirror.com

Aurora Flores,

Manson School Board

selected by the board.

tional WSSDA board member

Fellow Manson Board Mem-

ber Jama England comment-

ed, "Aurora is a dedicated

educator. She relies on life

experiences to help formulate

her "out of the box" thinking.

She is an asset to Manson

Schools as well as all the other

Superintendent Matt Char-

lton added, "Manson is really

fortunate to have Aurora as

a long serving school board

director. Her dedication to our

community and to the success

of every student in our state

is commendable. Congratula-

districts she serves."

tions Aurora!"



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Services

Back Issues are available up to one year after publication for a small fee. Photo Reprints are available for most photos taken by staff. Ask about photos we may have not had room to print.

Deadlines

Letters to the Editor: Noon, Friday Calendar Listings: Noon, Friday News Submissions: Noon, Friday



CONTINUED FROM PAGE A1

to provide additional preventive care education for the service area? In addition to the partnerships with Confluence Health, CVCH, Swedish Hospital in Seattle continue perusing partnerships with other medical facilities.

LCM: Do you feel that the new location and construction of the hospital will attract specialists or make specialty services possible?

Gleasman: Some specialists currently have limited office hours: Plastic Surgeon, Podiatrist, Gynecologist whereas Orthopedic Surgeon and General Surgeon are on staff. Providing patient rooms for their visits is one of the challenges that drove the quest for a new hospital. Additional patient rooms will enable new specialists to provide their service. One of the major studies that was completed in preparation for requesting the

Ballots mailed for the Nov. 7 election, register to vote by Oct. 30

gov

SUBMITTED BY STEPHANIE WILDER, CHELAN COUNTY ELECTIONS DIRECTOR

WENATCHEE – Chelan County Auditor, Skip Moore has announced that ballots for the Nov. 7 General Election have been mailed.

Ballots must be postmarked or deposited into an official ballot drop box by Nov. 7 at 8 p.m.

For additional information please visit our website www.

voters approve a bond for a new hospital, was centered on demographics. Many people are retiring to the valley so services for an aging population need to be considered: Internist, Pulmonary, Cardiology, RA. General population services: Ear, Nose and Throat; Behavior Health - services that would enhance care provided by our Family Physicians. Other types of surgeries: hip or knee replacement, nerve pressure reduction, etc. can be performed as larger, more efficient operating rooms are available. Surgeries have become so refined most are ambulatory. Medical technology is evolving at such a rapid rate that what is practiced today will

be quickly outdated. With each technological change, specialist are born and the hospital needs to prepare for them. Telemedicine is becoming more widely used and the hospital should be able to add advanced services as they become available. The Tele Stroke system, partnered with Swedish Hospital, has saved lives. Being a critical access hospital telemedicine along with the Family Physicians can increase the number of patients that can be treated at LCCHC.

elections.chelancountywa.

If you have not received your

If you are not currently

registered in Washington for

the General Election on Nov.

7, you can register in-person

at the Auditor's Office up until

Oct. 30. The Chelan County

Elections Office is located at

350 Orondo Ave, Ste 306, Level

3 in Wenatchee.

ballot, please contact the elec-

tion's office at (509)667-6808.

Helicopter flights over lines planned

SUBMITTED BY KIMBERLEE CRAIG, CHELAN COUNTY PUD

LAKE CHELAN VALLEY – Chelan PUD customers will see a helicopter flying along PUD transmission lines for several days later this month, similar to the work that was done last spring. This round of flights will cover lines in the upper Wenatchee Valley between Cashmere and Lake Wenatchee, followed by the Chelan Valley from Lake Chelan Dam to Manson.

Jim Caldwell, senior transmission system engineer, said the information gathered during the flights is used for detailed computer models of the PUD's transmission system that are vital tools for making sure the high-voltage lines continue to provide reliable service for PUD customer-owners.

Caldwell said it will take about two weeks to complete the flights over both areas. The helicopter will fly twice along the transmission lines. A highlevel flight to take wide-angle aerial photos will be done first, followed by low-level flight at less than 500 feet above the line, to gather the survey data using LiDAR technology (Light Detection and Ranging sensors).

The flights could start the week of Oct. 23, or Oct. 30, depending on the contractor's availability. The flights will be done during business hours. Chelan PUD is alerting residents near the lines about the flights, as well as city officials and law enforcement.

Flores becomes presidentelect of WSSDA's Board

SUBMITTED BY MANSON SCHOOL DISTRICT

MANSON - Manson School Board Member, Aurora Flores has been certified as the next Washington State School Directors Association's (WSS-DA) board president-elect.

Flores has been a school board director for 20 years in the Manson School District, over half of which she has served as her board's legislative representative. Flores is currently vice-president of WSSDA's board and is a governor-appointed member of the Professional Educators Standards Board.

"I strongly believe that public schools with local control are still our best public education option and this is why I've dedicated so many years to serving my local school district," said Flores. "But I am humbled at being confirmed as president-elect on the board of the largest group of elected officials in the state of Washington."

As president-elect, Flores will be a member of the WSS-DA board's executive committee, which is composed of the board officers (president, president-elect, vice president, past president) plus one addi-

NEWS BRIEFS

LCRA to host exploratory hike on Elephant's Head Oct. 28

SUBMITTED BY

LAKE CHELAN TRAILS ALLIANCE

CHELAN - Join Lake Chelan Trails Alliance for an explor-



atory hike up the Chelan Butte to Elephant's Head. We will take the existing social trail to Elephant's Head and then walk cross-country along a proposed trail route descending to the southeast to the gorge road. Four mile round-trip. Off-trail for half of hike. Wear long pants

and sturdy shoes. When: Saturday, Oct. 28, 9 am - 12 p.m.: Where: Meet at the Reach One Trailhead. Why: To get feedback on proposed trail route. How: On-trail for first half of hike.

For more information please email info@lakechelantrails. org.

Methodist church Harvest Dinner Nov. 11

Submitted by Susan McKinnon, LCUMC

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Letters policy

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: lcmeditor@gmail.com

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 682-2213. We will publish a correction in the next issue.

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On The Internet

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SMART TRANSPORTATION WHAT IS IT? CAN IT WORK IN CHELAN COUNTY?

Advanced technologies could change the way we drive and the way we live. Are autonomous driving vehicles a reality? And can electric vehicles reduce our state's carbon footprint?



Join Dr. Michael Kintner-Meyer staff scientist at Pacific Northwest National Laboratory in Richland, WA for an evening of lively discussion around the topic of next generation vehicles and why Chelan County could be an ideal proving ground.

Are electric vehicles the answer to reducing carbon emissions? Wednesday, Nov. 1 6:30 – 8 p.m.

What is smart transportation?

Confluence Technology Center (CTC) 285 Technology Center Way Wenatchee

Following Dr. Kintner-Meyer's provocative conversation will be a panel to offer insights on the potential and the challenge for our region.

Event sponsored by: Port of Chelan County, Wenatchee Valley College, The Wenatchee World and Chelan County Public Utility District

Find us on Facebook.com/ChelanPUD and follow us on Twitter@ChelanPUD.



CHELAN - The Lake Chelan United Methodist Church will be serving its Annual Harvest Dinner on Saturday, Nov. 11, from 5-7 p.m. at the church located at 206 N. Emerson. Cost is by donation.

Come one, come all and enjoy a delicious feast of turkey, stuffing, mashed potatoes and gravy, green beans, salad, rolls, and holiday pies. It's an autumn community tradition that has happened for three decades. Craft and food items will be available for purchase, as well.

For more information: Contacts: Susan McKinnon 682-5395 grdmasusan@gmail.com or Kathy Seureau 670-8190 kathy.seureau6@gmail.com

Handmade items needed for Chelan Valley Hope's Manger Mall

SUBMITTED BY KATHI FEDOR

MANSON - Chelan Valley Hope's Manger Mall is looking for folks, like you, who would be interested in making handmade items (gloves, hats, scarfs, blankets, etc.) for our 9th season of Manger Mall, Dec. 9 at North Shore Bible Church in Manson.

We refer to your lovingly made handmade items as "comfort items" because that is exactly what they provide to hundreds of local kids in the Lake Chelan Valley.

If you are interested in getting involved in this heartwarming project, please contact Erin Engstrom Barger, 630-9052,erinmichh@gmail. com. or Kathi Fedor 682-5263, jkfedor@nwi.net

Community

Manson High School goes to the races

SUBMITTED BY MANSON SCHOOL DISTRICT

MANSON - Manson High School Ag/shop program held their semi-annual cardboard boat races recently at Manson Bay Park. Every few years' students in Kevin Amsden shop class spend about two weeks creating a boat entirely out of cardboard and duct tape. Before they begin to construct their boat, they must first learn the science, physics and buoyance in creating their card board boats.

A few of the key principles they learn are: center of buoyance, center of gravity, displacement, draft, hydrodynamics, keel, and design process. They begin by make small prototypes of their boat and floating them in a small pool as they add golf balls to simulate weight. They also learn the positive and negative design features of each boat. They then go



Photo courtesy of Manson School District Manson High School Ag/shop program held their semi-annual cardboard boat races recently at Manson Bay Park.

full scale, which culminates in races at Manson Bay. A big thank you goes out

to lifeguard, Vickie Downey, who is always on hand for the races, Chelan County EMS and the Manson Parks Department, who allow us to use the park for our races.

CHELAN SCHOOL SAFETY ISSUES

SUBMITTED BY ROB RAINVILLE, M.S. DEAN OF STUDENTS, LAKE CHELAN SCHOOL DISTRICT

CHELAN - 1. All Students: Students are hanging/visiting/plaving waiting outside for buses to depart. When buses close doors and start to depart, we are having kids run last minute banging on bus, because they need to get on. This is extremely unsafe and it stops the flow of buses, and it makes them slam on brakes, etc. This is a safety concern. So, from now on, when buses shut doors and start to depart they will not be stopping due to safety concerns and bus flow. Please load the bus in a timely manner before it's time to depart, so no one gets left, no one gets hurt and that we can be on time because buses need to get

rolling so they meet their schedules.

2. Kids are using unattended crosswalks and running into the street below bus turn on Webster Avenue. There are two crosswalks that are not supervised by crossing guards. We need all students to use the main, attended crosswalk, when crossing the street on Webster Avenue for safety issues. Students have been darting out into traffic halfway down into traffic towards bridge as well, and we have had some close calls of accidents. We are asking all students and parents to please encourage students to use main crosswalk attended by crossing guards when crossing the street before and after school.

I can be reached 682-4061 ext.713.



Chelan library hosts

Photos by Erin Rossell

The Chelan Public Library hosted the Chelan Friends of the Library Annual Halloween Carnival, Saturday Oct. 21. The library was filled with parents and children in full costume, taking part in the various activities offered. ABOVEL: Finley Ward, 3, of Chelan, tosses the ball into a fish bowl to try and win a goldfish. BELOW: Katherine Eickmeyer, 10, of Chelan, throws down the bowling ball at the bowling station.

See more photos at www.lakechelanmirror.com



Attend one of our FREE, local Medicare Meetings^{*}.

Chelan fire responds to fire on the south shore

 $\begin{array}{l} {\rm Submitted \ by} \\ {\rm Chelan \ Fire \ \& \ Rescue \ \#7} \end{array}$

CHELAN - Chelan Fire and Rescue was dispatched to a possible structure fire on Oct. 17, 2017 around 4:34 a.m. at 9728 South Lakeshore Road. Rescue 71, Engine 71, Brush 75, Tender 75, Chief 701, Chief 702 responded to the call with nine personnel. Two additional personnel reported to Station 71 and staffed it for the duration of the incident.

