



COVID19 Cancellations, updates can change rapidly. Check our website for the latest

### 169 cases of virus in Chelan, Douglas counties, 23 in Okanogan county, 36 positives at one site

EAST WENATCHEE - As of Monday, April 27 there are 95 positive cases of COVID19 in Chelan County, up from 75 on April 20 and 73 cases in Douglas County, up from 28. On April 21 Stemilt Ag Services reported they had proactively tested 71 asymptomatic team members at an isolated East Wenatchee site over the previous weekend. Thirty-six of those individuals tested positive for COVID-19. There are 23 positive cases in the city of Chelan, up from 15. The counts in the following towns did not change: four in Chelan Falls, eight in Manson, one in Orondo and 11 in Waterville. There have been five deaths in Chelan County and one in Douglas County.

There are 23 confirmed cased in Okanogan county up from 14. They also reported one death last week.

Statewide total confirmed cases are 13,521 with 749 deaths.

Chelan-Douglas Health District is still seeing a high number of asymptomatic positive patients. They are working with the agricultural industry to ensure worker health and site safety. There are also concerns on the virus spreading within the long- term care facilities, homeless population, and correctional facilities. Social distancing is working and needs to be kept in place until current viral spread is controlled. Wearing a mask is good, out of concern for preventing viral spread to others versus catching the virus from someone else.

### Chelan Mayor Bob Goedde records video on banning of short term rentals, visits to the valley

CHELAN - City of Chelan Mayor Bob Goedde has recorded a short video on the banning of short terms rentals in the valley, and requesting those with second homes, not to travel back and forth, during the governor's Stay Home Stay Healthy order, to limit visits to the valley during the COVID19 Pandemic. He cites our large population of senior citizens and retirees, and our percent of cases. The link for that video is: [https://cityofchelan-my.sharepoint.com/:v/g/personal/pgallucci\\_cityofchelan\\_onmicrosoft\\_com/Ef\\_mDS\\_P01JPlzd-JEwSLsjkB-yERSh63wlvW\\_qcDbye1bA?e=5y9pvf](https://cityofchelan-my.sharepoint.com/:v/g/personal/pgallucci_cityofchelan_onmicrosoft_com/Ef_mDS_P01JPlzd-JEwSLsjkB-yERSh63wlvW_qcDbye1bA?e=5y9pvf)

### Gov. Inslee announces plan for current construction projects

SUBMITTED BY GOV. JAY INLEES OFFICE

OLYMPIA - Gov. Jay Inslee, in consultation with the state's construction industry, announced a plan on April 24 to allow current construction projects to be completed.

The recommendations were informed by workers, contractors, health and safety experts, and local government officials, for safe construction standards.

"I thank all those involved in the construction work group in helping us get to this decision in a responsible way that supports workers, businesses, and communities in a way that protects the health of all of their families and ours," Inslee said. "Our strategy is working and we need to keep with it. We would much rather protect people from sickness and death now, so that we don't have to go through this crisis all over again later."

Read the full plan on the governor's Medium page. <https://www.governor.wa.gov/news-media/news-media>

### How You Can Help Lake Chelan Food Bank Two Food Drives

'Fill the Bank' this week thru May 1

CHELAN - The Lake Chelan Community Hospital Lab department has extended their food drive drive for the Lake Chelan Food Bank until this Friday, May 1 at 4 p.m. Non-perishable food can be dropped off at the at the following locations: Lake Chelan Community Hospital, Chelan Fire Department and Manson Fire Department. They have also broken into five teams to see who can raise the most money for the food bank. Those five teams are: Devon, Mike, George,m Jaime, and Maria. Checks may be made out to the Lake Chelan Food Bank and mailed to LCCH, Attn: Patti, PO Box 908 / 503 E. Highland Avenue, Chelan, WA 98816.

Food Drive - Saturday, May 2

CHELAN - The Lake Chelan Food Bank will hold a food drive on Sat., May 2, 9-11 a.m. at two locations in the valley. The Lake Chelan Food Bank in Chelan and North Shore Bible Church in Manson. This will be a drive thru-drop off food drive. Non-perishable items only. Those dropping off food will be treated to a 'car show' at both locations.

Food distribution for the month of May will be on Mondays, beginning at 9 a.m. due to COVID19. The Food Bank is located at 417 S. Bradley in Chelan.

Chelan County Public Works to re-open See story page 2



## Hunger addressed: Siren Song Winery and Restaurant makes, donates 385 pizzas, salads

SUBMITTED BY MICHAEL GIBB, CHELAN VALLEY HOPE

CHELAN - Because of the generosity of Siren Song Winery & Restaurant and the unselfish efforts of 46 volunteer drivers from Chelan Valley Hope, the Lake Chelan Food Bank, Tender Loving Care for Seniors, and the community at large, hunger has been directly addressed during the difficult month of April.

Each week clients of those agencies received pizza and Caesar salad delivered to their homes. During the COVID19 health and economic crisis, nutritional security has been a major concern for those not working and sheltering at home.

Holly Brown and her staff made and donated over 385 pizzas and accompanying salads on Wednesday or Thursday, and 1,140 mouths were fed with a hot and fresh meal from Orondo to Brewster to Chelan to Manson.

Siren Song has kept their staff employed during this business challenge, and they are open for curb-side pick-up or local delivery daily from 3-7 p.m. Their



Courtesy Chelan Valley Hope  
**ABOVE: Cameron Crumbaugh of Siren Song Winery readies pizzas for delivery. BELOW: Part of the delivery team that delivered the pizzas: Left to right, Farrah McGinty, Catharine Morehead and Michael Gibb. More photos at lakechelanmirror.com**

full menu can be found at [SirenSongwines.com](http://SirenSongwines.com). Food and wine can be ordered online or by calling 509-888-4657.



## Historic Downtown Chelan Association to provide micro-loans to Chelan businesses

SUBMITTED BY HDCA

CHELAN - The COVID-19 pandemic has created extremely difficult circumstances for small businesses in our community. In response to the financial hardship the pandemic has put on local small

businesses, the Historic Downtown Chelan Association (HDCA) will launch a micro-loan program for qualified applicants starting May 1, 2020.

"This micro-loan program is a way for the HDCA to put needed resources into the hands of our lo-

cal downtown businesses quickly and with a minimum of red tape." says Erin McCordle, Executive Director of the HDCA.

Loans of up to \$5,000 will be available and must be repaid over a period of three years at a rate of 2%; payments deferred

for the first 6 months and no interest for the first 12 months. The loans are first come first serve for qualified applicants and total program funding will cap at \$100,000.

The application period will open May 1, 2020 and

SEE **LOANS** ON PAGE 2

## Chelan Fire & Rescue welcomes two seasonal firefighters

SUBMITTED BY MARK DONNELL, CHELAN FIRE & RESCUE

CHELAN- Firefighter/ EMT Stephanie Preheim (right) and Firefighter/EMT Mitchell Matthews (left) will be joining the Chelan Fire & Rescue Team as seasonal firefighters for the 2020 Fire Season.

