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# Chelan Fire & Rescue new Recruit Academy to start Jan. 22

# Assistant Chief Bandon Asher to promote academy

BY DIANA PIÑON STAFF WRITER

CHELAN-During the Oct. 10 Chelan Fire and Rescue Commissioner Meeting the Recruit Academy and other items were addressed.

On Jan. 22 the new Recruitment Academy will kick off, Asher stated that he "will be starting to hit recruitment hard" in the next upcoming weeks. Currently Asher has 15 recruits, eight from Chelan, four from Orondo and three from Entiat.

Along those lines, on Dec. 8 Orondo will be having an open house. During those hours they will be recruiting volunteers.

Commissioner Jay Witherbee

stated that "15 is an encouraging number."

Asher also stated that unfortunately one of the 2018 recruits has been lost, "it doesn't fit her life right now." However, when she filled out the questioner she responded, "she was happy with the program, she enjoyed it, she learned a lot." Asher encouraged her to try again in the future.

He also informed the Board that there are only five evening stipend shifts cover for the rest of year. He is trying to get more involvement to get those covered. "It is tough battle, but we will keep on fighting it," said Asher.

In a previous meeting, there was a mention of starting a Cadet Program. Due to insurance problems, the program will be put on hold for now. "Basically they tore it apart ... what our insurance is asking from us is

quite substantial commitment not only time wise, but personnel wise," explained Asher.

In new business, a 2019 draft budget was presented to the Board of Commissioners by Chief Tim Lemon. He stated that the current draft is a "base plan on the current numbers and it will change.'

The budget was kept "flat" and around \$2 million to \$3 million will go to operational expenses.

Lemon also described some of the Capital Improvements, they include:

• Two to three computer replacements

 Portable generators with lights and hand power tools

• Updating Sparky's outfit Station 74 improvements

· Digital Audio equipment for Station 74 and Station 71

• Domestic water supply in for Station 73

• Gravel replacement on Station 75

The improvements will cost an estimated \$89,000. Commissioners will get a chance to review and study the drafted budget for about a month or S0.

In other business:

• The five SAFER grant volunteers that were recently hired are working hard to meet Firefighter 1 requirements. So far during the week they have completed three chapters. They will be ready to "challenge the test" either in December or January.

Association Report:

• Last month beginning balance was \$27,822, ending the month at \$27,484, not including the Windermere Sup Cup award of almost \$7,400 for the participation during the tournament. •They helped with the NCW

Fire Chiefs and Commissioners

State Dinner. The Association received a lot of compliments regarding the food quality and the service.

• There has been planning and discussion regarding a change of Bylaws. Due to sudden events, at times there is an immediate need for funding. The change will allow the Association to conduct an immediate online vote for funding to victims with an immediate need.

• A booth and the parade truck, along with the Association were out on Saturday, Oct. 6 at Mahogany & Merlot. There was great public comment.

 Commissioner Russ Jones got to tour all fire stations two weeks ago which he found nice to go out and see, he had never been to Station 74 and he said it is a huge one.

Upcoming Special Events at Fire Stations:

• Oct. 20 – Chelan Chase,

Downtown Chelan

• Oct. 20 - Open House - Station 75 for volunteer recruitment, 11 a.m. to 2 p.m.

Community members are invited to come and enjoy touring Fire Station 75, 12041 South Shore Lakeshore Road, Chelan. A free lunch along with the opportunity to learn more about the fire department and the many services it provides.

• Oct. 31-Halloween-Station 71, 6-8 p.m.

• Nov. 11-Veterans of Foreign Wars Parade and barbeque, Station 71

• Nov. 23 – Santa arrives in Chelan on Parade 71, Tree Lighting and Hot Cocoa booth • Dec. 1 - Chelan Fire and

Rescue Leadership Training Station 71, 8 a.m. to 5 p.m.

• Dec. 18 – Chelan Fire and Rescue Holiday Social, Station 71 6 to 9 p.m.

Lake Chelan Mirror File Photo Cathy Henry, of Chelan, runs through the finish line. at the 2017 Chelan Chase, throwing her arms up as she completed

# the race in 24th place with a clock time of 30:01.0. Chelan Chase 5K to be held this Sat., Oct. 20

# **Resolution drafted, Council to** move forward on Butte Project

BY DIANA PIÑON STAFF WRITER

CHELAN - With more special presentations than usual, the Chelan City Council held their first meeting for the month of October. For debate was the acquisition of the Butte.

Stan Morse made comments to the council regarding fire and code enforcement 8.15. Morse believes that "not everyone gets it." The code states that "the City is going to police, dry burning material on people's properties." Morse explained to council how much the city has changed over the years. For example he mentioned how many houses and a few neighborhoods could've been lost in 2015. "We won't be so lucky next time."

To change things around, he suggested the City to reach



Stan Morse addressed fire and code enforcement 8.15 during the Oct. 9 meeting.

out to DNR. That way "they could do some modest burning early in the Spring ... the City must step in an enforce code 8.15."

At the last council meeting, Chelan Mayor Mike Cooney mentioned how the City wanted to "recognize people from time to time." This time, Pub-

gren acknowledged David DeArmond of Public Works.

"We had a water outage during a weekend and David responded. He was of great help, he is a very versatile employee," said Youngren. For example DeArmond, "spent several months helping train our new recycle truck drivers. Without any complaint ... we really appreciate that," he added.

Under Administrative Reports Mayor Cooney and City Administrator Mike Jackson presented draft resolution supporting the acquisition of the Chelan Butte.

"My only concern is that we haven't approved our Legislative Agenda yet. I know this is just a draft for review but I would feel a little more comfortable with Council adopting our Legislative Agenda and



**David DeArmond of Public** Works was recognized for his outstanding help.

then adopting this," stated Councilwoman Erin McCardle.

To this Jackson answered, "the agenda will come back to us on the 23rd."

"We had the Town Hall meeting. The Mayor did a good job on reflecting what had

Proceeds benefit LCCHC Mammography Department and the Wellness Place

BY DIANA PIÑON, STAFF WRITER

CHELAN - The 2018 Chelan Chase 5K is set for this upcoming Saturday Oct. 20 at 10 a.m. in downtown Chelan.

The race is open to all runners, walkers, wheelchairs, strollers, families and teams. Competitors will be placed in one of the eight divisions, ranging from under eight all the way to 76 and over.

Proceeds go to the Lake Chelan Community Hospital and Clinics Mammography Department and the Wellness Place. The LCCHC will provide mammograms at no personal cost, to all individuals who are uninsured or under-insured. The Wellness Place provides support to cancer patients in North Central Washington,

some of the services include free wigs, head coverings, nutritional supplements, compression glove/sleeve assistance, prescription assistance, lodging and travel assistance and support groups.

Participants can register from 8:00- 9:30 a.m. at St. Andrew's Parish Hall on Woodin Avenue, then at 9:45 a.m. meet by the Riverwalk Park Shelter, the race will start from the "old bridge" at 10:00 a.m. sharp.

This year the Lake Chelan Rotary Club is organizing the Chelan Chase, at the request of Soroptimist International of Chelan. The Soroptimists will still be involved and the mission of the Chelan Chase will remain the same.

The Chelan Chase run/walk first took place in 1999. Over the last 19 years monies have been raised as part of their fight against cancer.

Don't miss out on and register online at www.lakechelanrotary.org/chelan-chase/, the

# **Parks and Recreation Department to lease** equipment due to insufficient funds

BY DIANA PIÑON STAFF WRITER

CHELAN - The City Council held its third budget workshop in preparation for the 2019 Budget on Oct. 11. Parks and Recreation, Street Fund and Equipment Repair/ Replacement Funds were discussed.

First off, Public Works Director Jake Youngren addressed Water Capital Improvements. Eight projects were listed for improvements. Next year a few of those projects will be designed with construction/repairs to follow in 2020. One of the biggest projects includes the proposal of a building to protect some of the department assets, which are currently sitting outside the facilities year round.

pieces, the total cost for those is \$275,000. Current dollars in the Equipment Replacement Fund are \$181,000.

"We save up sufficient funds over the anticipated life span of an asset, a vehicle and when it comes to replace, we replace it ... on an annual basis we contribute to that piece of equipment," stated Youngren.

The four pieces of equipment that Youngren and his department want to replace include a loader, a 2003 Ford Truck, a crane for the shop truck and a tire repair kit.

In 2018 the money that was allocated to Parks and Recreation was \$225,991. The 2019 proposed budget will be \$155,266. The main reason to the changes is due to several increases and decreases in

Photo by Diana Piñon Public Works Director Jake Youngren explains the different Water Capital Improvement projects for 2019.

4.63 percent or \$121,955 while expenditures have increased by \$51,190.

over the needs and wants of the department. Sargeant presented a cost analysis

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SEE BUDGET ON PAGE A2





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**A2** 

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# CONTINUED FROM PAGE A1 happened on the radio and

other interviews. I want this thing be more public, I want to get more public involved and engaged in this thing ... this went from an idea to a resolution. I want to see the bigger community input before we sign it," said Councilmember Ray Dobbs.

The first paragraph of the resolution states, "whereas, the City of Chelan is adopting a 2019/2020 Legislative Agenda that will include a request for four million dollars from the Washington State Legislature to assist in purchasing 900 acres of iconic open space known as the Butte ..."

Council is in favor of supporting the retention and preservation of open space, however Councilwoman Wendy Isenhart is concerned. "I was a little worried about the four million they were telling us, it is a huge ask. I want to walk around and sniff it, is it going to shoulder off some of the other things we want to do," she said.

McCardle thinks that the four million dollars is a "very specific" ask. Jackson will find a way to rework that amount. Yet he thinks people should at least have "a concept of the cost."

Councilmember Tim Hol-

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**Councilmember Ty Witt read** the 2018 World Polio Day Proclamation.

lingsworth also agreed with McCardle and Isenhart, "the specific reference to a four million dollar request might be kind of heavy handed, I would say we are just seeking legislative support for this purpose."

However Hollingsworth believes the City should not put this aside and move quickly on the subject. "I do not want to be a day late, or a dollar short. I am glad we are taking a look at this tonight."

Coonev and Jackson will work on this for the next week or two and will bring it back to Council.

In other business:

· Council member and Rotary President Ty Witt read off the World Polio Day Proclamation in which Rotary International's efforts to fight for a polio-free



Phil Long and Steve Nelson presented on the Lake Chelan Water Supply and Quality.

world were addressed. That evening, Chelan Mayor Mike Cooney proclaimed Oct. 24, 2018 as World Polio Day in Chelan. Cooney encourages citizens to join the fight against polio.

 Mayor Cooney wearing a pink tie proclaimed the month of Oct. 2018 as National Breast Cancer Awareness Month in Chelan. He noted that the month of October is not only to raise awareness, but it also the biggest fundraiser month for all types of cancer.

• MMEC Architecture & Interiors were at City Hall on Oct. 9 and 10. They met with staff and they evaluated the building's footprint. The team will then give options to reorganize space based on what is needed moving forward.

