

## Farewell service for Rev. Linda Mayer Jan. 8

CHELAN - St. Andrew's Episcopal Parish Farewell Sunday Service for The Rev. Linda Mayer will be Sunday, January 8, at 10 a.m. Rev. Mayer, who is retiring, has served the Chelan Valley community with honor and grace for the past 11 years. A special reception for Rev. Mayer will follow in the church hall. Adults, children and dogs are welcome for this all-community event. The 112-year old log church is located at 120 E. Woodin Ave., in Historic Downtown Chelan.

## Wanted: Your Christmas tree, for Winterfest Bonfire

CHELAN - The holiday season is wrapping up and you may be getting ready to take down your tree. The City of Chelan is accepting any real (not artificial), undecorated Christmas trees in need of disposal at the City Marina parking lot from now until Wednesday, January 11. These trees will be used for the beach bonfire during Winterfest weekend. Please no artificial trees and make sure to remove all lights and decorations before adding them to the pile.

## Lake Chelan Valley Events, Things to do, Meetings

### Lake Chelan Nordic Club memberships/Echo Ridge

CHELAN - Season Passes and Lake Chelan Nordic Club memberships can be purchased on the website at LakeChelanNordic.org, where you will also find current conditions at Echo Ridge.

### SAIL Exercise Classes: Jan. 4-5, 9-10

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Linda Hollier. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

### Household hazardous waste drop off: Jan. 4-6

**Latex paint now accepted - Drop off Saturday, Jan. 7**  
WENATCHEE - Drop-off Saturday is Jan. 7 at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday the same hours. Drop off your household hazardous wastes and latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: <https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes>.

### Chelan Senior Meals: Jan. 4-6, 9-11

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at [www.ocn.org](http://www.ocn.org) and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: Jan. 4: Spaghetti & Meat Sauce, Caesar Salad, Peaches, Garlic Bread, Dessert; Jan. 5: Cabbage Patch Stew, Greek Salad, Chilled Pears, WW Roll, Dessert; Jan. 6: Cordon Bleu Casserole, Rice Pilaf, Peas & Carrots, Broccoli Salad, Strawberries & Bananas, WW Roll, Dessert; Jan. 9: Kielbasa with Peppers and Onions, Roasted Potatoes, Cucumber Salad, Waldorf Salad, Biscuit, Cereal Bars; Jan. 10: Chicken Paprika, Egg Noodles, Roasted Squash, Spring Salad, Pineapple & Cherries, Dessert; Jan. 11: Beef Tacos, Spanish Rice, Fresh Salsa, Pineapple Tidbits, Dessert.

### Chelan Museum: Closed Jan.-Feb.

CHELAN - The Chelan Museum will be closed the months of January and February. They will reopen on March 1. They will be open by appointment. Call 509-682-5644. The museum is located at the corner of Woodin Avenue and Emerson Street.

### Chelan Valley Hope: Jan. 4-5, 9-12

CHELAN - Happy New Year from everybody at Chelan Valley Hope (CVH). With a new year upon us, we at CVH embrace this time with an open heart and go forward with faith, hope, and determination to serve our community even more. Thanks to the support of local donations and our wonderful team, CVH has served over 1,000 families and individuals in 2022. We are wholeheartedly grateful to have the ability to provide emergency resources across the Chelan Valley. Because of you, it has been a warm and wonderful holiday season for many people in need. This is a friendly reminder that the Winter Coat Drive is still ongoing. We have coats of all sizes available at 417 S. Bradley Street. We are open Monday thru Thursday 9 a.m.-3 p.m. (closed from Noon to 1 p.m.). Call 509-888-2114 for more information or to schedule an appointment. You can also visit our website and follow us on Facebook and Instagram to get the latest CVH news and updates at [chelan-valleyhope.org](http://chelan-valleyhope.org), @ChelanValleyHope.

### VFW #6853 Post Coffee/Donuts: Jan. 6

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

### Food Bank food distribution: Jan. 7, 10-14

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. The Food Bank is getting requests for

# Chelan to Africa: Ellingson, Leigh travel to Lesotho



Courtesy Touching Tiny Lives Foundation  
A toddler we'll call "Nolo" opens wide for the nourishing spoonful of papa, a maize porridge, Dr. Amy Ellingson offers.

SUBMITTED BY  
VICKI OLSON CARR

CHELAN- In the photo, we see that the party of the summer is important. The "Chelan to Africa" fundraiser at Benson Vineyards and Winery last August grossed over \$38,000.

As the Kevin Jones Band music wafted over the soft summer air, generous residents and visitors made donations to support Thrive Chelan Valley and the Touching Tiny Lives Foundation.

Dr. Amy Ellingson, one of the medical directors of TTLF, and realtor Diane Leigh recently returned from a self-supported trip to Lesotho. This small kingdom, about the size of the state of Maryland, is completely surrounded by the nation of South Africa. It is the only country to lie above 1000 meters elevation, over a mile high.

The main objective of their trip was to see if the \$11,000 donated from TTLF for a new school was being used. They were surprised to see the new rural school in Phutha was almost ready to open, new, clean, well supplied and heated by a solar-powered space heater.

The NCW emissaries also visited the Safe House at Mokhotlong, where 18 volunteers care for babies and toddlers needing medical care and better nutrition. As these little lives grow and thrive they are

SEE AFRICA ON PAGE A2

# Sen. Hawkins pre-files Regional Aquatic Center legislation

SUBMITTED BY TRICIA GULLION,  
PUBLIC INFORMATION OFFICER,  
WASHINGTON STATE SENATE  
REPUBLICAN CAUCUS

OLYMPIA - Sen. Brad Hawkins officially pre-filed legislation Dec. 5 to allow local governments in Chelan and Douglas counties to partner together to establish a Regional Aquatic Center and Sports Complex.

Senate Bill 5001 proposes to amend the existing Public Facilities District statute (RCW 35.57) to allow communities in the region to someday seek voter approval to construct and operate an aquatic center and recreational sports complex. Hawkins' bipartisan co-sponsor is Sen. Sam Hunt (D-District 22) whose Olympia-based district is also considering an aquatic facility.

Hawkins has hosted several meetings this fall with local mayors, county commissioners, regional port, chamber, community leaders, and swimming groups. Stakeholders are interested in locating any potential project in the Wenatchi Landing area near East Wenatchee, 283 acres of regionally accessible land near the Odabashian Bridge.

Development of a facility in Wenatchi Landing would help meet an aquatic and recreational need in the region while also serving as a catalyst development project, potentially leading to significant economic activities



Courtesy office of Sen. Brad Hawkins

Development of a facility would help meet an aquatic and recreational need in the region while also serving as a catalyst development project, potentially leading to significant economic activities in that area, including hotels, restaurants, and retail shopping.

nificant economic activities in that area, including hotels, restaurants, and retail shopping. The Chelan-Douglas Regional Port Authority will be administering a 12-month feasibility study to analyze the project and economic benefits.

"Officially submitting the bill today represents an important step forward in what will likely be a multi-year com-

munity process, said Hawkins, who serves the 12th district. "I hope the Legislature will grant our area authority to form the district while we continue to thoughtfully consider and collect public input on our future facilities."

What supporters of SB 5001 are saying  
Mayor Jerrilea Crawford  
City of East Wenatchee  
"The Wenatchee Valley has

a long history of thoughtful collaboration for the betterment of our entire region. The Legislature's support of this bill will give us yet another opportunity to come together collectively to provide quality of life resources for our citizens."

Mayor Frank Kuntz  
City of Wenatchee

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131 S. Apple Blossom Drive, Ste #109,  
P.O. Box 1922  
Chelan, WA 98816-1922  
509-682-2213  
[www.lakechelanmirror.com](http://www.lakechelanmirror.com)

\$1



# Rep. Goehner named ranking Republican on House Local Government Committee

SUBMITTED BY WASHINGTON STATE HOUSE REPUBLICANS

OLYMPIA - Rep. Keith Goehner, R-Dryden, will continue to lead Republicans on the Local Government Committee in the state House of Representatives.

Washington State House Republicans recently announced their committee assignments for the upcoming 2023 legislative session.

The House Local Government Committee considers issues relating to the operations and financing of counties, cities and some special purpose districts. It will also look at legislative proposals

related to local government open meeting and public records obligations; and the administration of local land use, zoning, building, energy and health codes.

Goehner, a former four-term Chelan County commissioner, feels his experience in local government provides a perspective beneficial to local entities.

"I have been, and will continue to be, an advocate for local government. Our local entities provide the most basic and essential services to



Rep. Keith Goehner

our constituencies, and it is imperative we work with them at the state level," said Goehner. "I am hopeful the committee could work on affordable housing issues such as the Growth Management Act, zoning, and some of the well-intentioned regulations with poor results that are driving up housing costs."

Goehner will once again serve on the House Environment and Energy and Transportation committees.

"The new Twelfth District

boundaries provide us an opportunity to work with communities on the east and west side of the Cascade mountains to address critical transportation needs and ensure goods and services are moved efficiently across the mountains," said Goehner. "While transportation funding is reaching a critical juncture, maintenance and preservation needs to be a top priority. However, we must find some common-sense solutions to ensure we are getting much-needed projects in our region."

The 105-day legislative session is scheduled to convene on Jan. 9.

