

Paint The Town Pink!
See page A2

Letters to the Editor
See page A3

OCTOBER 12, 2022 • VOLUME 130 No. 41

YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS

SINGLE COPY \$1.00

Manson School District seeking applications for Director District #3

Deadline to apply Oct. 13

MANSON - The Manson School District is soliciting applications to serve as an appointed member of the school board. The person selected would have to reside in area Director District Three and serve until the next regularly scheduled election for the governing board members, which is November, 2023. The board is responsible for the performance of the Manson School District serving approximately 600 students. The Manson Board of Directors typically meets on the last Monday of each month. Current board members and the superintendent are available to meet with perspective candidates.

Please contact the Manson School District office at 509-687-3140 for further information and application materials. Applications are due no later than October 13.

Lake Chelan Valley Events, Things to do, Meetings

Chelan Valley Hope: Oct. 12-13, 17-20

Chelan Valley Hope's 'Little Essentials Pantry' open 24/7

CHELAN - Come visit Chelan Valley Hope (CVH) at 417 S. Bradley Street Monday thru Thursday, 9 a.m. - 3 p.m. (closed Noon to 1 p.m.). Whether you are looking to get help or to give help they are waiting for you CVH provides services at no cost to individuals and families in need. They are a local nonprofit serving Chelan, Manson, Chelan Falls, Waterville, Entiat, Bridgeport, Mansfield, and Orondo. Call 509-888-2114 for more information or to schedule an appointment. Or visit their website and follow them on Facebook and Instagram to get the latest CVH news and updates at chelanvalleyhope.org. @ChelanValleyHope. Donations are welcome and can be left during business hours, or give them a call and they'll gladly make arrangements. They currently need blankets, diapers, and travel-size toiletries. More information at chelanvalleyhope.org including a Donate Button."

SAIL Exercise Classes: Oct. 12-13, 17

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Linda Hollier. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

Farmers Market: Oct. 12, 15

MANSON - The Market takes place every Wednesday and Saturday starting at 8:30 a.m., when Market Manager, Gordon Lester rings the opening bell. If you're looking for produce better show up early as it goes fast. Besides vegetables and fruits, you will find local honey, custom made soaps, baked homemade treats for people and pets, various artisan handcrafted goods and much, much more. Members of the Manson Volunteer Firefighter Association bring the fire truck on Saturdays. They sell tee shirts and other items to raise money for the many causes they support.

Chelan Senior Meals Menu: Oct. 12-14, 17-19

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. MENU: Oct. 12: Cheese Ravioli with Meat Sauce, Italian Vegetables, Spiced Pears, Bread Stick, Dessert; Oct. 13: California Chicken Cass. Lettuce & Tomato Salad, Apple Celery Salad, Garlic Bread, Dessert; Oct. 14: Cheeseburger Deluxe, Jo Jo's, Coleslaw, Sliced Peaches, Dessert; Oct. 17: Sweet & Sour Meatballs, Rice Pilaf, Oriental Vegetables, Asian Coleslaw, Tropical Fruit, Egg Roll, Dessert; Oct. 18: Beef Stew, 7 Layer Salad, Peaches, Biscuit, Dessert; Oct. 19: Chicken Fried Steak, Mashed Potatoes/Gravy, Buttered Corn, Tossed Green Salad, WW Roll, Apple Crisp.

Mobile Food Pantry: Oct. 13

MANSON - The Mobile Food Pantry will be at North Shore Bible Church on Thursday, Oct. 13, noon- 2 p.m. All are welcome. It is a walk thru format and guests pick their own food. This is a regular stop every second Thursday of the month.

Thursday Farmers Market: Oct. 13

CHELAN - Chelan Thursday Evening Farmers market is open thru October, from 2-6 p.m. and has expanded into Riverwalk Park. The market is located on the corner of S. Emerson Street and Wapato Avenue, near Riverwalk Inn and Riverwalk Park. New vendors are welcome. For more info www.chelanfarmersmarket.org

VFW #6853 Post Coffee/Donuts: Oct. 14

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

Glass recycle: Oct. 15

Open 9 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 9 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. To volunteer go to www.911glassrescue.org, and click on the volunteer tab on the home page.

Food Bank food distribution:

Oct. 15, 18, 22

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for pet food. Small bags of dog food are best. They can be dropped off at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center).

A ribbon cutting and grand opening for the new Lake Chelan Health Hospital will be held this Saturday, October 15 beginning at 9:15 a.m., with the raising of the flag, followed by a ribbon cutting and opening remarks at 9:30 a.m. Self-guided tours will start after that and last until 3 p.m.

The new hospital is located at 110 S. Apple Blossom Drive, across from Columbia Valley Community Health and near Walmart. Lake Chelan Health has their temporary certificate of occupancy so staff is working on preparing the inside of the hospital for the move into the new facility. Opening date of the new hospital is scheduled for Nov. 7.

RIGHT: Aaron Edwards, Lake Chelan Health CEO, Mary Signorelli, Lake Chelan Health board member and Agustin Benegas, Lake Chelan Health Communication Manager, welcome everyone to come tour the new facility and to see the operating rooms, emergency department, physical therapy room, patient rooms, and other areas of the new hospital.



Ribbon cutting for new hospital October 15

RuthEdna Keys/LCM

Lake Chelan Health adds primary care to clinic

By AGUSTIN BENEGAS, LAKE CHELAN HEALTH COMMUNICATION MANAGER

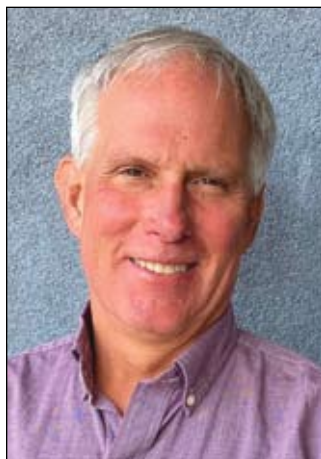
CHELAN - With the fast-growing Lake Chelan Valley community, we recognized the need for more primary care services.

The 2022 Community Health Needs Assessment data and extended wait times to get in to see a primary care provider (PCP) shows the need for additional primary care doctors in the Lake Chelan Valley.

Primary health care addresses the health needs of patients at the community level, integrating care, prevention, health awareness and education. Primary health care helps improve the performance of health

systems by lowering non-emergency room visits that are best cared for in the doctor's office. Continuity of care is the heart of general practice and providing patients with continuity shows to have better healthcare outcomes, higher satisfaction and the cost to receive care is more cost-effective.

Doctor Charles Waszkewitz is a board-certified family physician who has practiced in



Dr. Charles Waszkewitz

the Lake Chelan Valley since 1987. He has returned to the Lake Chelan Health Clinic, currently at 219 East Johnson Avenue in downtown Chelan, to help open primary care services.

Doctor Waszkewitz is seeing previous patients

and new patients in the clinic on Tuesdays, Wednesdays, and Thursdays from 8 a.m.-5 p.m.

Doctor Waszkewitz plans to stay with Lake Chelan Health for at least a year to help the team grow primary care ser-

vices, recruit other primary care doctors and physician assistants interested in primary care. With the recruitment of additional providers, it will help the clinic expand its primary care hours and reduce the wait time to see a PCP. Doctors will work closely with a trained primary care physician assistant who will also be able to see patients when the doctor is not available. A primary care doctor and physician assistant team improves access to care, patient satisfaction and better health outcomes.

If you currently do not have a primary care doctor and would like to establish care with the Lake Chelan Health Primary Care clinic, please call our Express Care walk-in clinic at 509-682-8511.

Judge Mott to step down from Chelan County District Court in December

BOCC sets timeline, process for filling the vacancy

By JILL FITZSIMMONS, CHELAN COUNTY PUBLIC INFORMATION OFFICER

WENATCHEE - Chelan County District Court Judge Kyle Mott has announced he is stepping down from his position in early December.

With his resignation, the Board of County Commissioners is now calling for the resumes of those potential appointees interested in replacing Mott, who is running unopposed in the upcoming election.

Mott sent his letter of resignation to the commissioners on Friday, Sept. 30, saying he has accepted a position at a local law firm and will step down on Dec. 5. Mott cited life changes in the past four years, including welcoming two children into his family and the

purchasing of a small business, as to why he is stepping down.

"A return to private practice will provide me with greater flexibility to participate in the day-to-day activities of my young and busy family, which is extremely important to me," he wrote. "... While I look forward to building a successful law practice, I would not rule out revisiting a judicial position much later in the future as I have found it to be both challenging and rewarding."

Seated in January 2019, Mott, formerly a defense attorney, replaced former Judge Nancy Harmon when she retired. An appointee to Mott's position would serve a year and then run for election in November



Chelan County District Court Judge Kyle Mott

2023. State law provides that the county legislative authority, in this case the Board of County Commissioners, make appointments to vacancies on the District Court.

Commissioners have outlined an appointment timeline as follows:

- Letters of interest and applications were due Oct. 28 to County Administrator Cathy Mulhall in the Commissioners' Office.
- The BOCC reviewed potential appointees Nov. 1, narrowing the applications down to three finalists.
- The three finalists will be interviewed Nov. 8.
- An appointment will be made during the board's session on Nov. 14.

This election season, Allen F. Blackmon and Jon Volyn are vying for position No. 1 of the District Court. Two judges serve Chelan County District Court. Commissioner Kevin Overbay stressed that the election and the appointment to Mott's seat are unrelated.

"There is nothing preventing both candidates from applying for the vacated position; however, the board must move forward with filling Judge Mott's position to help ensure a smooth transition in December," Overbay said.

Overbay, on behalf of the commissioners, also thanked Mott for his dedication and service to the citizens of Chelan County.

"Judge Mott has been a wonderful addition to not only District Court but also to the Chelan County family," Overbay said. "As a judge, he quickly built a reputation for being someone with high ethics who was here to serve our community. He will be greatly missed, but we wish him the best in his future endeavors."

