



Manson Royalty to be selected for 100th festival
See page 3

Lake Chelan Valley Events

Echo Ridge & Echo Valley Ski/Tube snow conditions

CHELAN - For current conditions and the grooming report for Echo Ridge Nordic Ski area go to www.lakechelanordic.org. For Echo Valley Ski & Tubing Hill conditions and hours of operation go to echovalley.org

Winter Art Exhibit: Jan. 3- March 27

CHELAN - The Lake Chelan Arts Council's Winter art exhibit themed "Lake Chelan in Winter" will open at Chelan Public Library on Jan. 30, where it will be on display thru March 27. Artists were invited to submit work in different media such as paintings, drawings, photography, collage and pottery. Additional information can be found at www.artinchelan.com or on Facebook at art in Chelan.

Manson Apple Blossom royalty selection: Feb. 1

MANSON - Come vote for your favorite candidate at the selection of the royal court for the 100th Manson Apple Blossom Festival on Saturday, Feb. 1, 6:30 p.m. at Manson High School. Ticket costs for selection are \$8 for adults and \$5 for children. There are five candidates vying for the royal court. They are: Brenda Alonsa, Evelyn De Jesus, Libbey Ireland, Teresa Venegas, and Nadia Verduzco.

Miss Lake Chelan Sweetheart Dinner: Feb. 10

CHELAN - The Miss Lake Chelan Scholarship committee will hold their fundraiser Sweetheart Dinner on Monday, Feb. 10, 5-8 p.m. at Local Myth Pizza. Enjoy all you can eat salad, breadsticks, and pizza. Cost is \$25 per ticket. Bring your sweetheart and enjoy a great meal. All funds are used toward scholarships. You will also get a chance to meet the 2020 candidates.

VFW honors Lake Chelan Lions Club



Veterans of Foreign Wars Post 6853 and its Auxiliary recently presented the Lake Chelan Lions Club with a plaque thanking them for their continued support sponsoring the Veterans Day Parade. A day that Americans are encouraged to say thank you to those who have served. Left to right are Lake Chelan Lions Club President Chuck Robinson, Lions Club Tailstwister John Wagar, VFW Parade Chairman Brian Thompson and VFW Commander Steve Palmush. This years parade will be held Nov. 11, at 11 a.m. in downtown Chelan.

RuthEdna Keys/LCM

Chelan County PUD board dives deeper into proposed five-year rate plan

Rates to be raised over next 5 years

SUBMITTED BY
CHELAN COUNTY PUD

WENATCHEE - Details related to Chelan PUD's implementation of rate changes included in the 2020-2024 strategic plan, were discussed by Chelan PUD board members Jan. 20.

The proposal reflects customer-owner preference heard during strategic plan-

ning for smaller, predictable electric rate changes to reduce the risk of larger increases in the future. The strategic plan recommended putting any increased revenue into reserves to help reduce this risk.

PUD staff is proposing a \$1.75 a month increase be applied to the residential customer charge. The residential customer charge is a fixed amount on the monthly bill that recovers the costs of being connected to the grid, no matter the amount of power used. This reflects about a

3-percent annual increase in overall residential bills.

"When we consider adjusting between rate components like the customer charge and energy use, we need to better align cost recovery by rate component," said Lindsey Mohns, Customer Utilities business manager, at Monday's board meeting.

Mohns presented data showing that the residential customer charge is substantially below the actual cost and the disparity is growing. Chelan PUD's customer

charge is very low compared with other Washington state PUDs, Mohns said. This presents a revenue under-recovery issue, particularly for second or seasonal homes.

Customer Malachi Salcido of Wenatchee spoke, supporting the board's long-term look at rates. "Thank you for this planning to avoid large, un-forecasted rate increases," Salcido said. "It's very much appreciated."

Under the proposal the average home electric bill would go from about \$55 a month now to \$56.75 in year

one of the plan; \$58.50 in year two; \$60.25 in year three; \$62 in year four; and 63.75 in the last year of the five-year rate plan.

Even with these changes, Chelan PUD rates will remain among the lowest in the country.

Discounts for low income senior and disabled customers also would increase by 3 percent. PUD staff are reviewing low-income energy efficiency and assistance programs and will report

SEE RATES ON PAGE 2

Chelan River Trail gains final approval

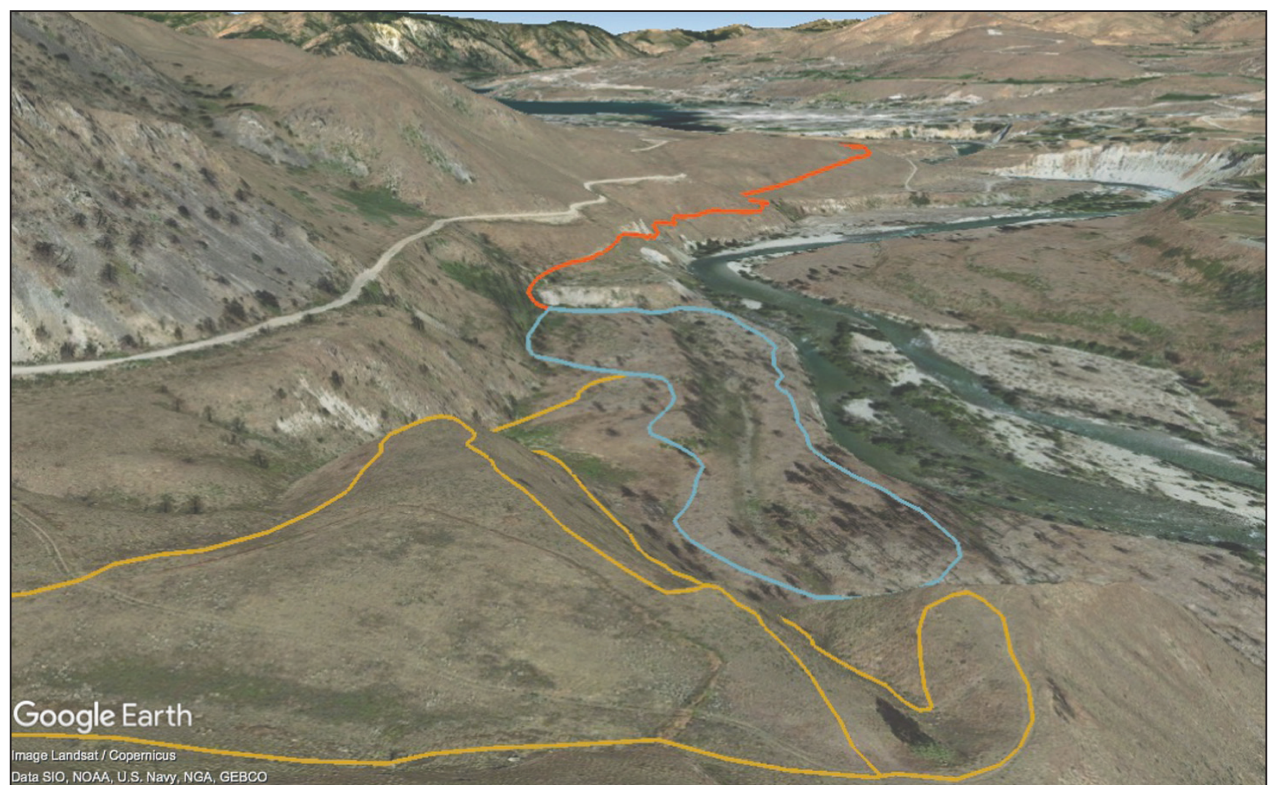
SUBMITTED BY LAKE CHELAN TRAILS ALLIANCE

CHELAN - The Chelan City Council approved the new Lower Reach One Trail at its Jan. 14 meeting. The trail will bring an additional 2.4 miles of recreational opportunity to the area around the Chelan River known as "Reach One". A reach is a section of a stream or river along which similar hydrologic conditions exist, such as depth, area, and slope.

"This is a huge win for the Lake Chelan community", reported Guy Evans, president of the Lake Chelan Trails Alliance (LCTA). "This trail will offer a tranquil and serene natural outing just minutes from downtown Chelan."

The Lake Chelan Trails Alliance worked in partnership with the City of Chelan and the Chelan County PUD to design and permit the new trail. The trail will be built entirely on land owned by the Chelan County PUD and open to walkers, runners, and bikers.

"We took inspiration from a trail in the Wenatchee foothills", said Evans. That trail, also located on PUD property, was created



The new Lower Reach One Trail One will provide an additional 2.4 miles of recreational opportunity in the Lake Chelan area. Construction will began this spring, with completion later in 2020, depending on weather. The new trail comprises all three colors shown. This view looks back towards Lake Chelan.

"This is a huge win for the Lake Chelan community. This trail will offer a tranquil and serene natural outing just minutes from downtown Chelan."

