Chelan County projects get boost, \$2.5 million

See page A3

129 years - 1891-2021

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YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS

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St. Pat's Top Dog Parade: March 20

CHELAN - Dress up your dogs, kids, yourself, you car or motorcycle, in green and try your hand at bringing home the "Top Dog" Award, in the Wayne Kelly Memorial Top Dog St. Patrick's Day Parade on Saturday, March 20.

Judging will be 11:30 a.m. and the parade line-up begins at 11 a.m. behind Wells Fargo Bank. The parade will start at Noon, says Pat Kelly and proceed through Historic Downtown Chelan on Woodin Avenue.

Stay socially distanced and wear your masks. The parade is sponsored by Lake Chelan Lions Club.

Chelan students to attend school 5 days a week in **Hybrid Model starting March 24**

By Barry P. DePaoli, LAKE CHELAN SCHOOL DISTRICT SUPERINTENDENT

CHELAN - Thanks to all of you for your continued support during this time. Although hard to believe, it has been almost a full year since the start of the pandemic. Students, teachers, coaches, and our entire school district staff have done a remarkable job of working through the many challenges posed by the pandemic. Suffice to say there are brighter days ahead.

Recently, the Board of Directors directed me to explore the possibility of increasing instructional time. Specifically, they were interested in looking at this from two perspectives:

Short Term: Adding Wednesday in-person to our current A.M./P.M. Hybrid Model.

Long Term: Exploring the idea of phasing in Full-time Inperson Learning.

Thanks to the support of our teachers, effective March 24, we will be adding Wednesdays to our current instruction model. Students will now be attending school five days a week in the current A.M./P.M. Model for the remainder of this school

As we continue to study and analyze the possibility of fulltime in person learning your input is an integral part of this decision. Therefore, during parent conferences, you will have the opportunity to complete a survey on this important topic. Once we have gathered the data from our survey, we will determine our next steps in this process.

Gov. Inslee announces statewide move to Phase 3 of recovery plan

Return to spectator events, Phase 1B, Tier 2 vaccine eligibility

OLYMPIA - Gov. Jay Inslee on March 11 announced that Healthy Washington: Roadmap to Recovery will be transitioning from a regional approach to a county-by-county evaluation process. The governor also announced a new third phase of the Roadmap and a return for in-person spectators for professional and high school sports.

Effective March 22, the entire state will enter Phase 3.

"Because of the progress we've made by decreasing our case rates and hospitalizations, as well as our tremendous efforts to get more people vaccinated, our reopening plan is once again based on counties, not regions," Inslee said during a press conference Thursday. "We are excited to take this step and we will keep evaluating our progress, and the impacts of these changes, to determine how and when we reopen further."

Additionally, the governor announced that starting Wednes-

SEE PHASE 3 ON PAGE A2

Lake Chelan Valley Events, **Meetings**

Chelan Fire & Rescue: March 17

CHELAN - The Chelan Fire & Rescue board of commissioners will meet on Wednesday, March 17, at 3 p.m. via Zoom. The public is welcome to join them. They meet the third Wednesday of the month. Go to chelan.7.com for information.

Entiat School Board: March 18

ENTIAT - The Entiat School Board will meet on Thursday, March 18 at 7 p.m. They meet the third Thursday of the month. For information: entiatschool.org

Lake Chelan Lions Club: March 18

CHELAN - The Lake Chelan Lions Club meets every Thursday at noon. Call Steve Shumway at 360-239-3322 for location or if you are interested in joining.

SEE **EVENTS** ON PAGE A2

Lake Chelan Health: Trials & Tribulations

By Gary Bégin, Managing Editor

CHELAN - Former Chelan mayor and former owner of KOZI Radio, Jerry Isenhart, will not run for the Lake Chelan Health (LCH) commissioner opening due to Phyllis Gleasman's resignation, according to Isenhart himself. Nor will he throw his name in the ring to be appointed, Isenhart said in an exclusive Lake Chelan Mirror interview.

He had previously competed against Gleasman in a prior Board race.

Whomever the Board chooses from among those interested, that person will serve only until the end of the year and then be replaced by the person who wins Gleasman's position in the November election

There are



Interim Lake Chelan Health **Chairman Mary Murphy**

Courtesy photo.

now three of five board positions on the ballot this fall: Fred Miller, Mary Murphy and Phyllis Gleasman.

Murphy has been named as Gleasman's replacement as Chair of the board.

The Lake Chelan Mirror reached out to Murphy

for comment. Murphy, in a late Friday email, responded, "Thank you for reaching out. As Acting Chair I have the (temporary) privilege to work with George and his team to prepare for the upcoming Board meetings on March 15 (Special Meeting) and March 23 (regular Board meeting)."

Murphy continued, "On March 23 the Board will conduct an election to fill the Board Chair position, according to our Governing Board Bylaws. And then the Board

SEE TRIALS ON PAGE A2

Blue Ribbon Campaign kicks off in Manson

By Norm Manly, Community Volunteer

MANSON - March 3 marked the start of the Blue Ribbon Campaign (the blue represents the color of scrubs) in Manson, an opportunity for the community of Manson to say "Thank You" to all the men and women that have given so much during the current pandemic. This is part of a community wide effort to show support for health care workers in North Central Washington.

Debbie Conwell, Manson Chamber of Commerce Executive Director and Manson Apple Blossom royalty featuring Queen Bryanna Harris, Princess Allison Adame and Princess Madison Alejo used blue ribbon and bows to decorate downtown Manson.

"We are very happy to support the Blue Ribbon Campaign as we are so thankful for the efforts of these great men and women in the health care field," Debbie stated.

"We are truly blessed that doctors, nurses, EMT personnel and others in health care are so brave and willing to take risk during these dangerous times, they are our heroes, said Queen Harris speaking for the Manson royalty.

"We encourage everyone in our community to tie a blue ribbon around trees at your home, your mailbox, place of



Queen Bryanna Harris (center), along with Princesses Allison Adame (left) and Madison Alejo (right), recently decorated downtown Manson with blue ribbons, as part of the Blue Ribbon Campaign honoring health care workers in North Central Washington.

work, your car antenna and

town blue with a display of our men and women," Debbie concluded.

At 12:36 p.m. on March 10, crews from Chelan Fire & Rescue were dispatched to a reported structure fire with extension into the brush at 16005 South Lakeshore Road. Crews arrived on scene at 12:55 p.m. to find a 12' x 12' metal shed, housing a tractor and jeep, fully involved with fire spread into approximately 1 1/2 acres of brush on the north slope of the property. Crews from Chelan Fire & Rescue along with Chelan County Fire District #8 (Entiat) were able to quickly control the fire spread by 2 p.m. and had completed mop up of the fire by 3:20 p.m. Cause of the fire is undetermined, but is believed to have been started by one of the vehicles in the shed. There were no reported injuries or fire loss estimate. Chelan Fire & Rescue would like to remind the public that we are already seeing an early start for our wildfire season and encourage everyone to be proactive in making your property Firewise Safe. For more information on how they can help you, please call 509-682-4476 or visit their website: chelan7.org.

More photos at lakechelanmirror.com

Courtesy Chelan Fire & Rescue





During this difficult time support your neighbors

Most local businesses offer curbside service or delivery



INSIDE THIS WEEK

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...... A4 Classifieds, Puzzles B3-4

Safeway

P.O. Box 249 Chelan, WA 98816-0249 509-682-2213 www.lakechelanmirror.com

LETTERS TO THE EDITOR

Johnson & Johnson COVID-19 vaccine: A moral concern

Presently there are three vaccines for Covid-19 that have been approved in the USA for use.

1. Pfizer vaccine, 2. Moderna vaccine. 3. Johnson & Johnson vaccine.

The Pfizer and Moderna vaccines used no aborted baby cells in the testing of production of their vaccine and require two shots.

Johnson & Johnson used aborted baby cells, both in testing and production of their vaccine and requires only one shot.

The moral concerns and decisions are up to you.

Thank you, Al and Judy Bosco Omak

Thank for P.U.D. for keeping the lights on

As the Texans shiver in darkness and angst over their state power grid leaving them in dire straits, I know my Christian friend's thoughts and prayers go out to them. Some would say we're lucky to have our Chelan County P.U.D. and good firm power from our dams, but luck had nothing to do with it. The forefathers of our Chelan County P.U.D. did due diligence in planning for our future electrical needs. When outages happen, the line crews and staff at the Chelan County P.U.D.

You may thank a veteran for his or her service, or not talk about the American farmer with your mouth full, but a good word to our P.U.D. people for keeping the lights on our property to get there. Another couldn't hurt.

Joe Bissonnette Cashmere

Snowmobilers a problem

We always enjoy the Echo and the opinion page of February 14, 2021 on problems with snowmobilers and the rules and rights of public property which we had to deal with.

We live west of Plain, Washington near 200 miles of snowmobile trails and had the engines cross problem that needs to be addressed are neighbors who open throttle their snowmobile engines to blast out old oil from valves for 15 minutes while we have to stay in our home to avoid the intense emissions and noise. Another neighbor also allows their 8 year old grandchild to run up and down around their yard on a large ATV for hours. Again smell, noise, and dust. Their property rights go up our nose and into our ear drums.

Sincerely, The Willets, the Non-Motorheads Lake Wenatchee

TRIALS

CONTINUED FROM PAGE A1

will approve assignments to fill Board member vacancies on Committees. We will likely

CORRECTION



George T. Rohrich is a resident of Chelan. He is completing his MA in Peace and Conflict studies. When not working he can be found backpacking in the wilderness of the PNW or enjoying a local wine. He is the son of George Rohrich, the CEO of Lake Chelan Health, whose photo inadvertently ran last week.

revisit Committee assignments in a few months, after the Board appoints a new Commissioner. '

Murphy also said all Board members are encouraged to serve on a Board Committee.