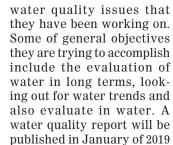
 Chelan County Natural Resources Department Director Mike Kaputa along with Phil Long and Steve Nelson gave the Council an update on water supply and

# BUDGET

#### CONTINUED FROM PAGE A1

of lease versus purchase of equipment that is needed. "We went with Toro and John Deere because those are the majority of our equipment ... these are five items the new superintendent Erin would like to see us replace. The ones that we have are constantly breaking ... these are things that help with maintenance of the Golf Course," stated Sargeant. To maintain the parks a Toro Groundmaster 4000-D mower is also needed.

Parks and Recreation doesn't have the money to purchase the equipment right away, that's why they are looking into leasing them. "This lease option allows you stay under a certain budget," after five years of leasing the equipment the department could purchase the equipment for a dollar or they could continue to lease it for a lower price. The equipment needed includes a 2020A ProGator, HD 200 Sprayer, 1550 EC Top



with all results found. The Council approved the following motion considerations.

 Mike Jackson presented the 2019 Emergency Management Services Agreement with Chelan County. The City currently has a contract in place with the Sheriff's Office for Emergency Services as it is mandated to have an emergency management plan and program in place. In a letter the Sheriff requested an increase in rate of \$0.02, bringing the price up to \$2.74 per capita for the year. Budgeting \$11,535 for 2019.

• Jackson also presented the Council with the renewal of Gordon Thomas Honey-

Agreement. GTH assisted with obtaining \$300,000 from the State Legislature for the Woodin Avenue Bridge Project. The renewal of the lobbying services will cost \$36,000 per year, \$3,000 per month including travel expenses.

• The Elevator Maintenance Agreement with Inland Elevator was also presented by Jackson. The contract provides routine examination, lubrication and equipment adjustment. The 6,000 were budget for 2019, it also includes annual testing and 24/7 monitoring of elevator emergency phone.

 Parks Director Karen Sargeant presented the Professional Services Agreement with KRCI Construction for the RV Park Upgrade Projects, with this the agreement finalized KRCI moves on to executing the project.

The next regular scheduled council meeting will be Tuesday, Oct. 23, beginning at 6 p.m. in council chamber.



Parks and Recreation Director Karen Sargeant during the third budget workshop in City Hall.

Dresser, HPX Gator, Tru Turf Roller, Toro Groundmaster 4000-D. To lease all the Golf Course equipment that is needed for the year it will cost around \$20,000.

cific budget items included in the Street Funds. For example road patch materials,

Lastly, Youngren addressed

chemicals for weed control, culvert materials, road sand and street lights repair and maintenance. Street Funds. Most of the Mayor Mike Cooney ended revenue for the Street Funds the workshop by saying, "it comes from property tax. was good discussion, I appreci-Youngren went over speate all the council members for putting in their time into it." The next budget special session was be held Oct. 16 from 5:30 p.m. to 7:30 p.m. at City Hall. The Council discussed Water, Sewer and Sanitation Funds, Building and Planning Capital and M&O, and Financial Policies for the 2019 Budget.



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# **Business / Community**

# Welcome to The Meat Shop

# **Owners Gary and Krysta** Westmoreland want to 'Meat You'



Photos by Diana Piñon

At the shop you can find any type of marinated meats, the Westmoreland's are always open to meat suggestions. BELOW RIGHT: Shop owners Gary and Krysta Westmoreland, usually you can find one of them at the shop. BELOW BOTTOM: Jake Jahnke prepping the salad of the day.

BY DIANA PIÑON STAFF WRITER

CHELAN - About three weeks ago, The Meat Shop was inaugurated in town. The very own of its kind in the area offers quality meats, fresh sides and more.

The idea of opening up The Meat Shop occurred soon after the Westmorelands made a road trip around the country.

Gary and Krysta Westmoreland originally from New Hampshire, have been living in the area for about a year now.

Back from where they are from, they have shops that offer different types of marinated meat and other types of grab-and-go foods.

Before moving here permanently, the two were sipping on their Bloody Mary's in town, and they spotted the perfect spot to open up their very own store. Looking back at that day Krysta said, "I can't believe a couple years later we are here!"

They chose Chelan because they knew they wanted to move here and there was nothing like The Meat Shop in the area. "Back home we lived in a smaller lake, we did a lot of barbecuing and entertaining ... we were always going to our local meat shop and grabbing some steaks or some ribs, our best memories were around our patio table." said Krysta.

The Meat Shop has a variety of products, from marinated meats to sides, made in house, to local pies.



offered at the shop. However, price points can be an issue. "When it comes to everyday eating, \$30 a pound isn't feasible ... we definitely want to expand the ranches we work with." Krysta added.

Even though The Meat Shop has been opened for less than a month, the Westmorelands have received positive feedback. "A lot of repeat people, a lot of familiar faces," said Gary.

They are little by little building trust with the clients and they have seen that a lot of the new clients stop at the shop because they have been recommended. The shop hits different price points. They want to accommodate everyone's income in town.

With five part-time workers and with one Westmoreland always at the shop, they encourage people to stop by and say hi and get to know them. Visit the Meat Shop, 315 E. Woodin Ave. from 10 a.m. - 6 p.m. Monday through Saturday and from 10 a.m. - 2 p.m.on Sunday. Follow them on Facebook and Instagram under The Meat Shop. The Westmorelands are always open to suggestions from the locals, that way they can know what people want in the shop.





**Boat and Classic Car Show** took place on Oct. 6-7 at the Lake Chelan Marina. The two day event featured Vintage **Unlimited Hydroplanes** racing and Antique Mahogany Runabouts. People also had the chance to enjoy the classic and antique cars. ABOVE: Delpha a 1947 Chris-Craft Racing runabout, 2100 lbs 19 feet long. LEFT: A 1915 American La France Speeder rebuilt in 2014-2015. Photos by Diana Piñon

Health

# "I picked a quality Medicare





Chelan District 7 Firefighters Association receives donation



Photo by Diana Piñon

On Thursday, Sept. 27, Chelan District 7 Firefighters Association received a donation of \$7,485 from the Windermere Foundation. Windermere Real Estate Lake Chelan sponsors the annual Sup Cup races held at Lake Chelan. The paddleboard race was held on August 4 this year.

# Mahogany & Merlot Vintage Boat and Classic Car Show



At the moment The Meat Shop gets most of the beef from Gebbers , "we get some prime cuts from the Midwest, chicken from the Mount Vernon area," Gary stated.

"We don't want to compete, we want to complement ... it's things that we love, unique, curated products," Krysta explained.

They want to stay local as possible for most of the items



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Dr. Gotthold, M.D., Emergency Medicine, North Central Washington



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Chelan Fire & Rescue Large Room 232 E Wapato Ave Chelan, WA 98816 10/18 at 10:00 am

**Cashmere Henry Building** 120 Cottage Ave Cashmere, WA 98815 10/23 at 10:00 am

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# **OBITUARIES**

# Jo Ellen (Jody) Mack

Jo Ellen (Jody) Mack, 90, passed away peacefully early Tuesday morning at the Chelan Hospital. She was born December 21, 1927 to Clifford and Ignota Roberts in Warsaw, Indiana.

She graduated from Warsaw High School in 1946 and then attended Purdue University in West Lafayette, Indiana where she was a member of Kappa Alpha Theta Sorority. While at Purdue she met Ronald Montgomery and they married October 14, 1949. They moved to Estes Park, Colorado where he worked for the Federal Bureau of Reclamation as an engineer. They moved many times with his work. Daughter Sherry was born in Boulder, Colorado; son Kyle in Aiken, South Carolina; and son Bill was born in Yuma, Arizona.

Ronald and Jody moved to Montrose, Colorado, where Ronald died in 1965. She met Leo (Jack) Mack and they were married in 1966. Cheryl, Mike and John were added to Jody's children. They moved to Lake Chelan in 1967 where Jack worked for Douglas County and Jody worked for the post office. She retired in 1988.

She was preceded in death by her brother Dick.

She is survived by her husband Jack at the fam-



ily home, Cheryl and Joel Jordan of Spokane, Sherry and Jim Broemmeling of Clarkston, Mike and Debbie Mack of Chelan, Kyle Montgomery of North Bend, John and Crista Mack of Chelan and Bill Montgomery of Wenatchee. She is survived by 13 grandchildren and 13 great-grandchildren.

Jody had a good heart and a warm spirit. She was quick to laugh, and loved her Mariners and Seahawks.

She had a deep faith in Jesus and dances in the stars. She will be missed by all who loved her.

Services for JoEllen Mack will be Monday, October 22, 2018 at Precht Rose Chapel, Chelan, followed by the inurnment at Fraternal Cemetery.

She was a member in the Chelan United Methodist Church and Eastern Star.

In lieu of flowers please consider donating to the WenatcheeHumaneSociety, 1474 S. Wenatchee Avenue, Wenatchee, WA. 98801.

Please leave any thoughts and memories for the family at www.prechtrose.com.

Services are directed by Precht Rose Chapel of Chelan.

# **COMMUNITY BULLETIN BOARD**

## Bazaars

## Nov. 17

## Holiday Boutique, vendor tables available

CHELAN - The Chelan Senior Center will hold its Holiday Boutique, bake sale and luncheon on Saturday, Nov. 17, 9 a.m.-3 p.m. at the center, 534 E. Trow Avenue. For vendor table info call 682-2712. Luncheon will be homemade potato and ham chowder or chili, with bread. Cinnamon rolls and coffee will also be available.

#### Nov. 24

Holiday Extravaganza vendor table available MANSON - Holiday Extravaganza sponsored by the Manson Apple Blossom committee has openings for vendors. The bazaar will be held at the Manson Grange Hall on Nov. 24, 9 a.m.-3 p.m. Email Linda Blessin at lblessin@nwi.net or call her, 687-5008 for vendor table signup. There will be lots of crafts for gifts and home: Jewelry, handmade soaps, card, jams, candles, crochet and sewing items, painting, art work, gift baskets, bake sale and much more. There will also be freshly baked blueberry muffins, pie and coffee.

## **Birthday Events**

Oct. 20

## Irma Keeney to celebrate 100th birthday

MANSON - Friends and family are gathering to join Irma Keeney in the celebration of her 100th birthday. Please join them on Saturday, Oct. 20, 2-4 p.m. at the Manson Boat Club. For information call 687-3384. **EVENTS / MEETINGS** 

## Oct. 17 Senior Living Initiative

# Change of location for Oct.

CHELAN - The next Senior Living Initiative meeting will be Wednesday, Oct. 17, 5-6:30 p.m.. Due to a schedule conflict at the PUD conference room this month, the meeting will be held at the Heritage Heights 2nd Floor Meeting Room, 505 E. Highland Avenue (next to Chelan Community Hospital) in Chelan.

# Oct. 17

Celebrate Recovery CHELAN - Celebrate Recovery meets Wednesdays, at 6:30 p.m., at the Chelan Valley Hope Building, 417 South Bradley Street, For information: lcvcr1@ gmail.com or (509) 860-8108. Oct. 20

# Baked potato bar, bingo

CHELAN - The Chelan Senior Center will have a Baked Potato Bar and Bingo event on Saturday, Oct. 20, starting at 6 p.m. Cost is \$10 per person. There will be big baked potatoes with chili, cheese, ham, broccoli, sour cream and butter. Free Bingo will follow with prizes. Followed by dessert. Pumpkin Spice Throw Down: Enter your favorite pumpkin spice dessert: cookies, bars, pie, cake. Sign up sheet at the Senior Center. To RSVP for the Baked Potato Bar call Vita at 682-2712.

