

Scott Hippe to join CVCH staff in November see page 3
COVID19 Cancellations, updates can change rapidly. Check our website for the latest

JUNE 17, 2020 • VOLUME 128 No. 25 YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS SINGLE COPY \$1.00

Counties approved for a Modified Phase I reopening

SUBMITTED BY CHELAN-DOUGLAS HEALTH DISTRICT

EAST WENATCHEE – On June 10, at 5:30 p.m., Secretary Wiesman of the Washington State Department of Health (DOH) approved Chelan-Douglas Health District's (CDHD) variance application to move to a Modified Phase I of Governor Inslee's Safe Start Plan. The approval takes effect immediately and includes specific conditions and limitations for activities and businesses:

Recreation: Outdoor recreation involving 5 or fewer people outside your household (not including an instructor, with 6 foot distancing (camping, beaches, exercise classes, etc.)

Gatherings: Allowed outdoors only, with 5 or fewer people outside your household per week

Travel: Essential travel

SEE REOPENING ON PAGE 2

Upcoming Events/Meetings

Chelan Evening Farmers Market: June 18

Thursday Evening Farmers Market

CHELAN - Chelan Thursday Evening Farmers market is open now thru the end of September, 4-7 p.m. There will be handwashing stations for customers and vendors. They will operate within a modified layout with one-way foot traffic procedures. They will limit the sale of food to whole produce and pre-packaged food items and ensure all ready-to-eat foods are packaged for home consumption only. Vendors will wear a mask and gloves throughout the market and sanitize hands between food handling and payment transactions. CEFM customers are asked to: Send only one person per household to the market, when possible. Leave pets at home. Wash or sanitize hands before entering the farmers market and wear a cloth face covering in the market, as well as protective gloves. The market is located on the corner of S. Emerson and Wapato Streets, between the Riverwalk Inn and Riverwalk Park. For info: www.chelanfarmersmarket.org

American Legion food bank drive: June 20

CHELAN/MANSON - American Legion Post# 108 will hold a food and monetary drive for the Lake Chelan Food Bank on Saturday, June 20, 10 a.m.-4 p.m. at the Chelan IGA Market and Manson Bay Market.

SEE EVENTS ON PAGE 2

CVHT breaks ground on Emerson Village

CHELAN - Chelan Valley Housing Trust held a groundbreaking for Emerson Village on June 12. Emerson Village will be located 503 N. Emerson Street (at the corner of East Chelan Avenue and North Emerson Street).

Joining in the "Ceremonial Hard Hat and Shovel" groundbreaking were elected officials, Chelan Valley Housing Trust board Members, community donors and volunteers.

Interested homebuyers can visit <https://chelanvalleyhousing.org/own/> to get started on the application process.

The Emerson Village Townhomes will follow the land trust model that sells the townhomes to low- to moderate-income buyers while the trust retains ownership of the land through a ground lease arrangement that keeps the homes affordable into perpetuity.

Clearing of the ground will begin this week.



RuthEdna Keys/ LCM

LEFT TO RIGHT: CVHT board members: Jolene Baker, Randy Atkins, Tim Hollingsworth, Arlene Abbott, Clint Campbell, Diane Leigh, Mayor Bob Goedde, Charlie Guildner, Sharon Lukas and Kevin Aho from K&L Homes, builder for Emerson Village. Not pictured: John Gaspar, Jorge Lopez, Sandy Calicoat



RuthEdna Keys/ LCM

LEFT TO RIGHT: CVHT Donors: Bill Nance, Kevin Brown, Holly Brown, Randy Atkins, Charlie Guildner, Karen Feek, kneeling Steve Clark, Rosemary and Bob May, and Tom Campbell; standing, Andrea and Hans Mulders, Eric Campbell, Art Campbell and Jim Gurke.

'Your a Grand Old Flag'



RuthEdna Keys/ LCM

Flag Day is celebrated every year on June 14 and the Lake Chelan Lions Club is part of the celebration as they put up the flags in downtown Chelan on all the major holidays.

ABOVE: Singing patriotic songs while the flags were put up were the Lake Chelan Patriotic Singers: Steve Davis, Maggie Jarr, Keith Carpenter, Vicki Carr, Marlene Blessin Payne, Shannon Freels, Hugh Freels, and Sue Baker.

LEFT: Steve Shumway and Keith Carpenter put up one of the many flags. Helping them were Hugh and Shannon Freels.



ABOVE: Chelan Veterans of Foreign Wars Post 6583 held a flag disposal ceremony on Sunday, June 14, at Fraternal Ceremony to retire worn American flags. Steve Palmbrush prepares to place a flag in the burn barrel.

Fields Point Landing home destroyed by fire

SUBMITTED BY CHELAN FIRE & RESCUE

CHELAN - At 8:14 p.m. on June 8, Chelan Fire and Rescue responded to a structure fire with a report of flames from the roof of a home at 351 Fields Point Landing.

A second alarm was called which brought assistance from Entiat and Manson fire departments.

First arriving crews reported a large home going through a remodel that was fully involved and had already almost burned

to the ground. Strong down lake winds had pushed the fire into the nearby brush threatening one home. Crews were able to quickly contain the brush fire and then put out what was left of the home.

Due to the high winds and no sheetrock in place the fire quickly spread throughout the whole structure. The cause of the fire is under investigation.

SHOP LOCAL

During this difficult time support your neighbors Most local businesses offer curbside service or delivery



NCW MEDIA Bringing the community to your door

INSIDE THIS WEEK

Community, Recreation 1-3	Classified Index	Inserts
Church News 4	Classifieds, Puzzles 5-6	Safeway
Obituaries/Death Notices 4	Public Notices 5-6	Manson Bay Market
Bulletin Board 4		
	Business & Services,	
	Health Care Directory 2	



\$1

310 E. Johnson Ave.,
P.O. Box 249
Chelan, WA 98816-0249
509-682-2213
www.lakechelanmirror.com



© NCW Media Inc. 2020
310 E. Johnson Ave, P.O. Box 249
Chelan, WA 98816-0249
Phone: (509) 682-2213
Fax (509) 682-4209

Office Hours
Mon. to Fri. 9:00 a.m.-5:00 p.m.

Contact Information
Publisher
Bill Forhan • 548-5286
publisher@leavenworthecho.com

Managing Editor
Gary Bégin
gary@ncwmedia.net

Reporter/Photographer
lcmirror@gmail.com

Reporter/Photographer
Michael Maltais
gchreporter@gmail.com

Advertising Sales Director
carol@leavenworthecho.com
Carol Forhan • 548-5286
echoads@leavenworthecho.com

Advertising Sales Chelan
RuthEdna Keys • 682-2213
ruthk@lakechelanmirror.com

Lindsay Timmermans
509-860-7301
adexec1@ncwmedia.net

Production & Creative Services
RuthEdna Keys
prepress@lakechelanmirror.com
509-682-2213

Meg Laub
Classifieds/Legals
mirrorads@lakechelanmirror.com

Circulation
509-293-6780
circulation@lakechelanmirror.com

Delivery Gary Hopkins
Bookkeeper 509-548-5286
Lake Chelan Mirror
(USPS 101-620)

is published every Wednesday by NCW Media, Inc.
310 E. Johnson Ave., Chelan, WA
Telephone: (509) 682-2213.
Fax: (509) 682-4209

Periodical postage paid at Chelan, Wash. 98816
Postmaster: Send address corrections to: Lake Chelan Mirror, P.O. Box 249, Chelan, WA 98816-0249

Classifieds/Legals
Classified/Legals ads can be placed during normal office hours by calling 509-682-2213, email: mirrorads@lakechelanmirror.com

Weekly rates:
\$12.00 for the first 30 words
50 cents each additional 5 words
(over 30 words)
Borders, bold words, headlines, logos, photos subject to additional charges.
Place your ad online 24/7
www.ncwmarket.com

Services
Back Issues are available up to one year after publication for a small fee.

