

Manson Fire Dept. honors firefighters See page A2
NCW Libraries offers Art Rebellion Program this summer
 See page B4

Lake Chelan Valley Events, Things to do, Meetings

SAIL Exercise Classes: July 26, 27, 28, 31
 CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

Zumba Fitness, Line Dancing:

July 26, 27, August 1

MANSON - Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), through October, 8:30- 9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. Line Dancing, every Wednesday evening (excluding holidays) through October, 5- 6 p.m. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

Manson Farmers Market: July 26, 29

MANSON - Manson Farmers Market is held every Saturday and Wednesday thru September 30. Bell rings at 8:30 a.m. Lots of produce and crafts for sale. Want to be a vendor? Contact Gordon Lester by email at s_lester2001@yahoo.com or phone 509-687-3158.

Chelan Senior Meals: July 26-28, 31

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: July 26: Pepper Steak, Steamed Rice, Sour Cream & Cukes, Grapes, WW Bread or Roll, Dessert; July 27: Biscuits & Gravy, Oven Brown Potatoes, Stewed Tomatoes, Orange Quarters, Muffin; July 28: Cheese Ravioli, Venetian Vegetables, Caesar Salad, Mixed Berry Shortcake; July 31: Baked Ham, Scalloped Potatoes, Chuck Wagon Corn, Greek Salad, Pineapple, Dessert.

Chelan Valley Hope: July 26-27

Serving Chelan, Manson, Chelan Falls, Waterville, Entiat, Orondo, Bridgeport, and Mansfield
Hope Hoedown September 16

CHELAN - Chelan Valley Hope is so excited to invite you all to the Hope Hoedown on September 16. Kick up your boots at the Hope Hoedown, a benefit for Chelan Valley Hope. Join them for a fun western-themed event for the whole family at Chelan Valley Farms. There will be Live Music from Miller Campbell, a Kid's Korral area with games, face painting, corn hole, and an interactive photo booth. Dooley Dogs and Taqueria Mazatlan, as well as Kettle Corn, will be available for purchase. A variety of beverages are available for purchase, including beer, wine, and mocktails. A raffle will be held, featuring several big-ticket items. There will be separate baskets for those under 21 years old. Additionally, a local artist will be doing live painting, creating a customizable scenery picture, and the lucky raffle winner will receive this unique piece. Other activities include a 'Jail & Bail' game, where participants can be 'arrested' and 'bailed out' for a donation to Hope. To learn more and to purchase tickets visit ChelanValleyHope.org/hh or HopeHH.Eventbrite.com

Thursday Farmers Market: July 26

CHELAN - Chelan Evening Farmers Market runs May through October 26 every Thursday from 2-6 p.m. in Riverwalk Park and Emerson Street. Enjoy numerous vendors carrying fresh fruit, veggies, flowers, crafts, food trucks, live music and so much more. Each week is something a little different. www.chelanfarmersmarket.org/

Chelan Saturday Farmers Market: July 28

CHELAN - Chelan Saturday Farmer's Market is held every Saturday now until October 28, 8 a.m.-1 p.m. in the Johnson Avenue Parking lot, 102 E. Johnson Avenue, next to Kelly Allen Insurance.

Food Bank food distribution:

July 29, August 1

CHELAN - The Lake Chelan Food Bank food giveaway takes place each Saturday and Tuesday, 9 - 10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. Families are limited to one box per week. In June an average of 146 families with 497 individuals were served each week. A total of 25,200 pounds of food was distributed. The need is great: Donations may be made online at lakechelanfoodbank.org or sent to PO Box 2684, Chelan, 98816. Non perishable food donations may be dropped off at the Lake Chelan Mirror office, 131 Apple Blossom Drive, Suite 109 (Chelan Business Center).

Glass recycle: July 29

Hours: 10 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.911glassrescue.org, and click on the volunteer tab on the home page.

Lions Club: August 3, 17

MANSON - The Lake Chelan Lions Club hold bi-monthly meetings at the Manson Parks Building at 142 Pedoi St. in Manson. Meetings are held the 1st and 3rd Thursdays of each month at 9 a.m.

Friends of the Library: August 1

CHELAN - The Chelan Friends of the Public Library will have their August meeting on Tuesday, August 1, 4 p.m. at the Chelan Public Library located at 216 N. Emerson Street. This meeting will include planning for their Fall Book Sale on October 7.

MORE EVENTS AT WWW.LAKECHELANMIRROR.COM

Lakeside Surf agrees to 5 more years of Continental Surf Cup

SUBMITTED BY ROBERT BORDNER, LAKESIDE SURF

CHELAN - The international home for the battle of continental supremacy in river surfing will be at Lakeside Surf for at least the next five years. Team USA and Team Europe will converge on Labor Day weekend each of the next 5 years to battle for the Continental Surf Cup, \$11,000 in prize money and a spot on the podium as one of the top river surfers in the world.

After the brand-new team format tournament exceeded expectations last year, tournament hosts Lakeside Surf and citywave International are excited about their long-term plan to build off the momentum of the inaugural event that saw capacity crowds, stoked surfers, and high-performance surfing from surfers from all around the world.

The unique surfing team event challenges surfers from each continent to battle for team and individual points during a variety of heats over two days of competition. Enjoying the greatest river wave in the world, 24 surfers from the USA and Europe will showcase their talents in traditional, best trick, carvers only heats before the top surfers advance to the championship heats and fight for a spot on the podium as well as the final few team points. The top team gets the trophy and bragging rights as the continent with the great-



Courtesy Lakeside Surf

Sammy Bordner of Chelan, competed in the first annual Continental Surf Cup hosted by Lakeside Surf in 2022.

est river surfers.

The Continental Surf Cup at Lakeside Surf is free to all spectators. Spectators can enter for free from the upper Slidewaters' parking lot at the main entrance to Lakeside Surf. Spectators will enjoy incredible surfing, breathtaking views, Surfside Tacos and Twocan Jenny's Surf Bar. The new giant LED screen will display live action, replays, and tournament scoring. After

a standing room only event last year, additional seating, private space rentals and an enhanced livestream experience are being added to improve the spectator experience.

The teams for the 2023 Continental Surf Cup have begun to take shape. Team USA will be headlined by 2022 runners-up Ben Benson (Huntington Beach, California) and Taylin Chamberlin (Wenatchee). Also

joining Team USA will be world champion skim boarder Blair Conklin. The final spots on Team USA will be awarded by August 7 via hosts invites, video submissions and automatic qualifying. Back to defend their titles and help defend The Continental Surf Cup for Team Europe are 2022 Champions Lenny Weinhold (Munich, Ger-

SEE SURF CUP ON PAGE A3

Lake Chelan Rodeo: Lots of dust, hoopla, fanfare

BY MATTHEW OCKINGA CORRESPONDENT

CHELAN— Rodeo skills are not taught; they are inherited.

Born in Okanogan, Bernice Bernatz has spent her life around horses. Before she entered grade school, she visited her family's Oklahoma ranch in the mid-1940s. Her uncle, a seasoned horseman and cowboy, helped her understand the creatures' collective heartbeat.

That experience stayed with Bernatz and fostered a decades-spanning love affair with the animals. This year, the lifelong cowgirl served as Grand Marshal for the Lake Chelan Pro Rodeo and parade held July 13-15 at the Chelan Rustlers Saddle Club grounds. The club again teamed with Aces Wild Pro Rodeo of Soap Lake to showcase over 100 professional rodeo champions from the United States and Canada competing in nine events including bareback riding, steer wrestling, barrel racing and team roping.

While the three-day event involved a lot of dust, hoopla and fanfare, the spirit of the rodeo is distilled to the relationship between rider and horse.

"There can be a calmness to a horse, and you sense it if you're tuned into horses. And a lot of people understand that, and a lot of people don't. And it's something that carries on between horse and rider of a horse and a person



Matthew Ockinga/LCM

Jase Perri of Chelan brings his catch, a runaway hen back to the cage during the World Famous Chicken Chase at the Lake Chelan Rodeo.

even if they don't ride," said Bernatz, the club's longest tenured member. "You get to know what a horse is thinking ahead of time and a horse is getting to know a little bit about what you're thinking."

The rodeo helped the Rustlers Club celebrate its 70th anniversary. After opening its stalls in 1953, the club held its first rodeo four years later during Labor Day weekend of 1957.

"That's a long time to be a part of a community, especially as our world evolves and changes. The one thing that is pretty constant is the western tradition of horsemanship,"

said Cindy Wall, board member and publicity coordinator for the club. "That's what the club represents and that's one of the reasons I believe it's been able to maintain its stronghold in the community."

Besides the normal events with riders from the Professional Rodeo Cowboys Association (PRCA), the club had a plethora of acts to provide summer entertainment. Comedy relief entered the arena this year in the person of Shotgun the Clown, who interacted with emcee Bull Demers who kept the rodeo galloping on schedule. Both

nights featured the popular World-Famous Chicken Chase in which 10 hapless fowls are released into the arena as dozens of children compete to grab a bird and return it to the center-arena cage. Saturday evening, after the last bull was penned, featured an enthusiastic performance from Northwest country band Joker's Run who played well into the night.