SEE MORE EVENTS AT WWW.LAKECHELANMIRROR.COM

INSIDE THIS WEEK

Community A1-A4, B1, B3	National News B4	Classified Index
Meetings/Events A1	Business & Services & Health Care Directory A4	
Sheriff/Fire/EMS A3		Public Notices B3
Obituaries/Death Notices A4		Puzzles B3
Church News A4		Inserts
School/Sports B1		Safeway



131 S. Apple Blossom Drive, Ste #109, P.O. Box 1922 Chelan, WA 98816-1922 509-682-2213 www.lakechelanmirror.com

Chelan Museum volunteers honored



Photo courtesy Gaylen Willett

On Friday, Sept. 16, Chelan museum's Board of Directors honored volunteers at Roberta "Peach" Simonds' home with a scrumptious meal and desserts. From left are volunteer Concie Luna, President Dave Clouse, Secretary Adrienne Carpenter, board members Jane Lloyd and Barb Polley, volunteers Lou Verellen, Sue Marcear, board member Peach Simmonds, volunteer Patty LaPorte, board member Susan Hauth, Treasurer Mary Ann Warren, board member Sue Clouse, volunteers Judy Lisewych, Chris Bigelow, and Volunteers of the Year, 2022, Judy Johanson and Don Lloyd. Not pictured are Gaylen Willett, Vice-president Carla Everett, Jill Gradwohl, Dennis King, Jo Miller, Mary Sherer and Manager Ron McGaughey.

Paint the Town Pink!



Courtesy Lake Chelan Helath Guild B

In honor of Breast Cancer Awareness Month, Lake Chelan Health Guild B, organized a luncheon on October 3, at Sorrento's which included a Wine Pull as well as a Dessert Dash. Pictured above with the delicious desserts are the Guild B Dessert Dash co-chairs Timi Starkweather (left) and Victoria Wheatley (right). The goal was to raise \$6,000 for the purchase of the VELA Mammography Chair. The total amount raised from the luncheon was \$15,000. \$6,000 goes directly to the purchase of the VELA chair and the rest is being donated to help underinsured individuals in the Chelan Valley fund the cost of a mammogram. As a side note, earlier this year Guild B donated \$7,000 to the Lake Chelan Health & Wellness Foundation, during their match campaign. That brings this year's total donations to \$22,000. There were over 100 people in attendance - men and women. It was a full house. Guild B considers this a huge success and would like to thank everyone who attended, all the volunteers who help put it together and the community for supporting this effort. They will announce the 2023 Paint the Town Pink! date in the coming months.

Elect Shon Smith

Chelan County Commissioner (R)

Promoting Chelan County as "We are open for Business!" without sacrificing our rights or our Eastern Washington identity!

What do you want for the place you call home?

I want:

- Jobs by supporting small business development. I have one myself!
- Public safety-support the Fire, Sheriff, EMS and First Responders
- Responsible taxation
- Exceptional education
- Reasonable housing for our children
- Limited government - No nanny state!
- Personal property rights protection
- Healthy forests, waters, agriculture and tourism
- Safe and reliable roads and bridges

Sound good to you? Let's do this together!

I'm ready to serve as your new Commissioner!

Meet Shon Smith



Shon Smith (51) was raised in Cashmere with conservative values, and has become an integral part of the Wenatchee River Valley with businesses in Wenatchee and Leavenworth. Shon, his wife Janeen, and their four children worship at Mid-Valley Baptist Church, and are actively involved with the Cashmere schools.

Shon has a great concern for the ongoing health of the Valley, its resources, its people, and our private property rights. He also has a passion for the success of small businesses because of their great impact on Chelan County.



He graduated from Cashmere High School in 1989, and in 1993 from Northwest Nazarene University with a degree in Business Administration with an emphasis on finance. After college, Shon worked at Idaho Timber in Boise for two years. In 1995, missing the Valley, Shon returned with Janeen and worked for two years at Dovex Fruit Company in Wenatchee. Both work experiences gave Shon a feel for the timber and fruit industries and the impacts they have on our region. Shon then put his personal business plan into action by opening the Wok-About-Grill in Wenatchee (1997) and another in Leavenworth (2014).

Generations of Shon's family have farmed Eastern Washington, hunted and fished the lands and waters of Chelan County, and have treated the land and the environment with respect. So great is their appreciation for our rivers and lakes that Shon hopes these natural resources will be preserved as gifts to be esteemed by all. Some changes are inevitable, but solutions to issues need to ensure that we make an effort to maintain our identity for the future, especially for our families!

www.smith4commissioner.com

This ad paid for the Committee to Elect Shon Smith, 7335 Brender Canyon Rd, Cashmere, WA 98815

Myers October artist at Heritage Heights

By WENDY ISENHART, HERITAGE HEIGHTS SENIOR LIVING BOARD MEMBER

CHELAN - Lance Stark's incredibly beautiful scenic photographs of the Lake Chelan Valley made way last week for October Artist of the Month, Leslie Myers. Myers' acrylic paintings are in warm colors, much like the season, and offer an evocative, loving look of scenes from around Washington State.

One of the many delights of the Art Wall in Heritage Heights' lobby is that it's open to the public, phone ahead - 509-682-1998, and a wonderful way for local artists to put their work on display.



Courtesy Gary Myers

Leslie Myers is the October artist of the month at Heritage Heights Senior Living in Chelan.

Lake Chelan Hospital Guild B

would like to thank the following businesses for their Sponsorship of their Paint The Town Pink Fundraising Luncheon for the new hospital, Honoring Breast Cancer Awareness Month

Table Sponsors:

- Apex Building Services
- Guy Evans, Lake Chelan Real Estate
- Harkey Construction & Development, Inc.
- Justin Skaar, Coldwell Banker Global Luxury Real Estate
- Kelly Allen Agency, LLC
- KOZI
- Lake Chelan Building Supply
- Lake Chelan Chamber of Commerce
- Lake Interiors
- Manson Fire Department #5
- Re/Max Advantage
- Rhett Crow, Windemere Real Estate
- Ship to Shore Traveler
- Yogachelan

Contributors:

- Anderson Landscaping
- Black Rock Asphalt Services
- Cascade Mechanical
- Cashmere Valley Bank

Contributors:

- Dan James Pruning and Landscape Beautification
- Deep Water Home & Electronics
- Harkey Construction & Development, Inc.
- Integrity Glass Services
- Lake Chelan Chamber of Commerce
- Lake Chelan Now
- Lombards Hardwood Supply
- Re/Max Advantage
- Ship to Shore Traveler
- Wilson and Wilson Landscaping

Wine Donors:

- Amos Rome Vineyards
- Benson Vineyard + Winery
- Four Lakes Winery
- Frenchie's Flutes & Fleur's
- Hard Row to Hoe Vineyards
- Karma Vineyards
- Lagrioth Winery
- Lake Chelan Winery
- Mellisoni Vineyards

Wine Donors:

- Navarre Coulee Vineyards
- Nefarious Cellars
- Rio Vista Wines
- Ship to Shore Traveler
- Sigillo Cellars
- Silver Bell Winery
- Tildio Winery
- Tsillan Cellars
- Vin Du Lac Winery
- Wapato Point Cellars

Special Thanks:

- Sorrento's Ristorante - For hosting our event & doing an excellent job!
- Jeff Conwell, Program Director KOZI - MC for the event
- Mike Steele, Executive Director, Lake Chelan Chamber of Commerce - Speaker
- Dr. Jennifer Snyder, Columbia Valley Community Health - Speaker
- Aaron Edwards, CEO, Lake Chelan Health - Speaker

Lake Chelan MIRROR

© NCW Media Inc. 2022
131 S. Apple Blossom Drive #109,
P.O. Box 1922, Chelan, WA
98816-1922
Phone: 509-682-2213

Office Hours

Mon. to Fri. 9:00 a.m.-5:00 p.m.

On The Internet

Website:
www.lakechelanmirror.com
News e-mail:
lcmirror@gmail.com
Advertising e-mail:
ruthk@lakechelanmirror.com

Services

Back Issues are available up to one year after publication for a small fee.

Contact Information

Publisher

Carol Forhan • 509-548-5286
publisher@leavenworthcho.com
Bill Forhan, Publisher, Ex Officio

Reporter/Photographer

lcmirror@gmail.com

Reporter/Photographer

Michael Maltais
qchreporter@gmail.com

Advertising Sales Director

Carol Forhan • 509-548-5286
carol@leavenworthcho.com

Advertising Sales Chelan

RuthEdna Keys • 509-682-2213
ruthk@lakechelanmirror.com
Lindsay Timmermans
509-860-7301
adexec1@ncwmedia.net

Contact Information

Classifieds/Legals

Laura Husa
mirrorads@lakechelanmirror.com
Circulation: 509-293-6780
Laura Husa
circulation@lakechelanmirror.com

Classifieds/Legals

Classified/Legals ads can be placed during normal office hours by calling 509-682-2213, email:
mirrorads@lakechelanmirror.com

Weekly rates:

\$15.00 for the first 30 words
10 cents per word over 30 words

Borders, bold words, headlines, logos, photos subject to additional charges.

Place your ad online 24/7
www.ncwmarket.com

Deadlines

Letters to the Editor: Noon, Friday
Calendar Listings: Noon, Friday
News Submissions: Noon, Friday
Display Advertising: 5 p.m., Thurs.
Legals: Noon, Friday
Classified Ads: Noon, Friday
Obituaries/Death Notices: 4 p.m., Friday

Subscriptions

Chelan/Douglas Counties (yearly) print \$40
Chelan/Douglas Counties (yearly) print & web \$45
In State (yearly) \$50
Out of State (yearly) \$52
Online only (yearly) \$40

The Lake Chelan Mirror does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization.

