

Gov. Inslee issues closure of remaining school year

OLYMPIA – Washington state Governor Jay Inslee, in a joint news conference with Superintendent of Public Instruction Chris Reykdal, on Monday, April 6, announced that all K-12 public schools in the state will remain closed through the end of the school year in June. In an earlier order Gov. Inslee ordered a statewide school closure from March 17 through April 24.

“Today I am extending the onsite instruction closure order,” said Inslee. “All public and private K-12 schools in our state will be stopped from providing in person instruction through the end of the school year in June.”

Inslee added that all schools will continue distance learning until the end of the school year.

71 cases of virus in Chelan, Douglas counties, 5 deaths

EAST WENATCHEE - As of Monday, April 13 there are 55 positive cases of COVID19 in Chelan County and 16 in Douglas County. There are nine positive cases in the city of Chelan, four in Chelan Falls and four in Manson. There has been five deaths in Chelan County caused by the virus. There are 13 confirmed cases in Okanogan county. Statewide total confirmed cases are 10,411 with 508 deaths. Nationwide there are 583,515 cases, 23,352 deaths and 43,274 recovered.

How Can You Help Lake Chelan Food Bank

CHELAN - The Lake Chelan Food Bank Food Drive will hold a food drive on Sat., May 2, 9-11 a.m. at two locations in the valley. The Lake Chelan Food Bank in Chelan and North Shore Bible Church in Manson. This will be a drive thru-drop off food drive. Non-perishable items only. See page 4 for items that can be donated. Lake Chelan Food Bank food distribution for the month of April will be on Mondays only, 20 and 27, beginning at 9 a.m. due to COVID19. The Food Bank is located at 417 S. Bradley in Chelan.

Chelan Valley Hope

CHELAN - Raising Hope is a Chelan Valley Hope (CVH) targeted appeal to fill urgent needs that, while compelling, are not within the normal ambit of CVH's services. During these challenging and unprecedented times, CVH is struggling to grapple with the scope of needs that will imminently confront their clients. Those needs may arise from many converging forces, as to which we can merely speculate at this time. Given the anticipated overwhelming need, our present goal for this campaign is \$20,000. To give: chelanvalleyhope.org/raising-hope/

Thrive Chelan Valley

CHELAN - In partnership with Lake Chelan and Manson School Districts, Thrive is offering weekend food support (via their established Food2Schools program) for school-aged (PK-12 Grade) students during the school closure on Fridays in Chelan and Manson. Each bag of food costs roughly \$2.75 and has enough food to feed a school-aged child through the weekend. The total cost for this initial goal is roughly \$6,600. Additional funding will allow them to create more bags and meet more student needs. To donate go to thrivechelanvalley.com/donations/thrivesupportsweekendmeals/

Only7Seconds

Only7Second It is a positive mindset movement, that started a year ago locally and has spread across the nation. It challenges individuals to use their abilities to fight isolation and we are now living in a time of mandatory isolation, which is a leading cause of suicide and depression. Add job loss, uncertainty about the future, everyone living under one roof 24/7 and fear of death due to the COVID19 pandemic and it is truly a concern we should all be thinking about. Many of us are guilty of using our phones to check out aimlessly scrolling instead of stopping to take 7 seconds to check in on someone. So take 7 second and send a text. It's simple, yet you never know who might need your encouragement. Find out more at only7seconds.life, <https://www.facebook.com/itonlytakes7seconds> or <https://www.instagram.com/only7seconds>

chelanvalleystrong.com

CHELAN/MANSON - This group serves as the resource for: Local Business Hours & Services (including Curbside/Take-out and Delivery Options), Volunteering Options, Event Updates, Business Resources, Coronavirus (COVID-19) Updates or if you need help.

‘Together’ Lake Chelan website

CHELAN - The Lake Chelan Chamber of Commerce's “Together - Lake Chelan” webpage: lakechelan.com/virtual/ This page is meant for members to login and update categories that apply to their business during COVID-19 and for the Lake Chelan Valley residents to find out who is open and what services are being provided. It is a virtual hub for local businesses in the Lake Chelan Valley and for learning about: Economic Relief, Community Resources, how to Stay Connected and Digital Gatherings. Anyone with questions can call the Lake Chelan Chamber of Commerce at 682-3502.

Small Business relief drowning in the swamp

By BILL FORHAN,
OWNER NCW MEDIA

The big story last week was the small business relief program or Paycheck Protection Program (PPP). It's a program touted to jump start our collapsed economy by helping small businesses get some immediate funding to keep people employed.

The program started accepting applications April 3. At the rate this is going, the money won't be disbursed to the small businesses that really need it before it is too late.

The problem is finding a bank that is processing the applications.

Locally, Cashmere Val-



RuthEdna Keys/LCM

Cashmere Valley Bank, one of the largest regional banks in North Central Washington, has declined to participate in the Payroll Protection Program.

ley Bank is not accepting applications.

North Cascades Bank has a link on their website for submitting an application although it is not clear

if you must be a current bank customer in order for them to process the application.

Washington Federal Bank is accepting applica-

tions and according to their website they do not require the applicant be a current customer of the bank. They do not have an online link for submitting applications but do have a link to get a call back. Washington Federal has branches in Leavenworth, Wenatchee and Chelan.

Wheatland Bank in Chelan is participating, however you must be a customer to apply and they advise they are nearing capacity at the present time.

Coulee Dam Federal Credit Union is participating but their website does not appear to have a link on how to apply.

