

Lake Chelan Valley Events, Things to do, Meetings

Outdoor Gallery

Over 40 murals and sculptures

CHELAN - The Lake Chelan Arts Council Outdoor Gallery brochure is available at the Lake Chelan and Manson Chambers of Commerce. Follow the Outdoor Gallery map to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, their website, artinchelan.com, offers local artists and the community an opportunity to "Celebrate Art!".

COVID-19 vaccine clinics, testing

NCW - For information on upcoming vaccine clinics and testing in the Lake Chelan Valley and Wenatchee, go to: <https://lakechelanhealth.org/covid-19/>

Chelan Fire & Rescue: March 16

CHELAN - The Chelan Fire & Rescue board of commissioners will meet on Wednesday, March 16, at 3 p.m. in person. The public is welcome to join them at: <https://us02web.zoom.us/j/87284665516> Meeting ID: 872 8466 5516 or dial +1-253-215-8782. They meet the third Wednesday of the month. More information: chelan.7.com.

Chelan Museum: March 17-19

CHELAN - The Lake Chelan Historical Society has reopened the Chelan Museum in Historic Downtown Chelan, at the corner of Woodin Avenue and Emerson Street. Hours will be Thursday, Friday, and Saturday, 11 a.m.-3 p.m.

Alzheimer's Support Group: March 17

CHELAN - With the support of Aging and Adults and Tender Loving Care for Seniors, an Alzheimer's Support Group for Chelan/Manson area will restart Thursday, March 17, 10 a.m. to 12 p.m. for all caregivers of persons with Alzheimer's. Meetings will be the 3rd Thursday of the month at Chelan Valley Hope, 417 S. Bradley Street, Chelan. Aging and Adults is providing the facilitator, Bob Poindexter, who has great experience in leading support groups. Please join them to be encouraged on this journey. For further details please call: Claudia Swenson, Manager, TLC for Seniors, 360-561-6090.

Chelan Senior Menu: March 17-22

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. **Menu: March 17: Rueben Sandwich with Swiss Cheese, Jo Jois, Spiced Salad, Mandarin Oranges, Dessert; March 18: Baked Fish, Rice Pilaf, Asian Vegetables, Spinach Salad, Waldorf Salad, WW Roll, Dessert; March 21: Sweet & Sour Chicken, Rice, Spinach Salad, Pineapple Tidbits, Garlic Bread, Dessert; March 22: Chili with Cheese, Corn Chips, Green Salad, Peaches, Cornbread, Berry & Pudding Parfait; March 23: Lasagna with Meat Sauce, Green Beans, Tossed Salad, Pears, Bread Sticks, Dessert.**

Glass recycle: March 19

Now open 9 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 9 a.m.-noon, at 23235 Highway 97A across from WalMart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.911glassrescue.org, and click on the volunteer tab on the home page.

Food Bank food distribution: March 19, 22

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for pet food. Small bags of dog food are best. They can be dropped off at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center.)

Top Dog Parade: March 19

CHELAN - The Wayne Kelly Memorial Top Dog Parade will be held Saturday, March 19 at noon in downtown Chelan. Get your costumes in order. Head to downtown Chelan and watch as dogs dressed up in their finest St. Patty's Day outfits are guided through main street by their owners, while a parade of live music and local organizations follow. The line

SEE EVENTS ON PAGE A4

Chelan City Council to move forward with downtown revitalization, awards golf course concession contract

Revitalization Key Project Elements

1. Crossings
2. Center of Town/Bulb Outs
3. Lights/Trees
4. Sidewalks



Graphics courtesy City of Chelan

On March 8 the City of Chelan Council heard a presentation from Eric Campbell of Historic Downtown Chelan Assn. about concerns from business owners and citizens about the proposed revitalization of the downtown core. A group has been meeting since last fall to discuss the concerns. The group felt the 200 block of Woodin Avenue could use one additional crossing in the area of the Lake Chelan Chamber of Commerce. They do not want to lose any parking due to larger bulb outs, new lights are needed, along with better electrical and speakers downtown. They could not come to consensus on sidewalk width. The council voted to instruct staff to develop a Memorandum of Understanding for the Downtown Revitalization Plan between the City of Chelan and the Historic Downtown Chelan Association to develop specifics of the project. There will be opportunity for citizens and businesses, to give input on the project at community meetings. The council also heard a presentation from Julie Pittsinger of Karma Vineyards about her proposal for the Lake Chelan Golf Course food concession called The Albatross. In a special meeting on March 10, the council voted to move forward with her proposal. Around \$200,000 will be invested via tenant improvements. Full opening is scheduled for June 6.



Stakeholders respond to Hawkins' Affordable Housing Bill Progress

By MEGAN SOKOL, STAFF WRITER

OLYMPIA - Sen. Brad Hawkins' affordable housing bill has reached the Governor's office and is pending final approval. Those who testified for its approval express their excitement for the bill's progress.

"Chelan Valley Housing Trust is very grateful for the efforts of both representative Mike Steele up here in Chelan county and of course, Senator Brad Hawkins," Chelan Valley Housing Trust Executive Director Steve Wilkinson said. "They're really highlighting the need for creative legislation to address the housing crisis we got here in Chelan county and Senator Hawkins demonstrated great resolve and flexibility to sponsor Senate bill 5868 for the purpose of expanding that eligible use of the existing rural sales and use tax for funding housing."

SB 5868 is targeted towards expanding the use of rural county public facilities sales and use tax to include affordable workforce housing. This is a 0.09% sales remittance tax that is coming out of the 6.5% state sales tax. If signed into law, this would not increase tax rates and will be eligible for those who do not make more than 120% over the median income within their county. It would be designated for nonprofit housing so that it remains affordable after a resident or developer sells their property.

"There is a major growing issue with housing affordability especially in our areas," Sen. Hawkins said. "Places like Leavenworth, Lake Chelan, the

Methow Valley, and all throughout the state."

The bill traversed both House and Senate floors on March 7-9 and was finally placed on the Governor's desk by March 11. "Passing any bill in Olympia is difficult but housing bills have proven to be especially challenging, so I'm just really grateful to the many local stakeholders who supported this effort and who helped advocate for it. This bill would not be where it is without their support."

Those who testified for the bill's approval include Upper Valley MEND, Chelan Valley Housing Trust, Chelan County, Leavenworth Mayor Carl J. Florea, Leavenworth City Councilmember Zeke Reister, Wenatchee Valley Chamber, Confluence Health, and Cascade Medical.

Those who testified against the bill include the Washington Public Ports Association due to the bill's last minute change to fund workforce housing through the state sales tax rather than through lodging taxes. Chelan County Housing & Economic Development Director Sasha Sleiman recalled that the Port's concerns were based in the funding stream becoming too thin down the line.

"I think everybody kind of understands the importance of it, but anytime you expand use of funding, that means hypothetically other people



Steve Wilkinson, CVHT Executive Director

won't be able to get as much funding. The funding is limited, there's a set amount of money," Sleiman explained. "If you're allowing for more people to apply for that funding, people who are existing recipients of that funding may get nervous, so I think that's where we're seeing that from the statewide port association."

Many proponents for the bill argue that there will be little economic development without more infrastructural development for workforce housing.

"If your workers can't live where you have the infrastructure or you want to build the infrastructure, then what's the point of having money for infrastructure if it's in a place where those kind of skills, those kind of laborers, those kind of workers can't live?" Leavenworth City Councilmember Zeke Reister asked. "It's really important to have people living where they work as much as possible."

Steve Wilkinson reports that both Leavenworth and Chelan are placed in a unique housing position due to their high-income populace driving out the housing market, but with tourism and hospitality at an all-time high, employment has become increasingly scarce.

"We have a much greater populace of affluent retirees that now live here. They are in the need of central year-round services," Wilkinson explained. "There's a need for employees here and for a longer period of time to meet this tourism. When you do not have the housing, it's hard to retain employees and it's hard to attract employees."

Here is Leavenworth Mayor's

response regarding WA SB 5868:

Mayor Carl J. Florea:

"This is a great bill that will give us one tool to help us address our housing crisis. No one thing, nor any one bill, will solve our housing needs. But this is the first time we have the option to put some locally generated funds towards the problem, and the significance of that can't be overstated. And this is the first time a bill of any kind has come through our state that gives resources towards those needing housing above the affordable housing model that was limited to those making less than 80% of area median income. This bill allows these dollars to go for workforce housing that serves those up to 120% of area median income. Truly groundbreaking."

I approached Sen. Hawkins with our need for a funding stream to address workforce housing and asked for his help. He originally agreed to sponsor a bill to allow us to use a portion of our lodging tax. But when that failed to gather the needed support, he changed direction to use these county .09% sales and use tax funds to address the same need. Sen. Hawkins truly gets how the lack of housing is devastating to a community such as ours. I can't thank him enough for his tenacity and steadfastness to work this through the legislature. And both our representatives, Rep. Mike Steele, and Rep. Keith Goehner, were supportive and a help to get this bill through the House. A big first step, one of many that will need to be developed to address our shortage of housing."

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Use caution when using space heaters



Courtesy Chelan Fire & Rescue
At 4:09 a.m. on March 10, crews from Chelan Fire & Rescue and Chelan County Fire District #5 (Manson) were dispatched to a reported structure fire on Azwell Road in the northern part of the fire district. First arriving crew reported a small storage structure with possible exposures and were able to contain the fire immediately with the resources on scene. Chelan Fire & Rescue crews remained on scene for overhaul until 5:43 a.m. The property owner stated the out building was being used for storage and that there was a space heater inside being used to prevent vegetables from freezing. Cause of the fire is currently under investigation and there is no damage estimate available at this time. Chelan Fire & Rescue would like to remind community members to please use caution when using space heaters by providing adequate space around the heater to prevent accidental ignition of combustible materials.