First units on scene reported an approximate 50' x 50' brush fire adjacent to an out building, no structures involved. Initial attack was made off Rescue 71 and supported by Brush 75. The fire was contained within minutes of the first arriving units and crews spent another hour mopping up hot spots.

The fire was detected by a neighbor who was up early, spotted the fire and called 911. The neighbor attempted to contain the fire with domestic water supply, which kept it from growing until fire units arrived. The cause of the fire was from a electrical cord used



Photo courtesy of Chelan Fire & Rescue #6 The cause of the fire was from a electrical cord used

to provide power to a camper located on the property.

to provide power to a camper located on the property.

There was no structural damage and fire damage was limited to the electric cord that shorted out and the brush/ grass in the immediate area.

Credit for the minimum damage goes to the neighbor for early detection, 911 notification and his effort to safely combat the fire until Chelan Fire and Rescue arrived, and, to Chelan Fire and Rescue's aggressive fire attack that contained the fire within minutes of their arrival.

HALLOWEEN

CONTINUED FROM PAGE A1

a vehicle to the event in not required, and staying for the entirety of the event is also optional.

There will also be a bonfire,

cocca, donuts, popcorn, and other treats as well. Concluding the evening will be a helicopter flyover courtesy

games and prizes, s'mores, hot

be a helicopter flyover courtesy of Dale England, dropping of a load of candy for the trick-ortreaters, in a prearranged spot within the parking lot.

Got News to share? Email it to Erin Rossell, lcmeditor@gmail.com



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Learn more at a FREE Health Alliance Northwest Medicare Meeting

Manson Grange Upstairs Meeting Room 157 E Wapato Way Manson, WA 98831 10/27 at 10:00 a.m. Confluence Health Miller Street Conference Room 1000 Miller St Wenatchee, WA 98801 10/31 at 2:00 p.m. Chelan Senior Center Common Area 534 E Trow Ave Chelan, WA 98816 11/1 at 2:00 p.m.

Reserve your seat today

Call 1-877-561-1472 (TTY: 711)

7 days a week, 8 a.m. – 8 p.m. or visit **HealthAllianceMedicare.org**



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Battle of the brothers - Trojans - Bears showdown

BY ERIN ROSSELL, STAFF WRITER

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MANSON - The Trojans have just one league game remaining in the 2017-18 season, and is probably one of the most anticipated games of the season. Manson will be hosting the Brewster Bears Friday, Oct. 27 at 7 p.m. The decades old sports rivalry between Manson and Brewster carries over throughout the sports and seasons.

But what makes this year different? In prior years, the Bears carried a more favorable record in comparison to the Trojans. This season, however, Brewster is sitting at a record of 5-2, while Manson, who remained undefeated up until traveling to Liberty Bell, Friday, Oct. 20, now holding a record of 6-1 in the Central Washington 2B League. The loss against Liberty Bell was by a difference of only one point, with a final score of 15-14.

League standings are not the sole difference this year though. The Trojan's Head Coach Joey Johanson is in his first year as Head Coach, and will be battling against older brother and Brewster Head Coach Jake Johanson. The brothers have played against each other many times before, but never with their own team of players backing them. "We've always been super competitive - we used to play this game in the backyard where it was just one-on-one tackling, if you get by you win, if you get tackled you don't," he laughed as he recalled their



Joey Johanson, **Trojans Head Coach**

childhood competitions, "we'd just play that for hours and hours.

"I just allow them (the team) to be who they are," he stated as he explained his relaxed coaching technique, "to me it's if we're getting better, if you're getting better, by any sort of a stretch, even if it's just a little bit at a time, then we're doing something right ... they respond to my coaching style, so when you have a group that responds to your coaching then it's a really good connection." Johanson said that his goal, when he first accepted the head coach position, was to "change the culture of it (the games)," then explained, "you go to watch a football game at another small school and it's a huge weekly event, so that's kind of been my goal and it helps when you win," he

really starting to get excited about it."

Looking ahead to the double rivalry game, Johanson said he's excited for the match up, "we have a very similar coaching style, and he's the older brother," he said, "so a lot of what I've learned is from him ... I think we both will be able to predict each other a little bit, so I think we both are going to have a little bit of trickery, or something the other wouldn't expect (during the game) ... It's hard because we've done everything together our whole lives ... we really do think alike, we run the same style of offense, our defenses are a little bit different, but a lot of it is the same. So, it's going to be fun. It might just boil down to who has the better athletes." The Trojans have a huge rivalry with Brewster, "and now it's a sibling rivalry, and they want to play it," Johanson added, "they also want to play it for me too. They're (the team) saying 'we want to beat your brother for you Coach', so we're not going to hold anything back. It'll be really fun." Anticipating the end score, Johanson said it's going to be a really close game, "I think we come out by three or four points, I think it's a 28-24 game . it's bound to be competitive, they're a good team, we're a good team, and similar coaching styles, it's bound to be a really fun game from first to fourth (quarter) ... going into the playoffs that's the type of game we need."

joked, "but I think people are By Mike Maltais, Quad City HERALD STATT WRITER

> BREWSTER - When the 5-2 Bears meet the undefeated Trojans for all the Central Washington 2B League marbles at Manson on Friday, Oct. 27. Brewster head coach Jake Johanson, older brother of Manson varsity coach, Joey Johanson, has no doubt about the game's outcome.

> "I'm very confident in our team at this point in the season,' said Jake. "We stumbled out of the gate but have been on a roll as of late coming together as the season has progressed."

> Jake concedes that, while Manson has a good defense and has been playing well all season, "our boys are excited to get the chance to play an undefeated and ranked team."

Age is also on Jake's side of the sibling rivalry.



"I am three years older than Joey," Johanson said.

Both coaches grew up in Pateros where Jake played three years of high school football before the Johanson family, along with sister Joanne. moved to East Wenatchee when Jake was a junior and Joey an eighth grader.

"We did not get the chance to play together in football in high school because Eastmont, (where we went to high school) only has 10-12th grade for the high school," said Jake. "We did play on a pretty impressive intramural team at Central Washington University."

Jake said he began his coaching career while playing for the Wenatchee Valley Rams and got the chance to coach the Eastmont eighth grade team with one of his former coaches. Lance Noell. "From there I coached one

year of JV at Eastmont then



went to college at CWU," said Jake. "After graduating from Central, my first job was at Brewster High School where I teach high school Special Education.

Jake paid his dues as an assistant for two years before moving up to the head coach position. He is in his seventh year at Brewster and fifth as the Bears' head coach.

"I couldn't be more excited for this game," said Jake. "It has brought a buzz to the season and I would be lying if I told you I didn't want to win this one a little more than others."

Anticipation aside, Jake expects the outcome of the Brewster-Manson clash to follow the lines to a childhood game he and his brother used to play.

"As kids we used to have a clothesline in the backyard and we invented a game called two-yard gain," recalled Jake. "One guy would stand at the clothesline and the other two-to-three yards away and would get tossed the ball."

The game turned into a one-on-one tackling drill and, being three years older and a freshman at the time, Jake would always win.

"My dad pulled me aside one day and said, 'He's going to stop playing with you if you don't let him win every once and a while,' so I would let him win occasionally,' said Jake. "I can promise you that advice is thrown out the window for this game."

CHELAN AND MANSON SPORT SHORTS

CHELAN Soccer

Wahluke – Saturday, Oct. 21 SUBMITTED BY HEAD COACH MICHAEL TUCKER

Chelan Soccer traveled to Wahluke yesterday. We arrived early to give ourselves a chance to loosen up after the long drive. It was a constant down pour and everyone was soaked by the start of the game. I was proud of the girls, for the most part they did not let the conditions impact their effort.

gressive with in her box and was able to deny some good looks for Wahluke. We didn't get much offense in the first half and were glad to go into half 0-0.

The second half was similar, though a score by Wahluke 8 minutes in seamed to wake up our offense and we started stepping up the field with more urgency. Our timing with one another seemed a little off all day and we weren't able to put many shots on goals. Three late free kicks did give us opportunities and two great free kicks by Esme Vera were golden opportunities we failed to convert. The game would finish 1-0 in favor of Wahluke. We face Cascade on Tuesday at home for our senior night. We will honor our two seniors, Captain Yasmin Granados and Esme Vera at half. It is our last home game of the season.

MANSON **Cross Country** Liberty Bell – Saturday, Oct. 21

SUBMITTED BY MANSON ATHLETIC DIRECTOR ERIC SIVERTSON

The rain, sleet, and yes even snow did not hamper the Trojans effort at league finals at Liberty Bell. It was the middle school runners last race for the season with terrific finishing by many of the 7th and 8th graders. Boys placing 4th and girls 3rd for the league with once again lead runners Jesus Portillo and Cara Hutton. Rounding out the boys following Jesus, were Hugo Lopez, Eli Willard, Rex Torgesen, Conner Clausen, Nicholi Sanchez, Jamison England, and Nate Katzer. On the girls' following Cara were Kate England, Emely Valencia, Raven Pope, and Valerie Hunt. The outlook for many of these

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THE LAWRING THE RECORD LAW CHILAN PROPERTY ERALD

is very promising as some will move into the high school level next year.

The high school boys team placing 2nd overall with 49 points beating Tonasket with 75 points, Brewster with 108, Lake Roosevelt with 143, Christian Evergreen with 163, and Bridgeport with 181. The league champs were once again Liberty Bell with 26 points. Outstanding performances by all the team members including Eddie Sarmiento, Connor Torgesen, and Jonathan Sarmiento to name just a few. Manson's girls ran well leading the pack was Libbey Ireland placing 13th followed by Grace Cullison 25th

the team to the state competition November 4th in Paseco at Sun Willows Golf Course.

Soccer

Tonasket -Thursday, Oct. 19

SUBMITTED BY MANSON ATHLETIC DIRECTOR ERIC SIVERTSON

The Manson Lady Trojans fell to the Tonasket Tiger 5-0 on Thursday night on a cold wet night on the road. Tonasket jumped on a slow start from Manson and quickly went up 2-0 in the first ten minutes. The Lady Trojans began to grow into the game and create a few chances themselves with Veronic Lulo and Jasmin Valdovinos coming closest. The first half ended with the Tigers leading 3-0. In the second half things evened out a little. Manson had a few great chances to score, hitting the post twice late in the game. Lady Trojan goalkeeper Evelyn DeJesus played a great game, keeping many of the Tonsket attacks

out of the net. In the end the Manson girls soccer team fell 5-0 to the Tonsket Tigers. Next up is senior night at the Manson Athletic Complex (MAC) at 6pm on Saturday versus Omak.

Bridgeport -Tuesday, Oct. 17 SUBMITTED BY MANSON ATHLETIC DIRECTOR ERIC SIVERTSON

The Manson Lady Trojan soccer team fell to Bridgeport 2-0 on Tuesday evening. The Bridgeport goals coming after two goalkeeping mistakes at a time in the game where the run of play was relatively even. Manson played well and created a number of scoring opportunities including a penalty kick, but could not finish when it mattered most. The two first half conceded goals did not deter the Lady Trojans from pressing on to get back in the game but in the end fell to another disappointing loss. The next game is at Tonasket on Thursday October 19th.

It was a sloppy game because of the soaked field and admittedly we played in an unorthodox manner, forcing passes and needing better communication but what we lacked in form we seemed to compensate with heart. Ashley Sams was once again ag-

and Addie Torgesen 29th.

Overall the Manson Trojans are in a good position for a state berth, but have one more race, districts at Walla Walla Park in Wenatchee, Wednesday, October 25th. If the boys run well, the outlook is favorable for bringing



File Photo

The coveted Bronze Shoe trophy, which Cashmere and Chelan have been fighting over for many years in their longtime rivalry, will remain in Cashmere for another year after the Bulldogs defeated the Chelan Goats 49-0 in the Battle for the Bronze on Oct. 20 in Cashmere.