Deadlines
Letters to the Editor: Noon, Friday
Calendar Listings: Noon, Friday
News Submissions: Noon, Friday
Display Advertising: Noon, Friday
Legals: Noon, Friday
Classified Ads: Noon, Friday

Subscriptions
Chelan/Douglas Counties (yearly) print \$40
Chelan/Douglas Counties (yearly) print & web \$45
In State (yearly) \$50
Out of State (yearly) \$52
Good Neighbor (monthly) print or web, or both \$5

The Lake Chelan Mirror does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization.

Letters policy
The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: lcmirror@gmail.com

Corrections
The Lake Chelan Mirror regrets any errors. If you see an error, please call 682-2213. We will publish a correction in the next issue.

News Tips
Have an idea for a story?
Call the Mirror at 682-2213

On The Internet
Web site:
www.lakechelanmirror.com
News e-mail:
lcmirror@gmail.com
Advertising e-mail:
ruthk@lakechelanmirror.com

WNPA
Washington Newspaper Publishers Association Member

NCW Media Inc. prints on recycled newsprint with soy ink. Please Recycle

NCW MEDIA
bringing the community to your door

EVENTS

CONTINUED FROM PAGE 1

Manson Farmers Market: June 20, 24

MANSON - The Manson Farmers Market will be opening their summer season Saturday, June 20, and will hold market each Wednesday and Saturday through September. Sales begin at 8:30 a.m. and continue until approximately noon. All required safety procedures will be followed-hand sanitized at entrance, social distancing and masks recommended

for shoppers. All vendors will be wearing masks and using hand sanitizer.

LDS, Chelan Fresh distribute potatoes, apples, onions: June 20

CHELAN - Volunteers at The Church of Jesus Christ of Latter-Day Saints in partnership with Chelan Fresh, are distributing boxes of potatoes, apples and onions from 9 a.m. to noon on Saturday, June 20, at the church, located at 195 W. Man-

son Hwy. Other locations include Brewster, Leavenworth, Wenatchee, and East Wenatchee.

Bass Tournament: June 20

BREWSTER - The Okanogan County Bass Club and Mauk Fishing Stuff have teamed up to bring the Lure Safe Open Bass Tournament to Brewster on Saturday, June 20.

The one-day event, sponsored by Mauk is open to the public with pre-registration available by 3 p.m., June 19. Entry forms and information are available online at okanoganval-

leybassclub.com, and contacts can be made at okanoganvalleybassclub@gmail.com or 509-322-2951.

Boats will blast off from the Brewster boat launch and can fish from Wells Dam to Chief Joseph Dam on the Columbia River and to Malott on the Okanogan River.

Submitting your Lake Chelan Valley Event

Email to your non-profit event to: ruthk@lakechelanmirror.com, subject line LCM Events. Deadline: Friday at 3 p.m. Be sure and include date, time, place and cost if any.

HISTORIC DOWNTOWN CHELAN ASSOCIATION NEWS

News for Chelan Public Spaces for Phase 1.5

SUBMITTED BY ERIN MCCARDLE, HDCA

CHELAN - On tonight's (June 9) City Council Zoom Meeting, our City Administrator let me know he had signed the Special Event permit request submitted by the HDCA to use public spaces downtown for additional picnic tables. In addition, the Mayor is planning to sign an executive order amending several areas of the Chelan Municipal Code.

The Lakeview Drive-In has generously donated her picnic tables that they cannot currently use for us to use downtown (Thank You

Amy) and I will be working to get those tables out as soon as possible. Then also working with our City Parks Department (Thank You Paul) to distribute their extra tables as soon as possible. And then ordering some additional tables to fill in all the other approved locations.

New outdoor seating locations that have been approved include:
Sidewalk/Non-Street Locations
Bulb outs on Emerson/Wapato intersection (in front of Riverwalk Cafe, Local Myth, Edward Jones)
Bulb outs on Woodin/Emerson intersection (in front of Museum, Swim World, Lush, Chelan Realty)
The open plaza area of behind Kelly Allen Insurance (Old Chamber Building)
Grass area of Woodin Avenue Landing
Between the Balusters and Campbell's Park Room in Riverwalk Alley (if tables fit)

On-Street Locations
The western edge of the alley between Andante and Chelan

Teriyaki (road closure will be at the end of their buildings). We will be installing overhead bistro lights as well if approved.

Still being considered:
SW corner in front of Local Myth
SE corner in front of Chelan Teriyaki
NE corner in front of Museum (on Emerson)
NE corner in front of Lush (on Woodin)
NW corner in front of Chelan Realty (on Emerson)

Other City Allowances:
The City Planning Department has also lifted/changed a few things during this state of emergency. Both items require a "Special Event Permit" application, waiver and release of liability and submit a certificate of liability insurance coverage with the City as an additional insured. Application can be downloaded here.

Use of Public Way.
The City may grant the closure of certain parking stalls in the public way or public streets, on a temporary or semi-permanent basis in

order to allow private use for the preparation and/or sale of food or beverages, carryout orders, or seating by adjacent Establishments.

Use of parking stalls for an Establishment is limited to a maximum of two (2) adjoining parking stalls closest to an Establishment's street facing facade.
There are additional requirements if parking stalls are to be used for private seating areas.

Use of Public Sidewalks.
Section 5.60 of the Chelan Municipal Code, as it specifically pertains to the Use of Sidewalks on Storefront Streets within the Downtown Mixed Use Zoning District is amended to require that all items placed on the public way for operation of an outdoor seating area shall be located so that a clear path of at least five (5) contiguous feet shall be provided for passage of pedestrians and so as not to obstruct ingress and egress from the licensed establishment or any other establishment.

Liquor Service.
Establishments seeking to serve liquor in a parking area or outdoor seating area require approval from the Washington State Liquor and Cannabis Board (LCB).

The LCB Adding or Extending Outside Liquor Service webpage provides information about how businesses can apply to add or extend outside liquor service, and decisions on such requests are being expedited by the Board.

Temporary Signage.
The City will provide a temporary waiver of some of the Sign Permit Requirements, and no fees are required for the temporary signs. Businesses must obtain a no-cost permit to ensure that all temporary signage adheres to the following guidelines:
Sign width is not to exceed 6 square feet and sign height is not to exceed 48 inches.
Up to two temporary, on-site signs per business (only one can be located in the public right of way).
Signs located in the public right of way must maintain a minimum clearance of 5 feet on sidewalks and no obstruction to pedestrian or vehicular sight lines.
Temporary window signs are limited to 20 percent of the window area.

Please feel free to reach out to me and discuss if you have any questions or concerns at 682-4322.

REOPENING

CONTINUED FROM PAGE 1

and limited non-essential travel for Phase I & II permissible activities

- Businesses/employers:
- Remaining manufacturing
 - Additional construction phases
 - In-home/domestic services (nannies, housecleaning, etc.)
 - Retail - essential or otherwise, may operate at 50% of building occupancy with

Phase II requirements regarding physical distancing and other infection prevention measures; businesses are responsible for controlling access appropriately. (Note that building occupancy capacity is based on Fire Marshal's occupancy limits.)

- Real estate at 25% of building occupancy; indoor services limited to 30 minutes
- Professional services/office-based businesses at 25% of building occupancy; indoor services limited to

30 minutes for customers (telework remains strongly encouraged)

- Hair and nail salons/barbers at 25% of building occupancy
- Pet grooming at 25% of building occupancy
- Restaurants/taverns:
-All outdoor food and beverage service may operate subject to Phase II guidance at 50% outdoor capacity with all tables/chairs maintaining at least 6 feet of distance and table size no larger than 5 persons. Additional or new outdoor seating would be

allowed subject to maintaining 6 feet distance between table and chairs, as well as receiving any city permit needed.

-All indoor food and beverage services may operate subject to Phase II guidance with the exception that at no time may the number of customers be at more than 25% indoor capacity with all tables/chairs maintaining at least 6 feet of distance and table size no larger than 5 persons. Furthermore, no bar-area seating is allowed.