Rep. Mike Steele announces \$10.5 million in 12th District projects included in final 2022-23 supplemental capital budget

Lake Chelan EMS to receive \$191,000

SUBMITTED BY KELLEY PAYNE, OUTREACH COORDINATOR FOR THE HOUSE OF REPRESENTATIVES.

OLYMPIA - Rep. Mike Steele, ranking member of the House Capital Budget Committee and lead Republican negotiator, announced last week that more than \$10.5 million in 12th District projects was included in the recently approved 2022-23 supplemental capital budget.

"As a top capital budget negotiator, it's extremely gratifying to help bring this funding home to the 12th District. While operating budgets take care of most state agency funding requests, capital budgets pay for more permanent items. In essence, they are construction budgets with funding for anything from major projects like schools and

low-income housing to local parks and other public facilities," said Steele, R-Chelan.

"This year's capital budget was truly historic. In a supplemental budget year, we are making more statewide community investments than the previously approved two-year plan. I'm extremely happy to see the number of projects included for our communities."

The supplemental capital budget spends \$1.5 billion, with \$107.3 million from the sale of general obligation bonds. The remaining \$1.39 billion is comprised of a combination of federal funds, General Fund-State (GF-S) transfers, and other dedicated funding sources. It leaves \$210,000 in bond capacity.

12th Legislative District projects highlights include:

1. Trades District port project: \$3 million
2. Peshastin Cross Over Siphon Pipe (Peshastin): \$309,000

3. Wenatchee City Pool Repairs (Wenatchee): \$550,000
 4. Wenatchee Valley YMCA (Wenatchee): \$515,000
 5. Chelan Douglas Food Distribution Center (Malaga): \$1 million
 6. City of Brewster Canyon Well House (Brewster): \$480,000
 7. City of Brewster Sewer Upgrade (Brewster): \$2.8 million
 8. Lake Chelan EMS Design (Chelan): \$191,000
 9. Town of Elmer City Fire Station Improvements (Elmer City): \$772,000
 10. SD Brewster School District: \$933,000
- Read the summary and budget bill at: <http://leap.leg.wa.gov/leap/budget/detail/2022/hc2022Supp.asp>
- Review district project reports at: <http://fiscal.wa.gov/CapitalProjectListDistrict-Supp.asp>
- The 2022 legislative session concluded on March 10.

LETTER TO THE EDITOR

Spring bear hunt unnecessary, deadline to oppose March 18

Dear Editor,

The Washington Fish and Wildlife Commission is considering a proposal to allow a recreational spring bear hunt this year. This hunt has been held in previous years, but in late 2021 the Commission voted to cancel this year's hunt, due to a lack of scientific justification for it. But after a shakeup of the Commission's composition, they are one again considering this extremely controversial hunt.

The Washington Department of Fish and Wildlife refers to the spring bear hunt as a "long-standing recreational hunting opportunity." This hunt, held from April to June, targets malnourished bears leaving their dens after hibernation. Female bears have young, dependent cubs during this season. This unethical hunt would only provide "recreation" for a few hundred hunters - an incredibly small proportion of the Washington

population, most of whom appreciate living wildlife. The spring hunt of vulnerable bears is also redundant to the annually held fall bear hunt. This hunt is unnecessary and does not reflect Washington's conservation values. Let the Commission know that you oppose the spring bear hunt by emailing commission@dfw.wa.gov by March 18, 2022. Thank you. Peri Gallucci, Chelan

CHELAN COUNTY SHERIFF/FIRE/EMS

Chelan County Sheriff

- March 3**
 04:48 Alarm, 246 W. Manson Rd., Chelan
 04:56 Accident/ Injury, US Hwy 97 MP 245, Chelan
 06:14 Harassment/ Threat 14138 Kinzel St., Entiat
 09:18 Hazard, 101 Boyd Rd., Chelan
 9:30 Assist Public, 480 Antoine Creek Rd., Chelan
 10:27 Weapons Violation 215 W. Webster Ave., Chelan
 15:43 Parking/ Abandoned Vehicle, 100-block Boyd Rd., Chelan
 21:04 Traffic Offense, 108 N. Apple

- Blossom Dr., Chelan
March 4
 01:45 Noise Complaint, 2347 W. Prospect St., Chelan
 08:48 Civil, 1 Moonbeam Rd., Manson
 09:59 CPS/ APS Referral, 109 Nebraska Ct., Chelan
 10:03 CPS/ APS Referral, 512 E. Okanogan Ave., Chelan
 10:37 Assist Public, 208 N. Shore Dr., Chelan
 10:46 Harassment/ Threat, Safeway, 106 W. Manson Rd.
 11:01 Suspicious, Manson
 12: 50 Suspicious, 800-block SR150, Manson

- 15:18 Parking/ Abandoned Vehicle, 847 SR150, Manson
 15:40 Harassment/ Threat, 216 N. Emerson St., Chelan
 17:56 Domestic Disturbance, 400-block Wapato Lake Rd., Manson
 19:40 Agency Assist, Pat n' Mike's, S. Lakeshore Rd., Chelan
 20:12 Animal Problem, 1800-block W. Woodin Ave.
 20:24 Suspicious, 200 Green Ave., Chelan
 20:50 Theft, Safeway, 106 W. Manson Rd., Chelan
 22:25 Trespassing, Walmart, 108 N. Apple Blossom Dr., Chelan

- 20:20 Juvenile Problem, 2122 Cammack Ave., Entiat
March 7
 05:53 Hazard, 11415 S. Lakeshore Rd., Chelan
 08:26 Vehicle Theft, 307 S. 2nd St., Chelan
 12:02 911-Call, Vin du Lac, 105 Spader Bay Dr., Chelan
 14:19 Alarm, 150 Makai Rd., Manson
 15:05 Traffic Offense, S. Sanders St. and E. Wapato Ave., Chelan
 15:47 Property, 1 Wapato Point Parkway, Wapato Point, Manson
 16:23 Welfare Check, 420 W. Manson Rd., Chelan
 16:51 Property, 518 W. Manson Rd., Chelan
 20:14 Traffic Offense, SR 150 and Lenore Dr., Chelan
 22:24 Drugs, 455 Wapato Lake Rd., Manson

- 04:56 Injury Accident, US Hwy. 97, MP 245
 Chelan EMS
 04:56 Injury Accident, US Hwy. 97, MP 245
 Manson Fire District
 11:43 Residential Alarm, 508 Loop Ave.
March 4
Chelan Fire District #7
 15:23 Fall, W. Manson Rd and N. Lake St.
 Chelan EMS
 14:14 Fall, 200 Pinot Noir Ln., Manson
 15:23 Fall, W. Manson Rd. and N. Lake St.
 16:33 Stroke, 785 Wapato Way, Manson
Manson Fire District
 14:14 Fall, 200 Pinot Noir Ln., Manson
 16:33 Stroke, 785 Wapato Way, Manson

- Rd.
Chelan EMS
 04:37 Unconscious, 514 E. Wapato Ave.
 10:39 Fall, 510 N. Cedar St.
 11:11 Cardiac, 16234 S. Lakeshore Rd.
 15:18 Fall, 4612 Navarre Coulee Rd., Chelan
Entiat Fire District
 15:18 Fall, 4612 Navarre Coulee Rd.
 18:37 Illegal Burn, Diamond Ave. and Howe St.
 19:01 Breathing Problem, 1016 Crest Loop
 23:56 Breathing Problem, 14905 Golden Delicious St.
March 8
 No Report.
March 9
 No Report.
March 10
Chelan Fire District #7
 04:09 Structure Fire, 423 Azwell Rd.
 14:33 Psychiatric, 416 N. Cedar St.
 15:00 Smoke Investigation, 0 Block Union Valley Rd.
 16:12 Psychiatric, 416 N. Cedar St.
Manson Fire District
 04:09 Structure Fire, 423 Azwell Rd.
 12:53 Medical Alarm, 40 McLallen Ln., Manson
Chelan EMS
 04:09 Structure Fire, 423 Azwell Rd.
 06:42 Unconscious, 260 Tike St., Manson
 12:53 Medical Alarm, 40 McLallen Ln., Manson
 16:12 Psychiatric, 416 N. Cedar St.
Entiat Fire District
 11:54 Vehicle Fire, SR 971, MP 3

Business & Healthcare Directory

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 Obituaries/Death Notices: 4 p.m., Friday

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 The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworth.com

News Tips
 Have an idea for a story? Call the Mirror at 509-682-2213

Corrections
 The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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SCHOLARSHIPS

Two visual art scholarships will be awarded by Lake Chelan Arts Council

SUBMITTED BY MAGGIE JARR, LAKE CHELAN ARTS COUNCIL

CHELAN – The Lake Chelan Arts Council (LCAC) is pleased to announce that two \$1,000 Visual Arts Scholarships will be awarded to qualified graduating seniors in the Lake Chelan Valley. Students must have a minimum GPA of 2.5, have clear intention of continuing their education in a visual arts program, and have applied to an accredited school of higher education.

Visual arts for this scholarship are defined as painting (various media), drawing, design (a new addition this year, which could include product design, lighting, fashion design, architecture, interior design, etc.), sculpture, mixed media, photography, fiber art, and graphic art (including digital).

To qualify, applications must be postmarked by May 6, and include the following: a sealed transcript, two letters of recommendation, two written essays, and a portfolio of artwork. Applicants should refer to the application for specific requirements. Applications will be made available in the guidance departments of high schools within Chelan Valley, and can also be downloaded from the LCAC website: www.artinchelan.com.

They should be mailed to: Lake Chelan Arts Council, PO Box 627, Chelan, WA 98816, Attention: Scholarship Committee

The Lake Chelan Arts Council is a non-profit 501(c)(3) organization of volunteers, founded in 1985 to promote, fund and support the visual and performing arts in the Lake Chelan

Valley. The LCAC works with the City of Chelan, the Lake Chelan Chamber of Commerce, and other local organizations to accomplish this mission.

