



**Car Show, Lake Chelan Swim results**  
See page A3

## COVID – Beyond Masks

*How you can be proactive*

By BILL FORHAN, PUBLISHER



Bill Forhan

There is no doubt that our hospitals are being overrun with COVID patients. Hospital staff and resources are being challenged making it increasingly difficult to provide care to those most in need.

Politicians are using this crisis to push for mass vaccinations in an effort to stem the growing tide of cases. But

many medical professionals, like Dr. Robert Malone a virologist and immunologist, is critical of the push to vaccinate everybody. Dr. Malone is considered one of the inventors of the Moderna Vaccine and says he is not an anti-vaxxer he simply points out that there are legitimate reasons for not forcing everyone to take this vaccine.

Dr. Malone, points out that this vaccine in like most flu vaccines. They are not always effective with the latest mutation of the virus. The best we can hope for with vaccines of this nature is to slow the spread of the virus while we find ways to treat and cure patients that have contracted the disease.

We already have evidence that the vaccine is not completely effective. The Center for Disease Control admits that there will be breakthrough cases. In other words, cases that occur in fully vaccinated patients. Some of these can be severe and some people may even die. According to NBC news, as of the end of July 125,000 fully vaccinated people have tested positive for Covid and 1,400 have died. As a percentage of the fully vaccinated population that number is miniscule at .08%. NBC notes that their data is incomplete because 11 states did not provide them with information and the Center for Disease Control stopped reporting in May.

The other problem when discussing vaccines is that they are not a cure. Vaccines are a prophylactic. They are meant to prevent getting the virus in the first place. Once someone contracts the disease, doctors are primarily concerned about treating it. There is widespread disagreement over protocols for treatment of COVID.

According to the Washington Department of Health, just over 52% of the population in Chelan, Douglas and Okanogan County are fully vaccinated. That means half of the residents in our area are still at risk for contracting the virus.

SEE COVID ON PAGE A2

## Typical Symptoms of COVID

**Keep in mind, not everyone has all of them**

- Runny nose, sneezing
- Sudden onset of marked fatigue
- Loss of energy, malaise
- Body aches, muscle aches, headaches
- Cough, though in COVID it is usually a dry cough. You may not produce mucus (sputum). Color of sputum is not necessarily a reliable indicator of severity or type of illness.
  - If your cough is causing you to have increased shortness of breath or interfering with your sleep pattern, this could mean the disease is worsening.
- Feeling "feverish," even if fever (defined as temperature >101 degrees) is not present.
- Chills at night
- Sudden onset of sweats during the day that are unrelated to exercise
- Loss of taste or smell (tends to occur after the other symptoms have been there 1-3 days, but can occur earlier or later)
- Loss of appetite, nausea, GI upset
- Diarrhea may occur, though is not common. It can quickly lead to dehydration and electrolyte imbalances when it does happen.
- After about day 5, when the inflammation gets worse, there is often chest heaviness or tightness, difficulty breathing, shortness of breath.
- Drop in blood oxygen concentration (measured with a finger oximeter you can purchase at your local pharmacy) indicates serious respiratory problems
- Rapid heart rate, palpitations
- Loss of focus, difficulty with concentration and memory

See Page A2 for Treatment protocol

## Lake Chelan Valley Events, Things to do, Meetings

### Chelan Museum: Sept. 15-18

CHELAN - The Lake Chelan Museum is open Tuesday, Wednesday, Thursday, Friday, Saturday 11 a.m.-3 p.m. Face masks are required for all those visiting the museum. The museum has been refreshed with paint, new displays and new signage and check out the 12 ft. tall Lake Chelan Historic Legend Map display. A 24" x 36" poster based on the display is available for purchase for \$30. The Epson photo print depicts the lake in a vertical format along with relevant historic entries. Take a peek in the gift store and buy their latest 50th Anniversary History Notes or a Lake Chelan Historic Legend Map.

### Manson Farmers Market: Sept. 15, 18

MANSON - The Manson Farmers Market is open on Wednesdays, 8:30-11:30 a.m. in the parking area near Alta Cellars. On Saturdays the market is open 8:30 a.m.-12 noon in the Manson Grange Parking lot. The market will run through Labor Day. For more information find them on Facebook.

### Chelan Evening Farmers Market: Sept. 16

CHELAN - Chelan Thursday Evening Farmers market is open thru Oct. 28, 2-6 p.m. and has expanded into Riverwalk Park. With more than 20 vendors and two food trucks, browse fresh, locally grown produce and a variety of goods from local artisans. Although this is a Farmer-centric market, there is so much more. Enjoy the entertainment, picnic on prepared food or fresh fruit and vegetables. Per Health Department guidelines vendors will be masked and providing hand sanitizer throughout the market, for your safety. The market is located on the corner of S. Emerson Street and Wapato Avenue, near Riverwalk Inn and Riverwalk Park. For info: chelanfarmersmarket.org

### 4th Quarter Road Biking Group: Sept. 17, 20

MANSON/CHELAN - The 4th Quarter Road Biking Group (Formerly named the Seniors' Road Biking Group) is inviting road bike and e-bike riders to join their riding group. The bike riders meet at 9 a.m. in Manson or Chelan on Mondays and Fridays. On the first Friday of every month the group meets at Pat & Mike's store and they ride the South Shore of the lake. The rides are usually 90 -120 minutes in length and average 20-30 miles in distance. The ride routes are pre-planned and include a few or several hill climbs. Most of the rides are designed to minimize highway riding. For more information contact Bob Matson at 509-888-1554 or matsonfamily4@aol.com.

### Wellness Place Online Auctions: Sept. 17-19

WENATCHEE - Out of an abundance of caution, and with respect to our dedicated healthcare professionals, the Wellness Place Board of Directors decided to cancel their in-person Gala and move to an online auction. They are excited to host two online auction events during Sept.

SEE EVENTS/THINGS TO DO ON PAGE A4

## Remembering 9/11



RuthEdna Keys/LCM

ABOVE: Seniors from Manson High School, contributed to the memorial. Francisco rang the bell followed with a reading from each student, Mable, Kim, Irasema, April and Autumn. RIGHT: Manson's fire truck, "Tower 51", flying a 20 x 30 foot American Flag over the Remembering 9/11 service. BELOW: A display table, holding 13 American flags along with the names of military personnel killed in the terrorist explosion at the Kabul Airport. The flag stand was made by craftsman Jeff Stoelk.

By NORM MANLY, POST SERVICE OFFICER, MANSON AMERICAN LEGION

MANSON - Manson's fire truck, "Tower 51", flying a 20 x 30 foot American Flag over Wapato Way was the perfect backdrop for Manson's Remembering 9/11. This event was held on Saturday, September 11 at 8:30 a.m. at the American Legion Park with nearly 200 in attendance. The Manson American Legion and Chelan Veterans of Foreign Wars co-sponsored the event with support from Manson High School and the Manson Fire Department.

American Legion Post Service Office, Norm Manly opened the Patriots Day event. "We are here to remember the 2,977 souls who lost their lives 20 years ago and countless more that have given the ultimate sacrifice since that fateful day, fighting terrorism. We honor the 13 U.S. Service men and women who recently lost their lives at the Kabul Airport in Afghanistan defending America and Americans.

Let's pray they will be the last service personnel to die in Afghanistan." Norm shared his feelings and emotions the morning of September 11, 2001 as he watched the airliners crash into the Twin Towers in New York. "It is a memory I will never forget," he said.

The Color Guard, under the direction of Manson Vice Commander Brian Strausbaugh Posted Colors. This was fol-

SEE 9/11 ON PAGE A3



**With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events**

## INSIDE THIS WEEK

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## Sweetman places 1st in annual car show



Trinada Caro/LCM

**ABOVE:** Winner of the 2021 Lake Chelan Car Club Show, Dick Sweetman, along with his wife Renee. The annual car show organized by Lake Chelan Car Club and Miller's Lake Chelan Auto Museum was held September 11 at Riverwalk Park. There were 129 cars in show and Dick Sweetman took first place with his 1955 Chevrolet Bel Air. He and his wife are from Tonasket where they own and operate an autobody shop. As the winner he will get a picture of his car on next year's T-Shirts in addition to some other complementary benefits afforded to this year's winner. **BELOW:** From old to new and everything in between this car show had it all. From a 1932 Ford Coupe to a 2021 Chevrolet Corvette. Awards for Best Interior, Best Motor and the Top 10 were among some of the awards presented. *More photos at lakechelanmirror.com*



## CHELAN COUNTY SHERIFF/FIRE/EMS

### SHERIFF

#### September 3

Non-Injury Accident at N. Clifford St. & E. Woodin Ave., Chelan.  
Burglary at the 100 block of E. Chelan Ave., Chelan.  
Juvenile Problem, Old Chelan Bridge, Chelan.  
Welfare Check at the 7500 block of S. Lakeshore Rd., Chelan.  
Non-Injury Accident at the 800 block of E. Woodin Ave., Chelan.  
Disturbance at the 5800 block of Crum Canyon Rd., Entiat.  
Suspicious Activity at the 200 block of W. Manson Rd., Chelan.

