Sheriff's office releases identities of two found deceased inside home See page A2

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YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS

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City of Chelan community development director passes

On Friday, April 29 the City of Chelan issued the following press release:

"It's with great sadness that the City of Chelan announces the passing of our Community Development Director, Craig Gildroy. Craig passed away suddenly yesterday, April 28, due to unknown reasons. Craig had worked for the City since 2001 and was an integral member of both the City staff and the community. He has played a key role in the City's development and growth during the last 20 years and was



Craig Gildroy

a wealth of knowledge that will be very difficult to replace. Craig will be greatly missed by City staff, members of the community, and his family and friends. Details on services will be announced at a later date."

Free brush, yard waste disposal May 6, 7, paper shredding May 14

CHELAN - There will be a free brush and yard waste disposal held at the Chelan Transfer Station, 23235 Highway 97A on Friday, May 6 and Saturday, May 7, 10 a.m.-4 p.m. There is a 20 yard maximum. If you have more than 20 yards please contact: Cascadia Conservation District at 409-436-1601. Accepted: trees and limbs up to 12 inches in diameter and less than 8 feet long, leaves, pine needles and shrubs. Not accepted: rocks, plastic bags, grass clippings, sod, root wads and weeds.

Windermere Lake Chelan is providing free paper shredding services on Saturday, May 14, 10 a.m.-1 p.m., at the Chelan Fire Station, 232 E. Wapato Ave. Bring your old bills or sensitive documents to be professionally destroyed on site. They will also be collecting cash donations for Chelan Fire & Rescue #7.

Lake Chelan Chamber of Commerce to hold Memorial Day Parade

SUBMITTED BY LAKE CHELAN CHAMBER OF COMMERCE

LAKE CHELAN — The Lake Chelan Chamber of Commerce presents the 25th annual Memorial Day Parade on Thursday, May 26 at 7 p.m.

Hosted by the Lake Chelan Chamber of Commerce on the Thursday before Memorial Day, we honor soldiers, police officers and firefighters who lost their lives in the line of duty, as well as those who have served and are currently serving our country.

Before the parade, members of service, veterans and their families are invited to enjoy dinner donated by The Meat Shop at the Veterans Appreciation Social at 5:30 p.m. at the Lake Chelan Chamber of Commerce.

Community members are invited to help us honor those who are in service or have been in service by showing your support at the parade or participating in the parade. To register please email claudia@lakechelan.com. Parade applications can also be found at the Lake Chelan Chamber of Commerce office located at 216 E Woodin Ave. Chelan.

About the Lake Chelan Chamber of Commerce: The Lake Chelan Chamber of Commerce has been in operation since 1931 and currently has 400 members. It exists to drive economic growth through leadership, advocacy and promotion that enhances the quality of life in the Lake Chelan Valley.

Lake Chelan Valley Events, Things to do, Meetings

Virtual healthy living series:

May 4, 11

WENATCHEE/VIRTUAL - NCW Libraries is partnering with Confluence Health to offer a virtual Health Living Series this spring featuring an introduction to healthy living, weight loss, sleep, and cancer prevention and screening.

This weekly series will run thru May 25, each Wednesday evening at 7 p.m. A provider from Confluence will lead the presentation followed by a question and answer session.

• May 4: A Healthy Approach to Weight Loss with Dr.

Andrew Toth and Nutritionist Jess Tyrell. · May 11: Better Sleep with Dr. Ankur Patel.

Chelan Museum: **May 4-7, 10-14**

CHELAN - The Lake Chelan Historical Society has new spring hours for the Chelan Museum in Historic Downtown Chelan, at the corner of Woodin Avenue and Emerson Street. Hours are Tuesday, Wednesday, Thursday, Friday, and Saturday, 11 a.m.-3 p.m. Closed Sunday and Monday. For more info 509-682-5644 or chelanmuseum.com

SAIL Exercise Classes:

May 4, 5, 9

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Linda Hollier. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper.

SEE **EVENTS** ON PAGE A3

Racing in rain, sun



Norm Evans Apple Cup Regatta:

 $April\ 30$ - $May\ 1$ The Lake Chelan Norm Evans Apple

Cup Regatta was held April 30 -May 1 on Lake Chelan in the rain (Saturday) and sun (Sunday). Some 50 teams from around the Northwest Region (Region 10) came to compete for National and Regional High Points Championships. On Friday evening you could see the boats up close, and the opportunity to climb aboard. This is the first race of a 4-race Region 10 Hydroplane event coming to the Upper Columbia Valley in the heart of wine country. The Upper Columbia Cup 'Chase the Grapes' shootout will have four stages. Stage 1 in Chelan, Stage 2 in Pateros August 27 - 28, Stage 3 in Brewster on September 10 - 11 and Stage 4 in Manson on September

RuthEdna Keys/LCM



County will use new wellness grant to build mental health response on the professional, personal levels

SUBMITTED BY JILL FITZSIMMONS, CHELAN COUNTY PIO

WENATCHEE - With the help of a new grant. Chelan County is creating a program for the Sheriff's Office and county jail that will help them in identifying and responding to a mental health crisis in the field as well as potentially in their own lives.

'What patrol and corrections can endure during their day-to-day duties can be stressful, even traumatic on their most difficult shifts," said Ana Gonzalez, manager of the Chelan County Diversion Program and Behavioral Health Unit. "First responders go from call to call, normalizing what goes on in their day. While there are processes that agencies implement during critical incidents, we want to normalize the help-seeking process. Asking for help can be lifesaving."

The Chelan County Sheriff's Office was recently awarded \$57,500 from the Washington Association of Sheriffs and Police Chiefs to begin devel-



Courtesy Chelan County

Left to right, are BHU outreach case manager Erika Hamilton and BHU manager Ana Gonzalez.

oping the in-house wellness program with the assistance of Gonzalez. The funds are state dollars provided by the Criminal Justice Training Commission.

The initial program will be developed for the Sheriff's Office and then rolled over to the Chelan County Regional

Justice Center.

"For years law enforcement has pushed expectations on officers and deputies to extremes, expecting them to respond to and be the answer to every type of call and situation you can think of," said Chelan County Sheriff Brian Burnett. "Unfortunately, this

was done without any training or tools in managing the potential stress that goes along with this line of work. We've learned from experience that we can and should do better to proactively take care of our first responders, rather than waiting until there's an emergency."

INSIDE THIS WEEK

Community/Health A1-A4, B1, B4 Obituaries/Death Notices A3 Meetings/Events A1. A3 School Sports/School News A3 **Business & Services Directory** Health Care Directory Church News

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Inserts

Puzzles ..



131 S. Apple Blossom Drive, Ste #109, P.O. Box 1922 Chelan, WA 98816-1922 509-682-2213 www.lakechelanmirror.com

Chelan County Sheriff's Report

April 22

00:47 911-call, 317 E. Johnson Ave., Columbia Valley Community Health, Chelan

04:42 Trespassing, 582 B St., Chelan Falls

13:04 Suicide Threat, Roses Ave., Manson

13:45 Property, 104 W. Woodin Ave., Campbell's Resort, Chelan

14:10 Stab/ Gunshot, 339 Apple Acres Rd., Chelan

17:02 Theft, 14579 US Hwy. 97A, BJ's Entiat

19:31 Traffic Offense, 1000 block E. Woodin Ave., Chelan

19:46 Marine, 9500 S. Lakeshore Rd., Chelan

23:45 Harassment/Threat, 240 E. Johnson Ave., Chelan

April 23

04:47 Suspicious Circumstance, San Remo Ln. and Riviera Dr.,

06:58 Noise Complaint, 235 Paradise Way, Chelan

09:08 Suspicious Circumstance, 5800 Crum Canyon Rd., Entiat 09:42 Suspicious Circumstance, 4626 Chelan Blvd., Manson

10:12 Harassment/ Threat, 200 Stehekin Way, Chelan 16:18 Fraud/ Forgery, 529 E. Wa-

pato Ave., Chelan 18:34 Marine, Roses Lake, Man-

son 19:47 Noise Complaint, 4th and

Chestnut St., Chelan 20:18 Vehicle Prowl, 200 S. Quetilquasoon Rd., Manson

April 24

11:13 Vehicle Prowl, 135 E. Farnham Ave., Chelan 11:16 Vehicle Prowl, W. Allen Ave.

and N. Cedar St., Chelan 13:07 Vehicle Prowl, Mill Bay Boat Launch, Manson

14:26 Vehicle Prowl, Mill Bay Boat Launch, Manson

14:36 Suspicious Circumstance, Hope Ln and SR 150, Manson 21:05 Public Assist, Entiat Way and Hagen St., Entiat

April 25

10:29 Unknown-injury Accident, US Hwy. 97A and Willmorth Dr., Chelan

11:40 Animal Problem, 14627 King St., Entiat 15:16 Diversion, 105 E. Allen Ave.,

Chelan

15:49 Malicious Mischief, 100 SR

150, Trout Blue Chelan 15:52 Diversion, 416 E. Eli Ave., Chelan

17:10 Marine, Porcupine and Foxglove Ln., Chelan

April 26

08:33 Burglary, 423 E. Gibson Ave., Chelan

09:10 Traffic Offense, 407 E. Woodin Ave., Morgan Owings Elementary School, Chelan 09:49 Fraud/Forgery, 201 E. Woodin Ave., Chelan

