



October is Breast Cancer Awareness Month see Survivors form on page A3

## \$1,500 reward offered for return of stolen items



Courtesy photo

This custom leather vest, was one of many items in one red and two gray duffel bags, that were stolen between 8 p.m. and midnight on Saturday, Sept. 19 from a car parked at the Cabana on Nixon Avenue in Chelan. Most of the clothing is custom rock clothing from designers Al Bane and Cody Varona in Los Angeles. There are also big ticket items like a vintage Gucci bag and Giuseppe Zanotti boots, Sam Edelman rhinestone boots, and a custom ear monitor. Also stolen were ski jackets and a custom black leather jacket with a red and black cross on the left shoulder. There is a \$1,500 reward for return of all three duffel bags with all contents or a \$500 reward for information leading to arrest and conviction of the perpetrators. Contact Detective Ernie Senseney at the Chelan Sheriff's office 509-667-6841 if you have any information on this theft. More photos at lakechelanmirror.com

## Lake Chelan Valley Events, Manson Farmers Market: Sept. 30, Oct. 3

MANSON - The Manson Farmers Market is open for their summer season and will hold markets each Wednesday and Saturday through September. Sales begin at 8:30 a.m. and continue until approximately noon. All required safety procedures will be followed- hand sanitized at entrance, social distancing and masks recommended for shoppers. All vendors will be wearing masks and using hand sanitizer.

### Chelan Evening Farmers Market: Oct. 1

CHELAN - Chelan Thursday Evening Farmers market is open now thru Oct. 15, 3-6 p.m. There will be handwashing stations for customers and vendors. CEFM customers are asked to: Send only one person per household to the market, when possible. Leave pets at home. The market is located on the corner of S. Emerson and Wapato Streets, between the Riverwalk Inn and Riverwalk Park. For info: www.chelanfarmersmarket.org

### Chelan Saturday Farmers Market: Oct. 3

CHELAN - The Chelan Saturday Farmers is now open for its 2020 season. It is located at 112 E. Johnson Avenue, and opens at 8 a.m. You will find locally grown organic food and crafts.

### Food Bank food distribution: Oct. 3, 6

CHELAN - The Lake Chelan Food Bank food giveaway has changed to their Saturday and Tuesday distribution days, 9-10 a.m. Distribution will continue to be drive-thru. The Lake Chelan Food Bank is located at 417 S. Bradley Street. They can use pet food, and fresh fruits and vegetables. See page 4 on where you can donate these items.

### American Legion Post #108: Oct. 5

MANSON - American Legion Post #108 meets the first Monday

SEE EVENTS ON PAGE 2

## 97A wildlife fence helps reduce vehicle/animal collisions

### Another at Tonasket

By MIKE MALTAIS  
STAFF WRITER

CHELAN - High summer temperatures and a lack of moisture have been driving mule deer and bighorn sheep down to lower altitudes in search of greener vegetation and that is adding to driving hazards faced by commuters along State Route 97A between Wenatchee and Chelan.

Three weeks ago, on the last day of August herds of bighorn sheep were spotted grazing along the roadside near milepost 210 north of Entiat and just south of Knapp's Hill Tunnel. Both herds made a least one attempt to cross the busy highway against oncoming traffic. While the mile 210 bunch were frightened back to the west side of the highway where they started, the second group - grazing on volunteer alfalfa along a deer fence protecting an orchard on the river side of the highway - were not as fortunate when they made a desperate dash to cross.

A bighorn ewe was struck and disabled by the lead vehicle in a line of cars and trucks driving north toward the tunnel entrance. The injured animal managed to return to the east side of the highway while the remainder of the herd waited on the west side. After some 30 minutes of rest the injured ewe drug her damaged hindquarters back across the highway in an attempt to rejoin the waiting herd. Once she reached



Mike Maltais/LCM

A herd of bighorns attempts to cross State Route 97A against traffic near milepost 210. More photos at lakechelanmirror.com

the west side ditch the ewe was unable to climb the steep slope.

A Washington State Patrolman called to the scene was soon joined by an Incident Management vehicle from Wenatchee to deal with the wounded animal.

Parts of 97A between Chelan and Wenatchee have been the scene of scores of animal/vehicle accidents over the years and led to a cooperative effort between public/private group to install miles of wildlife fencing along portions of the road's west side to help keep mule deer and bighorns away from the highway.

In 2009 the first of two phases of all-metal eight-foot-tall fencing went up. It protected nearly five miles of roadside from Texas Gorge to just north of Spencer Canyon. In 2010 an-

other mile of fence extended from Texas Gorge toward Rocky Reach Dam.

In 2011 the second phase of fencing added 3.5 miles from the south end of the existing fence to below Rocky Reach Dam. Project costs to date amount to about \$2.5 million dollars.

The fence, the longest of its kind in the state includes cattle guards on private access roads and escape gates that allow wildlife access ports to get from the highway side back to safety.

Funding from the Washington State Department of Transportation (WSDOT), the Washington Department of Fish and Wildlife (WDFW), plus contributions from businesses and groups including State Farm Insurance, the Wenatchee Sportsman's Asso-

ciation and Central Washington Mule Deer Foundation has made the barrier possible.

Earlier this month the first phase of Safe Passage 97 - a project to build a wildlife fence and highway undercrossings along nearly 13 miles of SR97 between Tonasket and Riverside - was completed according to a media release by Conservation Northwest. Spearheaded by Conservation Northwest and the Mule Deer Foundation, the first phase included a wildlife passage under Janis Bridge and a mile of fence on both sides of SR97 from Janis Bridge south to the Carter Mountain Wildlife Area.

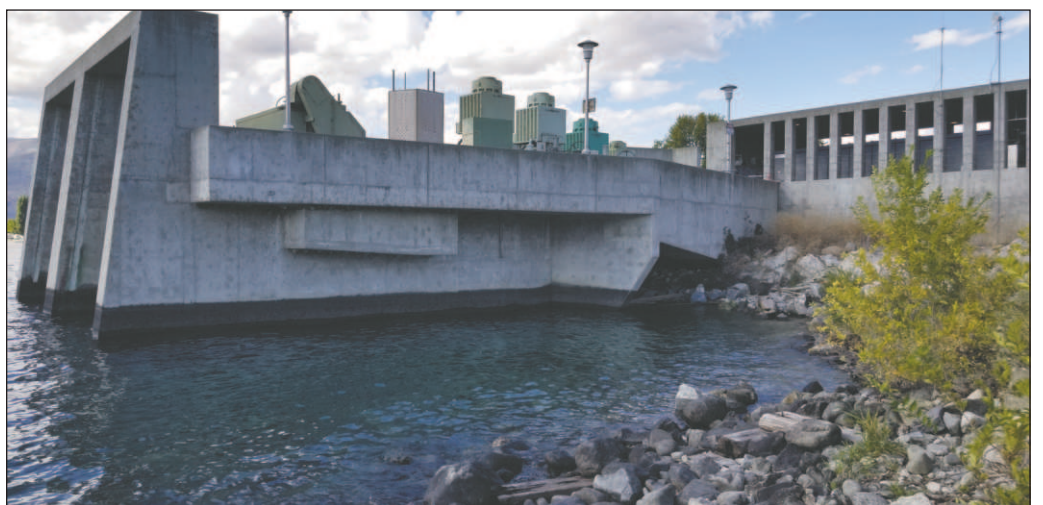
Accident statistics show this stretch of SR97 to be among the highest for auto-deer collisions.

## Lake Chelan Reclamation District issues bonds at near historic low rate

SUBMITTED BY LAKE CHELAN RECLAMATION DISTRICT

MANSON - The Lake Chelan Reclamation District (the "District") is in the process of issuing Revenue Bonds in the amount of \$6.75 million to provide the funding to make capital improvements, including replacing all nine motor control centers at the irrigation pumping plants. These improvements are per the "10-year Capital Improvement Plan" adopted in 2017 by the Board of Directors. As part of the bond financing process, the District's staff presented information to the national rating agency of S&P Global Ratings.

According to Manager Rod Anderson, "the District received a rating grade of A+. This is a great accomplishment for the District and our ratepayers. Especially when you consider that this was our first rating presentation."



Courtesy Lake Chelan Reclamation District

Pictured is the existing Lake Chelan Pumping plant at located at Mill Bay, near Manson.

Board president Dave Clark said, "this rating of A+ reflects that the District is well-managed and has strong financial policies and practices in place for the benefit of our customers. The higher the rating, then the lower the interest cost. We are very

pleased and proud to achieve the rating of A+."

According to Manager Anderson, "the A+ rating is based on the following key factors: 1. Demonstrated track record of strong financial reserves; 2. Strong all-in coverage ratio; 3. Agriculture

and tourism-based economy; 4. Financial management policies and practices; and 5. Experienced management in operating the District in an efficient manner."

The presentation team was

SEE BONDS ON PAGE A2

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**During this difficult time support your neighbors**

Most local businesses offer curbside service or delivery

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Manson Bay Market



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# Well known local charity partners with Community Center at Lake Chelan

## Thrive Chelan Valley teams up with the CCLC

SUBMITTED BY THE SEVEN ACRES FOUNDATION

CHELAN -The Seven Acres Foundation, developers of the forthcoming Community Center at Lake Chelan (CCLC), has welcomed a popular area non-profit organization to its growing family of partners. Thrive Chelan Valley, which has served, empowered and advocated for area youth over the last 21 years, intends to utilize the CCLC in a variety of ways to expand its services to an even broader scope.

