

### Chamber hosts Candidate Forum July 12

EVERY VOTE COUNTS

CHELAN - All are welcome to join the Lake Chelan Chamber in their first of two forums for upcoming elections for Chelan Mayor, Chelan City Council, Lake Chelan and Manson School Districts, Chelan County Hospital District #2 (Lake Chelan Health Hospital) and Chelan and Manson Fire Districts, on Wednesday July 12, at 5:30 p.m. at the Chelan Performing Arts Center at Chelan High School. Opposed positions will be answering one question submitted by the community.

### Lake Chelan Valley Events, Things to do, Meetings

**Outdoor Gallery/Murals, sculptures**  
 CHELAN - Follow the Lake Chelan Arts Council Outdoor Gallery map, available at the Lake Chelan and Manson Chambers of Commerce to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, go to [artinchelan.com](http://artinchelan.com).

**Free at home Covid-19 Tests**  
 MANSON - Manson Fire District #5 has free at home Covid-19 tests available at the fire station, located at 250 Manson Blvd. For more information call 509-687-3222. They also have handouts on Covid exposure and what to do if you test positive for Covid-19.

**SAIL Exercise Classes: July 12, 13, 14**  
 CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

**Zumba Fitness, Line Dancing: July 11, 12, 13**  
 MANSON - Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), through October, 8:30- 9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. Line Dancing, every Wednesday evening (excluding holidays) through October, 5- 6 p.m. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

**Manson Farmers Market: July 12, 15**  
 MANSON - Manson Farmers Market is held every Saturday and Wednesday thru September 30. Bell rings at 8:30 a.m. Lots of produce and crafts for sale. Want to be a vendor? Contact Gordon Lester by email at [s\\_leston2001@yahoo.com](mailto:s_leston2001@yahoo.com) or phone 509-687-3158.

**Household hazardous waste drop off: July-12-14**  
**Latex paint now accepted - Drop off Saturday, August 5**  
 WENATCHEE - Drop-off Saturday is August 5 at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday the same hours. Drop off your household hazardous wastes and latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: <https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes>.

**Chelan Senior Meals: July 12-14, 17-19**  
 CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at [www.octn.org](http://www.octn.org) and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: July 12: Quiche, Spinach Salad, Cucumber Slices, Pineapple & Cherries, Muffin; July 13: Country Fried Steak, Mashed Potatoes/Gravy, Trio Vegetables, Tossed Salad, Peaches, WW Roll, Dessert; July 14: Chili, Sweet Potato Waffle Fries, Corn & Tomato Salad, Mixed Melons, Cornbread, Dessert; July 17: Chicken Fettuccine Alfredo, Carrots, Spring Salad, Grapes, Dessert; July 18: Hamburger Steak with Sauteed Onions, Mashed Potatoes, Tossed Green Salad, WW Roll, Cherry Crisp; July 19: Turkey Sandwich Deluxe, Potato Salad, Three Bean Salad, Fresh Fruit, Dessert.

**Chelan Valley Hope: 12-13, 17-20**  
**Serving Chelan, Manson, Chelan Falls, Waterville, Entiat, Orondo, Bridgeport, and Mansfield**  
**Free Summer Kids Lunch Program-Monday-Thursday**  
 CHELAN - Chelan Valley Hope and the Lake Chelan Food Bank proudly sponsor the Summer Kids Lunch Program. Free meals are available for kids Monday through Thursday noon - 1 p.m. at 417 S. Bradley Street. If you want to support the Summer Kids Lunch Program, they currently accept Uncrustables, Lunchables, Ritz Crackers, granola bars, cheese sticks, chips, and fruit. Donations are welcome and can be left during business hours, or call us at 509-888-2114, and they'll gladly make arrangements.

CONTINUED ON PAGE A4

## Lake Chelan School District Board approves 2023-2024 budget

SUBMITTED BY SUPERINTENDENT BRAD WILSON, LAKE CHELAN SCHOOL DISTRICT

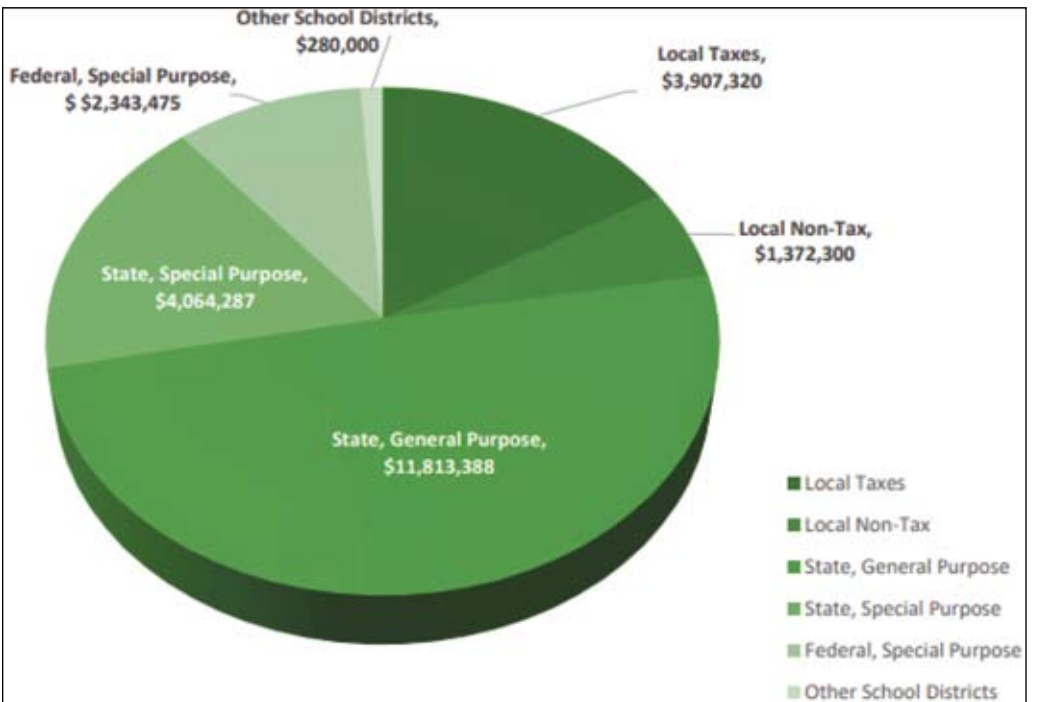
CHELAN - The Lake Chelan School District Board of Directors took action at its June 28th board meeting, approving a general fund operating budget of \$24,113,355 for the 2023-2024 school year.

According to outgoing LCSD Business Manager Bo Charlton, the new budget indicates a 14-percent reduction from the last fiscal-year's budget as a result of an enrollment decline of 161 full-time equivalent (FTE) students over the last five years. The district is projecting 1,200 FT for the upcoming school year.

Students and families should not see a reduction in services despite the budget decrease because temporary federal pandemic-relief funds are coming to an end. The majority of that money was used to improve ventilation systems and implement post-pandemic supplemental-assistance programs for students.

"Our students continue to benefit from the generous support of the local Educational Programs and Operations money levied by our community," Superintendent Brad Wilson said. "Those funds enable our district to offer a very well-rounded educational experience of wide-ranging academic and extracurricular opportunities, while maintaining the safety and well-being of our student body."

It is important to note the majority of district funds come



Courtesy Lake Chelan School District

The majority of Lake Chelan School District funds come from non-local state and federal sources as shown in this chart.

from non-local state and federal sources (see chart).

The annual LCSD budget also encompasses a capital projects fund that supports the purchase of technology for student learning and the completion of maintenance projects such as: major facility repairs, flooring, security cameras and door systems, plus major equipment purchases. The budget also includes separate sections for funding the transportation vehicle (bus) fund and the associated student body activities such as clubs and athletics.

The school district currently does not carry any debt and



Brad Wilson, superintendent Lake Chelan School District

2021-2022 data from the Office of the Superintendent of Public Instruction (OSPI).

Established in 1892, Lake Chelan School District serves nearly 1,270 students with 97 percent of its students graduating in four years with more than 50 percent of high school students enrolled in no-cost, college-level coursework (OSPI data). The district's headquarters is located at 309 E. Johnson Avenue, 509-682-3515. Follow the LCSD on Facebook, Instagram or view the LCSD website at: [www.chelanschools.org](http://www.chelanschools.org)

## Reflecting on Independence Day, July 4th



RuthEdna Keys/LCM

Independence Day, known as the Fourth of July, is a federal holiday in the United States commemorating the Declaration of Independence, which was ratified by the Second Continental Congress on July 4, 1776, establishing the United States of America. LEFT: Chelan VFW 6853 Quartermaster, left, carrying the American flag, and VFW member Charlie Keeton, right, sought to remind people of that on their Independence Day Walk on the 4th of July. They started from Lakeside Park at 6 a.m. and walked over the Woodin Avenue Bridge, through downtown Chelan, ending at the VFW headquarters on Bradley Street. RIGHT: Chelan celebrated the 4th of July, with fireworks shot from a barge off of Don Morse Park on July 2. Manson followed with fireworks in Manson Bay on the 4th of July.

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# Lord & Lady opens in downtown Manson

Grand opening to be held July 15

By NORM MANLY  
COMMUNITY VOLUNTEER

MANSON - One of the best kept secrets in Manson is a new business in our community and a new member of the Manson Chamber of Commerce. That will all change on Saturday, July 15 when the Manson Chamber will host a ribbon cutting and grand opening ceremony at 11:30 a.m. "Lord & Lady" is located in the Manson Center, 145 Wapato Way. "Lord & Lady" is one of the first tenants in the Manson Center owned by Marcus and Tric Smith. "We are in the last stages of an extensive remodel to this historic, hundred year old building. Beside "Lord & Lady" our tenants include Valley Barber, Cheval Cellars, additional spaces are available to rent," Marcus said.

I asked owners, Geff Cerna and Elke Reiter to describe "Lord & Lady". "We are an antique, vintage, collectibles and gift store; a shop of treasures to be found, loved and enjoyed by others. We are not just another retail store, we plan to have many opportunities for community involvement and growth through various ideas and plans including scholarships, internships and community service opportunities for Manson High School students. Much growth will be happening in this small corner of Manson."