#### September 4

Civil at the 100 block of Crooked Mile Ln., Chelan.  
Marine at the 400 block of W. Manson Rd., Chelan.  
Welfare Check at the 100 block of E. Wapato Ave., Chelan.  
Trespassing at the 400 block of Kutil Pl., Manson.  
Vehicle Prowl at the 1400 block of W. Woodin Ave., Chelan.

Harassment/Threat at the 1000 block of Crest Loop Rd., Entiat.

Marine at the 7500 block of S. Lakeshore Rd., Chelan.  
Marine at the 900 block of Spader Bay Rd., Chelan.  
Disturbance at the 14900 block of Golden Delicious St., Entiat.

#### September 5

Burglary at the 100 block of E. Chelan Ave., Chelan.  
Alarm at the 400 block of S. 1st St., Chelan.  
Theft at the 600 block of W. Manson Rd., Chelan.  
Drugs at the 200 block of E. Woodin Ave., Chelan.  
Trespassing at the 300 block of W. Manson Rd., Chelan.  
Weapons Violation, Mill Bay Boat Launch, Manson.  
Marine at the 400 block of W. Manson Rd., Chelan.  
Weapons Violation at the 100 block of Wapato Ct., Manson.  
Attempt to Locate/Attempt to Contact at the 400 block of Wapato Lake Rd. Manson.

#### September 6

Disturbance at the 2200 block of W. High St., Chelan.  
Alarm at the 400 block of E. Woodin Ave., Chelan.  
Property at Entiat River Rd. MP 25, Entiat.  
Weapons Violation at the 400 block of Firefly Ln, Chelan.  
Suspicious Activity at the 17100 block of S. Lakeshore Rd., Chelan.  
Runaway at the 300 block of Washington St., Manson.  
Suspicious Activity at the 300 block of E. Prospect St., Chelan.  
Theft at the 100 block of W. Manson Rd., Chelan.

#### September 7

Juvenile Problem at the 500 block of N. Cedar St., Chelan.  
Marine at the 300 block of W. Woodin Ave., Chelan.  
Burglary at 78 Anderson Rd., Chelan.  
Alarm at the 1000 block of Crest Loop, Entiat.  
Malicious Mischief at the 200 block of E. Johnson Ave., Chelan.

three different hardwoods. American Red Oak, one of the hardest woods in American represented the fact that our soldiers were trained to be hard and tough, at the same time compassionate. The top of the stand featured a piece of Blood Wood, representing the ultimate sacrifice they gave to our country that day. Finally, the stand rested on a hardwood from Brazil, Purple Heart. Each of these soldiers certainly are deserving of one of this na-

tion's highest military awards, a Purple Heart of their own. At 9 a.m. Vice Commander asked the Color Guard to retrieve Colors. Norm thanked everyone in attendance and all that took part in the 9/11 Remembrance. The event ended with the Lake Chelan Patriotic singers leading us in "God Bless America". There were many positive comments from people in attendance, this will become an annual event in Manson.

## 9/11

CONTINUED FROM PAGE A1

lowed by an opening prayer from Pastor Craig Rayment of North Shore Bible Church. American Legion Commander, Clyde McCullugh, representing the American Legion and the Chelan VFW shared his joy in holding the 9/11 Remembrance and his memories of that ominous morning in 2001. Seniors from Manson High School, who had not been born by September 11, 2001, contributed to this memorial. Francisco rang a bell followed with a reading from each student, Mable, Kim, Irasema, April and Autumn. Each presented facts regarding planes involved in the attack and the total number of people killed that day. People in attendance were asked to give a moment of silence and think about the 2,977 individuals that were lost. Taps was played. Norm Manly introduced Dan Crandall, President Chelan Firefighters Association and Ray Eickmeyer, Director of Lake Chelan EMS. Each talked about the morning of September 11, 2001, where they were and their emotions that morning still stirs up today. A display table, holding 13 American flags along with the names of military personnel killed in the terrorist explosion at the Kabul Airport was an amazing sight. The flag stand, made by craftsman Jeff Stoelk was beautiful. Jeff used

## Swimming for dollars



Trinada Caro/LCM



**ABOVE: And they're off!** Seventy-three started their swim at Willow Point Park. **LEFT: Swimmers head for the finish line.** **LEFT BOTTOM: Top 1st place was James Adams with a time of 32:31. He is pictured with Viki Downey.**



Judy Phelps and Viki Downey, along with many amazing volunteers, held their 10th Annual Lake Chelan Swim on September 11 in Manson. The 73 registered swimmers kicked off their swim at Willow Point Park and ended a mile and a half down lake at Manson Bay Park. First to arrive was James Adams with a time of 32:31. Downey has been teaching proper method and swim safety for over 50 years. This event raises proceeds that directly go to fund subsidized swim lessons for those in the Valley. She explained that this last summer they were able to give over 450 kids swim and safety lessons. This swim is not only for the locals. Participants came from Yakima, Omak and Tacoma to name a few cities.

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## Senior Focus

A Guide to Healthy Living For Seniors & Others



# Are you at higher risk for having a life-changing stroke?

STATEPOINT - Lead scorer of the University of Pittsburgh women's basketball team, Latia Howard was being recruited by the WNBA and at the top of her game. But that all changed after she suffered a stroke at just 21 years old. Early one morning, Howard began experiencing weakness in her arm and leg. While she decided to skip practice that day, she didn't think too much of it. When her roommate told her trainer why Howard wasn't at practice and what she was experiencing, he called her and noticed she didn't sound right on the phone. He went straight to her apartment, and after realizing something was very wrong, he immediately called 911

and she was rushed to the emergency room. According to the American Stroke Association, African Americans have a higher prevalence of stroke and the highest death rate from stroke than any other racial group. Among stroke survivors, African Americans are more likely to be disabled and have difficulties doing daily activities. A star athlete before her life-changing stroke, not only was Howard unable to play basketball afterward, she had to relearn how to walk and talk and went through extensive physical therapy, falling into a depression. The stroke forced Howard to re-imagine her goal of being a professional basketball player. She shifted her dream of playing

in the WNBA to coaching young, up-and-coming basketball players. "I am grateful I am here and can share my story," says Howard, who, now 43, is an educator and basketball coach. "I encourage my team to always give 100% because at one time in my life, I couldn't give anything." A testament to the fact that stroke can happen to anyone, of any age, at any time, Howard encourages everyone to know their body, so they can recognize when something feels different or wrong. "When it comes to stroke, every moment counts," she says. "A person could lose everything to stroke, so it's important to call 911 the moment something seems off." The Cen-



Courtesy StatePoint  
Star basketball player, Latia Howard, suffered a life-changing stroke at 21.

like high blood pressure and diabetes, as well as genetic conditions like sickle cell disease. That is why it's important for everyone to be aware of their risk factors and learn the signs to watch. According to experts, immediate medical attention is vital when it comes to stroke and relies on everyone learning and being able to recognize the BE FAST signs and symptoms of a stroke in themselves and others and calling 911 immediately. BE FAST stands for Balance, Eyes, Face, Arm, Speech, Time and refers to these signs of stroke: • Balance: Sudden loss of balance • Eyes: Loss of vision in one or both eyes • Face: Face looks uneven or droopy • Arm: Arm or leg is weak or hanging down • Speech: Slurred speech, trouble speaking or seems confused • Time: Immediately call 911 For more information and resources, visit [StrokeAwareness.com](http://StrokeAwareness.com), developed by Genentech Inc, a member of the Roche Group.

"BE FAST" was developed by Intermountain Healthcare, as an adaptation of the FAST model implemented by the American Stroke Association. Reproduced with permission from Intermountain Healthcare. © 2011 Intermountain Healthcare. All rights reserved.

ters for Disease Control and Prevention (CDC) reports that almost half of African

Americans have at least one risk factor for stroke, including manageable conditions

## How to use medical patches safely

83-year-old Ethel asked me, "Is it okay to go water-walking while wearing my pain patch? I don't want it to come off in the water."

