

Fire & Cop on Top Event, raising funds for Special Olympics See page A4

Geological Wonders of Iceland to be presented See page B4

AUGUST 2, 2023 • VOLUME 132 No. 31

YOUR BEST SOURCE FOR LAKE CHELAN & ENTIAT VALLEY NEWS

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Hospital to celebrate 75 years August 9



LCM File Photo

Lake Chelan Health Hospital will celebrate 75 years of serving the greater Lake Chelan area on Wednesday, August 9 and the community is invited to have lunch and dessert on them, in the hospital cafe between 11 a.m. to 1:30 p.m. The first hospital opened on August 9, 1948 and there will be a historical display of the three hospitals. Spin the wheel for a chance to win a prize purchased by hospital staff. There will also be free items. The hospital is located at 110 South Apple Blossom Drive in Chelan.

Lake Chelan Valley Events, Things to do, Meetings

Outdoor Gallery/Murals, sculptures

CHELAN - Follow the Lake Chelan Arts Council Outdoor Gallery map, available at the Lake Chelan and Manson Chambers of Commerce to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, go to artinchelan.com.

Free at home Covid-19 Tests

MANSON - Manson Fire District #5 has free at home Covid-19 tests available at the fire station, located at 250 Manson Blvd. For more information call 509-687-3222. They also have handouts on Covid exposure and what to do if you test positive for Covid-19.

SAIL Exercise Classes: August 2, 3, 4, 7

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

Zumba Fitness, Line Dancing: August 2, 3

MANSON - Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), through October, 8:30- 9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. Line Dancing, every Wednesday evening (excluding holidays) through October, 5- 6 p.m. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

Manson Farmers Market: August 2, 5

MANSON - Manson Farmers Market is held every Saturday and Wednesday thru September 30. Bell rings at 8:30 a.m. Lots of produce and crafts for sale. Want to be a vendor? Contact Gordon Lester by email at s_lester2001@yahoo.com or phone 509-687-3158.

Household hazardous waste drop off:

August 2-5

Latex paint now accepted - Drop off Saturday, August 5

WENATCHEE - Drop-off Saturday is August 5 at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday the same hours. Drop off your household hazardous wastes and latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: <https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes>.

Chelan Senior Meals: August 2-4, 7-9

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN PO. Box 471 Okanogan, WA 98840. Menu: August 2: Tuna Casserole, Peas & Carrots, Garden Salad, Orange Quarters, Dessert; August 3: Chicken Enchiladas, Seasoned Rice, Mixed Vegetables, Green Salad w/Tomatoes, Spiced Applesauce, Dessert; August 4: Meatballs, Mashed Potatoes/Gravy, Mixed Greens Salad, Peaches, WW Roll, Dessert; August 7: Beef Stroganoff, Carrots, Garden Salad, Fruit Salad, Dessert; August 8: BBQ Chicken, Peas & Carrots, Corn & Tomato Salad, Mixed Greens Salad, Berry Shortcake; August 9: Meatloaf, Mac & Cheese, Green Beans, Coleslaw, Apple Crisp.

MORE EVENTS AT WWW.LAKECHELANMIRROR.COM

Council hears update on Chelan Downtown Revitalization Project

Phil Long gives findings on survey

By KATIE LINDERT
STAFF WRITER

CHELAN - On July 25, the Chelan City Council commenced its meeting at 6 p.m. The meeting opened with a Call to Order, Pledge of Allegiance and Roll Call, and moved to Agenda Changes, of which there were none.

Citizen comments by Phil Long, Executive Director and Board Chair of the Lake Chelan Research Institute, addressed findings from the U.S. Geological Survey in the months of June and July; bathymetric data for the lake was collected as well as bottom sediment profiles, the findings intended for the purpose of analyzing recordings of great subduction earthquakes in Lake Chelan.

A suggested motion to approve the July 11 meeting minutes was then accepted. Consent Agenda items, the July 25,



LCM File Photo

Phil Long, Executive Director, Board Chair of the Lake Chelan Research Institute

Accounts Payable Checks and EFT's & Payroll Checks and EFT's, and The Chelan Look-out LLLP Maintenance Bond were approved. No Special Presentations or Public Hearings were accounted for.

Further meeting considerations were those administrative reports regarding the Beckwith Consulting Group Update for the Downtown

Revitalization Project and Transportation Improvement Board (TIB) Grant Funding Opportunities.

