Rainbow Fentanyl: The colors that kill See pages A2-A3

High School Sports Recaps See page B1

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YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS

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Lake Chelan Winterfest set for January 13-22

SUBMITTED BY MIKE STEELE, LAKE CHELAN CHAMBER OF COMMERCE

LAKE CHELAN - Save the date: Lake Chelan Winterfest is coming January 13-22. Features will include intricate ice sculptures, two spectacular fireworks shows, the infamous Ice Bar, live music, kid's activities, and more across the Lake Chelan Valley. Winterfest buttons are now on sale at the Lake Chelan Chamber for \$10. These buttons give exclusive access to extra discounts and deals at participating businesses and wineries throughout the duration of Winterfest, as well as access to activities like the Ice Bar and Ice Slide.

For more information and a list of Winterfest activities, visit LakeChelanWinterfest.com.

About the Lake Chelan Chamber of Commerce: The Chamber has been in operation since 1924 and currently has nearly 500 members. It exists to drive economic growth through leadership, advocacy and promotion that enhances the quality of life in Lake Chelan.

Lake Chelan Valley Events, Things to do, Meetings

 $Christmas \ Services$ CHELAN/MANSON/ENTIAT - Area churches are welcome to send in their Christmas Eve and related Christmas services to be published in the Lake Chelan Mirror. Email them to: ruthk@lakechelanmirror. com. Deadline is every Friday at noon for the next week's paper

Lake Chelan Nordic Club memberships/Echo Ridge

CHELAN - Season Passes and Lake Chelan Nordic Club memberships can be purchased on the website at LakeChelanNordic. org, where you will also find current conditions at Echo Ridge. December 3 report: The following trails were groomed and tracked: Nowhere to Hide, Big Critter and Morning Glory. Little Critter was groomed without a track. About an inch of new snow overnight and cold.

Lake Chelan Food Bank PB&J food drive: Dec. 7-31

Food Bank will be closed Saturday, Dec. 24

CHELAN - The Lake Chelan Food Bank is doing a Peanut Butter and Jelly, aka PB&J food drive the entire month of December. They are in desperate need of PB&J ingredients for their clients. Donations may be dropped off in the Lake Chelan Food Bank bins at these local businesses: Campbell's Resort, Lake Chelan Building Supply in Manson, the Lake Chelan Lions Club Christmas tree sales at Lakeview Drive-In; at the Lake Chelan Chamber of Commerce at the Christmas tree display and at the Lake Chelan Mirror office.

The food bank will be closed on Saturday. December 24, Christmas Eve. Food distribution days in December are: Dec. 10, 13, 17, 20, 27, and 31. Distribution is drive-thru on Saturdays and Tuesdays 9-10 a.m., at 417 S. Bradley Street.

SAIL Exercise Classes: Dec. 7, Dec. 8, 12, 13 CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Linda Hollier. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis

Chelan Senior Meals: Dec. 7-9, 12-14

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: Dec.7: Mac & Cheese with Ham, Peas & Carrots, Tossed Green Salad, Mixed Berries, Angel Food Cake; Dec. 8: Garden Chili, Cottage Cheese, Tortilla Chips, Cucumber Salad, Apple Crisp; Dec. 9: Orange Glazed Chicken, Garden Rice, Stir Fry Veggies, Asian Style Slaw, Chilled Pineapple, WW Roll, Dessert; Dec. 12: Lasagna with Meat Sauce, Mixed Vegetables, Caesar Salad, Pears, Garlic Bread, Dessert; Dec. 13: Chef's Salad, Potato Soup, Cinnamon Applesauce, WW Roll, Cereal Bars; Dec.14: BBQ Meatballs, Rice Pilaf, Italian Vegetables, Tossed Salad, WW Roll, Dessert

Chelan Museum: Dec. 8-10

CHELAN - Chelan Museum hours are Thursday thru Saturday, 11 a.m.-3 p.m. Closed Sunday thru Wednesday. For more info 509-682-5644 or chelanmuseum.com, The museum is located at the corner of Woodin Avenue and Emerson Street.

Chelan Valley Republican Women: **Dec. 9** MANSON - Chelan Valley Republican Women (CVRW) will hold their December club meeting at Radiance Winery, downtown Manson location, 71 Wapato Way, Friday, December 9, 6 p.m. Join them for their Christmas Holiday/meeting event. You will hear about their new 2023 meetings format which will include a Constitution Corner and regular updates on local, state and national legislative issues. A luncheon menu of soup, sandwich, salad and dessert will be available for \$25, including tax and tip. Please RSVP your attendance and if you plan to purchase lunch. Any questions, contact Pam James, club president, at 425-343-2911

VFW #6853 Post Coffee/Donuts: **Dec. 9** CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

Chelan Valley Hope Red Kettle: **Dec. 10, 17** CHELAN - Red Kettle is in full swing. Thank you to Campbell's Resort for hosting the first Red Kettle of the 2022 season. Also, thank you to the IGA Market in Manson for hosting the second Red Kettle. The next Red Kettles will be at the Chelan Walmart on Saturday, December 10, and at Safeway on Saturday, December

CONTINUED ON PAGE A4

Local veteran celebrates 100th Birthday

By Norm Manly, Manson AMERICAN LEGION

CHELAN - WWII Navy veteran, Mike Elavsky turned 100 years old on November 19, and several veterans visited him at Heritage Heights, in Chelan to kick off his 100th birthday party. He was presented with a special birthday card, signed by many folks wishing him well.

In 1942, Mike graduated high school and enlisted in the Navy Seabees, which at the time was assigned to the Marine Corps and were the ground support for the Navy. In 1943, he was stationed in San Diego and North Carolina for six months of training and then transferred to Hawaii where he spent most of his time supporting the bombing of Tokyo. Mike was discharged from the Navy

Mike lived a full life, with a 60-year career in agriculture. He spent 14 years tending to a 1,200-acre dairy farm in Minnesota. He received a B.A. and M.A. in Education at Bemidji State University and taught for 12 years all across Oregon, Washington,



In the photo, back row, left to right: Linda Tate, Norm Manly, Bruce Knott, Brandia Young, Jim Taylor. Bottom row, left to right, Craig Pittson, Mike Elavsky and Evan Pittson.

and British Columbia. He settled down in Tonasket and worked on his cherry orchard in Wenatchee Heights for over 30 years. He sold it at

the age of 83. Mike has lived in Chelan since 1996.

Helping Mike celebrate his 100th Birthday were Jim Taylor (Navy Seabee's), Bruce Knott (Navy), Brandia Young (Navy), Evan Pittson (USMC), Linda Tate (Army), Norm Manly (Navy) and Craig Pittson

New hospital now open

Lake Chelan Health Hospital officially opened at its new location at 110 S. Apple **Blossom Drive in Chelan** at 6 a.m. on December 5. Hospital staff and Adams Company movers worked through the weekend to move equipment over to the new hospital facility. For all hospital services go to the new hospital.



Courtesy Lake Chelan Health Facebook

Ray Eickmeyer honored as Rural Health Hero

By RUTHEDNA KEYS STAFF WRITER

CHELAN - In celebration of National Rural Health Day on November 17, the Washington State Office of Rural Health announced the first annual Rural Health Heroes of Washington Awards. These awards exemplify the outstanding work done by those who provide direct patient care, leadership, and teamwork within their organizations.

North Central Washington winners were Ray Eickmeyer, Director of Lake Chelan Health Emergency Services in the Leader category and Guadalupe Cortez, Lead Nurse and Supervisor of Wound Care Department, Quincy Valley Medical Center in the Direct Patient Care category. Tulalip Health Clinic staff won in the Team Category. The chosen winners had to demonstrate one or more of the following criteria to be nominated as a



Courtesy Lake Chelan Health

Ray Eickmeyer, Lake Chelan Health Emergency Services director.

Health Hero:

* Commitment: bringing impactful change to their community.

* Leadership: advancing leadership capacity to improve population health and health

equity in their community.

* Fearlessness: showing tenacity in driving change and innovation that impacts rural communities.

* Compassion: showing an exceptional level of empathy and generosity for team members and patients.

Eickmeyer was born and raised in Spokane, where he started as a volunteer firefighter and then became a resident firefighter before going to Paramedic School. He has been with Lake Chelan Health in Emergency Services for 23 years. His wife Christina is a paramedic and teaches college EMT classes; and they have two children, a 14-year-old daughter and a 10-year-old son.

He jumped in with both feet to serve the community with COVID-19 pandemic interventions. Within 90 days of the start of the pandemic, Ray implemented a telemedicine program for proactive community infection surveillance and screening of people in their homes for symptoms of COVID: as well as navigation of support for people who

SEE **HERO** ON PAGE A2

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131 S. Apple Blossom Drive, Ste #109, P.O. Box 1922 Chelan, WA 98816-1922 509-682-2213 www.lakechelanmirror.com

Columbia River Drug Task Force issues Safety Bulletin: Rainbow Fentanyl

By Jessica Peterson, Chelan COUNTY SHERIFFS DEPT. PIO

WENATCHEE - On behalf of the Columbia River Drug Task Force (CRDTF) we want to make the public aware of different colored Fentanyl or what is considered "Rainbow" Fentanyl that has been confiscated by law enforcement in the Wenatchee Valley within the last month. CRDTF detectives have seen pictures of this multi-colored Fentanyl on suspect's phones who reside in the Wenatchee Valley.

We want the public to be aware of this latest trend as the Fentanvl looks very similar to candy or children's vitamins. Also, there have been drug seizures in Washington

State, specifically in Eastern Washington, of colored Fentanyl powder that looks similar to colored chalk. We believe it will only be a matter of time before this type of Fentanyl will also make its



Courtesy CRDTF Rainbow Fentanyl pills have been confiscated by law enforcement in the Wenatchee Valley within the last month.