**State Representative Mike Steele • 12th Legislative District**  
RepresentativeMikeSteele.com  
122F Legislative Building | P.O. Box 40600  
Olympia, WA 98504-0600  
mike.steele@leg.wa.gov • 360-786-7832 | Toll-free: 800-562-6000

**State Representative Keith Goehner • 12th Legislative District**  
RepresentativeKeithGoehner.com  
122C Legislative Building | P.O. Box 40600  
Olympia, WA 98504-0600  
keith.goehner@leg.wa.gov • 360-786-7954 | Toll-free: 800-562-6000

**State Senator Brad Hawkins • 12th Legislative District**  
P.O. Box 40412 | Olympia, WA | 98504-0412  
Brad.Hawkins@leg.wa.gov • 360-786-7622 | Toll-free: 800-562-6000

**Cong. Kim Schrier - 8th Congressional District**  
Washington D.C. Office  
1110 Longworth HOB | Washington, DC | 20515 • 202-225-7761  
Wenatchee District Office  
301 Yakima Street Suite 329 | Wenatchee, WA 98801  
509-850-5340

**U.S. Senator Patty Murray •** <https://www.murray.senate.gov>  
Washington, D.C. Office  
154 Russell Senate Office Building | Washington, D.C. 20510  
202-224-2621 | Toll Free: 866-481-9186  
Yakima Office  
402 E. Yakima Ave, Suite 420 | Yakima, Washington 98901  
509-453-7462

## Looking ahead to the 2023 Legislative session

By Senator Brad Hawkins

OLYMPIA - The Washington State Legislature meets each January but alternates between longer sessions of 105 days in odd years and shorter sessions of 60 days in even years. This year, the Legislature will convene on January 9th for a 105-day session. The primary focus will be developing the operating, transportation, and capital budgets for the 2023-2025 biennium. In addition to developing new state budgets, committees will conduct hearings and the Legislature will debate and update various laws. After two years of COVID pandemic "hybrid" sessions with only partial in person activities, the upcoming session is expected to return to more

standard operations. Here is a review of each of the state budgets, including their 2021-2023 approved amounts:

**Operating budget (\$64.1 billion)**

The operating budget funds the day-to-day operations of the state, including early learning, K-12 education, higher education, health and human services, criminal justice, natural resources, courts, and other areas. With a budget of this size, there are always things to like and things to disapprove of. Despite the COVID pandemic, state revenues have been positive, with more dollars flowing into the state than what was previously projected.



Sen. Brad Hawkins

The November 2022 revenue forecasts estimates approximately \$66.2 for the 2023-2025 budget cycle. Overall, this revenue figure is still higher than previously projected, although uncertainty remains for how national economic factors, such as interest rates, gas prices, and inflation will truly affect state revenues over the next two and four years.

**Transportation budget (\$12.2 billion)**

The transportation budget funds the construction and maintenance of the state transportation system, including the maintenance and preservation of roads, bridges, and ferries. This budget also funds state agencies and commissions that

serve our transportation system and numerous previously approved road projects based on their construction schedules. Due to the lack of driving during the COVID pandemic, much of the gas tax revenues to the transportation budget were significantly less than in past years but federal infrastructure legislation provided some enhanced funding for transportation. Last session, a new 16-year, \$16.9 billion "Move Ahead Washington" transportation package was approved, primarily for maintenance of the existing system and some large-scale transportation projects. With this significant package approved, it is unlikely major new projects will be funded in 2023.

**Capital budget (\$7.8 billion)**

The state capital budget

funds the construction and maintenance of state buildings, public school matching grants, higher education facilities, public lands, parks, and other assets. Most sections of the capital budget include grant programs where governments apply for funding based on specific qualifications and matching funds. Other elements of the capital budget are more subjective. In recent years, the 12th District team has been able to generate big wins for our district through this budget. Unfortunately, the upcoming capital budget could be significantly strained due to inflationary factors and the rising costs of construction projects.

**New changes to district boundaries**

The Washington State Redistricting Commission's new boundaries for our 49

legislative districts are in effect for the 2023 session. The new boundary for the 12th District includes East Wenatchee, Chelan County, and portions of Snohomish County (Index to Monroe) and King County (North Bend to Duvall). Due to retirements and elections wins, many districts have new legislators, surely to create new dynamics at the Capitol. The balance of power is similar to past years. There are 49 members of the State Senate (29 Democrats and 20 Republicans) and 98 members of the House of Representatives (58 Democrats and 40 Republicans). It will be interesting to see how the Legislature functions with the new lawmakers and their redesigned districts. Hopefully the Legislature will adjourn by May with all three budgets approved.

### AFRICA

CONTINUED FROM PAGE A1

returned to the care of their families, and other tiny lives in jeopardy arrive for care.

Ellingson and Leigh emphasized how valuable the funds from the popular "Chelan to Africa" event are for the children of Lesotho and other

countries in "our global community".

Thrive Chelan Valley, T'TLF and other community volunteers will soon begin to plan Chelan to Africa 2023.

To donate go to: [www.tinylivesfoundation.org](http://www.tinylivesfoundation.org) or mail your donation to: The Tiny Lives Foundation, 1550 Larimer St. Suite 1068, Denver, CO 80202

### AQUATIC

CONTINUED FROM PAGE A1

"This legislation, if passed, gives the voters of our region a chance to make huge improvements to parks and recreation in our community. Thank you, Senator Hawkins for taking the lead." Commissioner JC Baldwin

**Chelan-Douglas Regional Port Authority**

"The Regional Port would like to recognize Senator Hawkins' leadership in seeking legislative authority to establish a Regional Aquatics Center & Sports Complex by amending the existing Public

Facilities District statute. The greater Wenatchee Area has many positive attributes; however, one missing element is a Regional Aquatics Center."

**Bob Bugert Chelan County Commissioner**

"We appreciate Sen. Hawkins' forethought and support as the communities in Chelan County begin to explore the idea of a regional aquatic center and sports complex. A collaborative dialogue and a shared commitment of funding of the economic impact assessment are the first steps of many more to come. It is important that local leaders

do our homework, including amending the existing Public Facilities District statute, so voters can eventually make an informed decision on such a large community investment."

**Rachel Madson Velocity Swimming President**

"Velocity Swimming is incredibly thankful to Senator Hawkins for recognizing the need for both an aquatic facility as well as a future sports plex in our community. Competitive swimming in our valley has been hosting some of the state's largest summer swim meets at the City of Wenatchee

pool for over 40 years bringing in generous hospitality revenue to our area. The creation of a regional facility such as this would allow us to host even larger meets year-round with the potential of higher-level USA Swimming sponsored events bringing in athletes from multiple states. Additionally, a large aquatic center could render additional recreational opportunities as well as swim lessons, water fitness, occupational and physical rehab and lifeguard training programs."

The 2023 Legislative session begins on January 9 and is expected to last 105 days.

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131 S. Apple Blossom Drive #109,  
P.O. Box 1922, Chelan, WA  
98816-1922  
Phone: 509-682-2213

**Office Hours**

Mon. to Fri. 9:00 a.m.-5:00 p.m.

**On The Internet**

**Website:**  
[www.lakechelanmirror.com](http://www.lakechelanmirror.com)  
**News e-mail:**  
[lcmeditor@gmail.com](mailto:lcmeditor@gmail.com)  
**Advertising e-mail:**  
[ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

**Services**

Back Issues are available up to one year after publication for a small fee.

**Contact Information**

**Publisher**  
Carol Forhan • 509-548-5286  
[publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com)  
Bill Forhan, Publisher, Ex Office

**Reporter/Photographer**  
[lcmeditor@gmail.com](mailto:lcmeditor@gmail.com)

**Reporter/Photographer**  
Michael Maltais  
[gqchreporter@gmail.com](mailto:gqchreporter@gmail.com)

**Advertising Sales Director**  
Carol Forhan • 509-548-5286  
[carol@leavenworthecho.com](mailto:carol@leavenworthecho.com)

**Advertising Sales Chelan**  
RuthEdna Keys • 509-682-2213  
[ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)  
Lindsay Timmermans  
509-860-7301  
[adexec1@ncwmedia.net](mailto:adexec1@ncwmedia.net)

**Contact Information**

**Classifieds/Legals**  
Laura Husa  
[mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com)  
**Circulation:** 509-293-6780  
Laura Husa  
[circulation@lakechelanmirror.com](mailto:circulation@lakechelanmirror.com)

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**Letters policy**

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com) or [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com)

**News Tips**

Have an idea for a story?  
Call the Mirror at 509-682-2213

**Corrections**

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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Email to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

CONTINUED FROM PAGE A1

pet food. Small bags of dog food are best. They can be dropped off at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center.)

**Glass recycle: Jan. 7**  
**Winter Hours: 10 a.m.-Noon**

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to [www.911glassrescue.org](http://www.911glassrescue.org), and click on the volunteer tab on the home page.

**Greater Wenatchee Mended Hearts: Jan. 9**

WENTCHEE/VIA ZOOM - Greater Wenatchee Mended Hearts is inviting heart patients and their families in Chelan, Douglas, Grant and Okanogan Counties to attend the Greater Wenatchee Mended Hearts Chapter Meeting being held by Zoom on Monday, January 9, 11:30 a.m. – 1 p.m. To attend, email: [atthelhelmsters@hotmail.com](mailto:atthelhelmsters@hotmail.com) for access to the meeting.

**Parenting in a Digital World: Jan. 9**

MANSON - The Manson School District will hold their latest in the series of their Manson Inc. Parent Meetings Monday, January 9, at Manson Secondary School in the cafeteria. Join them for a complimentary dinner at 5:30 p.m. with the meeting to follow. The topic "Parenting in a Digital World" covering internet safety, threats, and solutions. Complimentary child care is available for those with small children, as well as Spanish translation. For further information please contact the district at 509- 687-3140.

**Internet Safety for Parents: Jan. 9**

CHELAN - On Tuesday, January 10 at 6-7:30 p.m., at Chelan High School, the Chelan School District will host the Cyber Safety Cop to present on internet safety for parents. It is open to all parents in the district, there will be an interpreter available, and childcare is provided. Middle and high school students will also see a separate presentation on January 9.

**Survivors of Suicide Loss Support Group: Jan. 10**

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: [tcfwenatcheevalley.org](http://tcfwenatcheevalley.org)

**Mobile Food Pantry: Jan. 12**

MANSON - The Mobile Food Pantry will be at North Shore Bible Church on Thursday, Jan. 12, noon- 2 p.m. All are welcome. It is a walk thru format and guests pick their own food. This is a regular stop every second Thursday of the month.