"Where are you applying it?"

"On my stomach."  
"That should be fine, as long as you avoid putting it where your waistband could rub against it. Whenever you apply a patch, you'll want to make sure your clothing doesn't touch it in a way that could eventually peel it off."

Patches are easy and convenient. They offer a way to get several days of medicine at a time instead of needing to take a pill multiple times a day. An increasing number of prescription and over-the-counter (OTC) medicines are available as pills and as patches.

There are prescription-only patches for birth control, hormone replacement, high blood pressure, Attention Deficit Disorder, motion sickness, chest pain, dementia, and pain.

Some patches don't require a prescription. You can purchase patches containing nicotine to help you quit smoking and patches to help relieve irritable or overactive bladder symptoms, called Oxytrol®. Several types of analgesic patches are available OTC, including ones with nearly as much lidocaine as their more expensive, prescription-only counterparts.

Most patches are designed to deliver the same amount of medicine, hour after hour. Compared to pills or liquid medication, patches begin working slowly, their effects building up over time. It can take several days for the full impact of a patch to be experienced.

After removing a patch, the medication continues traveling into your body for several hours afterward, and its effects taper off slowly unless another patch is applied.

The potency of a patch is directly related to how much surface area touches your skin. The bigger the patch, the greater the amount that is delivered to your body. This relationship makes it very tempting to adjust the dose of medicine by cutting the patch. Unfortunately, this practice can be dangerous to do with certain types of patches.

Most medication patches



Ask...  
**Dr. Louise**

use either a reservoir or a matrix delivery system for their active ingredient. A reservoir patch contains a liquid or gel-like reservoir of concentrated medicine inside, designed to deliver medication at a controlled rate as long as it stays intact.

Suppose a reservoir-type patch gets torn or is cut. When that happens, the potent medicine in the liquid or gel can leak out of the patch onto the skin, dramatically increasing the amount of medicine absorbed and creating an overdose.

A matrix patch incorporates its active ingredient into the adhesive layer of the patch. This allows some matrix-type patches to be cut to adjust the amount of medicine delivered, unlike the reservoir-type patch.

One of the most significant advantages of taking medicine as a patch is delivering a consistent dose of medicine over an extended period. With a patch, you could apply one every 3 days instead of taking a pill every day.

By delivering its medicine into your bloodstream through your skin, patches completely bypass your stomach, which can reduce stomach upset.

Some disadvantages of using a medicated patch include itching and burning from a reaction to the patch's adhesive, a delay in experiencing the effects of the medicine due to the slower delivery system, and a higher cost compared to an equivalent dose of a pill.

**Here Are 10 Tips on Using Medication Patches Safely:**

**1. Keep track of the time or date you apply a patch.**

Most patches need to be removed or replaced at specific intervals. Nitroglycerin patches need to be removed for 8-12 hours every day, or they stop working.

**2. Don't double up.**

ALWAYS remove your old patch before applying a new one.

**3. Apply only to recommended areas, and rotate the site.**

Watch for restrictions on where the patch should NOT be placed, and always choose a different spot for the next one

you apply.

**4. Apply to clean, dry, and (mostly) hairless areas.**

Avoid applying patches to broken or irritated skin. This can increase the absorption of the medicine in the patch, creating an overdose.

**5. Avoid areas that rub against clothing.**

Keep patches from being peeled off by avoiding applying them to areas that rub against clothing, like waistbands or edges of sleeves.

**6. Remove any inner liners before applying.**

Once you remove the outer wrapper, an inner liner may need to be peeled off before you apply it. If you don't do this, the patch will not work correctly.

**7. Avoid cutting or tearing.**

If you need to adjust a patch's dose, check with your pharmacist first to see if it can be cut safely. Many patches are generics and can be a different type of patch than the original brand name. The brand name medicine might be a matrix patch, which could be cut safely. At the same time, one of its generic versions could deliver the same medicine as a reservoir patch, which should never be cut.

**8. Avoid high heat.**

Extra heat can increase the amount of medicine your body absorbs from a patch, causing an overdose. When wearing a patch, avoid putting a heating pad on over it or submerging it in a hot tub.

**9. Be careful when using tape to anchor a patch.**

Heavy, occlusive coverings can increase the potency of a patch, with tragic results. Avoid taping all the way around a patch with heavy tape or plastic wrap. If a patch is trying to peel off, try anchoring it with two strips of narrow tape in a criss-cross pattern.

**10. Don't apply patches in front of children.**

The boxes that patches come in are not child-resistant. To children, a medicine patch may look just like a sticker.

*Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. ©2021 Louise Achey*

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# Senior Focus

A Guide to Healthy Living For Seniors & Others



## Great ways to keep your mind sharp as you age

STATEPOINT - September, which is World Alzheimer's Month, is an excellent reminder to keep your mind and body healthy through the years. Experts say that doing so can reduce your risk for cognitive decline. Try taking on these new hobbies to keep your mind sharp as you age:

- **Cooking:** Not only can the development of a new complicated skill such as cooking improve cognitive functions like problem-solving and concentration, but having the ability to create your own nutritious meals at home has the added benefit of being good for brain health. From TikTok tutorials to online classes taught by master chefs, today, there are more avenues for picking up culinary know-how than ever before.

- **Music:** Learning to play a musical instrument has countless benefits for brain health, helping improve memory, hand-eye coordination and more. It's also a mood booster, which is important, as depression is considered a risk factor for dementia. Check



(c) Ivanko\_Brnjakovic / iStock via Getty Images Plus

**The mind-body connection is strong. For ultimate brain health, stay physically active; and if you can do so outdoors, all the better.**

out instruments designed to build skills quickly. Whether you're a total novice or taking up the piano after a long hiatus, Casiotone Keyboards, for example, are portable, easy to use and connect to an app that features lessons and more.

- **Exercise:** The mind-body connection is strong. For ultimate brain health, stay physically active; and if you can do so outdoors, all the better.

Research suggests that connecting with nature is good for one's mental well-being, reducing stress, anxiety and depression. Support your journey with tools that track your activity and inspire you to delve further into adventures, whether that be hiking, fishing or rock climbing. The watches in the Pro Trek line feature Quad Sensor technology to provide you with

temperature and barometric pressure so you can keep your eye on the weather conditions while out and about, as well as sunrise and sunset times, an app for anglers and much more.

- **Camaraderie:** Having an active social life can improve brain function. Unfortunately, if you aren't proactive about it, there aren't always that many opportunities to make new friends in adulthood. Whether it's a sewing circle or a bowling league, consider joining a club or team for camaraderie and fun.

- **Fast fingers:** Did you know that you can use your calculator to keep your mind engaged when there's downtime or you're on-the-go? Calculator games can build math skills, improve memory and keep your mind nimble. Just as it is important to maintain physical fitness as you age, it's also critical to exercise your mind. Stay mentally active by trying new hobbies, building new skills and seeking out new experiences.

## Why now is the time to schedule that check-up or screening

**SINCE THE PANDEMIC BEGAN...**

<p><b>Cancer screenings are still lagging:</b> <b>725K</b> The estimated combined total of missed breast, colon and cervical cancer screenings from March 2020 - March 2021</p>	<p><b>Preventive cancer screenings</b> can catch cancer early to keep people healthy.</p>	<p><b>+10,000</b> Projected excess deaths in 2021-2022 due to breast and colorectal cancers alone.</p>
<p>While mental health screenings via digital health tools are up, <b>routine care for mental health is down</b> as the impact on mental health during the COVID-19 pandemic has worsened.</p>	<p><b>52%</b> Adults with mental health conditions who delayed/forewent care since pandemic started.</p>	
<p><b>41%</b> About 4 in 10 adults with one or more chronic health conditions reported delaying or forgoing health care since pandemic started.</p>	<p><b>Pediatric immunizations</b> decreased, putting our youngest and most vulnerable at risk of health complications. Well-child visits and recommended vaccinations are essential and help make sure children stay healthy and are protected from serious diseases.</p>	<p><b>14%</b> The drop in vaccine ordering data in 2020-21 compared to 2019.</p>
<p><b>1 in 3 adults</b> reporting delayed or forgone health care reported doing so worsened one or more of their health conditions or limited their abilities to work or perform other daily activities.</p>	<p>Adolescent and adult immunizations <b>sharply declined</b> during the pandemic.</p>	<p>An estimated <b>26M recommended vaccinations were missed</b> in 2020 compared to 2019.</p>
<p><b>CONTACT YOUR PHYSICIAN'S OFFICE TO SEE IF YOU ARE DUE FOR PREVENTIVE CARE OR SCREENINGS.</b></p>		
<p>Screenings, tests and preventive health measures are designed to keep you healthy and to help your doctor catch certain conditions before they become more serious.</p>		

Courtesy StatePoint

### The AMA urges Americans to call their physician's office to learn if they are due for preventive care or screenings.

STATEPOINT - If you haven't visited your physician since the start of the pandemic, medical experts say that the time is now to book check-ups and screenings for the entire family.