The addition of these two seasonal employees will give our community the additional staffing needed to accommodate the seasonal call volume increase during our daily peak operating periods.

Both Stephanie and Mitch are active members within the Chelan Fire & Rescue organization and have been filling available stipend shifts working as a third firefighter over the past several months.

Stephanie and Mitchell also have their IFSAC Firefighter I/II and Hazmat Operations and Wildland Firefighter Type 1 or 2 certifications in addition to being credentialed Washington State Emergency Medical Technicians. These are nationally recognized certifications which are added benefits to the organization and the community we serve.

The seasonal firefighter positions are being funded within our 2020 budget using funds that were allocated for our current firefighter stipend program. The seasonal firefighters will start May 1st and complement our daily staffing working alongside our career and volunteer members in providing service to the community.




Courtesy Chelan Fire & Rescue

SHOP LOCAL

During this difficult time support your neighbors Most local businesses offer curbside service or delivery

NCW MEDIA Bringing the community to your door

| INSIDE THIS WEEK               |        |                            |                |
|--------------------------------|--------|----------------------------|----------------|
| Community .....                | 1-3, 6 | <b>Classified Index</b>    | <b>Inserts</b> |
| Sports, Schools .....          | 3, 6   | Classifieds, Puzzles ..... | Safeway        |
| Church News .....              | 6      | Public Notices .....       |                |
| Obituaries/Death Notices ..... | 6      | Business & Services,       |                |
| Bulletin Board .....           | 6      | Heath Care Directory ..... |                |



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www.chelanpud.org

For more information, visit the  
English-language webpage of the  
Washington State Department of Health  
**[www.doh.wa.gov/Emergencies/Coronavirus](https://www.doh.wa.gov/Emergencies/Coronavirus)**



CHELAN HIGH SCHOOL SPORTS

*Chelan High School*  
*Spring Senior Student-Athlete Spotlight*

**CASEY SIMPSON**

*Parents: Geoff and Brandi Simpson and sister Sydney Simpson*  
*Post Grad: to major in Architecture at UC Berkeley, in Beavert*  
*Greatest Sports memory: CHS, Winning the 1A Volleyball State Championship this year!!!*  
*School Activities: Honors Society (President), Chelan project, concert and jazz band, volleyball and softball.*  
*Favorite food: French onion soup*  
*Athlete's advice: Stay focused, stay positive, stay motivated*  
*What I will miss about Chelan: My favorite high school teachers and the kids in the spring, but I know both will be waiting for me when I come back.*  
*Greatest influence on me as a student-athlete: The players for all her mental and physical conditioning. I continue to be inspired and she made me a better person because of what she has taught me.*

GO GOATS!

*Chelan High School*  
*Spring Senior Student-Athlete Spotlight*

**KAYLIN BOYKIN**

*Parents: Mom-Ann Baird, Stepdad-Lawrie Baird, Dad-Jay Boykin, Stepmom-Andrea Boykin and sister-Taylor Boykin*  
*Post Grad: Attending Eastern Washington University Fall 2020*  
*Greatest sports memory: HCHS State golf my sophomore and junior year*  
*School Activities: Golf, Soccer, was also a part of Med Club and Chelan project and have also participated in volleyball B cheer.*  
*Favorite food: Chicken Alfredo*  
*Athlete's advice: Stay focused, stay positive, stay motivated*  
*What I will miss about Chelan: The beautiful views of the lake from the golf course.*  
*Greatest influence on me as a student-athlete: My parents because they were both athletes in high school.*

GO GOATS!

Courtesy Rob Rainville

Each week, leading up to graduation, Rob Rainville, Chelan High School Athletic Director will be celebrating the Chelan High School 2020 Spring Senior Student-Athletes that have lost their Senior Spring sports seasons. Questions in a letter have been sent to the seniors, coaches and families, and would like all seniors to get this information to him in the near future. Please help him celebrate them, and encourage "all" the Chelan 2020 Spring Senior Student-Athletes to email him their information, so they can be recognized. Email information to: rainviller@chelanschools.org

NCW COVID-eo Contest open to all K-12 students in four counties, over 100 prizes available

Deadline to submit is May 15

SUBMITTED BY NORTH CENTRAL EDUCATIONAL SERVICE DISTRICT

WENATCHEE - North Central Accountable Community Health (NCACH) announces the North Central Washington COVID-EO Contest, a project created to engage youth in Chelan, Douglas, Grant and Okanogan counties to learn about and bring awareness to the importance of CDC and local public health guidelines to reduce the rapid spread of the novel coronavirus in our four-county region.

The online contest from now to May 15 is open to all children who live in the four-county region and is located at [woobox.com/9troqi](http://woobox.com/9troqi).

The contest was conceived by Mariah Brown, Practice Facilitator at North Central Accountable Community of Health, and Rachel Hansen, Public Information Officer at Cascade Medical Center. "The original intent," said Brown, "was to create community unity around what social distancing actually looks like."

North Central Accountable Community of Health (NCACH) offered to assist in launching the video contest as the project aligns with their effort in the COVID-19

North Central Accountable Community of Health presents...

**NCW COVID-eo Contest!**

Open to all K-12 students in Chelan, Douglas, Grant and Okanogan counties! Enter your video April 13 - May 15.

**Enter To Win**

1. Create Your Original Video. <2 minutes with your smartphone or tablet showing one or more ways to Stop the Spread of COVID-19.
2. Upload to Youtube, Vimeo or Instagram and copy the link.
3. Submit your video below.
4. Share your contest link with your friends. Voting is from May 15-31.
5. Win Prizes... Over 100 Available! Chromebooks, smartwatches, wireless earbuds, gift cards up to \$50 and more!

response. It has the potential to have a significant impact on youth understanding and behavior throughout North Central Washington.

"Social distancing to slow the spread of COVID-19 can be especially difficult for children and teens who may be feeling isolated from their friends," said Brown. "Many teens are also experiencing big disappointments as graduations, proms, sports seasons, college visits and other events are canceled or postponed. This contest is meant to be a fun way to engage youth in sharing the importance of stopping the spread of COVID-19."

"Additionally, the hope is that in this new time of online education, teachers

may assign this as an extra credit assignment," said Teresa Davis, Executive Assistant at North Central Accountable Community of Health.

Children that wish to participate in the contest should create a video of two minutes or less in length illustrating one or more of the CDC and local public health recommended measures to prevent the spread of coronavirus including: social distancing, hand washing, cleaning and disinfecting frequently touched surfaces, and staying home when you are sick.

The video must be created by the student and should be shot using a smartphone or tablet. This video contest is

open to all K-12 students in the four-county region. Kids under the age of 18 need parent/guardian permission to participate.

More than \$3,500 in prizes will be awarded to winning entries. First, second and third-place winners will be selected from each county in four age groups - K-2, 3-5, 6-8 and 9-12 for a total of 48 winners. First place winners can select from their choice of a Chromebook, smartwatch or wireless earbuds; second place will receive a \$50 gift card; third place will receive a \$25 gift card; and there will also be random drawings for additional \$10 gift cards.