**Lake Chelan Winterfest: Jan. 13-22**

LAKE CHELAN - Lake Chelan Winterfest is coming January 13-22. Features will include intricate ice sculptures, two spectacular fireworks shows, the infamous Ice Bar, live music, kid's activities, and more across the Lake Chelan Valley. Winterfest buttons are now on sale at the Lake Chelan Chamber for \$10. These buttons give exclusive access to extra discounts and deals at participating businesses and wineries throughout the duration of Winterfest, as well as access to activities like the Ice Bar and Ice Slide. For more information and a list of Winterfest activities, visit [LakeChelanWinterfest.com](http://LakeChelanWinterfest.com).

**Family and friends Support Group: Jan. 16**

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: [tcfwenatcheevalley.org](http://tcfwenatcheevalley.org)

**Chronic Disease Support Group: Jan. 19**

CHELAN - With the support of Aging and Adults and Tender Loving Care for Seniors, an Alzheimer's Support Group for Chelan/ Manson area is meeting. They have opened this meeting to family caregivers of people who have any serious chronic conditions: cardiac, pulmonary, neurologic (post stroke, Parkinson's Disease, MS) and others. Meetings will be the third Thursday of the month, 10 a.m.-12 p.m. at Chelan Valley Hope, 417 S. Bradley Street. Aging and Adults is providing the facilitator, Bob Poindexter, who has great experience in leading support groups. Please join them to be encouraged by spending time sharing with others who are on this journey. For more details please call Claudia Swenson, Manager, TLC for Seniors, 360-561-6090.

**Grange Youth Fair Program sign ups:**

**Jan: 23**

MANSON - The Manson Grange Youth Fair Program will launch next month in February. Sign ups for the program for youth five to 19-years-of-age in the Manson and Chelan School Districts, will be held on January 23, 6 p.m., upper floor of the Manson Grange Hall on Wapato Way. Families will complete paperwork and join the Manson Grange. Membership is \$90 per year. Grange Youth Fair Program offers young members the opportunity to exhibit at county fairs and expositions and works alongside other nationally-recognized programs like 4-H and FFA. The mission and purpose of the Grange Youth Fair Program is to provide an opportunity for young Grange members to participate in an educational setting designed to increase confidence, strengthen character, learn invaluable life skills and teach the importance of self-discipline. Applications are currently being accepted for "family membership" in the Grange with the first official meeting of the Youth Fair program in February. Application and other forms can be downloaded from the Manson Grange's website [www.mansongrango.com](http://www.mansongrango.com). For more information: Norm Manly at 509-293-0225.

**Rep. Schrier brings home \$22 million for local projects around the 8th District**

*Includes Rep. Schrier's 3rd bill signed into law this year*

SUBMITTED BY LIBBY CARLSON,  
OFFICE OF CONG. KIM SCHRIER

WASHINGTON, DC – In December Congresswoman Kim Schrier, M.D. (WA-08) announced that 15 local projects will receive over \$22 million as part of the Community Project Funding program included in the FY23 government funding bill. The projects will improve the lives of residents across the 8th District.

"I'm thrilled that I could go to bat for the 8th District and make sure all 15 of our district's requested projects received funding," said Rep. Schrier. "These projects are a unique opportunity to advocate for our community's

needs. Local governments and nonprofits know what our communities need best, and that is why I went directly to them for recommendations about what the federal budget should prioritize. I am especially grateful to my Advisory Board for their dedication to our district and for prioritizing such tremendous projects. This is a testament to just how much the projects will benefit their communities. I can't wait to visit all the projects in the coming year!"

Last funding cycle, Rep. Schrier secured over \$11 million for local projects as part of the FY22 government funding bill. For the FY23 government funding bill, 15 projects were selected by an independent advisory board, vetted by the Appropriations Committee, and included in the final spending package.

In addition to the 15 projects, Rep. Schrier's bill, the

Diagnostic Device Advisory Committee Act, was included in the government funding bill. This bill ensures that if we are in a situation again where diagnostic tests need to be approved quickly for public health purposes, there is already a system in place, ready to respond. Rep. Schrier has been a major proponent of increasing access to rapid antigen tests during the pandemic. This will be her third bill signed into law this year and 15th since coming to Congress.

The 15 local projects that will receive funding include:

- Bethel School District's Graham Community Center, Spanaway -- \$2,250,000.
- Central Washington University Student Medical & Counseling Center, Medical Grade Air Distribution, Ellensburg-- \$1,000,000: The CWU Student Medical & Counseling Center was built in 1970 and has never had any major renovations or expansions, including the original heating/ventilation/air conditioning (HVAC) system. A new medical grade air distribution system will reduce the spread of airborne pathogens, benefiting the health of students, staff, and the greater Ellensburg community. Additionally, a new system will be more cost and energy efficient than the current system.
- Chelan Douglas Community Action Council (CDCAC) Food Distribution Center, Wenatchee-- \$3,000,000: CDCAC's current food distribution facility is inadequate to meet the increase in demand, avoid food waste, and ensure the safe storage of food products and safety of employees and volunteers. The location of the new facility

will reduce travel times, expand programs focusing on local purchasing of farm goods through expansion of commercial processing equipment, improve safety measures, and provide for a dedicated volunteer and employee training space.

- Creek Restoration at Lake Sammamish State Park, Issaquah -- \$1,023,632.
- Crisis Response Team, King Count -- \$1,000,000.
- Heritage Heights at Lake Chelan Conversion to Memory Care, Chelan-- \$800,000: Currently there are no memory care facilities within 40 miles of the Lake Chelan Valley. Expanding Heritage Heights to better serve the aging community will make it possible for seniors to age close to their families, doctors, and existing support systems.
- HopeSource's Teanaway Multi-Service Center, Cle Elum -- \$2,030,000.
- Issaquah Valley Aquifer, Issaquah -- \$600,000.
- King County Sheriff's Body Worn Cameras, King County -- \$1,000,000.
- Muckleshoot Tribe's Water Improvements, Auburn-- \$3,452,972.
- Snoqualmie Indian Tribe Child Development Center Expansion, Snoqualmie-- \$1,500,000.
- The Market Farm to Fork and Smart Locker Program, Buckley-- \$2,000,000.
- YWCA North Central Washington Permanent Supportive Housing (PSH), Wenatchee--\$200,000: Upgrading and modernizing the Permanent Supportive Housing building ensures YWCA can continue to serve the community and provide needed safe and stable housing.

**Heritage Heights at Lake Chelan**  
**505 E. Highland Avenue • Chelan**  
Amount Requested: \$800,000

Seniors with dementia and their families have few options in the Chelan Valley for Memory Care. Currently there are no facilities within 40 miles of the Lake Chelan Valley and no facilities accept Medicaid. Heritage Heights is not currently designed for Memory Care. This funding would be used to renovate and upgrade the facility, converting 11 of the 30-units to Memory Care. The conversion to Memory Care will allow for some double occupancy, providing additional housing for seniors needing assisted living and Memory Care services.

A continuum of care that provides safe, affordable housing helps keep seniors healthy for longer. Expanding Heritage Heights to better serve the aging community will make it possible for seniors to age close-by their families, doctors and existing support systems.

**Chelan Douglas Community Action Council (CDCAC) Food Distribution Center**  
**Chelan Douglas Community Action Council**  
**620 Lewis Street, Wenatchee**  
Amount Requested: \$3,000,000

The Chelan–Douglas Community Action Council's (CDCAC) Food Distribution Center provides support for individuals experiencing food insecurity. The quantity of food CDCAC's receives/distributes has doubled in the past 3-years. They currently support twenty-two area food pantries, meal sites and low-income senior housing facilities with over 2-million pounds of food annually; providing nutritional food to those who face food insecurity.

CDCAC's current food distribution facility is inadequate to meet the increase in demand, avoid food waste, and ensure the safe storage of food products and safety of employees and volunteers. The location of the new facility will reduce travel times; expand programs focusing on local purchasing of farm goods through expansion of commercial processing equipment; improve safety measures; and provide for a dedicated volunteer and employee training space.

**YWCA North Central Washington Permanent Supportive Housing (PSH) Updating, Modernization**  
**YWCA NCW, 212 First St, Wenatchee, WA 98801**  
Amount Requested: \$200,000

The YWCA's permanent supportive housing building is in need of critical updates. The apartments were not originally built for modern appliances and electric needs. This funding will make it possible to purchase a new water heater, update heating, cooling and electrical systems and install a weather efficient roof.

YWCA NCW is a lead partner to reduce poverty through housing in the regional planning organization Our Valley Our Future. The case management model YWCA uses helps individuals achieve economic independence and self-sufficiency. Upgrading and modernizing the Permanent Supportive Housing building ensures YWCA can continue to serve the community and provide needed safe and stable housing.

CHURCH GUIDE

New to the area? On Vacation?  
These churches welcome you!



**• CHELAN**

**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
509-682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton

**CHURCH OF THE NAZARENE**  
Sunday School 10 am  
Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
509-682-5135 • Sanders St. & Okanogan Ave.

**LAKE CHELAN LUTHERAN CHURCH**  
Please join us for Sunday Worship In Person or via  
Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts.  
509-682-9063 • 216 W. Nixon Ave.

**• CHELAN**

**LAKE CHELAN UNITED METHODIST CHURCH**  
Worship 10 am  
509-682-2241

Corner of Johnson & Emerson

**LIVING STONE CHURCH**  
Please join us as we gather each Sunday at 10 am  
216 N. Emerson St. (Upper Room/Chelan Library)  
Office location: 105 N. Emerson St., Suite 204  
[www.LscChelan.org](http://www.LscChelan.org) (509) 682-5953

**• CHELAN**

**ST. ANDREW'S EPISCOPAL CHURCH**  
Worship 10 am  
via: <https://us02web.zoom.us/j/84574811302>  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
509-682-2851 • [www.standrews-chelan.org](http://www.standrews-chelan.org)

**• BREWSTER**

**HOPE LUTHERAN CHURCH - LCMS**  
Sunday Worship 11 am  
Holy Communion 1st, 3rd, & 5th Sunday  
Bible Study & Sunday School 10 am  
509-689-3106 • 1520 Sunset Drive

**• MANSON**

**MANSON UNITED METHODIST CHURCH**  
10:00 am Worship,  
Holy Communion the first Sunday of the month  
"Come as you are, all are welcome"  
687-3311, at the corner of Green and Boetzkes  
Sermon-by-Phone 509-423-7514 to hear  
our own Pastor Mike O'Neal deliver his weekly sermon

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)



# Basketball – it's hereditary

By MATTHEW OCKINGA  
CORRESPONDENT

CHELAN - Basketball is hereditary.

