# LAKE CHELAN

Deadline to apply for Chelan City Council vacancy is Sept. 27 See page A4

High school sports
See page B1

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# County commissioner Tiffany Gering to host community meeting Sept. 29 in Chelan

# Updates on local projects

CHELAN - A community meeting hosted by Chelan County Commissioner Tiffany Gering will be held on Thursday, Sept. 29, 5-7 p.m. at the Chelan Fire & Rescue community room, 232 E. Wapato Avenue in Chelan. Joining her will be: Sheriff Brian Burnett, County Assessor and interim Community Development Director Deanna Walter, Natural Resources Director Mike Kaputa and Chelan County Engineer/Public Works Director Eric Pierson.

On the agenda: Welcome by Commissioner Tiffany Gering; Public Works Updates by Eric Pierson, Director/County Engineer on the Totem Pole Road Improvement Project and the South Lakeshore Road Improvement Project; Natural Resources Update by Mike Kaputa, Director on Lake Chelan water quality and aquatic invasive species; Community Development Update by Deanna Walter, Interim Director on the State of the Department; Assessor's Office Update by Deanna Walter, Chelan County Assessor on the State of the



Chelan County Commissioner Tiffany Gering

Department; Sheriff's Office by Sheriff Brian Burnett on the Behavioral Health Unit and Code Enforcement. Rounding out the evening will be questions from the public.

Chelan County District 3
Commissioner Tiffany Gering meets three times a year with the District 3 community to discuss updates on county projects and issues and to answer questions from the public. The next community meeting is expected to be in January. To keep up on county news, visit the Chelan County website at co.chelan.wa.us.

# Lake Chelan Valley Events, Things to do, Meetings

Chelan Valley Hope: Sept. 21-22, 26-29 CHELAN - Chelan Valley Hope is open Monday thru Thursday, 9 a.m.-Noon and 1-3 p.m. Come visit Terri's Pantry. It offers nonfood items to those in need. You can choose between items such as: shampoo and conditioner, laundry soap, toothpaste & toothbrushes, toilet paper, diapers, feminine hygiene items, dish soap, dog or cat food, and more. Pantry donations are welcome and can be left during business hours. CVH is located at 417 S. Bradley Street. They provide social services at no cost to all individuals and families in need, empowering people to improve their own lives. HOPE is clearly the message by giving people the support and tools needed in crisis or difficult life circumstances; by providing relief, emergency shelter, rent and utilities assistance, food and fuel vouchers, and bringing solutions and relevant resources to achieve long term independence and stability. More information at chelanvalleyhope.org including a Donate Button. Call 509-888-

# Chelan Museum: Sept. 21-24, 27-Oct. 1

2114 for a client appointment or to volunteer.

CHELAN - The Lake Chelan Historical Society hours for the Chelan Museum in Historic Downtown Chelan, at the corner of Woodin Avenue and Emerson Street. Hours are Tuesday thru Saturday, 11 a.m.-4 p.m. Closed Sunday and Monday. For more info 509-682-5644 or chelanmuseum.com

SAIL Exercise Classes: Sept. 21-22, 26

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Linda Hollier. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett.

# Farmers Market: Sept. 21, 24

MANSON - The Market takes place every Wednesday and Saturday starting at 8:30 a.m., when Market Manager, Gordon Lester rings the opening bell. If you're looking for produce better show up early as it goes fast. Besides vegetables and fruits, you will find local honey, custom made soaps, baked homemade treats for people and pets, various artisan handcrafted goods and much, much more. Members of the Manson Volunteer Firefighter Association bring the fire truck on Saturdays. They sell tee shirts and other items to raise money for the many causes they support.

# Household hazardous waste drop off:

# Sept. 21-23, Oct. 1 Latex paint now being accepted

WENATCHEE - Drop-off Saturday is Oct. 1 at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday the same hours. Bring those household hazardous wastes on by your MRWF. They are now accepting latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes.

SEE **EVENTS** ON PAGE A4

# New hospital ribbon cutting Oct. 15



RuthEdna Keys/LCM

A ribbon cutting and grand opening for the new Lake Chelan Health Hospital will be held Saturday, October 15 beginning at 9:15 a.m., with the raising of the flag, followed by a ribbon cutting and opening remarks at 9:30 a.m. Self-guided tours will start after that and last until 3 p.m. The new hospital is located at 110 S. Apple Blossom Drive, across from Columbia Valley Community Health and near Walmart. Lake Chelan Health recently got their temporary certificate of occupancy so staff is working on preparing the inside of the hospital for the move into the new facility. Opening date of the new hospital is scheduled for Nov. 7. On the outside, paving has been completed, signs are up and crews are busy on the hospital grounds with landscaping.

# Team Europe holds on to win inaugural Continental Surf Cup

SUBMITTED BY ROBERT BORDNER LAKESIDE SURF

CHELAN - In front of backto-back capacity crowds Labor Day weekend at Lakeside Surf, 32 river surfers from around the world put on a show and competed in the first-ever Continental Surf Cup hosted by Lakeside Surf in cooperation with German surf pool manufacturer citywave. After a tight battle for most of the tournament, Team Europe used its depth and experience to pull away. secure victory and hoist The Continental Surf Cup.

Led by individual champions Lenny Weinhold (Munich, Germany) and Valeska Schneider (Berlin, Germany) Team Europe began to pull away by narrowly defeating Team USA 22.83 to 19.8 in the Best Trick Round and breaking the 8-8 deadlock from the Team Rounds of the competi-

With an 11-8 lead to start the final day of competition, Team Europe kept the pressure on. They won five out of the first six Carvers-Only heats, eventually extending their lead to 16-11 heading into the semi-finals. As the intensity increased, the competitors stepped up to the challenge and began to post the highest scores of the weekend as they competed for one of the coveted 4 spots in the finals that would reward the most Team points.

Team Europe headed into the finals with a comfortable 5-point lead. Each of the top 8 competitors would earn points for the Team competition-with the champions earning eight points each. Team Europe was led to victory by strength of the female surfers as they earned 20 of the available 36 points by placing surfers in first, fourth, fifth and sixth place. The Team USA men continued to earn the respect



Courtesy Lakeside Surf

ABOVE: 13-year-old Cash Eygabroad of Chelan and BELOW: Sammy Bordner of Chelan, both competed in the first annual Continental Surf Cup hosted by Lakeside Surf.



of the Europeans by claiming; second, third, fifth, and seventh place for 19 of the 36

available points. In the end the incredibly entertaining and tightly contested finals was

won by Team Europe 37-36;

SEE **SURF** ON PAGE A2

# **INSIDE THIS WEEK**

Community A1-A	4, B1, B3
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School/Sports	R1

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Health Care Directory A3	Public Notices B3
•	Puzzles B3
	Inserts

Safeway



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Courtesy Lakeside Surf

In Heat 2 of the women's semifinals was the opportunity for the four American qualifiers to win a spot in the finals. Second place in the heat was hotly contested down to the final drop-ins. Taylin Chamberlin (right) of Wenatchee managed to better her score on each of her five runs and came out with the second place victory over teammate Tessa White (above) of Wentchee.

#### **SURF**

CONTINUED FROM PAGE A1

giving them a final Continental Surf Cup victory score of

In the Women's semifinals heat 1, Schneider received a stunning 9.10 in her final run to claim the top spot in the heat, pushing Jana Wessels (Zurich, Switzerland) into second. Wessels advanced to the finals with Schneider on the strength of two scores over 7.00, edging out Katharina Horhan and Gretchen Steiner, both from Vienna, Austria.

Heat 2 of the women's semifinals was the opportunity for the four American qualifiers to win a spot in the finals. After strong scores of 6.73 and 7.57, Karissa Campbell (Bend, Oregon) easily snagged the top spot in the heat. Second place in the heat was hotly contested down to the final drop-ins. Only .4 points separated second and fourth place, and all three competitors took their score from their fifth and final drop-in. But it was Taylin Chamberlin of Wenatchee who managed to better her score on each of her five runs who came out with the narrow victory over teammate Tessa White of Wentchee.

The clear favorite to win the women's individual competition, Schneider was feeling the pressure from Chamberlin out of gate in the women's finals. With the individual title and eight points for the team competition on the line, it wasn't until her fourth drop-in that Schneider posted an 8.53 and slipped above Chamberlin for first place. Showing an intense competitive drive, Chamberlin posted her three best runs of the competition in the finals, but it wasn't enough to match the more experienced Schneider. Campbell and Wessels had a tight battle for third place and each posted their best scores of the heat in their fifth and final drop-in, but Campbell's final run of 6.83 was the difference and landed her on the podium in third place.

After Weinhold stomped down an 8.97 and 9.23 in his first two runs of the European Men's semifinal, the battle was on for second and a spot in the finals. Chilli Villaroel (Zurich, Switzerland) was the only other competitor in the heat to post a score over 8.0 and he did it twice with scores of 8.2 and 8.27. Daniel Brunnhuber (Vienna, Austria) and Sammy Bordner of Chelan, both managed to record two runs each over 7.00 to keep them within



reach of Villarroel, but neither could improve their overall score on their final drop-in of the heat.

With no competitors having yet reached their 20th birthday, the Team USA Men's Semifinal heat was a display of youth and the future of river surfing. Ben Benson (Baliand Southern California) continued to wow the crowd with impressive turns, aerials and tricks and coasted to a first-place finish with scores of 9.07 and 8.50. The battle for second came down to 15-year-old Liam O'Driscoll (Boston, Massachusetts) and 13-year-old Cash Eygabroad of Chelan. Eygabroad laid down his best two runs of the heat on his first two drop-ins of the heat while O'Driscoll struggled to find his groove in the semifinal. Still trailing with one run left, O'Driscoll put down his best run to that point in the competition and posted a 8.03 to surpass Eygabroad and secure the second spot in the final with Benson.