Courtesy CRDTF Purple Fentanyl pills.

way into our community. We urge the public to talk with your children about the dangers of drugs, to include



Courtesy CRDTF

Fentanyl chalk.

not ingesting any type of pill that is not prescribed by a Doctor, and not trying or

resources to deliver COVID-19

experimenting with any pills or powder that are given to them by an acquaintance. friend, or family member. Fentanyl is an extremely dangerous substance. For more information on the dangers of Fentanyl and to learn more please visit the following websites. https:// www.dea.gov/press-releases/2022/08/30/dea-warnsbrightly- colored-fentanylused-target-young-americans, https://www.dea.gov/

12 Tribes Colville Casinos celebrate holiday season by giving back

SUBMITTED BY SOL TREVINO, 12 Tribes

OMAK - 12 Tribes Colville Casinos' team members are proud to contribute the annual holiday meals to local families in the Omak, Lake Chelan, and Coulee Dam communities. The

holiday meals included turkey,

mashed potatoes and gravy, green bean casserole, stuffing, dinner rolls, and pumpkin pie.

"The holiday season is the perfect time to lend a helping hand especially with rising

food prices in our communitv." stated Tony Posey, Interim

COO of Colville GamingLLC. "I am grateful to work for such a caring company that allows my team to come together and give back to the community in the time of need," stated Jessica Hall, Food & Beverage Director of Colville Gaming LLC.

The 12 Tribes Colville Casinos' Food & Beverage team and General Managersstopped by local schools, non-profit organizations, and nearby communities delivering Holiday meals for the Thanksgiving holiday. 12 Tribes Colville Casinos' team members continue to deliver holiday meals through December.

HERO

CONTINUED FROM PAGE A1

needed help. Ray was instrumental in the first responder response by helping to create the Chelan/Douglas County EMS response plan for the pandemic with Medical Program Director Dr. Jobe. Ray also created a video to educate the community about COVID and how to protect themselves and others from infection. Eickmeyer is passionate about health equity and ensured that no one in his community has been left behind in the COVID-19 response.

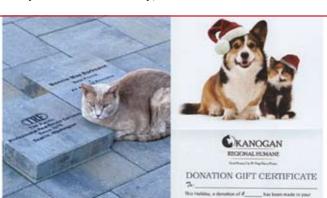
Early on, Ray stepped up and volunteered to use his staff and testing and vaccinations to meet the community where they were at. His team took on the responsibility to vaccinate first responders (police, fire, EMS, forest service, park service) for all of Chelan and Douglas Counties. Ray has been laser-focused on serving the most vulnerable people in his community, and he was the first in the state to provide mobile vaccination clinics to reach agricultural workers. Governor Jay Inslee traveled

to see Ray's mobile vaccine clinic at Chelan Fruit, where 300 employees were vaccinated. He has coordinated, planned, and implemented mobile and mass vaccination clinics to jails, people experiencing homelessness, temporary and migrant agricultural workers in orchards, seven different school districts, colleges, adult family homes, assisted living facilities, homebound people, nursing homes, essential workers, the Colville Tribe, and more.

He also coordinated mobile vaccinations to remote villages and towns including Holden Village and Stehekin.

Rural Health Heroes of Washington will be honored in March 2023 at the National Rural Health Conference.

Read more about Eickmyere and his award with this story at lakechelanmirror.com



Pavers for the Paws

Purchase a paver and help save lives by supporting Okanogan Regional Humane! Share the love this holiday season by memorializing or honoring the pets & people in your life with a custom engraved paver. We also have certificates you can send to your loved one to let them know about your thoughtful gift!

> Call or stop by today! 509-422-9960

NCW Libraries December events

SUBMITTED BY NCW LIBRARIES

Walk In The Park **Book Club**

Thursday, December 8 at 10 - 11 a.m. at Entiat Library. Do you love to read? Do you love long walks? Do you want a way to balance your favorite sedentary activity with a more active one? Walk In The Park Book Club may be just what you're looking for. Just like a regular book club, you'll read on your own time. Then we'll meet weekly to walk in the park while we discuss our book. We'll meet Thursday mornings at the North end of Entiat City Park, near the playground. Wear good walking shoes and dress for the weather. All participants will need to sign a liability waiver at their first meeting.

Age Group: Adults. Contact Magi Clark (509)784-1517, entiat@ncwlibraries.org for more info.

Preschool Storytime

Thursday, December 8, at 11:30 a.m. - 12:15 p.m. at Chelan Library Community Meeting Room. Join us for stories, songs, rhymes, and crafts - a family engagement for bonding with children and helping them develop early literacy skills.

Rhymin' Time

Friday, December 9, at 10:30 - 11:30 a.m. at Chelan **Library Community Meeting** Room. Join us for a fun time with the little ones in your life using chants, movement, stories, and songs that promote the development of speech and listening skills. Especially for babies, waddlers, & toddlers - siblings

Manson Book Club

Tuesday, December 13 at 4:30 - 5:30 p.m. at Manson Library Conference Room. The Manson Book Club has been meeting since January of 2004. We choose books every month from the vast collection that NCW Libraries has to offer.

Story and Play Time

Wednesday, December 14 at 11:15 - 12 p.m. at Entiat Library City Meeting Room. Come to the library for stories, songs, and play time.

Preschool Storytime

Wednesday, December 14 at 11:30 - 12:00 p.m. at Manson Library Main Room. A half hour of stories, fingerplays, rhymes, songs and other activities that are appropriate for preschool age kids.

ADVENT CALENDAR

CHRISTMAS CASH

Earn your chance to choose a gift from our Advent

Calendar for a chance to win Christmas CASH

SELECT DAYS IN DECEMBER

Zentangle Club

Wednesday, December 14 at 2 - 3:30 p.m. at Chelan Library Community Meeting Room. Tanglers meet to share Zentangle art, ideas, tangles, techniques, and challenges.

Crafternoon

Wednesday, December 14 at 3 - 5 p.m. at Entiat Library. Drop in to the library and get creative Wednesdays from 3-5 p.m. We'll have directions and supplies for a pre-planned craft as well as plenty of supplies for you to get creative and make whatever you can dream up.

South Bookmobile at **Orondo Community**

Wednesday, December 14 at 4 - 5 p.m. South Bookmobile will be parked in Orondo by the Post Office for community members to return,



for a memorable Christmas season, for every kind of reason.

Wonderful cross-country skiing on new-fallen snow. Delightful Christmas dinners for people in the know... Plus, live music and holiday play.

Make dinner reservations for both Christmas Eve and Christmas Day. 509.996.4707 or via OpenTable.com. Served from 5:00-9:00 P.M.

Sun Mountain Lodge

sunmountainlodge.com

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\$15.00 for the first 30 words 10 cents per word over 30 words

Borders, bold words, headlines,

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Letters policy

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The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: ruthk@lakechelanmirror.com or publisher@leavenworthecho.com

News Tips

Have an idea for a story? Call the Mirror at 509-682-2213

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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OPINION & LETTERS TO THE EDITOR

Rainbow Fentanyl: The colors that kill

Just about everyone loves rainbows. They rank among the visual sights of the natural world as some of its most thrilling and photographed. But leave it to the profiteers and predators among us to introduce a deadly new realm of rainbow exposure that warrants a watchful mindset over those we cherish. It's called Rainbow Fentanyl and every family needs to be aware for

Elsewhere in this issue is a safety bulletin issued by the Columbia River Task Force warning the public about the dangers of counterfeit pills laced with Rainbow Fentanyl, a new twist to the deadly synthetic opioid. As the name im-



MAKES WRITE Mike Maltais

plies it is deviously disguised as colored candy to make it more appealing especially to children.

As much of the public's attention was riveted on the COVID pandemic and its rising death toll, those caused by drug overdoses rolled along under the radar. In 2021 alone more than 100,000 of our countrymen died of drug overdoses, the leading killer of Americans between the ages

of 18 and 45, according to the Center for Disease Control and Prevention (CDC). Of that number more than 65 percent were fentanyl related. That comes as no surprise considering that fentanyl packs 50 times the potency of heroin and 100 times that of morphine.

A milligram is very small, only one-thousandth of a gram. It takes 28,000 of them to equal an ounce. It takes only two milligrams of fentanyl to deliver a fatal dose.

Families across the nation are dealing with the losses of loved ones from fentanyl overdoses and reliving the "would have, should have, could have" agonies after the fact. Mine

included. Recently an 18-yearold niece on my wife's side of the family was found deceased in her college dorm room. The coroner's results identified the cause. She was steady and studious, the last person one would associate with a fentanyl overdose. But she was away from home for the first time, and this was college.

While vigilance of and communication with family and friends is vital, so is preparation in the event of an overdose. For the latter there is the antidote Naloxone also known as Narcan, a nasal spray that, if administered quickly, can keep an overdose victim alive until help arrives.

Do you know that in Wash-

ington State citizens can order free Naloxone kits by mail? The website for the Addictions, Drug & Alcohol Institute (adai. uw.edu) at the University of Washington has more detail.

The website stopoverdose. org shows locations closest to you where Naloxone/Narcan is available online or in person. The site also tells you what steps to follow for a person experiencing an overdose.

Worried about "getting involved" and accusations of drug possession? The state's 911 Good Samaritan/Overdose Law (RCW 69.50.315) protects both you and the overdose victim from drug possession charges.

The Washington State De-

partment of Health website (doh.wa.gov) offers more information about Naloxone, detailed instructions about helping an overdose victim, and more useful information.

Consult your physician, pharmacist, or county health department, all good sources of factual information in this atmosphere of unreliable sources.

Fentanyl, first created in 1959, is an old painkiller all painted up in a new disguise to lure more partners into its web of addiction. Watch for it. Educate your children and friends about it. And keep Narcan close by. You never know whose life you might

Chelan Post Office in need of dependable workers

I have lived in the Lake Chelan Valley for 41 years, and by-and-large I have been satisfied with our local USPS service (junk mail notwithstanding), until November 2022. As I have done numerous times in past years, on October 31 I dutifully filled out and turned in a yellow "Hold Mail" card for the period of November 2-14, checking the option of visiting the Chelan Post Office on November 15 to

return from vacation.

