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COVID19
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Seven cases of COVID-19 in two county area

LAKE CHELAN MIRROR STAFF

CHELAN - In a joint news release from Chelan-Douglas Health District (CDHD) and Confluence Health the Health District on March 17 announced the first two positive test results for COVID-19 in Chelan County. CDHD staff is working closely with these individuals to identify any close contacts and the individuals are self-isolated. One is from Chelan and the other from Leavenworth.

Then on March 20 Health District announced a third lab-confirmed case of the virus in Chelan County.

On Monday, March 23, CDHD announced that there were four additional lab-confirmed cases over the weekend.

Chelan County now has six positive cases, and Douglas County one. As of press time it has not been confirmed what towns the additional cases are in.

CDHD and Confluence Health in their press release said they "continue to urge the public to stay at home as much as possible. Social distancing is essential to slow the virus spread. We cannot afford to continue overwhelming our hospitals and clinics by spreading the virus any faster. Our healthcare system relies heavily on this measure to keep up with ongoing demand. Please do not show up to a healthcare facility unannounced. Instead, call your healthcare provider or the Confluence hotline at 509-663-8711 to determine your SEE COVID19 ON PAGE 3

Chamber ceases all spring campaigns

SUBMITTED BY MIKE STEELE, LAKE CHELAN CHAMBER OF COMMERCE EXECUTIVE DIRECTOR

CHELAN - The Lake Chelan Chamber of Commerce has had several inquires over the weekend regarding visitors to our valley. Our organization is committed to supporting businesses, promoting the Lake Chelan Valley and building community when appropriate. These are uncertain times and we must all do our part to responsibly navigate COVID-19. The Lake Chelan Chamber of Commerce is not promoting our destination to visitors. We have ceased all spring campaigns and

promotions. In addition our county wide effort, Washington's Playground has worked with our media partner King 5 to postpone the Best of the Northwest Escapes campaign until further notice.

We know these are unsettling and difficult times for our small businesses, but we are asking our members, media partners and all valley businesses to work with us and do as much as we can to prevent the spread of this virus this includes social distancing and appropriately and responsibly conducting business practices, that may for a time, mean not inviting guests to our valley.

City of Chelan, county commission declare State of Emergency

COMPILED BY LAKE CHELAN MIRROR STAFF

CHELAN - The Chelan City Council met in special session on March 16 to participate in a Covid-19 Webinar sponsored by the Municipal Research and Services Center (MRSC). The following day Mayor Bob Goedde declared an emergency, due tot he imminent spread of COVID19 Pandemic in the City of Chelan. This in part allows Wade Farris, Chelan City Administrator to request all available state and federal assistance to respond

to this emergency.
City of Chelan Offices
are closed to person to
person contact:

Cash payments will be accepted through their payment window. You

See page 2 for more COVID-19 closures

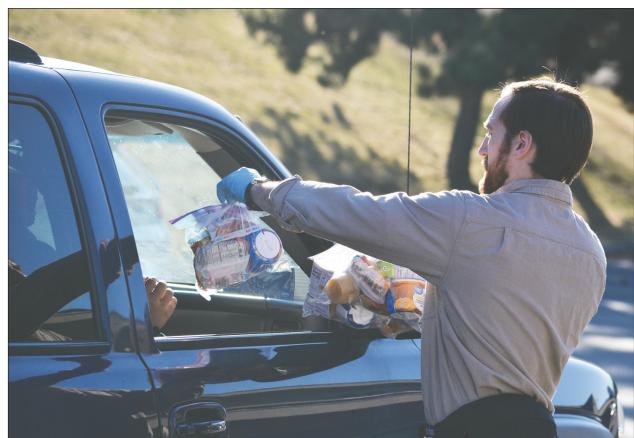
can pay your utility bill online at cityofchelan. us. In addition, you may also pay your utility bill by phone through Point & Pay by calling 1-866-706-6609. There are drop boxes conveniently located in front of City Hall and in the alley behind City Hall. Utility Direct Payment Program is available at no charge to the customer. Call 682-4037 to set this

Planning and Building asks that the public call or email. 509-682-8017

Parks Department trans-

SEE **CLOSURES** ON PAGE 3

It takes 2 villages



RuthEdna Keys/LCM

ABOVE: Tim Cote, a Thrive Mentor and assistant wrestling coach for Chelan High School hands out meals on Friday, March 20, at Chelan High School. RIGHT: Harper Helleson (left) and Kevin Martin, part of the Thrive Cares team at the Manson meal giveaway on March 20. BOTTOM RIGHT: One of the bags of food given away Friday afternoon.

COMPLIED BY LAKE CHELAN MIRROR STAFF

CHELAN - MANSON -Thrive Chelan Valley is offering weekend food support in Chelan and Manson, via their established Food2Schools program, for school-aged (PK-12 Grade) students during the temporary school closures. They gave away meals until their supplies ran out, which was 328 between the Manson and Chelan sites combined. The Cares Team developed a plan to provide drive-through weekend food support to families of registered Chelan and Manson students on Friday evenings. All Lake Chelan
School District
and Manson
School District
are handing out
Breakfast and
Lunch
Monday-Friday
See page 2

of the folks handing out Food2Schools bags are volunteering for Thrive as part of their Cares team and team members wear multiple hats (school personnel, mentors, coaches, etc). They have raised \$3,700 towards their initial goal is \$6,600 which will help support weekend meals from now through the initial school closures of April 24. If schools are closed for longer, they may need to adjust that goal to continue meeting the needs of the Chelan and Manson youth. Thrive Chelan Valley is a local 501(c)(3) non-profit dedicated to ensuring that all





valley have everything they need to reach their full potential. To make a donation by mail send it to: Thrive Chelan Valley, PO Box 3051, Chelan, WA 98816. More photos at lakechelanmirror.com

Manson school superintendent Matt Charlton accepts position with Eastmont School District

COMPILED BY
LAKE CHELAN MIRROR STAFF

Lake Chelan Mirror staff

MANSON - Matt Charlton, Superintendent for the Manson School District has accepted a position with the Eastmont School District as their

Executive Director of Secondary Education. The position is scheduled to begin July 1. The Eastmont School District will work with the Manson School District on this transition, giving them flexibility on timeline to

youth in the Lake Chelan

insure leadership is in place, given the current uncertain times.

His wife Shelley, who works for the Lake Chelan School District has accepted a teaching position with the Eastmont School District.

Charlton graduated from Eastmont High School and they have parents, siblings and a son in the Wenatchee area.

Go to lakechelanmirror. com for Charlton's letter to Manson families and the community.

US 97A-SR 971 rock slope - scaling begins April 1, road closures begin April 6

Submitted by Dept. of Transportation

CHELAN - Project news: This project was awarded to Strider Construction on Jan. 14, 2020 for \$660,265.20. Project work begins April 1 and road closures begin April 6. An open house for this project was held on August 14, 2019 at the Chelan City Hall and the Entiat Grange Hall on August 20. The purpose of the outreach events was to receive input regarding travelling needs on US 97A and SR 971, and how different closure

times required to complete the work will affect the public.

Needs and benefits: Slope instability is a category of natural hazard that refers to the movement of a soil or rock mass under the influence of gravity, leading to slides and falling rocks.

Rock falls can occur on both natural and excavated slopes and are caused by a combination of influences, including weather. WSDOT's unstable slope management program is a proactive infrastructure-preservation program.

SEE ROCK ON PAGE 2



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INSIDE THIS WEEK

Inserts Safeway



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The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only) Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: cmeditor@gmail.com

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 682-2213. We will publish a correction in the next

News Tips

Have an idea for a story? Call the Mirror at 682-2213

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ruthk@lakechelanmirror.com



Washington Newspaper Publishers



Chelan Valley Hope has opening on its board of directors

SUBMITTED BY CHELAN VALLEY HOPE

CHELAN - Do you have an interest and background in successful writing and submission of financial grants?