This contest is made possible and developed in partnership with Cascade Medical Center, North Central Educational Service District, Digital Media Northwest and Eric Link with the Wenatchee School District. In addition, NCACH thanks Confluence Health and Columbia Valley Community Health for their generous sponsorship donations.

Chelan High School seeks support for Special Commencement Parade

Due to distancing restrictions, this year's Chelan High School Commencement Ceremony for the seniors will not take place in the traditional way. However, plans are being made to honor seniors with an alternate event.

One celebration will be a 5' tall picture banner of each senior that will be displayed then given to the student's family. The total cost for 115 seniors will be \$10,000.

The school is asking for help from community members to share the cost of the stands for each student.

If you are interested in helping, any donations will be greatly appreciated. Checks may be made out to: Chelan High School Senior Class. Checks can be mailed to: Lake Chelan School District, P.O. Box 369, Chelan WA 98816

SENIOR MEALS MENU

Chelan Senior Center

CHELAN - The Chelan Senior Center is closed thru Friday, May 1, however meals are being given out on a takeout bases.

Senior Meals

Call (509) 888-4440 by 9 a.m. Monday thru Thursday to order your meal. Meals can be picked up between 10:30 and 11:30 a.m. at the Senior Center located at 534 E. Trow Avenue. No meals are being served in Manson.

Thursday, April 30

Lentil Veggie Soup, Cottage

Cheese, 7 Layer Salad, Citrus Salad, Cornbread, Dessert

Monday, May 4

Shepherd's Pie, Cottage Cheese, Caesar Salad, Apricots, WW Roll, Dessert

Tuesday, May 5

BBQ Chicken, Macaroni Salad, Peas & Carrots, Spring Salad, Strawberry Shortcake

Wednesday, May 6

Meatloaf & Gravy, Mashed Potatoes, Broccoli Cuts, Garden Salad, WW Roll, Fruited Jell-O

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**SAY Thank You!**

We all need to be reminded to say "Thank you" to all those in the front lines working to keep us safe and healthy, in everyday health and now especially during this time of the COVID-19 Virus.

**Nurses Week is May 6-12**

Need A Card of Thanks ? Have a name but no address to send a card? Call us and we will make an ad for you with a name of a nurse that you would like to say "Thank you" to.

**Thank you Ami Bess**

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**Deadline:**  
April 30 for May 6 issues  
2 column x 1.5 inch ad  
1 paper - Only \$10  
2 papers - \$18

**National Hospital Week is May 10-16**

Say "Thank you" to our Doctors, Administrators, ED staff, Lab and others. Send us a name or message and we will make the ad for you.

**Thank you to all who work in our little but awesome hospital!**

**Deadline:**  
May 7 for May 13 issues  
2 column x 1.5 inch ad  
1 paper - Only \$10  
2 papers - \$18

Contact: Ruth: 682-2213, [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)  
Lindsay: 509-860-7301, [adexec1@ncwmedia.net](mailto:adexec1@ncwmedia.net)

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# Affordable DIY projects to transform your home

STATEPOINT - Transformative home renovations don't need to be complicated, nor do they need to cost an arm and a leg. There are plenty of affordable DIY projects you can do in a weekend to add beauty to your home's indoor and outdoor spaces. Here are a few to consider:

• **Instant Ambiance:** Most often associated with party decor, string lighting hung above back patios and decks can be used to create everyday ambiance. As for how to string the lights, the possibilities are endless. You may prefer taut, clean lines, slack zig-zags or concentric circles. Just be sure to use weatherproof lighting designed to withstand the elements.

• **Stone Patio:** A drab concrete patio, pool deck, garage floor or walkway

can be an eyesore. Whether your concrete is older and looking stressed, shedding its latest coat of paint, slippery, stained -- or new, but just gray and lifeless, there's a very easy way to spruce things up that doesn't require replacing the materials or involving a contractor. With a pre-mixed, factory-tinted stone coating system, such as the patent-pending SpreadStone Decorative Concrete Resurfacing Kit, just about anyone can add authentic stone character to any concrete floor or wall. It not only boosts aesthetics, but also adds traction for safer walking surfaces. The real stone coating performs well in all climates, standing up to water, snow, salt, UV exposure and extreme cold and heat.

"The best part? Appli-



Courtesy Statepoint

**You can now roll a new stone surface over any existing countertop made of laminate, cultured marble, concrete, wood, tile and other solid surface with the high-performance SpreadStone Mineral Select Countertop Refinishing Kit from Daich Coatings.**

cation is fast and simple and you don't need to be an artist to achieve great results," says renovation expert, James Carey, co-host of "On the House," a national home improve-

ment show.

• **Mount Shelving:** Installing floating shelves onto otherwise bare walls adds coziness to living spaces while creating smart storage. The lightweight, easy-

to-install Ambrosia Maple Rustic Mantel Shelf from Ornamental Mouldings & Millwork is a good choice, as it can be used as either a stand-alone floating shelf or fireplace mantel, and can be left as-is or stained to complement other elements in the room.

• **Stone Countertops:** Have you always wanted real stone countertops but didn't want to spend thousands on a complete remodel? You can now roll a new stone surface over any existing countertop made of laminate, cultured marble, concrete, wood, tile and other solid surface with the high-performance SpreadStone Mineral Select Countertop Refinishing Kit from Daich Coatings.

Available in 10 colors, all of which feature mineral accents and highlights found

in natural mined rock, the proprietary stone technology gives an elegant, environmentally-friendly facelift to surfaces in kitchens, bathrooms and other home interiors.

"If you can use a roller and paintbrush, you can create a new stone surface using this product," says Peter Daich, president of Daich Coatings. "It's an affordable, simple alternative to putting in a new stone slab and looks just as great."

Unfortunately, there are many homeowners who avoid desired renovations, assuming that in order to make a true impact, they'll need a huge budget and a lot of time. The truth is that there are transformative DIY updates you can execute affordably in just one weekend.

# Top ways to lighten up your home workspace

STATEPOINT - Many people have found themselves working from home. Whether setting up shop at the kitchen table or creating a complete home office, here are simple hacks to make your new work environment comfortable and productive.

"No matter which room becomes your workspace, proper lighting plays a key role in avoiding fatigue, eye strain and other discomforts," said Jennifer Kis, director of marketing communications, ProgressLighting.

Begin by defining your workspace. Setting up on the kitchen or dining table can work -- temporarily. The upside is that it's quick and easy. But these rooms are typically high-traffic areas, leading to distractions. Plus, you might have to pack up work at mealtimes. Instead, re-purpose a small table and chair and place it in an out-of-the-way spot, such as a stairwell or bedroom corner.

Next, think about lighting. Layering light is a basic technique that should be used in every room, but especially home offices.

"Balance the lighting for different times of day. Natural light for day, layered



Courtesy Statepoint

**Lighting can make or break a home office. Be sure to set yourself up for maximum productivity and comfort.**

light for afternoon and task lighting at night," recommends Piper Stromatt, lead designer and partner for Curate Custom Homes. "There are three layers of light to consider: ambient or general light, task lighting and decorative or accent lighting."