-Guy Evans, president of the Lake Chelan Trails Alliance (LCTA)

through a partnership between the PUD, the City of Wenatchee, and the Chelan Douglas Land Trust. "Both

trails are examples of agencies working together with local non-profits to enhance our quality of life."

Construction will begin this spring with completion later in 2020, depending on weather.

The Lake Chelan Trails Alliance formed in 2015 with a mission to plan for, build, promote, and enjoy

trails in the Lake Chelan valley. The group co-facilitated the Lake Chelan Community Open Space Vision process in 2017. This is LCTA's first trail construction project.

More information about the new Lower Reach One Trail can be found on the LCTA website: LakeChelanTrails.org.



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Contact Information

Publisher

Bill Forhan • 548-5286
publisher@leavenworthecho.com

Managing Editor

Gary Bégin
gary@ncwmedia.net

Reporter/Photographer

lcmirror@gmail.com

Reporter/Photographer

Michael Maltis
gchreporter@gmail.com

Advertising Sales Director

carol@leavenworthecho.com
Carol Forhan • 548-5286

Advertising Sales Chelan

RuthEdna Keys • 682-2213
ruthk@lakechelanmirror.com

Lindsay Timmermans
509-860-7301
adexec1@ncwmedia.net

Production & Creative Services

RuthEdna Keys
prepress@lakechelanmirror.com
509-682-2213

Meg Laub

Classifieds/Legals
mirrorads@lakechelanmirror.com

Circulation

509-293-6780
circulation@lakechelanmirror.com

Delivery Gary Hopkins

Bookkeeper 509-548-5286
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The Lake Chelan Mirror wel-
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ters must be accompanied by the
author's name, a home address
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Corrections

The Lake Chelan Mirror regrets
any errors. If you see an error,
please call 682-2213. We will
publish a correction in the next
issue.

News Tips

Have an idea for a story?
Call the Mirror at 682-2213

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BRINGING THE COMMUNITY TO YOUR DOOR

New housing trust executive director writes an open letter to community

I am thrilled to be recently appointed as the Executive Director for the Chelan Valley Housing Trust (CVHT). This non-profit is fulfilling a much-needed void in our community and is a passion for me.

CVHT has a mission to build permanently affordable homes to allow lower-to-middle income folks (\$30-52K annual household income) to live here and contribute to our town. I believe the dream of owning a home is fairly universal. These homes will provide ownership for the teacher of your kids, the nurse caring for you or a family member, a new City staff person, to call to remedy an unsafe issue, and



Mike Cooney, new Executive Director of the Chelan Valley Housing Trust

so many other hard-working folks who find it challenging to purchase a home in the Chelan Valley.

We are using the tried and true Community Land Trust model to make this happen. The basic formula is to get the cost of the land (historically 1/3 the cost) out of the selling price of each home. This model has worked in big cities like Boston, Washington D.C., Chicago, Los Angeles, Seattle and also in resort towns like Truckee, CA, Flagstaff, AZ as well as those on Orcas and Lopez Islands.

In less than one year of becoming a 501(c)3 non-profit, CVHT is making great strides in large part from folks donating capital, land and/or services. Our first 5-townhome community, Emerson Village in downtown

Chelan, is already underway. We look forward to working through the buying process with our first owners. Maybe one of them will be you or someone you know.

My wife, Janice, and I have lived in Chelan for 16 years. Together we own a small business and I have served the City as a Council member and Mayor. Yet, there is still a very visible need in our community that I would like to see met: bridging the gap in home ownership with quality homes that folks can afford.

More attainable homes will help keep our middle class intact rather than having them relocate to outlying areas. These folks are the

backbone of our community. Many of them grew up in our Valley and raised children who grew into young professionals, with talents in far-reaching industries, who would love to move "back home".

Providing home ownership for lower-to-middle income residents is an achievable goal. But we do need the entire community to be involved. Feel free to call me. You can reach me at 509-393-9652. This is a good thing to fight for!

Thank you,
Mike Cooney
Executive Director
Chelan Valley
Housing Trust

NEWS BRIEFS

Do you live in a canyon?

SUBMITTED BY CHELAN COUNTY PUBLIC WORKS

NCW - Residents with canyon drains on their properties are asked to make sure drains are free of debris to avoid flooding from rainwater and snowmelt. Common maintenance problems include overgrown vegetation; debris and yard waste dumped into ditches, or deposited from previous flooding; filling in or reducing the capacity of a watercourse; and the installation of structures (fences, sheds and walls, for example) that restrict or alter a drainage's natural flow.

If a culvert or ditch along

a county roadway needs cleaning, visit our Service Request page online: <https://www.co.chelan.wa.us/public-works/forms/report-a-problem>.

The following is a list of regularly scheduled maintenance for Chelan County Public Works for the week of Jan. 27. Maintenance plans may change with weather conditions or equipment difficulties. Visit the Public Works website, where the weekly road maintenance information is regularly updated.

District 4 (Entiat)

The crew will be doing snow and ice control, including pushing snow berms back. The crew also will be brushing and patching potholes as time allows.

District 5 (Chelan)

Crews will be doing snow and ice control as needed. Throughout the district, crew will be monitoring water runoff across the district and repairing guardrail. And the crew will be patching potholes and brushing as needed.

Like "Chelan County Public Works" on Facebook or follow "Chelan Public Works" on Twitter to receive news on emergency road closures.

Republican Women to meet Feb. 3

WENATCHEE - Chelan Douglas Republican Women will meet for their next

monthly luncheon on Feb. 3, 11:30 a.m. at The Wenatchee Red Lion, 1225 N. Wenatchee Ave. For info Ellie. 425-319-9869.

Upper Valley Scholarship Applications

NCW - The P.E.O. Chapter JF, Leavenworth is accepting applications and must be received for consideration by April 30. Scholarship funds will be available by the fall of 2020, and will be sent directly to the school financial department upon confirmation of enrollment. Women applicants must be seeking further higher education at either the undergraduate or graduate level in one of the following ways: Applicant must be age 30 or above and reside in Chelan or Douglas County. Applicant must be currently enrolled in, or returning to, a higher education program after a two-

year or more absence.

For info Mimi Keller mimikeller5@icloud.com

Writers competition deadline Feb. 1

NCW - If you're polishing up a short story or essay (1,000 words max) for the 2020 Write On The River Writers Competition, be ready to press "send" by midnight Saturday, Feb. 1. That's the submission deadline for this year's competition, which is open to any Washington state resident living east of the Cascade Mountains.

This marks the thirteenth year of the competition. Cash awards totaling \$1200 will again be awarded to six writers, and the entry fee is still only \$20, or \$40 with three written critiques. For guidelines and submission instructions go to writeontheriver.org.

RATES

CONTINUED FROM PAGE 1

to commissioners before spring.

Other rate changes proposed in the 2020-2024 strategic plan are:

- 3-percent, per-year electric rate change for all non-residential customers
- 4-percent water and wastewater change per year to move the systems toward sustainability
- 3-percent per year wholesale Fiber rate change

Customer-owners are invited to a hearing on the proposal at 1 p.m. during the Feb. 3 board meeting. There is more information at chelanpud.org/RatePlanning. Comments and questions also can be sent to contactus@chelanpud.org.

Chelan PUD hasn't changed electric rates in nine years.

In other business, commissioners:

- Heard about the pace of building new homes and businesses this year and that the 10-year forecast is for electric load growth of 1.2 percent a year, about 26 average megawatts over the next decade, said Andy Wendell, Customer Service director. Work continues building or expanding six substations, Wendell added.
- Were updated on ef-

orts to manage peak demand on the small system serving the remote community of Stehekin at the head of Lake Chelan. Study shows that installing battery storage may be the most cost-effective measure to provide capacity and create additional energy from excess hydro generation, reported Manager Andrew Grassell and Jim White, senior engineer, of the PUD's energy efficiency group. Plans are to request battery storage proposals in March and to schedule updates with the community soon. Two community members provided public comment. (00:39)

• Were happy to hear of significant increases in water supply forecasts for the Lake Chelan Basin and Columbia River system following recent snowfall. April-July runoff into Lake Chelan is now forecast at 90 percent of average and Columbia River runoff for January-July is forecast at 103 percent of average.

• Thanked Ryan Roy, Energy Planning and Trading, for his high level of ownership in successfully managing creation of a new system for river planning, energy dispatch and energy accounting. More than 20,000 hours of work by employees across the District was done on time, on budget and with no compliance problems as a result of Roy's project leadership.

Based on what customer-owners told us during strategic planning, Chelan PUD is discussing five-year rate changes.

The proposal reflects your preference for smaller predictable rate changes to reduce the risk of larger increases in the future.

- 3-percent electric rate change – about \$1.75/month each year for residential customers
- 4-percent water and wastewater change per year to move the systems toward sustainability
- 3-percent per year wholesale Fiber rate change

We want to hear your comments at a **1 p.m. hearing at the Feb. 3** commission meeting.