Do you have the time and passion to help others in the Chelan community? Chelan Valley Hope has an opening on its board of directors.

As a one-of-a-kind, social services, non-profit agency, CVH has been accomplishing positive change in people's lives for 11 years. CVH provides a one-stop access to a host of essential local & regional services. We pave the way for long-term recovery for families and individuals with a hand-up, not just a hand-out. CVH serves the community passionately and efficiently through two paid staff and 20 dedicated volunteers and a 9-member volunteer board. CVH provides those in need

and/or crisis with rent and utility assistance to avoid eviction and shut-off, gas and food vouchers, emergency sheltering, winter clothing, personal hygiene items, and other assistance of high civic value, benefitting the City of Chelan and all of us in the greater Chelan Valley.

The board meets in the afternoon of the 2nd Thursday of each month for two hours. If you have questions or interest, please send an email to Michael Gibb at mag. gibb51@gmail.com and please visit our website at https://chelanvalleyhope.

Chelan PUD will not disconnect late payers

WENATCHEE – Chelan County PUD is taking more steps to help customerowners manage financial and social impacts from the COVID-19 pandemic. General Manager Steve Wright announced Thursday that there will be no power, water or sewer service disconnects and that late payment fees also will be waived until further notice.

Chelan PUD's first priority is to keep delivering essential utility services. Wright said. That effort supports the work by other community leaders and public health experts to protect the community and help lower the risks faced by all.

Specific steps include:

· Offering options to customer-owners who need help paying their utility bill. Most important is for customers to call Chelan PUD as soon as possible to work out arrangements. PUD staff is available weekdays during business

hours by phone at (509) 661-8002 and email at customerhelp@chelanpud.org. (PUD offices closed to the public March 13 to protect customers and staff.)

Emphasizing social

distancing by offering drop box, phone and online bill payment. Customers can leave payments in drop boxes by the front doors at our offices and in the back parking lot at the Wenatchee headquarters. You can pay your PUD bill by phone at (509) 661-8729 or pay it online by going to chelanpud.org under "My PUD Services" on the home page choose "pay my bill" to follow the instructions to pay online. That's also the place to go paperless by signing up to get your PUD bill by email with

Tips for helping customers stay comfortable at home during times of social distancing by:

our Powerpay program.

• During the day, open your curtains and let the sunshine in. It will warm up



Courtesy photo Chelan PUD General **Manager Steve Wright** speaks at March 19 press conference with Wenatchee and East Wenatchee mayors and local health experts.

your house and hopefully boost your spirits, too.

- Run your furnace fan to increase airflow and bring in more fresh air.
- · If you have a programmable thermostat, adjust your settings, since you may be at home more than usual.
 - Don't let energy use

Trails, boat launches, restrooms in PUD parks are open, but a few things are changing, no events, camping until May 11 WENATCHEE - Chelan County PUD Parks Manager Ryan Baker said Friday (March 20) that staff are making a few changes in operations to protect visitors and employees and to help reduce the risk of spreading the coronavi-

The campground at Beebe Bridge Park will remain closed through May 11.

• Rocky Reach Dam Park will remain closed through May 11. All scheduled events at PUD-managed facilities including ballfields and shelters are canceled through May 11. Earlier this week, playground equipment was closed off, to reduce the risk of spreading the coronavirus.

Parks staff will email people with reservations for events scheduled up to May 11 to confirm the cancelation

Event organizers can call (509) 661-4551 during weekday business hours if they have questions Baker will coordinate closely with health experts to evaluate use of parks

facilities after May 11 In the meantime, PUD-operated parks remain open including trails, boat

launches and restrooms, which are being cleaned more often to reduce

And, Parks staff continues to take applications online surveymonkey.com/ r/2020dayuseparkingpass. from Chelan County residents for passes to park for free at PUD parks operated by the state - Confluence, Daroga and Lincoln

add to your worries. Earlyspring temperatures are mild and shouldn't tax your heating system. But you can always find tips to keep your electric bill in check at ConservationMakesCents.

• Be aware that you are likely to get even more scam calls during uncertain times like these. If you get a call from someone demanding you send payment immediately or your power will be shut off - hang up! Then call us at (509) 663-8121 to report it and check your account. (After hours you can call the 24/7 outage line at 877-783-8123. As the situation evolves, we will respond. Please stay in touch with us at chelanpud.org, find us on Facebook.com/ChelanPUD and follow us on Twitter @

Chelan, Manson school districts offer lunch, breakfast for all students Monday-Friday

CHELAN - The Lake Chelan School District: Food Service options for all students: Monday-Friday (beginning Monday, March 23): Hot Meals (Grab & Go) will be served Monday through Friday from 10:30 a.m. -12:30 p.m. to avoid large gatherings. Meals will be served "drive through style" (walkups are welcome) at the following locations: Morgen

enter at the MOE bus loading zone on Woodin Ave.; Chelan Middle High School, enter through the back entrance off Farnham Street behind the High School.

Each child will receive two meals (lunch for the day and breakfast for the following morning. Note: Students must be present at the time Alternate Locations for

Owings Elementary School, Grab & Go meals (Cold

meals: sack Lunch and breakfast) will be served Monday through Friday from 10:30-11:30 a.m., at the following sites: Apple Acres Mobile Home Park - 35 Apple Acres Road and Chelan Falls Park - 555 1st Street Chelan Falls.

For more information on Child Care and Menu of Learning opportunities go to LCSD Coronavirus Update in English: app.eduportal. com/share/07042d20-6b19-11ea-bc72-00155d645902 or LCSD Coronavirus Update in Spanish app.eduportal. com/share/e8ab0646-6b18-11ea-bf73-00155d645902 MANSON - Manson

School Districts Meals began last Thursday, March 19. It will be Monday-Friday, 11:15 a.m.-12:15 p.m. throughout the community at Manson School District Bus Stops.

All children ages 1-18 are eligible and lunch and breakfast for the following day will be delivered.

If your normal bus pickup time is 7:40 a.m. then your food pick up time is 11:40. See food delivery route sheet on our website lakechelanmirror.com. Each children must be at the bus stop to be given a meal.

For questions call the district at 687-3140

Link Transit service to continue, all services are fare-free

SUBMITTED BY LINK TRANSIT

WENATCHEE - According to the regions emergency plans, Link Transit is considered a critical life service that provides access to food, medicine, medical care and other essential services. Therefore, Link is planning and expected to continue providing service. The Link Board of Directors reconfirmed this at the March 17 board meeting. If Link has to curtail service due to lack of operators, they would reduce frequency of the

routes and retain access to all of the communities they serve in order to preserve this critical access. So, even as ridership falls due to the various community shutdowns, they will continue to provide service so that all communities continue to have access to vital ser-

Effective Thursday, March 19, all Link services are fare-free. This will remain in effect until further notice.

people to follow the recommended protective measures from the Centers for

Stay away from people

Link is encouraging

Disease Control.

- · Washing your hands frequently (for 20 seconds) or if unable to wash, using a hand sanitizer with at least 60% alcohol
- · Avoid touching your mouth and eyes
- · Cover your cough and
- who are sick · Stay home if you are

sick

Should the CDC recommend additional practices to help promote public

safety, Link Transit will make adjustments at that time.

Visitors, families not allowed at Heritage Heights

SUBMITTED BY AMANDA BALLOU, HERITAGE HEIGHTS Assisted Living

CHELAN - In order to stop the spread of the virus, Governor Jay Inslee announced that visitors will not be allowed at all long-term care facilities, including assisted living. Heritage Heights will comply with this order by closing its doors to all visitors, including friends and family. This decision was not an easy one, but was imperative to protect the health and safety of our residents, who are the most vulnerable.