Several past Chelan rodeo queens came to celebrate the club's platinum anniversary. Atop their mounts, they accompanied Bernatz, during

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Manson Fire Dept. honors firefighters



ABOVE: CPR Saves: July 31, 2022 Drowning patient - Manson Swimming area- Chris Willoughby, Brian Maas, Lt. Beau Alanis, Captain Adam Rasmussen, Chief Kermit McClellan, and Lt. Raynor Baker. BELOW: August 23, 2022 Drowning patient: Willow Point - Chris Willoughby, Darrick Steele, Colin Richardson, Lt. Beau Alanis, Captain Nick Glenn, Efren Alejo, Cameron Willoughby, Dashiell Hei, Dan Weakly, Asst. Chief Kermit McClellan, Captain Adam Rasmussen. Not pictured: Alex Ingalls, Doug Morgan, Karen Sargeant and Fraser Soderstrom.



Manson Fire Department held their Firefighter Appreciation Banquet BBQ on June 27 at the Lake Chelan Boat Club Clubhouse. Food was prepared by Cappy Peterson, Wes Nelson and Erik Cannella. They had a great turnout with firefighters, spouses, kids, and a few retired

firefighters.

Awards given were:

- Recruit of the Year 2022 – Excitement in Drill & Incident Responses – Colin Richardson
- Commissioner's Award 2022 - Exemplary Service, Duty & Integrity – Efrén Alejo
- Association Member of the Year 2022 – Outstanding Dedication to our

- Endeavors: Wayne Worzella
- Chief's Award 2022 - Outstanding Service on a Fire Incident – Adam Rasmussen "Pittman's Shop"
- Volunteer of the Year 2022 – With Most Responses to Fire Call & Drill Attendance - Dan Weakly
- Firefighter of the Year 2022– As the Inspiration of the Volunteers – Aaron Richmond
- Manson Firefighter Association Awarded: Public Supporter of the Year – Maria Verduzco
- Business Supporter of the Year – Alta Winery & Succession Winery
- Five-Year Pin – Randy Goebel, Aaron Richmond, Brian Whitney, Wayne Worzella
- Fifteen-Year Pin – Raynor Baker
- Chief Coin – Personnel meeting the 50% Drills & 10% Calls in 2022: Beau Alanis, Raynor Baker, Nick Glenn, Kermit McClellan, Adam Rasmussen, Aaron Richmond, Karen Sargeant, Dan Weakly, Chris Willoughby, Arnold Baker.

- CPR Saves: July 31, 2022 Drowning patient: Manson Swimming area- Beau Alanis, Raynor Baker, Brian Maas, Kermit McClellan, Adam Rasmussen, and Chris Willoughby; and August 23, 2022 Drowning patient: Willow Point, Beau Alanis, Efrén Alejo, Nick Glenn,

- Dashiell Hei, Alexander Ingalls, Kermit McClellan, Doug Morgan, Adam Rasmussen, Colin Richardson, Aaron Richmond, Karen Sargeant, Fraser Soderstrom, Darrick Steele, Dan Weakly, Cameron Willoughby, and Chris Willoughby.
- Peer Support Program: New Firefighter "Peer Support Program". The Chief introduced two individuals that took time out of their schedules to take a 40-hour training to start a new program- Efrén Alejo and Chris Cruz.

Chief Baker explained, "The volunteers go on calls that have emotional impact on us as responders. Not dealing with that impact will build up and make your home life difficult, make doing your regular job difficult and lead to burn out. Spouses, can watch to see the signs and say something." An important new program that will be very beneficial to the volunteer group.



Firefighter of the Year 2022
Aaron Richmond



Commissioner's Award
2022 Efrén Alejo



Recruit of the Year 2022
Colin Richardson



Chief's Award 2022
Adam Rasmussen



Volunteer of the Year 2022
Dan Weakly



Association Member of the
Year 2022 - Wayne Worzella

Quilts featured on Art Wall



Courtesy Cindy Simmons/Manson Community Library
Long-time Manson resident Bev Peters stands in front of the Art Wall in the Manson Community Library. The Art Wall features part of the collection that Bev has of her mother and grandmothers' quilts, some dating back as far as the early 1930's. Also featured on the wall is a slip that was tatted by Bev's grandmother around 1918 and framed quilt pieces made by both ladies. Bev's mother, Miriam Wilkinson was born in Indiana, moved to Washington in 1948 and was quite active in the Manson Community. The community is invited to come into the Library and view this beautiful display and learn some history about these two remarkable, very talented women. The display will remain on the wall until mid September. The Library is open: Tuesday 9:30 a.m. – 6 p.m., Wednesday 11 a.m. – 6 p.m., Thursday 9:30 a.m. – 2 p.m., Friday 9:30 a.m. – 2 p.m. and Saturday 9:30 a.m. – 2 p.m.

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The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: ruthk@lakechelanmirror.com or publisher@leavenworthecho.com

News Tips

Have an idea for a story?
Call the Mirror at 509-682-2213

Corrections

The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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RODEO

CONTINUED FROM PAGE A1

the parade and the rodeo's grand entry.

Rodeo queens from Omak, Palouse, Cle Elum, Richland and Lewiston, Idaho joined their fellow royals.

"To be actually a rodeo queen, you don't have to just look good sitting on a horse. You actually have to be able to do something and have a skill and ride the horse well and have one that you can do that barreling or roping," Wall said. "You have to be able to command the respect of a 1,000-pound animal. That's what they do to become rodeo queens."

Dionne Asmussen, the 1999

Miss Lake Chelan Rodeo, was among the past rodeo queens present. Born into a rodeo family, she grew up on a wheat and cattle ranch. Both her parents participated in rodeo as did she, competing especially in barrel racing which she still does today.

She met her best friend through the rodeo and now watches her nieces and nephews compete.

"It's a tradition that really accentuates the family values of life and supporting one another and cheering one another on," she said. "You're going out there to do your best and win money, but you're also cheering your best friend on that's competing right against you."

Indeed, that weekend's festivities were a microcosm of rodeo



Matthew Ockinga/LCM

Bull riding was the last event for the Lake Chelan Pro Rodeo July 15.

life. Many riders balance full-time jobs while preparing for a few fleeting moments of glory. In calf roping, some lassoed the young animals in three seconds.

Other riders whiffed and missed the calf completely. So goes the rodeo. Yet there will be other ropes and other arenas. Rodeo skills are not taught;

they are inherited. Win or lose, the Lake Chelan Pro Rodeo again showcased the grit and heart of a not-yet-forgotten American family tradition.

"In the NBA and other professional sports, they get paid to play, and this is a pay to play situation. They're paying entry fees, and yes, they do get to win some of that entry fee back, but they're paying the entry fees and paying for the fuel at five dollars a gallon to go down the road and put on a show," Asmussen said. "The cowboys and cowgirls in the arena and the animals that they compete on, they thrive off of being able to hear the cheering and the clapping and the spectators there. It's a huge deal for them to get out there and promote our way of life."

SURF CUP

CONTINUED FROM PAGE A1

many) and Valeska Schneider (Berlin, Germany).

Media and sponsorship opportunities for the Continental Surf Cup are still being secured. Interested parties should reach out to tournament hosts Lakeside Surf or citywave International. A recap highlight reel from 2022 can be found at lakesidesurf.com/surfcup

For more information about the Continental Surf Cup, Lakeside Surf, citywave International, sponsorship opportunities, Slidewaters or other associated brands please reach out to Robert Bordner; robert@slidewaters.com or 425-830-8002.

CHELAN COUNTY SHERIFF/FIRE/EMS

Chelan County Sheriff

- July 14**
 00:02 Weapons Violation, 219 E. Okanogan Ave., Chelan
 00:37 Trespassing, 455 Wapato Lake Rd., 12 Tribes Casino
 01:55 Agency Assist, SR 150 and Anderson Rd., Chelan
 03:26 Public Assist, 485 W. Manson Rd., Don Morse Park, Chelan
 08:19 Agency Assist, McNeil Canyon Rd. MP 2, Orondo
 08:26 Miscellaneous, 50 Chelan Falls Rd., Chelan Falls
 10:01 Marine, 56 Walnut Grove Ln., Manson
 10:51 Theft, 106 W. Manson Rd., Safeway, Chelan
 11:05 Welfare Check, 400 block E. Eli Ave., Chelan
 11:51 Malicious Mischief, 100 block E. Woodin Ave., Chelan
 12:09 Animal Problem, 2230 W. Terrace Ave., Lakeside Park, Chelan
 13:09 Hazard, Swartout Rd. and SR 150, Manson
 14:30 Fireworks, 485 W. Manson Rd., Don Morse Park, Chelan
 15:27 Public Assist, 485 W. Manson Rd., Don Morse Park, Chelan
 17:24 Assault, 104 E. Woodin Ave., The Landing, Chelan
 17:34 Traffic Offense, E. Woodin Ave. and SR 150, Chelan
 19:55 Domestic Disturbance, 485 W. Manson Rd., Don Morse Park, Chelan
 20:40 Weapons Violation, Apple Acres Rd. and Shadow Ln., Chelan
 21:05 Fireworks, 0 block Downie Canyon Rd., Chelan
 21:37 Disturbance, 485 W. Manson Rd., Don Morse Park, Chelan
 23:50 911-call, 531 E. Woodin Ave., Chelan

