

Chelan County PUD to hold North Shore Substation design update meeting Feb. 16

CHELAN - Chelan County PUD has been working on design details for the new North Shore Substation, which will be located on Henderson Road, and they want input on the aesthetic design of the new substation.

PUD staff and the landscape architect will present a viewshed analysis for the substation, as well as design alternatives for discussion, at an in-person meeting on Wednesday, Feb. 16, 5:15 p.m., at the Lake Chelan Chamber of Commerce, 216 E. Woodin Avenue. PUD meetings adhere to current mask mandates - please wear a mask indoors. A Zoom meeting option will be available - go to their website, chelan.pud.org, for the link.

If you cannot make the meeting, they will post the materials on their website and email them out as well.

County proposes Multimodal Pathway Plan, routes to connect communities

By MEGAN SOKOL, STAFF WRITER

NCW - Chelan County's proposed Multimodal Pathway Plan gains traction as they brainstorm new routes that could connect neighboring communities to Chelan, Leavenworth, Cashmere, and Wenatchee.

On Feb. 9, Chelan County Natural Resources Director Mike Kaputa presented to the Chelan County Transportation Council a Powerpoint presentation that illustrated constructed pathways that would connect Manson to Chelan, Monitor to Cashmere, and Malaga to Wenatchee.

Public discussion started on Dec. 16, 2020, with over 1,500 responses from their feedback survey collected last spring. Many of the respondents had an opportunity to draw their own desired pathways between towns, which is what Kaputa later demonstrated to the council.

"People could actually draw like on a map where they thought a pathway could go, and so it was pretty cool because we just haven't had that kind of tool before," Kaputa said.

Pathway corridors that Kaputa and his team have been focusing on include those surrounding Leavenworth to Lake Wenatchee West areas, Leavenworth to Lake Wenatchee East areas, Icicle and Leavenworth Roads, Leavenworth

For the Chelan corridor, residents wish to see continued construction of the SR 150 pathway to Manson, with some consideration for other options due to limiting geographical factors.

Wenatchee, South of Wenatchee, Wenatchee to Lake Chelan, and the shores of Lake Chelan.

The presentation also addressed multiple pathway options for Cashmere, which include widening the sidewalk on the Cottage Ave. Bridge, extending Riverside Trail and cross over to Old Monitor Road, a shared use trail for U.S. Hwy. 2, or a new road crossing through the middle of Cashmere parallel to the railroad and the river.

For the Chelan corridor, residents wish to see continued construction of the SR 150 pathway to Manson, with some consideration for other options due to limiting geographical factors.

The next step includes looking for more funding sources for the plan and to work out the designs for these routes. Kaputa hopes that the Transportation Council will help assist them alongside their Steering Committee.

So far, the project has received a total of \$100k in funding, with \$50k coming from Chelan County, \$20k from the Port Authority, and approximately \$2-5k from each city involved in the pathway project, which include Cashmere,



Courtesy Chelan County Pathways Plan

Graph of the Pathway Corridors include: Leavenworth to Lake Wenatchee West, Leavenworth to Lake Wenatchee East, Icicle & Leavenworth Roads, Leavenworth to Wenatchee, South of Wenatchee, Wenatchee to Lake Chelan, Shores of Lake Chelan.

Chelan, Entiat, Wenatchee, and Leavenworth.

"We're looking at the infrastructure bill and some other policy and state-funding sources to help move that work forward."

Road options included additional bike lanes and sidewalks, separated shared use paths,

paved shoulders, or a shared roadway. These options would include micro-mobility vehicle access alongside wheelchair and stroller access.

The majority of respondents stated that they would use the pathways for exercise and recreation, with the second option used for commute.

Lake Chelan Valley Events, Things to do, Meetings

Echo Ridge conditions, memberships

Current conditions

CHELAN - Current conditions for Echo Ridge, information on Season Passes, and Lake Chelan Nordic Club memberships can be found at LakeChelanNordic.org

Echo Valley Ski/Tube conditions

CHELAN - Echo Valley Ski/Tube is open for the ski and tubing season. For condition, hours of operation and tickets information go to skiechovalley.com, click Tickets, scroll down to How to Purchase.

Winter Art Exhibit: Now thru Feb. 27

MANSON - The Lake Chelan Arts Council Winter Art Exhibit, is being held at Radiance Downtown, 71 Wapato Way, in Manson. It continues every Friday, Saturday and Sunday through February 27. Check www.radiancewinery.com for hours. The theme of the show is "Artist's Choice" and the Arts Council has a wide variety of artworks will be on exhibit for the Chelan Valley community and its many visitors to enjoy. Check their website at www.artinchelan.com for more information on the exhibit plus many other arts related features. See story Page A2.

COVID-19 vaccine clinics, testing

NCW - For information on upcoming vaccine clinics and testing in the Lake Chelan Valley and Wenatchee, go to: <https://lakechelanhealth.org/covid-19/>

Chelan Fire & Rescue: Feb. 16

CHELAN - The Chelan Fire & Rescue board of commissioners will meet on Wednesday, Feb. 16, at 3 p.m. in person. The public is welcome to join via Zoom. The public is welcome to join them at: <https://us02web.zoom.us/j/87284665516> Meeting ID: 872 8466 5516 or dial +1-253-215-8782. They meet the third Wednesday of the month. More information: chelan.7.com.

Chelan Senior Menu: Feb. 17-23

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: Thursday, Feb. 17: Beef Taco Pie, Cottage Cheese, Baja Veggie Blend, Garden Salad, Spiced Applesauce, Dessert; Friday, Feb. 18: Pepper Steak, Rice, Garden Salad, Cinnamon Pears, WW Roll, Dessert; Monday, Feb. 21: Closed/Holiday; Tuesday, Feb. 22: Fish & Chips, Cabbage & Apple Slaw, Fruit Cocktail, Rice Krispy Treats; Wednesday, Feb. 23: Country Fried Steak, Potatoes & Gravy, Buttered Corn, Garden Salad, Chilled Pears, WW Roll, Dessert.

SEE EVENTS ON PAGE A4

Works begins on City of Chelan water, sewer replacement



RuthEdna Keys/LCM

Work began on Monday, Feb. 7 on the City of Chelan's Columbia Street to Sanders Street Water & Sewer Main Replacement Project. The alley between Johnson Avenue and Woodin Avenue, is now closed from Columbia Street to Sanders Street and will be until the project is completed in May. On Feb. 9, Columbia St. from Woodin to Johnson, and Emerson from Woodin to Johnson were closed. In addition business from Chelan Realty to and including Campbell's, and businesses from the Chelan Post Office to Kelly Allen Insurance, all were without water, from 8 a.m.-8 p.m. LEFT: Asphalt in the alley behind the Chelan Post Office is dug up; BELOW: Crews worked until 8 p.m. on Feb. 9; and BELOW LEFT: Columbia Street near Campbell's was closed for the work on Feb. 9.



INSIDE THIS WEEK

Community	A1-A4	EPOCH	B1-B2	Business & Services Directory	
Meetings/Events	A1, A4	Outdoor/Community	B4	Health Care Directory	A4
Sheriff	A4	Classified Index			
Church News	A4	Classifieds, Puzzles	B3-B4	Inserts	
Obituaries/Death Notices	A4	Public Notices	B3-B4	Safeway	
Sports	A3	Puzzles	B4	Manson Bay Market	

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Courtesy Lake Chelan Historical Society

For over 30 years, Dr. Waszut-Barrett's passion has advanced the preservation of theatrical heritage, restoration of historic backdrops, and the training of scenic artists in lost painting techniques. She will present a program at the Ruby Theatre this coming Sunday.

Historic theatre scenery presentation Feb. 20

SUBMITTED BY LAKE CHELAN HISTORICAL SOCIETY

CHELAN - Wendy Waszut-Barrett, PhD., well known for her work and research on historic theatre screens in the United States and Europe, will present a program on Historic Theatre Scenery on Sunday, February 20, at 5:30 p.m. at Chelan's Historic Ruby Theatre, 135 East Woodin Avenue in Chelan.

For over 30 years, Dr. Waszut-Barrett's passion has advanced the preservation of theatrical heritage, restoration of historic backdrops, and the training of scenic artists in lost painting techniques. She is an author, artist, and historian, specializing in painted settings for opera houses, vaudeville theaters, social halls, cinemas, and other entertainment venues. Recent publications include the "Santa Fe Scottish Rite Temple: Freemasonry, Architecture and Theatre", as well as articles for Theatre Historical Society of America, Initia-

tive Theatre Museum Berlin's Die Vierte Wand, and various Masonic publications.

Dr. Wendy Waszut-Barrett is the founder and president of Historic Stage Services, LLC, a company specializing in the documentation and restoration of historic stage scenery.

Dr. Waszut-Barrett has been invited to Washington to view and assess the extensive theatre murals recently rediscovered in the old Hub Theatre building in Okanogan. She will also spend a day at Chelan's Historic Ruby Theatre where she is consulting on a curtain replacement project. While Wendy is in Chelan she will visit the Lake Chelan Historical Society Museum to view the 1932 painted advertising screen that hung in the Ruby Theatre.

The public is welcome to attend this free program sponsored by the Ruby Theatre and the Lake Chelan Historical Society.

For more information call 509-387-1106.

Lake Chelan Arts Council Winter Art Exhibit

SUBMITTED BY LAKE CHELAN ARTS COUNCIL

MANSON - Only two weekends are left to view the 2022 Lake Chelan Arts Council's Winter Art Exhibit, held at Radiance Downtown, 71 Wapato Way in Manson. "Artist's Choice" is the theme of this year's show and the 28 works of art on display illustrate the theme beautifully, from landscapes to nature, abstract works to realism, presented in a variety of mediums. Most of the artwork is for sale and the exhibit is free. Radiance Downtown is open Friday 2-7 p.m., Saturday 12-7 p.m. and Sunday 12-5 p.m.

Council awarded three financial grants

The Lake Chelan Arts Council has been awarded three financial grants from the following organizations: The Woods Family Music and Arts Fund, a grant totalling \$2,000, The Community Foundation of North Central Washington,



Courtesy Lake Chelan Arts Council

a Regional Impact Grant totalling \$4,000 and a Chelan County Lodging and Tax Fund grant totalling \$5,000.