Select a location with a good source of ambient light. Natural light is ideal: it diffuses throughout the space, bouncing off walls and ceilings to cut down on glare that can reflect on the

computer monitor and the shiny desk surface.

"When selecting ambient light sources, the goal is to illuminate the entire space without creating undue glare and contrast, which can lead to headaches and eye strain," says Kis. "If possible, avoid using overhead ceiling fixtures as the primary source of lighting. If that's the only option, use a dimmer switch to vary light levels as needed."

Positioning your work-

space correctly also helps. For rooms with natural light, place your desk perpendicular to the window, ideally facing north or south so that sunlight doesn't cast shadows at certain times of the day. If an overhead fixture is the only light source, situate your workstation so that the light shines from behind it.

"Make sure your home office suits your performance under particular lighting conditions," says Stromatt, who recommends the following tips:

• Don't set your monitor in front of the window; the bright background light shining behind the screen causes eye strain.

• Place your chair at least arm's length from the screen so that it can be seen without reading glasses or squinting.

• Add LED tape lighting behind your monitor or under a desk for diffused light.

• Use solar shades to soften lighting and lessen heat.

After setting up a glare-free workstation, add task lighting. Use dedicated light sources such as desk lamps for tasks like paperwork and filing. Place direct task lights on the opposite side of the hand you write with to avoid casting shadows onto

your work.

Finally, add accent lighting for visual appeal. Frame your workspace with desk lamps or install a permanent fixture on a dimmer switch, such as

a pendant hung directly over the desk. Wall sconces can throw light on decorative objects in the room.

## BUGS

CONTINUED FROM PAGE 4

For example, Zevo Instant Action Bug Killer Sprays which work on a broad range of household insects, including ants, roaches, flies, fruit flies, gnats and spiders, are comprised of essential oils that target nerve receptors vital to insects, not people or pets. Made without harsh chemicals, Zevo sprays are deadly to bugs and safe for use around people and pets when used as directed, making them a household essential, particularly in the warmer months. For more information, visit [www.zevinsect.com](http://www.zevinsect.com).

• Defend entry points.

Keep doors, windows and the garage -- the typical entry points for bugs -- closed as much as possible. You can also take additional defensive action in areas that get high bug traffic with Zevo Flying Insect Traps, which plug into outlets and use multi-spectrum light technology and a body heat attractant to lure in flying bugs for round-the-clock protection.

Insects are not only icky, they can pose threats to people and property. But there is no need to bug out. With a few preventive measures and the means to stop bugs in their tracks -- or flight path -- you can keep your home safer and more comfortable this season.

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- Bag it for curbside pickup.
- Contact your local county solid waste for compost and disposal options.



# Chelan High School Biomedical Science teacher develops Public Health Curriculum

*Editor's Note: Chelan High School Science Teacher Dr. Seth Manthey, a graduate of Chelan High School, is featured in a story about Center for Disease Control Ambassador Program on their website. Below in that story.*

SUBMITTED BY CDC

CHELAN - Seth Manthey, PhD, a 2019 CDC Science Ambassador fellow and teacher of Biomedical Science at Chelan High School here, focuses on revealing the mysteries behind science and medicine. Drawing from his experiences during the 2019 CDC Science Ambassador summer course in Atlanta, Seth created an interactive curriculum that allows his students to apply their biomedical knowledge to real-world public health scenarios.

Seth was also inspired by the CDC David J. Sencer CDC Museum and the Steven B. Thacker CDC Library tours during the course to create unique resources for his students. For example, he developed a permanent display and library, pictured above, for



Courtesy cdc.gov

**Seth Manthey developed a permanent display and library, pictured above, for his classroom at Chelan High School. The painting on the left is a Bacteriophage and on the right is HIV.**

his classroom. These types of resources offer students an opportunity to engage with material beyond the lessons Seth is teaching. The painting on the left is a Bacteriophage and on the right is HIV.

To share his experience and success with bringing public health to his classroom with other teach-

ers, Seth will serve as a peer leader for the 2020 Science Ambassador Fellowship. Peer leaders serve as mentors to new fellows for 1-year as they begin teaching public health in their classroom.

The CDC Science Ambassador Fellowship is a dynamic, educational program offered by CDC for

STEM teachers and educational leaders interested in bringing public health sciences into middle- and high-school classrooms. This competitive fellowship includes a 5-day interactive summer course at CDC headquarters in Atlanta, and a 1-year distance-based professional development opportunity.

## Chelan FFA plant sale will be a virtual drive through sale

COMPILED BY LAKE CHELAN MIRROR STAFF

CHELAN - In order to follow the governor's "Stay Home, Stay Safe" order, the Chelan FFA will be having a virtual drive through plant sale.

Those wishing to buy plants need to be the following: Visit <https://sites.google.com/g.chelanschools>.

[org/chelan-agricultural-education/home](https://sites.google.com/g.chelanschools) and click on the plant sale link. This is a constant work in progress, as they are using pictures taken this year so you know exactly what you are getting. They also have a Facebook event if you go to Chelan FFA on Facebook.

The order form will open Friday, May 1 and your total cost will also be calculated

when you order. A copy of your order will be sent to them, as well as your email to help with receipts.

You will also be able to set a time and date to pick up your plants, which they will have ready for you without even needing to leave your vehicle. They are only able to accept cash or check in the exact amount, which they will

take when you arrive for your plants.

Questions? Email them at [chsffa@g.chelanschools.org](mailto:chsffa@g.chelanschools.org), so they can be less likely to miss any orders.

They give a shout out to Breanne, Robin, and Rick Hanson helping keep the greenhouse going, as well as all those who have offered their assistance throughout this process.

## Chelan, Manson seniors can apply for LCRC scholarship, deadline is May 1

SUBMITTED BY LAKE CHELAN REALTOR COUNCIL

CHELAN/MANSON - Attention Manson and Chelan class of 2020. Do not miss your opportunity to apply for the Lake Chelan Realtor Council (LCRC) Scholarship! One senior at each high school will be awarded a two-year scholarship worth \$2,750 per year.

The May 1 deadline is fast approaching. Get your application in now. The application process is simple. Contact your school, or look on your online senior pages/links to access the application, or contact LCRC Scholarship Committee Chairperson, Cora Nordby, at 509-630-0321 or email your request to [cora@windermere.com](mailto:cora@windermere.com).

## Manson, Orondo, Brewster schools receive honors

*Washington School Recognition Week April 27- May 1*

SUBMITTED BY NNCESD

WENATCHEE - The State Board of Education, the Educational Opportunity Gap Oversight and Accountability Committee (EOGAC), and the Office of Superintendent of Public Instruction have identified 20 North Central Washington schools to be honored as part of the Washington School Recognition Program.

Schools in Washington stand out for closing gaps, showing growth, and demonstrating achievement according to new data released by the state.

The state has re-imagined the recognition system to highlight schools that have received support and are thriving, and emphasize positive systems changes happening all over the state. This year, 391 schools are being recognized statewide.

Additionally, the state Legislature has acknowledged the last week in April as Washington School Recognition Week (April 27- May 1).