Geff and Elke are best friends and business partners. Through family connections, they have known each other for nearly 25 years. Their primary connection is the love of antiques. Both have collected and sold antiques for many years. The idea of opening a "store front"



Courtesy Norm Manly

**ABOVE: Elke Reiter (left) and Geff Cerna (right) owners of Lord & Lady. BELOW: Elkes favorite item in the store, and not for sale, is a 1800's Ira Bradley Illustrated Family Holy Bible, containing pictures of original family with beautiful hand writings inside.**

business, in addition to selling on the Internet began several years ago. With abundant storage spaces for their antiques, moving to a retail space made financial and good business sense.

Geff and Elke grew up on the west side of the mountains, near the Pacific Ocean. Geff graduated from Monsanto High School with Elke attending Aberdeen High School. Both are lifelong learners, Geff just graduated, June 16, from Wenatchee Valley College with a with a degree Criminal Justice. Geff spent most of his working career in the lumber industry. Elke received a degree in Criminal

Justice from the Wenatchee Valley College and has worked in the health care industry most of her life. Elke is blessed with eight children, all still living in Manson with three that graduated from Manson High School, and Geff boast of being "papa" to 14.

The reason both moved to Manson was a chance to start a new life. "We like the welcoming and beautiful environment, the lake isn't that bad either,"

Elke said. They kept busy just working, living daily lives, and preparing to open a storefront, Lord & Lady, which they did on May 10.

When asked how the name "Lord & Lady" came about, Elke replied, "We tossed around several ideas for names, nothing seemed to fit the aesthetic (aesthetic is used to talk about beauty or art, and people's appreciation of beautiful things). We had recently acquired notoriety land and titles in Scotland. Lord & Lady was perfect."

Lord & Lady mainly acquires their stock via estate sales. Elke added, "Treasures are found everywhere; one must just see a piece to see its beauty." When visiting Lord & Lady you will find many unique, one of a kind treasures. Most are for sale but a few are just on display. I asked Elke and Geff to share their favorite item in the store. Geff said, "Mine is a painting signed Chezar: artist Boris Chezar born 1913 died 2008. This is an oil and sand on canvas streetscape, and framed." Elke's is one of the not for sale items. "My favorite is a 1800's Ira Bradley Illustrated Family Holy Bible, containing pictures of original family with beautiful hand writings inside," Elke said.

Lord & Lady does take some items on consignment. Drop by the store during normal business hours to learn more.

Summer hours for Lord & Lady are, after the grand opening, Sunday-Wednesday 11 a.m.-6 p.m. and Thursday-Saturday 9 a.m.-6 p.m.



# Changes made to Confluence Health facility names

By ADAM MACDONALD,  
CONFLUENCE HEALTH

WENATCHEE As of July 1, Confluence Health transitioned its naming conventions for its hospitals and some other locations to increase clarity and allow for smoother services for patients.

Ten years after Wenatchee Valley Medical Center (now known as Wenatchee Valley Medical Group) and Central Washington Hospital affiliated under the name of Confluence Health in 2013, the organization will now transition to a single entity: Confluence Health. This change will result in some of the facilities having new names.

"After being first announced last summer, there has been a lot of work getting everything ready for this important transition," remarked Tom Legel, chief financial officer for Confluence Health. "Bringing everything together has been complex with lots of challenges. We are excited for this transition and thankful to every staff member and provider for helping to make Confluence Health a place that means trust, respect, compassion, and teamwork to the community we serve."

With this transition, Central Washington Hospital and Wenatchee Valley Hospital will become one hospital, Confluence Health Hospital, with two locations. The former Central Washington Hospital will be the Central Campus of Confluence Health Hospital and the former Wenatchee Valley Hospital will be the Mares Campus.

In addition, to better reflect

the services they provide, the Omak and Moses Lake clinics will now be known as Confluence Health Omak Campus and Confluence Health Moses Lake Campus, respectively. Other clinics – such as Confluence Health Cashmere Clinic, will not change their names.

"It's important for everyone to know that, while the names of our facilities are changing, we are still fully committed to providing excellent care for our community. Our commitment to care isn't changing," remarked Dr. Andrew Jones, CEO for Confluence Health. "This transition should instead help provide clearer and more consistent naming conventions, along with making some processes even smoother for our patients, staff, and providers, and that's something worth celebrating."

*About Confluence Health: Confluence Health serves the largest geographic region of any healthcare system in Washington State, covering over*

*12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties. Confluence is one of only two locally-lead healthcare systems in the state with the purpose of maintaining availability and access to high-quality, cost-effective*

*healthcare services for North Central Washington. The Confluence Health Board of Directors provides governance for Confluence Health, the Clinic, Central Washington Hospital, and Wenatchee Valley Hospital, and includes nine community board members and six physician board members.*

# Link Transit board selects new CEO

SUBMITTED BY ERIC WEST, LINK TRANSIT

WENATCHEE - The Link Transit Board of Directors has selected Nick Covey to fill the position of Chief Executive Officer for the agency. Mr. Covey was one of three finalists for this position. He will be the fourth CEO for Link Transit in its 31-year history.

Nick will step into his new role starting July 1. He will work with current CEO Richard DeRock and the Board to ensure a seamless transition in leadership.

Covey has worked for Link Transit for 29 years, first as Finance Manager and in his current role as Chief of Staff. "The Board of Directors has confidence in Nick's ability to work with the Board to lead the agency in its mission to provide safe, reliable, and efficient public transportation services that promote access to destinations and quality of life," said Marc Straub, Douglas County Commissioner and Link Transit Board Chair.

Nick has established himself as a leader in the public transportation industry, hav-



Nick Covey

ing served on the board for the Washington State Transit Insurance Pool (WSTIP) for 19 years and as WSTIP president from 2015-2017. His community leadership experience includes serving on the Columbia Valley Community Health (CVCH) Board of Directors for 10 years. He was president of the CVCH board from 2007-2010.

Nick is a graduate of Wenatchee High School and Central Washington University. He currently lives in Wenatchee and has two children and two grandchildren.

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Calendar Listings: Noon, Friday  
News Submissions: Noon, Friday  
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Legals: Noon, Friday  
Classified Ads: Noon, Friday  
Obituaries/Death Notices: 4 p.m., Friday

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### Letters policy

The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: ruthk@lakechelanmirror.com or publisher@leavenworthecho.com

### News Tips

Have an idea for a story?  
Call the Mirror at 509-682-2213

### Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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# Chelan PUD, YMCA agree in principle to terms redeveloping part of Fifth Street campus

SUBMITTED BY TEKA SELLERS, CHELAN COUNTY PUD

WENATCHEE – What is now a utility warehouse is one step closer to becoming the site of a bustling community hub. Chelan PUD staff presented draft terms of a potential purchase and sale agreement for a portion of the PUD's Fifth Street Campus for Commissioner consideration. The YMCA plans to redevelop part of Chelan PUD's current headquarters into a new, expanded YMCA facility.

Under the draft proposal, the YMCA would purchase a parcel of about 85,000 square

feet on the eastern side of the Fifth Street campus. The nonprofit plans to demolish the existing warehouse, office and shop sometime in the spring of 2024, and prepare the parcel for construction. The PUD would relocate water, stormwater, and electrical infrastructure to enable redevelopment of the entire site, including the future YMCA facility. The PUD will also be responsible for the construction of an internal roadway and sidewalk through the 7.5-acre campus.

Once vacant, the appraised value of the 85,000 square-foot parcel is estimated at \$1.49

million. Chelan PUD will offer a \$1.09 million credit to the YMCA for demolition and site preparation costs. After the credit, the proposed sale price of the property will be \$400,000.

"The YMCA is grateful to the PUD commissioners and staff for this opportunity. This is one more step towards realizing our goal, vision, and promise to best serve the community for the next 100 years, and we are excited," stated Dorry Foster, CEO of the Wenatchee Valley YMCA.

"I'd like to add my enthusiasm for this project as well,"

added PUD Commissioner Garry Arseneault. "This Term Sheet with the YMCA would go a long way towards fulfilling the PUD's commitment to the community and to our PUD customers to provide long-term value and benefit once we have moved to the new Service Center in Olds Station.

The PUD and YMCA began negotiations in February after the PUD board of commissioners asked staff to pursue anchor uses for the 7.5-acre former headquarters. The PUD is also in negotiations with Music Theatre of Wenatchee, which is inter-

ested in the PUD's Fish & Wildlife building adjacent to the Riverside Playhouse building on the west side of the campus.

The negotiations with the YMCA and Music Theatre are in line with public input collected early in the process to ultimately provide a development that supports the economic and social wellbeing of the community.

In other news, commissioners:

• Heard a report on new inquiries regarding Level 3 (480-volt) charging stations for electric vehicles in

Wenatchee, the Chelan area and Cashmere.

• Heard recommendations to change a policy that allows customers who install utility infrastructure to recover a portion of the costs from customers who connect later and benefit from that work.

• The recommended changes would improve customer experience and align with industry best practices.

• Approved a \$902,000 capital budget revision to complete fiber expansion and distribution system improvements at lower Blewett Pass, for a project total of \$1,788,000.