"Businesses must carefully study and understand the Secretary's letter and the other advisories which apply to their business," said Barry Kling, Administrator of Chelan-Douglas Health District. To view a full list of the conditions and the Secretary's letter, visit: <http://cdhd.wa.gov/wp-content/uploads/DOH-Approval-of-Modified-Phase-I.pdf>. Businesses now closed may reopen as soon as they are able to implement the standards issued by the state and operate within the limitations from the Secretary's letter as described above. The Wenatchee Valley Chamber of Commerce has a tool kit for businesses to use to help them prepare for reopening, it can be found at: <http://wenatchee.org/covid-recovery-council>.

This reopening guidance is not only a matter of what businesses do. What we do as individuals counts.

"We still need to protect each other - not only because it is a basic civic responsibility but also because controlling COVID-19 is the best way to reopen our community and keep it that way," added Kling.

Here is some guidance for individuals to do to help keep our Valley reopened:

- Wear face masks in public
- Maintain at least 6 feet apart from others whenever possible
- Wash or sanitize your hands frequently
- Don't touch your face
- Avoid groups of more than five people outside of your household members

For more information about COVID-19, visit www.cdhd.wa.gov and follow us on Facebook & Twitter.

Additional Farmworker Testing Increases COVID-19 counts in Chelan Falls

SUBMITTED BY CHELAN-DOUGLAS HEALTH DISTRICT

EAST WENATCHEE - Recent testing at an agricultural congregate housing facility in Chelan Falls resulted in a slight uptick of positive Coronavirus (COVID-19) cases in Chelan County. Initial testing showed some work-

ers had positive COVID-19 test results and that led the agricultural facility to test all members of the congregate housing unit. The five (5) farmworkers who recently tested positive for COVID-19 are currently in isolation.

Chelan-Douglas Health District is working with the agricultural industry to educate employees and employers about the COVID-19 virus. Public health urges all public members, especially those who are in some way connected to anyone in the agriculture industry, to continue to take public health precautions seriously. These are ways you can help stop the spread:

- Wear a mask in public;
- Wash your hands often or use hand-sanitizer;
- Keep you distance from others in public - 6 feet if possible;
- Limit entire families going to a grocery store;
- Avoid social gatherings with people outside of your household; and
- Get tested for COVID-19 if you have a fever, chills, dry cough, headache or body ache, recent loss of taste or smell.

Please educate yourself and help educate others. Together, we can help stop the spread of COVID-19 and work our way towards healthier and safer communities. The Chelan-Douglas Health District urges you to Be a Protector - Not an Infector. For more information, visit www.cdhd.wa.gov and follow us on Facebook & Twitter.

455 cases of virus in two county area

EAST WENATCHEE - As of Monday, June 15 there are 274 positive cases, up from 265 positive cases of COVID19 in Chelan County on June 8, and 181 cases, up from 180 cases in Douglas County. New cases in Chelan and Douglas County in the last seven days is 10. The number of deaths remains at 9.

The age groups with the most cases are: 199 cases in the 20-39 age group, up from 195; and 135 cases in the 40-59 age group up from 134.

Entiat is holding at one case, Bridgeport is hold at one cases. Chelan has 27 cases (no increase), Manson 8 (no increase), Chelan Falls has 19 (no increase), Orondo 9 (no increase) and East Wenatchee 148 (was 147).

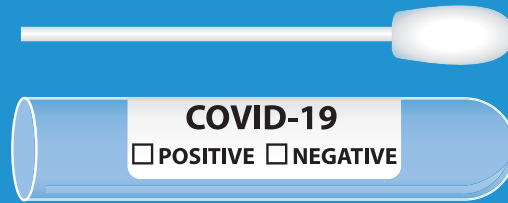
As of June 12 Okanogan County has 74 cases and two deaths. They are now in Phase 2.

Social Distancing and wearing a mask is good, out of concern for preventing viral spread to others versus catching the virus from someone else.

BE A PROTECTOR NOT AN INFECTOR

Protect yourself, your family and your friends. Get tested for COVID-19 today if you have any of the following symptoms:

- Fever
- Chills
- Muscle Ache
- Dry Cough
- Chest Pain
- Headache
- Recent loss of Taste/Smell



Testing is the only way to be sure if you have the virus or not. To get tested, you can call your doctor or visit the drive-thru COVID site by calling (509) 663-8711 (select option 1) for a referral.

For more information, visit www.cdhd.wa.gov-covid-19



Two University of Washington School of Medicine-Spokane graduates returning to Eastern Washington to practice

Scott Hippe will be working in Chelan

SUBMITTED BY UNIVERSITY OF WASHINGTON SCHOOL OF MEDICINE, SPOKANE

CHELAN - For most fifth-graders appendicitis would be an uncomfortable disruption in their daily routines-- for Scott Hippe it was like a light bulb going on.

"I thought it was the coolest thing to be made well again," he said. "I've always liked science and helping people, and medicine seemed like a good balance between the two."

Raised in Snohomish, Hippe attended Gonzaga University, earning degrees in biology and Spanish.

When he was accepted into medical school at the University of Washington, he was delighted to find out he'd be studying in Spokane.

"It was like a homecoming," he said.

Though he didn't grow up in a rural community, UWSOM's Targeted Rural and Underserved Track (TRUST) intrigued him.

TRUST is an optional program that provides educational experience to prepare students for careers working in underserved rural areas and underserved small cities.

"It looked like an opportunity to explore what medicine is like in an underserved community," said Hippe.

His TRUST site was Chelan, and that's where the lure of family medicine grabbed him.

"I got hooked on the broad spectrum of medicine that family physicians practice," he said. "It's a job you'll never master--there's always something to learn and there's never a dull moment."

The pace of small town living also proved enjoyable.

"I really liked the community and getting to know patients well," he said. "In a small practice you can ask yourself how much can I do for my patients? In a bigger place you're told what you can and cannot do for your patients."

He recently completed his family medicine residency in Boise, Idaho, and is finishing up a one-year OB fellowship there.

Knowing the shortage of OB physicians in rural areas, Hippe said he wants to be able to perform C-sections as part of his practice.

He was thrilled to accept an offer to return to Chelan to launch his career and will start in Chelan on Nov. 3.

"I'm excited to work at Columbia Valley Community Health," Hippe said. "My wife and I are looking forward to living Chelan. We love the outdoors."

"We are all extremely excited to have Scott join us at CVCH Chelan. He is an intelligent, competent, well trained physician that will be a great addition to our local medical com-

munity. As the primary preceptor for the UWSOMTRUST program in Chelan, I could not be more ecstatic. This is truly the ultimate goal of the program. To increase exposure of young medical students to rural primary care with hopes of them eventually returning to practice in our community. I have had the opportunity to watch Scott grow and mature as a medical student and now look forward to practicing along side him as a physician colleague," Tobe Harberd, CVCH Physician.

That undergrad degree in Spanish will also come in handy.

"There are many agricultural workers in Chelan, and I'll be speaking Spanish half the time," he said.

Hippe counts himself fortunate to have been part of his small 20-member UWSOM class in Spokane. This was prior to UW's partnership with Gonzaga University and the class size has since increased to 60 students.

"I found amazing mentors and made great friends," he said.

In fact, he said he was an "unintentional Cupid" for one of those friends.



Scott Hippe

He introduced fellow student, Lisa Matelich, to her husband.

"She was one of my housemates, and when one of my best friends came to visit, I introduced them, and they ended up getting married."

Now, Matelich is also returning to Eastern Washington to launch her medical career.

"I started thinking about medicine in high school," she said. "I enjoyed science classes and was interested in serving people."

Matelich grew up in Vancouver, and said when she decided to become a physician, "It really helped that I enjoyed school and the learning process."

The University of Washington School of Medicine was her first choice, and she chose to study at the Spokane site.

"It was fabulous," said Matelich. "I felt like I found my academic, professional and personal community in Spokane."

Her introduction to rural medicine was in tiny Weiser, Idaho, 90 minutes north of Boise.