Just prior to picking up my held mail on November 15, I received a phone call from the City of Chelan, asking if I had moved because their monthly billing envelope had been returned to them as "Not Deliverable". No, I had not moved. I went straight to the City of Chelan office, picked up the returned envelope, and marched across the street to ask the post office why the envelope had been stamped

"Not Deliverable". The postal clerk, apparently having received similar complaints recently, apologized and asked what I could do to help her find new postal recruits who would be honest, competent, and dependable. Hence, the purpose of this letter to the editor.

When I next picked up my "held" mail, it was no more than 25% of the usual volume of mail that I had expected. Nor did it include held copies of the Lake Chelan Mirror and TIME Magazine. What other mail was missing, I wondered?

Well, on November 23 I received an email from my insurance agent in Wenatchee, asking why the billing for my next six months of automobile insurance had been returned to the insurance company stamped "Not Deliverable". I immediately mailed in a check to cover the auto insurance premium, hoping it would ar-

rive in Seattle by the deadline. Then on November 25 I revisited the post office to show them this second "Not Deliverable" envelope. No one in the office could, or would, explain what happened.

My guess is that the mail carrier to my street address was not made aware of my "Hold Mail" request, and continued delivering mail beginning November 2 until he/she noticed that I wasn't picking up the mail, then he/

she began to retrieve the mail from my street box to bring it back to the post office and have them stamped "Not Deliverable".

Postal customers, please be aware that this can also happen to you. So do your best to help the postmaster find competent people to hire. Good luck.

Thanks. Stephen Easley Chelan

CHELAN COUNTY SHERIFF, CHELAN, MANSON, ENTIAT FIRE & LAKE CHELAN EMS REPORTS

Chelan County Sheriffs

pick up my held mail upon my

05:43 Prowler, 5381 Crum Canyon Rd., Entiat

09:04 Alarm, 77 Wapato Way, My Buddy's Place, Manson 14:50 Welfare Check, 79 Kestrel

Ln., Manson 15:08 Civil Dispute, 79 kestrel Ln.,

Manson 17:15 Civil Distpute, 348 5th St., Chelan Falls

17:42 Public Assist, 504 N. Sanders St., Chelan

17:49 Trespassing, 102 E. Johnson Ave., Kelly's ACE Hardware. Chelan

Nov. 24

02:33 911-call, 322 E. lowa Ln., Chelan

03:31 Agency Assist, 485 Azwell Rd., Wells Dam

10:33 Diversion, 270 Bright Ct.,

20:27 Domestic Disturbance, 3022 Manson Blvd., Manson

01:11 Domestic Disturbance, 37 Apple Eye Ln, Manson

02:07 Disturbance, 109 Nebraska Ct., Chelan

09:16 Public Assist, Swanson Gulch and Boyd Loop Roads, Chelan

14:04 Property, Chelan area 19:10 911-call, 309 E. Gibson Ave.,

Chelan

21:12 Assault, 309 E. Gibson Ave.. Chelan

22:27 Theft, 53 S. Lakeshore Rd.,

Pat n' Mike's, Chelan 22:55 DUI Arrest, 598 S. Bradley

St., Chelan

22:59 Suspicious Circumstance. 1092 S. Lakeshore Rd., Chel-

Nov. 26

01:13 Juvenile Problem, 123 E. Nixon Ave., Chelan 12:26 Trespassing, 11157 Entiat

River Rd., Entiat

15:01 Traffic Offense, Three Fingers, Chelan

17:43 Traffic Offense, US Hwy.

97A, MP 231, Chelan 19:10 Burglary, 19840 US Hwy.

97A. Chelan 19:43 Assault, 309 E. Gibson Ave.,

Chelan 19:47 Weapons Violation, Apple

Acres Rd. and Golden St., Chelan 21:48 Welfare Check, 144 E. John-

son Ave., Chelan 22:23 Public Assist, 2036 Entiat

Way, Entiat 23:38 Traffic Offense, 817 E. Woodin Ave., Bill's Gas, Chelan

01:47 Drugs, 1105 S. Bradley St., Chelan

07:58 Hazard, S. Lakeshore Rd. MP 8. Chelan 08:01 Welfare Check, 2305 W.

Woodin Ave., Chelan 08:25 Injury Accident, 3492 Entiat

River Rd., Entiat

08:49 Hazard, First Creek Rd. and Navarre Coulee, Chelan

18:29 Trespassing, 1058 E. Woodin Ave., Chelan

22:06 Warrant Arrest, 455 Wapato Lake Rd., 12 Tribes Casino,

Manson 23:37 Non-injury Accident, 14493 US Hwy. 97A, Entiat

01:25 Miscellaneous, Swartout and Bennett Roads, Manson

10:11 Suspicious Circumstance. 104 W. Woodin Ave., Campbell's Resort, Chelan

13:32 Disturbance, 250 Whitetail Way, Chelan 15:12 Suspicious Circumstance,

215 W. Webster Ave., Chelan 15:47 Civil Dispute, 37 Apple Eye Ln., Manson

16:59 Non-injury Accident, 204 E. Wapato Ave., Chelan

18:58 Traffic Offense, 108 N. Apple Blossom Dr., Walmart, Chelan 19:37 Suspicious Circumstance, 100 block S. Navarre St., Chel-

20:47 Public Assist, E. Eli Ave. and E. Gibson Ave., Chelan

05:26 Diversion, 309 E. Gibson Ave., Chelan

08:25 Property, 108 N. Apple Blossom Dr., Walmart, Chelan 09:37 Extra Patrol, 703 E. Wapato

10:27 Alarm, 106 S. Apple Blos-

som Dr., Chelan 12:04 Alarm, 222 E. Woodin Ave., WaFed. Chelan

12:20 Public Assist, 131 S. Apple Blossom Dr., Chelan

13:55 Diversion, 250 Whitetail Way, Chelan 14:50 Civil Dispute, 317 S. Sand-

ers St., Chelan 15:03 Trespassing, 106 W. Manson Rd., Safeway, Chelan

15:29 Scam, 338 Upper Point Dr., 16:06 Trespassing, 534 E. Trow

Ave., Chelan Senior Frog's 16:15 Civil Dispute, 840 Wapato

Way, Manson 18:56 Harassment/Threat, Green Ave. and Dry Lake Rd., Man-

19:23 Injury Accident, Waterfront Terrace Ln., Manson

20:41 Harassment/ Threat, 135 Manzanita Dr., Manson

Nov. 30

09:18 Non-injury Accident, 501 Manson Blvd., Manson 10:46 Alarm, 222 E. Woodin Ave., WaFed, Chelan

13:35 Civil Dispute, 80 Summerset Blvd.. Manson

13:59 Traffic Offense, 106 W. Manson Rd., Safeway, Chelan 14:09 Agency Assist, 4 Detering

Ln., Manson 14:31 Burglary, 201 Mill Rd., Old Mill Park, Manson

16:50 Traffic Offense, 95 S. Harris Ave., Manson

18:06 Welfare Check, 106 W. Manson Rd., Safeway, Chelan 21:14 Diversion, 2431 Entiat Way, Entiat

23:56 Traffic Offense, 455 Wapato Lake Rd., 12 Tribes Casino, Manson

Dec. 1

05:46 Non-injury Accident, Olin St. and Crest Loop, Entiat

09:22 CPS/ APS Referral, 183 Chestnut St., Chelan Falls 10:02 Theft, 128 E. Woodin Ave., Kelly's ACE Hardware, Chelan 10:29 Suspicious Circumstance,

119 Madisen Ln., Chelan 11:18 Alarm, 120 Roses Lake Ln., Manson

12:19 Traffic Offense, 610 SR 150, Chelan IGA Market, Chelan

12:30 Parking/Abandoned Vehicle, 24634 US Hwy. 97, Chelan

13:44 Suspicious Circumstance, 316 N. Gibson Ave., Chelan

14:14 Diversion, 14425 Olin St., Entiat

14:17 Welfare Check, 2972 Hedding St., Entiat

14:19 Trespassing, 100 E. Johnson Ae., Kelly's ACE Hardware, Chelan

14:19 Trespassing, 84 Division St., Manson 17:41 911-call, 106 E. Chelan Ave.,

21:52 Traffic Offense, Mill Bay Boat Launch, Manson 23:28 Burglary, 319 N. Sanders

St., Chelan Fire/ EMS

Chelan

Chelan Fire District #7

08:12 Medical Alarm, 529 E. Wapato Ave., Chelan 08:17 Fall-1, 108 Riviera Dr., Chel-

Chelan EMS

08:12 Medical Alarm, 529 E. Wapato Ave., Chelan 08:17 Fall-1, 108 Riviera Dr., Chel-

09:03 Fall-1, 905 Sunrise Dr.,

Nov. 25

Chelan Fire District #7

09:21 Fall-2, 912 W. Parkview Rd., Chelan

12:05 Structure Fire, 645 US Hwy. 97. Chelan

Chelan EMS 09:21 Fall-2, 912 W. Parkview Rd.,

Chelan 12:05 Structure Fire, 645 US Hwy. 97, Chelan

14:33 Abdominal Pain, 1 Wapato Point Pkwy., Manson

19:23 Fall-1, 1142 Green Ave., Manson 20:50 Overdose/ Poison, 532 Mc-

Neil Canyon Rd., Orondo **Manson Fire District** 12:05 Structure Fire, 645 US Hwy.