## CHELAN COUNTY SHERIFF/FIRE/EMS

### Chelan County Sheriff

#### June 30

- 00:49 Juvenile Problem, Old Chelan Bridge, Chelan
- 06:58 Parking/ Abandoned Vehicle, 100 block E. Farnham Ave., Chelan
- 09:13 911-call, 5226 Entiat River Rd., Entiat
- 10:11 Parking/ Abandoned Vehicle, 142 Mayer Dr., Chelan
- 10:26 Trespassing, 2108 Entiat Way, Entiat
- 10:38 Suspicious Circumstance, 15880 Entiat River Rd., Entiat
- 11:14 Vehicle Prowl, 309 E. Gibson Ave., Chelan
- 11:16 Scam, 200 Green Ave., Manson
- 12:52 Welfare Check, 14614 Diamond Ave., Entiat
- 13:31 Disturbance, 620 N. Emerson St., Chelan
- 15:28 Welfare Check, 2787 Entiat River, Entiat
- 16:25 Traffic Offense, 1400 block Wapato Lake Rd., Manson
- 18:07 Marine, 4144 S. Lakeshore Rd., Chelan
- 19:04 Domestic Disturbance, 219 E. Okanogan Ave., Chelan
- 19:35 911-call, 306 Crooked Mile Ln., Chelan
- 21:49 Agency Assist, Rocky Point, Manson
- 21:55 911-call, 1 Wapato Point Pkwy., Manson
- 22:23 911-call, 104 W. Woodin Ave., Campbell's Resort, Chelan
- 22:50 Non-injury Accident, 108 N. Apple Blossom Dr., Walmart, Chelan
- 23:16 Trespassing, 2312 W. Woodin Ave., Chelan Resort Suites, Chelan
- 23:27 Noise Complaint, 820 Manson Blvd., Manson

#### July 1

- 02:01 Non-injury Accident, 100 block W. Woodin Ave., Chelan
- 02:03 Domestic Disturbance, 209 S. Harris Ave., Manson
- 07:02 911-call, 14425 Olin St., Entiat
- 07:41 Public Assist, 620 Gorge Rd., Rowe's Towing, Chelan
- 08:25 Parking/ Abandoned Vehicle, 138 E. Allen Ave., Chelan
- 12:15 Traffic Offense, W. Woodin Ave. and W. Prospect St., Chelan
- 13:16 Suspicious Circumstance, 512 E. Allen Ave., Chelan
- 13:58 Diversion, 703 E. Wapato Ave., Chelan
- 14:58 Traffic Offense, N. Sanders St. and E. Johnson Ave., Chelan
- 15:37 Marine, 53 S. Lakeshore Rd., Pat n' Mike's, Chelan
- 15:50 Search and Rescue, 200 block Gorge Rd., Chelan Falls
- 16:00 Parking/ Abandoned Vehicle, 200 block Chelan Butte Rd., Chelan
- 16:22 Traffic Offense, 53 S. Lakeshore Rd., Pat n' Mike's, Chelan
- 19:04 Missing Person, Beach St. and Manson View Dr., Manson
- 19:47 Traffic Offense, 409 W. Manson Rd., Chelan
- 22:15 Traffic Offense, US Hwy. 97A MP 229, Chelan
- 22:23 Public Assist, 112 E. Woodin Ave., Senior Frog's, Chelan
- 22:24 Noise Complaint, 21350 US Hwy. 97A, Chelan
- 22:44 Domestic Disturbance, 4470 Union Valley Rd., Chelan
- 23:15 Noise Complaint, 975 Washington St., Manson

#### July 2

- 00:46 Traffic Offense, US Hwy. 97A and W. Woodin Ave., Chelan

- 08:10 Agency Assist, US Hwy. 97A and Entiat River Rd., Entiat
- 09:17 Traffic Offense, 0 block Boyd Rd., Chelan
- 10:05 Littering, N. Sanders St. and E. Johnson Ave., Chelan
- 11:16 Juvenile Problem, Chelan River Bridge, Chelan
- 11:38 Marine, Crystal View Marina, Chelan
- 11:50 Alarm, 391 Porcupine Ln., Chelan
- 13:20 Property, 112 E. Woodin Ave., Senior Frog's, Chelan
- 13:26 Public Assist, 516 E. Johnson Ave., Chelan
- 13:51 Traffic Offense, E. Johnson Ave. and N. Washington St., Chelan
- 14:42 Marine, 2230 W. Terrace Ave., Lakeside Park, Chelan
- 15:17 Suspicious Circumstance, 133 E. Woodin Ave., Stormy Mountain Brewery, Chelan
- 15:21 Welfare Check, 335 S. Robinson St., Chelan
- 16:13 911-call, 168 Wapato Ct., Manson Bay
- 16:31 Juvenile Problem, Old Chelan Bridge, Chelan
- 16:40 Marine, Lakeside area, Chelan
- 17:21 Animal Problem, 108 N. Apple Blossom Dr., Walmart, Chelan
- 17:22 Parking/ Abandoned Vehicle, 409 N. Cedar St., Chelan
- 17:58 Property, 100 block E. Woodin Ave., Chelan
- 19:06 911-call, 123 E. Johnson Ave., Chelan
- 20:11 Marine, 144 Spader Bay Dr., Chelan
- 21:45 Suspicious Circumstance, 2117 Lakeshore Dr., Entiat
- 22:24 Suicide Threat, 1185 Washington Ave., Chelan
- 22:45 Suspicious Circumstance, 1099 N. Bradley St., Chelan
- 23:03 911-call, 455 Wapato Lake Rd., 12 Tribes Casino, Manson
- 23:07 Traffic Offense, 5720 Vale Rd., Hitching Post

#### July 3

- 00:04 Public Assist, 53 S. Lakeshore Rd., Pat n' Mike's, Chelan
- 04:13 Agency Assist, 2113 W. Prospect St., Chelan
- 09:52 Property, 485 W. Manson Rd., Don Morse Park, Chelan
- 10:01 Marine, Mill Bay boat launch, Manson
- 10:34 Property, 24888 US Hwy. 97, Chelan
- 10:40 Fireworks, 144 Long Dr., Chelan
- 10:46 Extra Patrols, 1000 block Wapato Lake Rd., Manson
- 11:56 Scam, 721 Golf Course Rd., Chelan
- 12:18 Welfare Check, 400 Christalee Ln., Chelan
- 12:19 Marine, 165 Willow Point Rd., Willow Point Park, Manson
- 15:07 Welfare Check, E. Nixon Ave. and N. Bradley St., Chelan
- 16:54 Parking/ Abandoned Vehicle, 352 Manson Blvd., Manson
- 16:56 Agency Assist, E. Raymond and S. Sanders Streets, Chelan
- 17:19 Harassment/ Threat, 1905 W. Woodin Ave., Chelan
- 17:25 Public Assist, 4470 Union Valley Rd., Chelan
- 18:13 Marine, SR 150 MP 3, Manson
- 19:22 Welfare Check, N. Columbia St. and W. Gibson Ave., Chelan
- 19:44 Property, The monument, Chelan
- 20:07 Fireworks, 100 block Spader Bay Dr., Chelan
- 20:27 Agency Assist, Chandler Rd. and Roses Ave., Manson
- 20:30 Non-injury Accident, 2117

- Lakeshore Dr., Entiat
- 20:43 Trespassing, 14425 Olin St., Entiat
- 20:49 Traffic Offense, Old Chelan Bridge, Chelan
- 21:28 Liquor Violation, 2650 S. Lakeshore Rd., Chelan
- 21:39 Traffic Offense, 214 Mill St., Ardenvoir
- 22:02 DUI Arrest, US Hwy. 97A MP 217, Entiat
- 22:15 Malicious Mischief, E. Chelan Ave. and N. Columbia St., Chelan
- 22:32 Fireworks, 4286 S. Lakeshore Rd., Chelan
- 22:33 Animal Problem, 123 E. Nixon Ave., Chelan
- 23:22 Trespassing, 100 N. Apple Blossom Dr., Chelan

#### July 4

- 00:56 Disturbance, 112 E. wooden Ave., Senior Frog's, Chelan
- 03:30 Fireworks, 647 Boetzkes Ave., Manson
- 08:18 Public Assist, 2230 W. Terrace Ave., Lakeside Park, Chelan
- 09:31 Suspicious Circumstance, 2312 W. Woodin Ave., Chelan
- 10:22 Traffic Offense, Three Fingers, Chelan
- 11:53 Marine, 2230 W. Terrace Ave., Lakeside Park, Chelan
- 12:00 Attempt to Locate/ Contact, Manson area coordinates
- 12:06 911-call, 219 E. Johnson Ave., Chelan
- 12:21 Suspicious Circumstance, 32 Airport Way, Chelan
- 13:07 Public Assist, 23505 US Hwy. 97A, Chelan
- 16:00 104 W. Woodin Ave., Campbell's Resort, Chelan
- 16:18 Noise Complaint, 712 E. Wapato Ave., Chelan
- 16:23 Property, 245 Apple Eye Ln., Manson
- 16:53 Marine, 485 W. Manson Rd., Don Morse Park, Chelan
- 17:28 Marine, Crystal View Marina, Chelan
- 18:56 Suspicious Circumstance, 109 E Wapato Ave., Riverwalk Park, Chelan
- 19:06 Marine, 1320 W. Woodin Ave., Jet Skis Ahoj, Chelan
- 19:19 Suspicious Circumstance, E. Okanogan Ave., and S. Sanders St., Chelan
- 19:54 Marine, 504 S. Lakeshore Rd., Chelan
- 20:03 Disturbance, 485 W. Manson Rd., Don Morse Park, Chelan
- 20:41 Fireworks, 300 block E. Trow Ave., Chelan
- 21:46 Fireworks, 700 block 4th St. Chelan Falls
- 21:58 DUI Arrest, S. Lakehore Rd. MP 14, Chelan
- 22:38 Juvenile Problem, 2650 S. Lakeshore Rd., Chelan
- 22:47 Traffic Offense, 135 Wapato Way, Alta Cellars, Manson
- 23:32 Juvenile Problem, Wapato Point, Manson

#### July 5

- 04:31 Non-injury Accident, 2000 block Manson Blvd., Manson
- 09:55 Trespassing, 335 S. Robinson St., Chelan
- 10:52 Property, 100 block E. Woodin Ave., Chelan
- 11:03 Parking/ Abandoned Vehicle, 210 W. Gibson Ave., Chelan
- 11:13 Property, 1315 Washington St., Manson
- 11:18 Suspicious Circumstance, 317 N. Emerson St., Chelan
- 12:52 Water Rescue, 485 W. Manson Rd., Don Morse Park, Chelan
- 13:50 Civil Dispute, 34 Mela Ln., Manson
- 13:57 Hazard, 1600 block SR 150 area, Manson
- 14:27 CPS/ APS Referral, 826 Green Ave., Manson

- 14:44 Scam, 447 Boyd Rd., Chelan
- 16:24 Animal Problem, 125 E. Woodin Ave., Bear Foods, Chelan
- 16:26 Trespassing, Dan Gordon bridge, Chelan
- 17:37 Suspicious Circumstance, 534 Village Dr., Manson
- 18:25 Marne, 2230 W. Terrace Ave., Chelan
- 18:43 Disturbance, 1002 E. Woodin Ave., Apple Inn Motel, Chelan
- 21:06 Diversion, 418 N. Sanders St., Chelan
- 22:06 Non-injury Accident, SR 150 MP 11, Chelan
- 22:20 Marine, 1 Wapato Point Pkwy., Wapato Point, Manson
- 23:50 Alarm, 824 E. Woodin Ave., Apple Cup Cafe, Chelan