The top qualifier from rounds 1-4, Kai Huggin (Bend, Oregon) struggled to regain the magic he showed in the early rounds and finished fourth in

the heat. The final heat of the competition provided a climax that most did not think was possible. Weinhold and Benson threw blow after blow as they fought for the championship. The judges rewarded their incredible runs as they combined for eight runs over 8.0 with five of those over 9.0. But it was Weinhold's top scores of 9.57 and 9.70 that edged out Benson's scores of 9.03 and 9.43. Weinhold was able to continually raise his performance throughout the tournament and saved his best for last. The style, power, grace and aerial show put on by Weinhold and Benson kept the crowd on the edge of their seats until the final horn sounded. O'Driscoll posted strong scores of 7.93 and 8.17 to secure third place for himself, and six points for

The two-day competition was hailed by competitors and viewers alike as the best tournament they had ever participated in, repeatedly referencing the wave size and new team format that kept everyone engaged. The unique format brought surfers from around the world together to compete not only for individual honors, but also a Team victory. In a historically individual sport, the Continental Surf Cup at Lakeside Surf showed the world that river surfing is as much about community, togetherness and relationships as it is about individual accolades. Surfers from both teams bonded over the competition and could be seen cheering each other on as they pushed each other to new heights in their surfing. Spectators and surfers and tournament hosts all left with the same question; When is the next Continental

# Traffic flow changes coming to Olds Station

SUBMITTED BY RACHEL HANSEN, CHELAN COUNTY PUD

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Service Center in Olds Station is well underway. The phased move-in plan calls for employees to start relocating to the Service Center in

**GENERAC** 

summer of 2023. That means road construction will begin soon on some of the surface streets near the Service

Chelan PUD, City of Wenatchee, Chelan County and the Washington State Department of Transportation (WSDOT) are working together to coordinate traf-

fic changes planned for the Highway 2/97, Easy Street and Penny Road exits and interchanges before the new PUD Service Center opens. These changes will help improve the traffic flow in and access to Olds Station for all motorists, especially during peak commute hours.

Road construction work



near the PUD's new Service Center will begin in mid-September. The PUD contracted with Smith Excavation of Wenatchee to provide road construction and paving. PUD commissioners reviewed the plan at the Tuesday, Sept. 6 board

"The PUD is doing considerable outreach with employers located in the affected areas to make sure they know what to expect, Project Manager John Good-

The above map is being distributed to all businesses located in the Olds Station area. Here are the main traffic mitigation highlights:

- 1. Easy Street will become two-way from the Penny Road intersection south to a new extended Technology Center Way.
- 2. Traffic signal updates at Easy Street and Penny Road will be made to accommodate the new lane

configurations

- 3. Technology Center Way will be extended to Easy Street
- 4.Chester-Kimm Road northbound will be right turn only onto Penny Road during peak traffic hours: 7-9 a.m. and 4-6 p.m.
- 5. The on-ramp at Olds Station Road and Easy Street will be removed and a threeway stop sign will be installed at Olds Station Road and Chester-Kimm Road

The first northbound Easy Street exit off of Highway 285 will close starting sometime in mid-October. This closure will last approximately two weeks and is designed to allow for reconfiguring Easy Street south of Penny Road into a two-way road.

The PUD is coordinating with WSDOT, Chelan County and the City of Wenatchee to notify motorists in advance. An electronic signboard will be installed temporarily on the south end of the Highway 285 near Wenatchee River Bridge a week before the closure begins.

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Letters to the Editor: Noon, Friday Calendar Listings: Noon, Friday News Submissions: Noon, Friday Display Advertising: 5 p.m., Thurs. Noon, Friday Classified Ads: Noon, Friday Obituaries/Death Notices 4 p.m., Friday

# Subscriptions

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# **Letters policy**

MARINA

WASHINGTO

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworth.com

# **News Tips**

Have an idea for a story? Call the Mirror at 509-682-2213

# Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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# CHELAN COUNTY SHERIFF, CHELAN, MANSON, ENTIAT FIRE & LAKE CHELAN EMS REPORTS

Sept. 10

#### **Chelan County Sheriff** Report

Sept. 9

02:03 Burglary, 128 E. Woodin Ave., Kelly's ACE Hardware, Chelan

09:47 Extra Patrol, 119 E. Woodin Ave., Chelan

11:36 Property, 332 E. Woodin Ave., Precht Rose Chapel,

13:02 Agency Assist, 15048 S. Lakeshore Rd., Chelan

15:38 911-call, 1 Wapato Point Pkwy., Manson

16:09 Juvenile Problem, 3022 Manson Blvd., Manson

16:10 Suspicious Circumstance, 817 E. Woodin Ave., Bill's Gas., Chelan

16:44 Public Assist, 407 E. Woodin Ave., MOE, Chelan 17:01 Burglary, 104 E. Woodin Ave., The Landing, Chelan 17:14 Hazard, SR 150 MP 7, Chelan

17:28 Unknown-injury Accident, 500 block Klate Rd., Manson

18:32 Property, 106 W. Manson Rd., Safeway, Chelan

19:18 Welfare Check, 106 W. Manson Rd., Safeway, Chelan

20:52 Suspicious Circumstance, 419 E. Allen Ave., Chelan

23:17 Traffic Offense, 455 Wapato Lake Rd., 12 Tribes Casino, Manson

23:34 Suspicious Circumstance, 582 B St., Chelan

Sept. 10

06:52 Parking/ Abandoned Vehicle, 10245 US Hwy. 97A, Entiat

08:56 Fraud/ Forgery, 70 Wells Ave., Manson

08:57 Welfare Check, N. Apple Blossom Dr. and US Hwy. 97. Chelan

10:45 Public Assist, 200 Green Ave., Manson

11:59 Vehicle Prowl, 1056 E. Woodin Ave., Les Schwab, Chelan 12:49 Harassment/ Threat,

1400 block Emerson Acres Rd., Manson

13:34 911-call, 2834 Washington St., Manson

13:42 Disturbance, 609 N. Bradley St., Chelan 15:17 Civil Dispute, 352 Wells

Ave., Manson 15:26 Suspicious Circum-

stance, 67 Wapato Lake Rd., Colville Fuels Deep Water, Manson

15:44 Traffic Offense, SR 150 and Winesap Ave., Manson 17:54 Public Assist, 582 B St., Chelan Falls

18:35 Parking/ Abandoned Vehicle, 144 E. Johnson

Ave., Chelan 19:52 Noise Complaint, 574 S.

Lakeshore Rd., Chelan 22:04 Harassment/Threat, 214 Mill St., Ardenvoir

22:05 Parking/ Abandoned Vehicle, 250 2nd St., Chelan

Sept. 11

01:37 Noise Complaint, 10 block Minneapolis Beach Rd., Chelan

03:04 Suspicious Circumstance, 116 Boetzkes Ave., Manson

04:52 Traffic Offense, S. Navarre St. and E. Woodin Ave., Chelan 08:46 Suspicious Circum-

stance, 3783 Wapato Lake Rd., Manson 09:45 Suspicious Circum-

stance. 2681 Washington St., Manson 13:07 Welfare Check, Old

Bridge No. 501, Entiat 13:25 Sex Offense, Apple Acres Rd., Chelan

16:58 Property, 230 Jackrabbit Ln., Chelan

17:10 Trespassing, 10115 US Hwy. 97A, Entiat 19:22 Theft, 485 W. Manson

Rd., Don Morse Park, Chel-20:56 DUI, 400 block Wapato

Lake Rd., Manson

21:27 Noise Complaint, 77 Wapato Way, My Buddy's Place, Manson 22:24 Traffic Offense, 485 W.

Manson Rd., Don Morse Park, Chelan 23:47 Suspicious Circum-

stance, 108 Pyramid Pl., Chelan

Sept. 12

09:26 Theft, 4730 Entiat River Rd., Entiat

09:40 Malicious Mischief, 351 Fields Point Rd., Chelan 11:20 Burglary, 1-8 N. Apple Blossom Dr., Walmart,

Chelan 11:56 Suspicious Circumstance, SR 150 and US Hwy.

97, Chelan 12:28 Parking/ Abandoned Vehicle, Stayman Flats Rd. and

US Hwy. 97A, Chelan 13:53 Extra Patrol, 700 block Klate Rd., Manson

19:39 Suspicious Circumstance, 582 B St., Chelan

19:54 Suspicious Circumstance, 2140 W. Woodin Ave. Park n' Ride, Chelan

19:57 Suspicious Circumstance, 417 Moonbeam Rd., Manson

20:11 Welfare Check, 116 E. Chelan Ave., Chelan

21:33 Traffic Offense, 218 Arden Rd., Ardenvoir

Sept. 13

05:34 Traffic Offense, E. Woodin Ave. and N. Robinson St., Chelan

10:41 Civil Dispute, 53 S. Lakeshore Rd., Pat n' Mike's,

13:05 Public Assist, 10650 Mud Creek Rd., Entiat

19:04 Trespassing, 91 Wapato Way, Manson 19:36 Attempt to Locate/ Con-

tact, 1418 W. Woodin Ave., 20:25 Alarm, 204 E. Woo-

din Ave., Chelan Museum,

Golf Course Dr., Chelan 21:05 Harassment/Threat, 214 Mill St., Ardenvoir

02:20 DUI, US Hwy. 97A MP 215, Entiat

06:44 Public Assist, 342 N. Shore Ct., Manson 06:48 Non-injury Accident, E.

Woodin Ave. S. Sanders St., 08:25 Suspicious Circum-

stance, 305 E. Gibson Ave., Chelan

US Hwy. 97A, Entiat 10:11 Welfare Check, 60 Ka-

talpa Ln., Manson 11:42 Property, 108 N. Ap-

ple Blossom Dr., Walmart, Chelan 12:02 Traffic Offense, 209 E.

Highland Ave., Chelan 13:25 Property, 108 N. Apple Blossom Dr., Walmart,

Chelan 15:05 Domestic Disturbance, 483 Roses Ave., Manson

15:10 Suspicious Circumstance, 829 E. Wapato Ave., Rapid Rentals, clean

15:49 Welfare Check, 416 E. Eli Ave., Chelan 16:17 Public Assist, 230 W.