We understand that visitors mean everything to our residents, but because of the ease of spread of COVID-19, especially in long-term care settings, we need to ensure the health of our residents and staff by reducing the number of people who come and go from our building.

We appreciate your understanding and support during this time. We will update you as the situation

ROCK

To reduce the risks of the adverse effects of unstable slopes to our highway system in a cost-effective manner, this project will remove loose, unstable rock from slopes adjacent to the US

97A roadway. The slopes that have been identified for this work have chronic rock fall problems with rocks reaching the highway numerous times a year, which requires maintenance call out and unplanned repairs, as well as represents a significant risk to the travelling public.

The slopes that have been identified for this work are located at the following locations on US 97A:

• Slope 1: milepost 217.62 to 217.68 between Entiat and the junction of SR 971/ Navarre Coulee Road,

• Slope 2: milepost 219.80 to 219.90 between Entiat and the junction of SR 971/ Navarre Coulee Road,

• Slope 3: milepost 224.09 to 224.13 between the junction of SR 971/ Navarre Coulee Road and Knapps Hill Tunnel.

Timeline: Construction is scheduled to begin April 1, 2020. The slope scaling activities will require long closures of the roadway to safely and effectively

complete the work. Roadway closures will occur Monday through Friday beginning April 6 to April 24, from 8 a.m. to 5 p.m. with a 30 minute opening of all lanes from 3:15 p.m. to 3:45 p.m. Lane shift for slopes 1 and 2 will be in place 24 hours a day through the course of the project.

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682-2213

CORRECTION

Chelan Fire & Rescue held their 2019 Recognition Awards Banquet Larc Hill Vineyard Ranch in Chelan. Their name was misspelled in last weeks story on the fire districts awards banquet.

Share Your News With Us Email it to lcmeditor@ gmail.com or call

682-2213

LETTERS TO THE EDITOR

Elected officials of Chelan, Douglas counties give Coronavirus advice

Dear residents of Chelan and Douglas counties.

We know that this is a very challenging time for all of us as we face the challenges of combating the coronavirus in our region. Simply put, these are unprecedented times. We applaud our health care workers who are on the front lines. We find inspiration in the stories of kindness, compassion and support occurring across the region, including community initiatives that have popped up organically over the past few days.

Please know your local governments agencies, health care facilities, nonprofits and others are unified and are working very hard — 24/7 — to safeguard and assist residents and communities. The health and well-being of our residents is paramount. For example, the two counties have partnered to land a \$884,000 grant from the state to house COVID-19 positive patients who do not require hospitalization. This regional approach will not only help vulnerable members of our community, but also those who might be displaced in the future due to required isolation from a positive diagnosis of COVID-19.

We also need your help.

Our health care leaders at Confluence Health and Columbia Valley Community Health say the next week is especially crucial in stemming the spread of the coronavirus in the region. If the spread is not stemmed over the next week or so, and there is a sudden surge in cases in the days ahead, they are very concerned our local hospitals will be overwhelmed and unable to care for all those inflicted. This is a situation that requires an area-wide partnership in order protect a valued and critical segment of our community.

We ask every resident, no matter what age, to stay inside their homes as much as possible for the next week. Not doing so could jeopardize the health and safety of our residents and communities. This is not to say you can't go buy groceries if you need food or go outside for some fresh air. But practice social distancing and stay at least six feet away from others in

the check-out line or on the trail or in the park. Several people touching the same basketball, for example, heightens the risk of spreading the virus. Wash your hands frequently. Try not to touch your face.

We ask you to visit the Chelan-Douglas Health District and Centers for Disease Control websites, along with local media organizations, for the most current information. We are working to create specific avenues for people to access accurate information in both English and Spanish in the region. Already, local media organizations are in the process of forming a working group among themselves to streamline communication efforts. We are all in this together. We will continue to move forward during these trying times, just as the region has done countless times in the past when faced with adversity. In this community, we have always rallied. Please be safe and join us in taking the necessary steps to minimize the spread of this virus.

Kindest regards,

Wenatchee Mayor Frank Kuntz East Wenatchee Mayor Jerrilea Crawford Chelan County Commissioner Doug **England Chelan County Commissioner Kevin Overbay Chelan County Commis**sioner Bob Bugert Douglas County Commissioner Marc Straub Douglas County Commissioner Dan Sutton Douglas County Commissioner Kyle Steinburg **Douglas County Commissioner**

Washington animal shelters need our help during **COVID-19 crisis**

Like animal shelters across the country, Washington shelters need our help during the COVID-19 crisis. Staffing shortages, an increase in surrendered animals, a slowdown in adoptions and government shutdowns are all taking their toll. If your employer has asked you to work from home, now is a perfect time to foster a shelter animal. You'll dramatically improve their lives, they'll bring joy to yours, and you'll open space at the shelter. You can contact the Wenatchee Valley Humane Society at Wenatchee Valley Humane Society to foster or donate. If you are not local to



the Wenatchee area you can go to: Petco Foundation - Shelters to find shelters near you.

The CDC has confirmed that companion animals cannot spread the virus, so it's perfectly safe to cuddle your pets and fosters. Kittens provide entertainment and fun for children and their interaction with humans makes them more likely to be adopted when they return to the shelter. Dogs love to get out on walks a couple times a day which will ensure fresh air and exercise for vou: a win/win. So, please open your heart and your home to just one pet for the next week or month. Our response to this crisis will decide whether animals are euthanized or saved. If fostering isn't an option, please consider making a donation to your local shelter, to ensure they can find forever homes for each and every animal surrendered into their shelter.

Peri Gallucci Chelan

7. Sweden

8, Denmark

9. South Korea

While March with its

moderate weather did not

come in like a lion this

year it will be remembered

as one in medical circles

both locally and world-

wide The uncertainty of

what lies ahead is troubling

and measures being taken

to prepare for what that

might be are working a

Shopping at local markets helps our Habitat for Humanity

Lake Chelan Valley Habitat for Humanity is extremely pleased to report quarterly receipt amounts as of Feb. 24, 2020 from Manson' Red Apple and Chelan's IGA stores 1% Donation Program. Manson's grocery store receipts totaled \$18,943; Chelan's were \$6,524. One percent of those totals go to Habitat.

Chelan's IGA owners Tony and Trish Race of Chelan, and Manson's Red Apple Market owners Eric and Marietta Jacobsen of Manson's store donate 1% or more of each receipt to Lake Chelan Valley Habitat for Humanity.

Karen Feek, a loyal Habitat volunteer of many years, collects receipts from the large "Apple Jar" at Habitat's Thrift Store located at 518 E. Woodin Ave. in uptown Chelan. It takes many hours for her to total donated receipts in increments of \$1,000. She then turns them back into each store. The storeowners then send our local Habitat a check for 1% (or more) of the total receipts.

Since March of 2007, Habitat has collected \$7,491 in the 1% program from these generous store owners. All you have to do is donate your receipts to help working families buy a home.

Habitat and its Partner Families have built 18 homes so far. Thank you for helping Habitat through such a simple act of thoughtfulness.

Gaylen Willett Lake Chelan Valley Habitat's 1% Coordinator

Editors Note: The Chelan Habitat store is closed due to the COVID19 virus. Volunteer Bruce Willett is building a drop-off box outside the building that can be used to put your receipts in. When that is finished we will post that info.

Thank you for your support

Heritage Heights thanks the members of our community for their support in this public health crisis. We recognize and are very grateful for your donations of supplies like thermometers, hand sanitizers, cleaning products, and hand soap. With the run on the supply chain, our vendors have been unable to restock us for the last two weeks and like you, we find nothing at the retailers. We deeply appreciate your helping to protect our seniors. Thank you. Stay well and be safe.