More information at chelanpud.org under "Rates Planning."

Send questions and comments to contactus@chelanpud.org

Ballots have been mailed for the Feb. 11, Chelan, Entiat school districts Special Elections

SUBMITTED BY CHELAN COUNTY AUDITORS OFFICE

WENATCHEE - Chelan County Auditor, Skip Moore has announced that ballots for the Feb. 11 Special Election have been mailed for the following districts: Cashmere School District No. 222, Entiat School District No. 127, Lake Chelan School District No. 129 and Chelan County Fire District No. 9 (Lake Wenatchee Fire and Rescue).

Ballots must be postmarked or deposited into an official ballot drop box by Feb. 11 at 8 p.m. For additional information please visit our website www.elections.chelancountywa.gov

If you have not received your ballot, please contact the election's office at 509-667-6808.

Manson Apple Blossom Royalty to be selected Feb. 1

Come vote for your favorite candidate at the selection of the royal court for the 100th Manson Apple Blossom Festival on Saturday, Feb. 1, 6:30 p.m. at Manson High School. There are five candidates vying for the royal court. They are: Brenda

Alonso, Evelyn De Jesus, Libbey Ireland, Teresa Venegas, and Nadia Verduzco. Ticket costs for selection are \$8 for adults and \$5 for children.

Photos courtesy Sherrard Studios



Brenda Alonso



Evelyn De Jesus



Libbey Ireland



Teresa Venegas



Nadia Verduzco

Brenda Alonso

Brenda Alonso is the daughter of Sandra Alonso and has 3 sisters: Jennifer Cesar-Alonso 16, Kimberly Cesar-Alonso 13, and Brittany Cesar-Alonso 4. She also had one brother who is 7 months old, Santiel Miranda Alonso.

Brenda has been in Honor Roll throughout her high school career. She has also been involved in volleyball and cheer. She is the class Vice President and joined Future Business Leaders of America (FBLA) her senior year. Brenda plays the flute and participated in band for 6 years with her highest achievement was being 2nd chair.

In her free time, she enjoys reading. When asked what her favorite book is she said *The Tattooist of Auschwitz* and her favorite show is *Scandal*. Her future plans are to attend medical school and get her medical degree. She plans on returning to the valley and practicing in Chelan. After that she wants to join a non-profit organization to help people around the world.

When asked why she wants to be Apple Blossom Royalty she said, "I would love to have the opportunity to represent this incredible town. To show outsiders that our small town has more to offer than just apples and the lake, it has an amazing community behind it."

Evelyn De Jesus

Evelyn De Jesus is the daughter of Erasmo and Honorina De Jesus. She has one older brother named Ivan.

Evelyn has been in sports her entire high school career. She has played basketball all 4 years and has been captain for the past 2 years. Evelyn has been on the track team for 3 years now and has earned several awards for long jump and triple jump. She also played varsity soccer her freshman, sophomore, and junior year, but played varsity volleyball her senior year. Evelyn was given the team ship award in volleyball.

Evelyn is a member of the National Honor Society and has been a part of the Manson Jazz Band for the past 7 years. She also was ASB class president her freshman, and sophomore year.

Outside of school Evelyn loves to hang out with friends,

listen to music and be active. Her favorite TV show is "The Office" and her favorite novel is "The Art of Racing in the Rain." Evelyn is still searching for her career but she plans to attend Wenatchee Valley College for her first 2 years and later transfer to a university.

When Evelyn was asked why she wanted to be Apple Blossom royalty she said "I would want to represent this town because they have supported me in many ways, and to be a part of Apple Blossom royalty would be a wonderful way to show my gratitude for making

me the person I am today from the help of this community.

Libbey Ireland

Libbey Ireland is the daughter of Warren and Heather Ireland. She has one sister and two brothers; 23-year-old Hanna and 20-year-old Gabe and 15-year-old Tyler.

Libbey has been an honor roll student throughout her high school career. She received the Coach's Award and Leadership Award for Cheer. Her freshman year she was awarded Most Valuable Runner in Cross Country. Libbey has been involved with Cheer since her sophomore year. She was honored with Cheer Captain senior year and Co-captain her junior year. Libbey has enjoyed working with the elementary children coaching Junior Cheer camp. She has also enjoyed being a camp counselor for Holden Village.

In her spare time, she enjoys reading and writing short stories, poetry, novels, and blogs. Libbey has had a love for writing since her freshman year. During her senior year Libbey started working on a children's book and hopes to have it published. Her favorite show is *New Girl* and her favorite novel is *Sundays at Tiffany's*.

Libbey plans to take a gap year and travel abroad. After that she hopes to attend Western Washington University for four years with a major in Journalism and Communication. Libbey's future goal is to be an author, editor or freelancer and to travel as much as possible.

When asked why she would like to be part of Manson Apple Blossom she said she believes being part of Manson Apple Blossom would allow her to be a role model that the younger kids can look up to! Libbey wants to be someone the community can recognize and count on while representing her community.

Teresa Venegas

Teresa Venegas is the daughter of Victor Venegas and Martha Esquibel. She has two older sisters; 25-year-old Angelica and 23-year-old Esmeralda.

Teresa has been an Honor Roll student throughout her high school career. During her Junior and Senior year Teresa has been a member of the National Honors Society, Drone Club and Future Farmers of America. In addition, Teresa has participated in volleyball both her freshman and junior year, as well as Marching Band since her freshman year. Teresa has also been part of the Manson Pep Band throughout her high school career. Teresa was named President of the National Honors Society for her senior year. As a three-year member of the Manson Pink Gloves Boxing Club, she was named captain for both her junior and senior years of the Manson Pink Gloves Boxing Club.

In her spare time, Teresa enjoys being outdoors, listening to music, and spending time with her friends and family. Some of her other hobbies include photography, gardening, and boxing. After graduating, Teresa plans to attend Washington State University and hopes to become a winemaker. Teresa's favorite TV show is *Heartland*, and her favorite novel is *Esperanza Rising*.

When asked why she would want to be part of Manson Apple Blossom she said, "I desire to be a part of Apple Blossom Royalty because Manson is a community rooted in the tradition of agriculture. Agriculture has played an essential role in my past, present, and hopefully, future and I look forward to giving back to the community that has shaped my life".

Good luck to each of the candidates and our own Nadia Verduzco



Proud to honor each of the candidates!

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Good Luck, Girls!



GOOD LUCK

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Best of luck to the Manson Apple Blossom Candidates!

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BULLETIN BOARD

Submitting your Bulletin Board item

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror.com, subject line LCM Bulletin. Deadline: Friday at 3 p.m. Be sure and include date, time, place and cost if any.

CHURCH EVENTS

Feb. 13, 27

Healing Prayers

CHELAN - Healing Prayers is a safe, non judgmental, hope filled ministry lead by compassionate believers from multi-denominational churches with in the Chelan Valley and is endorsed by many area churches. Healing Prayers operates in the power of God's Holy Word to seek and to save the lost and to restore the broken hearted. They trust in God's precepts and commandments and the promises HE gives to his children; including promises to non believers who are searching for answers in their lives. The invitation is for all who are seeking prayer, healing, direction, and restoration. Our prayers are for Gods Divine Healing, physically, emotionally and spiritually. Delivering The Word of Hope, Encouragement, Instruction and Redemption. Location:

213 Sanders St. Chelan. Located on the Campus of the Nazarene Church and is across the street from the Fire Station. Dates: Every second and fourth Thursday of Every Month. Time: 6-8 p.m. Everyone is welcome.

Monday-Friday Chelan/Manson Senior Center Events

CHELAN - Coffee Club, Monday-Thursday, 10:30 a.m. Senior SAIL Exercise Class: Monday and Wednesday, 1-2 p.m., Monday and Thursday evening, 5:30-6:30 p.m. Sit down Beachball Volleyball, Call for days and times. Sponsored by LCCHC. Wii Bowling, Tuesdays, 10-11 a.m. Pinochle Tuesday, 1 p.m. Bingo Thursday, 1 p.m.

Senior Meals

Senior Meals, Monday-Thursday, call (509) 888-4440. Home Delivery Meals (509) 470-0522. For information Chelan Senior Center, 682-2712. Manson: Manson Senior Lunch, Friday, Kathy 687-3377.

Jan. 30

Lake Chelan Lions to meet

CHELAN - Lake Chelan Lions Club meets every Thursday at the Apple Cup Cafe Annex at noon to 1 p.m. Those interested in joining Lake Chelan Lions Club are welcome to attend. For more information: Chuck Robinson, 509-679-4550.

Feb. 3

Manson American Legion Post to meet

MANSON - The American Legion Post #108 in Manson meets the first Monday of each month (unless it is a holiday, then the meeting is the 2nd Monday) at 7 p.m. at the Manson Parks Building, 142 Pedoi. For information: Brian 509-679-9318.