#### July 6

- 06:01 Noise Complaint, 120 Grandview Ln., Chelan
- 06:58 Suspicious Circumstance, 395 Bud Break Ln., Manson
- 10:12 Scam, 137 Downie Canyon Rd., Chelan
- 10:44 Suspicious Circumstance, 1288 Riverview Cemetery Rd., Chelan
- 11:49 Parking/ Abandoned Vehicle, 2023 W. Terrace Ave., Chelan
- 11:58 Agency Assist, US Hwy. 97A and Cammack Ave., Entiat
- 12:33 Civil Dispute, 207 N. Emerson St., Chelan
- 12:36 Animal Problem, 108 N. Apple Blossom Dr., Walmart, Chelan
- 12:42 Alarm, 222 E. Woodin Ave., Chelan
- 13:34 Harassment/ Threat, 2200 block Winesap Ave., Chelan
- 14:54 Public Assist, 221 W. Nixon Ave., Chelan
- 16:31 Welfare Check, Lake Chelan area
- 17:10 Theft, 3715 Stayman Flats Rd., Chelan
- 18:01 Welfare Check, 300 block N. Cedar St., Chelan
- 18:06 Noise Complaint, 270 Upper Joe Creek Rd., Tildio Winery, Manson
- 19:00 Welfare Check, 100 block Washington Creek Rd., Chelan
- 20:57 Domestic Disturbance, 212 Walnut St., Chelan Falls
- 22:16 Hazard, 618 N. Markeson St., Chelan
- 22:48 Theft, 53 S. Lakeshore Rd., Pat n' Mike's, Chelan
- 22:51 Noise Complaint, 901 Spader Bay Rd., Darnell's Resort, Chelan
- 22:54 Sex Offense, Lake Chelan Shores Dr., Chelan

### Fire/ EMS

#### June 30

- Chelan District #7 and EMS**
- 01:16 Sick Person, 529 E. Wapato Ave., Chelan
- 10:28 Unconscious Person-2, 120 Goldfinch Ln., Chelan
- 10:53 Sick Person, 112 Eldorado Way, Chelan
- 14:03 Allergies, 485 W. Manson Rd., Don Morse Park, Chelan
- 14:45 Injury Accident, McNeil Canyon Rd. MP 2, Orondo
- 17:36 Stroke, 12245 S. Lakeshore Rd., Chelan
- 21:49 Brush Fire, Rocky Point, Manson
- 22:34 Pregnancy, 730 Golf Course Rd., Chelan

- Manson Fire District**
- 21:49 Brush Fire, Rocky Point, Manson

- Entiat Fire District**
- 21:49 Brush Fire, Rocky Point, Manson

#### July 1

- Chelan District #7 and EMS**
- 02:03 Breathing Problem, 209 S. Harris Ave., Manson
- 10:51 Possible Structure Fire, 311 E. Allen Ave., Chelan
- 14:21 Unconscious Person-2, 700 block Wapato Point Pkwy., Manson
- 15:50 Rope Rescue, 200 block Gorge Rd., Chelan
- 17:59 Smoke Investigation, South Shore, Chelan
- 19:18 Allergies, 100 Lake Chelan Shores Dr., Chelan
- 22:44 Traumatic Injury-1, 4470 Union Valley Rd., Chelan
- Manson Fire District**
- 14:21 Unconscious Person-2, 700 block Wapato Point Pkwy., Manson
- Entiat Fire District**
- 20:40 Illegal Burn, 4611 Navarre Coulee Rd., Chelan

#### July 2

- Chelan District #7 and EMS**
- 11:55 Fall-1, 252 Porcupine Ln., Chelan
- 13:23 Traumatic Injury-1, 86 Pedoi St., Manson
- 13:49 Fall-1, 201 S. Robinson St., Chelan
- 16:05 Unconscious Person-2, 246 W. Manson Rd., Chelan
- 22:24 Suicide Threat, Washington Ave., Chelan
- Entiat Fire District**
- 08:10 Injury Accident, US Hwy. 97A and Entiat River Rd., Entiat

#### July 3

- Chelan District #7 and EMS**
- 01:55 Back Pain, 100 Lake Chelan Shores D., Chelan
- 04:13 Cardiac, 2113 W. Prospect St., Chelan
- 16:23 Diabetic, 100 Lake Chelan Shores Dr., Chelan
- 16:56 Brush Fire, E. Raymond and S. Sanders Streets, Chelan
- Manson Fire District**
- 20:27 Brush Fire, Chandler Rd. and Roses Ave., Manson
- Entiat Fire District**
- 11:54 Cardiac, 2787 Entiat River Rd., Entiat
- 19:23 Illegal Burn, 6710 Navarre Coulee Rd., Chelan

#### July 4

- Chelan District #7 and EMS**
- 01:59 Traumatic Injury-2, 142 Pedoi St., Manson Bay Marina, Manson
- 09:52 Fall-1, 88 Minneapolis Beach Rd., Chelan
- 10:05 Injury Accident, 200 block Sun Cove Rd., Orondo
- 10:06 Convulsions, 905 Willmorth Dr., Chelan
- 10:51 Unconscious Person-1, 101 Crystal Dr., Chelan
- 11:57 Unconscious Person-2, 415 N. Cedar St., Chelan
- 13:37 Unconscious Person-2, 102 Waterslide Dr., Slidewaters, Chelan
- 13:55 Sick Person, 299 Green Ave., Manson
- 15:28 Fall-2, 219 E. Johnson Ave., Chelan
- 17:28 Marine, Crystal View Marina, Chelan
- 19:06 Traumatic Injury-2, 1320 W. Woodin Ave., Jet Skis Ahoj, Chelan
- 20:11 Unconscious Person-1, 206 Key Ln., Chelan
- 20:15 Unknown-injury Accident, Chelan
- 23:05 Hearth Problem, 116 Pin-nacle Pl., Chelan

- Manson Fire District**
- 01:59 Traumatic Injury-2, 142 Pedoi St., Manson Bay Marina, Manson
- 17:18 Residential Alarm, 47 Willow Point Rd., Manson

- Entiat Fire District**
- 11:12 Heat/ Cold Exposure, 2108 Entiat Way, Entiat

#### July 5

- Chelan District #7 and EMS**
- 12:52 Water Rescue, 485 W. Manson Rd., Don Morse Park, Chelan
- 22:06 Unknown-injury Accident, SR 150 MP 11, Chelan
- Entiat Fire District**
- 08:04 Smoke Investigation, Stayman Flats Rd. MP 1, Chelan
- 17:46 Breathing Problem, 5301 Entiat River Rd., Entiat

#### July 6

- Entiat Fire District**
- 13:36 Personal Assist, 2921 Alvista Pl., Wenatchee

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## OBITUARIES

## Betty Marcile Sikes

Escorted on the wings of her eternal guardian angels, Marcile peacefully left us to reunite with her beloved husband Calvin Dale Sikes of 67 years, her parents, a brother and sister along with many other family members and friends. Marcile's two children, Jimmie Dale Sikes and Elizabeth Marlene Sikes, four grandchildren, and five great-grandchildren, and so many caring family and friends send her off with much love.

Born October 7, 1927 and raised in Arlington, Kansas the family later moved to Missouri where she met and married Calvin Dale Sikes on January 21, 1944. They moved to Lake Chelan on February 1946 where Marcile went to work at the Lake Chelan Hospital, a job which she held for over 30 years. She retired to work in the family Orchard- ing Business where she remained involved in the over- seeing of it to its conclusion.

She passed peacefully in her sleep. She will be missed.

Visitation will be held on Friday July 28, 2023 from 4-8



p.m. at Precht Rose Chapel, 332 E. Woodin Avenue, Chelan, WA 98816.

A Funeral Service will be held on Saturday, July 29, 2023 from 11 a.m. to 12 p.m. at St. Andrew's Episcopal Church (120 E. Woodin Avenue, Chelan, WA, with burial immediately following at the Chelan Fraternal Cemetery, 815 N. Bradley St. Chelan, WA 98816.

Please leave any thoughts and memories for the family at [www.prechtrose.com](http://www.prechtrose.com).

Services are under the direction of Precht Rose Chapel of Chelan.

## COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s).  
Must provide: full name, city, phone number.  
Items pertaining to local events that are free or minimum charge.

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For more info call: Lake Chelan Mirror at 509-682-2213  
Email to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

CONTINUED FROM PAGE A1

## Chelan Museum: July 12-15, 17-22

CHELAN - The Chelan Museum is now open Tuesday thru Saturday 11 a.m.-4 p.m. The museum is located at the corner of Woodin Avenue and Emerson Street. For more information: 509-682-5644.

## Cancer Support Group: July 13

CHELAN - The women surviving/thriving cancer support group will meet Thursday, July 13, 1 p.m., at the Chelan Library on Emerson Street. Whether you are newly diagnosed, going through treatments, a support to someone who is, or been thriving for years, please join them for this casual gathering. They will be meeting the second Thursday of each month. For more information call Anne Brooks, 509-682-8718.

## Thursday Farmers Market: July 13

CHELAN - Chelan Evening Farmers Market runs May through October 26 every Thursday from 2-6 p.m. in Riverwalk Park and Emerson Street. Enjoy numerous vendors carrying fresh fruit, veggies, flowers, crafts, food trucks, live music and so much more. Each week is something a little different. [www.chelanfarmersmarket.org/](http://www.chelanfarmersmarket.org/)

## Kindness Counts NCW: July 13

WENATCHEE - A small group of community members came together with the belief "Kindness toward others" strengthens a community. As such, "Kindness Counts NCW" was organized to make 2023 "The Year of Kindness" throughout North Central Washington. The next meeting will be held on July 13, 2-3 p.m., at Community Foundation of NCW, 9 S. Wenatchee Avenue and open to all KIND minded folks. They meet every other Thursday. To learn more about the group go to [kindnesscountsnw.com](http://kindnesscountsnw.com) or find them on Facebook Kindness Counts NCW.