Beckwith Consulting Group Update for the Downtown Revitalization Project: Tom Beckwith with the Beckwith Consulting Group made a presentation addressing the calendar schedule for this project, and usage and preference findings from a community survey; Amy Sheridan discussed the outreach efforts in the implementation of this survey. Specific information regarding the Downtown Revitalization Project survey is available on the HDCA website at <https://historicchelan.org/imagine/>.

Transportation Improvement Board (TIB) Grant Funding Opportunities: Jake Youngren discussed current grant application considerations toward receiving Transportation Improvement Board funding; these grants will be submitted in August with responses in November. Grants in consideration are

a maintenance program request toward securing direct reimbursement for city equipment, materials, and labor; a preservation program request toward asphalt overlays; an ask from the Small City Active Transportation Program; and a federal grant ask from the Chelan Douglas Transportation Council. Additionally, it was announced that an award letter was received from the Washington State Department of Transportation granting the city \$3,000,000 to put toward development of the Lakeside Trail.

In other council business:

Motion considerations addressed the FAA Grant Application Authorization for the Lake Chelan Airport Apron and Taxiway Pavement Maintenance; Resolution No. 2023-1428 Airport Pavement Maintenance WSDOT Grant Assurance; CR Contracting, LLC Lake Chelan Airport Apron and Taxiway Pavement

SEE AIRPORT ON PAGE A2

Kindness Counts: People making NCW a better place to live

By MATTHEW OCKINGA
CORRESPONDENT

WENATCHEE — Charles Dickens published his classic A Christmas Carol in December 1943. The masterpiece's opening stave shows Fred exhorting his Uncle Scrooge to view Christmas as the only time in the long calendar of the year "when men and women seem by one consent to open their shut-up hearts freely, and to think of people below them as if they were really fellow-passengers to the grave, and not another race of creatures bound on other journeys."

Last Christmas, Gene Sharratt found himself pondering his fellow passengers. The educator grew frustrated with the increasing social tension fissuring the nation. He observed that some New Year's resolutions soar for 12 months while most remain grounded after two weeks. An idea surfaced of a communal resolution: kindness.

These ruminations inspired Kindness Counts North Central Washington, a one-year campaign designed to inspire, recognize, and contribute to acts of kindness. The organization is not a 501(c)(3) and does not accept donations. "We're just a group of people who want to make our community a better place to live," Sharratt said. "We have a lot more in common than we have differences, regardless of our political affiliation, our religious affiliation, or any other demographic. So, why don't we try to raise a voice around commonalities and build bridges in community, state and nation rather than build barriers?"

Before fully fueling this notion, Sharratt desired to define his terms. What is kindness? The campaign described it as "the quality of being friendly,



Courtesy Kindness Counts

Laurel Helton and two girls prepare the Kindness Counts float for last May's Stemilt Grand Parade, part of the Apple Blossom festivities.

generous and considerate."

His initial research found that February 17 is National Random Acts of Kindness Day. Using that date as a launching point, he gathered a kindness brain trust to gauge the idea's merits which included Margie Kerr, local Make a Difference Day founder, Dave Herald, owner-partner of Sunny FM, Linda Haglund, Executive Director at Wenatchee Downtown Association, Rufus Woods, publisher emeritus of the Wenatchee World and Laurel Helton. The friends met twice monthly to refine goals. Sharratt contacted the mayors of Wenatchee, East Wenatchee, Chelan, Cashmere and Moses Lake. They all

responded with official city proclamations.

"It's easy to get caught up in negative news and dwell on those stories. The ugly feeling of what is wrong in the world tends to take over your life, interrupting your thoughts, affecting your relationships, and controlling your attitude," East Wenatchee Mayor Jarilea Crawford said. "I believe what the Kindness Counts committee is trying to do is make kindness contagious and infect the whole valley with it."

Other kindness ambassadors were Mike Cooney, former mayor of Chelan, Rafael Aguilar, local radio personality, Dominick Bonny of Digital

Media Northwest, and civic volunteers including Melanie McQuaig, Kris Cameron and Abbie Gunderson.

The campaign collects local acts of kindness on kindnesscountsncw.com and a drop box at Pybus Public Market. The group promotes these stories on their website and social media accounts. Sharratt emphasized that the site promotes small everyday gestures including returning one's shopping cart and opening the door for a stranger.