"I am very grateful to our Board, and George and his team for collaborating so capably to keep our Lake Chelan Health priority activities moving for-

Especially in an extraordinarily challenging time for hospitals and health care workers," she concluded.

The Board will appoint someone to fill the seat for the remainder of this year.

Per statute, the term of a hospital district commissioner can start January 1 after the election. The term is for six

years. This is true except when a district is first established, at which time the initial commissioners serve staggered terms of two, four, and six years.

However, when the election is to a position held by someone appointed to that position to fill a vacancy, the term begins as soon as the election results are certified and the oath of office is taken.

A news release issued two weeks ago by Lake Chelan Health stated, "Lake Chelan Health Commissioner Phyllis Gleasman has resigned from her position. The Commissioners and Lake Chelan Health are deeply appreciative of her years of service, dedication, and leadership."

Gleasman was on the board for more than a decade.

According to one reliable source, Gleasman was involved in a "heated" argument during the last Executive Session of the Lake Chelan Health Board of Commissioners and resigned on the spot.

The Lake Chelan Mirror had previously requested a "reason why" for the resignation from LCH and Gleasman, but has not received any reason by press deadline. Although Gleasman's written resignation does not state why she abruptly quit her post, some "in the know" stated it was a matter of Gleasman pushing forward the groundbreaking for the new hospital past April 1. The rest of the Board did not agree to the extension.

It was said of Gleasman that she didn't think the new hospital project was ready for a groundbreaking yet, according to a reliable source in the Chelan community.

Despite that, the Board's statement on her leaving, lauded her for previous efforts getting a levy to pass for that new hospital.

"Gleason was a tireless champion for the replacement hospital," concluded the Board statement.

The new appointee will be paid per "Commissioner Compensation Salary By statute," as delineated in the Association of Washington Public Hospital Districts (AWPHD) manual.

"Since July 1, 2018, the rate is \$128 per day up to an annual compensation limit of \$12,288. Hospital districts should strictly follow the statutory requirements and appropriately document the days for which commissioners are entitled to compensation," states the handbook.

The AWPHD manual also states, "a commissioner may, by written waiver filed with the district, forego any or all compensation as to any month, prior to the date on which the compensation would otherwise have been

As of the writing of this report, persons interested in taking Gleasman's place have not been publicly identified.

Managing Editor Gary Bégin can be emailed (On the record) at Gary@ncwmedia.

Financial advisor moves to new office

SUBMITTED BY JO GROOMS, EDWARD JONES

CHELAN - Kim Dunbar announced recently that she has moved her Edward Jones office in Chelan to 410 E. Woodin Avenue.

Dunbar has worked with Edward Jones for three years and now serves investors in the Chelan Valley.

"I look forward to continuing to help clients here in the Chelan Valley prepare for and reach the goals they've set for themselves and their families," Dunbar said. "Now, it will simply be from a new location."

Kim and Branch Office Administrator Jo Grooms can be reached at 682-7014. You may also visit Kim Dunbar's

website at www.edwardjones.com/kim-dunbar.

Edward Jones, a Fortune 500 company headquartered in St. Louis, provides financial services in the U.S. and, through its affiliate, in Canada. Every aspect of the firm's business, from the investments offered to the location of branch offices, caters to individual investors. The firm's 19,000-plus financial advisors serve more than 7 million clients with a total of \$1.5 trillion in client assets under care. Visit edwardjones.com or the recruiting website at careers.edwardjones.com. Member SIPC.

RIGHT: Kim Dunbar



PHASE 3

CONTINUED FROM PAGE A1

day, March 17, everyone in Phase 1B, Tier 2 will be eligible for their COVID vaccine. This includes workers in agriculture, food processing, grocery stores, public transit, firefighters and law enforcement, among others. Phase 1B, Tier 2 also includes people over the age of 16 who are

pregnant or have a disability that puts them at high-risk. Metrics

Under the updated plan, counties will be individually evaluated every three weeks. The evaluations will occur on Mondays with any possible

changes taking effect Fri-

day, with the first evaluation

scheduled for April 12. In addition to being individually evaluated, large and small counties will have different sets of criteria. If any county fails one or more of the metrics below, that county will move down one Phase in the Heathy Washington plan.

For large counties to remain in Phase 3, defined as counties with more than 50,000 residents, they must keep a 14-day average of new COVID cases at or below 200 per 100,000 residents, and a seven-day average of new hospitalizations per 100,000 at five or fewer.

Smaller counties, those with populations of 50,000 or less, must maintain a 14-day average of new cases at 30 or fewer, and a new seven-day hospitalization average at three or fewer. If at any point the statewide

ICU capacity reaches greater than 90%, all counties will move down one Phase. The Department of Health always maintains the ability to move a county forward or backward at their discretion.

"We know there is enthusiasm around opening of schools and businesses and that advancing to Phase 3 is welcome news to many

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Fehrenbach, Deputy Secretary for the Department of Health's COVID-19 response. "We want to keep going forward together out of the pandemic, and our success hinges upon wearing masks, washing our hands, watching our distance, keeping social circles small — and of course, getting vaccinated when it's our turn. These are the things that will help us suppress COVID-19, which is the key to our continued forward progress towards

Washingtonians," said Lacy spectators at events for the

Phase 3

Sports guidance will change in Phase 3 to allow in-person

GENERAC

first time in a year. Spectators will be allowed to attend outdoor venues with permanent seating with capacity capped at 25%. The change affects both professional and high school sports, as well as motorsports, rodeos, and other outdoor spectator events. Social distancing and facial covering are still required. The new phase also allows

for up to 400 people maximum to attend outdoor activities, as well as events in indoor facilities — so long as 400 people does not exceed 50% capacity for the location, and physical distancing and masking protocols are enforced. Larger venue events are capped at 25% occupancy, or up to 9,000 people, whichever is less, and must follow spectator guidelines.

Additionally, Phase 3 will allow up to 50% occupancy or 400 people maximum, whichever is lower, for all indoor spaces. This applies to all industries and indoor activities currently allowed; restaurants, gyms and fitness centers and movie theaters, among others, may all increase their capacity.

"Some of the hardest hit businesses in Washington will be able to return to 50% capacity as we continue on the road to recovery," Inslee said. "On March 22, we make one more step to beating this virus and rejuvenating our economy."

A full list of industry-level changes for the new phase will be released this week.

Lake Chelan Mirror



LAKE CHELAN

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Letters policy

GENERAC

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank vou letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworth.com

News Tips

Have an idea for a story? Call the Mirror at 682-2213

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 682-2213. We will publish a correction in the next

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Free chipping event, deadline to register April 15

CHELAN COUNTY - Firewise Communities in Chelan County can take advantage of a free chipping event, that is free to Chelan County residents. This event is co-sponsored by Cascadia Conservation District, Washington State Dept. of Natural Resources and Firewise Communities.

Stacking piles for Chipping:

· When stacking the debris, please place all the stems of trees and brush pointing in the same direction with the cut ends toward the road. This makes the

pile easier to pull apart to feed the chipper.

- Maximum pile height is 5
- · Individual cut pieces must not be thicker than 8" in diam-
- Stack similar sized items together in piles. Please pile items by hand.
- Debris should not be blocking any traffic.
- · Chipping will occur in mid to late May.

Please track your hours pre-

paring for the chipping crew. Proof of landowner contribution is required for this program. Record your time raking, pruning, thinning trees, and other activities to make your home better prepared for wildfire.

Register by April 15 at: bit. ly/2NpALJP (or via the link at www.cascadiacd.org)

For questions or additional information contact Amanda Newell with Cascadia Conservation District at (509) 436-1601 or amandan@cascadiacd.org





Courtesy Cascadia Conservation District

LEFT: What is allowed: Trees and limbs up to 8" diameter trimmings & brush. RIGHT: Not allowed: noxious weeds, sod, animal waste, garbage, plastic bags, root balls, pine needles,

Chelan County projects get boost

\$2.5M: 'Cascade Fund' grants rural growth money

GARY BÉGIN, NCW MEDIA Managing Editor

WENATCHEE - The Board of Chelan County Commissioners last week approved the Cascade Public Infrastructure Fund (CPIF), a grant program for public facility projects serving economic development, unanimously.

Because these funds can only be spent for public facility projects, eligible applicants will be entities like city governments, the Chelan-Douglas Port Authority, water districts, and other junior taxing districts that can demonstrate a nexus between their proposed project and economic development.

"Public facilities" includes bridges, roads, water, sewer, and other utility systems, port facilities, and more, according to strict interpretation of the rural counties tax laws.

The grant program does not impose a new tax on Chelan County citizens, but instead will be funded by existing revenues from the sales and use tax for public facilities in rural counties (Rural Counties Tax) which is a .09 percent remittance on the state's sales tax.



Blake Baldwin

Over the next three years. the CPIF plans to invest nearly \$2.5 million into economic development projects in Chelan County.

"The CPIF grant program will be a critical resource in local economic development to grow the private sector in order to incentivize and attract new businesses to Chelan County, while at the same retain and expand current businesses," said Blake Baldwin, Director of Economic Development for Chelan County. "The county is eager to make investments that will strengthen our economy



Kevin Overbay

and create family wage jobs and opportunities available to county residents.'

Baldwin spoke exclusively with NCW Media and added the following to his original news release:

"Public investment in these utilities is critical to economic development to help ensure a project site is equipped with infrastructure that will not only incentivize new industry to relocate to Chelan County, but will also help expand and grow existing businesses.