"I really enjoyed the pace and the outdoor access," she said. "I discov-

ered a place that didn't have the noisy background of a city. When I went home for a break and heard an airplane flying overhead I thought it was thunder."

While in Weiser, she realized the impact family medicine physicians have in rural communities.

"I saw patients in the grocery store," she said. "My preceptor invited me to her kid's softball game. I feel my personality fits this specialty."

Back at school she became the leader of the family medicine interest group.

"I met a lot of family physicians, and was so inspired by the work they do, and their attitudes toward their patients," Matelich said.

After completing her family medicine residency in Colorado, Matelich returned to Spokane for a one-year OB fellowship.

"It felt like coming home," she said.

And her new home won't be far away. Matelich has accepted a position in Newport.

She said the fact that the hospital and clinic in Newport aren't owned by a major medical system was attractive.

"I love the autonomy that provides," Matelich said.

Geoff Jones, MD, Assistant Clinical Dean, Eastern and Central Washington University of Washington School of Medicine practices in Newport and is delighted to welcome Matelich to the area.

"We're excited to have

Lisa join us in Newport," he said. "This is really a direct result of our TRUST program, even though she isn't a TRUST student. Without TRUST and our close connection to the UW, we wouldn't have been able to recruit such a high-quality physician to join our group".

Matelich said she's looking forward to being part of that close-knit team.

"I never wanted to be a solo practitioner," she said. "I'm a team-player."

It helps that the practice is located in such a lovely bucolic setting.

"I'm excited to be so close to the National Forest--I've never lived in a town with a Ranger Station before!" Matelich said. "I feel like I've hit the jackpot in being able to work with a team of physicians practicing family medicine in the scope I desire, and serving patients in Eastern Washington."

John McCarthy, MD assistant dean for rural programs is delighted these former students have chosen to return to the area. He said rural physicians are in short supply.

"One of the longstanding goals of UWSOM is to develop a workforce for the region. We need about four times the number of rural docs than we're currently producing," McCarthy said. "The decisions of Scott and Lisa to practice in Chelan and Newport fulfill a key mission. They're bringing their skills back to these communities and meeting the need for rural physicians."

TEE TIME

SUBMITTED BY SHERRY FISK, LAKE CHELAN LADIES GOLF CLUB TEE TIME

CHELAN - Sixteen women turned out for the weekly competition and the final round of the Apple Blossom Tourney came down to the final two. The weather was iffy and we started out in a light mist that turned sunny by our back nine.

Today's (June 11) competition was ECI 9 (choose your 9 best holes less 1/2 handicap). Today's winners were:

Division 1: First place, Carol Ferguson, 27.5. Second place, Linda Hahn, 29.5.

Division 2: First place, Sherry Fisk, 26. Second place, Sherry Ochsner, 27.5.

Division 3: First place, Karen Erickson, 30.5.

The lone birdie was made by Barb Rayburn



Courtesy Tee Time

Apple Blossom winner, Judy Johanson on the left, runner-up, Karen Erickson on the right.

on hole 12. Chip-ins were made by Karen Holst on hole 12 and Maggie Stalcup on hole 8.

The Apple Blossom Tourney came down to the final two players in the finals: Judy Johanson versus Karen Erickson. Judy Johanson persevered and

is our new champion of the Apple Blossom Tourney for 2020. Congratulations to Judy Johanson.

This on June 18 week's competition is Medal Play (low gross and net of field, low net by division). Our tee time is 8:30 a.m.; please check in by 8 a.m..

lakechelanmirror.com

COVID-19 SPECIAL: \$20 OFF!

Use code **shopLOCALshopWA** when you order online.

SENA SEA
WILD ALASKAN FISH

Local family bringing you freshness from our boat to your door. Premium Wild Alaskan Copper River Salmon, Halibut, Black Cod

www.senasea.com | info@senasea.com | 206-486-2344

Share Your News With Us

Email it to lcmeditor@gmail.com or call 682-2213

ARE YOU A VETERAN STRUGGLING TO PAY RENT?



HELP IS AVAILABLE.



EMERGENCY FUNDING IS NOW AVAILABLE

TEXT HOME TO 833-222-2158 TO GET HELP TODAY

WWW.SSVF.US • 509-925-1448

\$80 MILLION IN PPP LOANS. THAT'S A LOT OF ELBOW BUMPS.



AGRICULTURAL
COMMERCIAL
PERSONAL

Yes, it was a little different, helping more than 650 local businesses take advantage of the new SBA Paycheck Protection Program (PPP) loans without shaking a single hand. Still it was some of the most gratifying work we've completed in our 40-year history. The embodiment of what we mean when we say "Relationships you can count on." And we just wanted to say thanks to each of our customers, old and new, for trusting us to deliver during this challenging time. Now if you'll excuse us, we need to put our elbows on ice. Or maybe a bag of frozen peas.



EQUAL HOUSING LENDER | Member FDIC

wheatland.bank

OBITUARIES

Elaine Phelps

Elaine Phelps passed away peacefully on June 7, 2020 at her home in Manson, three days before her 89th birthday. She was born Elaine Eugene Scott in Wenatchee, Washington on June 10, 1931 to Elmer and Pat Scott. She attended the Wenatchee public schools until she graduated from Wenatchee High School



in 1949. Elaine trained to be a nurse at Sacred Heart Hospital in Spokane after initially entering the

novitiate of the Mount St. Vincent Sisters of Providence, Sacred Heart Province in Seattle.

On January 21, 1954 Elaine married Lell Perry Phelps, the love of her life for 62 years, and made their first home in Wenatchee. In the fall of 1966 Elaine moved with their growing family to Manson where she lived the remainder of her life. Elaine was a devoted wife and loving mother, grandmother and great-grandmother. She made her

family her life's vocation. She worked tirelessly providing endless support and encouragement to her husband and children.

Elaine was always an inspiration to her children who saw a beautiful and selfless soul guiding her family by example. She was truly full of grace.

She didn't preach but lived her faith. Her legacy will live on in all nine of her children.

She is survived by her children Jim (Karen) Phelps of Chelan, Jean

(Mike) Haerling of Manson, Sam (Julie) Phelps of Snohomish, Patti (Tom) Young of Manson, Dennis (Lori) Phelps of Plano, TX, David (Paula) Phelps of East Wenatchee, Ray (Shelly) Phelps of Wenatchee, Alice (Joe) Harris of Chelan and Frank (Desiree) Phelps of Manson. She is survived by 28 grandchildren and 13 great-grandchildren. She is also survived by her sister Sandra (John) Segaline of East Wenatchee and eleven nieces and

nephews.

She is preceded in death by her husband Lell, brothers Dennis and Terrance Scott and one granddaughter, Tricia Haerling.

She will be dearly missed.

Due to current conditions, there are no services planned at this time.

Please leave thy thoughts and memories for the family at www.prechtrose.com. Precht Rose Chapel is entrusted with services.

Danny Michael Dublin

Danny Michael Dublin 62, passed away at his home in Lake Chelan, Washington on April 2, 2020 with his family by his side. Dan was born February 11, 1958 in Eugene, Oregon to James and Willie Irene Dublin. The family moved



to Clarkston, Washington and eventually to Spokane, Washington where he com-

pleted school and began a life in the construction field. This is where he learned the trade of fabrication and welding. Dan rose to any challenge with much enthusiasm and pride. He took the passion of welding and built a successful family business in Lake Chelan.

Dan loved motorcycles; riding, racing and building them, he often spent his time getting fellow riders

together for weekend rides. He also enjoyed fishing and camping with friends and family.

In 2007 he embraced the AA community and celebrated his new journey in recovery. Dan found a new way of life with honesty, strength, love, laughter and many new friends. He will live on through the memories of the many people who were fortunate enough to have their lives touched by

his fun loving and gentle spirit.