In announcing the new partnership, Seven Acres Board member, Brian Hendricks, said “we feel honored to partner with such a great organization. Thrive Chelan Valley has done such a great job of supporting our communities with their mentorship

programs, the Food2Schools program and the teen center. I feel the relationship with Thrive is in strong alignment with both their mission and ours.”

Kayla Helleson, Executive Director of Thrive Chelan Valley, is also very enthused about forming this new relationship. “We are thrilled to partner with the Community Center at Lake Chelan as we align with the project’s core values of connection, relationships, compassion, service and wellness. Partnering with the Community Center helps ensure that our valley’s youth and their families will soon have broader access to a hub of resources that will enhance their lives and the lives of generations to come.”

Ms. Helleson also noted she’s extremely grateful for the community partnerships that have supported Thrive over the past two decades, especially the Lake Chelan United Methodist Church, where the



Courtesy Community Center at Lake Chelan

Left to right: Kayla Helleson (Executive Director), Travis Farrar, Sarah Barnes, Jacque DePaoli (Board Vice Chair), Kari Petersen, Cindy Knight (Board Chair), and Addie Grageda.

Teen Center has operated for twenty years, and the City of Chelan, which has provided significant annual funding to ensure the Teen Center continues to serve valley teens. Thrive currently offers

three dynamic programs designed to serve Lake Chelan Valley youth: (1) Thrive Cares, a wraparound service model that provides for tangible items such as clothing, food, and other

basic needs, (2) Thrive Mentoring, a program that connects local youth to safe and caring adult mentors, inspiring personal growth and empowering youth to reach their full potential, and

(3) Thrive Teen Center, their flagship program providing a safe space on Friday and Saturday evenings for teens to enjoy a warm meal, fun activities and connections with others. Currently, operations at the Teen Center are temporarily suspended due to COVID-19 restrictions, but Thrive intends to resume that program and possibly add other offerings in the same location once restrictions are eased.

For more information on Thrive Chelan Valley, please visit their website at [www.thrivechelanvalley.com](http://www.thrivechelanvalley.com) or contact Thrive’s Executive Director, Kayla Helleson, at [kayla@thrivechelanvalley.com](mailto:kayla@thrivechelanvalley.com). In addition, to learn more about or donate to the Community Center at Lake Chelan, please go to [www.ceatlakechelan.org](http://www.ceatlakechelan.org) or contact Raye Evans, Executive Director of the Seven Acres Foundation at [raye@sevenacresfoundation.org](mailto:raye@sevenacresfoundation.org).

## BONDS

CONTINUED FROM PAGE A1

comprised of: Manager Rod Anderson, Administrative Assistant Jennifer Collins,

Deputy Treasurer Mary Lou Brooks, Consulting Engineer Ryan Peterson of RH2, Consulting CPA Tamara Dezelle of Cordell, Neher & Company, Chelan County Commissioner Doug England, and Bond Un-

derwriter Jim Nelson of D.A. Davidson & Co. The team presented information and answered questions that dealt with the topics of management, finances, economic growth, and long-term planning.

The Revenue Bonds were priced on Sept. 9 in Seattle at the offices of D.A. Davidson & Co., serving as Bond Underwriter. The Bonds (financed over 20-years) achieved a True Interest Cost of 1.93%. The

District is timing the Bond pricing near a historic low in interest rates.

Farmers Electric II, LLC was the low bidder for the Lake Chelan Pumping Plant Electrical System Upgrades

Phase One project based on the proposals received by the District on May 6. The bid was awarded in the amount of \$912,300. This work will start on Nov. 15, and finish by April 1.

# Chelan Valley Hope seeking new board member

SUBMITTED BY CHELAN VALLEY HOPE

CHELAN - Do you have the time and passion to help others in the Chelan and surrounding communities? Chelan Valley Hope has an opening on its board of directors, and we are looking for qualified candidates!

DO YOU HAVE an interest and background in any of the following areas; Successfully writing grant applications? Do you have a passion for non-profit agency community fundraising? Are you ready to apply your financial management and accounting skills to further the mission of CVH? Are you a proven leader, will-

ing and able to take the lead on projects as a board director and work within a dynamic team?

As a one-of-a-kind, social services, non-profit agency, CVH has been accomplishing positive change in people’s lives for 11 years! CVH provides one-stop access to a host of essential local and regional

services. We pave the way for long-term recovery for families and individuals with a hand-up, not just a hand-out. CVH serves our community passionately and efficiently through 3 paid staff and 20 dedicated volunteers and an 11-member volunteer board. CVH provides those in need and/or crisis with assistance

to avoid eviction and shut-off of utilities, gas and food vouchers, emergency shelter, winter clothing, personal hygiene items, and other assistance of high civic value, benefitting the City of Chelan and all of us in the greater Chelan Valley region.

The board meets virtually in the afternoon on the 2nd

Thursday of each month for 2 hours. If you have questions or interest in being considered for a board director position, please send an email including a short resume to Michael Gibb at [mag.gibb51@gmail.com](mailto:mag.gibb51@gmail.com)

and please visit our website at <https://chelanvalleyhope.org/>

## TEE TIME

SUBMITTED BY SHERRY FISK, LAKE CHELAN LADIES GOLF TEE TIME

CHELAN - Lake Chelan Ladies Golf Club Tee Time Sept. 24.

Our golf club season is

winding down. Today was our last day of competition and from now on, until the snow flies, it will just be social golf. Fifteen women were in attendance and thrilled to be playing under clear skies

with no smoke.

This week’s competition was Criss-Cross (your gross score of nine consecutive hole comparisons between the front and back less ½ your handicap.)

This week’s winners were:

Division 1: First Place, Janet Foyle, 30.

Division 2: First Place was a tie between Julie Allison and Susie Clausen, 30.5.

Division 3: First Place was a tie between Nancy Parker and Karen Erickson, 31.5.

The only birdie was made by Jan Artim on hole 18. There were five chip-ins today made by Jan Artim on

Hole 12, Nancy Judson on Hole 12, Carol Ferguson on Hole 5, Sherry Fisk on Hole 14 and Joni Dedo on Hole 14.

This week is “Social Golf” on Thursday, Oct. 1 with no competition.

# Chelan Douglas Community Action Council finalist in grant program, they need your vote

SUBMITTED BY CHELAN DOUGLAS COMMUNITY ACTION COUNCIL

WENATCHEE - Today is the day. Vote today and everyday to Oct. 2. Please share far and wide. This process takes about 60-seconds to set up your account and cast your votes, once you have an account, log in and voting will take mere seconds the following days. Chelan Douglas Community

Action Council is one of the Top 200 finalists in the State Farm Neighborhood Assist@ grant program.

We need you to rally behind our cause, cast your vote and help us win one of 40 \$25,000 grants.

Here’s how: click here <https://www.neighborhoodassist.com/entry/2033632> and vote for Mobile Food Pantry every day thru Oct. 2.

The voting phase is open from 12:00:01 a.m. ET on Sept. 23 until Oct. 2 at 11:59:59 p.m. ET. Please vote up to 10 times per day, every day for our cause. Winners will be announced on Nov. 4. Please forward this to your colleagues, friends and family to vote and help spread the word. Only most votes will win one of the top 40 \$25,000 awards.

## EVENTS

CONTINUED FROM PAGE 1

of each month unless it fall on a holiday then it goes to second Monday. The next meeting on Oct. 5 will be held in the Hub at North Shore Bible Church, beginning at 7 p.m.

## Tender Loving Care now offering ‘in-person’ visits

CHELAN/MANSON - TLC is now offering “in-person”

visits to clients: After four months of noncontact /virtual visits (phone calls, texts, cards, delivery of groceries/mail), TLC volunteers are being trained to allow them to again offer “in person” visits with their clients according to established Safe Start and CDC Guidelines.

Since August 2017, Tender Loving Care, an Affiliate of Chelan Valley Hope, has provided services to help seniors live comfortably in their own homes: companionship, connection to other community services, support

for caregivers and transportation for medical appointments and shopping. This is a volunteer organization that aligns your loved one with a friendly presence, all carried out under the Safe Start parameters of our Governor and CDC guidelines during this COVID-19 time.

TLC is actively seeking seniors who would like the friendship and support of a TLC volunteer. Please call Claudia Swenson at 360-561-6090 or Kathy Miller at 509-470-2843, for more information.

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Legals: Noon, Friday  
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Obituaries/Death Notices: 4 p.m., Friday

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### Letters policy

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author’s name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author’s name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: [publisher@leavenworth.com](mailto:publisher@leavenworth.com)

### News Tips

Have an idea for a story? Call the Mirror at 682-2213

### Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 682-2213. We will publish a correction in the next issue.

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# Response to taking a critical look at Covid-19

By Dr. Pete Rutherford  
CEO Confluence Health



**Dr. Pete Rutherford**  
CEO Confluence Health

In your article published in the Sept. 2, 2020 edition of the Cashmere Valley Record, you make some good points in that case numbers can be misleading, particularly when comparing results from the United States with other countries. I would like to expand on this, and to add some perspective from our local experience in the health care delivery system.

Without doubt, this pandemic has been extremely difficult for many, if not most of us. One of the most challenging aspects has been the degree of uncertainty and the speed of change in what we know about this virus and its effects. Things that we knew or thought we knew when COVID-19 cases first came to our region in early March, have changed as we have become more prepared and as we have learned more from our and international experience. For example, initially we knew there was a shortage of masks, so we needed to conserve masks so that hospitals would have what they need. Now that situation has improved, and we want everyone to wear a mask in public, because we have learned by observation that it appears to significantly reduce the risk of person to person transmission.