Letters policy

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworth.com

News Tips

Have an idea for a story? Call the Mirror at 509-682-2213

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

Lake Chelan Mirror (USPS 101-620) is published every Wednesday by NCW Media, Inc. 131 S. Apple Blossom Drive #109, Chelan, WA 98816 Telephone: 509-682-2213

Periodical postage paid at Chelan, Wash. 98816

Postmaster:

Send address corrections to:
Lake Chelan Mirror,
131 S. Apple Blossom Drive, #109, Chelan, WA 98816

NCW Media Inc. prints on recycled newspaper with soy ink. Please Recycle



LETTER TO THE EDITOR

They paved paradise and put up a skateboard park

Citizens of Chelan: We are in uncertain economic times. Rising housing costs, property taxes, excessive cap lifts and inflation have driven our work force out of

Chelan. Many of us who have lived here 20 years or longer have always realized the delicate balance our unique community has between tourism, agriculture, retail, hospitality and the labor force which fuels those different facets of our local economy.

In the last 12 years we have seen focus shift mainly towards tourism and development. The

result? Our labor force can no longer afford to live in Chelan. Combine that with the traffic changes, which bottleneck all movement to one intersection as well as in front of our schools, and quality of life for many long time residents has diminished.

What are our elected officials doing? Well, one thing on the CIP budget table is a \$1.5 million dollar skate park. As sidewalks

sit in need of repair, or are non-existent, the council wishes to use concrete for a luxury item. This is a very poor use of YOUR taxpayer dollars. It is also 3 times what it would cost the city to work with the Chelan Basin Conservancy and local land trusts to preserve the Butte from development.

Chelan's attraction has always been its natural beauty.

We need elected officials who prioritize conservation, not development or man made attractions. Let's keep Chelan pure, clean and natural.

All concerned citizens need to get involved. Otherwise, these projects will simply move forward with little or no resistance. I point to the one way bridge as a perfect example. The community was overwhelm-

ingly against removing one of only two exits out of town. Yet, few showed up to council to speak out against it, so the administration at that time saw a green light and just did what they wanted. We need to get involved and take back our community. Apathy is not a means to effect change.

Ben Laughlin Chelan

CHELAN COUNTY SHERIFF, CHELAN, MANSON, ENTIAT FIRE & LAKE CHELAN EMS REPORTS

Chelan County Sheriff Report

Sept. 30

- 13:59 Animal Problem, 382 Division St., Manson
16:11 Burglary, 703 Boetzkes Ave., Manson
17:06 Welfare Check, S. Clifford St. and E. Woodin Ave., Chelan
18:44 Public Assist, 40 McLallen Ln., Manson
18:49 Trespassing, 400 Powerhouse Rd., Chelan
22:28 Extra Patrol, 105 Beebe Bridge Rd., Chelan

Oct. 1

- 12:06 Traffic Offense, Entiat River Rd. and US Hwy. 9, Entiat
14:09 Injury Accident, Wapato Way and Hale St., Manson
15:05 Runaway, 629 Mountain View Dr., Chelan
17:14 Attempt to Locate/ Contact, Rainy Lake, Stehekin
17:15 Domestic Disturbance, 2216 W. Prospect St., Chelan
19:03 Weapons Violation, 115 Ward Ln., Manson
19:25 Public Assist, 416 N. Cedar St., Chelan
20:48 Drugs, 106 W. Manson Rd., Safeway, Chelan
21:02 Noise Complaint, Chelan Airport Rd., Chelan
23:53 Noise Complaint, 77 Wapato Way, My Buddy's Place, Manson

Oct. 2

- 00:23 Disturbance, 77 Wapato Way, My Buddy's Place, Manson
00:35 Disturbance, 232 E. Wapato Ave., Chelan
10:49 Alarm, 107 SR 150, Wilbur Ellis, Chelan
14:44 Vehicle Prowl, 2020 W. Woodin Ave., Chelan
14:51 Domestic Disturbance, 5800 Crum Canyon Rd., Entiat
18:13 Traffic Offense, Beebe Bridge west, Chelan
19:29 Suspicious Circumstance, N. Bradley St. and E. Gibson Ave., Chelan
22:16 Harassment/Threat, 416 N. Cedar St., Chelan
23:27 Warrant, 455 Wapto Lake Rd., 12 Tribes Casino, Manson

Oct. 3

- 04:29 Suspicious Circumstance, E. Iowa St. and Gorge Rd., Chelan
07:40 Agency Assist, 117 Orchard View Dr., Chelan
09:18 Trespassing, 274 Reflection Ln., Chelan
09:26 Property, 109 E. Wapato Ave., Riverwalk Park, Chelan
15:08 Vehicle Theft, 418 E. Woodin Ave., Chelan
15:13 Non-injury Accident, 100 block E. Farnham Ave., Chelan
15:26 Parking/ Abandoned Vehicle, 40 Paramount Ridge Ln., Manson
15:56 Alarm, 221 Summer Breeze Rd., Manson
16:19 Alarm, 221 Summer Breeze Rd., Manson

- 16:22 Malicious Mischief, 138 E. Woodin Ave., Chelan
17:47 Harassment/ Threat, 576 Upper Joe Creek Rd., Manson
17:56 Welfare Check, 309 W. Highland Ave., Chelan

Oct. 4

- 01:41 911-call, 1056 E. Woodin Ave., Les Schwab, Chelan
02:20 Domestic Disturbance, 322 W. Woodin Ave., Grandview on the Lake, Chelan
07:50 Civil Dispute, 250 2nd St., Chelan Falls
09:09 Sex Offense, Entiat River Rd., Entiat
10:56 Parking/ Abandoned Vehicle, 555 1st St., Chelan Falls
10:58 Welfare Check, 6909 Fish Hatchery Rd., Entiat
11:59 Suspicious Circumstance, 210 W. Gibson Ave., Chelan
12:39 Trespassing, 620 Gorge Rd., Rowe's Towing, Chelan
13:38 Suspicious Circumstance, N. Cedar St. and W. Nixon Ave., Chelan
14:28 Fraud/ Forgery, 207 Village Dr., Manson
15:07 Littering, 620 Gorge Rd., Rows Towing, Chelan
15:44 Traffic Offense, 53 S. Lakeshore Rd., Pat n' Mike's, Chelan
16:21 Sex Offense, Chelan
16:31 Suspicious Circumstance, 416 3rd St., Chelan Falls
16:46 Traffic Offense, 545 3rd St., Chelan Falls
16:47 Traffic Offense, 2nd and A Streets, Chelan Falls
17:04 Disturbance, 2030 Entiat Way, Entiat
20:08 Diversion, 309 E. Gibson Ave., Chelan

Oct. 5

- 08:56 Civil Dispute, 229 E. Woodin Ave., Tin Lilly, Chelan
10:44 Agency Assist, 622 Hyacinth Rd., Manson
11:26 Domestic Disturbance, 407 E. Woodin Ave., Morgen Owings Elementary School, Chelan
11:43 Non-injury Accident, Totem Pole Rd. and Green Ave., Manson
13:29 911-call, 106 E. Chelan Ave., Chase Bank, Chelan
13:48 Welfare Check, 108 N. Apple Blossom Dr., Walmart, Chelan
15:32 Attempt to Locate/ Contact, 1909 Winesap Ave., Manson
15:59 Welfare Check, 485 W. Manson Rd., Don Morse Park, Chelan
16:45 Welfare Check, 102 E. Johnson Ave., Kelly's ACE, Chelan
17:07 Harassment/ Threat, 2118 Cammack Ave., Entiat
18:55 Juvenile Problem, 409 W. Manson Rd., Lakeshore Marina, Chelan
22:15 Parking/ Abandoned Vehicle, 510 N. Cedar St., Chelan
22:43 Public Assist, 207 N. Emerson St., Chelan
23:10 Trespassing, 11302 S. Lakeshore Rd., Chelan

Oct. 6

- 03:54 Suspicious Circumstance, 2117 Lakeshore Dr., Entiat

- 10:52 Sex Offense, E. Okangoan Ave., Chelan
11:11 Agency Assist, 30 Shoemaker Rd., Manson
12:34 Trespassing, 407 S. 1st St., Chelan
14:03 Hazard, E. Woodin Ave. and SR 150, Chelan
15:11 Missing Person, 108 N. Apple Blossom Dr., Walmart, Chelan
15:51 Malicious Mischief, 3095 Katya Ln., Chelan
16:26 Parking/ Abandoned Vehicle, 553 Manson Blvd., Manson
16:57 Malicious Mischief, 134 E. Woodin Ave., Wheatland Bank, Chelan
19:11 Juvenile Problem, Chelan River Bridge, Chelan

Fire/ EMS

- Sept. 30
Chelan Fire District #7
13:40 Sick Person, 709 N. Golf Course Dr., Chelan
15:20 Chest Pain, 219 E. Johnson Ave., Chelan
Chelan EMS
00:10 Unconscious Person-1, 2441 SR 150, Manson
11:11 Fall-2, 147 N. Harris Ave., Manson
13:40 Sick Person, 709 N. Golf Course Dr., Chelan
15:20 Chest Pain, 219 E. Johnson Ave., Chelan
23:53 Sick Person, 147 N. Harris Ave., Manson
Manson Fire District
00:10 Unconscious Person-1, 2441 SR 150, Manson
11:11 Fall-2, 147 N. Harris Ave., Manson
18:44 Personal Assist, 40 McLallen Ln., Manson

Oct. 1

- Chelan Fire District #7
08:04 Unconscious Person-1, 102 Tyee Ct., Chelan
09:07 Sick Person, 102 Tyee Ct., Chelan
14:00 Hazardous Materials-1, 212 E. Woodin Ave., Chelan
18:15 Illegal Burn, 123 Open Ln., Chelan

Chelan EMS

- 08:04 Unconscious Person-1, 102 Tyee Ct., Chelan
09:07 Sick Person, 102 Tyee Ct., Chelan
14:09 Injury Accident, Wapato Way and Hale St., Manson
19:13 Sick Person, 90 Furey Ave., Manson
19:34 Diabetic, 250 Manson Blvd., Manson

Manson Fire District

- 14:09 Injury Accident, Wapato Way and Hale St., Manson

Oct. 2

- Chelan Fire District #7
02:26 Sick Person, 329 E. Woodin

- Ave., Chelan
08:32 Breathing Problem, 215 W. Allen Ave., Chelan
11:04 Breathing Problem, 219 E. Johnson Ave., Chelan