Dan leaves behind his wife of 37 years, Karen. His children: Daniel Dublin-Beaudry, Whitney (Daniel) Evans, Tyler (Kendra Hoffman) Dublin. The grandchildren his pride and joys: Daniel M Dublin-Beaudry, Levi Dublin, Tristen McNeely, Reeghan Lake, Raelynn Evans, Easton Evans, Cali Dublin and Brody Dublin. His sister

Sharon (Daniel) Addington and nephews Micah and Cameron Foster. As well as Karen's family, mother Patricia Sexton, and many brothers and sister-in-laws, nieces and nephews.

A celebration of life as well as a memorial motorcycle ride to Dan's favorite place "Lake Diablo" will be announced this summer when we can gather and share the memories of a life well lived.

DEATH NOTICES

Geraldine R. Brooks

Geraldine R. Brooks, 92, of Chelan, Washington, passed away on June 13, 2020.

Please feel free to leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

Francis Allen Boyd

Celebration of Life for Francis Allen Boyd has been moved to Sept. 12, 11 a.m. at Precht Rose Chapel.

Please feel free to leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

SENIOR MEALS MENU

Chelan Senior Center

CHELAN - The Chelan Senior Center is closed, however meals are being given out on a takeout bases.

Senior Meals

Call (509) 888-4440 by 9 a.m. Monday thru Thursday to order your meal. Meals can be picked up between 10:30 and 11:30 a.m. at the Senior Center located at 534 E. Trow Avenue.

Thursday, June 18

Crunchy Chicken Salad, Pasta Salad, Pickled Beets, WW Roll, Berry & Pudding Parfait

Friday, June 19

Rueben Sandwich, Potato Salad, Pea Salad, Cherries, Dessert

Monday, June 22

Roast Beef, Mashed Potatoes, Mixed Vegetables, Tossed Veggie Salad, WW Roll, Fruited Jell-O

Tuesday, June 23

Lemon Pepper Fish, Roasted Red Potatoes, Trio Vegetables, Coleslaw, Chilled Peaches, Garlic Bread, Dessert

Wednesday, June 24

Deluxe Cheeseburger, Potato Salad, Apple Celery Salad, Dessert

WVC Foundation launches giving campaign

SUBMITTED BY WENATCHEE VALLEY COLLEGE

WENATCHEE - The Wenatchee Valley College Foundation is launching its spring giving campaign with a focus on meeting the basic needs of WVC students.

Each year, the WVC Foundation provides scholarships, emergency grants and other financial support to students. In fall 2019, a survey found that 60 percent of WVC

students had experienced food insecurity, housing insecurity or homelessness in the last year.

"We knew our students were facing financial challenges in pursuing their education, but the survey results made the scope and severity of these challenges clear," Evey said. "That's why I am calling on the community to join us as we work to remove barriers for students. No student should have to choose between tuition and their next meal."

The survey also found that WVC students of color, older students, low-income students, and student parents are significantly more likely to experience basic needs insecurity than their peers.

In the 2020-21 academic year, Evey said, need is expected to be even greater due to impacts from the COVID-19 pandemic. CARES Act funding, one-time federal funding in the amount of \$1.2 million for students, was depleted within two weeks, she added.

Those interested in donating to the foundation to support students can visit wvc.edu/Give.

BUSINESS/SERVICES • HEALTHCARE DIRECTORY

INSURANCE

You're healthy ... until you're not

- Got questions about Medicare?
- or Health Insurance?
- Turning 65?
- Retiring soon?

Give Kelly Allen a call **509-888-9038**

Kelly@KellyAllenAgency.com • www.KellyAllenAgency.com

PEST CONTROL

STEVE'S PEST CONTROL

Over 35 years of experience!

- Full Service Pest Control
- Free Inspections
- Crawl Space Repairs

509-439-0358
glenhelmick@gmail.com

Add your Business or Service to this Directory

Call Lindsay 509-860-7301 or Ruth - 682-2213

OBITUARY & MEMORIAL POLICIES

NCW MEDIA, INC.

An obituary is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch.

For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!

• CHELAN

CHELAN CHRISTIAN CHURCH
Morning Worship 10 am
682-2025 • 210 E. Wapato Ave.
Pastor Mark Wilton

CHURCH OF THE NAZARENE
Sunday School 10 am
Worship 11 am & 6 pm
Youth Group - Friday 7 pm for 13-18 years of age
682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH
Worship 9:30 am
Sunday School following Worship Service
682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED METHODIST CHURCH
Worship 10 am
682-2241
Corner of Johnson & Emerson

• CHELAN

LIVING STONE CHURCH
"Gathering in our uniqueness, United in our Purpose."
Scott Morris, Senior Pastor
SUNDAY ACTIVITIES
Gathering - 10:00 am
(Children's Church & Nursery available)
Adult Bible Study - Noon
WEDNESDAY ACTIVITIES
Kids ROCK 6:10-7:40 pm (K-5th grade, Oct-March)
WE GATHER at 216 N Emerson
(2nd Story-Chelan Public Library)
OUR OFFICE LOCATION
105 N Emerson - Suite 204, Chelan • 509-682-5953
For more information about us and our activities visit www.lscchelan.org

ST. ANDREW'S EPISCOPAL CHURCH
Worship 10 am
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816
682-2851 • www.standrews-chelan.org

ST. FRANCIS DE SALES CATHOLIC CHURCH
English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm
English Mass Sunday 9 am
Spanish Mass Sunday Noon
Rev. Rogelio Gutiérrez, Pastor
682-2433 • Next to Safeway

• ENTIAT

ENTIAT FRIENDS CHURCH
Pastor Mark McDonald
509.784.1342
email: entiatfriends@nwi.net
2848 Entiat River Road
Sunday morning Bible Classes 9:45 am
Sunday morning Worship 11 am
Sunday morning Worship (summer months) 10 am
Wednesday Shared Dinner 6 pm
Wednesday Programs Adults/Youth/Children 7 pm

*"With men this is impossible; but with God all things are possible."
-Matthew 19:26*

• MANSON

MANSON UNITED METHODIST COMMUNITY CHURCH
Sunday Worship 10 am
With coffee following service
687-3311
Green & Boetzkes
'We are a come as you are church'

NORTH SHORE BIBLE CHURCH
Sunday Worship 9:30 am
Nursery (birth - 3 years) 9:30 am
Kidz Church (4 years-5th Grade) 9:30 am
687-3636 • 123 Wapato Point Parkway
www.northshorebc.org
Craig Rayment, Sr. Pastor

• BREWSTER

HOPE LUTHERAN CHURCH - LCMS
Sunday Worship 11 am
Holy Communion 1st, 3rd, & 5th Sunday
Bible Study & Sunday School 10 am
689-3106 • 1520 Sunset Drive
Kevin Moore, Pastor

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com

NCW MARKET.COM
CLASSIFIED ADS

BUSINESS JOURNAL
ECHO RECORD MIRROR HERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

Administrative

Publisher's notice

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Announcements

Lost & Found

LOST AND FOUND can be placed in our local newspaper and online for **ONE week for FREE.** Limit 30 words

Leavenworth/Cashmere 509-548-5286
or
Lake Chelan Mirror 509-682-2213
or
Quad City Herald 509-689-2507

Deadline is Noon on Friday

Happy Ads

HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR CLASSIFIEDS IN THE PAPER AND ONLINE

24/7 at www.NCWMarket.com

HAPPY BIRTHDAY

CONGRATULATIONS!

WILL YOU MARRY ME?

HAPPY ANNIVERSARY
Only \$15 for 30 days includes 3 photos

Chelan-Brewster 682-2213 or
Leavenworth-Cashmere 548-5286

Employment

Help Wanted

Manson School District located on the beautiful shores of Lake Chelan is seeking applicants for the following position.