19:50 Weapons Violation, 105 Mike Kevs Rd., Manson 20:44 Public Assist, 123 Wa-

pato Point Pkwy., Manson 20:52 Diversion, 418 N. Sanders St., Chelan

23:52 Domestic Disturbance, 322 W. Woodin Ave., Grandview on the Lake, Chelan

Sept. 15 09:46 911-call, 717 N. Golf Course Dr., Chelan

11:22 Traffic Offense, 455 Wapato Lake Rd., 12 Tribes Casino 12:10 Scam, 1304 Coyote Trail

Rd., Chelan 14:11 Disturbance, 212 Walnut

St., Chelan Falls 14:24 Malicious Mischief, 109 E. Woodin Ave., Culinary Apple, Chelan

15:26 Non-injury Accident, 215 W. Webster Ave., Chelan 17:26 Noise Complaint, 270 Upper Joe Creek Rd., Man-

21:22 Non-injury Accident, Wapato Lake Rd. and Hutton Ln., Manson

Fire/ EMS

Sept. 9

Chelan Fire District #7 02:03 Sick Person, 128 E.

Woodin Ave., Kelly's ACE Hardware, Chelan

09:01 Unconscious Person. 108 N. Apple Blossom Dr., Walmart, Chelan

13:02 Cardiac, 15048 S. Lakeshore Rd., Chelan 16:10 Unconscious Person,

817 E. Woodin Ave., Bill's Gas, Chelan 22:49 Traumatic Injury-1, 120 E. Woodin Ave., St. An-

**Chelan EMS** 

drew's, Chelan

02:03 Sick Person, 128 E. Woodin Ave., Kelly's ACE Hardware, Chelan 09:01 Unconscious Person,

108 N. Apple Blossom Dr., Walmart, Chelan 13:02 Cardiac, 15048 S. Lake-

shore Rd., Chelan 16:10 Unconscious Person, 817 E. Woodin Ave., Bill's

Gas, Chelan 17:28 Unknown-injury Accident, 500 block Klate Rd., Manson

22:49 Traumatic Injury-1, 120 E. Woodin Ave., St. Andrew's. Chelan

**Manson Fire District** 

12:12 Commercial Alarm, 1000 Totem Pole Rd., Manson 17:28 Unknown injury Accident, 500 block Klate Rd., Manson

**Entiat Fire District** 

00:42 Commercial Fire, 610 N. Wenatchee Ave., Wenatchee

05:21 Commercial Alarm, 14907 US Hwy. 97A, Entiat

# One injured in two vehicle accident

CHELAN - Wyatt J. Dietrich, 22, of Orondo, was injured, when he attempted to pass a semi-truck, who was stopped to make a left turn off of U.S. Highway 97 near milemarker 235, just south of the Beebe Bridge on Sept. 15. Dietrich collided with the semi's drivers side fuel tank which caused a fuel spill. Both vehicles were southbound and came to rest blocking the southbound lane. Dietrich was transported by EMS to Lake Chelan Health Hospital, and has been charged with improper passing. Lorren C. McGee, 41, of East Wenatchee, the driver of the semi-truck was not injured.

# Business & Services

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Chelan Fire District #7 08:21 Residential Alarm, 4102

US Hwy. 97A, Chelan 09:09 Diabetic, 329 S. 1st St., Chelan

10:22 Breathing Problem, 219 E. Johnson Ave., Chelan

**Entiat Fire District** 

08:05 Abdominal Pain, 14614 Diamond Ave., Entiat

Chelan EMS

09:09 Diabetic, 329 S. 1st St.,

Chelan 10:22 Breathing Problem, 219 E. Johnson Ave., Lake Chelan Health, Chelan

Sept. 11

15:33 Fall-1 55 McLallen Ln., Manson

**Chelan EMS** 

Sept. 12

Chelan Fire District #7 10:46 Cardiac, 309 E. Gibson

Ave., Chelan 18:14 Sick Person, 505 E. Highland Ave., Heritage Heights, Chelan

**Chelan EMS** 

10:46 Cardiac, 309 E. Gibson Ave., Chelan 12:05 Breathing Problem, 801

Rd. 21 NE, Mansfield 18:14 Sick Person, 505 E. Highland Ave., Heritage Heights, Chelan

Sept. 13

Chelan Fire District #7 00:44 Medical Alarm, 100 Ste-

hekin Way, Chelan 13:31 Stroke, 505 E. Highland Ave., Heritage Heights,

**Entiat Fire District** 

Entiat River Rd., Entiat 20:08 Possible Brush Fire, SR 971 MP 2, Chelan 21:14 Pole Fire, 31 Dinkelman

14:25 Abdominal Pain, 6493

Ln., Entiat 22:17 Chest Pain, 15041 US

Hwy. 97A, Entiat **Chelan EMS** 

00:44 Medical Alarm, 100 Stehekin Way, Chelan 13:31 Stroke, 505 E. Highland Ave., Heritage Heights, Chelan

Sept. 14

Chelan Fire District #7 06:11 Personal Assist, 309 E. Eli Ln., Chelan

09:54 Medical Alarm, 4266 S. Lakeshore Rd., Chelan 13:57 Commercial Alarm, 2220 W. Woodin Ave., Chelan 20:52 Traumatic Injury-1, 418

N Sanders St., Chelan 23:05 Unconscious Person-1, 30 SR 150, Chelan **Entiat Fire District** 

21:59 Commercial Alarm,

14907 US Hwy. 97A, Entiat

Chelan EMS 06:11 Personal Assist, 309 E. Eli Ln., Chelan

09:54 Medical Alarm, 4266 S. Lakeshore Rd., Chelan 20:52 Traumatic Injury-1, 418 N Sanders St., Chelan 23:05 Unconscious Person-1,

Sept. 15

Chelan Fire District #7

30 SR 150, Chelan

01:21 Overdose/ Poison, 418 E. Woodin Ave., Chelan 09:58 Hazardous Materials, US Hwy. 97 MP 234, Orondo 11:43 Sick Person, 111 E. Eli

Ln., Chelan

12:49 Heart Problem, 30 SR 150, Chelan

**Entiat Fire District** 

14:53 Sick Person, 2331 Albin Dr., Entiat

15:06 Unknown-injury Accident, 8855 Entiat River Rd.,

Chelan EMS

01:21 Overdose/ Poison, 418 E. Woodin Ave., Chelan 08:09 Chest Pain, 382 Division

St., Manson

09:58 Hazardous Materials, US Hwy. 97 MP 234, Orondo 11:43 Sick Person, 111 E. Eli

Ln., Chelan 12:49 Heart Problem, 30 SR

150, Chelan 21:22 Back Pain, Wapato Lake Rd., and Hutton Ln., Man-

**Manson Fire District** 

08:09 Chest Pain, 382 Division St., Manson

# Wellness Place presents 'A Mindset of Meaning' educational class Oct. 8

The Mindfulness-Based

Stress Reduction (MBSR)

Experience- Learn about and

experience the gold standard

Body-Mind Awareness curric-

ulum, developed at the Univer-

sity of Massachusetts Medical

Center in 1979, by Jon Kabat-

Zinn---Mindfulness-Based

Stress Reduction (MBSR). To-

gether we will learn to reduce

stress and enhance health

and well-being. By design this

SUBMITTED BY WELLNESS PLACE

WENATCHEE - This class is designed for, and is free for cancer patients, cancer survivors, or caregivers and loved

ones of a cancer warrior. Registration is required. The class will be held Saturday, October 8, 1-4 p.m., for an afternoon of learning how to cultivate tools to support meaning and well-being.

Topics: Cultivate Connection-Open hearted approach to harmonious & consistent optimal breathing, grounding, and mindful movement, Wellness Plan prep.

Nutrition: Wellness Mind-

set- Overview of tasty Abun-

dance Bowls & Gratitude

Bowls for ease of anti-inflam-

matory whole foods prep, rota-

course empowers participants to take an active role in the management of their health and wellness. Sleep Hygiene-High quality

sleep is vital for healing and feeling & being well. An arsenal of practices for getting the invaluable sleep you need. Presented by:

Exercise Physiologist. She has clinical specialty in whole foods nutrition and green living; she is passionate about neuroscience, the endocannabinoid system, mindfulness, and cancer survivorship. She seeks to nurture our responsibility for vibrant health, personally and globally.

Kari Lyons-Price, MSW is a fully certified MBSR teacher and offers the 8-week program, two times a year.

Wellness Place is a 501(c)3 nonprofit and we give compassionate support and free resources to individuals, their families, and caregivers through their cancer journey, from diagnosis to survivorship, for those residing in Chelan, Douglas, Grant, and Okanogan counties. Vis-Dr Chandra Villano, ND is it www.WellnessPlaceNCW.

# October is **Breast Cancer** Awareness Month



Are you a survivor? On Oct. 5 we will publish our feature page of survivors,

> in our Breast Cancer Awareness Special Section, to help encourage the newly diagnosed.

There is life after cancer. For additional information please contact Ruth at 682-2213 or ruthk@lakechelanmirror.com To be included on the feature pages,

fill out the form below or pick one up at our office.

Mail your form and/or drop them off by Wed, Sept. 28 LAKE CHELAN MIRROR P.O. Box 1922, Attn: Ruth

131 S. Apple Blossom Drive, Ste. 109

Chelan, WA. 98816

**QUAD CITY HERALD** P.O. Box 1922, Attn: Ruth 131 S. Apple Blossom Drive, Ste. 109

Chelan, WA. 98816

Please print information about yourself in the form below. Then submit the form, with your PHOTO, to Lake Chelan Mirror or Quad City Herald. ADDRESS: \_ TELEPHONE: CELL: \_\_\_\_\_ DAYS, MONTHS, YEARS AS A SURVIVOR: OCCUPATION: INTEREST/HOBBY: (LIST YOUR FAVORITE) \_ I HAVE APPROVED BY SIGNATURE TO HAVE THIS INFORMATION PUBLISHED ON THE ABOVE DESCRIBED FEATURE PAGE MADE BY NCW MEDIA, INC. -THE LAKE CHELAN MIRROR & QUAD CITY HERALD. SIGNED:

Please submit this form by Wed., Sept. 28

Submit your photo to ruthk@lakechelanmirror.com

Lindsay, 509-860-7301

Chelan

21:02 Agency Assist, 822 W.

