Election 2021

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July **14, 2021** • Volume 130 No. 28

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Lake Chelan Valley Events/ Things to do - July 15-July 18

Chelan Evening Farmers Market:

CHELAN - Chelan Thursday Evening Farmers market is open thru Oct. 28, with new hours 2-6 p.m. and has expanded into Riverwalk Park. With more than 20 vendors and two food trucks, browse fresh, locally grown produce and a variety of goods from local artisans. Although this is a Farmer-centric market, there is so much more. Enjoy the entertainment, picnic on prepared food or fresh fruit and vegetables. Per Health Department guidelines vendors will be masked and providing hand sanitizer throughout the market, for your safety. The market is located on the corner of S. Emerson Street and Wapato Avenue, near Riverwalk Inn and Riverwalk Park. For info: chelanfarmersmarket.org

Aces Wild Pro Rodeo: July 16, 17 CHELAN - Chelan Rustlers Saddle Club and Aces Wild Pro

Rodeo have teamed up to bring the Professional Rodeo Cowboy's Association (PRCA) rodeo to the Lake Chelan area for 2-nights on Friday, July 16 and Saturday, July 17, at 7:30 p.m. PRCA is the largest and oldest professional rodeo association and the recognized leader in Pro Rodeo. This means the bronc riders will be tougher, the bulls will be wilder and the entertainment value will be out of this world. Also planned for this year's rodeo will be the McMillan Family Trick Riders, always a crowd favorite. These pro rodeo competitors are the real deal and a breed of their own. It's sure a fun and exciting 2-nights of entertainment. For ticket information: https://www. rodeoticket.com/rodeos/lake-chelan-pro-rodeo/2021/tickets

Apple Cup Open Golf Tournament: July 17-18

CHELAN - The Lake Chelan Men's Golf Club will be hosting the 2021 Apple Cup Open Golf Tournament on July 17-18 at the Lake Chelan Golf Course. Golfers will compete in 2-player teams and the format is Best Ball competition on Saturday, July 17 and Combined Score on Sunday, July 18. This tournament includes Side Games, "Closest to the Pin" contests, a Horse Race, and Gross and Net payouts. There will be up to 3 Net Divisions based on handicaps. The payout amounts will be determined by the total number of teams entering the tournament. The cost for a 2-player team is \$250.00 which includes Green Fees for both days. Golfers must have an active GHIN and a USGA Handicap to participate. Space is limited to the first 72 Teams (144 Golfers). Practice rounds are available on Friday, July 16 prior to the tournament. The tournament proceeds help support Chelan and Manson High School Student Scholarships, the Boy's and Girl's Golf Teams at Chelan High School, the Chelan Food Bank, Fire Victim Support, and other local charities. The Lake Chelan Men's Golf Club welcomes donations to support a fundraising auction that will take place at the conclusion of the Golf Tournament. To register and pay the entry fee for the Apple Cup Open Golf Tournament visit www.chelangolfclub.com or contact John Hancock at johnhancock161@gmail.com.

Chelan Back the Blue: **July 18**

MANSON - The next Back the Blue event will be held Sunday, July 18, 3-5 p.m., at Four Lakes Winery. The Lake Chelan Patriotic Singers will lead those attending in three songs to kick of the event and the Manson American Legion will present the Colors. Among the guest speakers will be Chelan County Sheriff Brian Burnett and Chelan County Commissioner Tiffaney Gering, Manson Chamber of Commerce vice-president Kim Ustanik, Manson Community Council chair Kari Sorensen, and Chelan Mayor Bog Goedde, with opening prayer by Harvey Gjesdal, retired LEO. The event will be held in the new production building at Four Lakes and they encourage everyone to bring a lawn chair.

Music In The Park Summer Concert:

July 18, August 1, 15, Sept. 5
CHELAN - The Music in the Park Concert Series takes place the first and third Sunday of each month 6-8 p.m. at Riverwalk Pavilion on Lake Chelan and will feature: • July 18: Fort Vine, • August 1: Deseo Carmin, • August 15: The Kevin Jones Band, and • Sept. 5: Band to be announced. For more information, historicchelan.org/events/music-in-the-park/

Outdoor Gallery

CHELAN - The Lake Chelan Arts Council Outdoor Gallery brochure is available at the Lake Chelan and Manson Chambers of Commerce. Follow the Outdoor Gallery map to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, their website, artinchelan. com, offers local artists and the community an opportunity to "Celebrate Art!"

SEE MORE EVENTS/THINGS TO DO AT LAKECHELANMIRROR.COM

Heritage Heights Assisted Living facility emerges from the pandemic

By Erin Mullins REPORTER

CHELAN - On June 30, Washington State opened under the Washington Ready plan. But assisted living facilities have been operating under a different reopening plan called the Safe Start plan. At Heritage Heights, an assisted living facility on East Highland Avenue, reopening has been "very positive," said Amanda Ballou, CEO of Heritage Heights.

129 years - 1891-2021

The Centers for Disease Control, Centers for Medicare and Medicaid, Department of Social and Health Services, and Aging and Long Term care worked together to develop a reopening plan, Ballou said.

"The majority, most of our residents, were vaccinated [with] two doses by February and that is when the reopening really started for long term care. In February, dining reopened and the residents were able to resume dining together in the dining room, she said.

In March, Ballou said, visitation opened. Residents could go out into the Chelan community and visitors could come to see the residents. In May, reopening began in full swing because residents who were fully vaccinated didn't have to wear masks or social distance during meal time. Since the statewide reopening at the end of June, not much has changed.

Some increased costs the assisted living facility faced due to the pandemic like the vaccine were covered by federal programs, said Ballou. Supply costs with masks have been another cost increase but the primary cost increase has been labor costs.

During the pandemic, ad-



Forty-four (some old) cars and a tractor participated in the HONK for Heritage Heights last year in June. Great signs conveyed messages like "You Matter" and "We Miss You." There were Teddy Bears, Flamingos, and even a Guitar decorating the cars. Although the residents were behind windows, they felt the love.

mission into long term facilities went down, Ballou said, as people were reluctant to move in during the midst of the pandemic. At the same time, Coronavirus protocol created more work per resident. This meant Heritage Heights was operating at lower occupancy but with the same amount of staff that they would have at a higher occupancy. The existing staff was very loyal throughout the pandemic which helped the facility to run smoothly.

Governmental programs that assist long term care facilities have helped Heritage Heights, Ballou said. The and the Provider Relief Fund helped the facility to maintain their staff when revenues were down. Heritage Heights takes both private care and Medicaid individuals and is a non-profit.

Ballou said that the amount of patients on Medicaid and those who are private pay patients has been pretty evenly split during her 18 years at Heritage Heights. Individuals are admitted on a first come first serve basis and reflect the demographics of the community of Chelan.

During the pandemic, many industries have faced extreme uncertainty. Many businesses Payroll Protection Program have had to shut down entirely. For a while, Ballou said, it was uncertain how people would feel about assisted living in the long term. However, as soon as the vaccine came in and restrictions began to lift there was an influx of families interested in admitting elderly family members to Heritage Heights.

"And what we actually saw was kind of a pent up demand of individuals needing to come in residential care and families who needed the help. And so we have found that the market is still very much there for assisted living," she said.

Just because the facility is



Slide Ridge Retrofit Bridge project progressing

Courtesy Chelan County Public Works Facebook The bypass lane is up on South Lakeshore Road at Slide Ridge. The automated signals at both ends of the bypass lane are up and working as well. Please plan for 5-minute delays, or longer if traffic is heavier. Please have patience -- the bypass lane will be used throughout the whole project. The contractor started pulverizing the roadway last week and excavation has started for the construction of one of the new bridge's piers. The \$3.2 million Slide Ridge Retrofit Bridge project includes the installation of a new 108 foot bridge at Slide Ridge, which will allow debris coming off of the ridge to flow under the bridge, not over the roadway. The project will take about six months to complete, with girder installation planned for September and paving of the new bridge in late October.

Also in the Manson and Chelan area: Chelan County Public work crews will be brooming recently chip-sealed roads this week. They also will be repairing potholes in the alleys in downtown Manson. And the crew will be cleaning catch basins on Manson Boulevard and ditching in the Manson area as time allows. Both require one-lane, flagger-controlled traffic controls in the work zones.

Antoine Creek Road Culvert Replacement: Paving is anticipated this week. Motorists are reminded to lower their speeds on the short gravel portion.



With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, **Dining and Events**



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Safeway



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Chelan School **Board Candidates**

By Erin Mullins Reporter

Many candidates are running for school board in the Chelan School Districts. In Chelan, District 1, 2 and 3 are open for re-election. District 1 represents the area around the high school, Chelan Falls, Stayman Falls, Navarre Coulee and the south shore of the lake.