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Kendall Petre returns a volley for a point.

Photos by Erin Rossell

Lady Trojans host Fillies in action packed match

BY ERIN ROSSELL, STAFF WRITER

MANSON - The Lady Trojans hosted the Bridgeport Fillies, Tuesday, Oct. 17 for an action-packed match. Leading the team behind the line was Libero Sandra Diaz with 21/21 and six aces, and Celina Mendoza following with 21/24 and five aces.

The Trojans led in sets two and three, but ultimately fell to the Fillies with final set scores of 23-25, 25-13, 25-17, 16-25, and 14-16.

The Lady Trojans will be traveling to Pateros for a tournament Saturday, Oct. 21, and will celebrate their final league game as Senior Night and by hosting Oroville, Tuesday, Oct. 24.

RIGHT: Megan Clausen spikes the ball back at Bridgeport.



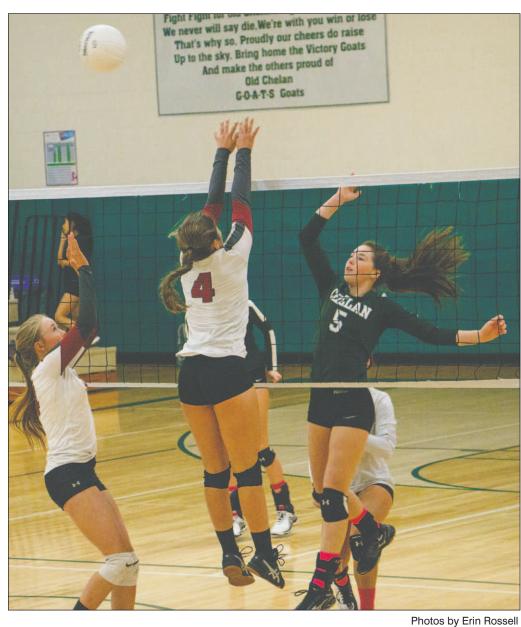
Lady Goats host Okanogan Bulldogs

Take loss in shootout

BY ERIN ROSSELL, STAFF WRITER

CHELAN - The Lady Goats hosted the Okanogan Bulldogs in an intense match between the teams. With an equally matched offense and defense, both teams were unable to put any scores on the board in the first half, "Ashley Sams had some big saves," explained Head Coach Michael Tucker, "and was quick off her line to clean up through balls and support her back four." The second half was almost a completely separate game in terms of scores. With the Bulldogs being the first to find the back of the net, the Goats fought the match up the scores with a quick pass from Jade Hatherell to Wendy Mendez, who launched the ball in to the inner side of the goal, resulting in a score of 1-1. After a continued back and forth between the two teams, the game ended with a final score of 2-2, resulting in a shootout. "We would miss our first two shots and have two shots saved, while Ashley (Sams) saved one, Okanogan would score two to secure the win," concluded Tucker. The Lady Goats will be on the road next, heading to Wahluke, Saturday Oct. 21.





Elly Collins hammers the ball back to Okanogan territory, landing a point for the Goats Thursday, Oct. 19 at Chelan High School.

Goats chew up Bulldogs

Dominate in three sets

BY ERIN ROSSELL, STAFF WRITER

CHELAN - The Lady Goats hosted the Okanogan Bulldogs Thursday, Oct. 19, for an aggressive match from beginning to end. Taking the win on all three sets, with scores of 25-4, 25-9 and 25-12, the Goats dominated the court and were unstoppable on their strategic defensive plays and on-key with kills. Leading the teams in kills was Lexie Gleasman with nine kills and three digs, and Emma McLaren following right behind with seven kills, seven digs, and 7/8 serving with two aces. "It was a great night from the service line," commented Head Coach Jenifer Rainville on the suc-

cessful sets. Looking ahead, the Lady Goats will host Cascade Tuesday, Oct. 24 and will celebrate Senior Night while hosting Omak, Wednesday, Oct. 25.



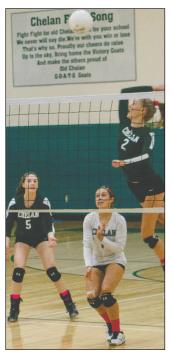
Photos by Erin Rossell Wendy Mendez (right) steers the ball away from an attempted steal by Okanogan.

BELOW LEFT: Salma Bravo (right) drives the ball up field, searching for an opportunity to pass it off.

HEALTH CARE DIRECTORY







Sydney Hawkins puts another point on the board, launching the ball over Okanogan.

BELOW LEFT: Emma McLaren spikes the ball over the defensive Okanogan, resulting in a kill.



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LETTERS TO THE EDITOR

Please vote for incumbents

Please vote for incumbents Gleaseman and Signorelli for the hospital board as they were in favor of the new hospital, and the challengers were on record with signs in their yards and at meetings as opposed to the new hospital.

We do not need people opposed to the hospital on the board trying to run what the citizens voted in favor of.

Jim Talley

Chelan

A6

OBITUARIES

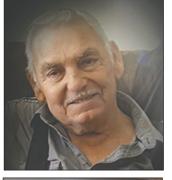
Ted Randall Carter

Chelan, Wash. Ted Randall Carter, age 78, of Chelan, Wash. passed away October 20, 2017 in his home in Chelan Wash. surrounded by his family. Ted was born December 7, 1938 to John Font Carter and Grace Mae Carter in Whitley City, Kentucky.

Ted followed in his family's footsteps by enlisting in the navy right out of school. After his leave from the navy in 1962 him and several of his longtime friends and best friend Randall Nichols made the trip to Washington to start working in the fruit industry. In the same year he met the love of his life Sandra DeLuca whom he moved to Seattle with and married the following year on July 9, 1963 and soon moved back to Chelan Wash. Soon after Ted began his successful career as a Union carpenter and a father with the birth of their first son Todd. Their second son Brad, whom passed at 8 weeks, was born in 1965. Their third son Brent was born in 1966. Ted's career as a union carpenter was long and very successful, working on the majority of the hydroelectric dams along the Colombia including the construction of the Grand Coulee Dam, the most recent with GG Richardson's building cold storage units for the fruit industry.

Retiring happily at the age of 62 after 37 years as a carpenter. Ted enjoyed many years hunting and fishing with his sons. He loved playing pool at his local spot Senior Frogs and spent many hours with his friends at the Eagles Club and the Apple Cup Café. He also truly loved being outside in his yard taking care of his tomatoes, fruit trees and sit-

ting in his lawn chair. Ted is preceded in death by his father John Font Carter, mother Grace Mae Carter, brother Jack Joseph Carter, sister Judy Lee Hammock. He is also preceded in death by his infant son Brad Carter. He is survived by his wife Sandra L. Carter of





Chelan, Wash.; son Todd R. Carter(Valaree) of East Wenatchee, Wash.; Brent R. Carter(Karye) of Everett, WA.; he is also survived by his siblings brother John Carter Jr. of Bowling Green, Kentucky; sister Joyce Marcum; sister Barbara Carter of Whitley City, Kentucky; sister Phyllis Strunk of Sydney, Ohio; he is also survived by his grandsons Paul, Brad, and Nick; and by 2 great-grandchildren P.J. and Ella along, with many nieces and nephews.

A special thanks to the following for all of their help and support through the years

The staff at the Apple Cup Cafe, especially his favorite waitress Rockett Lansphere Also Dr. Clarke (Urologist) and Dr. Waszkewitz and his staff, Stephanie Mitchell who could always make him smile (Hospice) and all the Hospice and Home Health staff including Karen Bachelor. All whom made Teds last few month comfortable.

There will be a Celebration of Life on Saturday, October 28, 2-5 p.m. on the top floor of the Eagles Club, 209 E. Woodin Avenue in Chelan.

BULLETIN BOARD - UPCOMING EVENTS / MEETINGS

Monday-Friday every week

Chelan/Manson Senior Center Events Coffee Club, Monday-Thursday, -10:30 a.m. Free SAIL Exercise Class: Monday, Wednesday, Friday, 1-2 p.m., any age welcome, sponsored by LCCH. Wii Bowling, Tuesdays, 10 a.m. Pinochle Tuesday, 1 p.m. Bingo Thursday, 1 p.m. Senior Meals, Monday-Thursday, call (509) 888-4440. Home Delivery Meals (509) 470-0522. For information Chelan Senior Center, 682-2712. MANSON: Manson Senior Lunch, Friday,

October/November events at the Chelan Senior **Center:**

Oct. 31: Halloween Candy give out to the kids (downtown Chelan) 5-7 p.m., meet in front of Bamboo Shoot (wear your costume). Nov. 4 - 10 a.m.-4 p.m.: Holiday Boutique and Bake Sale. New vendors. Lunch available. Christmas decorations from Re-Runs. Nov. 11 - 6 p.m.: Mexican Dinner and Karaoke. Cost: \$15 single or double up for \$25. Nov. 13 - 6 p.m.: Appreciation for Barbara Brouner, manager of Chelan Station Re-Runs Store. Please call Senior Center to RVSP. Dec. 8: Holiday Members Dinner.

EVENTS / MEETINGS Oct. 25

Kathy 687-3377.

Story time Chelan / Manson Libraries

CHELAN - Story time is every Wednesday at 11 a.m. at the Chelan Public Library located on Emerson Street. Join them for singing, dancing, clapping, music making as well as reading. It's both fun and educational!

MANSON - Every Wednesday at 11 a.m. the Manson Community Library offers a story time for children ages 2 to 5 and their caregivers. Join the group for a half hour of stories, rhymes, songs, finger plays and other activities. For more information call the library at 687-3420.

Oct. 25, Nov. 14 **Cancer Support Groups**

CHELAN - The Women's Wellness Group, cancer support group, has 2 support groups. The second Tuesday of each month for lunch, with lunch provided by the Wenatchee Wellness Place, at the Lake Chelan Community Hospital Board Room at 11:45 a.m.; and the fourth Wednesday of each month at LaBrisa at 5 p.m. For more information, contact Anne at 682-8718.

Oct. 26

Celebrate Recovery

CHELAN - Lake Chelan Celebrate Recovery Meets every Thursday at Living Stone Church, (formerly Little Stone Church), 2133 W. Woodin Avenue. Dinner is at 6 p.m., cost is \$3. Group meeting at 6:30 p.m., followed by genderspecific small groups. Celebrate Recovery is a confidential, Biblically-based twelve step program for anyone struggling

DEATH NOTICES

Marshall E. Ensminger

Marshall E. Ensminger of Chelan, Wash., passed away on October 14, 2017. Services will be Wednesday, Nov. 8, 2017, ay 3 p.m. at Masonic Hall, 125 Lewis Street, Monroe, Wash.

Please leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

Ann Mary Franzen

Ann Mary Franzen, of Chelan, Wash., passed away on October 13, 2017.

Please leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

with addiction, co-dependency, gambling, relationships and other life issues.

Oct. 26

Cascadia Conservation District to meet

WENATCHEE - Cascadia Conservation District will hold a Special District Meeting on Thursday, Oct. 26, at 3:30 p.m., in the Upstairs Conference Room, at the Wenatchee World Building, 14 N Mission St. The Regular District Meeting scheduled for Oct. 19 was canceled. For more information, call the District at (509) 436-1601.

Oct. 26, Nov. 9, 23

Methodist men's group

CHELAN - The Lake Chelan United Methodist Men's group meets the 2nd and 4th Thursdays, at The Vogue, at 7 a.m.. All men who have a belief in Jesus Christ are welcome to attend.

Oct. 27

Community 'Soup' Kitchen

CHELAN - The Lake Chelan United Methodist Church Community 'Soup' Kitchen is open every Friday, noon to 1:30 p.m. The church is located at the corner of Johnson and Emerson.