Much like the inflated rubberized sphere itself, the game is largely passed down from generation to generation. With only five starters and small rosters, basketball players often inherit the game from their parents, continuing the court legacy with every dribble, pass and shot.

Braiden Boyd, Ryan Rainville and Isaac Wilson start for Chelan High School. All three are the sons of fathers—Brandon Boyd, Rob Rainville and Brad Wilson—who work in the Lake Chelan School District and are former or current basketball coaches.

The current players grew up in the gym together, have known each other for years and were coached by their dads at some point. In fact, Ryan and Isaac were team managers under then-coach Jeff Pearl.

“We invested in our kids and their friends to play sports, because in small towns, you need all the students to be involved in order to have success,” Rainville said. “So, we traveled, coached and organized events so our boys could become better student-athletes all year long.”

Current Goats head coach Tony Callero joined the Chelan squad three years ago. He found the three players accommodating and knowledgeable in helping him adjust to the program.

“I think one of the benefits

they have is since early on they were playing basketball,” Callero said. “It’s a little different than some other sports if you’re not developing some skills in the off-season or at an early age. It’s really hard just to pick it up when you’re in high school and decide you want to come give basketball a shot.”

Thanks to their fathers, all three gave the sport a shot and are thriving on the competitive hardwood. As the New Year begins and the schedule thickens, the players, their dads and their coach reflected on the trio’s basketball skills and journeys.

**Braiden Boyd, Senior Number 33**

**Father:** Brandon Boyd, Chelan High School P.E. teacher; Chelan Middle School basketball coach; Chelan High School assistant baseball coach

**Basketball love story:** “I always liked highlights and dunking, so I’d work on a 7-foot hoop and dunk. I always wanted to be really, really tall and a big man, so I focused on that a lot when I was growing up... I’ve had 6 dunks in high school (one during freshman year; two sophomore year; three junior year). I’m trying to get four more.”

**Callero Scouting Report:** “He’s become more vocal, reminding players where to go on plays. Braiden is our first option inside as a post player and is always guarding the other team’s biggest guys.”

**Self-Scouting Report:** “I like to go right and then I spin move every time. I’ve

definitely gotten stronger. I’ve probably put on 25 pounds since I was a freshman...It also kind of cost me. I’m not as quick as I was.”

**Dad Scouting Report:** “In recent years, one of the biggest growths has been his ability to step away from the hoop and shoot 3s. He has always been comfortable playing with his back to the hoop and attacking the rim, but he is more multi-dimensional now.”

**Ryan Rainville, Junior Number 22**

**Father:** Rob Rainville—Chelan High School/ Chelan Middle School P.E. teacher; former Chelan High School athletic director

**Basketball love story:** “Isaac and I have always been playing basketball together and our dads have been coaching us. It’s kind of made me fall in love with the game.”

**Callero Scouting Report:** “He does different things each game depending on where he’s needed. He’s kind of a glue guy for us in that whatever loose ends that need taking care of, he has a knack for seeing that and taking care of that.”

**Self-Scouting Report:** “Let me shoot 3s because I need to improve on that. Don’t let me pass the ball because if I can get the ball to my teammates they can get open shots pretty well.”

**Dad Scouting Report:** “He has been a post player for a long time, and he still has great feet and post play when he is under the hoop, but he has improved his 3-point shot, outside shot and his defense



Matthew Ockinga/LCM

**Chelan starters Ryan Rainville, Isaac Wilson and Braiden Boyd set up for a drill during a Dec. 26 practice.**

the most in my opinion. I think he has shown to be a great defender, and as of late his outside jump shot has improved.”

**Having Dad as coach:** “You ride home with your dad, so he tells you, ‘This needs to be fixed. This needs to be tweaked.’ It makes me a better player. If I foul out and I’m sitting on the sideline and he’s yelling at me, that might be a little bit of the coach faucet turning off. Besides that, he was pretty good at coaching me.”

**Isaac Wilson, Junior Number 3**

**Father:** Brad Wilson— Superintendent of Lake Chelan

School District

**Basketball love story:** “When my brother played here, I was actually a manager for the school. I was always around, always in the gym and growing up.”

**Callero Scouting Report:** “If I say something that’s great, but if the point guard says it, that’s going to overrule what I have to say and that’s really allowed Isaac to be more demanding and to get the ball with one last shot or call our defenses or switching things. He’s much more engaged in the game.”

**Self-Scouting Report:** “I’m definitely a stronger ball handler than my first year. My first year, I didn’t really

dribble the ball much. If I was a freshman you’d probably want to attack me on defense. Now I’m probably better defensively.”

**Dad Scouting Report:** “I appreciate that he doesn’t worry much about how much he scores and enjoy how much he cheers for and celebrates others’ successes. There is a lot of pressure on good high school basketball teams to perform well and he seems to handle it well.”

**Having Dad as coach:** “He’ll get on you sometimes. Sometimes he gets on you, but all that’s for good. Not in the moment. At the end of the day it was just pretty cool.”

## CHELAN HIGH SCHOOL SPORTS RECAPS

### Chelan 31, Cle Elum 50

By COACH NICK LONGMIRE,  
CHS GIRLS BASKETBALL

**Dec. 27-28**

KITTITAS - The Chelan Mountain Goats traveled to Kittitas early on Tuesday morning for a short 2 day tournament.

The Goats faced the Cle Elum Warriors on Tuesday for a 2 p.m. game. The Goats came out a little slow before finding some rhythm in the game. At the end of the first quarter the Goats trailed 7-12.

In the second quarter the Goats added 8 more but struggled from the foul line. Despite outscoring the Warriors the Goats still trailed 15-19 at the half.

The Goats continued to struggle from the stripe in the second half and the Warriors started to advance their lead even more. The Goats trailed by 11 going into the 4th quarter.

The Goats ran out of steam in the final quarter and were outscored by 8 giving a final score of 50-31 in favor of the Warriors.

Senior Juliana Perez and Freshman Marley Williams led all Chelan scores with eight a peice. Arabelle Finch added seven points. Kira Sandoval scored six and Jailyn Reinhart contributed two.

### Chelan 53, Kittitas 40

The following day the Goats matched up against the hosts of the tournament, the Kittitas Coyotes.

Again, the Mountain Goats started out a bit sluggish but were able to unite to finish the first quarter with the lead 14-12. The Mountain Goats had their biggest quarter of the year in the 2nd where they put up 19 points off offense including several shots behind the arc. This sent the Mountain Goats in the half with a 12

point lead.

The Goats came out a bit flat offensively in the 3rd quarter where they were outscored 10-6 but came back in the 4th quarter to seal their first win of the season against the Coyotes.

“This tournament was good for us to get away and regroup as a team. Despite the win tonight we had a chance to have some candid conversations about how to proceed in the second half of the season. It is tough to get back on the horse after falling off over and over again but our team doesn't give up. They want to win. They want to get better,” says Nick Longmire, Head Coach of the Mountain Goats. “We have the opportunity to continue to turn the season around,” Coach Longmire adds.

The Mountain Goats were led in scoring by Junior Arabelle Finch with 12 points. Juliana Perez followed with nine points. Jayden Simmons and Kira Sandoval each added eight points. Jailyn Reinhart scored seven. Marley Williams

scored six and Jayci Simmons had three for the Mountain Goats.

The Mountain Goats traveled to Liberty Bell on New Years Eve for a non-league match up.

### Chelan 44, Mead 62

By COACH ANTHONY (TONY)  
CALLERO, CHELAN HIGH SCHOOL  
BOYS BASKETBALL

**Dec. 28**

FREEMAN - Chelan lost the opening game of the Freeman HA Holiday Tournament to 3A in a non-league game.

Chelan played a great first half and only trailed by three 31-28

Chelan went ice cold during the third quarter missing five of their first six shots and quickly fell behind by 11. The game stayed between 10-15 points the rest of the third and most of the fourth until a late run by Mead put the game out of reach.

Isaac Wilson helped the Goats commit just eight turnovers and added 13 points.

Braiden Boyd led the team in rebounding and scoring as he added 15 points.

Coach Callero said the boys were excited about the challenge of playing a bigger school and are even more exciting to take on the first place team from the Northeast A League.

Freeman is also the Number 2 1A team in the state according the lates RPI Rankings.

“We came here to challenge ourselves against good competition and we are definitely getting that,” Coach Tony Callero.

### Chelan 65, Freeman 82

**Dec. 29**

FREEMAN - Chelan lost a non-league game on the road at Freeman High School on Thursday, December 29. The final score was 65-82.

Freeman and Chelan played a tough, close game and were

tied at halftime at 30.

The Freeman Scotties got hot in the third quarter and made four three pointers to build an eight point lead.

Freeman, the number two ranked, 1A team in the state, looked comfortable on their home court and made 23 of the 35 free throw attempts for the game compared to Chelan who was only able to get to the line for 21 attempts where they made 13 of those free shots.

Chelan was whistled for 28 fouls and Freeman 17.

Coach Callero was happy with the effort and composure the players showed. “Each time we made a little run during the fourth quarter; they either hit a big three or got back to the free throw line.”

Chelan had nine players score and three were in double figures. Dylan Jay had 19, Braiden and Isaac Wilson 10.

Chelan remains tied for first place in the CTL at 3-1 and moves to 5-4 overall.

Chelan traveled to Liberty Bell for another non-league game on Saturday, Dec. 31.