The CPIF Advisory Committee will be looking at several priorities to evaluate, score, and rank projects, including: How many jobs the project will attract to Chelan County,

Also included and highly prized as part of the incentive package are projects that significantly increase county revenues, such as sales tax, property tax, and personal property tax.

"The increase in revenue benefits local governments and junior taxing districts, which in turn helps ease the tax burden upon Chelan County citizens" will be a major criteria in the selection process, according to Baldwin.

How the project will improve the quality of life for Chelan County citizens as well as how projects can demonstrate a partnership between the applicant and another public entity and/or private sector business or organization

This often means the project has secured matching funds which helps stretch the CPIF grant program further allowing for more public investment in economic development.

The Chelan County Board of Commissioners will assemble the CPIF Advisory will also be a major consideration, according

A committee to help guide and inform the decision-making process for these public investments will be formed consisting of eleven members and the county, and will begin extending invitations to "desired participants."

Desired participants include representatives from city governments in Chelan County, community councils, the Hispanic Business Council, and the Chelan Douglas Regional Port Authority. These entities will be asked to send project details.

The committee will review, score, and rank all applications and submit their recommendations to the Chelan County Board of Commissioners for final decision making.

Chelan County will be accepting CPIF grant applications from March 29 to May 7 and awards will be announced in early June. Applications will be available at co.chelan.wa.us.

To receive a CPIF grant, the applicant must be a public entity and the public facility project must meet the definitions described in RCW 82.14.370. Furthermore, the project must be listed or referenced in the economic development element of

the Chelan County Comprehensive Plan, or the comprehensive plan of a city or town located within the county.

"We look forward to bringing our local government and community partners together to advise and inform the commission's CPIF investments in Chelan County," said Chelan County Commissioner Kevin Overbay.

"The county plans to work with our public sector partners to prioritize investments that will increase county revenues, in turn helping to ease the tax burden to county citizens," Overbay concluded.

NCW Media reached out to Baldwin for more details regarding specific projects that might be receiving consideration from the project-ranking committee. He said the list will be revealed after the application filing deadline.

Be sure to continue reading NCW Media publications for the latest on this important fiscal "shot in the arm" for county projects.

Managing Editor Gary Bégin can be emailed: Gary@ NCWMedia.net. Comments may be reprinted as Letters to the Editor.

EVENTS

CONTINUED FROM PAGE A1

'What's Up Vet!' - Informational Zoom meetings: March 18, 23, 25

NCW - All Chelan and Douglas County veterans are invited to attend the new "What's Up Vet!" informational meetings via Zoom. Every Tuesday and Thursday from 2-4 p.m. Open to vets, spouses, dependents and anyone with questions regarding veteran benefits and resources. Go to: us02web. zoomaus with Zoom platform meeting id: 863 5856 4972. Call 509-664-6801 (Chelan County Veteran Service Office) or 509-683-3605 (DCVSO) for more information. Sponsored by CCVSO, DCVSO, Wenatchee Valley College and the Washington State Veteran Corps Navigation project.

Food Bank food distribution: March 20, 23

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street.

Chelan County Commissioners: March 22-23

WENATCHEE - The Chelan County Commissioners meet every Monday and Tuesday beginning at 9 a.m. (except legal holidays). Currently, due to COVID-19, meetings are being held via Zoom Video Conference until further notice. For meeting agenda and Zoom meeting info: co.chelan.wa.us/ files/board-of-commissioners/documents/Agenda.pdf

Lake Chelan Rotary: March 23 Lunch Program: Kari Peterson, GEAR UP

CHELAN/MANSON - Lake Chelan Rotary holds their weekly meeting every Tuesday at noon via Zoom at: https:// us02web.zoom.us/j/9588160732. For more info: www.lakechel-

City of Chelan Council: March 23

CHELAN - The Chelan City Council and Lake Chelan Airport Board will meet on Tuesday, March 23, beginning at 6 p.m., both via video conferencing. Council is encouraging citizens to listen from home. For more information:

Lake Chelan School District: March 23

CHELAN - The Lake Chelan School District board of directors will meet at 6 p.m. on March 23. This meeting will be available to the Board of Directors and community members via video conferencing. If you would like to attend this meeting via phone or computer, please contact Georgia Mashayekh prior to 2 p.m. on Tuesday, March 23, to learn how to connect. Because of the format of the meeting, public comments and questions for the school board must be submitted to Georgia Mashayekh before 2 p.m. on Tuesday, March 23.

City of Entiat Council: March 23

ENTIAT - The Entiat City Council will meet on March 23 at 7 p.m. For more information: entiatwa.us or 784-1500

Chelan Douglas Regional

 $Port\ Authority: \textbf{\textit{March 23}} \\ \text{EAST WENATCHEE - The Chelan Douglas Regional Port}$ Authority Board of Directors meet on the second and fourth Tuesday of each month at 9 a.m. Currently, due to COVID-19,

meetings are being held via Zoom Video Conference until further notice. For meeting agenda and Zoom meeting info: cdrpa.org/board-meetings.

Lake Chelan Health board: March 23

CHELAN - The Lake Chelan Health board of commissioners (formerly Lake Chelan Community Hospital & Clinics) will meet on Tuesday, March 23 at 1:30 p.m. via zoom. For more information go to www.lakechelanhealth.com. They meet the 4th Tuesday of the month unless otherwise noted.

Manson School District: March 29

MANSON - The Manson School District board of directors will meet at 6 p.m. on March 29, via via ZOOM https:// us02web.zoom.us/j/84732693692. For more info contact the district office at 687-3140.

 $Spring\ Fling:\ \textit{March}\ 27$ MANSON - The Manson Chamber of Commerce is planning a Spring Fling for Saturday, March 27 and invites everyone to hop on down to downtown Manson from 12-8 p.m. You will be able to meet the Manson Apple Blossom Court as they drive through town and neighborhoods from 12:15 -1 p.m.; take a ride on the Wine Barrel Train 12:30-2 p.m.; Get a photo with the Easter Bunny 12:30-2 p.m.; Fly a kite or shoot off a rocket at Singleton Park as they "Soar into Spring" 2-3:30 p.m. There will also be the grand opening of Navarre Coulee Vineyards with a 11 a.m. ribbon cutting, barbecue to 6 p.m. and live music at 3 p.m. Enjoy live outdoor music, food, beverages and a welcoming and friendly "Thanks for hopping by" from our local wineries, cideries and restaurants. For more information: moretomanson.com

ELP MOVE LINK FORWARD!

Link Transit wants your feedback!

on proposed changes to public transportation in Chelan and Douglas Counties. These proposals suggest changing where bus routes go, the times of day and days of the week they operate, and how often they arrive. Other ideas include changing Link to a zero-fare system.

Learn more by visiting our online open house at

www.MovingLinkForward.com

or scan the QR code to take the survey.



Scan this QR code with your phone to take the survey!



OBITUARIES

Barbara "Barb" Jean **Sutor**

Barbara "Barb" Jean Sutor (nee Lewis) passed away with grace and peace the morning of Sunday, February 28, 2021 with her loving sons by her side.

Barb was born September 30, 1930 to Edna Muriel and Richard Mark Lewis in Libertyville, Illinois. Both of Barb's parents were pastors which required the family to relocate frequently throughout her childhood. She lived in Michigan until the age of 10 when the familv moved to Washington state. In Washington, the family resided for a time in Electric City, Wenatchee, Brewster and Tonasket. As the second eldest child, and the only daughter among seven children in the family, Barb assumed much responsibility at a young age for the care of her six brothers. She steadfastly carried the role as "second mother" to



her brothers throughout her young life and well beyond.

On November 26, 1949, Barb married a young orchardist, Earl Freels, in Tonasket, Washington. Together Earl and Barb had three sons Edward (Ed), (Donald) Hugh and David. As a family, Earl, Barb and sons were actively involved in the Tonasket community. Barb not only taught Sunday school but held the position of treasurer for their community church. She also held several leadership roles for Town and Country Garden Club. Avid

skiers and outdoors people, the family ran a ski shop at Sitzmark Ski hill, were actively involved in leadership for the Boy Scouts of America and participated in countless potlucks with neighboring families.

Barb lived in Tonasket until 1966, when she moved with her sons briefly to Linden, Washington before building a home in Brewster, where her sons completed their elementary and high school education. She worked outside the home for the Okanogan County PUD during many of those years.

Following the high school graduation of her youngest son, Barb moved to Chelan in 1976, where she worked as a bookkeeper for several local businesses. While actively living a life of service, Barb was a member of the Chelan hospital guild and acted as president. A woman of faith, Barb was actively involved in St. Andrews Episcopal Church where she held the position as treasurer for over 15 years, served on the Diocese of Spokane in different offices for 14 years and was a director for the Diocese of Spokane for 4 years.

To her family and friends,

Barb served as the perpetual hostess, whether that be in her home for a holiday, holding luncheons for her numerous lady friends, spearheading a camping adventure for her grandchildren or initiating large family reunions. Open to all her friends, family or visiting relatives, her kitchen was a hub of activity and never closed. She could be seen at her happiest surrounded by friends and family satisfying each person with their favorite meal or dessert. Equally comfortable cooking in her kitchen or over a campfire, Grandma Barb crafted enduring memories for her grandchildren with her meals while camping, followed by stories around a campfire, then washing of each child's feet and rubbing with lotion before bedtime...as "no one should go to bed with dirty feet.. even when camping". She often said her greatest joys in life were her sons, grandchildren, great grandchildren,

nieces and nephews. She will forever be remembered as a loving mother, motherin-law, grandmother, great grandmother, sister, aunt and friend.