Jaech Foundation launches scholarship program targeting students in the Lake Chelan Valley

SUBMITTED BY JAECH FOUNDATION

MANSON - Jeremy and Jacquelyn Jaech are thrilled to announce the launch of the Jaech Foundation Scholarship. After two years of legal work and IRS review, the Jaechs have reallocated funds from an educational trust established over 30 years ago to create a scholarship fund that will benefit students in the Chelan Valley. The new annual scholarship is aimed at local students looking to pursue higher education whether community college, university, or trade school. The scholarship will award up to a total of \$50,000 in 2022 and is open to current high school seniors. Provided recipients meet eligibility requirements, they will continue to receive additional funds in subsequent years. As a result, the total amount awarded each year by the scholarship will progressively be larger.

“We’ve been fortunate in our past business endeavors and have viewed Harmony Meadows as a way to invest in our community and make a difference in the lives of the people who live here,” said Jaech. “We see this scholarship as another way to

continue investing in our dual passions for healthy lifestyles and higher education. We’re thrilled that this scholarship can provide more educational choices for local families to prepare their children for a successful future.”

To apply, students must complete an application essay that describes their personal history, accomplishments, and educational and career goals. They must have at least a 3.0 cumulative grade point and live in the Chelan Valley. Information about the scholarship is available at both the Chelan and Manson High School college counselors’ offices. Applications are due April 15. Scholarship winners will be announced in June.

About The Jaechs

The Jaechs have demonstrated their commitment to the Chelan Valley by opening and operating Harmony Meadows Resort located in Manson. This resort was created to be an economic driver for the community by creating a compelling tennis destination for tourism, and to provide free tennis programs and facilities to the local schools. The Jaechs are passionate about education and physical exercise and understand the importance of creating a social environment around each to motivate those passions in others.

For the past several years, Harmony Meadows has enabled the creation of and hosted the Manson High School Tennis Team since the team does not have tennis facilities of their own. Harmony Meadows also provides a free, multi-week after-school tennis program for primary school students and subsidized instruction over the summer for all ages to spark the creation of a strong tennis culture among the youth of the Chelan Valley.

Lamb Weston teams up with Career Connected Learning to invest in the future of agriculture

Casandra Sanchez receives \$500 scholarship

SUBMITTED BY BON NORTH CENTRAL EDUCATION SERVICE DISTRICT

CHELAN —The NCESD171 Career Connected Learning Team is pleased to announce the winner of the Lamb Weston \$500 continuing education scholarship, Chelan High School Senior, Casandra Sanchez.

In partnership with Career Connect Washington and the NCESD, the Apple STEM Network’s career connected learning team hosted a Youth in AG Forum earlier this month. Students were asked to register, attend and complete a survey for the event. Cassandra was randomly chosen from some 150 plus registrants.

This unique virtual forum was held, February 3, inspiring students to think outside of the box when considering careers in agriculture in North Central Washington. Five local agriculture professionals shared their journeys and insight into conventional and unconventional careers in agriculture today. Ubaldo Martinez (Saddle View Farms), Kayla Cedergreen (Horning Brothers Farms), Brady Karstetter (BAM Farms, LLC), Melva Calloway (Syngenta) and Kendall Horning (Horning Brothers Farms)



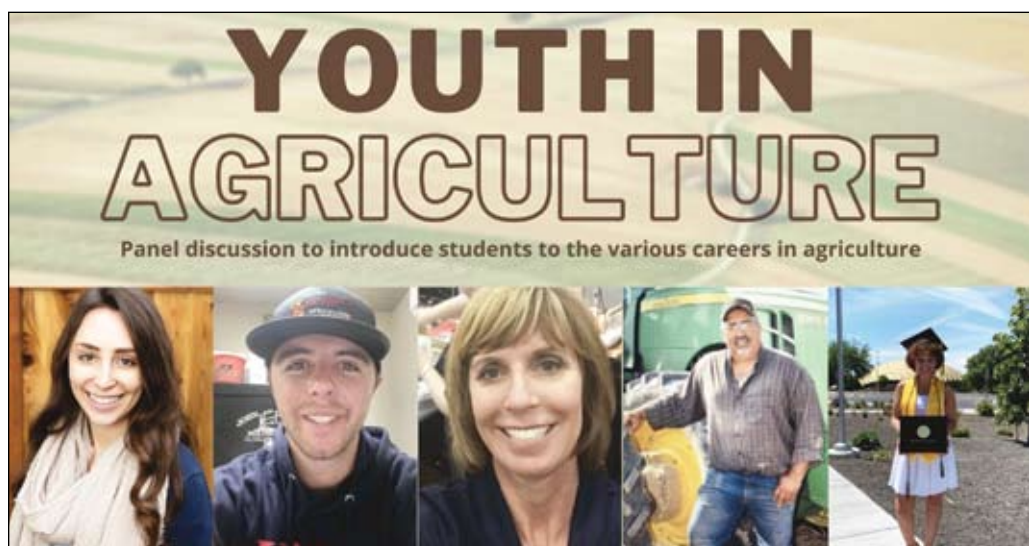
Chelan High School Senior, Casandra Sanchez received a Lamb Weston \$500 continuing education scholarship.

spoke about the skills necessary and opportunities available to excel in agriculture in this very technical and diverse time.

Casandra Sanchez

Casandra Sanchez grew up raising animals on a small family farm. Her future plan includes attending either Yakima Valley Community College or Pierce College to become a Veterinary Technician. She expressed her gratitude to Lamb Weston for the scholarship.

“I thought the forum was a great way to have a lot of people who entered the agriculture industry in their own different way talk about how they got where they are today and talk about what they love to do. I think that appeals to a lot of young people who are still



Panel members were: Kayla Cedergreen, Brady Karstetter, Melva Calloway, Ubaldo Martinez, and Kendall Horning.

Courtesy NCESD

deciding what they want to do with their lives. I could relate mostly to Kendall who spoke about growing up on a farm and then going to a community college before getting her Bachelors while working on the farm.” Casandra Sanchez

Terrie Carleton, College & Career Coordinator - Chelan High School, helped promote the forum even though it took place on a school day during class time. Chelan High School was able to facilitate this by letting students know in advance about the opportunity through their Advisory class and pro-

vided a way to register for the event in their Google Classroom. Then students who were interested made arrangements with their teacher to come to the Career Center or Library to watch on their own computer. In addition, we had a teacher register and broadcast in their classroom.

“Growing up on a dairy farm and being a co-owner of an apple orchard, I am all about agriculture and the opportunities for a wide-range of careers. There is no straight path to Ag. As I sat with students during the presentation, I could see

they were interested to learn how each person carved out a career” - Terrie Carleton

Interested parties can watch the forum at: <https://bit.ly/YOUTHinAGFORUMrecording>

For more information about Career Connected Learning, please visit <https://www.ncesd.org/service/career-connected-learning/>.

About Lamb Weston

Lamb Weston, along with its joint venture partners, is a leading supplier of frozen potato, sweet potato, appetizer and vegetable products to restaur-

ants and retailers around the world. For more than 70 years, Lamb Weston has led the industry in innovation, introducing inventive products that simplify back-of-house management for our customers and make things more delicious for their customers. From the fields where Lamb Weston potatoes are grown to proactive customer partnerships, Lamb Weston always strives for more and never settles. Because, when we look at a potato, we see possibilities. Learn more about us at lambweston.com.

About The Apple STEM Network

Locally, the Apple STEM Network is part of a statewide effort supported by Washington STEM. Washington STEM provides guidance, some degree of funding support, and mutually reinforces activities across regional networks and leadership in efforts to define and promote the importance of STEM education and STEM career paths across the state.

The Apple STEM Network is co-directed by the North Central Educational Service District and GWATA (North Central Washington’s Technology Alliance). The leadership team consists of ten individuals representing school districts, businesses, and other educational institutes.

Registration open for Manson AAU T-Ball, Baseball, Softball, deadline March 16

MANSON - Manson Parks is excited to announce that AAU t-ball, softball, and baseball is back. Registration is currently open to Manson students in preschool through 6th grade. Forms were sent home in your child’s communication folder on March 8 (grades PreK-5th). 6th graders- please contact the Manson Parks Office for a form, or visit www.manson-parks.com/aau/

The cost to register is \$25

per athlete. If the athlete did not play AAU basketball this year, add an additional \$14 for AAU card. Completed forms and payment can be dropped off at the Manson Parks office Monday through Friday from 10 a.m. to 2 p.m. We will be open until 5 p.m. March 16.

Please contact Manson Parks with questions at 509-687-9635, Monday-Friday 10 a.m.-2 p.m., or info@manson-parks.com.

one simple step

Help prevent opioid misuse in your community. Take back your meds today.

Learn more at **MED-Project.org**

Columbia Valley Community Health has a safe medication disposal kiosk:
 105 South Apple Blossom Drive

Washington State Health Care Authority

Prepare for power outages today

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OBITUARIES

Stephen Henry Palmbush

September 1, 1943 – March 1, 2022

With his family surrounding him in love, Stephen Henry Palmbush went home to the Lord on March 1, 2022.

A former naval aviator and financial advisor, Stephen was born to Norma (Moore) and Henry Palmbush on the eastern front of the Rocky Mountains in Conrad, Montana, where his Dutch and German émigré grandparents settled at the turn of the last century.

After high school he studied computer science before joining the Navy in 1965, during which time he met and married his beloved wife and life companion, Carrol Palmbush (néé Brendell) while stationed at McGuire Air Force



Base in New Jersey. Following two tours in Vietnam, Steve and Carrol and their first child (Scott Stephen) lived in Iwakuni Japan for two years before returning stateside and settling in Montana.