The LCAC is deeply appreciative of these grant awards and the recognition from these

organizations for the LCAC's continuing mission of supporting the Arts in the Chelan Valley. These grant awards will help support our current programs and help fund new programs as 2022 progresses.

The Lake Chelan Arts Council was founded in 1985 and is a non-profit organization of community volunteers whose mission is to support the visual and performing arts in the Chelan Valley.

Lake Chelan Lions Club golf tourney scheduled for May 6

Registration now open

SUBMITTED BY CRAIG BOOTHE, LAKE CHELAN LIONS CLUB

CHELAN - The 16th Annual Lake Chelan Lions Golf Tournament Fundraiser is scheduled for Friday, May 6.

This years tournament will again be held at Lake Chelan

Golf Course and we've been working with them the past few weeks to coordinate the details.

Our schedule for the event is:

- 8 a.m.: Registration Begins
- 8:30 a.m.: Light Continental Breakfast & Putting Contest
- 9:30 a.m.: Foursome Scramble-Shotgun Start
- 12 p.m.: Box Lunch provided

• Post Tournament: Awards Presentation and Raffle Prize drawing

During the tournament we'll have two Hole-in-One prizes, the largest of which is a \$25,000 prize, courtesy of Antonio's Landscaping, and \$10,000 prize from Cascade Auto Center. We also have prizes for Best Foursome and Men's and Women's Longest Drive. Other Par 3 bonus prizes include a \$500 Visa Gift Card, a Smart TV, Steaks for a Year from Omaha Steaks and a Set of Callaway Irons. Some of the Raffle prizes so far include free lodging, dinners, Lake Chelan wines, and local gift certificates, just to name a few.

The cost is \$125 per golfer and \$500 per foursome. For that each participant will get 18 holes of golf, golf cart, box lunch and two beverage tickets.

We have more than 25 local businesses and organizations so far who've committed to either sponsoring the tournament directly or have pledged to provide raffle prizes. (Hard Row to Hoe Vineyards, Antonio's

Landscaping, Cascade Auto Center, Mountainview Lodge, VIP Insurance, Chelan Auto Parts, Chelan Valley Botanicals to name just a few)

We still have need for several tee and hole sponsors

• Tee/Hole Sponsor \$200
If anyone would like to be a sponsor you can do so online at the website we have set up for the tournament. www.lakechelanlionsgolf.golfreg.com. Any questions about sponsorships can be directed to Mike Tipton at 253-263-9406.

So you golfers out there, this is the time to dust off your clubs and joins us in beautiful Lake Chelan Golfers interested in participating can register online at this website, www.lakechelanlionsgolf.golfreg.com

Our local Lake Chelan Lions Club provides vision and hearing for those less fortunate along with scholarships for the trades.

Lions Club International is in over 200 countries and is 1.4 million members strong, the largest service organization in the world.

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The Lake Chelan Mirror is looking for an outgoing person for this full-time job, Monday-Friday.

Qualified applicant will answer phones, take ad orders, keep circulation records up to date, prepare the daily cash receipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing computer systems and software including Excel and Word, and have good math skills.

If you're looking for a fun job where you get to work with talented people and be involved in the daily activities of the Lake Chelan area communities, this is the job for you. Dependability and dedication are important work skills for this rare opportunity. EOE

Interested applicants can apply at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, #109, 9 a.m.-5 p.m. or send your resume to: publisher@leavenworthecho.com

LAKE CHELAN MIRROR

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The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworth.com

News Tips

Have an idea for a story? Call the Mirror at 509-682-2213

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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Bringing the community to your door

8th graders earn high school foreign language credit



Courtesy Manson School District Facebook

This year, 8th graders have had the opportunity to take a trimester exploratory class led by Mrs. Wisdom called STAMP. Back row, left to right: Marcos Verdugo (2 credits), Jerry Villasenor (3 credits), Alex Rodriguez (3 credits), Maria Villasenor (4 credits), Dayanara Leyva (3 credits), and Jasmin Leyva (3 credits). Back row, left to right: Mrs. Wisdom (teacher), Monse Izzazaga (3 credits), Yadira Farias (2 credits), Evony Valle, Casey Pacheco (2 credits), Isabella Aburto (1 credit), Karly Naranjo (4 credits), Kimberly Sanchez (4 credits), and Dr. Ireland (principal). In class students engage in learning tasks that strengthen their Spanish skills in reading, writing, listening and speaking. At the end of the trimester students can take an assessment in Spanish called Avant STAMP. STAMP stands for Standards Based Measurement of Proficiency and can be used to show competency towards high school foreign language credit as well as to earn the Seal of Biliteracy. The Seal of Biliteracy is established to recognize public high school graduates who have attained a high level of proficiency in speaking, reading, and writing in one or more world languages in addition to English. Students earn a Seal of Biliteracy on their high school diploma when they score a level 4 on the STAMP test and earn their high school English credits. Students need 2 credits to meet the graduation requirement.

CHS boys, girls basketball players named to All Caribou Trail League teams

CHELAN - The Chelan High School girls basketball team had two players named to the 2021-2022 All Caribou Trail League Basketball Team. Named to the First Team was senior Allyah

Finch and named to Second Team was Kira junior Sandoval.

The Chelan High School boys basketball team had three players named to the 2021-2022 All Caribou Trail

League Basketball Team. Named to the First Team was Nate Harding, a senior; Reed Stamps, a senior and Braiden Boyd, a junior. Named to the Second Team was Dylan Jay, a sophomore.

CHELAN MIDDLE & HIGH SCHOOL HONOR ROLL

CHELAN HIGH SCHOOL Semester 1 2021-2022

The following students earned a 4.0 grade-point average:
Seniors: Gerardo Aguilar-Luna, Jamie Bekel, Charles Bordner, Joseph Gasper, Amberly Guerrero, Leonie Muller, Yulemy Nunez, David Payan, Zoe Pisson, Hunter Shumway, Teegan Silva, Reed Stamps, Alexis Williams

Juniors: Ryan Allen, Hudson Bangart, Malie Benson, Rylan Cody, Piper Grossberg, Arden Paglia, Olivia Strandberg
Sophomores: Samuel Bordner, Benjamin Brownfield, Elizabeth Harrington, George Neff, Maleigha Peterson, Cray Silva, Alexandra Vazquez-Rocha

Freshmen: Caleb Bertomeu, Chloe Desgrosellier, Maria Garcia Luz, Gabriel Guerrero, David Kelly, Olivia Nelson, Tristan Sanderson, Nojey Toledo

The following students earned a 3.5 to 3.99 grade-point average:

Seniors: Yves Joshua Antonio, Edgar Cristobal, Mason Davis, Jagjot Dhaliwal, Lynda Dietrich, Jordyn Emery, Yesenia Ferrer, Colton Funk, Noemi Garcia-Rosas, Katelyn Gordon, Savannah Gresham, Skyler Gresham, Brenda Hernandez-Poblete, Levi Jeffries, Jacqueline Jimenez, Ethan Kehl, Beverly LaPiere, Marissa Manda, Decker Marlin, Quin McLaren, Jackson McLemore, Karen Munguia, Beau Nordby, Rocio Sevilla, Michael Stocker, Ethan Strandberg, Neida Vargas

Juniors: Greer Bainbridge, George Benson, Donovan Casal, Macie Cowan, Melina Cruz-Magallon, Zuleima Davila-Rubalcaba, Grant Gogal, Marilyn Gonzalez Aguilar, Makenzie Griggs, Quan Ho, Madison Kehl, Austin Kenney, Jorge Lopez, Yajaira Magallon-Galvan, Austin McCardle, Pablo Mendez, Diana Mendoza Ruelas, Michaela Moody, Winston Mutter, Tania Palestino Carmona, Flor Perez-Llamas, Celia Polley, Kenia Sanchez Blanco, Mariana Sanchez-Mendoza, Kira Sandoval, Luke Simmons, Benjamin Williams

Sophomores: Luiz Arellano-Jimenez, Peyton Bodle, Madison Brummer, Juleima Campos, Maya Cowan, Alexandra Dandridge, Kaden Eygabroad, Angel Garcia, Josie Garfoot, Aron Hernandez-Bucio, Lily Hill, Dylan Jay, Alejandra Jimenez, Deyanira Lopez, Catherine Martinez-Bautista, Ellie McLemore, Troy Melton, Joshua Moreno, Merica Rivera, Caleb Sanderson, Carlos Saucedo-Nunez, Kiana Sinkiewicz, Samael Vazquez

Freshmen: Damian Armenta, Kenzie Avery, Peyton Baker, Ledis Barrera Larreynaga, Eli Becerril, Rachel Benson, Evony DeLeon, Diego Garcia Rosas, Gabriel Gilpin, Keira Gjerde, Caden Griggs, Taylor Hatherell, John Ludwig, Amy McElvane, Jose Mendoza-Guzman, Jasmine Padilla, Martin Ramirez, Michal Richardson, Erik Rodriguez Sanchez, Tristyn Tilbury, Nhorman Untalan Jr., Jazmin Vega-Sanchez,

Evan Wallace
The following students earned a 3.0 to 3.49 grade-point average:

Seniors: Aiden Avery, Bethzabel Bravo, Aaron DeJannatt, Julissa Diaz-Magana, Aliyah Finch, Samuel Gilleland, Ella Gzyl, Morgyn Harrison, Jensen Hill, Deasel Kenck, Wilson Mutter, Holden Nichols, Liam Ross, Casandra Sanchez, Cody Sanderson, Rylie Shook, Tristan Thanghe
Juniors: Juan Angeles, Braiden Boyd, Angel Cisneros Reyes, Isai Gamino, Jose Hurtado-Sanchez, Gideon Kelling, Elizabeth Knight, Nidia Magallon, Favio Mora, Kimberly Pineda-Torres, Jason Pritchard, Irati Ramirez, Cicily Resendiz Cortez, Tate Sandoval, Joslynn Simmons, Valentin Velazquez-Madrueno Jr., Leslie Virrueta-Farfan