## THE WASHINGTON OUTDOORS REPORT

### Sturgeon, waterfowl and boats

By JOHN KRUSE, THE  
WASHINGTON OUTDOOR REPORT

**Catch and keep sturgeon**

Catching and actually keeping a sturgeon is a great way to kick off the new year and you can do just that this winter in the Columbia River Gorge. This special sturgeon fishery opens on New Years Day and anglers will be able to keep one sturgeon a day and a total of two per year upstream of Bonneville Dam to McNary Dam.

In the Bonneville pool to the Dalles Dam there is a harvest quota of 675 sturgeon. The size limit for sturgeon is a little smaller here than in the other two pools. Keepers must measure between 38 to 54 inches from the tip of the nose to the fork of the fish’s tail.

The Dalles pool, like the Bonneville Pool, is open for sturgeon fishing on Mondays, Wednesdays and Saturdays. There is a 190-sturgeon quota in the Dalles pool to John Day dam and the fish must measure between 43 and 54

inches from The Dalles to McNary dam. The John Day pool has the smallest quota, only 105 fish, and is open for fishing seven days a week. Despite this it is historically the last pool to close for catch and keep sturgeon every winter.

Marc Bush is the owner of Twisted Waters Guide Service and will be fishing in the Gorge for sturgeon again this January. I asked him why the John Day pool is the last to close despite the seven day a week fishery and the smallest harvest quota. Marc replied, “Those fish have a lot of good terrain to hide out in and it’s a little bit harder to catch them up there in my opinion.”

Asked about what kind of bait he uses for winter-time sturgeon, Bush said, “Sometimes they are biting sturgeon candy (aka – squid), sometimes it’s nightcrawlers or shad or chunks of dead fish. It’s kind of an experimental, find out as you go thing for me”.

Bush will be fishing between The Dalles and John Day dams this winter for sturgeon. You can book a trip with him by calling 253-468-0610.



Courtesy Marc Bush

**Marc Bush and a client with a Columbia Gorge sturgeon.**

**Waterfowl Hunting**

Ponds, wetlands and lakes are pretty well frozen over at this point but waterfowl hunters can find success in the new year hunting rivers and streams where ducks and geese will congregate. The Columbia River shines as a great place to go this

now for both

diving and puddle ducks but smaller rivers and streams hold healthy numbers of ducks as well. The ducks and geese need to feed as well and will often do so twice a day during the winter months. Scouting wheat or cut corn fields for ducks or

geese and getting permission to set up on them can lead to limits if you are willing to brave the cold and wait for those web-footed birds to come in.

**Portland Boat Show**

The first big boat show of 2023 will be taking place at the Expo Center in Portland.

It’s the Portland Boat Show put on by O’Loughlin Trade Shows from January 11-15. With hundreds of boats of all sizes spread out over 200,000 square feet, there will be a big selection of watercraft and accessories to see here.

Trey Carskadon with O’Loughlin Trade Shows says, “This show is interesting because it has evolved into one of the largest sport-fishing boat shows in the country. There’s more variety of fishing boats to look at and buy at this show than any other show in the country we are aware of. There’s also lots of pleasure style boats (wakeboard, wake surfing, cruisers, runabouts) available as well.

Trey continued by saying, “Being the first boat show of the year, it gives buyers the opportunity to find inventory that hasn’t been picked over at the later boat shows later in the month and in February and on.” You can find out more about the Portland Boat Show at [www.pdxboat-show.com](http://www.pdxboat-show.com).

John Kruse – [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)





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8	7	3	4	6	9	5	2	1
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DATUM	PAS	STAB
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## Employment

### Help Wanted

**City of Pateros Public Works Department**  
The City of Pateros has a current opening in the Public Works Department. This position is a non-exempt position performing manual to journey level work in the parks, streets, buildings and utilities of the City of Pateros. This is a full-time position, wage scale starting at \$3,987 to \$4,333 per month plus benefits. Desirable qualifications include a valid commercial driver's license, Public Pesticide License, irrigation and landscape maintenance, street repair and maintenance, water or sewer certifications and heavy equipment operation. The position requires the ability and willingness to perform manual labor, including lifting of heavy objects. Background check and drug test will be required before hiring. Applicant must have a valid WA State Driver's License and provide current driving record from DOL. Experience in similar position is desirable. A complete job description and application can be obtained by calling (509) 923-2571, or email [pateros@swift-stream.com](mailto:pateros@swift-stream.com). When submitting application, please include a resume and cover letter. Position is open until filled.



School District is seeking qualified applicants for the following position:

- Cascade High School Head Golf Coach

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

**WWW.**  
**lakechelanmirror.com**

### Help Wanted



**Public Works Truck Driver/ Laborer**  
The Chelan County Public Works Department seeks one applicant for a Truck Driver/ Laborer in the Leavenworth District. The duties include a wide variety of maintenance activities, such as flagging; performing manual labor; driving trucks with pups, sanders and plows; paving and chip sealing; and/or operating light and heavy equipment. The salary range is Step 2 at \$21.41 per hour to Step 9 at \$29.70 per hour. Starting salary dependent on qualifications and experience. Employees receive an ANNUAL progression of steps until reaching Step 9. Work includes opportunities for overtime. The position includes a state retirement system, with a deferred comp program available. Health insurance package includes Medical, Dental, Vision and county contributions to a personal health savings account. Typical work schedule is four 10-hour days during the summer and five 8-hour days in the winter. Includes 10 holidays and 3 floating personal holidays. This position requires a Washington State Driver's License, Class A CDL with Tanker Endorsement. We prefer candidates have current First Aid/CPR and flagging cards, but we will work with you to obtain within 4 months of employment. Applications and a detailed job description are available at the Chelan County Human Resources Career Opportunities page: <https://www.co.chelan.wa.us/human-resources/jobs>

The application, letter of interest and resume must be returned to the Chelan County Human Resources Department, 400 Douglas Street, Suite #201, Wenatchee, WA., 98801, or emailed to [human.resources@co.chelan.wa.us](mailto:human.resources@co.chelan.wa.us) this position will remain open until filled.

### Help Wanted

**Permit Technician**  
The City of Leavenworth is seeking an energetic self-motivated individual for a full-time position as Permit Technician for Community Development Department. The ideal candidate will have demonstrated excellent organization skills through filing or similar job activities, and have good communication (written and verbal) skills. This position performs a variety of technical and administrative tasks to expedite the processing and issuance of complex and routine permits for multiple departments. Incumbents accept, review, route, and issue permit applications for routine projects as well as large commercial projects. Incumbents utilize the permit tracking database, review applications for accuracy and completeness, determine permit fees, route plans for approval, and monitor and coordinate the processing and issuing of permits. Duties include responding to inquiries about the permit application process, applicable codes, and inspection requirements. This position is a union position with a salary range of \$4,831-\$5,440/month (based on step increases over time); excellent benefits and retirement package included. The full job description and application are available on the City website at [www.cityofleavenworth.co.m/employment](http://www.cityofleavenworth.co.m/employment) or by contacting the City of Leavenworth at (509)548-5275 or 700 US Highway 2, Leavenworth, WA 98826. First review of applications will be on January 15, 2023. Position will remain open until filled. The City of Leavenworth is an equal opportunity employer.

### Help Wanted

**Looking for a great local employee?**  
It is easy to place your ad online 24/7 at [www.NCWMarket.com](https://www.ncwmarket.com) Register and pay on our secure site.  
**Want Print Only** for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)  
  
Deadline is Friday by Noon for the following Wednesday issues of all newspapers

## For Sale

### Antiques & Collectibles

**Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.**  
Place your ad with pictures online 24/7 at [www.NCWMarket.com](https://www.ncwmarket.com) Register and pay on our secure site.  
**Want Print Only?** Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)  
**Deadline: Noon on Friday for all papers.**

**Place your Help Wanted and find the best qualified local employee**

- Place your ad 24/7 at [ncwmarket.com](https://www.ncwmarket.com)
- Email: [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com)
- Call 509-682-2213



**Place your Help Wanted Ad online at NCWMarket.com 24/7 and find the best qualified local employee**  
**NCWMarket.com** is a classified advertising service of NCW Media, Inc.  
Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal  
**The good news about NCWMarket.com is:**

- It's available 24/7
- Rates start as low as \$5 per month
- Google says we averaged 5,277 visitors per month last year
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- You can protect your identity until you decide to respond to inquiries, OR

- You can include a map to your business
- You can change the ad anytime you want – as often as you want
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**Deadline Friday at Noon for all papers**

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Quad City Herald  
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Call: 509-548-5286

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Original owner  
White, 2008 GMC TRUCK

1/2 ton, 4 x 4- V-8 extended cab and a canopy, new battery. New transmission in 2019 Very clean,143,964 miles, lots of extras. New price \$16,500 OBO  
Call to make appt. to see Carol 509-670-1723.  
See photo on [NCWMARKET.COM](http://NCWMARKET.COM)

Have spare room in your facility?