Feb. 3, 13, 17, 27

Rotaract meetings

CHELAN/MANSON - Rotaract meets the first and third Mondays of each month at 6 p.m. at Stormy Mountain Brewing in Chelan, and on the second and fourth Thursdays of each month at MVP Vintners in Manson. Please join them at any of these meetings, and feel free to bring guests. For info: Hailey, 509-860-8521 or hailey@kellyallenagency.com

Feb. 3

Republican Women luncheon

WENATCHEE - Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m., meet the first Monday of each month at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869.

Feb. 4, 6, 20

Lake Chelan Rotary Club meetings

CHELAN - Lake Chelan Rotary Club meets every Tuesday at Sorrentos (Tsillan Cellars), 11:45 a.m.-1 p.m. Those interested in joining Rotary are welcome to attend. Satellite meeting is held at The Vogue on the 1st and 3rd Thursday of each month at 7 a.m. For info: Contact

can be Kelly Allen at (509) 423-1655.

Feb. 4

Al-Anon

CHELAN - AlAnon meetings are weekly at the Lake Chelan United Methodist Church, 206 Emerson Street, Tuesdays, 12-1:15 p.m. For more information call Sherylann, 682-1817.

Feb. 11

Cancer Support Group

CHELAN - The Women's Wellness Group, cancer support group, meets the second Tuesday of each month at the Lake Chelan Community Hospital Board Room at 11:45 a.m. For more information, contact Anne at 682-8718.

Feb. 17

The Compassionate Friends to meet

WENATCHEE - The Compassionate Friends is an organization offering friendship, understanding and hope to bereaved parents and their families. They are bereaved parents reaching out to bereaved parents. Anyone who has had a child or loved one die in their family is invited to their monthly meeting on the third Monday of the month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street in Wenatchee. For information: Carol at (509)860-3620.

Feb. 18

Manson Community Council

MANSON - The Manson Community Council meets the third Tuesday of every

month, 6 p.m. at the Manson Park Office on Pedoi Street. All are welcome to attend.

Feb. 18

Help available for Douglas County veterans

BRIDGEPORT - Sarah Simonson the Veterans Service Officer for Douglas County, sets up an outreach/satellite office in Bridgeport once a month on the third Tuesday of the month, in the town office's conference room 10 a.m. to 2 p.m. You can find her on Facebook at: <https://www.facebook.com/douglascountyvso/>

Feb. 19

Chelan Senior Center Board to meet

CHELAN - The Chelan Senior Center holds their monthly board meeting on the third Wednesday at 4 p.m. at the Senior Center, located at 534 E. Trow Avenue in Chelan.

Feb. 19

Chelan Fire District meeting

CHELAN - The regular meeting for Chelan County Fire District #7 will be held at 4 p.m. The meetings are held the third Wednesday of the month, at the fire station, 232 E. Wapato Avenue. www.chelan7.com

Feb. 23

Potluck dinner

CHELAN - Berean Baptist Church has a potluck dinner after the morning service on the last Sun-

day of every month. The church is located at 515 E. Woodin Ave. There will be no evening service on that Sunday.

Feb. 25

LCCHC board to meet

CHELAN - Chelan County Public Hospital District #2 (Lake Chelan Community Hospital and Clinics) will be holding a regular board meeting on Tuesday, Feb. 25, from 1:30 p.m. until 3:00 p.m., in the Board room, located at Lake Chelan Community Hospital, 503 E. Highland Ave., Chelan. The public is welcome to attend. For more information: www.lakechelancommunity-hospital.com

Feb. 26

Alzheimer's Caregiver Support Group

CHELAN - Alzheimer's Caregiver Support Group for Chelan/Manson is Wednesday, Feb. 26, 9-11:00 a.m. at the Lake Chelan Community Hospital Board Room. The group is open to caregivers and loved ones with Alzheimer's. Currently four caregivers are attending and they have room for up to 12. Tender Loving Care Volunteers will be available to provide caregiver support (care in the home for the person with Alzheimer's) during the meeting. To arrange, call Kathy Miller (509-687-3377) or Claudia Swenson (360-561-6090). For information you may contact the facilitator, Bob Poindexter, directly: (509) 797-1609

DEATH NOTICES

Doug Clearwaters

Doug Clearwaters, 85, of Chelan, Wash. died January 19, 2020 at Colonial Vista in Wenatchee. Services will be held in the spring.

Public transportation needs assessment survey underway

SUBMITTED BY ERIC WEST, LINK TRANSIT

CHELAN - Link Transit planning staff are exploring options for improving local public transportation to serve the greater Lake Chelan area starting in the spring or early summer of 2020.

Options include a circulator within the City of Chelan, including service to the Walmart area, and routes that incorporate a larger area - possibly between Manson and Chelan. In addition to service between Manson, Chelan and Wenatchee, Link currently operates these services in the Chelan area: a general public Dial-a-Ride (DART), and paratransit. In the summer of 2019, Link also operated a shuttle to local parks.

To gather information on the public transit needs of the citizens and residents of the greater Chelan area, Link will be mailing a survey to all households in the area later this month. This survey is also available at www.linktransit.com/chelansurvey. Link staff will also be in the Chelan area periodically

over the next few weeks at various locations to answer questions and get specific input from interested individuals. More information about this can be found on Link's Facebook page.

"Link Transit's goal is to develop public transit ser-

vices that work the best for the most people", said Eric West, Link's Marketing and Communication Coordinator. "Citizen input is vital as we continue to lay out the best public transportation options for our communities."

OBITUARY & MEMORIAL POLICIES

NCW MEDIA, INC.

An obituary is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch.

For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com



Red Dinner
North Shore Bible Church
123 Wapato Point Parkway, Manson
Sunday, Feb. 9 • 5 pm

Dinner, Entertainment, Guest Speaker, Dessert

Come enjoy this Valentine's themed dinner whether you are young or old, single or taken!
Tickets can be purchased at North Shore Bible Church during office hours (Tuesday-Friday, 9 am-4 pm).
Cash or check only. Inquiries about this event can also be made by contacting our office at 509-687-3636 or at mail@northshorebc.org.
Must RSVP by Feb. 2 • Ticket Price: \$15 per person

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!

• CHELAN

CHELAN CHRISTIAN CHURCH
Morning Worship 10 am
682-2025 • 210 E. Wapato Ave.
Pastor Mark Wilton

CHURCH OF THE NAZARENE
Sunday School 10 am
Worship 11 am & 6 pm
Youth Group - Friday 7 pm for 13-18 years of age
682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH
Worship 9:30 am
Sunday School following Worship Service
682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED METHODIST CHURCH
Worship 10 am
682-2241
Corner of Johnson & Emerson

• CHELAN

LIVING STONE CHURCH
"Gathering in our uniqueness,
United in our Purpose."
Scott Morris, Senior Pastor
SUNDAY ACTIVITIES
Gathering -10:00 am
(Children's Church & Nursery available)
Adult Bible Study - Noon
WEDNESDAY ACTIVITIES
Kids ROCK 6:10-7:40 pm (K-5th grade, Oct-March)
WE GATHER at 216 N Emerson
(2nd Story-Chelan Public Library)
OUR OFFICE LOCATION
105 N Emerson - Suite 204, Chelan • 509-682-5953
For more information about us and our activities visit www.lscchelan.org

St. Andrew's Episcopal Church
Worship 10 am
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816
682-2851 • www.standrews-chelan.org

St. Francis De Sales Catholic Church
English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm
English Mass Sunday 9 am
Spanish Mass Sunday Noon
Rev. Rogelio Gutiérrez, Pastor
682-2433 • Next to Safeway

• ENTIAT

ENTIAT FRIENDS CHURCH
Pastor Mark McDonald
2848 Entiat River Road • 509-784-1342
Sunday Morning Bible Class 9:45 a.m.
Sunday Morning Worship 10am
Sunday Prayer Group 7pm
Wednesday Shared Dinner 6 pm
Wednesday Children's Program/Youth Group and Adult Bible Study 7 pm

WAREHOUSE COMMUNITY CHURCH
Group Life Sunday School 9:30 am
Worship Celebration Service 10:45 am
412 Youth Group Wednesday 6:30 pm
Pastor Barry Mooney
784-2710 • 14916 Hwy 97A
www.warehousecommunitychurch.com

• MANSON

MANSON UNITED METHODIST COMMUNITY CHURCH
Sunday Worship 10 am
With coffee following service
687-3311
Green & Boetzkes
'We are a come as you are church'

NORTH SHORE BIBLE CHURCH
Sunday Worship 9:30 am
Nursery (birth - 3 years) 9:30 am
Kidz Church (4 years-5th Grade) 9:30 am
687-3636 • 123 Wapato Point Parkway
www.northshorebc.org
Craig Rayment, Sr. Pastor

"With men this is impossible; but with God all things are possible."
-Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com

CHELAN BOY'S BASKETBALL



Eli Haney/LCM

Chelan freshman Drake Bird, (4) goes up for 2 points Friday, Jan. 24, during the Mountain Goats game with the Cashmere Bulldogs. The Mountain Goats lost in overtime 62-50.