## Chelan Valley Republican Women: July 14

MANSON - Chelan Valley Republican Women (CVRW) will hold their July 2023 club meeting at WineGirl Wines, 222 E Wapato Way, Manson, Friday, July 14 at Noon. Our guest speaker will be Semi Bird, Republican candidate for Washington State Governor. This is a great opportunity to get to know this very decorated and experienced candidate. Guests and non-members are welcome. Men are always welcome. Food, wine and beverages will be available for purchase. Please contact Pam James, club president, for questions at 425-343-2911

## VFW #6853 Post Coffee/Donuts: July 14

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

## Cookies at Riverwalk Park: July 15

Lake Chelan Bach Fest  
Pops in the Park Concert

CHELAN - Homemade cookies: \$1/baggie. No, we didn't raise our prices. Please, mark your calendar to come enjoy Lake Chelan Bach Fests' final concert at Riverwalk Park, Saturday, July 15 at 6 p.m. Ladies of St Andrew's Episcopal Church are once again offering homemade cookies and chilled water before the concert starts and again during intermission. Our table will be just across the alley from the pass-thru walkway from Woodin Avenue to the park. The Lake Chelan Bach Fest final concert for the 2023 festival will start at

7:30 p.m. at Riverwalk Pavilion in Riverwalk Park, downtown Chelan. More information at [www.bachfest.org](http://www.bachfest.org)

## Chelan Saturday Farmers Market: July 15

CHELAN - Chelan Saturday Farmers Market is held every Saturday now until October 28, 8 a.m.-1 p.m. in the Johnson Avenue Parking lot, 102 E. Johnson Avenue, next to Kelly Allen Insurance.

## Food Bank food distribution: July 15, 18

CHELAN - The Lake Chelan Food Bank food giveaway is on Saturday and Tuesday, 9-10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. Beginning this week families will be limited to one box per week. Nonperishable food donations can be dropped off at the Lake Chelan Mirror office, 131 S. Apple Blossom Drive, Ste. 109 (Chelan Business Center.)

## Glass recycle: July 15

Hours: 10 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to [www.911glassrescue.org](http://www.911glassrescue.org), and click on the volunteer tab on the home page.

## Grange Youth Fairs Program: July 17

MANSON - The Manson Grange "Youth Fairs" program provide an opportunity for young Grange members to participate in an educational setting, designed to increase confidence, strengthen character, learn invaluable life skills and teach the importance of self-discipline. They meet the third Monday of every month at 6 p.m. The next meeting is July 17 at the Manson Grange Hall. The program encourages learning opportunities for the members. The Grange "Youth Fairs" program offers young members, age 5-19 the opportunity to exhibit at county fairs and expositions. This program works alongside other nationally recognized programs such as 4-H and FFA. For more information: Norm Manly, 509-293-0225.

## Family and friends Support Group: July 17

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: [tcfwenatcheevalley.org](http://tcfwenatcheevalley.org)

## Lions Club: July 20

MANSON - The Lake Chelan Lions Club hold bi-monthly meetings at the Manson Parks Building at 142 Pedoi St. in Manson. Meetings are held the 1st and 3rd Thursdays of each month at 9 a.m.

## Third Thursdays: July 20

CHELAN - Historic Downtown Chelan brings you Third Thursdays on July 20, 3-7 p.m. Enjoy free and low-cost fun activities for every age in Chelan's historic downtown core, with surprises from participating merchants. Visit the beloved Chelan Evening Farmer's Market, then cap off your day downtown with Music in the Park at Riverwalk Park from 5-7 p.m. Whether you live here, or just wish you did, don't miss Third Thursdays all summer long. For details visit [HistoricChelan.org](http://HistoricChelan.org).

## Manson Grange: July 24

MANSON - The Manson Grange #796 will meet on Tuesday, July 24, 7 p.m., at the grange hall located at 157 E. Wapato Way. For more information: Norm Manly, 509-293-0225.

## Lake Chelan Health board meeting: July 25

CHELAN - The board of commissioners of Lake Chelan Health Hospital will meet in person on Tuesday, July 25, at 1:30 p.m., in the board room at Lake Chelan Health, 110 S. Apple Blossom Drive. Those interested in attending may do so in person or via the internet. For agenda and login information to [lakechelanhealth.org](http://lakechelanhealth.org)

## Survivors of Suicide Loss Support Group:

August 8

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: [tcfwenatcheevalley.org](http://tcfwenatcheevalley.org)

## Red Cross Blood Drives: August 16

MANSON - An American Red Cross Blood Drive will be held on August 16, 1 p.m. - 6 p.m., North Shore Bible Church, 123 Wapato Point Parkway; and Oct. 18, 1-6 p.m. at North Shore Bible Church; and Nov. 15, 9 a.m.-2 p.m., at Chelan High School, 315 Webster Avenue. To schedule an appointment to donate, download the Red Cross Blood Donor App, visit [RedCrossBlood.org](http://RedCrossBlood.org) or call 1-800-RED CROSS (1-800-733-2767).

**LAKE CHELAN PRO RODEO 2023**  
July 14 & 15

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## DEATH NOTICES

## Lester Ray Stutzman

Lester Ray Stutzman, 96, of Manson, Washington passed away on July 6, 2023. No services are planned.

Please leave any thoughts and memories for the family at [Prechtrose.com](http://Prechtrose.com). Services are under the direction of Precht Rose Chapel of Chelan.

## Donald Eli

Donald Eli, 96, of Chelan, Washington passed away on July 7, 2023. Arrangements by Chapel of the Valley, East Wenatchee.

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## Obituary &amp; Memorial Policies

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## CHURCH GUIDE



## • CHELAN

**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
509-682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton

**CHURCH OF THE NAZARENE**  
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Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
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509-682-9063 • 216 W. Nixon Ave.

## • CHELAN

**LAKE CHELAN UNITED METHODIST CHURCH**  
Worship 10 am  
509-682-2241  
Corner of Johnson & Emerson

**ST. ANDREW'S EPISCOPAL CHURCH**  
Worship 10 am  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
509-682-2851  
[www.standrews-chelan.org](http://www.standrews-chelan.org)

## • MANSON

**MANSON UNITED METHODIST CHURCH**  
10:00 am Worship,  
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- Matthew 19:26

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# Bernatz named Grand Marshal of Lake Chelan Pro Rodeo Parade, Celebration

SUBMITTED BY CINDY WALL,  
CHELAN RUSTLERS SADDLE CLUB

CHELAN – The Chelan Rustlers Saddle Club Board of Directors is pleased to announce the selection of Bernice Bernatz to be this year's Grand Marshal for the Lake Chelan Pro Rodeo Parade and associated events.

The Board selected Bernatz for her lifelong love of horses and her many years of dedicated service to the Saddle Club. This year the Chelan Rustlers Saddle Club, est. in 1953, is celebrating 70 years of rockin' the rodeos and ridin' the trails. Bernatz, the club's longest-standing member, has been with the club for 60 of those 70 years.

"Bernice is the heart and soul of what this Saddle Club is all about," said Frank Flem, president of the Chelan Rustlers Saddle Club. "Over the course of her tenured membership, she's served in every board position, helped with numerous events, clinics and projects including

our youth programs and has become the unofficial historian for our club. No member today knows this club's story better than she does."

As Grand Marshal, Bernatz will represent the Saddle Club in the Lake Chelan Rodeo parade, the weekend Pro Rodeo events along with other speaking opportunities, interviews and celebration events being planned as part of the Lake Chelan Pro Rodeo weekend which kicks off on July 13 with the parade. Two nights of professional rodeo will follow on Friday and Saturday, July 14 and 15.

Bernatz also will be working with the Chelan Historical Museum to share the club's background and history for an article that will be published later this fall.

Flem further added, "I speak on behalf of all the Board when I say that Bernice's years of service to this Saddle Club have been invaluable. She's the perfect Grand Marshal for this year's rodeo festivities and

milestone celebration."

Lake Chelan Pro Rodeo information can be found at [www.chelansaddleclub.org/pro-rodeo](http://www.chelansaddleclub.org/pro-rodeo).

### A little bit about our Grand Marshal

Bernice Bernatz (Holmes) and her twin sister joined the ranks of their two older siblings in 1943 when they came into the world in the small town of Okanogan. It was here that Bernice got her first exposure to horses when she was just a toddler. Later, while visiting her family's Oklahoma ranch, her uncle, an old cowboy and skilled horseman, introduced her to several horses on the property sharing how to better understand and connect with them. He even tried to teach her the art of roping. She wasn't yet school age but this experience shaped her love and passion for horses the rest of her life.

When she was 5-years-old, Bernice's mother packed up all four children and moved to Chelan. Chelan became Bernice's home for life and where she still lives today.

Bernice had a natural affinity for horses and while it would be well into her adult years before she owned one, she was involved in horse groups throughout her teens and early adult years where she rode and cared for many that belonged to neighbors, friends and other family members over the course of her youth. It was here that she found solace in trail riding around the hills above Chelan, "seeing the world from the back of a horse". It was around her 20th birthday that she joined the Chelan Rustlers



Courtesy Cindy Wall/Chelan Rustlers Saddle Club  
**Bernice pictured here with her 23-year-old horse, Lola. Bernice and her husband Joel have had Lola for nine years. Lola is stabled at the Chelan Rustlers Saddle Club.**

Saddle Club.

In 1968, she met and later married her lifelong companion, Joel Bernatz who learned quickly that Bernice was a "die-hard horsey girl". He happily shared this part of her life with her right up until his passing in 2022. It wasn't until sometime after their son, John Eric was born in 1972 that she finally got her very own horse, a quarter horse gelding named El Roja Royale.

Bernice was always looking for ways to share her love for horses and the companionship they provided. For several years, she volunteered with the local 4-H group and then began

serving on the Saddle Club's board of directors holding a number of positions over her 60 years as a member, many of them more than once, including the role of president. At present, Bernice is still on the board of directors.

In 1978, Bernice took on the role of drill master for the Chelan Rustlers Drill Team, an equine mounted precision riding group comprised of 20 horsewomen who performed elaborate drill routines at rodeos, parades, community events and competitions all around the region, even winning a few awards. She's also been on nearly every rodeo and junior

rodeo committee and continues to be a guiding force to preserve the Saddle Club's unique and deep rooted western traditions that have been passed down from generation to generation.

Today, Bernice enjoys spending time with her horse Lola, a 23-year-old quarter horse mare whom she still rides, occasionally.

Her years of dedication to horses and the Saddle Club along with being the club's longest standing member has earned her the privilege of being this year's Grand Marshal as we celebrate 70 years of being part of the Lake Chelan community.

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SUBMITTED BY CINDY WALL,  
CHELAN RUSTLERS SADDLE CLUB

CHELAN – Get out your cowboy boots and your hat because its Lake Chelan Pro Rodeo time where more than 100 professional rodeo champions arrive to compete in nine different events for thousands of dollars in prize money and buckles. These competitors come from around the US and Canada to showcase their gutsy style of bareback riding, steer wrestling, bar-

rel racing, team roping, bull and saddle-bronc riding and more. And the entertainment factor is sky high.