Chelan EMS

- 00:37 Diabetic, 251 Manson View Dr., Manson
02:26 Sick Person, 329 E. Woodin Ave., Cashmere Valley Bank, Chelan
08:32 Breathing Problem, 215 W. Allen Ave., Chelan
11:04 Breathing Problem, 219 E. Johnson Ave., Chelan
13:09 Diabetic, 455 Wapato Lake Rd., 12 Tribes Casino, Manson
20:38 Breathing Problem, 320 Kutil Pl., Manson

Manson Fire District

- 20:38 Breathing Problem, 320 Kutil Pl., Manson

Oct. 3

- Chelan Fire District #7
07:40 Heart Problem, 117 Orchard View Dr., Chelan

- 08:12 Breathing Problem, 912 W. Parkview Rd., Chelan
15:14 Injury Accident, Knapps Tunnel South, Chelan
16:39 Commercial Alarm, 317 E. Johnson Ave., Chelan
20:16 Fall-1, 721 E. Woodin Ave., Chelan

Entiat Fire District

- 08:32 Abdominal Pain, 2621 2nd St., Entiat
15:14 Injury Accident Knapps Tunnel south, Chelan
16:39 Commercial Alarm, 317 E. Johnson Ave., Chelan

Chelan EMS

- 05:39 Sick Person, 2347 Washington St., Manson
07:40 Heart Problem, 117 Orchard View Dr., Chelan
08:12 Breathing Problem, 912 W. Parkview Rd., Chelan
15:14 Injury Accident Knapps Tunnel south, Chelan
20:16 Fall-1, 721 E. Woodin Ave., Chelan

Oct. 4 - 6

No reports available.

Campaign poster for Allen Blackmon for Judge, Chelan County District Court Pos. 1, 8th of November 2022, 509.720.7706

Campaign poster for Mike Morrison for Chelan County Sheriff, backed by over 1,000 years of law enforcement experience

Table listing Chelan County Sheriff's Office staff including Sheriff Dan Kimball, Sergeant Bruce Long, Detective Paul Rohrbach, and Deputy Judy Wall.

Business & Services Directory advertisement for Kelly Allen Agency, Insurance, Medicare, Health Insurance, and contact information.

QR code and website information for morrisonforsheriff.com and morrisonforchelancountysheriff.

OBITUARIES

Joel R. Bernatz



Joel R. Bernatz, 83, of Chelan, Washington, died at his home September 25, 2022 following a long illness with Prostate Cancer.

Joel was born August 6, 1939 at Decorah, Iowa, to Robert M. Bernatz and Gertrude M. C. Anderson. He attended school in Decorah, graduating from high school in 1957, "The Best of Times!". After high school, Joel attended Luther College and graduated from Iowa State University with a major in botany and a degree in Forest Management in 1962.

During summers, he slogged his way through school, working on fire suppression crews on the Deschutes National Forest in Oregon and with the Forest

Service Smokejumpers in Missoula, Montana.

After college graduation, Joel moved to Lake County, Oregon and lived in the high desert of Paisley, Oregon. Here he worked on the Fremont National Forest, spending five years doing timber sale layout, cruising, timber stand improvement, and land line restoration. (12 months in the woods and on snowshoes all winter).

In 1967, Joel was transferred to the Chelan Ranger District of the Wenatchee National Forest where he served as the Resource Assistant on the District until his retirement. Thru his long career on the Chelan

Ranger District, Joel witnessed the creation of the North Cascade National Park in 1968, the beginning of the environmental movement, the creation of the Glacier Peak Wilderness, and the boom and bust of the timber industry in NC Washington.

Joel served on the City of Chelan Park Board and PUD Citizen Advisory Committee planning for the PUD Riverwalk Park and Loop Trail.

In late 1968, Joel got lucky and met Bernice A. Holmes at Campbell's Lodge in Chelan. He married this cute twin in the Lutheran Church on May 23, 1970. Bernice and Joel have one son, John

Erik, born in 1972. John now works in Renton and Moses Lake, Washington.

Joel had a special interest in Mineralogy and spent much time in Montana digging for gemstones. Wonderful times were had with son John backpacking and camping with friends in the North Cascades and hiking the special sandstone cracks in Utah. When not hiking, John was on his motorcycle and together Joel and John had some great adventures in the back country on old fire roads and single track. Joel always loved his memories of the few trips to Prince of Wales Island in Alaska fishing halibut with

great friends.

Joel leaves his wife, Bernice of the home and son John of Moses Lake, nieces Joslyn Boglioli (Marc) of Vermont, Tahnee Hoag of Pennsylvania and special niece Chy Mettler (Jeff) of Wenatchee.

He was proceeded in death by his parents, sister Susan L. Cassidy and little brother Kevin. Joel will be cremated and scattered on some productive chukar grounds.

At Joel's request there will be no service. Memorials, in lieu of flowers may be made to the Wenatchee Valley Humane Society or a memorial of your choice.

Emmit R. Aston Jr.



Emmit R. Aston Jr. 86, passed away at his home of congestive heart failure on September 2, 2022. He was comforted and surrounded by his loving, devoted family.

He was born on May 30, 1936 in Omak, Washington to Emmit R. Sr. and Lela Aston. He attended Omak High School. He was active in the Boy Scouts of America, very active in athletics, played the trombone in band, ASB President and graduated in 1954. Emmit enrolled in the University of Washington in 1954. He was accepted into the School of Pharmacy and graduated with a Bachelors of Science in Pharmacy in 1959.

He married Bonnie B. Ced-

erblom of Omak in 1957 and they began a family. In May of 1960, they made beautiful Lake Chelan Washington their home, where they raised 3 daughters.

Emmit started his pharmacy career in Shelton, Washington but the couple wanted to be closer to home. He began working at Green's Drug in Chelan. He wanted to own his own business. They purchased Kier Drug in Chelan

May, 1967 and changed the name to Aston Drug Center. It was a family operated business, with Bonnie at his side.

In 1974, they wanted to expand the pharmacy business and purchased the Kline's Variety Store building next to the Ruby Theater. The pharmacy was moved into this larger building after an extensive remodel. Today, you can see the words "Variety & Dry Goods" on the outside of the building. When the family retired, they gave the large pharmacy safe to Stormy Mountain Brewery who occupies half of the Aston's original building. The pharmacy safe is still on display today in the brewery.

Through the years, Emmit and Bonnie were active in the community. Emmit was a Boy Scout Leader, member of the Junior Chamber of Commerce and Police Auxiliary. He was past president and very active in the Chelan Rustlers. Emmit was a Chelan City Council Member. He

was instrumental in getting the beautification project complete of the down town 100 and 200 block area on Woodin Avenue. This project improved the sidewalks, streets, lighting and infrastructure of Chelan to make it the historic, beautiful town that it is today. Emmit was a founding member of the Chelan Sign Committee, which ushered in a cohesive look to Chelan Valley Businesses. He sat on the City of Chelan and the Chelan County Urban Growth Committee. After working long days at their pharmacy, Emmit drove to Wenatchee to lend his knowledge. Lake Chelan Valley's beauty can be attributed to the volunteerism Emmit participated in.

Emmit was the longest-standing member of the Lake Chelan Health and Wellness Foundation and a valued member of the local health-care community. His dedication to the foundation started in 1991. He enjoyed serving on the board and giving back

to the community. Emmit got to see his long time dream of building a new hospital come true. The Board and Hospital staff gave him a personal tour of the new hospital in June prior to its completion. His family states this was one of the happiest days in his life and they are very thankful to all who made this dream come true.

Emmit and Bonnie enjoyed their ranch outside of Chelan with the 3 daughters. Emmit loved caring for the land, being outdoors, raising horses and various animals. Emmit also was an avid elk hunter. His last elk taken was a huge 6 point, which was on display at the pharmacy and became quite a conversation piece. Emmit enjoyed talking to visitors about his elk hunting trips.

Emmit retired and they sold the pharmacy in June 1991. The business was converted to Aston's Gifts Cards Etc. where Bonnie enjoyed working until 2010. Emmit thrived in his second career as a Real Estate Agent. He also did pharmacy relief work to community pharmacies in North Central Washington.

Emmit was an avid University of Washington fan and enjoyed attending the Husky Football games, which was a life's dream. He was an alumni member and attended the Rose Bowl game 4 times. Emmit's wardrobe consisted mainly of purple and gold. He always wore the college colors proudly!

He is survived by his wife of 65 years Bonnie, daughters Cindy Aston Coonfield, Laura Ruess, Michele Aston Lockrem, 3 grandchildren Laurel Williams, Emmit Ruess, Conrad Ruess, and two great-grandchildren, Ivy Williams and Stetson Williams.

The family is very grateful for the tender care he received from Tina Jack, employed by Care Med Chelan. Tina was at Emmit's side for months and the family could not have cared for him at home without her! Also, thank you to the professional, caring staff at Value Plus and Confluence Home Health and Hospice both of Wenatchee.

Emmit's Celebration of Life will be held October 22, 2022 at 2 p.m., located at North Shore Bible Church, 123 Wapato Point Pkwy., Manson, Washington. You are invited to dress casual and wear your favorite sports team colors.

Please visit Emmit's online memorial page at www.heritagememorialchapel.com. This is a nice place to share memories with the family.

His Celebration of Life Service will be available to view after the fact on the Facebook page of Northshore Bible Church.

In lieu of flowers, gifts, Emmit requested contributions be made to Lake Chelan Health and Wellness Foundation P.O. Box 1911 Chelan WA. 98816. For electronic contributions go to their web site at: lchealthwellness.com.

"Celebration of Life"
service for **Jessie Marie O'Neal**
Saturday, October 15, 2022
11 a.m.
Lake Chelan
United Methodist Church
206 N. Emerson, Chelan



DEATH NOTICES

Robert C. Christopher

Robert C. Christopher, 74, of Manson, Washington and formerly of Chelan, Washington, passed away on October 6, 2022. Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(877) 330-1491

FREE 7-Year Extended Warranty* - A \$695 Value!