Sept. 14

09:10 Welfare Check, 14519

Gibson Ave., Chelan 18:24 911-call, 582 B St., Chelan Falls

#### **OBITUARIES**

# **Judith** "Judi" Elaine Rongey

Judith "Judi" Elaine Rongey was born in Seattle, Washington on March 27, 1937. She peacefully passed in her sleep in the early morning of August 26, 2022 at home in Chelan, Washington. She was 85 years young. She is preceded in death by her brother Donald and parents Donald and DeLee Davidson.

Judi grew up on Virginia Point, by Keyport and Indian



Island, just off Port Townsend, Washington. She graduated

from Chimacum High School in 1955 and was crowned Port Townsend Rhododendron Festival Queen in 1955. She spoke fondly of her memories of traveling around the state of Washington with the other Seafair Flower Queens.

After Olympic College in Bremerton, Judi moved to Seattle and went to work for the Bank of California. It was there where she met her first husband Gerald "Jerry" Park (died 2019) and soon married in October 1957. They had two children together, daughter Jennifer Fischer and son Jeffrey Park. They remained in

COMMUNITY

**BULLETIN** 

BOARD

touch with each other until he passed away in 2019.

Judi leaves behind a wonderful legacy of sweet memories for the family and the undying unconditional love of a kind and loving soul.

Judi is survived by their children, Jennifer Fischer (Brad) of Chelan, Washington and Jeffrey A. Park of Phoenix, Arizona. Her grandchildren were her pride and joy and the light of her life. Grandchildren - Jonathan Fischer (Cindy) of Issaquah, Washington, Joshua Flaten (Allison) of Chelan, Washington, Adrienne Rowe (Jesse) of Issaquah,

for the state of t

🔖 Any non-profit 501(c)-(3) group, person(s).

b Must provide: full name, city, phone number.

Washington, Alexander French (Christine) of Mercer Island, Washington, Zachary Febus of Renton, Washington, and Mikhaila Park of Anchorage, Alaska. Great-grandchildren, Jayden (17), Cora (2), and Grayson (1).

Judi is also preceded in death by her second husband, Richard "Dick" J. Rongey (died 2019) who was introduced on a blind date by each of their children. Dick was the love of her life. They were married 32 plus years and she's survived by daughters Gail Dickson (Jeff) of La Quinta, California, Lynne Rongey of Indio, California and

son, Scott Rongey (Katie) of Lynnwood, Washington. Grandsons Patrick McDonald (Amy) of Normandy, Park and Ilan Ota of California. Great-grandsons Carter (5) and Jaxon (3).

Judi's Celebration of Life was held on Saturday, September 17, 2022 in Chelan at the home she shared with her daughter and son-in-law, Jennifer and Brad Fischer and their much loved dog, Carli. She touched the hearts of many friends and family while she was with us.

In lieu of flowers, the family requests donations to the Alzheimer's Association. Thank vou.

#### **DEATH NOTICES**

# Kimberly Bolinger

Kimberly Bolinger, 66, of Chelan, Washington, passed away on September 15, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

#### Daniel H. Ross

Daniel H. Ross, 88, of Chelan Falls, Washington, passed away on September 15, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

# Karen S. Wood

Karen S. Wood, 73, of Chelan, Washington, passed away on September 13, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

# Virginia Belle Murphy

Virginia Belle Murphy, 90, of Chelan, Washington, passed away on September 16, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

# Alfredo Ramirez Rojas

Alfredo Ramirez Rojas, 39, of Chelan, Washington, passed away on September 5, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

# **Obituary & Memorial Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the o used for hi data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-682-2213 for more information Or email ruthk@lakechelanmirror.com

# Chelan Senior Meals: Sept. 21-23, 26-28

Regional

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. MENU: Sept. 21: Wieners & Sauerkraut, Roasted Red Potatoes, Spring Salad, Apple Celery Salad, Dessert; Sept. 22: French Dip, Potato Salad, Green Salad, Peaches, Dessert; Sept. 23: Teriyaki Beef on Rice, Oriental Vegetables, Asian Coleslaw, Pineapple, Egg Roll, Dessert: Sept. 26: Chicken Pot Pie, Cottage Cheese, Garden Salad, Fruit Tray, Dessert; Sept. 27: Cheeseburger Deluxe, Potato Salad, Pickled Beets, Orange Quarters, Dessert; Sept. 28:, Cordon Bleu Casserole, Pasta, Key West Veggies, Greek Salad, Mixed Melons, WW Roll, Dessert

#### Thursday Farmers Market: Sept. 22

CHELAN - Chelan Thursday Evening Farmers market is open thru October, from 2-6 p.m. and has expanded into Riverwalk Park. The market is located on the corner of S. Emerson Street and Wapato Avenue, near Riverwalk Inn and Riverwalk Park. New vendors are welcome. For more info www.chelanfarmer-

#### Arbor Day celebration: Sept. 23

CHELAN - The City of Chelan has been named Tree City USA for the 15th year by the Arbor Day Foundation to honor its commitment to community forestry. The City of Chelan will be holding its Arbor Day celebration on Friday, September 23, beginning at 11:30 a.m. in Don Morse Park, located at 619 West Manson Highway, Chelan. They will be hosting a free hot dog barbeque with a presentation by the Cascadia Conservation District. One hundred and fifty White Spruce seedlings will be given away to inspire people to plant, celebrate and nurture trees. For more information, Kim Fogle at 509-682-8023.

#### Upper Columbia Cup Hydroplane Races: Sept. 24-25

MANSON - Stage 4 of the Upper Columbia Cup 'Chase the Grapes' with eight classes of hydroplanes racing, will be held Saturday and Sunday, Sept. 24 and 25 in Manson Bay. Trophies will be awarded after the points are tallied. Stage 1 was held in Chelan in April, Stage 2 in Pateros in August and Stage 3 in Brewster earlier this month.

# VFW #6853 Post Coffee/Donuts: Sept. 23

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

#### Glass recycle: Sept. 24 Open 9 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 9 a.m.-noon, at 23235 Highway 97A across from WalMart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.911glassrescue.org, and click on the volunteer tab on the home page.

# Food Bank food distribution:

For more info call: Lake Chelan Mirror at 509-682-2213

**S** Email to: ruthk@lakechelanmirror.com

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
Garage and Yard Sale Ads are paid events, please email those to
mirrorads@lakechelanmirror.com or NCWMARKET.COM

#### Sept. 24, 27, Oct. 1

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for pet food. Small bags of dog food are best. They can be dropped of at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center.)

#### First Aid, CPR & AED Course: Sept. 24

CHELAN - The next First Aid, CPR and AED course will be held Sept. 24, 8 a.m.-12 p.m., in the Lake Chelan Health Hospital Boardroom at 503 E. Highland Ave. Pre-registration is required. No walk-ins. The skills checks are held the 4th Saturday of every month. If you cannot attend your skills check, please call 509-682-6120.

# Chelan City Council vacancy:

Deadline to apply Sept. 27

The City of Chelan has an upcoming vacancy for City Council Position No. 5 due to a change of residence. Interested City residents are encouraged to apply. Eligibility requirements include: Resident (full-time) within the city limits of Chelan for at least one year and registered voter of at least 18 years of age with voting ability in the City of Chelan. You must Include your city street address for verification purposes. Post Office Box addresses will not be considered. Interviews will be held at the October 4, City Council Workshop beginning at 4 p.m. The successful candidate will be appointed at this meeting and must be prepared to participate in the budget workshop immediately following. To be considered, a letter of interest is requested stating your background, qualifications, and why you are interested in becoming a City Councilmember. Please submit your letter to the address below by 5 p.m. on September 27. Letters received after this date will not be considered: Peri Gallucci, City Clerk, City of Chelan, PO Box 1669, Chelan, WA 98816, pgallucci@cityofchelan.us

# Candidate forum: Sept. 28

MANSON - The Manson Community Council is hosting a Candidate Forum on Wednesday, Sept. 28, 6-9 p.m. in the North Shore Bible Church's Sower's Hall. Candidates in the Chelan County Sheriff's race and those in the District 2 Chelan County Commissioner race, replacing Bob Bugert, will be attending. Each of the two candidates will be asked the same six questions. The forum is being funded by the non-partisan group "Residents Coalition of Chelan County."

# Chelan Teen Center Open House:

*Sept. 25* 

CHELAN - Thrive Chelan Valley will hold an open for the Thrive Teen Center on Sunday, Sept. 25, 2-4 p.m., located in the basement of the Lake Chelan United Methodist Church, at the corner of Johnson Avenue and Emerson. Look for balloons and signs. Come see the updated bathrooms, new (donated) furniture, homework help desks with computers, crafting section, Foosball, pool tables, Air Hockey, etc; board games, movies and XBox; and the food pantry for teens. If you have teens, or know some teens, or you're just curious about the space and possibly volunteering you are invited to come to the open house. Drinks and snacks will be provided. More information:  $stefani@thrivechelanvalley.com, \stackrel{\cdot}{w}ww.thrivechelanvalley.com\\$ 

# $Outdoor\ Gallery/Murals,\ sculptures$ CHELAN - Follow the Lake Chelan Arts Council Outdoor Outdoor

Gallery map, available at the Lake Chelan and Manson Chambers of Commerce to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources,go to artinchelan.com,

# **CHURCH GUIDE**

New to the area? On Vacation? These churches welcome you!