"The pandemic has had wide-scale negative health consequences beyond COVID-19. Many Americans have delayed important routine health services critical to keeping them healthy, including vital

pediatric immunizations and preventive cancer screenings. Prevention is the best cure, so it's important to get your health back on track today," says Gerald E. Harmon, M.D., American Medical Association

(AMA) president. With school beginning and the cool weather months ahead, the AMA urges Americans to call their physician's office to learn if they are due for preventive care or screenings.

## Lost and found: tips for managing commonly misplaced items

STATEPOINT - In the haste to break free from your pandemic routine, you may find your new schedule overwhelming and hectic. And with that, comes the inconvenience of misplacing commonly used items. According to a survey conducted by Bluetooth tracking company Pixie, Americans spend an average of 2.5 days out of each calendar year searching for lost items.

The most common reason we keep misplacing our items is absentmindedness. Psychologists have a phrase for this, "If you don't encode, you can't retrieve." This means that if you go through your day without consciously thinking about where you're placing your keys, your brain has no information stored about the item's whereabouts. Other factors, such as stress levels and overall mental health, can also play a role in how often you misplace items.

Here are a few tips on how to prevent your precious possessions from going missing:

1. **Set digital reminders:** If you regularly lose track of specific items, digital reminders might be for you. There



(c) monkeybusinessimages / iStock via Getty Images Plus

**The most common reason we keep misplacing our items is absentmindedness.**

are a variety of great productivity apps available on most smartphones to remind you to double check your wallet before leaving the house. Most calendar apps such as Google Calendar and Outlook have reminder features that can help you organize your valuables. There are also useful apps like To do list that specialize in creating reminders and daily lists.

2. **Retrace your steps:** "Retracing your steps" after losing an item can be a useful approach when activating your brain's context-dependent memory.

With context-dependent memory, your memory is the strongest when you mentally or physically place yourself back in the environment in which the item was lost. Reconstructing these events visually can help trigger your memories and be an important step in rediscovering a misplaced item.

3. **Try a Bluetooth tracker for smaller items:** For smaller items like your phone, wallet and keys, Bluetooth trackers can provide much-needed tech relief. Trackers like these are designed for those times you

lose an item within close proximity. Instead of wasting precious moments searching for your lost item, you can pull up an app to tell you where it is.

4. **Use the power of GPS tracking devices for high-value items:** When it comes to highly valuable items like photography equipment, luggage and even pets, you'll need more protection. Products like T-Mobile's SyncUP Tracker uses a combination of GPS technology and T-Mobile's reliable nationwide network to track an item at any moment from anywhere. Other devices that rely on Bluetooth technology often have tracking range limitations and shorter battery life. T-Mobile's SyncUP Tracker includes a rechargeable battery and virtual boundaries that alert you if an item leaves the designated location, all via your smartphone through an app available on both iOS and Android.

Just because you lost an item doesn't mean that you should lose hope or panic. With a few changes to your routine and even some tech upgrades, you'll find it much easier to cope during those forgetful moments.

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**OBITUARIES**

**Sally Veroske Hunt**

Sally Jan Hunt passed away at her home in Boise, Idaho on May 31, 2021 after a valiant battle with multiple myeloma and heart issues.

On Saturday August 7, her husband Horace hosted a large gathering of friends, family, coworkers, salon clients and fellow skiers to celebrate the life of this adventurous Boise resident.

Sally was born Sept. 22, 1953 in Chelan to Bill and Wilma (Cox) Veroske. She joined an older brother, Nicholas to round out the Veroske family.



Sally often reminisced about her childhood in the Lake Chelan Valley where she enjoyed swimming and water-



skiing, helped with work at the Veroske orchards, skied with her family from age three, and made many friends

while she was a student.

Sally played the saxophone and sang in the choir when she was in high school, was honored as a homecoming princess and won many blue ribbons at county fairs for her home-sewn garments. She graduated from Chelan High School in 1971, then attended the University of Puget Sound in Tacoma for two years.

Sally took a year away from studies to live and work in Sun Valley, Idaho where she skied as much as time allowed. She completed her studies in home economics at the University of Washington, then returned to Sun Valley to create special baked goods at a popular bakery.

She eventually found her niche as a hair stylist in Boise and fell in love with Horace Hunt (calling him "the love of my life"), also a die-hard skier. They were married at a garden ceremony in Boise on July 20, 1996, and enjoyed 27 years together.

Sally Hunt is best known for her adventurous spirit. She could ski any run on the mountain. She scuba dived with manta rays on the Island of Hawaii. She helicopter skied in British Columbia. She biked across the state of Iowa. She rode a river raft alone on an eighteen-day journey through the Grand Canyon.

She and Horace tackled ski slopes in the Alps and

Japan. Sally once earned a brown belt in karate. Her last adventure was defeating her first round of bone cancer, diagnosed in 2007, to spend several more happy years of living and adventures with Horace.

Sally Hunt's parents both preceded her in death a few months before her own. She is survived by her husband Horace of Boise; her brother Nick of Portland, Oregon; her niece Ariel Veroske of Denver; and several Veroske and Cox family members in the Pacific Northwest and Hawaii. Sally will be missed and remembered lovingly by her husband, family, friends and CHS classmates.

**DEATH NOTICES**

**Cameron Lee 'Skip' Morehouse**

Cameron Lee 'Skip' Morehouse, 70, of Chelan, Washington, passed away on Sept. 5, 2021. No local services will be held.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

**COMMUNITY BULLETIN BOARD**

- Local, Regional Community News & Events
- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to [NCWMARKET.COM](http://NCWMARKET.COM) 24/7  
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 For more info call: Lake Chelan Mirror at 509-682-2213  
 Email to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

10-19, and both are filled with a variety of items and values. #1 "Shooting Star" Online Auction Packages, opens 8 a.m. Friday, Sept. 10, closes 9 p.m., Friday, Sept. 17. #2 "Supernova" Online Auction Packages, Opens 8 a.m., Friday, Sept. 17, closes 9 p.m., Sunday, Sept. 19. Wellness Place is a 501(c)3 nonprofit organization and our mission is to give compassionate support and FREE resources to individuals, their families and caregivers through their cancer journey, from diagnosis to survivorship, for all residents in Chelan, Douglas, Grant and Okanogan counties, regardless of age or income. No One Fights Alone. For more information visit [www.wellnessplacewatches.org](http://www.wellnessplacewatches.org).

**Chelan Century Challenge: Sept. 18**

LAKE CHELAN - Over 2,500 feet with an average 12% grade - and it's waiting for you at the Chelan Century Challenge. Compete against your friends in an American version of Mont Ventoux on Saturday, Sept. 18, with the start/end location at the PUD's Chelan River Park. The Chelan Century Challenge is designed as a clover leaf. It consists of three loops, each one being completely different from the others. The loops are between 30 miles and 40 miles in length, combining challenging hills with captivating scenery. For more info [www.cyclechelan.com](http://www.cyclechelan.com) The money raised by this event plays a key role in supporting the projects and causes of Lake Chelan Rotary Club.

**Glass recycle: Sept. 18**

Volunteers needed

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 8 a.m.-noon, at 23235 Highway 97A across from WalMart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to [www.911glassrescue.org](http://www.911glassrescue.org), and click on the volunteer tab on the home page.

**Manson Grange: Sept. 28**

MANSON - The next regular monthly meeting of the Manson Grange will be held on Tuesday, Sept. 28 at 7 p.m., at the Grange Hall.