97, Chelan **Entiat Fire District**

14:59 Breathing Problem, 2470 Entiat Way, Entiat

Nov. 26

Manson

Chelan Fire District #7 11:07 Personal Assist, 509 E. Gibson Ave., Chelan

16:47 Structure Fire, 208 E. Okangoan Ave., Chelan Chelan EMS 03:51 Breathing Problem, 315

11:07 Personal Assist, 509 E. Gibson Ave.. Chelan

Washington St., Manson

16:47 Structure Fire, 208 E. Okangoan Ave., Chelan 17:57 Unconscious Person-2, 67 Wapato Way, Skagit Cellars,

Manson Fire District 16:47 Structure Fire, 208 E. Okan-

goan Ave., Chelan

17:57 Unconscious Person-2, 67 Wapato Way, Skagit Cellars, Manson **Entiat Fire District**

17:57 Stroke, 2431 Entiat Way,

Nov. 27

Chelan EMS 03:40 Sick Person, 565 W. Marine

View Dr., Orondo

Entiat Fire District 06:19 Unconscious Person-2, 16791 Entiat River Rd., Entiat

08:25 Injury Accident, 3492 Entiat River Rd., Entiat

Chelan EMS 03:40 Sick Person, 565 W. Marine

View Dr., Orondo Nov. 28

Chelan Fire District #7 03:31 Residential Alarm, 149 Clos

Chevalle Rd., Chelan 10:14 Breathing Problem, 219 E. Johnson Ave., Lake Chelan

11:23 Illegal Burn, 1317 Apple Acres Rd., Chelan

Health Chelan

14:23 Breathing Problem, 219 E. Johnson Ave., Lake Chelan Health, Chelan

14:37 Residential Alarm, 88 Minneapolis Beach Rd., Chelan 19:54 Commercial Alarm, 2220 W. Woodin Ave., Chelan

08:12 Heart Problem, 14618 Diamond Ave., Entiat 09:00 Fall-2, 15294 Lakeview St.,

Entiat Fire District

10:24 Unconscious Person-2, 2331 Albin Dr., Entiat

Nov. 29 No report available.

Entiat

Nov. 30

Chelan Fire District #7 05:40 Commercial Alarm, 2220 W. Woodin Ave., Chelan

05:29 Injury Accident, 10571

Beecher Hill Rd., Peshastin 10:38 Sick Person, 219 E. Johnson Ave., Lake Chelan Health, Chelan

18:06 Sick Person, 106 W. Manson Rd., Safeway, Chelan

Chelan EMS

10:38 Sick Person, 219 E. John-

son Ave., Lake Chelan Health, 18:06 Sick Person, 106 W. Manson

Rd., Safeway, Chelan

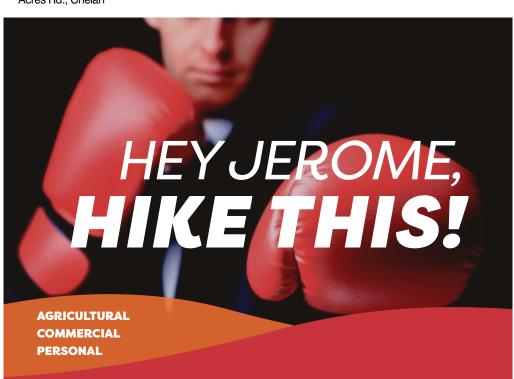
18:26 Sick Person, 375 W. Entiat Dr., Orondo

Entiat Fire District 18:02 Breathing Problem, 14904

Burkey St., Entiat

chard Pl., Orondo

Chelan EMS 10:59 Breathing Problem, 42 Or-



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🦫 For more info call: Lake Chelan Mirror at 509-682-2213

Semail to: ruthk@lakechelanmirror.com

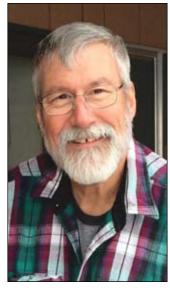
OBITUARIES

Richard **Michael Harris**

Richard Michael Harris, age 70, of Chelan, Washington, passed away Wednesday, November 23, 2022. He was born February 7, 1952, to Vernon and Eleanor Harris at the Lake Chelan hospital. He graduated from Chelan High School, in 1970, and received his BS from Eastern Washington University, in 1975. He planned to major in music while being a part of the university's choir, and then later, changed his major to business. During his tenure at EWU, he met and sustained many lifelong friendships that were very dear to him.

After college Richard was hired by Seafirst Bank and started his banking career in Wenatchee, Washington. After a couple years, he took a job with Cashmere Valley Bank in Cashmere, Washington. In 1982, he became the manager of the Leavenworth branch, where he stayed until his illness forced him to retire, in 2015. After retirement, they moved to the "Riverhouse" north of Chelan on the Columbia River.

Richard met his wife, Jan Reinhart, in 1983. They had many adventures including high mountain horseback trips, boating on Lake Chelan, traveling in Europe, Hawaii, and driving all over North America. They also loved to watch their grandchildren and would often travel many



miles to cheer them on. Richard was an avid hunter and loved being in the woods.

Richard is survived by his wife, Jan Reinhart; stepsons: Kirby Reinhart (Kris) and Ryan Reinhart (Angela). "Papa Rich" had five grandchildren that he was very proud of: Megan, Greg, Hunter, Jailyn, and Kellen. Richard also had three sisters: Verneta (Cliff) Carstens, Karen, and Jeanne (Howard) Thiemens; and many nieces and nephews.

Please leave your thoughts and memories at www.prechtrose.com. The family is being assisted with arrangements by Precht Rose Chapel, Chelan, Washington.

In lieu of flowers please make a contribution to the Alzheimer's Association. There will be a celebration of life next summer at the River-

Obituaries & Death Notices appear online at lakechelanmirror.com

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COMMUNITY Any non-profit 501(c)-(3) group, person(s) Regional Community News & BULLETIN Must provide: full name, city, phone number. ltems pertaining to local events that are free or minimum charge BOARD

17. Kettle donations stay local and help individuals/families receive assistance with food, gas, utilities, rent, prescriptions, clothing, lodging, and more. For more information please visit our website at ChelanValleyHope.org/News-Updates. Visit Chelan Valley Hope at 417 S. Bradley Street, Monday thru Thursday 9 a.m.-3 p.m. (closed noon to 1 p.m.). Whether you are looking to get help or to give help they are waiting for you.

Glass recycle: Dec. 10 Winter Hours: 10 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 9 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.911glassrescue. org, and click on the volunteer tab on the home page.

Food Bank food distribution:

 $Dec.\ 10,\ 13,\ 17$ No food distribution on Sat., Dec. 24, Christmas Eve

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for pet food. Small bags of dog food are best. They can be dropped of at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center.)

Mobile Food Pantry: Dec. 8

MANSON - The Mobile Food Pantry will be at North Shore Bible Church on Thursday, Dec. 8, noon- 2 p.m. All are welcome. It is a walk thru format and guests pick their own food. This is a regular stop every second Thursday of the month.

Christmas Bazaar: Dec. 10

CHELAN - The Lake Chelan Eagles Auxiliary will hold their Christmas Bazaar on Saturday, Dec. 10, 9 a.m.-4 p.m. in the Chelan Eagles Banquet Room, 209 E. Woodin Avenue. There will be crafts, gifts, bake sale, lunch and Santa will be there 11 a.m.-2 p.m. If you would like a booth visit their website lakechelaneagles.com/ holiday-bazaar for details.

Manger Mall: Dec. 10

Monetary appreciated donations by Nov. 30 MANSON - Manger Mall has provided gifts to hundreds of children each Christmas since 2009, thanks to the generous support of donors. This season's event will take place at the North Shore Bible Church in Manson on December 10, where families can visit Mr. and Mrs. Santa Claus and enjoy a festive atmosphere. Donations may be mailed to P. O. Box 477, Chelan, WA 98816 or made online at ChelanValleyHope.org/donate, then clicking on

OVOC Winter Concert: Dec. 10

the Manger Mall button at the bottom of the page

OMAK - Okanogan Valley Orchestra and Chorus will present their Winter Concert on Saturday, Dec. 10, at 3 p.m. in the Omak PAC with classic and modern tunes and special guests. As special guests, first and third graders and the Hearts Gathered group from Paschal Sherman Indian School will share songs to kick off the show. The orchestra and chorus will share pieces from both classic and modern holiday favorites, culminating in a joint presentation of the "Hallelujah Chorus." Tickets are \$10 for all adults, free for anyone 18 and younger. Concessions will also be available by donation. The concert is one part of a full day of seasonal activities in the City of Omak, and will end in time for the audience to catch the Twilight Parade.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-682-2213 for more information Or email ruthk@lakechelanmirror.com

Holidayseason in the valley



Courtesy Jennie Fischer

Each year on the Saturday after Thanksgiving Manson gathers to celebrate the holidays. Santa and Mrs. Claus arrived via helicopter and were greeted by eager children with their letters they had written to him. There was Santa Parade down Wapato Way and photos with the Clauses at Radiance Downtown Tasting Room. Here Brad Fischer and his four legged friend Carli posed for a photo with the jolly old fellow. For more Manson holiday events go to moretomanson.com

Small Town Holidays in Historic Downtown Chelan continues through the month of December with Santa visits, weekly neighborhood tours, firework displays every weekend, free holiday matinees, and special events at wineries, boutiques, and restaurants across the valley. It all wraps up on December 31 with a special New Year's Eve fireworks show at Don Morse Park at 9 p.m. For more information and a list of Small Town Holidays activities, visit smalltownholidays.

DEATH NOTICES

Robyn L. Casal

Robyn L. Casal, 67, of Chelan, Washington, passed away on November 28, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

Michael R. Gordon

Michael R. Gordon, 69, of Chelan, Washington, and formerly of the Wenatchee Valley, passed away on November 26, 2022.

Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!



CHELAN

CHELAN CHRISTIAN CHURCH

Morning Worship 10 am 509-682-2025 • 210 E. Wapato Ave. **Pastor Mark Wilton**

CHURCH OF THE NAZARENE

Sunday School 10 am Worship 11 am & 6 pm Youth Group - Friday 7 pm for 13-18 years of age 509-682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH

Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts. 509-682-9063 • 216 W. Nixon Ave.