Amanda Ballou CEO, Heritage Heights **Assisted Living**

Mike Makes Write: Keep Clam

On Wednesday, March 11, the World Health Organization declared the novel coronavirus officially named COVID-19 a global pandemic, the first since the H1N1 outbreak

On Friday, March 13, President Donald Trump designated COVID-19 a national emergency and on that same day Washington Governor Jay Inslee, who issued a state of emergency on Feb. 29, called for a statewide closure of schools.

So, here we are.

The seasonal influenza outbreaks that can be credited with taking many more lives than COVID-19 has so far, are fought with flu vaccines developed and available that, depending on how accurately health officials match the remedy to the strain, offer various degrees of immunity. There is no such option for COVID-19 as of this writing. Researchers predict it may be 18 months or longer before an approved vaccine

COVID19

CONTINUED FROM PAGE 1

The CDHD in their press

release, urges the public to

take all the social distanc-

temporary but they are

essential to slow the virus

spread, so that the health-

care system can keep up with ongoing demands.

such as proper hand wash-

ing, avoid touching your

CLOSURES

actions can be conducted

by phone at 509-682-8023.

The office is closed for

in-person business. Lake

Chelan Golf Course will

Chelan County Com-

CONTINUED FROM PAGE 1

be closed.

• Continue to practice all

course of care.

Maltais

Mike

is available. While this is unknown territory for us it is most certainly not for our species, as a brief review of only the 10 worst pandemics of human history, disregarding the countless lesser ones, shows. We have survived worse.

- Plague of Justinian (bubonic) (541-542) - 100 million deaths
- · The Black Death (bubonic) (1346-1353) - 50 mil-
- HIV/AIDS Pandemic (1980-present) - 32 million • Spanish Flu Pandemic
- (1918) 20 million
- Modern Plague (1894-1903) - 10 million
- Antonine Plague (165 AD) - 5 million
- Asian Flu (1956-1958) - 2 million
 - Sixth Cholera Pandemic

eyes, nose or mouth and

cover your cough/sneezes.

Clean and disinfect com-

monly used objects and

• If you have symptoms

and reasons to believe your

symptoms are connected to

- demic (1968) 1 million • Russian Flu Pandemic

· Hong Kong Flu Pan-

(1899-1923) - 1.5 million

(1889-1890) - 1 million • Third Cholera Pandem-

ic (1852–1860) -1 million

The appearance of a virulent flu strain in four of the above 10 pandemics makes a strong case for getting an annual flu vaccination.

If there is an upside to our present crisis, it is that this latest challenge serves as a refresher course in preparedness and a magnifier of loopholes in our response network. While the U.S. ranks highest among 195 countries surveyed by the Global Health Security Index with a score of 83.5 out of a perfect 100 for health security and related capabilities, it's never good enough. The next nine countries ranked by score

- include:
- 2. United Kingdom 3. Netherlands
- 5. Canada 6. Thailand
- ic employees to receive

COVID-19 tests.

4. Australia

The release said "In the absence of specific covidlike symptoms or other specific circumstances involving extended exposure to infected people, this is not an appropriate use of our limited testing capacity. It also results in a lot of unhappy employees, who discover that tests are not actually done for that purpose. If you are an employer, please do not impede access to justifiable testing by attempting

ing orders by Gov. Jay COVID-19, please practice social distancing and do Inslee very seriously. • These measures are not show up to a healthcare

surfaces.

COVID-19 Message to Employers The Chelan-Douglas Health District said in a press release on March hygienic recommendations 17 that has learned that

facility unannounced.

some local employers are sending non-symptomatmissioners declare emergency WENATCHEE - On

March 17 the Chelan County Board of Commissioners took the step of signing an Emergency Declaration Resolution in regards to the COVID 19 virus. By signing this resolution local businesses

and non-profits will now have access to potential State and Federal assistance.

to have your employees

tested just in case.

They encouraged Chelan County residents to remain cautious and aware and to do everything possible to help one another during this difficult time.

lakechelanmirror.com

hardship on families and businesses alike. But as in · Be proactive, not reac-

will again be looking to the extraordinary American innovation and resiliency to lead the way out of the present crisis. So:

many times past, the world

• Be patient.

- Shelter and entertain in place.
 - Practice clean habits.
 - Use common sense. Communicate electron-
- · Observe and learn. · Get the facts. · Demand the truth.

As Mr. Rogers would counsel if he were here: Look for the Helpers.

And as the late sea king Ivar Haglund famously said: Keep clam.

Wishing you All Good Medicine, citizens.

We take Donations for **Chelan Valley Hope** and Lake Chelan Food Bank



Non Food Items needed:

- Baby Wipes
 Diapers
 Toilet Paper
- Travel Size Toiletries Shampoo
- Conditioners
 Dish Soap
 Laundry Soap



- Canned fruit • Cereal • Condiments
 - Canned veggies
 - Jam Chili
 - Soup other than tomato
 - Boxed entrees
 - Canned meats



Monday-Friday - 9 a.m. - 5 p.m.

310 E. Johnson Ave. • Chelan • 682-2213 Across from the Lake Chelan School District office

OBITUARIES

Ken Miller

Ken Miller was born on March 28, 1938 in Falls City, Nebraska to Reg and Hazel Miller. He had an older brother, Richard at home.

At 2 years of age he moved with his family to Portland, Oregon; where he grew up. He always considered Portland as his home. He graduated from Gresham High School in 1956.

During his Junior year in high school; he wanted to follow in his brother's foot steps by racing British sports cars at different locations in



Washington and Oregon. He began racing a MG at 17. He later purchased a Jaguar to be more competitive. He truly enjoyed racing during this period of his life.

He attended Oregon State for 2 years majoring in Business Administration. In 1960, he enlisted into the U.S.

Army and was stationed at Frankfort, Germany. In 1961, the Army relieved him of active duty when his brother died. He was assigned to the Army Reserves at Fort Lewis, Washington and honorable discharged in 1966.

He met his wife Kathleen on a blind date via a mutual friend. They were married September 15, 1967 at Saint John's Episcopal Church in Marysville, California. Their first home was in Portland, Oregon where he worked at Reynolds Aluminum Company and she continued her nursing career.

In 1977 they bought his Construction Company,

working with managers and

estimators and flying in the

company plane to various

highway, dam, and bridge

married Lee Richmond but

the marriage didn't last

She started taking eve-

ning classes at Whitworth

College, obtaining a degree

in education in 1967. She

took a teaching job in Au-

While in Spokane, she

construction sites.

uncles 10 acre apple orchard and moved to Manson, Washington. Knowing nothing about growing apples; they had to rely on field staff from Trout Inc. to show them how it was done. It was hard work but something they enjoyed doing together until 2005.

During the time they were in the apple business; they still had fun doing other things. Ken who always wanted to learn to fly took up flying lessons at the age of 56 and received his pilots license. He enjoyed flying to various fly-ins especially Arlington, Wash-

must be in Miss Peters' class. She was constantly trying out new ways of keeping companionship. children engaged and in-

crafts. She spent many summers with her parents on Lake Chelan, renewing old friendships, and occasionally traveled overseas.

terested, with all kinds of

hands-on devices, arts, and

Barbara was a voracious reader, like her mother. She had a large hardback volume of all Jane Austin's stories which she read through once each year. Her favorite singers were Ella Fitzgerald and Mel Torme, and her favorite sports were football and baseball. From teaching, she had a group of friends who met regularly over the years in a round-robin pattern

ington where they camped right by the plane for 4 days visiting the other pilots who flew in. It was a known fact Kathleen always drove over to Arlington to camp out since she didn't enjoy flying that much. During the winter months they like to go snowmobiling. As the warmer weather approached they would get their touring bike out and enjoyed riding with friends on the weekends.

Ken passed away on March 19, 2020 at Ella's Adult Family Home in Wenatchee.