Sophomores: Dreama Bahena, Angel Baltazar, Anahi Barajas-Oseguera, Malachi Chavez, Danika Dietrich, Esmir Duran Orozco, Ian Garfoot, Makayla Garfoot, Amiee Gordon, Penelope Harden, Carly Hefley, Hailey Helm, Sawyer Jeffries, Landon Johnson, Miguel Lopez-Solis, Eva Marron-Andrade, Charlie Morgan, Duke Nordby, Elizabeth Nunez-Tejada, Jordin Pablo Orozco, Antonio Padilla-Montalvo, Estrella Perez Torres, Ryan Rainville, Yaritza Ramirez, Emily Rivera, Kyle Rynd, Dominick Solorza, Vincent Turner, Julian Vargas-Cervantes, Braden Vincent, Isaac Wilson
Freshmen: Jacob Allen, Bryan Avila, Lantel Bissell, Xairie Cabrido, Flor Cristobal Leon, Brynn Fielding, Charles Garton, Delaina Hardin, Walter Hernandez Arias, Jerman Hernandez-Farias, Lauren Hiatt, Briceida Lopez Paz, Lylanna Mack, Eduardo Molina Martinez, Selene Montalvo, Guillermo Mora Arceo, Clara Nordstrom-Domser, Jami Mae Riddell, Angel Saucedo, Mallory Shumway, Mark Waters

CHELAN MIDDLE SCHOOL Semester 1 2021-2022

The following students earned a 4.0 grade-point average:

Eighth Grade: Sebastian Cisneros Cervantes, Conrad Green, Brynn Hughbanks
Seventh Grade: Omar Castaneda Uvalle, Brock Didra, Ruby Harberd, Omar Jimenez Guzman, Johannes Lund, Kole Nelson, Hyuan Otom, McKenna Porter, Jayla Schmidt, Maddison Stewart, Hayden Waag
Sixth Grade: Grant Cook, Jayden Elliott, Breslynn Green, Nolan Harris, Bradely Hernandez Armenta, Olivia Mack, Leo Paglia, Owen Sanderson, Conner Scaman, Anthony Torres

The following students earned a 3.5 to 3.99 grade-point average:

Eighth Grade: Leonardo Aguilar-Luna, Holden Alteio, Avari Barker, Gabrielle Benson, Boston Brown, Carson Clinton, Katherine Eickmeyer, James Fehr, Easton Fox, Esfeidi Gutierrez, Julian Guzman Ramirez, Luke Hefley, Evan Hooten, Zimri Kelling, Abigail Ludwig, Maritza Montalvo, Luis Munguia,

Reagan Puryear, Yahir Ramirez, Raiden Rogge, Sean Rynd, Wade Sanderson, Jayci Simmons, Jayden Simmons, Jonah Simmons, Logan Watson

Seventh Grade: Leonardo Aceves Cruz, Francesca Alteio, Alejandra Andrade Guzman, Jayden Burdick, Taylor Clark, Madeline Cowan, Ariana Cruz-Magallon, Caleb Dalgas, Paisley Dixon, Cash Eygabroad, Josue Garcia Luz, Nayeli Gomez, Lylah Guerrero, Evelyn Hernandez, Joanna Hurtado-Mendez, Bella Jenkins, Maria Jimenez-Mendoza, Mila MacEwen, Cooper Neff, Rocco Nordstrom-Domser, Estrella Oliveira Juarez, Tanner Orestad, Yoselin Pimentel-Lopez, Alejandro Sanchez-Mendoza, Kasey Sweeney, Stephen Tilbury, Tev Uttech, Caleb Wood

Sixth Grade: Braxton Boyd, Kimberly Rogers, James Collins, Denali Corrigan, Kimberly Cortez-Ramirez, Christopher Cruz Montijo, Jeliya Dalgas, Jesus Espinoza Diaz, Samuel Fehr, Sierra Hooten, Jensen Huewe, Paxton Johnson, Angel Lepe Mendiola, Saul Leyva Diaz, Ian Lopez, Makai Lopez, Jonathan Lopez Solis, Ryan McCrary, Carl McElvane, Brianna Mercado Bolanos, Carson Morgan, Jesus Pimentel Campos, Gage Puckett, Lily Reed, Brianna Richardson, Payton Richardson, Anali Rodriguez, Jose Ruiz Herrejon, Ani Salinas-Contreras, Fernando Saucedo, Gracie Stocker Walsh, Liam Thomas, Weston Thorpe, Gavin Tjeerdsma, Jazmin Valdivino, April Vasquez, Danna Velazquez-Madrueno, Jasmín Vargas Gonzalez, Austin Zimmer

The following students earned a 3.0 to 3.49 grade-point average:

Eighth Grade: Elizabeth Andrade, Salvador Bailon Yanez, Joseline Bueno Dominguez, Brianna Carlos Farias, Emanuel Cazarez-Rubalcava, Evelyn Cortez-Barrera, Ely Dromeshauser, Leilani Fernandez-Avila, Estee Flynn, Brenner Gavin, Gracie Gilsoul, David Hurtado-Mendez, Will Kestner, Evelyn LeFebre, Angel Lulo Sanchez, Owen Mack, Leslie Mendez Pineda, Alexa Padilla, Cesar Padilla Rodriguez, Emily Perez Zavala, Madelyn Wallace
Seventh Grade: Maria Acevedo Ruiz, Rylan Alfaro, Yoselin Bravo Mendoza, Millie Ensminger, Maddox Finch, Analize Gomez-Alvarez, Addison Haggard, Justis Hawk, Jennifer Lopez Palomares, Josgar Luna, Maverick Navin, Jesus Jesse Samora-Olivera, Sasha Torres Barajas, Fernando Villanueva
Sixth Grade: Carlos Aguilar Luna, Emily Anaya Garcia, Diego Barrera Hernandez, Carson Collum, Adriana Franco, Makayla Garcia-Ortiz, Allyn Gonzalez Gomez, Fernando Jaime Barrios, Kaylee Knott, Reeghan Lake, Jayden Liles, Alexa Martinez, Kevin Mata, Haley McClellan, Zoe McClellan, Fernanda Mendoza-Sierra, Ximena Mercado Bolanos, Aaron Montalvo-Mendoza, Daisy Montes-Tellez, Osvaldo Munoz-Corona, Jacob Robinson, Tanisha Saavedra-Alvarado, Tanner Shumway, Leah Valdez, Vanessa Valencia

CHELAN HIGH SCHOOL GIRLS BASKETBALL

Lady Mountain Goats beat Lady Jackrabbits 42-19

SUBMITTED BY COACH NICK LONGMIRE

CHELAN - The Quincy Jackrabbits traveled to Chelan to determine a loser out game in a matchup of the 3rd and 4th place teams in the CTL. The Mountain Goats who had previously defeated the Jackrabbits in the last three regular season meetings were hungry to stay alive for another game against the loser of the 1st and 2nd place teams who playoff tomorrow night (Friday, Feb. 11) at Wenatchee High School.

The Goats were aware that Quincy was going to be doing all they could to double and triple team senior post Aliyah

Finch who just received the 2nd most overall first team all league votes.

"I told the team we're going to have to be patient with getting the ball into the post and knock down the perimeter shots that Quincy was giving us while they dedicated their efforts towards locking down the paint. Quincy was challenging us to beat them from the outside. We didn't do a great job with each opportunity we were given but we knocked down enough to keep a margin," said Chelan Coach Nick Longmire

The Goats opened up the first quarter with their first two shots coming from three 3-point shots Simmons and Sandoval which allowed the Goats to build an 11-4 lead.

The second quarter was also fairly slow offensively by both sides with each team

only putting up 7 points giving a halftime score of 18-11 in favor of the Goats.

The second half the Goats came on strong showing the Jackrabbits their three-quarter court press. The Goats were able to build their lead by adding 16 points in the third quarter in holding Quincy scoreless. The final quarter Chelan and Quincy traded baskets with each team scoring 8 making the final score 42-19 Goats.

All scores were led by Joslynn Simmons with 15 points including five 3-point field goals. Kira Sandoval added 9 points. Aliyah Finch had 8 points. Morgan Harrison with 6 and Arabelle Finch with 4.

The Goats faced the loser of the #1 vs #2 matchup on Monday night (Feb. 14) in Wenatchee.



Trinidad Caro/LCM

Team members: Seniors Logan Oules and Colten Funk, juniors Tiernan Davis, Jason Pritchard and Micheala Moody and sophomores Ronald Hooten, Amiee Gordon and Jonas Saxen.

CHS wrestling team receives Team Sportsmanship Award

CHELAN - The Chelan High School wrestling team received the 2021-2022 Caribou Trail League All-conference boys wrestling Team Sportsmanship Award.

Named to All-conference

Second Team was Tiernan Davis in the 160 weight class.

All-conference Honorable Mention from Chelan were Ronald Hooten at 145 pounds and Colton Funk at 182 pounds.

Coach for the Mountain

Goats is Zach Linton, who was

an assistant coach at Campbellsville University for one year before taking on the Mountain Goat's lead role as head coach for the 2021-2022 wrestling season.

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COLLEGE NEWS

Nygreen named to Dean's List at George Fox University

NEWBERG, OREGON - Olivia Nygreen of Chelan was among those who earned dean's list recognition at

George Fox University for the fall 2021 semester. Traditional undergraduate students must earn a 3.5 grade point average or above on 12 or more hours of graded work to earn a spot on the dean's list. Nygreen is a senior majoring in psychology.

George Fox University is classified by U.S. News & World Report as a "Best Na-

tional University." More than 4,000 students attend classes on the university's campus in Newberg, Ore., and at teaching centers in Portland, Salem and Redmond, Ore. George Fox offers more than 60 undergraduate academic programs, degree-completion programs for working adults, and 19 masters and doctoral degrees.

COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to mirrorads@lakechelanmirror.com or NCWMARKET.COM
- For more info call: Lake Chelan Mirror at 509-682-2213
- Email to: ruthk@lakechelanmirror.com

Cascadia Conservation District: Feb. 18

WENATCHEE/ZOOM - The Cascadia Conservation District Regular Board meeting will be an in person and call-in / Zoom meeting on Friday, February 18, 1:30 p.m. If you wish to attend in person, please call the office as space is limited. More information and instructions available on their web site at cascadiacd.org or by calling the District office at 509-436-1601.