**Community Center info event: Oct. 6**

CHELAN - Everyone is invited to join members of the The Community Center at Lake Chelan, onsite at the location where the Community Center will be built, for a fun and informative event on Saturday, October 9, 11 a.m. to 2 p.m. They will be grilling hot dogs and brats, enjoying live music and hearing from all of the different people and groups who are involved in the Community Center building project. This is the time to come out and get all of your questions answered about the new The Community Center. Bring your appetite and a few questions and spend a relaxing afternoon with friends and family on the site the Community Center is being built. All of the partners and soon to be tenants of the new building, will be onsite to chat and share information about what they will be doing in the new the Community Center. General Contractor, Rimmer & Roeter, will be at the event, along with the Seven Acres Foundation Board of Directors, the Operations Committee of the Community Center and most importantly, you.

**Food Bank food distribution: Sept. 18, 21**

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for pet food. Small bags of dog food are best. They can be dropped off at the Lake Chelan Mirror office, 310 E. Johnson Avenue in the tub outside.

**Outdoor Gallery**

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CHELAN - The Lake Chelan Arts Council Outdoor Gallery brochure is available at the Lake Chelan and Manson Chambers of Commerce. Follow the Outdoor Gallery map to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, their website, [artinchelan.com](http://artinchelan.com), offers local artists and the community an opportunity to "Celebrate Art!"

Obituaries & Death Notices also appear online [lakechelanmirror.com](http://lakechelanmirror.com)

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**Obituary & Memorial Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-682-2213 for more information Or email [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

**CHURCH GUIDE** New to the area? On Vacation? These churches welcome you!

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 Pastor Mark Wilton

**CHURCH OF THE NAZARENE**  
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 Worship 11 am & 6 pm  
 Youth Group - Friday 7 pm for 13-18 years of age  
 682-5135 • Sanders St. & Okanogan Ave.

**LAKE CHELAN LUTHERAN CHURCH**  
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 682-9063 • 216 W. Nixon Ave.

**LAKE CHELAN UNITED METHODIST CHURCH**  
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 682-2241  
 Corner of Johnson & Emerson

**• CHELAN**

**LIVING STONE CHURCH**  
 Sunday Gathering 10:00 am  
 216 N Emerson (Upper Room/Chelan Library)  
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 Sunday morning Worship 11 am  
 Sunday morning Worship (summer months) 10 am  
 Wednesday Shared Dinner 6 pm  
 Wednesday Programs Adults/Youth/Children 7 pm

**• MANSON**

**MANSON UNITED METHODIST COMMUNITY CHURCH**  
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 10:00 am Worship, Holy Communion the first Sunday of the month  
 11:00 am Coffee and Fellowship  
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 ~Live worship currently suspended due to Covid-19~  
 Sermon-by-Phone (509) 423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon

**NORTH SHORE BIBLE CHURCH**  
 Sunday Worship 9:30 am  
 Nursery (birth - 3 years) 9:30 am  
 Kidz Church (4 years-5th Grade) 9:30 am  
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[www.northshorebc.org](http://www.northshorebc.org)  
 Craig Rayment, Sr. Pastor

*"With men this is impossible; but with God all things are possible."*  
 -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 682-2213 • [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

# 19 Governors, 2 AGs Resist Biden's Vaccine Mandates

MIMI NGUYEN LY

More than a dozen governors and two attorneys general late on Sept. 9 issued statements defying the Biden administration's impending vaccine mandates for federal workers and private-sector workers.

President Joe Biden earlier in the day signed an executive order to require all federal workers to be vaccinated against COVID-19, the disease caused by the CCP (Chinese Communist Party) virus. There would be no option to opt out via COVID-19 testing. The mandate also applies to government contractors and their employees.

The president later announced he would direct the Department of Labor to create a rule to have companies with over 100 employees mandate vaccinations or weekly testing, a move that affects more than 80 million workers in the private sector.

At least 19 governors and two attorneys general immediately issued statements disagreeing with the administration's move, with several vowing to defy it.

They include the governors of Arizona, Alabama, Alaska, Arkansas, Florida, Georgia, Idaho, Iowa, Missouri, Mississippi, Montana, Nebraska, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, and Wyoming.

They were joined by at least two state attorneys general as of that night—Sean Reyes from Utah and Todd Rokita from Indiana.

Arkansas Gov. Asa Hutchinson, the chair of the National Governors Association, said in a statement: "I fully support continued efforts to increase vaccination rates across our nation, but the federal government mandates on private businesses are not the right answer.

"I have been consistent in freedom of businesses to require their employees to be vaccinated, and I have opposed the government from saying businesses cannot exercise that freedom. The same principle should protect the private sector from government overreach that requires them to vaccinate all employees."

Multiple Republican governors, including for Arizona, Georgia, and South Dakota, hinted or announced that they would seek legal avenues to resist the mandates.

"The COVID-19 vaccines are safe and effective tools to prevent the dis-



President Joe Biden speaks about combating the coronavirus pandemic at the White House, on Sept. 9, 2021.

ease, but getting the vaccine is and should be a choice," Arizona Gov. Doug Ducey said in a statement. "These mandates are outrageous. They will never stand up in court. We must and will push back."

Georgia Gov. Brian Kemp wrote on Twitter, "I will pursue every legal option available to the state of Georgia to stop this blatantly unlawful overreach by the Biden administration."

South Dakota Gov. Kristi Noem wrote on Twitter, "South Dakota will stand up to defend freedom. @JoeBiden see you in court." She later shared another Twitter post saying her legal team is prepared to stand up to the Biden administration's mandates.

The Biden administration didn't immediately respond to a request for comment.

Biden earlier in the day commented on the issue of vaccine mandates in schools, saying, "If these governors won't help us beat the pandemic, I'll use my power as president to get them out of the way."

Biden said the matter of getting more shots into arms "is not about freedom or personal choice. It's about protecting yourself and those around you—the people you work with, the people you care about, the people you love."

Statements from the remaining governors and attorneys general as of late Sept. 9 are as follows:

- Alabama Gov. Kay Ivey (in part): "I support the science and encourage folks taking the vaccine. However, I am absolutely against a government mandate on the vaccine, which is why I signed the vaccine passport ban into law here in Alabama. This is not the role of the government."
- Alaska Gov. Mike Dunleavy: "This is ridiculous and unenforceable. If there was ever a case for the 25th Amendment..."
- Florida Gov. Ron DeSantis (at a press conference): "I do not believe that people should lose their jobs over this issue, and we will fight that. If they try to do that through a rule like the Department of Labor, I don't think they have the legal authority to do that, but we obviously would want to support protections for people who are just trying to earn a living"
- Idaho Gov. Brad Little: "Today's actions from President Biden amount to government overreach. Government should stay out of decisions involving employers and their employees as much as possible. I've advocated for and championed fewer government regulations and mandates on business."
- Iowa Gov. Kim Reynolds: "President Biden is taking dangerous and unprecedented steps to insert the federal government even further into our lives while dismissing the ability of Iowans and Americans to make healthcare decisions for

themselves. Biden's plan will only worsen our workforce shortage and further limit our economic recovery. As I've said all along, I believe and trust in Iowans to make the best health decisions for themselves and their families. It's time for President Biden to do the same. Enough is enough."

- Missouri Gov. Mike Parson (in part): "Vaccination protects us from serious illness, but the decision to get vaccinated is a private health care decision that should remain as such. My administration will always fight back against federal power grabs and government overreach that threatens to limit our freedoms."
- Mississippi Gov. Tate Reeves: "The President has no authority to require that Americans inject themselves because of their employment at a private business. The vaccine itself is life-saving, but this unconstitutional move is terrifying. This is still America, and we still believe in freedom from tyrants."
- Montana Gov. Greg Gianforte: "President Biden's vaccination mandate is unlawful and un-American. We are committed to protecting Montanans' freedoms and liberties against this gross federal overreach."
- Nebraska Gov. Pete Ricketts: "President Biden's announcement is a stunning violation of personal freedom and abuse of the federal

government's power. This plan isn't about public health—this is about government control and taking away personal liberties."

- North Dakota Gov. Doug Burgum: "President Biden's misguided plan steers our country down a dangerous path away from states' rights and the freedom of private businesses to make their own decisions on vaccinations. We stand opposed to this blatant federal overreach."
- Oklahoma Gov. Kevin Stitt: "It is not the government's role to dictate to private businesses what to do. Once again President Biden is demonstrating his complete disregard for individual freedoms and states' rights. As long as I am governor, there will be no government vaccine mandates in Oklahoma. My administration will continue to defend Oklahoma values and fight back against the Biden administration's federal overreach."
- South Carolina Gov. Henry McMaster: "The American Dream has turned into a nightmare under President Biden and the radical Democrats. They have declared war against capitalism, thumbed their noses at the Constitution, and empowered our enemies abroad. Rest assured, we will fight them to the gates of hell to protect the liberty and livelihood of every South Carolinian."
- Tennessee Gov. Bill Lee: "'This is not about freedom' is a phrase that should never come out of a U.S. President's mouth. For a fight that requires working together, a lot of cynical and divisive edicts came out of the White House today pitting the vaccinated against the unvaccinated, businesses against employees, and the federal government against states."
- Texas Gov. Greg Abbott: "Biden's vaccine mandate is an assault on private businesses. I issued an Executive Order protecting Texans' right to choose whether they get the COVID vaccine & added it to the special session agenda. Texas is already working to halt this power grab."
- Wyoming Gov. Mark Gordon (in part): "I have asked the Attorney General to stand prepared to take all actions to oppose this administration's unconstitutional overreach of executive power. It has no place in America. Not now, and not ever."