Kathleen would like to

and she moved there when

she retired. Having visited

Arizona with friends, her

dream was to have a winter

home there. After retire-

ment, she had a home built

in Sun City Grande in Sur-

prise, Arizona, and spent

many winters there. In 2017,

she sold her Arizona home

and moved back to Seattle.

Soon thereafter she moved

into the Bayview continu-

ing care facility into a room

with a breathtaking view of

Seattle, the Space Needle,

Mount Rainier, and Puget

Sound. A carryover from

her years as a teacher, she

immediately learned ev-

thank them for the excellent care he received.

Ken is survived by his wife, Kathleen, his sister-inlaw and brother-in-law Jeannie and Roger Aaronson, nephew Dave Aaronson and two nieces Sharon Johnson and Leslie Stevens.

Precht Rose Chapel is in charge of arrangements. A Memorial Service will take place at North Shore Bible Church with Pastor Craig when able to have them. At Ken's request; his remains will be scattered over the surrounding hills of Manson which he so dearly loved to

fly over.

of hosting, sharing meals, eryone's name at Bayview, made many new friends, and gift-giving, and reinforcing very much enjoyed spending She and her brother John her final years there. bought a condo in Seattle,

Her brother Ed and his wife Barbara both passed away in recent months. She is survived by her brother Don (Marlene) in Spokane, her brother John in Manson, niece Cynde Lund of Bothell, nephew Gary Lund of Seattle, nephew David Peters of Woodinville, and many friends and former classmates.

Memorial donations may be made to the Peters Family Scholarship Fund c/o Community Foundation of North Central Washington, 9 S. Wenatchee Ave, Wenatchee WA 98801 to benefit graduates of Manson High School.

Barbara Ann **Peters**

March 13, 1938 -March 17, 2020

Barbara was born in Wenatchee to Modest and Dorothy Peters of Manson, and passed away at her home in Seattle.

A great deal of life and joy went on between those two dates. Barbara lived a full and satisfying life, filled with friends, travel, work, and play, maintaining a constant positive attitude that buoyed those around her.

She grew up in Manson on the shores of Lake Chelan. Attending Manson schools, she was involved in many activities: student body treasurer, honor society,

Sylvia Gervais entered

into eternal rest on March 21,

2020 at her home in Chelan.

Wash. with her loving family

Sylvia was born April

16, 1939 in Blue Island, IL to

Suno and Rose Ahnell. She

joined older sister Gloria.

Brother Arden was born 13

years later. Suno's family

had emigrated from Sweden

when he was two. During

the Great Depression with

Sylvia

Ahnell

Gervais

at her side.



homecoming queen, school newspaper, Pep Club, and school plays.

After graduation, she attended Washington State College (now University) for 2 years.

Then she moved to Spokane and went to work in the office for the Max J Kuney

closing, he helped support

his family by scavenging and

using materials and supplies

from these buildings. His

skill in metallurgy, pattern

burn, Washington, where she worked for the next 30 years until her retirement in 1998.

Over the decades of teaching 4th and 5th graders, several of her students went on to have children of their own who lived in her district and insisted their children

helped direct Sylvia's lifetime journey.

Sylvia's childhood in Blue Island, a suburb of Chicago, was happy and she remembers her mother Rose was a good cook, following in her own mother's path as a capable homemaker and good cook.

In high school, Sylvia loved being in the marching band, participated as a bugler in the drum and bugle corp, and also played the accordion. She worked part-time in a doctor's office and was fascinated with radiology. After graduation she enrolled in a two-year radiology program, but was needed at home to care for her new baby brother.

Eventually, a friend inited her to go along to a U.S. Air Force recruiter's office. There, on a whim, in November, 1957 she enlisted. After basic training at Lackland Air Force Base in Texas, Sylvia remembers she could hardly afford a bus ticket home.

Continuing with her interest in the new field of radiology, Sylvia began on the job training at McGuire Air Force Base at Wrightstown, NJ. Early in 1958 she received her orders to Travis Air Force Base near Fairchild, CA. There, in November, 1959 Sylvia became a certified radiologist with the AART (American Registration of Radiological Technicians) which Sylvia maintained until the late

Soon after she met Staff Sergeant Bob Gervais, serving in preventive medicine at Travis AFB, who seemed to be looking for a fishing partner. When Bob was assigned to Iceland, Sylvia went to Syracuse, NY to get acquainted with his family. They were married on Hallowe'en in 1959—and the rest is history. (The couple celebrated their 60th wedding anniversary last Hallowe'en.)

The couple decided one person serving in the US Air Force was enough. Sylvia gladly supported her husband as he later became a medical administrator in the Air Force and served at Hill AFB in Utah, Tinker AFB in Oklahoma along with some duty in France, England, Japan and Korea.

After two children joined their family, Sylvia often worked as a radiological technician during the evening hours.

When Bob Gervais retired from the Air Force in September, 1973 he was required to write his resume as part of his retirement duties. This resume was made public, and they received several telephone calls offering Bob employment in medical administration. One call came from Chelan, Wash.

Sylvia and Bob loved Chelan at first sight, rented a house, and arrived in Chelan on a dark, cold January day in 1974. They later purchased a house, and Bob managed the local health clinic for 22 years, where Sylvia worked as a radiological technician until they both retired.

Sylvia will be remembered as a veteran, a patriot, a radiological technician who was a pioneer in the field, a devoted wife and mother, who loved to travel. Three Caribbean cruises on Windjammer sailing ships and a long visit with her brother in England were highlights for her, as well as a short-lived antiquing business with container shipments sent to Chelan from England. She was a member of the first EMT class in the Lake Chelan Valley and served the valley as an EMT for eight years.

Sylvia Ahnell Gervais was preceded in death by her father, mother, sister, brother, son Troy and grandson Steven.

She is survived by her husband Bob of the family home; daughter Monique (Paul) Reynolds, Northbend, OR; six grandchildren, Sean, Anthony, Emily, Maria, Chris, John; two greatgrandchildren, Garrett and Ezra; brother-in-law Richard Gervais, Syracuse, NY; and many nieces and nephews.

Interment will be at a later date at Moses Lake Veterans Cemetery.

many banks and businesses making and woodworking **POLICIES**

NCW MEDIA, INC.

An **obituary** is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch.

For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

SENIOR MEALS

Chelan/Manson **Senior Center**

CHELAN - The Chelan Senior Center is closed, however meals are being given out on a takeout bases.

Senior Meals Call (509) 888-4440 by

9:30 a.m. Monday thru

Friday to order your meal call. No meals are being served in Manson.

Thursday, March 26 Chicken Cordon Bleu Rice Pilaf Capri Blend Vegetables Greek Salad Fruit Salad WW Roll Dessert

March 27 - no meals served in Manson

Monday, March 30 Biscuits & Gravy **Stewed Tomatoes** Juice Fresh Fruit

Blueberry Muffin Tuesday, March 31

Beef Tacos Spanish Rice Spiced Salad Mandarin Oranges Dessert

Wednesday, April 1 Chicken Florentine Garden Salad Fresh Fruit Garlic Bread Dessert

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



CHELAN

CHELAN CHRISTIAN CHURCH Morning Worship 10 am 682-2025 • 210 E. Wapato Ave. Pastor Mark Wilton

CHURCH OF THE NAZARENE Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH Worship 9:30 am Sunday School following Worship Service

682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED **METHODIST CHURCH** Worship 10 am 682-2241 Corner of Johnson & Emerson

CHELAN **LIVING STONE CHURCH**

"Gathering in our uniqueness, United in our Purpose."