## Library Halloween Carnival

Oct. 20

CHELAN - Chelan Friends of the Public Library will hold their 8th Annual Halloween Carnival on Oct. 20, 6-8 p.m. at the Chelan Public Library, 216 N. Emerson. Tickets can be purchased at the door. There will be Family Fun, Prizes, Eats, Treats and Costume Contest. Come out and support your local community and the Chelan Public Library.

# Oct. 20 5K Chelan Chase

CHELAN - Registration is now open for the Chelan Chase which will be held Saturday, Oct. 20. This 5K chip timed event starts at 10 a.m. and is open to runners, walkers, wheelchairs, and strollers, with awards to top three finishers by age group. The first 200 to register will receive a free t-shirt. Race meeting Sat., Oct. 20, 9:45 a.m., Riverwalk Park Shelter with start 10 a.m. on the "Old Bridge".

for the women of North Central WA. Participants will hear from exceptional female speakers, enjoy some retail therapy, take time for themselves in the Taking Care of Me Spa, get pumped up with DJ Manny, visualize their goals with our interactive vision board, and capture memories with our photo booth. Participants can extend the fun with a VIP experience. Join them on October 20, for the Illuminate Women's Conference at the Wenatchee Convention Center. Empower Develop Grow. For tickets and more details at www. illuminatewenatchee.com Oct. 20

# Chelan Fire & Rescue to host Open House at Station 75

CHELAN - On Oct. 20, Chelan Fire & Rescue will host an Open House at the Station 75 located at 12041 South Lakeshore Road. This station is on the southshore next to the Yacht Club. This family fun event will run from 11 a.m. - 2 p.m. Community members are invited to come and enjoy touring the fire station, a free lunch along with the opportunity to learn more about the fire department and the many services it provides. Lunch will begin at 12-noon. Visitors will be able to see fire engines, tenders and brush truck equipment up close and visit directly with firefighters about the important and life saving work they do. For any interested in volunteering, Assistant Chief of Volunteer Services, Brandon Asher will be on hand to answer your questions about training opportunities, personal equipment and benefits. Special guests from Lake Chelan Emergency Medical Services (EMS), Chelan County Sheriff's Department and Life Flight emergency air service will be available to provide information about the invaluable work they do and the role they play in an emergency situation. The community will also have the opportunity to learn what they can do to help in an emergency and how to quickly access these services. Everyone is encouraged to attend and bring the entire family. Meet "Sparky" and have your picture taken with him too. Oct. 21

# Christmas Cantata rehearsal

MANSON - The Lake Chelan Community Choir will be rehearsing at North Shore Bible Church, in Manson on Sunday, Oct. 21, 1-3 p.m. for the Christmas Cantata: "One of Us". This will be the first of seven rehearsals. Music and rehearsal CD's will be provided. are welcome to sign up with a partner or have one assigned. Entry fee is \$30, includes lunch, but not green fees. Call the Pro Shop (509) 682-8026 or email Mark Lawrence mlawrence@ cityofchelan.us for entry forms.

## Oct. 24

# Chelan Valley Hope to host free legal clinic

- CHELAN Chelan Valley Hope will host a free legal clinic on October, 24, 2-4 p.m. This event is provided by Chelan-Douglas Counties Volunteer Attorney Services. Appointment opportunities are limited - please call Volunteer Attorney Services at: (509) 663-2778 to schedule an appointment and for more information. Legal information is limited to non-criminal cases, but does include civil law problems such as housing/landlord issues, debt and family law such as wills and parenting plans.
- This is the first time this service has been offered in the Chelan Valley and residents are encouraged to take advantage of this opportunity. Chelan Valley Hope is located at 417 S. Bradley Street, Chelan. Please call Catharine at (509) 888-2114 for additional information.

#### Oct. 24

# Chelan Valley Hope organizara una clinica legal gratiuta el 24 de Oct.

CHELAN - Chelan Valley Hope sera el anfrition de una clinica legal gratuita el dia 24 de Octubre, de 2-4 p.m. Este evento es proporcionado por los Servicios de Abogados Voluntarios de los Condados de Chelan-Douglas. Las oportunidades para citas son limitadas - por favor llame a los Servicios de Abogados Voluntarios al (509)663-2778 para programar una cita y para mas informacion. La ayuda legal se limita a casos penales, pero incluye problemas de derecho civil como problemas de vivienda, deudas y derecho familar como testamentos y planes de crianza. Esta es la primera vez que este servicio se ofrece en el Valle de Chelan y se alienta a los residentes a aprovechar esta oportunidad. Chelan Valley Hope esta situado en 417 S. Bradley, Chelan. Para informacion adicional por favor llame a Catharine al (509) 888-2114.

### Oct. 27

# An Old-Fashioned Fall Hoedown women's

North Shore Bible Church and Manson Chamber of Commerce Present...



WHERE: North Shore's parking lot 123 Wapato Pt. Parkway, Manson, WA Packet pick-up at St. Andrew's Parish Hall Saturday 8-9:30 a.m. Open to all: runners, walkers, wheelchairs, strollers, families and teams. Register, donate, collect pledges or buy a t-shirt to support this important cause at chelanchase.com.

## Oct. 20

# Illuminate Women's Conference

WENATCHEE - Join us for Illuminate Women's Conference for a day of motivation, empowerment, and pampering If you've not sung with the community choir before, but have been "thinking about it, consider yourself invited to come and sing. Performance will be held on Dec. 7 and 8. For additional information, call director Marci Hale at 687-3791.

## Oct. 21

# Pink Ribbon Classic -Golf Scramble

CHELAN - The Pink Ribbon Classic Golf Scramble will be held Sunday, Oct. 21 at the Lake Chelan Golf Course. All golfers

## event

CHELAN - Vegetable Soup Brigade presents "An Old-Fashioned Fall Hoedown" women's event. Ladies come join us for a baked potato/chili bar and all the fixin's. Come and bring your friends for an afternoon of fun and music. The event will be held Saturday, Oct. 27,11 a.m. – 2 p.m. at the Chelan Senior Center, 534 Trow Avenue. Please RSVP by Oct. 22 to Sandy (425) 359-8174.

For more events go to www.lakechelanmirror.com

# **CHURCH GUIDE**

# CHELAN

BEREAN BAPTIST CHURCH κJV Sunday School 10 am • Sunday Services 11 am & 6 pm Children's Church 11 am • Wednesday Evening 7 pm "Church the way it used to be" 515 E. Woodin Ave. • 682-5831 Pastor Keith Rife

CHELAN CHRISTIAN CHURCH Sunday School 9 am Morning Worship 10 am 682-2025 • 210 E. Wapato Ave. Pastor Mark Wilton

#### CHURCH OF THE NAZARENE

Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH Worship 9:30 am Sunday School following Worship Service 682-9063 • 216 W. Nixon Ave.

> LAKE CHELAN UNITED METHODIST CHURCH Worship 10 am 682-2241 Corner of Johnson & Emerson

# CHELAN LIVING STONE CHURCH

"Gathering in our uniqueness, United in our Purpose." Scott Morris, Senior Pastor SUNDAY ACTIVITIES Gathering -10:00 am (Children's Church & Nursery available) Adult Bible Study - Noon WEDNESDAY ACTIVITIES Kids ROCK 6:10-7:40 pm (K-5th grade, Oct-March) WE GATHER at 216 N Emerson (2nd Story-Chelan Public Library) OUR OFFICE LOCATION 105 N Emerson - Suite 204, Chelan • 509-682-5953 For more information about us and our activities visit www.lscchelan.org

#### SEVENTH-DAY ADVENTIST CHURCH Worship Saturday 9:30 am Bible Study Hour Saturday 11 am 682-5622 • 107 E. Highland Ave

St. ANDREW'S EPISCOPAL CHURCH Worship 10 am 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 682-2851 • www.standrews-chelan.org New to the area? On Vacation? These churches welcome you!

## CHELAN

ST. FRANCIS DE SALES CATHOLIC CHURCH English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm English Mass Sunday 9 am Spanish Mass Sunday Noon Rev. Rogelio Gutiérrez, Pastor 682-2433 • Next to Safeway

# • ENTIAT

#### ENTIAT FRIENDS CHURCH Pastor Mark McDonald 2848 Entiat River Road • 509-784-1342 Sunday Morning Bible Class 9:45 a.m. Sunday Morning Worship 10am Sunday Prayer Group 7pm Wednesday Shared Dinner 6 pm Wednesday Children's Program/Youth Group and Adult Bible Study 7 pm

## WAREHOUSE COMMUNITY CHURCH

Group Life Sunday School 9:30 am Worship Celebration Service 10:45 am 412 Youth Group Wednesday 6:30 pm Pastor Barry Mooney 784-2710 • 14916 Hwy 97A www.warehouseccommunitychurch.com

# MANSON UNITED METHODIST COMMUNITY CHURCH Sunday Worship 10 am

With coffee following service 687-3311 Green & Boetzkes 'We are a come as you are church'

## NORTH SHORE BIBLE CHURCH

Sunday Worship 9:30 am Nursery (birth - 3 years) 9:30 am Kidz Church (4 years-5th Grade) 9:30 am 687-3636 • 123 Wapato Point Parkway www.northshorebc.org Craig Rayment, Sr. Pastor

# BREWSTER

## HOPE LUTHERAN CHURCH - LCMS

Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am 689-3106 • 1520 Sunset Drive Kevin Moore, Pastor

<u>"Wíth men thís ís ímpossíble;</u>

but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com



# Community

# **Dozens register at Chelan-Manson** voter registration drive

SUBMITTED BY CINDY WALL

CHELAN - More than three dozen signed up to vote or update their voter registration as part of National Voter Registration Day on Tuesday, Sept. 25.

Area residents and people from other counties stopped by one of four voter registration locations to get registered for the upcoming Nov. 6 midterm elections.

"We were very encouraged by the turnout." said Carol Cotten, volunteer and registration drive coordinator. "While we may be a small community, we saw a lot of interest and enthusiasm from those registering as well as those already registered who stopped by and commended the volunteers for providing this community service. It's great to see so many people across the spectrum gearing up to cast their vote."

According to volunteer Concie Luna, one voter was very pleased to happen upon her voter registration table. "He's from Poulsbo," according to Luna. "He's here on a contracting job and said he tried to register online but had trouble. He wasn't sure when he'd find time to get registered but then stopped at the store to pick up dinner and seized the opportunity.'

Francisco Bahena, manager of Chelan IGA re-registered after letting his voter registration status lapse several years ago. "I hadn't voted in a long time." said Bahena. "I decided this year it's time to get involved, time to do something. So I registered to vote."



Photo courtesy of CIndy Wall

Francisco Bahena, manager of Chelan IGA registering to vote with the assistance of Lori Ressler, right, behind the table. Behana's voter registration status lapsed because he hadn't voted for several years. He decided it was time to get involved this year. So he chose National Voter Registration Day to get registered so he can vote.