SEE SBA PPP ON PAGE 2

LCCHC Board of Commissioners approve Resolution Policy, Procedure for SBA Funding

Editors Note: Chelan County Public Hospital District #2 held a Special Board Meeting on Thursday, April 9 at 1 p.m. to consider the terms and conditions of disaster relief funding from the Small Business Administration (SBA) and Centers for Medicare & Medicaid Services (CMS). The meeting was via teleconference.

SUBMITTED BY LAKE CHELAN
COMMUNITY HOSPITAL &
CLINICS

CHELAN - Lake Chelan Community Hospital and Clinics (LCCHC) like many

other businesses have been greatly affected financially by the effects of COVID-19. In the recent weeks, Lake Chelan Hospital has had to make severe reductions and changes in the way safe care is provided to the Lake Chelan Valley amid the current COVID Pandemic. Because the community is also following state and federal guidelines to stay home, LCCHC has experienced a major reduction in outpatient services like physical therapy, routine doctor visits, cancellation and postponement of elective surgeries, and

the temporary closure of the Sanctuary alcohol and drug inpatient rehabilitation unit.

The safety of the community, patients and staff at LCCHC continues to be priority; however, the financial strain on rural hospitals all over the country have been impactful. On April 9, 2020, the hospital Board of Commissioners voted to approve a resolution for Small Business Administration funding. The Payroll Protection Program (PPP) through the SBA is available on a first come, first served basis

for business that have 500 or less employees and as a business are being affected by the COVID-19 pandemic. The Payroll Protection Program is part of the 3-trillion dollars pandemic relief program. This will help LCCHC continue to meet payroll and keep staff employed and more importantly, continuing to be a healthcare resource for the Lake Chelan Valley. Approximately, 75-80 percent of the loan will be forgiven by the government as its primary use is for the PPP. The other 20-25

SEE APPROVE ON PAGE 2

Honoring senior athletes



If you were in the area of Sargent Field (Chelan High School football field) last Friday, April 10, at 20:20 (8:20 p.m.) you saw lots of cars and heard them honking their horns, as they took part in a nationwide effort to honor the members of the Class of 2020 who are sacrificing so many final experiences to keep our population healthy. There are 47 Chelan High School student senior athletes in this years graduating class. Students sat on their cars as many cars, two Chelan Fire & Rescue trucks and a Chelan County Sheriff deputy traveled up and down the street honking their horns and flashing their lights. BELOW: The scoreboard was lite up in all 20's.

RuthEdna Keys/LCM



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INSIDE THIS WEEK

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\$1

310 E. Johnson Ave.,
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Chelan, WA 98816-0249
509-682-2213
www.lakechelanmirror.com

Chelan Fire & Rescue looking to reactivating ‘air raid’ siren for multi-alarm incidents

SUBMITTED BY
CHELAN FIRE & RESCUE

CHELAN - Chelan Fire and Rescue is currently looking at reactivating the downtown “air raid” siren for larger, multi alarm incidents within the fire district.

Chelan Fire and Rescue runs over 900 calls a year and is a recognized as the sixth most high-risk area for large catastrophic fires in the state. As we have seen in the past, occasionally these fires can quickly overrun the capabilities of our limited local resources, especially with the right weather conditions. The majority of our calls are usually handled by the on-duty crews in combination with the volunteers at outlying stations. Those calls would not activate the siren. But due to the reduction of half of Chelan Fire and Rescue's daily career staff coupled with a decrease in volunteers responding to calls we feel now is the time to re-

search different ways to notify the community to prepare.

As more orchards are being torn out and more homes are moving deeper into the urban interface, we feel the Lake Chelan community as a whole, needs to be alerted. The community can share in their part of the response by looking up, looking for smoke, recognizing that there is a fire, and generally remaining vigilant to their surroundings. Fires that used to be slowed by green orchards and irrigation now have paths from the hills right into homes.

Chelan Fire and Rescue is looking at activating the siren only on second alarm or greater fires. By activating the siren on second and third alarm fires it



serves many purposes. It lets the community know that all five stations and all firefighters are being requested for a fire in the district. It lets business owners who employ our volunteer members know that there is a significant fire event locally in hopes that they may be able to release them to respond to the call. It lets you the citizens know there is a chance that if you call 911, your emergency may have a slight delay as incident commanders decide what to break free from the major incident or who to call to assist you. It lets you also know that there will soon be apparatus and personnel from all over Chelan, Douglas, and Okanogan counties potentially coming through town to assist. It creates community

situational awareness that is vital to the safety of all as conditions can change in a matter of minutes. We will do our part in getting up to date factual information out to all media platforms as the situation allows.

Chelan Fire and Rescue is not alone in this endeavor. The Leavenworth and Lake Wenatchee areas are also in the process of researching the reactivation of their siren system. Chelan Fire and Rescue hopes that we won't have to activate it at all this summer, but we also recognize the challenges that we are facing regarding our response capabilities.

Now with the COVID-19 situation we could potentially have even fewer firefighters locally and statewide to respond. Chelan Fire and Rescue is here to answer questions and looking for input from the community in regard to this.

You can contact Assistant Chief Brandon Asher at basher@cfr7.org or call Station 71 at (509)682-4476.



Courtesy Chelan Fire & Rescue

Chelan Fire & Rescue Firefighter/EMTs Troy Keene (left) and Adam Jones (right) were recently recognized for their 10 years of dedicated service to the community. Adam and Troy are the only two members from the original group hired as full-time firefighters for Chelan Fire & Rescue and are truly a decided asset to the community and the organization.

Local Firefighter Association Supports Food2Schools

CHELAN - On March 27, Dan Crandall, President of the Chelan District 7 Firefighters Association, announced a \$3,000 donation to Thrive to support the Food2Schools Friday program. This generous donation will ensure over 1,000 meals are served to Chelan and Manson youth to tend to their weekend nutritional needs.