District 2 represents downtown Chelan, east of the Chelan river, south of 97A to the Columbia River, and to the district boundaries in Douglas

District 3 represents part of the district to the north, not including downtown, out to Manson and Pateros.

Chelan District 1 Candidates: Stephanie Fuller, Cole Soreano, and Brooke Isaak

Chelan District 2 Candidates: Kristi Collins, Barb

Chelan District 3 Candidates: Jerry W. Lopez, Erik

Candidate Profiles District 1 Candidate Ste-



fanie Fuller was not available for immediate comment, but her answers will be included in a later edition.



Brooke Isaak

District 1 Candidate Brooke Isaak was not available for comment, but submitted campaign information online. According to the submitted information, Isaak graduated from Manson High School in 1987 and completed a bachelors in business in 1991 from Pacific Lutheran University

"I bring 25 years of experience as a parent, business owner, board member, and community leader. These experiences give me a unique perspective to think out of the box," the statement said.

Isaak's first business was manufacturing candles and selling them to major retail-

Cole Soreano

2015, she has been the CEO of 3 fast casual restaurants. She has served as a Program Leader for Thrive

ers. Since

Mentoring, Board Member for Teen Talking Circles, and led the launch of the Lake Chelan Community Center.

"Born and raised in the Chelan Valley, I returned here to raise my children in the place I call home. I am passionate about education and the opportunities it provides our children," Isaak said in the statement.

District 1 Candidate Cole Soreano said that he has never run for school board before but that his being in law enforcement gives him a "unique perspective" because he interacts with kids who are not having their best day and sees what is really going on with them.

Soreano said that he decided to run because he wants to help the school move forward after Coronavirus and that he has a vested interest with kids enrolled in the school district. He said that transparency between the school board, superintendent and the community is very important, especially after the pandemic.

"After last year I think there was a lot of frustration. I think some parents or some people felt like they maybe weren't heard," he said.

When asked about balancing fiscal responsibility with meeting student needs, Soreono said that you had to find a creative solution that works for the majority. When asked how schools can prepare for a successful future after graduation, he said that being a good person is the "main goal".

One of Soreono's main focus-

es as a school board member would be on improving school

"I think one of the main things for me is improving facilities in the school district. I think, In the last year it was pretty apparent that, you know, that we need more facilities, better facilities. And, you know, it's been lacking for a while now," he said.

For District 2, Kristi Collins was not immediately available for comment, but her remarks will be included in a later edition.

District 2 candidate and incumbent Barb Polley was not available for comment, but her answers will be included in a later edition

District 3 candidate Jerry **Lopez** said that he has never held a position in the school board, but has lived in the community since 2006 and grew up in Pateros. He has three kids in the Lake Chelan School District.

Lopez graduated from Eastern Washington University in 2005 and became a middle and high school English teacher. After that, he spent some time running a local business with his in-laws before becoming an EMT. He said that these diverse

Torgeson

Growers.

Before that,

roles have given him good communication skills and the ability to talk with those who have different views than he does.

Lopez said that if he were elected, his first action would be to get good information about what the Lake Chelan School District has, "coming up the pipe." Lopez said that to address inequality you need to teach kids American history and economics at the high school level.

When asked about balancing fiscal responsibility with good school programs, Lopez emphasized setting up programs to help kids of varying academic abilities to make sure that those who are struggling and those who are ahead can both receive the instruction they need. Lopez also emphasized the importance of transparency to the community when making financial decisions.

"Living here for as long as I have, this town will get behind kids 100% If they know what they're getting behind, if they know where their dollar is going," he said.

District 3 Candidate Erik Nelson was not available for immediate comment, but his answers will be included in a later edition.

Manson School Board Elections

By Erin Mullins

In Manson, school board positions for District 4 and District 5 are up for election in 2021. District 4 and 5 are at large, meaning that they represent the entire geographic area of Manson and not a specific location. An impressive five candidates are running for District #4 and two candidates are running for District #5.

District 4 Candidates: Jennifer Pittman, Catherine Willard, Allan Torgesen, Blanca Lehman and Susie (Miller) Fox

District 5 Candidates: Greg Neff, Janel Lyman

Candidate Profiles Jama England, current District 4 board member, is not listed as running for reelection.

District 4 Candidate Jennifer Pittman was not available for immediate comment, but her answers will be included in a later edition

In an email, Candidate Catherine Willard said that she decided to run for Manson Susan School Dis- (Miller) Fox trict because



she wants to, "share my time and abilities to preserve the quality, and improve where needed, the educational opportunities of the Manson School District."

She said that she has two teenage sons in the district which have been thriving in the district since preschool. She volunteered for PTAC and the Options program when her sons were in elementary school. Willard is a Senior Fisheries Biologist for Chelan County PUD where she evaluates monitoring and evaluation programs for salmon and steelhead population.

Willard mentioned how her career working with data for the Chelan PUD



Jennifer Pittman

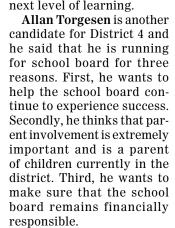
decisions like a c a d e m i c data, disproportionate data, attendance data, and transportation data. She thinks that the school district can improve on collecting and evaluating quan-

titative data. Additionally, Willard said that her years of living in the Manson community with children currently enrolled in the school has enabled her to develop relationships that allow her to create strong ties between the school board and families.

As a school board member, Willard plans to enhance the Career Technical Educational Program by offering courses which are relevant to the valley such as hospitality and viticulture. She plans to lower the achievement gap

by reviewing school district data to ensure English language learners are receiving the instruction they need to

Allan be prepared Torgesen for their



Torgesen said that he has advisory responsibilities and direct management decisions for small groups and large groups. He has worked for JP Morgan Chase, AT&T and Manson Growers and had responsibilities managing budgets and making sure corporate assets were used responsibly in those positions.

Torgesen said that his professional experience helped him well for asking critical questions, working to reach and reevaluate goals, and setting up processes. When asked about reducing inequality, he said that we need to understand what the gaps are, find a way and create a plan to address those



Catherine Willard

he was living in Columbus, Ohio and wanted to get back to a small town experience.

Blanca Lehman is running for District 4 and wants to help get more Spanish speaking members in the community involved in the schools. She doesn't think that the current school board is an accurate reflection of the actual demographics in the vallev

Lehman said that in order to address inequalities we need to get more families involved in school activities. She said that the more people get involved, the more that they will be able to see similarities with others instead of differences.

Lehman has worked as a substitute in the Manson School District and a paraeducator in the Lake Chelan School District. Communication is one of the reasons Lehman wants to be on the school board and thinks it's very important for all involved in the district. Two policies that she wants to see overturned are critical race theory and the comprehensive sexual health education implementation.

Susie Fox is another candidate for District 4. She

graduated from Manson High School and has 33 years of teaching experience, mostly in Spokane. She has a master's degree in curriculum, administration, and instruction from Gonzaga University with administrative endorsement/ principal credentials.

Fox said that she taught at Rogers High School in Spokane for nine years and helped raise the graduation rate from 49% to 92% during that time. When she worked as a department chair for middle schools for over 21 years, she said that she never exceeded the money allotted to the department.

Fox said that she is running for school board because she is being called by a higher power. She said that because of her experience working in the school system and as a peer mediator she won't have to spend any "catch up" time learning the basics. Fox wants to keep Critical Race Theory and the current sex education mandate out of schools

For the District 5 position, Greg Neff and Janel Lyman were not immediately available for comment. Their answers will be included in a later edition.

According to the Manson School District website, Neff is the current incumbent. He has 35 years of experience teaching grades four through six and was a theatre arts director for 10 years. He graduated from Whitworth College in 1975 with a B.A. in reading.

DEEP WATER AMPHITHEATER RRRET Tickets starting at \$45 ticketmaster

Chamber to Host Candidate Forum July 19

MANSON - The Lake Chelan Chamber of Commerce will host a candidate forum for Lake Chelan School District, Manson School District, City of Chelan, and Hospital District No. 2 candidates on July 19 at 6 p.m. The forum will be held in the Commons at the Manson High School, 1000 Totem Pole Rd.

setween the four districts, there will be 25 candidates represented. The format will include an introduction and explanation of platform by each candidate, followed by a community question and answer period. The public is encouraged to pre-submit questions to jill@lakechelan. com. Attendees will be provided with the opportunity to submit questions the evening of the forum.