Chelan vs Omak Pioneers

SUBMITTED BY
COACH JEFF PEARL

Jan. 21
Omak defeats Chelan 64-58

Omak	20	12	16	16	64
Chelan	12	18	14	14	58

Chelan's top scorers:

Nate Harding 20pts
Cash Walsh 10pts
Connor Wilson 9pts

Omak's top scorers:
Reilly Davis 18pts
Tre Marchand 15pts
Jaren Boyd 11pts

"Our team battled from start to finish. They gave their best effort for all 32 minutes. This game came down to the last 2 minutes....we turned the ball over, took bad shots and we didn't get stops.

During the last 2 minutes of games, you need to play your best basketball. You need to value every possession, take high percentage shots, not commit silly fouls and make free throws. We weren't able to do that tonight. It was a great High School basketball game to be a part of, I just wish we could have done a few more of the little things and come out with a win," said Coach Pearl.

Connor Wilson 10pts
Braiden Boyd 9pts

Cashmere's leading scorers:

Nate Phillips 16pts
Brooks Elliot 14pts
Carter Alberts 13pts
Sam Phillips 13pts

Chelan vs Casmere

Jan. 24
Cashmere defeats Chelan 62-50 in OT

Cashmere	13	14	15	8	12
Chelan	9	9	14	18	0

Chelan's leading scorers:
Reed Stamps 11pts

"I couldn't have asked for a better effort from our team tonight. Our boys battled and battled and we needed overtime to settle this one. We're getting better with each game. I thought our energy and intensity was good, we need to improve our execution. These boys played their hearts out and I'm proud of them. It was a great night of basketball....and a huge congratulations to all our Hall of Fame inductees. Their lasting legacy inspires us to be better each day," said Coach Pearl.

CHELAN GIRL'S BASKETBALL



Eli Haney/LCM

Chelan junior Booh Huddleston, (20) goes up for 2 points Friday, Jan. 24, during the Mountain Goats game with the Cashmere Bulldogs. The Mountain Goats lost 66-39.

Chelan vs Omak Pioneers

SUBMITTED BY
COACH ROB HUDDLESTON

01-21-2020 vs. Omak

CHELAN - The Lady Goats hosted the Pioneers from Omak who are sitting in 2nd place in the CTL on Jan. 21. Omak jumped out to an early lead with Sidney Nichols burying two 3 pointers early on. Omak made 5 field goals in the first quarter with 4 of them being from deep. Chelan trailed after the first quarter 7-16. Chelan regrouped in the 2nd quarter and began closing out on the shooters better. Chelan also executed a few set plays against Omak's stingy 1-3-1 zone. Aliyah Finch came in and contributed 5 points in the quarter for the Goats. Chelan went into the locker room at half-time leading 20-19.

Chelan continued with great close outs on their shooters and great rota-

tional defense when they did get beat on the drive. Chelan only allowed Omak 6 points in the 3rd quarter. Chelan spread the scoring around on the quarter but Omak's zone didn't give up much, 7 points. At the end of 3 quarters it was 27-25. Chelan was put in the bonus early in the 4th quarter and made just enough free throws to extend the lead as the quarter progressed. Although Chelan struggled at the free throw line on the night, they were able to finish the game strong. Chelan was a dismal 10 for 26 from the line, while Omak was 9 for 12. Chelan ended the game with a 38-32 victory.

Chelan was only able to score 4 points in the first half. Tonight Chelan had 8 at the end of the 1st quarter but wasn't able to contain Hailey VanLith as she had 13 in the quarter. At the end of the 1st quarter it was 8-21. Chelan again scored 8 points in the 2nd quarter while Cashmere posted 16. The Goats were able to contain VanLith better in the quarter as she only scored 4 points. At halftime the score was 16-37.

The Lady Goats came out of halftime and played right with the Bulldogs for rest of the game. Booh Huddleston heated up from long range and finished with 3 treys on the night. Matea Ivory and Joslynn Simmons each added another long ball for the game. The final score was 39-66.

The Lady Goats are starting to play better team ball. I like that they are improving each game as we are getting closer to the District tournament.

Ivory - 2, Simmons - 1, Finch - 8, Huddleston - 10, Watson - 7, Rainville - 6, Sams - 4

Chelan vs Casmere

CHELAN - The Lady Goats hosted the undefeated and #1 ranked Bulldogs of Cashmere Friday night Jan. 24. The last time the two teams met

Ivory - 3, Simmons - 3, Finch - 6, Huddleston - 13, Watson - 8, Rainville - 3, Sams - 3

MANSON CLUB & SPORTS SCHEDULE

SUBMITTED BY MANSON SCHOOL DISTRICT

MANSON - High School and Middle School Announcements:

- Students taking tests for FBLA Winter Conference: All tests need to be completed by Tuesday, Jan. 28 at 5 p.m. Please see Mrs. Sears to set up a time to take your test.
- Manson Trojan Baseball's preseason meeting is on Thursday, Feb. 6 during lunch. Middle School

will meet in the Middle School Commons and High School will meet in Mr. Amsden's room. Bring your lunch with you, and get your physicals scheduled now if needed.

- PTAC Valentine's Day cookies are now available to send to that special someone in your life. Order forms are available at the office. Must be turned in by Wednesday, Feb. 5.
- Juniors/Seniors interested in attending the 2020 Washington State School

Director's Legislative Conference in Olympia on Feb. 9th and 10th - please see Mr. Soliday for application and details.

- Spelling Bee Practice (optional) begins Wednesday Jan. 29 after school with Ms. Walters. The competition will be on Thursday, Feb. 27.

Weekly Sports Schedule

Jan. 27 - Knowledge Bowl at Brewster 4 p.m.
Jan. 28 - Basketball at Liberty Bell 4:30 p.m., 6 p.m., 7:30 p.m.
Jan. 30 - Basketball at Entiat 6 p.m., 7:30 p.m.

Xitlali Cruz receives National NCWIT Award

SUBMITTED BY BRAD WILSON, CHELAN HIGH SCHOOL

CHELAN - Chelan High School junior Xitlali Cruz has received the National NCWIT Award for Aspirations in Computing. 40 winners and 360 honorable mentions were selected from more than 4,700 amazing, talented young women.

The award, sponsored by the National Center for Women & Information Technology (NCWIT) and companies throughout the country, recognizes high school women for their computing-related achievements and



Xitlali Cruz

interests as part of an effort to encourage more young women to choose careers in technology.

Thanks to the generous support of National Sponsor Bank of America, each of the 40 national award winners

receive various prizes, cash, and a trip to Bank of America headquarters on March 6-8, for a celebration.

The National Center for Women & Information Technology (NCWIT) is a non-profit community of universities, companies, non-profits, and government organizations nationwide working to increase women's participation in computing and technology.

Xitlali is currently enrolled in our first ever Advanced Placement Computer Science class offered as part of our Microsoft TEALS partnership

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CHELAN SPORTS SCHEDULE

Thursday, Jan. 30 Wrestling at HOME - CTL DOUBLE DUAL 6 p.m. - Senior Night 5:45 p.m.	Friday Jan. 31 Boys Basketball (JV/C/V) at HOME vs Cascade- 4:15/5:45pm/7:15 p.m. Girls Basketball (JV/V) at HOME vs Cascade - 4:15/5:45 p.m.	Sat. Feb. 1 Wrestling at Okanogan Invite -10 a.m. - load at 6:15 a.m. /Depart at 6:30 a.m.
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2020

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TICKETS: Adults *6 • Seniors *4 • Kids 12 & under FREE

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Chelan's Max Nimz heading to West Point

BY NORM MANLY, AMERICAN LEGION POST #108 POST SERVICE OFFICER

CHELAN - Max Nimz, Senior Class President at Lake Chelan High School set his goal of serving in the military when he was nine years old. When visiting his grandmother, Max remembers fondly waking up in the morning with grandma barking out, "You're in the Army now!" Max has several family members that have served in the military.

At the end of his junior year Max found out about Evergreen Boys State, a program of the American Legion developed from the concept that youth should be offered a better perspective of the practical operation of government and that the individual is an integral part and commensurately responsible for the character and success of his government. Working with John Swenson, Manson American Legion Chaplin, Max completed all requirements and attended Boys State June 16-22, 2019 at Warm Beach Conference Center in Stanwood, Wash.



Courtesy American Legion Post #108
American Legion Vice Commander Brian Strausbaugh (left) and American Legion Commander Clyde McCullough (right) with Max Nimz (middle), at senior from Chelan who has been accepted to West Point and will report to New York on June 29 after graduation from high school in June.



with all cost covered by the Manson American Legion. "Not only was this an amazing experience it's an impressive resume builder. Bill Clinton, Wesley Clark, Dick Cheney, Neil Arm-

strong, Jon Bon Jovi and Michael Jordan are just a few of the famous men that attended Boys State in their youth. I was convinced this program was for me, I strongly encourage others to attend," Max said.