Montana was always home, a special place embedded deep in Steve's soul. He loved Glacier Park and took his

family there often as his children grew up, eager and happy to share with others the breathtaking beauty of its mountains and valleys, the lakes, streams, waterfalls, and wildlife. Flying over Glacier's mountains and the plains of Montana with Steve could often feel like a religious experience—the broad blue sky was his church.

Steve considered life a great adventure, its twists and turns to be appreciated as a gift. He loved telling stories, or otherwise 'holding court' around the table with family and friends, where young and old alike were captivated by his rich store of anecdotes and life lessons. He taught us that a good life involves finding joy (no matter how small) in each day, and always thinking about what you can do for someone else.

For Steve, service to others

was a way of life. He served the Chelan community formally as Post Commander for the VFW, Commodore of the Boat Club, President of the Lake Chelan Community Hospital Foundation; as a highly active member of Rotary, an enthusiastic supporter and organizer of Bach Fest, a member of Real Life Church, and most recently as a "Volunteer Grandpa." Informally he served the community as a mentor who had time for anyone in need; Steve was a champion of underdogs and those who struggle. He recognized pain, and devoted himself to sharing with others his practical guidance, as well as the beautiful hope he had come to know and trust as a child of God.

Steve enjoyed catching up in conversation with family and friends. He took full advantage of every opportunity

to philosophize/offer advice to his kids and grandkids; he loved music--classical, jazz, country, and especially bluegrass; he relished a good meal and fine wine, had a soft spot for animals (the more bedraggled the better); he laughed heartily at funny cartoons and good jokes. And of course, anyone who knew him knows he was damned proud of his family and not afraid to say so!

Steve is survived by his wife, Carrol, his son Scott and daughter-in-law Rachel, daughter Shannon and son-in-law Duncan, daughter Sara, daughter Courtney and son-in-law Denys, and his grandchildren, Kyra, Luke, Cole, and Shane Palmbush, Evelyn, Piper, and Tavish MacLeod, and Maurits and Aurelia Groeneveld; his sisters Georgia and Susan, and their families.

We miss him, but look forward to hearing all about his latest adventures when we meet again.

A memorial and celebration of Steve's life will be held at North Shore Bible Church in Manson at 2 p.m. on Friday, March 25.

A memorial website is online via Precht Rose Chapel where you can share stories and memories: <https://www.prechtrose.com/obituaries/Stephen-Palmbush/>

If you would like to donate money to a cause in Steve's memory, please consider Lake Chelan VFW, Lake Chelan Community Hospital Foundation, or Lake Chelan Rotary.

Otherwise, if you would like to honor Dad's memory, look around, take a deep breath, give thanks for another day, and offer hope to somebody in need.

DEATH NOTICES

Gloria Jean Miller

Gloria Jean Miller, 90, of Chelan, Washington, passed away on March 12, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

Michael Knox

Michael Knox, 80, of Brewster, Washington, passed away on March 5, 2022.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

COMMUNITY BULLETIN BOARD

- Local, Regional Community News & Events
- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
 Garage and Yard Sale Ads are paid events, please email those to mirrors@lakechelanmirror.com or NCWMARKET.COM
 For more info call: Lake Chelan Mirror at 509-682-2213
 Email to: ruthk@lakechelanmirror.com

up starts behind Wells Fargo at 11:30 a.m. For more information, visit HistoricChelan.org

lakechelanbiblechurch.churchcenter.com/.../1197234

Shamrock Shuffle 5k Fun Run: March 19

CHELAN - The Shamrock Shuffle, a 5k Fun Run will be held on Saturday, March 19 starting at Riverwalk Park, 117 E. Wapato Avenue in Chelan. Registration will be 8:30 a.m.-9:15 a.m., with the event beginning at 9:30 a.m. Adults, 19 and older \$25; students, 10-18 and college \$15; and children nine and under free. Late registration fee after March 10. Register at <http://bit.ly/ss5km19>. The Lake Chelan Lions Club in partnership with Lake Chelan Health & Wellness Foundation are planning the fun run. A portion of the proceeds will fund scholarships for children to attend Camp Leo, a summer camp for children with diabetes (<http://bit.ly/CLeo4D>)

Truth Town Hall: March 23

CHELAN - Truth Town Hall is a night to educate the local church in a Biblical worldview on topics within society. It will be held on Wednesday, March 23, 6:30 p.m. at 204 E. Okanogan Avenue. Truth Town Hall #1 will be exposing Critical Race Theory and its role in exchanging the Gospel of grace for the Social Gospel. Pastor David Belcher will be speaking to these topics for 30-45 minutes. Then there will be an intermission of 5-10 minutes. After the intermission there will be an open mic time where anyone can ask a question or make comments about the talk. They encourage quality discourse at the Truth Town Hall Event. Child care available. For info: <https://>

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-682-2213 for more information
 Or email ruthk@lakechelanmirror.com

Manson Spring Fling: March 26

MANSON - March is Coming to Manson in a Big Way. Bring the kids and the family to Manson's 2nd Annual Spring Fling. Welcome spring with barrel train rides, plant seeds for bees, and discover how honey is made. The fun begins at 11:30 a.m. and the Easter Bunny will be hopping by from 12-2 p.m. Meet everyone at the Manson Grange Hall at 157 East Wapato Way. The fun continues at Singleton Park from 2-4 p.m. where they will fly kites, make rockets, and soar straight into spring at the North Shore Bible Church's annual Soaring into Spring event. Come and check out Manson Park's awesome new playground equipment. Singleton Park is off of Highway 150 and Madeline Road 1 mile east of downtown Manson. Visit moretomanson.com for more information.

Okanogan Valley Orchestra and Chorus concert: March 26

OMAK - The Okanogan Valley Orchestra and Chorus will be in concert at the Omak PAC, March 26 at 3 p.m. This concert will feature many family favorites selections. Ticket prices are \$12 for Adults, \$10 for Seniors and Youth 15 and younger are free. Go to www.ovocmusic.org for details and updates.

Chelan Thursday Farmers Market Vendor meeting: April 1

CHELAN - Chelan Thursday Farmers Market will hold a pre-season vendor meeting on April 1, at 5 p.m. at 106 W. Highland Avenue at the home of the markets manager April. Opening day of the 2022 market will be Thursday, May 5. New vendors are welcome. For more info www.chelanfarmersmarket.org

Chelan Earth Day Fair: April 16

CHELAN - The in-person Chelan Earth Day Fair is Saturday, April 16, 10 a.m.-4 p.m. in Riverwalk Park. Enjoy entertainment all day, food, book sale, plant sale, electric vehicles, educational booths, arts & crafts. For more information chelanearthdayfair.org

Have news to share?
 Send it to lcmeditor@gmail.com
 or call 682-2213

Obituaries & Death Notices appear online at lakechelanmirror.com

We take Donations for Chelan Valley Hope and Lake Chelan Food Bank

Chelan Valley HOPE

Non Food Items needed:

- Baby Wipes • Diapers • Toilet Paper
- Travel Size Toiletries • Shampoo
- Conditioners • Dish Soap • Laundry Soap

LAKE CHELAN FOOD BANK

- Canned fruit
- Cereal • Condiments
- Canned veggies
- Jam • Chili
- Soup other than tomato
- Boxed entrees
- Canned meats

LAKE CHELAN MIRROR

Monday-Friday - 9 a.m.- 5 p.m.
 131 S. Apple Blossom Drive, Ste. 109
 in the Chelan Business Center - Chelan

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!

<p>• CHELAN</p> <p>CHELAN CHRISTIAN CHURCH Morning Worship 10 am 509-682-2025 • 210 E. Wapato Ave. Pastor Mark Wilton</p> <p>CHURCH OF THE NAZARENE Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 509-682-5135 • Sanders St. & Okanogan Ave.</p> <p>LAKE CHELAN LUTHERAN CHURCH Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts. 509-682-9063 • 216 W. Nixon Ave.</p> <p>LAKE CHELAN UNITED METHODIST CHURCH Worship 10 am 509-682-2241 Corner of Johnson & Emerson</p>	<p>• CHELAN</p> <p>LIVING STONE CHURCH Sunday Gathering 10:00 am 216 N Emerson (Upper Room/Chelan Library) Office location: 105 N Emerson, Suite 204 Call 509-682-5953 or visit www.lscchelan.org for more information. "Meeting together in person & online. Please join us."</p> <p>ST. ANDREW'S EPISCOPAL CHURCH Worship 10 am via: https://us02web.zoom.us/j/84574811302 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 509-682-2851 • www.standrews-chelan.org</p>	<p>• ENTIAT</p> <p>ENTIAT FRIENDS CHURCH Pastor Mark McDonald 509-784-1342 email: entiatfriends@nwi.net 2848 Entiat River Road Sunday morning Bible Classes 9:45 am Sunday morning Worship 11 am Sunday morning Worship (summer months) 10 am Wednesday Shared Dinner 6 pm Wednesday Programs Adults/Youth/Children 7 pm</p>	<p>• MANSON</p> <p>MANSON UNITED METHODIST CHURCH 10:00 am Worship, Holy Communion the first Sunday of the month "Come as you are, all are welcome" 687-3311, at the corner of Green and Boetzkes Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon</p> <p>• BREWSTER</p> <p>HOPE LUTHERAN CHURCH - LCMS Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am 509-689-3106 • 1520 Sunset Drive</p>
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"With men this is impossible; but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

THE WASHINGTON OUTDOOR REPORT

Outdoors roundup

BY JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

MORE SALMON FORECASTS:

The Washington Department of Fish and Wildlife has come out with their second round of salmon forecasts and things are looking up for most runs compared to last year.

Starting with the Columbia River, some 230,400 "up-river bright" fall Chinook are expected to return above Bonneville Dam, 9500 less than the 2021 return and well below the 10-year average. As for the lower Columbia "tule" Chinook, that return should be similar to last year with 73,000 salmon forecast to return.