> LAKE CHELAN UNITED **METHODIST CHURCH**



CHELAN

LIVING STONE CHURCH

Sunday Gathering 10 am 216 N. Emerson St. (Upper Room/Chelan Library) Office location: 105 N. Emerson St., Suite 204 509-682-5953 www.lscchelan.org Please join us

St. Andrew's Episcopal Church Worship 10 am

via: https://us02web.zoom.us/j/84574811302 120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816 509-682-2851 • www.standrews-chelan.org

ENTIAT

ENTIAT FRIENDS CHURCH Pastor Mark McDonald

509-784-1342 email: entiatfriends@nwi.net 2848 Entiat River Road Sunday morning Bible Classes 9:45 am Sunday morning Worship 11 am Sunday morning Worship (summer months) 10 am Wednesday Shared Dinner 6 pm Wednesday Programs Adults/Youth/Children 7 pm

MANSON

MANSON UNITED METHODIST CHURCH 10:00 am Worship.

Holy Communion the first Sunday of the month "Come as you are, all are welcome" 687-3311, at the corner of Green and Boetzkes Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermonn

BREWSTER

HOPE LUTHERAN CHURCH - LCMS

Sunday Worship 11 am Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10 am

509-689-3106 • 1520 Sunset Drive

"With men this is impossible;

but with God all things are possible." -Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

CHELAN HIGH SCHOOL SPORTS RECAPS

CHS Boys Basketball

By Coach Anthony (Tony) Callero, Chelan High School Boys Basketball

Chelan Boys Varsity 64 Brewster 74 Nov. 29

CHELAN - In the opening game of the season for both teams, Chelan lost a non-league game 64 to 74 in Chelan.

The Goats leading scorers were junior guard Dylan Jay with 20, senior forward Braiden Boyd with 19, junior point guard Isaac Wilson with 10 and junior guard Ryan Rainville with 10.

For Brewster senior forward Kelson Gebbers led all scorers with 27 including 9-12 free throws for the game. He started the game fast, making all four of his three-pointers for the game in the first quarter.

Head coach Tony Callero said, "It was good to see the defense tighten up in the second

Gebbers was limited to one made second half field goal in part due to the defense applied by Dylan Jay. Jay and sopho-

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more starter Jacob Allen both fouled out of the game trying to slow the Bears down.

The Bears took advantage of the fouling and hit 16-23 free throws while the Goats made 4 of 12. The free throw line proved to be the difference of the game as both teams made 26 field goals including eight three-pointers for the Goats and six for the Bears.

Chelan Boys Varsity 68 Ephrata 65 Dec. 2

EPHRATA-Chelan earned an improbable non-league victory on the road vs. 2A Ephrata when junior point guard Isaac Wilson hit a buzzer beater three point shot from the top of the key.

On the final play of the game, the Goats inbounded against a full court press and sophomore center Kellen Reinhardt found himself with the ball and just seconds to go.

Reinhardt drove hard to the hoop from the right wing and when the defense collapsed, he passed out to Wilson who barely beat the buzzer to give the Goats the win.

Wilson finished with a team high 22 points and was the only starter who did not foul out.

pepsi

Junior forward Dylan Jay scored 15 and senior forward Braiden Boyd scored 13 but both players sat much of the game in foul trouble and both fouled out early in the fourth quarter.

The other two junior starters Ryan Rainville and Ian Garfoot also fouled out.

Senior Silas Tilbury entered his first ever varsity game during the tight, intense fourth quarter and helped the cause by grabbing two big rebounds and hitting one key free throw late in the game.

Sophomore Jacob Allen scored all four of his points from the free throw line in the fourth quarter where the Goats made 26 of 41 attempts compared to Ephrata who made just 12 of 24.

Head coach Tony Callero was pleased with Wilon's leadership all game but was quick to point out the contributions of the bench players. "We have four goals every game and Jacob Allen was key to us achieving two of those goals tonight. He took two charges and made 4 of 6 free throws."

Chelan opened Caribou Trail League play on Tuesday, December 6 at home vs. defending CTL champion Quincy.

CHS Girls Basketball

By Coach Nick Longmire, Chelan girls Basketball

Varsity Girls 34 vs Brewster Bears 45 Nov. 28

CHELAN - The Lady Goats of Chelan faced the Brewster Bears in a home game season opener Tuesday night.

The Goats got off to a rough, slow start as they struggled to get into the rhythm of their offense and even found it difficult to contain the Bears defensively. The first quarter finished with the Goats trailing 4-9.

The Goat's game plan was to keep the Bears off the offensive glass and to defend the hoop by not allowing their posts to get good positioning inside. Neither was successful tonight for Goats as Gimena Hurtado had her way offensively for the Bears scoring 10 in the 2nd quarter and 18 for the game. Despite a rough first half the goats found themselves only 7 points down.

The Bears had another big offensive 3rd quarter extending their lead to 12 as both teams entered the final quarter.

The Goats began to find some life in the 4th quarter with their defensive half quart pressure which converted into fastbreak points closing the gap to 7 with a couple of minutes to go in the game. The Bears prevailed however and took back the momentum in the final 90 seconds of the game giving the Bears a 45-34 victory over the Goats.

Scoring for the Goats was led by Kira Sandoval with 14 points. J.P. Perez finished just behind with 13. Joslynn Simmons added 3. Jailyn Reinhart and Arabelle Finch each contributed 2 points.

Varsity Girls 37 vs Ephrata Tigers 44 Dec. 2

EPHRATA - The Lady Goats of Chelan traveled to Ephrata to face off with the Tigers in their 2nd non conference game of the season Friday night. The Tigers were hosting their season opener and came out aggressive with their man to man defense rendering it difficult for the Mt. Goats to get into their offense easily. With Kira Sandoval out for tonight's game with a sprained ankle the Goats rallied together in the first quarter stretching the lead to 6 at one point before closing out the quarter ahead 14-10. It was the tenacity of the Tigers that allowed them to claw their way back gaining the 23-20 lead as both teams took the locker room at the half.

The Goats came out of the locker room with several in foul trouble but ready to battle again in the 2nd half. The Goats paced with the Tigers however and went into the 4th quarter still down by three with a score of 27-30 but not before Senior Joslynn Simmons' fouled out just before the third quarter concluded. Simmons, critical for the Goats in scoring had 12 on the night.

The Goats battled, closing the gap several times, but ran out of steam as the Tigers pounced on the Goats with a final score of 37-44.

Scoring for the Goats was led by Senior Guard, Joslynn Simmons with 12 followed by Senior Juliana Perez with 10. Jailyn Reinhart put up 8 points. Brynn Hughbanks added 5 and Jayden Simmons contributed 2.

The Goats begin CTL league play this Tuesday as the face the Quincy Jackrabbits at home.

Chelan High School wrestling

By Evan Reister, Chelan High School AD

Dec. 3 Boys:

Chelan Boys did great this weekend at the Omak Invite. We had a lot of wins along with a ton of learning and improvements.

This month of December is all about learning what each athlete is best at and how we can use our strategy and knowledge to win in January and February when the big tournaments take place.

The whole team fought hard from the beginning all the way to the last match. Senior Tiernan Davis lead the way with Mountain Goats schedule Boys/Girls Wrestling Dec. 7 at Oroville Boys Varsity - 6 p.m., Girls Varsity 6 p.m.

Dec. 8 at Okanogan Girls Varsity 6 p.m. Basketball - Dec. 8 at Cascade Boys JV 5:45 p.m., Boys Varsity

7:15 p.m.
Note: No girls games
Wrestling - Dec. 9-10
at Granger High School
Boys Varsity - Friday - 5 p.m.,
Saturday - 9:30 a.m.

Dec. 10
Girls Varsity - 9:30 a.m.
Basketball - Dec. 10
at Royal High School
Girls Varsity - 6 p.m.,

Boys Varsity - 7:30 p.m.

three pins and first place finish. Jason Pritchard, another senior, made it to the finals ending with second place. Dana Malone also placed fith.

All of our returners have had massive gains from last year and we had many athletes who are new to our program and won several matches.

Along with our older guys our big freshman class wrestled great this weekend. Freshman, Zimri Kelling, won three matches taking second place and Freshman Sebastian Cisneros won four to come back and take third place.

"We have made massive improvements to our program and we are starting to make a name for ourselves. This first tournament was good to find out where we are standing and where we need to be. I'm excited for the rest of the season." said Coach Linton

The girls went to the Eastmont Ladycats Invite and competed very hard. Amiee Gordon took sixth place earning two pins along the way. The girls look to compete again on Wednesday, Dec. 7 at the Oroville Mixer.

Click https://www.trackwrestling.com/Login.jsp for all wrestling results from Omak (Boys) and Eastmont (Girls) tournament.

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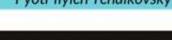
To purchase Stocking Stuffer Admission tickets please visit;
Stan's Merry Mart in Wenatchee, Kelly's Ace Hardware in Chelan or

mail your check with name, email and return address to; Slidewaters Christmas PO Box 1601 Chelan, WA 98816



Nikolas Caoile - Music Director & Conductor

the Nutcracker Pyotr Ilyich Tchaikovsky





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Four Performances December 9th - 11th
Friday - 7pm
Saturday - 2pm & 7pm
Sunday - 2pm

Information & Tickets

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THE WASHINGTON OUTDOORS REPORT Winter Trout and stocked for this event (North licipate in the annumate Plan Pond) in Volking County and stocked for this event (North licipate in the annumate Plan Pond) in Volking County and Plan Pond (North licipate in the annumate Plan Pond) in Volking County and Plan Pond (North licipate in the annumate Plan Pond (North licipat

Christmas birds

By John Kruse, The Washington Outdoor Report

WINTER TROUT OPENER:

Staci Lehman, a spokesperson for the Washington Department of Fish and Wildlife in Eastern Washington, shared reports from the winter frout Opener that occurred on Black Friday, November 25, at several lakes in our region. In her words, "Fourth of July (Lake) fished pretty well for those willing to put in a little effort to get to open water. Most people who did were rewarded with limits. Overall, the fish were a little smaller than in years past, but were still really nice (only two of the 50+ fish checked were over 20 inches. Most were 15-18 inches).