The forum is scheduled to occur two weeks prior to the primary election deadline of August 3.

August 3 Primary Election

Only voters who reside in the following districts will receive a ballot for this election: Lake Chelan School District No. 129, Manson School District No. 19, Fire District No. 7, and Hospital District No. 2.

Election Results - posted after 8 p.m. on Election day. Ballots will be mailed out later this wee

Ballots Returned: Updates will begin July 19.
Chelan County is a vote by mail county. All voters will receive their ballots in the mail. Accessible voting equipment is available. The County Courthouse will remain open for ballot drop-off and use of the accessible voting equipment 18 days prior to Election Day. Official ballot drop box sites are also available 18 days prior to Election Day, and sealed at exactly 8 p.m. on Election Day Update your residential or mailing address online, by phone 509-667-6808, or email elections@co.chelan wa.us. To Register to Vote: https://voter.votewa.gov/

WhereToVote.aspx

Candidates photos courtesy of https://voter.votewa.gov

Deadlines

Letters policy

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworth.com

News Tips

Have an idea for a story? Call the Mirror at 682-2213

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, ease call 682-2213. We will publish a correction in the next

Lake Chelan Mirror (USPS 101-620) is published every Wednesday by NCW Media, Inc. 310 E. Johnson Ave., Chelan, WA Telephone: (509) 682-2213. Fax: (509) 682-4209 Periodical postage paid at Chelan, Wash. 98816 Postmaster: Send address corrections to: Lake Chelan Mirror, P.O. Box 249, Chelan, WA 98816-0249

NCW Media Inc. prints on recycled newsprint with soy ink. Please Recycle



Fax (509) 682-4209 **Office Hours**

Mon. to Fri. 9:00 a.m.-5:00 p.m.

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Back Issues are available up to one year after publication for a small fee

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Chelan/Douglas Counties (yearly) print Chelan/Douglas Counties (yearly) print & web \$45 In State (yearly) \$50 Out of State (yearly)

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Reviewing Washington's redistricting process

Two redistricting meetings this month

By Senator Brad Hawkins

NCW - The 12th District and Washington's 48 other legislative districts have had specific boundaries since 2012. The borders for these districts, as well as Washington's 10 federal congressional districts, will change in 2022 after the state's redistricting process is completed near the end of this year. Since redistricting only occurs every decade, I thought it would be helpful to review the process.

How Washington's redistricting works

Each state has its own process for redistricting. In Washington, an independent and bipartisan Redistricting Commission is established every 10 years to redraw legislative and congressional district maps for the next decade. The redistricting process occurs after the completion of the national census, which is taken every 10 years, most recently in 2020. Congressional district lines have been drawn by the Redistricting Commission since 1983 and legislative district boundaries since 1991. This commission comprises five members. Four are appointed by the leaders of each of the four legislative caucuses. The four appointed commissioners then appoint a fifth, nonvot-



Sen. Brad Hawkins

ing, chairperson. Enactment of new redistricting maps for Washington requires bipartisan approval. If at least three of the four Redistricting Commission members cannot agree on a map that is fair to all, responsibility for drawing the lines is turned over to the Washington Supreme Court. Our state's bipartisan redistricting system requires cooperation. It isn't surprising that Washington's redistricting process is admired by other states seeking to move away from an approach in which one party controls the final result.

Voters created the

Redistricting Commission For many years, the Washington State Legislature was in charge of redistricting, but many had grown angry and frustrated with how partisan and time-consuming this approach had become. By the 1980s, Washingtonians sought change. In 1983, Washington voters passed an amendment to our state constitution that created our state's independent Redistricting Commission. Over the past decade, several other states have revamped their redistricting process to reduce the chance of partisan politics and "gerrymandering," a term describing districts with bizarrely drawn boundaries. I'm encouraged to know other states have followed our state's lead in creating independent commissions to draw up legislative and congressional district maps, with just minimal political manipulation involved. 2021 Redistricting Commis-

sion members

Members of the Redistricting Commission must meet certain criteria to be eligible to serve. Each appointee must be a registered voter, cannot have been a registered lobbyist within one year prior to appointment, and cannot have been an elected official or elected local or state party officer within two years of appointment. Additionally, once appointed, commissioners may not campaign for office, participate or contribute to a political campaign, or campaign or hold a seat in the Legislature or Congress for two years after the new plan is enacted. Earlier this year, the four legislative caucuses announced their appointees to serve on the Redistricting

Commission. The Commission will be rebalancing the state legislative and federal congressional districts to ensure each district represents approximately the same population.

Redistricting's impact on eastern Washington

For the 12th Legislative District that I proudly represent (Chelan and Douglas counties and portions of Grant and Okanogan counties), the boundary will most certainly be different than the existing boundary. Throughout the history of our state and certainly throughout the Redistricting Commission's history, that has been the case for all districts. The question is, how different will the new boundaries be? It is very possible that portions of the existing legislative districts in eastern Washington will include portions of western Washington because of greater population growth on the west side of the Cascades. For legislative districts beginning in 2022, the ideal district will contain approximately 156,249 people. Based on the 2020 Census, the 12th District is close to that count now with over 151,000 reported. Many eastern Washington districts, however, are well under the ideal population count and, therefore, will likely expand geographically to pick up population. This will likely impact

History of 12th District borders

the 12th District as well.

In the early 1930s, the 12th

southeastern Washington to its present location in North Central Washington. All of Chelan County has been within the 12th District since then. In 1965, the 12th District included all of Chelan and Douglas counties. By 1972, the western half of Okanogan County, including Winthrop and Brewster, was added to the 12th District, as was the northern part of Grant County. The northern portion of Kittitas County was part of the 12th for 30 years until the present boundaries were redrawn in 2012 – a shift that also picked

up more of the southeastern

portion of Okanogan County

and part of Grant County. Regardless of any shifting boundaries for the next 10 years, my hope is that Chelan and Douglas counties remain together given the unique nature and long history of shared cooperation between our two counties and their agencies. The federal congressional districts near us, the 8th District (Rep. Kim Schrier) and the 4th District (Rep. Dan Newhouse), are likely to see boundary adjustments as well. To learn more about redistricting and to share your feedback, please visit redistricting.wa.gov.

Thank you for the opportunity and privilege to serve as your 12th District state senator.

Editors Note: There are two Public Outreach Meeting coming up for the NCW area.

ROUND #2: Districts Four & Five Public Outreach

Meeting - July 24. 1-3 The 4th Congressional District is in the central portion of the state and incudes Adams, Benton, Grant, Franklin, Okanogan, Yakima, and parts of Douglas and Walla Walla. The 4th Congressional includes all of Legislative Districts (LDs) 8 and 15 and parts of LDs 7, 9, 12, 13, 14,

To register: https://legwa-gov.zoom.us/webinar/ register/WN_RpLrQrKBTvWz6ymb1kWRkA

Meeting: https://www.youtube.com/channel/UCCpOvoIGR9_QqRW0PMgr7Pg - meeting

ROUND #2: Districts Eight & Ten Public Outreach Meeting - July 31, 1-3

The 8th Congressional District is in the central portion of the state and includes Chelan, Kittitas, and areas of Douglas, King, and Pierce. The 8th Congressional includes parts of Legislative Districts 2, 5, 11,12, 13, 25, 28, 30, 31, 33, 41, 45 and 47.

To register: https://legwa-gov.zoom.us/webinar/ register/WN_eM9m8RIT-V2R53DAk6NTXA

Meeting: https://www.youtube.com/channel/UCCpOvoIGR9_QqRW0PMgr7Pg

Helping students fulfill their dreams, one scholarship at a time

By Julie Mott, Scholarship PROGRAM SPECIALIST, COMMU-NITY FOUNDATION OF NCW

Two years ago, 32-year-old Amber Crocker was a new mom with a dream. She wanted to become a nurse but knew she would need some financial help to get her through nursing school. She applied for several scholarships at the Community Foundation of North Central Washington and her application rose to the top for many of our volunteers who diligently review scholarships. Amber ended up with three scholarship awards making her dream possible. Upon receiving the news of following statement:

"When my son was born, I knew that I needed a career so that I could be a better person and role model for him. I want to show him that if you want something bad enough, and if you work hard enough, then any dreams can become reality. With these generous scholarships, I will be able to continue to get the most out of my education in order to become the most prepared and competent nurse that I can be."