Talking about impressive resumes, besides serving as Senior Class President, Max is a Science Olympiad, representing Chelan in

the Knowledge Bowl, has played in band since sixth grade and plays 32 instruments, serves as Assistant Scout Master for the Chelan Boy Scout Troup, and is Lodge Chief for all Eastern Washington's Order of the Arrow.

The idea of attending the United States Military Academy at West Point surfaced during Max's sopho-

more year at Chelan High School. West Point's mission is to educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country and prepared for a career of professional excellence and service to the Nation as an officer in the United States Army. Congresswoman Kim Schrier, representing Washington's 8th Congressional District recommended his acceptance to West Point. This is a 12 year commitment for Max with four years of school, five years of active duty and three years in the reserve. Max plans to make the military his career with an ultimate retirement date at age 60.

Max has been accepted at West Point and will report to New York on June 29 and begin 10 weeks of "Beast" basic training at the Academy. With the Beast behind him, Max will



begin school and plans to graduate with a Bachelor of Science Degree in International Affairs and a Minor in

Grand Strategy. Classroom time is nine months of the year and three months of Advanced Development Programs outside the classroom.

All of us at the Manson American Legion are very proud of Max, we wish him success in following his dream. Dates for Evergreen Boys State are June 21-27. The program is open to all males that have completed their junior year of high school. A similar program, Girls State is an Americanism and government training program sponsored by the American Legion Auxiliary. It is a nationwide program for girls who have completed their junior year of high school. If you would like more information on either program contact John Swenson, Manson American Legion at 360-359-3506.

Lake Chelan Boating Club scholarships applications now open

Open to Chelan and Manson seniors

SUBMITTED BY SUSAN PETERSON, LAKE CHELAN BOATING CLUB

MANSON The Lake Chelan Boating Club (LCBC) is inviting graduating high school students to apply for two \$500 scholarships to be used at an accredited college or trade school during the 2020-2021 school year.

The application deadline for the LCBC College Scholarship is April 1. Applications and complete instructions may be accessed on the internet at: www.lcboatingclub.com. Click on "About Us" and "Scholarships". All applications must be postmarked by April 1. Applicants must be

a 2020 graduate from Manson or Chelan High Schools, or a senior that is home-schooled and living within the Manson or Chelan School Districts, or a child of a current LCBC member. Applicants for scholarships must demonstrate personal and academic achievement and display a strong record of community service.

For more information, contact Susan at 509-630-1066 or email: info@lcboatingclub.com

The Lake Chelan Boating Club is a Service Club that began in 1954 and is dedicated to promoting safe boating practices and boating recreation and facilities on Lake Chelan.

For anyone interested in contributing to the LCBC Scholarship fund, please contact the Lake Chelan Boating Club at info@lcboatingclub.com

Nursing Education Scholarship awarded Guadalupe Calderon

SUBMITTED BY LAKE CHELAN HEALTH & WELLNESS FOUNDATION

CHELAN - The Annabel Lee Fletcher Nursing Education Scholarship has been awarded to graduate student Guadalupe Calderon of Manson. The award of \$500 has been sent to Gonzaga University in Spokane to be used by the student to help her reach her goal as a Doctor of Nursing Practice.

The nursing scholarship was established in 2009 in memory of Ms. Fletcher, a longtime resident and nurse from Chelan, who passed away in 2007. The scholarship winner is selected by the scholarship committee who serve on

the all-volunteer Board of Directors of the Lake Chelan Health & Wellness Foundation.

In 2019, the Lake Chelan Health & Wellness Foundation has also provided 42 local students healthcare education scholarships totaling over \$75,000 through the Harold & Edna Bragg Healthcare Education Fund. The foundation has also funded local healthcare provider continuing education totaling over \$20,000.

If you are interested in healthcare education and would like to find out more please visit www.LCHealthWellness.com/scholarships, call 509-682-6125 or email foundation@LCHealthWellness.com.

Link Transit recruiting students for Transit Ambassador Program

Application deadline March 27

SUBMITTED BY ERIC WEST, LINK TRANSIT

WENTCHEE - Link Transit is seeking student applicants for its Transit Ambassador Program. Transit Ambassadors develop job skills and scholarship references through the successful completion of 30 volunteer hours assisting in Link Transit's marketing and outreach

efforts.

Now in its 13th year, the Transit Ambassador Program is designed to give students a better understanding of the value of public transportation, the environmental and financial benefits that public transportation provides to communities, and how to better utilize public transit to access work, school, and recreational opportunities. Additionally, Transit Ambassadors will assist in creating a marketing and promotional campaign targeted at attracting youth

riders to public transportation.

Transit Ambassadors may come from any school within Link's service area, and is open to any student who will be 14 or older by the application deadline of March 27. Applications may be made online at linktransit.com.

Applicants must submit a photo of themselves, and write an essay of 200 words or less on the benefits of Public Transit. Students selected as Transit Ambassadors must attend orientation on March 28, and

assist in promoting Link services and student pass programs during school registration events.

Transit Ambassadors will receive a free Student Freedom Pass (SFP), training on handling Frequently Asked Transit Questions, and act as a student representative within their school and the community to promote bus pass sales.

For more information on the Transit Ambassador program, visit Link's website at www.linktransit.com or call 509-664-7624.

NCRL to bring award winning novelist Tommy Orange to NCW

SUBMITTED BY NORTH CENTRAL REGIONAL LIBRARY

NCW - North Central Regional Library (NCRL) is excited to announce that Tommy Orange, debut author of *There There*, will be coming to East Wenatchee, Nespelem, and Moses Lake for free public speaking events as part of its annual NCRL Reads program.

Orange will speak at Eastmont High School in East Wenatchee on April 17. On April 18, he will speak at the Lucy F. Covington Government Center Auditorium in Nespelem and at the Moses Lake Civic Center Auditorium in Moses Lake. All three events are free and open to the public.

"We are thrilled to be collaborating with Wenatchee Valley College (WVC) and the Confederated Tribes of the Colville Reservation Library to broaden the program's reach this year," said Amanda Brack, Adult Services Manager.

"I am very excited to work with NCRL and WVC



Courtesy NCRL

Tommy Orange, author of *There There*, in East Wenatchee, Nespelem and Moses Lake in April. All events are free and opening to the public.

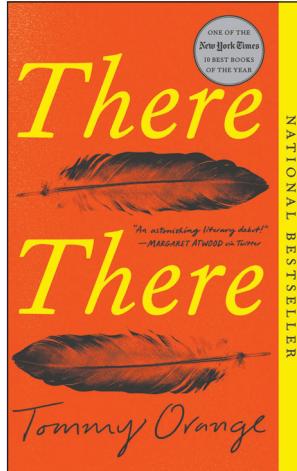
to bring Tommy Orange to our reservation. It is my hope that together we can continue to better serve our communities," said Janessa Esquivel, Library Media Technician Senior with

the Confederated Tribes of the Colville Reservation Library.

Wenatchee Valley College is also hosting an event with Tommy Orange for their students and faculty during his visit to the region.

NCRL encourages everyone to read *There There*. A national bestseller and winner of the American Book Award and the PEN/Hemingway Award, *There There* was a Pulitzer Prize finalist in 2019.

Orange is a recent graduate from the MFA program at the Institute of American Indian Arts. He was born



and raised in Oakland, Calif and is an enrolled member of the Cheyenne and Arapaho Tribes of Oklahoma.

For many years, NCRL has brought celebrated authors, including Anthony Doerr and Cheryl Strayed, to NCW for their annual community reading program, NCRL Reads. Through this program, NCRL invites everyone across NCW to read the same book, a book that sparks conversations, curiosity, and learning. Last year, more than 1,700 people attended NCRL Reads events in Wenatchee and Omak to hear Tara Westover discuss her book, *Educated*. The book circulated over 2,000 times across the library system leading up to her visit.

Check out a copy of *There There* from any of NCRL's 30 branch libraries in Chelan, Douglas, Grant, Okanogan, and Ferry counties. Go to www.ncrl.org/ncrlreads for more information.

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**Happy Anniversary*
Only \$15 for 30 days includes 3 photos

HELP WANTED
Full and Part-Time Breakfast Catering Staff
The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2 Leavenworth.