During the July 20 meeting at the North Central Washington Community Foundation, attendees shared stories of kindness from around the valley. That included Wenatchee High School students Kirsten Jarmin and Izzie Brown, the president and vice president of the school's Random Acts of Kindness Club. Kory Kalahar, Superintendent of the Wenatchee School District, also encouraged the group.

"If we all can be kinder than necessary, we will be good stewards of our community," Kalahar said.

Retired art teacher Terry Valdez and his daughter Claire spoke about the progress of their Art Cart. The father-daughter pair sets up free watercolor painting lessons in local parks which has attracted many passersby. They will host the next Art Cart on Aug. 9 from 2-4 p.m. at Wenatchee's Rotary Park.

The positive energy of Sharratt's brainstorming has electrified the community. Several groups have paid forward kindness including Link Transit and the Wenatchee Valley Senior Activity Center. Local high schools have started kindness clubs while established groups have furthered their efforts. At Vale Elementary in Cashmere,

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Inserts
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Courtesy Kindness Counts

Vale Elementary students in Cashmere wrote a total of 1,370 Happy Letters to encourage their recipients last school year.

KINDNESS

CONTINUED FROM PAGE A1

students wrote nearly 1,400 "Happy Letters" to encourage their recipients, including 600 written to veterans last November.

Sharratt has seen the need for general benevolence during his decades in public education. He worked in K-12 schools for 30 years and been the Superintendent of North Central Education services, a professor at Washington State University and the Executive Director of the Washington Student Achievement Council. Currently he is the senior research advisor for the Center of Education Effectiveness. Considering the aftereffects of the COVID-19 pandemic, Sharratt feels the responsi-

bility to mirror kindness for younger generations.

"As an educator I want to make sure we as adults model the kind of behavior, we expect our young people to have going forward like civility, thoughtfulness," he said.

When Sharratt asked Cooney to join the initiative, the two bonded quickly. Cooney believes small acts of kindness contain high mileage and that the country has overcome greater obstacles than the current disagreements.

"I don't think you go in this to see any bar charts showing kindness is up 10 percent," Cooney said. "When you hold the door open for someone, there's just a little bit of joy that you get. You hope by opening the door that person

will pass it on, do something. We just have to get back to being humane to each other."

In ways seen and unseen, that is what Kindness Counts NCW aims to encourage as the 2023 campaign continues. For Sharratt, a silent Christmas thought has evolved into a community endeavor he hopes will have lasting effects throughout the long calendar of this year and beyond.

"We cannot exist as a community, we can't prosper as a state or as a nation if we can't come around to honoring diverse points of view without fear and anger," Sharratt said. "Kindness is free. It doesn't cost anything. You don't have to be wealthy to be kind. It's one of those things where it's just really contagious."

Fundraising efforts underway to cover medical costs for jail's canine

Kait, the narcotics-detecting K-9, on light duty while recovering from health issues

SUBMITTED BY JILL FITZSIMMONS, CHELAN COUNTY PIO

WENATCHEE - The annual community fundraising campaign for the Chelan County Regional Justice Center's narcotics-detecting canine is kicking off early this year with a heavy focus on raising money to cover recent unexpected health costs for K-9 Kait, who has grown to become a much-loved community member.

Kait, a 7-year-old border collie who has served at the jail for the last two years, has been on light duty for the past couple of months. She was recently diagnosed with Imerlund-Gräsbeck Syndrome, or IGS. IGS is related to a vitamin B12 deficiency and is treatable with vitamin supplementation and medication.

However, Kait has also developed an issue with fluid building up in her abdomen. A team of veterinarians in Wenatchee and Spokane is working to determine the cause of the fluid buildup. She is scheduled to undergo more tests, with the goal of getting Kait healthy and back to full duty.

"Unfortunately, we have exhausted our veterinary budget for the year," said Corrections Deputy Jacob Lewis, who is Kait's handler and partner. "Depending on the outcome of her upcoming procedure, we will either have a complete diagnosis with a treatment plan or we will need further diagnostic testing. I want everyone to know that while Kait is tired and rests frequently, she is still her happy self at home."

Kait is one of only two narcotics dogs working in a municipal or county jail in the state. She is trained to detect six odors, including fentanyl. While the canine is a key component to keeping drugs out of the jail, Kait most recently has been utilized by local school



Courtesy Jill FitzSimmons

Kait is pictured with Corrections Deputy Jacob Lewis, who is Kait's handler and partner.

districts to deter drugs from getting into the schools as well. She also serves as a liaison for the jail. Lewis and Kait are regulars at community events and give several presentations a year in schools throughout the area.