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



Are you turning 65 or new to Medicare & confused? I can help you!



Tracy Greene
Independent Insurance Agent/Broker
tracy@greeneinsuranceservices.com



Greene Insurance Services

509-888-2328 | 144 E. Woodin Ave. | Chelan

WOOD PELLETS
WHILE SUPPLIES LAST.
\$5.49/bag OR \$274.50/pallet
Local Delivery Available - Add only \$15

LAKE CHELAN BUILDINGS SUPPLY
We Help Build Better Communities
Chelan • 509.682.4017 | Manson • 509.687.9595
www.lakechelanbuildingsupply.com

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



<p>• CHELAN</p> <p>CHELAN CHRISTIAN CHURCH Morning Worship 10 am 509-682-2025 • 210 E. Wapato Ave. Pastor Mark Wilton</p> <p>CHURCH OF THE NAZARENE Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 509-682-5135 • Sanders St. & Okanogan Ave.</p> <p>LAKE CHELAN LUTHERAN CHURCH Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts. 509-682-9063 • 216 W. Nixon Ave.</p> <p>LAKE CHELAN UNITED METHODIST CHURCH Worship 10 am 509-682-2241 Corner of Johnson & Emerson</p>	<p>• CHELAN</p> <p>LIVING STONE CHURCH Sunday Gathering 10 am 216 N. Emerson St. (Upper Room/Chelan Library) Office location: 105 N. Emerson St., Suite 204 509-682-5953 www.lscchelana.org Please join us</p> <p>ST. ANDREW'S EPISCOPAL CHURCH Worship 10 am via: https://us02web.zoom.us/j/84574811302 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 509-682-2851 • www.standrews-chelan.org</p>	<p>• ENTIAT</p> <p>ENTIAT FRIENDS CHURCH Pastor Mark McDonald 509-784-1342 email: entiatfriends@nwi.net 2848 Entiat River Road Sunday morning Bible Classes 9:45 am Sunday morning Worship 11 am Sunday morning Worship (summer months) 10 am Wednesday Shared Dinner 6 pm Wednesday Programs Adults/Youth/Children 7 pm</p>	<p>• MANSON</p> <p>MANSON UNITED METHODIST CHURCH 10:00 am Worship, Holy Communion the first Sunday of the month "Come as you are, all are welcome" 687-3311, at the corner of Green and Boetzkes Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon</p> <p>• BREWSTER</p> <p>HOPE LUTHERAN CHURCH - LCMS Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am 509-689-3106 • 1520 Sunset Drive</p>
---	---	--	--

"With men this is impossible; but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

CHELAN HIGH SCHOOL SPORTS RECAPS

Lady Goats sweep
Pioneers, Kodiaks

SUBMITTED BY ABBY LEWELLEN, CHS VOLLEYBALL

Oct. 6

The Lady Goats traveled to Omak tonight and put on a dominating performance against the number one ranked team in state according to WIAA rankings. The Goats swept the Pioneers 25-6, 25-8, 25-18.

Team Stats:

Kills
Olivia Strandberg: 14
Brynn Hughbanks: 12
Kira Sandoval: 4
Digs:
Celia Polley: 11
Kira Sandoval: 4
Aces:

Juliana Perez: 4
Olivia Strandberg: 4
Celia Polley: 3
Assists:
Juliana Perez: 27

Oct. 4

The Lady Goats hosted the Cascade Kodiaks tonight and swept them 25-8, 25-6, 25-10.

Team stats:

Kills:
Olivia Strandberg- 11
Brynn Hughbanks- 9
Juliana Perez- 5
Makenzie Griggs- 3
Digs:
Celia Polley- 7
Olivia Strandberg- 4
Brynn Hughbanks- 3
Aces:
Celia Polley- 4
Olivia Strandberg- 3
Juliana Perez- 3

Makenzie Griggs- 2
Makayla Garfoot- 2
Assists:
Juliana Perez- 16
Makayla Garfoot- 9

Lady Goats hosts the Kodiaks

SUBMITTED BY COACH AMARIS LONGMIRE, CHELAN HIGH SCHOOL GIRLS' SOCCER

Oct. 4

CHELAN- This evening the Goats had their second annual Future Goat International Walk-out. Eighteen young ladies from preschool to 5th grade joined the current Goats in introductions with their name as well as our current Goats names read. Each future Goat was gifted with a t-shirt and a ball with words of wisdom

from high school players to the future Goats. The current Goats look forward to watching the future Goats in a few years.

Following introduction's, it was time for the Goats to take on the Cascade Kodiaks. The Kodiaks came out hard and were ready to challenge the Goats. The possession was back and forth the entire first half. It wasn't until a missed pass that the Kodiaks were able to take a lucky strike and send a ball into the back of the net.

The second half was a continual battle as the Goats defense proved once again to be very strong and hold off any further attacks by the Kodiaks. The Goats had numerous chances to finish the ball, however they were not able to find the back of the net this evening.

The Goats were on the road this Friday, Oct. 7 to face the Omak Pioneers.

ENTIAT HIGH SCHOOL FOOTBALL RECAP

Tigers defeat Yakima
Tribal, Mustangs

SUBMITTED BY BRIAN BAILEY, ENTIAT HIGH SCHOOL HEAD FOOTBALL COACH

Entiat at Yakima Tribal

TOPPENISH- Entiat traveled to Toppenish on Friday afternoon, Sept. 30 to take on Yakima Tribal. In an outstanding Defensive effort by the Tigers, Entiat defeated YT 56-0. Entiat was led by three key Defensive Interceptions; one by Christian Santos, one by Noah Fogelstrom, and one by Trent Renslow. Fogelstrom and Renslow both returned theirs for touchdowns (32 and 30 yards respectively), while Santos' 52 yard interception return set up another Tiger score. Noah Fogelstrom was in on 8 total tackles for the Tigers, while Pedro Arias contributed 9 total tackles, including a sack.

Offensively, QB Landon Crutcher ran for 106 yards and 3 TDs on 6 carries, while Pedro Arias ran for 66 yards and a TD on 4 carries. Crutcher was 9-12 passing for 86 yards, including TD passes to Monico Valadez-Robinson (8 yards), and Junior Verduzco (25 yards).

Bridgeport at Entiat

ENTIAT - The Entiat Tigers opened NCW 1B League play Thursday night, Oct. 6 with a 62-32 win over visiting Bridgeport. Scoring came early and often for both teams in the first quarter as Entiat outscored Bridgeport 22-18. The middle two quarters were dominated by Entiat, as they outscored Bridgeport 32-6 in the 2nd and 3rd quarters. The Tigers were led Offensively by a physical and dominating Offensive Line that included Braedyn Brumback, Seth Miller, Isaiah Brumback, Eric Ayala, and Jovany Torres. They paved the way for 255 rushing yards by the Tigers. Landon Crutcher led the ground attack for Entiat, carrying 18 times for 116 yards and 5 TDs, while Pedro Arias added 18 carries for 110 yards and a 53 yard TD run. Not to be outdone, Christian Santos caught 5 balls through the air for 105 yards, including a 46 yard TD. Crutcher was 14-20 passing, for 228 yards and 2 TDs. Noah Fogelstrom also caught a 40 yard TD pass from Crutcher and contributed a key interception late on the Defensive end for the Tigers. The Tigers held the Mustangs to negative rushing yards on the night.



Courtesy Wendi Crutcher

ABOVE: Braedyn Brumback sets to kick off.

BELOW: Coach Brian Bailey makes the play call.



Sammi Jo Sims finalist for Association
for Career and Technical Education's
New Teacher of the Year award

University of Idaho College of Agricultural and Life Sciences (UICALS) alum Sammi Jo Sims (2018, agricultural education and animal and veterinary science) is one of five finalists for the Association for Career and Technical Education's New Teacher of the Year award. This award recognizes career and technical education (CTE) teachers at the middle/secondary school level who have demonstrated innovation in the classroom, commitment to their students and dedication to the improvement of CTE in their institutions and communities.



Sammi Jo Sims

Sammi is an Agriculture Education Instructor and FFA Advisor at Ellensburg High School, located in Ellensburg, WA. She is in her sixth year of teaching and is very passionate about Career and Technical Education and the opportunities it provides to students. She was very involved in CTE at her high school and took classes through Ag Ed, Health, Business and Tech Ed. She served as a past Washington State FFA Officer before going on to earn her AAAS-Agricultural Sciences Degree

from Walla Walla Community College, B.S., Agricultural Education from the University of Idaho, and M.S. Curriculum and Instruction from Western Governors University.

She enjoys being able to bring both her education and field experiences into the classroom to provide students with meaningful connections and experiences. Sammi Jo lives in Ellensburg with her husband, three children and many farm critters. She was selected as the 2022 ACTE Region V New Teacher of the Year in April. The national winner will be selected at the ACTE Awards Gala on November 30. Good luck Sammi.

She is the daughter of Rod and Cherie Cool of Chelan.

THE GREAT COLVILLE SPACE RACE

Win the race to the Planet of Gold for a chance of up to \$5,000 at LCC & OCH and \$3,000 at CDC

SELECT DAYS IN OCTOBER & NOVEMBER

455 WAPATO LAKE ROAD | MANSON, WA 98831
509.667.6911 | COLVILLECASINOS.COM

TRIBES COLVILLE CASINOS

NCW Libraries

Borrow LOCALLY WITH A LIBRARY CARD

LEARN & GROW

Take your career to the next level and help your student succeed with tons of online resources and services.

1-800-426-READ | info@ncwlibraries.org | ncwlibraries.org/signup

Help us honor and show support to our Veterans

Veterans Day - Nov. 11

This is a FREE SERVICE to HONOR our Troops & Veterans

Send us your Photo & Information by Nov. 2 | Publishes Nov. 9

Veterans Information ___ Active ___ Retired ___ Deceased

Veterans Name: _____

Medals & Commendations: _____ Service Branch: _____

_____ Service Location: _____

_____ Years of Service: _____

Your Name: _____ PH# _____

Full Address: _____

Email: ruthk@lakechelanmirror.com
Bring in or mail. Must be received by Nov. 2

We will use the 2021 veterans names again this year and will revise where necessary.