It is still difficult to accurately determine the number

that the total number infected here is not more than double that, so we estimate that at most 5% of the North Central Washington residents have been infected. This is far less than the number needed to achieve generalized “herd” immunity, which is estimated to be 60-70%. So, there are plenty more of us who could become infected between now and when an effective vaccine is widely available. We also do not know if the immunity is lifelong. It is not for other subtypes of Coronavirus.

We also know that so far, Central Washington Hospital has admitted over 200 patients for treatment of COVID-19, again given an estimated infection rate of 5% of the population over the last 6 months. We have had up to 29 COVID-19 positive patients admitted to the hospital at one time. Our ICU is built out for 20 patients, although we often are limited to caring for less than that number due to the limited availability of ICU trained nurses. There have been so many patients critically ill with COVID-19 requiring ICU care, that we had to expand our Intensive Care Unit and Progressive Care Units and to divert well trained and specialized staff from other necessary patient care areas to help care for them. This has occurred at great cost in terms of time, stress and both physical and emotional exhaustion of our nurses, respiratory therapists,

medical assistants, laboratory staff, pharmacy staff, and other health care providers and support staff. We are also fortunate to have at Confluence Health two physicians who specialize in Infectious Disease, which enables us to provide the most effective, up-to-date care possible. We are extremely grateful to all these staff for their contributions. However, we are acutely aware and concerned that it is not humanly possible to continue this level of effort for very long. And because this is the case all around this country and the world, it is not feasible simply to hire more people to help us get through this. It is because of these staff members and physicians that the hospitalized patient mortality rate here is only about 10%. Given the severity of the illness of those admitted, I estimate that half of those admitted would not survive without hospital care (no survival of ICU patients without needed ICU care). This would increase the total deaths in the area from the 30 noted in your article to 130. By the end of a time to achieve “herd immunity” at 60% of the population infected, that would be 12 times that or 1,560 people. We have had patients in our region, from various age groups, who have recovered enough to be discharged home from the hospital, but who have continued to require oxygen therapy for months afterward. The long-term

consequences of COVID-19 are only beginning to be seen and understood.

From a medical economic perspective, care for patients is modeled based on QALYs (Quality Adjusted Life Years). These are defined as the amount that this country has decided it is willing to pay for an additional year of an individual's life. There is debate but the number is at least \$100,000 per QALY (many currently accepted treatments for genetic diseases and cancers are significantly above this). If one says that the average age of death of an individual who dies with COVID-19 is 10 years younger than the age of death would have been and 2 Million people die (330 M population X 60% infected before herd immunity is attained X 1% death rate), then the economic modeling suggests \$100,000 X 10 years X 2 million people = \$2 Trillion just in the deaths, not including the morbidity suffered by those who survive.

Meanwhile, the care of patients with the types of conditions we routinely care for has been affected by the changes required by COVID-19 and there will be an unknown number of deaths from that care delay. In addition, there have been emotional health impacts. Our visitor policy has been severely restricted and this affects many people negatively, but is necessary in order to prevent the spread of COVID-19 within our facilities, which would

be unacceptable. We have also had to send critically ill or injured patients to other hospitals because we have been too full, which is a disservice to people from our region who need care.

So, while the numbers are somewhat uncertain and reasonable people may disagree about them, we do know that they are high here. We know that people are suffering, and some are dying, and that they cannot have visitors like they would in normal times. We know that our hospitals have been too full, that our health care workers are being overwhelmed, and that this is affecting people with other conditions.

So, what can we do about all of this? Continue to wear a mask when you are in a public place. Take physical distancing recommendations seriously. Do not congregate closely with people, especially for more than a minute or two. Please do these things to protect yourself, but at least do them to protect others around you, and to protect our health care and other “essential workers”. Also remember that the more quickly and completely we get this under control, the sooner we will be able to do get back to many of the things we miss, such as resumption of schools, religious gatherings, in-person services and social events.

## Critical look at Covid

I read with interest Dr. Pete Rutherford's Response to Taking a Critical Look at Covid published in the Sept. 23 issue of the Echo (see above article). It was very well written and presented a thoughtful and informative picture of his opinions regarding the situation. As the CEO at Confluence Health, he is right in the middle of the health care industry's handling of this problem in our region.

His article raised several questions in my mind that I hope he can address in a follow up. First he reiterates the fact that there have been 6,426 confirmed cases in the four county region served by Confluence. This is about 2.5% of the population of that region. Then applying the re-

sults of some studies done on the antibody testing done in other regions, he concluded that we can estimate about 5% of the region's residents have been infected thus far. He then states that this is far from the 60 to 70% infection level needed in our region to reach the “herd” immunity level; the target for which we are shooting. My question is this: How can we reach this target level when everything we are doing with the lockdown is to prevent the incidences of new cases? Is the goal to hold the new case factor at a minimum until we can develop effective vaccines? If so, it means that we will be in one phase or another of this lockdown for many months to come. The news items about vac-

cines indicate we cannot likely expect to get one or more vaccines through the testing and approval process until at least November and more likely January 2021. After that comes manufacture, then distribution, then trying to convince enough people that the vaccines offered are effective and safe. Following that we will then need studies to see how many people have the antibodies in total. In my mind I don't see this happening in less than six months. This means we will be in some sort of lockdown until at least the middle of 2021. What am I missing here? If my assumptions are correct, we will have many more lives destroyed between now and then as more people lose

their jobs, more businesses fold because they cannot operate at profitable level and state and local governments try to deal with their expanding deficits. Economic pain is not as visible as physical pain but it is still pain.

Dr. Rutherford also does an excellent job of setting out the impact this virus has had on the medical profession when all eyes were focused on fighting the virus as we “flattened the curve”. That was the initial objective of the lockdown and that was successful. He rightly points out the physical and emotional drain on the staff as they were faced with a large load of patients and they struggled to understand what was going on. However, to my knowledge, that was

in March and April. At this point in time, the hospitalization numbers are now quite low even as the number of cases in the region continue to build. As of September 23rd, the Wenatchee World reported that there were three people in the Covid unit, including one patient in ICU and one patient on a ventilator. The entry of more treatment drugs to the scene is also helping as we go.

Finally, I was fascinated to learn about QALYs (Quality Adjusted Life Years) and how they are being used to make treatment decisions. “QALYs” are defined by Dr. Rutherford as follows “the amount that this country has decided it is willing to pay for an additional year of an individual's life”. The number is

currently said to be at least \$100,000 per year. He then uses a life impact estimate of 10 years for patients dying of COVID. The assumption is then made that 2 million people will need to die to reach herd immunity levels, all of which calculates to a total QALY-based cost number of \$2 trillion. While I understand his calculations, the conclusion seems unreal to me. The average daily death toll in the US for the last 30 days is 850 per day. There are currently 206,560 total deaths to date in the US. To reach the 2 million level at that daily rate would take at least 2,110 days, or 5.8 years. Even Dr. Fauci believes he is confident that this will be

SEE COVID ON PAGE A4

### Don't forget to renew your subscriptions this summer!

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## October is Breast Cancer Awareness Month

### Are you a survivor?

From 1 day to many years

On Oct. 7 we will publish our feature page of survivors, in our Breast Cancer Awareness Special Section, to help encourage the newly diagnosed.

*There is life after cancer.*

For additional information please contact Ruth at 682-2213 or ruthk@lakechelanmirror.com

To be included on the feature pages, fill out the form below or pick one up at our office.

Mail your form and/or drop them off by **Wed, Sept. 30**

**LAKE CHELAN MIRROR**  
P.O. Box 249, Attn: Ruth  
310 E. Johnson Avenue  
Chelan, WA. 98816

**QUAD CITY HERALD**  
C/O P.O. Box 249, Attn: Ruth  
310 E. Johnson Avenue  
Chelan, WA. 98816

Please print information about yourself in the form below. Then submit the form, with your **PHOTO**, to Lake Chelan Mirror or Quad City Herald.

NAME: \_\_\_\_\_

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TELEPHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DAYS, MONTHS, YEARS AS A SURVIVOR: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

INTEREST/HOBBY: (LIST YOUR FAVORITE) \_\_\_\_\_

I HAVE APPROVED BY SIGNATURE TO HAVE THIS INFORMATION PUBLISHED ON THE ABOVE DESCRIBED FEATURE PAGE MADE BY NCW MEDIA, INC. - THE LAKE CHELAN MIRROR & QUAD CITY HERALD.