She leaves us rich in memories and reminded us always per her "electronic secretary", Henrietta on her answering machine to live in "Laughter and Peace, Friends"

She will be missed by her sons, Ed Freels of Manson, Hugh (Shannon) Freels of Manson, David (Jinx) Freels of Brewster; grandchildren Jesse Freels, Eric Freels, Douglas Freels, Griffin Freels, Chauncy Freels, Colton Freels and Tommy Dundas and twelve great-grandchildren; brothers Daniel (Carolyn) Lewis, Decatur, Georgia, Darryl Lewis, Leeds, Utah and Douglas (Christi) Lewis, Bellingham, Washington; half-sister, Donna (George) Gleason, Shoreline, Washington and half-brother, Mark (Susan) Lewis, Sammamish, Washington. She also leaves behind many beloved nieces and nephews who she treasured.

Barb was predeceased by her parents, Edna Muriel and Richard; brothers, Donald, Dennis and David Lewis.

In lieu of flowers, the family believes Barb would wish you to contribute to St. Andrews Episcopal Church, which brought her much peace, fellowship and joy.

Viewing services for Barbara Sutor will be March 19, 2021 from 3-7 p.m. at Precht Rose Chapel in Chelan. Services for Barb will be held Saturday, March 20, 2021 at St. Andrews Episcopal Church at 10 a.m. Due to Covid restrictions, we regrettably are limited inside the church to primarily family and those who have been notified. Additional room will be available in the parish hall. Interment will follow the services at Tonasket Cemetery in Tonasket at 1:00 p.m. Anyone wishing to attend the service at the graveside are welcome.

The family would treasure any thoughts and memories you have of Barb at www. prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

DEATH NOTICES

Ryan Martin Wai Ung Petersen

Ryan Martin Wai Ung Petersen, 49, of Manson, Washington, passed away on March 7, 2021.

Graveside Services will be held on March 19, 11 a.m. at Chelan

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

Obituaries & Death Notices also appear online lakechelanmirror.com

Nancy Harding

Nancy Finley Harding, the daughter of James and Ruth Finley, passed away on February 26, 2021 at the age of 83. She was born in Bend, Oregon on December 6, 1937. A resident of Manson since the 5th grade, Nan grew up among the apple trees that were grown by her father. These orchards would grow and later blossom in a booming apple business.

It was in Manson that Nan would meet and marry her husband of 47 years, William Harding in 1959. The Harding's became pillars in the Man-



son community. The Harding apple shed was in operation from 1925-1998. This building is what locals now know as Lake Chelan Winery. Nan

helped run the family business by managing the apple production line. She was very involved with the Church of Christian Science of Chelan.

Although Nan enjoyed her time at work, her priority first and foremost was being a homemaker. Aside from raising her children; Nancy's favorite things included snowmobiling with her family, boating in the summer, antique shopping, and a love for jewelry.

Nan is preceded in death by her parents and her two brothers James Finley and Gale Finley.

Nancy is survived by her children Lynda Cotter (Kyle) and Jim Harding (Kristen) as

well as her grandchildren, Kelsey, Tyler, Claire, Nate and two great-grandkids, Penelope and Izaiah.

After the death of her husband in 2006, Nan was loved and cared for by Bob McFadden. The Harding family is thankful to Bob and the many caregivers that brought peace to Nancy in her final years of life.

Graveside Services for Nancy Harding will be Monday, March 22, 2021 at 1 p.m. at Chelan Fraternal Cemetery.

Please leave any thoughts and memories for the family at www.Precht rose.com. Services are entrusted to Precht Rose Chapel of Chelan.

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

Obituary & Memorial Policies

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-682-2213 for more information Or email ruthk@lakechelanmirror.com

CHELAN/MANSON SENIOR MEALS MENU

Chelan Senior Center

CHELAN - The Chelan Senior Center is closed. Meals are being given out on a takeout basis or delivered to those unable to drive to the Senior Center

Senior Meals

Call (509) 888-4440 by 9 a.m. to order your meal. Meals can be picked up between 10:30 and 11:30 a.m. at the Senior Center located at 534 E. Trow Avenue.

Wednesday, March 17 Corned Beef &

Cabbage **Boiled Red Potatoes** Carrots **Tropical Fruit** WW Roll

Dessert

Thursday, March 18

Crunchy Pea Salad Grapes Blueberry Muffin

Friday, March 19 - no meal served

Monday, March 22 Pork Roast Stuffing & Gravy Roasted Cauliflower

Spinach Salad Peach Cobbler Tuesday, March 23

Chalet Vegetable Blend

Baked Fish

Pesto Pasta

Apple Celery Salad Garlic Bread Broccoli, Bacon & Swiss Cheese Quiche Dessert

Wednesday, March 24 Country Fried Steak Potatoes & Gravv Carrot Raisin Salad

> Chuck Wagon Corn WW Roll Apple Crisp

Tossed Salad

Chicken Florentine Tossed Salad

Peaches WW Roll Dessert

Friday, March 26 - no meal served

Have news to share?

Send it to lcmeditor@gmail.com or call 682-2213

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



CHELAN

CHELAN CHRISTIAN CHURCH Morning Worship 10 am 682-2025 • 210 E. Wapato Ave. **Pastor Mark Wilton**

CHURCH OF THE NAZARENE

Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH Please join us for Sunday Worship via Conference Call

at 9:30 a.m. Dial 339-209-6617. Follow prompts. 682-9063 • 216 W. Nixon Ave.

> LAKE CHELAN UNITED METHODIST CHURCH Worship 10 am 682-2241 Corner of Johnson & Emerson

CHELAN LIVING STONE CHURCH Sunday Gathering 10:00 am

216 N Emerson (Upper Room/Chelan Library) Office location: 105 N Emerson, Suite 204 Call 509-682-5953 or visit www.lscchelan.org for more information. "Meeting together in person & online. Please join us."

St. Andrew's Episcopal Church Worship 10 am

via: https://us02web.zoom.us/j/84574811302 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 682-2851 • www.standrews-chelan.org

St. Francis De Sales CATHOLIC CHURCH

English Mass Saturday 5 pm • Spanish Mass Saturday 7 pm English Mass Sunday 9 am Spanish Mass Sunday Noon Rev. Rogelio Gutiérrez, Pastor 682-2433 • Next to Safeway

ENTIAT

ENTIAT FRIENDS CHURCH Pastor: Mark McDonald

509.784.1342 email: entiatfriends@nwi.net Sunday Morning "Open Door" 10:30 am (Summer months at 9:30 am) Sunday Morning Worship at 11 am (Summer months at 10 am) "Trailhead" Bible Class - Monday 7pm Shared Dinner - Wednesday 6 pm followed by Children/youth/and adult programs at 7 pm

"With men this is <u>impossible;</u> but with God all things -Matthew 19:26

MANSON UNITED METHODIST

COMMUNITY CHURCH 9:45 am Celebration Singing 10:00 am Worship, Holy Communion

the first Sunday of the month 11:00 am Coffee and Fellowship "Come as you are, all are welcome"

687-3311, at the corner of Green and Boetzkes ~Live worship currently suspended due to Covid-19~~ Sermon-by-Phone (509) 423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon

NORTH SHORE BIBLE CHURCH

Sunday Worship 9:30 am Nursery (birth - 3 years) 9:30 am Kidz Church (4 years-5th Grade) 9:30 am 687-3636 • 123 Wapato Point Parkway www.northshorebc.org Craig Rayment, Sr. Pastor

BREWSTER

HOPE LUTHERAN CHURCH - LCMS

Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am 689-3106 • 1520 Sunset Drive Kevin Moore, Pastor



TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • ruthk@lakechelanmirror.com

Flaten named new CHS head softball coach

Softball season begins April 5

SUBMITTED BY SCOTT PAINE, LAKE CHELAN SCHOOL DISTRICT ATHLETIC DIRECTOR

CHELAN - Chelan High School (CHS) announced March 10 that Mrs. Allison Flaten has been hired as the new Head Softball Coach, pending school board approval. Coach Flaten was selected by a committee of administrators, head coaches, parents, and students. The 2021 Spring Softball season is set to begin on Monday April 5, as are the rest of the CHS Spring Sports.

Allison Flaten graduated from The University of Washington with a Bachelor's degree in Business and Finance. She was a high school graduate from Issaquah High School. Her and her husband Josh along with their two dogs Cash and Hank moved to Chelan a year ago. They are the owners of County Line Eat & Drink on Woodin Avenue.

Coach Flaten has played the sport of softball since a young age. She competed in the sport



Courtesy Chelan High School

Allison Flaten, is the new CHS softball coach. She is pictured here with her husband, Josh.

throughout her high school career in Issaquah. Playing on the varsity team all four years. She also competed for four years on the USA Fastpitch team, Eastside Elite.

In her free time coach Flaten enjoys walking her dogs, cooking, outdoor recreation, and watching Seahawk and Husky games.

When asked what she is most excited about, Coach Flaten had this to say, "I am most excited about having an

opportunity to provide a positive impact and collaborative and team focused experience for the students. Softball was a sport I loved and committed a significant amount of my high school years focused on. I am excited to share my passion for the sport as well the skills I built over the years with my teammates. Overall, I want to provide an inclusive, positive, and energetic experience for everyone who participates. Go Goats!"

CHELAN HIGH SCHOOL SPORTS

Chelan Volleyball

Chelan vs Ephrata 25-17, 25-20, 25-8

SUBMITTED BY COACH JENIFER RAINVILLE

Saturday, March 13 report

CHELAN - Chelan dug themselves a hole with the first few points and were down 0-5 against Ephrata. Ephrata has a great offensive and defensive team. We slowly were able to find our groove and pushed ahead. Senior Katie Rainville had a

great match at the net with 10 kills out of 13 attempts and 6 blocks. Senior Elly Collins led us in digs with 15.