Scott Morris, Senior Pastor **SUNDAY ACTIVITIES** Gathering -10:00 am (Children's Church & Nursery available) Adult Bible Study - Noon WEDNESDAY ACTIVITIES Kids ROCK 6:10-7:40 pm (K-5th grade, Oct-March) WE GATHER at 216 N Emerson (2nd Story-Chelan Public Library) **OUR OFFICE LOCATION** 105 N Emerson - Suite 204. Chelan • 509-682-5953 For more information about us and our activities

visit www.lscchelan.org St. Andrew's Episcopal Church

Worship 10 am 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 682-2851 • www.standrews-chelan.org

St. Francis De Sales CATHOLIC CHURCH

English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm English Mass Sunday 9 am Spanish Mass Sunday Noon Rev. Rogelio Gutiérrez, Pastor 682-2433 • Next to Safeway

ENTIAT

ENTIAT FRIENDS CHURCH Pastor Mark McDonald 509.784.1342 email: entiatfriends@nwi.net

2848 Entiat River Road Sunday morning Bible Classes 9:45 am Sunday morning Worship 11 am Sunday morning Worship (summer months) 10 am Wednesday Shared Dinner 6 pm Wednesday Programs Adults/Youth/Children 7 pm

> "With men this is impossible; but with God -Matthew 19:26

MANSON

MANSON UNITED METHODIST **COMMUNITY CHURCH** Sunday Worship 10 am

> 687-3311 Green & Boetzkes 'We are a come as you are church'

With coffee following service

NORTH SHORE BIBLE CHURCH

Sunday Worship 9:30 am Nursery (birth - 3 years) 9:30 am Kidz Church (4 years-5th Grade) 9:30 am 687-3636 • 123 Wapato Point Parkway www.northshorebc.org Craig Rayment, Sr. Pastor

BREWSTER

HOPE LUTHERAN CHURCH - LCMS

Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am 689-3106 • 1520 Sunset Drive Kevin Moore, Pastor

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com



BUSINESSJOURNAL

RECORD

MIRROR

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which SPAN NOVEMBER TO MAKE it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media nc.'s liability for other errors or omissions in connection with a advertisement is strictly limited to the publication of advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.





Looking for a home for your Furry friend?

Try the pet section on NCWMarket.com

SUDOKU

GRAND

ALASKAN

12 days, departs

May - Sep, 2020

3

1

8

4

3

CRUISE & TOUR



Home For Sale \$99,900



Own... don't rent. 3 bedroom nice home on 2 lots. Quiet street, lots of parking. Large indoor storage, fenced yard. Home is move in ready in great shape inside and out. 25 minutes to Chelan

29 Walnut St., Mansfield, Wash. Call for questions and or showing.
Offered by Chelan Realty Tim - 509-683-2080 Broker

ORCHARDS & FARMS



We have buyers for your Pear, Apple and Cherry Orchards!

509-669-4500 information@nwi.net



1-844-870-9263

4

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6

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9

Fill in the blank squares in the grid, making sure that every

row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

2

Promo code N7017

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UZZLE

\$1,499

Lots & **PROPERTY WANTED**

Private party looking for a lot or cabin on Lake Wenatchee with low bank or no bank. Contact Elmer at (360) 629-2133 or email: valelmermickels@aol.com

FOR RENT

R. V. Rental Space utilities are included on beautiful property near feway in Leavenworth. Safeway in Leavenwo Great for motorhome trailer with pickup. For more infomation, call 509-699-9337 or email: deehappysunshine@aol.com

Also go online and checkout NCWMarket.com

HAPPY ADS

ANNOUNCE IT IN THE **CLASSIFIEDS**

AT NCWMarket.com

*HAPPY BIRTHDAY

*CONGRATULATIONS! WILL YOU MARRY ME?

*I'M SORRY!!

*Happy Anniversary Only \$15 for 30 days

includes 3 photos

HELP WANTED

Popular boutique in Leavenworth now hiring, Summer or long-term available. Fun and enjoyable environment.

resume frenchquail@gmail.com or pick up application at Simply Found, 833 Front Street Cynthia 425-330-2756



Slidewaters Seasonal Employment Opportunities Join the Team at Slidewaters. Now accepting opplications for Guard Team, Food & Beverage Team, Maintenance and Operations Team Grounds Team. Applications available online https://www.slidewaters.

com/ncwmedia-teammember-opportunities We are focused on hir happy, reliable hard-working people who can offer good cuspeople tomer service with a great attitude. Our dynamic business has opportunities for all skill Willingness types. to learn and be adaptable a

HELP WANTED

WSU Colville Reservation FRTEP **Extension Coordinator**

Summary of Duties: Provide outreach education in the areas of agriculture and natural resources on the Colville Reservation, as outlined in the goals, objectives timeline of the USDA FRTEP grant pro-ject that funds this position, in cooperation with the WSU Colville Reservation Extension Team. This programming includes the development, organization, coordination, and implementation of programs and activities within the policies and procedures of WSU Extension. Official workstation is in Nespelem, Position closes 03/31/20 To apply, visit wsujobs.com/postings/5 1260 EEO/AA/ADA.



Spokane Regional Health District (SRHD) SNAP-Ed

(Supplemental Nutrition Assistance Program Education) program

is seeking

project applications from organizations that can comprehensive deliver and coordinated community- based nutrition education and/ or obesity prevention projects with income audiences owreceiving and/or eligible for Basic Food. An informational webinar will be held on Thursday, April 2, 2020 at 10:30 a.m. PDT. The deadline for grant applications will be on Friday, May 1 2020 at 11:59 p.m. PDT. For more information on webinar, and download the grant application and materials, please visit

https://srhd.org/news/20 20/snap-edrfa. SRHD hereby notifies all applicants that no person or organization shall be discriminated against on the basis of race, relligion, color, age, sex, sexual preference or national origin in considleration for an award issued pursuant to the advertisement. Minority organizations are encouraged to submit applications in response to this invitation.



2. Maple genus

of Units

73. Store posting, for short 74. Oceanic trenches

3. Capital on the Baltic Sea

In a little while, old-fashioned

. Raccoon's South American cousin .*The Demon Barber

12. *New____, setting of "The Alienist" 15. Michelangelo's famous Vatican statue and others like it, e.g.

DOWN

1. Google alternative

10. Spanish earthen pot 11. Coffin stand

20. Death reports, for short 22. Deli offering

Blindman's

5. International

7. Once around

HELP WANTED



Douglas County PUD Has an opening for a Temporary Land Management Technician Please see our website for complete details. www.douglaspud.org

PUBLIC WORKS UTILITY MAINTENANCE WORKER

The City of Leavenworth is now accepting applications for a Utility Maintenance Worker. This position's regular work week will be Thursday through will be Thursday through Monday. Duties include a variety of semi-skilled and skilled tasks in mainsemi-skilled tenance work including weekend garbage collection, operating maintenance equipment, building repair, and utility responsé. emergency

The position year-round. Compensapackage includes medical, dental benefits and PERS. Probationary starts

\$3,618/month increasing to \$4,256 - \$4,654/month (based on step increases over time). The minimum requirements for this position include a Diploma, CDL License

and minimum 2 years' experience similar of work. This union covered position is conditioned on passing a drug / alcohol test and pre-employment physical.

Job application and full job description are available via our website at www.cityofleavenworth.com, or by contacting us at (509) 548-5275.

The City of Leavenworth

is an equal opportunity employer. Application deadline 5:00 P.M. on April 10, 2020.

Writer/ Photographer



Is looking for a talented writer/ photographer to report on the news of the Chelan Lake Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love attend community events. Must be a team and player willing work flexible hours. apply send your resume and writing samples to:

Publisher NCW Media, Inc PO Box 39 Leavenworth, WA 98826 or email to Publisher@ leavenworthecho.com



Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper Lake Chelan Mirror Leavenworth/ Cashmere Deadline Tuesday

at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

HELP WANTED

Leavenworth Summer Theater is looking for a Facilities Manager. This is a great opportunity for someone who likes to work outdoors and enjoys being around people. Full time during the summer and extremely part time the rest of the year. Sal-ary between \$16k - \$22k annually, DOE. Visit our website for more informa-

leavenworthsummertheater.org/employment



Highly Capable Program Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students hat are believed to have a high capacity to learn quickly, deeply, and/ or broadly, so that we can better provide an individualized educational service to each of our students. Stu-dents nominated through this process will be considered for enrollment in the district's enrollment in the districts highly capable program based upon screening and assess-ment with the permission of their parent/ guardian.