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**Sheriff's Report**

**Dec. 23**  
02:15 Agency Assist, US Hwy. 97A MP 221, Entiat  
07:56 Miscellaneous, 2079 Lakeshore Dr., Manson  
08:28 Alarm, 1000 Totem Pole Rd., Manson  
09:20 Parking/ Abandoned Vehicle, 600 block 4th St., Chelan Falls  
11:54 Alarm, 2220 W. Woodin Ave., Chelan  
13:20 Parking/ Abandoned Vehicle, 14611 Diamond Ave., Entiat  
13:51 Non-injury Accident, 415 E. Allen Ave., Chelan  
14:43 Public Assist, 207 N. Emerson St., Chelan  
14:43 Domestic Disturbance, 600 Mad River Rd., Ardenvoir  
17:29 Non-injury Accident, 108 N. Apple Blossom Dr., Walmart, Chelan  
21:39 Alarm, 216 W. Manson Rd., Starbuck's, Chelan

**Dec. 24**  
00:17 Harassment/ Threat, 112 E. Woodin Ave., Senior Frog's, Chelan  
02:02 Traffic Offense, 102 E. Johnson Ave., Kelly's ACE Hardware  
06:56 Alarm, 350 SR 150, Chelan  
11:21 Extra Patrol, 609 N. Bradley St., Chelan  
13:06 Non-injury Accident, 620 N. Emerson St., Chelan  
13:38 Civil Dispute, 2790 First Creek Rd., Chelan  
16:08 Public Assist, 207 N. Emerson St., Chelan  
19:15 Traffic Offense, 0 block W. Prospect St., Chelan  
21:01 Suspicious Circumstance, 2037 W. Woodin Ave., Chelan  
21:43 Disturbance, 110 S. Water St., Chelan

**Dec. 25**  
02:17 Trespassing, 400 block Wapato Lake Rd., Manson  
02:42 Drugs, 455 Wapato Lake Rd., 12 Tribes Casino, Manson  
11:30 Non-injury Accident, US Hwy. 97A MP 215 area, Entiat  
13:47 Public Assist, 201 Manson Blvd., Manson  
17:09 Civil Dispute, 108 N. Apple Blossom Dr., Walmart, Chelan  
18:03 Non-injury Accident, US Hwy. 97A and Cammack Ave., Entiat  
20:48 Hazard, 127 E. Johnson Ave., Chelan  
21:08 Diversion, 806 W. Manson Rd., Chelan

**Dec. 26**  
12:21 Domestic Disturbance, 5507 Navarre Coulee Rd., Chelan  
14:51 Court Order Violation, 2341 W. Prospect St., Chelan  
16:30 Burglary, 80 Anderson Rd., Chelan Fruit, Chelan  
20:08 Non-injury Accident, 1600 block S. Lakeshore Rd., Chelan  
20:24 Public Assist, 491 Ford St., Manson  
22:55 Hazard, 10 block Furey Ave., Manson

**Dec. 27**  
03:55 Alarm, 205 E. Woodin Ave., Novedades Lupita, Chelan  
07:48 Welfare Check, 128 E. Woodin Ave., Kelly's ACE Hardware, Chelan  
14:06 Sex Offense, Cooper Gulch Rd., Chelan  
15:07 Harassment/ Threat, 2431 Entiat Way, Entiat  
17:17 Welfare Check, 2477 Larsen Ln., Entiat  
18:23 Traffic Offense, 1219 Riverview Cemetery Rd., Chelan  
18:51 Non-injury Accident, N Sanders St. and E. Woodin Ave., Chelan  
20:27 Diversion, 87 Chickadee Mountain Ln., Chelan  
21:32 Public Assist, 1292 Riverview Cemetery Rd., Chelan  
22:40 Suspicious Circumstance, 2347 W. Prospect St., Chelan

**Dec. 28**  
01:14 Diversion, 11244 Entiat River Rd., Entiat  
01:46 911-call, 140 E. Woodin Ave., Chelan  
03:01 Suspicious Circumstance, 201 Manson Blvd., Manson Bay  
08:33 Public Assist, 317 S. Sanders St., Chelan  
09:55 Unknown-injury Accident, 900 block Greens Landing Rd., Manson  
11:20 Theft, 5 Howser Rd., Chelan Fruit, Chelan  
12:32 Suspicious Circumstance, 4014 SR 150, Manson  
14:22 Alarm, 358 Hyacinth Rd., Manson

**Dec. 25**  
**Chelan Fire District #7**  
12:38 Personal Assist, 105 Baldy Ct., Chelan  
16:38 Personal Assist, 1217 W. Woodin Ave., Chelan  
19:56 Residential Alarm, 3940 US Hwy. 97A, Chelan  
21:10 Personal Assist, 127 E. Johnson Ave., Chelan  
23:17 Breathing Problem, 420 E. Nixon Ave., Chelan

**Chelan EMS**  
08:50 Unknown-injury Accident, US Hwy. 97 MP 226, Orondo  
22:37 Allergies, 4114 Wapato Lake Rd., Manson  
23:17 Breathing Problem, 420 E. Nixon Ave., Chelan

**Entiat Fire District**  
18:05 Unknown-injury Accident, US Hwy. 97A MP 213, Entiat

**Manson Fire District**  
10:09 Pole Fire, 42 Waters Edge Ln., Manson  
21:00 Commercial Alarm, 168 Wapato Ct., Manson Bay

**Dec. 26**  
**Chelan Fire District #7**  
01:15 Commercial Alarm, 402 W. Manson Rd., The Lakehouse, Chelan  
14:43 Heart Problem, 219 E. Johnson Ave., Lake Chelan Health, Chelan  
17:48 Sick Person, 138 Long Dr., Chelan  
19:13 Commercial Alarm, 808 W. Manson Rd., Park Pointe Condominiums, Chelan  
19:25 Unconscious Person-1, 474 Nancy Ln., Chelan  
19:40 Commercial Alarm, 2133 W. Woodin Ave., Roots Community School, Chelan  
21:36 Commercial Alarm, 322 W. Woodin Ave., Grandview on the Lake, Chelan  
22:45 Commercial Alarm, 2133 W. Woodin Ave. Roots Community School

**Chelan EMS**  
10:20 Personal Assist, 86 Pedio St., Manson Bay Marina, Manson  
14:43 Heart Problem, 219 E. Johnson Ave., Lake Chelan Health, Chelan  
17:48 Sick Person, 138 Long Dr., Chelan

**Dec. 23**  
**Chelan Fire District #7**  
09:46 Fall-2, 214 E. Trow Ave., Chelan  
11:55 Commercial Alarm, 2220 W. Woodin Ave., Chelan  
11:57 212 Walnut St., Chelan Falls  
16:28 Commercial Alarm, 110 S. Apple Blossom Dr., Chelan

**Chelan EMS**  
09:46 Fall-2, 214 E. Trow Ave., Chelan  
11:57 212 Walnut St., Chelan Falls  
20:32 Fall-1, 543 Village Dr., Manson

**Dec. 24**  
**Chelan Fire District #7**  
01:56 Personal Assist, 415 6th St., Chelan Falls  
17:22 Breathing Problem, US Hwy. 97 MP 244, Chelan

**Chelan EMS**  
13:21 Sick Person, 200 Green Ave., Manson  
17:22 Breathing Problem, US Hwy. 97 MP 244, Chelan

**Entiat Fire District**  
18:43 Choking, 2105 Sage St., Entiat

**Chelan**  
19:25 Unconscious Person-1, 474 Nancy Ln., Chelan

**Manson Fire District**  
01:15 Commercial Alarm, 402 W. Manson Rd., The Lakehouse, Chelan  
10:20 Personal Assist, 86 Pedi St., Manson Bay Marina, Manson  
19:48 Residential Alarm, 71 American Way Ln., Manson

**Dec. 27**  
**Entiat Fire District**  
16:46 Sick Person, 14481 US Hwy. 97A, Entiat

**Manson Fire District**  
08:05 Injury Accident, SR 17 MP 125, Mansfield

**Dec. 28**  
**Chelan Fire District #7**  
06:51 Breathing Problem, 2305 W. Woodin Ave., Chelan  
08:55 Convulsions, 104 W. Woodin Ave., Campbell's Resort, Chelan  
09:58 Unconscious Person-2, 219 E. Johnson Ave., Lake Chelan Health, Chelan  
23:48 Fall-1, 9260 S. Lakeshore Rd., Chelan

**Chelan EMS**  
06:51 Breathing Problem, 2305 W. Woodin Ave., Chelan  
08:55 Convulsions, 104 W. Woodin Ave., Campbell's Resort, Chelan  
09:55 Unknown-injury Accident, 900 block Greens Landing Rd., Manson  
09:58 Unconscious Person-2, 219 E. Johnson Ave., Lake Chelan Health, Chelan  
23:48 Fall-1, 9260 S. Lakeshore Rd., Chelan

**Manson Fire District**  
09:55 Unknown-injury Accident, 900 block Greens Landing Rd., Manson

**Dec. 29**  
**Chelan Fire District #7**  
12:37 Fall-1, 445 Howser Hill Ln., Chelan  
14:34 Convulsions, US Hwy. 97A MP 229, Chelan  
22:05 Illegal Burn, 233 Key Ln., Chelan

Helpful tips from 2022

**1. SUPPLEMENTS:**  
Although supplements can be helpful, many people and up wasting their hard-earned money. Here's how to determine if taking a particular supplement is helping you:  
**First, decide which symptoms you hope to improve.**  
Answer the question, "If this really helped you, how would you know?" What exactly do you expect it to do? Relieve your pain? Increase your energy? Help you lose weight?  
**Next, create a BEFORE and AFTER scoring system.**  
Before starting a supplement, record the current level of each element you'll be tracking. For example, if you want more energy, score your present energy level using a scale of either 1 to 5 or 1 to 10.  
**Finally, after starting your new supplement, keep score.**  
At least 2-3 times a week, notice how you are doing on each symptom and record it in your symptom diary.  
Checking the scores before and after you start a supplement will show you whether there is any improvement in the areas you are expecting to see a benefit. If there is no measurable difference in scores after four to eight weeks, it's not worth



your money. Try something else instead.  
**ASPIRIN:**  
**Aspirin does not help if you are healthy.**  
I still run across people who take daily aspirin only because they think they should. If you are diabetic, have heart disease, or have a history of stroke, aspirin can help prevent a future attack. But for healthy people, taking aspirin daily increases your risk of devastating bleeding into your brain should you fall. Your doctor can tell you if you would benefit from taking aspirin.  
**Avoid using full-dose aspirin for aches and fever.**  
Taking full-dose (325mg) aspirin for pain or fever increases your risk of bruising and bleeding, especially if you are taking a blood thinner like clopidogrel (Plavix®), warfarin (Coumadin® or Jantoven®), Pradaxa®, Xarelto®, or Eliquis®. Instead of aspirin, try Tylenol® (acetaminophen) instead. Taking a baby aspirin daily is okay if your doctor recommends it in addition to your other blood