- July 15**
 00:22 Noise Complaint, 77 Wapato Way, My Buddy's Place, Manson
 01:50 911-call, 701 W. Golf Course Dr., Chelan
 02:23 Parking/ Abandoned Vehicle, SR 150 MP 7, Chelan
 06:15 Property, 204 W. Okanogan Ave., Riverwalk Park, Chelan
 07:11 Welfare Check, Wapato Way and Tike St., Manson
 08:57 Unknown-injury Accident, E. Woodin Ave. and N. Sanders St., Chelan
 10:37 Public Assist, 3095 Katya Ln., Chelan
 10:57 Suspicious Circumstance, Entiat River Rd. and Keystone St., Entiat
 11:00 Property, 112 E. Woodin Ave., Senior Frog's, Chelan
 11:03 Marine, 201 Manson Blvd., Manson Bay Park, Manson
 13:06 Marine, 2230 W. Terrace Ave., Lakeside Park, Chelan
 13:31 Civil Dispute, 503 E. Highland Ave., Lake Chelan Health, Chelan
 14:03 Marine, 1324 W. Woodin Ave., Chelan
 14:58 Traffic Offense, 106 W. Manson Rd., Safeway, Chelan
 15:30 Noise Complaint, 572 S. Lakeshore Rd., Chelan
 15:32 Malicious Mischief, 229 E. Woodin Ave., Tin Lilly, Chelan
 16:13 Animal Problem, 2200 block Washington St., Manson
 16:43 Disturbance, 204 W. Okanogan Ave., Riverwalk Park, Chelan
 17:16 Animal Problem, 928 W. Woodin Ave., Chelan
 17:36 Parking/ Abandoned Vehicle, 165 Willow Point Rd., Willow Point Park, Manson
 18:00 Animal Problem, E. Johnson Ave. and N. Emerson St., Chelan
 18:15 Disturbance, 165 Willow Point Rd., Willow Point Park, Manson
 18:22 Non-injury Accident, 1230 W. Woodin Ave., Jet Skis Ahoy, Chelan
 21:50 Theft, 315 E. Wapato Ave., Chelan
 22:20 Welfare Check, Stehekin
 22:32 Traffic Offense, SR 150 MP 4, Manson
 22:50 Noise Complaint, 2241 Winesap Ave., Manson

- 23:01 Noise Complaint, 100 block Kutil Pl., Manson
 23:24 Disturbance, 402 W. Manson Rd., Chelan
- July 16**
 00:54 Noise Complaint, 77 Wapato Way, My Buddy's Place, Manson
 00:54 Sex Offense, 112 E. Woodin Ave., Senior Frog's, Chelan
 02:13 Traffic Offense, US Hwy. 97A and Apple Acres Rd., Chelan
 03:30 Welfare Check, 422 S. Navarre St., Chelan
 03:53 Theft, 455 Wapato Lake Rd., 12 Tribes Casino, Manson
 06:06 Parking/ Abandoned Vehicle, 157 Furey Ave., Manson
 06:47 Vehicle Theft, 455 Wapato Lake Rd., 12 Tribes Casino, Manson
 07:18 Parking/ Abandoned Vehicle, W. Okanogan Ave. and S. 1st St., Chelan
 08:54 Welfare Check, Apple Acres Rd. and Golden Delicious St., Chelan
 09:13 Property, 207 N. Emerson St., Chelan
 10:35 Property, 104 W. Woodin Ave., Campbell's Resort, Chelan
 10:57 Traffic Offense, US Hwy. 97A and N. Apple Blossom Dr., Chelan
 13:02 Domestic Disturbance, 750 3rd St., Chelan Falls
 14:04 Trespassing, 112 E. Woodin Ave., Senior Frog's, Chelan
 14:22 Alarm, 267 Weston Pl., Chelan
 16:14 Marine, Lake Chelan area
 18:01 Traffic Offense, 817 E. Woodin Ave., Bill's Gas, Chelan
 21:18 Marine, 485 Azwell Rd., Wells Dam

- July 17**
 03:22 Public Assist, US Hwy. 97A and Shearson St., Entiat
 09:08 Disturbance, 106 W. Manson Rd., Safeway, Chelan
 09:18 Vehicle Prowl, 0 block Roaring Creek Rd., Entiat
 09:24 Vehicle Theft, 315 E. Wapato Ave., Chelan
 09:36 911-call, Dan Gordon Bridge, Chelan
 10:26 Court Order Violation, 35 Leisure Ln., Manson
 10:31 Alarm, 725 Rosemary Ct., Chelan Falls
 11:40 Malicious Mischief, 204 W. Okanogan Ave., Riverwalk Park, Chelan
 11:56 Civil Dispute, 210 W. Gibson Ave., Chelan
 12:09 Noise Complaint, 165 Willow Point Rd., Willow Point Park, Manson
 13:24 Scam, 211 Village Dr., Manson
 13:48 Welfare Check, 117 E. Wapato Ave., Riverwalk Park, Chelan
 14:01 Alarm, 725 Rosemary Ct., Chelan Falls
 14:05 Theft, 2331 Albin Dr., Entiat

- 14:17 Scam, 2135 W. Terrace Ave., Chelan
 15:05 Marine, Wapato Point, Manson
 15:19 Property, Chelan
 16:24 Agency Assist, 812 Evergreen Camp Rd., Chelan
 16:28 Alarm, 1000 Totem Pole Rd., Manson
 16:50 Marine, 100 Lake Chelan Shores Dr., Chelan
 18:03 Property, 619 W. Manson Rd., Chelan
 19:44 Non-injury Accident, Lloyd Rd. and Proctor Blvd., Manson
 20:23 Traffic Offense, SR 150 and Eldorado Dr., Chelan
 22:08 Noise Complaint, 485 W. Manson Rd., Don Morse Park, Chelan
- July 18**
 09:29 Parking/ Abandoned Vehicle, 2400 block W. Woodin Ave., Chelan
 10:16 Harassment/ Threat, 1000 block S. Lakeshore Rd., Chelan
 10:16 Traffic Offense, US Hwy. 97 and SR 150, Chelan
 13:28 Non-injury Accident, E. Woodin Ave. and N. Robinson St., Chelan
 13:47 Traffic Offense, Pearl Ct. and Howe St., Entiat
 13:51 Aircraft, 32 Airport Way, Lake Chelan Airport, Chelan
 14:16 Miscellaneous, 106 W. Manson Rd., Safeway, Chelan
 15:51 Suspicious Circumstance, Chelan
 17:13 Sex Offense, S. Lakeshore Rd., Chelan
 18:43 DUI Arrest, 104 E. Woodin Ave., The Landing, Chelan
 20:03 Weapons Violation, N. Cedar St. and W. Gibson Ave., Chelan
 20:08 Harassment/ Threat, 315 E. Wapato Ave., Chelan
 23:39 Public Assist, 168 Wapato Ct., Manson Bay

- July 19**
 01:17 Domestic Disturbance, 419 E. Okanogan Ave., Chelan
 06:28 Suspicious Circumstance, 99 McDonald Ln., Manson
 10:48 Civil Dispute, 1126 Sunset Ln., Chelan
 11:22 Animal Problem, 108 N. Apple Blossom Dr., Walmart, Chelan
 11:51 Welfare Check, 102 E. Johnson Ave., Kelly's ACE Hardware, Chelan
 12:37 Non-injury Accident, 85 Wapato Way, Manson Post Office, Manson
 12:50 Disturbance, 1050 Bear Mountain Ranch Rd., Chelan
 15:03 Trespassing, Dan Gordon Bridge, Chelan
 15:23 Animal Problem, 108 N. Apple Blossom Dr., Walmart
 15:59 Attempt to Locate/ Contact, Maple Pass, Stehekin area
 16:36 Marine, 3740 Wapato Lake

- Rd., Manson
 18:40 Domestic Disturbance, 339 Apple Acres Rd., Chelan
 19:57 Public Assist, 2345 Albin Dr., Entiat
 20:00 Malicious Mischief, 1234 Riverview Cemetery Rd., Chelan
 20:11 Traffic Offense, 214 Mill St., Ardenvoir
 21:39 Civil Dispute, 5056 Entiat River Rd., Entiat
 23:05 Welfare Check, 215 River Ave., Ardenvoir
- July 20**
 15:10 Welfare Check, 1200 block W. Woodin Ave., Chelan
 15:43 Traffic Offense, Downie Canyon Rd., Chelan
 16:48 Public Assist, 2441 SR 150, Manson
 21:13 Noise Complaint, 35 Barkley Rd., Manson
 22:13 Disturbance, Old Chelan Bridge, Chelan
 23:13 Noise Complaint, 77 Wapato Way, My Buddy's Place, Manson

- Fire/ EMS**
- July 14**
Chelan Fire District #7 and EMS
 01:55 Brush Fire, SR 150 and Anderson Rd., Chelan
 02:24 Breathing Problem, 1605 Little Butte Ranch Rd., Chelan
 08:19 Injury Accident, McNeil Canyon Rd. MP 2, Orondo
 09:32 Chest Pain, 219 E. Johnson Ave., Lake Chelan Health, Chelan
 17:30 Sick Person, 45 Llama Ln., Chelan
 17:44 Heart Problem, 95 Horizon Ln., Chelan
- Manson Fire District**
 11:46 Brush Fire, 3565 Chelan Blvd., Manson