“This is our way of helping support people in the local community who are hardest hit by the COVID-19 pandemic,” Crandall shared in an email. “The Association is enthusiastic in its support. Keep up the good work.”

Thrive Chelan Valley is thankful for their friends at the Chelan District 7 Firefighters Association and the message of hope they are sending through this donation to our youth and community during these unprecedented times.

To learn more about how the Firefighters Association supports our community, visit their website at: <https://chelan7.com/firefighters-assn/>

Adrienne Moore, House District 12 candidate, wants your vote

By GARY BÉGIN
MANAGING EDITOR,
NCW MEDIA

WINTHROP - Adrienne Moore wants your vote for representative in the 12th District, Position 1. Moore has named her campaign “Voice of the 12th” because, “This has to be bigger than one person or one election, it has to be about engaging working people's voices each and every day in the decisions that impact us most, to build the future we want.” She's running as a Democrat against GOP incumbent Keith Goehner.



Adrienne Moore

The aspiring elected leader spoke exclusively to NCW Media at the end of March to explain what she has envisioned for the people she seeks to serve. Here is the Q&A:

NCW Media: What is your most important subject to tackle if you get elected?

Adrienne Moore: I know the vast majority of people across our region believe that no matter who you are, where you come from, or what you look like, if you work hard, you should be able to support your family. And yet, across my community, I know many hard-working families who can't get ahead. If we continue on our current path, life for people in rural Washington is only going to get harder – our children will struggle just to live a good, stable life. I'm running to represent you for the same reason my great-great-grandparents came to this beautiful, rugged land: because I want a home my children, and yours, can come back to and prosper.

We need to come together for the things that matter most to all of us. For instance, together, we can address our housing crisis so our small towns and cities don't begin to look like Seattle. Across NCW, the high cost of housing and the limited number of available rentals have created a housing crisis. Low and middle-income families are being priced out of their homes, neighborhoods, and schools. We can address outdated and prohibitive regulations that make it challenging to build affordable housing and we can provide viable housing solutions so local families can stay in their home towns and jobs, schools, and community. We can incentivize permanent affordable rentals; develop land trust or other homeowner models so we can recruit and keep teachers, nurses, and tradespeople; and ensure that every one of our elders has safe, stable, supportive housing.

NCW Media: Affordable housing, tourism, agriculture, water resources and infrastructure are some of the main issues in the 12th District. Can you address these topics?

Moore: As jobs in forestry, logging, government, and

small agriculture continue to decline, many people struggle to find work that pays a living wage. The work that's available is often seasonal and low-paying, and doesn't offer the benefits or stability that households need. It's hard to find childcare when your waitressing shifts start at 5 p.m. and it's hard to keep your health insurance when you're laid off three months of the year. Washington is at the forefront of innovation and technology. We need to build sustainable ways to support the industries we do have in tourism, agriculture, and healthcare. Supporting these industries means we support working people and families.

We are also primed to bring new opportunities to our region, from fire prevention efforts in forestry to sustainable manufacturing and technology. There will be a response in Olympia to climate change and we need to make sure our voices are heard. Our elected representatives should work to advocate for our region and ensure economic investments reflect the needs of those who will be most impacted: the working people and families of rural and small town Washington.

NCW Media: Tell our readers about your life, family and life experiences that make you ready to represent the 12th District.

Moore: My family rooted me in the values of our rural community. My mother and step-father are ministers in Wenatchee, and my father is a carpenter.

I grew up working class in a family with five kids on a farm in Eastern Washington and in small towns across the state. I became a young mom at twenty and worked my way through college at Western Washington University as a night manager for a shelter serving women and children escaping domestic violence. The families at the shelter were no different than families I'd known my whole life: they were people who showed up with grit, determination, and generosity in the face of hardship.

I've committed my entire career, including more than a decade of work in Okanogan County, to ensuring all families have a chance to build a better life for themselves. When I returned to Eastern Washington with my small

family, I took a position as the sole staff member of a small nonprofit. For more than 12 years, I helped it become what it is today: a community leader and critical resource for our neighbors seeking social and health services. We partnered with schools, health agencies, government, businesses, nonprofits, and churches so our neighbors had support when they needed it most.

After catastrophic wildfires in 2014 burned down hundreds of houses across Okanogan County and put many households and small businesses on the brink of financial crisis, I worked with people across the region, and across political and social divides, to stand up the long-term recovery effort. I led the two-year disaster case management program that oversaw the distribution of millions of dollars in direct financial assistance, donations, and volunteer time, and a skilled staff providing one-on-one support to families who lost their homes and livelihoods. In many disasters, these programs are highly controversial, but our recovery effort, which responded to the largest wildfire in Washington State history, was named by state and community leaders as a model for success. It united our rural community in unprecedented ways to ensure we not only recovered, but emerged more resilient than before the fires began.

NCW Media: Are you in favor of allowing marijuana growers to do so?

Moore: I'm running to support the future of working people and families in North Central Washington. Policies regarding the growth and distribution of marijuana, particularly in rural areas, must be focused on the wellbeing of communities. We need sensible policies that protect families and young children, while allowing for the ethical development of an industry that could provide well-paying jobs for working people and families.

NCW Media: What about taxes on gasoline, hotels, etc. Any thoughts?