Amber's story is one of dozens of equally personal and heartfelt messages we receive from our scholarship recipients at CFNCW. They are the



Julie Mott

culmination of the hectic and wonderful time of year we call "scholarship season." Every year approximately 2,500 scholarship applications are carefully read and reviewed by over 200 volunteers. One hundred and twenty scholarships, each with their own unique criteria and review committees, are publicized to schools throughout North Central Washington. Last year, 201 students were awarded a combined total of \$734,852 to help them realize their future goals. While the numbers vary slightly, this remarkable work happens every year at the CFNCW thanks to people like vou.

Since our inception, donors have trusted us to realize their dream of creating scholarships for students in our region. CFNCW follows rigorous standards set by the IRS to manage endowed

scholarship funds to ensure a fair and unbiased awards process. Donors often establish scholarships in honor of mothers, fathers, grandparents, spouses, or children who have passed away - memorializing those individuals and creating joy and opportunity out of sadness and loss.

Since scholarship funds are endowed, awards are made every year, in perpetuity. Students who receive scholarships write thank you notes (like Amber's) which we share with the donors. These thank you notes are incredibly inspiring and it is this feedback loop, from scholarship student to scholarship donor, that strengthens donors' commitments to their scholarships. In fact, donors often designate a portion of their wills or estate plans to their scholarships, knowing they will continue to benefit students for generations to

While managing the scholarship season is extremely labor-intensive, it is incredibly rewarding as well as eye-opening. Long-time board member and scholarship volunteer Peter Valaas remarks, "Having served many years on scholarship review committees, I find that the applicant's academic record and letters of recommendation are contributors to my decision but what carries the most weight is their personal statements. At this juncture they open up their lives, hopes, and dreams to a total stranger and the stories I have read are frequently very moving. Many live in households on the edge of economic well-being and often bear a large share of the load of caring for younger siblings and even supporting the family economically. Although it is extremely gratifying to be able to offer financial assistance toward their continuing education, there is a specter of sadness knowing of the yet unmet need remaining.'

If you would like to help with the unmet needs that Peter describes and want to start a scholarship fund of your own, we welcome your call. Or, if you would like to get involved on one of our scholarship review committees, we always need the help would love to hear from you. What better way to spend your time than helping make students' dreams become reality?

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Susie (Miller) Fox



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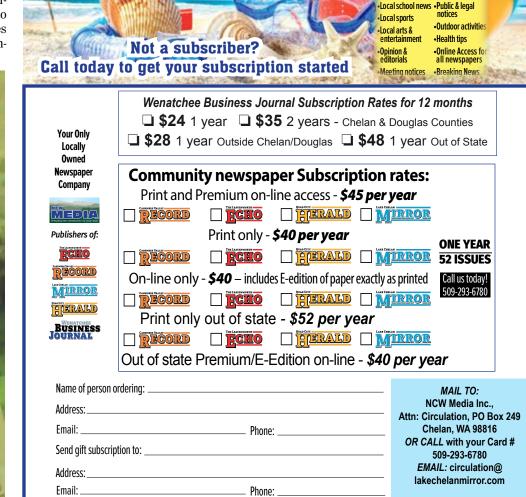
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OBITUARIES

Holly Jane Hope

Holly Jane Hope, age 68, of Leavenworth Washington, passed away July 4, 2021 at 5:30 a.m., in her home after a short battle with cancer. Holly was born in Chelan Washington to W. Jean Olinger and Alvin Emerson Terwilliger on June 18, 1953. She graduated from Chelan High School. She then worked as a dental assistant for Dr. Grillo and then Dr. Otteson. She married Kent Hope on May 11, 1974 in the Cardston Temple of the Church of Jesus Christ of Latter Day Saints. Holly was deeply involved in her church and was a counselor at many young women's camps, becoming a second mother to many. She was also a foster mother to 42 children, many of them



over the years. She loved music and great food. She most wanted her kids to know that she loved them.

Holly is survived by her husband Kent Hope, 4 children: Jona, Shay, Cami, and Joel, their significant others, 2 sisters, and 15 grandchildren.

Obituaries & Death Notices also appear online lakechelanmirror.com



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TEE TIME

SUBMITTED BY SHERRY FISK, LAKE CHELAN LADIES GOLF CLUB

July 8

This week's competition was Mystery Nine where the pro shop draws 9 random holes after we tee off and we use the gross score of these holes less 1/2 handicaps. They are notorious for picking the wrong holes.

Twenty four women were in attendance including a new member, Anne Minden.

Division 1: First place, Linda Reister, 40. Second Place, Anne Minden, 40.5.

Division 2: First place, Nancy Judson, 35.5. Second place, Sherry Ochsner, 36. Third

bouncing back doesn't mean

that everything has been easy.

The health of residents at the

assisted living facility declined

during the pandemic, Ballou

Living in isolation is very

difficult for the human spirit

and seniors are no exception.

But the seniors have shown re-

silience as their mental health

and well-being has improved

since they were allowed visi-

For everyone on staff, there

was a "very high" degree of

stress during the pandemic.

Staff have needed to take time

off and take personal time

to recover. Community has

also helped. Staff at Heritage

Heights banded together and were each other's "strongest

The larger community of

Chelan reached out to support

Heritage Heights throughout

the pandemic, Ballou said.

One family brought chocolate

every week for the staff to

brighten their moods. People brought cards and presents

very frequently. Last summer,

when residents couldn't leave

their apartments, a car show

was put on.

source of support."

EMERGES

CONTINUED FROM PAGE A1

said.

place, Maryjo DuRuz, 39.5. Division 3: First place, Barb D'ettorre, 36. Second place, Karen Erickson, 38.5.

Linda Reister was the chipin birdie girl on hole 8. Barb Rayburn had a birdie on hole 18 and Joni Dedo had a chip-in on hole 12.

This week is Medal Play (low gross and net of field and low net by division). Our tee time is 8 a.m., please check in by 7:30 a.m.

July 1

Frozen water bottles, wet towels, fans and semi-delirium; the extreme heat last week created a full-moon vibe out on the course. Which prompts the question: How

Amanda

Ballou

The cars were decorated and

passengers carried colorful

A little later in the season

another wonderful gift was

a Christmas tree from the 12

Tribes. The group reached

out to Heritage Height and

brought the tree, coupons,

Christmas for us," Ballou

"They just made a whole

Besides the levity and joy

that a Christmas tree brought

in December, Coronavirus

was an unwelcome visitor.

Ballou said that there was

an outbreak in the first week

of December. By the end of

December, there were no new

Personal protective equip-

ment stopped the outbreak,

Ballou said. Gowns, N95 masks,

and visors were worn when

visiting residents. Between

Commu-

nity mem-

bers drove

their cars

around the

apartments

and honked

to let resi-

dents know

they weren't

forgotten

and were

cared about.

signs.

and gifts.

many ladies does it take to lift a golf cart off of someone? Asking "fore" a friend and apparently the answer is three.

> brakes on your carts. Seventeen women played in our Monthly Medal competition which is low gross and net by division and fewest

Which prompts the public

service reminder to lock those

Division 1: Low Gross: First place, Cindi Smith, 95. Low Net, First Place, Jaclyn Starr-

Evans, 73. Fewest Putts: Cindi Smith,

Division 2: Low Gross: First place, Maryjo DuRuz, 100. Second place, Debbie Honsberger, 103.

Low Net: First Place, Nancy Judson, 78. Second place, Sherry Ochsner, 79.

Fewest Putts: a tie between Maryjo DuRuz and Debbie

Honsberger, 38. Division 3: Low Gross: First place, Loa Servis, 110. Second

place, Bernie Rayner, 112. Low Net: First place, Joni Dedo, 71. Second place, Barb

D'ettorre, 76. Fewest Putts: Joni Dedo,

Birdies were made by Bernie Rayner on hole 7 and Nancy Judson on hole 17. Chip-ins were made by Barb Rayburn on hole 5 and Bernie Rayner on hole 7.

tors in the common areas. The

When visitors come into the facility they face a health screening and need to attest that either they or the person

stantly changing picture. We receive new information every day," Ballou said.

visiting each resident, the personal protective equipment was disposed of and switched out for new equipment.

Heritage Heights never faced a supply shortage of personal protective equipment. Ballou credits the Chelan-Douglas Health Department for the adequate supply. While the rest of the state lifts masking restrictions, masks are still required for assisted living facilities.

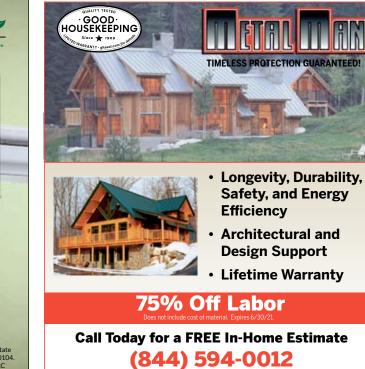
Even without an outbreak, staff are still required to wear surgical masks and eye protection, Ballou said. Masks are required for residents and visionly exception is that in a residents apartment that resident can give visitors permission to not wear a mask and are free to go maskless themselves.

they are visiting is vaccinated, Ballou said. Even with visitors and a return to normality, it's hard to say what the future will bring. "I would say that it's a con-

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Worship 10 am 682-2241 Corner of Johnson & Emerson

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but with God all things are possible."

