

# Chelan Volleyball to win it all

By DIANA PINON STAFF WRITER

CHELAN – Volleyball players from Chelan High School kept themselves busy playing club and beach volleyball during the off season which will bring only positive results to the team this new school season.

“We have quite a few returners and then new ones to Varsity ... everybody else has been here,” said Volleyball Head Coach Jenifer Rainville. Varsity gained a few players, one of them is Morgyn Harrison a freshman who has able to make the first team.

“I expect the girls to work hard, play to their potential and have fun,” said Rainville. She also believes the team can make it far into the season because they have a lot of capability.

The relationship between Rainville and the girls is great, they understand her expectations and rules “they are very respectful,” she added.

The teams and the coaches are taking this season one day at a time, “each day is a new day and the next big game is the one we have coming up, one match at a time.”

Varsity Captains Lexie Gleasman and Emma McLaren are both confident on the fact that the team’s chemistry will allow them to win games.

“We all get along well, we laugh and are competitive at the same time and we still have fun. We have one big goal at end,” said Gleasman.

This year the team wants to



Photo submitted by Jennifer Collins

**Varsity Volleyball: 6 Gracie Benrud, 5 Elly Collins, 7 Leanna Garfoot, 3 Lexie Gleasman, 4 Katie Rainville, 9 Casey Simpson, 2 Emma McLaren, 1 Morgyn Harrison, 8 Xitlali Cruz.**

go further than last year, “last year we got fourth in state, hopefully we return and place higher than last time. This year we are a lot of better.” said McLaren.

This is the year of many of the girls in the team, they picture themselves winning it all with their hard work. “We hope to see a lot people out here ... it is a lot of fun.” added McLaren.

The Lady Goats faced Wenatchee last Thursday. This is what coach had to say about

their performance:

“We traveled to Wenatchee to play our first match of the season. We started out strong in set 1 then we allowed our opponent to score too many times in sets 2 and 3. The Goats were able to push through and come out with a win in three straight sets; 25-12, 25-20, 25-19. Lexie Gleasman, our senior outside hitter, took control at the net and led the Goats with 18 kills. We will be back in the

gym tomorrow making some adjustments and working one day at a time.”

Lexie Gleasman 18 kills, 1 block, 5 digs and 6/6 serving  
Emma McLaren 9 kills, 2 blocks, 12 digs and 27/27 serving with 3 aces  
Elly Collins 5 kills, 2 assists, 2 digs and 9/10 serving with 2 aces  
Katie Rainville 4 kills and 1 block  
Gracie Benrud 2 kills and 3 blocks  
AJ Gueller 1 kill and 1 block  
Leanna Garfoot 19 assists, 5 digs and 6/6 serving  
Xitlali Cruz 8 assists, 6 digs and 10/10 serving  
Morgyn Harrison 2 digs and 11/11 serving

Thu, Sep 13	Zillah	6:30 PM	Home	CHS
Sat, Sep 15	San Dome Volleyball Festival	8:00 AM		SanDome
Thu, Sep 20	Cashmere	6:30 PM	Home	CHS
Sat, Sep 22	Kiona Benton	11:00 AM	Home	Cascade HI
Sat, Sep 22	Connell	1:00 PM	Home	Cascade HI
Tue, Sep 25	Okanogan	6:30 PM	Away	DG
Sat, Sep 29	Linda Sheridan Volleyball Classic			
	Ferris (Host)	TBD	Away	FHS
Tue, Oct 2	Cascade	6:30 PM	Home	CHS
Thu, Oct 4	Omak	6:30 PM	Away	Omak HS
Tue, Oct 9	Cascade	6:30 PM	Away	CHS
Tue, Oct 16	Omak	6:30 PM	Home	CHS
Thu, Oct 18	Cashmere	6:30 PM	Away	CHS
Sat, Oct 20	Freeman	1:00 AM	Away	FHS
Sat, Oct 20	Lakeside (9 Mile)	1:00 PM	Away	Freeman HI
Tue, Oct 23	Okanogan	6:30 PM	Home	CHS
Sat, Oct 27	District 6 1A Championships			
		TBD		TBD