Glass recycle: Feb. 19
Volunteers needed

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m.-noon, at 23235 Highway 97A across from WalMart, weather permitting. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.911glassrescue.org, and click on the volunteer tab on the home page.

Food Bank food distribution: Feb. 19, 22

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for pet food. Small bags of dog food are best. Non-perishable food and monetary donations can be dropped off at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center) 9 a.m.-5 p.m.

Libraries virtual workshops: Feb. 22

NCW - NCW Libraries is proud to partner with Cultures Connecting to present a free virtual workshops on Talking to Young People about Race. The fourth event, focusing on how to have courageous conversations, will be held on Tuesday, February 22 at 7 p.m. Presenter Richard Kim brings nearly a decade of professional experience with a person centered approach to engaging race, culture, and identity in various non-profit and education settings. Most recently, Richard worked as the Intercultural Credibility Coordinator/Consultant at The Seattle School of Theology & Psychology, where he received his M.Div. Kim holds a B.S. from the University of Minnesota. As a person born in the United States to parents who emigrated from South Korea, Richard brings an uncommon voice to the work of racial equity. All NCW Libraries' virtual programs are free and open to the public. This event will be held through the zoom digital

meeting platform. To participate, register at www.ncwlibraries.org. Registrants will receive an email with the Zoom meeting information.

American Red Cross Blood Drive: Feb. 23

CHELAN - There will be an American Red Cross Blood drive on Wednesday, Feb. 23, 1-6 p.m. at the Lake Chelan United Methodist Church, at the corner of Johnson and Emerson. To donate, simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements. Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

CHELAN COUNTY SHERIFF/FIRE/EMS

Chelan County Sheriff

- February 4**
04:29 Assist Agency, US Hwy. 97A and Entiat River Rd., Entiat.
04:41 Civil, 319 N. Sanders St., Chelan.
08:55 Suspicious Activity, 2441 SR 150 #8, Manson.
10:10 Property, 509 E. Gibson Ave. #3, Chelan.
12:07 Assist Public, 503 E. Highland Ave., Chelan.
12:24 Diversion, 416 N. Cedar St. #2, Chelan.
18:18 Driver Under the Influence, 825 Wapato Lake Rd., Manson.
19:18 Court Order Violation, 2441 SR 150 #55, Manson.
21:15 911 Call, 2464 Manson Blvd., Manson.
21:29 Driving Under the Infl-

- ence, Legend Sign, Chelan.
22:05 Malicious Mischief, 417 E. Okanogan Ave., Chelan.
22:33 911 Call, 317 E. Johnson Ave., Chelan.

- February 5**
01:56 Disturbance, 232 E. Wapato Ave., Chelan.
07:25 Domestic Disturbance, 356 Wells Ave., Manson.
08:10 2341 W. Prospect St., Chelan.
08:51 Assist Agency, 418 E. Woodin Ave., Chelan.
13:39 911 Call, 2313 W. Woodin Ave., Chelan.
17:10 Non-Injury Accident, 2117 Lakeshore Dr., Entiat.
19:45 Suspicious Activity, 315 S. Washington St., Chelan.
20:44 Traffic Offense, US Hwy. 97A MP 236, Chelan.
21:45 Trespassing, 76 Wapato

- Way, Manson.
23:13 Non-Injury Accident, 127 E. Nixon Ave., Chelan.

- February 6**
06:16 911 Call, 614 E. Wapato Ave., Chelan.
10:32 Burglary, 14351 Shamel St., Entiat.
11:10 Diversion, 216 N. Wilson St., Chelan.
19:51 Miscellaneous, SR 150 and Wapato Lake Rd., Manson.
23:17 Suspicious Activity, 105 Beebe Bridge Rd., Chelan.

- February 7**
08:14 Non-Injury Accident, 310 W. Manson Rd., Chelan.
09:03 Unknown Accident, 600Blk Wapato Way, Manson.
10:15 Theft, 820 Manson Blvd., Manson.
10:34 Assist Agency, 527 Brownfield Canyon Ln., Chelan.
10:53 CPS Referral, 2441 SR 150 #44, Manson.
11:06 Abuse, 531 E. Trow Ave., Chelan.
11:37 CPS Referral, 11604 Entiat

- River Rd., Entiat.
14:48 Non-Injury Accident, 14481 US Hwy. 97A, Entiat.
14:56 Assist Public, S. Emerson St. and E. Farnham Ave., Chelan.
17:07 Welfare Check, 509 E. Gibson Ave. #3, Chelan.
17:40 Harassment/Threat, 1000 Totem Pole Rd., Manson.
21:15 Traffic Offense, 20 SR 150, Chelan.
21:52 Suspicious Activity, Chapman Rd., Manson.

- February 8**
08:03 Parking/Abandon, 80 Wapato Way., Manson.
11:15 Suicide Threat, 309 E. Gibson Ave. #10, Chelan.
11:27 Parking/Abandon, 100Blk Mill Rd., Manson.
12:44 Welfare Check, Roses Lake, Upper Joe Creek Rd., Manson.
14:35 911 Call, 1000 Totem Pole Rd., Manson.
19:45 Traffic Offense, Welcome to Manson sign.
20:07 Domestic Disturbance, 31

- Dinkelman Ln., Entiat.
February 9
02:16 Assault, 112 E. Woodin Ave., Chelan.
11:46 Court Order Violation, 220 Arden Rd., Ardenvoir.
16:07 Harassment/Threat, 15323 Lakeview St., Entiat.
19:34 Fraud/Forgery, 56 Chelan Butte Rd., Chelan.
19:58 Animal Problem, 500Blk 4th St., Chelan.
21:04 Traffic Offense, N. Cedar St. and W. Gibson Ave., Chelan.

- February 10**
09:00 Animal Problem, 384 Pine St., Manson.
09:57 Non-Injury Accident, 10160 S. Lakeshore Rd., Chelan.
11:02 Civil, 3710 Stayman Flats Rd., Chelan.
11:28 Civil, W. Raymond St., Chelan.
11:33 Assist Public, Crum Canyon, Entiat.
13:30 Property, 207 N. Emerson St., Chelan.
15:23 Assist Public, 14500 US Hwy. 97A, Entiat.
15:49 Civil, 715 E. Johnson Ave., Chelan.
18:08 Theft, 108 N. Apple Blossom Dr., Chelan.

Fire/EMS

- February 4**
Chelan Fire District #7
15:01 Fall, 509 E. Gibson Ave. #1, Chelan.

- Manson Fire District**
18:18 Unknown Accident, 825 Wapato Lake Rd., Manson.
21:15 Breathing Problem, 2464 Manson Blvd., Manson.

- February 5**
Chelan Fire District #7
08:51 Sick Person, 418 E. Woodin Ave., Chelan.
23:29 Fall, 505 E. Highland Ave., Chelan.

- Chelan EMS**
11:41 Fall, 60 Summerset Pl., Manson.

- February 6**
Chelan Fire District #7
09:04 Sick Person, 726 N. Markeson St. #123, Chelan.
11:41 Traumatic Injury, Echo Valley Ski Area, Chelan.
13:27 Convulsions, 511 E. Wapato Ave., Chelan.

- Chelan EMS**
04:33 Sick Person, 200 Green Ave. #23, Manson.

- February 7**
Manson Fire Department
09:03 Unknown Accident, 600Blk Wapato Way, Manson.

- Entiat Fire District**
18:27 Heart Problem, 12070 Entiat River Rd., Entiat.

- February 8**
Chelan Fire District #7
05:52 Unknown Problem, 509 E. Gibson Ave. #3, Chelan.
13:22 Odor, 216 W. Nixon Ave., Chelan.
23:53 Unconscious, 224 W. Highland Ave., Chelan.

- Chelan EMS**
09:05 Sick Person, 200 Green Ave. #34, Manson.
21:35 Sick Person, 124 Wapato Way #A, Manson.

- February 9**
Chelan Fire District #7
00:47 Breathing Problem, 713 N. Golf Course Dr., Chelan.
19:11 Pregnancy, 485 Azwell Rd., Chelan.

- Entiat Fire District**
09:22 Sick Person, 2331 Albin Dr. #2, Entiat.

- February 10**
Chelan Fire District #7
15:18 Fall, 475 Boyd Loop Rd., Chelan.
19:55 Commercial Alarm, 106 W. Manson Rd., Chelan.

- Chelan EMS**
00:24 Hemorrhage, 1 Wapato Point Pkwy., Manson.
04:52 Chest Pain, 1395 Rd. C N.W., Mansfield.

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Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-682-2213 for more information
Or email ruthk@lakechelanmirror.com

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



• CHELAN

CHELAN CHRISTIAN CHURCH
Morning Worship 10 am
509-682-2025 • 210 E. Wapato Ave.
Pastor Mark Wilton

CHURCH OF THE NAZARENE
Sunday School 10 am
Worship 11 am & 6 pm
Youth Group - Friday 7 pm for 13-18 years of age
509-682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH
Please join us for Sunday Worship via Conference Call at 9:30 a.m. Dial 339-209-6617. Follow prompts.
509-682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED METHODIST CHURCH
Worship 10 am
509-682-2241
Corner of Johnson & Emerson

• CHELAN

LIVING STONE CHURCH
Sunday Gathering 10:00 am
216 N Emerson (Upper Room/Chelan Library)
Office location: 105 N Emerson, Suite 204
Call 509-682-5953 or
visit www.lscchelan.org for more information.
"Meeting together in person & online. Please join us."

ST. ANDREW'S EPISCOPAL CHURCH
Worship 10 am
via: <https://us02web.zoom.us/j/84574811302>
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816
509-682-2851 • www.standrews-chelan.org

• ENTIAT

ENTIAT FRIENDS CHURCH
Pastor Mark McDonald
509-784-1342
email: entiatfriends@nwi.net
2848 Entiat River Road
Sunday morning Bible Classes 9:45 am
Sunday morning Worship 11 am
Sunday morning Worship (summer months) 10 am
Wednesday Shared Dinner 6 pm
Wednesday Programs Adults/Youth/Children 7 pm

• MANSON

MANSON UNITED METHODIST CHURCH
10:00 am Worship,
Holy Communion the first Sunday of the month
"Come as you are, all are welcome"
687-3311, at the corner of Green and Boetzkes
Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon

• BREWSTER

HOPE LUTHERAN CHURCH - LCMS
Sunday Worship 11 am
Holy Communion 1st, 3rd, & 5th Sunday
Bible Study & Sunday School 10 am
509-689-3106 • 1520 Sunset Drive

"With men this is impossible; but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com



Former President Donald Trump speaks with Epoch TV's Kash Patel at Mar-a-Lago in Palm Beach, Fla., on Jan. 31, 2022.