# CHELAN

#### CHELAN CHRISTIAN CHURCH Morning Worship 10 am

509-682-2025 • 210 E. Wapato Ave. **Pastor Mark Wilton** 

#### CHURCH OF THE NAZARENE Sunday School 10 am

Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 509-682-5135 • Sanders St. & Okanogan Ave.

# LAKE CHELAN LUTHERAN CHURCH

Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts. 509-682-9063 • 216 W. Nixon Ave.

#### LAKE CHELAN UNITED METHODIST CHURCH

Worship 10 am 509-682-2241 Corner of Johnson & Emerson

# CHELAN

# **LIVING STONE CHURCH**

Sunday Gathering 10 am 216 N. Emerson St. (Upper Room/Chelan Library) Office location: 105 N. Emerson St., Suite 204 509-682-5953 www.lscchelan.org Please join us

#### St. Andrew's Episcopal Church Worship 10 am

via: https://us02web.zoom.us/j/84574811302 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 509-682-2851 • www.standrews-chelan.org

# ENTIAT

#### **ENTIAT FRIENDS CHURCH Pastor Mark McDonald**

509-784-1342 email: entiatfriends@nwi.net 2848 Entiat River Road Sunday morning Bible Classes 9:45 am Sunday morning Worship 11 am Sunday morning Worship (summer months) 10 am Wednesday Shared Dinner 6 pm Wednesday Programs Adults/Youth/Children 7 pm

# MANSON

#### MANSON UNITED METHODIST CHURCH 10:00 am Worship

Holy Communion the first Sunday of the month "Come as you are, all are welcome" 687-3311, at the corner of Green and Boetzkes Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermonn

# BREWSTER

#### HOPE LUTHERAN CHURCH - LCMS Sunday Worship 11 am

Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am

509-689-3106 • 1520 Sunset Drive

"With men this is impossible;

but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

#### **CHELAN HIGH SCHOOL SPORTS RECAPS**

#### Goats lose tough game to the Brewster Bears in overtime shoot-out

SUBMITTED BY COACH AMARIS LONGMIRE, CHELAN HIGH SCHOOL GIRLS' SOCCER

Sept. 15 **BREWSTER** - The Goats traveled to Brewster to take on the bears in a non-league match up. It wasn't long before the Goats were controlling the ball through the midfield and trying to stir up as much offense as possible. In the 18th minute of play Junior Aaliyha Espana slotted a ball back across the D for Junior Maya Cowan to take a clean shot and lace it into the back of the net. The Goats continued to dominate the first half but could not find the back of the net again.

In the second half the Bears made a few adjustments and came out strong on both sides

of the ball. In the 50th minute of the game the Bears were able to capitalize and finish a ball, making a 1-1 tie. The Goats continued to press the bears with having numerous opportunities but couldn't seem to find the back of the net. With the game ending in a tie, it was decided that it would go straight to kicks. The Brewster Goal keeper was able to make some great saves on the ball to allow the Bears to top the Goats in the non-league action.

The Goats will host two sets of Bulldogs this week. First in another non-league game on Tuesday (Sept. 20) vs. the Okanogan Bulldogs at 4 p.m. On Thursday, Sept. 22 the Cashmere Bulldogs will travel to Mt. Goat field for the first league matchup for the Goats. Kick off will also be at 4 p.m. Come cheer on the Goats.

Sept. 13

CHELAN - This evening the Goats played host to the visiting Royal Knights in a

non-league competition. The Goats were coming off a long restful weekend where they have had time to recoup and recover from the first quarter of the season. With air quality being an issue due to smoke each team was given short breaks throughout the game. This allowed for all players to catch their breath and get a quick drink of water.

The game was a hard battle with the Knights coming out very aggressive against the Goats. In spite of the Knights aggressiveness the Goats were able to gather many opportunities on goal but were not able to capitalize till the 25th minute. Junior Jailyn Reinhart sent a perfect pass across the face of the goal. Senior Irene Hernandez was in perfect position on the far post and was able to tap the ball into the back of the net.

The game was back and forth with the Goats holding most of the possession. The Goats were able to get the final goal of the match with

a ball sent in by Junior Jailyn Reinhart. The ball hit a few Royal Defenders and bounced into the back of the net.

Freshman Goalkeeper Avari Barker earns her 4th shutout of the season. She would not be able to do this without her defense in front of her which consist of Junior Madi Barker, Junior Arabelle Finch, Senior Joslynn Simmons and Senior Kenia Sanchez.

Other notable players of the game would be the solid selfless offense of Junior Maya Cowan and Senior Macie Cowan. These two players are always looking to make players better and get a pass off.

#### Chelan over *Cle Elum 54-16*

SUBMITTED BY COACH TRAVIS DOMSER, CHS FOOTBALL

> Sept. 16 CHELAN - Our team played

very physical and fast again tonight against a much improved Cle Elum team. It was great to be at home, and a huge shout out to the green zone and our fans.

We ran the ball extremely hard again tonight. We created four more turnovers on defense, and kicked and protected well on special teams. It was a great overall team win.

Ryan Allen continues to run the ball very well collecting four TDs and close to 200 yards all purpose. Lance and Grant Gogal combined for multiple touchdowns tonight. Isaac Wilson had another great game completing 70% of his passes for over 200 yards and four TDs. One of those TDs was a 50 yard bomb to Austin McCardle. We were physical blockers tonight and that was a big goal this week for us.

Defensively Ryan Rainville led with seven tackles. Jacob Allen added another interception to his team leading four, and Dominic Salarza helped the team with two solo sacks. Special teams wise JP Perez was six for eight on PAT's.

#### Chelan over Cashmere

SUBMITTED BY ABBY LEWELLEN, CHS VOLLEYBALL

#### Sept. 14

CHELAN - The Lady Goats took on the very talented Lady Bulldogs last night and won in three sets 27-25, 25-12, 25-12. It was a battle in the first set and went back and forth with the Goats able to pull ahead in extra points. In the second and third sets the Goats settler in and were able to take the Bulldogs out of their game plan through serving very tough and passing very well in serve receive.

Olivia Strandberg, Kira Sandoval, and Brynn Hughbanks all had stellar performances, all three hitting with high efficiencies and creating points at the end of the game.

#### ENTIAT HIGH SCHOOL SPORTS RECAPS

#### Tigers fall to Warriors 36-32

SUBMITTED BY ENTIAT School District

COULEE CITY- In an outstanding back and forth 8-man high school football game, the visiting Entiat Tigers fell to the defending state champion and #5 ACH Warriors 36 to 32 on Friday night, Sept. 9 at Coulee City. After falling behind 14 to 0 early in the second quarter, the Tigers roared back into the game on a 35-yard TD run by Landon Crutcher and a 35-yard TD pass from Crutcher to Christian Santos. Missed 2-point attempts, a struggle all evening for the Tigers, kept the ACH ahead 14 to 12. Following a 55-yard TD by the Warriors, Entiat scored on a 21-yard pass from Crutcher to Monico Robinson-Valdez for a halftime deficit of 22 to 18.

Despite losing the opening second half kick-off to an onside kick, another frustration on the evening for Entiat, the Tigers' defense stiffened, held ACH on downs, and drove the length of the field for a short 1-vard TD plunge by Pedro Arias. Crutcher had a key 50 yard run during the drive that pushed Entiat into the lead at 24 to 22. ACH scored on a 45-yard pass to take the lead  $30\ to\ 24$  at the end of the third quarter.

The fourth quarter was ba-



Courtesy Wendi Crutcher

ABOVE: Entiat assistant Edwin Medina huddles with his players during the game with the ACH Warriors. BELOW: Entiat offense gets ready to run the ball.



struggle until ACH finally pushed over a TD on a 6-yard run with 40 seconds remaining. Not to be outdone, the Tigers quickly responded within

20 seconds on a scoring pass

sically a toe-to-toe defensive

from Crutcher to Santos of 45 yards. A pass to Robinson-Valdez completed the only successful extra point try of the night for the Tigers.

Landon Crutcher finished the night with 13 carries for 136



Courtesy Wendi Crutcher

ABOVE: Caylee Johnson sets the ball for the Entiat Tigers. BELOW: Caylee Johnson, Katherine Barragan, and Jordan Long. The Entiat High School volleyball team played Moses Lake Christian Academy/ Covenant Christian School on Sept. 13 and came out on top 3-1. On Sept. 15 they also came out on top beating Wilson Creek 3-0.



Delgado was also a defensive standout in his first game this year for the Tigers, totaling 11 tackles, and 1.5 sacks. Defensive End Braedyn Brumback was also in on 12 tackles, including 2.5 tfls, and 1 sack for

while completing 10 of 21 passes

for 174 yards and 3 touchdowns

through the air. Christian

Santos had 3 receptions for 96

yards and 2 TDs, while Monico

Valadez-Robinson caught 6

Defensively, Crutcher was in

on 16 total tackles, including 2.5

tackles for loss, 1.5 sacks, and

a fumble recovery. Arthuro

balls for 75 yards and a TD.

the Tigers. The Tigers traveled to Ritzville to play pre-season #6 Pomeroy on Thursday, Sept. 15, at 6 p.m.

# THE WASHINGTON OUTDOORS REPORT

# A special salmon season

By John Kruse, The Washing-TON OUTDOOR REPORT

First it was the sockeye salmon that came up the Columbia River in huge numbers over three times what was forecast. Now, it's time for anglers to enjoy a strong fall Chinook run and what looks to be a massive coho run up the Columbia as well.

As of September 14, some 400,000 fall Chinook salmon have passed over Bonneville Dam, about 25% better than the 10-year average. Last year's coho salmon return over Bonneville Dam was a good one with over 118,000 salmon crossing. The bulk of the coho run is still in the ocean or at the mouth of the Columbia and despite that over 70,000 silvers have crossed Bonneville, mean-

ing anglers could see a truly epic return of these fish into the Lower Columbia River and Columbia River Gorge this fall.