## Still time to register to vote in Nov. 6 General Election

WENATCHEE - If you are note yet registered to vote, you can still do so, so you can vote in the Nov. 6 Registration is open until Oct. 29, however, you must register in person at the Chelan County Elections office: 350 Orondo Ave, Ste 306, Level 3, in Wenatchee. To contact their office: (509) 667-6808. Voters eligibility: Washington State encourages every eligible person to register to vote and participate fully in all elections. Each of us is responsible for protecting the integrity of the electoral process by providing equal access, and guarding against fraud and discrimination. To register to vote, you must be: A citizen of the United States; A legal resident of Washington State; At least 18 years old by Election Day; Not disqualified from voting due to a court order; and Not under Department of Corrections supervision for a Washington felony conviction.

Instructions also were handed out to those expressing a preference to register online.

"Part of our goal was to help Chelan and Manson residents will see an increase in voter participation as well."

A registration site also was set up at Chelan High School. Manson High School will host one on Thursday, Sept 27.

National Voter Registration Day was declared in 2012 as a non-partisan, nationwide, oneday effort to register voters. Chelan and Manson are among the 3,000 partners and more than 10,000 volunteers across the country joining in civic unity to encourage Americans to register and make their voices heard at the ballot box.

#### in Twisp.

Last year's tour wrapped up with a community hike up Saddle Rock, which proved to be a fun way to enjoy a great outdoor recreational opportunity and to connect with each other in a special and unique way. We concluded the tour this year on Sept. 14 with a similar idea involving a community hike up the Patterson Mountain trail near Winthrop. It was a beautiful hike.

Like last year's tour, this year's tour provided me an opportunity to meet with many constituents (individuals, employers, local governments, and community groups) and we discussed a host of issues, including rural economic development, healthcare, wildfire management, and education.

sible to you — the people who elect me - and hearing your thoughts and ideas. Whether

Historical Photos and Paintings of the Lake Chelan Valley on display in Manson Library



Photo courtesy of Manson Library

Ron McGaughey, Director, pictured above, of the Lake Chelan Historical Society Museum in Chelan, has created and installed a photograph and art exhibit at the Manson Library featuring scenes and commentary of fascinating happenings in the Lake Chelan Valley over many years. The exhibit is of interest to young and old alike. Stop by the Manson Public Library anytime during the months of October or November to enjoy this free exhibit. Manson Library hours are Monday 10:30 a.m.-5:30 p.m., Tuesday 12:30-7:30 p.m., Wednesday 10:30 a.m.-5:30, Thursday 10:30 a.m.-5:30 or Friday 10 a.m. -2:00 a.m.

## Veterans Day Parade - Nov. 11

CHELAN - The Veterans Day Parade and Barbecue Lunch will be held on Sunday, Nov. 11, beginning at 11 a.m. Bring your flag, be proud, show your patriotism. Come celebrate the veterans of our community at Chelan's annual Veteran's Day Parade along Woodin Avenue. Parade route: Columbia Street to Woodin Avenue to Sanders Street, ends at Wapato Avenue. Immediately following the parade, join the veterans for a barbeque lunch provided by the Chelan #7 Firefighters at Station 71. Veterans and First Responders eat free. Others welcome to join in for a \$5 donation. Proceeds benefit the Lake Chelan VFW Post #6853. Interested in being a parade participant contact Brian Thompson, bltzown@yahoo.com

# I learn by listening

BY SENATOR BRAD HAWKINS

One thing that I have learned throughout my public service, both during my school board years and in the Legislature, is the importance of being a good listener. Unfortunately, I think we have all observed politicians who mistakenly think that "talking" is their most important skill. It's actually the "listening" that helps people become good policymakers.

That's why I was pleased to host my second annual 12th District "listening tour" Sept. 11 through Sept. 14, during which my staff and I travelled throughout the district to hear directly from you. The listening tour idea was something I started last year to be creative, and people responded very positively.

The listening tour requires plenty of advance planning and coordination and is a busy time, but the feedback I received and the things I learn help me to serve you better. It also provides my staff and me an opportunity to prepare legislative ideas and budget requests prior to the start of session.

understand the importance of

voting in our nations' elections

while also making it easy to

register." said Cotten. "Hope-

fully we were successful and

Our tour schedule this fall took me to all four counties in our district, starting in Leavenworth and continuing to Cashmere, Wenatchee, Chelan, Coulee City, Soap Lake, Waterville and Bridgeport, concluding

I pride myself in being acces-

here in the district or in Olympia, please feel free to contact me anytime. Thank you for the opportunity to serve you as your 12th District state senator.

Brad Hawkins is our 12th District state senator representing North Central Washington in Olympia. Contact info: 360-786-7622 or brad.hawkins@leg. wa.gov.

# Five things that people don't like to talk about regarding life after cancer

being a cancer survivor is both a relief and a challenge in its own way. While you might feel incredibly grateful to be alive, you might face a set of circumstances you never imagined ones that perhaps never occurred to you as you supported someone you loved through cancer.

Here are just five things that people don't like to talk about regarding life after cancer.

1. When you get to the other side, you won't believe it. At least not at first. There is always a small part of you that thought you wouldn't make it through, and you will likely live with the shock for a while.

2. It's difficult to just "move on." While people around you will be incredibly supportive

during your battle, once you reach remission, they won't all be able to understand why you can't just "go back to normal." You will be a different person. Your views on almost everything will change. Be open and honest about what you're feeling, and reach out for professional help if necessary.

3. The guilt is real, and you will feel it. Why did you live and others die? There is no answering this question, but your feelings of guilt are valid, and it is not wrong to feel them. You oncologist will be able to refer you to counselors or psychologists should this mental struggle begin to affect your daily life.

4. The worry of going out of remission is real, and you will also feel this. No matter how

many running, nappy years go by, you might always have fears of your cancer returning. This can be real struggle. Studies show that survivors often deal with depression, anxiety, debt, lack of job opportunities and fear of romantic relationships. Keeping open lines of communication with your family, friends, doctors and even psychologists can make a difference.

5. You might struggle with the phrase, "I beat cancer." The fact of the matter is that it is not that simple a task. It is not a battle that is always won by the most courageous. Some people can do everything right and still lose their battle with cancer.

6. And you will feel as if you can't talk about it. You might believe you are supposed to feel grateful. The truth is that



ou will be dealing with a lot. Talk about it. Let people know though your physical health has

our struggle is not over



# Help us honor and show support to our Veterans Veterans Day - Nov. 11

This is a FREE SERVICE to honor our Troops & Veterans Send us your information by Nov. 1 • Publishes Nov. 7



by Nov. 1 of ublishes Nov. 7	
Veterans Information	Active Retired Deceased
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	Service Location:
	Years of Service:
Your Name:	PH#
Full Address:	
Email: ruthk@l	akechelanmirror.com

Bring in or mail. Must be received by Nov.1

310 E. Johnson Avenue • PO Box 249 • Chelan, WA 98816

# Sports / Community

Johanson.

momentum.

3 INT

vards

Looking ahead: The Tro-

jans have a bye week next

week and wrap up the regular

season at Liberty Bell on Oc-

tober 26th. The Trojans have

already secured a crossover

playoff game and the team

looks to build on tonight's

Stats:

**Rushing/Receiving** 

Passing: Avery Thompson, 7 for 28, 66 yards,

Trenton Stotko, 1 for 2, 5 yards

Bailey Cameron 10 carries for 27

yards/3 receptions for 15 yards

Marco Sanchez 3 carries for 1 yard/93

vard kickoff return for touchdown

Cole Beazley 1 reception for 3 yards

Jesus Portillo 1 reception for 19 yards

Nick Strecker 5 carries for 14 yards/2

Defense:

Parker Schoenwald 4 tackles 2 sacks

Avery Thompson 1 reception for 5

Bailey Cameron 10 Tackles 1 Sack

Tucker Flowers 2 Interceptions

receptions for 29 yards

Christian Montes 7 tackles

Cole Beazley 7 tackles

Ty Charlton 6 tackles



Photos by Diana Piñon Chelan High School 2018 **Homecoming Court during** the half time ceremony on Fridav against Cascade. **RIGHT: Caden Bryant and** Lucy Bordner were crowed King and Queen that night. **BELOW RIGHT: 24 Johnny** Ayala, 55 Elijah Morris and 54 Colt Corrigan moments setting up before a play.

# Goats defeated at Homecoming game Chelan 28 -Cascade 34

SUBMITTED BY TRAVIS DOMSER CHELAN FOOTBALL HEAD COACH

**CHELAN** - After watching the film I am proud of our effort. We played with no fear. We need to eliminate mistakes and focus on what we control during tough times. We had a lot of kids making big plays all night! In all of our close games we have had the ball with time left and have not executed game winning drives. Our players effort and attitude has put us in those positions. Being discipline during those crucial times is on us as a team. We have to play harder than our opponents to be in games and we are doing that. We just need to finish when we have the opportunity.





# **CHELAN STUDENT ATHLETES OF THE WEEK**

Olivia Strandberg -8th Vollevball

Olivia leads by example day in and day out. Practice, matches and in the classroom. She is a constant supporter of all her teammates and helps them reach the next level. Olivia has lead the team in serving all season and had one set where she served 20





# Raiders bring down the Trojans what it means to be a Manson run game" remarked Coach

Trojan. I am extremely proud

of how hard we battled and at the end of the night I know

each player left everything they had out on the field!," said

Coach Johanson. "After last week's blowout loss it would

have been easy to throw in

the towel, but these guys know

The defense played a great

game and stymied QB Stephen

Flowers all night. "We saw a

level of frustration on Lake

Roosevelt's sideline which

is always great as a coach."

Defensive Ends Bailey Cam-

eron and Parker Schoenwald

played great games at de-

fensive end and were really

the tone setters on defense.

Additionally, Bryan Bernardo

continues to hold the middle

down at Defensive Tackle.

"It's really a great advantage

when you have a defensive

line that can shut down the

they are better than that!"

Game Recap Oct. 12 Manson vs. Lake Roosevelt

SUBMITTED BY COACH JOHANSON

MANSON - Final score: Lake Roosevelt 33 Manson 7

The Manson Trojans met a tough Lake Roosevelt team on Friday night. Manson played a physical game and the score does not represent how hard Lake Roosevelt had to work for the win. Lake Roosevelt had the first score to go up 7-0, but then a 93 yard kickoff return for touchdown by Marco Sanchez evened up the score 7-7. Lake Roosevelt scored again right before half to make it 13-7. In the 2nd half Lake Roosevelt slowly put points on the board, but the Trojans battled all night.

"The boys showed a lot of heart tonight and showed

# Manson volleyball continues victorious

SUBMITTED BY HAYLI THOMPSON, MANSON VOLLEYBALL HEAD COACH

MANSON - The Manson Trojan Volleyball team travelled to Oroville on Thursday for a league match and both JV and Varsity won their matches.

In Varsity action set scores were 25-15, 25-20 and 25-16.

The win puts Manson's league record at 6-0 with two regular season matches left. The Trojans were led in kills by Maycee Ward, who

had 11, Megan Clausen added 10 more. Kendall Petre and

Megan Clausen each had 2 solo blocks.

Briseida Landa led the team in digs with 14- Megan's Clausen added 9.

Maycee Ward led the team in Serve Receive.

Behind the service line: Josephine Thompson served

22/24 with 9 aces, Briseida Landa served 14/15 with 1 ace and a string of 10 serves, Brenda Alonso served 4/4 with 1 ace and Kendall Petre served 1/1.