"Washington schools are inspiring. With these awards we recognize the outstanding efforts of our schools and their positive impact on students," said Washington State Board of Education Chair, Peter Maier. "The State Board, OSPI, and the Educational Opportunity Gap Oversight and Accountability Committee are excited to celebrate the diverse educational communities that support Washington's ever-changing K-12 student population. Thank you to

our state's schools and educators for your dedication to students!"

In North Central Washington, among the schools recognized were:

- Orondo Elementary and Middle School: Closing Gaps for one or more student groups at a Targeted Support School.

- Manson Middle School: Closing Gaps for one or more student groups at a Targeted Support School and Growth for students who qualify for the free and reduced-price lunch program, students identifying as Hispanic, and students identifying as White.

- Manson High School: Growth for students who receive special education services.

- Brewster Middle School: Growth for students who receive special education services.

"The Legislature is dedicated to recognizing the great work Washington schools do," said Senator John McCoy, of Tulalip, member of the Educational Opportunity Gap Oversight and Accountability Committee and sponsor of this year's Senate resolution honoring state-recognized schools. "With the current health concerns in our state, we are taking time to thoughtfully and safely celebrate the commitment and success of our schools in serving all students equitably."

Recognized schools receive a banner for display. To learn more about why schools were recognized, and to see the data behind the recognition framework, visit [sbe.wa.gov/2018-19-school-recognition-methodology](https://www.sbe.wa.gov/2018-19-school-recognition-methodology)

## BUSINESS/SERVICES • HEALTHCARE DIRECTORY

**INSURANCE**

*You're healthy ... until you're not*

- Got questions about Medicare?
- or Health Insurance?
- Turning 65?
- Retiring soon?



Give Kelly Allen a call  
**509-888-9038**

[Kelly@KellyAllenAgency.com](mailto:Kelly@KellyAllenAgency.com) • [www.KellyAllenAgency.com](http://www.KellyAllenAgency.com)

**PET CREMATION**

**North Central Washington Pet Cremation**

- Local facility providing quality, compassionate cremation services for your pet
- Affordable after care services for your dog, cat, bird, bunny and other pets that are family

"Because they really are family"

**509.422.2353**  
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Glenn Graves, Owner • Okanogan

**Add your Business or Service to this Directory**


**Call Lindsay**  
**509-860-7301**

**or Ruth**  
**682-2213**

**Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.**


*Please call or email your church listed below if you need more information.*

*May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.*



# CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



**• CHELAN**

**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton

**CHURCH OF THE NAZARENE**  
Sunday School 10 am  
Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
682-5135 • Sanders St. & Okanogan Ave.

**LAKE CHELAN LUTHERAN CHURCH**  
Worship 9:30 am  
Sunday School following Worship Service  
682-9063 • 216 W. Nixon Ave.

**LAKE CHELAN UNITED METHODIST CHURCH**  
Worship 10 am  
682-2241  
Corner of Johnson & Emerson

**• CHELAN**

**LIVING STONE CHURCH**  
"Gathering in our uniqueness, United in our Purpose."  
Scott Morris, Senior Pastor  
SUNDAY ACTIVITIES  
Gathering -10:00 am  
(Children's Church & Nursery available)  
Adult Bible Study - Noon  
WEDNESDAY ACTIVITIES  
Kids ROCK 6:10-7:40 pm (K-5th grade, Oct-March)  
WE GATHER at 216 N Emerson  
(2nd Story-Chelan Public Library)  
OUR OFFICE LOCATION  
105 N Emerson - Suite 204, Chelan • 509-682-5953  
For more information about us and our activities visit [www.lscchelan.org](http://www.lscchelan.org)

**St. Andrew's Episcopal Church**  
Worship 10 am  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
682-2851 • [www.standrews-chelan.org](http://www.standrews-chelan.org)

**St. Francis De Sales Catholic Church**  
English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm  
English Mass Sunday 9 am  
Spanish Mass Sunday Noon  
Rev. Rogelio Gutiérrez, Pastor  
682-2433 • Next to Safeway

**• ENTIAT**

**ENTIAT FRIENDS CHURCH**  
Pastor Mark McDonald  
509.784.1342  
email: [entiatfriends@nwi.net](mailto:entiatfriends@nwi.net)  
2848 Entiat River Road  
Sunday morning Bible Classes 9:45 am  
Sunday morning Worship 11 am  
Sunday morning Worship (summer months) 10 am  
Wednesday Shared Dinner 6 pm  
Wednesday Programs Adults/Youth/Children 7 pm

**• MANSON**

**MANSON UNITED METHODIST COMMUNITY CHURCH**  
Sunday Worship 10 am  
With coffee following service  
687-3311  
Green & Boetzkes  
'We are a come as you are church'

**NORTH SHORE BIBLE CHURCH**  
Sunday Worship 9:30 am  
Nursery (birth - 3 years) 9:30 am  
Kidz Church (4 years-5th Grade) 9:30 am  
687-3636 • 123 Wapato Point Parkway  
[www.northshorebc.org](http://www.northshorebc.org)  
Craig Rayment, Sr. Pastor

**• BREWSTER**

**HOPE LUTHERAN CHURCH - LCMS**  
Sunday Worship 11 am  
Holy Communion 1st, 3rd, & 5th Sunday  
Bible Study & Sunday School 10 am  
689-3106 • 1520 Sunset Drive  
Kevin Moore, Pastor

*"With men this is impossible; but with God all things are possible."*  
-Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)





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**BUSINESS JOURNAL**

THE LEAVENWORTH  
**ECHO**

CASHMERE VALLEY  
**RECORD**

LAKE CHELAN  
**MIRROR**

QUAD CITY  
**HERALD**

Place your ad online at [NCWMARKET.COM](http://NCWMARKET.COM) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record  
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# CLASSIFIEDS

**PUBLISHER'S NOTICE**  
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

**CORRECTIONS:** NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



## ORCHARDS & FARMS



**WASHINGTON  
BROKERS**

We have buyers for your Pear, Apple and Cherry Orchards!

509-669-4500  
information@nwi.net

## FOR RENT



Lake Chelan's newest Marina: Sunset Marina. 40 foot slip. Power, water, waste dump. Parking with coded gate for security. Clubhouse. \$550 month. Slip B10. 808-298-1031.

R. V. Rental Space All utilities are included on this beautiful property near Safeway in Leavenworth. Great for motorhome or trailer with pickup. For information, text/call 509-699-9337 or email: deehappysunshine@aol.com

Also go online and checkout NCWMarket.com

## STORAGE

Storage Units Available Reasonable rates Cut Rate Storage 782-1817 Office: 107 Railroad Ave. Cashmere, WA.



**WHAT'S  
EVENTS**  
- HAPPENING -

Need to promote your event?  
Have you thought about  
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the best online promotion available

## HAPPY ADS

ANNOUNCE IT IN THE CLASSIFIEDS

AT NCWMarket.com

**\*HAPPY BIRTHDAY**

**\*CONGRATULATIONS!**

**WILL YOU MARRY ME?**

**\*I'M SORRY!!**

**\*Happy Anniversary**

**Only \$15 for 30 days**

includes 3 photos

## LOST & FOUND

Prescription eye glasses, with dark tortoise shell frames and rhinestones on the ear pieces. Lost in Leavenworth. Reward offered if found. Contact: Penny, 509-885-0441.