## US Doubles Fines for Violators of Mask Mandate at Airports, on Trains

ZACHARY STIEBER

President Joe Biden's administration on Sept. 9 doubled the fines for people who are caught violating the federal mask mandate in effect at airports and on some modes of public transportation.

The fees, previously ranging from \$250 for first-time offenders to up to \$1,500 for repeat offenders, will now be \$500 and up for people caught violating the mandate for the first time and up to \$3,000 for people caught violating it more than once.

The mask mandate is in effect at airports, on airplanes, and in other modes of public transportation, such as buses.

The boosted penalties took effect Sept. 10.

"Wearing a mask protects the traveling public and all of the personnel who make the travel experience safe, secure, and comfortable," Secretary of Homeland Security Alejandro Mayorkas said in a statement. "We will continue to enforce the mask mandate as long as necessary to protect public health and safety."

"We appreciate the majority of travelers each day who voluntarily follow the requirement, but find this action

necessary to maximize the protections for those who use and work within the transportation system, and to contain COVID-19," added David Pekoske, administrator of the Transportation Security Administration. "By doubling the range of penalties, we seek to reinforce the importance of voluntary adherence."

The mandate, imposed by the administration on Feb. 2, is currently in place until Jan. 18, 2022.

Biden directed the Department of Homeland Security, which includes the administration, to double the fines as part of a fresh plan to try to curb the Delta variant of the CCP (Chinese Communist Party) virus.

While campaigning last year, Biden promised he would stop the virus when he entered office. Instead, cases, hospitalizations, and deaths jumped over the summer, though they're on the decline in some states.

Experts blame the Delta variant, which has been described as more transmissible than other variants, and which vaccines aren't able to mitigate as well as previous strains.

Biden also announced new CCP virus vaccine mandates, including for companies that have more than 100 employees.

## Judge Blocks Florida's 'Anti-Riot' Law, Says It Violates First Amendment Rights

ISABEL VAN BRUGEN

A federal judge has temporarily blocked Florida's new "anti-riot" law championed by Republican Gov. Ron DeSantis, saying it violates First Amendment rights.

U.S. District Judge Mark Walker on Sept. 9 didn't rule the entire statute likely violated the U.S. Constitution, but found that the state legislature's new definition of the word "riot" was too vague and confusing to satisfy free-speech rights guaranteed under the First Amendment.

"If this court does not enjoin the statute's enforcement, the lawless actions of a few rogue individuals could effectively criminalize the protected speech of hundreds, if not thousands, of law-abiding Floridians," the Obama-appointed judge wrote in a 90-page ruling that includes a three-page history of the civil rights movement in Florida dating back to 1956.

The so-called anti-riot measure, known as HB1, was signed into law by DeSantis on April 19. The Republican governor said at the time that it's "the strongest anti-rioting, pro-law-enforcement piece of legislation in the country."

The law increases criminal penalties for assault, defacing monuments, and vandalizing public property dur-

ing riots. Local governments that interfere with law enforcement trying to contain violent demonstrations will be penalized.

The bill changed the definition of what a "riot" is in the state of Florida. Under the law, a riot is defined as a violent public disturbance involving three or more people acting with a common intent that causes damage to public property or injuries—or can cause imminent injury or damage.

The law also creates a new second-degree felony—"aggravated riot"—for any riot involving more than 25 people and resulting in grievous bodily harm or more than \$5,000 in property damage. It would also apply if participants use or threaten to use a deadly weapon or block roadways by force or by the threat of force.

DeSantis said during the signing event in April that the left-wing idea of "defund the police" that echoed throughout Black Lives Matter demonstrations last year is an "insane theory" and is "not going to be allowed to ever carry the day in the state of Florida."

Democrats and the American Civil Liberties Union (ACLU) have said that the law is designed to intimidate Black Lives Matter and related protesters. The ACLU and several other groups sued the governor, state

Attorney General Ashley Moody, and others over the measure earlier this year.

DeSantis in a written statement said that he "vehemently" disagrees with the judge's decision.

"But this case was always going to be decided by the 11th Circuit Court of Appeals," the governor said. "There is a difference between a peaceful protest and a riot, and Floridians do not want to see the mayhem and violence associated with riots in their communities."

The ACLU of Florida welcomed the decision in a statement shortly after the ruling, saying that the law "appears designed to target those who protest police violence."

"We are glad the court has agreed to suspend enforcement of this key provision while we continue to advocate to ensure that protesters in Florida can safely exercise their right to speak out against injustice," it said.

Meanwhile, DeSantis said during a press briefing on Sept. 9 that Florida would be appealing the decision.

"That's a foreordained conclusion from that court," DeSantis said, The Washington Post reported. "I guarantee you, we'll win that on appeal."

Jack Phillips and Reuters contributed to this report.

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# 9/11 'Smell of Death' Continues to Claim Lives

JOSE JIMENEZ/PRIMERA HORA/GETTY IMAGES

## PETR SVAB

Toxins from the rubble of the former World Trade Center continue their poisonous streak even 20 years on, leading to serious ailments and death. It's not just the first responders who took part in rescue efforts after the terrorist attacks of Sept. 11, 2001; also affected were the tens of thousands of civilians who volunteered to help with the cleanup or returned to work in the downtown area shortly after.

Everyone from security guards to office workers returned to do their jobs following an assurance from the government that the clouded air was safe to breathe. People questioned the assurance, as the air quality was palpably bad. How bad it truly was, though, they realized only after people started getting sick. The government came to recognize dozens of ailments linked to the toxic exposure, including respiratory issues and more than 60 types of cancer.

In 2010, Congress passed a law providing health care coverage and financial compensation to anybody diagnosed with one of the recognized ailments who can prove presence in the lower Manhattan affected area on 9/11 or sometime in the following months. The bill was expanded and reauthorized several times, most recently in 2019.

## It looked almost like snow every morning.

Chris Sorrentino, former specialist, New York Stock Exchange

Chris Sorrentino is one of those covered by the bill. He worked as a specialist on the floor of the New York Stock Exchange several blocks from Ground Zero.

On the morning of Sept. 11, 2001, he was on a bus from Brooklyn, stuck in an exit from the Brooklyn-Battery Tunnel due to a traffic jam. Unbeknownst to him, the gridlock was caused by the first plane hitting the World Trade Center. Eventually, the driver let the passengers off the bus, and Sorrentino started walking toward Wall Street.

"I heard a plane just screaming. I looked up and I saw a huge jetliner, a passenger jetliner," he told The Epoch Times.

It was way too low, he thought. "This isn't going to be good."

As the plane disappeared from view, he heard an explosion and saw a massive cloud of smoke and flame engulfing all the buildings in the area. The second tower had been struck.

He started to walk toward the area, still unsure what was going on. He met a few colleagues who also worked on the floor. They told him this was the second plane to hit.

"This is like a war," one of them said.

They decided to still go to the exchange, but received a call on the way to head uptown instead.

They headed for FDR Drive, which was open for people to walk north. On the way, he saw a person, possibly a government worker, with a satellite phone. Cell reception was down at this point, so he asked if he could call his wife.

"Make it quick," the man said.

His wife was watching what was happening on the news. He told her to get his boat, parked south of the Verazzano-Narrows Bridge in Brooklyn, and come to the South Street Seaport on the west side of lower Manhattan.

She had never taken the boat out by herself before, but she agreed to do it.

As Sorrentino and his colleagues walked toward the seaport, the towers collapsed.

"All you saw was a dust cloud just rummaging through every street and alleyway," he said.

Although they were already close to the western edge of Manhattan, across the width of the island from



Policemen and firemen run away from a huge dust cloud caused by the collapse of the World Trade Center's Tower One, in New York on Sept. 11, 2001.