Hog Canyon (in Spokane County) was 90% ice covered. Staff observed several people ice fishing, but only checked one angler who walked down to the open water and caught 3 fish about 14 inches.

The one lake that was

stocked for this event (North Elton Pond) in Yakima County was very successful. Staffer Joe Tucker says he arrived around 10 a.m. and searched a while to find somewhere to fish – due to the lake being about three quarters iced over. He ended up bushwhacking along the South end of the pond to find some non-frozen water where he limited out in 45 minutes. He was using roughly a 1-ounce barrel weight with around 3 feet of leader, and a size 6 hook, with garlic scented power eggs to float the bait above the weeds.

The fish were very nice sized, hovering around a pound. One went over, and the rest were just below this weight. They ranged 14-17 inches. The trail to get to the "fishable" part of the lake was overgrown, with lots of logs to cross, and a small stream to cross, but it was a successful trip. There were multiple Kayakers in the water and everyone that was fishing the unthawed area of the pond were catching fish."

AUDUBON CHRISTMAS BIRD COUNT

It's once again time to par-

ticipate in the annual Christmas Bird Count. Put together by the Audubon Society, it's billed as "the nation's longestrunning community science bird project."

If you have not participated in this event before, here's how it works. Between December

in this event before, here's how it works. Between December 14 and January 5, both novice and experienced bird watchers will meet up with a coordinator and then go out and count the birds they see by number and species within a defined circular map area that is used every year. Last year's volunteers surveyed birds in 1,842 circles across the nation. The one-day counts are tallied and you can see both statewide and national trends regarding the populations of birds for this time of year. You will want to contact the coordinator for your area in advance or sign up online to participate at https://www.audubon.org/ conservation/join-christmasbird-count.

The trends are interesting. Some birds, like the American bald eagle, have been doing well with numbers up over 5 percent on average each year since 2009. Likewise, the California valley quail has done well adapting to our habitat with a 2.8 percent year over year increase. Also, up this year, our state bird, the goldfinch, which saw a 2 per-

cent increase per year over this timeframe. On the other hand, western meadowlark numbers are down 2.2 percent and snowy owl numbers have decreased each year by 1.6 percent in our state. Are you wanting to partici-

pate and want to find a circle near you? Here's the ones in our region that have openings for participants: COLVILLE - Compiler: Bar-

bara Harding, Email: stellerijay@hotmail.com,

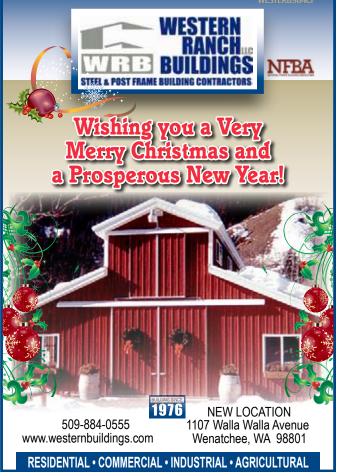
Count Date: Dec. 17.

OMAK/OKANOGAN - Compiler: Matthew Danielson, Email: mattie_rubio@hotmail.com
Count Date: Dec. 18.

LEAVENWORTH-Compiler: Joe Veverka, Email: joe_veverka@yahoo.com Count Date: Dec. 20.

Dates for bird counts in the Goldendale, Wenatchee, Chelan, Bridgeport, Grand Coulee and Chewelah Circles have yet to be determined. Check the Audubon Christmas Bird Count website for updates. Then, sign up, break out your bird guides, your binoculars, and spend a day in nature looking for birds and having a good time while you are at it.

John Kruse – www.northwesternoutdoors.com and www.americaoutdoorsradio. com







BUSINESSJOURNAL

MIRROR

FERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

LASSIFIEDS

PUBLISHER'S NOTICE All real estate advertise ing in this newspaper is subject to the Fair Housing Act, which save tillegal to advertise "any preference, limitation or discrimination based on race, color, religion sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation

of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is

1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made there-after. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertise-ment is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

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Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and Online at **NCWMARKET.COM**

for ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286

or email classifieds@leavenworth echo.com

Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507

or email mirrorads@lakechelan mirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY CONGRATULATIONS!** WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to

place ad or have questions. The Lake Chelan

or Quad City Herald or email mirrorads@ lakechelanmirror.com

For The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

General Interest

Trouble hearing your TV?

EARS' Voice Clarifying Wireless TV Speaker. Better than a soundbar and/or turning the TV volume way up. Special, limited time \$50 off offer. Call TV Ears Use code MBSP50. Call 1-844-541-3425

Employment

Help Wanted



School District is seeking qualified applicants for the following position:

Cascade High School Head Volleyball Coach

Fast Track application process and information can be found on our website at

www.cascadesed.org **EOE**



Help Wanted

The Loup is hiring a Retail, Rental and Repair (RRR) Shop Manager. This position will report to the Executive Director, and will manage not only the day-to-day operations of the RRR Shop but will also work with the Executive Director and Ski the Loup Loup Education Foundation (LLSEF) management staff team to develop short and long term goals in support of LLSEF mission, programs, and strategic goals. The position requires good interpersonal skills, excellent customer service, and the ability to create a comfortable, clean, and inviting retail space. Does this sound like you?

If so, email your resume

manager@skitheloup.com Cascade Pipe And Feed

Supply is hiring for a Stihl sales and service Technician/ Snow plow sales and service.

\$18-\$27 per hour. WDOE Health Insurance and paid vacation after 6 months of employment. Employee discount on all store items.

Qualifications *High School Diploma or equivalent *Valid drivers license and clean driving record *Physically able to lift heavy objects

*Experience in small engine repair and maintenance. *Stihl service qualifications a plus but not mandatory Requirements *To obtain Stihl Technician certifications

*To obtain Snow Plow certifications Job Description *Sales and service on all Stihl power equipment *Sales and service on all

Boss Snow plow equipment *Managing a service schedule on customer equipment *Creating quotes, orders, and purchasing parts. Email resume to cascadepipeandsupply@



NCWMarket.com

the best online promotion available

Check the weathercams

online before

traveling over the mountain passes!

www.lakechelanmirror.com

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www.

lakechelanmirror.com

Help Wanted

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald **Brewster**

Call 509-682-2213 or email mirrorads @lakechelanmirror.com

OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

echo.com

Bus Driver/ Operator Full-time Organization: **Okanogan County Transit Authority** (TranGO) **TranGO IS HIRING** DRIVERS;

Full-time (36 plus hours per week) positions available now; hourly non-exempt. Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com

for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantran sit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal

Opportunity Employer.

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at

www.NCWMarket.com Register and pay on our secure site. Want Print Only?

Call Lake Chelan Mirror **Quad City Herald** 509-682-2213

or email mirrorads @lakechelanmirror.com or call

The Leavenworth Echo **Cashmere Valley Record** 509-548-5286 classifieds@leavenworth

echo.com Deadline: Noon on Friday for all papers.

Garage & Yard Sale

CLEAR SOME SPACE WITH A



CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at** Noon for all papers

Lake Chelan Mirror **Quad City Herald** Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!



Try the pet section on NCWMarket.com

Legals

Public Notices

Public Notice City of Chelan

Notice is hereby given the December 20, 2022 Chelan City Council Regular Meeting has been rescheduled to December 13, 2022. The December 13, 2022 meeting will begin at 6:00 p.m. in Council Chambers at City Hall, 135 E. Johnson Avenue in Chelan, Washington. The agenda and all documents associated with the Special Meeting will be available on the City's website by 5:00 p.m. on December 9, 2022.

Dated this 2nd day of December, 2022.

Peri Gallucci

City Clerk

Published in the Lake Chelan Mirror December 7, 2022 #5006

Public Notices

Public Notice Lake Chelan Airport Board

Notice is hereby given the December 20, 2022 Lake Chelan Airport Board Regular Meeting has been rescheduled December 13, 2022. December 13, 2022 meeting will begin at 6:00 p.m. in City Council Chambers at City Hall, 135 E. Johnson Avenue in Chelan, Washington. The agenda and all documents associated with the Special Meeting will be available on the City's website by 5:00 p.m. on December 9, 2022. Dated this

2nd day of December, 2022. Peri Gallucci

Airport Board Secretary Published in the Lake Chelan Mirror December 7, 2022#5007

Public Notices

"Yakima Co. Superior Court Cause No. 22-4-00866-39 In re the Estate of: CAROLYN ALICE KILLIAN, Decedent,

Donna Killian has been appointed

Personal Representative (P.R.) of this estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the P.R. at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the latter of: (1) 30 days after the P.R. served or mailed the notice to the creditor as provided under 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and non-probate assets. DATE OF FIRST PUBLICATION: 11/23/2022 P.R.: Donna Killian. mailing/service address:

706 N. 1st St, Selah, WA 98942" Published in the Lake Chelan Mirror on November 23, 30, December 7,2022. #4955



AMBUSH AUTOMOTIVE BUYERS

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Don't just 'park' your car on the side of the road with a 'For Sale' sign on it! 'Park it' on

NCWMarket.com for one low \$25 fee!

Fee includes:

- Up to 3 photos of your vehicle
- Video Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Public Notices

City of Chelan 135 E. Johnson Ave. Chelan, WA 98816 **ADVERTISEMENT FOR BIDS**

Notice is hereby given that sealed bids will be received by the City of Chelan, until 10:00 a.m. on January 4, 2023, for construction of the Darnell's Booster Pump Station Improvements project. Bid proposals will be received by the City Clerk at the City of Chelan, 135 E. Johnson Ave., Chelan, WA until 10:00 a.m. on January 4, 2023, at which time they will be opened, read, and tabulated via video conference. A link for the bid opening video conference will be sent by email to all plan holders at least 24-hours prior to bid opening. Proposals received after the time fixed for opening will not be considered.