Moore: Washington's tax system is upside down. The poorest people in our communities, those in the bottom 20 percent of income earners, pay 17.8 percent of their wages in local and state taxes, while the wealthiest Washingtonians pay roughly 1-3 percent. We rely heavily on high sales, property, and business taxes, which hurts working families and leaves critical public services like schools and healthcare underfunded. It's time for our government to bet on our own people, our own communities, and our own businesses. Let's invest in and protect local small businesses, farmers, teachers, tradespeople and cooperatives. Instead of huge tax breaks for corporations like Amazon, let's ensure we all

pay a fair share in taxes. We can build a tax system that works for working people and rural Washington as a whole.

NCW Media: What else would you like to add?:

Moore: If we continue on our current path, life for people in rural Washington is only going to get harder: our children will struggle just to live a good, stable life. I'm running to represent our 12th District for the same reason my great-great-grandparents came to this beautiful, rugged land: because I want a home my children, and yours, can come back to and prosper. The State House and Senate both have a Democratic majority. That means Demo-

crats make the vast majority of decisions on the budget and legislation in a Democrats-only “back room.” We can't expect Democrats from the west side to advocate for the unique needs of rural working people and families, businesses and land in NCW. Now more than ever, we need a seat at the decision-making table.

I believe the things we're working for -- an economy that works for working families -- is more important than ever. In the coming months and years, many families in our rural community are going to struggle in unprecedented ways. I struggle with the decision of whether or not I could be a mother, work full time

at a job I'm grateful to still have, and launch the kind of campaign our community deserves. I think if it was just about me, I would have said it was all too much, but this campaign isn't for me, it's for my two kids, and one for the hundreds of children and families I've worked with over the years who'll need us now more than ever.

My opponent, current 12th District State Rep. Keith Goehner (R-Dryden), has done nothing to ease the burden or level the playing field.

For more information on Moore's campaign, visit voiceofthe12th.com. Follow her on Facebook or Instagram.

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Entiat student serves as page in House Page Program

By Kurt Hammond, Senior Public Information Officer

OLYMPIA - Entiat High School student Garrett Giacomazzi traveled to Olympia and served as a page in the state House of Representatives the week of March 9-13. He was sponsored by 12th District Rep. Keith Goehner. "Garrett did a great job of representing his school. It is encouraging to see young people from the 12th District have an interest in the Legislature and state government," said Goehner, R-Dryden. "Paging provides students an excellent opportunity to learn about our government and meet other students from around the state. I hope others will take advantage of the opportunity in the future."

Garrett is the son of Grant and Tamara Giacomazzi. He plays basketball, football and enjoys hunting, math and video games.

His father, Grant, works for the Washington State Patrol (WSP) and was on detail at the Capitol the week Garrett was paging.

The page program is designed to educate students about the legislative process and expose them to the work being done at their state Capitol. Garrett navigated the many buildings on the Capitol Campus while delivering messages and documents to legislators and staff. Pages also assist representatives on the House floor during debate and voting.



Courtesy Rep. Keith Goehner office
Entiat High School student Garrett Giacomazzi (right) served as a page in the state House of Representatives. He was sponsored by 12th District Rep. Keith Goehner (left).

During their week-long service, pages work on a culminating project and write a piece of legislation, then present the bill in a mock committee hearing to fellow pages. They also earn \$35 per day while serving in the program. To become a page, applicants must have a legislative sponsor, be between the ages of 14 and 16, and obtain written permission from their parents and school.

Stacy Luckensmeyer never imagined she'd end up running a business, but life had other plans for her, and she's successfully started and sold, bought and sold, and even started and failed in multiple ventures. She retired at 36 and realized quite rapidly that this was a *very* big mis-

LETTER TO THE EDITOR

Baseball will return, 2021 season will come

To the Chelan Baseball Family: Players, Parents, Alumni, Administrators, Fans, and Boosters

With the WIAA decision to cancel the 2020 baseball season, I feel compelled to offer of few thoughts and reflections on the issue. My first thought was of disappointment, then anger, then eventually of sadness. After considerable soul searching, my focus evolved to consider not what we have lost, but more upon what we have gained.

Like thoroughbreds wait-

ing in the starting gate, we were chomping at the bit, ready to go ... ready to win the race. Alas, that was not to be, the race taken from us by conditions purely out of our control. I do have feelings of sadness, but also reflect on the great memories I've shared with our four graduating Seniors. Connor Wilson, Brennan Moody, Cade Christopherson, and Breckin Sporseen. They, along with the 2019 graduating class, were the athletes who worked tirelessly to propel Chelan Baseball into state prominence.

We don't know how the 2020 season would have played out, but with those four on the field, I surely liked our chances. They all

had a hand in the legacy that is now Chelan Baseball ... and serve as a springboard into the future. The 2021 season will come, with new faces, new positions, and new heroes in the making.

Lastly, I would like to thank my assistant coaches, our volunteers, and our boosters, whose disappointment in this lost season is only surpassed by my own. Baseball will return, and we will be as strong, if not stronger, in the seasons to come. This result is made entirely possible by the legacy created by some of the finest young men I've ever had the pleasure to be associated with.

Go Goats
Coach Dana Papasadero, Chelan

Two new board members at NCEF

SUBMITTED BY NCEF

WENANTCHEE - The North Central Education Foundation (NCEF) is delighted to welcome two new quality NCEF Board members - Stacy Luckensmeyer and Ray Dobbs.

Stacy Luckensmeyer never imagined she'd end up running a business, but life had other plans for her, and she's successfully started and sold, bought and sold, and even started and failed in multiple ventures. She retired at 36 and realized quite rapidly that this was a *very* big mis-



Ray Dobbs



Stacy Luckensmeyer

take, and since then she has involved herself in entrepreneurial development efforts in her region and across the US. She currently oversees the Center for Entrepreneurship at Wenatchee Valley College and represents WVC in a variety of economic development projects, including growing the entrepreneurial ecosystem in central Washington.