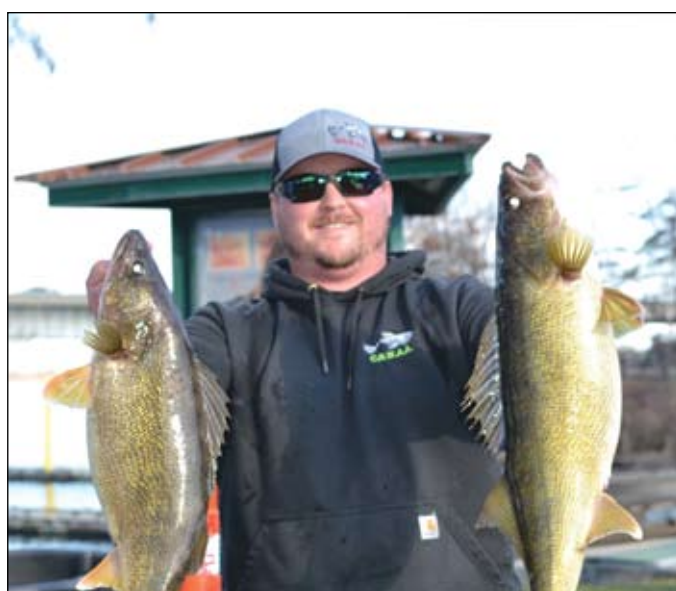
The coho run was very good last year with 829,000 salmon and this year is shaping up to be even better with just under one million salmon coming back. If this is true it will mark the best return of coho we've seen in the Columbia since 2014.

As for the sockeye run, that is forecast to improve with

200,000 fish expected. This compares to last year's return of 152,309 salmon. Unfortunately, the endangered Snake River sockeye run continues to struggle and only 200 fish forecast to come back to Idaho. The projection for the Lake Wenatchee sockeye run is to be below the escapement goal of 23,000 salmon. However, it is worth noting that in recent years, WDFW has routinely under forecast the sockeye run for the Upper Columbia River and Lake Wenatchee so don't count this fishery out yet.

Heading to the coast, coho salmon returns are expected to be much better than last year's forecast of 241,800 fish. This year, biologists expect 454,693 coho. Many will be heading to Grays Harbor and Willapa Bay but several other coastal rivers will see improvements as well.

In Puget Sound coho returns to the Sound and surrounding rivers should be up around eight percent over last year with 666,648 wild and hatchery coho forecast to return. The North Sound stocks are expected to see the bulk of



Courtesy Columbia River Walleye Anglers Association
Jordan Reeder with two quality walleye caught near the Tri-Cities.

this increase with more coho coming back to the Skagit and Nooksack Rivers. Other areas will likely remain down to include Hood Canal, the Strait of Juan De Fuca and the Snohomish River system.

Finally, the Chinook numbers in Puget Sound are expected to be up by about 19,000 this year, with 250,444 salmon expected

back. This reverses a multi-year downward trend but low returns to some rivers like the Stillaguamish will likely constrain fisheries.

THE COLD-WATER WALLEYE BITE IS HOT:

The Columbia River Walleye Anglers Association had their first tournament of the year March 5th and 6th in the

Tri-Cities. Fifty-one anglers fished the Columbia and Snake River looking to bag a limit of six walleye each day. This being the pre-spawn, there were some real Hawks caught. The biggest walleye brought to the scales was a monster 13.5-pound fish and a total of 11 walleye were weighed in that hovered near the ten-pound mark or better.

As for who won this tournament? That would be the dynamic duo of Matt Brown and Jordan Binstock. They weighed in 12 walleye over two days weighing a total of 67.35 pounds. In addition to bragging rights, Brown and Binstock also get to split a \$3,120 first place check.

The walleye fishing is also hot further downstream. During the first week of March WDFW creel checkers contacted 47 anglers who caught 54 walleye in The Dalles Pool and 79 anglers who caught 81 walleye in the John Day Pool.

The fishing is also very good right now at Lake Roosevelt. Launching near Kettle Falls, Steven Morris, the owner of SJM Guide Service, took three clients out on March 7th for a day of fishing and came back

with 29 fish. The majority of them were eater-size walleye but there were also some nice burbot caught as well, a fish also known as the "poor man's lobster".

STATE PARK STAYCATION

With gas prices at an all time high a staycation at a Washington State Park over the spring break could be a good bet. Sure, it can be chilly at night but if you have an RV or camper you'll be just fine and if you don't, consider a rustic cabin stay. An Eastern Washington expedition in particular can be appealing since the day time temperatures are usually mild in late March and early April and you've got a good chance to enjoy sunny skies. As of March 10th, there were openings the last weekend of March and the first weekend of April in several state parks east of the Cascades. Go to <https://washington.goingtocamp.com/> to make a reservation today.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Good fire projects planned on 6,800 acres across the National Forest

SUBMITTED BY US FOREST SERVICE

NCW - This spring, firefighters across Central Washington will once again be putting good fire to work to help restore watersheds and better protect nearby communities. Frequent, low-intensity fire is essential for restoring public lands and the communities who depend on them.

"As the snow recedes, we are gaining access to our spring prescribed fire units. This spring we will be implementing numerous prescribed burns for fire risk reduction and forest health across the National Forest. Depending upon local weather conditions and smoke potential, we will carry out burning when opportunities present themselves to minimize smoke impacts and meet burning objectives," said Acting Forest Fire Management Officer Matt Castle.

Just over 6,800 acres of

prescribed burning is planned this spring, but not all planned acres may be completed if conditions are not favorable. Conditions include correct temperature, wind, fuel moisture, and ventilation for smoke. When these criteria are met, firefighters implement, monitor, and patrol each burn to ensure it meets forest health and public safety goals including air quality.

"These prescribed fire projects reduce the amount of burnable fuels in the forest, improve forest health, and help lower the risk of future high-intensity wildfires," Castle said.

Residents and visitors can expect to see and smell some smoke during burning operations. Even though smoke from prescribed fire is usually light and doesn't last long, it is important that smoke-sensitive individuals plan ahead and be prepared. For more information on smoke and public health, please visit



Courtesy U.S. Forest Service
A Forest Service employee uses a drip torch to ignite forest debris and dried grasses during a planned prescribed burning project on the Okanogan-Wenatchee National Forest.

wasmoke.blogspot.com or airnow.gov/fires. For real-time prescribed fire maps and updates:
· Facebook: [facebook.com/OkaWenNF/](https://www.facebook.com/OkaWenNF/)
· Twitter: twitter.com/OkaWenNF

OkaWenNF
· Interactive map: tinyurl.com/harqnw8
· Phone: 509-996-4040
Late March through May, managed burning operations are planned on national for-

est lands in the following counties.

Okanogan County:

- If weather conditions allow, crews will be burning piles of forest debris this week in Loup Loup Campground located 10 miles east of Twisp.
- Loupy Unit 6 - 73 acres of piles in the Loup Loup Pass area, 10 miles east of Twisp.
- Benzer Unit 844 - 10 acres, located 10 miles southeast of Twisp.
- Lost Driveway Unit 1 - 141 acres about 3 miles northwest of Mazama.
- Lost Driveway Unit 10 - 50 acres adjacent to Highway 20 about a mile west of Mazama.
- Lost Driveway Unit 3 - 30 acres and 2.5 miles northwest of Mazama.
- Goat Unit 2 - 554 acres, 2.5 miles southeast of Mazama.

Chelan County:

- Falls Coyote Unit, 1,269 acres 15 miles west of Chelan/
- First Creek Unit, 1,476 acres 10 miles west of Chel-

an.

- FJ Unit, 651 acres, 13 miles west of Chelan.
- Crum Unit, 72 acres, 4 miles northwest of Entiat.
- Tillicum Unit, 401 acres, 5 miles southwest of Arden-voir.
- The Wenatchee River Ranger District will conduct a small 20-acre training burn in mid to late May, there are no other plans to do prescribed burning on this district this spring

Kittitas County:

- Liberty Unit, 100 acres, 17 miles northeast of Cle Elum.
- Orion Unit, 300 acres, 15 miles northeast of Cle Elum.
- Teanaway Unit, 500 acres, 13 miles north of Cle Elum.

Yakima County:

- Canteen Unit, 1,200 acres, 20 miles northwest of Yakima, near Cleman Mountain and Hwy 410
- Additional prescribed fires and pile burns may be conducted if favorable conditions allow.

March is Caffeine Awareness Month

Most mornings at 5:30 PST you'll find me in my kitchen, standing in front of my white Braun drip coffee maker. I'm waiting to pour fresh-brewed, steaming dark brown liquid into my favorite mug. This morning was no exception.

I'm not alone in insisting on having some coffee before trying to engage my brain. 100 million Americans are daily coffee drinkers, and 60% of us consider coffee a mandatory part of our morning routine.

Although Americans purchase a large proportion of the world's supply of coffee beans and are the home of Starbucks®, Seattle's Best® and Dunkin' Donuts® per capita, we only rank 25th in coffee consumption. Who are the top coffee drinkers? The top 5 per capita coffee consumption countries are Finland, Norway, Iceland, Denmark, and the Netherlands.

3 years ago, when my granddaughter was born, I flew to Weimar to help my daughter. Although she didn't own a coffeemaker, she did have instant coffee for any guests. I prefer fresh brewed over instant coffee, but Maureen had a small bottle of Nestle's Nescafé® Gold, so I tried it. Ugh. It wasn't as bitter as Taster's Choice, but it was close.

I headed to the town's center with my German phrasebook to scout out some decent instant coffee the next day. The second store I checked devoted an entire aisle to coffee, most of it instant. Only two brands were available, Nestle and Jacobs. Since I had already tried Nestle's Nescafé® Gold, I purchased a glass jar of Kr`nung, made in the Netherlands by Jacobs.