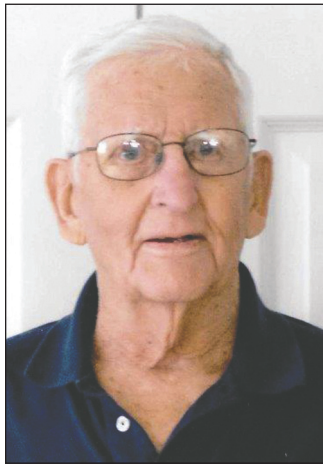
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Please submit this form by **Wed., Sept. 30**  
Submit your photo to ruthk@lakechelanmirror.com



OBITUARIES

Leo John (Jack) Mack



Leo John (Jack) Mack passed away peacefully on Sept. 18, 2020, at the age of 94 after struggling with dementia. Jack is survived by his daughters Cheryl (Joel) Jordan, Sherry (Jim) Broemmeling, sons Michael (Debbie) Mack, John (Crista) Mack, Kyle Montgomery, Bill Mont-

gomery, brother Bob (Leona) Mack, 13 grandchildren and 15 great-grandchildren. He was preceded in death by his wife Jo Ellen (Jody) Mack in Oct. of 2018, and his sister and brother-in-law Margie and Dave Leslie. Jack was born in Molson, Washington to Lester John (Bub) and Pearl Eva (Hirst) Mack on Dec. 11, 1925. He attended school at Chesaw and Molson and joined the U.S. Navy when he was 17. He

served in the U.S. Navy from 1943-1946 in the Asiatic and Pacific Theaters. He moved to Coulee Dam, Washington where he worked for the Bureau of Reclamation and met his first wife, Bertha Maki, who preceded him in death in May of 1961. Jack and his children moved to Dutch John, Utah where he worked at Flaming Gorge Dam where he met and married Jody in August 1966. He left the Bureau of Reclamation in 1967

and with Jody and her kids they moved to Chelan, Washington where he worked for Douglas County PUD until he retired in 1986. Jack belonged to the VFW, Lake Chelan Eagles, American Legion, Lake Chelan Sportsman's Club and the NRA. He loved to hunt and fish and help his family with construction projects. He knew how to do everything! He loved spending time with his grand and great-grand-

kids. Jack was a very loving and kind man and he is greatly missed. Donations may be made to a charity of your choice. A graveside service will be held at Chelan Fraternal Cemetery on Saturday, October 3, at 11 a.m., with special military honors. Please leave any thoughts and memories for the family at [www.prechtrose.com](http://www.prechtrose.com). Services are entrusted to Precht Rose Chapel of Chelan.

Jerry Allen Garton

A Celebration of Life for Jerry Allen Garton, 62, a lifelong resident of Chelan, Washington - will be held October 3, at 3 p.m., at Chelan Riverwalk Park, 117 E. Wapato Ave, Chelan, around the flagpole. Please be willing to share memories of Jerry. He was very concerned about his loved ones and the Covid-19 virus, especially his mother, Angie Garton Estes, who is 89. Honoring his concerns, we ask you to practice social distancing. Bring your own chair if you wish to sit down.

LETTER TO THE EDITOR

What happened to 'Star Rock'?

Dear Editor, I remember as a child, a large black rock that resided on the hill just south of the hospital, above the east end of Nixon or Allen streets, on

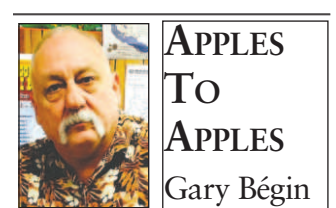
top of what we used to refer to as "Suicide Hill". As I remember, the rock was about six or seven feet tall and had enough room at the top for a couple of grade schoolers to sit on top and look back to the west toward the lake. The local folklore back then (1970-ish), was that it was part of a

meteor that made it to earth, which I'm sure is why it was referred to as "Star Rock". As I remember you could easily see it from downtown as it was tall enough to stand out of the skyline of the hill. I was in town 2 years ago and noticed that the rock was no longer on it's perch on the hilltop. I

asked a friend who also grew up there and he didn't know what had happened to it. I just wondered if anyone knew what ever became of, what to us, was, a landmark of our childhood. Tim Rines Ontario, Oregon

'Lunchpail' Joe's agenda will be co-opted by far left 'free-for-all'

If "Lunchpail" Joe Biden gets elected as President come November, make no mistake, he will immediately start pandering to the left wingers in the Democrat Party. Maybe pandering is just the start. I predict his agenda will be completely co-opted by a California socialist, Speaker of the House Nancy Pelosi, as well as an east coast communist, Alexandria Ocasio-Cortez, aka AOC. She is the United States Representative from New York's 14th Congressional District. Both Democrats are beholden to free healthcare for all, free college for all and God only knows free "fill in the blank" for all. Literally, the four years of Biden will, in fact, become a "free for all." That translates into chaos. The pleasant demeanor most



of us see in a placid Joe Biden will be replaced by a portrait of evil. The hateful face of those who demand everything for free, give nothing in return and cry when they don't get their way. Sadly speaking, their cries are often violent and therefore cannot be tolerated. When the official White House photos are taken, Biden will appear in full regalia as Lucifer with trident-styled pitchfork, goatie and horns, sporting a red satin jacket as if he were going trick or treating. The "tricks" part will be standing on a soapbox behind

him in the guise of AOC sporting a Goth outfit. Her job is to constantly overshadow the new "Meany Joe." Emblazoned on her soapbox will be "Queen of the East Coast Kooks." In front of Biden in a claw-footed, mahogany castle-type chair with a dragon-motif will be "Queen of the Left Coast Kooks," aka Madame Speaker, treating us all to the new Socialist States of America. This trio will form the new Axis of Evil - Domestic Division. A triumvirate to be feared, an unholy trinity in charge of a fiesta making the Dia de Muertos pale in comparison. Moderates and Conservatives can kiss their rights goodbye unless, like the former nice-guy Joe, you are ready to pay fealty to the demands of this winner take all regime, only to give it

all away. Illegal immigrant? - no such thing. There will be open borders, free healthcare, education, bailout money and, what the heck - as Oprah would say - "you get a car and you get a car and you get a car!" When you give a child candy, they never ask, "how was this paid for?" When you stop giving the candy, the child only knows you are being mean. If those of us who are truly moderates and Conservatives actually mean to stop the far left from taking the reins of a once beautiful American Dream, the candy-giving must stop until the chores of freedom are done. Ah yes, the vaunted Chores of Freedom! For that I offer a compromise to the left: Able bodied men or women crossing the Southern border must either join the military, become

firemen or cops or perform 8,000 hours of some type of community service (about 4 years at 40 hours per week per 50 weeks) and then they become citizens, but only after all the other Green Card holders are sworn in. As far as the born in the U.S.A. radicals, let them pay for their "free college" by only taking STEM courses. Science, Technology, Engineering and Math is what America needs to bring us to the same parity as other modern nations. Want a free car? Get your Master's Degree in STEM. Want free healthcare? Become a doctor or get your PhD. If you want to major in the arts, then you'll need a lot of salt to swallow that canvas. Only kidding, they make yummy organic paints nowadays. Want equal rights in every-

thing you do on an everyday basis? Earn it. Freedom was never free. We all know getting something for free usually means it is not cherished and truly valued for its inherent goodness. No American should ever go hungry or homeless either, that tells me every "defund the police" protestor should befriend a homeless family and invite them home for the holidays. This must happen if they expect the police to go back to actually enforcing the law by keeping streets safe for the law abiding among us instead of confronting loonies trying to kill them. Gary Bégin's opinion is his alone and does not represent the ownership of NCW Media. "On the record" comments can be emailed to: [gary@ncwmedia.net](mailto:gary@ncwmedia.net).

**COVID**  
CONTINUED FROM PAGE A4  
over by the spring of 2023. Most estimates I have seen indicate a total of less than 300,000 deaths. Based on total deaths of 300,000, the QALY-based cost total is \$300 billion; not \$2 trillion. Regardless, the real economic cost appears to be far more than either of these

amounts. A June 2, 2020 Forbes article states that a recent CBO report on the subject indicated that the pandemic's impact on the US economy is estimated at \$7.9 trillion in real economic output, or \$16 trillion over the next 10 years. Using the 2 million lives estimated by Dr. Rutherford for herd immunity as the potential number of lives that might have been lost without ac-

tion, the 7.9 trillion "cost" of these actions relating back to each "quality adjusted life year" saved or served as a patient is about \$400,000 per life year. That is four times the \$100,000 annual threshold mentioned in Dr. Rutherford's letter. The 10 year cost is double that, or \$800,000 per life year. Stated another way, it is \$4 million and \$8 million respectively for each life saved or serviced.

At the very least these numbers should make one stop and wonder if the lockdown approach has been the best one we might have taken. There are more than money factors involved when making decisions about saving lives but it is a very big factor as evidenced by the fact that the medical profession uses QALY data when making all kinds of treatment decisions already, i.e.,

cancer treatment, surgeries, etc. We may get the virus under control in another year or two but we will be coping with the economic and emotional fallout of all of this on our lives for far longer as schools, businesses, state and local governments, and just plain folks get themselves sorted out. I believe our leaders made what they thought were the

right decisions at the time based on what they knew at the time. I am not second guessing that. On the other side of this, there will be examples of countries and even states that took different approaches. We will be able to study the outcomes and, hopefully, learn from our mistakes and do a better job next time. Jon Wheeler Leavenworth

**Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.**  
*Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.*

**CHURCH GUIDE**

New to the area? On Vacation? These churches welcome you!