Trump Talks About Border Crisis, Diminishing Freedoms, Beijing Threat, and Durham Probe

'We're becoming like a socialist or a communist state'

IVAN PENTCHOUKOV, ZACHARY STIEBER, & FRANK FANG

Former President Donald Trump said that if he wins the presidency again, his first executive action will be to restart construction of the wall on the southern U.S. border.

Trump told former top White House aide Kash Patel, host of EpochTV's "Kash's Corner," that completing the wall would have a significance beyond domestic policy, because it would project an image of strength to China's Xi Jinping and other world leaders.

"When [Xi] sees millions of people pouring into our country, he loses respect for our country," Trump said.

"When he and Putin and Kim Jong Un and Iran's leaders, when they're watching millions of people walk into our country ... they lose respect."

The comments were part of an exclusive interview the former president gave to EpochTV on Jan. 31, during which he discussed a wide range of topics, including the ongoing investigation by special counsel John Durham, Beijing's potential occupation of the Bagram Airfield following the United States' pullout from Afghanistan, and why he believes COVID-19 mandates should be lifted.

Trump lamented that the United States now resembles a communist nation under his successor, pointing to rampant inflation, diminishing freedoms, and the porous U.S.-Mexico border.

"They're destroying our country. They're making us a different country. We're becoming like a socialist or a communist state," he said.

"Why [would they] want to have a weak military? Why would they want to have high interest rates and higher taxes? And why would they want to have no border?"

"Why would they want to have no voter ID, for example, or sanctuary cities that take care of criminals? All of these things—defund the police? Why do they want to defund our police?"

"It can't possibly be good. So either they're stupid, which I don't think they are, or they hate our country."

COVID-19 Mandates

Trump also said that mandates related to COVID-19 are wrong and should be rescinded.

"We have to end the mandates. ... They have to be ended. They shouldn't have started," Trump said.

Under Trump, the federal government didn't impose vaccine or mask mandates, but some states, including California, and counties required the face coverings.

Under President Joe Biden, many ju-

risdictions began requiring COVID-19 vaccines to dine out, attend concerts, and even work. Biden ordered the military, federal contractors, agencies in his administration, health care workers, and all Americans who work at companies with 100 or more employees to get vaccinated.

While all of the mandates have been challenged and some blocked by courts, mask mandates have largely survived legal challenges.

Trump told The Epoch Times that Biden, who campaigned on a promise to "defeat the virus," has done "such a horrible job" in managing the pandemic.

"It's like they don't know what the hell they're doing. He came in [saying], 'I'm going to solve COVID.' They had more [deaths] in his year. And that's after everything that we developed—therapeutics, vaccines, everything," he said.

Deaths attributed to COVID-19 were higher in 2021 than in 2020, and new case records were set in many areas in late 2021 or in January.

Trump left office on Jan. 20, 2021.

The Republican didn't force lockdowns early on in the pandemic, but his COVID advisers, Dr. Anthony Fauci and Dr. Deborah Birx, recommended that people stay home, and many states forced so-called nonessential businesses to be shuttered.

Trump eventually diverged from top health officials and urged the reopening of closed areas, famously declaring the "cure" shouldn't be worse than COVID-19 itself.

Lockdowns had little to no effect on COVID-19 mortality, a meta-analysis of 24 studies concluded.

Bagram Airfield

Trump says the United States should have never abandoned the Bagram Airfield in Afghanistan last year, given its strategic proximity to China.

"I would have kept Bagram; it was always my plan to keep Bagram," Trump said. "It's right next to China. It is one hour away from where they build their nuclear weapons."

"How can you lose Bagram?" he asked during the interview, before adding, "China is going to have Bagram."

Bagram, the largest airfield in Afghanistan, was the heart of U.S. military power in Afghanistan for nearly two decades before it was taken over by the Taliban last year. One of the construction projects completed by the United States at the airfield is a 12,000-foot (3,660 meter) runway, which opened in 2016 at the cost of \$68 million. The airbase is about a one-hour drive from the Afghan capital of Kabul.

The U.S. airfield was determined by



John H. Durham, U.S. attorney for the District of Connecticut since February 2018.

UNITED STATES DEPARTMENT OF JUSTICE

Why [would they] want to have a weak military? Why would they want to have high interest rates and higher taxes? And why would they want to have no border?

Former President Donald Trump

the Pentagon to be neither tactically nor operationally necessary, Chairman of the Joint Chiefs of Staff Gen. Mark Milley told a congressional hearing in late June 2021.

Less than two weeks later, the U.S. military left the airfield. What ensued was the widely criticized chaotic U.S. withdrawal from Afghanistan in mid-August.

A recent report by the Federation of American Scientists (FAS) revealed that China has been secretly building three missile silo fields near Yumen, Hami, and Orodos in western China, the region that neighbors Afghanistan. The report concluded that China is engaging in an "unprecedented nuclear buildup," and China's total Intercontinental ballistic missile force "could potentially exceed that of either Russia and the United States in the foreseeable future."

Dan Steiner, a retired U.S. Air Force colonel and global strategist, previously told The Epoch Times that keeping Bagram airfield, given its proximity to China, would have given the United States a "strategic advantage" in contending with threats posed by Beijing.

"The way they withdrew from Afghanistan was like we were the 'gang that couldn't shoot straight,'" Trump said. "I think it's the most embarrassing day or week in the history of our country."

In the aftermath of the Taliban's swift takeover of Kabul, the Chinese regime seized on the event to embark on an aggressive propaganda campaign to label the United States as an unreliable ally and delegitimize U.S. democracy.

Trump also said that Beijing has now acquired U.S. military weapons that were left behind from the withdrawal, and the communist regime is now "studying" and "re-engineering" them.

"You have to get strong with China. You have to do tariffs. You have to do a lot of different things," Trump said.

Durham Investigation

Trump said he heard that "there's a lot coming" from the wide-ranging investigation led by Durham, who is probing the origins of the FBI's investigation into Trump's 2016 presidential campaign.

"I hear there's a lot coming. ... We're gonna see what happens. But what he's doing is one of the most important jobs being done right now in America," Trump said.

Attorney General William Barr assigned Durham on May 13, 2019, to investigate the origins of the FBI's investigation of the Trump campaign, which was codenamed Crossfire Hurricane. In October 2020, with the presidential election approaching, Barr designated

Durham as a special counsel to protect the criminal investigation in case of a change of administration in the White House in 2021.

Durham secured the first guilty plea in August 2020, prior to his appointment as a special counsel. Former FBI assistant general counsel Kevin Clinesmith admitted to forging an email used to prepare an application to surveil former Trump campaign foreign policy adviser Carter Page. Clinesmith was sentenced to probation for a single charge of making false statements related to the forgery.

In September and November last year, Durham brought indictments against Russian national Igor Danchenko, the primary source of the infamous Steele dossier, and Michael Sussmann, an attorney for Hillary Clinton's 2016 presidential campaign.

Trump has previously expressed frustration with the pace of Durham's investigation. In March last year, he issued a statement saying: "Where's Durham? Is he a living, breathing human being? Will there ever be a Durham report?"

The former president told Epoch TV he still wishes the investigation would move faster.

"I wish it were faster," Trump said. "It is really the crime of the century and changed everything, including the election."

Some of the earliest evidence of misconduct in the Crossfire Hurricane investigation emerged in a report prepared by the Republican-led House Intelligence Committee in early 2018.

Later, an internal inquiry by the Department of Justice Office of Inspector General yielded two significant reports. Inspector General Michael Horowitz ultimately concluded that, despite errors in the Foreign Intelligence Surveillance Court applications to spy on former Trump campaign aide Carter Page, the FBI opened the investigation of the Trump campaign on lawful grounds. Durham publicly disagreed with that finding, issuing a formal statement in December 2019 explaining that his investigation reached beyond the DOJ and its components.

Recent court filings by Durham in the Sussmann case show that Horowitz withheld vital evidence from the special counsel in the Sussmann prosecution and the criminal leak investigation of former FBI General Counsel James Baker. According to the filings, Horowitz's office failed to disclose that it was in possession of two of Baker's cellphones.