The Engineer's \$620,000 probable cost is including WSST. All work performed on the project will be subject to prevailing state wage

The Darnell's Booster Pump Station Improvements project following: consists of the installation of a two-hundred horsepower potable water booster pump and associated piping, as well as improvements in HVAC, electrical, and controls at the existing Darnell's Booster Pump Station; control improvements at the Chelan Hills Reservoirs site. Complete digital project bidding

documents are available www.questcdn.com. Bidders may download the digital plan set for \$15.00 by entering Quest project # 8339715 on the website's Project Search page. Please contact QuestCDN.com at (952) 233-1632 or info@questcdn.com. A review set of plans will be at the City of Chelan Public Works Department: 50 Chelan Falls Highway, Chelan, WA.

Each bid proposal shall be accompanied by a bid proposal deposit in cash, certified check, cashier's check, postal money order, or surety bond in an amount equal to at least 5 percent of the amount of the bid proposal. Checks shall be made payable to The City of Chelan. Should the successful bidder fail to enter into contract and furnish satisfactory performance and payment bond within the time stated in the specifications, the bid proposal deposit shall be forfeited to the City of Chelan. The City of Chelan reserves the right to reject any or all bids and to waive irregularities in the bid or in the bidding.

The City, in accordance with Title VI of the Civil Rights Act of 1964. hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant advertisement, this disadvantaged business enterprise as defined at 49 CFR Part 23 will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on Attorneys for Nicole Medved, grounds of race, color, national origin, or sex

consideration for an award. Contractor shall assure to City of Chelan that all services provided through this contract shall be completed in full compliance with the Americans with Disabilities Act ("ADA") and Architectural and Transportation Compliance Board, Federal

Register 36 CFR Parts 1190 and 1191, Accessibility Guidelines for Buildings and Facilities: Architectural Barriers Act (ABA) Accessibility Guidelines; proposed rule, published in the Federal Register on July 23, 2004.

No bidder may withdraw his proposal after the hours set for the opening thereof, or before award of contract, unless said award is delayed for a period exceeding 60 calendar days. Published in the Lake Chelan Mirror December 7, 14, 2022 #5002

StatePoint Media

Public Notices

SUPERIOR COURT OF WASHINGTON FOR KITSAP COUNTY IN THE MATTER OF THE ESTATE OFNO. 22-4-01021-18 JASON B. WINTERS, Deceased. NOTICE OF VACANCY AND **SUCCESSION OF ADMINISTRATOR**

(RCW 11.40.150) On October 31, 2022, the resignation of the Personal Representative of the Estate of Jason B. Winters was approved by the Court, and the person named below has been appointed as Successor Administrator of this Estate. Any person having a claim against the decedent must, before the time the claim would be barred by any applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator Administrator's attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditors as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the Notice to Creditors. Creditors who have already properly filed and served a claim do not need to file a new

Pursuant to RCW 11.40.150, the time between the date of resignation of the former Personal Representative and the date of first publication of this Notice (or, in the case of actual notice to a creditor, the mailing of this Notice to that creditor) is added to the time within which a claim must be presented or a suit on a rejected claim must be filed. However, this does not extend the twenty-four month self-executing bar under RCW 11.40.051. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.60. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication of Notice to Creditors: September 16, 2022 Date of First Publication of Notice Vacancy and Succession: December 7, 2022 DATED this 30th day of November 2022, at Seattle, Washington. MONTGOMERY PURDUE PLLC Matthew J. Hart

WA State Bar No. 49963 mhart@montgomerypurdue.com Benjamin I. VandenBerghe, WA State Bar No 35477 biv@montgomerypurdue.com 701 Fifth Avenue, Suite 5500 Seattle, WA 98104 Fax: (206) 625-9534 Phone: (206) 682-7090 Administrator of Estate Address for Mailing or Service: Montgomery Purdue PLLC 701 Fifth Avenue, Suite 5500 Seattle, WA 98104 Published in the Lake Chelan Mirror December 7, 14,



2022 #4991



at ncwmarket.com · Email: mirrorads@

Public Notices

NOTICE IS HEREBY GIVEN that assessment roll of the ISENHART IRRIGATION DISTRICT is now in the hands of its directors, and that said Board of Directors will meet at 601 W. Woodin Avenue, Chelan, WA 98816 at 8:30 AM on December 14, 2022 and sit as a Board of Equalization to hear and determine objections to said assessment roll as may come before it. Isenhart Irrigation District Ruth Van Wechel Secretary Published in the Lake Chelan Mirror November 23, 30, December 7, 2022.

Public Notices

LEGAL NOTICE CHELAN RIVER IRRIGATION DISTRICT OFFICE: 144 E. WOODIN **AVENUE** P.O. BOX 1837

CHELAN, WASHINGTON 98816 All property owners and legal qualified voters of the Chelan River Irrigation District are legally notified as follows: ITEM ONE

The Budget and Assessment Rolls for the District for the year 2023 are open for inspection at any time by any qualified person at the office of the District. ITEM TWO

The BOARD OF DIRECTORS will set as a board of EQUALIZATION **BUDGET HEARING and review of** the ASSESSMENT ROLLS on Wednesday, December 14, 2022 starting at 4:00 P.M. The meeting will be held at 601 W. Woodin Ave., Chelan, WA 98816.

ITEM THREE The annual election for one Director of the District will be on Wednesday, December 14, 2022. The polls will be open at the office of the District from 8:00 A.M. until 5:00 P.M.

NOTICE IS FURTHER GIVEN that CERTIFICATION OF QUALIFICATION will be furnished to any qualified elector who makes a written request prior to November 30, 2022 on application forms, which will be supplied by the District's secretary.

Any candidate who wishes to

declare their candidacy as a director shall do so by November 30, 2022. Certification for an ABSENTEE ballot can be secured at the office of the District. For any additional information regarding any of the items above,

please contact the secretary of the District at their office. CHELAN RIVER IRRIGATION DISTRICT Ruth Van Wechel, Secretary

Published in the Lake Chelan Mirror on November 23, 30, December 7, 2022

NCW Market.com

Steps you can take to care for yourself during the holidays

STATEPOINT - With seasonal stressors like end-of-year work deadlines, gift shopping and hosting potentially weighing on you, plus all those extra sweets and indulgent foods to nibble on, the holiday season may be the happiest time of year, but it's not always the healthiest. Here's how to take better care of yourself to feel your best this holiday season.

Protect Your Skin

You may be aware that the more free radicals you have in your body, the more skin damage can accumulate over time. But did you know that exposure can be particularly high during the holiday season? There are a few reasons for this. One is that cooler temperatures are linked to sugar cravings, making sweet treats especially hard to resist at a time of year when there are so many to choose from. Increased sugar intake can boost the production of advanced glycation end products, and ultimately unwanted free radicals. In general, diets high in fat, sugar, and processed foods can contribute to free radical production, as can stress.

Fortunately, you can take steps to protect your skin from the inside out during the holidays and beyond. Fernblock PLE (Polypodium leucotomos extract), the natural antioxidant in the dietary supplement Heliocare Daily Use Antioxidant Formula, can help neutralize free radicals and the damage they cause. Dermatologistrecommended, Heliocare aids in eliminating free radicals to help maintain younger-looking, more resilient skin.

"Along with the cheer of the season comes skin hazards," says New York-based dermatologist, Rachel Nazarian, MD. "But the



PHOTO SOURCE: (c) Viktor Gladkov / iStock via Getty Images Plus While it can be hard to set aside time in your schedule when there's so much to do, a bit of daily self-care is sure to have a restorative effect that helps you refresh, reset and be more focused.

holiday season is the perfect time to gift your skin additional protection from the damaging effects of free radicals. You can do this by incorporating a supplement like Heliocare into your routine in addition to using a topical broad-spectrum sunscreen.'

To learn more, visit heliocare. com. (These statements have not been evaluated by the Food and Drug Administration. Heliocare is not intended to diagnose, treat, cure or prevent any disease.)

Move Daily

Be sure to take time for yourself each day to receive the combined physical and mental health benefits of movement. Head outdoors for a morning or afternoon walk to get some fresh air, improved blood circulation some mood-boosting sunlight during the short, dark days of winter. To promote agility, flexibility, and relaxation, take a few minutes to unwind with some meditation or gentle **Practice Healthy Habits**

Holiday office parties and family gatherings often involve indulging in the kinds of food and drink that can leave you feeling more dehydrated, bloated, and fatiguedthanyoumightnormally. Counteract these effects by adopting healthy habits now that you can carry into the new year. Drink plenty of water each day, and incorporate decaffeinated green tea, coconut water or smoothies into your routine for added electrolytes. Likewise, get high-quality sleep each night. It's especially important to do so if you're burning the candle at both ends. For better shut eye, avoid caffeine, and blue light exposure before bedtime, and keep your bedroom temperature comfortable and consistent.

While it can be hard to set aside time in your schedule when there's so much to do, a bit of daily self-care is sure to have a restorative effect that helps you refresh, reset and be more

Preventing scams and fraud this holiday season

STATEPOINT - Scams and fraud are more deceiving these days, reaching you in more ways than ever before. The FTC reported 2.8 million fraud reports from consumers in 2021 alone, with reported fraud losses increasing 70% from 2020 and more than \$5.8 million.

Scammers begin their traditional uptick at the start of the holiday season, and identity theft protection expert Carrie Kerskie says being aware of what new cyber and phone fraud trends to look out for is your biggest defense against unwanted fraud stories, "Unfortunately when it comes to technology, privacy and identity theft, the same old advice that was given 10, 15 years ago is still the gospel of what you're supposed to do. And that is outdated. None of it works. It's not true, it's not relevant anymore."