11:22 Suspicious Circumstance, 609 Golf Course Pl, Chelan 12:16 Traffic Offense, E. Trow and

S. Sanders St., Chelan 12:18 Fraud/ Forgery, 1031 Crest Loop, Entiat

13:46 Extra Patrol, 10248 S. Lakeshore Rd., Chelan

14:01 Fraud/ Forgery, 131 E. Woodin Ave., Deep Water Electronics

15:09 Traffic Offense, 400 block E. Woodin Ave., Chelan 15:57 Civil Dispute, 4274 Manson

Blvd., Manson 16:51 Theft, 106 W. Manson Rd., Safeway, Chelan

19:12 Agency Assist, 34 Ariel Ln, Manson 20:25 Vehicle Prowl, 133 E. Woo-

din Ave., Stormy Mountain Brewery, Chelan 21:31 Domestic Disturbance, 209 W. Columbia Ave., Chelan

23:39 Alarm, 100 Jacob Pl., Chel-

April 27

00:42 Agency Assist, 1172 Totem Pole Rd., Manson 09:48 Suspicious Circumstance.

505 E. Highland Ave., Heritage Heights, Chelan

10:15 Agency Assist, 14481 US Hwy. 97A, Entiat

11:49 Civil Dispute, 55 Washington Creek Rd., Chelan 12:23 Liquor Violation, S. Emerson

and E. Trow Ave. 12:47 Assault, 1000 Totem Pole

Rd, Manson High School 13:20 Agency Assist, 31 Getaway Ln., Manson

14:06 Public Assist, 209 W. Columbia Ave.. Chelan

16:29 Alarm, 106 Crystal Dr., Chelan

16:29 Non-iniury Accident, 108 N. Apple Blossom Dr., Walmart, Chelan

16:48 Non-injury Accident, 14579 US Hwy. 97A, BJ's Entiat 20:17 Traffic Offense, W. Woodin

and Waterslide Dr. 20:46 Traffic Offense, E. Wapato Point Pkwy. and S. Quetilquasoon

23:06 Disturbance, 817 E. Woodin Ave., Bill's Cut Rate Gas

April 28 No report available.

Fire/ EMS

April 22

Chelan EMS

14:10 Stab/ Gunshot, 339 Apple Acres Rd., Chelan

16:07 Unconscious Person, 455 Wapato Lake Rd., 12 Tribes Casino, Manson

20:47 Sick Person, 709 Golf Course Dr., Chelan 21:31 Overdose/ Poison, 303 S.

Manson Fire District

Clifford St., Chelan

16:07 Unconscious Person, 455 Wapato Lake Rd., 12 Tribes Casino, Manson

Chelan Fire District #7 14:10 Stab/ Gunshot, 339 Apple

Acres Rd., Chelan 20:47 Sick Person, 709 Golf Course Dr., Chelan 21:31 Overdose/ Poison, 303 S. Clifford St., Chelan

April 23

CHELAN COUNTY SHERIFF/FIRE/EMS

Chelan Fire District #7 03:24 Fall, 224 W. Highland Ave.,

06:11 Overdose/ Poison, 418 E.

Woodin Ave., Chelan 09:31 Commercial Alarm, 2220 W. Woodin Ave.

18:18 Unconscious Person, 246 W. Manson Rd., Chelan

Chelan EMS

03:24 Fall, 224 W. Highland Ave., Chelan

06:11 Overdose/ Poison, 418 E. Woodin Ave., Chelan 12:11 Breathing Problem, 47 N.

Shore Dr., Orondo 18:18 Unconscious Person, 246 W. Manson Rd., Chelan Resort Suites, Chelan

April 24

Chelan Fire District #7

03:34 Fall, 224 W. Highland Ave, Chelan

11:54 Traumatic Injury, 17304 S. Lakeshore Rd., Chelan

Chelan EMS

02:47 Overdose/ Poison, 350 Quetilguasoon Rd., Manson 03:34 Fall, 224 W. Highland Ave,

Chelan 11:54 Traumatic Injury, 17304 S. Lakeshore Rd., Chelan 18:32 Fall, 440 Justice St.,

April 25

Mansfield

Manson

Manson Fire District 15:50 Fall, 11 Keupkin Ave.,

Chelan Fire District #7 09:39 Breathing Problem, 1308

S. Lakeshore Rd., Chelan 10:29 Unknown-injury Accident, US Hwy. 97A and Will-

Sheriff's office releases identities of two found deceased inside home

CHELAN - The Chelan County Sheriff's Office reports on April 22, shortly after 2 p.m. Chelan County Sheriff's Deputies responded to a residence on Apple Acres Road, Chelan for two gun shot victims, both of which were fatal. The incident was reported by a family member who arrived at the residence, observed the victims, and then called 911.

The two residents were identified as Lynndelle Burkhart and Cole Robison, mother and son respectively. Burkhart and Robison lived in the same residence and were both located in a bedroom. The Sheriff's Office does not believe anyone else was involved in the incident and are not actively pursuing any suspects, nor do we believe there is a threat to the public.

Chelan County Sheriff's Office Detectives and the Chelan County Coroner's Office worked in collaboration to form this conclusion.

17:10 Water Rescue, Porcupine and Fox Ln., The Lookout, Chelan

Chelan EMS

00:12 Breathing Problem, 200 Green Ave., Manson 09:39 Breathing Problem, 1308 S. Lakeshore Rd., Chelan

10:29 Unknown-Injury Accident, US Hwy. 97A and Willmorth Dr.

12:30 Medical Alarm, 905 Sunrise Dr. Manson 15:50 Fall, 11 Keupkin Ave.,

Manson 17:10 Water Rescue, Porcupine

and Fox Ln., The Lookout, Chelan

April 26

Chelan Fire District #7 03:37 Fall, 726 N. Markeson

St., Chelan 14:08 Fall, 220 E. Nixon Ave.,

Chelan 15:31 Stroke, 131 S. Apple Blossom Dr., Chelan 19:12 Cardiac, 34 Arial Ln.,

Chelan EMS

01:34 Breathing Problem, 200

Green Ave., Manson 03:37 Fall, 726 N. Markeson St., Chelan

14:08 Fall, 220 E. Nixon Ave., Chelan

15:31 Stroke, 131 S. Apple Blossom Dr., Chelan 19:12 Cardiac, 34 Arial Ln.,

Manson April 27

Chelan Fire District #7 10:44 Stroke, 330 Chelan Trails Rd., Chelan

17:14 Unconscious Person,

105 S. Apple Bossom Dr.,

Chelan EMS 10:44 Stroke, 330 Chelan Trails Rd., Chelan

17:14 Unconscious Person.

105 S. Apple Bossom Dr., 23:43 Sick Person, 933 Sunrise

Dr., Manson

Manson Fire District 13:20 Cardiac, 31 Getaway Ln, Manson

April 28

No report available.

NCW Foundation for Youth thriving in its new home

By Denise Sorom, Director OF COMMUNITY PHILANTHROPY. COMMUNITY FOUNDATION OF

In 2001, the board of directors for the Credit Bureau of Wenatchee were in the process of closing the doors of their nonprofit and deciding what to do with their assets. Per federal law, when nonprofits dissolve, their remaining assets must be used for charitable purposes. At the time, the board members saw a need in the community to support programs that provided direct support to youth. To that end, they formed the

North Central Washington Foundation for Youth after the sale of the assets.

For the next 16 years,

they volunteered their



Denise Sorom

time to review applications from organizations that were directly benefitting youth in some way: providing uniforms for sports team, new instruments for music programs, or basic needs such as food, diapers, clothing, or other support

for children. Their signature event became "Shop with a Cop," whose aim was to help students in poverty purchase Christmas gifts for themselves and their family members with a local police officer. The program continues to this day and has not only supported families during the holidays but has also nurtured a positive relationship between the police and

communities they serve. In 2017, there were only two original board members, Wayne Loranger of Premiere One and Alan Beidler of Sage Real Estate who were still active with the NCW Foundation for Youth and both were facing upcoming retirement. There was still a considerable sum of money at the foundation, and they were intent to keep up the good work it was doing.

When Wayne Loranger called CFNCW in the summer of 2017 and asked if it could take on this program, the answer was an emphatic: "Absolutely! We can do it!" CFNCW already managed several grant programs, had relationships with nonprofits throughout the region, and the request was completely inline with its mission to steward charitable

perfect solution. NCW Foundation for Youth

Manson

transferred its remaining assets, \$494,000 to CFNCW and retained the exact criteria for making grants to youth, in addition to funding Shop with a Cop each year. Since that time, the fund has grown to over \$568,000 all while making 70 grants to nonprofits totaling \$94,125!