-Matthew 19:26

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MANSON UNITED METHODIST

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Michigan Attorney General, Police to Probe People Who Made Election Fraud Claims

ZACHARY STIEBER

ichigan's attorney general, with assistance from police officers, will investigate people who claimed election fraud happened during the 2020 contest.

[Nessel] is now using the power of the police state and her to actively investigate opposing counsel.

Matthew DePerno, attorney

A spokeswoman for Michigan Attorney General Dana Nessel. told The Epoch Times in an email on Friday that the Democrat will probe people who allegedly made false claims, with help from Michigan State Police.

The spokeswoman said Nessel decided to launch the probes on a request from Republicans in the Michigan Senate.

A Republican-controlled Senate panel last month issued a report saying it "found no evidence of widespread or systematic fraud in Michigan's prosecution of the 2020 election."



Detroit election workers count absentee ballots for the 2020 general election, at TCF Center in Detroit on Nov. 4, 2020.

A portion of the Michigan Senate Oversight Committee report focused on Antrim County, where the county clerk falsely reported on the morning after Election Night that Democrat Joe Biden had beat former President Donald Trump by thousands of votes. The senators said their review backed the position of Michigan Secretary of State Jocelyn Benson and Antrim County officials, which is that the false reporting was due to human error and was ultimately rectified.

The committee recommended that Nessel "consider investigating those who have been utilizing misleading and false information about Antrim County to raise money or publicity for their own ends."

"The Committee finds those promoting Antrim County as the prime evidence of a nationwide conspiracy to steal the election place all other statements and actions they make in a position of zero credibility," it said.

Benson said her office looked

forward to partnering with Nessel "on this critical investigation into the real fraud that took place in 2020: efforts to deceive Michigan citizens about their vote with misleading, false statements about the accuracy & integrity of our elections."

Attorney Matthew DePerno and his client, William Bailey, have raised money for a case brought against the county that alleged Dominion Voting Systems machines used in the county "were shown to mis-



Attorney General Dana Nessel.

OFFICE OF THE ATTORNEY GENERAL OF MICHIGAN

count votes" cast for Trump, counting them for Biden. The case was dismissed in mid-May

Dominion has denied the allegations, including details in a forensic report from a firm hired by DePerno that alleged Dominion's machines and software were "purposefully designed with inherent errors to create systemic fraud and influence election results."

"There were no software 'glitches' that 'switched' votes in Antrim County or anywhere else," Dominion responded at the time. "The errors identified in Antrim County were isolated human errors not involving Dominion."

DePerno told The Epoch Times in an email on Friday: "Dana Nessel is a lawless Marxist. She is trying to stop our investigation into election fraud. She is also opposing counsel in the case Bailey v Antrim County and Jocelyn Benson. She is now using the power of the police state and her to actively investigate opposing counsel. This is unethical, unconstitutional, and criminal (see MCL 750.505). Dana Nessel must resign immediately for her unethical conduct."



Patrick Colbeck, a former state senator, an aerospace engineer, and a poll challenger, sits down for an interview in Detroit on Nov. 27, 2020.

Patrick Colbeck, a former Michigan senator, has a website where he hosts content he says back his election fraud claims. Users must pay a monthly fee to see some of the content.

Colbeck recently started a petition to censure McBroom and the other Republican senators who signed onto the report and denounced what he described as legislators' "attempt to marginalize those exposing election fraud."

In a lengthy post on his site, Colbeck said the panel's report "consistently repeats the flawed assertion that the integrity of the election can be demonstrated simply by running ballots through the tabulator."

"The Committee appears to be operating under an extremely unique definition of 'election fraud' that dismissed any evidence of fraud if it did not add up to the 154,188 votes promoted as the margin of victory for Joe Biden. This failure of reasoning dismisses the cumulative effect of breaches in the chain of custody and violations of existing statute," he said.

More Chicago Police Officers Working Outside Jobs on Leave of Absence

CARA DING

CHICAGO—More and more young Chicago police officers are taking leave of absence to seek or work outside jobs, and most didn't return when their leave ended, according to records obtained by The Epoch Times through a Freedom of Information Act request.

In 2019, 23 officers took leave of absence for outside employment. In 2020, the number doubled to 49.

In January 2021 alone, six officers took leave of absence for outside employment, triple the number for the same periods in both 2019 and 2020.

The records obtained show data from January 2019 to January 2021.

About 70 percent of officers on leave for outside employment between January 2019 and June 2020 either quit or retired a year after their initial leave took effect, after which they could no longer extend the leave.

Three out of five officers on leave for outside employment

Catanzaro said more young officers were leaving because of terrible working hours, a lack of respect for police, and legislation that punishes officers for simply doing their jobs, while being soft on criminals.

are in their 20s and 30s.

In a previous interview with The Epoch Times, John Catanzaro, president of Chicago's largest police union, said more young officers were leaving because of terrible working hours, a lack of respect for police, and legislation that punishes officers for simply doing their jobs, while being soft on criminals.

In January 2021, Illinois lawmakers passed a sweeping criminal justice reform bill that will allow anonymous complaints against police officers, open the door to civil penalties for officers for pattern and practice violations, and prohibit officers from arresting offenders for Class B and C misdemeanors.

Catanzara said Chicago's police force is shrinking from both ends: old officers are retiring and young officers are quitting.

For those in the middle, who have already invested a substantial amount into their pension plans, it would be much tougher to leave even if they want to, he said.

About 650 police officers quit or retired in 2020, compared to about 600 in 2019.

As of April 20, 2021, 330 Chicago police officers have quit or retired this year. Meanwhile, only 105 new officers were hired during the same time.

Fraternal Order of Police Lodge 7, Chicago's largest police union, represents roughly 18,000 active and retired police officers. The Chicago Police Department is the second-largest metro police department in the country, with approximately 12,000 sworn officers.

Chicago police stand guard outside the department's 7th District station on Aug. 11, 2020.

Church Awarded \$220,000 by Washington DC After Filing Lawsuit Over CCP Virus Religious Restrictions

KATABELLA ROBERTS

A Washington, D.C., church has been awarded \$220,000 after it filed a federal lawsuit challenging the district's restrictions on gatherings at places of worship during the CCP virus pandemic.

Leaders of Capitol Hill Baptist Church (CHBC) have appealed to D.C. officials since Mayor Muriel Bowser's restrictions were issued on March 11, 2020, which banned all indoor and outdoor church meetings of 100 or more, even if participants wear masks and social distance.

But in October last year, Senior Pastor Mark Dever and CHBC's elders won a preliminary injunction against Bowser's restrictions, allowing the congregation to resume worship services outdoors with proper precautions such as wearing masks and maintaining social distance.

In a settlement between the two parties signed on July 8, 2021, Mayor Muriel Bowser and her administration agreed to pay \$220,000 to church lawyers at WilmerHale and the First Liberty Institute, a Plano, Texasbased law firm that specializes in First Amendment religious freedom litigation.

As per the settlement, the district "agrees that it will not enforce any current or future COVID-19 restrictions to prohibit CHBC from gathering as one congregation" in the district.

The district further agrees that, should it impose new restrictions on religious gatherings in the name of mitigating COVID-19 or variant thereof, they will not be more restrictive than on "comparable secular activities, as defined by the Supreme



Capitol Hill Baptist Church in Washington on July 25, 2015.

All Capitol Hill Baptist Church ever asked is for equal treatment under the law.

Hiram Sasser, executive general counsel, First Liberty Institute

Court," the settlement states. The district also agreed to pay the church's legal fees.

Senior Pastor Mark Dever is a nationally known evangelical leader and the founder of the 9Marks organization, which provides ministry and administrative resources for churches across the nation, and has been at CHBC since 1994.

The 850-member congregation has held worship services every Sunday since 1878, except for three weeks during the 1918 Spanish flu epidemic.

"All Capitol Hill Baptist Church ever asked is for equal treatment under the law so they could meet together safely as a church," said Hiram Sasser, executive general counsel for First Liberty Institute.

"The church is relieved and grateful that this ordeal is behind them. Government officials need to know that illegal restrictions on First Amendment rights are intolerable and costly," he said, according to the Washington Times.