## HELP WANTED



**DOUGLAS COUNTY  
P.U.D.**

**Douglas County PUD has an opening for:**  
Journeyman Mechanic Wells Dam

Please see our web site for details  
[www.douglaspu.org](http://www.douglaspu.org)

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/Cashmere**

Deadline Tuesday at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.



**Multiplied?**



**LAKE CHELAN  
MIRROR  
QUAD CITY  
HERALD**

Call now to place an ad  
(509) 293-6780  
(509) 682-2213 ext. 6531

## HELP WANTED

**Writer/ Photographer**



Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:

Publisher  
NCW Media, Inc  
PO Box 39  
Leavenworth, WA 98826  
or email to Publisher@leavenworthecho.com

City of Brewster Employment Opportunity Full-time year-round City Water Utility Operator position.

Duties include: All aspects of Public Works with emphasis on water distribution. This position requires the ability to work outside in adverse weather conditions. Work hours may vary but are anticipated to typically be 40 hours per week, Monday through Friday, from 7:00 AM to 4:00 PM with a one-hour lunch break.

Wages: Full-Time positions are per Union Contract.

Previous experience preferred, but not required.

Criminal background check will be required, as will pre-employment drug testing. Random drug testing throughout the employment period may occur. Applicants must have a valid WA State Driver's License.

Applications and job description are available at [cityofbrewsterwashington.org](http://cityofbrewsterwashington.org), by calling (509) 689-3464, or picking up at Brewster City Hall.

Applications accepted until position is filled, preferably by April 17, 2020. EOE

**See MORE  
CLASSIFIEDS  
&  
PUBLIC NOTICES  
on Page 8**

## HELP WANTED

**Wapato Point Management Company** (WPMC), at Wapato Point Resort, is seeking a full-time Maintenance Manager. This position is responsible for the maintenance and appearance of the interior and exterior of facilities at Wapato Point Resort. Supervise 10-15 employees, administration of department budget and work closely with all other departments. The Maintenance Manager position requires the ability to communicate effectively, with courtesy and respect toward all individuals. Wapato Point Resort is in Manson, Washington on 116 acres of Lake Chelan shoreline. The resort includes 241 timeshare units served by nine homeowner associations, 85 private homes and 21 full-share condominiums. WPMC has managed the resort for over 40 years and takes great pride in the service and support we provide the resort community.

The Maintenance Manager is a full-time, exempt position. Benefits include vacation and paid time off accrual, fully paid medical, dental, vision and life insurance, paid holidays, cell phone allowance and 401(k) retirement plan. Salary is negotiable and depends on experience. \$45,000 - \$60,000.

Education and Experience:

- High school diploma or GED or any combination of education, training and experience that demonstrates the ability to perform the duties of the job.
- Excellent customer service skills.
- 3-5 years supervisory experience required.
- Excellent communication skills both orally and in writing.
- Knowledge and experience of appliance, plumbing, electrical, carpentry and mechanical repair.
- Knowledge of swimming pool maintenance operations.
- Experience preferred.
- Competent computer skills including MS Office - Word, Excel, Outlook, and the ability to quickly learn internal software programs.

Please respond with a cover letter, employment application, and resume if desired. Applications are available at <https://wapatopoint.com/employment/>.

Applications can be sent to Susan Stephens, Human Resources Specialist at [susan@wapatopoint.com](mailto:susan@wapatopoint.com) or Wapato Point Management Company, Attention Susan Stephens, PO Box 426, Manson, WA 98831. Wapato Point Management Company is an equal opportunity employer.

## APPLIANCES

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth Cashmere**

Deadline Tuesday at noon for the paper **Quad City Herald**

## PUBLIC NOTICES

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR CHELAN COUNTY In Re the Estate of: DAVID A. OLTMAN, Deceased. Case No.: 19-4-00357-4 NOTICE TO CREDITORS**

The person named below has been appointed and has qualified as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's Attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.

Date of first publication: April 15, 2020  
WM. SCOTT HISLOP, WSBA #28368  
Adam R. Kitz, WSBA #55599  
Wolff, Hislop & Crockett, PLLC  
12209 E. Mission Ave., Suite 5  
Spokane Valley, WA 99206  
ERIN A. OLTMAN, Personal Representative  
Published in the Lake Chelan Mirror April 15, 22, and 29, 2020 #87636

**CITY OF CHELAN CITY COUNCIL WORKSHOP ADJOURNED**

Notice is hereby given that the City Council Workshop scheduled for May 5, 2020 has been adjourned to a future date pending Governor Inslee's Stay Home - Stay Healthy Order. Dated this 24th day of April, 2020.

Peri Gallucci  
City Clerk  
Published in the Lake Chelan Mirror April 29, 2020 #87673

**DETERMINATION OF NON-SIGNIFICANCE SEP2020-04/SP2020-03 Weeks Short Plat**

Description of proposal: The project is to short plat an existing 7-acre parcel into 3 lots. The short plat is located in a single-family zone, and applicant expects to develop one single-family home on each developable lot.

Applicant: Alan Weeks  
4508 Guemes View,  
Anacortes, WA, 98221

Location of proposal: Unplatted Parcel: 272203340075

Lead Agency: City of Chelan

The lead agency for this proposal has determined that it does not have a probable significant adverse impact on the environment. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(c). This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.

..There is no comment period for this DNS.

.. This DNS is issued after using the optional DNS process in WAC 197-11-355. There is no further comment period on the DNS.

• This DNS is issued under WAC 197-11-340(2); the lead agency will not act on this proposal for 14 days from the date below. **Comments must be submitted by May 8th, 2020.**

Responsible official: Craig Gildroy  
Position/title: Planning Director  
Address: 135 E. Johnson Avenue/PO Box 1669, Chelan, WA 98816  
Date: April 24th, 2020  
Published in the Lake Chelan Mirror April 29, 2020 #87669

**SUDOKU PUZZLE**

**FREE!** Savings include an American Standard High Height Toilet FREE! (500 Value)

**WALK-IN BATHTUB SALE! SAVE \$1,500**

- ✓ Backed by American Standard's 140 years of experience
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**Crossword Puzzle**

**CROSSWORD**

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**WALK-IN BATHTUB SALE! SAVE \$1,500**

- ✓ Backed by American Standard's 140 years of experience
- ✓ Ultra low entry for easy entering & exiting
- ✓ Patented Quick Drain® Technology
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- ✓ 44 Hydrotherapy jets for an invigorating massage

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**866-612-7490**  
Or visit: [www.walkintubinfo.com/spm](http://www.walkintubinfo.com/spm)