Pedestrians make their way through the dust in Lower Manhattan, following the terrorist attack on the World Trade Center, on Sept. 11, 2001.

the towers, they were still covered head-to-toe with soot.

"You couldn't see 50 feet in front of you," Sorrentino said. "That's how thick it was."

People immediately wrapped clothing around their faces, as the cloud was "choking" to breathe in, he said.

About two hours after the phone call, his wife arrived. There was already a crowd of people on the pier trying to jump on any boat that pulled up.

"Just make a quick sweep, don't even stop," he yelled at his wife.

He jumped on the boat and made another pass, picking up about 10 people.

"We left the island," he said.

On their way to Brooklyn, they were stopped by the Coast Guard inquiring about who they were, since the entire area was supposed to be sealed off.

"My wife, I guess, snuck in under the radar before they shut it down," he said.

## Back to Work

Sorrentino and thousands of his colleagues returned to work the following Tuesday. There was pressure at the time to reopen the stock exchange to restart trading, but also to show defiance in face of the attacks.

Christine Todd Whitman, then-head of the Environmental Protection Agency and a former governor of New Jersey, announced that the air quality was acceptable for people to return to the area.

"Governor Whitman assured everybody that the air quality was fine and there was nothing wrong," Sorrentino said. "Which was a 100 percent lie."

It was no mystery to anybody who came downtown that the air quality

"was not acceptable," he said.

The dust was ever-present, impossible to completely clean out. Sanitation workers were hosing down the streets every day, but it wasn't enough.

"It looked almost like snow every morning," he said.

In addition, the fire underneath Ground Zero kept burning for about three months.

"There were still plumes of smoke coming out every day," Sorrentino said. "It was the most rancid smell you would ever want to smell in your life."

Many of those who experienced it, including Sorrentino, described it as the "smell of death."

It reeked like asbestos and rotten flesh and filled lower Manhattan for "a good three weeks to a month," he said.

Building workers had to constantly replace air filters in their ventilations systems as they were quickly getting clogged, he heard from other workers.

The smell was so irritating it made some people's eyes water, he said.

Yet many, it appears, didn't grasp the full weight of the consequences of breathing it in.

"I definitely didn't think long-term on it," Sorrentino said.

Looking back, he wasn't even sure if regular workers there knew what an N95 mask was. Many were wearing simple cloth masks, such as those handed out by the National Guard, he said.

"I would say I know well over a hundred people that passed away or got cancer from 9/11," he said.

Through the years, anytime he heard about somebody getting sick, he said, "We must be the lucky ones."

Then, in 2018, he started to feel pain in his abdomen. He went to doctor after doctor, but nobody could figure

out what was wrong. It got to the point where the doctors considered sending him to a psychiatrist, thinking the pain was psychological.

He finally had an upward cystoscopy done in 2019, which revealed an aggressive bladder cancer. He agreed to undergo a biopsy on the spot with no anesthesia, "the most painful thing" in his life, he said. He went on to undergo advanced bladder surgery and began a grueling recovery.

He was told that if he was diagnosed a few months later, there would have been nothing doctors could have done for him.

Sorrentino was able to register for the 9/11 compensation fund, as his type of cancer is one of the ailments presumed to be linked to the toxins.

## Involved Lawyer

While it's not necessary, many people file claims with the compensation fund through a law firm—in Sorrentino's case, Barasch and McGarry.

The firm, which represents more than 25,000 clients with claims against the fund, used to be a small practice handling work injury claims, mostly by firefighters. However, with offices less than three blocks from Ground Zero, the firm was fundamentally changed by the attacks, according to Michael Barasch, managing partner at the firm.

On the day of the attacks, Barasch was at a gym on Vesey Street, about a block from the towers, when he heard an "enormous explosion," he told The Epoch Times.

Somebody said a plane hit the World Trade Center.

"We went out to the corner of Broadway and Vesey Street and we're just watching in horror as people were leaping out of the building," he said.

As the fire ate its way through the tower, the second plane hit.

"Holy cow! We're under attack," Barasch realized.

He ran back to his office.

"Get out of here. We're at war," he told everyone.

He stayed behind with a partner whose wife worked at one of the towers. The man wasn't sure if his wife had made it to work that morning and was trying to get in touch with her.

"Finally, the doorbell rang and it was his wife," Barasch said.

They all stood there in astonishment watching the grisly scene when the first tower started to collapse.

"We better get out of here," they realized.

They ran down 18 flights of stairs.

"By the time we got to our lobby, it was already filling up with dust from the first implosion," he said.

They ran north.

## Coming Back

Barasch and his coworkers returned to their offices a month later, after power was restored.

The outage saved them from exposure to the worst of the contamination, but the place still "absolutely reeked" when they got back, Barasch said.

"Even if the windows were shut, it would come through the air conditioning system," he said.

The smell was so irritating it would prompt nosebleeds in some people, he said.

About half his office ended up with health problems, from respiratory issues to various forms of cancer. Some died. Barasch himself went through prostate cancer.

His firm got involved in the first wave of victim compensation, representing about 1,000 clients. The initial program was designed to shield airlines from liability for the attacks. Claims against the fund were conditioned on waiving one's right to sue the airlines.

The first wave ended in 2004 after paying out \$7 billion.

"But people didn't stop getting sick," Barasch said.

After a protracted back-and-forth over the scope and funding, Congress reopened the compensation fund and health program through the 2010 James Zadroga 9/11 Health and Compensation Act. It was named after one of Barasch's clients, NYPD detective James Zadroga, who participated in the 9/11 rescue and recovery efforts and died of pulmonary fibrosis in 2006.

The 2019 reauthorization extended the program to 2090. At the time, the Victim Compensation Fund had already paid out some \$5 billion under the Zadroga Act and was projected to spend another \$10 billion by 2029. The health program paid out about \$1.5 billion by 2019, based on an earlier estimate by the Congressional Budget Office.

The law limits lawyer fees to 10 percent of the compensation award.

"The government did the wrong thing when it told us the air was safe, but ... the government did the right thing by creating the victim fund, the health program, and then permanently extending both programs," Barasch said.

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**Wanted**

**PATEROS SCHOOL DISTRICT 122-70J SCHOOL BOARD VACANCY DIRECTOR POSITION #3**  
The Board of Directors of the Pateros School District is seeking applicants to fill board director position #3. Applicants must reside in the boundaries of district No. 3 of the Pateros School District, be a United States citizen and a qualified voter. District Position No. 3 is SW of the Methow River and Hwy 97. Please contact the district office for exact boundaries. Position open until filled. Application and additional information can be obtained online at [www.pateros.org](http://www.pateros.org) from the district office (509) 923-2751 ext. 4 or from Superintendent Greg Goodnight at [ggoodnight@pateros.org](mailto:ggoodnight@pateros.org).

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**Certified Occupational Therapist Assistant Full-time**  
Three Rivers Hospital is seeking a Certified Occupational Therapist Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of WA with valid license. Two years' work experience in a hospital setting and/ or swing bed program is preferred. Current BLS. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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**Help Wanted**

**THREE RIVERS HOSPITAL**  
**ER NURSE Full-time/ Nights**  
Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS / CPR, ACLS, TNCC and PALS certifications. Two years' Med/Surg experience or one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE



**RADIOLOGY/ CT TECH Full-time**  
Three Rivers Hospital is seeking a Rad/ CT Tech to produce CT scans and assist the Radiologist with interventional procedures that require CT guidance and to provide the best diagnostic images possible for the providers. Registered by the ARRT and Certified WA State. Graduation from an AMA - approved school of Radiologic Technology. Minimum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer ARRT certification in CT. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE



**OR Manager Full-Time**  
Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/ GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretionary skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

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**Help Wanted**

**THREE RIVERS HOSPITAL**  
**Director of Quality Full-time**  
Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE



The Cascade School District is seeking qualified applicants for the following position:  
**Food Service Cook**  
Fast Track application process and information can be found on our website at: [www.cascadesd.org](http://www.cascadesd.org) EOE



**OCCUPATIONAL THERAPIST Full-time**  
Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/ or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/ AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and interpersonal skills. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

**Help Wanted**

**THREE RIVERS HOSPITAL**  
**Certified Coder Full-time**  
Three Rivers Hospital is seeking a Certified Coder. This position is responsible for timely, accurate and comprehensive review of services. Abstracts, analyzes, and assigns ICD-10-CM, CPT, HCPCS codes and appropriate modifiers for evaluation and management (E/M), minor procedures, and diagnostic tests by using either computerized or manual systems. Required: Associate degree, bachelor's degree, or equivalent years of experience as coding specialist. Current professional coding credentials such as AAPC, (CPC), (CCA), (COC), (PMI), (CMC), or AHIMA (CCS-P), (CCS), (RHIA), (RHIT) or be able to obtain credentials within 6 months of hire. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