- CHELAN**  
**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton
- CHURCH OF THE NAZARENE**  
Sunday School 10 am  
Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
682-5135 • Sanders St. & Okanogan Ave.
- LAKE CHELAN LUTHERAN CHURCH**  
Please join us for Sunday Worship via Conference Call at 9:30 a.m. Dial 339-209-6617. Follow prompts.  
682-9063 • 216 W. Nixon Ave.
- LAKE CHELAN UNITED METHODIST CHURCH**  
Worship 10 am  
682-2241  
Corner of Johnson & Emerson
- CHELAN**  
**LIVING STONE CHURCH**  
"Gathering in our uniqueness, United in our Purpose."  
Mark Jackson, Pastor  
SUNDAY ACTIVITIES  
Gathering - 10 am  
WE GATHER at 216 N Emerson (2nd story of the Chelan Public Library)  
OUR OFFICE LOCATION  
105 N. Emerson - Suite 204, Chelan • 509-682-5953  
For more information about us, our activities and our current schedule call or visit us at [www.LSCCHELAN.ORG](http://www.LSCCHELAN.ORG) or <https://www.facebook.com/LSCChelan>
- ST. ANDREW'S EPISCOPAL CHURCH**  
Worship 10 am  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
682-2851 • [www.standrews-chelan.org](http://www.standrews-chelan.org)
- ST. FRANCIS DE SALES CATHOLIC CHURCH**  
English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm  
English Mass Sunday 9 am  
Spanish Mass Sunday Noon  
Rev. Rogelio Gutiérrez, Pastor  
682-2433 • Next to Safeway
- ENTIAT**  
**ENTIAT FRIENDS CHURCH**  
Pastor Mark McDonald  
509.784.1342  
email: [entiaffriends@nwi.net](mailto:entiaffriends@nwi.net)  
2848 Entiat River Road  
Sunday morning Bible Classes 9:45 am  
Sunday morning Worship 11 am  
Sunday morning Worship (summer months) 10 am  
Wednesday Shared Dinner 6 pm  
Wednesday Programs Adults/Youth/Children 7 pm
- MANSON**  
**MANSON UNITED METHODIST COMMUNITY CHURCH**  
Sunday Worship 10 am  
With coffee following service  
687-3311  
Green & Boetzkes  
'We are a come as you are church'
- NORTH SHORE BIBLE CHURCH**  
Sunday Worship 9:30 am  
Nursery (birth - 3 years) 9:30 am  
Kidz Church (4 years-5th Grade) 9:30 am  
687-3636 • 123 Wapato Point Parkway  
[www.northshorebc.org](http://www.northshorebc.org)  
Craig Rayment, Sr. Pastor
- BREWSTER**  
**HOPE LUTHERAN CHURCH - LCMS**  
Sunday Worship 11 am  
Holy Communion 1st, 3rd, & 5th Sunday  
Bible Study & Sunday School 10 am  
689-3106 • 1520 Sunset Drive  
Kevin Moore, Pastor

*"With men this is impossible; but with God all things are possible."*  
-Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE:  
RUTH 682-2213 • [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)



## WSU Tree Fruit Extension announces winter education

NCW - WSU Tree Fruit Extension will provide a variety of learning opportunities this fall and winter in order to continue to bring growers research-based information while maintaining your safety from Covid-19. Opportunities will include webinar series, intensive workshops, recorded trainings for pesticide credits and short mini-modules. Save the dates now and we look forward to learning with you this winter.

WSU Tree Fruit Winter Virtual Institute Webinar series, intensive workshops, recorded trainings for pesticide credits and short mini-modules.

### WEBINAR SERIES

Designed to provide information on key horticulture and pest management topics impacting your profitability in the short and long term. Sign up will be for individual 30 or 50 min webinar topics. No fee to attend.

### WSU-OSU Webinar Series

Dates: Monthly  
Contacts: Bernardita Sallato, WSU Extension, b.sallato@wsu.edu; Ashley Thompson, OSU Extension, Ashley.Thompson@oregonstate.edu; Matthew Whiting, WSU Horticulture

Tree Fruit Days Webinar Series Co-sponsors NCW Fieldmen's Association, NW Pears, NW Cherries

Dates: January 18, 19, 20, 21, and 22, 2021 at 9 a.m., 10 a.m., 1 p.m.

Contact: Tianna DuPont, WSU Extension, 509-293-8758, tianna.dupont@wsu.edu

Topics will include: Organic Mildew Management, Pear IPM, X-disease and Little Cherry Virus Management, Area-wide Codling Moth Management, Mating Disruption as a Basis for Apple IPM, New Varieties, The Labor Piece of

the Production Puzzle, Matching Rootstocks to Scions and Soils. 5 pesticide update credits available.

Registration: treefruit.wsu.edu/events (coming soon)

**INTENSIVE WORKSHOPS**  
Topic focused, audience limited, multiple piece workshops with discussions.

**Soil Health Workshop: How do We Measure and Manage Soil Health for Productive Orchards?**

Dates: November 4 and 5, 2020 at 9 a.m. to noon

This online workshop will include recorded demonstrations with live commentary and discussion sessions.

Contact: Tianna DuPont, WSU Extension, (509) 293-8758, tianna.dupont@wsu.edu

Registration: This online workshop will include recorded demonstrations with live commentary and discussion sessions. <http://treefruit.wsu.edu/event/soil-health-nov4-2/>

**Farm Financial Literacy**  
Dates: TBA Jan.-Feb. 2021

This multi-part series is designed for growers who want to seriously investigate and improve their farm financial literacy and fitness.

Contact: Karen Lewis, WSU Extension, (509) 754-2011 kmlewis@wsu.edu

Registration: treefruit.wsu.edu/events (coming soon)

**Produce Safety Grower Training Curriculum**

The PSA Grower Training Course is one way to satisfy the FSMA Produce Safety Rule requirement. Two half-day afternoon sessions online with a total of seven hours of training.

Dates: Nov. 16-17, Nov. 30-Dec. 1, Dec. 14-15, Jan. 26-27, Feb. 8-9, Feb. 22-23

Contact: Faith Critzer, WSU Food Safety (509) 786-9203 faith.critzer@wsu.edu

Registration: <http://foodsafety.wsu.edu> (coming soon)  
**INTERNET RECERTIFICATION COURSES**

Each course is \$15, requires at least 50 minutes to complete and qualifies for one recertification credit. Courses are available at <https://pep.wsu.edu/ret-recertonline/> Hundreds of courses are available. WSU Tree Fruit Extension is working on new courses for sprayer optimization, fire blight and codling moth to be available in 2021. Contact: Becky Maguire 253-445-4595 hinesre@wsu.edu or Kristi Boone at 509-335-2952 kristi.boone@wsu.edu

**MINI MODULES**  
Short videos available at treefruit.wsu.edu beginning Jan 10, 2021. Visit our library for hundreds of archived videos.

**Solid Set Canopy Deliver System: Culmination of multi-year project - WSU and MSU collaboration**

**Fire Blight Management Basics - Tianna DuPont, WSU Extension**

**Matching Rootstocks to Your Goals and Site: Case Studies - Jenny Bolivar, WSU Extension**

**X-disease and Little Cherry Virus Vector Management - Tobin Northfield, WSU Entomology\*\***

**Symptoms of X-disease and Little Cherry Virus - Scott Harper, WSU Pathology\*\***

**Crop Load in Apple - A Year-round Program - Karen Lewis, WSU Extension\*\***

**Night-time Apple Harvest - Karen Lewis - Karen Lewis, WSU Extension**

**How to Build a Soil Pit to Evaluate and Improve your Apple Orchard - Bernardita Sallato, WSU Extension**

\*\*Available in Spanish.

## Green wheat contrasts with black landscape



Mike Maltais/LCM

The rich green of sprouting winter wheat on the Kramer Ranch provides a stark contrast to the burned landscape left behind by the Cold Springs wildfire that blew through the area on Sept. 6-7.

## Winegrowers, national partners ask Congress for wildlife relief

SUBMITTED BY WASHINGTON WINEGROWERS ASSOCIATION

NCW - The Washington Winegrowers Association and nine other regional and national organizations asked Congress to extend the Wildfire and Hurricane Indemnity Program Plus [www.farmers.gov/recover/whip-plus](http://www.farmers.gov/recover/whip-plus) to help grape growers and winemakers affected by recent wildfires.

The September letter, addressed to Speaker of the House Nancy Pelosi and House Minority Leader Kevin McCarthy, asks for immediate relief and is signed by Washington Winegrowers Association Executive Director Vicky Scharlau along with the Washington, Oregon and California farm bureaus, California Association of Grape Growers, California Wine Institute, Oregon Wine Board, Oregon Winegrowers Association, Winegrape Growers of

America, and WineAmerica.

Wildfires are creating what could be the greatest natural-disaster-borne economic loss ever suffered by the wine industry in all three states, the letter stated, noting that California, Oregon, and Washington are the leading wine-producing states in the nation. On average, 7,300 wine grape growers in all three states produce a crop valued at \$4.5 billion per year.

In addition to devastating fires, the wine and grape industries contend with the damage smoke exposure may cause winegrapes. Chemical compounds in smoke can release unpleasant ash-like flavors in wine as it ages. Consequently, some wineries are reluctant to accept smoke-exposed grapes.

"Without a market, these grape growers are forced to abandon their fruit in the vineyard. In other instances, buyers have agreed to purchase

grapes at a discount but could later face unanticipated costs to test and treat wine made from smoke-exposed fruit," the letter stated, adding that without assistance from the federal government, "many of our members will confront unprecedented economic uncertainty."

The letter noted little is currently known about the full impact of smoke on grapes and growers may not realize the full extent of their losses for another year or more. "We sincerely appreciate your active leadership and continued interest in assisting wine grape growers and winemakers in overcoming the devastation caused by this year's wildfires," the letter closed. The full letter can be read here [www.wawinegrowers.org/resource/resmgr/smoke/WEST\\_COAST\\_WHIP\\_DISASTER\\_ASS.pdf](http://www.wawinegrowers.org/resource/resmgr/smoke/WEST_COAST_WHIP_DISASTER_ASS.pdf).