Baby rhymin' time

CHELAN - Baby rhymin' time is every Friday at 10 a.m., at the Chelan Pubic Library on Emerson Street, for ages 0-3 years. Join them for singing, dancing, nursery rhymes, musical instruments, and story telling for babies, waddlers and toddlers.

Oct. 28

Community 'An afternoon of Music and Treats', women's event

CHELAN - Vegetable Soup Brigade presents "An Afternoon of Music and Treats" women's event. Nicole Unser will sing country and gospel music. The event will be held Saturday, Oct. 28, 2 – 4 p.m., at the Chelan Senior Center, 534 E. Trow in Chelan. Take some time to enjoy conversation, special music and fellowship with your friends. Desserts, "treats" and beverages will be provided. Please RSVP by Oct. 21 to Amy Torres if possible at (509) 679-3498.

Oct. 29

Potluck dinner

CHELAN - Berean Baptist Church has a potluck dinner after the morning service on the last Sunday of every month. The church is located at 515. E. Woodin Ave. There will be no evening service on the Sunday.

Oct. 29

Choir rehearsals for Christmas Cantata

MANSON - Rehearsal for Lake Chelan Community Choir Christmas cantata continue this Sunday, Oct. 29. Director this year is Steve Sturtz, and music will be Christmas selections from Handel's Messiah. Rehearsals will be 1-3 p.m. at the North Shore Bible Church in Manson. Call Marci at 687-3791 to reserve your music.

Oct. 31

Al-Anon

CHELAN - Al-Anon meets every Tuesday, 12 p.m. in the Apple Cup Cafe Banquet Room. This is an open meeting. Nov. 1-3

Weed conference

WENATCHEE - The 67th Annual Weed Conference will be hosted at the Wenatchee Convention Center Nov. 1-3. The 2 1/2 day event includes over 40 speakers, workshops, general and concurrent break-out sessions, an indoor and outdoor tradeshow, luncheon, social and a weed quiz with cash prizes. Attendees will have the opportunity to earn pesticide license recertification credits for Washington, Oregon, and Idaho. Registration costs \$125 for those registered before October 26 and \$150 if registered thereafter. Registration is open at www.weedconference.org

Please leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

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Nov. 2 Bilingual story time

CHELAN - Bilingual story time is the first Thursday of each month at 6:30 p.m. at the Chelan Library. A fun half hour of stories in Spanish and English for families. The Chelan Library is located at the corner of Emerson and Chelan. For information 682-5131.

Nov. 25

Holiday Extravaganza has vendor openings

MANSON - Holiday Extravaganza sponsored by the Manson Apple Blossom Festival has opening for vendors. It will be held at the Manson Grange Hall on Nov. 25. Email Linda Blessin at lblessin@nwi.net or call her, 687-5008.

CHURCH GUID

CHELAN

BEREAN BAPTIST CHURCH KJV Sunday School 10 am • Sunday Services 11 am & 6 pm Children's Church 11 am • Wednesday Evening 7 pm "Church the way it used to be" 515 E. Woodin Ave. • 682-5831 Pastor Keith Rife

CHELAN CHRISTIAN CHURCH Sunday School 9 am Morning Worship 10 am 682-2025 • 210 E. Wapato Ave.

CHURCH OF THE NAZARENE Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH Worship 9:30 am Sunday School following Worship Service 682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED **METHODIST CHURCH** Worship 11 am 682-2241 Corner of Johnson & Emerson

CHELAN

LIVING STONE CHURCH GATHERING IN OUR UNIQUENESS, UNITED IN OUR PURPOSE SUNDAY SERVICES the 9:00 am Gathering • the 10:30 am Gathering Adult Bible Study, Children's Church, Nursery 10:30 am the Exchange - Middle & High School Youth Service WEDNESDAYS Kids ROCK 6:10-7:40 pm (4 years thru 5th grade) Oct-April (except school breaks & holidays) Prayer Time 7:00 pm Scott Morris, Senior Pastor Jeffrev Chambers, Youth Pastor 2133 W. Woodin Avenue, Chelan * 509-682-5953 For more information visit www.lscchelan.org

RIVERWALK ASSEMBLY

Worship 10:30 am Bible Study Wednesday 6:30 pm 682-2610 • Emerson & Okanogan

SEVENTH-DAY ADVENTIST CHURCH Worship Saturday 9:30 am Bible Study Hour Saturday 11 am 682-5622 • 107 E. Highland Ave

ST. ANDREW'S EPISCOPAL CHURCH Worship 10 am • 682-2851 • 120 E. Woodin Ave. www.standrews-chelan.org

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ST. FRANCIS DE SALES **CATHOLIC CHURCH** English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm English Mass Sunday 9 am Spanish Mass Sunday Noon Rev. Rogelio Gutiérrez, Pastor 682-2433 • Next to Safeway

ENTIAT

ENTIAT FRIENDS CHURCH Pastor Mark McDonald 2848 Entiat River Road • 509-784-1342 Sunday Morning Bible Class 9:45 a.m. Sunday Morning Worship 10am Sunday Prayer Group 7pm Wednesday Shared Dinner 6 pm Wednesday Children's Program/Youth Group and Adult Bible Study 7 pm

WAREHOUSE COMMUNITY CHURCH

Group Life Sunday School 9:30 am Worship Celebration Service 10:45 am 412 Youth Group Wednesday 6:30 pm Pastor Barry Mooney 784-2710 • 14916 Hwy 97A www.warehouseccommunitychurch.com

MANSON

MANSON UNITED METHODIST **COMMUNITY CHURCH** Sunday Worship 9 am With coffee following service 687-3311 Green & Boetzkes 'We are a come as you are church'



NORTH SHORE BIBLE CHURCH

Sunday Worship 9:30 am Store Nursery (birth - 3 years) 9:30 am Kidz Church (4 years-5th Grade) 9:30 am TNT (Thursday Night Together) resumes Sept. 21 687-3636 • 123 Wapato Point Parkway www.northshorebc.org Craig Rayment, Sr. Pastor

BREWSTER

CHURCH OF CHRIST BREWSTER CONGREGATION Sunday Bible Study 9 am

Sunday Worship Service 10 am Brewster Grange Hall, Hwv 97 509-682-4709 • 509-449-3085

HOPE LUTHERAN CHURCH - LCMS

Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am 689-3106 • 1520 Sunset Drive Kevin Moore, Pastor

are possible." -Matthew 19:26 TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com



Six simple steps to avoid distracted driving

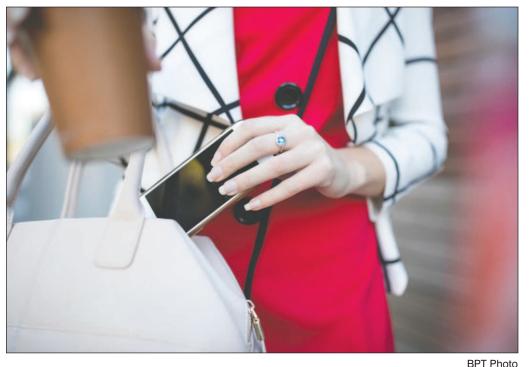
(BPT) - Mobile phones have become an essential part of life for most people, helping them stay connected and increase productivity. However, this technology can also be a distraction when driving, which puts everyone on the road at risk.

More than one-quarter of all car crashes involve phone use, both with handsets and hands-free, the National Safety Council reports. Considering many states and countries don't yet compile and report data on cellphone use following a crash, this number is likely much higher.

Distracted driving isn't just an issue for young adults. High technology use means this is a problem across generations. For professionals in particular, the expectation to stay productive and reachable means a constant temptation to use cellphones when driving.

Recognizing the ethical and liability issues that arise when employees drive while distracted, employers across the country have begun implementing distracted-driving policies. Typically, these policies prohibit employees from using mobile phones while driving on company time.

In January 2017, the NSC reported that Cargill was the largest privately held company to prohibit the use of mobile devices, including hands-free technology, while an employee is driving on behalf of the company. Cargill's Chairman and CEO David MacLennan just marked the one-year anniversary of fol-



Distracted driving isn't just an issue for young adults. High technology use means this is a problem across generations.

lowing the policy.

"I had to try the policy myself first," says MacLennan. "Once I knew what it would take to go completely cellphone free in my car, I could then make it work for our entire company.'

Based on his experience, MacLennan offers these six simple steps for anyone looking to eliminate distracted driving yet stay productive and responsive to your job.

1. Auto response Use a free automated response app to let callers know that you're driving and can't take the call. You can personalize the response so incoming calls or texts receive a text message saying you're on the road.

2. DND

If you're driving a vehicle outfitted with communication technology, use its "do not disturb" feature to unplug from calls and texts while behind the wheel.

3. Block drive times

Just as you schedule meetings, use shared calendars to block times you'll be driving. This alerts anyone else connected to your calendar when you'll be out of touch.

4. Out of sight, out of mind A study by AT&T found that 62 percent of drivers keep their phones within reach in the car. Put yours where you can't see or reach it, such as in the back seat.

5. Pull over If you must take a call

while on the road, let it go to voicemail and pull over in a safe location to return the call. Plan pull-over "cellphone stops" along your route if needed.

6. Avoid all distractions

Cellphones aren't the only cause of distracted driving. Eating, grooming and reading are activities people try to tackle while driving. Be smart and simply stay focused on the road.

Driving safely should be everyone's top concern when behind the wheel. These simple steps can make it easier to resist the temptation to pick up the phone or do another activity that can wait until you've arrived, safely, at your destination.

5 aging-in-place bathroom upgrades to make while you're young(er)

(BPT) - Is it ever too early to think about aging in place, and making home improvements that will allow you to remain living in the same house well into your golden years? Homeowners in their 60s and 70s are no longer the only Americans investing thought and money into preparing their homes to meet their needs as they grow older - and that's good news, according to HomeAdvisor's 2016 Aging-in-Place report.

"If homeowners start early, they can spend sufficient time researching and planning to avoid wasted time and suboptimal solutions," Brad Hunter, HomeAdvisor's chief economist, says in the report. "Homeowners can protect, and possibly even raise, resale value of the home by making (it) more appealing to buyers in all age groups with modifications that have broad appeal.'

The report notes universal design improvements, such as wider doorways and open floor plans, "can enhance the quality of life in a home even as they make the home safer ... and can be just as beneficial to a homeowner in their 30s or 40s as they are to a homeowner in their 70s or 80s."

Universally beneficial

upgrades Incorporating universal design principles into your home can facilitate aging-inplace goals, while comfortably addressing the diverse needs of all ages and mobility levels using your home. Features like single-story design, bedrooms and bathrooms on the ground floor, daylighting through larger windows and skylights, and wider doors and hallways appeal to users of all ages.

However, if you're considering aging-in-place upgrades, making improvements in the bathroom can deliver the

designed to provide enjoyable bathing with safer accessibility. For example, the American Standard walk-in bathtub includes an outward opening door for easier access, molded seating for added comfort, and convenient grab bars for security. Plus, it offers a Quick Drain feature that removes water from the tub in less than two minutes, preventing the user from getting chilled sitting in the draining water.

B1

• Shower seating - Showers also present a fall risk that affect people of all ages. Adding seating in a shower - whether a removable chair or bench, or built-in options - can allow you to relax in the shower with less fear of falling.

· Chair-height toilets - Standard toilets have a bowl height of about 14 to 15 inches. Toilets with higher bowls at 16 1/2inches, similar to the familiar height of a chair, make it easier for everyone to stand up without a lot of effort. Waterconserving models like the American Standard VorMax high-efficiency Right Height elongated toilet are not only more comfortable, but they also facilitate cleanliness with powerful flushing action and technology that keeps the bowl cleaner. Toilets with built-in bidets are another smart option for those with dexterity and mobility issues, making it easier for them to maintain personal cleanliness without daily bathing.