Elly Collins 7 kills, 2 blocks, 15 digs and 9/10 serving Katie Rainville 10 kills, 6 blocks, 4 digs, 8/9 serving with 1 ace AJ Gueller 3 kills, 4 blocks, 1 dig

Olivia Strandberg 8 kills, 4 blocks, 6 digs, 12/13 serving with 1 ace Ally Williams 2 blocks, 34 assists, 1 dig, 14/15 serving with 4 aces Sasha Dandridge 10 kills, 6 digs, 9/11 serving with 2 aces

Chelan vs Cashmere 25-6, 25-12, 25-9

serving with 2 aces

The second match for the Lady Goats was against Cashmere Bulldogs. The Lady Goats won in 3 straight sets. Freshman Sasha Dandridge led the team with 11 kills and Elly Collins led the defense with 14 digs.

Elly Collins 3 kills, 1 assist, 1 block, 14 digs, 12/12 serving with 1 ace Katie Rainville 6 kills, 6 blocks, 4/6 serving with 2 aces

AJ Gueller 5 blocks Olivia Strandberg 5 kills, 3 blocks, 8 digs, 19/21 serving with 3 aces Ally Williams 1 kill, 23 assists, 5 blocks, 6/6 serving with 2 aces Sasha Dandridge 11 kills, 2 blocks,

6 digs, 13/16 serving with 4 aces Morgyn Harrison 12 digs, 8/9 serv-

Chelan Football

Chelan dominates Omak, 29-6

SUBMITTED BY COACH TRAVIS DOMSER

OMAK - Our kids played physical Friday (March 12) night against the back to back CTL champion Omak. Our defense played very well. The last two weeks our

varsity defense has created 9 turnovers and has given up zero points.

When you do things like that you have a good chance to win ball games. Offensively we are producing in the passing game and in the run game when we need it. This win is 100% our kids' effort and toughness.

We bounced back from a penalty filled game and I am super proud of the entire team for that.

One play at a time, one

game at a time. We are off to a good start but time to focus on a tough 2A Ephrata team.

Score 29-6 Goats Stats

Reed Stamps 11-22 197 Yards passing 2 TD's Dillon McCardle 8 catches 147 yards 2 tds 1 int on defense Julio Alatorre 1 rushing td Gunner Gleasman 1 receiving td AJ Martinez 27 yard field goal

Defensive stats Nathan Alcala - 6 tackles 3 sacks 3

tackles for loss JD Gonzalez 7 tackles Gunner Gleasman 1 interception

MANSON HIGH SCHOOL SPORTS

Manson falls to Brewster 22-6

SUBMITTED BY ERIC SIVERTSON, Manson School District AD

MANSON - The Manson football team started sloppy and could not recover Friday (March 5) falling to Brewster 22-6. Manson opened its season at home with 65 fans in attendance to watch a rare March high school football game. Manson turned the ball over twice on early possessions leading to a quick 8-0 deficit. The Trojans moved the ball well at times in the first half but threw a interception at the goal line that eliminated a early scoring opportunity. Brewster took commanding 22-0 lead into half-time.

Manson made good halftime adjustments to start the half that led to a quick score. In the second half the Trojans were led by freshman QB Angel Lopez who threw for 155 yards and a touchdown. His favorite target was freshman wide receiver Ben



Courtesy Mansons High School

In the second half the Trojans were led by freshman QB Angel Lopez who threw for 155 yards and a touchdown.

Cullison who had 3 catches for 86 yard. On the ground the Trojans were led by Senior Caden Beazley with 142 yards rushing and a touchdown.

Manson shut out the Bears in the second half behind strong defense led by Cody Fitzpatrick and Caden Beazley. Beazley led the team with 9 tackles. The Trojans were close to narrowand goal on the 1 yard line with

15 minutes to play but a second red-zone turnover sealed their

Manson traveled to Warden on Friday (March 12).

Manson XC wins Okanogan Invite

OKANOGAN - Both the girls ing the deficit as they had a 1st won the Okanogan Invite this weekend (March 6). The girls

race was first and the team got strong performances from Ava Westphal (3rd), Valerie Hunt (5th), Ella England (7th), Cara Hutton (8th) and Leea Westphal (10th). This group worked hard during the Covid delay to stay in shape and their hard work is paying off.

The second race feature the Manson boys team and they picked up where the girls left off cruising to a team championship as well. Grant Torgesen led the charge winning the individual title and was followed by Jon Sarmiento (4th), Conner Clausen (7th), and Johan Cruz finished 10th.

Both teams competed Saturday, March 13 in Wenatchee.

Manson volleyball continues hot start to season

MANSON - The Manson volleyball team continued it's hot start to the season with two 3-0 sweeps at home on Saturday(March 6). In the first game the Trojans cruised over league foe Tonasket winning 25-7, 25-13 and 25-15. Leading the team in the first game was Maycee Ward with 14 kills, Lauren Soliday with 4 digs and Josephine Thompson with 17

In the second game the Trojans continued there balanced attack beating 1A drop down Warden. Again the Trojans cruised to a 3 set victory winning 25-11 25-13 and 25-11 Prior to the second game of the day the Trojans honored their senior volleyball players Amaya Hannah, Marylein Bernardo, Bryanna Harris, Melanie Marin, Amy Marquez and Kendal Petre. It was senior Kendal Petre that shined in the game leading Manson with 8 kills.

The Trojans are off to a 4-0 start and are getting contributions from all 8 players suited

Senior Kendal Petre

Juniors Josephine Thompson, Maycee Ward and Lauren Soliday

Sophomores Barbie Espinoza and Mckenzie Marble

Freshman Natalee Reyna and Teagan Byquist.

This is a young, tough group that is playing at a high level.

Girls soccer bounces back

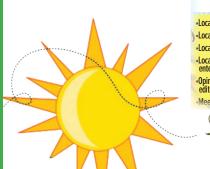
with a win

BRIDGEPORT - In this crazy COVID year teams need to be flexible. When the Trojans original opponent had to cancel Saturdays (March 6) game Manson was left looking for an opponent. They found one in Bridgeport, the only catch is that Bridgeport had just beat Manson early that week. So Manson was looking for revenge, and they got it. The Trojans traveled to Bridgeport on Saturday (March 6) and won a close game 3-2.

The Trojans were lead by 8th grade standout Addie Richmond who scored the first two goals of her high school career. Senior Nataly Alejo added the 3rd goal for the Trojans.

The Trojans game on Tuesday March 9 was postponed and their next game was a home event vs Pateros on March 13.

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THE WASHINGTON OUTDOORS REPORT

State Parks to visit this Spring

By John Kruse, The WASHINGTON OUTDOOR REPORT

Curlew Lake State Park: Located north of Republic in Ferry County, this 87-acre State Park with a campground sits on Curlew Lake, a 5-½ mile long body of water known for good fishing. You can catch everything from trout and bass to perch and tiger muskies here. There's also plenty of wildlife around. Deer are abundant and during the springtime you can enjoy the sights of a heron rookery on one of the islands on the lake. If you are looking for something unique to do head to the Stonerose Interpretive Center in Republic, rent some tools, and dig for fossils (mainly plants or insects) that are up to 49 million years old.

Palouse Falls And Lyons Ferry State Parks: There is no better time of year to visit Palouse Falls State Park in Southeast Washington than April and May. That's when the Palouse River is full of spring run-off and it makes for a spectacular sight as it drops and crashes 198 feet into a basalt basin. Better still, the area surrounding the falls is full of spring wildflowers and hawks and falcons frequent the area too. There is a small camping area at this park that is currently closed because of the COVID-19 pandemic.

Once you are done taking in the sight and sounds of Palouse Falls, drive a short distance

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ABOVE: Bass fishing near Maryhill State Park.

down a hill and check out Lyon's

Ferry State Park. This day

park sits at the confluence of

the Palouse and Snake Rivers.

There is a swimming area and

beach here and there are also

opportunities in the spring

for anglers to go after chan-

nel catfish, some of which are

quite large. Other fish to catch

include bass and walleye. The

Lyons Ferry KOA across the

bridge from this park usually

has good information on what's

Daroga State Park: This one

is a sleeper. Located on the Co-

lumbia River north of Orondo,

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biting.

this park boasts a great RV camping loop with views of the river as well as an expansive day use area featuring a swimming beach, playground, ballfield and even tennis courts. There is also a wide trail that takes you along a dike to a walk-in campground bordered by the Columbia River on one side and a lagoon on the other where you can fish for smallmouth bass, catfish and other species. If you go bring your golf clubs and reserve a

tee time at the nearby Desert Canyon Golf Resort, one of the nicest courses in the region.

RIGHT: Palouse Falls.

Maryhill State Park: If you head south of U.S. Highway 97 make a left turn just before crossing the bridge over the Columbia River into Oregon. When you do, you'll find yourself at Maryhill State Park. This park has a campground and day use area and sits on 4,700 feet of prime, low-bank riverfront real If you like to fish you can launch a boat (or drive) a few miles upstream and fish below John Day Dam for walleye, sturgeon, smallmouth bass and starting in May, American shad. A replica of Stonehenge, built as a memorial by Sam Hill in the 1920's to local soldiers killed in World War I, is just a couple of miles east of the park. Speaking of Sam Hill, this famous entrepreneur and builder of the Columbia River

destination just five miles away. Finally, not related to Sam Hill, but right by the museum above the Columbia River Gorge, is the Maryhill Winery.

Want to find out more about these parks or make a reservation? Go to the state parks website at https://parks.state.

John Kruse - northwestern-



outdoors.com and americaoutdoorsradio.com

Highway also built the Maryhill estate. There's plenty to do here. Museum of Art, a must visit

Q: On my thyroid medicine bottle, there's an additional label that says to take it in the morning on an empty stomach. Sometimes I forget to take it before breakfast. Is it okay to take it later?