Every two months, a dedicated group of CFNCW Trustees reviews grant applications for the NCW Foundation for Youth fund and make several awards to support children in our valley. Their recommendations



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Courtesy Shop with a Cop "Shop with a Cop," aim is to help students in poverty purchase Christmas gifts for

themselves and their family

members with a local police

officer. go to our full board at each meeting and it is one of the highlights of their gatherings. "We know we are making some kids smile by awarding these grants. Sending them home for the weekend with extra food, helping them participate in sports program, or purchase an instrument so they can pursue their passion. It is an absolute privilege to award these grants," attests CFNCW President, Mark Spurgeon. "We thank Wayne Loranger and all those involved with the Credit Bureau of Wenatchee who had the foresight to establish this

foundation." To learn more about the NCW Foundation for Youth Grant program, visit: https:// cfncw.org/ncwfoundationforyouthgrant/

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Letters policy

NEW LOCATION

1107 Walla Walla Avenue

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: pub-

News Tips

Have an idea for a story? Call the Mirror at 509-682-2213

lisher@leavenworth.com

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the

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CHELAN HIGH SCHOOL SPORTS SHORTS

Golf

SUBMITTED BY COACH KIRK EINSPAHR CHELAN HIGH SCHOOL GOLF

April 28

With some decent weather finally for our match, Chelan's boys scored a comfortable victory over Quincy with a 361 to 457, with Chelan's Joey Gasper taking medalist honors with a 7 over par 79, followed closely by Chelan's Carson Clinton 2 shots behind with an 81. Also scoring well was Duke Nordby with a 100 and a personal best for Decker Marlin with a 101.

For the girls, Chelan was unable to field enough girls for a team score, and Quincy's girls were in great form, scoring a team score of 437 and looking like they have a good chance to return as CTL champs, though they should have a good battle with Omak's girls' team. Medalist for the girls was Quincy's Emily Wurl with a 98, followed by Chelan's Arabelle Finch with a 108. Also shooting well for Chelan and getting a personal best was Kira Sandoval with

Chelan has two weeks remaining of our regularly scheduled season, traveling to Cascade Tuesday (May 3) for our final CTL league match, and hosting teams from Wenatchee and Quincy next Thursday (May 5) in non-league play. The Thursday match is also when we will recognize and honor our two seniors on our team directly before the start of the match, at approximately 1:40 p.m.

Baseball

EVENTS

CONTINUED FROM PAGE A1

SUBMITTED BY MOUNTAIN GOAT BASEBALL STAFF

April 26

The Goats honored their seven seniors on Tuesday by defeating our long time CTL

Chelan Senior

CHELAN - The Chelan Se-

Menu: **May 4-11**

nior Center at 534 E. Trow

Avenue, hosts Senior Meals

Monday-Friday. Suggested

donation for seniors over age

60 is \$4. Fee for persons under

age 60 is \$10. Please call 509-

Lyndelle

Burkhart

away on April 20, 2022.

DEATH NOTICES

Lyndelle Burkhart, 63, of

Please leave any thoughts

and memories for the family

at Prechtrose.com. Services

are under the direction of

Precht Rose Chapel of Chel-

Cole Robison

Cole Robison, 26, of Chelan,

Chelan, Washington, passed

rival Cashmere Bulldogs with another convincing league win by the score of 12-1.

We have 7 seniors: Quin McLaren, Ethan Strandberg, Tanner Woodley, Ethan Kehl, Colton Funk, Reed Stamps, and Noah Loew, all of whom have played an integral part in our programs past, present, and future.

However, in this game, it was a junior who stole the show. Junior left hander Braiden Boyd tossed his second no hitter of the season, throwing 66 pitches, striking out 14 Bulldogs, with one walk. Boyds mound record now stands at 7-0.

On offense, seniors Kehl, Strandberg, and Funk each had two hits apiece in the 5 inning mercy rule shortened contest. Junior Austin McCardle chipped in 2 hits, with 2 rb's in the lopsided victory.

April 28

The Goats traveled to Brewster on Thursday to play a determined Bears team in a non-league contest, and came up on the losing end by a score of 5-3. Noah Loew took the mound for the Goats, working hard, and striking out 8 Bears in 4 1/3 innings.

Unfortunately, that wasn't enough to hold off a fired up Bears team that made some great plays, and were on top of their game. The Goat offense was held to just 5 hits, with Senior Reed Stamp getting 3 of them, including a long home run over the left center field fence that put the Goats on top by a score of 2-0. In the 4th inning. The Bears answered in their half of the inning with one run, and scored again in the 5th inning, adding 3 more runs in the sixth to earn the victory.

Tennis

SUBMITTED BY MARTY ROTHLISBERGER, CHELAN HIGH SCHOOL VARSITY TENNIS COACH

888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www. octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: May 4: Hamburger Steak with Grilled Onions, Potatoes & Gravy, Green Beans, Garden Salad, Berry Crisp; May 5: Brats & Sauerkraut,

Washington, passed away on

Please leave any thoughts

and memories for the family

at Prechtrose.com. Services

are under the direction of

Precht Rose Chapel of Chel-

Michele L. Boyd, 79, of

Please leave any thoughts

Manson, Washington, passed

away on April 20, 2022.

Michele L.

Boyd

April 20, 2022.



Luke Fox battle it out at the April 29 match in Cashmere. Final score was Cashmere 2 and Chelan 0.

April 25 Omak at Chelan (CTL matchup)

Tonight was our Senior Night, and we honored a record 18 seniors from our program. Pair that with a W, and that's a pretty great evening.

Girls: Chelan 4, Omak 1 #1 Singles: Ally Williams (C) def Marissa Grillo 6-1, 6-0

#2 Singles: Liv Strandberg (C) def Kathleen Kirk 6-0, 6-1 3 Singles: Arden Paglia (C) def Grace

Worden 6-1, 6-3 #1 Doubles: Paityn Richter/Finley Sackman (O) def Caelan Rothlisberger/

Makayla Griffith 6-2, 6-4 #2 Doubles: Jamie Bekel/Maya Cowan (C) def Hailey Smith/Olivia Nguyen

Boys: Chelan 4, Omak 1 #1 Singles: Nate Harding (C) def Jona thon Kirk 7-6. 6-4

#2 Singles: Teagen Moody (C) def Noah Rose 6-0, 7-6

#3 Singles: Cody Sanderson (C) def Jacob Stenberg 6-0, 6-1 #1 Doubles: Charlie Bordner/Rylen

Moody (C) def Beau Sackman/Jonny Stenberg 4-6, 6-3, 6-4 #2 Doubles: Mason Stenberg/Troy Oliver (O) def Luke Christopherson/

Sam Bordner 2-6, 6-2, (13-11) Chelan JV wins (Omak did not have a JV boys squad):

Irene Hernandez/Ellie McLemore won Marissa Manda/Yuly Nunez won 8-0

Roasted Potatoes, Capri Vegetables, Fresh Fruit, WW Roll, Dessert; May 6: Veggie Lasagna, Caesar Salad, Apricots, Focaccia Bread, Dessert; May 9: Chicken Tetrazzini, Italian Vegetables, Caesar Salad, Grapes, Dessert; May 10: Sloppy Joe Sandwich, Jo Jo's, Coleslaw, Peaches, Dessert: May 11:

Salmon in Dill Sauce, Basil

& Garlic Pasta, Venetian

Blend Veggies, Spinach Sal-

and memories for the family

at Prechtrose.com. Services

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Dean Arthur

Dean Arthur Russell, 91, of

Lynden, Washington, and formerly of Manson, Washington,

passed away on April 27, 2022.

and memories for the family at

Prechtrose.com. Services are

Please leave any thoughts

Russell

Clara Nordstrom-Domser/Liz Harrington won 8-2

Seniors:

Lady Goats: Jamie Bekel, Makayla Griffith, Melissa Gonzalez, Marissa Manda, Catherine Mercado, Yuly Nunez, Ally Williams

Goats: Gerardo Aguilar-Luna, Josh Antonio, Aiden Avery, Charlie Bordner, Angle Cisneros, Mason Davis, Jagjot Dhaliwal, Nate Harding, Teagen Moody, Pablo Ramirez, Cody Sanderson

April 26 **Chelan at Cascade** (CTL matchup) Girls: Chelan 4, Cascade 1

#1 Singles: Ally Williams (Che) def Zoey Sheffield 6-0, 6-4 #2 Singles: Arden Paglia (Che) def

Zienna Erickson 5-7, 6-3, 6-2 #3 Singles: Cassidy Gillespie (Casc) def Jamie Bekel 6-4, 6-4 #1 Doubles: Caelan Rothlisberger/Liv Strandberg (Che) def Isabel Bentson/

Dulce Herrera 6-1, 6-0 #2 Doubles: Makayla Griffith/Maya Cowan (Che) def Anna Reichlin/Chloe Palmer 6-1, 6-3

The Chelan girls remain undefeated in the CTL for this season with only one league match remaining...against a talented one-loss Cashmere squad.

ad, Citrus Salad, Dessert Chelan Thursday Farmers Market opening: May 5 New vendors welcome

CHELAN - Opening day for the Chelan Thursday Farmers Market is Thursday, May 5 in Riverwalk Park. New vendors are welcome. For more info www.chelanfarmersmarket.

under the direction of Precht

Luella E. Rushing, 88, of

Brewster, Washington, and

formerly of Republic, Wash-

ington, passed away on April

and memories for the fam-

ily at www.barneschapel.

com. Services are under the

direction of Barnes Chapel of

Please leave any thoughts

Rose Chapel of Chelan.