· Pedestal sinks - Standard sinks are about 30 inches high. Installing a higher sink to reduce the amount of bending a user needs to do is another worthwhile bathroom improvement. While you can find vanity sinks set at a higher level, pedestal sinks of about 36 inches high have even more advantages. The slimmer. sleeker profile of a pedestal provides more maneuverable floor space for people with mobility issues or those using wheelchairs or walkers. Plus, the reduced footprint makes floor-cleaning easier. • Easy-to-use faucets - Twist faucets can be difficult to manage for people with arthritis or decreased flexibility, as well as for small children just learning to use the facilities. Leverstyle or single-handle faucets make controlling the water flow much easier for people of all ages and with varying skill levels. Universal design home improvements can benefit all ages within your home. Making these upgrades at a younger age can prepare your home to meet your needs in your golden years, while allowing you to enjoy the comforts early on.

Road salt means safe roads

(BPT) - State and municipal cies is tracking their winter departments of transportation maintenance actions in great are gearing up their winter detail and ensuring that their actions are optimized to meet their goal of safe roads for the driving public. In Idaho, for example, new salt-spreading units allow them to track how much salt they apply to the road, and other sensors allow them to check that the road is responding as expected to the salt application, and is not getting slippery. This also helps reduce costs. They have seen a 29 percent reduction in annual winter maintenance costs since introducing the new technology. Maintaining mobility is also a big concern, as people need to get to work or the grocery store and kids need to get to school. Clear roads allow ambulances and other emergency vehicles to perform their life-saving services. A study for the American Highway Users Alliance found that the cost of having roads closed down is substantial - between \$300 million and \$700 million a day for a state in direct and indirect earnings. One study suggested that the costs of maintaining the road system during a winter storm are completely recovered in the first 25 minutes of wintermaintenance activities, because



maintenance plans to prepare for snow and ice. In addition to plows, road salt is an important tool to keep roads clear. Every year these agencies stockpile sufficient salt to last the winter season and store it in strategically placed barns.

"Snowfighters" (those responsible to clear snow from roadways) are out in force in salt trucks before snow and ice is expected. They pretreat the roads with salt brine, a mix of road salt and water. This brine sticks to the road surface and helps prevent ice from forming in the first place, making winter travel safer. And the safety issue is a substantial one. Statistics from the U.S. Department of Transportation show that there are about 115,000 people injured every year on snowy, slushy or icy pavements and more than 1,600 people killed each year on winter roads.

The good news is that a Marquette University study showed that a good winter maintenance program that uses road salt reduces accidents on winter roads by about 88 percent and can reduce injuries by up to 85 percent.

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of the improvements in safety and mobility that the improved road conditions bring about.

Care for the environment is also a key issue in safe and sustainable snowfighting. Several studies have shown that when road salt is properly applied at the right time and place to keep roadways safe and passable, environmental impacts can be effectively managed and minimized. Modern roadways are not a natural feature of the environment and are specifically engineered to satisfy our demand for personal and commercial mobility - factors that are basic to the quality of life.

A comprehensive study by environmental researchers at the University of Waterloo and Environment Canada found

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that when best practices, as outlined in Canada's Road Salt Code of Practice, were used, chloride levels were reduced by half. Another study by the Guelph University Research Review found that recycling stormwater runoff could reduce chloride peaks in streams without adversely affecting road safety. In cooperation with the city of Toronto, researchers used the EPA Storm Water Management Model to design computer-controlled stormwater containment systems to serve as a guide for future mitigation applications.

Salt is our most important winter resource, because it saves lives and protects the economy. It is economical and extremely effective.

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greatest return on your investment. The bathroom is often referred to as the most dangerous room in the home for all ages, but especially for seniors with increased risk of falling in showers or bathtubs, or around the toilet area.

Upgrades to improve a bathroom's usability and safety can help people remain in their homes for longer. Here are bathroom improvements to consider:

• Replace a step-in bathtub with a walk-in option - Falls send thousands of older people to the emergency room each year, according to the Centers for Disease Control and Prevention. For those with mobility issues and muscle weakness, lifting their legs to step into or out of a bathtub can be a fall risk. Tub manufacturers offer a range of solutions with walk-in bathtubs









Practical meets pretty: Fresh herbs at your fingertips, even in autumn

(BPT) - The end of summer doesn't have to mean the end of your gardening enjoyment, even if you don't have the time or climate for a full plot of food plants. Herbs are perfect fall crops; they are prolific growers, can satisfy your desire for fresh, garden-grown greens and are one of the easiest ways to elevate your recipes from so-so to so good! Plus, they're ready to harvest and growing your own will make a dent in your grocery bill.

The fall gardening experts at Bonnie Plants offer some gardening guidance for planting herbs this fall:

Getting started

Multiple factors will influence your choice of herbs, including fall temperatures, where you live, and your taste in seasonings.

If you decide to plant outdoors, it's important to know when to expect the first hard frost. You can find the estimated first frost date in your area by checking out Bonnie's online frost map.

You'll want to choose herbs that like cooler weather, such as parsley, sage, rosemary, thyme, mint, chives, lavender and oregano. They're all prolific producers and some, like mint and rosemary, are especially easy to grow. Availability of Bonnie's fall varieties is limited to specific regions, so check your local garden retailers.

Pick a place

You may envision pots full of leafy, green herbs sitting on a sunny windowsill, while colorful autumn leaves, or even snow, fall outside. However, windowsills aren't always a best bet for indoor herbs, especially if your windows are drafty or the herbs

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Herbs need at least four to six hours of natural light per day to grow indoors, so choose a sunny spot near a window where they'll be protected from drafts and cold.

brush the cold glass.

Herbs need at least four to six hours of natural light per day to grow indoors, so choose a sunny spot near a window where they'll be protected from drafts and cold. South- and southwestfacing windows will give you the most natural light throughout the day. Windows facing north won't provide enough sunlight.

Picking the right pots

If you really love rosemary, you may be tempted to try to plant the largest pot appropriate for your kitchen, but stick with manageable-sized pots that will fit better indoors, allow you to keep your herbs more organized, and still produce plenty of yield. Be sure to choose pots that have good drainage and always use a premium potting mix.

Caring for container herbs

Any type of plant growing in a pot needs water, and herbs are no exception. You'll need to keep a close eve on your herb plants' watering needs. Remember, dry topsoil is not an indication plants need water. A quick and easy test is to stick your finger, or a pencil, into the soil right where the stem enters the soil. If the soil is moist at 1.5 to 2 inches deep, do not water. If dry, it's time to water! Always water in the morning, at soil level and avoid watering the leaves, as bacteria can breed in cool-wet damp and dark conditions, like night time. Fertilize your food plants. Water is an obvious must, but irrigation can wash nutrients out of the soil. Plus, some potting mixes only have a short-term supply of fertilizer while oth-

ers are slow-release. Read the label on your premium potting soil mix and follow the brand's recommendations for fertilizing frequency. Timed-release granular fertilizer or a plant food you mix with water will help keep herbs nourished. Remember food plants are hungry!

Best bets on basil

Although basil is the most popular herb, it can sometimes struggle growing indoors. Start off growing it outdoors on a sunny deck. Be sure to continually pinch-off the prolific leaf growth, which encourages more growth and harvest, until the weather turns cool, then bring the pot indoors. Harvested leaves can be continually dried, although freezing does a better job of preserving the herb's flavor. Tip: Try using old ice-cube trays, inserting basil leaves in cells, filling with water and freezing. When weather gets cold, you can easily pop your "basil icecubes" in recipes throughout the cold weather season. Basil is also tasty in some drinks, like lemonade and tea.

While clipping sprigs when cooking is a great way to harness the freshness of any herb, you can also store them and they'll maintain their flavor. Preserving by drying and freezing aren't your only options; try adding herbs as seasoning to cooking oils



Now is the perfect time to make a big impact on your home, and you can do so without spending a lot.

5 affordable weekend DIY projects that completely recreate your home

(BPT) - The cold months of winter have a batten-downthe-hatches feel to them, don't they? Fortunately, they're over. Now that summer is here, you want to spread out, bask in the beautiful weather and finally tackle those home improvement projects you were eyeing during those colder months.

Now is the perfect time to make a big impact on your home, and you can do so without spending a lot. Below are five do-it-yourself projects you can tackle in a single weekend, and each will still leave you enough money in your budget to enjoy everything else summer has to offer.

· Freshen up your landscaping. Your home's outdoor appearance gets a pass during the winter, but in the summer the exterior of the house is all about curb appeal. That makes improving your landscaping a great place to start your summer projects, plus the work you do can be completely customizable to your budget. If you have some extra money, plant a tree or a bush. If your budget is tighter, opt for potted flowers. Even an activity like trimming around your trees and bushes or pulling weeds can have a big impact on the look of your home and it costs you nothing. • An accent wall that truly accents. You've seen hundreds of DIY tips suggesting you

add an accent wall to your home with a fresh coat of paint. However, to add an accent wall that goes above and beyond, replace the paint project with Charred Wood Shiplap from UFP-Edge instead. This wood, burnt through an ancient Japanese technique to highlight its beauty and character, then sealed with a satin finish, offers the perfect contrast to any room for an accent you'll relish every time you see it.

• Update your bathroom on your terms. A full bathroom remodel is hardly DIY, and vou're certainly not finishing it in one weekend. However, that doesn't mean this room is completely off-limits when it comes to improvements. Instead, pick the project that matches your needs and your budget. Largescale improvements could include replacing your outdated sink or toilet. You could go smaller and simply replace the hardware on the sink. This is also a great time to look at the smaller aspects of your bathroom and see if you want to replace your medicine chest, your towel rack or the handles on your cabinets. • The perfect wrap for your kitchen or bar. The kitchen is a focal point in any home, so improvements made here tend to stand out. If you're looking to improve your kitchen with an incredibly popular country

look, you can add your island to the motif with a rustic wrap. UFP-Edge Rustic Collection is new lumber that has been distressed to provide that worn country charm. Rustic wood is available in shiplap siding and trim boards that allow you to create a wood project that supports your style in any size and any location. Start with a wrap for your kitchen or bar and see where your creativity takes you.

· Rethink your window treatments. Like your bathroom, a full-scale replacement of your window treatments can be pretty expensive. However, like your bathroom, you also have plenty of freedom to pick and choose your options here as well. If a favorite room feels too dark, replace the existing curtains with something light and airy. If you want the room to feel darker, install roomdarkening shades. Spend your money and your time on the rooms that matter most to you and you won't be disappointed. These warm-weather months are the perfect time to make your home everything you want it to be, so invest your time in a little DIY. You, your home and your budget will all be better for it. To learn more about these accent wall materials available from UFP-Edge, visit UFP-Edge.com.



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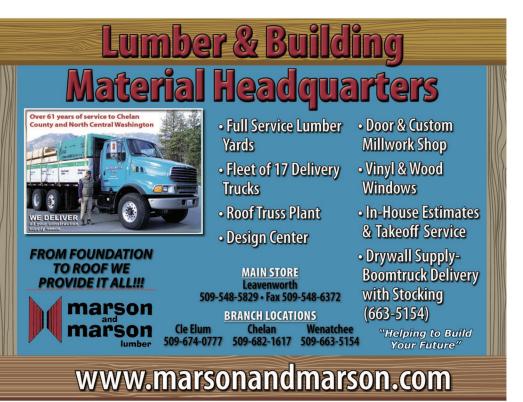
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Whether you're an expert gardener or a first-time fall grower, autumn is the perfect time to fall in love with the freshness, flavor and ease of herb gardening. You've still got time to get growing!











