

Chelan Volleyball captains strike spikes of confidence

STORY AND PHOTOS BY
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CHELAN -- The co-captains for the Chelan Varsity Volleyball squad are lifelong friends Leanna Garfoot and Emma McLaren. Appropriately enough, Garfoot sets the shots for outside hitter McLaren as they have been doing for years.

The pair could almost pass for sisters not only in looks, but in cheerful attitudes and disciplined approach to playing the game.

They are two of three varsity players on the Goat squad joined by one freshman, two sophomores and four juniors.

The pair are happy and dedicated regarding their leadership position on the team.

“We want to set a good example to others,” they both said.

The two also play for club volleyball team Kahiau, which means “to give generously without expecting anything in return.”

It summarizes how the ladies feel about sports and life in general.

The two 17-year-olds are headed for college after they graduate in 2020.

Emma said she is headed west to Cal-Poly at San Luis Obispo to study marine science and play beach volleyball.

Leanna will staying closer to home by going to Central Washington University in Ellensburg in 2020 where she will be studying to be become an elementary school teacher.

So far the co-captains have been leading their Goats to victory, taking all 6 games versus



From left, back row: Ally Williams, Xitlali Cruz, Leanna Garfoot, Emma McLaren, Elly Collins. Front row from left: AJ Guellen, Katie Rainville, Morgyn Harrison, Olivia Strandberg, Casey Simpson.



From left, Chelan Varsity Volleyball Co-Captains Leanna Garfoot and Emma McLaren strike a pose.

Moses Lake, Eastmont and Wenatchee (two games each) during the Wenatchee Jambo-

ree held Saturday, Sept. 7. Great expectations for the seniors are par for the course



Chelan Volleyball History on the wall of the Goats' gym.

as the Goats volleyball squad has a long and storied legacy for them to live up to.

Chelan High School Girls Soccer Team 2019



Gary Bégin/NCW Media
Front: Ashley Sams. Front row (squatting) left to right: Salma Bravo, Kenia Sanchez, Ana Torres, Joslynn Simmons, Yaretzi Mendiola, Kailyn Boykin. Standing left to right: Irene Hernandez, Aitza Uvalle, Itzi Blanco, Geovana Granados, Palina Yarmolenka, Makayla Griffith, Aliyah Villasenor, Lupe Magallon, Yennifer Sanchez, Mia Bordner. Coaches left to right, Amaris Longmire-assistant coach and Marina Williams-head coach.



The girls played Quincy at home on Sept. 12 and lost 3-1. They tied in their first game at Liberty Bell 2-2.

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Chelan High School Girls XC Team

Gary Bégin/NCW Media
Girls back row, Emilie Barnes, Teegan Silva, Bella Gatzemeier, Lana Fielding, Mireya Garibay. Front row, Ashlyn Sanderson, Ella Polley, Madga Deschberger. Not pictured Lizzie Knight.



Chelan High School Boys XC Team

Boys back row, Max Nimz, Luke Simmons. Cash Walsh, Logan Lemmings, Tucker Fogelson, Hunter Shumway, Elijah Strode, Ringo Renteria. Middle row, Ivan Duenas, Chris Knight, Mason Dowd, Anndrick Espana. Front row: Tyler Fogelson, Jesse Rahm. Not pictured, Alex Andrade, Nate Harding and Jose Torres.



XC travels to Highlander Invite

SUBMITTED BY CHS ASSISTANT COACH HEATHER FOX

SPOKANE: The Chelan Cross Country team traveled to Spokane on Sept. 14 for the Highlander Invitational hosted by Shadle Park High School. Chelan athletes competed on a 2.5-mile course against over 1,300 runners from 48 schools from Washington and Idaho. Chris Knight barely missed the podium by placing 26th in a solid race. Alex Marron, a senior in his first Race, placed in the top third of the competitors. Teegan Silva and Mireya Garibay raced against predominately athletes from AAA and AAAA schools;

both placed in the top half of the field. Tucker Fogelson and Bella Gatzmeier earned athletes of the meet. Both runners competed in tough field. Fogelson passed nearly 20 runners in the last mile and Gatzmeier showed amazing tenacity in her first high school race. Chelan Goats travel to Kings Cross Invitational on Sept. 28. Freshman Boys (225 Competitors) Luke Simmons 97th 16:50 Tyler Fogelson 100th 16:55 Sophomore Boys (223 Competitors) Hunter Shumway 122nd 16:26

Cash Walsh 155th 17:02 Junior Boys (212 Competitors) Tucker Fogelson 61st 15:08 Ivan Duenas 115th 16:15 Senior Boys (176 Competitors) Chris Knight 26th 13:41 Alex Marron 60th 14:58 Freshman Girls (97 Competitors) Lizzie Knight 67 21:46 Small School Race (236 Competitors) Bella Gatzmeier 44th 18:33 Ella Polley 67th 19:07 Large-School Race (144 Competitors) Teegan Silva 51st 16:50 Mireya Garibay 68 17:28

Goats defeat Warden 49-20

CHELAN - The Chelan High School football team hosted Warden on Friday, Sept. 13 at Sargent Field, and came out on top 49-20. The Goats host South Whidbey on Sept. 20. Game time is 7 p.m. "That win was 100% because of our players effort and enthusiasm. We executed on offense and played tough, physical defense. We held the to 36 yards of rushing and a total of 136 yards of total offense. When you do that and run the ball the

way we did you always have a chance to win. Our coaches did a good job putting kids in the right places and our players did a good job of executing their jobs, while being physical. We will need to get back to work early. South Whidbey is very big and strong. They will be a great challenge for us going into week 3."

Travis Domser
Chelan High School





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