Lockdowns, which began in March 2020 in the United States, forced religious services, including those of Roman Catholic, Orthodox Jewish, and Pentecostal congregations, to come to a halt throughout the COVID-19 pandemic.

However, the forced closures became a sticking point when some jurisdictions imposed more severe restrictions on houses of worship than were placed on secular activities.

The Supreme Court struck down several prohibitions on religious gatherings during the crisis, and multiple states eventually began easing the restrictions and allowing houses of worship to open for in-person services, albeit with virus-related modifications in place.

THE EPOCH TIMES

"THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." — Jonne Rosenau

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ALEX WONG/GETTY IMAGES

Arizona Lawmaker Advises People to Put up 'No Trespassing' Signs to Deter Door-to-Door Vaccine Checks

ALLAN STEIN

t age 61, Daniel J. Miller of Parks, Arizona, says there's no way he's ever going to take the COVID-19 shot—even if the government comes knocking at his door.

It isn't just a matter of his religious beliefs and faith in his own natural immune system that emboldens him, it's a matter of personal choice and medical privacy, Miller says.

So when the Biden administration announced earlier this week that it's considering sending people door to door to persuade the unvaccinated, Miller's reaction was, "He's got to be out of his mind."

"[President Joe Biden] is way out of bounds," Miller said. "There's no reason for him to say take the shot just because he thinks you should. It's your body, not his."

Earlier this week, Biden lobbied for higher numbers of Americans to get vaccinated even if it means going "community by community, neighborhood by neighborhood, and oft-times door to door, literally knocking on doors."

Arizona Attorney General Mark Brnovich was quick to respond. In a July 6 letter to the Biden administration, Brnovich said he was "greatly alarmed" by remarks indicating the possible use of medical records to obtain contact information on Americans who haven't been vaccinated.

"If this is the case, this is a severe breach of privacy, and I will not tolerate such intrusions within Arizona," Brnovich wrote.

Arizona state Sen. Kelly Townsend, a Republican, advised Arizona residents to put up "no trespassing" signs to ward off government compli-



Daniel J. Miller, 61, of Parks, Ariz., and his dog Buddy go for a walk on July 8 in front of their house. Miller said he won't take the COVID-19 vaccine even if federal employees come knocking at his door.

ance checkers.

"I have spoken to local law enforcement, and if you don't want the Federal government on your property asking about vaccines, they advise you to post a no trespassing sign in a visible location. This is a prerequisite to [being] able to charge someone for being there against your will," Townsend wrote on Twitter on July 7.

Arizona GOP Chairwoman Dr. Kelli Ward suggested a more personal touch with signs for vaccine compliance checkers to stay away.

"Who thinks we will see a surge in 'No Trespassing' signs?" Ward wrote in a Twitter post. "And could/should If someone comes to my door asking if I've been vaccinated, I'm going to shut the door on them. It's a violation of privacy.

State Rep. John Fillmore

they be individualized to specifically prohibit people from harassing you about vaccinations? And why doesn't #HIPAA &/or the #4A already prevent this [government] harassment? Isn't our health info

At present, approximately 157.9 million Americans, or

47.9 percent of the total population, have been fully vaccinated against COVID-19. That percentage is well below Biden's July 4 national goal of 70 percent.

In Arizona, 43.6 percent have been fully vaccinated against the CCP (Chinese Communist Party) virus, which causes CO-VID-19, with nearly 5 million vaccine doses having been administered.

Since the pandemic began in March 2020, the total number of COVID-19 deaths in Arizona has surpassed 18,000 residents, according to the Arizona Department of Health Services.

The Delta variant of the virus now makes up more than half

U.S. AIR FORCE



Arizona Republican Party Chairwoman Kelli Ward attends an event in National Harbor, Md., on Feb. 22, 2018.

of all COVID-19 cases in the United States. As of June 23, the nation surpassed 600,000 total deaths from COVID-19, according to the Centers for Disease Control and Prevention (CDC).

The CDC noted that it's closely monitoring what it calls "variants of concern," such as the Delta variant.

"These variants have mutations in the virus genome that alter the characteristics or cause the virus to act differently in ways that are significant to public health," and may cause more severe disease, spread more easily between humans, require different treatments, or change the effectiveness of current vaccines.

As state and federal health officials continue to push for more people to get vaccinated, "vaccine hesitancy" has stymied those efforts.

Arizona state Rep. John Fillmore, a Republican, described any attempts by the government to harass people to get vaccinated as "ludicrous."

"It's scary—and it's a harbinger of things to come from this administration," said Fillmore, who hasn't been vaccinated

against COVID-19.

"If someone comes to my door asking if I've been vaccinated, I'm going to shut the door on them," Fillmore said. "It's a violation of privacy. Are they going to mark us? Put a big white star out in front [of our homes]? Come back in the middle of the night and take us away? What it does to me is it instills fear that down the road they're going to mandate something."

Miller, like Fillmore, also fears government overreach and more coercive measures to force vaccine acceptance.

"Way more forceful measures," Miller said. "They're not going to give me the shot." Louann Crandall, 57, of

Phoenix, said she refuses to take the shot based on her personal religious beliefs.

"I'd tell them to get out of here. They're invading my privacy. I'm not getting [the shot]," Crandall said. "I didn't get a shot when I had the Hong Kong flu. My son and his fiancée got [the COVID-19 vaccine] and they got really sick. You're going to have to tie me down and give it to me. I'm not going to take it voluntarily."

JOHN MOORE/GETTY IMAGES

Biden Says US Will End War in Afghanistan by End of August

JACK PHILLIPS

President Joe Biden says the United States will complete the war in Afghanistan by Aug. 31, and the military will continue to provide funding, equipment, and humanitarian aid to the war-torn country.

"Afghan leaders have to come together to drive toward a future that the Afghan people want and deserve," Biden said during a July 8 news conference in Washington.

The statement from the president comes as the Taliban terrorist group has made significant advances in recent weeks following the United States' decision to withdraw. Biden announced the full withdrawal from Afghanistan in April, essentially ending the longest war the United States has fought.

The Pentagon stated that more than 90 percent of the withdrawal process has been completed so far. But at the same time, the Taliban for the past several weeks has made major battlefield advances and has captured U.S. military vehicles that were being used by the beleaguered Afghan army.

During his speech, Biden said that more than 300,000 members of Afghanistan's military have been trained by U.S. forces over the past 20 years and that they have "all the tools and training equipment of any modern military."



President Joe Biden arrives at an event in the South Court Auditorium of the White House on June 2, 2021.

It is the right and the responsibility of Afghan people alone to decide their future and how they want to run their country.

President Joe Biden

"We did not go to Afghanistan to nation-build," the president said. "It is the right and the responsibility of Afghan people alone to decide their future and how they want to run their country."

Biden was asked by a reporter whether he believes the Taliban will fully take over Afghanistan. In response, Biden said he doesn't believe that will happen because Afghanistan's military is equipped against "against something like 75,000 Taliban," and "it is not inevitable" the group will take over.

The president said relocation flights for Afghan translators and contractors who worked alongside the U.S. military will be provided in the near future. As for where they will go, the administration has "identified facilities outside of the U.S. and in third countries," Biden said.

The Taliban's leadership over the country was toppled in 2001 after the U.S. invasion after the Sept. 11, 2001, terrorist attacks. The group was accused of harboring terror mastermind Osama bin Laden, who was killed during a raid about 10 years later in neighboring Pakistan.



U.S. Marines arrive at the Kandahar Air Field in southern Afghanistan, in this file photo.

"The United States did what it went to do in Afghanistan," Biden said, referring to the killing of bin Laden.

Meanwhile, Afghan forces on July 8 took back control of a western provincial capital stormed by the Taliban a day earlier. Some fighting continued on the fringes of Qala-e-Naw, the capital of Badghis Province, which borders the Central Asian country of Turkmenistan, officials told Reuters.

"The city is fully [back] under our control, and we are conducting operations against the

Taliban on the outskirts of the city," Defence Ministry spokesman Fawad Aman said.

Taliban advances have been especially dramatic in northern provinces where they had long been kept at bay. Stop-start peace talks between the government and insurgents remain inconclusive.

Separately, UK Prime Minister Boris Johnson confirmed on July 8 that most British troops have left the country, arguing that the threat posed by al-Qaeda has been substantially diminished.

"We must be realistic about our ability alone to influence the course of events. It will take combined efforts of many nations, including Afghanistan's neighbors, to help the Afghan people to build their future," Johnson said during a news conference. "But the threat that brought us to Afghanistan in the first place has been greatly diminished by the valour and by the sacrifice of the armed forces of Britain and many other countries."