On the JV side, set scores were 23-25, 25-22, 25-14 and 25 - 20.

Maya Hannah led the team in kills with 6.

Paige Schoenwald led the team in digs with 6, Jenny Cesar-Alonso and Ali Adame added 4.

Jenny Cesar- Alonso and Lexi Stotko led the team in Serve Receive.

Behind the service line: Lexi Stotko served 11/12 with 8 aces, Natalie Solorio served 4/4, Melanie Marin served 4/4 with 1 ace, Stefany Luna served 3/3 and Bryanna Harris served 15/16 with 4 aces.

Up next: Thursday, October 18 at home against Brewster, which is Senior Night.

# Stompin' of the grapes

The first and second weekends of October "Crush" is an open house at Lake Chelan area wineries, offering the opportunity to really get a taste of what harvest is about. Many got the chance to tour through the cellars, stomp grapes, listen to music, watch harvest take place and learn what it is really like to make wine.

The public had fun on Sat. Oct. 13 at Lake Chelan Winery, the main attraction was Jim the Grape Man.



in a row. We appreciate how hard Olivia works to continue to improve her game and we are excited for her future! -Coach Reister

**Ella Polley -XC** Ella Polley ran a spectacu-

**Olivia Strandberg** 

lar race at the Nike Hole in the Wall. She beat her last years' time by over a minute



Ella Polley

and her all-time fastest 5K by over 40 seconds. -Coach Anderson/Fox

Photos by Diana Piñon



# **HEALTH CARE DIRECTORY**

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STATEPOINT Photo Beware of under-inflation. Even when tires look properly inflated, they may be underinflated

# 9 things all drivers need to know about their tires

(STATEPOINT) - Today's cars are packed with impressive features. Stability control. Ride assist. Ever-more-powerful engines. But no matter what technology makes its way into your car -- it's your tires that connect it to the road, making their construction and maintenance critical for safe, effective driving.

So, what do you need to know? The experts at Cooper Tires are offering these helpful insights.

• Valve stems are crucial. Those little caps on the valve help to keep out moisture and dirt, as well as provide an additional seal to the valve core, holding air in the tires and helping maintain tire pressure

• Check the manual. Proper tire pressure is important for safety, performance and fuel economy, and can extend the life of your tires by reduc-

ing the chance of uneven wear. But don't check the tire sidewall for this information. That's where the maximum pressure allowed for the tire is listed. The proper inflation pressure can be found by checking the vehicle's owner's manual or the placard found on the driver's side doorjamb, glove box or fuel door.

• Beware of under-inflation.

SEE TIRES ON PAGE B2

# **Traveling with pets? What to know**

(STATEPOINT) - Do your upcoming travel plans include pets? Whether you're flying to an exciting destination or hitting the road, these suggestions can make the journey easier for animals and humans alike.

• Prep your pet: Traveling can prove stressful to animals, so don't catch your pet off-



# Key to healthy yard starts with fall and winter care

(STATEPOINT) - The key to a healthy year-round yard is in how you care for it during the fall and winter months. Ignoring your lawn when the temperatures change can mean even more work for you when the springtime rolls around again. So get ahead of the game now to help yourself in the long run.

Mow and rake

Even when the cool air enters your neck of the woods. it's still necessary to continue mowing your yard. If your grass is still growing, you should still be mowing.

Raking and lawn sweeping your yard after you mow is necessary to prevent sun deprivation from impacting your yard.

By neglecting the areas of your lawn with built-up grass on top, you're ensuring you'll end up with unattractive brown spots peppered throughout.

Keep the clippings in check by raking and removing your grass after every mow. This not only helps your lawn look great but prevents overworking your mower.

# Create a compost pile

The fall season is an excellent time to start your own compost pile and can help you put your yard waste to good use.

Start a pile of green leaves, clippings and non-meat kitchen scraps close to your garden. Add a second layer of brown material such as garden soil, leaves and coffee grounds before adding another layer of greens. Finally, add some garden soil to the top and turn it throughout the season. You'll end up with a rich, black pile of fertilizer for next year's garden.

#### Tend your garden

You may think your gardening is done once you pull the last carrot or onion form the ground, but your garden needs regular maintenance just like the rest of your yard.

Remove any damaged annuals and clear out debris from flower beds. This freshens up the appearance of your garden and helps prevent mildew and mold from taking over.



There's still plenty of time to savor some of the garden's best flavors before you close your door on the season.

**Fabulous fall flavors: Why** 

guard. Before leaving town, practice taking short rides in the car or spending time in a carrier. This will help your pet get used to the experience.

If you haven't already microchipped your pet, this may be a good opportunity to do so. This is also the time to ensure your pet's collar is up-to-date with your current contact information.

• Pack right: Pack plenty of food and fresh water and a sufficient supply of any medications your pet is taking, as getting refills away from home could be difficult. To alleviate anxiety, bring along pet blankets and toys as reminders of home. Also pack a pet-specific first aid kit, which should include non-stick bandages, adhesive bandages, towels, gauze and your veterinarian's phone number.

· Follow rules: Do your research to ensure you're following rules along the way and at your destination. Check airline policies, as well as hotel and campsite restrictions and accommodations. Travel across state or international borders requires a health certificate. Some locations

**TALLEY's AUTO** REPAIR 811 E. Woodin Ave.

Chelan

STATEPOINT Photo

Prep your pet: Traveling can prove stressful to animals, so don't catch your pet off-guard. Before leaving town, practice

require more information and documentation. Give yourself plenty of time to handle these details. Your veterinarian can be a good resource in learning what to expect. To that end, a check-up is also a good idea before a trip, as vaccinations or preventive medications may be needed before traveling.

• Safety first: While seatbelts alone can keep a dog from moving about the cabin of the car, they are not your safest option. To help protect pets in a crash, anchor a crate using a seatbelt or other secure means. When flying, opt to keep your pet in the cabin of the plane if possible. Temperatures and air quality in cargo can put a strain on pets. If your animal is too large to fly in the cabin, speak to your veterinarian about what you can do to keep your pet safe and relaxed in-flight.

 Prepare for anything: Even the best laid plans can hit snags. Be prepared for the

possibility that your pet will www.carecredit.com for pet your vacation destination.

when traveling with a pet. With a little care, you can make your travels with furry friends safe, fun and memorable.

# autumn is ideal for gardening, plus timely tips for success

taking short rides in the car or spending time in a carrier.

become accidentally injured or develop an unexpected illness while traveling, prompting an unplanned trip to the vet. To prepare, consider solutions like the CareCredit credit card, issued by Synchrony Bank, which features special financing options (subject to credit approval) that can allow you to focus on getting your pet better while making monthly payments. More than 200,000 health care providers and health-focused retailers, including over 20,000 veterinarians accept the CareCredit credit card nationwide, which also sponsored the distribution of the tips in this article. Go to healthcare providers closest to

Advance planning is key

(BPT) - For any gardener, fall is bittersweet. The exuberance of summer's bounty has started to fade, while cooler nights and less daylight signal the approach of cold, dark winter.

However, there's still plenty of time to savor some of the garden's best flavors before you close your door on the season. In fact, now is the perfect time to plant what are collectively known as "cool weather" crops tasty favorites that thrive in autumn's chill.

Bonnie Plants grows a wide variety of cool-weather veggies and herbs, perfect for fall planting. Availability of Bonnie's fall varieties is limited to specific regions, so check your local garden retailers to find plants near you.

Select some hardy favorites to get weeks of crisp cabbage slaws, healthy kale bowls, crunchy cauliflower and broccoli or even hearty greens like collards or Swiss chard, perfect to pop

in a long-simmering winter braise.

Other fall favorites include Brussels sprouts - delicious roasted with slivers of garlic, olive oil and a touch of balsamic vinegar - or any of the versatile salad greens like lettuce and spinach or flavorful herbs like cilantro that tend to suffer and bolt prematurely in sweltering summer sun.

Here's six timely tips from Bonnie Plants to help you make your fall garden as enjoyable as your summer harvest.

1. Go big at home

Plant pre-started vegetable or herb transplants rather than seeds to squeeze every last moment out of fall's compressed growing season. These plants love warm soil coupled with cool air and will start to grow quickly. Using transplants instead of seed also means you'll be gathering tasty produce weeks earlier than you would with seed-sown varieties.

## 2. Stretch the season

While you can certainly plant cool-season veggies and herbs in pots or in the

ground, a simple, commonly available garden product, a "cold-frame", can help you extend your fall season by providing some added protection. A cold frame is a four-sided, clear box - open to the soil at the bottom with a hinged lid. Because the ground inside stays warmer than the ambient air temperature, a cold frame protects plants long after unsheltered veggies start to fail. (On warm, sunny days, be sure to crack the lid open to prevent too much heat from building up inside.)

3. Prepare you plot or pot

If planting in-ground, be sure to clear the area of previous planted crops and weeds, as they may decay and harbor bacteria. Always bag, tie and discard debris. Turn up the soil's top layer and add some bagged compost, and mulch. If planting in a pot, be sure to sanitize pots and use fresh, new potting soil, specifically formulated for containers.

4. Proactively patrol for pests

SEE GARDEN ON PAGE B2



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# 5 tips to bring your home's Wi-Fi 'Dead Zones' to life

(STATEPOINT) - Whether it's to stream a movie from the bedroom or lock the front door using smart home technology, you've likely come to expect Wi-Fi to reach every corner of your house. The reality is that there are certain locations in many homes where Internet-connected devices and smartphones are unable to receive a steady Wi-Fi signal (or any signal at all) from the router. These sad places are called "dead zones.'

"Dead zones typically include bathrooms, second and third story bedrooms, attics, basements, garages and back patios -- and they can drive everyone in the house absolutely crazy," says Jeff Parker, the "Wi-Fi Guru," and editor of the Milo Wi-Fi Blog, a source for practical advice, new products, and leadingedge technology dedicated to enhancing the Wi-Fi experience.

So, given today's basementto-attic demand for Wi-Fi access, what is the most eco-



PHOTO SOURCE: (c) nuclear\_lily / stock.Adobe.com There are certain locations in many homes where Internet-connected devices and smartphones are unable to receive a steady Wi-Fi signal (or any signal at all) from the router.

nomical and effective strategy for winning the battle against dead zones in your home? Parker offers five no-cost/

low-cost suggestions:

1. Keep your router away from metal. Objects such as mirrors, televisions, appli-

ances or anything large made primarily of metal (i.e. decorative furniture, filing cabinets, even fish tanks!) have the potential to impair your network's signal strength. If possible, move such items and your router apart.

2. Switch to a less crowded frequency. In living spaces like apartment buildings, too many broadcasting networks can interfere with each other and impact Wi-Fi quality. Because routers broadcast across two wireless frequency bands, 2.4 and 5 GHz, when one is too crowded it acts like a highway packed with cars. The good news is you can usually switch frequencies within your mobile device settings to use the less crowded channel.

3. Reboot regularly. Routers asked to complete many requests, such as handing out multiple IP addresses to different devices and handling large downloads, can end up slowing down because of the heavy workload. You can think of rebooting your router as basically refreshing it and clearing any memory or stalled tasks.