You're not alone in asking about this. The synthetic thyroid hormone levothyroxine is the most prescribed medication in the United States. My mother was always worried about what might happen if she didn't take her thyroid medicine "correctly." Taking her first bite of breakfast, if she saw her yellow levothyroxine tablet still waiting on the counter, she'd skip her dose that day.

"Louise, what if it can't be safely mixed with food? Could it start a chain reaction in my

"Mom, if you do forget to take your thyroid medicine before you eat breakfast, the worst that



could happen is your body won't get the full dose. That's because food can change how much of the levothyroxine your body can take in.

Taking it with breakfast gives you a lower dose, but skipping it guarantees you get none of your dose. Taking no thyroid medicine at all affects you more than accidentally taking it with food."

My mother wasn't the only one.

85-year old Ellen would set her alarm for 5 a.m. every day to take her levothyroxine in the morning an hour before having breakfast. That's because otherwise, she'd forget about

it altogether. Ellen took medicines four times daily. She'd start with levothyroxine at 5 a.m., take her morning pills with her breakfast, a blood thinner medicine at 5 p.m., and her cholesterol medicine at bedtime. She was taking her medication 4 times a day, which felt overwhelming.

"I want to take my medicines correctly, but it's so hard to remember to take all of them the way I'm supposed to."

I suggested she take her usual morning medicines at breakfast, then take her thyroid medicine, the blood thinner, and cholesterol medicine together at bedtime. That way, she only had to remember to take pills twice a day.

Within 2 weeks of taking her thyroid medicine at night, her improved consistency was paying off. Ellen told me she felt less overwhelmed and more energetic. Just as importantly, she no longer worries about taking her medicine correctly.

"It's such a relief to have less to remember and wonderful to have more energy!"

Your body processes and metabolism are controlled by the level of active thyroid hormone in your body. Your thyroid gland secretes a form of thyroid hormone called T3 or liothyronine into your bloodstream.

Most of your T3 needs to be converted to active thyroid hormone, called T4, in your tissues by specialized proteins called enzymes. Levothyroxine is a synthetic version of T4 that can be taken once daily.

Your doctor monitors your thyroid hormone level by checking the amount of TSH in your blood. If TSH is too high, your body needs MORE thyroid hormone, and if TSH is too low, you need less. This may seem backward, but TSH is just a messenger, NOT thyroid hormone itself. Your doctor may also check your T4 level.

If your TSH blood level is elevated or your T4 level is low, you need more levothyroxine (synthetic T4). Checking TSH 4-6 weeks later will confirm whether your thyroid hormones are back to normal.

5 Ways To Getting the **Most Out of Taking** Levothyroxine:

1. Be consistent.

Levothyroxine is absorbed better if you take it on an empty stomach (30 minutes to an hour before a meal or 4 hours afterward). If you take it the same way every time, however, you'll get a consistent dose, and your thyroid level will be more stable.

2. Avoid taking levothyroxine with coffee or tea.

Coffee and tea can decrease how much levothyroxine you absorb by nearly 30%. If possible, wait an hour after taking your thyroid supplement for

your first cup of joe. 3. Don't skip your dose.

Even if you forget to take it at your usual time, absorbing some of your thyroid supplement every day is far better than getting none.

4. Space out any mineral supplements.

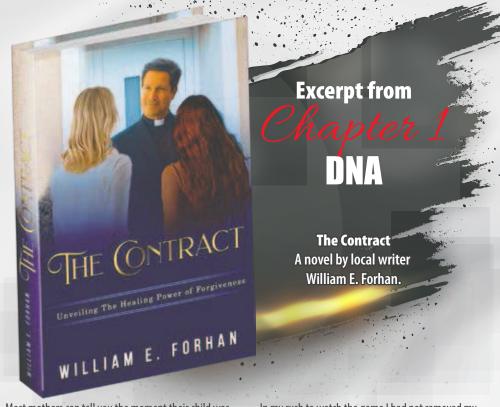
Some minerals interfere with levothyroxine absorption, including calcium, iron, aluminum, and multivitamin supplements containing those minerals.

One solution is taking any multivitamin and mineral supplements later in the day, at least 4 hours before and after your levothyroxine. You can safely take multivitamins without any minerals with levothyroxine.

5. Try taking levothyroxine at bedtime.

If you avoid eating for 4 hours after your evening meal, bedtime can be an ideal time to take levothyroxine.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. 2021 Louise Achey



Most mothers can tell you the moment their child was born. It's not the same for fathers. But I can tell you precisely the moment I met my daughters. It was 2:46 on a Sunday afternoon in October.

I had rushed back from church and just sat down to watch the game of the week. My Denver Broncos were playing their most despised of opponents — the Oakland Raiders. My game was interrupted by a knock on my front door.

My wife had taken our two sons to help her with grocery shopping. So I had to get up from my game to respond to that irritating knock.

I opened the door to two attractive young women. They seemed surprised.

"You're a priest?" one queried.

In my rush to watch the game I had not removed my

"Well, yes I am," I responded. Fully expecting they were a couple of young evangelists looking to tell me about the

There was a sudden and distinctly deafening pause. "Can I help you?" I finally said.

They looked at each other. Then almost in unison burst out, "We think you're our father!"

In an instant twenty-three years of guilt and remorse overcame me. I could not help it. Tears poured out like a river. My heart began to pound and I could not hear a sound.

We looked at each other for what seemed like an eternity. None of us knowing what to say next, but I knew in my heart they were correct.

Bill's Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@gmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.



Non Food Items needed:

- Baby Wipes
 Diapers
 Toilet Paper
- Travel Size Toiletries
 Shampoo • Conditioners • Dish Soap • Laundry Soap



LAKE CHELAN

- Canned fruit Cereal
 Condiments
- Canned veggies
- · Jam · Chili
- Soup other than tomato
- Boxed entrees Canned meats

Monday-Friday - 9 a.m. - 5 p.m.

310 E. Johnson Ave. • Chelan • 682-2213 Across from the Lake Chelan School District office



Housing Act, which which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsi ble for corrections made there-after. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Announcements

Lost & Found

LOST AND FOUND

can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or email

classifieds@leavenworthecho.com or

Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507 or email mirrorads@lakechelanmirror.com

Deadline: by Noon on Friday

Wanted

DONATE YOUR CAR TO UNITED BREAST CANCER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP 24 HR RESPONSE TAX DEDUCTION 1-833-611-0531



The Lake Chelan Militor Quad City Herald, Brewster Call 509-682-2213 N MIRROR Or email Meg at mirrorads@lakechelan

NCW of ALeavenworth Echo CLASSITE FEATOS

classifieds@leavenworth_D echo.com

Wednesday issues of all rlewepyapeted

Looking for a great, local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our

secure site. Want Print only for The Lake Chelan Mirror Quad City Herald,

Brewster Call 509-682-2213 or email Meg at mirrorads@lakechelan mirror.com

Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

OR

Deadline: Friday by Noon for the following Wednesday issues of all newspapers.



Family Practice Nurse Practitioner or Physician Assistant

Three Rivers Hospital is seeking а Nurse Practitioner or Physician Assistant in our family practice clinic. Candidate must have a valid WA State NP or PA-C license. Minimum of five years' experience in a medical setting required. Sign-on bonus: \$5,000. Full-time benefits.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577

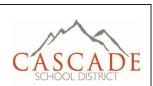
Frewster WA 98812 The Cascade School (509) 689-2517 www.threerivershospital et opportunity@grospital net applicants for the following positions

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us at 509=6923-1012.



The Cascade School District is seeking qualified applicants for the following positions.

- Peshastin-Dryden Special Education Teacher
- Icicle River Middle School 8th Grade **ELA Teacher**
- Cascade School District Social Worker

Fast Track application process and information can be found on our website at: www.cascadesed.org **EOE**

Help Wanted

Help Wanted



Highly Capable Program March 15, 2021

Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and /or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon screening and assessment with the permission of their parent/ guardian.

Definition of highly capable students means those students who:

Perform or show potential for performing at significantly advanced academic levels when compared with others of their age, experiences, or environments.

(1) Capacity to learn with unusual depth of understanding, to retain what has been learned, and to transfer learning to new situations;

(2) Capacity and willingness to deal with increasing levels of abstraction and complexity earlier than their chronological peers;

(3) Creative ability to make unusual connections among ideas and concepts;

(4) Ability to learn quickly in their area(s) of intellectual strength; and

(5) Capacity for intense concentration and/ or focus. Nomination forms can be obtained from the Cascade School District website (www.cascadesd.org under Programs and Highly Capable) and in school offices. In order to be considered for identification for the coming

school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at Icicle River Middle School by April 16, 2021 either by dropping by the middle school, email (mjanski@cascadesd.org) or by mail; 10195 Titus Rd, Leavenworth, WA 98826.

(WAC 392-170-035, WAC 392-170-036).

Highly Capable Program Programa de Alta capacidad 15 de marzo, 2021

El Distrito Escolar de Cascade está comprometido a identificar proveer para las necesidades У educacionales únicas de todos los estudiantes.

este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera amplia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el programa, highly capable program- (Programa de alta capacidad), será basado en exámenes y evaluaciones con el permiso de los padres/ tutores legales

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(4) La creativa de hacer conexiones inusuales con las rideas y conceptos (4) La capacidad de aprender rápidamente en su(s)) area(s) de fortaleza/destreza intelectual; y

(9) r call 509 518 528 ft or la concentración y/o enfoque interview time.