- 1.0 FTE Secondary Certificated Teacher with an ELA and SS endorsement

Detailed job description and online application process are available at: <https://www.manson.org/Page/609>, EOE. Question please call Lorrie (509) 687-3140

Lake Wenatchee Water District Small Works Roster

Lake Wenatchee Water District is now accepting applications from suppliers and/or contractors to be included on the Utility's Small Works Roster. The following Roster of categories, not all inclusive, to contract, lease or purchase items or services consists of: Construction and Maintenance Services, to include Building Contractors, Snow Removal, Tree Trimming, Excavation, Materials, and Supplies. If interested, an application can be found on our website www.lakewenatchee.waterdistrict.org or request one by mailing: P. O. Box 2813, Leavenworth, WA. 98826 or calling 509-679-1353.



The Cascade School District is seeking qualified applicants for the following positions:

Cascade High School Assistant Volleyball Coach

Icicle River Middle School Head and Assistant Girls Soccer Coaches

Fast Track application process and information can be found on our website at: www.cascadesd.org EOE

NA-C Full-time/ Nights

Three Rivers Hospital is seeking a Nursing Assistant-Certified. Duties include assisting in the daily care, personal needs and treatment of each patient in an acute care setting. Current NA-C WA State License, BLS and one year NA-C experience required.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Human Resources Department
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad online 24/7 at www.NCWMarket.com It is easy, just register and pay online.

Print only? Deadline is Monday by Noon for all papers:

Lake Chelan Mirror
Quad City Herald 683-2213
Leavenworth Echo
Cashmere Record 548-5286

Your ad will appear online and in the newspapers for one low price!

Work Wanted



RB'S Custom Tractor Works

Disking • Tilling
Mowing
Hourly Tractor Work

Free estimates
33 years experience
Cell 509-679-2469
Bus license #602-781-946

lakechelanmirror.com
and on Facebook



Douglas County PUD has an opening for:

On-Call Relief Fish Counter

\$21.40/ hour

Details at www.douglaspud.org

For Sale

Antiques & Collectibles

Get cold hard cash for your Antiques and Collectibles by putting them in our classifieds.

Place your ad with pictures online 24/7 at NCWMarket.com Just register and pay online and you are done.

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at Noon for all papers:

**Lake Chelan Mirror
Quad City Herald 682-2213**
or call
**Leavenworth Echo
Cashmere Record 548-5286**

Furniture

NCW Media Newspapers

We have excess office furniture available.

Items left are 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, A wood credenza and a free 4' x 4' white board

All other items are \$25.00 per item. Call to arrange a time to examine or pick up. All items located in Cashmere. We also have a small safe that is FREE to a good home. It has not been opened for many years because we do not know the combination. It could include valuable material we don't know. For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on NCWMarket.com

Garage & Yard

CLEAR SOME SPACE WITH A CASH \$\$ AD

Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only-
Deadline Monday Noon for all papers

Lake Chelan Mirror
Quad City Herald
Call 682-2213

Leavenworth
Cashmere
Call 548-5286

Your ad will appear online and in the newspapers for one low price.

Orchards & Farms

We have buyers for your Pear, Apple and Cherry Orchards!
509-669-4500
information@nwi.net



Rentals

Leavenworth: Home for Rent, 3 Bedroom, 2 Bath, great area with mountain view. \$2000/month. Call Mike 509-699-3063

Wanted to Rent

Want to rent: furnished room with kitchen, bath and laundry privileges for elderly gentleman with a large, friendly service dog. Call Paul 509-548-7220, if no answer, please leave a message.

Vehicles

Automobiles

For sale for parts: 2007 CHEVROLET Equinox LS AWD 3.4L V6, silver, 101k miles. Body and interior are in good condition, except for dent in rear bumper. Low mileage, runs fine. Has exhaust-gas leak, rust underneath. Requires repair to drive safely. W/ title. 509-571-5302. \$750 OBO

For sale: fix or for parts: 2002 FORD Explorer XLT 4.0L V6 4WD, pewter. Engine runs, has dents in passenger side doors, but other body parts are good. High mileage, charging, heater core, springs problems, 2 auto windows broken. W/ title. 509-571-5302. \$900 OBO

7	1	6	3	5	9	4	8	2
5	4	3	7	2	8	6	9	1
2	9	8	6	1	4	5	3	7
6	3	2	5	8	7	9	1	4
1	5	9	2	4	6	8	7	3
8	7	4	9	3	1	2	5	6
3	2	1	8	6	5	7	4	9
4	8	7	1	9	2	3	6	5
9	6	5	4	7	3	1	2	8

M	A	Y	A	S	H	O	D	M	A	S	H		
E	C	O	L	I	A	L	I	L	E	N	T	O	
S	A	U	L	T	I	D	O	O	N	T	A	P	
S	I	D	E	C	A	R	D	A	Q	U	I	R	I
N	O	D	P	E	R	U							
A	S	H	M	E	S	A	M	A	I	T	A	I	
S	L	A	W	P	O	D	S	T	O	A	S	T	
C	O	R	A	T	U	L	I	P	N	I	C	E	
O	P	E	R	A	R	O	L	L	S	L	I	M	
T	E	M	P	L	E	C	O	A	T	S	I	S	
L	A	N	K	Z	O								
C	A	M	P	A	R	I	J	A	N	U	A	R	I
U	S	U	R	I	E	R	A	I	G	L	O	O	
S	I	L	O	S	C	O	D	C	H	O	I	R	
P	A	L	M	E	Y	E	S	T	E	L	E		

CROSSWORD PUZZLE

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
19				20			21	22					
		23				24							
25	26	27		28		29		30		31	32	33	34
35			36			37		38		39			
40				41				42		43			
44				45				46		47			
48				49				50		51		52	
				53				54		55		56	
57	58	59	60			61				62	63	64	
65						66		67		68			
69						70				71			
72						73				74			

THEME: COCKTAILS AND MOCKTAILS

ACROSS

- Angelou and Rudolph
- Mason's load
- Bobby Pickett's "Monster ____"
- Infection from contaminated water or food
- Formerly Cassius Clay
- Slow, musically speaking
- St. Marie, Ontario
- Bonding words
- Like draft beer
- "Cognac, orange liqueur, lemon juice
- "Tropical cocktail favorite
- Motion of approval
- "Home of pisco sour
- Smoker's residue
- Big butte
- "It has both white and dark rum
- Popular BBQ side
- Pea houses
- "Hold your drink aloft in honor
- "Downton Abbey" countess
- Subject of 17th century Dutch mania
- Cote d'Azur locale
- Teatro alla Scala offering
- Sushi selection
- Kind of jeans fit
- "She famously disliked the eponymous drink
- Chesterfield or ulster
- Bro's sib
- Long and lean
- Petting spot
- "Negroni and boulevardier ingredient
- Time for the big bowl games
- Unethical loaner's practice
- Designed to guarantee equal rights

DOWN

- Cooler manufacturer
- #38 Down, pl. 70. Atlantic catch
- Musical ensemble
- Rodeo Drive tree
- It's of the beholder
- Rosetta Stone, e.g.
- Difficult situation
- Antioxidant-rich berry
- Common contraction
- Kind of wrench
- TV's popular portmanteau
- Let it down to relax?
- ____ fashioned
- D in LED
- Take-out handout
- Nay sayer
- Sun, e.g.
- Indigenous people of northeast Arizona
- "Nespolino fruit
- Highly skilled
- Elbow rest
- Portable lock
- Fancy tie
- Ski run
- Sheik's bevy
- "Whiskey ____
- Charged particles
- Flip side, pl.
- Binary digits code
- Things on a list
- "Star Trek" speed
- Fodder holder
- Eloise's residence
- Quiets
- Otitis organ
- "Popular mixer, pl.
- Brother's daughter
- Should 57. Turning point
- World's largest continent
- "To warm wine or cider and add spices
- Junior ball
- Green gemstone
- Burn-soothing plant
- Agitate
- Yesteryear
- "First name in cola and grenadine

SUDOKU PUZZLE

SUDOKU

FREE! Get up to a \$1000 Bonus! (See rules)

WALK-IN BATHTUB SALE! SAVE \$1,500

Backed by American Standard's 140 years of experience
Ultra low entry for easy entering & exiting
Patented Quick Drain™ Technology
Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
44 Hydrotherapy jets for an invigorating massage

Limited Time Offer! Call Today!
866-612-7490
Or visit: www.walkintubinfo.com/spm

	1	6		5				2
			7					9
					4	5	3	7
	3	2						4
	5						7	
8						2	5	
3	2	1	8					
	8			2				
9				7		1	2	

© StatePoint Media
Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

OMAHA STEAKS

GET THE GRILLER'S BUNDLE
INTRODUCTORY PRICE: \$79.99

- (5 oz.) Butcher's Cut Filet Mignon
- (4 oz.) Boneless Pork Chops
- (4 oz.) Omaha Steaks Burgers
- (3 oz.) Gourmet Jumbo Franks
- (2.8 oz.) Potatoes au Gratin
- (4 oz.) Caramel Apple Tartlets
- Omaha Steaks Seasoning Packet

+ 4 MORE BURGERS FREE
THAT'S 20 COUSINS, SIBS & DESSERT!