Luella E.

Rushing

Brewster.

Boys: Cascade 3, Chelan 2 #1 Singles: Nate Harding (Che) def Chase Runions 6-3, 6-1

#2 Singles: Charlie Lyons (Casc) def Teagen Moody 4-6, 6-3, 6-3 #3 Singles: Haakon Schiebler (Casc)

def Cody Sanderson 6-1, 6-3 #1 Doubles: Jasper Bard/Blue Knutson (Casc) def Charlie Bordner/Rylen

Moody 6-3, 6-4 #2 Doubles: Luke Christopherson/Sam Bordner (Che) def Caden Peterson/ Jonas Johnson 6-4, 6-4

This was the first CTL loss of the season for the Goats, as Cascade avenged a narrow loss earlier this season up here in the Chelan. These are two very evenly matched teams, and Cascade was just a little better tonight at home. The Goats can still claim a league title with a win next week over Cashmere.

JV wins: Yuly Nunez/Marissa Manda won 8-1 Danika Dietrich/Josie Garfoot won 8-3 Ellie McLemore and Liz Harrington won 8-6

Aiden Avery and Mason Davis won 8-1 Tristan and Caleb Sanderson won 8-6 Josh Antonio and Pablo Ramirez won

April 29-30

The Chelan Mountain Goats traveled to Spokane this weekend to compete in the 75th **Annual Inland Empire Tennis** Tournament. This is one of the largest high school tennis tournaments in the nation, utilizing almost 100 tennis courts at 12 different sites around Spokane. In 2022, there were 47 teams registered and over 500 athletes from eastern Washington and north Idaho. As one of the smallest schools in the tournament, Chelan still had a fun and very successful weekend. We won more matches than we lost against the high level competition, and had several players finish in the top 5! Chelan's team score was 14th out of 47 teams, and 1st place in the 1A classification!

For the Chelan girls squad: The #1 doubles team of Ally Williams and Arden Paglia had the most successful run of the weekend, finishing 3rd overall out of 40+ schools. They were actually only a couple points shy of playing for the

championship! Their path included Friday wins over West Valley (Spokane), Selah and Prosser before suffering a narrow loss in the semifinals to University HS (Spokane) via a tiebreaker. They capped their tournament with a win over Mead in the 3rd/4th match, played in the Whitworth University tennis bubble on Saturday. That's a lot of big schools that they toppled!

The #2 doubles team of Makayla Griffith and Jamie Bekel opened with a victory over Othello, but lost narrowly via a 3rd set tiebreaker in their subsequent match vs Sand-

Our #3 doubles team of Maya Cowan and Yuly Nunez put in a good showing on Friday, defeating Rogers and Toppenish before suffering a close loss to Mt Spokane in match #3.

#1 singles player Olivia Strandberg faced a tough draw, losing two close matches to Ridgeline and West Valley Yakima

#2 singles player Caelan Rothlisberger also faced a tough draw, losing to #2 seed Kennewick in the opening round, but won two straight matches over Colville and Ferris (Spokane) to earn her way into the consolation semifinals on Saturday. However, that match was rained out, so she finished in a tie

For the Chelan boys squad: The #1 doubles team of Charlie

Bordner and Rylen Moody opened their Friday with a win over Cheney, but lost their follow-up match in a heartbreaker to Ferris.

#2 doubles players Cody Sanderson and Luke Christopherson defeated North Central in their first match, but lost to West Valley to finish their day on Friday.

The #3 doubles team of Aiden Avery and Sam Border defeated Ridgeline in their Friday morning matchup, but then fell short against East Valley (Yakima) in a tiebreaker.

#1 singles player Nate Harding, who is undefeated locally in the CTL, started Friday with a victory over Mead, but was defeated in his 2nd match by Richland.

#2 singles player Teagen Moody lost his opener to East Valley (Yakima), but won his next two on Friday over Tonasket and Toppenish. Like Caelan, his consolation semifinal was rained out on Saturday morning, so he also finished in a tie for 5th

Next up: The Chelan boys and girls both enter their final match of the regular season in 1st place in the CTL (girls are 7-0 and boys are 6-1), looking to clinch league titles in Cashmere on Thursday.

lakechelanmirror.com

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CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



CHELAN

CHELAN CHRISTIAN CHURCH Morning Worship 10 am 509-682-2025 • 210 E. Wapato Ave.

Pastor Mark Wilton Church of the Nazarene

Sunday School 10 am

Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 509-682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH

Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts. 509-682-9063 • 216 W. Nixon Ave.

LAKE CHELAN UNITED METHODIST CHURCH

Worship 10 am 509-682-2241 Corner of Johnson & Emerson

CHELAN

LIVING STONE CHURCH Sunday Gathering 10:00 am

216 N Emerson (Upper Room/Chelan Library) Office location: 105 N Emerson, Suite 204 Call 509-682-5953 or visit www.lscchelan.org for more information. "Meeting together in person & online. Please join us."

St. Andrew's Episcopal Church Worship 10 am

via: https://us02web.zoom.us/j/84574811302 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 509-682-2851 • www.standrews-chelan.org

ENTIAT

ENTIAT FRIENDS CHURCH Pastor Mark McDonald 509-784-1342

email: entiatfriends@nwi.net 2848 Entiat River Road Sunday morning Bible Classes 9:45 am Sunday morning Worship 11 am Sunday morning Worship (summer months) 10 am Wednesday Shared Dinner 6 pm Wednesday Programs Adults/Youth/Children 7 pm

MANSON

MANSON UNITED METHODIST CHURCH 10:00 am Worship,

Holy Communion the first Sunday of the month "Come as you are, all are welcome" 687-3311, at the corner of Green and Boetzkes Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermonn

BREWSTER

HOPE LUTHERAN CHURCH - LCMS Sunday Worship 11 am

Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am

509-689-3106 • 1520 Sunset Drive



"With men this is impossible; but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

HDCA adds new staff, board members

SUBMITTED BY ALLISON FLATE, HDCA BOARD PRESIDENT

CHELAN - The Historic Downtown Chelan Association (HDCA) has announced a new staff team and the addition of two new board members as it looks to an exciting future for historic downtown Chelan.

The organization is looking to build on years of the HDCA's great work and is poised to lead historic downtown Chelan to be even more vibrant and welcoming for locals and visitors alike.

After the former Executive Director departed the organization in late 2021, the HDCA board of directors launched a national search and recently hired Aimee Sheridan as the new Executive Director. Sheridan has been actively involved in various non-profits in the Lake Chelan Valley and brings more than two decades of leadership experience in the non-profit sector to the role. She has successfully run programs, raised revenue, increased awareness, and cultivated valuable part-



Aimee Sheridan, HDCA Executive Director

the last three years and is excited to be joining the organization.

nerships to

support the

missions of

many organi-

zations that

make a differ-

ence in their

local commu-

has been in-

volved with

HDCA for

Sheridan

nities.

"So much has been accomplished by the dedicated board members, volunteers and HDCA members and donors over the years," says Sheridan, " I'm looking forward to continuing this important work together as we create the next chapter of the organization."

of the organization."

HDCA has also added Kiersten Sahlberg as the Marketing and Program Coordinator. Sahlberg comes to the HDCA with a background in land use planning and development, having spent five years as a project manager in Bellingham after



English Language and Linguistics before landing in the Chelan area.

Kiersten Sahlberg, HDCA Marketing & Programs Coordinator

"We have a truly unique community in the Lake Chelan Valley and it's really exciting to be directly involved in envisioning the future of our historic downtown in Chelan," says Sahlberg. "I look forward to bringing my skillset to the organization and continuing the work to preserve and amplify Chelan's rich history."

In addition, two new board members have joined the board of directors to help lead the organization. Adam Rynd and Alysha Ottrix bring great experience and energy to the board. Along with current board members Allison Flaten (Pres-



trix see the

(City Council Liaison), Rynd and Ot-Member

Alysha Ottrix, HDCA Board Member

board as instrumental in realizing the vision of HDCA.

Rynd, his wife Kelli, and their family own Coldwell Banker Cascade Real Estate and several retail stores in Chelan, including Chelan Toys & Sweets, Lake Life, and Swim World. They strongly believe businesses have a social obligation to give back to their communities and they serve on several boards. Rynd previously served on the **HDCA Board of Directors from** 2013-2016. Rynd says, "My family and I are very passionate about the Chelan community and especially about preserving and enhancing our historic downtown. I'm honored to serve



Chelan" Alysha Ottrix relocated

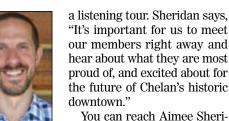
to Chelan full-time in early 2021 after years of frequent visits and has quickly taken an interest in the potential growth and development of downtown. Before living in Chelan, Ottrix had a thriving career in wine and spirits sales and has continued her interest in the industry by working full-time for a Chelan winery. Ottrix says, "The opportunity to serve the community as a member of the HDCA board is exciting because of the unique challenge of preserving Chelan's wonderful history while propelling the town forward."