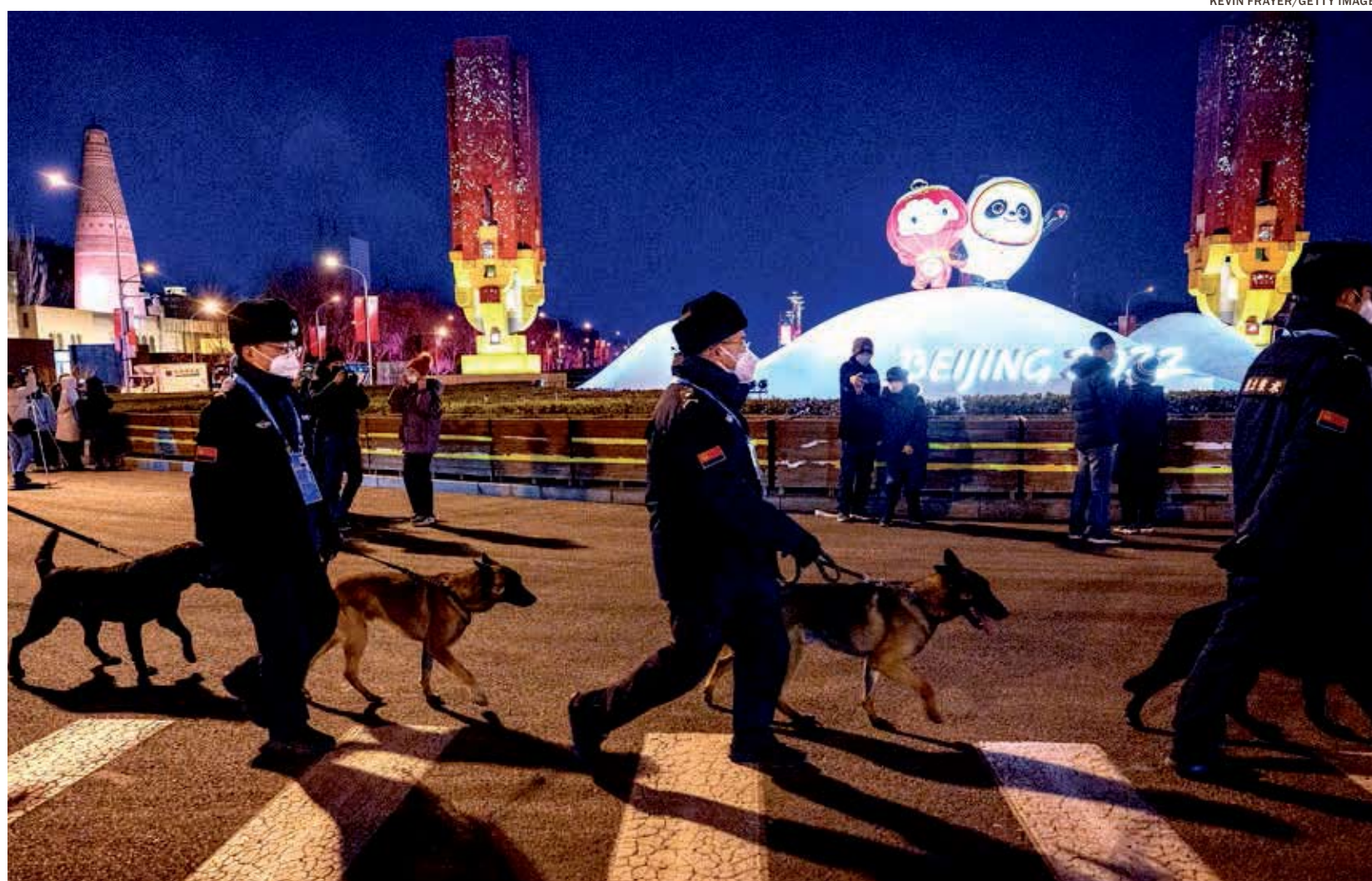
Epoch Times subscribers can watch the entire video of the interview online at EpochTV.com

THE EPOCH TIMES

TRUTH and TRADITION

"THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." —Jonne Rosenau

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A police canine unit walks in front of the 2022 Winter Olympics logo near the Beijing National Stadium on Feb. 4, 2022.

Olympic Venues ‘Right Alongside Prison Camps’: Torture, Detention Occurring Just Miles Away From Beijing Games

EVA FU

NEW YORK—The opening ceremony of the Beijing Winter Olympic Games contained all the pageantry that one might expect from an authoritarian regime eager to burnish its global image: Hundreds of children holding dove-shaped props formed the shape of a heart while they danced in a starlit stadium as green and white fireworks spelled out the word “spring” overhead, a reference to the Lunar New Year celebration.

“One world, one family,” so read the slogan displayed to spectators in the partially filled “Bird’s Nest” National Stadium on Jan. 4, echoing a call for unity that the Chinese regime has often repeated on the world stage over the past few years.

With this glitzy show, the Chinese Communist Party (CCP) is trying to divert the world’s attention from much grimmer realities, including the detention, torture, and death taking place mere miles away from Olympic venues, according to activists.

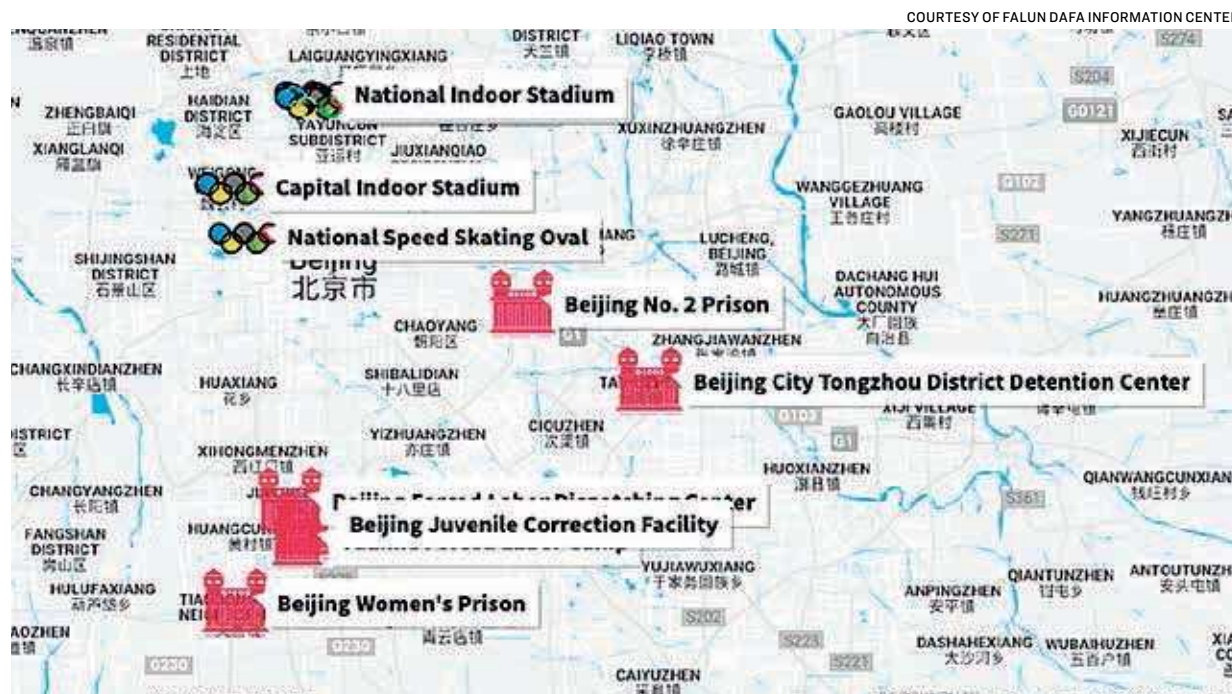
One detainee was so emaciated that she was taken home on a stretcher and slapped with a 2 1/2-year sentence days later. Another detainee spent his entire 30s in prison, only to receive another long sentence years later. A third one lost her husband to persecution and is now behind the bars herself. All three became regime targets merely for persisting in practicing their faith.

Their stories and others were featured in an interactive map released on Feb. 4, the same day that Beijing became the world’s first city to host both the Summer and Winter Games. The map, developed by the Falun Dafa Information Center, spotlighted more than a dozen “persecution hotspots” in and around Beijing, where adherents of the persecuted faith group Falun Gong are languishing for not surrendering their beliefs.

It’s the first comprehensive map of its kind to allow “a glimpse inside the places the Chinese Communist Party does not want you to see,” according to the New York-based human rights group.

The “proximity of Olympic glory to terrible human suffering highlights the tragic and often deceptive rule of the Chinese Communist Party,” said Erping Zhang, spokesperson for the Falun Dafa Information Center.

“There is no other regime on earth



A screenshot of the interactive map by Falun Dafa Information Center showcases known detention facilities near Beijing Olympic venues.

that has the audacity, and international clout, to host the Games while simultaneously detaining such large numbers of prisoners of conscience in settings ripe with abuse and torture,” he said in a statement.

Olympic Venues Alongside Prison Camps

Adherents of Falun Gong have been subjected to more than two decades of persecution under the communist regime, which deemed the group a threat after the practice exploded in popularity during the 1990s. An estimated 70 million to 100 million people were practicing Falun Gong by the end of that decade, according to estimates at the time.

A half-dozen torture facilities that hold Falun Gong detainees are roughly 10 to 20 miles away from Beijing’s major Olympic venues, from the National Stadium to the National Speed Skating Oval, where the speed skating competition commenced on Feb. 5.

“You could literally watch the speed skating Olympic event, walk out the door from the oval, and walk 14 miles due, east and you are at a prison camp where people are being incarcerated—at least one case for nine years—for their faith in Falun Gong,” Levi Browde, executive director of Falun Dafa Information Center, told The Epoch Times.

It took a month for researchers to verify the details and complete the map. Many of the facilities have both a public and private name and even two addresses to avoid outside scrutiny. Some of them, serving concurrently as labor camps, have adopted a secondary name as a cover for their slave labor business, according to the researchers.

Despite his years of research into the persecution campaign, seeing the facilities visually was still striking, according to Browde.

“That’s sort of like going to see Yankee Stadium and walking down to somewhere in Central Park, where there’s a prison camp,” he said.

Long Years Behind the Bars

The detainee that Browde cited was 52-year-old Shi Shaoping, who holds a master’s degree from the photochemical institute at the country’s lead national scientific institution, the Chinese Academy of Sciences.

While Shi was arrested at his home in November 2019, his family didn’t hear any news about his whereabouts until April 2021. That’s when police notified them of Shi’s nine-year sentence at the Beijing No. 2 Prison, a facility for death-row inmates and those serving life sentences.

Shi had already served a 10-year prison sentence because of his faith

prior to this arrest. At Qianjin Prison, which also is on the interactive map, Shi was made to sit motionless on a small stool for up to 20 hours daily over a period of a few years, according to Minghui.org, a U.S.-based clearinghouse for the persecution of Falun Gong in China. On the coldest winter days, guards would leave the window open, causing Shi’s body to shiver. He was once barred from using the restroom for an entire month.

Sixteen miles away from the same skating venue is the Beijing Women’s Prison, where artist Xu Na was held until last month.

Months before the Beijing Summer Olympic Games in 2008, police arrested Xu and her husband Yu Zhou during an “Olympic check,” after discovering Falun Gong books in their car. Yu, a folk singer and musician, died in detention 11 days later, on the eve of Chinese New Year. Xu subsequently spent three years in detention.

About 22 miles northwest of National Stadium, the Changping District Detention Center held Wang Chaoying for distributing informational materials about Falun Gong. The 68-year-old was hospitalized three times over a six-month period between 2020 and 2021. She was sent home on a stretcher after having lost 40 pounds. Ten days later, the court delivered her verdict: a 2 1/2-year prison sentence.