ORDER NOW! 1.833.406.1259 ask for 63281KXJ
www.OmahaSteaks.com/family588

*Savings shown over suggested single-item base price. Excludes taxes. ©2020 Omaha Steaks, Inc. Exp. 10/31/20

Legals

Public Notices

City of Chelan Public Notice

Due to the City of Chelan's current Phase 1.5 status which only allows gatherings of up to five people, please note the following changes for the June 23, 2020 Chelan City Council & Lake Chelan Airport Board meetings. Councilmembers and City staff will be participating remotely via videoconferencing. Lake Chelan Now will be broadcasting live audio of the meeting at <https://lakechelannow.com> beginning at 6:00 p.m. Council is encouraging citizens listen from home. If you do not have internet access, please contact the City Clerk's Office at 509-682-8019 for alternate accommodations. Citizen comments will not be taken during the meeting but may be submitted in written form no later than 5:00 p.m. on June 23, 2020 to: publiccomments@cityofchelan.us
OR mail to:
City Clerk
PO Box 1669
Chelan, Washington 98816

Dated at Chelan this 12th day of June, 2020.
Peri S. Gallucci
City Clerk
Published in the Lake Chelan Mirror
June 17, 2020, #278

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE

In the Matter of the Estate of

ROY V. FODE,
Deceased.

NO. 20-4-00171-04

PROBATE NOTICE TO CREDITORS

(RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: June 10, 2020

By:

RUSSELL B. FODE,
Personal Representative
Address: 1889 Broadway Place
Wenatchee, WA 98801
Date: June 1, 2020.
Attorneys for Personal Representative: GATENS GREEN WEIDENBACH, PLLC
By:

LINDSEY J. WEIDENBACH,
WSBA No. 43523
305 Aplets Way
Cashmere, WA 98815
CHELAN COUNTY CLERK'S OFFICE
Ms. Kim Morrison, Clerk
Chelan County Superior Court
350 Orondo Avenue, Suite 501
Wenatchee, WA 98801-2885
Published in The Cashmere Valley Record, Leavenworth Echo, and Lake Chelan Mirror on June 10, 17, and 24, 2020. #222

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In Re the matter of the Estate of: JUNE E. MALLETT, Deceased.

NO. 20-4-00113-04

NOTICE TO CREDITORS

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: June 3, 2020

Personal Representative: SUNNY R. SAVAGE

Attorney for the Personal Representative: /S/ CHARLES R. STEINBERG,

WSBA NO. 23980

Address for Mailing or Service: 323 N MILLER STREET,

WENATCHEE, WA 98801

Court of probate proceedings and cause number: CHELAN COUNTY SUPERIOR COURT

CAUSE NO.: 20-4-00113-04

Published in the Lake Chelan Mirror June 3, 10 and 17, #87843

SUMMARY OF ORDINANCE NO. 2020-1579 of the City of Chelan, Washington

On the 9th day of June, 2020, the City Council of the City of Chelan, Washington, passed Ordinance No. 2020-1579. A summary of the content of said Ordinance provides as follows:

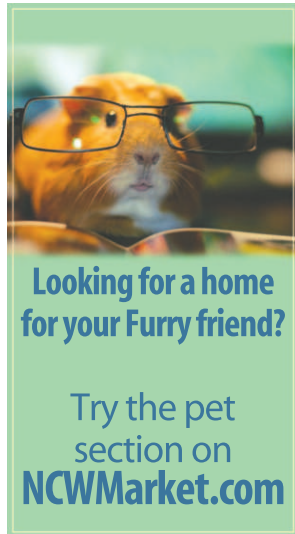
AN ORDINANCE OF THE CITY OF CHELAN, WASHINGTON, OF FINAL DETERMINATION OF THE AREA BENEFITTED BY WATER AND SEWER IMPROVEMENTS PROPOSED TO BE MADE BY ZULUAGA FAMILY LLLP AND APPROVAL OF A LATECOMER'S AGREEMENT PURSUANT TO CMC 13.36

The full text of the Ordinance will be mailed upon request.

DATED this 10th day of June, 2020.

Peri S. Gallucci
City Clerk

Published in the Lake Chelan Mirror on June 17, 2020. # 253



Looking for a home for your Furry friend?

Try the pet section on NCWMarket.com

SUPERIOR COURT OF WASHINGTON IN AND FOR KING COUNTY
No. 20-2-08189-2-SEA
Signums by Publication SIGMA PHI EPSILON BUILDING CORPORATION, a Washington non-profit corporation,

Plaintiff, v. JAMES D. MUDGE, an individual, including his heirs, successors and devisees; CHRISTINA CATCHING, formerly Christina Coit, an individual, including her marital community, heirs, successors and devisees; T.E. CATCHING, an individual, including his marital community, heirs, successors and devisees; LORRAINE MILLER JACKSON, an individual, including her marital community, heirs, successors and devisees; ROMA CHRISTINA SCHNELLER, an individual, including her marital community, heirs, successors and assigns; SHARON HENRY, an individual, including her marital community, heirs, successors and assigns; WILLIAM COIT, an individual, including his marital community, heirs, successors and assigns; GWEN E. COIT, an individual, including her marital community, heirs, successors and assigns; PATRICIA SCHNELLER, an individual, including her marital community, heirs, successors and assigns; PETER SCHNELLER, an individual, including his marital community, heirs, successors and assigns; BARBARA SCHNELLER, an individual, including her heirs, successors and assigns; STAN SCHNELLER, an individual, including his marital community, heirs, successors and assigns; BRUCE SCHNELLER, an individual, including his marital community, heirs, successors and assigns; THIRTIETH STREET ENTERPRISES, LLC, a Washington limited liability company; DONALD CONNORS, an individual, including his marital community, heirs, successors and assigns; DONNA DELVA, an individual, including her marital community, heirs, successors and assigns; UNITED WAY OF WASHINGTON; and JOHN DOES 1-20, as unknown heirs, devisees, successors and assigns of the above-named defendants, Defendants.

THE STATE OF WASHINGTON, TO DEFENDANTS, including their heirs and devisees: Bruce Schneller, Roma Christina Schneller, Stan Schneller, Peter Schneller

A lawsuit has been started against you in the above-entitled court by Plaintiff SIGMA PHI EPSILON BUILDING CORPORATION. Plaintiff's claims are stated in the Complaint, which has been filed with the clerk of the above-entitled court (the "Complaint").

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this Summons, to wit, within sixty (60) days after June 17, 2020, and defend the above entitled-action in the above-entitled court, and answer the Complaint, and serve a copy of your answer upon the undersigned attorneys for Plaintiff at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint.

The object of the above-entitled action is to quiet title to real property located in King County, Washington. A description of the real property which forms the basis of this action can be found in the Complaint.

DATED this 11th day of June, 2020.