Ray Dobbs and his wife, Kathryn (Kelly), moved their family to Chelan in 1976 when he started a 20-year career as broadcaster, sales manager, and station manager at KOZI Radio. When owner Jerry Isenhardt sold KOZI Radio in 1999, Dobbs purchased the Computer and Verizon cell phone businesses from Isenhardt and started his own business, Raycom RadioShack. After 12 years, Dobbs sold the business in 2011 and took a position at North Cascades Bank where he recently retired. Dobbs and his wife have been married 48 years. They have five adult children who all graduated from Chelan Valley schools. Kathryn grew up at Kelly's Resort in Chelan and graduated from Chelan High School. Dobbs grew up in the San Francisco Bay area and has an Advertising/Marketing degree from San Jose State University. Ray and Kathryn met in Hawaii while Dobbs

was serving in the Navy during the Vietnam War. They have eight grandchildren and one great-grandchild. Dobbs was a Planning Commissioner for City of Chelan for 10 years and Treasurer for Historic Downtown Chelan Association for five years. He also served on the Wenatchee and Lake Chelan Chamber of Commerce boards. He has been a Rotarian since 1982 and served two terms as president of Lake Chelan Rotary.

The NCEF Teacher Classroom Grant Program, which began 10 years ago to benefit teachers in the North Central ESD region that includes Chelan, Douglas, Grant and Okanogan Counties, has seen a twenty-fold increase in awards of these grants that spur classroom innovation and creativity. Grants have funded activities in the areas of Arts, Humanities, Music, STEM, Robotics, environmental education and technology, to name a few.

This North Central Education Foundation program has proven to be an invaluable tool in making an impact on teachers, students and their classroom projects. The grants go to the most innovative and creative teachers who figure out how to impact student learning with a relatively small amount of money.

SENIOR MEALS MENU

Chelan Senior Center

CHELAN - The Chelan Senior Center is closed thru Friday, May 1, however meals are being given out on a takeout bases.

Senior Meals

Call (509) 888-4440 by 9 a.m. Monday thru Thursday to order your meal. Meals can be picked up between 10:30 and 11:30 a.m. at the Senior Center located at 534 E. Trow Avenue. No meals are being served in Manson.

Thursday, April 16

Lemon Baked Fish, Garden Rice, Buttered Peas, Cole-slaw, Peaches, Cornbread, Dessert

Monday, April 20

Chicken Fettuccine, Peas, Spinach Salad, Mixed Ber-ries, Garlic Bread, Dessert

Tuesday, April 21

Beef Stew, Green Salad, Peaches, Biscuit, Cereal Bars

Wednesday, April 22

Sweet & Sour Meatballs, Ori-ental Vegetables, Egg Roll, Coleslaw, Orange Quarters, WW Roll, Dessert

OBITUARY & MEMORIAL POLICIES

NCW MEDIA, INC.

An **obituary** is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch.

For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

DEATH NOTICES

F. Allen Boyd

F. Allen Boyd, 87, of Chelan, Wash. passed away on April 11, 2020. Services to be announced. Please leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

John E. Lester

John E. Lester, 84, of Wenatchee, Wash. and formerly of the Manson/Chelan area, passed away on April 9, 2020. Services to be announced. Please leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

Paul David Burns

Paul David Burns, 71, of Tonasket, Wash. passed away on Tuesday, April 7, 2020. No services will be held. Arrangements are in the care of Heritage Memorial Chapel, East Wenatchee and Cashmere.

We take Donations for Chelan Valley Hope and Lake Chelan Food Bank



Non Food Items needed:

- Baby Wipes • Diapers • Toilet Paper
- Travel Size Toiletries • Shampoo
- Conditioners • Dish Soap • Laundry Soap



- Canned fruit
- Cereal • Condiments
- Canned veggies
- Jam • Chili
- Soup other than tomato
- Boxed entrees
- Canned meats



Monday-Friday - 9 a.m.- 5 p.m.

310 E. Johnson Ave. • Chelan • 682-2213
Across from the Lake Chelan School District office

CHURCH GUIDE

New to the area? On Vacation?
These churches welcome you!



• CHELAN

CHELAN CHRISTIAN CHURCH
Morning Worship 10 am
682-2025 • 210 E. Wapato Ave.
Pastor Mark Wilton

CHURCH OF THE NAZARENE

Sunday School 10 am
Worship 11 am & 6 pm
Youth Group - Friday 7 pm for 13-18 years of age
682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH

Worship 9:30 am
Sunday School following Worship Service
682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED METHODIST CHURCH

Worship 10 am
682-2241
Corner of Johnson & Emerson

• CHELAN

LIVING STONE CHURCH

"Gathering in our uniqueness,
United in our Purpose."