Photo by Diana Piñon

**Head coach Jenifer Rainville (center), JV coach Melanie Froman (left) and C-Team coach Traci Hart Boyd.**

# Chelan Girls soccer creating a culture

By DIANA PINON STAFF WRITER

CHELAN – This new school year the Chelan girls soccer have 30 players, making this the first time ever the school has both a Varsity and a Junior Varsity teams.

So far the Lady Goats have been working on their fitness, team building and ball control in order to compete against other teams in the league.

The team also has new coaching staff. This is Marina Williams first time as head of the girls soccer team and she being assisted by Amaris Longmire.

Both coaches bring great ideas to the team and have the same goal in mind. They want the girls to work hard and have great sportsman-

ship.

However, Williams and Longmire also want the girls to build a sense of community in the team. They want the girls to become a family and create a soccer culture among the community.

At the same time the coaches are teaching the girls “ownership” by allowing them to be more responsible off and on the field.

The great always has a positive attitude and are always reflecting on the different way they can improve to be better, not individually but as a team.

The girls soccer team had their first home game at Mountain Goat Field on Saturday against Wahluke, winning 4-2.



Photo by Diana Piñon

**2018 Chelan High School Soccer team.**

# CHS Cheer Squad

By DIANA PINON STAFF WRITER

CHELAN – To hype up Chelan High School is the 2018-2019 Cheer squad.

Coaching the squad is Breanne Hanson, “This year’s group has such a strong work ethic that we were able to jump right into practices with the fight song, learning 4-5 cheers a practice, and preparing new stunts for the season,” she says.

According to Hanson, this year students showed more interest in cheer. The initial meeting 37 showed up, “when it came down to the clinics that lead up to try-outs the numbers lowered to 29, but it still was a

huge jump from the previous years that I had coached.”

With seven returning cheerleaders out of the 16 squad members and one mascot the Cheer squad is ready for football season. During the winter 10 squad members will cheer on the basketball team plus the mascot. The basketball squad has six returners.

“The returning cheerleaders have been very welcoming to the new cheerleaders. The new squad members are eager to learn cheers and dances, and have such a strong work ethic it makes things run very smoothly between squad members and the learning period at the start of the season,” coach



Photo by Diana Piñon

**2018 Chelan High School Cheer Squad.**

said.

The cheerleaders are interested in not only cheering but also in mastering stunts and

performance dances. “I have very high expectations for the quality of work that will put forth to make sure all game and

community performances will be the best Chelan has seen!,” said Hanson.

This year the squad will

be hosting a Mini Goat Cheer Camp during the final home game of the season against Riverside.

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# A young Chelan High School Cross Country Team

By Diana Piñon Staff Writer

CHELAN – The first couple of weeks of practice the Chelan Cross Country team has been preparing for a new season by running long distances every day.

With smoke still surrounding the area it has been difficult to get the team where they should be at the moment.

“We will have to make some adjustments training wise ... a lot of it is going to depend on how fast the kids can adapt,” said head coach Mark Anderson.

This year the team has a number of returning runners, “I have two kids who ran in the state meet last year ... we are young and there’s a lot of potential in this team,” said Anderson.

Anderson has been coaching Cross Country for a long time and he says that him and the kids get along just fine.

Coach Anderson also sees individual runners have a lot of success this season. The team in general is composed of mostly underclassmen and some are just starting their cross country career so coach will wait and see the growth of the team as they compete at every meet.



Mark Anderson, CHS X-C head coach



Alberto Granados

Regardless of their experience “the kids enjoy each other’s company, so far so good.” Anderson’s goal for the team is to “get them in a position where they can challenge to race.”