Best. Instant. Coffee. Ever. I "instantly" loved it and still keep bottles of Kr`nung at home and at work for conve-



nience. My daughter sends me a jar every Christmas, and it is also available at Amazon.

Coffee is a worldwide beverage; green (unroasted) coffee beans are the second most traded and valued commodity in the world, behind crude oil. We also refer to coffee as ijavai because when coffee first became popular in the 19th century, the highest quality of coffee beans came from the Philippine island of Java.

Why do we love coffee so much? Because it naturally contains caffeine, the most widely consumed stimulant globally. Found in over 60 different plants, caffeine's effect on the brain can be detected in amounts as low as 10mg, a fraction of the 100mg dose in an average 8-ounce cup of brewed coffee.

Caffeine is the most common psychoactive compound ingested in the world, found in beverages around the globe: coffee, tea, a South American drink called mate, and kola nut. Originally added to flavor carbonated beverages, manufacturers now use synthetic sources of flavoring and caffeine in cola-flavored sodas instead of kola nut extract.

Enterprising manufacturers are now adding caffeine to other things besides soda. Needing the pick-me-up quality of caffeine but don't want the coffee breath? Try one of the popular energy drinks like Red Bull, Monsters, or Rockstar. Or chew a stick of gum. Stay Alert® chewing gum has 100mg of caffeine per stick, about the same amount of caffeine as in a typical cup of coffee.

Not interested in drinking a

roasted beverage to get your day going? Most carry-outs and gas stations have displays of 5-Hour Energy, a 2-ounce shot of liquid caffeine with twice the caffeine found in a cup of coffee. Both 5-Hour Energy and the older product No-Doz tablets have the same amount of caffeine, 200mg in each dose.

March is Caffeine Awareness Month.

There is significant variation in our sensitivity to caffeine. Although I can drink coffee after dinner and still sleep well, my husband cannot. He has a cut-off of noon because he will be up all night if he drinks coffee after lunch.

Those very sensitive to caffeine can experience heart palpitations, tremors, anxiety, or insomnia from just one cup of coffee. Some heart patients are advised to avoid caffeine altogether because of the risk of increased blood pressure and heart rate.

Smoking changes how your body handles caffeine. People who smoke cigarettes are far less sensitive to caffeine, often drinking twice as much to get the same effects.

Currently, recommended limits of caffeine intake are 300mg (3-4 cups of coffee) per day in adults and 100mg daily in teens and young adults.

If you are trying to avoid getting extra caffeine, check the label for naturally occurring sources of caffeine. Kola nut, guarana, and yerba mate contain caffeine and are often added to supplements marketed for weight loss, athletic performance, and ienergy."

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines

Work and How YOU Can Take Them Safely. Get clear

answers to your medication questions at her website and

blog TheMedicationInsider.com. ©2021 Louise Achey

Don't forget to renew your subscriptions this Spring!

There's something for everyone in the local newspaper

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- Local sports
- Local arts & entertainment
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- Meeting notices
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- Keeping Up With People
- Top Properties - Business Opinions

Wenatchee Business Journal Subscription Rates for 12 months

- ☐ \$24 1 year ☐ \$35 2 years - Chelan & Douglas Counties
- ☐ \$28 1 year Outside Chelan/Douglas ☐ \$48 1 year Out of State

Community Newspaper Subscription Rates:

Print & Premium Online Access - In County - \$45 per year

- ☐ ECHO ☐ RECORD ☐ MIRROR ☐ HERALD

Print Only - In County - \$40 per year

- ☐ ECHO ☐ RECORD ☐ MIRROR ☐ HERALD

Online Only - In County - \$40 - E-Edition (Paper as printed)

- ☐ ECHO ☐ RECORD ☐ MIRROR ☐ HERALD

Print Only - Out of County/In State - \$50 per year

- ☐ ECHO ☐ RECORD ☐ MIRROR ☐ HERALD

Print Only - Out of State - \$52 per year

- ☐ ECHO ☐ RECORD ☐ MIRROR ☐ HERALD

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United Airlines to Let Workers Who Didn't Get COVID-19 Vaccine Return to Work

ZACHARY STIEBER

United Airlines plans to let workers who declined to get a COVID-19 vaccine return to work, according to a missive obtained by The Epoch Times.

Unvaccinated employees can return to their positions on March 28, according to the memorandum, which was sent to workers on Thursday morning.

Kirk Limacher, vice president of human resources at United, said the change was due to the plunge in COVID-19 cases and COVID-19-related hospitalizations across the country in recent weeks. Many states and cities are lifting COVID-19 restrictions, and the U.S. Centers for Disease Control and Prevention dramatically eased its masking guidance, he noted.

"These changes suggest that the pandemic is beginning to meaningfully recede. As a result, we're confident we can safely begin the process of returning our RAP employees to their jobs," Limacher wrote.

United imposed a COVID-19 vaccine mandate for all of its 67,000 U.S. employees in the fall of 2021. It was the first U.S. airline to impose a company-wide mandate.

Workers could apply for a religious or medical exemption, but if such an exemption request was deemed reasonable—known as RAP in company parlance—the worker was placed on unpaid leave indefinitely instead of being allowed to continue in their job. The company later let some of these workers switch jobs instead of going on unpaid leave.

United CEO Scott Kirby also told workers "to be very careful about" requesting accommodations and said workers were putting their jobs on the line if they did.

The policy triggered a lawsuit, which is ongoing. In a ruling in February, a federal court said United's



United Airlines planes are parked at O'Hare International Airport in Chicago on Nov. 20, 2021.

mandate was "actively coercing employees to abandon their convictions."

United ended up firing more than 200 workers for not getting a vaccine.

United declined to say whether the workers who were fired will be offered their jobs back.

John Sullivan, an attorney representing the plaintiffs in the case, told The Epoch Times in an email: "We are gratified to see United re-

turning employees to work since they should have never been put on unpaid leave for their faith or health. Hopefully people are beginning to see that individual rights should not be swept aside even during a pandemic."

Limacher said workers with an approved exemption request would get an email on Thursday with instructions on how to return to "active status" or how they would be transitioned from their

role if they were allowed to work in a position that does not deal with customers.

"Of course, if another variant emerges or the COVID trends suddenly reverse course, we will reevaluate the appropriate safety protocols at that time," he said.

The United official also alleged the vaccination policy was successful at preventing COVID-19 infections and severe cases of the disease.

"Our vaccinated employees have

been significantly less likely to lose their lives to COVID," he said, adding that vaccines continue to provide "high protection."

Limacher did not mention how all three of the vaccines that received regulatory clearance in the United States have performed much worse against virus infection and worse against severe COVID-19 since the Omicron variant of the virus became dominant in the country in late 2021.

Senators Say People's Convoy 'Fighting for Freedom' After Meeting on Capitol Hill

Convoy traveled to Washington, DC, area from California

TERRI WU & ZACHARY STIEBER

WASHINGTON—Sens. Ron Johnson (R-Wis.) and Ted Cruz (R-Texas) on March 8 praised The People's Convoy for "fighting for freedom" and "awakening Americans" during their meeting with leaders of the group, which traveled across the country from California.

Johnson said the truckers are taking "extraordinary measures" to "get the unbiased news out." To

him, what the convoy is trying to convey is to "lay out the damage being done by these emergency orders [and] all these mandates," he told The Epoch Times.

Doctors, nurses, truck drivers, and grocery clerks are heroes who kept the U.S. economy going early in the COVID-19 pandemic, Johnson said. Unfortunately, they weren't a part of the workforce that could work on virtual platforms and be immune from lockdowns and mandates, he

said, lamenting that these workers were being fired from their jobs because they chose not to comply with COVID-19 vaccine mandates.

The convoy left from Southern California on Feb. 23 and arrived in the Washington area on March 4.

The group is protesting against vaccine mandates, President Joe Biden's continuation of the COVID-19 national emergency, and other issues.

At least 1,000 vehicles are es-

timated to be part of the convoy, which circled the Capital Beltway for the third day as its leaders met with the senators.

Cruz said the group is "standing up for freedom, standing up for a very basic and simple principle: that it ought to be your decision how to live your life, it ought to be your decision how to treat your body and what to do with your own health."

"If you choose to get the COVID vaccine, God bless you. That's your choice, you can make that choice. I'm glad that choice is available to you. But if you choose not to, that's your choice also," he said.

A statement from Johnson's office announcing the event said the senators would be meeting with convoy organizers "to discuss the harmful effects of President Biden's vaccine mandates."

Brian Brase, a co-organizer who drives trucks in Ohio, told reporters after the meeting that "we're not going anywhere."

"We're going to keep looping the Beltway until we're heard," he said, referring to the 64-mile road that encircles Washington and primarily runs through Maryland and Virginia.

Organizers later met with Reps. Matt Gaetz (R-Fla.) and Marjorie Taylor Greene (R-Ga.), and hope to hold more meetings with members of Congress as well as the White House.

Law enforcement officials have said the convoy hasn't disrupted Beltway traffic. Washington Police Chief Robert Contee told reporters on March 7 that the department is keeping close tabs on the convoy.

"People can peacefully express their First Amendment freedoms in the District of Columbia, but there are certain things that we're not going to tolerate," he said.

Dr. Paul Alexander, part of the convoy delegation, told The Epoch

Times that the meeting with the senators was excellent and went well. He expressed hope that the two senators would spark a discussion in Congress for rolling back the emergency declaration and the mandates.

The Senate has recently approved legislation to block enforcement of Biden's mandate for health care workers—one of the few not blocked by courts—and declare an end to the emergency, but the Democrat-controlled House of Representatives isn't expected to take up the measures.