HELP WANTED
Writer/ Photographer
LAKE CHELAN MIRROR
Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to: Publisher NCW Media, Inc PO Box 39 Leavenworth, WA 98826 or email to Publisher@leavenworthecho.com

APPLIANCES
Pocket some cash by selling your used Appliances with a classified ad.
Place your ad 24/7 at www.NCWMarket.com
Your ad will appear online and in the newspaper for one low price.
Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth Cashmere**
Deadline Tuesday at noon for the paper **Quad City Herald**

PUBLIC NOTICES
NOTICE TO CONTRACTORS LAKE CHELAN RECLAMATION DISTRICT 2020 SMALL WORKS ROSTER
Pursuant to RCW 87.03.436, the Lake Chelan Reclamation District (District) is accepting applications from contractors for its 2020 Small Works Roster. Applications will be accepted continuously until December 2020. Project cost will be \$300,000 or less. In order to qualify, applicants must be: 1) a registered contractor in good standing in the State of Washington with a WA State UBI number and Contractor's License number; 2) be able to comply with Federal and State prevailing wage requirements as they apply to each project; 3) be able to provide bid bonds, payment bonds, performance bonds, and an endorsed certificate of insurance naming the District as additional insured when called for; 4) complete and submit a Small Works Roster Application. Applications, specifications, and information on work available and selection process may be obtained from the District's website at www.lcrd.org. Questions concerning applications may be directed to Jennifer Collins by email at jcollins@lcrd.org.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



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We will train for Home Care Aide Certification. Other duties may include housekeeping, laundry, and cooking
Please apply in person at Heritage Heights, 505 East Highland Ave., Chelan, 509-682-1998.

Full and Part-Time Bedmaker, Laundry and Housekeeping
Leavenworth Enzian Inn, is hiring for full and part-time Housekeeping / Laundry / Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 - 4:00 daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.
Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth

Find the Best Qualified Local Employee in our Classifieds Ads.
Place your ad 24/7 at www.NCWMarket.com
Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**
Deadline Tuesday at noon **Quad City Herald**
Your ad will appear online and in the newspaper for one low price.



PUZZLE SOLUTION

F	U	T	O	R	M	B	A	S	L	E	D		
A	T	O	N	E	O	E	R	C	L	O	V	E	
L	A	P	I	S	M	E	O	Y	O	K	E	L	
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WHAT'S HAPPENING
Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available
See MORE CLASSIFIEDS & PUBLIC NOTICES on Page 8

COMMERCIAL RENTALS
Professional office space for lease 2500 sq ft and 1000 sq ft. Located at 211 Whitman Way, Wenatchee, WA. Great location across from Wells Fargo Bank with good parking. 509-421-4914. See online information on NCWMarket.com

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Well established, turn-key route sales business for sale. Great income and growth potential. Sales season coincides with school year, summers off if desired or work thru for more income. Visit company website: www.collectivegoods.com
Contact owner: bookguybrian@charter.net
For questions please contact: 509-670-6956. See information online at NCWMarket.com

CASCADE SCHOOL DISTRICT
The Cascade School District is seeking qualified applicants for the following position:
Icicle River Middle School Head Track Coach
Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

CASCADE SCHOOL DISTRICT
The Cascade School District is seeking qualified applicants for the following position:
Cascade High School Girls Head Soccer
Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

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CLEAR SOME SPACE WITH A YARD SALE
Fill your pockets with \$\$\$\$ CASH \$\$\$
Let others know what items you are selling!
Place your ad 24/7 at www.NCWMarket.com
Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**
Deadline Tuesday at noon **Quad City Herald**
Your ad will appear online and in the newspaper for one low price.

GENERAL MERCHANDISE
SPECIAL **Leavenworth Cards** Fundraiser for The Royal Ladies of the Autumn Leaves. With sayings like "I Miss You--- Wish You Were Here (in Leavenworth.) Regular cost \$3.99 Now only \$1.50 Pick up one or more Stop by The Leavenworth Echo 215-14th Street. Open 9-5 weekdays.

CROSSWORD PUZZLE

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65											
69											
72											

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THEME: BE MY VALENTINE
ACROSS
1. *AbEard to HEIoOse
6. C.E.O.'s degree
9. a.k.a Snowmobile
13. Make amends
14. Over, poetically
15. Garlic unit
17. New, prefix
19. "St. Valentine's Day Massacre city
21. James Bond's drink of choice
23. Building annex
24. Galsworthy's "The Forsyte"
25. MID, familiarly
28. Land of Nod, in relation to Eden
30. Hire for work
35. Part of an eye
37. Feudal laborer
39. Request from Amazon
40. Waterproofed canvas
41. Bunch of bees
43. Black cat, e.g.
44. Apollo of "Rocky"
46. Roofed colonnade
47. X in a letter
48. Medicinal herb
50. Tangerine-grapefruit hybrid
52. Tennis barrier
53. Hold as a conviction
55. End of a fuse?
57. *Valentine, a.k.a. humorous Valentine
61. "One of star-crossed lovers
65. Beyond's occasional partner
66. E.T. transporter
68. Wombs
69. Hansen's disease patient
70. Young canine
71. "Flirt
72. "They used to be each other's Valentines
73. Attempt
74. Passover meal
DOWN
1. Barber's supply
2. Arizona's neighbor
3. Serengeti antelope
4. "Like a bottle of champagne
5. "Goodwill Industries" business
6. "Unfortunate consequence of kissing?"
7. Busy as a what?
8. "Pleasant bouquet smell
9. Vegas bandit
10. Mischievous Norse deity
11. ___-tempered
12. Sub station
13. "Roxane's pen pal
14. "Heart of ___", Blondie's hit
15. Well-kept secret, for some
16. Strata, sing.
17. ___ or split the cost of a date
18. Estrogen maker
19. The smallest dwarf planet
20. Uses a Singer
21. Get the picture
22. Short for administrator
23. Goslings, when they grow up
24. "German artist or Young's partner
25. "Singes" in "La PlanEte des Singes"
26. "Mr. Right, pre-kiss
27. Tiny European republic
28. Jackie Robinson, e.g.
29. Princess tester
30. "My two cents," pl.
31. Do like Vesuvius
32. "HEIoOse to AbEard
33. Wide river valley
34. Wild goat
35. Uh-uh
36. "The Three Faces of ___," pl.
37. Printer button
38. Old paint hazard
39. Gaelic tongue
40. "Wedding cake layer
41. ___ Elise"

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We're paid by our partner communities. aPlaceforMom.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Join the Digital Age!
A person is shown working on a laptop with a smartphone nearby.

Have products or services for sale?
Don't bury them in EBay or Craig's List or park it by the side of the road.
Your most likely buyer lives right here in North Central Washington
NCWMarket.com is a classified advertising service of NCW Media, Inc.
The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal
The good news is:
• It's available 24/7
• Rates start as low as \$5 per month
• Google says we averaged 5,277 visitors per month last year
• You can have multiple photos even videos
• You can protect your identity until you decide to respond to inquiries, OR
• You can include a map to your business
• You can change the ad anytime you want - as often as you want
• We don't sell your email address or any of your personal information
• Our monthly subscription programs allow you to change your ad entirely at no additional charge
Place your ad now: NCWMarket.com

PUBLIC NOTICES

Notice of Public Hearing
Notice is hereby given that the City Council of the City of Chelan, Washington will hold a public hearing at 6:00 pm on Tuesday, February 11, 2020 in City Council Chambers, Chelan City Hall, 135 East Johnson Avenue in Chelan to consider the Zuluaga Latecomer Agreement Application. Dated at Chelan this 22nd day of January, 2020.

Peri S. Gallucci
City Clerk

Published in the Lake Chelan Mirror
January 29, 2020. #87131

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lake chelan mirror.com



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Looking for a deal? You'll find it in the Classified Ads!

Why do some drug advertisements on television mention the risks of the medicine they are promoting, while others don't?

This coming weekend in Miami's Hard Rock Stadium, Super Bowl LIV will pit the champion team of the American Football Conference, the Kansas City Chiefs, against the champions of the National Football Conference, the San Francisco 49ers. Between now and the big game there will LOTS of advertisements featuring cars, trucks, insurance, and beer, along with ads for prescription and non-prescription medicines.

I'm often asked, "Why do some drug advertisements on television mention the risks of the medicine they are promoting, while others don't?"

One reason is that there are 2 main types of medicines being advertised, prescription and non-prescription medications, with one set of rules for direct to consumer (DTC) advertising of prescription medicines, and another, very different set for non-prescription or OTC (over-the-counter) medicines. The Food and Drug Administration (FDA) controls the advertising rules for prescription medicines, while the Federal Trade Commission is responsible for the rules regarding advertising of non-prescription or over the counter (OTC)



medicines. Inside the FDA, the Office of Prescription Drug Promotion (OPDP) is responsible for regulating the marketing of prescription medicines. OPDP's mission is to protect public health by assuring that prescription drug information used in advertising is truthful, balanced and accurately communicated, whether it's directed at health care providers such as doctors and pharmacists, or aimed directly at consumers. In contrast, the advertising of OTC medicines regulated by the Federal Trade Commission and is much less strict.

You may not always hear the side effects of a medicine during an advertisement for it because the FDA created 3 different categories of direct to consumer advertisements that manufacturers of a prescription medicine can use, and only one category requires mentioning any risks.