FOSTER GARVEY PC s/Todd Reuter

Todd Reuter, WSBA #20859

618 W. Riverside Ave, Suite 300

Spokane, WA 99201

Telephone: (509) 241-1561

Facsimile: (844) 462-2906

Email: todd.reuter@foster.com

Attorneys for Plaintiff

Published in the Lake Chelan Mirror June 17, 24, July 1, 8, 15, and 22, 2020. #264

Glucosamine for arthritis

Keith, an 86-year old retired basketball coach, and PE teacher, limped down our clinic hallway last week to see me. "Getting older sure isn't for sissies," he answered as I asked him how things were going for him.

"I had my left knee replaced five years ago, and now my right knee is going the same way. It's this darn arthritis." Settling his 7-foot seven-inch frame in the exam room chair, he asked me, "Would taking glucosamine help my knee? Is it safe to take with my other medicines?"

"Glucosamine helps relieve knee joint pain in 1 out of 3 people, helping them stay more active. Keeping active is the key thing because it's the best way to combat the pain and stiffness of arthritis. Glucosamine is a very safe supplement to take, even with other medicines. If I were in your shoes, I'd definitely give it a try."

Keith has lots of company. Osteoarthritis is the most common chronic joint disease, affecting at least one out of every 10 older adults in the United States. Osteoarthritis causes cartilage to deteriorate, creating joint pain and stiffness.

As it progresses, osteoarthritis causes the bones of your knee joint to move closer together. Imaging studies measuring the spacing of bones in your knee joint illustrate how as the spaces between the bones in the joint get smaller over time, the pain and stiffness of osteoarthritis get worse.

Glucosamine is a compound produced by your body. There are three primary forms, each having a different role in supporting your health. The only type of glucosamine proven to be helpful against osteoarthritis is glucosamine sulfate.

Glucosamine sulfate has been shown to slow down the progression of osteoarthritis by keeping the spaces inside



knee joints from crowding closer together. One study compared people who took glucosamine for 1 to 3 years with a similar group that didn't. Those who took glucosamine sulfate were 60% less likely to need a total knee replacement due to osteoarthritis than those not taking it.

Although glucosamine sulfate can slow down the progression of osteoarthritis, it can't stop it completely. It's best for mild to moderate arthritis pain and stiffness, and less effective in people who are older or are overweight.

Glucosamine sulfate works better on knee joints than your hip joints, wrists, or your back. Unlike other types of pain medicine, glucosamine sulfate takes about 4 to 8 weeks to take full effect and is most effective when taken daily. Tylenol® (acetaminophen) also helps arthritis pain and stiffness and can be safely taken daily along with glucosamine. For flare-ups, Aleve® (naproxen) or Motrin-IB (ibuprofen) are more useful but can cause bleeding or kidney problems.

The most effective dose of glucosamine sulfate seems to be 1500 mg a day, which can either be taken all at once or divided into two or three doses. Taking glucosamine sulfate is as effective as taking six tablets of Extra-Strength Tylenol® every day. It can also be combined with other pain medicines for even more relief, like Tylenol® and anti-inflammatory medications like Aleve® (naproxen) or Motrin-IB (ibuprofen).

Here Are 5 Tips on Taking Glucosamine Successfully:

1. Take the "right stuff."
2. Avoid glucosamine hydrochloride, and take glu-

cosamine sulfate. For best results, take a total of 500mg-1500mg per day in 2 or 3 divided doses.

2. Be patient.

Allow 4 to 8 weeks for the full effect of glucosamine to take effect before giving up on it.

3. Use the powder formulation, not the tablets.

Crystalline glucosamine in a capsule or dissolved in water is more consistently effective than the tablet forms. The brand with the most favorable results is DONA crystalline powder. My patients have also reported dramatic results with VERY reasonably priced glucosamine crystalline powder from the company Bio-Alternatives, available online at www.bio-alternatives.net, or by calling 1-866-882-0213.

4. You can take glucosamine even if you are allergic to shellfish.

If you have a shellfish allergy, you can still take glucosamine safely. Shellfish allergies are to the meat, not to the shell, and glucosamine is processed from the shell.

5. If you take the blood thinner warfarin, tell your doctor.

If you take Coumadin® or warfarin, glucosamine can increase your level of blood thinner. I have used glucosamine sulfate in my patients taking warfarin for decades, with excellent results. I recommend starting glucosamine two weeks before their next blood test is scheduled. Depending on the outcome of the blood test, I adjust their dose of warfarin as needed.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. 2020 Louise Achey

THE WASHINGTON OUTDOORS REPORT

Oh Shad!

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

Not to be confused with an oft-uttered curse phrase, "Oh shad!" is something you may hear an angler say repeatedly as they hook into these fish in quick fashion this month in the Columbia River Gorge.

The American shad isn't native to the Pacific Northwest. It is an Atlantic Ocean fish that spawns in several rivers along the east coast and was an important food fish for Americans in the 18th and 19th centuries. In 1871 Seth Green, a fish culturist, transported eight cans of shad fry to Sacramento, California by rail. More than 2/3 of the fish survived the seven-day trip and they were put into the Sacramento River. The stocking took and the Sacramento still hosts a healthy run of American Shad to this day. The shad, which are an ocean-going fish, also began spawning in Oregon's Umpqua River and in the Columbia River, where the strongest run of these fish return every year from mid-May through early-July.

The shad is a member of the herring family. On the Columbia River they commonly weigh between 1 and 4 pounds. They are scrappy fighters and fun for both adults and kids alike to catch from boats or from shore.

In the last few years jumbo runs of these prolific fish have returned to the Columbia River. Last year, over 7.5 million shad returned, a new record. This year's run looks to be healthy, if not record breaking. As of June 9th, over a million shad had passed over Bonneville Dam.

Fishing for shad is a simple affair. The main places to target them are on either side of the Columbia River below Bonneville Dam (very crowded) or the John Day Dam (less so).

Start off with a medium action rod between 6 1/2 to 8 1/2 feet long. A spinning reel with 12-pound monofilament is a good bet, not because the fish will break you off, but because the shoreline is rocky and your line will become damaged on the sharp edges. The lures to use are very simple. A shad dart is a uniquely shaped jig head that usually sits on a bare hook. Common colors to use are Chartreuse/Green, Green/White, Red/White or Chartreuse/Orange. Shad Killers, which look like crappie jigs and are made in Hermiston, Oregon also work very well. The size of jigs you'll want to use range from 1/8 to 1/16th or even 1/32 of an ounce.

Tie on the jig and a three-foot leader to a swivel. Above the swivel you'll want a sliding swivel with a 1/2 to 3/4 ounce weight. Simply cast slightly upstream, reel slowly, making sure your weight and dart stay above bottom. As the line quarters to-



Courtesy J. Kruse

Brent Cyphers from The Dalles caught several shad in the space of a few minutes fishing below John Day Dam earlier this month.

wards you reel in rapidly to make sure you don't get hung up. If you are fishing from a boat plunking a weight on the bottom and fishing a small DickNite spoon can work wonders.

It's not uncommon to catch one to three dozen shad on a good day, especially when the dam counts show over 10,000 fish a day crossing over Bonneville Dam. As for what to do with them? There are three schools of thought here.

A lot of anglers will keep them for sturgeon or crab bait. These oily fish work very well for both. Some anglers will eat them. Fried shad roe is considered a delicacy by some and baked shad or pressure cooked and canned shad is an option as well. I wouldn't recommend smoking them though. I ruined a Luhr Jensen smoker a few years ago when I tried to cook them this way. The smoker pan and everything inside was coated with shad oil and I was never able to remove the smell or awful taste that resulted from that experiment.

The third option? Just catch and release them. They really are a lot of fun to go after and for kids who have never caught anything bigger than trout or panfish, the sporty fight offered by a three to four-pound shad is one they'll remember for a long time.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Your Chelan County Business going the Extra Mile for Customers?

NCW Media Newspapers is rewarding your efforts! Advertise your curb-side, take-out, delivery and other COVID-19 adaptations for

50% OFF

REGULAR AD RATES!



CONTACT US FOR DETAILS.

509-548-5286 - 682-2213

Classifieds@leavenworthecho.com

Mirrorads@lakechelanmirror.com

Or try our online classifieds at NCWMarket.com