Nomination forms can be obtained from the Cascade School District website www.cascadesd.org under Programs and Highly Capable and in school offices. In order to be considered for identifica tion for the coming school year, nomination forms should pe returned to Mike Janski Highly Capable Director, at lcicle River Middle School by April 17, 2020 either by drop-ping them by the middle school, by email mjanski@cas-cadesd.org or by mail; 10195 Titus Rd

eavenworth, WA 98826

El Distrito Escolar de Cascade está comprometido a identificar y proveer para las necesi dades educacionales única: de todos los estudiantes. En este momento, el distrito está solicitando nominaciones padres, del personal escolar, de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensi-vamente, y/o de manera am-plia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudi-antes. Los estudiantes antes. Los estudiantes nominados para este proceso se van a considerar para a matriculación en el programa, highly capable pro-gram- (Programa de alta capa-cidad), será basado en exáme-nes y evaluaciones con el per-

Las formas para hacer una nominación se pueden obtener por la página de web del Dis-trito Escolar de Cascade Cascade trito (www.Cascadesd.org se encuentran bajo la pestaña del Programs y Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Icicle River para el 17 de abril, 2020, por correo electrónico mianpor correo electrónico <u>mjan-ski@cascadesd.org</u> o por cor-reo;10195 Titus Rd. Leavenworth, WA 98826. (WAC 392-170-035,

miso de los padres/tutores le-

gales.

WAC 392-170-036)



District is seeking qualified applicants for the following positions:

The Cascade School

•Cascade High School Assistant Volleyball Coach

Girls Assistant Soccer Coach •Icicle River Middle

Cascade High School

School 7th Grade Softball Coach

Fast Track application process and information can be found on our website at:

www.cascadesed.org EOE

See MORE CLASSIFIEDS **& PUBLIC NOTICES** on Page 6

THEME: MYSTERIES AND THRILLERS ACROSS

- I. Wire danger S. Part of a circumference
- 15. Paralyzing disease 16. Mulled wine 18. A do-nothing
- 23. Second mo.
- 35. Wood sorrels
- 39. Give sheep a haircut
- 41. Wall or pedestal support 43. Cogito, ___ sum
 44. Drink like a cat, two words
- 52. Put to work 53. *James Patterson's "
- Giant's disapproval
- 68. Cocoon uweners 69. King Julien XIII of "Madagascar," e.g. 70. Bubble source 71. Possible allergic reaction 72. Gaelic tongue

- 9. Nashville's Keith13. In a cold manner 4. Prefix for something revived
- *"Alphabet Series" detective novels author
- 21. *"It's close to midnight, and something evil's lurking in 24. Fabricca Italiana Automobili Torino
- 25. Not don'ts 28. Popular Japanese soup *Agatha Christie's famous sleuth
- "Through" in text
- 46. Be inclined 47. Commotions 48. Bewitch or beguile 50. Jack and Jill's water jug
- 55. "Jack and the Beanstalk" 57 *Hitchcock classic
- 65. In the know 66. *Subject of Roswell's mystery 68. Cocoon dwellers

and Imagination

- 24. Baby extractor 25. *Sherlock Holmes creator 26. Continental divide 27. Planktonic tunicate 29. *"Who ____ J.R.?" Actress Perlman 32. "Lost" in Paris 33. Mar-a-___, pl.
 34. Having a toothed margin Undesirable location
 - 42. Enlighten 38. Forearm bone 45. Slower 49. Oil drilling apparatus Spoke with a speech defect
 Make a murmuring sound 56. Chopin's composition
 57. Wide river valley 58. Water carrie 59. L.A. footballers

_ Detective'

60. *HBO's "___ Detection of the control of the con and Norma Bates, e.g. 62. D'Artagnan's sword Stairway alternative 64. Those not opposed 67. *Remus Lupin's occasional body

Have products or services for sale? Don't bury them in EBay or Craig's List or park it by the side of the road.

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Your most likely buyer lives right here in North Central Washington

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1-888-416-7103

- · Rates start as low as \$5 per month Google says we averaged 5,277 visitors
- per month last year You can have multiple photos even videos
- You can protect your identity until
- you decide to respond to inquiries, OR
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- · We don't sell your email address or any of your personal information Our monthly subscription programs allow you

to change your ad entirely at no additional charge

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HELP WANTED

Couple wanted. No children, pets or help, flexible Part-time hours. Handyman to help with building mainteand yard nance work. Light housekeeping and domestic duties. Apartand utilities Reference quired. Bridgeport. 602-625-5376.

PUZZLE SOLUTION

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APPLIANCES

ERSE HRS DEEPS

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at

www.NCWMarket.com Your ad will appear

online and in the newspaper for one low price.

Deadline Monday at for the paper Lake Chelan Mirror **Leavenworth**

Deadline Tuesday at noon for the paper **Quad City Herald**

Cashmere

ARTS & **CRAFTS**

Ashford Sale: Rigid Heddle Loom, loom stand, assembled, with all in Prime Condition! parts. Also included: bench. additional liaht. clip-on shuttles, selvage weights. and weaving directions. further information,

Ad online NCWMarket.com.

GARAGE & YARD SALE

CLEAR SOME SPACE WITH A Fill your pockets with \$\$ CASH \$\$

Let others know what items you are selling!

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper <u>Lake Chelan Mirror</u> Leavenworth/ **Cashmere** Deadline Tuesday

at noon **Quad City Herald** Your ad will appear online and in the newspaper for one low price.

GENERAL **MERCHANDISE**

SPECIAL **Leavenworth Cards** Fundraiser forThe Royal Ladies of the Autumn Leaves. With sayings like I Miss You----Wish You Were Here (in Leavenworth.) Regular cost \$3.99 Now only \$1.50 Pick up one or more Stop by

The Leavenworth Echo 215-14th Street. Open 9-5 weekdays.

Public NOTICES

SMALL WORKS CONTRACTORS ROSTER

The Entiat Irrigation is preparing the 2020 Small Works Contractor Roster which can be used for awarding contracts up to \$100,000. without going through the bid process. Contractors interested in being placed on the District's Small Works Roster must submit the

following information: Business Name; **Business Address** Contact Person Type and Size of Projects

interested in. Submit letter to the District Secretary, Entiat Irrigation District, 2800 Entiat Way, Entiat, WA By: Phyllis Griffith, Secretary

Published in the Lake Chelan Mirror March 11, 18, 25, 2020. #87487

IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN

Estate of WARREN D. CLEARWATERS, Deceased NO. 20-4-00092-04 NONPROBATE NOTICE TO CREDITORS RCW 11.42.030

The notice agent named below has elected to give notice to creditors of the above-named decedent. As of the date of the filling of a copy of this notice with the court, the notice agent has no knowledge of any other person acting as notice agent or of the appointment of a personal representative of the decedent's estate in the state of Washington. According to the records of the court as are available on the date of the filing of this notice with the court, a cause number regarding the decedent has not been issued to any other notice agent and a personal representative of the decedent's estate has not been appointed. Any person having a claim against the decedent must, be-

fore the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to the no-tice agent or the notice agent's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the notice agent's declaration and oath were filed. The claim must be presented within the later of: (1) Thirty days after the notice agent served or mailed the notice to the creditor as provided under RCW 11.42.020(2)(c); or four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.42.050 and 11.42.060. This bar is effective as to claims against both the decedent's pro-bate and nonprobate assets. DATE OF FIRST PUBLICA-

TION: March 25, 2020 The notice agent whose name appears below declares under penalty of perjury under the laws of the state of Washington on March 16, 2020 at Chelan, Washington that the foregoing is true and correct true and correct. Karen D. Robelia NOTICEAGENT: NOTICEAGENT:
Karen D.Robelia
ATTORNEY FOR NOTICE
AGENT: Jeffrey T. Fehr
ADDRESS FOR MAILING OR SERVICE: Jeffrey T. Fehr

P.O. Box 1606 Chelan, WA 98816 509-682-4536 Fax 509-682-4538 Court of probate proceedings and cause no.:Superior Court of Washington in and for Chelan County, Cause No. Chelan County, 20-4-00092-04 Published in the Lake Chelan Mirror March 25, April 1 and 8, 2020.