Over the past two years, more than 31,000 arrests and harassment cases of adherents have taken place, according to Minghui.org. Records from the site show that about 1,800 of them were sentenced and more than 200 people have died over the same period; however, human rights experts believe the true death toll to be vastly higher because of the challenge of getting official information from China.

Disposable Chopsticks and Cotton Swabs

Thirteen miles north of the skating oval is the Beijing Juvenile Correction Facility where Liu Jiying, who escaped to New York in 2016, first crossed paths with Xu in 2001, Liu told The Epoch Times. The facility was actually an underground forced labor facility, where they became practically slave laborers. Both were later transferred to Beijing Women’s Prison, then still under construction. Liu was serving an eight-year jail term, while Xu was serving a five-year sentence.

Each prison unit sourced its own “jobs.” Xu was given some of the harshest labor, including sewing shoe soles, which often kept her up until 2 a.m. Liu made sweaters and scarfs for export, stitched lacings on ski socks, and assembled stamp albums. More often, she would need to package about 10,000 disposable chopsticks each day. There would be no sleep until the allotted quota was met. Talking wasn’t allowed, but once, Liu flashed a thumbs-up to Xu to cheer her up.

The hygiene situation on the production floor was often deplorable, according to Liu, now 67. The chopsticks sometimes came with shoe prints on them. When placing cotton swabs—another product she had to package—into plastic bags at the Beijing Women’s Prison, small insects would crawl out. The swabs would be labeled as “disinfected,” she said.

It was while at these facilities that Liu vowed never to use disposable chopsticks again.

“When people take the chopsticks to eat, they’d assume those are clean. Who would examine them that closely?” she said.

Detained Again

On Jan 14, three weeks ahead of the Winter Games, Xu was handed another eight-year prison term for her role in supplying photos to The Epoch Times that documented the early months of the pandemic. While following Xu’s case from New York, Liu said the news gave her inexplicable sadness.

“She already served eight years, now’s another eight,” she said.

Liu knows of others who have fared even worse: One of her friends, who didn’t cave in to authorities’ pressure to renounce her beliefs, served 12 years. Her son was 9 months old when she was jailed. When the woman was freed, the child didn’t recognize her as his mother.

“What did we do? I didn’t do anything illegal. What right do they have to imprison me for eight years?” Liu said. “It is they who are breaking the law.”

She had once posed the same questions at an arraignment hearing in 2016.

“You are committing a crime,” she told authorities.

They, in turn, “said not a word.” Liu lost her mother shortly after her release in 2016. The woman had fallen unconscious following Liu’s arrest and a house raid.

“My mother didn’t have to die,” she said.

The tragedies traversing two Beijing Olympics should make plain to the international community that the regime hasn’t changed at all, Browde said.

“Too often, they would look at the high rise buildings and all the Starbucks around Beijing, and they think, ‘Oh, this is the new China,’” he said. “They just think it’s better and more civilized.”

“Seeing Olympic venues right alongside prison camps ... where people are incarcerated and tortured because of their faith makes the deception and the hypocrisy of the CCP very clear.”

“I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED.” —Philip Lewis

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Administrative

Puzzle Solution

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5	8	9	6	2	1	4	3	7
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8	3	7	5	4	9	1	6	2
3	5	4	7	9	6	2	1	8
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Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMarket.com** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers.

It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com

For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

Employment

Help Wanted

Bartenders wanted. Full-time and part-time positions available immediately. Brewster American Legion. Applications available at Post or on our Facebook page: American Legion Columbia Post 97, (under jobs, open jobs click the bartender, click view applicant). Call 509-689-3307 after 1 p.m. Thursday-Friday or call 509-733-2700 after 4:30 p.m. Monday-Friday.

Earn Some Extra \$\$ money Working a few hours for 1-2 days per week delivering newspapers to dealers and racks. We are looking for a reliable, responsible individual to pick up and deliver our newspapers Early Wednesday mornings. Other duties include collecting and counting money. Keep newspaper racks cleaned and maintained. Must have good driving record and proof of insurance. Apply in person at 215-14th St., Leavenworth call 509-548-5286 to schedule an interview. 10-5 weekdays. EOE



Help Wanted



The Cascade School District is seeking qualified applicants for the following positions:

- Icicle River Middle School Assistant Track Coach
- Icicle River Middle School Boys Head and Assistant Soccer Coach

Track application process and information can be found on our website at: www.cascadesed.org EOE

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR **Leavenworth Echo Cashmere Record** 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Looking for a part-time job?

The Leavenworth Echo Newspaper is looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills. We will train you on our computer software. Pay depends on experience. Please email a resume to Carol@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. Equal Opportunity Employer.

Receptionist-Administrative Assistant

The Lake Chelan Mirror is looking for an outgoing person for this full-time job, Monday-Friday.

Qualified applicant will answer phones, take ad orders, keep circulation records up to date, prepare the daily cash receipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing computer systems and software including Excel and Word, and have good math skills.

If you're looking for a fun job where you get to work with talented people and be involved in the daily activities of the Lake Chelan area communities, this is the job for you. Dependability and dedication are important work skills for this rare opportunity. EOE

Interested applicants can apply at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, #109, 9 a.m.-5 p.m. or send your resume to: publisher@leavenworthecho.com

WWW.
lakechelanmirror.com

Help Wanted



Public Health Nurse Okanogan County Public Health (OCPH) is accepting applications and resumes for a Public Health Nurse. This position is a great next step in a rewarding Nursing career or an enriching move toward supporting the health of our communities. This position offers medical benefits, routinely stable work hours, and a chance to make a difference while helping others. Minimum qualifications are an active Washington state Nurse licensure and minimum two years of direct patient care experience to ensure strong triage, assessment, communication and critical thinking skills. For a brief outline of job duties for this Public Health Nurse position, please refer to the job description on the OCPH Employment webpage at https://www.okanogancounty.org/government/public_health/employment.php Print an application to complete or send us your resume by February 28, 2022. Outside of Washington state Nurses who have applied for endorsement and Retired Active Registered Nurses are strongly encouraged to apply! If you have questions about the application process, contact Jill Gates at (509) 422-7149 or send a quick email to jgates@co.okanogan.wa.us

NCWMarket.com

Help Wanted



The Cascade School District is seeking qualified applicants for the following position:

- Cascade High School Assistant Softball Coach

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

NCW MEDIA NEWSPAPERS IS HIRING

We are looking to hire a Knowledgeable leader, manager-editor for our 4 weeklies and our monthly Business Journal. You need to know about small community newspapers. You can write and proof articles, meet deadlines, evaluate and motivate the current staff needs. Please send a resume to Publisher, PO Box 39, Leavenworth, WA. 98826. No phone calls please. An interview time will be scheduled. EOE.

PATEROS HS COACHES

HEAD BASEBALL ASST BASEBALL Seasons runs February 28 – May 28. Salary based on experience. Starting head coach: \$4798.71. Starting asst coach: \$2970.63. Position descriptions available online. All applications processed through FAST TRACK: www.pateros.org >Our District >Employment. First review of applications is 2.21.22 Applications received after the initial review will be reviewed upon receipt unless position has been previously awarded. Position open until a qualified applicant is hired. Contact employment@pateros.org or 509-923-2751 x 4 for more information. EOE.

See MORE CLASSIFIEDS & PUBLIC NOTICES on Page B4

For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only?** Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com **Deadline: Noon on Friday for all papers.**

Firewood

Firewood For Sale \$225.00 / Cord 360-921-4745

General Merchandise

For Sale Fresh brown farm eggs, \$2.50 per dozen Leavenworth, 509-548-1465

Real Estate

Rentals

IN TOWN CASHMERE 3 bedroom, 2 bath, private backyard. Cute, clean available mid-February - March 1. 2 vehicle parking limit. No campers, trailers, ATVs, etc. \$1750 per month. Garbage included. one year lease required. References. \$1000 deposit. Cats ok, no smoking. Call 509-860-4564.

IN TOWN LEAVENWORTH 3 bedroom, 1 1/2 bath, washer, dryer. No garage, shared patio, and small tool shed, 2 car parking limit. No ATVs, motorcycles, snowmobiles, trailers, etc. No pets, or smoking. Available Mid-February or March 1. \$1600 plus \$100. flat utility fee. References required. \$1000 security deposit. 509-860-4564.

Two bedroom apartment at the Chelan Airport area. Includes parking, electricity, laundry, and garbage, \$1,300 month. 509-860-6400.



Place your Help Wanted Ad online at NCWMarket.com 24/7 and find the best qualified local employee

NCWMarket.com is a classified advertising service of NCW Media, Inc. Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

The good news about NCWMarket.com is:

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- You can protect your identity until you decide to respond to inquiries, OR
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Place your ad now: NCWMarket.com

Legals Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR THE COUNTY OF KING In the Matter of the Estate of: TERRY MIDDLETON, Deceased. No. 21-4-08516-8 SEA PROBATE NOTICE TO CREDITORS

The Administrator named below has been appointed and has qualified as Administrator of this estate. Persons having claims against the deceased must, prior to the time such claims would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator, the Resident Agent for the Administrator, or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the probate assets and nonprobate assets of the decedent. DATE OF FILING COPY OF NOTICE TO CREDITORS with Clerk of Court: January 21, 2022 DATE OF FIRST PUBLICATION: February 2, 2022 Administrator: Michael Kelly, Esq. Sound Law Firm, PLLC P.O. Box 64236 Tacoma, WA 98464 Attorney for Estate and for the Administrator: Mitchell C. Cory Address: Hickman Menashe, P.S. 4211 Alderwood Mall Blvd. Ste. 204 Lynnwood, WA 98036 Telephone: (425) 744-5658 Published in the Lake Chelan Mirror February 2, 9, and 16, 2022 #3496

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN

IN PROBATE In the Matter of the Estate of MYRNA R. SCOTT, Deceased. NO: 22-4-00029-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: February 2, 2022 By LOWELL A. SCOTT, Personal Representative Address: 97 Riverfront Drive Cashmere, WA 98815 Dated: January 24, 2022 Attorneys for Personal Representative: GATENS GREEN WEIDENBACH, PLLC By LINDSEY J. WEIDENBACH, WSBA #43523 305 Aplets Way / PO Box 523 Cashmere, WA 98815-0523 CHELAN COUNTY CLERK'S OFFICE Ms. Kim Morrison, Clerk Chelan County Superior Court 350 Orondo Avenue, Suite 501 Wenatchee, WA 98801-2885 Published in The Cashmere Valley Record, Leavenworth Echo and Lake Chelan Mirror on Feb. 2, 9, 16, 2022. #3494

Public Notices

NOTICE OF APPLICATION SUB2006-02 Northlake Division 2 February 11, 2022

The City of Chelan received a final plat application for Northlake Division 2 Phase 2 on January 19, 2022. The application was deemed complete on January 20, 2022. Proposal: The final plat approval application consists of forty residential lots, and one storm detention. Location: 132 SR150 Chelan, WA 98816. The project proposal is located on the north side of State Route 150, adjacent to the plat of Orchard View: APN: 272211130100 Applicant: Cotter Family Orchards, 2155 Winesap Avenue, Manson, WA, 98831 Environmental Review: A Determination of Nonsignificance (DNS) was issued on September 22, 2020 under WAC 197-11-340(2). Comment Period: The public written comment period on this application will remain open until 5:00 p.m. on March 2, 2022... The application and any related studies may be reviewed at City Hall, Department of Planning & Community Development, 135 E. Johnson Avenue, Chelan, WA, during regular business hours. The final decision will be made by the City of Chelan Council. The final plat application does not require a public hearing in accordance with CMC19.18.010.