Adam Rynd,

HDCA Board

Member

Sheridan and Sahlberg plan to get out and about for



You can reach Aimee Sheridan at aimee@historicchelan.

The purpose of the Historic Downtown Chelan Association is to shape the future and preserve the past of historic downtown Chelan.

Through their network of members and community partners, they present a powerful voice for historic downtown Chelan. They follow the comprehensive Main Street Four-Point Approach structure—which includes implementing a balance of activities in the areas of organization, promotion, design and economic restructuringand to maintain and develop a positive, coordinated image of downtown. They work on promoting, defending, and preserving historic downtown Chelan: its culture, history, people, and local businesses.

Tunnel Hill Winery closes tasting room, wines still available online

SUBMITTED BY LUKE EVANS, TUNNEL HILL WINERY

CHELAN - Tunnel Hill Winery will wind down its tasting room and production operations this spring. After operating as a winery since 2003, owner Denny Evans has determined it is time for a change.

"While transition like this isn't easy", said Evans, "it is the right decision. I'm not getting any younger and we've decided as a family this is the wisest path."

The winery vacated its facilities located on the south shore of Lake Chelan at the



Courtesy www.tunnelhillwinery.com
Denny and Jaclyn Evans,
Tunnel Hill Winery

end of April. Following the closure, Tunnel Hill wines will still be available for purchase

online.

During its near two-decade tenure, Tunnel Hill Winery produced award winning estate wines including Syrah, Viognier, Malbec, and other varietals.

Beginning May 1, the winery grounds and facilities will be leased to Callan Cellars, a Woodinville winery. Callan Cellars opened in 2017 and is operated by winemaker Lisa Callan and her husband Mike.

"We are excited to welcome the Callans to our facility", said Evans. "They are creating some exceptional wines and their operation will be a great addition to the valley."

Executive chef brings international expertise to Siren Song Winery

Submitted by Madison Ford, Columbia Hospitality

CHELAN - Siren Song Winery and Restaurant is excited to announce the addition of Executive Chef Matthew Mohler; who will oversee culinary operations, menu development, and execution for the property's onsite restaurant and winery. With more than 26 years of experience in the industry, Mohler brings a continued commitment to creating sharable cuisine featuring fresh, local ingredients.

"We are delighted to welcome Chef Matthew to the Siren Song culinary team," said Siren Song co-owner, Holly Brown. "His creative talent and global

experience as a chef connects beautifully with Siren Song's European-inspiredmenu", Brown added. "His artisan crafts-

manship will add unique and exciting dishes, as well as food and wine pairing programs for our guests and wine club members", Brown concluded.

Mohler grew up in a small

Mohler,

Mohler grew up in a small Indiana farming community and was inspired by his family's love of cooking and the farm-totable culture they embraced. At 17 years old, Mohler got his first taste of the food and beverage

industry in the prep kitchen at the local country club, igniting his passion for crafting locally sourced food. Mohler earned a culinary degree from the Culinary Institute of America (CIA) and a diploma from the International Sommelier Guild.

Working under applaimed

Working under acclaimed Chef Yannick Cam at Le Paradou in Washington, D.C., Mohler developed an appreciation for the subtle tastes that make a dish stand out as well as the impact of artful presentation. He also served as sommelier and dining manager at the high-powered Chevy Chase Club, where he developed the club's extensive wine list featuring many local, boutique and exclusive winemakers.



THE WASHINGTON OUTDOOR REPORT

For the love of kokanee

By John Kruse, The Washington Outdoor Report

In recent years, anglers who love the taste of salmon have been frustrated at times by inconsistent returns of Chinook, coho and sockeye salmon in rivers and lakes across our state. This has led to limited and at times, no opportunities, to harvest these fish. In response, the Washington Department of Fish and Wildlife has been stocking kokanee in lakes, providing an easily accessible opportunity for anglers to catch and keep a great tasting fish. The kokanee is a landlocked sockeye salmon that ranges in size from 7 to 16-inches or better. The state record kokanee salmon was caught out of Lake Roosevelt by Clarence Rief in June of 2003, a chunky 6.25-pound trophy. The world record kokanee was caught not far from our borders in northeast Oregon's Wallowa Lake. Ron Campbell caught this fish in 2010, a massive 9-pound, 10-ounce salmon which ironically, was caught the same day I was trout fishing with my family from shore at the



Courtesy Bob Loomis

Bob Loomis and Jeff Witkowski teamed up to catch a whole bunch of kokanee salmon out

Wallowa Lake State Park.

of Lake Chelan.

Traditionally, Lake Stevens, Merwin Reservoir, Lake Chelan and Lake Roosevelt have been known as steady kokanee fisheries in Washington State but other lesser-known lakes as well as some ones only stocked in recent years are beginning to emerge as kokanee salmon destinations.

Steve Caromile is the Inland Fish Program Manager for the Washington Department

of Fish and Wildlife. He says, "Washington has one of the largest hatchery programs in America if not the world" and stocks some 16 million fish in lakes around the state every year. Kokanee are stocked in a several dozen reservoirs. This includes destinations like Banks Lake and Deep Lake in Grant County. Palmer and Bonaparte Lakes along with Conconully Lake and Conconully Reservoir all offer popular places to catch

them in Okanogan County. Additional well-established kokanee destinations include Loon, Deep and Deer Lakes in Stevens County, Kachess and Keechelus Lakes in Kittitas County, as well as Bumping and Rimrock Lakes in Yakima County.

Several waters traditionally thought of as trout or mixed warmwater/cold-water fisheries have emerged as kokanee fishing destinations in recent years due to stocking efforts.

Examples of this are Spectacle and Alta Lakes in Okanogan County as well as Curlew Lake in Ferry County, Davis Lake in Pend Oreille County and Fish Lake in Chelan County where well-known angling personality Dave Graybill recently went fishing and caught several 12 to 13-inch kokanee. Another Chelan County waterbody stocked with kokanee in recent years is Wapato Lake near Manson. In total, kokanee salmon are either stocked or naturally producing and available to catch in 19 counties in Washington. You can find a complete listing of these lakes at https:// wdfw.wa.gov/species-habitats/ species/oncorhynchus-nerkakokanee#locations

When it comes to catching kokanee salmon you can occasionally hook into them fishing from shore using small spinners or spoons but trolling for them from a boat is the best way to go. Kokanee can be anywhere from 20 to 100 feet below the surface depending upon the time of year and water temperature.

Bob Loomis, the Director of Sales and Marketing at Mack's Lure, has some good advice for anglers when it comes to catching these fish. At this time of year, he'll look for the fish from 20 to 60 feet deep and troll slow for them. He'll tie on a four to

six-inch long oval shaped dodger like a Mack's Lure Double D which has good movement at slow speeds. On the leader behind the dodger, he'll tie on a Mack's Cha Cha 1.5 Kokanee Squidder with a silver Smile Blade and a hot orange body. In Bob's words, this is, "My go to lure for any lake I fish".

As spring turns into summer and water temperatures rise Loomis recommends looking deeper in the water column and trolling faster (above 1.5 MPH) for the kokanee. At this time of year, he'll switch to a narrower shaped dodger like a Mack's Sling Blade and a lower profile lure like a Mack's Lure Koke-A-Nut. No matter what time of year you fish tip your lure with bait. The tried-and-true offering for kokanee is shoe peg corn but Loomis also suggests trying other offerings like small pieces of worm, maggots or shrimp.

Best of all, kokanee salmon can be caught all year long in our state so if you are looking for some fine tasting salmon that will always be available at a lake or reservoir near you, consider trolling up some kokanee for the grill this year.

John Kruse - www.northwesternoutdoors.com and www.america out doors radio.

Morel mushroom harvesting permits now on sale

Twentyfive Mile fire area open for personal, non-commercial mushroomharvest only

Submitted by Robin DeMario, US Forest Service

NCW - As snow melts off lower elevations across the Okanogan-Wenatchee National Forest, those planning to forage for morel mushrooms will be able to purchase a commercial harvesting permit starting May 2.

Commercial permits, for those who plan to collect or possess more than five gallons of mushrooms per day or sell mushrooms, will be sold at Forest Service offices in Winthrop, Chelan, Cle Elum, and Naches. A two-day permit costs \$30, a 30-day permit is \$80, and a season permit is \$100; the season runs from May 2 through July 31. Permits must be in the harvester's possession when collecting mushrooms. Permits, and maps in six languages, are available for harvest areas in the Cedar Creek, Cub Creek 2, and Schneider Springs fire

areas on the forest. Harvesting mushrooms for personal use, up to five gallons per person per day, is free but individuals must obtain and carry a copy of the Free Incidental Use Mushroom Information Sheet with them while harvesting in lieu of a permit. This information sheet can be printed off the forest website at https://go.usa.gov/xQ3YJ and is also available at local national forest offices.