## Washington Winegrowers convention, trade show is now WineVit

SUBMITTED BY WASHINGTON WINEGROWERS ASSOCIATION

NCW - Featuring distinguished speakers and a 140-plus booth trade show, WineVit™ has become the premier educational and networking opportunity for the Pacific Northwest grape and wine industry to see, taste, and experience the industry's innovative approach.

Formerly known as the Winegrowers Convention & Trade Show, WineVit™ will be held March 15-18, 2021, at the Three Rivers Convention Center in Kennewick.

A new name, but WineVit™ will offer the same in-person opportunities to expand knowledge and understanding of the wine and grape issues and topics as in years past.

WineVit™ will place a special focus on the State of the Industry session after an unprecedented 2020. Oversupply coupled with a pandemic have created a host of challenges as well as opportunities.

Speakers will discuss industry trends, global supply and demand chains, and the latest research findings and future projects.

In addition, WineVit™ will look ahead to the next generation of Washington viticulture and how farming on rootstocks has impacted outcomes of other growing regions to equip attendees with the knowledge and resources needed to stay ahead of the curve.

Filtration technology will be the focus of a session and will delve deep into the use of techniques, equipment and processes for wine clarification. The session, "All Those Who Filter Are Not Lost," will include a tasting of wines filtered using different techniques.

The trade show serves as launchpad for innovative

ideas and with more than 140 exhibitors, the trade show offers an opportunity for winegrape growers, vintners, winery staff, and marketers to discover state-of-the-art equipment, cutting-edge ideas, and learn about the latest trends. The trade show is the gateway for networking, making new friends, and growing your knowledge of grape growing and wine-making.

WineVit™ is working with state, regional, and local authorities to ensure the latest

safety regulations for gatherings. Visit [www.winevit.org](http://www.winevit.org) to register or to learn more. Online registration opens this fall, with rates for students, educators and those who register early.

The Washington Winegrowers Association serves as the synergistic leader and unifying voice - through advocacy and education - for growers, vintners, partners, and policymakers.

## Nominations open for wine industry 'Distinguished Service' award

SUBMITTED BY WASHINGTON WINEGROWERS ASSOCIATION

NCW - The Rich Smith Distinguished Service award honors the legacy of an icon in the U.S. wine industry who was integral in the creation of Winegrape Growers of America, WineAmerica and the National Grape Research Alliance. The Boards of the three organizations collaborated to honor the spirit and legacy of Rich Smith. Smith, from California's Monterey wine region, was founder of Valley Farm Management, Paraiso Vineyards and Smith Family Wines. Smith,

who died in 2015, was dedicated to the wine and grape industries, earning a reputation as a leader. The award recognizes those whose contributions have benefited the American grape and grape products industries by exemplifying the qualities that set Smith apart including:

- Fostering collaboration
- Nurturing a community of grape and wine industry experts

- Addressing widespread issues or problems, in harmony, addressing issues that unite

- Working as a change agent: creating systematic, positive change through research, pub-

lic policy, consumer awareness or volunteerism

- Displaying leadership
- Demonstrating support for diversity and community

Nominations must include the nominee's background, business information related to the grape and/or wine industry, involvement in causes or groups, and accomplishments benefiting the industry.

For a nomination form: online <https://www.surveymonkey.com/r/ZW9VX3Y> or email a letter of nomination [hello@graperesearch.org](mailto:hello@graperesearch.org). Deadline is October 30. The winner will be named in early 2021.

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## THE WASHINGTON OUTDOORS REPORT

### For the love of Brown Trout

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

I didn't realize how much I missed catching brown trout until I hooked a 14-inch trout that immediately launched out of the water three feet into the air. Tough, hard fighting and beautifully colored, brown trout are a true treat to catch whether you hook them on the Jefferson River in Southwest Montana where I was catching them last week, or here in Washington State.

My love affair with brown trout started when I was attending Eastern Washington University. My roommate, Steve Ronholt, and I got permission to park on a rancher's property and hike to Rock Creek where it flowed into Rock Lake in Whitman County. Spring fishing with spinners in April often got us into 12 to 16-inch brown and rainbow trout there. Curiously enough, Steve, like me, later became an outdoors media professional, co-hosting the long running

fly-fishing television show, "Fishing with Ladin". But that, is another story.

Since our forays to Rock Lake opportunities to hook into brown trout, at least in Washington, have been limited to a few chance encounters. That's why I decided to find out where a person could still catch a brown trout in the Evergreen State, where the rivers generally yield rainbows or cutthroat trout.

The German brown trout was introduced to the United States in 1883 and to the famed Madison River, flowing from Yellowstone National Park through Montana to the Missouri River, in 1889. Checking the Washington Department of Fish and Wildlife website I found the state record is a 22-pound fish, caught by R.L. Henry out of Sullivan Lake in Pend Oreille County in 1965.

Brown trout are still found in Sullivan Lake and Rock Lake as well as a good number of other lakes around the state, a total of 75 lakes in 24 counties, though some of these stockings occurred years ago and remnant populations could be slim at best.

A list of those lakes can be found at <https://wdfw.wa.gov/species-habitats/species/salmo-trutta#locations>.

Wanting to learn more, I reached out to Chris Donley, WDFW's Regional Fish Program Manager in Spokane, to get more information about brown trout in Central and Eastern Washington. I asked him for some suggestions on where to go for bigger brown trout.

Donley replied, "In order by preference but not a definitive list would be Rock Lake, Waitts Lake and Clear Lake in Spokane County." Donley continued saying, "Pretty much any water that receives them has trophy potential. Browns are difficult to catch and tend to survive to older ages in most lakes where they are stocked." Donley says the agency, "Stocks them in lakes to provide a trophy opportunity because they can grow to such large sizes. It isn't uncommon to come across a 5 to 10-pound brown trout in lakes that are for the most part known for producing 12-inch rainbow trout."

One thing not mentioned on the WDFW website are



J. Kruse

#### Brown trout close up

the rivers or streams where one can fish for brown trout. Asked about this Donley replied, "The best streams for brown trout are the Colville River, Rock Creek and Crab Creek. Occasionally, when it has water, Wilson Creek is a sneaky little sleeper too. For the most part these are on private land and people need to seek permission (to

gain access). In addition to this, anglers should check trout stocking reports because there are some brown trout stocked in wastewater drains in Region 2 that can provide flowing water action." Region 2 encompasses Okanogan, Chelan, Douglas, Grant and Adams Counties.

Now that you have some ideas about where to look for

brown trout, rig up your fly rod or spinning rod and take a trip to a body of water that has them. You just might fall head over heels for them like I did.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

## Stevenson man to lead state Salmon Recovery Funding Board

### Long-time Salmon Recovery Advocate Phil Rockefeller Retires

OLYMPIA—The Salmon Recovery Funding Board, which awards about \$80 million biennially to projects to improve salmon habitat, will see a change in leadership.

Jeff Breckel, 70, from Stevenson, is the new chair of the funding board. Breckel has more than 20 years of experience in salmon recovery, much of it interacting with the funding board.

Before joining the board in 2016, Breckel served for 18 years as the executive director of the Lower Columbia Fish Recovery Board. While there, he led the board from its inception, through writing the first salmon recovery plan in the state on to be federally adopted, to seeing that same plan implemented. He also has served as a charter member of the Lead Entity Advisory Group, which is a collection of watershed-based recovery organizations, and

as past chair of the Council of Salmon Recovery Regional Organizations. He currently co-chairs the state Salmon Recovery Network, a partnership of diverse organizations engaged in salmon recovery in Washington.

Breckel has extensive experience in other natural resource issues. Before leading the Lower Columbia Fish Recovery Board, he served as a nuclear waste policy adviser for the Governor's Office and Washington State Department of Ecology and before that as the executive director of the Columbia River Gorge Commission, which protects the unique scenic, natural, historical and cultural features of the Columbia River Gorge.

"We are thrilled that Jeff will step into this leadership role with the board," said Kaleen Cottingham, director of the Recreation and Conservation Office, which provides support to the Salmon Recovery Funding Board. "His career has focused on bringing people with different interests together to deal with pressing environmental issues,

whether it was protection of the Columbia River Gorge, the cleanup of the Hanford nuclear reservation, salmon recovery or water supply issues for people and fish. That skill will help the board as it works through other tough issues, such as the impact of climate change on salmon."

Breckel will replace Phil Rockefeller, a long-time salmon recovery advocate who has been a member of the Salmon Recovery Funding Board since 2011 and chair since 2019.

Rockefeller, 82, from Bainbridge Island, announced his retirement from the board so he could spend more time with his family. Rockefeller is the second longest serving member in the board's 20-year history.

Rockefeller has a long and distinguished career as an advocate for the environment. He was a policy assistant to Governor John Spellman, served as a member of the state House of Representatives, and twice was elected to the state Senate. He was a recipient of the Washington Conservation Voters' Legislator of the Year.



Courtesy USDA Forest Service

Campers enjoy gathering around a warm campfire.

## Okanogan-Wenatchee National Forest Lifts Campfire Ban

SUBMITTED BY USFS

WENATCHEE - Campfire restrictions have been lifted on national forest lands in Chelan, Kittitas and Yakima and Okanogan Counties. This means that forest visitors can once again enjoy campfires in all locations where campfires are normally allowed on the Methow Valley, Tonasket, Chelan, Entiat, Wenatchee River, Cle Elum, and Naches Ranger Districts.

Normal year-round restrictions remain in effect prohibiting campfires within a half mile of some Wilderness Area lakes. Campfires are not permitted in some higher elevation locations within the Wilderness. Please call individual ranger stations for specific information about these locations.