4. Get the latest hardware.

If you're still using that dinosaur router from the early 2000s, it's probably time for an upgrade. Outfitting your home with a smarter and more advanced router could be the solution to your Wi-Fi woes, especially if your existing router is a very old model with limited capabilities. Internet service providers often provide router upgrades by request for no charge.

5. Consider a distributed mesh Wi-Fi system. For Wi-Fi that reaches farther, consider a mesh Wi-Fi system, which consists of a main router connected to a modem and a series of satellite Wi-Fi distribution modules placed throughout the house. Those from Milo provide a strong uninterrupted signal to every Wi-Fi device in the home, from attic to basement. To learn more, visit milowifi.com or call 1-877-426-6456.

Don't just live with the dead zones in your home. By taking a few simple steps, you can enjoy a more satisfying Wi-Fi experience.

# Weatherization myths – Debunked!

(STATEPOINT)-Weatherizing your home for each season can make it more comfortable but how to do it can be confusing. Here are four common weatherizing myths – busted! - to help get your home ready for cooler weather to come.

Myth 1: It doesn't matter where your thermostat is placed.

Truth: Location, location, location! You may be spending more on heating and cooling than you need to be if your thermostat is in the wrong place. Placed in direct sunlight, you run the risk of getting false readings, as it can "think" the room is warmer than it actually feels, causing vour air conditioner to turn on when it isn't needed. Similarly, a thermostat placed near the kitchen often reads that the home is far warmer than it truly is due to the stove and oven. The best location is on an interior wall, centrally located and near areas where you spend the most time, ensuring these rooms are the most comfortable. Myth 2: Closed curtains and blinds in cold weather prevent

heat escape. Truth: According to the Department of Energy, shades and drapes can reduce heat loss from a warm room by up to 10 percent. However, opening curtains and blinds during the day when direct sunlight hits can also allow for a warming effect. In winter, draperies should be closed at dusk but opened at dawn.

In addition, heat escape through windows can be prevented with window insulation products such as Duck brand Roll-On Window Kits, which create a barrier between outdoor air and a home's interior. helping block drafts and air leaks. And, it's also a myth that these are hard to install: A pre-taped edge makes for easy roll-on application, requiring no measuring, while fitting snuggly to indoor window frames to provide an airtight, crystal-clear seal.

Myth 3: It's expensive to



Windows and doors are the two largest draft sources in any home and should be top priorities for homeowners.

draft-proof your home.

Truth: Homeowners can actually save hundreds of dollars annually on heating and cooling costs with proper weatherization early in the

season. How do you do it? There are many inexpensive, do-it-yourself weatherization products that are easy on the wallet and easy to install, requiring minimal -- if any

• "All season" tires have

limits. "All season" tires are

meant for year-round moder-

ate weather. Install winter

tires for dealing with severe

tread should be more than

2/32 of an inch deep. Check

for this by inserting a penny

into the tread with Lincoln's

head facing down. If the top

of Lincoln's head is covered

by tread, there's at least a

minimum acceptable amount

of tread. If the top of his head

tiny, sap-sucking aphids, cat-

erpillars (particularly from

cabbage white butterflies)

and harlequin bugs. Inspect

your plants for tiny clusters

of aphids or tell-tale holes

in the leaves. Handpick cat-

erpillars or harlequin bugs

• Tread check is easy. Tire

winter weather conditions.

to check pressure.

-- tools.

Windows and doors are the two largest draft sources in any home and should be top priorities for homeowners. Duck brand MAX Strength Silicone Weatherstrip Seals are quick to install and seal various size gaps around windows and doors that may be allowing air to escape.

Myth 4: It's cheaper to keep your home at a constant temperature.

Truth: A common misconception is that it's better to keep your home at a constant temperature, even when you're not home. However, if the system runs less during the day, it uses less energy. According to Energy.gov, you can save as much as 10 percent a year on heating and cooling by turning your thermostat back 7-10 degrees from its normal setting for eight hours a day.

Still need more help? For additional tips and information, text "Weather" to 84444 to access Duck brand's Project Selector, an online resource for project guides, instructional videos and more, or visit DuckBrand.com.

Don't let common myths scare you. Weatherizing can be an affordable, easy do-ityourself project -- especially if you plan ahead.

Don't Forget to Schedule Fall Maintenance



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# TIRES

#### CONTINUED FROM PAGE B1

Even when tires look properly inflated, they may be underinflated by as much as 50 percent. Under-inflation can lead to tire failure, and tires that are under-inflated by 8 pounds per square inch (PSI) or more can increase your fuel consumption by 4 percent.

• Weather matters. Outside temperature can affect tire pressure more than you might expect. On average, experts say that tire pressure decreases by about 1 PSI for every 10-degree Fahrenheit drop in

GARDEN

CONTINUED FROM PAGE B1

While pest numbers naturally decline in the cooler days of fall, they don't disappear entirely. Common pests of cool-season plants include



temperature. The changing is visible at any point around the tire, it's time to replace seasons are a good reminder the tire.

> Off-road adventures require off-road tires. Road tires may be able to handle the occasional jaunt down a gravel driveway or dirt road, but when you're heading offroad you'll need something more rugged, such as the Cooper Discoverer STT Pro, which has been designed for off-road use.

• Tires should be checked regularly. Every month and before long road trips, perform this DIY routine: check tire pressure, check tread depth, check the overall con-

from plants and dispose of them or use a strong blast of water from a hose to dislodge aphids.

5. Embrace cooler, carefree comforts

With the warm days and cool nights of fall, less moisture evaporates from your garden or pots, so you'll need to water less often. (Only water when the soil 2" deep is dry.) In addition, many cool weather crops handily survive light frosts, growing well until a very hard freeze ends their productivity. Better yet, chilly weather improves the flavor of many late-season varieties, including members of the cabbage family, kale, Brussels sprouts and chard, by turning their starches into natural sugars,

dition of the tires for cuts, cracks, splits, punctures, irregular wear and bulges.

• Know the limits of your tires. If you're the type of driver more likely to use the gas pedal than the brake, choose tires designed for high-performance, such as the Cooper Zeon RS3-G1, which features great grip and handling.

More tips and information can be found at coopertire. com. As cars go high-tech, don't forget that selecting the right tires and keeping them in good shape are two of the most important things you can do to stay safe on the road.

making them a sweet and healthy treat.

#### 6. Take time to relax

Just like plants, gardeners enjoy a break from the stifling heat of summer. With the leisure of cool days, fewer chores and less weeding as the garden begins to wind down, you'll be able to enjoy the garden more while you wait to harvest your fall favorites to boost your recipes and brighten your table.

If you don't want to give up on your garden's bounty, pick up a selection of coolseason favorites from Bonnie Plants now - and keep your garden growing!

For more information on fall gardening and varieties, please visit www.bonnieplants.com.

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# Fall Home & Car Care

# Is your family prepared for an emergency?

(STATEPOINT) - With wildfires, floods, earthquakes, tornadoes and hurricanes occurring around the world, having access to safe drinking water in the event of an emergency should be top of mind no matter where vou live.

Natural disasters can contaminate and disrupt water supplies, making it difficult to access safe drinking water at home. Emergencies also force families out of their homes, making it necessary to hydrate from natural water resources where harmful contaminants like bacteria, chemicals, microplastics and heavy metals may be present.

"The everyday public health concern of water contamination is elevated during emergencies, when water can be unreliable for drinking," says Alison Hill, managing director of LifeStraw, a manufacturer of water filtration systems that is often involved in disaster relief both in the U.S, and around the globe.

"If an emergency has your family on the move, being able to hydrate safely from any fresh water source -fountains, streams, rivers and ponds is key," points out Hill.

When building your emergency supply kit, be sure to include a portable filter to help eliminate harmful contaminants from your drinking source.

LifeStraw makes it easy to hydrate safely at home and outdoors. LifeStraw Go is a refillable bottle that incorporates a two-stage filter removing bacteria, chemicals, microplastics and bad



Hydrating safely from any fresh water source is key during emergencies.

Another good option for personal use is LifeStraw Flex, a multi-use filter that removes heavy metals including lead as well as bacteria and parasites. Finally, those traveling in groups may find it more efficient to use a filter specifically designed for a crowd, such as the brand's Mission model, a high-volume gravity-powered purifier that also filters viruses, available in a 12-liter compact roll bag.

Being prepared for any situation will help keep your family safe and healthy, for whatever comes your way. Gain the confidence of knowing that you will have access to safe water for days, weeks and even months should your water supply be compromised by a natural disaster or other emergency.

# Vinyl siding cleaning and maintenance tips

(STATEPOINT) - The type of siding you have on your home can affect how you spend your weekends, as some options require more maintenance and upkeep than others.

"While stucco, wood siding, fiber cement siding and engineered wood all require regular painting and caulking to look their best, today's vinyl siding needs only periodic cleaning with mild soap and water from a garden hose to achieve the same result," says Kevin Mickle, product manager at ProVia, a manufacturer of siding and other exterior building products.

For maximum curb appeal, the experts at ProVia are offering the following tips for maintaining and selecting vinyl siding.

• To clean vinyl siding, use a soft cloth or ordinary longhandled, soft bristle brush. For textured surfaces, use only a soft bristle brush to keep the grooves in the texture stainfree. For best results, start at the bottom of the house and work your way up, taking care to rinse the cleaning solution completely before it dries.



STATEPOINT PHOTO

For maximum curb appeal, the experts at ProVia are offering the following tips for maintaining and selecting vinyl siding.

manufacturers advise against

the use of pressure washers

on their products or have

limitations on the amount of

pressure and the cleaners that

During this process, cover any brick facing so it's not affected by the runoff. To remove mold and mildew, use a solution of 30 percent vinegar and 70 percent water.

• Before using a power washer, read the washer's

can be used. If you do choose to use a power washer, hold it at eye level to keep water on top of the siding where it can clean most effectively.

· Ensure your cleaner of choice won't harm your siding. Spot check a small area first.

Never use cleaners containing organic solvents, undiluted chlorine bleach, liquid grease remover, nail polish remover or furniture polish.

• When doing any home maintenance project involving stains, sealants and wet concrete, or when spraying the lawn with insecticides or herbicides, cover vinyl siding to protect its color.

 Keeping siding away from significant heat sources -- do your barbecuing many paces away from the house and keep readily ignitable materials such as dry leaves, mulch and trash away from the structure.

• Whether you're building a home or upgrading your current exterior cladding, make an informed selection. Look for the VSI Product Certification Program label.

This means the vinyl siding has gone through a thirdparty inspection process and was independently verified to meet or exceed the industry standard for quality. One brand meeting these rigorous standards is ProVia, which specializes in elegance and endurance and offers three types of professionalclass vinyl siding to choose from: insulated, traditional and decorative. All of their cladding is created with a Super Polymer Formulation for enhanced durability. To learn more, visit provia.com/ siding

Want to take your weekends back? By selecting vinyl siding for your home, you can get all the charm and curb appeal that traditional materials offer with a simpler maintenance routine.



instructions carefully, as well as the recommendations of the siding manufacturer. Some

5 ways to get your home ready for the season

(StatePoint) A change in planning to attend one. To be forgettable and keep your You can also save even furthe hostess with the mostest, select thematic items that color coordinate, or find seasonal options to complement your party essentials, like season. balloons, plates, party favors, disposable table cloths, napkins, silverware and more. A discount retailer such as Dollar General can serve as an affordable one-stop shop for finding all of these items and is also a good destination for those in need of gift items for birthday celebrations or other special occasions. Find gift cards, candles, toys and cards for recipients of

seasons often means it's time to make home decorating updates, entertain friends and family, and more. Want to make all of this happen affordably?