The Chelan Rustlers Saddle Club, host of the pro rodeo, is turning 70-years-old and what better way to celebrate this milestone than with two incredible nights of thrill riding rodeo.

"Western horsemanship has long been the foundation of the Chelan Rustlers Saddle Club and an important part of our history since 1953," said Jodie Southwick, vice-president of the Chelan Rustlers Saddle Club and co-chair of the Rodeo Committee. "It's our heritage and rodeo is a part of that. We look forward each year to keeping this long standing American tradition going."

Rodeo weekend kicks off with the annual Rodeo Parade on Thursday, July 13 at 6:30 p.m. marching right through the heart of beautiful downtown Chelan. This year Shotgun the Clown will join the line-up with his entertaining style of mischievous antics that's sure to be a crowd pleaser. Aces Wild Pro Rodeos' cowboys and trick riders will usher in rodeo weekend in true classic western style. To help the Chelan Rustlers Saddle Club celebrate 70 years of rockin' the rodeos and ridin' the trails, several past Chelan

Rodeo Queens will ride their trusty mounts as part of the parade and the rodeo's Grand Entry. The Rustlers Riders will join alongside this year's Grand Marshal Bernice Bernatz, who has earned the title of being the "longest standing member" of the Chelan Rustlers Saddle Club. Visiting rodeo royalty from around the region also will be in the parade along with a number of youth groups, local businesses and other sponsors and rodeo fans.

Friday night's Grand Entry is fortunate to have country artist Lila McCann perform the national anthem while royalty, past and present, will join Aces Wild Pro Rodeo's trick riders as they circle the stadium. Once again, the World Famous Chicken Chase will take place where children from toddler age to 10-years-old compete for prizes by capturing one of several chickens running loose in the arena.

At the end of Friday's performance, the PRCA will host its Slack Barrel Racers and Ropers event where fans can watch more rodeo champions compete for titles and prize money.

Saturday night's performance will include the annual "Wine Relay" competition sponsored by local wineries. Here contestants navigate a relay obstacle course and compete for first, second or third place. Contestants need to have a strong back for this

event. The night will wrap up with a stellar performance from local band, Joker's Run whose rock-a-billy style of toe tapping, foot stomping music will keep fans wanting more.

"We are thrilled to have the PRCA rodeo return to Chelan," said Cheyenne Stocker, chairwoman of the Chelan Rodeo Committee. "The last two-years have shown us that Chelan loves rodeo and wants more. As long as the fans keep coming, we'll keep hosting it."

Food, clothing and gift vendors plus a beer garden will be available. And of course some mechanical bull riding, dummy roping and few other fun activities will be on hand to keep those young rodeo hopefuls entertained.

"There is something for everyone this year," according to Stocker. "Each year we add new events and experiences to make it more fun and exciting for everyone. Bring the family. Bring the neighbors. It's small town, BIG rodeo at its best! It doesn't get better than that."

The Professional Rodeo Cowboys Association (PRCA) card holders are an elite group of competitors who've earned enough winnings to become a bona fide member of the PRCA.

Tickets can be purchased at <https://www.chelansaddleclub.org/pro-rodeo> or by going to [www.rodeoticket.com](http://www.rodeoticket.com).

## It's Small Town ... BIG RODEO coming to Chelan on July 14-15

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4	5	2	9	8	7	1	3	6
6	7	9	3	1	2	8	5	4
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**Announcements**  
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**LOST & FOUND ITEMS** can be placed in our Local Newspapers and Online at [NCWMARKET.COM](http://NCWMARKET.COM) for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

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**The Lake Chelan or Quad City Herald** or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Employment**

**Help Wanted**

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• Email: [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com)  
• Call 682-2213

**Help Wanted**



**Public Works-Truck Driver/Laborer**

The Chelan County Public Works Department seeks two applicants for a Truck Driver/Laborer in the Leavenworth and Cashmere Districts. The duties include a wide variety of maintenance activities, such as flagging; performing manual labor; driving trucks with pups, sanders and plows; paving and chip sealing; and/or operating light and heavy equipment. The salary range is Step 4 at \$24.66 per hour up to Step 9 at \$31.19 per hour. Starting salary is Step 4 at \$24.66 an hour. Employees receive an ANNUAL progression of steps until reaching Step 9. Work includes opportunities for overtime. The position includes a state retirement system, with a deferred comp program available. Health insurance package includes Medical, Dental, Vision and county contributions to a personal health savings account. Typical work schedule is four 10-hour days during the summer and five 8-hour days in the winter. Includes 10 holidays and 2 or 3 floating personal holidays (dependent on hire date). This position requires a Washington State Driver's License, Class A CDL with Tanker Endorsement. We prefer candidates have current First Aid/CPR and flagging cards, but we will work with you to obtain within 4 months of employment. Applications and a detailed job description are available at the Chelan County Human Resources Career Opportunities page: <https://www.co.chelan.wa.us/human-resources/jobs> The application, letter of interest and resume must be returned to the Chelan County Human Resources Department, 400 Douglas Street, Suite #201, Wenatchee, WA, 98801, or emailed to [human.resources@co.chelan.wa.us](mailto:human.resources@co.chelan.wa.us) this position will remain open until filled.

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**Appliances**

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Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

**City of Leavenworth Surplus Garage Sale**  
We are hosting a garage sale of items that the City no longer uses. There will be office supplies, furniture, tools and much more. The sale will take place during the Farmer's Market on July 27, 2023 from 4:00-7:00 PM. The sale will be held at the Osborn Elementary Gym at 225 Central Ave...follow the signs!

**General Merchandise**

**Items for sale:**  
1960's Gray metal kitchen table-\$50  
4 metal-framed chairs with burgundy cloth seats \$50  
Nice wooden, 2 drawer legal file with folders,\$40  
4 drawer standard size black metal file cabinet with folders \$50  
Several desk cloth chairs \$25 each.  
Some misc. wood tables Make offer.  
Call Carol 509-670-1723 to see.

**For Sale: AMEREX** Carbon dioxide commercial fire extinguisher. \$50  
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**Legals**

**Public Notices**

**MANSON SCHOOL DISTRICT PUBLIC NOTICE BOARD MEETING/BUDGET HEARING**  
The Manson School District Board of Directors will hold their regular July board meeting on Monday, July 24, 2023 at 6:00 p.m. in the Manson Elementary Library located at 950 Totem Pole Road, Manson, WA. A budget hearing on the proposed 2023-24 school budget will take place during the regular meeting. The public is invited to make comments and ask questions. The budget will be available on our website at [www.manson.org](http://www.manson.org) after July 19, 2023 and is scheduled to be adopted at the regular board meeting on July 24, 2023. Published in the Lake Chelan Mirror July 12, 19, 2023. #5972



**Looking for a home for your Furry friend?**  
Try the pet section on [NCWMarket.com](http://NCWMarket.com)

**Public Notices**

**Lake Chelan Reclamation District 80 Wapato Way, Manson, WA 98831**  
**ADVERTISEMENT FOR BIDS**  
Notice is hereby given that sealed bids will be received by the Lake Chelan Reclamation District for construction of the Lift Station No. 2 Upgrades project. Work to be performed includes: structural modifications to the existing wet well; removal and installation of flow meter vault; replacement of existing pump and installation of new pump; installation and replacement of piping, valves, and fittings; replacement of pressure sensor assembly and flow meter; construction of retaining wall and fence; electrical and controls modifications for the lift station. The Engineer's estimate of probable cost is \$875,000 including WSST. All work performed on the project will be subject to prevailing state wage rates. Bid proposals will be received only at, 300 Simon Street SE, Suite 5, East Wenatchee, WA 98802 by 2:00 PM on August 7, 2023, at which time they will be opened, read, and tabulated publicly. Proposals received after the time fixed for opening will not be considered. Contract documents may be purchased on [www.questcdn.com](http://www.questcdn.com) for \$15.00, nonrefundable, under project #8104757. Addenda will be published only through the online bidding service. Bidders that do not purchase a bid set will not automatically be notified of addenda and will need to periodically check the on-line plan room for addenda. An informational copy of the contract documents is on file for inspection at the Lake Chelan Reclamation District. The Lake Chelan Reclamation District hereby notifies all bidders that it will affirmatively ensure that in any contract entered into, pursuant to this advertisement, minority and women's business enterprises will be afforded full opportunity to submit bids in response to the invitation and will not be discriminated against on the grounds of race, color, national origin, or sex in consideration for an award. The Lake Chelan Reclamation District is an equal opportunity and affirmative action employer. All work performed on the project will be subject to state prevailing wage rates. Each bid proposal shall be accompanied by a bid proposal deposit in cash, certified check, cashier's check, postal money order, or surety bond in an amount equal to at least 5 percent of the amount of such bid proposal. Make checks payable to the Lake Chelan Reclamation District. Should the successful bidder fail to enter into such contract and furnish satisfactory performance and payment bond within the time stated in the Specifications, the bid proposal deposit shall be forfeited to the Lake Chelan Reclamation District. The Lake Chelan Reclamation District reserves the right to reject any or all bids and to waive irregularities in the bid or the bidding. No bidder may withdraw their proposal after the hours set for the opening thereof, or before award of contract, unless said award is delayed for a period exceeding 60 calendar days. Published in the Lake Chelan Mirror July 12, 19, 2023. #5999

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# Gentian violet - a compound that is both a dye and a medicine



Ask... Dr. Louise

Gentian violet is a compound that is both a dye and a medicine. Discovered in 1861, Hans Gram would report 13 years later that gentian violet could irreversibly color certain bacteria. This proved instrumental in classifying bacteria and became the basis for the Gram stain method of identifying bacteria still widely used today.

Gentian violet (AKA crystal violet) is used in laboratories across the globe to help identify bacteria. However, it's also an effective antibacterial and antifungal agent. Gentian violet can treat infections caused by gram-positive bacteria, which live on the skin, and yeast infections of the mouth, skin, and vaginal tract.

Although mostly replaced by newer antibiotics and antifungal agents, gentian violet is still used in veterinary medicine and in developing countries. With resistance growing to our current antibiotics, gentian violet is getting a second look; not only is it practical, simple to use, with very few side effects.

Thrush in infants is usually treated with a suspension of nystatin painted on the inside of each cheek 3-4 times daily for a week. At the same time, it takes only one application of Gentian Violet 1%, the exact same product I made over 40 years ago in the pharmaceuticals lab, to treat thrush.