The categories of DTC advertising include help seeking ads, product claim ads, and reminder ads. Help seeking advertise-

ments mention a particular condition, such as depression, arthritis, or overactive bladder, then direct you to ask your doctor for more information about it. No medicines are mentioned in this type of ad, but if you look closely, you'll usually see the name or logo of the drug manufacturer sponsoring it somewhere on the screen.

Product claim ads mention the type of condition the medicine has been approved to treat, its brand and generic name, and include some benefits and risks associated with taking it. Product claim ads often use cartoons, celebrity spokespeople or actors to play satisfied patients; then, near the very end you hear a list of risks of taking the medicine, including death. The balance between benefits and risks is important; in this category of marketing, the advertisement MUST mention potential serious risks if they are presenting benefits to their audience.

The third type of prescription medicine advertisement for DTC marketing is a reminder ad. Reminder ads are short, giving only the brand name of the medicine, not what it treats or any of its

benefits. Reminder ads connect us with previous advertising by echoing the visual marketing elements seen in the product claim ads for the product, like showing two people watching a sunset sitting in bathtubs placed side-by-side.

DTC advertising is controversial. On one hand, those who support DTC marketing state that it's useful to consumers because it encourages people to talk to their physician about a health condition they may have. DTC advertising can also help remove the stigma of a particular condition, such as depression or erectile dysfunction.

Opponents of DTC advertising are concerned that it promotes increased medication use and even overuse of drugs for conditions that have non-drug treatments or less expensive treatments available. They also fear that not enough attention is paid to the risks of a new medicine, like serious side effects. Marketers want their product presented in the best possible light, and false or misleading claims can slip in.

In contrast, DTC advertising of a non-prescription product doesn't have to mention ANY side

effects, because the FTC doesn't require it. There is continuing concern about this lack of balance, especially when a prescription medicine gets approval to become OTC, such as omeprazole (Prilosec®) or naproxen (Aleve®). Just because a medicine no longer requires a prescription doesn't mean the risks of having side effects magically disappear.

The only type of advertisement that forces the manufacturer to mention the risks of taking a particular medicine is a product promotion advertisement of a prescription-only medicine. With reminder ads, help seeking ads and OTC medicine advertisements, there aren't any serious side effects mentioned because the manufacturer is not required to include that information when advertising the product.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedication-Insider.com for daily tips on how to take your medicine safely. ©2020 Louise Achey

Best flu hacks every traveler should know

STATEPOINT - While everyone wants to make the most of their vacation, travel can do a number on one's health, and during flu season, the risk of feeling unwell is even higher. Feel your best with these tips:

- Flu levels increase during winter because people spend more time in enclosed spaces together touching surfaces and breathing "shared" air. Traveling only amplifies this. Reduce your chances of swapping germs by avoiding contact with shared items. For example, don't put your face directly on airline-supplied pillows or blankets that haven't been sanitized.
- Ironically, just when handwashing is most vital -- while traveling -- it becomes less convenient. Carry hand-wipes and sanitizers and use them when you can't wash your hands. More importantly, avoid rubbing your eyes or nose.
- An airplane cabin's dry air accommodates the

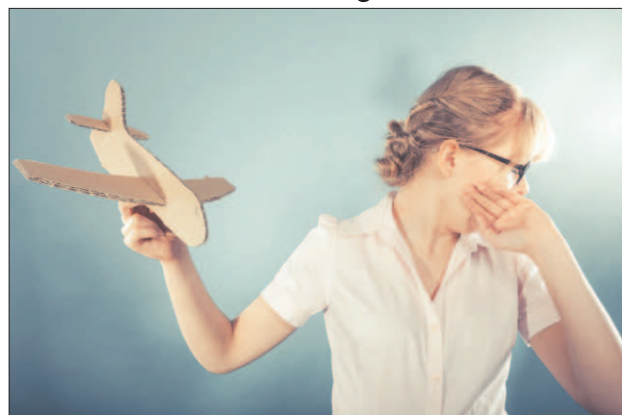


PHOTO SOURCE: (c) Voyagerix / iStock via Getty Images Plus
Flu levels increase during winter because people spend more time in enclosed spaces together touching surfaces and breathing "shared" air. Traveling only amplifies this.

growth of viruses that thrive on low humidity. Additionally, travelers often refrain from hydrating to avoid frequent bathroom trips. Yet, when mucous membranes are dry, they can't keep germs at bay. A general rule is to drink at least 8 ounces of water for every hour in the air. Under the weather? Drink more than the daily recommended 8-10 cups to

prevent dehydration caused by fever, loosen mucus, keep your throat moist and lessen the chance of the virus' success.

- Getting medical attention away from home is tough. Travel smart with over-the-counter products that are homeopathic and easy to use. Some, like Oscillococcinum, are good to pack in your carry-on so

you can take at the first sign of symptoms. Though these uses have not been evaluated by the Food and Drug Administration, clinical studies show that Oscillococcinum reduces the duration and severity of flu symptoms such as body aches, headache, fever, chills and fatigue. Widely available in supermarkets and drugstores, this flu medicine is taken without water, making it an ideal travel remedy.

"I recommend that travelers keep Oscillococcinum on-hand: an easy-to-take, non-drowsy medicine that can be used for anyone ages 2 and up," says Dr. Ken Redcross, a board-certified physician in internal medicine and author of "Bond: The 4 Cornerstones of a Lasting and Caring Relationship with Your Doctor." "It works best when taken at the first sign of flu, so it's important to pay close attention to symptoms." To learn more, visit Oscillo.

- Will you arrive in time to make your connection? What if you forgot to pack Aunt Ethel's present? There's no doubt that travel can cause stress, which research has shown can increase susceptibility to flu and even increase the severity of symptoms. Being flexible, prepared and building extra time into your schedule can make for stress-free travel.
- Exercise boosts energy and immunity, so don't take a vacation from workouts while traveling. Pack workout wear and carve out time for exercise.
- Unusual travel schedules, unfamiliar beds and crossing time zones can disrupt a sleep schedule. Get plenty of rest before your trip to keep your body's natural defenses at optimum levels.
- Getting sick can put a damper on even the best vacation. Take steps to feel your best.

Tackling the housing affordability crisis

STATEPOINT - As housing prices soar nationwide, a growing number of Americans are unable to find affordable housing. Experts say that the problem has reached a crisis point, and is harming the welfare not only of individuals and families, but of communities and the economy at-large.

Since 2012, housing prices have increased by 53 percent, according to the Federal Reserve Bank of St. Louis. Unfortunately, salaries have not kept pace. The Joint Center for Housing Studies at Harvard University reports that 18 million Americans commit more than 50 percent of their income toward a safe place to live.

America needs 7 million units of affordable hous-

ing, according to a March 2019 National Low Income Housing Coalition report, which also found that no state has enough affordable rental inventory.

"America's housing affordability crisis isn't restricted to cities on the East and West coasts. Families in rural, suburban and urban areas in all 50 states are sacrificing necessities like food, healthcare and education in order to make rent or mortgage payments," says Brandee McHale, president of the Wells Fargo Foundation. "Only when people can afford to live in their neighborhoods can communities thrive."

Recognizing the extent of the problem, non-profits, think tanks and corporations are stepping in to find solutions that will

unlock housing options for more Americans and reduce the cost burden of housing. One large-scale effort underway is being spearheaded by Wells Fargo and the Wells Fargo Foundation. Drawing on its resources and expertise, the company is working in collaboration with public- and private-sector organizations to develop and implement new solutions in communities of need, and is committing a \$1 billion philanthropic investment through 2025.

The \$1 billion will be used to address multiple facets of the U.S. housing affordability crisis, including homelessness, available and affordable rentals, transitional housing and homeownership. Beyond this commitment, programs that increase

financial literacy among individuals and create small business growth for local entrepreneurs round out an overall strategy to help people and communities find more financial stability.

This new philanthropic strategy comes on the heels of previous efforts designed to secure affordable housing for more Americans. Since 2012, Wells Fargo has provided charitable grants for homebuyers and homebuyer education through its philanthropic NeighborhoodLIFT, and other LIFT programs in collaboration with NeighborWorks America, creating more than 22,000 homeowners -- the majority from low- and moderate-income households -- through over \$475 mil-

lion in down-payment assistance grants. In addition, 10-year lending commitments are in place to help more than 170,000 African American and Hispanic individuals purchase homes.

"Financial stability starts with a place you can afford to call home, but to help more people find that, it's going take all of us looking more holistically at the spectrum of housing needs," says McHale.

As markets all over the country struggle with high housing prices, policymakers, advocates, philanthropists and non-profits will need to work together to find long-term solutions that will help millions of Americans meet their most basic needs.

RUN IT 'TILL IT SELLS

Housing sales are **HOT!**

Is your home getting the attention it needs!

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\$100 fee includes:

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- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