"Depending upon how prolific the mushroom crop is, we could see a large number of mushroom harvesters coming to pick in areas of the forest that burned in 2021," said Naches District Ranger Aaron Stockton. "As forest visitors search for mushrooms in our fire affected lands, I ask you to keep in mind that these burned lands are exceptionally vulnerable to disturbance and practicing leave-no-trace etiquette is very important. Fire affected forests may be teaming with sought after mushrooms, but they present a set of challenges not found in non-burned forests. Please be aware of your surroundings and be familiar with the additional hazards associated with these types of areas," he added.

For those who may not have harvested mushrooms before, it is very important to be aware of your surroundings. "While hazard trees have been treated in developed sites, the same cannot be said for general forest areas. Mushroom pickers should be particularly aware of dead trees when they choose areas to park and stop for breaks or lunch. Dead trees may fall or have branches fall out of them unexpectedly," said Methow Valley District Ranger

Chris Furr. The Twentyfive Mile fire area on the Chelan Ranger District will be open for personal, non-commercial mushroom harvest only. "We decided that personal use is best for this particular area because the forest types in the Twentyfive Mile drainage are drier and are not expected to produce large amounts of mushrooms. This will also provide personal use pickers an area to hunt for mushrooms outside of the commercial permitted areas," Chelan District Ranger Kari Grover-Wier said.

Commercial harvesters camping overnight are encouraged to utilize designated camps, where garbage dumpsters and toilets will be placed to minimize impacts. Three camps will be up and running the first weekend in May in the Methow Valley Ranger District area including the Eight Mile dispersed camping site on the west edge of the Cub Creek 2 burn area, the Cedar Creek gravel pit on the north edge of the Cedar Creek burn area, and the Thompson Ridge gravel pit south of the Cedar Creek burn area, west of Twisp. The Naches Ranger District has not designated camping sites for commercial harvesters around the Schneider Springs burn area but will provide dumpsters and porta-potties at strategic sites. Commercial harvesters are prohibited from camping in developed campgrounds, at trailheads, trailhead parking areas, or other high use recreation or special use areas.

'While there are thousands of acres open to mushroom harvesting, folks need to be aware of prohibited areas too, like Wilderness," Grover-Wier added. "By respecting the rules and minimizing impacts, mushroom harvesting can continue to be a sustainable forest product and in turn, can benefit local businesses and communities."

For translated commercial mushroom harvesting materials, go to https://go.usa.gov/



Courtesy USDA Forest Service

Firewood gatherer uses chainsaw to cut up a downed and tree for firewood.

New free personal use firewood program on the Okanogan-Wenatchee National Forest

SUBMITTED BY DEBORAH KELLY, US Forest Service

NCW - Starting May 2, woodcutters are now able to obtain a free permit to cut firewood on the Okanogan-Wenatchee National Forest. Those who receive free use firewood permits may use the firewood for cutting, manufacturing, or other processing, but not for resale. "We are pleased to be able to offer free personal use firewood across the National Forest. This change will benefit people who rely on firewood as their primary heat source and allows us to dispose of material that otherwise would have a cost to burn or remove," said Regional Forester Glenn Casamassa.

Woodcutters will still need to obtain a permit, firewood tags, map, and also have a copy of the regulations on hand when cutting and trans-

porting firewood. The free use firewood permits, and tags will be available at Okanoganwenatchee National Forest Ranger District offices beginning May 2 and are valid through December 31. Permits will also be available at local vendors in the Methow Valley and Ellensburg; vendors will charge a \$2.00 administrative fee per permit.

Procedures for issuing free personal-use or commercial use permits will vary by office, so please check to verify hours and permit purchase options for each location. People will need to provide their driver's license to obtain a permit and the permit holder must be present during firewood gathering on the National

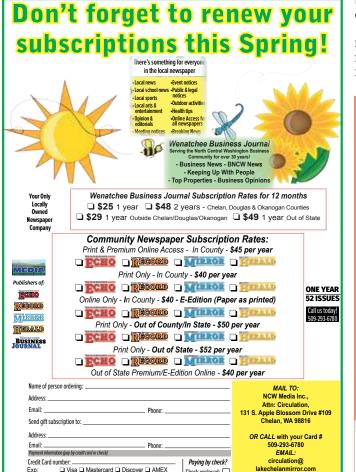
To streamline to permitting process, Individuals can visit the Forest firewood webpage to fill out the electronic request form: http://www. fs.usda.gov/goto/firewood.

Requests will be received by collection officers at the ranger district office that you select. That person will prepare the permit, and then contact the requester to set up a time to pick-up the permit.

Free personal use firewood collection is allowed in all designated areas authorized for firewood collection on the forest which are marked on the woodcutting map, which will be provided when firewood tags are distributed.

Generally, woodcutters may cut wood lying on the forest floor and standing dead trees, except wildlife habitat trees. Be aware that western larch also known as tamarack, drops its needles and may look dead, but isn't. No woodcutting is allowed in Congressionally designated Wilderness areas.

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A farmer plants corn near Dwight, III., on April 23, 2020.

Beijing's Influence Group Seeks Partnership With State Agricultural Officials, After Teaming Up With Bill Gates for Years

FRANK FANG

A number of U.S. government officials recently took part in a virtual agriculture event co-hosted by a Beijing-backed influence association that has ties to Bill Gates.

The U.S. Heartland China Association (USHCA), a 501(c)3 nonprofit founded in 2003, held the 2022 U.S.—China Agriculture Roundtable earlier this month. The online event was cohosted by the Chinese People's Association for Friendship with Foreign Countries (CPAFFC).

The Trump administration warned about CPAFFC. In February 2020, then-Secretary of State Mike Pompeo called the association "the public face of the Chinese Communist Party's official foreign influence agency, the United Front Work Department."

The Chinese Communist Party (CCP) uses the United Front Work Department (UFWD) to run its foreign influence operations. In the United States, the CCP has also deployed grass-roots level "united front" groups as part of its effort to infiltrate U.S. civil and political institutions.

CPAFFC is "tasked with co-opting subnational governments" and "has sought to directly and malignly influence state and local leaders to promote the PRC's [People's Republic of China] global agenda," the U.S. State Department stated in October 2020, when it was designating another group, a Washington-based Chinese organization, as a foreign mission.

The roundtable featured a number of U.S. lawmakers and state officials, including Oklahoma Secretary of Agriculture Blayne Arthur, Kansas Secretary of Agriculture Mike Beam, Missouri Director of Agriculture Chris Chinn, Iowa Secretary of Agriculture Mike Naig, and Rep. Darin LaHood (R-Ill.)

The 2022 roundtable event was initially reported by the National Pulse. The inaugural roundtable was held in

April 2021.

The state-run Chinese Academy of Social Science (CASS) was one of the partners of the event. Several CASS officials and scholars also took part in the roundtable, including Wang Wei, director-general of the academy's bureau of international cooperation.

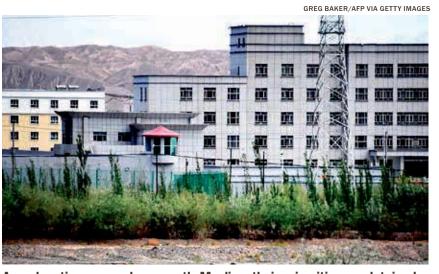
Bob Holden, former Democratic governor of Missouri and current USHCA chairman and CEO, said during the roundtable's opening ceremony that U.S.–Sino cooperation was "essential" to overcome global challenges, including "producing enough nutritious food to

The 2022 roundtable event comes at a time when China has been increasing its purchases of U.S. farmland in the past decade, prompting concerns about U.S. national security.



Microsoft founder Bill Gates speaks during the "Reinvented Toilet Expo" in Beijing on Nov. 6, 2018.

NICOLAS ASFOURI/AFP VIA GETTY IMAGES



A reeducation camp where mostly Muslim ethnic minorities are detained, north of Kashgar, Xinjiang region, China, on June 2, 2019.

feed the growing population on the planet" and "preventing future pandemics" as part of its global "Reveint the Toilet

of human, animal, and plant diseases." The online event comes at a time when China has been increasing its purchases of U.S. farmland over the past decade, prompting concerns about U.S. national security.

Gates has also been a major buyer of agricultural land in the United States. Land Report reported that Gates was the largest U.S. private farmland owner in January 2021, saying his family had accumulated an estimated 242,000 acres of farmland.

Bill Gates

Microsoft founder Bill Gates has worked with CPAFFC over the years, in particular with the association's previous president, Li Xiaolin, who held the position from September 2011 to April 2020.

Li is no ordinary Chinese citizen. She was a former member of the Chinese regime's political advisory body, the Chinese People's Political Consultative Conference (CPPCC). She's also the daughter of former Chinese regime leader Li Xiannian, and her husband is Liu Yazhou, a retired general of the Chinese People's Liberation Army Air Force.