- July 15**
Chelan Fire District #7 and EMS
 08:57 Unknown-injury Accident, E. Woodin Ave. and N. Sanders St., Chelan
 09:20 Chest Pain, 157 Wapato Way, Manson Grange, Manson
 11:26 Personal Assist, 646 4th St., Chelan Falls

- 13:49 Traumatic Injury-2, 101 Bass Ln., Shoreline Watersports, Chelan
 16:43 Sick Person, 135 E. Farnham Ave., Chelan
 21:41 Odor, SR 150 MP 10, Chelan
- July 16**
Chelan Fire District #7 and EMS
 06:30 Overdose/ Poison, 2312 W. Woodin Ave., Chelan
 15:44 Breathing/ Problem, 2312 W. Woodin Ave., Chelan
 15:49 Unconscious Person-2, 108 N. Apple Blossom Dr., Walmart, Chelan
 20:21 Fall-1, McLallen Ln., Manson
- Manson Fire District**
 11:09 Illegal Burn, Wapato Lake Rd. and McDonald St., Manson

- July 17**
Chelan Fire District #7 and EMS
 04:22 Breathing Problem, 275 Manson Blvd., Manson
 15:28 Drowning, 309 SR 150, Willows Park, Chelan
 18:28 Unknown-injury Accident, 1400 block Rd. 14 NE, Coulee City
- July 18**
Chelan Fire District #7 and EMS
 10:39 Breathing Problem, 170 E. Entiat Dr., Orondo
 13:43 Sick Person, 91 Furey Ave., Manson
 13:51 Aircraft, 32 Airport Way, Lake Chelan Airport, Chelan
 14:07 Smoke Investigation, 204 Butte Rd., Chelan
 17:11 Fire, 1900 S. Lakeshore Rd., Chelan

- 18:02 Allergies, Wapato Point Indian Cemetery, Manson
- Entiat Fire District**
 02:17 Commercial Alarm, 2650 Entiat Way, Entiat School District, Entiat
- July 19**
Chelan Fire District #7 and EMS
 06:19 Fall-1, 4460 US Hwy. 97A, Chelan
 07:58 Convulsions, Old Chelan Bridge, Chelan
 17:37 Traumatic Injury-1, 1 Wapato Point Pkwy., Manson
- Manson Fire District**
 15:43 Illegal Burn, 1821 Green Ave., Manson
- Entiat Fire District**
 07:48 Smoke Investigation, Stayman Flats Rd. and US Hwy. 97A, Chelan
 21:54 Fall-1, 2003 McCord Pl., Entiat

- July 20**
Chelan Fire District #7 and EMS
 06:02 Sick Person, 175 Green Ave., Manson
 07:58 Breathing Problem, 90 Furey Ave., Manson
 11:38 Sick Person, 1 Wapato Point Pkwy., Manson
 15:17 Brush Fire, Badger Mtn. Rd. MP 6, East Wenatchee
- Manson Fire District**
 09:50 Hazmat-1, 560 Roses Lake Dr., Manson
- Entiat Fire District**
 15:17 Brush Fire, Badger Mtn. Rd. MP 6, East Wenatchee
 19:40 Breathing Problem, 14425 Olin St., Entiat
 19:41 Chest Pain, 2008 Macc Pl., Entiat

CORRECTION

In the story about the Lake Chelan Pirate Fest Pirate Fun Run in the July 19 issue of the Lake Chelan Mirror American Legion Post #108 members posed with some of the pirates on the 4th of July. The incorrect organization was named in the story. If you are interested in joining the American Legion you can contact Norm Manly at 509-293-0225 or by email: normmanly@yahoo.com

RUBY THEATRE'S 109th ANNIVERSARY CELEBRATION

An Evening of Historic Cinema

Sunday, July 30, 2023 - 7:00 PM

Chelan's Historic Ruby Theatre

CELEBRATING 108 YEARS OF CINEMA IN MEMORABLE SURROUNDINGS

Purchase \$15.00 Tickets

Advance tickets on sale at Ruby Ticket Window

At the Ruby Box Office, 135 E. Woodin Avenue, Chelan, Wa.

<https://rubytheatre.com>

SQUARE DANCE AT THE ORCHARD

STEHEKIN AUGUST 5 7-10 PM

The Chelanigans return to the Packing Shed at the Buckner Orchard

Always Entertaining - Professional Caller - Great Family Fun

FREE

Sponsored by the Buckner Homestead Heritage Foundation

OBITUARIES

David Scott Kady

1999-2023

Tragically, our beloved son David Scott Kady passed away July 5, 2023 in Spanaway, Washington. He was only twenty-three years old.

He was born October 1, 1999 in Albuquerque, New Mexico, and was the only child of Heidi Kady (McDonald) and Ken Kady of Spanaway, Washington. One place he greatly enjoyed living before moving to Spanaway was Chelan, Washington, where he attended



Morgen Owings Elementary School. He also briefly lived

in Westchester, California and later while living in Spanaway graduated from High School in 2019.

David was a Christian who attended and was baptized at North Shore Bible Church in Manson, Washington on Lake Chelan. During his brief lifetime he loved to help the homeless and shared his unique sense of humor with his parents and others resulting in making many friends. He enjoyed getting together with some of his friends to write and produce rap songs which included God in the lyrics. He also liked playing guitar with his Grandpa

Frank as well as performing for his family. His favorite past times included being outdoors, going to the park, traveling, eating out, visiting with family and collecting hats and Pokemon cards. David greatly loved animals and especially his cat, who he named Boonooz, who he would often greet with a high pitched Bee Gee like voice. His smile was always infectious.

David's Grandmother, Jean Kady of Kingston, Washington passed away just 20 hours after he did ... he held her hand just prior to his own passing.

He is preceded in death

by his Great-grandpa's and Great-grandma's, Grandfather and Grandmother Bub and Doran Gordon of Chelan, Washington.

He is survived by his parents, his Great-grandmother Elsie Gaura of Roseville, California, his Grandfather's, Frank Kady of Kingston, Washington and Keith McDonald of Manson, Washington, his Grandmother, Verena Redmond of Anchorage, Alaska and his Uncles and Aunts: Frank and (Martha) Kady of Casper, Wyoming, Mike and (Joan) Kady of San Leandro, California, Scott and (Lorraine) McDonald of Moor-

park, California, Frankie Robison of Anchorage, Alaska, Ryan and (Josie) Redmond of Seattle, Washington, Dan Ridgeway of Bakersfield, California, Sally Ridgeway of Gold Hill, Oregon and Kataka Gara of Los Angeles, California. Additionally, he had many cousins.

He will be greatly missed ... Absent from us but present with the Lord." We love you forever David. See you in Heaven"... John 3:16.

A "Celebration of Life" will be held at the North Shore Bible Church (Worship Center) in Manson, WA on Lake Chelan, Sunday, August 13 at 2 p.m.

Lillian Mae Polley

1930-2023

Lillian Mae Polley passed away on July 16, 2023. She lived with dementia for many years. Lillian was born on October 12, 1930, in California, to Ida and Tracy Craig. The family then moved to Chelan to join her grandfather in his icehouse business. Chelan became her lifelong home. She had many fond memories of her childhood. Some of them were playing hide and seek,



kick the can, and swimming for hours with the children of the town. She told sto-

ries of being so excited to finally be big enough to use the rope swing that went out over the water! Lillian graduated high school and married Duane Polley, three days after she turned 18. She said that he then quit bugging her so much at work in the city park at the popcorn stand! Once in while she would remind him that he was just her first husband. They were married 73 years.

Lillian and Duane had two daughters. She stayed home to raise them, except to work in harvest packing apples. Lillian was an expert

seamstress who made all her daughters' clothes including their wedding dresses, then she said OK, that's it! That was not really true because she also made baby blankets for her grandchildren and great-grandchildren. She was a wonderful cook and baker. She made the best pies ever! She loved her family so much and was always there with help and a hug. Every holiday, her house was full of kids, grandkids, great-grandkids, and many pups also. Wonderful chaos! Lillian also enjoyed going for walks, out to lunch, and playing cards with her

friends. She especially liked going up lake to the family cabin with Duane and their close friends the Pepples.

Lillian was a funny, sweet, and kind woman, who always looked for the bright side of everything in life. She will be in our hearts forever. We will always remember her laughter and wonderful hugs. Watch out Dad here she comes!

Lillian is survived by her daughters: Linda and Janis; her grandchildren: Jessica, Keelyanne, Gabrielle, Meghan, and Casey; great-grandchildren: Thomas, Nolan, Tristan, Ethan, Grace,

and Halee; nieces: Cydney, Debbie, Crystal, Teresa and Barb; and nephew, Scott.

The family would like to thank Hospice and Welcome Home Villa for their expert and loving help with Mom's end of life care. We would not have been able to handle it without you. Big hug from Jan.

There are no services planned at this time. Please feel free to check back on the Precht Rose Chapel website (www.prechtrose.com) for any further plans, and leave any thoughts and memories for the family at the above website.

MEMORIAL SERVICES

Betty Marcile Sikes

Visitation will be held on Friday July 28, 2023 from 4-8 p.m. at Precht Rose Chapel, 332 E. Wooden Avenue, Chelan, WA 98816. A Funeral Service will be held on Saturday, July 29, 2023 from 11 a.m. to 12 p.m. at St. Andrew's Episcopal Church (120 E. Wooden Avenue, Chelan, WA, with burial immediately following at the Chelan Fraternal Cemetery, 815 N. Bradley St. Chelan, WA 98816.