The White House said the latter bill would be vetoed if the House does approve it, and without strong Democratic support, Congress doesn't have enough votes to override a veto.

Democrats have largely expressed opposition to the convoy and others like it, including similar groups that protested earlier this year in Canada.

Ron Coleman, another member of the U.S. convoy delegation, shared touching notes he received along the way. He recalled how a little girl hugged him and gave him a handwritten crayon note that said, "We love you, truckers. Thank you for fighting for our futures."

A mother of three was said to have written: "Dear truckers, I admire your courage and your determination in doing this. I will support you and pray for you. Thank you for fighting for all of us."

Coleman said he was determined to take people's messages, tears, hearts, and love, and "let them be heard."

Dr. Pierre Kory, a member of the convoy, told The Epoch Times: "We are calling attention to a critical ill in society" and said the emergency declaration "is propagating policies which have hurt America."



Participants in the People's Convoy to protest COVID-19 mandates, in Golden Valley, Ariz., on Feb. 24, 2022.

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Announcements
Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMARKET.COM** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

WHAT'S HAPPENING
EVENTS

Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available

Wanted

Opening for City of Leavenworth Planning Commission
The City of Leavenworth is seeking a volunteer to fill a vacancy on the Leavenworth Planning Commission. Position #3 has two years remaining before reappointment. The commission is an advisory body to the City Council, providing recommendations for long-term planning and code amendments on topics related to housing, transportation, shorelines and more. The Planning Commission meets the first Wednesday of each month at 7:00 PM. Applicants must be at least 18 years of age and reside inside the city limits of Leavenworth. The appointment is made by the Mayor. Letters of interest can be submitted to:
City of Leavenworth
Attn: Sue Cragun,
Executive Assistant
PO Box 287 / 700
Highway 2
Leavenworth, WA 98826
or
scragun@cityofleavenworth.com
or dropped off at City Hall. Letters of interest will be accepted until the position is filled. First review April 11, 2022.

Employment

Help Wanted

THREE RIVERS HOSPITAL
ER TECH Full-Time
Three Rivers Hospital is seeking an ER Tech to provide limited direct patient care under the supervision of a licensed nurse. Will assist when needed with patient registration duties including interviewing patients to collect required registration data and enters patient information into computer database for in-patient and outpatient services. Must have NA-C or MA license. Spanish bi-lingual is preferred. Interested Candidates may apply in person or by mailing their resume to:
Three Rivers Hospital
Human Resources
Department
PO Box 577
Brewster, WA 98812
(509) 689-2517 x 3343
www.threerivershospital.net
opportunity@trhospital.net
EOE

The Bridgeport School District is seeking qualified individuals for the following positions for the 2022-23 school year:
Psychologist
Speech Language Pathologist
Elementary Music Teacher
Secondary Music Teacher
HS Foreign Language Teacher
HS CTE/Computer Applications Teacher
All positions are open until filled. Apply on-line: <https://bridgeportjobs.hrmplus.net/Home.aspx>. For further information, please contact the HR office at 509-686-5656 or email jobs@bsd75.org. BSD is an equal opportunity employer.

Help Wanted

Operations Manager Organization: Okanogan County Transit Authority (TranGO)
TranGO is seeking an Operations Manager. Office location is Okanogan, WA. This is an exempt position according to FLSA and Washington Wage Act. Compensation range is \$81,057 - \$87,672 DOE. Benefits include health insurance (including dental and vision), life insurance, retirement, sick leave, vacation). Must have a Bachelor's Degree and five years progressive experience in transit and/or operations with at least five years supervisory experience in both fixed-route and demand response services. Must have a minimum Class B CDL with Passenger Endorsement or ability to obtain within 90 days of hire. Please visit www.okanogantransit.com for full job announcement, required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to financehr@okanogantransit.com
Application Deadline: Application review will begin March 25, 2022 and will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

City of Pateros Public Works Department
The City of Pateros has a current opening for part time seasonal public works position. Wage is \$24 hour with no benefits, thirty hours a week for eight months of the year. Primary duties include: Assisting public works, parks department and events. Applicant must have a valid WA State Driver's License and provide current driving record from DOL. A complete job description and application can be obtained by calling 509-923-2571, or email pateros@swift-stream.com. Position is open until filled.

CASCADE SCHOOL DISTRICT
The Cascade School District is seeking qualified applicants for the following positions:
Cascade High School Resource Teacher
Peshastin-Dryden Elementary Counselor
Fast Track application process and information can be found on our website at: www.cascadesed.org
EOE



Help Wanted

CASCADE SCHOOL DISTRICT
The Cascade School District is seeking qualified applicants for the following positions:
Cascade High School/Icicle River Middle School Choral Director
Icicle River Middle School STEM/Honors Math Teacher
Cascade High School Spanish Teacher
Track application process and information can be found on our website at: www.cascadesed.org
EOE

PARKS MAINTENANCE WORKER 7 MONTH SEASONAL POSITION
The City of Leavenworth, an equal opportunity employer, is now accepting applications for the following position:
One (1) vacancy for a Park Maintenance Worker - Returning Seasonal 7-month position. This position is a non union covered position with a starting pay of \$17.00 - 20.00/hr. DOE
Requirements: minimum 18 years old and WA state driver's license with record that is acceptable to the City. Individual must be able to work weekends, holidays, and required overtime. Duties include: landscape and turf maintenance, building and restroom maintenance, litter control, irrigation maintenance, operation of light and/or special use equipment, (ballfield and turf maintenance equipment), and cemetery maintenance. Job application and full job description are available at City Hall, 700 US Hwy. 2, from 9 a.m. to 5 p.m., via our website at www.cityofleavenworth.com, or by contacting us at 509-548-5275. Open until filled.

THREE RIVERS HOSPITAL
LAB TECHNICIAN / TECHNOLOGIST Full-time
Three Rivers Hospital is seeking a Lab Tech to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to:
Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Help Wanted

Earn Some Extra \$ money
Working a few hours for 1-2 days per week delivering newspapers to dealers and racks. We are looking for a reliable, responsible individual to pick up and deliver our newspapers Early Wednesday mornings. Other duties include collecting and counting money. Keep newspaper racks cleaned and maintained. Must have good driving record and proof of insurance. Apply in person at 215-14th St., Leavenworth call 509-548-5286 to schedule an interview. 10-5 weekdays. EOE

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We are looking to hire a Knowledgeable leader, manager-editor for our 4 weeklies and our monthly Business Journal. You need to know about small community newspapers. You can write and proof articles, meet deadlines, evaluate and motivate the current staff needs. Please send a resume to Publisher, PO Box 39, Leavenworth, WA. 98826. No phone calls please. An interview time will be scheduled. EOE.

PUD No. 1 of Okanogan County is seeking customer service rep.
The primary purpose of the position is to provide superior customer service to the district's internal and external customers by handling a variety of customer account and billing issues, including answering calls, cashiering duties, and performing account analysis in terms of credit/collections and payment arrangements. Please see www.okanoganpud.org for job description, requirements and submit application with resume. Okanogan PUD is an equal opportunity provider and employer.

See MORE CLASSIFIEDS & PUBLIC NOTICES on Page B4

Help Wanted

THREE RIVERS HOSPITAL
Three Rivers Hospital is currently accepting applications for the following positions:
ER Nurse – FT Nights (Sign-on Bonus \$10,000)
Med-Surg RN – FT Nights (Sign-on Bonus \$10,000) – 2 open positions
Med-Surg/ ER RN – FT Days (Sign-on Bonus \$10,000)
OR Circulator Nurse - FT (Sign-on Bonus \$10,000)
OR Circulator Nurse – PT
OR Manager – FT (Sign-on Bonus \$10,000)
Radiology / Mammography Tech – PT
Ultrasound Technologist – PT
Interested Candidates may apply online or by mailing their resume to:
Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Employment Opportunities City of Chelan Parks & Recreation
is accepting applications for seasonal employment positions covering General Parks maintenance, night security, parking enforcement and landscaping, RV Park, Marina, and Putting Course attendants, and Golf Course staff. See www.CityOfChelan.us /employment for job application instructions or pick-up application at the Chelan Parks & Recreation Office at 619 W Manson Hwy, Chelan.

Looking for a part-time job?
The Leavenworth Echo Newspaper is looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills. We will train you on our computer software. Pay depends on experience. Please email a resume to Carol@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. Equal Opportunity Employer.

NCW Market.com

Help Wanted

THREE RIVERS HOSPITAL

Certified Coder Full-time

Three Rivers Hospital is seeking a Certified Coder. This position is responsible for timely, accurate and comprehensive review of services. Abstracts, analyzes, and assigns ICD-10-CM, CPT, HCPCS codes and appropriate modifiers for evaluation and management (E/M), minor procedures, and diagnostic tests by using either computerized or manual systems. Required: Associate degree, bachelor's degree, or equivalent years of experience as coding specialist. Current professional coding credentials such as AAPC, (CPC), (CCA), (COC), (PMI), (CMC), or AHIMA (CCS-P), (CCS), (RHIA), (RHIT) or be able to obtain credentials within 6 months of hire. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted

Parks Maintenance Worker - Part Time (24 HR) Seasonal Position

The City of Leavenworth, an equal opportunity employer, is now accepting applications for the following position: Three (3) vacancies for a Seasonal Parks / Cemetery Worker - maximum of 24 Hours per week position. This position is a non-union covered position with a starting pay of \$17.00 - \$20.00/hr DOE. Requirements: Minimum 18 years of age and WA state driver's license with record acceptable to the City; position will require a drug/alcohol screening and physical evaluation. Individual must be able to work weekends, holidays, and required overtime. Duties include: Landscape and turf maintenance, building and restroom maintenance, litter control, irrigation maintenance, operation of light and/or special use equipment (ballfield and turf maintenance equipment), and cemetery maintenance. Job application and full job description are available at City Hall, 700 US Hwy. 2, from 9:00 AM to 5:00 PM, via our website at www.cityofleavenworth.com, or by contacting us at 509-548-5275. Applicants will be interviewed upon submittal of application. Job will remain open until filled.