QUAD CITY HERALD LAKE CHELAN MIRROR 131 S. Apple Blossom Drive, #109
PO Box 1922, Chelan, WA 98816
509-682-2213

Show your support to our Veterans & Troops with a "We Support Ad"

Call your Advertising Sales Executive today!
Chelan & Brewster
Ruth Keys - 509-682-2213
ruthk@lakechelanmirror.com
Cashmere & Chelan
Lindsay Timmermans - 509-860-7301
AdExec1@ncwmedia.net
Leavenworth & Cashmere
Carol Forhan - 509-548-5286
Carol@leavenworthecho.com

Ad deadline Wed., Nov. 2
Publishes Nov. 9

Thank you for your service From John Smith, a proud, retired U.S. Army Veteran

Thank you for defending our Country!

Name: _____
Phone: _____
"We Support" message: _____

1 column x 3" ad - Ads are in full color and will carry your message for only \$40 per paper
Ads must be prepaid - We accept all credit cards



Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

```

ELMS  BAT  COVE
YEAH  POSH  AARON
EASE  TOTA  LUCID
SKELETON  GLAD
SATYR  SAD
ASTHMA  THERETO
TOE  PSYCHE  OARS
SYNCS  OAR  INSET
EACH  MUTUAL  TAI
ASHAMED  SIESTA
ION  ALTAR
LEND  EXORCISM
LOUSE  DIVA  CLUB
SCRAM  GAEL  AUTO
DHOW  ELD  SHEEP
    
```

7	6	9	8	1	3	5	4	2
5	1	3	4	2	7	8	9	6
8	4	2	9	5	6	1	3	7
9	7	4	5	6	1	2	8	3
6	5	1	2	3	8	9	7	4
3	2	8	7	9	4	6	1	5
1	3	7	6	8	5	4	2	9
4	9	6	1	7	2	3	5	8
2	8	5	3	4	9	7	6	1

Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our Local Newspapers and Online at NCWMARKET.COM for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email
classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email
mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

General Interest

REVERSE MORTGAGE
A Better Way to Live

Mutual of Omaha
REVERSE MORTGAGE

Let's Talk
Carlos Mata NMLS #70770
Reverse Mortgage Specialist
509.662.5495
cmata@mutualmortgage.com
710 N. Miller St.
Wenatchee, WA 98801

Mutual of Omaha Mortgage, Inc., NMLS ID 1025994, WA Consumer Loan Company License CL3022894. These materials are not from, or approved by HUD or FHA. www.reversesolutions.com. Subject to credit approval. #967-232734 (D) Equal Housing Lender



Upgrading your 'ride'? we can help you sell your old one

• Place your ad 24/7 at ncwmarket.com
• Email: mirrorads@lakechelanmirror.com
• Call 682-2213

General Interest

Brewster School District Child Find Notice

The process of locating and evaluating children with developmental delays or other disabilities is referred to as "Child Find." The Individuals with Disabilities Education Act (IDEA) requires all school districts to locate, evaluate, and provide services to individuals birth to age 21 years old who may have a disability.

If you suspect your child or if you know of a child that may have a developmental delay or disability, please contact the Brewster School District Special Education Department at 509-689-2581.

The Brewster School District offers free developmental screenings. These screenings are designed to provide a brief assessment of the communication, adaptive, cognitive, social-emotional, and motor development of the child. Developmental screening appointments are available. Please contact Krisel Najera at 509-689-2581, extension 2320 to schedule an appointment.

Distríto Escolar de Brewster Aviso del Proceso de Child Find

El proceso de localizar y evaluar a los niños con retrasos en el desarrollo u otras discapacidades se conoce como "Child Find". La Ley de Educación para Personas con Discapacidades (IDEA) requiere que todos los distritos escolares ubiquen, evalúen y brinden servicios a personas desde el nacimiento hasta los 21 años que puedan tener una discapacidad.

Si sospecha de su hijo o si sabe de un niño que puede tener un retraso en el desarrollo o una discapacidad, comuníquese con el Departamento de Educación Especial del Distrito Escolar de Brewster al 509-689-2581.

El Distrito Escolar de Brewster ofrece evaluaciones de desarrollo gratuitas. Estas evaluaciones están diseñadas para proporcionar una evaluación breve del desarrollo comunicativo, adaptativo, cognitivo, socioemocional y motor del niño. Las citas de evaluación del desarrollo están disponibles. Comuníquese con Krisel Najera al 509-689-2581, extensión 2320 para programar una cita.

WWW.
lakechelanmirror.com

Employment

Help Wanted

Local woman would like occasional cleaning (6-12x/year) for her 2 bedroom, 2 bath, 900' condo on the first floor unit in Leavenworth. All supplies will be provided. Flexible cleaning days and times, \$20 per hour. Please contact Merry at 425-802-4501.

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only** for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Data Retriever & Office Support.

Full-time. Learn to retrieve court records online and from various court record databases Nationwide. Need person who has a positive, solid work history. Takes pride in their work. On time. Independent. Accurate. Familiar with using computer and multi-line phone. Also, team player to help office staff get work completed. \$17.00 to start. Begin earning vacation/ sick time immediately. Spanish speaking a plus. Background Check and Drug Testing required. Send cover letter to Orca@orcainfo-com.com or text 360-840-0326. Attention Rebekah.

Help Wanted

NCW Media Newspapers

is looking for a Part to full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume.

This job is based in Leavenworth, WA. Applicants would be covering Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published monthly. Responsibilities would include:

Writing about local events. Photographing sporting events for the local schools. Uploading content once a week to the web.

For the Wenatchee Business Journal: Compiling a list of new businesses/bankruptcies and property listings each month.

Keeping up with people, interviewing local businesses and community members and other assigned duties. Candidate would need to have reliable transportation. Pay will be based on experience. Email your resume and writing examples to publisher@leavenworthecho.com or call for an appointment to interview 509-548-5286. 10-5 p.m. weekdays. EOE



Looking for a home for your Furry friend?

Try the pet section on NCWMarket.com

Help Wanted

Bus Driver/ Operator Full-time

Organization: Okanogan County Transit Authority (TranGO) TranGO IS HIRING DRIVERS;

Full-time (36 plus hours per week) positions available now; hourly non-exempt.

Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com

for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan.

Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

For Sale

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only? Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call

The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

WHAT'S EVENTS HAPPENING

Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available



RUN IT 'TILL IT SELLS

Housing sales are **HOT!**

Is your home getting the attention it needs!

Advertise your property on **NCWMarket.com** for one low fee!

\$100 fee includes:

- Up to 5 photos of your home & property
- Video • Unlimited description
- Google Map to your location (you can opt out)
- **Privacy Link** (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



General Merchandise

ALL OCCASIONS Greeting Cards ONLY .50 per card. Special Leavenworth Cards now only \$1.00 per card for a fundraiser for Royal Ladies of the Autumn Leaves

Real Estate

Wanted to Rent

Senior wanting to rent a room and bath on ground floor, clean and no frills in downtown location for approximately a week. Starting November 1. Please call Sheryl 206-960-1950.

Vehicles

Trucks & Vans

FREE-FREE You will need to haul away. '91Jeep Cherokee 368,000 miles. Some body damage but engine still in good condition, worth around \$1000. It has not run in a few years. Call Carol to see in the evenings. 509-670-1723. See engine at NCWMARKET.COM

CLEAR SOME SPACE WITH A



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? Deadline Friday at Noon for all papers

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

Legals

Public Notices

CITY OF CHELAN - NOTICE OF APPLICATION

The City of Chelan has received a permit application for the following project. Application Date: September 20, 2022 Determination of Complete Application Date: October 4, 2022 Notice Date: October 12, 2022 Comment Due Date: November 14, 2022 Agency Contact: Devyn Walter, Associate Planner, dwalter@cityofchelan.us, (509) 682-8037 Agency File Number: SSDP2022-05 / SEPA2022-05 Proposal: An application for a Shoreline Substantial Development Permit (SSDP) for a Boatlift in the existing Crystal View Estates Marina. Project Location: 314 SR 150, Chelan WA, Parcel Number: 27-22-04-520-005, 47.8406 N lat. /-120.0890 W long. Project Applicant: Anne Hessburg, Grette Associates LLC, 151 South Worthen St, Suite 101, Wenatchee, WA 98801 (Authorized Agent/Contact) Helen and Edward Mahrt, 19420 39th Ave SE Bothell, WA 98012 (Owner/Applicant) SEPA Environmental Review: The City of Chelan has reviewed the proposed project for probable adverse environmental impacts and expects to issue a Determination of Nonsignificance (DNS). This determination is based on the following findings and conclusions: Preliminary review of the application materials and SEPA checklist for compliance with applicable regulations of the Chelan City Code and Shoreline Master Program. The optional DNS process in WAC 197-11-355 is being used. This may be your only opportunity to comment on the environmental impacts of the proposed project. The proposal may include mitigation measures under applicable codes, and the project review process may incorporate or require mitigation measures regardless of whether an EIS is prepared. A copy of the subsequent threshold determination for the specific proposal may be obtained upon request. Agencies, tribes, and the public are encouraged to review and comment on the proposed project and its probable environmental impacts. Comments must be submitted by the date noted above to Devyn Walter, P.O. Box 1669, Chelan, WA 98816 or dwalter@cityofchelan.us The application and any related materials may be reviewed at City Hall, Community Development Department at 135 E. Johnson Avenue, Chelan WA, during regular business hours. Required Permits: The following local, state, and federal permits/approvals are needed for the proposed project: Washington Department of Fish and Wildlife - Hydraulic Project Approval (HPA); United States Department of the Army (U.S. Army Corps of Engineers) - Section 10; City of Chelan Building Permit. Existing Environmental Documents: SEPA Checklist Preliminary determination of the development regulations that will be used for project mitigation and consistency: City of Chelan Shoreline Master Program, City of Chelan Comprehensive Plan, City of Chelan Municipal Code, City of Chelan Development Standards, International Building Code (IBC), International Fire Code (IFC), Applicable State and Federal regulations. Public Hearing: N/A Published in the Lake Chelan Mirror October 12, 2022 #4762