Las formas Quara hacer una nominación se pueden obtener por la página de web del Distrito Escolar de Cascade (www.Cascadesd.org se encuentran bajo la pestaña del Programs y Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Icicle River para el 16 de abril, 2021, por correo electrónico (mjanski@cascadesd.org) o por correo;10195 Titus Rd, Leavenworth, WA 98826.

The Leavenworth Echo is looking to hire a part-time front office

(WAC 392-170-035, WAC 392-170-036)

receptionist. Computer, math, and phone skills are a must. Training on our software will be available. Please email a resume to

BillF@leavenworthecho.com or stop in with a resume 215-14th St., Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time.

EOE

RECYCLE

Established salon in Chelan looking for someone to lease a station for \$450/ month. Call Julie 509-679-4764.

assessment, computer statistics & math, and problemvsolving. Attention to detail and a

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Registered Nurse with a

BSN degree is preferred;

however, a minimum of a

bachelor's degree in

Business or related field

may be considered.

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509-682-2213 - Lake Chelan Mirror • 100-682-2213 - Lake Chelan Mir

Place your ad online at NCWMARKET.COM or call 509-548 5286 to Lie average and online at NCWMARKET.COM or call 509-548 5286 to Lie average and online at NCWMARKET.COM or call 509-548 5286 to Lie average and online at NCWMARKET.COM or call 509-548 5286 to Lie average and online at NCWMARKET.COM or call 509-548 5286 to Lie average and the second second

high moral integrity is THREFIRIVERS HOSPITAL

Interested Candidates may**QpplitynDigestpr**or by mailing the it in sume to:

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vRegintered/etursepunthaet BS bdegite etspertencet, however, ÆOn⊞nimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is

preferred. Strong skills required year accepting applications for the following positions: following positions:

assessment, computer, stallsics & Harly and bulblemeshights (Sign on Bonus \$5,000)

high moral integrity is ER RN — Full-time Nights (**Sign-on Bonus \$5,000)** Interested Candidates may apply in person or by **Medical Lab Tech** -mailing their resume to: **Full-time**

(Sign-on Bonus \$1,500) Three Rivers Hospital Human Resources Dept.
Interested Candidates
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PEOX 577

Brewster, WA 98812

(509) 689-2517

www.threerivershospital.net opportunity of hospital set HOSPITAL

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Medical@aboTech www.cityof@halan.us for estelitional interversity 500p employment applicátion. Interested Candidates may apply online or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517

www.threerivershospital.net opportunity@trhospital.net EOE

Job Title: Assistant Water Treatment Plant Operator Alternate Schedule City of Chelan is accepting applications for the position of Assistant Water Treatment Plant Operator Alternate Schedule. Monthly pay range: \$4,566 - \$5,494. Application deadline: April 1, 2021 or until filled

Go to www.cityofchelan.us for additional information and employment application.

shooting sk Basic computer skills are also essential to this role. This jobletpuillen2e31

have above-average

hours access to the

internet weekly.

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It pays \$400 per week

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PERSONAL ASSISTANT.

plus benefits and only **B3**

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takes a little of your time.

To be considered for this

The position-requires m excellent customery service skills orally. We will train the right person. Wasanselookin 240 bites of ages one befine the the Directored Procurement Bevoicase interested and NÉETITHEE SATE MALLION WHIMERSITY.

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combination of education and relevant experience is required HOSPITAL

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Candidates Interested may Rays in persone by mailing theirectorme to: **Full-time** Three Rivers Hospital

Thurean Pressouldes pitebtis \$P\$P\$ kging 8万字 evenue Cycle Birenotorer, town 1988 go our (**509**1) 16839-253/1971e team, inakudleseerivershospitatieet Apportunity Regignish tatinen, EOEnformation. Health Patient Financial Services and Chargemaster. The Revenue Cycle Director will lead the revenue cycle in developing, planning, and managing work initiatives within the revenue cycle. Bachelor's degree in a relevant area of expertise such as business or finance or an equivalent combination of education and relevant experience is required.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Clutter is like a weight around your neck. Extra CA\$H is not.



 Place your ad 24/7 at ncwmarket.com

• Email: mirrorads@ lakechelanmirror.com • Call 682-2213

Bid Date

Bid Time

Help Wanted



Teller/CSR

Wheatland Bank seeks upbeat and energetic individual with outstanding customer service skills to work on a full-time basis, in our Chelan branch.

Will perform a variety of teller services such as customers greeting processing deposits and customer withdrawals, account maintenance, and educating customers on bank products and services. Previous cash handling and customer service experience desired. This is a fully benefitted position.

Wheatland Bank Email: hr@wheatlandbank.com

> **Equal Opportunity** Employer

Advertising Sales in Leavenworth

Join our sales team. If you enjoy helping our local businesses get their advertisements out to the communities we serve. We have the job for you! The right candidate must be outgoing, personable, honest and knowledgeable on the computer. Training will also be given on our software. Stop in The Leavenworth Echo 215-14th St. with a resume or call for an interview with Bill or Carol, 509-548-5286.



The Cascade School District is seeking qualified applicants for the following position.

Elementary School Counselor/ School Psychologist

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Chelan Concrete Inc.

Full-time Truck Driver Wanted Requirements:

* Valid CDL/CLASS B

- Minimum * Pre Employment Drug Screening
- * 1 Year Commercial **Driving Experience** * Heavy Equipment
- Experience a Plus * Full-Time Position Available
- * Dump Truck and Ready-Mix Truck * Medical & Dental Plan
- Available * 401K Options
- * Hourly Rate DOE

Call 509-682-2915

Job Title: Utility Worker/ Meter Reader City of Chelan is accepting applications for the position of Utility Worker/ Meter Reader. Monthly pay range: \$4,166 - \$5,006. Application deadline: April 1, 2021 or until filled. Go to

www.cityofchelan.us for additional information and employment application.

Help Wanted

Bus Driver/ Operator -**Full-time** Organization: Okanogan County **Transit Authority** (TranGO)

TranGO is looking for a full-time transit driver (36 – 40 hours per week). One position is based in Okanogan, and one in Twisp, WA. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation. Must have a minimum Class B CDL with

Passenger Endorsement. Please visit www. okanogantransit.com for required qualifications. application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered

for the position. E-mail your completed application to clerk@ okanogantransit.com Application Deadline: Application review will begin March 19, 2021 and will continue until the position is filled. Okanogan County

Transit Authority is an **Equal Opportunity** Employer.



The Cascade School District is seeking qualified applicants for the following positions.

Cascade High School Special Education

Teacher Attendance/Athletic Secretary

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Work Wanted



We now offer ... Lawn Mowing and General Yard Maintenance in the Lake Chelan Valley, and **Greater Wenatchee** area.

Need landscaping material?

Choose from 10 in house landscaping materials. Pickup or we deliver visit: tcslingers.com

> Call us today! 509-393-1244

> > **For Sale**

General Merchandise

Moving Sale Sears table saw with 7 1/2" blade 14"x 26" arbor

2 Push lawn mowers.

150 - 33 1/3 Vinyl records, singles and albums.

Glass patio table, Oster bread maker, vacuum cleaner, set of fireplace tools, one 26 inch Sears 10 speed and two 20 inch folding bicycles. Call 509-679-9318.

General Merchandise

GENERAC Standby Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Prepare now. Free 7-year extended warranty (\$695 value!). Request a free quote today! Call for additional terms and conditions. 1-877-330-1491

Greeting Cards for Sale

1/2 price To raise funds for the Royal Ladies of Autumn Leaves. Special Leavenworth cards like: Wish you were here with me

> 'Special Friends" Or I miss you.

in Leavenworth.

Happy Birthday from Leavenworth!

Many more titles. No boxed cards. Thank you for your support. Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

General Merchandise

Thinking about installing a new shower? American Standard makes it easy. FREE design consultation. Enjoy your shower again! Call 1-855-389-5045 today to see how you can save \$1,000 on installation, or visit

www.newshowerdeal .com/echo

Real Estate

Joseph Cove Apartments

Accepting Applications

Rent based on 30% of adjusted income. Must be income eligible.

For more information call 509-686-4731





Public Notices

The Lake Chelan Sewer District Meeting will be held on March 24th, 2021 at 5:15 PM. Attendees are welcome to join via phone or teleconference. For meeting login information please call the City of Chelan Public Works Office at (509) 682-8030 between 7 am and 4 pm on March 23rd, 2021. Published in the Lake Chelan Mirror

Public Notices

DETERMINATION OF NONSIGNIFICANCE SEPA2021-03

Chelan Public Works Building Description of proposal: The City of Chelan received an application for a new Public Works Building located at 50 WA-150 in Chelan, WA. The older structure on-site will demolished for a new larger structure, with new building design added parking stalls. The parcel is approximately 7 acres with a proposed 4167 sq. ft building size, and 24 parking stalls. The new building will serve as a needed upgrade to their existing conditions and growing workload.

Applicant: City of Chelan Public works Department

Jake Youngren 50 WA-150, Chelan, WA, 98816

Location of proposal: 50 WA-150, Chelan, WA, 98816 County Parcel 272318420150

Lead Agency: City of Chelan The lead agency for this proposal has determined that it does not significant а probable adverse impact on the environment. An environmental impact statement (EIS) is not required under **RCW** 43.21C.030(2)(c). This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This

- information is available to the public on request. • There is no comment period for this DNS.
- This DNS is issued after using the optional DNS process in WAC 197-11-355. There is no further comment period on the DNS.