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds. Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only?** Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com **Deadline: Noon on Friday for all papers.**

Apparel

A Variety of Bavarian Clothing for Sale: PRICES REDUCED!

3 Bavarian-styled vests, sizes small & medium, 2 woolen and one velvet. \$15 each.

One Beautiful Bavarian, Loden-grey and green wool suit, size 44. A steal at only \$40

One pink and green dirndl with apron. \$15.

2 aprons, satin light blue and 1 copper-colored. \$5 each. One medium-sized long-sleeve white dirndl blouse. \$5.

3 girls' dirndls, sizes 6, 8 and 10. \$10 each.

Stop in to see items at The Leavenworth Echo 215-14th St. or call 548-5286 or Carol's cell:670-1723.

Vacation Property

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Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking. **808-298-1031**

Legals

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN Estate of PETER G. BOVARD, Deceased. NO. 22-4-00068-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: March 16, 2022 PERSONAL REPRESENTATIVE: Simone Aydelott ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC P.O. Box 1606 Chelan, WA 98816 509-682-4536 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 22-4-00068-04 Published in the Lake Chelan Mirror March 16, 23, 30, 2022. #3745

Public Notices

CITY OF CHELAN – PUBLIC WORKS DEPARTMENT REQUEST FOR QUALIFICATIONS for TRAFFIC AND STREET DESIGN ENGINEERING & CONSULTING SERVICES

The City of Chelan Public Works Department is requesting interested firms to submit their qualifications for professional traffic & street design, engineering, and consulting services for future projects within the City of Chelan. Various future projects include, but are not limited to the following:

- TRAFFIC AND STREET PROJECTS**
- 1. Annual Overlay Program:** Assessment of existing road conditions and prioritization of future overlay projects.
 - 2. Annual Sidewalk Replacement Program:** Assessment of existing pedestrian facility conditions and prioritization of future sidewalk replacement projects.
 - 3. South Chelan Access Study:** Complete study assessing access to south Chelan to determine secondary access alternatives in addition to Farnham Street.
 - 4. Columbia Street Improvements:** Project includes pre-design, design, and construction management of upgraded pedestrian and bicycle facilities on Columbia Street from Johnson Ave. to Gibson Ave.
 - 5. Sanders Street Crosswalks:** Project includes pre-design, design, and construction management of crosswalks, bulbouts, ADA ramps, and illumination for pedestrian safety along Sanders Ave. at Trow Ave., Okanogan Ave., and Wapato Ave.
 - 6. Webster and Woodin Intersection Improvements:** Project includes pre-design, design, and construction management of reconfiguration and restriping of the Woodin Ave. and Webster Ave. (SR 87a) Intersection.
 - 7. Woodin Ave. Traffic Calming** Project includes pre-design, design, and construction management of calming measures (to be defined in design) on Woodin Ave. between the intersection of Woodin Ave. and Webster Ave. (SR 97A) and the Woodin Ave. bridge.
 - 8. Various Traffic and Street Consulting Services:** Misc. Traffic and Street design engineering & construction management services to be determined. Design elements of projects listed above are to be funded by the City of Chelan. Construction of projects may be funded by state or federal sources or by the City of Chelan. The City of Chelan Public Works Department will select the services of a firm to provide professional traffic and street design, engineering, construction management, inspections, environmental analysis, and consulting in accordance with the City of Chelan Development Standards Manual, Chelan Municipal Code, American Public Works Association (APWA), and the Washington State Department of Transportation (WSDOT). The City of Chelan reserves the right to retain the selected firm(s) for a term of up to five (5) years at the City's discretion.

QUALIFICATIONS

Qualifications will only be accepted from firms that can demonstrate having had a broad background and extensive experience in the field of traffic and street design & engineering, and the ability to perform any/all projects of similar complexity. Please submit five (5) copies of your response no later than Friday April 8, 2022, at 4:00 p.m. Submittals should be marked "2022 Traffic & Street Engineering Services" and be addressed to: City of Chelan ATTN: Jake Youngren, Public Works Director 135 E Johnson Avenue PO Box 1669 Chelan, WA 98816 Submittals will be evaluated by the criteria listed below and should be organized and identified in the following order:

1. Capability and experience to perform all or most aspects of the projects and project types proposed.
2. Recent successful experience in traffic and street design & engineering comparable to the proposed projects. Ability to manage and complete projects on time and on budget.
3. Experience and qualifications of your firm in complying with the requirements of the City of Chelan Development Standards and Municipal Codes, as well as familiarization with any other publications referenced within the city standards and codes.
4. Key personnel's professional background and qualifications. Define the roles and extent of participation of key personnel. Provide a list of all projects worked on by the proposed project manager in the last three years, including an identification of this person's role/responsibility for each project.
5. Qualifications and experience of prospective subconsultants who may be participants in the proposed projects. Please identify the portions of the projects anticipated to be performed (in part) by subconsultants.
6. Ability to manage and complete projects located a considerable distance from your office. Please include a description of where key personnel will be based and other items you consider important to demonstrate this ability.
7. Current workload of firm and key personnel. List the anticipated percentage of time the project manager will have available for projects listed.

SELECTION

The selection process shall be in accordance with standard practices, and a selection committee will evaluate and select the best qualified consultant based on their qualifications and experience. Additionally, contracts will be subject to the provisions of Executive Order 13672 (affirmative Action to Ensure Equal Employment Opportunity), to the provisions of Department of Transportation Regulations 49 CFR Part 26 (Disadvantaged Business Enterprise Participation), and 49 CFR Part 30 (Foreign Trade Restriction Clause). After the deadline for receipt of qualifications, the committee will review the qualifications and may select one firm to negotiate a contract based upon a mutually understood, detailed (as opposed to general) scope of work. If deemed necessary by the committee, up to three firms may be invited for interviews. Interviews may be located at the City Hall office. The final selection of the firm with which to negotiate a contract will be based upon the qualifications criteria listed above, as well as:

1. Ability to demonstrate an understanding of the needs and special challenges of the projects listed above.
2. Degree of interest and responsiveness shown in undertaking the role.
3. Overall quality of the response.
4. Demonstration of ability to meet the Public Works Department needs.

The City of Chelan reserves the right to negotiate with and/or award a contract to other consultants sequentially ranked (by the consultant selection committee) behind the selected consultant in the event the City and the selected consultant negotiate but are unable to agree upon a detailed scope of work or cost of contract.

ADDITIONAL INFORMATION

No cost or fee schedules shall be submitted. Cost and fee information shall be presented during contract negotiations after the selection of the most qualified consultant with which to negotiate. No informational meeting will be scheduled, but additional information may be provided upon request. Phone: (509) 682-9030 or e-mail: tdenham@cityofchelan.us

INCURRING COSTS

It is understood that all submittals will become a part of the public file on this matter, without obligation to the City of Chelan. The City of Chelan reserves the right to reject any or all submittals. Each consulting firm is responsible for all costs related to the submittal of their applications, preparation of documents or submittals needed for negotiations, and the costs incurred in traveling to and participating in any meetings associated with selecting the consultant and negotiating an agreement. Published in the Lake Chelan Mirror March 16, 2022. #3750

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THEME: WHO AM I?

ACROSS

1. Campus military org.
5. Pilgrimage to Mecca
8. 1968 hit "Harper Valley"
11. Turkish honorific
12. "I captained the Millennium Falcon in "Star Wars"
13. Inlet in Greenland
15. Map out
16. Pharaoh's symbol
17. Austin Powers and Shrek to Mike Myers
18. "I developed the theory of relativity"
20. Sailor's hail
21. Lyric poem
22. Solar System center
23. Portable stairs
26. "I am Sgt. George Baker's inept comic strip character"
30. Mine deposit
31. Shape
34. Fairy tale cannibal
35. Feline sneakers
37. Lawyer group
38. "I have a coiled shell and eyes on stalks"
39. Very dark black
40. Free from obstruction
42. Aviv
43. Most buffoonish
45. Rest or hydration for common cold, e.g.
47. Hot springs resort
48. "...he found a crooked sixpence upon a crooked"
50. Japanese stringed instrument
52. "I am a runaway slave, an abolitionist, and a best-selling author"
55. Email destination
56. Jasmine of "Aladdin," e.g.
57. Food fish
59. Silly
60. Self-cleaning appliance
61. Ad staple
62. O in IOU
63. P in m.p.g.
64. Affirmative, colloquially

DOWN

1. Do like Drake
2. Eye up and down
3. Bangkok native
4. Like preserved peaches, sometimes
5. Sharpened
6. Like Huck Finn's dad, e.g.
7. "Some people call me the Rocket Man"
8. "I starred as Pam in the "Meet the Parents" movies"
9. "I used to host a sports show with Mike Golic"
10. Commercials
11. Buddhist's enlightenment
12. Sham
13. I am a WWE Champion, an actor, and my nickname is geology-related
14. Vision correctors, colloquially
15. Greek letters on campus
23. "My résumé includes Fly Girl and "American Idol" judge"
24. CuraAao neighbor
25. Evil one
26. Fence board
27. Popular gemstone
28. Shed tears
29. "I am an American who became Princess of Monaco"
32. Harangue
33. Network with an eye
36. "My TV role became synonymous with a hair style"
38. Perform at the bee
40. Canada's neighbor
41. Beginning
44. Strong adhesive
46. Contemptibly small
48. Dry white Italian wine
49. Radio receiver
50. Dr. Seuss: "The more that you read, the more things you will"
51. Piercing woodwind
52. Water quantity
53. Loafer, e.g.
54. Adventure story
55. United Nations labor agency
58. Homer's catchword

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