To help, the discount experts at Dollar General are offering some essential shopping tips to save time and money while finding the items you need to live it up in style this season and beyond.

**Refresh Your Home** Refresh home décor on a budget any time of the year. Explore your creative side as you pick out new curtains, throws, pillows, wall art and more. To avoid getting overwhelmed, you may want to start out by updating spaces one at a time, rather than giving your whole home a complete overhaul all at once. Shop at a discount retailer to find the perfect decorating solution for your style and budget, in an easy and convenient way.

**Get Party-Ready** 

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#### **Everyday Essentials**

Instead of buying everyday items as-needed at an expensive shop, save both time and money by stocking up on these supplies at a discount retail store. At home, be organized and have a handle on where you store items, so you can grab them as you need them.

#### Save More

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ther with digital coupons that provide customers with an easy-to-use platform. Seek out stores that offer perks, like Dollar General. To sign up for deals and discounts, visit dollargeneral.com/coupons or access coupons on the mobile app. Shoppers can load coupons to their account and redeem them at checkout during their next visit.

Whether you're looking to update your home décor or you're searching for affordable party supplies for an upcoming gathering, free up some space in your budget and your schedule by onestop shopping at a discount retailer.

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# Fall Home & Car Care

# How to keep pests out of your chimney

(BPT) - As temperatures drop, many people will start spending more time in the warmth of their homes. Animals don't have the luxury of extra heating and take whatever refuge they can find, making chimneys a convenient place for pests to seek shelter. The team at Terminix has some helpful information to share so that homeowners can be better prepared to address critters that find their way into chimneys.

What kinds of pests can

end up in your chimney?

If you hear rustling or scratching coming from your chimney, some type of rodent may be the culprit. Your visitors could be squirrels, which are excellent climbers and can be found in all sorts of places within your home, from attics to crawl spaces to wall voids. Or your chimney might become the den of choice for a female raccoon birthing her voung

Rats are yet another option. Norway rats can enter

this area of your home from the ground floor and nest on little shelves inside your chimney. And while roof rats, a different species of rat found mostly found along the coasts, are more likely to nest in your attic, they can also find their way into your chimney.

Rodents aren't the only animals that can end up in this space, either. Flapping sounds or chirps indicate that a bird may be nesting in your chimney. It may not look much like a tree to you, but to

certain species of birds, your house's chimney could look very similar to the hollow trees in which they like to build their nests

How do you keep pests out of your chimney?

Ideally, you'll want to set up some preventative measures to reduce the chances of a mother raccoon or other pest in your chimney. Installing a chimney cap can help keep birds, raccoons and other large pests out. When it comes to pests like rats and mice, you should focus on sealing smaller entry points, as a rat can squeeze through a hole the size of a quarter! It can be difficult to spot these access points from the ground, so you should have a professional inspect your roof and chimney for possible holes.

What do you do when a pest is already inside?

Pest control measures vary depending on what kind of animal has entered your chimney, but the general rule is that you shouldn't light a fire or try to smoke the animal out. Pests like raccoons can attack when they feel threatened, and rodents can spread ectoparasitic insect pests like ticks and fleas, so you don't want to come into direct contact with whatever animal has decided to seek shelter in your home. Leave the actual removal to professionals, as Terminix's trained technicians can safely and effectively remove pests that have taken up residence in your chimney.

# Black and white: a reemerging home design trend

(STATEPOINT) - Black and white always has been a classic color pairing, and this neutral palette has resurged as one of today's hottest design trends.

Whether your look is modern or traditional, knowing how to properly use black and white can provide balance and boldness to a home. Here are some tips to help integrate this trend into your space.

 Create a Luxurious Living Room. They say the darker the wall color, the smaller the space feels -- but that's not entirely true when black walls are paired with the right light accents. In the right instances, black and white go together like yin and yang, transforming living rooms into pictureperfect spaces.

"You can either go heavy on the black, with black painted walls or wallpaper, or make it the accent color and opt for white walls," says Danielle De-Boe Harper, interior designer and senior creative content manager at Moen, a leading manufacturer of kitchen and bath fixtures. "In a whiteheavy room, include touches like artwork in black frames.



STATEPOINT PHOTO

Whether your look is modern or traditional, knowing how to properly use black and white can provide balance and boldness to a home.

a black fireplace or a black painted floor and ceiling moldings. In a black-heavy area, use white trim and rugs to offset dark walls for a contemporating a pair of bold buffalo porary look, or organic wood check chairs or large scale

accents to create a unique boho feel." In modern homes, DeBoe Harper recommends incor-

black and white photos. For a more traditional approach, she suggests using silk black and white striped curtains, or painting the ceiling in a black and white herringbone

Simple steps for smart storage and easy moves

(STATEPOINT) - Did you know 66 percent of Americans have difficulty finding things in household storage? And more than half are frustrated by the task.

Instead of stressing, consider using smart, tech-based storage solutions, like the Duck Pack & Track app-based

Other things you can do to improve your storage skills? Turn stacks of paperwork into digital files by scanning them or snapping photos. Take advantage of vertical space by installing shelving and hooks. Also, some pieces of furniture, like ottomans, can pull double-duty as extra



• Turn up the Heat in Your Kitchen. Also known as entertaining central, your kitchen is the perfect location for some wow factor. The boldness of black and white will seriously impress your guests.

"A lot of homeowners want the clean kitchen look, so they're afraid to bring in a dark, dramatic color," says DeBoe Harper. "In reality, incorporating black cabinets or fixtures into an all-white kitchen can give it an upscale, current feel that's still streamlined -- and doesn't require cluttering your countertops with accent pieces."

Consider combining a matte black faucet, such as Moen's Sleek kitchen faucet, with a white backsplash and counters, or mixing black bentwood café chairs around a modern white tulip table for a more eclectic approach.

 Shower Your Bathroom with Style. Black and white

can give your bathroom a clean, crisp look. Infuse black accents through a matte black faucet and coordinating accessories, like those from Moen's Genta bathroom suite, or through black and white floor tiles in a geometric print. Towels also provide an opportunity to add texture and visual interest, whether it's a modern floral or traditional houndstooth.

For a seriously eye-catching shower, install black and white striped tile. Keep the bathroom's walls white, so the tiles really pop, expanding the stripes to the ceiling to emphasize the height of your bathroom walls and make it feel bigger -- the thinner the stripes, the bigger the statement.

"Integrating black and white makes your space feel sophisticated, yet playful and on trend," adds DeBoe Harper. "Use these tips to achieve the ideal balance in your home."





labeling system to keep things organized. It uses a smartphone app and labels with unique QR codes to help you keep track of your boxes' contents. Additional information is available at DuckPack-AndTrack.com.

places to store books, photo albums, blankets, pillows and more.

Don't let your next move or seasonal cleaning be overly stressful. Smart solutions can keep you organized from start to finish.

STATEPOINT PHOTO

Don't let your next move or seasonal cleaning be overly stressful. Smart solutions can keep you organized from start to finish.

# How a pressure cooker can save you time and energy in the kitchen

(STATEPOINT) - Pressurecooking may sound intimidating, but it's important to keep in mind that it's actually a simple process that can save

you time, energy and money. Not only does a pressure cooker use up to 70 percent less energy than a stove, it combines high pressure and



STATEPOINT PHOTO Not only does a pressure cooker use up to 70 percent less energy than a stove, it combines high pressure and high heat to dramatically reduce cooking times,



high heat to dramatically reduce cooking times, saving you as much as two-thirds the time it takes to cook with a conventional stove. Another benefit? More vitamins and minerals are retained by pressure cooking vegetables as opposed to boiling and steaming.

Using a pressure cooker is different than cooking on a stovetop or in the oven, so the first few times, follow a recipe

to get the feel for liquid ratios and cooking times. Recipes for all occasions, as well as tips and pressure-cooking advice can be found on Crock-Pot. com.

Don't let inexperience prevent you from trying a pressure cooker. Once you have a few strategies down, it can become a useful tool to prepare convenient, quick meals for your family.

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THEME: HALLOWEEN	DOWN
ACROSS	1. Andy's radio partner
1. Accumulate 6. To and	2. Sweater eater
9. Audition tape	3. Dead against
13. October, e.g.	4. Kind of pad
14. Adam's body part	5. Sacred spot
15. Mountain climber's spike	6. *"Eye of newt, and toe of"
16. Weasel's aquatic cousin	7. Relieve from
16. Weasel's aquatic cousin 17. Gentry's " to Billie Joe" (1967)	8. Falstaffian in body
18. Agitate	9. Christian of haute-couture
19. *Štanley Kubrick's "The"	10. Evening purse
	11. Lion's share
21. *Ghost or ghoul 23. " Clear Day You Can See Forever"	12. Single
Forever"	15. Kindergartener's textbook
24. Clothing joint	20. Drug agents
25. *Nighttime radar flyer	22. "for the course"
28. European sea eagle	24. Nonprofit's purpose
30. Not wholesale	25. *"Psycho" motel proprietor
35. In the sack	26. Terminate, as in mission
37. Popular dieter's foe	27. "Four" prefix
39. Laundromat setting	29. Indian flatbread
40. Carrying bag	31. Homemade swing seat
41. Enjoy, as in food	32. Societal breakdown of moral
43. Parks on a bus	standards
44. Made a mistake	33. October edition of "Vogue," e.g.
46. In 1492, it sailed the ocean blue	34. Minimum
47. Outback birds	36. Ownership document
48. Stadiums	38. *chilling
50. pit	42. Haile Selassie's disciple
52. Hitherto	45. Stalin's order, e.g.
53. Genuflecting joint	49. "Wheel of Fortune" request
55. Feather glue	51. Equestrian's seat
57. *She played Laurie Strode	54. Op-ed piece
60. *Dead one	56. More raw
64. Bipolar disorder phase	57. Vena
65. Marienbad, e.g.	58. g or cm
67. Blind alternative	59. <sup>*</sup> "The Vampire Chronicles" author
68. Give the boot	60. *Christine and such
69. Breathing matter	61. Weather
70. Famous Bolshevik	62. Homer's "Iliad"
71. London art museum	63. Monthly due
72. "Owner of a Lonely Heart" band	64. Came together
73. Not slouching	66. Crusty dessert
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Your ad will appear online and in the newspaper for one low price. Deadline Monday at noon Lake Chelan Mirror 682-2213 mirrorads@ lakechelanmirror.com Leavenworth Cashmere 509-548-5286 classifieds@ leavenworthecho.com Deadline Tuesday at noon Quad City Herald 509-689-2507 heraldads@qcherald.com All Classified Ads go in all of our newspapers



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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tify you when what you want appears our in classifieds within 7 days Whether it's your dream job or your dream car Wanted" "Items will email you a notification when it becomes available. To use "Items Wanted" go to

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**gcherald@gcherald.com** Go to Advertising, Submitted A Classified and follow the easy steps



# **GENERAL MERCHANDISE**



Dark blue sapphire and diamond earrings. Just appraised at Button Jewelers in Wenatchee. Appraised at \$1,330. Asking \$1,030 OBO. Call Rhonda at 509-683-2120. Appraisal paperwork included.