DEATH NOTICES

Eilene Brown

Eilene Brown, 97, of Manson, Washington passed away on July 14, 2023. Please leave any thoughts and memories for the family at Prechtrose.com. Services are under the direction of Precht Rose Chapel of Chelan.

Donald William Eli

Donald William Eli finished his journey in life on July 7, 2023. Don passed at the age of 96 with his wife, Patsy by his side. Don was born May 24, 1927 to Bill and Sylva Eli. He is preceded in death by his brother, Robert, his father, Bill, his mother, Sylva and his daughter, Calli.

He attended Chelan schools and in the 5th grade, discovered his passion - baseball. Besides baseball, he also competed in football, basketball and swimming. Don entered



the Navy at the age of 17. He was assigned to the ship The Wisconsin where his job was to copy code. Upon returning from military service, he wed Phyllis Reeves, made his home in Chelan and had four

children. He was married to Phyllis for 35 years.

After working at the mill and in carpentry, he opened a sporting goods store for 10 years and later added a Dairy Queen. He had a variety of jobs in the apple industry culminating in 28 years as the manager for Cascadian Fruit Shipping. Don was a drummer, a member of the Chelan Gun Club and the Eagles. He loved to play the card game Panguingue with friends in both Chelan and Wenatchee. Don never abandoned his love for baseball. He coached Little League, Babe Ruth and Adult Softball. Don was one of the 15 original inductees in

the Wenatchee Senior Softball Hall of Fame. He played baseball until the age of 80. In 1999, Don married Patsy Wilson. They were active in programs at the Senior Center. Playing chair volleyball at the Senior Center became another form of competition that Don loved. He and Patsy were married for 24 years.

Don is survived by his loving wife, Patsy, three children, nine grandchildren and 14 great-grandchildren.

The family would like to thank the Prestige Colonial Vista Assisted Living and Confluence Health Hospital for the excellent care they took with our loved one.

'Summer of Love' fundraiser for Chelan Community Nurse program August 19

CHELAN - A 'Summer of Love' fundraiser for the Chelan Community Nurse program will be held on Saturday, August 19, 4-9 p.m., at The Entertainment Center at Watson's Alpenhorn Café. Tickets are \$20 per person. There will be festival seating, music, dancing, food and beer/wine garden. Music will be by local musicians. This is a celebration of the music of Woodstock and more and this fundraiser is held to provide operating funds for the program. Music by local musicians Waterdog, The B Side, Space for Rent and singer/songwriter Brittany Jean. On-site food and beverage purchases only, Hippie Costume Contest. Dogs welcome with leashed owners.

The Chelan Valley Nurse (CVCN) is a FREE grass roots program dedicated to assisting our local seniors and others who are frail and vulnerable, to keep them safely in their homes. CVCN offers in-home blood pressure checks, medication and treatment education especially post hospital discharge, as well as education and management assistance with new or chronic conditions. CVCN also provides referrals to Physicians, Community Resources and Support services for both clients and their families. The CVCN Program is free to anyone within the Lake Chelan Valley and is funded by Grants and Donations. They depend upon the generosity of donors for revenue.

NCW Libraries presents The Incredible Life Stories of Arnold Cleveland at the Chelan Library August 1

SUBMITTED BY AMANDA BRACK

CHELAN - NCW Libraries is proud to host Arnold Cleveland for a night of music and storytelling on Tuesday, August 1, at 6 p.m. at the Chelan Public Library.

Mr. Cleveland is Wenatchi Band descendant and a member of the Colville Confederated Tribes. He will open the program with a flute prayer and then share stories about his life from birth on the reservation, to mission schools, to migrant work and serving in the military.

NCW Libraries mission is to connect the people of North Central Washington to vital resources and opportunities that foster individual growth

and strengthen communities. The Chelan Public Library is one of NCW Libraries' 30 library locations, two community bookmobiles, and a Mail Order Library service. NCW Libraries strives to invest in community partnerships with the goal of centering and amplifying the incredible stories, voices, and experiences of everyone in our diverse and vibrant communities.

For more information on this event, please visit www.ncwlibraries.org/chelan or call the Chelan Public Library at 509-682-5131. The Chelan Public Library is located at 216 N. Emerson Street in Chelan.

RIGHT: Arnold Cleveland



Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald: An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 682-2213 or 689-2507 for more information Or email ruthk@lakechelanmirror.com

CHURCH GUIDE

• CHELAN

CHELAN CHRISTIAN CHURCH
Morning Worship 10 am
509-682-2025 • 210 E. Wapato Ave.
Pastor Mark Wilton

CHURCH OF THE NAZARENE
Sunday School 10 am
Worship 11 am & 6 pm
Youth Group - Friday 7 pm for 13-18 years of age
509-682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH
Please join us for Sunday Worship In Person or via
Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts.
509-682-9063 • 216 W. Nixon Ave.

• CHELAN

LAKE CHELAN UNITED METHODIST CHURCH
Worship 10 am
509-682-2241
Corner of Johnson & Emerson

ST. ANDREW'S EPISCOPAL CHURCH
Worship 10 am
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816
509-682-2851
www.standrews-chelan.org

• MANSON

MANSON UNITED METHODIST CHURCH
10:00 am Worship,
Holy Communion the first Sunday of the month
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"With men this is impossible;
but with God
all things are possible."

- Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

THE WASHINGTON OUTDOORS REPORT

Josie and the tomcats go to Alaska

By JOHN KRUSE

The first time I met Josie Regula was when she boarded our charter boat, the Mystic Lady, at Sportsman's Cove Lodge on Prince of Wales Island in Southeast Alaska. The 50-something year-old woman was accompanied by her husband, Max. The two had come here from San Diego, California to fish for salmon, halibut, cod and more during a three-day stay at this luxury Alaska fishing lodge.

It turns out Josie isn't shy. As she boarded the boat for an orientation prior to the next morning of fishing, Josie let us know this was her very first fishing trip. She then told all of us with much bravado she intended to catch the biggest fish on the boat and probably the most as well.

Her husband Max looked shyly downward but the rest of us did not. Her shipmates were myself, my best friend Rusty Johnston, well known Pacific Northwest outdoors writer Terry Sheeley, Frank Skipworth (a veterinarian from Kentucky), and the Captain of the Mystic Lady, Steve Helton. I think Josie was expecting a chorus of loud guffaws and snorts from us but several of us nodded in agreement and said there was a good chance she would do just that.

Josie looked momentarily confused until I explained first time anglers, especially women, tended to out fish their male shipmates because they had not formed a lifetime of bad habits like the rest of us had. Add to that, first time women anglers tend to not only pay attention to the fishing advice dispensed by the captain, but actually follow



Courtesy John Kruse

Josie Regula with her big halibut.

it. Several of us went on to say we had indeed seen women with no experience catch the biggest fish or the most fish because of this.

I'm not sure Josie believed what she was telling us but we all knew her prediction could well come true.

When I asked Josie her name, she said it was "Josie, like Josie and the Pussycats." Being all over 50 years of age on the boat, we all recognized the reference to the old television cartoon show featuring Josie, the star of a female rock band, and her supporting cast the Pussycats. With all of us being men Terry Sheeley said we wouldn't be the Pussycats as her band members, but

we would be willing to be the Tomcats. And with that, the fishing band was formed.

On our first morning we fished a large sandy bottom flat that was about 260 feet deep, a non-descript part of the ocean some 35-minutes away from the lodge by boat. Dropping down our bait of herring with 12-ounce lead weights on a short leader we began to jig for halibut and wouldn't you know it, Josie caught the first fish of the day, a healthy five-pound true cod. Josie's luck, and learning curve, increased over the next three days of fishing and she reeled in more than her share of cod, halibut and salmon but it was our third day of fishing that Josie



Courtesy John Kruse

Josie with a nice chum salmon.



Courtesy John Kruse

Sportsman's Cove Lodge on Prince of Wales Island in Southeast Alaska.

played her greatest hit.

The weather the first two days was mild but our final day on the water was a rough one. We endured a steady drizzle most of the day and rough seas that had Josie feeling under the weather.

In fact, despite the fact she took Dramamine to combat motion sickness, she became sea sick. I'll give here credit

though; she stuck it out on deck as we jigged for halibut during a slow morning of fishing that only yielded a few smaller halibut and true cod.

Then, Josie's rod tip bent down in a big way. She set the hook and the fight was on. The fish Josie hooked was definitely no small halibut; oh no, it was a very big one. Josie, who was not above us-

ing colorful language, used it in abundance during the fight that followed with this Goliath of a fish. Having never battled a big fish before, she decided to kneel down on the deck on one knee and brace her fishing rod against the deck rail as she reeled. It was an unorthodox way to fight a fish but it worked. The fish made several runs towards the bottom, robbing Josie of line as it did, and each time the fish made a run Josie would loudly express her dismay. However, Josie stuck it out, kept reeling and eventually, after a long fight, got that halibut to the surface.

The fish was brought on board and it measured well over the 40 inches where non-resident charter anglers are allowed to keep a halibut in this part of Alaska. In fact, that fish measured a whopping four-feet and weighed an estimated 53 pounds. After snapping a few photos, that halibut was released back into the sea unharmed to grow even bigger and Josie's day one prediction of catching the biggest fish on the boat came true.