197-11-340(2); the lead agency will not act on this proposal for 14 days from the date below. Responsible official:

Craig Gildroy Position/title: Planning Director Address: 135 E. Johnson Avenue/PO Box 1669, Chelan, WA 98816. Published in the Lake Chelan Mirror March 17, 2021. #1768



the best online promotion available

Public Notices

SUMMARY OF ORDINANCE NO. 2021-1585 of the City of Chelan, Washington

On the 9th day of March, 2021, the City Council of the City of Washington, Ordinance No. 2021-1585. summary of the content of said Ordinance provides as follows:

AN ORDINANCE OF THE CITY CHELAN, WASHINGTON **AMENDING THE 2021 BUDGET** ORDINANCE NO. 2020-1584 PASSED BY THE CITY COUNCIL ON DECEMBER 15, 2020, IN ORDER TO APPROPRIATE MONIES FROM SPECIFIED FUNDS TO OTHER SPECIFIED FUNDS ESTABLISHING AN EFFECTIVE DATE.

The full text of the Ordinance will be mailed upon request. DATED this 10th day of March 2021.

Peri S. Gallucci, City Clerk Published in the Lake Chelan Mirror on March 17, 2021. #1738

IN THE SUPERIOR COURT OF WASHINGTON Estate of WANDA L. GALLAGHER, Deceased. NO. 21-4-00055-04 PROBATE NOTICE TO **CREDITORS** RCW 11.40.030

The representative personal named below has been appointed as personal representative of this Any person having a estate. claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's

ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC

Court of probate proceedings and cause no.: Superior Court of Washington in and for County, Cause No. Chelan 21-4-00055-04 Published in the Lake Chelan Mirror March 3,10 and 17, 2021. #1643

Rentals

Now

TTY#1-425-562-4002

Located at 700 Fairview Ave. Bridgeport, WA.





Public Notices

probate and nonprobate assets. DATE OF FIRST PUBLICATION: March 3, 2021 PERSONAL REPRESENTATIVE: Joyce L. Williams ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr

Chelan, WA 98816 509-682-4536

P.O. Box 1606

Public Notices

BP # Bid Package Description

Public Notices

ADVERTISEMENT FOR BIDS: **PROJECT: LCCH Replacement Hospital**

OWNER: Lake Chelan Health Chelan, Washington. GC/CM: Bouten Construction Company, 1060 Jadwin Ave, Suite 300, Richland, WA 99352 REQUEST FOR SEALED BIDS: Bouten Construction Company is soliciting bids from suppliers and subcontractors to furnish and/or perform work at the Lake Chelan Health Replacement Hospital project in Chelan, Washington. Bouten Construction Company will enter into contracts with all subcontractors, suppliers, and vendors involved in this project, and will serve as General Contractor / Construction Manager for the project. Below is the bid schedule for each Bid

BP-01 Earthwork & Site Utilities	3/30/21	10:00AM
BP-02 Building Concrete*	3/30/21	10:00AM
BP-03 Structural Steel (Supply & Erect)	3/30/21	10:00AM
BP-04 Masonry	3/30/21	10:30AM
BP-05 Roofing & Sheetmetal Flashings	3/30/21	10:30AM
BP-06 Metal Wall Panels	3/30/21	10:30AM
BP-07 Storefronts & Glazing	3/30/21	11:00AM
BP-08 General Works Package*	3/30/21	11:00AM
BP-09 Architectural Casework & Millwork	3/30/21	11:00AM
BP-10 Doors & Hardware (Supply Only)	3/30/21	11:30AM
BP-11 Doors & Hardware (Install Only)*	3/30/21	11:30AM
BP-12 Overhead & Coiling Doors	3/30/21	11:30AM
BP-13 Framing, Drywall, & Insulation	3/30/21	1:00 PM
BP-14 Floorcoverings	3/30/21	1:00 PM
BP-15 Tiling	3/30/21	1:00 PM
BP-16 Acoustical Ceilings & Treatments	3/30/21	1:30 PM
BP-17 Paints & Coatings	3/30/21	1:30 PM
BP-18 Interior Specialties*	3/30/21	1:30 PM
BP-19 Window Coverings	3/30/21	1:30 PM
BP-20 Fire Suppression	3/30/21	3:00 PM
BP-21 HVAC & Plumbing**	3/30/21	3:00 PM
BP-22 Electrical & Systems***	3/30/21	3:00 PM
BP-23 Asphalt Paving & Markings	3/30/21	1:00PM
BP-24 Site Concrete	3/30/21	1:00PM
BP-25 Landscaping & Irrigation	3/30/21	1:00PM
BP-26 Fencing	3/30/21	1:00PM
BP-27 Building Envelope Testing	3/30/21	11:00AM
Bid Package Notes: *GC/CM will be bidding BP-02, BP-08, BP-11, &		
BP-18. **BP-21 HVAC & Plumbing has been awarded to the team of		

reference their separately issued bid package request for vendors and subtiers. SEALED proposals must be EMAILED, HAND DELIVERED. OR MAILED ONLY for BP-01 through BP-27. Proposals must be received by Bouten Construction by the dates and times specified at the address or emails listed below:

Mackin & Little/TCM under the MCCM process, reference their

separately issued bid package request for vendors and subtiers.

**BP-22 Electrical & Systems has been awarded to Energized Electric

Bouten Construction Company 1060 Jadwin Ave, Suite 300

Richland, WA 99352

under the ECCM process,

Email to: Mac McGrath (macm@boutenconstruction.com) & Dick Bratton (dbrattonpmllc@outlook.com)

BID RESPONSIVENESS: It is the responsibility of the bidder to ensure that the sealed proposals are received at the bid opening location by the noted deadline. The Bid Package number and description must appear on the outside of the sealed envelope, Faxed, electronic (other than email as noted above), or verbal proposals will not be accepted. Bids will be publicly opened and read aloud immediately following the deadline. Due to COVID-19 restrictions, the bid opening will be done via the following conference line number +1 509-931-1591, Conference ID 102560966#. Contact Michelle questions Spurgeon with concerns (michelles@boutenconstruction.com). No bidder may withdraw its bid after the hour set for the opening thereof, unless the award of the contract is delayed for a period exceeding 90 calendar days. Bids received after the date and time stated above WILL NOT receive consideration. Any firm failing to submit its proposal in accordance with the procedures set forth in the Instructions to Bidders may be considered non-responsive. Successful bidders for this work will be subcontracting directly with Bouten Construction Company using the Bouten Construction Company Subcontract Agreement and/or

Purchase Agreement included as an exhibit in each Bid Package

BID GUARANTEE: A bid guaranty must be submitted with the bid for all bid amounts equal to or greater than \$300,000. A surety company bid bond on the standard AIA bid bond form, a cashier's check or certified check payable to the order of Bouten Construction Company, must accompany each such bid and shall be in an amount not less than five percent (5%) of the bid that may be awarded including the base bid and any additives and/or alternates. Failure of the bidder to provide an acceptable bid guarantee with the bid shall render the bid non-responsive. PAYMENT & PERFORMANCE BOND: All subcontractors shall provide separate payment and performance bonds by a qualified surety company acceptable to the GC/CM, each for 100% of the contract sum including all change orders and alternates, when this amount is equal to or greater than \$300,000. The cost of the payment and performance bonds must be included in their bid amount. The successful subcontractor will have 3 business days from the time of request to supply these bonds to the GC/CM. If the subcontractor is unable to supply separate payment and performance bonds, the GC/CM may reject their bid and elect to use the next responsible bidder. QUESTIONS: Questions that develop during the bid period must be faxed or emailed to Bouten Construction Company Mac McGrath (Tel: (509) 943-7677 or email: macm@boutenconstruction.com). DO NOT present questions to the Owner, Architect, or Engineers. All written questions and their answers will be published via addenda during the bid period. Questions for all packages are due by 5:00PM on March 23, 2021.

PRE-BID CONFERENCE - NON-MANDATORY: Due to COVID-19 restrictions the Pre-Bid Conference will be held virtually via the following Microsoft Teams link (Click here to join the meeting). The call-in information is as follows:

Phone: (509) 931-1591

Conference ID: 524 568 653# Contact Michelle Spurgeon (michelles@boutenconstruction.com) with questions or concerns about joining the meeting. Attendance is not mandatory but encouraged for all potential bidders.

The conference, which is applicable to all packages, will be held on March 11, 2021 at 2:00PM BP-01 EARTHWORK & SITE UTILITIES - RECOMMENDED SITE WALK: BP-01 Earthwork & Site Utilities bidders are highly

recommended and encouraged to make an in-person visit to the project site prior to bidding. BID DOCUMENTS: Plans and Specifications may be viewed and/or ordered, at the bidder's expense,

at the following plan centers beginning March 8th, 2021: · Spokane Regional Plan Center - Spokane, WA - (509) 328-9600 www.plancenter.net

 Tri-City Construction Council – Kennewick, WA - (509) 582-7424 www.tricityplancenter.com • Builders Exchange of WA - Everett, WA - (425) 258-1303

www.bxwa.com • Contractor Plan Center - Milwaukie, OR - (503) 650-0148 www.contractorplancenter.com · Wenatchee Plan Center - Wenatchee, Wa - (509) 662-6858

www.wenatcheeplancenter.com Documents can also be ordered through Bouten Construction for a \$300 refundable deposit. Please contact Michelle Spurgeon if you

943-7677 would like a set. Tel: (509)michelles@boutenconstruction.com MWBE GOALS: Lake Chelan Health and Bouten Construction

Company are committed to the participation in its contracts by MWBE firms certified by the State of Washington's Office of Minority and Women's Business Enterprises (OMWBE). No minimum level of MWBE participation shall be required as a condition of this subcontract, however MWBE participation is strongly encouraged.

REJECTION OF BIDS: Lake Chelan Health reserves the right to reject any or all bids, and the right to waive any informalities or irregularities in any bids received. Published in the Lake Chelan Mirror March 17 and 24,

NCWMarket.com