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Fire away: Enhancing your home's safety with fire extinguishers

(BPT) - You check your alarms regularly and practice your family escape plan - but are you overlooking an essential component of home safety? Having fire extinguishers - and knowing how to use them - is an important part of maintaining a safe home for you and your family.

"In America, a fire starts in a residential home every 86 seconds - and the rapid protection offered by fire extinguishers can make the difference between minor or insignificant damage and greater tragedy," said Tarsila Wey, director of marketing for First Alert, the most trusted brand in home safety. "However, because many Americans have never activated a traditional fire extinguisher before, many do not understand the essential role that fire extinguishers play in a home safety plan, and lack the confidence and know-how to use them properly."

To help overcome this, follow these tips on fire extinguisher placement and usage to help ensure you and your family are properly prepared in case of emergency:

Compare features: When selecting a fire extinguisher, two of the most important features are size and intended use. Larger commercial fire extinguishers meant for public spaces may be too heavy or unwieldy for some family members. Select a home fire extinguisher that weighs 3 lbs. or less for easy handling. For home fire extinguishers, other features to look for include a metal valve and trigger, which offer the durability of a commercial grade extinguisher, as well as an easy-to-read color-coded gauge for accurate measurement. Spray times also vary by make and manufacturer, so select extinguishers that perform above the standard and feature longer spray times. Remember, a fire extinguisher that has been discharged is no longer effective, so consider rechargeable extinguishers which can be recharged by a certified professional if the unit is used. Keep it in reach: If a fire breaks out in the living room but the extinguisher is elsewhere, you may not be able to access it before the fire grows beyond control. When seconds count, having an extinguisher nearby is cru-

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Place an extinguisher in each area of the home where a fire could potentially occur, including the kitchen, living room, each bedroom and the garage. In most cases, one extinguisher is likely not enough protection for an entire household. In addition, make sure that every responsible member of your household (including house sitters and babysitters) knows where each fire extinguisher is placed.

cial for rapid response. For this reason, place an extinguisher in each area of the home where a fire could potentially occur, including the kitchen, living room, each bedroom and the garage. In most cases, one extinguisher is likely not enough protection for an entire household. In addition, make sure that every responsible member of your household (including house sitters and babysitters) knows where each fire extinguisher is placed. The National Fire Protection Association recommends installing fire extinguishers close to room exits so that you are able to discharge it and quickly escape if the fire

cannot be controlled. Know your ABCs: While

offers an entire range of extinguishers for home and commercial use.

Know how to use it: Every First Alert fire extinguisher includes instructions on proper usage, but a simple way to remember is with the acronym PASS:

* Pull the pin on the extinguisher

* Aim the nozzle low toward the base of the fire

* Squeeze the trigger * Sweep the nozzle from

side to side

Frequently repeat the acronym when practicing your family escape plan so that if a fire occurs, the response will be automatic.

Know when to go: Combating small fires with an extinguisher is one component of a fire response plan, but the primary goal should be safe escape. The first step in any scenario should be to call 911. In addition, a fire extinguisher is no substitute for having - and regularly practicing - a home fire escape plan, and ensuring that proper functioning smoke and carbon monoxide alarms are installed throughout the home - one on each level and in every bedroom - to provide early detection. Keep in mind that alarms and fire extinguishers aren't designed to last forever, and must be replaced at least every 10 vears. To learn more about fire safety, visit FirstAlert.com.

Ready, set, guests: 3 paint projects for fall entertaining

(BPT) - "Despite the hectic chaos that comes with the back-to-school season and adapting our family schedules, I find fall to be the perfect time to tackle my home to-do list," explains Cyndy Aldred, the do-it-yourself paint blogger behind The Creativity Exchange. "It's perfect because fall is our favorite time of year for entertaining!"

With kids in school and summer travels winding down, fall can be the perfect time to complete quick projects to get your home ready for fall social gatherings. Whether you're gearing up for the big game or hosting next month's book club, Aldred offers her favorite paint projects that are sure to wow your guests.

• Add instant curb appeal with painted porch furniture

Aldred loves the tried-andtrue trick of painting your front door, but she recommends adding an even bigger pop of color with painted furniture. For her front-porch makeover, Aldred painted her porch bench using PPG Timeless exterior paint and primer in a soothing, soft grey, Silver Reflection (50BG 54/017), and added decorative pillows to create a warm and welcoming entrance for a gathering of friends. With an open front porch, Aldred made sure to use PPG Timeless paint, available at The Home Depot, because it provides good resistance to chipping or flaking and extreme weather conditions. "I found out that this new line of paint uses UV-Protect Technology, which uses the same technology as automotive paint, so it won't fade in sunlight or dull over time,"

example, if you have bookcases in your family room or glass-faced cabinets in your kitchen, Aldred suggests painting the backs of them in a standout color, like the PPG Timeless 2018 Color of the Year, Deep Onyx (00NN 07/000). "I love this trick because of how the eye is drawn to the color and not the clutter that might be around or behind it," says

Aldred. • Transform your favorite gathering space with a

fresh coat of paint Kitchens, living rooms and dining rooms are often favorite gathering spaces for friends and family in the home, so they are ideal spaces to make a great impression with a fresh coat of paint. "People always gravitate to our dining room when we are entertaining," says Aldred, "so I love to freshen the space each year with a new paint color. It's one of the least expensive and easiest ways to get a new look, and I love using a onecoat product to make it even easier." Aldred recently used PPG Timeless interior paint and primer in Bluegrass White (30GG 73/048) to update her dining room. For an on-trend look, she went with a flat finish. "Contrary to

popular opinion, a flat finish in a high-traffic entertaining space is durable if you select the right product," explains Aldred. With the paint's outstanding washability, scrubbability and stain resistance, Aldred was sure it could withstand the wear and tear of countless social gatherings.

Perhaps it is time to embrace fall with a few fresh paint projects to impress your guests and make lasting improvements to your home. For more paint inspiration, visit Diy.PPG.com or www.TheCreativityExchange.com.





they may all look similar, fire extinguishers have very specific ratings that indicate what kind of fire they are designed to extinguish. Extinguishers with a Class A rating are able to put out fires caused by wood, paper, trash and other common materials, while Class B rated extinguishers are intended for gasoline and flammable liquids. Class C rated extinguishers are meant for fires caused by electrical equipment, such as fraved cords. For general protection, it's best to select a multirated extinguisher, such as the First Alert Rechargeable Home Fire Extinguisher, that's capable of handling most types of household fires. Beyond the Rechargeable Home Fire

says Aldred. • Declutter your home

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mean more school bags, home-

work, Busy fall sports schedules ofequipten mean more ment, school bags, crafts homework, and holisports equipday decment, crafts orations and holiday around decorations t h e around the house. house. Aldred

recommends quickly tackling a cluttered area of your home with a fresh paint job. For

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Caulk around windows and doors - Air can also leak through minute cracks around windows and doors.

7 projects to help your home weather the winter safely and efficiently

(BPT) - If chilly temperatures make you want to snuggle under a blanket in front of a roaring fire, just think about your poor water pipes that can't escape the cold. You can't wrap your home in a warm, protective blanket when winter arrives, but a few winterization steps can help ensure your home weathers the winter safely and efficiently.

"Winterizing is definitely an important way to protect a home from the ravages of snow, ice and harsh temperatures, but it's also an opportunity to boost a home's energy efficiency," says Chris Williams, merchandising director at Lowe's. "Some of the easiest and most effective winterization projects can also

much as 20 percent, the DOE says. Identify places where air leaks occur in your home, and choose the right weather stripping for each area.

Caulk around windows and doors - Air can also leak through minute cracks around windows and doors. Sealing such cracks with caulk further reduces the air leaks that make your furnace work harder and your home feel drafty.

• Add insulation - Insulation can make your home stay warmer in winter and cooler in summer, and help your heating and cooling systems work more efficiently. How much insulation your home needs depends on factors such as where you live, how old the home is and how well it was insulated to begin with.

outdoor pipes and flush the water from the system. Remove and store garden hoses for the winter. If you spot any cracks or problems, take care of them right away. Finally, add insulation, such as a hose bib cover to outdoor faucets.

 Prepare the lawn for winter - A healthy lawn requires less watering and work in spring than one that's been ravaged by winter's rigors. Keep grass mowed until it stops growing, and rake leaves and grass clippings to maximize sun exposure for grass. Mulch around plants and trees to protect them against harsh weather and freezing temperatures.

• Clean windows - Sunlight is a natural, cost-effective way to help keep your home warmer during winter. Opening drapes and blinds can maximize the amount of sun that enters a room and help warm it. However, dirty windows can reduce the amount of sunlight that gets through the glass. Plus, clean windows will help make your home feel brighter and lighter during the darkest days of winter. For more energy-saving winterization ideas, visit www.lowes.com.

Bringing sustainability home is as easy as ABC

(BPT) - With 67 percent of consumers from across the globe preferring products from sustainable sources, according to a recent Nielsen survey, creating a more sustainable home is the new normal. From buying down and feather products to repairing leaky pipes, making vour home more sustainable is as easy as the ABCs. Here are three small ways you can make a big difference (and spare your wallet) when it comes to the sustainability of our world:

A is for AUDIT

Do a home energy audit by checking your windows and doors for air leakage, and by checking your pipes - faucets, toilet flappers and valves - for any leaks.

Air leakage from windows and doors can impact your home's energy use. The United States Department of Energy claims sealing uncontrolled air leaks will save you 10 to 20 percent on your heating and cooling bills. Check your home for drafty windows and doors and discuss leak prevention options, such as weather strips and caulk, with your local hardware store.

Fixing leaky pipes can prevent gallons of water from being lost every day. In fact, the Environmental Protection Agency states that tightening pipes and repairing leaks can prevent

the average household from leaking 10,000 gallons of water per year. These types of leaks are often easy to fix, which can save homeowners about 10 percent on their water bills.

B is for **BEDDING**

Changing your bedding to down and feather can help reduce your heating bill. Down and feather pillows, comforters, duvets and mattress toppers provide superior warmth, which in turn lets you lower the thermostat. You can save as much as 10 percent on your heating bill, according to the U.S. Department of Energy, by lowering the thermostat by 10 to 15 degrees while you sleep.

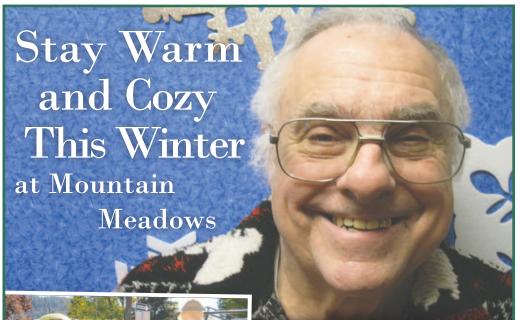
Better yet, down and feathers are a natural byproduct of the food industry. So recycling them into warm comforters means the down and feathers do not end up in our global landfills. Since down and feathers are a natural fill material, they have a lower carbon footprint than products made from synthetic fill materials. They are biodegradable and can be composted along with your food scraps or yard trimmings. Not to mention down and feather products are long-lasting with a lightweight feel, so you don't have to replace them as often. For more information about the sustainable benefits of

down and feather products, visit the American Down and Feather Council website at www.DownandFeatherCouncil.com

C is for COMPOST

Composting is the practice of recycling decomposed organic material waste with manure to turn it into rich soil. By composting in your own backyard, nutrients are restored into the ground and less waste ends up in landfills, waterways and water treatment facilities. What's more: landfills cause organic waste to generate greenhouse gasses, so methane emissions are greatly reduced when waste is composted. This practice can also help you save money, since it allows you to purchase fewer soil conditioners and bagged manures for your property. By using down and feather, a byproduct of the food industry, along with creating your own compost by using vegetable scraps, you can make composting a core part of your lifestyle.