Scott Morris, Senior Pastor

SUNDAY ACTIVITIES

Gathering -10:00 am

(Children's Church & Nursery available)

Adult Bible Study - Noon

WEDNESDAY ACTIVITIES

Kids ROCK 6:10-7:40 pm (K-5th grade, Oct-March)

WE GATHER at 216 N Emerson

(2nd Story-Chelan Public Library)

OUR OFFICE LOCATION

105 N Emerson - Suite 204, Chelan • 509-682-5953

For more information about us and our activities

visit www.lscchelan.org

ST. ANDREW'S EPISCOPAL CHURCH

Worship 10 am
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• ENTIAT

ENTIAT FRIENDS CHURCH

Pastor Mark McDonald

509.784.1342

email: entiatfriends@nwi.net

2848 Entiat River Road

Sunday morning Bible Classes 9:45 am

Sunday morning Worship 11 am

Sunday morning Worship (summer months) 10 am

Wednesday Shared Dinner 6 pm

Wednesday Programs Adults/Youth/Children 7 pm

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MANSON UNITED METHODIST COMMUNITY CHURCH

Sunday Worship 10 am

With coffee following service

687-3311

Green & Boetzkes

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Sunday Worship 9:30 am

Nursery (birth - 3 years) 9:30 am

Kidz Church (4 years-5th Grade) 9:30 am

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www.northshorebc.org

Craig Rayment, Sr. Pastor

• BREWSTER

HOPE LUTHERAN CHURCH - LCMS

Sunday Worship 11 am

Holy Communion 1st, 3rd, & 5th Sunday

Bible Study & Sunday School 10 am

689-3106 • 1520 Sunset Drive

Kevin Moore, Pastor

*"With men this is impossible;
but with God
all things
are possible."
-Matthew 19:26*

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com



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Reasonable rates
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Deadline Monday at noon for the paper **Lake Chelan Mirror**
Leavenworth/ Cashmere
Deadline Tuesday at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

WSU Colville Reservation FRTEP Extension Coordinator Due to COVID-19 restrictions, we are extending the application process for this position.

Summary of Duties: Provide outreach education in the areas of agriculture and natural resources on the Colville Reservation, as outlined in the goals, objectives and timeline of the USDA FRTEP grant project that funds this position, in cooperation with the WSU Colville Reservation Extension Team. This programming includes the development, organization, coordination, and implementation of programs and activities within the policies and procedures of WSU Extension. Official workstation is in Nespelem, WA. **Postion closes 04/30/20** To apply, visit wsujobs.com/postings/51260 EEO/AA/ADA.

HELP WANTED

ACCEPTING APPLICATIONS FOR LEAVENWORTH COMMUNITY POOL LIFEGUARDS
The City of Leavenworth is now accepting applications for Certified Lifeguards or those willing to become certified. In addition to applicable certifications, job seekers must possess strong public relations and communication skills, along with the ability to understand and implement all rules related to the facility. Job applications are available to download from the City's website at: <https://cityofleavenworth.com/employment-opportunities/> or by contacting City Hall at (509)548-5275. The City of Leavenworth is an equal opportunity employer. **Applications will begin the review process on May 4, 2020.**



The Cascade School District is seeking qualified applicants for the following position:

•Icicle River Middle School
Bilingual Secretary
starting
2020-2021 school year

Fast Track application process and information can be found on our website at: www.cascadesd.org EOE



Looking for a home for your Furry friend?

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HELP WANTED

City of Brewster
Employment Opportunity
Full-time year-round City Water Utility Operator position.
Duties include: All aspects of Public Works with emphasis on water distribution. This position requires the ability to work outside in adverse weather conditions. Work hours may vary but are anticipated to typically be 40 hours per week, Monday through Friday, from 7:00 AM to 4:00 PM with a one-hour lunch break. Wages: Full-Time positions are per Union Contract. Previous experience preferred, but not required. Criminal background check will be required, as will pre-employment drug testing. Random drug testing throughout the employment period may occur. Applicants must have a valid WA State Driver's License. Applications and job description are available at cityofbrewsterwashington.org, by calling (509) 689-3464, or picking up at Brewster City Hall. Applications accepted until position is filled, preferably by April 17, 2020. EOE

Writer/ Photographer
LAKE CHELAN MIRROR

Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:
Publisher
NCW Media, Inc
PO Box 39
Leavenworth, WA 98826
or email to Publisher@



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HELP WANTED




Highly Capable Program
Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and/or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon screening and assessment with the permission of their parent/ guardian.

Nomination forms can be obtained from the Cascade School District website www.cascadesd.org under Programs and Highly Capable and in school offices. In order to be considered for identification for the coming school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at Icicle River Middle School by April 17, 2020 either by dropping them by the middle school, by email mjanski@cascadesd.org or by mail, 10195 Titus Rd. Leavenworth, WA 98826

El Distrito Escolar de Cascade está comprometido a identificar y proveer para las necesidades educacionales únicas de todos los estudiantes. En este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera amplia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el programa, highly capable program- (Programa de alta capacidad), será basado en exámenes y evaluaciones con el permiso de los padres/tutores legales.

Las formas para hacer una nominación se pueden obtener por la página de web del Distrito Escolar de Cascade (www.Cascadesd.org se encuentran bajo la pestaña de Programs y Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Icicle River para el 17 de abril, 2020, por correo electrónico mjanski@cascadesd.org o por correo: 10195 Titus Rd. Leavenworth, WA 98826. (WAC 392-170-035, WAC 392-170-036)

SUDOKU PUZZLE



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Bathtub with American Standard Right Hand Toilet
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THEME: FAIRY TALE CREATURES
ACROSS


1. "Like many mythical creatures
6. Second mo.
9. Spill the beans
13. Convex molding
14. "the President's Men"
15. Ankle support, e.g.
16. Make a logical connection
17. "E.T.'s craft"
18. Des Moines native
19. "Fire-breather"
21. "Household spirit"
23. Tucker of "Modern Family"
24. Antonym of is
25. "Grimm's Queen"
28. Tailor-made
30. Showing on TV
35. "All's well that well"
37. Golly!
39. Punctuation mark
40. Seaport in Yemen
41. Hitching post?
43. Additionally
44. Poison ivy or Poison oak
46. One more than The Beatles
47. Hold as a conviction
48. "Mrs. Potts or her son Chip"
50. Andrew Sean Greer's 2017 Pulitzer-winner novel
52. Toast choice
53. Jack and Jill's water jug
55. "Now or Never"
57. "Horse's cousin"
61. "One of the seven dwarfs"
64. Ascetic holy Hindu
65. HHS agency
67. Relating to #25 Across
69. Banana treat
70. Go bad
71. Australian canid
72. Lou of "Walk on the Wild Side" fame