Comments must be submitted to: City of Chelan Department of Planning & Community Development P.O. Box 1669 Chelan, WA 98816 Published in the Lake Chelan Mirror February 16, 2022. #3624

Public Notices

STATE OF WASHINGTON DEPARTMENT OF ECOLOGY UNION GAP, WASHINGTON NOTICE OF APPLICATION TO APPROPRIATE PUBLIC WATERS TAKE NOTICE:

That Holly Smolinsky and Doug Allen of Issaquah, Washington, on April 30, 1997, under Application No. S4-32547 applied to appropriate public waters, subject to existing rights, from Lake Chelan at the rate of 0.02 cubic feet per second and an annual quantity of 3.5 acre-feet each year, for the purpose of continuous multiple domestic supply and seasonal irrigation of 0.35 acres of landscaping. The application was assigned to Scott Smolinsky on February 26, 2018. That the proposed place source is located within the SW1/4SE1/4 of Section 4, Township 27 N., R. 22 E.W.M., Chelan County, Washington. That the proposed place of use is parcel number 272204508020 located within the SW1/4SE1/4 of Section 4, Township 27 N., R. 22 E.W.M., Chelan County, Washington. Protests or objections to approval of this application must include a detailed statement of the basis for objections. All letters of protest will become public record. Cash shall not be accepted. Fees must be paid by check or money order and are nonrefundable. Protests must be accompanied by a \$50.00 recording fee payable to the Department of Ecology, Cashiering Unit, P.O. Box 47611, Olympia, WA 98504-7611, within 30 days from February 16, 2022. Published in the Lake Chelan Mirror February 9, 16, 2022 #3574

Public Notices

SUMMARY OF ORDINANCE NO. 2022-1593 of the City of Chelan, Washington

On the 8th day of February 2022, the City Council of the City of Chelan, Washington, passed Ordinance No. 2022-1593. A summary of the content of said Ordinance provides as follows: AN ORDINANCE OF THE CITY OF CHELAN, WASHINGTON AMENDING THE 2022 BUDGET AND ORDINANCE NO. 2021-1591 PASSED BY THE CITY COUNCIL ON DECEMBER 14, 2021, IN ORDER TO APPROPRIATE MONIES FROM SPECIFIED FUNDS TO OTHER SPECIFIED FUNDS AND ESTABLISHING AN EFFECTIVE DATE. The full text of the Ordinance will be mailed upon request. DATED this 10th day of February, 2022. Peri S. Gallucci City Clerk Published in the Lake Chelan Mirror on February 16, 2022

Public Notices

Entiat School Board Meeting

The next meeting of the Entiat School Board of Directors will be held on Wednesday, February 16th, at 7pm in the school library or via Zoom (Zoom link will be posted on www.entiat.k12.wa.us on February 11th). This is a schedule change; these meetings are usually held on the third Thursday of the month at 7pm. Call the school at 784-1800 if you have questions. Published in the Lake Chelan Mirror February 16, 2022 #3577

Using spices as supplements

I can't stand fried chicken. I never go to KFC, and I'll avoid fried chicken at potlucks unless there's nothing else available. Then, I peel off the fried coating until there's just plain chicken on my paper plate.



Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. 2022 Louise Achey

My grandparents retired and moved from Arizona to Washington State when I was in primary school. Every few months, we'd visit, driving from Seattle to Ocean City, just north of Ocean Shores on the coast.

I loved staying with my grandparents, but getting there wasn't fun. We always left right after Mom fed us lunch, usually fried chicken. Halfway there, I'd get queasy sitting in the back seat of our station wagon. One particularly twisty section of the road was excruciating. I'd often lose my lunch by the side of the road or into a trash bag inside the car.

I suffered motion sickness on boats and planes, too. One day, I discovered that ginger root might help. I tracked down candied ginger root in the spice section of my local grocery. After measuring out the suggested dose, I took it about an hour before my next road trip.

What a difference. Without a headache or queasy stomach, I enjoyed riding and reading in the back seat of the car. What a relief to master my motion sickness.

Years later, the airport was crazy busy on the early morning of Christmas Eve, and I almost missed my flight to Dayton, Ohio. In the confusion, I forgot my dose of ginger. Everything went well until we hit turbulence on the final approach. Staggering off the plane and feeling four shades of green, I raced for the nearest restroom. Finally arriving at my in-laws, I spent the rest of the day in bed.

Cinnamon, ginger, and turmeric are spices with additional medicinal properties. Although some people seem to experience benefits from these natural products, many others do not. How can you tell if they are helping you?

When your doctor gives a prescription medicine to try to lower your blood sugar, they will have a way to decide how you respond to it. You may poke your finger to measure your blood sugar. If your blood sugar levels don't change, then another approach is needed. You may get a higher dose or different medicine.

Not everyone who takes a medicine, food supplement, or herbal product will respond to it. There's no way to predict who will benefit and who won't. Even with dozens of glowing testimonials, taking any supplement or herbal product doesn't guarantee similar results. Each of us responds to medications and

supplements in our own way. The best way to determine if your supplement is helping you is to document your results. Before you start, write down how you feel before taking the first dose of your medication or supplement, then at regular periods afterward. Trying to recall exactly how you felt a week ago is not as nearly as accurate as documenting it in writing.

In the words of a Chinese proverb, "The palest ink is better than the best memory."

Despite recent studies showing that ginger is ineffective at relieving nausea from motion sickness, I have confirmed that it works for me. And that's what counts.

Other medicinal spices include clove oil and cinnamon. Clove has been used as a dental analgesic and antiseptic for decades. I think the hint of clove is part of what gives dental offices their distinctive smell. Pure Cassia cinnamon has been shown to lower blood sugar by up to 25 points, and turmeric may help your knee pain.

Here are 5 steps to help determine if a supplement works for you:

- 1. Decide which symptoms you hope will improve. Answer the question, "If this really helped you, how would you know?" What exactly do you expect it to do? Relieve your pain? Increase your energy? Help you lose weight?
2. Create a before and after scoring system. Before taking the first dose of your supplement, score yourself on how you are doing on each symptom. If you want increased energy, score your current energy level on a scale of 1 to 5 or 1 to 10.
3. Start your new supplement.
4. Score yourself on each symptom. Every week, notice how you are doing on each symptom and record it in your symptom diary.
5. Evaluate your progress. Check your before and after scores to determine any changes to your symptoms. If you don't see any measurable difference after four to six weeks, it's not helping you. Try something else, instead.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. 2022 Louise Achey

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CROSSWORD PUZZLE THEME: U.S. PRESIDENTS ACROSS 1. Short for specification 5. Knave 8. *Like President Eisenhower's head 12. *One fourth of a Presidential term 13. Take-out handout 14. The Beast's problem in "Beauty and the Beast" 15. *Pres. Eisenhower established this space agency 16. Thought 17. Body of water 18. *#22 and #24 20. First-rate, slangily 21. Terminate, as in mission 22. Lingerie staple 23. Public speaker 26. Ivory tickler 30. "Fresh Prince of ___-Air" 31. Most likely to win 34. Pot contribution 35. By surprise 37. Indian restaurant staple 38. Lacking justification 39. Office communicative 40. Greece and Bulgaria peninsula 42. Overnight stop 43. Indifferently 45. Sturdily built 47. English course abbreviation 48. "___" it easy" 50. Oliver Twist, e.g. 52. *University of Virginia founder 56. African prairie 57. *Second most-popular Presidential birth state, after Virginia 58. Arm bone 59. Poem at a funeral 60. German title 61. Arnold Lobel's "Mouse ___" 62. High school club 63. Clinton ___ Rodham 64. Hitler's Deputy DOWN 1. Update a FitBit 2. Sound of bells 3. "At ___, soldier." 4. Modern tie forerunner 5. Aromatic lumber 6. Beside, archaic 7. Two of the same 8. *The only President who was a bachelor 9. ___ 51, Nevada 10. Law school entry requirement, acr. 11. Bear's room 13. Edith Piaf's hit 14. Meat of coconut 19. Digital tome 22. Trash container, e.g. 23. *One of three Presidents to win a Grammy 24. James Dean's famous role 25. Remember this battle 26. *First to serve coast to coast 27. Indo-Aryan, as in languages 28. Did not smell good 29. Like yellow polka dot bikini 32. June 6, 1944 33. Salt in cocina 36. *a.k.a. Silent Cal 38. Loosen ropes 40. Dei acronym 41. ___ help 44. Hawaii's number 46. Mob offensive 48. High-pitched laugh sound, in print 49. Like Bananas Foster 50. "All's well that ends ___" 51. Away from wind 52. *Second most common Presidential first name, after James 53. Type of gin 54. Cross to bear 55. Midday slumbers 56. Chill, with 'out'

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