These simple steps make it easy to reduce the carbon footprint of your home, and contribute to the overall sustainability of our Earth. By following the ABCs and making these small changes in your everyday life, not only will you be doing something good for our planet, you'll be helping out your wallet as well!



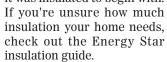
contribute to energy savings throughout the year.'

Here are seven projects to improve energy efficiency and prepare your home for winter:

Inside

• Protect pipes - Any plumbing pipes that run through uninsulated areas such as a crawl space or attic are at risk for freezing if temperatures plummet. Seal any cracks or openings where pipes exit the home, and fit unprotected pipes with pipe sleeves. Insulating pipes can reduce heat loss that makes your water heater work harder and use more energy, and raise the water temperature 2 to 4 degrees Fahrenheit, according to the U.S. Department of Energy.

 Add weather stripping to doors and windows - If your home is drafty, adding weather stripping to seal air leaks can reduce heating bills as



Outside

• Protect outdoor plumbing - Whether you have an outdoor shower or a simple hose connection, it's important to protect outdoor plumbing from freezing. Water freezing in outdoor pipes can cause severe damage and costly water leaks. Turn off water flow to



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Had some water damage on the bottom needs a handyman to fix. You haul´away. Call Bill to 670-1837 lsee or

HELP WANTED



Medical Biller Coulee Medical Center is now accepting appli-cations for a full-time business office position. Professional duties include but not limited to billing and patient accounts. Applicants must be dependable, self-motivated, detail oriented and willing to work independently or as a team player in a professional work environment with excellent customer service. This medical billing career path includes professional training in clinic billing and billing systems such as Meditech, FSS and DSG. Experience in medical billing is welcomed but not required. CMC offers a competitive salary and benefit package with caadvancement op-Ireer portunities in a dynamic, rural hospital environment.

Coulee Medical Center has a great reputation delivering excellent for patient care and we are striving to earn a reputation as the best place to work. Come join our and help Iteam us achieve our goals. We offer a competitive salary and benefit package with exciting career advancement opportunities in a dynamic rural hospital setting.

To learn more about CMC and our community, please visit our website: www.cmccares.org.

Apply online at: www.cmccares.org/careers

Or email information to: employment@cmccares.

HELP WANTED

Utility Worker Lake Chelan **Reclamation District** Manson, Washington 509-687-3548

LCRD The has full-time opening for а Utility Worker to perform construction and mainte nance on District irriga domestic water tion. and sewer systems.

Requirements:

Provide construction and operations support for water and sewer utility systems Meter Reading

 Ability to be trained in technical techniques Perform miscellaneous

manual labor activities as assigned Available for rotational off-hour emergency reand customer sponse

service Must be willing to relocate to the Manson area. Desired Qualifications:

 Ability to obtain entry level water certifications within 1 year

Problem solving skills using basic mathematics Proficiency in operation of heavy equipment CDL or have the ability to obtain High school diploma or GED

 Washington State Driver's License Salary Range: \$17-\$24 DOE + excellent benefits

Application: Apply by submitting your District application, resume and cover letter by mail or e-mail. Position is open until filled. First application review 11/20/17. Download an application and a more detailed description of job tasks and requirements on our website at www.lcrd.org under Forms.

HELP WANTED

Manson School District is seeking applicants for the following positions for the 2017-2018 school vear.

• 3 hour Para Educator for the 2017-2018 school year only

- Middle School Boys' Basketball Coach
- Assistant High School Boys' Basketball Coach · High School Girls' Softball Čoach
- Substitute Bus Driver Substitute Asst. Cook
- Substitute Custodian
- Substitute Para Educator

Substitute Teacher

Detailed job posting and online application process are available at: www.manson.org EOE



CDL Truck Driver with Truck Mounted Forklift

Marson and Marson the premier supplier of building materials in North Central Washington İS seeking a CDL driver to work from our Chelan, WA. location transporting building materials to con tractors and home own ers. You will be responsible for driving, building loads, and helping customers in Chelan and the surrounding areas. The successful applicant will have as needed:

Positive attitude

• Strong desire to provide outstanding cus tomer service

· Ability to work well in a team environment

HELP WANTED

BOOKMOBILE **LIBRARIAN**

The North Central Regional Library has two full time position openings for Bookmobile Li-This position brarian. will be based in Omak, WA The NCRL bookmobile will serve area schools, community and groups public events. Duties include working with the public person, primarily in school children, check ing out books, shelving, and stocking bookmobile. Qualifications include Bachelor's degree; related experience; or a combination of degree and experience. Needs to have the ability to handle procedural detail accurately, excellent customer service skills, and valid driver's license with no moving violations. Must have ability to stand and sit for long periods of time. Please lvisit our website http://www.ncrl.org/currentopenings for complete job description and information. These positions will close on Monday, October 30, 2017 at 4 pm. All applications and resumes should be sent to the North Central Regional Library, **Attn: HR Dept.**, 16 N Columbia Wenatchee, St, WA 98801



Cook

Mountain Meadows Senior Living Campus is seeking a cook for 32 hours a week. Requirements include: a passion to creatively cook home style cuisine, ability to multi-task effectively in a

Twenty five years experience. I do everything! Live-in preferred. Supurb references. Think non-taxable incentives. For appointment please Call 928-466-6383 Doing business in the Upper Valley. ANNOUNCEMENTS HELP OUR ECONOMY SHOP LOCAL Our families live and work here.	CASTS MAR KILL LILAC EYE UNDUE ONAIR SET NOONE DUGGARS RUBBLES LUGS SMAAINRUSH YLEMFETADANCE ONTOSTARK NARCE SENTINOONE JOHNSON ARKNARC MEARLE MARCE JOHNSON TANNERS JOHNSON TANNERS ADIEU KEYCOLON BRED ERERENEW	FAX: $(509) 633-0295$ E.O.E. PUZZLE SOLUTION 2 5 3 4 8 9 7 6 1 9 7 4 6 3 1 8 5 2 1 6 8 2 5 7 3 4 9 3 9 7 8 6 5 1 2 4 6 8 2 1 4 3 5 9 7 5 4 1 7 9 2 6 8 3 4 2 5 3 1 6 9 7 8 8 3 9 5 7 4 2 1 6 7 1 6 9 2 8 4 3 5	Necessary Come join our team in Plain. Experience a peaceful work environ- ment with a great start- ing wage of \$12 with a \$1 increase after train- ing. Hours are part-time 10 - 15 hours per week. Perfect for someone with kids in school or who works evenings but wants more hours. Benefits include a holi- day bonus and gas reim- bursement for travel. Call 509-763-3313 for more information.	standir trade framing als and Apply Chelan your re mars	nic wledg ig of inclu g and l proce in pe in pe	e and the uding finish erson re o to: Larson /ment marsc 32-161	d unde buildir woo mate at th r ser n @ on.com 17	nd wi ass ming sh pod ni ri- scc ne ccc ne ccc ne ccc na fu m ar ar ar ar ar	s a ith s g bo nifts a ome olidays ooking oo	ndepe team, chedu th ea and/or shifts weel s. It s hav ethic emplo cenefits acatior enefits age, OE.	be ling, arly r early r kends f you /e a and oymer and b ifect fo ude, n pay s, a c \$15 If inte) Parl	y an flexibl incluc nornin y eve cludin an
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Classifieds / Public Notices / Sheriff & EMS

HELP WANTED



We are dedicated to our employees' job satisfacand take pride in ltion providing a place to work encourages growth that communica teamwork, and positive tion em ployee/supervisor rela offer tionships. We benefits packaenerous including employe age, paid Health & Life Insur and vacation/sick lance to full-time employ leave Pro-rated benefits ees. are available to part time employees (over 20 hrs per wk.). You may also choose to participate ir 401K, Dental and our Short Term Disability brograms.

Bridgeport: Lead RN – Full time

Brewster Indian Ave: Patient Navigator – full time – Bilingual required

<u>Brewster Jay:</u> MA-C – full time Care Coordinator/Inter**preter** – full time – Bilingual required

Dental Clinics: Must be available Saturdays Dental Assistants -(8) Per Diem (as needed ba Bilingual sis) required-All locations

Okanogan: Process Improvement Facilitator – full time

<u>Omak</u>: Pharmacy Assistant full time Bilingual reauired MA-R/Phlebotomist full time Pharmacy Technician full time

<u>Tonasket</u>: Behavioral Health Spe cialist - full time Patient Accounts Rep

full time See www.myfamily

<u>health.org</u> for job de Submit cover scriptions. letter and resume or ap plication to Human Re FHC, c/o sources, PO Box 1340, WA 98840 o Jkanogan, email: HR@myfamily-<u>health.org</u> Open until filled. FHC is an EOE Employer.



Grand Coulee, Omak, Twisp Okanogan, Brewster, Oroville, Bridgeport, Tonasket, and Winthrop

•Flexible Hours Starting pay \$13.18 nour/ \$1.00 hour extra hour/ on weekend NAC/HCA License preferred but not necessary Employer willing to train Part and Full-time available Benefits available •Full after 90 days Weekend shifts avail-

able

Great Opportunity For Those Who Want To Make A Difference!

226 S. Main St, Omak (509)846-7224



Cascade School District is seeking qualified applicants for the following positions:

Cascade High School C Team Boys Basketball Coach

Cascade High School JV Girls **Basketball Coach**

Track application Fast process and additional information can be found on our website at: www.cascadesd.org

EOE

PUBLIC NOTICES

Lake Chelan **Reclamation District Board Meeting Change** The Board of Directors of the Lake Chelan Reclamation District announce the regular scheduled November Board of Directors meeting has been from November changed 2017 to Thursday, November 9th at 3:00 p.m. at the District office. Published in the Lake Chelan Mirror on October 25, of 2017.#80122

PUBLIC NOTICES

Lake Chelan Reclamation District **Board of Equalization**

Notice is hereby given that the Secretary of the Lake Chelan Reclamation District has prepared the assessment rolls for operation and maintenance for the year 2018 and assessment rolls will be open for inspection at the office of the District until they are equalized and approved by the Board. The Board of Directors of the

Lake Chelan Reclamation District will meet as required by RCW 87.03.255 as a Board of Equalization at 3:15 p.m., November 9, 2017 at the offices of the District, located at 80 Wa-pato Way in Manson, Washington, to hear any and all object tions and to equalize the rolls of the District for the year 2018. Published in the Lake Chelan Mirror October 25, November 1 and 8. of 2017.#80123

SMALL WORKS ROSTER LAKE CHELAN RECLAMATION DISTRICT

RCW 87.03.436 Pursuant to Lake Chelan Reclamation Disapplications trict is accepting from contractors who wish to be added to our Small Works Ros-Licensed contractors, cluding Industrial Electricians, Landscapers, Janitorial, HVAC General Contractors, and please fill out a District applica-tion form showing the areas of expertise covered by their license for which they desire to be considered for work in the amount of \$300,000 or less.

Interested contractors may obtain an application on our website www.lcrd.org or by contact-Collins ing Jennifer jcollins@lcrd.org (509)687-3548.

Published in the Lake Chelan Mirror October 25, November 1, 8, 15. #80103

LCRD HAS TWO BOARD OF DIRECTOR POSITIONS OPEN

The Lake Chelan Reclamation District has Petitions of Nomination available for individuals who are interested in filing for a position with the Disdirector trict.

There (2) positions are two open, both are three-year, be-ginning January 1, 2018. Peti-tions for the director positions must be returned to the Lake Chelan Reclamation District office by 5:00 p.m., Monday, November 6, 2017

Published in the Lake Chelan Mirror October 4, 11, 18, 25, 2017. #79938

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY **BANK OF AMERICA, N.A.,** a national association, Plaintiff,

vs. MANDY BUSH, as potential heir to the ESTATES OF BETTY a deceased individual; TYLER. ALL UNKNOWN HEIRS AND DEVISEES OF BETTY TYLER.