Gates and Li met face to face during the 2013 Global Vaccine Summit in Abu Dhabi, the capital of the United Arab Emirates. According to CPAFFC's website, the Bill & Melinda Gates Foundation invited Li to the summit, during which she took part in a panel speaking about China's immunization efforts to eradicate polio.

In August 2013, the foundation announced that it would invest \$5 million to "support Chinese investigators to drive research, development, and pro-

as part of its global "Reveint the Toilet Challenge." According to the University of Science and Technology Beijing, a launch event in China was attended by Li, a China-based representative of the foundation, the university's party secretary, and Chinese health officials.

Gates visited CPAFFC's headquarters in China in June 2014, during which he gave a speech, titled "Invent for the Poor." According to a video on CPAFFC's website, Gates praised the Chinese regime and the association in his speech.

"Here in China, it is fantastic to see the investment in engineering and medical technology, all sorts of things that China is assuming a very, very strong positioning," he said. "And so our hope for the Friendship Association is that together we can find these great ideas in China and that we can find the right partners in Africa and elsewhere, who can take these new tools and use them on behalf of the people."

Mark Suzman, the foundation's CEO, and Li both attended the World Philanthropy Forum held at China's Tsinghua University in September 2016. According to China's state-run media, Suzman applauded China for its "potential" in philanthropy works and for its "unique role" in Africa's development.

Melinda French Gates, co-chair of the foundation, held a meeting with Li in China in July 2017. According to CPAFFC's website, French Gates praised CPAFFC for its philanthropic works. She also invited Li to join the End Malaria Council (EMC), which is an initiative launched in part by Gates in 2017.

Li subsequently participated in an EMC meeting held in Beijing in April 2019, according to CPAFFC.

Gates and Li also have connections through another United Front agency, the Hong Kong-based China–United States Exchange Foundation (CUSEF), which is managed by CPAFFC. CUSEF identifies Li as its vice chairman on its website and its 2013 report names Gates as a member of its steering committee

CUSEF is headed by Chinese regime official Tung Chee-hwa, a former Hong Kong leader and current vice chairman of the CPPCC.

CPAFFC

CPAFFC, which was established in 1954, has more than 300 local branches throughout China. Outside the Chinese borders, there are regional-level branches, such as the Chinese–Arab Friendship Association, as well as country-level branches, such as the China–U.S. People's Friendship Association in the United States.

The current CPAFFC president is Lin Songtian, who began in the role in April 2020. Before then, he had been China's ambassador to South Africa since 2017.

When Lin was in South Africa, he was an outspoken critic of the United States on Twitter. In March 2020, he amplified an unfounded conspiracy theory that the COVID-19 pandemic had originated from the U.S. military when he shared a now-notorious Twitter post by Zhao Lijian, a Chinese foreign ministry spokesperson.

In response to Zhao's accusations, the U.S. State Department summoned China's then-Ambassador to the United States Cui Tiankai.

In June 2020, Rep. Michael Mc-Caul (R-Texas) released an interim report on the origins of COVID-19. The report criticized the Chinese regime, saying that the pandemic "could have been prevented" if Chinese officials had responded to the initial outbreaks in a "transparent and responsible manner."

A month later, Lin wrote on Twitter that the interim report was intended to "shift blames and cover the delinquency of #Trump Administration."

Lin also took to Twitter repeatedly to defend the communist regime's policies targeting ethnic minorities in the far-western region of Xinjiang. In a December 2019 Twitter post, he wrote that China's "vocational education and training centers," which Western officials have described as "concentration camps," were effective in ending "extremism" in Xinjiang.

"extremism" in Xinjiang.
China has used "combating extremism" as a pretext to lock up more than 1 million Uyghurs in Xinjiang while subjecting them to forced sterilization, forced labor, and other inhumane treatment. Both the Trump and Biden administrations have determined that China has committed "genocide" and "crimes against humanity" against the Uyghurs.

At the opening ceremony of the April roundtable, Lin said China and the United States should work together because the two sides "complement each other." According to Lin, the United States has the advantage of having advanced technology, finances, and talent, while China possesses a large market and high domestic demand.

Representatives for the USHCA and the Bill & Melinda Gates Foundation didn't respond to requests for comments by press time.

The activities of Chinese influence groups in Italy, including CPAFFC, were the focus of a 2021 report by researchers at Sinopsis, a project by nonprofit AcaMedia z.u., in collaboration with the Department of Sinology at Charles University in Prague.

The report told government bodies, politicians, and political parties to "avoid interactions" with CPAFFC and other CCP influence agencies.

"The activities of these agencies and their fronts by-pass norms that require accountability of state-to-state relationships, disguising the party-state's activities through 'people-to-people,' 'cultural,' 'nongovernment' or other labels," the report reads. "Legislators should understand the nature of cooption and propaganda events to which they are invited as influence tools, rather than 'dialogue' partners.

"Even attending them to express critical views allows the CCP to publicly present its interlocutors as endorsers of its platforms and narratives."

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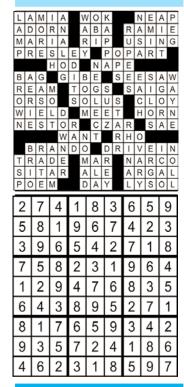
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Wanted



Okanogan County Public Health Welcomes Applications for New Board Member

Okanogan County Board of Health will add a public 'consumer of health" member seat as of July 2022. Okanogan County Public Health (OCPH) is accepting applications until 5 p.m. on Wednesday, June 8, 2022 to fill a key Board of Health (BOH) position per Washington state statute following adoption of HB 1152 during the 2021 state legislative session. Completed applications will be reviewed, followed recommendation to by the Board of County Commissioners (BOCC) for appointment. The new position board appointment is expected to be announced prior to July 2022 Board of

Health meeting. The "consumer of public health" board position is open to any Okanogan county resident who has self-identified as having faced significant health inequities or as having lived experiences with public health-related programs such as: The supplemental special nutrition program for women. infants, and children; the supplemental nutrition program; home visiting; or treatment services. It is strongly encouraged that individuals from historically marginalized and underrepresented communities are given preference. These ndividuals may not be elected officials and may not have any fiduciary obligation to a health facility or other health

interest in the rendering of health services. Access to the Board

agency, and may not

have a material financial

member application is available in English or Spanish on the OCPH website at

www.okanogancounty.or g/boards_and_committee s/board_of_health to print and postal mail to OCPH, or email, or complete the online form. Printed applications can be picked up at the OCPH office at 1234 South 2nd Ave in Okanogan. If you would like an application sent to you, please send an email request ocphlink@co.okanogan.w

a.us or call us at (509)

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- Cascade School

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- School Counselor
- District Social Worker

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See MORE CLASSIFIEDS & PUBLIC NOTICES on Page B4

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www.okanogancounty.org/ government/public_health/ employment.php

Sunday School Teacher for Cashmere United Methodist Church. Friendly, reliable Sunday School Teacher who is motivated and creative with a talent for teaching 11:00 a.m. - 12:30 p.m.. \$65/ week.

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HS Science Instructor HS Health Sciences Instructor **HS Math Elementary Teaching Positions**

Applications may be obtained on the district website.

www.brewsterbears.org or by contacting the district office at 509-689-3418. These positions are open until filled.

Two Cashmere area **United Methodist** churches seeking a piano accompanist for Sunday Services. Be dependable, skilled and available 8:30 a.m - 12:30 p.m. 48 Sundays per year. Pay is \$130.00/ Sunday E-mail kbray@nwi.net if interested.

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Mansfield School District

is hiring a K-12 Principal, K-12 Art/ Electives Teacher, and School Nurse for the 2022-23 school year. To view job descriptions and download application, access our website at www.mansfield.wednet.edu We are an equal opportunity employer. If you have any questions, please contact us at 509-683-1012

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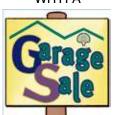
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Legals

Public Notices

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personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations. present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame. the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: April 27, 2022 PERSONAL REPRESENTATIVE:

Karen M. Serafini ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr

ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, **PLLC**

P.O. Box 1606 Chelan, WA 98816 509-682-4536 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 22-4-00203-04 Published in the Lake Chelan Mirror

April 27, May 4 & 11, 2022

Power of plums

always reminds me of my mother, but not just because of Mother's Day. May is also National Osteoporosis Awareness and Prevention Month. For the last ten years of her life, my mother suffered significant disability from having osteoporosis.

People diagnosed with osteoporosis have thin bones. Their bones become weak and more likely to break. Nearly 54 million Americans have low bone mass or osteoporosis, according to the National Osteoporosis Foundation (NOF), a health organization dedicated to preventing osteoporosis and broken bones through awareness, education, and research.

This silent but devastating disease affects women more than men. Women have a 50% chance of suffering a hip, spine, or wrist fracture during their lifetime, while nearly 30% of men will also experience a broken bone from osteoporosis. If you are female, the likelihood of you breaking a bone from osteoporosis is equal to your risk of having breast, uterine, and ovarian cancer COMBINED.

Osteoporosis-related fractures aren't just painful; they can be deadly. One in four women and one in

Ask...

three men will die within one year of experiencing a broken hip.