The main disadvantage to using gentian violet is the one I had personal experience with: it stains clothing. Although gentian violet will stain clothing forever, treated skin or mucous membranes only stay bright purple for about 2 weeks before fading.

Fluorescein is a dye used in diagnosing eye injuries and damage to your cornea.

Small paper strips are soaked in a fluorescein solution, dried, sterilized, and sealed into individual packets. When the sterile fluorescein strip touches your eyeball, it mixes with tear fluid to create a fluorescein solution that coats your eye.

Healthy, intact corneal tissue won't pick up any fluorescein. In contrast, worn spots or abrasions from contact lenses appear as bright green areas. Foreign bodies show up surrounded by a fluorescent green ring. The mild anti-infective action of fluorescein is also beneficial because injured eyes are very susceptible to infection.

Phenazopyridine is a reddish-orange dye. Sold as a prescription medicine under the brand name of Pyridium® in 100mg and 200mg coated tablets, phenazopyridine is also available without a prescription at a lower strength of 95mg in the products Azo®, Uristat®, and in generic "Urinary Pain Relief."

Originally used to treat bladder infections, phenazopyridine isn't very effective against bacteria. Instead, it can relieve urinary urgency, pain, and burning often experienced from a bladder infection, often within 15 minutes. Today, phenazopyridine is prescribed along with an antibiotic to relieve urinary urgency and burning of bladder infections.

When using it, remember that phenazopyridine is a dye. It turns urine deep reddish-orange and stains clothing.

*Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey*

One early September morning in 1977, I hustled up three flights of stairs to the third floor of College Hall at Washington State University in Pullman, for my first pharmacy laboratory session. I carried my brand-new white lab coat, which was mandatory attire for this and all future lab sessions. In my other hand was a pack of tissues because I was allergic to ragweed, which was blooming that week.

My assignment that day was to make a bottle of Gentian Violet 1% solution. The procedure was to precisely measure the required amount of powdered gentian violet, then add it to alcohol and purified water. Just 3 ingredients. What could go wrong?

Cautiously tapping the iridescent green crystals onto a pale green rectangle of waxed paper, I carefully weighed the pile, making sure I had 100mg. Picking it up, I cradled my precious powder. Returning to my lab station, I avoided bumping into anything or anyone. But as I set the crystals down on the black countertop, disaster struck: I had to sneeze.

I quickly turned my head, somehow avoiding spraying powdered dye across my lab bench. In relief, I promptly added the colored powder to my alcohol and water mixture before another sneeze could strike.

The rest of the morning went smoothly, but that sudden sneeze would haunt me for years. Pulling my lab coat out of the washing machine the following week, I stared in dismay. My pristine white coat was accented with bright purple speckles running across and down its front. Despite repeated bleaching, they refused to fade. I wasn't the only one with colored speckles on my lab coat, but mine was the most spectacularly purple-speckled lab coat for the entire rest of that year and the next.

**Public Notices**  
IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY  
In Re the Estate of ROBERT KEITH THOMPSON, DECEASED.  
CAUSE NO. 23-4-04603-7 SEA AMENDED NONPROBATE NOTICE TO CREDITORS  
RCW 11.42.030

The notice agent (hereinafter, "NA") named below has elected to give notice to creditors of the above-named Decedent. As of the date of the filing of a copy of this notice with the court, the notice agent has no knowledge of any other person acting as notice agent or of the appointment of a personal representative of the Decedent's estate in the State of Washington. According to the records of the court as are available on the date of the filing of this notice with the court, a cause number regarding the Decedent has not been issued to any other notice agent and a personal representative of the decedent's estate has not been appointed.

Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to NA or the NA's attorney of record at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the NA served or mailed the notice to the creditor as provided under RCW 11.42.020(2)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.42.050 and 11.42.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets.

Date of Filing: July 7, 2023.  
Date of First Publication: July 12, 2023.  
NA: Karen Lynn Ullery  
Attorney: Laura M. Zeman  
WSBA No. 30221  
Attorneys for NA  
Address for mailing or service: Zeman Law Group, PLLC  
3006 Northup Way, Suite 100  
Bellevue, WA 98004  
The notice agent declares under penalty of perjury on June 26, 2023 that the foregoing is true and correct.  
/s/ Karen Lynn Ullery  
KAREN LYNN ULLERY  
Notice Agent  
Published in the Lake Chelan Mirror  
July 12, 19, 26, 2023. #6000

**Public Notices**  
NOTICE is hereby given pursuant to RCW 28A.505.050 and RCW 28A.505.060, that the Board of Directors (the "Board") of Entiat School District 127,

Chelan County, Washington (the "District") will hold a regular meeting on July 26, 2023 commencing at 7:00 pm. Agenda will include the fixing and adopting of the budget of the District for the 2023-24 fiscal year. Prior to adoption of the 2023-24 budget, the Board will hold a hearing at 6:30 pm for the purpose of receiving comments from the public on the budget. Any person may appear at the hearing and be heard for or against any part of the 2023-24 budget, the four-year budget plan, or any proposed changes to records of enrichment funding under RCW 28A.505.240 (aka Educational Programs and Operation Levy). Upon conclusion of the hearing, the Board shall fix and determine the appropriation from each fund contained in the 2023-24 budget and shall, by resolution, adopt the budget, the four-year budget plan summary, and the four-year enrollment projection. A copy of the 2023-24 budget will be available on the District website or will be furnished to any persons who requests it on or after July 24, 2023. Contact Irma Verduzco at 784-1800 or Nikkie Maceda by e-mail at nikkie@ncesd.org. The hearing and regular meeting will be held in the Entiat School Library at 2650 Entiat Way, Entiat, WA. Attendance at the hearing and meeting is also available through telephonic and/or internet access via Zoom. Access numbers/links will be available on July 24 and will be posted and provided to the public prior to the Meeting - please check the District website www.entiat.k12.wa.us or call 784-1800 for further information. Published in the Lake Chelan Mirror on July 12, 19, 2023. #5935



**Public Notices**  
SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY  
In Re the Estate of: LARRY JOEL DEAN, Deceased.  
Cause No. 23-4-00223-04 PROBATE NOTICE TO CREDITORS  
RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
Date of First Publication: July 5, 2023  
Personal Representative: Jacquelyn Hylar  
Attorney for the Personal Representative: Robert S. Morse, Esq. WSBA 9627  
Address for Mailing or Service: 801Cloudless Drive, Manson, WA 98831  
Court of probate proceedings Chelan County Superior Court, Martin D. Young, Chelan County Clerk  
350 Orondo Ave., Suite 501, Wenatchee, WA 98801-2885  
Prepared and presented by: Robert S. Morse, Esq.  
/s/  
Dated: June 21, 2023  
Published in the Lake Chelan Mirror  
July 5, 12, 19, 2023. #5913

**SUDOKU PUZZLE**

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## Medicaid and CHIP help families access mental health services for kids

STATEPOINT - The state of mental health among youth continues to be of public concern. According to the latest Centers for Disease Control and Prevention Youth Risk Behavior Survey, youth mental health problems have increased significantly over the past decade, reaching an all-time high. For instance, from 2011 to 2021, the rate of female high school students saying they feel sad or hopeless increased from 36% to 57%; for male students this rate increased from 21% to 29%.

Stressors at school, home or elsewhere can cause mental health disorders to arise, leading to negative impacts on how children learn and build relationships with others. If your child may need mental health support and doesn't currently have health coverage, you have options. Free or low-cost coverage through Medicaid and the Children's Health Insurance Program (CHIP) offers many benefits, including doctor's visits, prescriptions, emergencies and the coverage of behavioral

health services, including mental health services through pediatricians, mental health professionals, local community providers and organizations, as well as school systems. People who are pregnant or postpartum may also be eligible for this health coverage and mental and behavioral health services. Who qualifies for Medicaid or CHIP? Eligibility varies by state and is determined by how many people are in a household and household income. For instance, in most states, a family of four with household income up to \$60,000 per year may qualify for Medicaid, CHIP or both. To learn more about state-specific options, visit InsureKidsNow.gov or call 1-877-KIDS-NOW. Enrollment is open year-round.

Medicaid and CHIP? To help care for all parts of a child's health, Medicaid and CHIP also cover routine health care visits, like preventive care, dental and vision checkups, specialist visits, physical, speech and occupational therapies, and emergency services. These programs also cover a wide range of mental health and substance use services such as counseling, peer support services, inpatient psychiatric services and case management services for needed medical, educational and social services. Services are covered through Medicaid for children and teens up to age 21 and through CHIP up to age 19. States have flexibility to determine if services may be delivered using telehealth. These services are necessary to prevent, diagnose and treat a broad range of mental health symptoms and disorders, as well as substance use disorders. Caring for mental health is caring for overall health. Early detection and intervention of mental health and substance use issues is crucial to the overall health of kids, teens and people during and after pregnancy, and may reduce or eliminate the effects of a condition if detected and treated early. Take the time today to explore coverage options through Medicaid and CHIP. Information provided by the U.S. Department of Health & Human Services

**CROSSWORD PUZZLE**

THEME: ANNUAL TRADITIONS ACROSS

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- Verdant
- Vietnamese neighbor
- "Before" prefix
- Curved molding
- "It rings at midnight on Christmas Eve at church"
- Yarn store unit
- Relating to armpit
- Criminal's surprise
- Nephew's sister
- "4th of July spectacle"
- 1952 Olympics host
- 1,000 kilograms
- Meat sauce
- Vacation location
- French painter of "La Danse" fame
- Menu words (2 words)
- Lean
- Wine valley
- Impertinent
- "Annual Assumption tradition blesses it"
- #2 Down, pl.
- Highest volcano in Europe
- Puppies
- Bit of binary code
- Dean's official residence
- Small stream
- Wine quality
- Bilbo Baggins' land
- Windsor family's sport
- "Popular New Year's libation"
- Stored by bees
- \_\_\_-de-camp
- "On the \_\_\_" by Jack Kerouac
- Make laugh
- Tibetan priest
- Woolen cap
- Banned insecticide
- Big Bang's original matter
- Bakery serving
- Scorch
- Regarding this point
- "Live and \_\_\_"
- Description for twins
- Auto pioneer
- Banana remnant
- Puerto \_\_\_
- Compass bearing
- "Jane Eyre" author
- Pig part
- "Action under mistletoe"
- Like a damaged apple, possibly
- Jam container
- Torn down
- Fill with optimism
- Sweating room
- "Thanksgiving's main event?"
- Beauty parlor
- Chiropractor's concern
- Painting holder
- Light gray
- "Wow!"
- "Birthday cake decorations"
- Seize the throne
- Kind of humor
- Ready
- Deteriorate
- Just about
- Jumped aside
- Lacked
- Type of cotton
- Female gamete
- "Valentine's Day tradition"
- "New Year's resolution weight or savings target"
- One in a roster
- Red-encased cheese
- "Graduation flyer"



# Updated heat protections for outdoor workers go into effect July 17

SUBMITTED BY WASHINGTON DEPT. OF LABOR & INDUSTRIES

TUMWATER — As hotter, drier weather sets in, farmworkers, construction workers, and other outdoor workers will be better protected from heat-stroke and other hot-weather hazards because of updated workplace heat rules that take effect in mid-July.