Reuters contributed to this report.

"I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED." —Phlip Lewis

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7	9	1	4	5	6	2	8	3

Announcements

General Interest

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Employment

Help Wanted



The Cascade School District is seeking qualified applicants for the following position:

Cascade High School Head Wrestling Coach

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



Douglas County PUD has an opening for:

Right-of-Way Assistant \$54k-\$57k DOE Closes: 7/22/2021

Details at www.douglaspud.org



Douglas County PUD has an opening for:

On-Call Fish Counter \$22.04/ hour

Details at www.douglaspud.org

Hiring: Front desk associate

We are looking for a hard working, cheerful receptionist to join our team in Brewster. Responsibilities include greeting patients, answering phone calls, checking insurance, accepting mail, finalizing paperwork and other administrative tasks. Must be fluent in English and Spanish. We are looking for someone who is friendly, organized, and has strong problem solving skills. Integrity is a must. Wages determined by experience. Benefits start with 2 weeks

paid vacation, eye care, and bonuses. Hours are Monday through Thursday, 7:30-4:30pm.

brittneygillespie@gmail.com Learn more about us at GillespieEyeCare.com

Please apply at

Help Wanted

Bus Driver/ Operator Full-time Organization: **Transit Authority** (TranGO)

TranGO is looking for two (2) transit drivers; one full-time (36–40 in Okanogan.

hourly non-exempt. Compensation is \$19.06- \$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation for full-time. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and

job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. application to

E-mail your completed clerk@okanogantransit.com Application Deadline: Application review will begin July 23, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an **Equal Opportunity**

DISTRICT **ASSISTANT**

7:30 a.m. - 1:30 p.m. Current food handler's card required; experience with food prep desired. Must favorably pass a background check. Hourly starting pay \$15.39 with medical and retirement benefits. All applications processed through FAST TRACK: www.pateros.org>Our District>Employment. Position description available online. Contact employment@pateros.org or the district office at 509-923-2751 x4 for more information. First review of applications is 7/21/2021. Positions open until filled.

Okanogan County

hours per week) position based in Tonasket and one part-time (10+ hours per week) position based

These positions are

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or email mirrorads @lakechelanmirror.com

OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

The Leavenworth Echo Looking for a part-time

job? We are looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills. We will train you on our computer software. Pay depends on

experience. Please email a resume to BillF@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. **Equal Opportunity**

Brewster School District Opening

Employer.

Brewster School District is accepting applications for a High School **Advanced Mathematics** teacher for grades 9-12. Classes to be taught are Algebra 2, Geometry and Pre-Calculus. Applications are available on the district's website at brewsterbears.org or by calling 509-689-3418. This position is open until filled. Brewster School District

Help Wanted

CITY OF CASHMERE Wastewater and/or Water System Operators Job Type: Full-Time/

Non-exempt/ Union Representation Pay: Depends on qualifications and experience

Benefits: Health, vision, & dental for employee and family, PERS retirement, sick and vacation leave accrued

QUALIFICATIONS REQUIRED Water or Wastewater Operato certification (OIT, Level 1, 2 or 3) High school diploma or GED with additional education and experience necessary foi successful performance of this

 Valid Washington state driver's license (commercial driver's license desired) First-Aid and CPR certifications

Applications are available at: https://www.cityofcashmere.org/ government/human-resources For inquires contact Steve Croc at steve@cityofcashmere.org or 509-782-3513. Position opened until filled.

Manson Parks

is looking to fill our Seasonal Park Aide/ Launch Attendant position immediately. Schedule is flexible but applicants must be able to work weekends. Duties include cleaning restrooms, emptying trash cans, and checking for payment and ticketing at Old Mill boat launch. Must have current WA Driver License free of major infractions and be able to pass a background check. For more details, please contact us at (509) 679-8735 (call or text), or email robin@mansonparks.co

Newspaper Advertising Sales person needed.

Come join our sales team. If you enjoy helping our local businesses get their advertisements out to the communities we serve. We have the job for you! The right candidate must be outgoing, personable, honest and knowledgeable on the computer. Training on our software.

The Leavenworth Echo 215-14th St. with a resume or call for an interview with Bill or

Carol. 509-548-5286.

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> Leavenworth Cashmere Call 548-5286

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Moving Sale

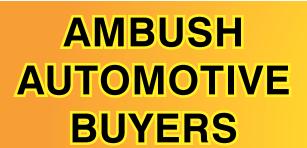
Leavenworth: Moving Sale July 17, 18, 24, 25. Shop displays, household items, furniture, tools kitchen appliances, sporting equipment, Bowflex system, hobby items. In Pear Tree Court, 11752 D'Anjou Ln.



NCW MARKET.COM CLASSIFIED ADS

is an Equal Opportunity

Employer



Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Don't just 'park' your car on the side of the road with a 'For Sale' sign on it! 'Park it' on

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- Up to 3 photos of your vehicle
- Video Unlimited description
- Google Map to your location (you can opt out)
- **Privacy Link** (interested buyers contact you through the site protecting your identity)

Legals

Public Notices

Notice of 2021-2022 Budget Hearing and Adoption

Notice is hereby given that the Mansfield School Dist. #207 will adopt the 2021-22 budget at the Budget Hearing and Adoption Meeting on Tuesday, July 27, 2021 starting at 7:30 PM in the library of the Mansfield school building, Mansfield, Washington. The regular board meeting will follow the budget hearing and adoption. The public is invited to be heard for or against all or part the 2021-22 budget, the four-year budget plan summary, the four-year enrollment projection.

Published in the Quad City Herald and Lake Chelan Mirror on Julyu 14 and 21,

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN WRIGHT-WAPATO, INC., a Washington corporation, Plaintiff,

CULLEN FAMILY VACATION, LLC, a Wyoming Limited Liability Company, et al., Defendants. Cause No. 20-2-00311-04 **SUMMONS** THE STATE OF WASHINGTON

TO: Valerie Coplen, Kathy McDermott, David Michlitsch. Daniel L. Marsh, Robert Harris and Vivian Lumsden

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 23rd day of June, 2021, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Wright-Wapato, Inc., and serve a copy of your answer upon the undersigned attorneys for plaintiff, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.

The object of this action is to Sublease terminate the Agreements with each subtenant, as more described in the complaint. Dated this 17th day of June, 2021.

Hillis Clark Martin & Peterson

By /s/ Amit D. Ranade Amit D. Ranade, WSBA #34878

amit.ranade@hcmp.com Mallory L.B. Satre, WSBA #50194

mallory.satre@hcmp.com Attorneys for Plaintiff

Published in the Lake Chelan Mirror June 23, 30, July 7, 14, 21, 28, 2021.



THE WASHINGTON OUTDOOR REPORT

A tiger trout for the record books

JOHN KRUSE, THE WASHINGTON OUTDOORS REPORT

Records aren't always broken in front of a roaring crowd in a stadium. Sometimes, they are broken casting the simplest of offerings off a dock on a summer morning. That's exactly what happened on June 26 at Loon Lake in Stevens County, Washington.

Loon Lake is a large body of water, covering some 1086 acres. Located 26 miles north of Spokane, it's known for giving up a previous state record lake trout in the 1960's and for being a very good place to catch quality size kokanee salmon. Warmwater species such as perch, bass and sunfish are also found here and in recent years, tiger trout have been stocked as well. Tiger trout are a relatively new fish to Washington State, a sterile hybrid that's a cross between a female eastern brook trout and a male German brown trout. The Washington Department of Fish and Wildlife (WDFW) has been stocking them in select lakes around the state for 20 years.

With easy access off of U.S. Highway 395 and a couple of well-established resorts, Loon Lake is a popular place to fish for Spokane area residents to include Caylun Peterson, who hails from the Lilac City and has been fishing here on a regular basis every summer since he was a child.

On the early morning of June 26 Caylun was staying at his parent's lake cabin with



Caylun Peterson with his record Tiger Trout.

his family when his daughter woke him up and asked to go fishing. The two went out to the dock and Caylun cast a big nightcrawler on a hook with no weight on the line and let it slowly sink to the bottom. About 15 minutes after Caylun did he got a bite and set the hook. At first the trout swam towards him but then it turned and started to run and Peterson knew he had a very big fish on the line. In fact, Caylun started getting worried he was going to run out of line on his reel and yelled for his wife to get the Sea-Doo ready so they could follow the fish. Before that became necessary though the fish tired and stopped its lone line-taking run. Eventually, Peterson was able to reel the fish in.