"Shorter daylight hours, cooler temperatures and some precipitation in the Cascades prompted us to permit campfires again. Even though restrictions have been lessened, there is still a risk for wildland fires," said Acting Forest Fire Management Officer Mike Davis.

"As we begin to receive these fall storms, there is often a sense that the fire danger has passed. However, as the warmer and drier tem-

peratures return next week, it won't take long for the lighter fuels to dry out. The heavier fuels won't see good moisture recovery until we get significantly more precipitation, so we could still see increased fire activity. Please continue to be cautious," said Davis.

Forest visitors should use an established fire pit or campfire ring in campgrounds, clear flammable materials from around the pit, keep the fire small. Do not leave campfires unattended and make sure it is dead out and cold to the touch before leaving.

Remember, fire danger remains high and every precaution should be taken to insure a campfire does not become a wildfire. If you find an unattended fire or spot smoke, call 911.

Beginning Saturday morning September 26, the Industrial Fire Precaution Level (IFPL) for zone 678W dropped to a 1. For additional IFPL information see the Washington State Department of Natural Resources page: <https://fortress.wa.gov/dnr/protection/ifpl/>.

For more information, please see the forest web page or contact individual ranger district offices:

### Burn ban lifted in all areas of North Cascades National Park Service Complex

SEDRO WOOLLEY - Effective Friday, September 25, the burn ban on all lands within North Cascades National Park Service Complex was lifted. This includes all National Park Service lands and campgrounds in Stehkin, along State Route 20 and the Ross Lake area.

Campfires are allowed in designated areas only in both front country and backcountry campsites.

For more info: [www.nps.gov/noca](http://www.nps.gov/noca)

Methow Valley Ranger District, 509-996-4000

Tonasket Ranger District, 509-486-2186

Chelan Ranger District, 509-682-4900

Entiat Ranger District, 509-784-4700

Wenatchee River Ranger District, 509-548-2550

Cle Elum Ranger District, 509-852-1100

Naches Ranger District, 509-653-1401



Announce those special events with us!

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509-548-5286

CASHMERE VALLEY  
**RECORD**  
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Cashmere, WA  
509-782-3781

LAKE CHELAN  
**MIRROR**  
310 E. Johnson Ave.  
Chelan, WA  
509-682-2213

QUAD CITY  
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Brewster, WA  
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Place your ad online at [NCWMarket.com](http://NCWMarket.com) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# CLASSIFIEDS

## Administrative

### Publisher's notice

**PUBLISHER'S NOTICE**  
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

**CORRECTIONS:** NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



## Administrative

### Puzzle Solution

A	C	C	R	A	E	N	D	G	A	U	R
F	L	E	E	T	L	E	I	S	E	N	S
T	E	L	C	O	S	O	S	N	A	T	A
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P	I	E	B	O	O	R					
B	B	C	C	A	F	E	B	L	A	N	C
A	R	I	D	M	O	C	K	S	T	A	L
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T	U	R	N	S	D	U	A	L	M	I	N
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F	I	N	N	Y	K	E	A	N	E	R	D
T	R	E	E		O	R	R	T	R	E	A

2	8	7	5	6	4	1	9	3
4	3	6	8	9	1	7	5	2
5	1	9	2	3	7	4	6	8
6	5	1	9	2	8	3	7	4
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8	7	2	1	4	9	5	3	6
1	9	4	6	5	3	2	8	7
3	6	5	7	8	2	9	4	1

## Announcements

### Lost & Found

**LOST AND FOUND** can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507

Deadline is Noon on Friday

## Happy Ads

HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR CLASSIFIEDS IN THE PAPER AND ONLINE

24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

**HAPPY BIRTHDAY**  
CONGRATULATIONS!  
**WILL YOU MARRY ME?**  
**HAPPY ANNIVERSARY**  
Only \$15 for 30 days includes 3 photos

Chelan-Brewster 682-2213 or Leavenworth-Cashmere 548-5286

## Employment

### Help Wanted

**Find the Best Qualified Local Employee in our Classifieds Ads.**

Place your ad online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) It is easy, just register and pay online.

Print only? Deadline is Monday by Noon for all papers:

Lake Chelan Mirror 683-2213  
Leavenworth Echo 548-5286

Your ad will appear online and in the newspapers for one low price!

Full and Part-Time Breakfast Catering Staff The Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2 Leavenworth

Vacasa needs Runners in Chelan, Washington! Looking for our next rockstar to help create lasting vacation memories! Reliable transportation in the snow and weekend availability is a must! This role pays \$19/ hour from 6/28/20 to 9/20/20, will revert to \$15/ hour after this period; PTO, health/dental/vision insurances available based on hours worked, 401k with 6% match and other discounts! Apply online at [www.vacasa.com/careers](http://www.vacasa.com/careers) or text Vacasa 97211

Housekeeping position available part-time. Monday - Friday starting at 11 am. Located near UV Christian School Becki, 509-679-1904

See **MORE CLASSIFIEDS & PUBLIC NOTICES on Page B4**

Need to promote your event? Have you thought about [NCWMarket.com](http://NCWMarket.com) the best online promotion available

## Help Wanted

**Code Enforcement Officer for Parking and Development Services**

The City of Leavenworth, an equal opportunity employer, is accepting application for a Code Enforcement Officer for Parking and Development Services. This position is a union covered position and will be Thursday through Monday with a starting pay of \$4,631-\$5,063/ Month.

Requirements: Minimum 18 years of age and WA State driver's license with record acceptable to the City; position will require a pre-employment physical evaluation. Individual must be able to work weekends and holidays. Seeking an individual that will support and assist the City of Leavenworth with traffic control and development enforcement services. This position performs a variety of code enforcement duties with a main focus on directing vehicle and pedestrian traffic, enforcing City parking ordinances and parking related state statutes; coordinating assigned activities with other city departments and outside agencies, and performing related work as required.

Please review the full job description and application requirements on the City's website: <https://cityofleavenworth.com/employment-opportunities/>

or request information by contacting us at (509)548-5275. Due to COVID-19: phone hours 9:00 AM - 1:00 PM; office visit by appointment only.

First review of applications will be on 09/30/2020. Position will remain open until filled.



**MED/SURG RN Full-time/ Nights**

Three Rivers Hospital is in need of a Med/Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have ACLS certification within one year. Rotating days and includes some weekends.

Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

## lakechelanmirror.com and on Facebook

## Help Wanted

Full and Part-time Bedmaker, Laundry and Housekeeping

The Enzian Inn is hiring for full and part-time Housekeeping, Laundry, Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9 a.m. and end between 2- 4 p.m. daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months. Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth

## For Sale

### Antiques & Collectibles

**Get cold hard cash for your Antiques and Collectibles by placing them in our classifieds.**

Place your ad with pictures online 24/7 at [NCWMarket.com](http://NCWMarket.com) Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.

Deadline Monday at Noon for all papers:

Lake Chelan Mirror Quad City Herald 682-2213 or call Leavenworth Echo Cashmere Record 548-5286

## Furniture

**NCW Media Newspapers Cashmere**

Office furniture available. Items: 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, A wood credenza

All other items are now only \$10 cash and carry out. Call to arrange a time to examine or pick up. All items located in Cashmere. For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on [NCWMarket.com](http://NCWMarket.com)

## Garage & Yard Sale



**CLEAR SOME SPACE WITH A Fill your pockets with CASH \$\$ AD Let others know what items you are selling!**

Go online now to Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Print only? Deadline Monday at Noon for all papers

Lake Chelan Mirror Quad City Herald Call 682-2213

Leavenworth Cashmere Call 548-5286

Your ad will appear online and in the newspapers for one low price.

## Real Estate

### Homes for Sale

Leavenworth Condo with all furnishings for sale. 975 sq. ft., 1 bedroom, 1 1/2 bath plus 1 car garage. Located 1 block from Festhalle. For residential living only. HOA Rules, prevents rentals. Ideal for seniors/ retirees. Owner will be available for showing September 9-16th. Call Mary or Roy for appointment at 360-531-2154. \$340,000.

## Orchards & Farms

We have buyers for your Pear, Apple and Cherry Orchards! 509-669-4500 [information@nwi.net](mailto:information@nwi.net)

## Rentals

Room for rent in Leavenworth on bus line, all utilities plus WiFi. No pets please. \$650/ month. 509-699-9337.

Newly remodeled 1.5 Bedroom Rental in Ponderosa Estates. Prefer yearly lease, \$1,050 per month. No smokers or pets. Call 509-881-8979

## Legals

### Public Notices

**CITY OF CHELAN PUBLIC NOTICE**

Due to the City of Chelan's current Phase 1.5 status which only allows gatherings of up to five people, please note the following changes for the October 6, 2020 City Council Workshop. Councilmembers and City staff will be participating via Zoom videoconferencing. Lake Chelan Now will be broadcasting live audio of the meeting at <https://lakechelannow.com> beginning at 4:00 p.m. Council is encouraging citizens to listen from home. If you do not have internet access, please contact the City Clerk's Office at 509-682-8019 for alternate accommodations. Peri S. Gallucci, Chelan City Clerk Dated this 24th day of September, 2020. Published in the Lake Chelan Mirror September 30th, 2020. #894

**IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN In the matter of the estate of STANLEY T. ANDREWS, Deceased, And In the matter of the estate of NANCY A. ANDREWS, Deceased. NO. 20-4-00288-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030**

The personal representative named below has been appointed as personal representative of these estates. Any person having a claim against the decedents must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: September 30, 2020  
PERSONAL REPRESENTATIVE: Richard B. Zalewski  
ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr  
ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC, P.O. Box 1606 Chelan, WA 98816 509-682-4536  
Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 20-4-00288-04  
Published in the Lake Chelan Mirror September 30 and October 7 and 14, 2020 #878

Looking for a home for your Furry friend?