Washington is one of only a few states with heat protections for outdoor workers, having first put rules in place in 2008. This week, the Washington State Department of Labor & Industries (L&I) filed a formal update to those rules, expanding existing requirements to keep workers safe.

“Excessive heat is a real concern when it comes to worker safety. Heat-related illness can strike quickly, and in some cases, be deadly,” said L&I Director Joel Sacks. “Our climate is changing, and these updates to our state heat rules are a major step forward in protecting workers.”

The last two summers L&I enacted temporary emergency heat rules to supplement

existing worker protections. These new permanent rules take effect July 17, and the requirements will be in place year-round.

New protections involving shade, cool-down rest periods, and monitoring workers

The rules lower the temperature at which action is required to 80°F for most outdoor work. Temperature-based action levels apply to specific portions of the rule such as drinking water and shade, and include specifics on when and how much shade must be provided. Workers must be allowed to take preventative cool-down periods as needed to prevent overheating. Employers must follow high-heat procedures that require close observation of workers and mandatory cool-down periods of 10 minutes every two hours when the temperature reaches 90°F, and 15 minutes every hour at 100°F.

The updated permanent rules also add requirements for acclimatization and exposure to high heat. Under these requirements, which address the need to adapt to working in the heat over time, employers must closely observe

all workers during heat waves and any worker who is newly assigned to working in the heat or returning from an absence of up to 14 days.

Under the rules, employers must also update their outdoor heat exposure safety programs, and train workers and supervisors on the plan and the new requirements. L&I is developing model outdoor heat exposure safety programs and training materials to help employers implement these requirements.

“Outdoor workers can suffer serious health effects from the summer heat,” said Craig Blackwood, assistant director for L&I’s Division of Occupational Safety and Health. “But, with water, shade, and rest among other protections, employers and workers can prevent the worst effects of heat exposure and reduce traumatic injuries like falls. These updates will require employers to be more proactive.”

To learn more about the updated outdoor heat exposure rules and learn ways to protect workers from heat-related illness, visit L&I’s Heat Smart web page.



Courtesy NCW Libraries

# Summer programs at NCW Libraries

SUBMITTED BY NCW LIBRARIES

NCW - Start Your Summer Adventure: Visit a museum, tour alpine gardens, or take a hike for free this summer with your library card. Our Library of Things collection includes: Washington State Discover passes, Ohme Gardens passes, Wenatchee Valley Museum and Cultural

Center passes, Cashmere Museum and Pioneer Village passes and Greater Leavenworth Museum passes. We are always looking to add more passes. Check our website for updates or to reserve a pass.

Attend a free program at your local library: Find something for everyone, no matter your age, stage,

or interest. Here are few program highlights from across the region in July. July 13 is Bilingual Family Bingo at Manson Library, July 15 is Story Time at the Entiat Museum, July 20 is Tie Dye at Pateros Library, July 24 is Open Mic Night at Wenatchee Library, and July 25-28 is Gnome Week at Cashmere Library.

# Washington 211 helpline sees jump in calls

By ERIC TEGETHOFF, WASHINGTON NEWS SERVICE

OLYMPIA - A helpline to help people connect with resources when they're in need has seen an uptick in calls to its service. However, funding remains a barrier to serving more people.

Washington 211 can con-

nect people with about 17,000 resources from its database. The helpline's director, Tim Sullivan, said referral specialists determine what a person needs when they call.

"When somebody calls, they're presenting one need - like housing," said Sullivan, "but typically, there's

other needs that are identified during that interview. And then, the information specialist searches the database we have, and then tries to provide up to three resources per need for that individual."

Sullivan said 211 can provide other resources including for legal issues, utility

assistance and veteran and senior services. The helpline partnered with the Washington State Department of Health to provide a COVID hotline during the pandemic. The number of calls jumped from about 250,000 in 2019 to 400,000 in 2020, Sullivan said, and it hasn't come down since then. His organi-

zation asked for \$5 million in this year's budget to expand its services - but the request was turned down.

"So, it's really difficult for us, without getting additional funds from the state, to be able to continue to operate at a level that we need to," said Sullivan, "especially with the new rise in people that are

needing assistance." According to its data from the past year, about one third of calls to 211 concern housing.

Sullivan said his organization has also been helping with Ride United Transportation Access, a partnership with Lyft to get people to places like job interviews and medical services.

# White-nose syndrome and bat-killing fungus detected in two new Washington counties

SUBMITTED BY WASHINGTON DEPT. OF FISH & WILDLIFE

OLYMPIA - White-nose syndrome, an often-fatal disease of hibernating bats, continues to spread in Washington.

Scientists with the Washington Department of Fish and Wildlife (WDFW) worked with the U.S. Department of Energy and a bat rehabilitator on recent surveys that resulted in new detections of white-nose syndrome and the fungus that causes it.

"The fungus that causes white-nose syndrome has been detected in Benton County for the first time," said Abby Tobin, bat species

lead for WDFW. "We also found a bat infected with white-nose syndrome in Jefferson County this year, which is a first.

"It's discouraging to see the disease spreading among local bat populations, but WDFW and our partners will continue our proactive measures to survey for and respond to white-nose syndrome in Washington and test the efficacy of emerging disease treatments," said Tobin.

White-nose syndrome is caused by the fungus *Pseudogymnoascus destructans*, which attacks the skin of hibernating bats and damages their delicate wings, making

it difficult for them to fly. Infected bats often leave hibernation too early, which causes them to deplete their fat reserves and become dehydrated or starve to death. White-nose syndrome has caused vulnerable bat populations to decline in many parts of North America. While the syndrome is often fatal to bats, it does not affect humans, livestock, or other wildlife.

The first case of white-nose syndrome in the western U.S. was confirmed in King County in 2016. Since then, WDFW has confirmed over 150 cases of the disease in at least four bat species in the state.

Including these most recent findings, WDFW has confirmed white-nose syndrome in King, Chelan, Kittitas, Pierce, Snohomish, and Jefferson counties. The fungus that causes white-nose syndrome has now been detected in Lewis, Mason, Yakima, and Benton counties. A map showing fungus and white-nose syndrome detections in Washington is available online at <https://wdfw.wa.gov/bats>.

WDFW urges people to not handle wild animals, especially if they appear sick or are found dead. If you find sick or dead bats or notice bats acting strangely, please report your sighting on the

WDFW website or call 360-902-2515. Bats flying outside during the day in winter is an example of noteworthy behavior.

Even though the fungus is primarily spread from contact between bats, humans can unintentionally spread it as well. People can carry fungal spores on clothing, shoes, or recreation equipment that touches the fungus. To learn more and to get the most up-to-date decontamination protocols and guidance on limiting the spread of white-nose syndrome, visit [www.whitenosesyndrome.org](http://www.whitenosesyndrome.org).

Washington is home to 15 bat species that play an important role in their na-

tive ecosystems. WDFW partners with numerous state, federal, tribal, and non-government organizations to proactively survey Washington bat populations for white-nose syndrome and test emerging preventative treatments. For more information about Washington bats and the state's white-nose syndrome response, visit WDFW's Living with Bats webpage.

WDFW works to preserve, protect, and perpetuate fish, wildlife, and ecosystems while providing sustainable fish and wildlife recreational and commercial opportunities.

# Wildfire smoke forecasted to impact Washington again this season

SUBMITTED BY WASHINGTON DEPT. OF HEALTH

OLYMPIA - As our climate changes, the threat of wildfires looms larger every year. The Washington State Department of Health (DOH) is urging the public to prepare now for smoke that can make air unhealthy to breathe. Smoke Ready Week, observed June 12-16, was an opportunity to take proactive steps to protect yourself and your family.

"We are expecting to have

above normal fire activity in Washington in July," said Kaitlyn Kelly, MPH, Air Quality Policy Specialist, DOH. "We have an outlook for below normal precipitation and that's going to last into fall, so conditions are trending to a long fire season."

When smoke arrives it's important to reduce exposure by staying up to date on the forecast and air quality index, limiting time outside, and keeping indoor air as clean as possible. After sev-

eral days smoke can enter homes and buildings through leaky gaps in windows and doors. Having a way to filter indoor air will benefit your health. It's key to buy supplies in advance because they often sell out quickly when it's smoky out.

Filter indoor air by using a: HVAC system with MERV 13 filter. HEPA portable air cleaner. DIY box fan filter.

"We no longer have smoke-free summers in Washington," said Kelly. "It's important to know what is in wild-

fire smoke and why it can be bad for your health."

Smoke from wildfires contains fine particles and gases including carbon monoxide. Exposure to smoke can cause a number of health problems ranging from minor to severe. Those with pre-existing conditions, infants and children, pregnant individuals, adults 65 and older, and people with heart and lung disease can be most sensitive to wildfire smoke. Minor symptoms can include headaches, stinging eyes, runny nose, and trouble

breathing.

You can stay updated on wildfires, air quality, the forecast, and health information on the WA Smoke Blog. For more information on how to protect yourself from wildfire smoke, visit

the DOH's Smoke from Fires webpage.

The DOH website is your source for a healthy dose of information. Find us on Facebook and follow us on Twitter. Sign up for the DOH blog, Public Health Connection.

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**The Contract**  
Unveiling the healing power of forgiveness  
A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel Garcia Marquez was quoted as saying, "All human beings have three lives, public, private and secret."  
In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.  
Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.  
His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.  
The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to [Carol@leavenworthecho.com](mailto:Carol@leavenworthecho.com). Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.