**Full and Part-Time Breakfast Staff**

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The Cascade School District is seeking qualified applicants for the following position:  
**Food Service Transporter/Server**  
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**Help Wanted**

**THREE RIVERS HOSPITAL**  
**LAB TECHNICIAN/ TECHNOLOGIST Full-time**  
Three Rivers Hospital is seeking a Lab Tech to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Will include weekends and after-hours call-time. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE



**Med/ Surg RN Full-time/ Nights**  
Three Rivers Hospital is seeking a Med/ Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have current BLS/ CPR & obtain ACLS certification within one year. Rotating days and includes some weekends. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 [www.threerivershospital.net](http://www.threerivershospital.net) [opportunity@trhospital.net](mailto:opportunity@trhospital.net) EOE

**The North Central Educational Service District is seeking a qualified individual for the following position: Student Assistance Professional**  
Location/Assignment: Lake Chelan School District  
185-days per year, 8-hours per day. Applications are accepted on-line only. If you have any questions regarding our on-line process please contact Human Resources at NCESD 430 Olds Station Rd. Wenatchee, WA 98801 509.667.7100 or <http://www.ncesd.org> A completed application packet is required. Equal Opportunity Employer.

Help Wanted

Brewster School District Opening Brewster School District is accepting applications for 3 Para-Professionals Sub Technology Assistant Health Room Assistant Night Custodian Applications may be obtained on the district website, www.brewsterbears.org or by contacting the district office at 509-689-3418. These positions are open until filled.

Lake Wenatchee Water District Small Works Roster Lake Wenatchee Water District is now accepting applications from suppliers and/or contractors to be included on the Utility's Small Works Roster. The following Roster of categories, no all inclusive, to Contract, lease or purchase items or services consists of: Construction & Maintenance Services, to include Building Contractors, Snow Removal, Tree Trimming, Excavation, Materials, and Supplies. If interested, an application can be found on our website www.lakewenatcheewaterdistrict.org or request one by mailing PO Box 2813, Leavenworth, WA 98826 or calling 509-679-1353.

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Help Wanted

THREE RIVERS HOSPITAL Informatics RN Full-time Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR, strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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General Merchandise

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Public Notices

Notice of Land Sale Hearing The Mansfield School district is considering the declaration of real property bordered by Wall Ave, Main St. and E 3rd Ave. as surplus (Lots 09600200100, 09600700100, and 09600400100). Following RCW 28A.335.120 the Mansfield district is soliciting input prior to, and during the public hearing at 6:30 pm on September 21, 2021, in the District Library. For additional information or to share a comment please contact Superintendent Mike Messenger by email at: mmessenger@mansfield.wednet.edu. Published in the Quad City Herald and Lake Chelan Mirror September 8 and 15, 2021. #2620

For Sale

Antiques & Collectibles Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site. Want Print Only? Call Lake Chelan Mirror Quad City Herald 509-682-2213 or email mirrorads@lakechelanmirror.com or call The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworthecho.com Deadline: Noon on Friday for all papers.

Garage & Yard Sale

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Legals

Public Notices Aging & Adult Care of Central Washington IS LOOKING FOR CONTRACTORS TO PROVIDE SERVICES Seeking qualified CONTRACTORS to provide yard work and snow removal services to pre-determined eligible persons age 18+.

Service area: Adams, Chelan, Douglas, Grant, Lincoln & Okanogan Counties. Yard work and Snow Removal services are provided to clients enrolled in the MAC and TSOA programs in order to: • Maintain client health and safety; • Allow safe egress/entry into the home; • Reduce potential fire danger; • Assist the client to comply with local city/county code issues or violations or other local requirements. Yard work consists of maintaining lawn, shrubs, plants and/or trees by doing the following: • Trimming bushes • Raking leaves • Mowing lawn • Edging grass along walkways • Watering plants/bushes • Weeding • Cleanup and removal of debris associated with yard work Excluded is: • General yard work such as planting flowers, shrubs, and trees for esthetic purposes. • Maintenance of indoor plants. Must comply with EOE & ADA requested Minority & women-owned businesses encouraged to apply. If interested please contact Erin Nelson for more information at 509-886-0700 x232 or erin.nelson@dshs.wa.gov Published in the Quad City Herald, Lake Chelan Mirror, The Leavenworth Echo and The Cashmere Valley Record September 8, 15, 22, 2021 #2645

Public Notices

Entiat School Board Meeting The next meeting of the Entiat School Board of Directors will be held on Wednesday, September 22nd at 7pm in the school library or via Zoom (Zoom link will be posted on www.entiat.k12.wa.gov on September 17th). This is a schedule change; these meetings are usually held on the third Thursday of the month at 7pm. Call the school at 784-1800 if you have questions. Published in the Lake Chelan Mirror September 8 and 15, 2021. #2629



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If you are a people person and enjoy talking to our local businesses. We have the job/career for you! The right candidate must be outgoing, and personable, have sales and computer knowledge. We will train the right person on our software. Stop in The Leavenworth Echo, 215-14th St. 10 a.m.-5 p.m. with a resume or call for an interview with Bill or Carol, 509-548-5286. EOE

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SUDOKU PUZZLE

Grand Alaskan Cruise & Tour advertisement featuring a Sudoku puzzle grid. The grid has numbers 1, 2, 6, 4, 9, 1, 8, 3, 8, 7, 2, 3, 4, 8, 2, 1, 9, 7, 5, 1, 4, 3, 6, 5.

CROSSWORD PUZZLE

Crossword puzzle grid with clues. The grid is 12x12. Clues include: 1. Ridden or pushed around yard, 6. Chlorofluorocarbon, 9. Spiral-horned antelope, 13. Make a canyon, e.g., 14. Much of this about nothing?, 15. Forest destroyers, 16. Basic belief, 17. Popular pickup, 18. Lake scum, 19. 'Popular email service eventually bought by Microsoft', 21. 'CD maker', 23. FEMA's assistance, 24. Musician's time to shine, 25. Stephen King's Christine, e.g., 28. Plural of locus, 30. Mongolian monetary unit, 35. Wraths, 37. Jar covers, 39. Like yellow polka dot bikini?, 40. Desert in China and Mongolia, 41. Knight's mount, 43. Cogito sum, 44. Change the Constitution, e.g., 46. Ready and eager, 47. Table mineral, 48. 'Jennifer Aniston-inspired haircut, with the', 50. Bank on, 52. Modern prefix, 53. Beacon light, 55. Oolong, e.g., 57. 'Sese Seko, overthrown Zairian dictator', 60. 'African National Congress leader released from prison', 64. Like a candle?, 65. '1997's 'Fly' by Sugar, 67. Lowest point, 68. Smart, 69. Marching insect, 70. Opposite of digest, 71. 'Tonya Harding and Nancy Kerrigan's domain', 72. Employer Assisted Housing, acr, 73. Fender bender consequences DOWN, 1. Crystalline hydrochloride, colloquially, 2. Nabisco top best-seller, 3. Refuses to, 4. Bodily swelling, 5. Not wholesale, 6. Lewis of sprinting and long jumping fame, 7. Vaccine-approving agency, acr., 8. Burger, fries and soda, 9. It's hard to resist, 11. Precedes Abby, 12. Consume, as in drugs, 15. Slang for radical or cool, 2 words, 20. America's singer choices, 22. Last, abbr., 24. Weapon in a holster, 25. Fidel Castro's smoke, 26. Pleasant odor, 27. Renaissance instrument resembling a violin, 29. 'TV hit "Sex and the"', 31. 'Bee', 32. What many TV hits have done, 33. Fireplace, 34. Protocol, climate change-related international treaty, 36. Hyperbolic sine, 38. Withered, 42. COVID-19 variant, 45. Expose the falseness, 49. 'The Games Begin!', 51. Pined, 54. Sign of a saint, pl., 56. 'Bad news travels fast,' e.g., 57. Algeria's neighbor, 58. Plow-pulling duo, 59. 'Where It's At' singer, 60. Urban story, 61. Adam and Eve's garden, 62. 'Oscar winner "Schindler's"', 63. A in BA, 64. 'Gulf' or Bosnian, 66. American Nurses Association

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