Public Notices

SUPERIOR COURT OF WASHINGTON FOR KING COUNTY

In the Matter of the Estate of BARBARA JUNE STEVENS, Deceased. NO. 22-4-06420-7 SEA NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of first publication: September 28, 2022 VICTOR MATTHEW STEVENS, Personal Representative LIBERTY B. UPTON, of KHBB Law PLLC, Attorney for PR Hoge Building Suite 800 705 Second Avenue Seattle, WA 98104 Published in the Lake Chelan Mirror September 28, October 5, 12, 2022#4623

Public Notices

CITY OF CHELAN - NOTICE OF DECISION

On October 4, 2022, the City of Chelan Shoreline Administrator rendered a decision for APPROVAL of a permit for a Shoreline Substantial Development Permit, SSDP2022-03 Chelan Dam Seismic Station. For a copy of the decision, please call (509) 682-8017. Project Description: This request is for a Shoreline Substantial Development Permit (SSDP) for the installation of a Seismic Monitor to monitor earth movements that may impact the safety of Lake Chelan Dam. Location: 422 Navarre St, Chelan, WA; Parcel: 27-22-13-410-200 Applicant/Agent: Applicant: Chelan County PUD, P.O. Box 1231, Wenatchee, WA 98807; Agent: Edrie Risdon; Chelan PUD, P.O. Box 1231, Wenatchee, WA 98807 Appeal Period: Pursuant to the Chelan Municipal Code 19.34 anyone aggrieved by this decision may seek an administrative appeal to the hearing examiner. Pursuant to RCW 90.58.180, anyone aggrieved by this decision may seek review from the Shorelines Hearings Board by filing a petition for review within twenty-one days from the date of actual receipt by the State Dept. of Ecology of the City's decision. The complete case file for the above application may be reviewed by contacting the City of Chelan Department of Planning & Community Development, 135 E. Johnson Avenue, Chelan WA. Contact: Devyn Walter, Associate Planner, PO Box 1669, Chelan, WA 98816, 509-682-8017 Published in the Lake Chelan Mirror October 12, 2022. #4671



Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF KITSAP

IN THE MATTER OF THE ESTATE OF JASON B. WINTERS, Deceased. NO. 22-4-01021-18 NOTICE TO CREDITORS The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both Decedent's probate and non-probate assets. Date of Filing Notice to Creditors with Clerk of the Court: September 16, 2022 Date of First Publication in Lake Chelan Mirror in Chelan County, WA: September 28, 2022 Personal Representative: Brent Winters Attorneys for Personal Representative: Sanchez, Mitchell, Eastman & Cure, PSC Address for Mailing for Service: 4110 Kitsap Way, Suite 200 Bremerton, WA 98312-2401 Published in the Lake Chelan Mirror September 28, October 5, 12, 2022 #4646

Public Notices

PUBLIC NOTICE LCRD HAS ONE BOARD OF DIRECTOR POSITION OPEN

The Lake Chelan Reclamation District has Petitions of Nomination available for individuals who are interested in filing for a director position with the District. There is one (1) position open, it is a three year commitment, beginning January 1, 2023. Petitions for the director positions must be returned to the Lake Chelan Reclamation District office by 5:00 p.m., Monday, November 7, 2022. Published in the Lake Chelan Mirror October 12, 19, 26, and November 2, of 2022.#4755



How to relieve vaginal dryness

Q: Since menopause, I've noticed dryness and itching "down there." Is there anything besides hormone pills that can help?

Vaginal dryness and discomfort affect over 75% of post-menopausal women. These symptoms also commonly affect women taking anti-estrogen medicines for breast cancer.

Without estrogen, the vagina and birth canal cells begin to shrink or atrophy. They lose elasticity and secrete less lubricating fluid. This leads to feeling vaginal dryness, itching, and burning, and when you lose the lubrication of vaginal secretions, sexual activity can become quite painful.

Vaginal secretions are crucial to a healthy vaginal environment. They help create and maintain an optimal level of acidity in the vagina. This vaginal acidity supports the growth of "friendly" bacteria like lactobacillus and discourages yeast and certain bacterial infections.

The distress of vaginal discomfort and dryness can be relieved in several ways. You can apply a long-acting moisturizer, use a personal lubricant, or add estrogen to your vaginal tissue.

Replens® is a long-acting moisturizing gel that works for up to 3 days at a time. It's available without a prescription in 2 different forms. You can choose premeasured doses inside individual plastic applicators or one tube with a reusable applicator.

Vaginal moisturizers can relieve dryness and burning and make sexual intercourse more comfortable. However, a moisturizer alone won't reverse the changes in your vaginal cells, optimize the acidity of your vagina, or restore helpful lactobacillus.

Newer vaginal moisturizers contain hyaluronic acid for long-lasting moisture, plus a mild acid to support vaginal acidity. Hyaluronic acid is as effective as low-dose estrogen vaginal cream in relieving dryness, burning, and painful sexual activity.

Vaginal lubricants differ from moisturizers and often contain silicones, oils, fragrances, and flavors. Lubricants ease symptoms of dryness and increase the comfort of sexual activity but do not optimize vaginal acid balance or encourage lactobacillus.

Applying a small amount of estrogen directly to vaginal cells restores their elasticity, acidity, and ability to secrete a lubricating fluid. This encourages beneficial lactobacillus while reducing dryness and burning.

Can breast cancer survivors safely use low-dose or a local vaginal estrogen to reverse the symptoms of vaginal discomfort? The evidence suggests YES. When applying it directly to vaginal cells, a little estrogen can make a big difference. When used at appropriate doses, vaginal estrogen doesn't create a detectable level in the blood which could act on endometrial or breast tissue.

There are several forms of local estrogen: vaginal creams used with an applicator (Premarin®, Estrace® or generic estradiol), vaginal tablets with



individual applicators (Vagifem®), and a gelatin ring that slowly releases estrogen (Estring®). The starting dose for estrogen creams and vaginal tablets is once daily at bedtime for 1-2 weeks, then twice weekly. Estring® is a flexible estrogen ring inserted vaginally and replaced every 90 days.

Other prescription-only options for vaginal discomfort include Ospheña® and Intrarosa®. Ospheña® tablets mimic the effects of estrogen in vaginal tissue but block estrogen's action in breast tissue.

Intrarosa® is a tablet containing DHEA (dehydroepiandrosterone) inserted vaginally at bedtime. Intrarosa® is more effective at relieving vaginal dryness than other types of supplements containing DHEA.

Contact your doctor if you have significant vaginal discomfort. After checking for infection or other conditions, ask whether low-dose vaginal estrogen or another medicine is a possible option for you.

Here Are 6 Tips to Help Relieve Vaginal Discomfort:

1. Be consistent.

For best results, use vaginal moisturizers and estrogen consistently. Most estrogen products need to be applied at least twice weekly. Long-acting vaginal moisturizers can last for up to 3 days.

2. Shop online if needed.

Although Replens® and Vagisil® moisturizers are available in most grocery stores and pharmacies, vaginal moisturizers containing hyaluronic acids like Good Clean Love's Bionourish® and Revaree® manufactured by Bonafide are harder to find.

3. More can be better.

You can use a vaginal moisturizer in addition to locally applied estrogen to get more relief. For best results, apply moisturizer and estrogen on alternating days.

4. Add a personal lubricant.

Try a personal lubricant if sexual contact is uncomfortable despite using a vaginal moisturizer with or without low-dose estrogen. There are many choices available today besides the old standby, K-Y Jelly®.

5. Know your options.

Discuss your options for vaginal estrogen and other medicines to relieve vaginal dryness with your doctor.

6. Shop around.

Even with insurance, prescription options for the relief of vaginal discomfort can be expensive. A 90-day supply of generic estradiol vaginal cream can be as low as \$60 or over \$400 for Premarin® cream, vaginal tablets, Estring® vaginal ring, Intrarosa®, and Ospheña®.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey

CROSSWORD PUZZLE

Crossword puzzle grid with numbers 1-64 and black squares.

THEME: HALLOWEEN ACROSS

- 1. *Trees in famous Wes Craven's horror movie
5. *Vampire's altered form
8. Sheltered nook
13. Fancy schmancy
14. Rodgers of the Packers
15. "At ___" to a soldier
16. I, to a Greek
17. With clear mind
18. *Popular Halloween decor
20. Alternative to Saran
21. Dionysus' pipe-playing companion
22. Blue, but not as in color
23. Cause of wheezing
26. To that
30. Corn site
31. To "___ out" a competitor
34. Longship propellers
35. Synchronizes, for short
37. #34 Across, sing.
38. Magazine's special feature
39. Per person
40. Like a certain fund
42. Thailand native
43. Embarrassed
45. Afternoon nap
47. + or - item
48. Sacrificial spot
50. What libraries do
52. *Eviction of a demon
55. Hair-loving parasite?
56. Cher, e.g.
57. Golfer's equipment
59. "Beat it!"
60. Celt
61. On its own
62. Type of sailing vessel
63. Old age, archaic
64. Leak through

DOWN

- 1. *Michael Myers has only one in "Halloween Kills"
2. Meadows
3. *Halloween face cover
4. Expression of exasperation
5. Ill-gotten gains
6. 19th century business magnate John Jacob
7. Comparison word
8. *Witch's pot
9. Killer whale
11. Last word in a fairy tale
13. Statue of mourning Virgin Mary, pl.
14. Aquarium scum
19. Light sources
22. Pronoun for a ship
23. Away from harbor (2 words)
24. Popular animal protein replacement, pl.
25. a.k.a. doctor fish
26. Through, in a text
27. Sunrise side, pl.
28. *Not a trick
29. Plural of ostium
32. Common second person pronoun contraction
33. *Witch's four-legged companion
36. *Leatherface's signature weapon
38. Hipbone-related
40. Family ___ and wing ___
41. Stellar
44. Data transmitting device
46. Kane and Goldberg, of TV
48. Type of rotation
49. Cherished
50. Nessie's home
51. European currency
52. Competitive advantage
53. Uncontrolled swerve
54. Remote control option
55. Dropped hallucinogen
58. Gene Vincent's "Dance to the ___"

SUDOKU PUZZLE

Sudoku puzzle grid with numbers 1-9 and blank squares. Includes promotional text for Safe Step Walk-in Tub.

dish BRING EVERYTHING YOU LOVE TOGETHER! 2-YEAR TV PRICE GUARANTEE \$69.99 190 CHANNELS

Experts Warn Homebuyers of Red Flags Beyond Climbing Interest Rates

MARY PRENON

Over the past two years, houses nationwide were going like hotcakes, with sellers often receiving tens or even hundreds of thousands of dollars over the asking price. Buyers often waived inspections and picked up some of the sellers' costs in dire hopes of securing that coveted single-family home.