The Goat’s first Cross County home meet will be held on Oct. 2 at the Chelan State Park.



2018 Chelan High School X-C Team.

Photo by Diana Piñon

# Chelan football: More returning players than ever

By Diana Piñon Staff Writer

CHELAN – The Goats are back for another great year of football for Chelan High School under the guidance of head coach Travis Domser.

The team has been working hard for the upcoming season. “We’ve conditioned like never before, we got accountability like we never before, we got guys that want to be here, they are excited to go out and show their skills,” said Coach Domser.

This year the expectations are pretty high since the team has a lot of returning players. “We have a lot of returning offense, a lot of returning defense. This is a good senior group, we have 22 juniors and seniors which we haven’t had.”

As every year Domser has certain expectations for the team, “when things don’t go our way we respond in a way that will help us win football games, how we respond to that, the coaches and the players will determine the outcome of the game.”

The team is very motivated to making far this season, “we will wait and see who steps up, who makes a big play ... with this group we will go as far as we want to,” said Domser.

Smoke from the fires near by has not affected the team at all, “it is what it is, it actually



Travis Domser, Chelan High School Head Football Coach

helps us in some ways. It helps us with making sure we are watching a film and doing a lot of teaching. It helps to make sure we are conditioning and when you are outside you are freed up,” coach explained.

Coach Domser has pushed the team to use their minds and focus more. “We just focus on mentality, it’s about what the players can execute. They know if we block better and tackle better then we got a chance to win the game.”

The Goats are 1-0 for the season. They won their opening game against Brewster 47-27.

Coach Domser’s comments from Friday night’s game against Warden:

“I was proud of our kids and the way they fought a battle all night. It was one of those games that came down to the wire and we were right there. We made one more



mistake than them and that’s on us as coaches. I’m excited to see how we bounce back this week!”

**CHS Football Team players names and numbers:**  
2 Tobin Wier, 4 Reed Stamps, 5 Christian Torres, 7 Bert Mendivil, 8 Arnie

Fri, Sep 14	South Whidbey	7:00 PM	Home	<a href="#">Sargent</a>
Fri, Sep 21	Granger	7:00 PM	Away	
* Fri, Sep 28	Okanogan	7:00 PM	Home	<a href="#">Sargent</a>
* Fri, Oct 5	Cashmere	7:00 PM	Away	<a href="#">CFS</a>
* Fri, Oct 12	Cascade	7:00 PM	Home	<a href="#">Sargent</a>
* Fri, Oct 19	Omak	7:00 PM	Away	<a href="#">Omak HS</a>
Thu, Oct 25	Riverside	7:00 PM	Home	<a href="#">Sargent</a>

Castrejon, 9 Drake Bird, 10 Steven Williams, 12 Quinn Stamps, 16 Cash Corrigan, 17 Gage Burdick, 18 Kyle Jackson, 20 Gunner Gleasman, 24 Johnny Ayala, 27 Erik Alcala, 32 JC Austin, 34 Teagan Moody, 44 Jakob Keen, 49 Dylan Bufanda, 50 Wyatt Dietrich, 51 AJ Martinez, 52 Caden

Bryant, 53 Jeremy Avery II, 54 Colt Corrigan, 55 Elijah Morris, 60 Miguel Neri, 61 Thomas Silvestri, 63 Kellen Bryant, 65 Angel Mendoza, 66 Gilberto Zavala, 67 JC Gonzales, 76 Zion Lovell, 77 Skyler Gordon, 79 Alex Neri, 81 Skye Malone, 84

Quin McLaren, 85 Nathan Alcala, 99 Deasek Kenck, 99 Ethan Kehl, 99 Charlie Bordner, 99 Wilson Mutter, 99 Logan Oules, 99 Jahir Garduno, 99 Ethan Standberg, 99 Cody Sanderson, 99 Francisco Pacheco, 99 Aiden Avery.



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