THEME: ACTORS AND ACTRESSES

ACROSS

1. "Flowers in the..."
6. Emergency responders
9. Peacock's pride
13. Life force in Sanskrit
14. Doctor Dolittle, e.g.
15. The Beast's problem
16. Happen again
17. Freudian topic
18. In a fitting way
19. "Hopkins" Lecter to \_\_\_'s Starling
21. "McGillis" Charlie to \_\_\_'s Maverick
23. Unagi
24. Undesirable row
25. Stuff in a tray?
28. The Tramp's love interest
30. Hairy vertebrate
35. "Best \_\_\_ schemes o' mice an' men"
37. Be inclined
39. City in Belgium
40. Debussy's "Clair de \_\_\_"
41. D'Artagnan's weapon, pl.
43. Speed on water
44. "This \_\_\_" on a box
46. The Chapin School, e.g.
47. A
48. Post-roller coaster ride state
50. The Coen brothers' "True \_\_\_"
52. Diego
53. Deuce topper
55. Lamb's mother
57. "Clark's Rhett to \_\_\_'s Scarlett"
60. "John's Danny to \_\_\_'s Sandy"
63. Continually annoy
64. Matterhorn, e.g.
66. Cooler climate conifer
68. Do like phoenix
69. Tiger's peg
70. "My Own Private \_\_\_"
71. Thou \_\_\_, or you have
72. Bajillion years
73. Article of faith

DOWN

1. 2020 Easter mo.
2. Not kosher
3. Meal in a shell
4. Occupied, two words
5. El Chapo's organization
6. "What \_\_\_ Happened to Baby Jane?"
7. "Billy's Harry to \_\_\_'s Sally"
8. Investor's asset
9. \_\_\_ Guarani languages
10. Liberal pursuits
11. Archipelago unit
12. Bovine hangout
15. Posterior, anatomically speaking
20. Fill with optimism
22. Basketball target
24. Two heads are better than one, e.g.
25. "Keaton's Annie to \_\_\_'s Alvy"
26. Sweating room
27. Hinduism follower
29. "Knightley's Swann to \_\_\_'s Sparrow"
31. "Cameron's Fiona to \_\_\_'s Shrek"
32. List of options, pl.
33. Ancient Greeks' assembly area
34. Pretend, two words
36. \_\_\_ ex machina
38. Doe, e.g.
42. Sales pitch
45. Smallest at the clothing store
49. Second person of be
51. Lighted by twilight
54. Related on mother's side
56. Avoid, as in taxes
57. Designer Bradley
58. Osiris' wife
59. One third of a three-piece suit
60. Welcoming sign
61. A Flock of Seagulls' hit, 2 words
62. Soreness
63. "\_\_\_ humbug!"
65. "Kate's Rose to \_\_\_'s Jack"
67. "Some Like It \_\_\_"

**Have products or services for sale?**

Don't bury them in EBay or Craig's List or park it by the side of the road.

Your most likely buyer lives right here in North Central Washington

**NCWMarket.com** is a classified advertising service of NCW Media, Inc.

Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

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- You can have multiple photos even videos
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**Join the Digital Age!**





PUBLIC NOTICES

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In Re the matter of the Estate of SARA KATHRYN OWEN, Deceased NO. 20-4-00116-04 NOTICE TO CREDITORS

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c), or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: April 29, 2020  
Personal Representative: Kristyan Calhoun  
Attorney for the Personal Representative: /S/ CHARLES R. STEINBERG, WSBA NO. 23980

Address for Mailing or Service: 323 N MILLER STREET, WENATCHEE, WA 98801  
Court of probate proceedings and cause number: CHELAN COUNTY SUPERIOR COURT CAUSE NO.: 20-4-00116-04  
Published in The Lake Chelan Mirror April 29, May 6 and 13, 2020 #87656

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In Re the matter of the Estate of SHARON IRENE SHEPHERD, Deceased.

NO. 20-4-00093-04 NOTICE TO CREDITORS

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c), or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: April 29, 2020  
Personal Representative: Greg Graham

Attorney for the Personal Representative: /S/ CHARLES R. STEINBERG, WSBA NO. 23980

Address for Mailing or Service: 323 N MILLER STREET WENATCHEE, WA 98801  
Court of probate proceedings and cause number: CHELAN COUNTY SUPERIOR COURT CAUSE NO.: 20-4-00093-04

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NORTH CENTRAL REGIONAL LIBRARY NEWS

SUBMITTED BY MICHELLE MCNIEL, COMMUNICATIONS MANAGER

While its libraries are closed, North Central Regional Library has added some new online features to bring the library to more people.

Some of the new and expanded services include:

- A new eCard for people who live in North Central Washington but can't go to a library right now to get a physical library card. The eCard grants access to all of NCRL's online resources, including ebooks, audiobooks, digital magazines, streaming services for TV shows, movies, and

music, language learning sites, and digital access to newspapers including the New York Times and Seattle Times.

- Increased numbers of ebooks, audiobooks, music, and movies that can be borrowed or streamed at one time.

- Designated times when people can either live-chat online or call library staff to get answers to questions and help using online resources. Live-chat for general questions is available at ncrl.org weekdays from 9-11 a.m., and phone support for online resources is available by calling 509-888-8155 weekdays from 1-3 p.m.

• Sharing story time videos, DIY STEM projects, readers advisory, health and wellness information, homeschool ideas, and other online resources on social media and their website.

"We are absolutely committed to continuing to support our communities, even with our facilities closed to the public," said NCRL Executive Director Barbara Walters. "Our digital resources are always available, and we are continuing to expand these services and make them easier to access for everyone."

Sign up for the eCard and find online resources at [www.ncrl.org](http://www.ncrl.org), and check out videos and other information on the North Central Regional Library Facebook and Instagram sites. New content is being posted daily.

A team of library staff are working from their homes during the "Stay Home, Stay Healthy" order to create new digital content. For example, bilingual outreach and children's services staff are making story time videos, and STEM librarians are posting ideas for projects that can be done with items found around

the home. Staff are also posting information on how to keep your book club active, how-to videos for navigating online resources, weekly tips and resources, and even some ideas for engaging teens. Check NCRL's website and Facebook page daily for new ideas!

"I am so impressed with the dedication, creativity, and hard work that our library staff has been demonstrating in service to our communities under these difficult and rapidly-changing circumstances," Walters added. "If it can be done, it's being planned and being done."

THE WASHINGTON OUTDOOR REPORT

More Fishing & Hunting Is Coming To Washington

By JOHN KRUSE

On April 8, David Bernhardt, the Secretary of the Interior, announced his intention to open up more than 2.3 million acres across America for increased fishing and hunting opportunities. This would occur as early as this fall on 97 national wildlife refuges and 9 national fish hatcheries managed by the U.S. Fish and Wildlife Service (US FWS).

This is part of a push by President Donald Trump's Administration and the US FWS to open more access to the refuges. With this addition hunting will be allowed at 399 refuges and fishing permitted at 331.

The announcement garnered applause from the CEOs of several conservation organizations to include the Rocky Mountain Elk Foundation, the Coastal Conservation As-

sociation and the National Wild Turkey Federation. This week, we take a look at the nine refuges and fish hatcheries where new fishing and hunting may take place in Washington State.