# PUBLIC NOTICES

#### CITY OF CHELAN PUBLIC NOTICE

The City of Chelan Office of Community Development is currently accepting applications for the 2019 Comprehensive Plan map & text amendments. The application deadline is October 31st, 2018 by 5:00 pm. Application materials may be obtained from the Office of Community Development by calling (509) 682-8017.

Published in the Lake Chelan Mirror October 17, 2018. #83385

#### Statement of Ownership Management and Circulation

Required by 39 U.S.C. 3685 The Lake Chelan Mirror (USPS 101 620) is published weekly at Chelan, WA. Annual subscrip-tion rates: \$40.00 in Chelan Chelan County, \$50.00 outside Chelan County in the United States. Mailing address: P.O. Box 249, Chelan, WA., 98816. Publisher William E. Forhan, NCW Media Inc., P.O. Box 39, Leavenworth WA. 98826. Editor, William E. Forhan. The Mirror is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: William E. and Carol L. Forhan, both P.O. Box 39 Leavenworth, WA. 98826, Jeff Gauger and Liz Gauger, both 1003 Browning Greensboro, NC. 27410. Rd.. Numbers are average during preceding year and for October 10, 2018. Total number of copies printed: 1,500, 1,500. Sales through dealers and carriers, street vendors and counter sales:1452, 1407. Total paid and requested circulation: 1486, 1441 Free distribu-tion: 34, 34 Copies not distrib-uted 14, 59. Total 1500, 1500. Percent paid and/ or requested circulation: 97.71%, 97.64% I certify that all information is and complete.William E. Forhan, President, October 15, 2018.

# PUBLIC NOTICES

#### Lake Chelan Reclamation District has two Board of Director Positions open

The Lake Chelan Reclamation District has Petitions of Nomination available for individuals who are interested in filing for a director position with the District. There are two (2) positions open, both are three-year, beginning January 1, 2019. Petitions for the director positions must be returned to the Lake Chelan Reclamation District office by 5:00 p.m., Monday, November 5, 2018. Published in the Lake Chelan Mirror October 10, 17, 24, 31, of 2018. #33296

NOTICE TO CONTRACTORS Sealed bids and other items required in accordance with the "Instruction to Bidders. AIA Document A701-1997" as con-tained in the Contract Docu-ments, dated October 8, 2018, as prepared by Forte Architects, 240 North Wenatchee Avenue, Wenatchee, WA 98801, will be received by the City of Chelan for construction of the Parks De-partment Maintenance Building, Chelan, Washington. Bids are due on or before 2:00 PM PDT on Tuesday, October 30, 2018. Bids received after this time will not be considered. Bids shall be delivered to: City of . Perri Chelan, Attention: Ms. City Clerk,135 East P.O. Box 1669, Che-98816. Sealed bids Gallucci Johnson. lan, WA be delivered by certified may US mail or courier. Telephonic. fax, or email bids will not be accepted or opened. Bids will be and read publicly by the Owner immediopened (aloud) ately following the hour as set above; Prime bidders are welcome to attend the bid opening. Each Bid shall be submitted in accordance with Project Bidding and Construction Document requirements as contained in the Contract Documents and shall accompanied by a Bid Bond or Cashier's Check made pay-able to the City of Chelan, in the or amount of not less than (5%) of the total amount of the Base Bid and (any) Alternates. Perform-ance and Payment Bond for 100% of the Contract will be re-quired as a condition of entering into a contract. Bid Work is in accordance with that described under Division 1, Section 01 10 The Owner SUMMARY. shall reserve the right to reject any or all proposals and the to waive any irregularities right or information in any proposal, subject to the Laws of the State Washington as pertaining to Public Works, as may be deemed in the best interest of the Owner. In particular, the Owner reserves the right to re-ject a proposal which is not accompanied by the required bid security, and incomplete or ir-regular proposals which may exclude or modify any item(s) required by the Bid Documents. No Proposals will be accepted after the hour set for receipt of Proposals as set forth above. Wages on this project ARE subject to Washington State Pre-Wage rates. Bidding vailing prepared by Inc., including Documents Forte Architects, Instructions to Bidders, Form of Agreement, General Requirements, Drawings and Specifications entitled, City of Chelan Parks Department Maintenance Building, dated October 8, 2018 are available www.fortearchitectsplanroom.co available at m, and Bidders may down load digital files at no cost upon regregarding there. For any questions regarding the plan room, please contact Auron K. at (509) 747-2964. Bidders may pur-747-2964. Bidders may pur-chase printed documents, at bidder's expense, by selecting the "Order" option, or at various construction councils construction and builder association plan centers, a list of which is available from office of the Ar TE ARCHITECTS, Architect, FORTE ARCHITECTS, INC, 240 North Wenatchee Ave, We-FORTE natchee, 293-5566. WA 98801, (509)

# PUBLIC NOTICES

PUBLIC NOTICE Chelan County Public Hospital District #2 Special Meeting of the Board of Commissioners

Chelan County Public Hospital District #2 will be holding a Special Board Meeting on Friday, October 19, 2018, starting at 9:00 a.m. in the Bragg Room at Lake Chelan Community Hospital, located at 503 E. Highland Ave., Chelan, Washington. This meeting will be for compliance training for the Board of Commissioners.

An Executive Session will then start at 9:30 a.m. to 5:30 p.m. to conduct candidate video interviews for the CEO Position.

Published in the Lake Chelan Mirror on October 17, 2018. #83387

#### SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In Re the Estate of: Cause No. 18-4-00262-04 Daniel Lee Ashton, Deceased. PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been ap-pointed as personal representa-Any person tive of this estate. having a claim against the dece-dent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mail-ing to the personal representa-tive's local agent, or the personal representative's attorney, at one of the addresses stated below, a copy of the claim, and also filing the original claim with the court. the original of the the court. The claim must be presented within the later of: (1) Thirty days after the representative served personal or mailed the notice to the credi tor as provided under <u>RCW</u> <u>11.40.020(1)(c);</u> or (2) four months after the date of the first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as wise provided in <u>11.40.051</u> and <u>11.40.060</u>. other-<u>RCW</u> This bar is effective as to claims against both the decedent's proclaims bate and non-probate assets. Date of First Publication: October 10. 2018 Personal Representative: Matthew Daniel Ashton Attorney for the Personal Representative: Stan Morse WSBA 9627, P.O. Box 2128 Chelan, WA, 98816. 509-682-7239 Dated: September 17, 2018. Matthew Daniel Ashton Personal Representative

Published in the Lake Chelan Mirror October 10, 17 and 24 2018. #83294



# Steele still has 'work to do,' wants to remain in State House

By Gary Bégin, NCW Media Managing Editor

CHELAN - Michael Steele wants to remain the 12th Legislative District State Representative for another term. The Chelan native recently spoke to NCW Media Managing Editor Gary Bégin about the various issues he plans on tackling if reelected. His answers follow:

NCW Media: What new 12th District issues (if any) are you bringing to the table in Olympia, should you get re-elected?

Steele: I am very passionate about workforce housing and finding state level solutions to address this ongoing issue. I also want to continue to work on career connected learning, Career and Technical Education and Steam policies.

NCW Media: Do you have goal for the next session?

Steele: I want to continue working on the policies mentioned above. I will continue to serve on the Capital Budget Committee and want secure funding for several ongoing projects throughout the 12th Legislative District.

NCW Media: Do you have any answers or remedies regarding wildfires?

Steele: I have scheduled a meeting with Commissioner Franz, Maia Bellon, the Director of the Department of Ecology and the Superintendent of the



Michael Steele

Forest Service to see how our state and federal agencies can work better together in order to achieve greater prescribed burning goals.

NCW Media: Do you have any specific platform to share with the readers?

Steele: My platform continues to be job creation, economic growth and continuing to working on improving the lives of all individuals in the 12th District.

NCW Media: Do you feel your experience in attracting tourists to Lake Chelan is a help in understanding tourism's importance to the 12th District?

Steele: Absolutely. Tourism is the second largest economic driver here in our district, behind agriculture. Communities in the Methow, Lake Chelan, Wenatchee and Leavenworth are remarkable examples of how tourism can positively impact economies.

NCW Media: How will you as a rural Republican, work with urban Democrats in getting compromise on key issues like over-reaching government business regulations?

Steele: I have already been seen as a collaborator and someone that is willing to work across party lines to achieve good policy. Building relationships and working in a professional bi-partisan manner is the best way to achieve policies that benefit the whole state, urban and rural.

NCW Media: Can you as a state legislator, influence the state's federal delegation to rid us of tariffs, especially on fruit?

Steele: I have expressed my concerns over tariffs and their impacts here in the 12th District to our federal delegation. I know they all share the same concerns and are working toward solutions.

NCW Media: Feel free to mention anything you like such as family, education, hobbies, passions, etc.

Steele: I have been honored to serve the people of the 12th District. I am excited and encouraged by the support I have received and I look forward to returning to Olympia as a continued advocate for the people of the 12th.

# Musical Pursuit concert invites you to challenge yourself with a trivia quiz

#### SUBMITTED BY JUDY JOHNSTON, OVOC

OMAK - Okanogan Valley Orchestra & Chorus present the season premier concert at the Omak Performing Arts Center on October 20, 2018 at 3:00 pm. The concert is planned as an audience participation event, a musical quiz that will keep you engaged as you go on this "Musical Pursuit".

Matt Brown and Jonathan McBride, musical directors for the orchestra and chorus, have chosen an eclectic mix of music. The chorus will perform a Chopin Prelude, a Beethoven spoof called "Beethoven's Wig", a choral piece from HMS Pinafore, the rock anthem "Bohemian Rhapsody", plus some modern movie music from "La La Land" and "The Lord of The Rings". The orchestra will perform "Hall of the Mountain King" from Peer Gynt Suite, "Mars" from The Planets, "Sleeping Beauty Waltz" and "March to the Scaffold" by Berlioz.

Not a musical trivia buff? "No problem", says OVOC Publicist, Judy Johnston. "Quiz questions are designed to let the music give you the answers, those delicious AHA moments that are so fun." Audience members who wish to participate may use cell phones to access the simple app that allows them to play along by choosing among multiple choice possibilities shown on the projection screen. Directions will be given at the concert and it is promised to be easy even

for the technologically challenged!! "We have the most fun at our concerts when the audience is actively engaged. Young people who 'play' along will learn some interesting facts and we know everyone will walk away with a smile, especially the winners of some great prizes!"

Season tickets are still on sale for a savings on all the OVOC events this year. The season ticket provides admittance to all four concerts plus the community musical in May. Contact Judy at judy@ovocmusic. org for information or plan to purchase the season ticket at the concert. Single ticket admission is \$12 with a senior rate of \$10 and all youth 14 and under, free. Tickets are for purchase at the door.

Published in The Lake Chelan Mirror on October 17, 2018.

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www.

lakechelanmirror.com

Published in the Lake Chelan Mirror October 10 and 17, 2018. #83343

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