Try the pet section on [NCWMarket.com](http://NCWMarket.com)



Public Notices

PUBLIC NOTICE

Lake Chelan Reclamation District Invitation for Bids

Public notice is hereby given that the District has issued an "Invitation For Bids" (IFB) for the construction of a new 40'x90' Equipment Building at 3410 Wapato Lake Rd in Manson.

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

The Heirs and Devises of WISEACRES, INC, and all other claimants to tax parcel no. 26 18 33 410 200, No Number Assigned, Chelan County, Washington, legally described as That Portion of the N1/2 of N1/2 of the NE1/4 of the SE1/4 of Section 33, T26N, R18 E.W.M. lying North and West of the Centerline of Chumstick Creek, Defendants.

In the Name of The State of Washington: To the said Heirs and Devises of WISEACRES, INC, and all other claimants to Tax Parcel no. 26 18 33 410 200, No Number Assigned, Chelan County, Washington, legally described as That Portion of the N1/2 of N1/2 of the NE1/4 of the SE1/4 of Section 33, T26N, R18 E.W.M. lying North and West of the Centerline of Chumstick Creek, Chelan County, Washington Defendants:

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 8th day of September, 2020 and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff STEVEN RAYMOND, and serve a copy of your answer upon the undersigned attorney for plaintiff, CHARLES R. STEINBERG, STEINBERG LAW FIRM, P.S., 323 N. MILLER STREET, WENATCHEE, WA 98801; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. The relief requested is that STEVEN RAYMOND is awarded all right, title and interest to that Portion of the N1/2 of N1/2 of the NE1/4 of the SE1/4 of Section 33, T26N, R18 E.W.M. lying North and West of the Centerline of Chumstick Creek, Chelan County, Washington.

SIGNED THIS 24 DAY OF AUGUST, 2020 STEINBERG LAW FIRM, P.S. CHARLES R. STEINBERG, WSBA #23980 323 N MILLER STREET WENATCHEE, WA 98801 509 662 3202

Published in the Lake Chelan Mirror September 2, 9, 16, 23, 30 and October 7, 2020 #739

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In Re the Estate of: IRENE L. McCALLUM, Deceased. Cause No. 20-4-00277-04 RCW 11.40.030 PROBATE NOTICE TO CREDITORS

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced.

Date of First Publication: September 23, 2020 Personal Representative: Andrea Ann Morris Attorney for the Personal Representative: Robert S. Morse, Esq. WSBA 9627 Address for Mailing or Service: Andrea Ann Morris 2626 E. 17th St. Bremerton, WA 98310 Chelan County Superior Court cause number: 20-4-00277-04 Prepared and presented by: Robert S. Morse, Esq. Dated: September 16, 2020 Published in the Lake Chelan Mirror September 23, 30, and October 7, 2020 #853

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN Estate of ALICE J. HANSON, Deceased. NO. 20-4-00287-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice.

DATE OF FIRST PUBLICATION: September 30, 2020 PERSONAL REPRESENTATIVE: Rick A. Hanson ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC, P.O. Box 1606 Chelan, WA 98816 509-682-4536 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 20-4-00287-04 Published in the Lake Chelan Mirror September 30 and October 7 and 14, 2020 #877

Do you need a pneumonia shot?

Q: It's time for my flu shot. Can I get both my flu shot and pneumonia shot at the same time?

Yes, you CAN get them both simultaneously, but the pneumonia shot is very different from the flu shot. Flu shots must be reformulated every year, while "pneumonia" shots give lifetime protection.

Q: Why are there 2 pneumonia shots? Can I get both of them at the same time?

Although it's referred to as a "pneumonia" shot, it doesn't work to protect you against getting all types of pneumonia, just one type. The vaccine protects against a particularly nasty bacteria called pneumococcus.

The pneumococcus bacterium causes life-threatening infections in your lungs, brain, and blood, especially in infants and older people. Children younger than 2 years old and adults 65 years and older are particularly susceptible to severe infections caused by pneumococcal bacteria.

Every year, thousands of adults are hospitalized with life-threatening pneumonia caused by pneumococcal bacteria, and 18,000 adults age 65 and older will die from a pneumococcal infection. Besides pneumonia, pneumococcal bacteria can cause bacteremia, an infection of your blood, and meningitis, an infection of the lining of your brain.

According to the Centers for Disease Control and Prevention (CDC), based in Atlanta, pneumococcus is responsible for 1 out of every 5 cases of meningitis in the United States. It is the most common cause of bacterial meningitis in children under 5 years of age.

Meningitis from infection with pneumococcus is very difficult to treat. Even with antibiotics, 40% of adults over the age of 65 who contract pneumococcal meningitis will die. Those who survive meningitis are often left with permanent damage to their brain and nervous system.

The CDC's Active Bacterial Core Surveillance System documented 41,000 cases of severe pneumococcal disease with 4,900 deaths during 2006 and considers it one of the most preventable causes of death in the United States.

The pneumococcus bacterium responsible for these life-threatening infections have more than 90 different strains, called serotypes. Although there isn't a vaccine that protects you from all of them, there are 2 vaccines currently available to guard against the strains most responsible for causing severe infections.

Since Pevnar® 13 started being given routinely to infants and children, it's proved amazingly effective, decreasing the incidence



of serious pneumococcal infections by 80 percent.

There are now fewer pneumococcal infections in older adults too, as children transmit viruses and bacteria through hugs and other close contact.

Vaccinating older adults with Pevnar® 13 has NOT decreased pneumococcal infections, causing the CDC to change their recommendations.

The CDC now recommends everyone 65 years old and older receive Pneumovax® 23, but healthy adults over 65 do not need Pevnar® 13.

Q: What's the difference between the 2 pneumonia vaccines?

Pneumovax® 23 protects you against 23 different strains of pneumococcus. Many older adults have already received it. Pevnar® 13 is newer and a little stronger, with 12 of its 13 strains the same as in the other one, and one strain unique to it.

Should you get a pneumonia shot?

1. YES, if you are over 65 years old and have NEVER had a pneumococcal vaccine.

The CDC recommends everyone over 65 years old receive Pneumovax® 23, which can be given with a flu shot.

2. YES, if you have a medical condition that puts you at a higher risk of getting a severe infection.

You should get BOTH, with Pevnar® 13 given first, followed by Pneumovax® 23 one year later.

3. YES, if you received Pneumovax® 23 before age 65.

If you received your first Pneumovax® 23 shot before you were 65 years old, you would need a second one for lifetime protection. It should be given at least 5 years after your first one, and at least 1 year after getting Pevnar® 13.

4. NO, if you have already received two vaccines with Pneumovax® 23 and one with Pevnar® 13.

If you received Pneumovax® 23 at age 65 or older, you would NOT need an additional one for lifetime protection. You need just one Pevnar® 13 vaccination for lifetime protection.

5. Possibly, if you are a healthy adult at least 50 years old.

Pevnar® 13 doesn't decrease the risk of pneumococcal disease in healthy adults. Talk to your doctor about whether and when pneumococcal vaccine is best for you.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely @2020 Louise Achey

Public Notices

SUMMARY OF ORDINANCE NO. 2020-1582 of the City of Chelan, Washington

On the 22nd day of September, 2020, the City Council of the City of Chelan, Washington, passed Ordinance No. 2020-1582. A summary of the content of said Ordinance provides as follows:

AN ORDINANCE OF THE CITY OF CHELAN, WASHINGTON AMENDING PORTIONS OF TITLE 17 'ZONING' OF THE MUNICIPAL CODE RELATED TO WINERIES, COTTAGE WINERIES AND TASTING ROOMS

The full text of the Ordinance will be mailed upon request. DATED this 23rd day of September, 2020.

Peri S. Gallucci, City Clerk Published in the Lake Chelan Mirror on September 30, 2020 #881

Public Notices

CITY OF CHELAN PUBLIC NOTICE

Chelan City Council will meet in special session beginning at 4:00 p.m. on October 8, 2020. The purpose of this special meeting is to discuss the proposed Capital Improvement Plan in preparation for the 2021 Budget. Due to the City of Chelan's current Phase 1.5 status which only allows gatherings of up to five people, Councilmembers and City staff will be participating via Zoom videoconferencing. Lake Chelan Now will be broadcasting live audio of the meeting at https://lakechelannow.com beginning at 4:00 p.m. Council is encouraging citizens to listen from home. If you do not have internet access, please contact the City Clerk's Office at 509-682-8019 for alternate accommodations. Peri S. Gallucci, Chelan City Clerk Dated this 24th day of September. Published in the Lake Chelan Mirror September 30, 2020 #895

www.lakechelanmirror.com



SUDOKU PUZZLE

Sudoku puzzle grid with clues and promotional text for American Standard Walk-In Bath tubs.

CROSSWORD PUZZLE

Crossword puzzle grid with clues and a list of words to be found.

CLEAR IT OUT! Are your basement, attic, garage and closets overflowing with stuff? Get rid of the clutter by advertising your items in the Classifieds.

OMAHA STEAKS advertisement for Omaha Steaks Seasoning Packet and other products.

Place your Help Wanted and find the best qualified local employee advertisement.