thinner medication.  
**NOSE SPRAY:**  
**Always inhale gently when using a nose spray.**  
Breathe in gently while spraying. Snorting can carry the medicine down your throat instead of where it is needed. Aiming the sprayer's tip toward your ear, away from the tissue between your nostrils, helps prevent irritation and bleeding.  
**Try a different nose spray before giving up.**  
There are four different steroid nasal sprays to choose from. If, at first, you don't get relief or experience side effects like having a nosebleed, try a different one. You can select from Flonase Allergy Relief® (fluticasone), Nasacort Allergy 24-Hr® (triamcinolone), Rhinocort® (budesonide), or the newest OTC, Nasonex® 24HR Allergy (mometasone). Nasacort Allergy 24-Hr® is safe for children as young as 2 years old.  
**Limit decongestant nasal spray use to 5-7 days.**  
Decongestants like Afrin® work fast, but you should switch to a steroid nasal spray for more extended relief to avoid rebound stuffiness. Some people find that using a steroid and decongestant spray together at

first works well for them.  
**FOOT AND TOENAIL FUNGUS:**  
**Scrape off extra toenail material before applying an antifungal product.**  
It's tough to control fungus that has invaded your toenails. Filing off any excess toenail can help topical treatments get down into the nailbed, improving your odds of success.  
**When treating "athlete's foot," don't quit too soon.**  
Once your skin symptoms have disappeared, keep using the medication twice daily for at least another two weeks. This helps the fungus get entirely out of your skin. If you leave any time fungus alive inside the skin layers of your feet, it can multiply and spread, putting you right back where you started.  
**LIQUID BANDAGE:**  
**Which liquid bandage product should you choose?**  
There are several brands and formulations of liquid bandages. New Skin® will sting for the first 5 seconds when applied to open cuts. Both Bactine® Max with Lidocaine and CVS Liquid Bandage® contains a topical analgesic to minimize the discomfort of "stinging."

Some liquid bandage products use an alcohol-free formula, which minimizes stinging and dry skin. The trade-off is drying time. Alcohol-free liquid bandages take longer to dry, up to 2 minutes instead of just 30 seconds.  
**MOTION SICKNESS MEDICINE:**  
**Choose meclizine over dimenhydrinate.**  
Meclizine is the active ingredient of Bonine® and Dramamine® Less Drowsy Formula.  
**Meclizine works for dogs, too.**  
Use one 25mg tablet of meclizine once daily for dogs over 25lb, and half that dose if they are smaller. If your dog takes medication, contact your veterinarian.  
  
*Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey*

**CROSSWORD PUZZLE**

THEME: GEOGRAPHY 101

ACROSS

1. Piece of data 6. Baryshnikov's step  
9. Back wound 13. Soft palate hanger  
14. \*Any high mountain  
15. Tsar's edict  
16. Means  
17. Bishop of Rome's jurisdiction  
18. Female water-elf  
19. \*Highest mountain  
21. \*Sea that is also the largest lake  
23. A in MoMA  
24. \*Small island  
25. Ignited  
28. Lamborghini model  
30. Extravagant  
35. 15th of March, May, July or October  
37. \_\_\_\_a-Sketch  
39. Technology expert  
40. Novice  
41. Damage one's reputation  
43. Lil' Bow Wow's first name  
44. Bette Midler's movie " \_\_\_\_ Pocus"  
46. "I'm \_\_\_\_ you!"  
47. Unit of pressure  
48. Denver breakfast choice  
50. Big rig  
52. \_\_\_\_de Janeiro  
53. Excessively abundant  
55. Ensign, for short  
57. \*Great \_\_\_\_ Reef  
61. \*National Geographic \_\_\_\_  
65. Gibson garnish  
66. Arabic garment  
68. D-Day beach  
69. \*Longest continental mountain range  
70. Nada  
71. Energy to motion converter  
72. Golf pegs  
73. Red Cross bed  
74. Follow as a consequence

DOWN

1. Surfer's "man" 2. Tel \_\_\_\_ , Israel  
3. Ditty  
4. Extremist  
5. Masters without t  
6. Ghost of Christmas \_\_\_\_  
7. Miller High Life, e.g.  
8. Four-eyes' gear  
9. Bypass  
10. Uber alternative  
11. "The largest continent  
12. Past participle of "be"  
15. Remove from political office  
20. Eyelid infections  
22. Opposite of nothing  
24. Burning aroma producer  
25. \* \_\_\_\_ sphere, the solid earth  
26. "She is pulling my leg," e.g.  
27. 9 a.m. prayer  
29. \* \_\_\_\_ sphere, air surrounding earth  
31. Sleeveless garment  
32. Blood of the gods, Greek mythology  
33. Harry Belafonte's daughter  
34. \* \_\_\_\_ sphere, all water on earth  
36. Aretha Franklin's genre  
38. Type of crime  
42. Young Montague  
45. Brown and yellow finches  
49. Cravat or bola  
51. Financial gain  
54. 100 centimes  
56. "Barefoot in the Park" playwright  
57. Summer ride  
58. "Green Gables" protagonist  
59. Amusement park attraction  
60. Sturgeon \_\_\_\_ and salmon \_\_\_\_  
61. Table mineral  
62. Chow or grub  
63. Biblical pronoun  
64. Ready and eager  
67. \_\_\_\_ sphere, all life on earth

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			7	1	3				

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# U.S. to impose mandatory COVID tests for travelers from China

By Eva Fu

The United States will mandate COVID-19 testing for all travelers from China, joining a growing list of nations adopting entry curbs in light of the country's COVID surge.

Beginning Jan. 5, all air passengers aged 2 or older will need to present a negative COVID-19 test result no later than two days before departing from China's mainland, Hong Kong, or Macao, regardless of their nationality or vaccination status, U.S. health officials said on Dec. 28.

Those who have tested positive more than 10 days before the flight can show proof of recovery in lieu of a negative test result. At least one of the two documentation will be required for boarding a U.S.-bound flight.

The measure was a response to the massive COVID wave sweeping the country on the heels of the Chinese regime's abrupt lifting of stringent zero-COVID restrictions earlier this month without adequate preparation.

In the first 20 days of December, 248 million people in China likely have become infected, according to an internal meeting memo of China's top health body that leaked online. The number dwarfs

the COVID data and death tally officially released so far, which international experts and evidence on the ground show to be vastly disproportionate to the actual scale of the outbreak.

Amid the COVID surge, the National Health Commission earlier this week announced plans to resume outbound tourism from Jan. 8, three days after the U.S. rule will take effect.

All quarantine requirements for inbound travelers to China will end as soon as Jan. 8, the agency said on Dec. 26. The cap on the number of international flights coming in and out of China will be scrapped, and outbound tourism, which plummeted to almost <https://www.cdhd.wa.gov/covid-19#testingzero> during the pandemic, will resume in "an orderly manner."

Chinese state media cited an immediate rise in travel demands by Chinese nationals, who have been prevented from leaving the country for nearly three years. The search volume for international air tickets on some travel sites soared by as much as 850 percent.

The regime's reopening of China's borders was decried as "extremely irresponsible"



Courtesy Chelan-Douglas Health District

by one health expert.

"When they can't control the outbreak, they push it to the whole world," Sean Lin, a virologist and former lab director at the viral disease branch of the Walter Reed Army Institute of Research, told The Epoch Times.

"Just like when COVID first broke out in Wuhan, people who had been infected in Wuhan were allowed to travel around the world. The strategy is the same now as before," he added.

**Lack of Transparency**  
U.S. officials on Tuesday confirmed that the Chinese regime's lack of transparency during the current outbreak was a key factor for the imposition of the new travel restrictions.

"There are mounting concerns in the international

community on the ongoing COVID-19 surges in China and the lack of transparent data, including viral genomic sequence data, being reported from the PRC," an unnamed U.S. official said in a written statement provided to media outlets on Tuesday, using the acronym for China's official name.

"Without this data, it is becoming increasingly difficult for public health officials to ensure that they will be able to identify any potential new variants and take prompt measures to reduce the spread."

Earlier on Wednesday, when asked about Washington considering travel restrictions, China's foreign ministry spokesperson Wang Wenbin asserted that COVID response measures should

**COVID-19 vaccine, testing**  
CHELAN - For information on vaccine clinics and testing in the Lake Chelan Valley and Wenatchee areas, go to: <https://lakechelan-health.org/covid-19/>

**Lake Chelan EMS/Care Connect**  
**Washington**  
LAKE CHELAN - Lake Chelan Health Emergency Services is partnering with Care Connect Washington to help provide support for those affected by COVID-19. You qualify is: You tested positive for COVID-19 or you had close contact with someone who tested positive, and you're actively isolating or quarantining at home. They can help with personal care kits, food kits (non-perishable), fresh foods (orders delivered to your door) and financial assistance. Find out if you qualify, 1-800-453-0336. EMS Community Care Program, 509-726-6072.

be "science-based and proportionate without affecting normal people-to-people exchange."

The U.S. entry curbs followed in the footsteps of China's neighboring nations and regions such as India, Malaysia, Japan, and Taiwan.

Italy on Wednesday also became the first country in Europe to make COVID-19 testing mandatory for people arriving from China.

"The measure is essential to guarantee the surveillance and identification of any variants of the virus in order to protect the Italian population," said Orazio Schillaci, the Italian health minister.

Milan's main airport, Malpensa, began testing passen-

gers from Beijing and Shanghai on Dec. 26 and found that nearly one in two passengers was infected.

Aside from the testing requirements, the U.S. Centers for Disease Control and Prevention said it's also expanding a voluntary early warning program to detect new COVID-19 variants by collecting anonymous nasal swabs from arriving international travelers on selected flights at major U.S. international airports.

The program currently covers seven airports and about 500 weekly flights from 30 countries, including 290 from China and surrounding areas. Earlier in the pandemic, it had detected two Omicron subvariants, BA.2 and BA.3.