My mother broke her left wrist when she was 74 years old when tripping on a curb while trying to catch a bus in downtown Seattle. Four years later, she fell when getting out of bed in the middle of the night, breaking her left hip.

She insisted she was fine. walking on it for 2 weeks before the pain drove her to see a doctor. By that time, the bone edges had slipped out of place, leaving her with one leg an inch shorter than the other for the last 10 years of her life.

Although its complications show up in old age, osteoporosis can start in childhood. The thinner your bones are when young, the more likely you'll experience a fracture later.

We build nearly 90 percent of our peak bone mass before turning 20 years old. In middle age, that process begins to reverse. Women lose 1% of their bone mass

every year, doubling to 2% yearly during the first few years of menopause.

Last month I had my first bone density scan. It showed that I have already lost significant bone mass, almost enough to need bonebuilding medications to prevent fractures. I now eat 6 dried plums daily to boost my bone mass.

The evidence for plums is remarkably compelling: eating 50 grams (5-6) of dried plums daily reverses bone loss in both men and postmenopausal women! The original research used 100 grams daily of dried plums, but recent studies confirm that eating 50 grams daily is equally effective.

Find out more about osteoporosis at the National Osteoporosis Foundation website, www.nof.org.

Here are 6 Tips to Keep **Your Bones Strong:**

1. Get adequate calcium and vitamin D.

Green leafy vegetables like broccoli, Brussels sprouts, and kale are good

sources of calcium. So are dairy products like milk and vogurt. A calcium-rich diet is more effective at preventing osteoporosis than taking calcium supplements. However, if you take prescription bone-building medicines, you should take a calcium and Vitamin D supplement.

2. Do weight-bearing activities.

Walking, cycling, dancing, and even gardening can help keep your bones strong. Activities like tai chi and lifting light weights strengthen your thigh muscles and improve your balance, which helps prevent

3. Don't smoke.

Smoking cigarettes accelerates bone loss. My mother smoked for 68 years, since age 18. Stopping smoking could have helped her avoid the fractures which plagued her later years.

4. Eat dried plums (prunes) daily.

Dried plums significantly increase bone mass in both men and postmenopausal women. Dried plums have a natural laxative effect, so I suggest starting with 1-2 plums daily. Increase the amount every week until you get to 5 large or 6 small dried plums daily.

5. Track your bone

density.

Measuring your bone mass helps determine how likely you are to have a bone break in the future. If your bones are too thin, future bone loss can be slowed with medicine and other strategies, like calcium, vitamin D, and dried plums. My mother never knew her bones were thinning until she broke her wrist. Earlier intervention could have prevented future fractures.

6. Take your medicine.

There are several bonebuilding drugs available to treat significant bone loss. The most common medicines for osteoporosis are tablets taken once weekly or monthly. Other options include injectable medicines. The most effective medication is alendronate (Fosamax®) tablets, taken for up to 5 years. If bone loss is severe, alendronate may be continued indefinitely.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to *uour medication questions* at her website and blog, The Medication Insider.com.©2022 Louise Achey

Chelan-Douglas commissioners choose 5 community members for CDHD Health Board

Submitted by Jill M. FITZSIMMONS. CHELAN COUNTY PIO

Chelan and Douglas county commissioners reached a consensus on the five people

who will serve as the atlarge members of the newly revamped Chelan-Douglas Board of Health.

County commissioners are tasked with appointing at-large members to the

Chelan-Douglas Health District's Board of Health. The two county boards were in full agreement on the final five candidates, who were chosen from a pool of 10.

The new board members, who will begin their terms on June 1, are:

- Dr. Bindu Nayak (public health facility): Dr. Nayak is an endocrinologist at Confluence Health and cofounder and co-chairman of the Health Equity, Diversity and Inclusion Council at the
- Marissa Smith (public health facility): A registered nurse, Smith works as an infection preventionist at Columbia Valley Community
- · Alma Chacon (community stakeholder): Chacon is the executive director of CAFÉ, with more than 30 years of experience working with underrepresented communities in the region.
- Bill Sullivan (community stakeholder): Sullivan is a licensed hydrogeologist with 17 years of environmental health experience in groundwater, wells, drinking water, infiltration and groundwater quality.
- Joseph Hunter (consumer of public health services): A certified recovery coach and peer counselor, Hunter spent 20 years in active ad-

THEME: THE 1950s

6. Asian cuisine pan

15. China grass

19. *a.k.a. "The King"

Margery Daw," nursery rhyme

. a.k.a. vampire

14. Lawyers' grp.

23. Mortár carrier

Make more attractive

16. *"West Side Story's" Tony and

9. Type of tide

18. Utilizing

(2 words)

diction, using community resources to reach sobriety. He works for North Central Accountable Community of Health. In addition, the five other

candidates who were not chosen to serve on the health board will be asked to serve in alternate positions to each of the new at-large members. The two counties updated the bylaws of the health board last month to include the alternate positions, which may be appointed to the health board if someone cannot fulfill a term.

"The new at-large positions, along with the alternates, will make us one of the most robust health districts in the state for years to come," said Chelan County Commissioner Kevin Overbay, who is chairman of the health board.

"The depth and breadth of representation for the valley is outstanding," agreed Douglas County Commissioner Dan Sutton. "And they all are seeking the position for the right reason - to better our community."

Next the two county boards must individually pass a resolution appointing the five members to the health board. Both county boards are expected to do that next week.

73. Disinfectant brand

the golden door

3. Encore!

Beckett

5. Not digital

8. Fraternity K

10. Arabian chieftain

12. Margaret, for short

15. Raja's money, pl.

22. Military moves

26. Eagle's nest

66. Fla. neighbor

20. Changes to a manuscript

1. Statue of Liberty: "I lift my _

*Like Maureen O'Hara and Samuel

9. *Space program established in 1958

v. Board of Education

27. Kr and Xe on the periodic table, e.g.

29. *Postwar prosperity
31. Per person 32. Farm structures

-Wan of "Star Wars"

2. Sixth month of civil year

The new health board will

6. On one's guard

24. Fail to care

grow from eight to 12 members, including four county commissioners (two from each county), a small cities representative, a large cities representative and six atlarge community members.

Representing Douglas County will be Commissioners Sutton and Marc Straub. Representing Chelan County will be Commissioners Overbay and Tiffany Gering. Representing the large cities will be East Wenatchee Mayor Jerrilea Crawford.

That leaves two positions left to fill. The mayors of the small cities in Chelan County have been asked to provide a recommendation by May 1. An additional at-large board member will be appointed by the American Indian Health **Commission for Washington** State. That selection has not yet been made by the state.

Leavenworth Mayor Carl J. Florea said he will once again nominate Sharon Waters for the CDHD board. "I'll put forward Sharon, she enjoys being on that, she's a meetings geek," Mayor Florea said. "Loves to get involved in as many things as she possibly can.

Cashmere Mayor Jim Fletcher had no comment.

The restructuring of the Health Board comes at the direction of the state Legislature. Legislators last year passed House Bill 1152, which modifies the composition of local health boards throughout the state. The bill creates comprehensive guidelines for health districts to follow and requires them to balance governing boards with non-elected officials. County commissioners followed the following process:

- In December, the health district called for applications for the at-large seats. The search garnered 34 names of community memhers who volunteered to serve on the board.
- On Jan. 21, a subcommittee of the current CDHD Health Board reviewed those applications and narrowed them down to 10. • On March 14, the two
- county boards had an interview process with the 10 candidates via Zoom. All candidates answered four questions that were provided to them before the interview.



row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZILE

CROSSWORD 17. Mourner's acronym 21. *Kitschy art movement begun in '50s 24. Back of the neck 25. *Kelly or Chanel 2.55, e.g. 28. Hurtful remark 35. Paper unit 37. Duds 39. Eurasian antelope 40. Guesstimate phrase (2 words) 41. Unaccompanied 43. Disgust with sweetness excess

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55. Greek R 60. *Popular type of 1950s restaurant 64. Pro athletes' move 65. Sea in Spain 67. Narcotics agent

68. Stringed instrument of India 69. Brewpub offering 70. Shakespearean "ergo' entry, e.g. 72. *Doris of "Que Sera, Sera" fame

31. Per person 33. Ancient market 44. Brandish 46. Track competition, e.g. 34. *"Rio Grande" and "Rio Bravo" star 36. Lose skin 47. Frustrated driver's recourse 48. Legendary King of Pylos 38. *Egypt's disputed canal 50. Tsar, tzar or 42. Sir Richard Starkey of the Beatles 52. Greek letters on campus 45. Like certain Debbie 53. Deprivation 49. Unit of absorbed radiation 51. Relating to nose 54. Frances McDormand's Oscar-*"A Streetcar Named Desire" star winning 2020 role 56. Estrogen producer 57. Spiritedness 58. Equal to distance divided by time 59. Actor Driver 60. Squirrel's nest 62. International Civil Aviation Org. 71. *Gwendolyn Brooks' "Annie Allen' 63. Hall of Fame Steelers coach 64. Cooking meas.