DOWN

73. Card in the hole?
74. "The Forsyte" pl.
1. Wisecrack
2. Like a zealous fan
3. Regular attendee
4. Hipbone-related
5. Cuban music genre, pl.
6. "Half-man, half-goat"
7. "Santa's helper"
8. Splotches
9. Arch on a face
10. Croquet turf
11. Popular smoothie berry
12. Well, to Sofia Loren
15. Relating to living organisms
20. Opposite of alpha
22. Genetic initials
24. Parents hope to do this with values
25. "Beauty's beau"
26. Empower
27. Dropsy
29. "Big Bad One"
31. Yellow brick one
32. Feeling worse than before
33. "Like Curious George"
34. "Garden dweller"
36. Finger move
38. Moneyed one
42. Pine product
45. Choose not to do something, 2 words
49. Toni Morrison's "Baby"
51. 1862 plots, for short
54. Prefix for below
56. Old photo color
57. Stalin's domain
58. Back of the neck
59. Not active
60. Past tense of chide
61. Fill beyond full
62. Sound of passing bullet
63. "Baba"
66. "Who Bugs Bunny talks to?"
68. Numbers, abbr.

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| TEARPO | LESS | RYE |
| UNICORN | SNEEZY | |
| SADHU | FOOT | PIAN |
| SPLIT | ROT | DINGO |
| REED | ACE | SAGAS |

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For Sale: Ashford 32" Rigid Heddle Loom, loom stand, assembled, with all parts, in Prime Condition! Also included: bench, clip-on light, additional shuttles, salvage weights, directions, and weaving books. \$400
For further information, see Ad online in NCWMarket.com.

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Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking. 808-298-1031.

PUBLIC NOTICES

CITY OF CHELAN PUBLIC NOTICE
Notice is hereby given the Planning Commission meeting scheduled for April 15, 2020 has been cancelled. The next Planning Commission meeting is scheduled for May 20, 2020. Dated this 9th day of April, 2020.
Peri Gallucci, City Clerk
Published in the Lake Chelan Mirror April 15, 2020 #87641

SUMMARY OF ORDINANCE NO. 2020-1577 of the City of Chelan, Washington
On the 24th day of March, 2020, the City Council of the City of Chelan, Washington, passed Ordinance No. 2020-1577. A summary of the content of said Ordinance provides as follows:
AN ORDINANCE OF THE CITY OF CHELAN, WASHINGTON, ADOPTING A DEFERRAL AGREEMENT WITH TROUT-BLUE CHELAN-MAGI, INC. DBA CHELAN FRUIT CO. OPERATIVE TO FRONTAGE IMPROVEMENTS ALONG STATE ROUTE 150.
The full text of the Ordinance will be mailed upon request. DATED this 7th day of April, 2020.
Peri S. Gallucci, City Clerk
Published in the Lake Chelan Mirror on April 15, 2020 #87638

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR CHELAN COUNTY
In Re the Estate of: **DAVID A. OLTMAN, Deceased.**
Case No.: 19-4-00357-4
NOTICE TO CREDITORS
The person named below has been appointed and has qualified as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's Attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets. Date of first publication: April 15, 2020
WM. SCOTT HISLOP, WSBA #28368
Adam R. Kitz, WSBA #55599
Wolff, Hislop & Crockett, PLLC
12209 E. Mission Ave., Suite 5
Spokane Valley, WA 99206
ERIN A. OLTMAN, Personal Representative
Published in the Lake Chelan Mirror April 15, 22, and 29, 2020 #87636

Share Your News With Us

Email it to lc-mediator@gmail.com or call 682-2213

Wearing hearing aids or earbuds increases the production of earwax , can block inside of your ear

The medical name for earwax is cerumen, which comes from the Latin word "cera," which means wax. Instead of wax, cerumen is a sticky liquid secreted by the cells of the skin lining your ear canal that helps protect your eardrum and has an antimicrobial effect. As it moves through your ear canal, earwax also attracts dust and dirt particles, sweeping them through along with it.

For some people, their earwax or cerumen will flake away as it reaches the outer part of their ear, never causing any trouble.

Wearing hearing aids or earbuds increases the production of earwax and can block inside your ear. Sticking cotton-tipped swabs or bobby pins into your ear canal doesn't remove earwax effectively and instead can create a waxy plug and pressure, discomfort, and hearing loss.

The best way to remove ear wax is first to soften it so that it can either come out on its own or be flushed out.

There are two main types of products designed to remove cerumen: oil

Ask...

Dr. Louise

based ear drops and water-based ear drops. Oil-based ear drops may contain olive oil, coconut oil, or almond oil, while water-based products can contain saline, hydrogen peroxide, glycerin, or docusate.

There isn't any single best ear drop for ear wax removal. A recent systematic review of earwax removal products showed no significant differences between any of them.

According to a 2018 survey from US News and World Report and Pharmacy Times, 96% of American pharmacists surveyed recommend carbamide peroxide drops to soften ear wax, available as Debrox® or Murine®, while the other 4% recommended glycerin drops.

Carbamide peroxide releases oxygen when it contacts earwax, creating a foam that liquefies the cerumen. I have tried carbamyl peroxide products but stopped using them because they caused loud crackling and popping

sounds and an unbearable tickling sensation inside my ear canal from the bubbling foam.