In the past week anglers have been catching quick limits of Chinook salmon in the Columbia River Gorge. especially near the mouths of the Klickitat and Deschutes Rivers. As far as technique goes, trolling lures behind flashers has been more productive than hover fishing with eggs.

The Lower Columbia River from the mouth to Bonneville Dam closed early this month to protect tule fall Chinook salmon, a stock that is still not doing well. However, the bulk of that run has passed and on the 15th portions of the Columbia reopened with a three hatchery coho daily limit near Buoy 10. Anglers can also fish between Reed Island near Washougal to Bonneville Dam and keep



Guide Dave Eng caught this big Chinook this past week in the Columbia River Gorge near the Deschutes River.

both hatchery coho and Chinook salmon.

Another part of the river anglers and guides are flocking to now is the HanBridge. This area is known for it's run of very big fall Chinook and the bite is getting going here now.

Why are the numbers so ford Reach near the Vernita strong this year? In the opinion of most biologists, favorable ocean conditions. Warm water blobs in the Northern Pacific and the Gulf of Alaska between 2014 and 2016 led to a lack of forage fish and very low returns of salmon for several subsequent years. Now, the waters are once again cool and holding large quantities of food for the growing salmon to include herring, candlefish, squid and shrimp.

The fall Chinook fishing should remain strong through the month of September and coho fishing, especially in the Columbia River Gorge, is expected to be strong this year thru the month of October.

**Early Fall Hunting** 

Several opportunities for hunters are available this month. This includes the continuation of the fall bear and dove season which have been open for several weeks now. Archery hunters have been targeting both elk and deer

in select game management units around the state. Forest grouse hunting also opened on September 15, as did the high buck hunt for deer in the Cascades and select portions of the Olympic Mountains range. This last hunt is a modern firearm hunt which runs through September 25 and is a buck-only hunt with a three-point minimum on the antlers. The archery seasons for deer and elk run through the 22 or the 25 of September, depending on the species and area hunted. Check the regulations for

further details. In addition to this there are some special pheasant hunts coming up to include one for hunters 65 years and older as well as for hunters with disabilities that runs from September 19-23. This year's youth waterfowl hunt in Eastern Washington, normally held in September, takes place October 1. The youth pheasant hunt took place September 17 and 18 this year. Birds were scheduled to be released at select state wildlife areas prior to that pheasant hunt, meaning seniors should be able to kick up a few roosters this week.

John Kruse - www.northwesternoutdoors.com and www.america out doors radio.com



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pumpoutwashington.org





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# **ASSIFIED**

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#### Administrative

#### **Puzzle Solution**

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# **Announcements**

# **Lost & Found**

**LOST & FOUND ITEMS** can be placed in our **Local Newspapers** and Online at **NCWMARKET.COM** for

ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworth echo.com

**Lake Chelan Mirror** 509-682-2213

**Quad City Herald** 509-689-2507 or email

mirrorads@lakechelan mirror.com

**Deadline Noon** on Friday for the next week's papers

#### **Happy Ads**

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY** CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just

Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have

questions. The Lake Chelan or Quad City Herald

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

#### **Employment**

**Help Wanted** 

School District is

seeking qualified

applicants for the

following

positions:

Substitutes

Bus Drivers

Emergency

Teachers

Educators

Food Service

Fast Track

application

process and

information can

be found on our

website at

www.cascadesed.org

EOE

Custodians

Teachers

Para

needed:

OFFICE POSITION at Orca Information Full-time position in small office 10 minutes outside of Chelan. Looking for hard worker excited about learning little-known and effective techniques to prepare Employment & Tenant Screening background checks. Have a history of being Independent, on time for work, high level of integrity, good grammar, writing and basic computer skills. Start at \$16.00 per hour. Spanish speaking starts

at \$16.50. Background Check and Drug Testing required. Send cover letter to Orca@orcainfo-com.com or text 360-840-0326 that

is 360-840-0326.

Attention Rebekah.

**NCW** 

#### **Help Wanted**

**Full-time** Organization: **Okanogan County Transit Authority** (TranGO)

available now; hourly non-exempt. Compensation is \$19.82-\$21.44 per hour,

DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must have a Commercial Driver's License with

Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@ okanogantransit.com,

PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application Deadline:

continue until the positions are filled. Okanogan County Transit

Bus Driver/ Operator -

TranGO IS HIRING DRIVERS; Full-time (36+ hours per week) positions

mail it to TranGO,

Application review will

Authority is an Equal Opportunity Employer.

# www.

# lakechelanmirror.com

#### **Help Wanted**

# NCW Media Newspapers

is looking for a Part to full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume. This job is based in Leavenworth, WA.

Applicants would be covering Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published monthly Responsibilities would

Writing about local events. Photographing sporting events for the local schools.

include:

Uploading content once a week to the web.

For the Wenatchee Business Journal: Compiling a list of new businesses/bankruptcies and property listings each month.

Keeping up with people, interviewing local businesses and community members and other assigned duties. Candidate would need to

have reliable transportation. Pay will be based on experience. Email your resume and writing examples to publisher@leavenworth

echo.com or call for an appointment to interview 509-548-5286.

10-5 p.m. weekdays. EOE

**Upgrading** your 'ride'? we can help old one

· Call 682-2213

#### **Help Wanted**

#### NORTH CENTRAL WASHINGTON **OPPORTUNITY** CASCADE

School District is seeking qualified applicants for the following positions:

Alpine Lakes Elementary School American Sign Language Para Educator and Title 1 Para Educator

Fast Track application process and information can be found on our website at www.cascadesed.org

#### Looking for a great local employee? It is easy to

EOE

place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads

@lakechelanmirror.com OR

Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

#### For Sale

#### **Antiques & Collectibles**

Get cold hard CA\$H for your **Antiques and** Collectibles by placing them in our classifieds. Place your ad with

pictures online 24/7 at www.NCWMarket.com Register and pay on our

secure site. Want Print Only?

Call **Lake Chelan Mirror Quad City Herald** 

509-682-2213 or email mirrorads @lakechelanmirror.com or call

The Leavenworth Echo Cashmere Valley Record 509-548-5286

classifieds@leavenworth

echo.com Deadline: Noon on Friday for all papers.

#### Garage & Yard Sale

#### **CLEAR SOME SPACE** WITH A



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

#### Print only? **Deadline Friday at** Noon for all papers

Lake Chelan Mirror **Quad City Herald** Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

#### you sell your Z'TAHW • Place your ad 24/7 at ncwmarket.com Market.com Need to promote your event? • Email: Have you thought about mirrorads@ **NCWMarket.com** lakechelanmirror.com

# **AMBUSH AUTOMOTIVE BUYERS**

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Don't just 'park' your car on the side of the road with a 'For Sale' sign on it! 'Park it' on

the best online promotion available

# NCWMarket.com for one low \$25 fee!

Fee includes:

- Up to 3 photos of your vehicle
- Video Unlimited description
- Google Map to your location (you can opt out)
- **Privacy Link** (interested buyers contact you through the site protecting your identity)

#### **General Merchandise**

**ALL OCCASIONS Greeting Cards** ONLY

.50 per card. **Special Leavenworth** Cards

now only \$1.00 per card for a fundraiser for Royal Ladies of the **Autumn Leaves** 

Example sayings are: Wish you were here with me in Leavenworth.

> "Special Friends" Or I miss you.

Happy Birthday from Leavenworth!

Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286

#### **Vehicles**

#### **Automobiles**

FREE-FREE But you need to haul away. '91Jeep Cherokee 368,000 miles. Body damage but engine still in good condition. It has not run in a few years. Call Carol to see in the evenings. 509-670-1723. See engine at NCWMARKET.COM

#### Legals

#### **Public Notices**

#### **CITY OF CHELAN - NOTICE OF APPLICATION**

Project File Number: SSDP2022-04 Project Location: 204W Okanogan Ave Owner / Applicant: Chelan County PUD, PO Box 1231, Wenatchee, WA 98807 Authorized Agent / Contact: Edrie Risdon, Chelan County PUD, PO Box 1231, Wenatchee, WA 98807 Application Date: July 21, 2022 Determination of Complete Application Date: September 15,

Notice of Application Date: September 21, 2022 Comment Due Date: October

21, 2022 Proposal: An application for a Shoreline Substantial Development Permit (SSDP) submitted by the Chelan PUD proposing to stabilize approximately 300 linear feet of shoreline on the south shore of Lake Chelan. The project will use boulders, cobbles, and native plantings to stabilize erosion. There will also be designated access points for park users to access Lake Chelan. Comment Period: Agencies, Tribes, and the public are encouraged to review and comment on the proposed project. The public comment period on this application will remain open until 5:00 p.m. on October 21, 2022. Any person has the right to comment on this application, receive notice of and participate in any hearings, and request a copy of any decision once made. Appeal procedures can vary according to the type of decision being appealed; please contact the Chelan Department of Planning & Community Development with questions

about appeals. SEPA Lead Agency: Chelan County PUD - see contact information above. Other required permits not included in the application to the extent known by the City of Chelan: None.

Applicable Policies, and

Requirements: The following development regulations will be used for project mitigation and consistency: City of Chelan Shoreline Master Program, City of Chelan Municipal Code The application and any related studies may be reviewed at City Hall, Department of Planning & Community Development, 135 E. Johnson Avenue, Chelan, WA, during regular business hours.