National Wildlife Refuges:

Turnbull National Wildlife Refuge: Located south of Cheney in Eastern Washington, 231 acres on the Upper Turnbull Slough currently open for youth hunting one weekend in September would open up for additional youth hunting opportunities in October and November.

Willapa National Wildlife Refuge: Situated in Southwest Washington in Pacific County, the region has long been one of the premier places to hunt Roosevelt elk and black-tailed deer. Under this proposal, new acreage on the refuge would open up for hunting. Specific areas include 2,181 acres at Leadbetter Point, 396 acres in the South Bay Unit and 143 acres at the Nemah Unit to allow elk and deer hunting for the first time.

National Fish Hatch-

eries: Fish hatcheries operated by the US FWS seem like unlikely places to fish or hunt, but the land these hatcheries sit on often encompasses a great deal of acreage outside of the actual hatchery itself.

Abernathy Fish Technology Center: Bank fishing for salmon, steelhead and trout would open for the first time along a portion of Abernathy Creek owned by this Center in Cowlitz County.

Leavenworth National Fish Hatchery: The US Fish and Wildlife Service wants to open up migratory bird, upland game and big game hunting on this complex for the first time. This proposal though is a real head scratcher. There are several hundred acres adjacent to the fish hatchery in Leavenworth and there is trail system there used by hikers and wildlife watchers. These trails near the Icicle River are also popular with tourists who come here to ride horses or go on winter sleigh rides with Icicle Outfitters which has a longstanding concession contract to operate here. This, and the fact there are homes and a retreat

center nearby, make this a very unlikely hunting area.

I spoke with Jim Craig, the hatchery complex manager. He told me, "We do have small areas at the Leavenworth and Entiat Fish Hatcheries open for salmon fishing at times but there are no areas suitable for hunting except for a small amount of land we have at Snow and Nada Lakes in the Alpine Lakes Wilderness. Even this land is essentially just the shoreline of the lake and its already open (for grouse hunting and for the September High Buck Hunt)".

As for additional opportunities, Craig agreed the grounds around the hatchery are not appropriate for hunting and won't be opening for that activity. In Craig's words, the increased opportunities promised by the Dept. of Interior at his hatchery complex in North Central Washington are "Much ado about nothing."

Little White Salmon And Spring Creek National Fish Hatchery: Lands near these hatcheries in South Central Washington could see hunting for the

first time for everything from crow and grouse to bobcat, deer, elk, bear and turkey. When it comes to the Little White Salmon, the US FWS wants to open 114 acres of hatchery-owned lands west of Cook-Underwood Road. Due to safety concerns hunting will be allowed only with shotgun, bow, and arrow. As for Spring Creek, some 50 acres of hatchery-owned land in the Big White Ponds Area west of State Route 141 would open for hunting.

Willard National Fish Hatchery: According to the US Fish and Wildlife Service, Sport fishing would be allowed for the first time through access to some 600 feet of bank fishing along the west bank of the White Salmon River located 1400 feet downstream of the Cook-Underwood Bridge.

Do you want to give your input to the Department of Interior about these proposed changes? You can do so by going to <https://www.regulations.gov/document?D=FWS-HQ-NWRS-2020-0013-0001>. Comments will be accepted until June 8.

How to relieve dry eyes

Due to the COVID-19 coronavirus, I wear a surgical mask every minute while at work, putting in on as I step out of my car into the clinic parking lot and keeping it on until I am safely in my car on my way home. The only time we are allowed to remove our masks during our day is when eating or drinking. After hours of exhaling into my surgical mask, my eyes get tired and feel like they have little bits of sand in them.

A common cause of dry eye is exposure to windy, dusty, or smoky conditions. Another trigger is taking medicines that interfere with making saliva and tear fluids, especially bladder control medicines, older antihistamines, antidepressants, and heart medicines.

Tears help keep eyes healthy by keeping the surface of your eye moist, lubricating the inside of your eyelids, and helping wash dust and foreign objects away. We make about 1ml (one-quarter teaspoonful) of tears every day. While most tear fluid evaporates directly from your eye, excess moisture can drain out through little holes in the inner



corners of your eye called punctums.

Some diseases like Sjogren's syndrome cause dry mouth as well as dry eyes. Parkinson's disease can cause you to blink less frequently, reducing the lubricating effect of your tears. Bell's palsy is a temporary paralysis of the face, often affecting eye muscles and can prevent an eye from closing all the way, allowing more tear fluid to evaporate.

Some strategies that can help relieve dry eye include keeping yourself hydrated, increasing the humidity of your environment, eliminating medications that are causing discomfort, taking Omega-3 fatty acids, and using eye lubricant drops and ointments.

If you are on a medication that you suspect may be causing your eyes to be dry, contact your doctor and ask if you can either have a trial off of it or switch to another medicine. Avoid dry, dusty conditions, and consider

using a humidifier.

People who wear protective face masks may notice that their glasses fog up when they breathe out. To keep that to a minimum, when wearing a surgical mask, put it on so that the metal strip is across the top edge. Pinch that strip in so that the metal edge hugs your nose and upper cheeks. This helps direct your exhaling breaths out through the sides of your mask instead of the top, preventing your glasses from getting fogged up.

After I had LASIK surgery 20 years ago to correct my vision, they told me that I would probably need eye drops for the rest of my life. After carrying around a bottle of eye drops everywhere, I tried taking fish oil with Omega-3 fatty acids, which worked great and was far more convenient. Fish oil and flaxseed are good sources of Omega-3 fatty acids.

When choosing an eye drop for dry eye, consider how much lubrication you need. The more viscous the eye drop, the more lubricating it is, but also the more clumpy residue they will leave on your eyelashes.

Most eye drops contain a preservative to discourage infections. Those that don't are sold in single-use containers and are significantly more expensive. During the years that I wore contact lenses, I developed a sensitivity to two common preservatives used in contact lens solutions and lubricating eye drops: benzalkonium chloride and parabens. "Disappearing preservatives" are now widely available, which break apart when they come in contact with tear fluid.

I find eye ointments very soothing, but because they make my vision blurry, I only use them at bedtime.

Here are 7 Tips to Help Relieve Dry Eye Symptoms:

1. Hydrate and humidify your surroundings.

Make sure you drink enough water and avoid dry and dusty conditions. Consider using a humidifier indoors.

2. Check your medicines.

Tell your doctor about your dry eye symptoms and ask if any of your medications could be the cause.

3. Try Omega-3 fatty acids.

Fish oil, flaxseed, and other Omega-3 supplements may relieve dry eye symptoms.

4. Use just one drop.

Adding more than one eye drop at a time only forces the extra out of your eye, wasting it.

5. Keep it clean.

Always wash your hands before using eye drops, and keep uncapped tips from touching any surfaces.

6. Choose eye drops with disappearing preservatives.

Disappearing preservatives are much less irritating than benzalkonium chloride, EDTA, or parabens.

7. Consider using eye ointment at bedtime.

Bedtime is the best time to use eye ointment because it blurs your vision.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedication-Insider.com for daily tips on how to take your medicine safely. © 2020 Louise Achey

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