NOTICE OF STATE'S INTENT TO NEGOTIATE LEASE

Department of Natural Resources will begin negotiation of expiring lease with existing lessee on the following parcels. All leases are subject to third party bids by interested parties. Lease terms and bidding information is available by calling the Southeast Region at 1-800-527-3305 or by visiting the Region Office at 713 Bowers Road, Ellensburg, Washington 98926. The leases expire

Agriculture Lease All/Part

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Written request to lease must be received by April 27, 2020, at the Department of Natural Resources, 713 Bowers Road, Ellensburg, Washington 98926.

Each request to lease must contain a certified check or money or-der payable to the Department of Natural Resources for the amount of any bonus bid, plus a \$100 deposit. The envelope must be marked "Sealed Bid" and give the lease number, expiration date of lease applied for, and give the applicant's name. The applicant must be prepared to purchase any improvements that be-long to the current lessee. For details and qualifications to submit

a request, contact the Ellensburg office or call 509-925-8510. HILARY FRANZ, Commissioner of Public Lands Published in the Lake Chelan Mirror, March 25,2020 #87480

Should you split your pills?

Have you ever gone to bed and, just as you were falling asleep, a task left undone jumped out at you? It was over 20 years ago but I still remember it because of what happened afterwards. I had forgotten to take the last dose of an antibiotic that given to me to prevent infection after an outpatient procedure.

"I REALLY SHOULD finish the whole prescription," I told myself as I reluctantly rolled out of

Blinking my bleary eyes, I filled a glass half full of tap water, tossed the tiny capsule into my mouth and drank the water. Puzzled, it didn't seem like the pill went all the way down, so I drank another half glass of water just to make sure, and went back to bed.

The next day I noticed my chest started burning every time I ate, and over the next couple of days the burning intensified until every time I swallowed drove a hot poker inside my chest. Sent directly to the ER to make sure I wasn't having a heart attack, the doctors found that pesky antibiotic capsule stuck to the lining of my esophagus, burning a

With treatment, the pain finally went away but ever since, I've have to use something to "slide" my pills down or I choke on them, usually a spoonful of



peanut butter or bite of banana. But I'm not the only one with this problem. Lots of people have trouble swallowing pills, especially larger tablets, and try breaking their pills in half or crushing them up to get them down.

But not every pill should be broken up. Which pills are safe to cut or crush?

Some pills have special coatings that protect them from dissolving in your stomach, either to protect YOU from a medicine that triggers stomach upset or pain, or to protect the medicine from being destroyed by exposure to the acids in your stomach.

Some medicines are designed to release their contents slowly, over 12 or 24 hours. Cutting one of these will release the medicine intended to last all day all at once, triggering exaggerated effects like drowsiness, dizziness and trouble with your balance.

Many tablets have a straight groove that runs completely across one side of the tablet, called a score. If a tablet is scored, when you split it along that line, each half will always contain the same amount of medication. The score line also makes it

much easier to break the tablet, whether you do it with your fingers, a knife, a one-edged razor blade or, (easiest of all), a pill splitter.

While some capsules contain only powder, others have small beads of medicine that can be sprinkled on food or divided up into several doses. You can divide the contents of capsules with less mess by placing each half inside an empty gelatin capsule. Some health food stores carry empty capsules, but a local pharmacy could also order some for you.

The gelatin capsule sizes most commonly used are the 00, pronounced "double ought", which is the length of a quarter, the 0 (ought) which is the length of a nickel, and the 1, which is the length of a

Here are 6 Tips on Cutting or Crushing Pills Safely:

Use the score 1. line.

You should always cut or break tablets at the indented line that divides the tablet in half, called the score line.

Don't break or cut all of your tablets at

If you accidently break or cut a tablet so the halves aren't even, try to use the 2 halves close together, so the dose will "even out" over the next day or two. Taking several bigger or smaller halves in a row can cause a temporary increase or decrease in your medicine level.

Invest in a good quality pill cutter.

Good pill cutters are easy to use and avoid the frustration of cutting pills cut unevenly, crumbling, and contain the pieces so they don't fly off the counter.

Use a firm, quick cut or snap.

Going too slowly can cause the tablet to slip, creating an uneven split.

Ask your pharmacist if cutting your pills could save you money.

When each dose of your medicine costs the same, you should save money by cutting them in half, as long as they CAN be safely cut.

Twist gelatin capsules open instead of cutting them.

Twist the halves in place first before pulling them

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedication-*Insider.com for daily tips* on how to take your medicine safely.®2020 Louise

Department of Health releases personal protective equipment distribution guidelines

SUBMITTED BY WASHINGTON STATE DEPT. OF HEALTH

CAMP MURRAY - With the COVID-19 pandemic affecting the entire United States, and with Washington state being particularly hard-hit, the Washington State Department of Health is publishing guidelines on how personal protective equipment (PPE) will be allocated to counties with the greatest number of confirmed COVID-19 cases. This DOH guidance will help counties determine how to distribute PPE to their facilities.

Personal protective equipment is a scarce resource that is difficult to procure statewide, nationally, and internationally. The state's prioritization list does not guarantee that every order that meets the priority criteria will be fulfilled, and it does not ensure that complete orders will be fulfilled. The DOH Secretary of Health, State Health Officer, or Unified Command may modify the criteria based on emerging response needs.

The first tier of recipients is long-term care facilities with confirmed COVID-19 cases, hospitals with the greatest number of confirmed cases, emergency medical services and first responders who are asked to transport confirmed patients, and health care workers supporting long-term care facilities with confirmed cases.

The second tier of recipients comprises health care facilities with fewer confirmed cases, congregate locations with con firmed cases (such as jails, shelters or dormitories), other EMS services, and Department of Health-run isolation and quarantine facilities.

The third tier of recipients is quarantine and isolation facilities run by other jurisdictions, followed by skilled nursing facilities, other health care facilities, and outpatient facilities.

The fourth tier of recipients is homeless shelters and other congregate locations, and family members of confirmed cases who are at home.

Apart from the prioritization tiers, the guidelines take other considerations into account, as well as a recommendation that counties fulfill orders for up to seven days. Those considerations include methodology for how much protective equipment to allocate, based on the size of the facility. number of health care workers, the number of confirmed or suspected cases, or number of patients in need of assess-

The prioritization of N95 respirators (masks) are only distributed to Additionally they are only distributed at the highest priority to locations that perform aerosol-generating procedures.

The prioritization of personal protective equipment may evolve as this outbreak continues. For further updates on Washington state's response to the COVID-19 outbreak, please go to coronavirus. wa.gov.



Share your company's news with our communities.

Free

Keeping up with people submissions are printed as space is available.

Include a photo (opt.)

Send by: Noon on Thursday.

Send to:

Lake Chelan Mirror Quad City Herald P.O. Box 249 Chelan, WA 98816

Phone: 509-682-2213

RuthK@LakeChelanMirror.com 310 E. Johnson Avenue, Chelan

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- Video Unlimited description
- Google Map to your location (you can opt out)
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Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers Your listing will continue to run for 12 months or until you cancel it