Monica Libbey c/o City of Chelan, Planning Department, P.O. Box 1669, Chelan, WA 98816 Published in The Lake Chelan Mirror September 21,2022. #4599

Comments must be submitted to:

mlibbey@cityofchelan.us or by

mail to:

#### **Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In Re the Estate of DOROTHEA F.) Cause No. 22-4-00430-04 KING. Deceased. PROBATE NOTICE TO CREDITORS RCW 11.40.030

personal representative The named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by anv otherwise applicable statute of limitations. present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor provided under 11.40.020(1)(c); (2) or four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate

nonprobate assets. Date of First Publication: Lake Chelan Mirror: September 21, 2022 Prosser Record Bulletin: September 21, 2022

Personal Representative: John E. King Attorney for the Personal Representative: Robert S. Morse, Esq. WSBA 9627

Address for Mailing or Service: John E. King 2322 W. High Street Chelan, WA 98816 Court of probate proceedings: Chelan County Superior Court Cause number: 22-4-00430-04 Prepared and presented Robert S. Morse, Esq. /s/ 12, Dated: September Published in Lake Chelan Mirror September 21, 28, and October 5, 2022

#### **Public Notices**

#### DEPARTMENT OF HOMELAND **SECURITY FEDERAL EMERGENCY**

**MANAGEMENT AGENCY** Proposed Flood Hazard Determinations for the City of Chelan, Chelan County, Case No. Washington, and 22-10-0154P. The Department of Security's Homeland Federal **Emergency Management Agency** technical (FEMA) solicits information or comments on proposed flood hazard determinations for the Flood Insurance Rate Map (FIRM), and where applicable, the Flood Insurance Study (FIS) report for your community. These flood determinations hazard addition include the modification of Base Flood Elevations, base flood depths, Special Flood Hazard boundaries or zone designations, or the regulatory floodway. The FIRM and, if applicable, the FIS report have been revised to reflect these flood hazard determinations through issuance of a Letter of Revision (LOMR), in accordance with Title 44, Part 65 the Code of Federal Regulations. These determinations are the basis for floodplain management measures that your community is required to adopt or show evidence of having in effect to qualify or remain qualified for participation in the National Flood Insurance Program. For more information on the proposed flood hazard determinations information on the statutory 90-day period provided appeals, please visit FEMA's website https://www.floodmaps.fema.gov/f hm/BFE\_Status/bfe\_main.asp, or



call the FEMA Mapping and

Insurance eXchange (FMIX) toll

(1-877-336-2627). Published in Lake

Chelan Mirror September 14 and 21,

MAP

free at 1-877-FEMA

2022 #4577

**Looking for a home** for your Furry friend?

Try the pet section on **NCWMarket.com** 



#### **Public Notices**

KRCI, LLC, the Federal Western Highways Administration, and the National Park Service re-routing the Stehekin Valley Road in Stehekin from August 22 to October 25, Monday through Friday. The construction area is approximately four miles north of the airport. Pedestrians and vehicles are requested to proceed with caution through this area and expect sporadic traffic delays of up to 30 minutes during the work week. Please contact KRCI with any questions: 509 884 5258. Published in the Lake Chelan Mirror August 31, September 7, 14 and 21, 2022 #4505

#### **Public Notices**

**SUPERIOR COURT OF WASHINGTON** FOR CHELAN COUNTY In Re the Estate of VIOLA BEATRICE KANTAT, Deceased

Cause No. 22-4-00425-04 PROBATE NOTICE TO **CREDITORS** 

RCW 11.40.030

representative The personal named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be by otherwise barred any applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attornev at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor provided under 11.40.020(1)(c); or (2) months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever except as otherwise barred. provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both decedent's probate nonprobate assets. Date of First Publication: September 14, 2022.

Personal Representative: John M. Kantat Attorney for the Personal Representative: Robert S. Morse. Esq. WSBA 9627 Address for Mailing or Service:

John M. Kantat 236 W. Allen Ave., Chelan, WA 98816 Court of probate proceedings: Chelan County Superior Court. Cause number: 22-4-00425-04 Prepared and presented by: Robert S. Morse, Esa. /s/ Dated: September 8, 2022

#### Sell your unused items with a **Classified ad**

Published in the Lake Chelan Mirror

September 14, 21, 28, 2022 # 4578

 Place your ad 24/7 at ncwmarket.com

> Email: mirrorads@

lakechelanmirror.com Call 682-2213



# Ear wax - 5 tips to combat it

Q: Which ear drops remove ear wax best?

Some people (like yours truly) are enthusiastic earwax producers and ask themselves this question frequently.

The medical name for earwax is cerumen, which comes from the Latin word "cera," which means wax. But cerumen isn't really a "wax" at all. It's a sticky liquid secreted by the cells of the skin lining your ear

Cerumen has an important job: protecting your eardrum by trapping dirt and dust. Ear wax is supposed to move along your ear canal and out of your ear. Along the way, earwax has an antimicrobial effect, which helps prevent infection of your ear canal.

Some people's earwax just flakes away and never causes any trouble. But for the rest of us, it can be an ongoing source of discomfort. In fact, problems with earwax are one of the most common reasons people make appointments to see their doctor.

Wearing hearing aids or earbuds increases the production of ear wax and can block the normal movement of it out of your

Cerumen trapped inside your ear canal can cause pressure, discomfort, and hearing loss. Attempting to remove ear wax by sticking cotton-tipped swabs or bobby pins into your ear canal doesn't work very well. The friction stimulates cerumen production and creates a wax plug inside your ear, leading to pressure, pain, and impaction.

The best way to remove ear wax is to soften the wad to help it come out on its own or be flushed out.

There are two main types of cerumen removal drops: oil-based and water-based. Oil-based "drops" include olive oil, coconut oil, and almond oil. At the same time, saline, hydrogen peroxide, glycerin, and docusate are water-based earwax softeners.

There isn't any one best ear drop for ear wax removal. A recent systematic review of products used to remove ear wax showed no apparent differences between oilbased and water-based products.

The 3 top earwax removal drops in the United States are 6.5% solutions of carbamide peroxide, available as Debrox®, Murine®, and ClearCanal® from NeilMed.

According to a 2018 US News and World Report and Pharmacy Times survey, 96% of American pharmacists recommend carbamide peroxide drops to soften

# Louise

ear wax, while the other 4% recommend glycerin drops.

Carbamideperoxidereacts with earwax to release oxygen, creating foam that liquefies the cerumen and helps it rinse away. I stopped using Debrox® because of the annoying crackling and popping sounds and unbearable tickling sensation inside my ear canal.

Docusate sodium (Waxsol®) ear drops are used to soften earwax in the UK. Docusate is a stool softener or lubricant laxative. It pulls liquid into hard stool or feces, making it softer and easier to eliminate. It's believed to do the same thing to impacted cerumen. In our clinic, we add docusate liquid in the ear for 1-3 days, then flush the ear canal with warm water.

I use docusate 250mg capsules. After snipping a hole in the end, I squeeze the contents into my ear canal, repeating this twice a day for a couple of days. I flush my ears gently with warm water in a bulb syringe or during a warm shower.

To help ear wax escape, place the nose of the bulb syringe along the top of your ear canal rather than in the middle. Avoid "power washing," which can damage your eardrum with too much pressure.

Remove leftover water from your ears by tipping your head and blotting with a towel or using a hair dryer on a low setting. You can also

use an ear drop designed to dry up the water in your ear, like Swim-Ear®, which contains isopropyl alcohol and anhydrous glycerin.

#### Here Are 5 Tips to **Combat Earwax:**

1. Don't push cottontipped swabs, bobby pins, or rolled napkins into your

These can create plugs of ear wax inside your ear canal, leading to impaction and pressure, pain, and muffled hearing.

2. Both oil-based and water-based drops work to soften cerumen.

Finding something that works for you is often a process of trial-and-error.

3. Avoid using eardrops if you have ear pain, bleeding, or any discharge from your

Call your doctor instead. You could have an external ear infection, which needs a different approach.

4. Don't use a Water Pik® or high-powered device to flush out your ears.

Too much pressure can damage your eardrum or force fluid past it, triggering an inner ear infection.

5. Use warm water when flushing.

Cold water uncomfortable and can cause problems with your balance.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and  $blog\ The Medication Insider.$ com. ©2022 Louise Achey



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. "I see!

ballpark

World Series

12. Kind of tale

17. Agenda entries

20. Oldsmobile founder

THEME: WORLD SERIES

**ACROSS** 

11. \*Like Yankees and Dodgers in 11

15. \*Like a pennant in wind above a

18. \*League with most World Series wins

16. Foam-at-the-mouth display

5. Old horse

13. Mother-of-pearl

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

#### CROSSWORD PUZZLE CROSSWORD



YOU LOVE TOGETHER! 亭 \$19.99 2-YEAR TV PRICE \$699 190 CHANNELS CALL TODAY - For \$100 Gift Card is

1-888-416-7103

22. Legal org. 23. \*2018 World Series champs famous for Green Monster 26. Dockets 30. Paul is to Simon as \_ is to Garfunkel 31. Household 34. \_\_\_\_-a-whirl fair ride 35. Kills a dragon 37. U.N. labor standards grp. 38. Follows a cut? 39. Certain party garb 40. Closed book 42. Repeated Latin dance step 43. Catch in a trap 45. Not like The Fonz 47. CrËme de cassis plus wine 48. Faquir, alt.spelling

50. \*Only 3 World Series games in history ended in these 52. \*Play-in game entry 55. Sticker on a jar 56. Rod of a hot rod 57. Sodium hydroxide 59. Falstaffian in body

60. Not quite an adult 61. World's longest river 62. Formal wear, colloquially speaking 63. Put to the test

64. Big Bang's original matter DOWN 1. Not quite right

2. Caffeine-producing tree 3. Paper unit 4. Characteristic to consider 5. W.E.B Du Bois's org. 6. Pool problem, pl. 7. "Rhinestone Cowboy" singer

8. Passed with flying colors 9. \*Baseball bullpens always need good ones 10. "For\_ a jolly ...'

12. Three in one 13. She turned to stone, mythology

14. \*Hometown of last year's World Series champs 19. Hotel's offering, pl.