Like most law enforcement K-9 programs, the K-9 portion of the jail's drug interdiction program is community funded. Much of Kait's care, from her food and gear to her health care, is funded by donations. Fundraising efforts typically kick off in the fall but donations are taken year-round.

The following fundraising efforts are in place:

- An annual t-shirt sale has begun via CustomInk. T-shirts cost \$25 and are available in six colors and adult and youth sizes. The t-shirt design also changes annually. The t-shirt fundraiser is open until August 10, with t-shirts being shipped directly to supporters. Order your t-shirt at CustomInk.com: bit.ly/44KURAF.
- A GoFundMe account has been set up at bit.ly/43wy9uV. The fund will be used to cover her medical

expenses.

• A Venmo account also has been established for donations. The account is available via the QR code attached or by username @CCRJC_K9

• Direct contributions can be mailed to the Chelan County Regional Justice Center, Attn. Deputy Jacob Lewis, 401 Washington St., Level 2, Wenatchee, WA, 98801.

For Lewis, Kait is not only essential to the jail's drug interdiction program, but she is also a partner, friend and a member of his family. In two years, she has had a significant impact on the jail and our community, he said.

"People who have had the opportunity to meet Kait know she is one of the sweetest and most loving dogs; she loves serving her community," Lewis said. "She is a beloved member of CCRJC, and we hope to be able to provide her with the best care and an opportunity to get back to her normal self. We are very grateful for the continued support from all over the world, and we thank our community for being a part of Team Kait."

AIRPORT

CONTINUED FROM PAGE A1

Maintenance Bid Award & Contract Execution Authorization; Ordinance No. 2023-1610 Amending City Council Regular Meeting Days; and Light Pole Replacement Funding.

FAA Grant Application Authorization for the Lake Chelan Airport Apron and Taxiway Pavement Maintenance; the mayor authorized to accept the grant and finalize and execute the agreement with the FAA for the Lake Chelan Airport Apron and Taxiway Pavement

Maintenance.

Resolution No. 2023-1428 Airport Pavement Maintenance WSDOT Grant Assurance; an adoption of Resolution No. 2023-1428 was passed.

CR Contracting, LLC Lake Chelan Airport Apron and Taxiway Pavement Maintenance Bid Award & Contract Execution Authorization; a move to award the bid to CR Contracting, LLC Lake Chelan Airport Apron and Taxiway Pavement Maintenance was set forth and passed.

Ordinance No. 2023-1610 Amending City Council Regular Meeting Days; a move to adopt ordinance to change select meeting days was passed.

Light Pole Replacement Funding; the mayor authorized to finalize and execute a Contractor Agreement for the replacement of the No-See-Um Roundabout streetlight and associated appurtenances.

The next Chelan City Council meeting will be held on August 8 at 6 p.m. The meeting will take place in the Council Chambers at 135 E. Johnson Avenue, Chelan.

SQUARE DANCE AT THE ORCHARD

STEHEKIN AUGUST 5 7-10 PM

The Chelanigans return to the Packing Shed at the Buckner Orchard

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Patty the Poo says: Don't make a mess! Use a pumpout station or mobile pumpout boat to dispose of your sewage.

Visit PumpoutWashington.org to find the nearest pumpout with the FREE Pumpout Nav App or Pumpout Boat Tracker

Pumpout Washington is a project of Washington Sea Grant in partnership with Washington State Parks Clean Vessel Act Program. Funding is provided by U.S. Fish & Wildlife Service through the Sport Fish Restoration and Boating Trust Fund provided through your purchase of fishing equipment and motorboat fuels.

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CHELAN COUNTY PUBLIC WORKS - ROAD CONSTRUCTION/MAINTENANCE

SUBMITTED BY CHELAN COUNTY PUBLIC WORKS

District 1 (Wenatchee)

The crew will continue to clean up after recent seal coating and will be patching potholes.

District 2 (Cashmere)

The crew will be skip patching Wednesday and Thursday in the Ingalls Creek/Valley Hi/Camas areas. When crews are skip patching, plan for one-lane, flagger-controlled traffic and minor traffic delays.