After taking a short break to deal with fatigue from both the fight and sea sickness she was right back on the rail for the final afternoon of fishing, reeling in half a dozen salmon in the process. In the end it just goes to show first time female anglers really can out fish all the experienced men on board, and Josie's Tomcats were more than happy to be her supportive band as she performed her greatest hit.

If you would like to find out more about the first-class fishing adventures available at Sportsman's Cove Lodge for anglers of any experience level, go to their website at www.alaskasbestlodge.com.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Check out Washington State Parks this summer

SUBMITTED BY WASHINGTON STATE PARKS

Washington's state parks are some of the most iconic in the country. Now, more families will be able to experience the beauty in their backyard thanks to the expanded Check Out Washington program.

This year, Check Out Washington will provide 500 Adven-

ture Packs with Discover passes, up from 400 in 2022, to local libraries around the state.

Adventure Pack contents include a Discover Pass, which provides families with free parking at public lands managed by Parks, Washington Department of Natural Resources and Washington Department of Fish and Wildlife, along with educational materials; a set of

three laminated pocket guides about Washington trees, wildlife and birds; and a high-quality set of binoculars.

Paddle Safe Week is July 21-27

Six years ago, the Recreational Boating Safety Program at State Parks created Paddle Safe Week to promote safety while out on the water. Paddlesports such as kayaking and



Courtesy Washington State Parks

Six years ago, the Recreational Boating Safety Program at State Parks created Paddle Safe Week to promote safety while out on the water.

stand-up paddleboarding (SUP) are popular pastimes in our state, but they are not without risks. Please watch for safety messages on our social media. As always:

- Wear your life jacket. You are required by law to carry a well-fitted life jacket on board with you, even on a SUP. Wearing it is the best way to stay safe.
- Be a role model in your community: know and dem-

onstrate best safety practices. Help normalize paddling safety and encourage those around you to do the same. Help share the message.

- Share safety tips with friends and family. Use hashtag #PaddleSafeWeek on all social media posts, and direct people to learn more.

RVers love State Parks

We want you to have a great experience with us. We know afternoon traffic is bad, and

an early start is a great way to beat it. But early check-ins cause traffic jams in one-way campground loops, and no one wants to start their leisure time with a "clash of the titans." We're asking all campers to arrive at or after the designated check-in time. Check-out time is 1 p.m. for all campsites. Up to that time, cars and RVs will be leaving their sites. Our park aides will then clean them and trim branches that might otherwise scratch up your rig. Check-in time is 2:30 p.m. for all campsites. At that time traffic should be going one way. Campsites will be clean and ready for use. Please watch for pedestrians in the campground loops. Please check in with the park office before driving to campsites. Early arrivals do have some options. Call the park, or the local visitors' bureau, ahead of time to learn about day parking and tourism activities.

World music, woolly mammoths and more

Our Folk and Traditional Arts Program is bringing the hills to life with the second annual Mountain Melodies concert series at Lake Wenatchee State Park. From the Balkans to the Appalachian, you'll be regaled by world music accompanied by birdsong and mountain breezes.

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ECHO RECORD MIRROR HERALD

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Administrative
Puzzle Solution

F	E	S	S	C	U	P	T	O	M	E		
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Announcements
Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMARKET.COM** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email
classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email
mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald
or email
mirrorads@lakechelanmirror.com
For

The Leavenworth Echo or Cashmere Valley Record
Call 509-548-5286
or email
classifieds@leavenworthecho.com

Employment

Help Wanted

Lake Wenatchee Water District Small Works Roster

Lake Wenatchee Water District is now accepting applications from suppliers and /or contractors to be included on the Utility's Small Works Roster. The following Roster of categories, not all inclusive, to contract, lease or purchase items or services consists of:

- Construction & Maintenance Services, to include Building Contractors, Snow Removal, Tree Trimming, Excavation, Materials, and Supplies.

If interested, an application can be found on our website www.lakewenatcheewaterdistrict.org or request one by mailing P.O Box 2813 Leavenworth, WA 98826 or calling 509-679-1353.

Place your Help Wanted and find the best qualified local employee

- Place your ad 24/7 at ncwmarket.com
- Email: mirrorads@lakechelanmirror.com
- Call 509-682-2213

Help Wanted

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following position:

Cascade High School Assistant Cross Country Coach

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster
Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR
Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following positions:

- Swing Shift Custodian (3 Hours)
- Day shift Custodian
- 2 Bilingual Secretaries

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Read it your way ... Print or Online

Call 509-293-6780 to order!

www.lakechelanmirror.com

Help Wanted

Facilities Maintenance/Custodian – Full-time Organization: Okanogan County Transit Authority (TranGO) TranGO IS HIRING A FACILITIES MAINTENANCE/ CUSTODIAN;

Full-time (36 plus hours per week), schedule may vary, position available now; hourly non-exempt. Compensation is \$19.37-\$20.94 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, (see website for benefit details) sick leave and vacation. Commercial Driver's License with Passenger Endorsement preferred. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application Deadline: Application review will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following position:

Icicle River Middle School 7th Grade Science Teacher

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

WHAT'S HAPPENING

Need to promote your event? Have you thought about **NCWMarket.com** the best online promotion available

For Sale

Appliances

For sale:
Great for small office or apartment:
1 Rival brand small microwave, \$25.
1 Keurig coffee maker, \$20.
1 Toaster-Broiler oven \$20.

Call Carol 509-670-1723.

Antiques & Collectibles

Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only?
Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

Garage & Yard Sale

CLEAR SOME SPACE WITH A

Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at Noon for all papers**

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price !

Garage & Yard Sale

City of Leavenworth Surplus Garage Sale

We are hosting a garage sale of items that the City no longer uses. There will be office supplies, furniture, tools and much more. The sale will take place during the Farmer's Market on July 27, 2023 from 4:00-7:00 PM The sale will be held at the Osborn Elementary Gym at 225 Central Ave...follow the signs!

General Merchandise

For Sale: AMEREX
Carbon dioxide commercial fire extinguisher. \$50
Call 509-670-1723

Items for sale:
1960's Gray metal kitchen table-\$50
4 metal-framed chairs with burgundy cloth seats \$50

Nice wooden, 2 drawer legal file with folders,\$40

4 drawer standard size black metal file cabinet with folders \$50

Several desk cloth chairs \$25 each.

Some misc. wood tables Make offer.
Call Carol 509-670-1723 to see.

Real Estate

Rentals

Arts and Crafts Retreat In Chelan Mountain Lake View vacation or vocation private, fully furnished on four acres. \$1700 monthly plus returnable deposit. windowsart.com Ron

Legals

Public Notices

Chelan City Council NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN the City Council of the City of Chelan, Washington will hold a Public Hearing beginning at 6:00 p.m. on Tuesday, August 8, 2023 in the City Council Chambers, 135 East Johnson Avenue in Chelan, Washington on the Sundance Annexation, enacted on June 13, 2023 by Resolution No. 2023-1426, as required by RCW 35A.14.220. Dated this 20th day of July, 2023. Peri S. Gallucci City Clerk
Published in the Lake Chelan Mirror on July 26 and August 2, 2023. #6055

AMBUSH AUTOMOTIVE BUYERS

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

Don't just 'park' your car on the side of the road with a 'For Sale' sign on it! 'Park it' on **NCWMarket.com** for one low \$25 fee!

Fee includes:

- Up to 3 photos of your vehicle
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY
In Re the Estate of ROBERT KEITH THOMPSON, DECEASED.
CAUSE NO. 23-4-04603-7 SEA AMENDED NONPROBATE NOTICE TO CREDITORS
RCW 11.42.030

The notice agent (hereinafter, "NA") named below has elected to give notice to creditors of the above-named Decedent. As of the date of the filing of a copy of this notice with the court, the notice agent has no knowledge of any other person acting as notice agent or of the appointment of a personal representative of the Decedent's estate in the State of Washington. According to the records of the court as are available on the date of the filing of this notice with the court, a cause number regarding the Decedent has not been issued to any other notice agent and a personal representative of the decedent's estate has not been appointed.

Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to NA or the NA's attorney of record at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the NA served or mailed the notice to the creditor as provided under RCW 11.42.020(2)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.42.050 and 11.42.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets.

Date of Filing: July 7, 2023.
 Date of First Publication: July 12, 2023.
 NA: Karen Lynn Ullery
 Attorney: Laura M. Zeman
 WSBA No. 30221
 Attorneys for NA
 Address for mailing or service: Zeman Law Group, PLLC
 3006 Northrup Way, Suite 100
 Bellevue, WA 98004
 The notice agent declares under penalty of perjury on June 26, 2023 that the foregoing is true and correct.

/s/ Karen Lynn Ullery
 KAREN LYNN ULLERY
 Notice Agent
 Published in the Lake Chelan Mirror
 July 12, 19, 26, 2023. #6000



Upgrading your 'ride'? we can help you sell your old one

• Place your ad 24/7 at ncwmarket.com
 • Email: mirrorads@lakechelanmirror.com
 • Call 682-2213

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN
Estate of WILLA J. CANARY, Deceased.
NO. 23-4-00253-04 PROBATE NOTICE TO CREDITORS
RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: July 26, 2023
 PERSONAL REPRESENTATIVE: James William Canary
 ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr
 ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC
 P.O. Box 1606
 Chelan, WA 98816
 509-682-4536
 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County,
 Cause No. 23-4-00253-04
 Published in the Lake Chelan Mirror
 July 26, August 2, 9, 2023. #6063

Published in the Lake Chelan Mirror
 July 26, August 2, 9, 2023. #6063

NCW MARKET.COM
CLASSIFIED ADS

Enriched foods – how do they get that way?