Scammers have expanded from targeting consumers with only traditional email and phone calls. The most recent trending scams are occurring using person-to-person payment platforms or P2P, remote access software and even public Wi-Fi. Kerskie says the most

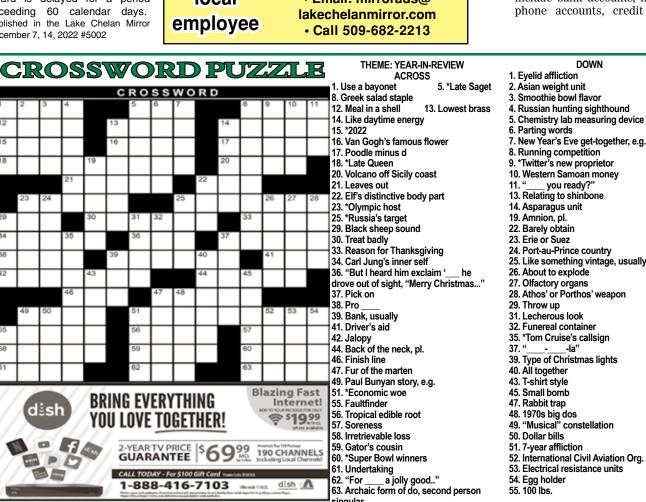
desirable accounts to criminals include bank accounts, mobile phone accounts, credit card

accounts and Amazon accounts. Now, with P2P payment platforms, criminals can get access to your bank account and use it to transfer money within moments. The latest tactic that concerns Kerskie is using remote access software to gain access to everything on your computer without having to directly ask you for things like your social security number. bank account or credit card number. While many workers use remote access software safely from their companies' IT departments, criminals are also using this software in their scams.

Criminals also try to access your information in settings like coffee shops or libraries using public Wi-Fi. A laptop or smartphone using public Wi-Fi can easily fall victim to scams. An easy fix is to use your smartphone's wireless data and hotspot to help keep your personal information secure. Kerskie says there are ways to keep scammers and fraud at bay ahead of the holiday shopping season.

Prioritize Privacy: Kerskie says, if it's easy for you, it's easy for a criminal. Privacy means having strong and unique passwords with a minimum of 12 characters, and pins using random numbers and taking advantage of extra security. Enabling multifactor authentication on your various apps and accounts will also protect yourself from potential threats. Use Available Resources: Take advantage of the free anti-fraud safeguards offered by your mobile carrier. In the case of T-Mobile's Scam Shield, services include enhanced caller ID, scam ID and blocking, which flags suspicious calls and gives customers the option of blocking those numbers. Additionally, customers can get a free second number to keep their personal number personal, or even change their primary number completely.

Validate or Eliminate: Whatever potential threat you come across via email, text message, letter or even a phone call, try to validate the information. If you cannot confirm the information is true or confirm the senders' validity. throw it away, block the phone number or email address and report it as spam or junk mail. Understanding how potential cyber threats and fraud work will help protect you this holiday season and beyond.





Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Inflation Outpacing US Wages, Creating Worst Pay Drop in 25 Years

AUTUMN SPREDEMANN

Residents in the United States have less to celebrate on payday as inflation-adjusted wages endure the harshest pay cut in a quarter century, according to the Federal Reserve Bank of Dallas.

The bank's report revealed that the median decline in real wages was a little more than 8.5 percent for most of the U.S. workforce in the past 12 months—"the most severe faced by employed workers over the past 25 years."

Hardworking Americans are watching their purchasing power dwindle as prices have risen across the board under President Joe Biden. The impact is particularly noticeable in grocery stores and at the fuel pump.

Food-at-home prices soared by more than 13 percent this year. Concurrently, the cost of regular gasoline catapulted by 49 percent, and diesel users suffered a 55 percent increase between January and June.

Another analysis shows inflation has been outpacing American wage growth for 18 months straight. While average earnings per hour rose by 5 percent, consumer prices spiked by more than 8 percent. That equates to an almost 4 percent decline in real hourly wages as of October.

But more important than numbers, Americans are feeling the effects in nearly every aspect of daily life.

Tough Times

"Judging by our dwindling savings, we may no longer be able to be a singleincome household," Dennis Shirshikov told The Epoch Times.

Working as the sole provider for his wife and three young children, Shirshikov said that his family has been trimming household expenses wherever they can.

"We've already cut back on food and clothing shopping trips," he said. "We've taken the kids out of day care, and we're working on other ways to

budget and save."

Shirshikov says that he's fortunate to work as a remote strategist for Awning. com since he lives in a rural part of New York. The comparatively lower cost of

amid the nation's towering inflation.

"My heart goes out to all the families out there living in cities with multiple children right now. This is a tough time indeed."

In one survey of 3,000 Americans this year, 41 percent of respondents listed the cost of raising a family as their top concern for 2022. For some, conscious shifts in spending habits have become integral to surviving the widening paycheck-inflation gap.

"I'm more conscientious overall about my spending than I have been in years past," Melanie Edwards told The Epoch Times.

Edwards works as a digital product manager for the Olipop soda company. She says that high inflation requires creativity to navigate, especially as the holidays approach.

"Inflation has affected my holiday spending and purchasing habits. Gone are the days of waiting until the last minute to buy a gift," she said. "I'm shopping much earlier than I ever have to snag deals. I'm also forgoing some name brands or designers to save money."

Falling Behind

Adding to this economic snowball effect is an affordable housing crisis.

Builders have fallen behind on new homes and rentals for 20 years, creating a housing shortage of 5.5 million.

Less mileage per paycheck due to inflation and a federal rate hike that topped 6 percent in September has left Americans struggling to keep a roof over their heads.

"Due to a decrease in real wages, which ultimately leads to a decline in one's purchasing power, potential home buyers suffer a lot. And although wages are higher than before, they aren't adjusted for inflation," Shaun Martin told The Epoch Times.

Martin is a real estate and financial expert at We Buy Houses in Denver,

He says that with higher interest rates, many potential buyers are unable to secure a mortgage or even a regular loan.

York. The comparatively lower cost of living in his area has been a silver lining power, home sellers have raised their



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Residential homes under construction in Valley Center, Calif., on June 3, 2021.

I'm more

conscientious

overall about

my spending

been in years

than I have

Melanie Edwards,

ager, Olipop

digital product man-

past.



prices. Landlords are doing the same with rentals, which Martin said is especially problematic for salaried workers.

He also noted that it's too early to say when things will get better. That's why Martin has made efforts to diversify his revenue.

"I decided to increase my streams of income by investing in different available options. It will increase my inflation-adjusted income," he said.

Generating more money and savings has been no easy feat for America's lower- and middle-class earners this year. For households making between \$30,000 and \$100,000,75 percent said that their income has fallen behind the cost of living, according to a Primerica survey.

"Most of the people I know belong to the middle class. The middle class is especially hit with inflation ... this also means that with the increase in necessary expenses, the middle class has significantly less disposable income than before," Derek Sall told The Epoch

Times.

Sall is a financial adviser and the founder of LifeandMyFinances.com.

MIKE BLAKE/REUTERS

He said that one of the consequences is a drop in demand for specialty consumer goods, resulting in the shrinkage of affected industries.

"People enjoy being able to spend money on treating themselves. Without it, they become unhappier and overall population satisfaction decreases," he said.

He noted that this chain reaction leads to overall lower productivity and motivation at work, putting already volatile household incomes at even greater risk. Yet despite the challenges, it's impor-

Yet despite the challenges, it's important to try to save money, Sall said. Even minor changes to routines and monthly bills can have a net positive effect.

"Going through subscription services such as Netflix or Amazon Prime and getting rid of those is a start. Investigate whether prices for expenses such as cable or phone providers can be changed," he said.

Homeowners Should Brace for Property Price Drop: Data, Experts

PETR SVAB

Real estate prices have declined over the past several months, but there could be much more to come, data and experts

The median home price has dropped by about 7 percent since its peak in June. It's still up by about 6 percent since October 2021 and more than 35 percent up since early 2020, according to data from Zillow, a listing site.

Other market metrics have recently dropped far more precipitously, however. Sales volume, for instance, is down by more than 24 percent since last year. Construction was started on less than 120,000 private housing units in October, down from more than 150,000 in April, according to the Census Bureau's seasonally adjusted data. Prices of lumber, the most common residential construction material in America, dropped by nearly 70 percent since February and are now roughly at the early 2020 level.

The housing market has been pummeled by the Federal Reserve's lifting of interest rates this year, which has boosted mortgage rates from less than 3 percent in September 2021 to more than 7 percent in early November. The rates have since eased to roughly 6.5 percent.

This indicates that the market has yet to reach its bottom.

"We expect a drop of 15-to-20% over the next year, in order to restore the pre-Covid price-to-income ratio," Ian Shepherdson, chief economist at the Pantheon Macroeconomics, wrote in a note last week.

Fannie Mae's Economic and Strategic Research (ESR) Group expects home prices to hit a low point in the second quarter of next year with a recovery the year after.

One major factor is that 80 percent of mortgage holders have locked in rates of at least 2 percent lower than the current rate, which makes them unwilling to look for a new house, the ESR said in a recent forecast.

"The accomply continues to slide to

"The economy continues to slide toward a modest recession, which we anticipate will begin in the new year, with housing leading the slowdown," said Doug Duncan, chief economist at Fannie Mae.

"Higher interest rates have ignited the typical reduction in residential fixed investment, which historically has led into either an economic slowdown or recession. From our perspective, the good news is that demographics remain favorable for The economy continues to slide toward a modest recession, which we anticipate will begin in the new year, with housing leading the slowdown.

Doug Duncan, chief economist, Fannie Mae



A 'for sale' sign hangs in front of a home in Miami, Fla., on June ${f 21}$, ${f 2022}$.

housing, so the sector appears well-positioned to help lead the economy out of what we expect will be a brief recession."

Dropping house prices are bad news for those who bought theirs during the record-high prices of the past few years. They can easily find their mortgages underwater unless they put enough cash down.

Prospective homebuyers still don't have much to look forward to because

even at lower asking prices, houses will remain expensive when the higher mortgage rate is factored in.

One factor keeping a bottom under the market is low inventory, which is currently about 36 percent below the October 2019 level.

"It's hard to imagine a significant drop in pricing. Inventory is just too low," Jonathan Miller, president and CEO of Miller Samuel, said in a recent Bloomberg interview.

THE EPOCH TIMES

"THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." —Jonne Rosenau

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