22. It shows over time 24. Acrylic fiber 23. Moisten a turkey

25. Bambi and Rudolph 26. Bug-eyed 27. '70s music genre 28. Poetic although 29. \*Objectionable action encouraged on

a diamond 32. \*Number of players in the field 33. Baba of "One Thousand and One

Nights" 36. \*1949-1953 World Series winners 38. Go to pieces

40. Be off base

41. a.k.a. Shenyang 44. Bridal path

46. Nook's partner \_-upper, as in house

49. Bradley Cooper's 2021 movie "Nightmare 50. Taboo, alt. spelling 51. Wild goat

52. Light bulb unit 53. Train track

54. Dish out 55. Parking surface 58. Skirt bottom

# Fentanyal-Laced Pills Killing Teens as Pill-Popping Culture Fuels Crisis

Grieving family members say fentanyl isn't a drug, it's a poison. And Mexican cartels are bringing it in via the US-Mexico border

#### **CHARLOTTE CUTHBERTSON**

It only takes a quick scroll through the Facebook group "Lost Voices of Fentanyl" to see the wake of devastation that illicit fentanyl is leaving behind.

The public group, which has more than 19,000 membaers and grows daily, is full of the faces of lost loved ones and grieving family members trying to contend with the pain.

If that's not enough, parents are trying to understand autopsy and toxicology reports, figuring out how to obtain a copy of a 911 call, and seeking advice on how to ensure that drug dealers receive justice.

America's pill-popping culture has fueled the crisis that's killing more than 100,000 people a year.

Many children are dying after taking a pill that they think is a prescription painkiller such as OxyContin or Percocet. Others think they're taking the prescription drug Adderall.

"When these kids are buying Xanax, they think, 'Well, it's no big deal. Mom and Dad get it prescribed, what's the big deal?" said April Babcock, who started "Lost Voices of Fentanyl" in 2020.

In reality, America is flooded with lookalike pills that contain deadly doses of fentanyl, a synthetic opioid that was originally developed as a painkiller and anesthetic. It's 50 to 100 times more potent than heroin, and just 2 milligrams can be fatal.

Grieving family members say fentanyl isn't a drug—it's a poison. And Mexican drug cartels are bringing it into the country via the U.S.–Mexico border.

Babcock said the term "overdose" is obsolete in the case of illicit drugs.

"The term overdose means there's a safe dose to take, and you took too much. There's no safe dose of illicit fentanyl," she said.

Babcock's son Austen died in 2019 after he bought some cocaine, not knowing it was laced with fentanyl.

"That's a deception. [He] didn't die from cocaine. He died from fentanyl, and there is no safe dose," she said.

"When you go out and you buy a Xanax or you buy an Adderall or anything, but you're dying from fentanyl,



April Babcock holds a picture of her son Austen, who died in January 2019 after unknowingly taking some fentanyl-laced cocaine.

When these kids are buying Xanax they think, 'Well, it's no big deal. Mom and Dad get it prescribed, what's the big

April Babcock, founder, Lost Voices of Fentanyl

deal?'

that's a deception. These kids are being deceived. And they're being poisoned to death"

Babcock originally created the Face-book page for a rally she held at the Chinese Embassy in Washington last year. She wanted to raise awareness that the precursors and analogs to fentanyl were being shipped from China to the cartels in Mexico, where they were subsequently pressed into counterfeit pills or mixed into heroin, cocaine, and even marijuana.

In August 2019, the Mexican navy intercepted a 25-ton shipload of fentanyl originating from China and bound for Culiacán, Sinaloa—the home base of the Sinaloa cartel in Mexico.

Fentanyl also is an extremely lucrative drug. One kilogram of fentanyl costs about \$5,000 in China. If the cartels take that kilogram into their labs and cut it with other drugs or press it into pills, they can make \$2 million or more by then selling it on American streets.

by then selling it on American streets.

While scientists measure fentanyl by

the microgram for hospital use, drug dealers and cartel members aren't as precise.

"You might have a fake Percocet that's got enough fentanyl in it to kill 40 people. Then, you might get another fake Percocet that has no fentanyl in it at all," Babcock said.

"The parents in my group with dead kids that are young, so many of their [children] bought their drug on Snapchat. It's a fake pill, and they're finding their kids dead in their bedrooms. That's not normal."

Babcock said America's youth are being targeted through social media and the colorful candy-like pills laced with fentanyl.

"It actually breaks my heart because I know, today, 300 other parents are going to be me. And that's really why I do everything I do—because I can't bring my son back. My goal is to save another family from going through this," she said.

"It's bad enough when you have people dying that have a substance use disor-

der—that's a nightmare on its own—but now we have an entirely new demographic of people that are dying. These are first-time and experimental users, and even occasional users, because, let's get real, people occasionally use drugs who aren't drug addicts.

"I'm not saying it's right to use drugs—all I'm saying is now people are instantly dying."

#### **Rallying for Awareness**

On Sept. 17, Babcock is hoping hundreds of people will join her rally in front of the White House. She's calling on the federal government for an awareness campaign around fentanyl as broad as it was for COVID-19.

"We're almost 10 years deep into this crisis. Where's the public awareness campaign? Within three months of COVID, every single American 3 years old and up knew 'social distance, wash your hands, wear a mask," she said.

"We want it on every news [channel]. They had a ticker up there for COVID. Why can't they put a ticker up there for fentanyl deaths? Because it's the leading cause of death in young Americans aged 18 to 45."

During 2020, major news networks pinned a ticker on their screens that displayed the total number of cases and deaths in which COVID-19 was reported as a factor.

"I shouldn't have to be holding a rally in front of the White House. I should be able to memorialize my child and have memorial events," Babcock said.

But she's determined to warn the public about fentanyl.

"From what I'm hearing, the life expectancy of someone addicted to illicit fentanyl is about three years," she said.

"I tell people it's not a matter of 'if' you will die. It's only a matter of 'when' you will die. If you use anything in this day and age, it's only a matter of when. It's Russian roulette."

#### For Help

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# Greensboro, NC, Rent Prices Soar 74 Percent Since 2021

# MARY PRENON

While New York, California, and Boston continue to be the most expensive rental markets in the country, some unexpected locales have actually experienced the largest increases in one-bedroom apartment prices year-over-year.

Greensboro, North Carolina, sits atop the list with rent increases of 74.2 percent, followed by Newport News, Virginia, at 60.7 percent, and Tulsa, Oklahoma, at 59.8 percent, according to Rent.com's August report. Jon Leckie, a researcher with Rent.com, told The Epoch Times that such increases aren't unusual, given the amount of people who have been flocking to these areas.

"We're seeing a pattern where the markets around the larger metro areas are attracting more people because they're less expensive, but still within an hour's commute to a city," he said. "People want to get out of the crowded, expensive core metros, and the trend toward more remote working means they may not have to commute every day."

With one-bedroom apartment monthly rentals averaging \$1,289, Greensboro's rental market falls far below the national average of \$1,770.

"Currently, Charlotte [North Carolina] has the most outbound migration than any other city in the county," Leckie said. "People are leaving the bigger cities, and we've found that much of inbound

traffic to Greensboro and the other smaller markets is from New York City, Philadelphia, Chicago, Raleigh, Atlanta, Nashville, and [Washington] D.C."

Little Rock, Arkansas; Oklahoma City; Lexington, Kentucky; Rochester, New York; and other communities with populations below 300,000 people are also experiencing rental booms.

On the other hand, St. Louis; Fort Lauderdale, Florida; and Baltimore are the top three locations that have seen the biggest decrease in one-bedroom apartment rents. St. Louis leads with a 39.4 percent decline, followed by Fort Lauderdale at 34.9 percent and Baltimore at 26.9 percent. Miami, Cleveland, and Reno, Nevada, also made the list of rent reductions.

"St. Louis saw a huge decline, especially when downtown prices are so high for small spaces," Leckie said. "The general trends we see, as the big coastal cities continue blowing up with high prices, are that renters will seek out cheaper areas in the Midwest and South. The Northeast and the West are still losing people."

Not surprisingly, the report lists New York as the most expensive rental area, with the average one-bedroom rental at \$5,760 per month. In the cities of Glendale and Oakland, California, monthly rents average \$4,014 and \$3,916, respectively. Boston apartment renters pay an average of \$3,080, while San Fran-



Residential apartment buildings in New York on July 26, 2022.

As the big coastal cities continue blowing up with high prices, are that renters will seek out cheaper areas in the Midwest and South.

Jon Leckie, researcher, Rent.com cisco's average is \$3,701 per month. Some of the nation's most affordable one-bedroom rentals can

be found in Oklahoma City, at an average of \$945; Wichita, Kansas, at \$840; and Sioux Falls, South Dakota, with the lowest average of just \$796.

For two-bedroom rentals, the report lists Seattle, Little Rock, and Durham, North Carolina, as the top three cities experiencing the biggest rent increases. Seattle's rent is up by almost 60 percent, followed by 54.7 percent for Little Rock and 54.2

percent for Durham.

Conversely, the largest two-bedroom rental decreases were found in Fort Lauderdale, down by almost 43 percent, and St. Louis and Des Moines, Iowa, down by 28.2 percent

and 20.6 percent, respectively.

As with one-bedroom apartme

As with one-bedroom apartments, New York leads the way with the priciest options; the average two-bedroom apartment in the city rents for \$8,346 per month. Boston, at \$5,795 per month, is the second-most expensive two-bedroom rental market, followed by Oakland, San Francisco, and Los Angeles.

On the more affordable end, two-bedroom apartments in Lubbock, Texas, are averaging \$922 per month, compared to Shreveport, Louisiana, where rentals are at \$1,106, and Lincoln, Nebraska, at \$1,295.

The once red-hot rental market of Boise, Idaho, has since cooled, with more than 61 percent of listings experiencing recent price cuts. The report also notes that homebuilders who couldn't keep up with the demand last year are now cutting back on construction in the area.

Boise has since earned its reputation as "the most overvalued housing market in the United States," according to researchers at Florida Atlantic University and Florida International. They blame continued high prices there for negatively affecting the region, making it harder now to attract new residents.

A recent report by the National Low Income Housing Coalition found that a worker would need to earn at least \$25.82 per hour to afford a small two-bedroom rental home. For a one-bedroom, the wage dips slightly, to \$21.25 per hour.

"Nearly 60 percent of wage earners cannot afford a modest twobedroom rental home working one full-time job," the report states.

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