# Congress passes bill to protect and improve treatment of child sex assault survivors in FBI investigations

By Ross Muscato

For nearly 20 years, Larry Nassar used his role as a physician employed by Michigan State University and USA Gymnastics to, under the guise of performing medical treatment, sexually assault female athletes, most of whom were gymnasts and many who were minors when the abuse began.

Among the hundreds of Nassar victims—at least 265 women have accused him of sexual assault—were members of U.S. Olympic and national gymnastics teams.

When survivors of the abuse came forward and told USA Gymnastics and law authorities of Nassar's crimes, it was the start of a long road of healing and securing justice.

The courageous actions of the women resulted in Larry Nassar being sent to prison for life, with a federal sentence of 60 years handed down in 2017—and, in 2018, two convictions in Michigan for which he received sentences in state prison of 40 to 175 years, and 40 to 125 years.

And, yet, for the women

who stood up and came forward, the healing and the justice also required trauma in the form of remembering the abuse, seeking to tell and relate details of what happened. They initially received little response and concern from USA Gymnastics, and say they were ignored by the FBI.

When the FBI undertook an investigation and conducted research and interviews with the survivors, the women often spoke with FBI male agents who had little to no training in interviewing victims of sex crimes. Victims were sometimes treated coldly and abruptly as they described to agents specifics of the most personal violation.

Bringing the FBI to Task  
This treatment was the motivation and impetus behind federal legislation, the "Respect for Child Survivors Act," which passed in the U.S. Senate on Dec. 13 and the House on Dec. 21 and is now on its way to the desk of President Joe Biden.

Lead sponsor of the bill was Sen. John Cornyn (R-Texas), who introduced it to the Senate in September. Co-

sponsoring the bill were Sen. Chris Coons (D-Del.), Sen. Lindsey Graham (R-S.C.), and Sen. Amy Klobuchar (D-Minn.).

On the occasion of the House passing the Act, Cornyn's office issued a release explaining that the bill would "improve the treatment of FBI child victim witnesses by requiring trauma-informed experts to be a part of any interview of a victim who reports child abuse or trafficking to the FBI."

In the release, Cornyn said that the "legislation requires the FBI to include trauma-informed experts in interviews with victims to ensure they are not re-traumatized during the interview process, and I urge President Biden to swiftly sign it into law."

Child welfare and advocacy organizations publicly supporting the bill include The Army of Survivors, Rape, Abuse, and Incest National Network (RAINN), National Children's Alliance, and the National District Attorney Association (NDAA).

Powerful Testimony  
A moment that would jumpstart activity resulting in bringing about the "Re-

spect for Child Survivors Act" took place in a hearing of the U.S. Senate Judiciary Committee on Sept. 15, 2021.

In that hearing, four elite U.S. gymnasts who were also survivors of Nassar assaults—Simone Biles, McKayla Maroney, Maggie Nichols, and Aly Raisman—delivered emotional and detailed testimony.

They spoke about FBI neglect in following up on their complaints—and how, when the FBI did respond, it acted callously and lied in its reports.

The women gave their testimony on the invitation of the Judiciary Committee, which was responding to an Office of the Inspector General (OIG) report that presented and documented widespread deceit, mismanagement, and dereliction of duty in the FBI response and handling of the women's complaints.

Particularly pointed and riveting was the testimony of McKayla Maroney.

"What I am trying to bring to your attention today is something incredibly disturbing and illegal," said Maroney, who was 13 when

Nassar began to molest her.

"After telling my entire story of abuse to the FBI in the summer of 2015, not only did the FBI not report my abuse, but when they eventually documented my report 17 months later, they made entirely false claims about what I said."

Maroney explained that her conversation with the FBI took place over the phone because she "was too sick to meet with anyone in person, and talking about this abuse would give me PTSD for days."

She shared information of the experience of being on the call for three hours with the FBI and how she "answered all of their questions honestly and clearly, and I disclosed all of my molestations I had endured by Nassar to them in extreme detail."

Maroney told the FBI how Larry Nassar drugged her on a flight to Tokyo and then assaulted her after arriving in the city.

"I told them I walked the halls of the Tokyo hotel at 2 a.m. at only 15 years old. I began crying at the memory over the phone—and there

was just dead silence. I was so shocked at the agent's silence and disregard for my trauma; after that minute of silence, he asked, 'Is that all?'"

**Courageous Women**  
On the evening of July 18, 2018, 141 women survivors—"sister survivors"—stood on stage at the ESPYS at the Microsoft Theater in Los Angeles to accept the Arthur Ashe Courage Award on behalf of the hundreds of survivors of Nassar.

Among them and speaking for the women that night was Sarah Klein, former gymnast, attorney, and advocate for survivors of sexual abuse, who 30 years prior had been one of Nassar's first victims.

"Speaking up and speaking out is not easy. Telling our stories of abuse over and over and over again in graphic detail is not easy," said Klein. "We're sacrificing privacy; we're being judged and scrutinized, and it's grueling and it's painful, but it is time."

"As a mother, I am here to say that we must start caring about children's safety more than we care about adults' reputations."

# Bipartisan lawmakers seeking solution to southern border crisis: House Democrat

By Joe Gomez

A group of lawmakers from both aisles is working together to find a solution to the "humanitarian crisis" at the southern border, a House Democrat said.

"What's happening at our southern border is a humanitarian crisis. My colleagues, Sen. Joe Manchin (D-W.V.), Sen. John Cornyn (R-Texas), Rep. Tony Gonzales (R-Texas), and I are committed to delivering bipartisan solutions to address this situation," Rep. Henry Cuellar (D-Texas) wrote in a social media post on Tuesday.

Cuellar is the vice chair of the House Appropriations Subcommittee on Homeland Security.

According to details of the bipartisan immigration reform deal obtained exclusively by The Epoch Times, the four lawmakers are focusing on revamping the asylum laws.

Besides Cuellar's plan, lawmakers like Sens. Kyrsten Sinema (I-Ariz.) and Thom Tillis (R-N.C.) are said to be working on an immigration reform deal.

Cuellar said there need to be consequences for the illegal immigrants who violated

the law.

"We now need a policy of consequences for those who are returned to Mexico or their country of origin. Under current law, there is a 5-year ban on requesting asylum for those who are returned because they did not follow the law," Cuellar wrote. "We need this consequence applied."

The Biden administration has been pushing for a complete overhaul of the immigration system to allow an easier pathway for illegal immigrants to enter the United States, but it may face many challenges ahead in 2023 with Republicans in control of the House of Representatives.

The U.S. Customs and Border Patrol (CBP) claims that nearly 1,300,000 illegal immigrants were processed under Title 8 in 2022 as asylees. That means they were either removed without their case being decided by an immigration court or allowed entry into the United States after passing a credible fear screening by the asylum officer.

"What I'm hoping is that the administration can have all these migrants that want to ask for asylum do it in an early pathway, through an

online portal or entry," Cuellar told The Epoch Times. "If they come in between ports then the administration can either tell them, 'turn yourself back or we're going to deport you.'"

He continues, "If we can do an expedited deportation then you will be banned, for let's say five years before you can ask for asylum as a type of consequence."

**The Border at Large**  
The U.S. Border Patrol reported more than 1.6 million illegal immigrants traveled across the U.S.-Mexico border in 2021, more than quadrupling the number of the prior fiscal year and the highest annual total on record.

Clint McDonald, executive director of the Southwestern Border Sheriffs' Coalition, told The Epoch Times the number is so staggering even a border wall is not going to be a viable solution to stop the flow of illegal immigration.

"You have to look from a birds-eye view of what you're saying is the vast differences in terrains from county to county, on the United States-Mexico border. There are 33 counties that lie in that zone from Brownsville, Texas, to

San Diego, California, and each of those counties has their environmental makeup of what that border looks like and so when there is a surge to push people one way or the other you're just moving them around. Right now all the border sheriffs can do and the border patrol can do is to just funnel people to an open area where there are fewer lives lost."

McDonald continued: "We did a survey not too long ago and since the beginning of this administration we have already picked up close to 800 people who have been lost in the terrain of this border region."

He adds that the border poses dangers not just for the illegal immigrants attempting to cross into the United States but also for the officers patrolling it.

"It's part of the life that these individuals have chosen to live," McDonald says about the mental health of his officers patrolling the border. "They do it because they care about humanity, they care about people, and to go out and find a woman who has drowned in the Rio Grande River who was pregnant with twins because she wanted to

have her children on U.S. soil is heartbreaking.

"Finding a tree that is filled with women's undergarments from the smugglers who have had their way with these women and even the children who are given birth contraceptives because their families know they're going to be assaulted, it's just unbelievable what's going on on this border," McDonald added.

**American Victims**  
For those personally struck by the tragedy of illegal immigrant crime, the issue of reform takes on a different level.

"Losing a child to an illegal immigrant crime is unconscionable and it is very hard to process because it is the most preventable crime, closing our borders would be preventing this from happening time and time again," Mary Ann Mendoza, founder of Angel Families, told The Epoch Times.

Mendoza's son, Sgt. Brandon Mendoza of the Mesa, Arizona police department was killed on May 12, 2014, in a violent head-on collision on his way home from work. He was killed by an illegal immigrant repeat offender who had driven over 35 miles the

wrong way on four different freeways before slamming head-on into her son's vehicle on a blind curved transition ramp. The perpetrator was high on meth and his blood alcohol was over 3 times the legal limit.

When asked about the Supreme Court's decision to keep Title 42 intact, Mendoza said: "Collectively as angels families, we are happy this has happened and it puts our minds at ease."

**End in Sight**  
Despite where one stands on the issue, both sides agree there ultimately needs to be some type of immigration reform.

"There is a way to do this with compassion," said Cuellar. "Treat people with dignity and they can ask for release and a legal pathway but, at the same time you have to enforce the law and if there is someone who is not supposed to be here then you've got to return them."

Others prefer a stronger stance. "Right now the world has the greatest welfare system in place and it's called the United States," says McDonald. "When you have no border you have no country."