While the landscape has now changed because of higher interest rates, many parts of the country are still seeing bidding wars, and home prices aren't yet experiencing a sharp decline. With inventory still lower than normal, many buyers remain hungry for a piece of the American Dream.

However, some experts are cautioning would-be homeowners about quickly jumping into the home-buying pool without doing their homework first.

"Listing prices are still high, and combined with the higher mortgage interest rates, people are going to be overpaying for their homes," Andre Stewart, CEO of InvestFar, a real estate marketplace and database firm, told The Epoch Times. "It's important for them to review their budget and make sure they're not getting in over their heads."

In the present market, the average homebuyer can expect to pay up to 25 percent more than a year ago.

"It's one thing if you're buying a home to live in it for a very long time, but most people live there for 5 to 10 years, and then resell it," Stewart said. "You want to make sure you're going to make money on that sale."

Stewart, author of "The Real Estate Investing Diet," advises potential buyers about other often-ignored "red flags" of home purchasing.

"During the pandemic, a lot of people were buying properties sight unseen, and they were skipping inspections," he said. "Getting a home inspection is extremely important—even with brand-new housing developments."

Because new construction costs have skyrocketed, Stewart warns that some new developments may not be completed as expected.

"There have been situations where people have purchased a home thinking the garage door would be arriving after they moved in, but it was never finished," he said. "It's worth the money to get the inspection so homeowners can have a full punch list of items to be completed before they close on the property."

Even luxury homes can harbor hidden problems, he added, such as mold.

Mark Aakjar, the owner of Mark's In-



▲ A "For Sale" sign in front of a home in Miami on June 21, 2022.



▶ A window air conditioning unit in Houston on July 21, 2022.

spections, has been servicing the New York metropolitan area for the past 14 years.

"Mold is now what asbestos was 15 years ago," he told The Epoch Times. "Mold can be anywhere—it's just a matter of what type and how much. Some people may not have any reaction to it, while others may suffer from allergies or severe respiratory issues."

Aakjar noted that, sometimes, the mold isn't visible.

"If I'm doing an inspection on a Manhattan apartment at the top of a 30-story building, I may not actually see evidence of mold, but an air test will indicate that mold is present. Then we have to start looking for it," he said.

Concerning new construction, he cited other common problems, such as

undersized boilers or air-conditioning units, improper insulation, poor-quality windows, and foundation cracks.

As a real estate finance expert, Michael Gifford cautions potential homeowners to complete their due diligence before making what will likely be the largest purchase of their lifetime. He's the CEO and co-founder of Splitero, which offers options to access home equity without incurring debt or additional monthly payments; the San Diego-based company offers cash to homeowners in exchange for a share of the home.

"I know there's still an urgency for people to want to jump into the market, but they need to make sure they're putting themselves in a proper position for the future," he told The Epoch Times. "And if they do decide to proceed, they

always want to have a home inspection so they can understand exactly what they're buying."

Gifford noted that potential homeowners—especially first-time homebuyers—should educate themselves about the home's electrical, plumbing, heating, and air-conditioning systems, as well as things such as the age of the roof, condition of the basement, wells, septic tank, and the home's foundation.

While roofing and mold remediation can be costly, Aakjar noted that windows are often overlooked big-ticket items.

"Sometimes, builders will install rubber gaskets instead of metal ones, which after time can cause windows to constantly look foggy," he said. "Windows are a cosmetic, but if you have 25 windows that need to be replaced, you're looking at a major expense."

Potential homeowners also should be aware of any curling, damaged, or missing shingles on the roof, as well as the growth of mold or moss. Gutters, trees, oil tanks, and the placement of electrical outlets can be potential hazards, and basements often conceal hidden issues.

"The hardest thing is to predict how often or if a basement gets water," he said. "Telltale signs can be a washer or dryer a few feet off the floor. Just about every basement in the Northeast gets damp, so many homes will need a dehumidifier."

Aakjar highly recommends that homebuyers attend the inspection.

"Buying a home is a huge purchase, and they'll understand so much more when they're walking through and asking questions," he said.

Based on current red flags within the global economy, Stewart believes the housing market could be in for a dismal January and February 2023. Gifford predicts that things could swing back to a buyer's market early next year.

"The fourth quarters are historically lower due to the holiday season, so it's difficult to predict what's going to happen in the coming year," he noted.

Regarding home prices and interest rates, Gifford indicated it may be more difficult for sellers to get into a better home or something just as good for about the same amount of money. On the other hand, he said, buyers may be losing motivation because of rising costs associated with the increased mortgage rates.

"It always goes back to supply and demand," he said. "It's just a really tough situation predicting what turn things will take in the new year and where that will leave buyers and sellers."

Beijing Arrested 1.43 Million People in 100-Day 'Public Security' Campaign Ahead of National Meeting

MARY HONG

The regime in Beijing has detained 1.43 million people during a three-month campaign dubbed a "public security crackdown" ahead of the Chinese Communist Party's (CCP) national meeting. However, not all those arrested are criminals.

As with other key Party events, the regime has tightened security in the capital in the lead-up to this month's all-important meeting known as the 20th National Congress, when Chinese leader Xi Jinping is expected to secure an unprecedented third term.

The regime's Ministry of Public Security, which set up the "100-day operation" that began on June 25, touted the campaign's success during a Sept. 27 press conference: More than 1.43 million people were arrested and 640,000 criminal cases were resolved.

However, many of the so-called suspects are simply ordinary Chinese citizens, including dissidents, activists, petitioners, Christians, and Falun Gong adherents.

Enemies of the People

The regime claims the operation was the "hard fists" needed to protect vulnerable groups, such as women, minors, the elderly, and the disabled.

The Chinese language edition of The Epoch Times learned that police targeted many non-criminals, including people who dared to speak up in defense of citizens in need.

Lawyer Chen Jiahong has been miss-



Paramilitary police officers march at Tiananmen Square in Beijing on June 4, 2020.

By defending our rights, we are fighting for democracy and freedom, which is our greatest hope in life.

Hu Jianguo, activist

ing since Sept. 24, when the police visited his home in Guangxi Province in southern China. Chen was previously imprisoned on a charge of "inciting subversion of state power" for his vocal support of victims of the "709 Crackdown," a 2015 mass arrest of civil rights lawyers and rights activists.

Xiang Jinfeng, an outspoken rights activist from Fujian Province on China's southeastern coast, was detained by local police in Longyan City on Sept. 1 on an unknown charge. His family was told only that the detention would last a month, Xiang's brother told The Epoch Times.

CCP's Societal Risk Factor: Petitioners

Petitioning the government in Beijing has become routine for many Chinese

who believe their voices need to be heard by the authorities. However, they too have become targets of the latest operation.

Hu Jianguo, a Shanghai activist, once said, "By defending our rights, we are fighting for democracy and freedom, which is our greatest hope in life."

For two weeks, police have been stationed in his garage, watching him day and night, just to prevent him from going to Beijing to petition the government, he told The Epoch Times on Sept. 28.

Hu said that some other Shanghai petitioners such as Yang Yonglan, Gu Guoping, and Peng Miaolin and her daughter Peng Jun also are under 24-hour police surveillance.

"I told those communists that they are all embezzlers and thieves who keep money abroad and bully the people," he said. "For that, they sent a few more people [to my home], even a van was parked right outside watching us."

Since 2005, the annual number of petitions in China has remained as high as 10 million, according to a 2013 book titled, "Petitions, Democracy, and the Rule of Law: China Topics," by City University of HK Press.

In fact, the total number of complaints about the regime's governance reached 10.24 million nationally in 2000, according to a 2005 research paper by Xiong Yihan, a political science researcher at Fudan University.

Zero-COVID Versus Zero-Petitioners

In 2021 alone, there were more than

3.8 million complaints specifically addressed to the state anti-corruption offices: the Central Commission for Discipline Inspection and the National Supervision Commission.

The regime claimed that corrupt officials at the grassroots level are the major cause of mass incidents.

To crack down on corruption, local officials initiated a "zero-petitioners" campaign.

Shanxi Province adopted the zero-petitioners initiative in 2020 as one of the main tasks of the provincial standing committee of the CCP. This year, the Education Bureau of Jiyuan, in Henan Province, also promoted the zero-petition initiative to ensure proper implementation of the zero-COVID policy.

Wu Shaoping, a human rights lawyer in the United States, said the CCP's harsh controls have created a state of tension and anxiety among the entire society. The pandemic is only an excuse to control people.

He believes the CCP is fully aware that "people's madness [anger] and protests may lead to the collapse of the regime."

In a 2009 interview with the Voice of America, human rights lawyer Jiang Tianyong said that many petitioners were finally "enlightened" through decades of petitioning.

"They realized it's not just the grassroots officials who are corrupt, but the further they went on with their petitionings, the darker it would get."

Jiang, who also was arrested in the 709 Crackdown, has been under house arrest and 24-hour police watch since his release in 2019 after two years of imprisonment.

Haizhong Ning and Chang Chun contributed to this report.