Q: What's the difference between enriched and fortified foods, and how did they get that way?

Starting in the 1920s, the federal government addressed several diseases caused by nutritional deficiencies by encouraging manufacturers to add certain nutrients to specific foods.

The earliest example of adding something to a food product to address a public health issue was adding iodine to table salt.

In the late 1890s, a significant percentage, between 26%-70% of children living in the Great Lakes, Appalachian, and the Pacific Northwest regions, suffered from enlarged thyroid glands due to goiter, a disease caused by iodine deficiency. Called the "Goiter Belt," the soils of these regions contain little or no natural iodine, and livestock in these areas also showed evidence of goiter.

In the 1830s, a French chemist observed that goiter was less prevalent in areas in France that consumed salts that naturally contained iodine. This led to the discovery that iodine could both treat and prevent goiter. Doctors first tried giving iodine as drops given to children. Unfortunately, the dosing was complicated and caused accidental overdoses. A simpler and safer approach was needed. What if they could find a way to add iodine to salt?

In 1922, the Michigan



Medical Society set up a committee to implement the addition of a form of iodine called iodide to table salt, working with salt suppliers to create a market for the "iodized" version. By 1924, iodized salt became available at groceries across the country, and over the next decade, the incidence of goiter plummeted.

Today, table salt is still available on your grocery shelf in both iodized and non-iodized versions. Boxes of iodized salt can be identified by the statement, "This salt contains iodide, a necessary nutrient." Curiously, iodine is also present in today's cow milk and dairy products due to the use of sterilizing agents containing iodine.

Cow's milk is another food fortified to address a nutritional deficiency. In the 1930s, many children suffered from rickets, a shortage of vitamin D. Rickets will cause bones to become soft, causing leg deformities in children and broken bones in adults. Because most children drank cow's milk, it was decided to try adding vitamin D to it.

One approach was to add cod liver oil to milk, which made it taste "fishy." Another method was irradiating the milk, converting an inactive form of vitamin D present in the milk into its active form. Eventually, a more

straightforward process of adding vitamin D concentrate to milk prevailed, creating today's "fortified" milk.

In the 1930s and 1940s, nearly 7,000 people died yearly in the United States from pellagra, a niacin deficiency. Both pellagra and beriberi, a lack of thiamine, became common after new techniques in milling stripped off the tough outer covering of wheat, corn, and rice. This process produced white rice from brown rice and a finer wheat flour which became preferred by bakers and consumers for bread and other baked goods.

The outer coverings of grains are good sources of vitamins B1 (thiamine), B2 (riboflavin), B3 (niacin), and iron. Removing them from grains during milling contributed to an alarming rise in nutritional deficiency diseases. In 1940, there was a disturbing incidence of poor nutritional status among young men enlisting for service during World War II. In May 1941, President Roosevelt's National Nutrition Conference for Defense recommended that flour and bread be enriched with vitamins B1, B2, B3, and iron. Within 1 year, 75% of white bread in the United States used the new "enriched" flour.

Today, most foods made from grains are made with enriched flour. Breakfast cereals, corn, corn chips, bread, noodles, macaroni, and other pasta contain

enriched flour. The B vitamin folic acid (folate) was added to the official description of enriched flour in 1998 due to concerns that inadequate folic acid intake during early pregnancy can cause severe birth defects like spina bifida. In 2016 the FDA approved the addition of folic acid to the corn masa flour used in tortillas, tortilla chips, and tamales.

2 Final Facts About Food Fortification in the United States:

1. It's not universal.
 The Food and Drug Administration (FDA) does not require all foods to be fortified. Non-fortified versions can also be sold but cannot be labeled as fortified or enriched.

2. Calcium fortification of food is not standardized.
 You will find differing amounts of extra calcium added to calcium-fortified orange juice and several types of milk, such as dairy, almond, and soy. No consensus exists on just how much calcium should be added to food.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey

It's BBQ season: Do you know where your beef came from?

STATEPOINT - As barbecue season heats up, you may be wondering how to square your love for T-bone steaks and



PHOTO SOURCE: (c) MagicBones / iStock via Getty Images Plus

Typical beef production uses an extraordinary amount of water, particularly from crops for feed.

spareribs with your concern for the environment. The good news? Science is delivering new, game-changing solutions to tackle the environmental footprint of the beef and livestock industries.

The Problem

Approximately 9 million dairy cows, 90 million beef cattle, 60 million swine and billions of poultry in the United States produce more than 100

times more organic waste than humans; but where human waste makes its way to a septic tank or sewage treatment plant, livestock waste is usually spread untreated on the ground as fertilizer.

While this practice has short-term agricultural benefits, it's ultimately a major contributor to a number of environmental and health issues. Phosphorous, nitrogen (mostly as ammonia), pathogens and bacteria from manure run off the soil and pollute waterways. This nutrient runoff fuels increasingly toxic algae blooms in fresh, estuary and coastal salt waters, creating areas where most aquatic species can't survive. What's more, the highly mobile and volatile nitrogen from ammonia in animal waste can become airborne, a difficult and expensive to control problem that poses significant health risks to humans.

Finally, the 1.5 billion tons of manure generated in the United States annually also plays a major role in climate change. Manure emits carbon dioxide, methane and nitrous oxide, all of which are potent greenhouse gases.

New Solutions

An advanced livestock waste collection, treatment and recycling system from Bion Environmental Technologies Inc. is transforming manure from a liability to an asset. It starts with an innovative barn design that houses the livestock, collects waste, and

feeds the treatment system on a continual basis. This patented technology not only provides comprehensive waste treatment that neutralizes pathogens, bacteria and ammonia and minimizes greenhouse gas emissions, but also produces superior organic, and climate- and water-smart, fertilizers with a low carbon footprint, as well as generates clean water and renewable natural gas.

Typical beef production uses an extraordinary amount of water, particularly from crops for feed. With Bion, 30% of the waste stream is processed into recycled, clean water. And, thanks to precise application of organic and climate-smart fertilizers produced by the system, the resulting soil is healthier with a better balance of nutrients. In short, more abundant crops are produced, less water is used, and greenhouse gas emissions are reduced.

Along with environmental stewardship and resource efficiency at the forefront of the technology's design, experts have been retained to ensure that animal accommodations, hygiene, care and feeding are all optimized for animal health and welfare. To learn more, visit bionenviro.com. "Today's consumers want sustainable, transparent and 'better for you' food," says Bill O'Neill, Bion's CEO. "Through innovation, we are bringing real beef to tables that is both sustainable and ethical."

SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR
 12 days, departs May - Sep 2022
 FROM \$1,949
 \$1,699
 promo code N7017
 1-855-208-9533

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 Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

THEME: THE 1970s

ACROSS

- Come clean, with "up"
- * -a-Soup, launched in 1972
- Hefty volume
- Detective's assignment
- One that insists
- Seed covering
- Dull pain
- *Francis Ford Coppola's "The ___"
- Part of an eye
- H. pylori consequence
- Labor org.
- *"Feathered" 1970s icon
- One who delivers coal
- *1978's "Night Fever" spent 8 weeks in this Billboard slot
- Fire-breathing monster, Greek mythology
- Type of list
- Open-mouthed
- Acorn producer
- Glossy fabric
- Denim innovator
- Enlist or talk into (2 words)
- Golf accessory
- Gracefully thin
- Meat and vegetable stew
- Stumblebum
- One way to prepare an egg
- Chicken pox mark
- *Type of 1970s shoes
- Top dog
- Laughing on the inside, in a text
- Bye, to Sophia Lauren
- *1971's "Sooner or ___" by the Grass Roots
- *"Beneath the Planet of the ___"
- Very light brown
- Research facil.
- *Progressive rock band of "Roundabout" fame

DOWN

- Capture the ___
- Continental capital
- Aforementioned
- Substance with rotten egg smell
- Secret stash
- Theater employee
- Jury member
- *Olivia Newton-John's 1978 co-star
- Eye amorously
- Table hill
- Before, to a bard
- Can't-get-it-off-one's-mind kind
- Throat dangler
- Winged
- Charge carrier
- Young horses
- *One of three 1970s TV crime-fighting women
- Plunder
- *"I'd like to buy the world a ___"
- *"Semper Fidelis" to U.S. Marines, e.g.
- Bye, to Edith Piaf
- Group of nine singers
- *"Rich Man, ___ Man" miniseries
- As opposed to mishap
- *Salvador Allende successor
- Chow down
- Game official, for short
- Inflammation of iris
- Capital of Senegal
- Footstuffs merchant
- North face, e.g.
- Intensely dislikes
- Architectural drawing
- Preferences
- *Neil Simon's "The Sunshine Boys," e.g.
- *"Interview with the Vampire" author
- Kate Winslet as ___ of Easttown
- *"___ Train"
- *"Thrilla in Manila" winner

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 CALL TODAY - For \$100 Gift Card
 1-888-416-7103

NCW Libraries offers Art Rebellion Program this summer

SUBMITTED BY NCW LIBRARIES

CHELAN/WENATCHEE - NCW Libraries will host renowned Chicano artist Jake Prendez at six locations in July and August. Prendez will talk about social justice art and the influence of Mexican muralism on American artwork.