When Peterson first got the big tiger trout in hand his first instinct was to release it, thinking if it grew another year and he could catch it again, he might have a record on his hands. However, the fish was bleeding badly and about that time his mother and a neighbor came outside. Seeing the huge tiger trout Peterson had caught, they both told him they thought the current tiger trout record was around 18 pounds and he may have beaten that record.

It turns out they were right. The previous Washington record tiger trout was caught in 2015 out of Bonaparte Lake by Kelly Flaherty from Priest River, Idaho. That trout weighed 18.49 pounds. Peterson's trout, weighed on a certified scale in Deer Park, beat the previous record by exactly six pounds with a weight of 24.49

pounds. Not only did Peterson's trout break the Washington State record, but it looks to be an unofficial world record fish as well. The current world record

tiger trout, weighing 20 pounds and 13 ounces, was caught by Pete Friedland out of Lake Michigan back in 1978.

Caylun took his trout to the WDFW Eastern Regional Office where it was examined by a fisheries biologist and other staff members on Monday the 28th. Peterson's trout is now officially the Washington State record tiger trout. He will have to fill out paperwork for the International Game Fish Association (IGFA) and submit it for his fish to be certified as the new world record tiger trout.

As for fishing advice? Caylun said he has caught big tiger trout before out of Loon Lake, weighing up to 12 pounds, prior to this catch of a lifetime. Peterson says in his experience.

"They tend to bite first thing in the morning and right before sunset". Peterson is also a big believer in his method of using bait with no weight which slowly sinks to the bottom. As for what he was using besides that? Nothing fancy. Just an older Shakespeare Ugly Stik fishing rod and Okuma spinning reel.

It's the sort of story that makes you believe you too might just reel in a record the next time you are casting a line off the dock, out of the boat or from shore at your local lake. After all, if a regular guy who loves to fish like Caylun Peterson can catch a record. maybe anglers like you and I can too.

John Kruse - www.northwesternoutdoors.com and www.america out doors radio.

Using antihistamines for those summer allergies

Q: My nose runs, and my eyes itch every summer from my allergies. I used to take Allegra®, but it doesn't seem to work anymore. What other antihistamine should I try?

Antihistamines are designed to prevent and relieve allergy symptoms by keeping a compound called histamine locked up in special cells called mast cells. Histamine is responsible for triggering allergic reactions, a chain of events resulting in a stuffy nose, sneezing, sinus pressure, itching, and hives.

When you contact something you're allergic to, called an allergen, your body reacts. Allergens like pollen, grass, mold, or pet dander cause mast cells to open up, letting histamine escape to wreak its havoc of an allergic reaction.

Antihistamines block this reaction best if taken at least 1 hour BEFORE you are exposed to any allergens.

Which antihistamine should you use?

That depends on which one relieves your symptoms the best while causing the least amount of side effects. There are 2 main types of antihistamine medicines to choose from: sedating ones and nonAsk... Sedating antihistamines are

sedating ones.

older drugs that often cause drowsiness. Newer antihistamines seldom cause drowsiness but may not be as effective at drying up a runny nose.

Some antihistamines will give you more relief from your allergy symptoms than others. It's not unusual to try more than one antihistamine before finding one that relieves your allergy symptoms while causing the least amount of drowsiness.

Older antihistamines will cause at least some drowsiness in most people. If you need to avoid feeling tired, start with a newer antihistamine, like loratadine or fexofenadine.

One of the best antihistamines to try first is loratadine, also known as Claritin® and Alavert®. It's taken once daily and rarely causes drowsiness. If loratadine doesn't relieve your allergy symptoms, another choice is Allegra® (fexofenadine), available in two versions: twice a day or oncea-day pills.

If either of those doesn't help you, I would suggest Zyrtec®(cetirizine) or its close relative, Xyzal® (levocetirizine). These are more likely to cause you drowsiness when compared to Claritin® or Allegra® but are better at drying up a runny nose or watery eyes. They cause drowsiness in only 1 out of every 10 people and are very similar in their effectiveness.

If Claritin®, Allegra®, Zyrtec® or Xyzal® don't provide enough relief, try an older, more sedating antihistamine. The most powerful is Benadryl® (diphenhydramine). Benadryl® relieves most allergic symptoms but at the same time causes drowsiness in most people. In fact, diphenhydramine is the main ingredient in the popular sleeping pills Tylenol PM® and Sominex II.

Benadryl® (diphenhydramine) needs to be taken 3 to 4 times a day for best results. Some people get more relief by taking one Benadryl® at bedtime while using another antihistamine during the day.

There are older antihistamines available, including chlorpheniramine, brompheniramine, and triprolidine. Triprolidine causes less drowsiness than chlorpheniramine and brompheniramine. It is also very effective at drying up runny nose symptoms. Years ago, as a hospital

pharmacist, we would send antihistamines to surgery if a surgeon developed a runny nose and needed to "stop the drip" before performing surgery. The surgeon's favorite was always Actifed®, a combination containing triprolidine and the decongestant pseudoephedrine. It's STILL my personal favorite, too. I love how it relieves my runny nose, watery eyes, and nasal congestion without causing drowsiness.

The main drawback to triprolidine is finding it. Triprolidine is only available as the combination Actifed®, which also contains the original version of Sudafed®, pseudoephedrine, which is restricted. I buy generic Actifed® from my pharmacy and sign for it.

Here are 5 Tips on Choosing an Antihistamine:

1. Take them ahead of time, if possible.

Take antihistamines at least an hour before exposure to allergens. You'll get better results than if you wait until your nose stuffs up and your eyes start itching.

2. Try newer, less sedating ones first.

THEME: KIDS CLASSICS

ACROSS

6. Pen

Non-sedating antihistamines like loratidine (Claritin®), fexofenadine (Allegra®) or cetirizine (Zyrtec®) have fewer side effects.

3. If your first choice doesn't help, try a different one.

It's not unusual to get good results with one antihistamine, yet very little relief from another. If one antihistamine stops working, try a different one.

4. Choose between just an antihistamine or a combination product.

You can choose an antihistamine alone or combined with other medicines, like a decongestant. I recommend you avoid Sudafed PE® sold on the shelf, which contains phenylephrine. It's not nearly as effective as the original formula of Sudafed®, which contains pseudoephed-

5. Triprolidine/pseudoephedrine (Actifed®) relieves BOTH runny and stuffy nose symptoms at the same time.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog The Medication Insider. com. ®2021 Louise Achey

2. Large edible mushroom, pl.

*Shenzi, Banzai and Ed in "Lion King"

9. It's knee high by the Fourth of July?

3. Seed covering

4. Substitute for tender

6. *One in a pocketful

8. Horizontal bar dance

12. Eastern Standard Time

24. Popular salad dressing

25. *Winnie and Paddington

7. Lawyers' league

10. Strong desire

11. Channel marker

15. What bullies do

22. Past tense of eat

26. Derived from oats

20. City in Japan

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

6



9. *Rubik's 13. Bryan Stevenson's "Just -Wan Kenobi 15. Egyptian falcon-headed deity 16. Top of a steeple -l-Am' 18. Vernaculai 19. *"Walking" spring toy 21. *Purple dinosaur 23. Foot the bill 24. Smidgen 25. *KIDZ 28. Like a mattress? 30. Stay clear of 35. *Dumbo's were huge 37. *Arnold Lobel's "Frog and 39. Emotional punishment 40. At the summit of 41. Young hooter 43. Shakespeare's hometown river 44. Increase rpms (2 words) 46. *Pinocchio or Baron Munchausen,

47. Retired, shortened 48. Soft palate vibrations 50. Bob of the boxing world 52. Bovine hangout 53. Give the cold shoulder

55. Unagi on sushi menu 57. *Place called Sesame 60. *Place for Pong and Pac-Man 63. Semolina source

66. Mourning fabric 64. It would 68. Arterial blood vessel 69. Atlantic catch 70. Partner of pains 71. Emeralds and rubies

73. Haul something heavy DOWN 65. *Huck's friend 1. German river 67. Sixth sense

27. Utah city 29. Thanksgiving turkey, e.g. 31. Burn to a crisp 32. Viclav of Czechoslovakia 33. Be theatrical 34. *One of the Darling children 36. Horse prod 38. Letter opener 42. More true 45. Bygone Spanish money 49. "He said, said" 51. Place that attracts visitors, pl. 54. Ancient city in Africa 56. Cooler clime conifer 57. *"One, two, buckle my ____"
58. Four years in the White House, e.g. of NIMH' Walker, American Girl 61. *"Matilda" and "The Gremlins" author 62. *"The Three Musketeers" sword 63. Tail action