PUBLIC NOTICES

CITY OF CHELAN NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the City Council of the City of Chelan, Washington, will hold a public hearing at 6:00 p.m. on Tuesday, November 14, 2017, in City Council Chambers, 135 East Johnson Avenue in Che-East Johnson Avenue in Che-lan, Washington to consider 2018 property taxes and other revenue sources for the coming year. The public is encouraged to attend and provide comment.

Dated at Chelan this 16th day of October, 2017.

Peri S. Gallucci Chelan City Clerk

Published in the Lake Chelan Mirror October 25 and November 1, 2017. #80108

You've Got It! Somebody Wants It!

NOTICES IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON

PUBLIC

IN AND FOR THE COUNTY OF CHELAN In Re the matter of the Estate

of: KENNETH L. PAINE,

Deceased NO. 17-4-00270-6

NOTICE TO CREDITORS The personal representative named below has been appointed as personal representahaving a claim against the dece-dent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mail-ing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal

PUBLIC NOTICES

the notice to the creditor as provided <u>11.40.020(1)(c);</u> or (2) iou. months after the date of first potice. If the publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST

PUBLICATION: October 25, 2017

Personal Representative: CHAD PAINE

Attorney for the Personal Representative: /S/ CHARLES R. STEINBERG, WSBA NO. 23980

Address for Mailing or Service: 323 N MILLER STREET, WENATCHEE, WA 98801 Court of probate proceedings and cause number: CHELAN COUNTY SUPERIOR COURT CAUSE NO.: 17-4-00270-6

Published in the Lake Chelan Mirror Ocotober 25, and November 1,8, 2017. #80129

A shameless plug!

représentative served or

mailed

It has become amazingly clear in the last couple of years that our customers no longer rely on our printed newspaper to get their information. In fact, our on-line editions have grown to the point that the unique visitors to our websites are running about 4 times our print edition subscribers.



We have also been working on ways that local businesses can use the combination of our print and digital editions to promote their businesses through our Shop Local initiatives. Shopping local is the best way to support our local economy. It is an economic fact that locally owned businesses keep more of their money in the community. They support our schools and non-profit organizations and provide jobs to most of our local people.

This week we are announcing the launch of our new on-line classified advertising service. Historically, classi-



advertising services we offer to our customers.

The result is that this week we are launching our digital classified edition. NCWMarket.com is our new on-line classified advertising service. It has powerful new features that can help individuals and local businesses sell their goods and services. Features we could never offer through our print edition alone. Here are some of the important features:

1. It protects your privacy – yes, you have to register but registration is free and we will not sell your information to anyone. We consider it a trade secret. While you have to give us your email address we will not publish it and will only use it to communicate with you. To further strengthen your privacy, you do not have to include a phone number or email address in any ad we publish for you on the Internet. A "Contact Advertiser" button built into every on-line listing will send you a

expensive depending on the number of photos you would like to include in your listing. As an introduction to the new service all ads placed in the next 30 days will be free.

4.24/7 access - you can sign on at any time to write your own ad, choose the category where you want it to appear and attach photos. As soon as we approve your ad it will be posted to the site.

5. Pricing is not dependent on length - Your ad can be long or short. Just remember most people will not read long, wordy ads. Photos and art work are often more powerful. Remember the old saying, "a picture is worth 1,000 words!" All ads include the ability to post a minimum of 3 photos so snap a digital photo or 3 with your smart phone and load them to your ad!

6. Subscription pricing – Subscription pricing is a way to run regular advertising for a fixed monthly fee. For example, let's say you would like to run 10 ads per month with photos to highlight individual products you sell on a regular basis. This could be anything from cars to food items like candy or clothing, etc. With subscription pricing you can pay a fixed monthly charge and place 10 items in any category or categories that apply. You can change any or all of the ads as often as you would like during the month as long as you don't exceed your subscription limit of 10 ads. We will have multiple subscription levels available through the new site.

Dynamic Executive Director sought for Tierra Village in Leavenworth WA. Tierra Village seeks an energetic, self-motivated, Executive Director who will bring fresh perspective and new ideas to the table. The organi zation recognizes itself at important an strategic juncture, where the new will help Executive its transition from the start-up to the ground-and-grow stage developing the trajectory for future programs and services. The Executive will define and execute a forward-looking agenda the misthat advances sion of Tierra Village, an chors core programs and sets the stage for future growth by inspiring others to support its fuure. To learn more about the position and applica tion process, please explore the position profile on our website at: http://www.tierravillage.or g/sites/village/files/TVpositionprofilefinal.pdf. Salary range \$63,000 \$70,000 depending on experience.



In The Superior Court Of The State Of Washington

County of Chelan

Sage Rentals, LLC, Washington limited liability company,

Plaintiff,

vs.

Bonnie Laws, an unmarried woman; and Anthony Hiatt, an unmarried man.

Defendants

NO. 17-2-00234-2

Summons By Publication

The State of Washington To the Defendant Anthony Hiatt, an unmarried man

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 4th day of October, 2017, and defend the above entitled action in the above entitled court, and answer the complaint of the plain-tiff, SAGE RENTALS, LLC, and serve a copy of your answer upon the undersigned attorneys for plaintiff, Jeffers, Danielson, Sonn & Aylward, P.S., at its office below stated; and in case of your failure to do so, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. The Complaint seeks damages and injunctive relief regarding breach of contract, misappropriation of trade secrets, and interference with contortious tractual relations.

Dated this 25th day of September, 2017.

Jeffers, Danielson, Sonn & Aylward, P.S.

By /s/ Matthew S. Hitchcock Clay M. Gatens WSBA #34102 Matthew S. Hitchbook, WSBA # 51492 Attorneys for Plaintiff P.O. Box 1688 Wenatchee, WA 98807-1688 (509) 662-3685 /(509) 662-2452 ÈΑΧ

Published in the Lake Chelan Mirror on October 4, 11, 18, 25, and November 1, and 8, 2017. # 79896.

deceased individual; WORLD-WIDE ASSET PURCHASING II, LLC, a limited liability company; Ben Carson, solely in his capac ity as Secretary for UNITED STATES DEPARTMENT OF HOUSING AND URBAN DE-HOUSING AND URBAN DE-VELOPMENT; DOES 1 through 10, inclusive, and ROES 1 through 10, inclusive. Defendants. Case No.: 17-2-00355-1 DEPT. no.: SUMMONS FOR PUBLICA-TION (60 DAYS)

THE STATE OF WASHINGTON TO THE DE-FENDANT/RESPONDENT(S) ALL UNKNOWN HEIRS AND DEVISEES OF BETTY TYLER, a deceased individual:

You are hereby summoned to appear within sixty days after the date of the first publication this summons, to wit, within sixty days after the 27thday of September, 2017, and defend the above entitled action in the above entitled court, and an-swer the complaint of the plain-BANK OF AMERICA, N.A. national association, а and serve a copy of your answer upon the undersigned attorneys r plaintiff, ZIEVE, BRODNAX STEELE, LLP, at their office for below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. This is a Complaint for Judicial Foreclosure of Deed of Trust.

DATED: September 22, 2017 ZIEVE, BRODNAX & STEELE LLP. By: Leslie M. Klott Scott D. Crawford, WSBA# 34978 Leslie M. Klott, WSBA # 51897 Attorneys for Plaintiff BANK OF AMERICA, N.A 6100 219th St. SW #480 Mountlake Terrace, WA 98043 206-866-5345 scrawford@zbslaw.com lklott@zbslaw.com

Published in the Lake Chelan Mirror September 27, October 4, 11, 18, 25 and November 1, 2017. #79878

www. lakechelanmirror. com

fied advertising has provided the bulk of the revenue to newspapers. Classified ads are those small, generally text only, ads in the back of your newspaper. Over the years competition from the Internet, and free distribution shopper products has eroded much of that revenue in traditional newspapers.

As we examined the ways our digital customers were using our websites one thing stood out - the highest consistently visited pages on our digital editions were the classified pages. That prompted us to begin looking at how we could improve the classified

SHERIFF/FIRE/EMS REPORT

911 CALLS

Oct. 16

Traffic offense reported on U.S. 97 and U.S. 97A, Chelan. Domestic disturbance reported on U.S 97A, Chelan.

- Agency Assist reported on U.S. 97A, Chelan.
- Non-injury accident reported on Chelan Falls Road, Chelan.
- Juvenile problem reported at on Nebraska Court, Chelan.

Vehicle prowl reported at 2331 Albin Drive, Entiat.

Avenue, Chelan

Harassment/Threat reported 215 W. Webster Avenue, Chelan. Altercation/Attack reported at

610 State Route 150, Chelan.

- Welfare check reported at 250 Whitetail Way, Chelan.
- Disturbance reported at 108 N. Apple Blossom Drive, Chelan.

Alarm reported at 15318 Lakeview Street, Entiat.

Traffic Offense reported at 310 W. Manson Road, Chelan.

Trespass reported at 5800 Crum Canyon Road, Entiat. Disturbance reported at 210 W. Gibson Avenue, Chelan.

Agency assist reported on Gran-

discreet message from anyone interested in purchasing your item. Of course you can choose to include a telephone number or other contact information in the body of your listing but it is not required.

2. Secure access - The site is protected by the highest security available on the Internet allowing you to confidently pay for your ad with a credit card when you place it.

3. Category Pricing – We can set pricing for individual categories so some categories may be free and some categories like "bargain basement" may be very inexpensive. Other categories may be more

ite Falls Road, Chelan.

224 Key Lane, Chelan.

SR 150, Chelan.

Avenue, Manson,

Manson.

Road, Chelan.

Avenue, Chelan.

Road, Chelan,

Boulevard, Manson.

Loop Road, Chelan.

Suspicious activity reported at

Non-injury accident reported on

Trespass reported at 112 E.

Hazard reported at 109 S. Harris

Domestic disturbance reported

Alarm reported at 482 Boyd

Harassment/Threat reported at

14070 Kinzel Street, Entiat.

Hazard reported on the corner

Hazard reported on the corner

Harassment/Threat reported at

Agency assist on SR 150 MP6

Extra patrol reported on Boyd

west bound near Dietrich

14481 U.S. 97A, Entiat.

of N. Eli Street and E. Second

of Ford Street and Manson

at 345 N. Madeline Road,

Woodin Avenue, Chelan.

Oct. 17

Contact your advertising representative for more information or call Carol at the Echo, (509) 548-5286.

You can still call our office during regular business hours to place a print ad and we will post your print ad to the website at no additional charge.

Check out the site at NCW-Market.com and let us know what you like and what you dislike about the site.

Oct. 18

- Traffic offense reported at 135 E. Johnson Avenue, Chelan.
- Traffic offense reported at 302 E. Woodin Avenue, Chelan.
- Theft reported at 104 N. Navarre Street, Chelan,
- 911 reported 104 W. Woodin Avenue, Chelan.
- Agency assist reported at 1056 E. Woodin Avenue, Chelan.
- Traffic offense reported on Apple Acres Road and U.S. 97A, Chelan.
- Suspicious activity reported Union Valley Road, Chelan.
- Civil reported at 455 Wapato
- Lake Road, Chelan.

Oct. 19

- Injury accident reported at 106 W. Manson Road, Chelan.
- Warrant reported on E. Woodin Avenue and N. Sanders, Chelan.
- Property issues reported at 123 E. Johnson Avenue, Chelan
- Non-injury accident reported at 804 E. Woodin Avenue,

Go to www.lakechelanmirror.com to see more of this weeks **Chelan County Sheriff and Fire & EMS Reports**

Civil issues reported 100 Gala