Ear drops containing docusate sodium (Waxsol®) are available in the United Kingdom (UK). Docusate is a non-prescription stool softener or lubricant laxative which pulls liquid into hard stools to make them softer and less painful to eliminate. It's believed that docusate does the same thing to dried, impacted cerumen.

In our clinic, we first fill the affected ear canal with liquid docusate sodium, leave it in there for 1 to 3 days to soften the cerumen, then flush out the ear canal with warm water.

I prefer a 2-step process using a 250mg capsule of docusate sodium to soften earwax because it's easy and effective. In Step 1, I snip a hole at the end of a capsule, squeeze its contents into my ear canal, then place a small piece of a cotton ball into it to keep the liquid in place before starting on the other ear. I usually repeat this routine 2-3 three times daily for a day or two before going to Step 2, flushing

out my ears.

Once the cerumen has had time to soften, I gently flush it out into a sink with a small bulb syringe filled with warm water. One of my colleagues flushes her ears out during a warm shower.

I prefer positioning the nose of the bulb syringe along the top of my ear canal instead of in the middle because it helps more chunks of earwax to escape. Avoid "power washing" your ear canal; too much pressure can damage your eardrum.

Remove excess water in your ears by tipping your head and blotting with a towel, running a hairdryer on a low setting, or applying ear drops designed to remove water in your ear. I recommend Swim-Ear® with isopropyl alcohol and anhydrous glycerin to remove excess water.

Here Are 5 Tips to Remove Earwax:

1. Don't push cotton-tipped swabs, bobby pins, or rolled napkins into your ear.
- They force ear wax further inside your ear canal, leading to pressure, pain, and muffled hearing.
2. Ear drops or docusate

sodium capsules can help soften cerumen.

It's often a trial and error process to find something that works for you.

3. Avoid using eardrops if you have ear pain, bleeding, or any discharge from your ear.
- Call your doctor instead. You could have an external ear infection, which requires a very different approach.
4. Don't use a Water Pik® or use high pressure with a bulb syringe.
- Too much pressure can damage your eardrum or force fluid past it, triggering an inner ear infection.
5. Use warm water when flushing earwax.

Cold water is uncomfortable and can trigger problems with your balance.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How you Can Take Them Safely. Check out her new website TheMedicationInsider.com for daily tips on how to take your medicine safely. © 2020 Louise Achey

How to stay healthy while social distancing

STATE POINT - COVID-19 has the public rethinking how they stay healthy -- both physically and mentally. Even those in good health can start to feel anxious and fearful when the words 'pandemic' and 'social distancing' are mentioned.

But can you stay active and mentally healthy while social distancing? The answer is a resounding yes.

While routines have changed, it's critical that people keep exercising and eating nutritious meals, since the body is often able to better fight off illnesses when it's healthy and strong. Taking these steps helps fight off stress, which most people are experiencing right now in one way or another.

Here is some advice from Cigna chief nursing officer, Mary Picerno to help stay healthy, both physically and mentally, during this time.

- Get Outside: While it's important to limit physical interactions, getting outside for a run, walk or bicycle ride is a great way to boost endorphins and enjoy fresh air. Just make sure to maintain six feet between yourself and others. If weather or other reasons limit your ability to go outside, many companies and gyms are offering free online exercises right now. Endorphins have been found to reduce stress, increase feelings of happiness and help fight against depression.
- Get Proper Nutrition: Add fruits and vegetables to your plate for colorful, nutrient-rich meals. Vegetables also are a good source of fiber. Eating well will help you feel better and give you energy to keep moving. Now is a

great time to try that new recipe or food subscription box!

- Stay Hydrated: Drinking plenty of water can help prevent dehydration. According to the Centers for Disease Control and Prevention, dehydration can cause unclear thinking and mood swings. Not sure how much to drink? Many medical professionals suggest following the 8x8 rule, eight ounces of water eight times a day.
- Stay Connected: Just because you can't be with friends and family in person doesn't mean you can't stay in touch. Set up time to connect with video chats, phone calls and emails. Staying connected doesn't have to be high-tech. Have kids or just a kid at heart? Write encouraging messages on your driveway or in your windows for your neighbors, and postal and delivery workers.
- Know Your Options: One of the best ways to prepare is knowing what to do if you start to show symptoms. Cigna and many other health insurers are now waiving the costs of doctor visits related to a COVID-19 diagnosis as well as the cost of COVID-19 FDA-approved testing. To minimize your exposure, call or email your doctor or a local health system about a telehealth visit to be screened for COVID-19. The provider will then identify what steps you should take next.
- Get Support: Talking through concerns and fears can help put them in perspective and make you feel calmer. You may want to reach out for professional support if you're struggling. Cigna offers many resources and tools, including a 24-hour



(c) Kerkez / iStock via Getty Images Plus
Drinking plenty of water can help prevent dehydration. Not sure how much to drink? Many medical professionals suggest following the 8x8 rule, eight ounces of water eight times a day.

toll-free help line (1-855-287-8400) to speak with qualified behavior health clinicians, a webinar focused on managing anxiety, fears and concerns, and mindfulness podcasts (available in English and Spanish) focused on improving resiliency and stress management.

During this challenging time, taking care of your health should be a priority.

KEEPING UP WITH BUSINESS

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Send by: Noon on Thursday.

Send to:
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Quad City Herald
P.O. Box 249
Chelan, WA 98816

Phone:
509-682-2213

Email:
RuthK@LakeChelanMirror.com
310 E. Johnson Avenue, Chelan

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