His Humanities Washington presentation, The Art of Rebellion, Social Justice and Chicana/Chicano Visual Arts, will be offered at the following locations:

July 26: Moses Lake Public

Library, 6 p.m.

August 14: Wenatchee Valley College (in partnership with CaFe and WVC), 6 p.m.

August 15: Peshastin Community Hall, 6 p.m.

August 16: Chelan Public Library, 6 p.m.

Register online at www.ncwlibraries.org. Find the online calendar under the Events tab.

Prendez will trace the history of social justice art, from the rise of Mexican muralism to its influence on American artwork from the civil rights era and the modern era. Ex-

plore how the means of production and new technologies made art accessible worldwide, and join Prendez as he deconstructs his own artwork to show how it relates to this greater narrative.

Prendez is the owner and co-director of The Napanla Art Gallery in Seattle. He creates art with a specific focus on themes of Chicano/a culture, activism, social justice, pop culture and satire. His style ranges from indigenous iconography, social realism, and portraiture, to colorful pop art.



Courtesy Jake Prendez

Prendez is the owner and co-director of The Napanla Art Gallery in Seattle. He creates art with a specific focus on themes of Chicano/a culture, activism, social justice, pop culture and satire.

Employment growth pushes unemployment rate to pre-pandemic low

SUBMITTED BY WA STATE EMPLOYMENT SECURITY DEPARTMENT

OLYMPIA – Washington's economy gained an estimated 11,900 jobs, seasonally adjusted, and the monthly unemployment rate decreased to 3.8% in June.

"The gain in employment outpaced a modest rise in the labor force (+2,900) to help drive the unemployment rate down to 3.8%," said Employment Security Department (ESD) State Economist Paul Turek. "The last time the unemployment rate was this low was in February 2020."

Visit ESD's website to view the entire Monthly Employment Report for June.

ESD paid unemployment benefits to 56,067 people in June, an increase of 820

paid claims over the previous month. Increases in paid claims within the educational services and information sectors contributed to the overall increase in paid claims over the month.

National unemployment rate

The national unemployment rate decreased in June from 3.7% to 3.6%. For comparison, the national unemployment rate (revised) for June 2022 was 3.6%.

Updated state preliminary data for May 2023

The preliminary estimated gain of 2,900 jobs for May 2023 was revised to a gain of 4,700 jobs.

The seasonally adjusted monthly unemployment rate was confirmed at 4.1%.

Modest labor force growth

The state's labor force in June numbered 4,068,100 – an increase of 2,900 people from the previous month. In the Seattle/Bellevue/Everett region, the labor force increased by 8,000 over the same period.

Labor force is defined as the total number of people, both employed and unemployed, over the age of 16. Layoffs and labor force participation are not necessarily connected. When people are laid off but still seeking work, they remain a part of the labor force. A drop in the labor force means people have left work and haven't been actively seeking employment for more than four weeks.

From June 2022 to June 2023, the state's labor force increased by 85,177, while the Seattle/Bellevue/Everett re-

gion increased by 28,700.

From May to June 2023, the number of people who were unemployed statewide decreased from 165,000 to 154,500. In the Seattle/Bellevue/Everett region, the number of people who were unemployed increased from 54,100 to 54,900 over the same period.

Solid employment gains

Private sector employment increased by 8,800 jobs from May to June while government employment increased by 3,100 jobs.

Of the industry sectors, in June: Seven expanded, six contracted.

Here are some key increases and decreases:

- Leisure and hospitality employment increased by 8,900 overall, with 5,200 jobs

added in food services and drinking places.

- The number of jobs in education and health services increased by 4,600 overall, with 3,100 jobs gained in social assistance.

- Professional and business services employment increased by 500 overall, with 800 jobs gained in professional, scientific and technical services.

- Manufacturing employment fell by 2,500, led by 1,700 jobs lost in food manufacturing.

- Retail trade employment decreased by 2,800 overall, with 900 jobs lost by food and beverage stores.

Annual employment growth

Washington gained an estimated 117,900 jobs from

June 2022 to June 2023, not seasonally adjusted. Private sector employment rose by 3.1%, up an estimated 92,300 jobs, while public sector employment rose by 4.5%, up an estimated 25,600 jobs.

From June 2022 – June 2023, 12 major industry sectors expanded and one contracted

The three industry sectors with the largest employment gains year over year, not seasonally adjusted, were:

- Education and health services, up 32,700 jobs.
- Government, up 25,600 jobs.
- Leisure and hospitality, up 25,200 jobs.

The information sector contracted, losing 5,500 jobs between June 2022 – June 2023.

USDA seeks proposals for Joint Chiefs' Landscape Restoration Partnership

Partners may submit Joint Chiefs' project proposals through September 4

SUBMITTED BY USDA

The U.S. Department of Agriculture (USDA) is asking for proposals for the Joint Chiefs' Landscape Restoration Partnership to improve forest health on public and private lands. USDA's Natural Resources Conservation Service (NRCS) and the Forest Service are seeking the proposals by Sept. 4, 2023, for fiscal year 2024.

The Joint Chiefs' program aligns with the Biden-Harris administration's broader effort to reduce wildfire threats to communities and landowners, protect water quality and supply and improve wildlife habitat for at-risk species. Tree planting activities through the Joint Chiefs' program are another valuable recovery tool in post-fire areas and supports USDA's priority for reforestation. President Biden's 2022 Bipartisan Infrastructure Law codified the initiative, showing broad backing for the effort because of its inclusion in the historic investment to improve infrastructure and support rural

communities.

"The Joint Chiefs' will align with USDA's shared stewardship strategy by selecting projects that demonstrate a cross-boundary effort, work at the appropriate scale and have mutually defined priorities that support local communities," said NRCS Chief Terry Cosby. "Partnerships at all levels – federal, state, Tribal and local—lead to well-developed, successful and continued conservation with large scale impacts. Joint Chiefs' has a proven record of success, as further reflected in the program's inclusion in the Bipartisan Infrastructure Law."

Fiscal year 2024 projects will build on the fiscal year 2022 and 2023 investments in projects that will mitigate wildfire risk, protect water quality, improve wildlife habitat, restore forest ecosystems and ultimately contribute to USDA's efforts to combat climate change. Since 2014, USDA has invested \$385 million in 124 projects.

"Joint Chiefs' funding is an invaluable tool to help confront the wildfire crisis across all lands," said Forest Service Chief Randy Moore. "Working with our partners through the Joint Chiefs' program is an important element that supports the agency's Wildfire Crisis Strategy by increasing the



Courtesy USDA

Joint Chiefs' project proposals are developed at the local level through a collaborative process between NRCS, Forest Service, communities and partners. Proposals may address one, two, or all three program objectives: reduce the risk of wildfire; protect water quality and supply; or improve wildlife habitat for at-risk species.

scale of our wildfire prevention and mitigation efforts while restoring the health of forests, watersheds and habitats across the country."

Opportunities to Collaborate

Joint Chiefs' project proposals are developed at the local level through a collaborative process between NRCS, Forest Service, communities and partners. Proposals may address one, two, or all three program objectives: reduce the risk of wildfire; protect water quality and supply; or improve wildlife habitat for at-risk species. Past partners have included Tribes, county and state governments, non-

profit organizations, the private business sector, and individual stakeholders. The collaboration process and partnerships will depend on the specific community needs of each project. Proposals are submitted by the local NRCS and Forest Service offices to the national agency offices. They are then reviewed and vetted at multiple levels in the agencies based on Tribal, local, state, and regional priorities.

NRCS and Forest Service national offices will evaluate the proposals and an announcement for the selected projects is planned for late fall 2023. Landown-

ers should contact their local NRCS and Forest Service office for more information.

Evaluation

In selecting proposals, NRCS and the Forest Service will consider:

- Clear descriptions with goals and objectives, deliverables, timeline and measurable desired outcomes.
- Reduction of wildfire risk in a municipal watershed or the wildland-urban interface (WUI). A municipal watershed is a watershed from which municipal water is provided by a utility.

The WUI as defined by the Healthy Forest Restoration Act of 2003 (16 U.S.C. 6511).

- Development of the proposal through a collaborative process with participation from diverse stakeholders.
- Increase of forest workforce capacity or forest business infrastructure and development. Leveraging existing authorities and non-federal funding contributions from partners.

- Support of established state, Tribal and regional priorities. Proposals should describe how the eligible

activities were prioritized across the landscape and the source of the state or regional priorities (e.g., firehatched analysis, wildfire risk assessment, state technical committee watershed prioritization, Endangered Species Act recovery plan, reforestation plans or priorities, state wildlife action plan, etc.).

- Alignment with USDA priorities and the Justice40 initiative, including benefits to historically underserved producers, disadvantaged communities and climate mitigation and adaptation efforts.

- Partner participation in proposal development or project implementation.

- Coordination (i.e., pre-planning) with individual landowners within the proposal footprint.

- The geographic distribution of individual project activities across the landscape demonstrates a focus on resource conditions and a balance between land ownerships.

- Education and outreach to local communities about the project.



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The Contract

Unveiling the healing power of forgiveness

A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.