Skip patching is similar

to chip sealing, but the road crew is putting oil and rock down on a much smaller area. Skip patching is done on roads that are not scheduled for preservation next season.

District 3 (Leavenworth)

The crew will be skip

patching Monday and Tuesday on Beaver Valley Road and Lake Wenatchee Highway. When crews are skip patching, plan for one-lane, flagger-controlled traffic and minor traffic delays. The crew also will be working on drainage issues on Kinnick Drive and brushing under bridges in preparation for routine inspections.

District 4 (Entiat)
The crew will be brushing under bridges and doing some roadside shoulder work in the Ardenvoir area.

District 5 (Chelan)

Crews will be hand patching alleys in Manson, brooming recently chip-sealed roads, filling washes in the Boyd Road area and on Shady Pass, ditching in the Manson and Boyd Road areas, and spot grading as needed on primitive roads.

CHELAN COUNTY SHERIFF/FIRE/EMS

Chelan County Sheriff

July 21

- 00:30 Noise Complaint, 2312 W. Woodin Ave., Chelan Resort Suites, Chelan
- 02:32 Traffic Offense, S. Sanders St. and E. Packard St., Chelan
- 03:48 Traffic Offense, N. Bradley St. and E. Nixon Ave., Chelan
- 08:10 Parking/ Abandoned Vehicle, 415 Cochela Ln., Chelan
- 08:24 Traffic Offense, US Hwy. 97A and N. Apple Blossom Dr., Chelan
- 09:32 Marine, Lake Chelan City area, Chelan
- 09:34 Trespassing, 4580 Navarre Coulee Rd., Chelan
- 09:38 Parking/ Abandoned Vehicle, 128 E. Woodin Ave., Kelly's ACE Hardware, Chelan
- 09:52 Public Assist, 1016 Evergreen Camp Rd., Chelan
- 12:54 Parking/ Abandoned Vehicle, Wapato Way and Green Ave., Manson
- 14:35 CPS/ APS Referral, 2394 Albin Dr. Entiat
- 14:36 Civil Dispute, 207 N. Emerson St., Chelan
- 15:01 Traffic Offense, SR 150 and Wapato Way, Manson
- 15:44 Non-injury Accident, Golden Ave. and Apple Blossom Dr., Chelan
- 17:04 Non-injury Accident, E. Johnson Ave. and N. Sanders St., Chelan
- 18:03 Agency Assist, 102 Waterslide Dr., Slidewaters, Chelan
- 18:23 Unknown-injury Accident, 201 Manson Blvd., Manson
- 18:39 Non-injury Accident, 106 W. Manson Rd., Safeway, Chelan
- 18:42 Suspicious Circumstance, 2208 W. Woodin Ave., Conoco, Chelan
- 19:10 911-call, 1 Wapato Point Pkwy., Manson
- 19:12 Non-injury Accident, 108 N. Apple Blossom Dr., Walmart, Chelan
- 20:02 Animal Problem, 201 Manson Blvd., Manson
- 20:16 Animal Problem, 204 W. Okanogan Ave., Riverwalk Park, Chelan
- 20:33 Missing Person, 1911 Apple Acres Rd., Chelan
- 20:41 Civil Dispute, 523 N. Markeson St., Chelan
- 22:13 Domestic Disturbance, 211 W. No See Um Rd., Chelan
- 22:28 Suspicious Circumstance, 815 N. Bradley St., Chelan
- 23:15 Harassment/Threat, 110 S. Apple Blossom Dr., Chelan
- 23:53 Noise Complaint, 270 Chestnut St., Chelan Falls

July 22

- 03:08 Noise Complaint, 402 W. Manson Rd., Chelan
- 09:45 Agency Assist, 178 McClosky Dr., Chelan
- 10:10 Public Assist, 475 Totem Pole Rd., Manson
- 11:38 Agency Assist, 117 E. Wapato Ave., Riverwalk Park, Chelan
- 13:01 Animal Problem, 102 Waterslide Dr., Slidewaters, Chelan
- 14:33 Welfare Check, 108 N. Apple Blossom Dr., Walmart, Chelan
- 18:03 Animal Problem, Boetzkes Ave. and Green Ave., Manson
- 18:30 Animal Problem, 518 W. Manson Rd., Chelan

- 18:59 Marine, 409 W. Manson Rd., Chelan
- 19:06 Parking/ Abandoned Vehicle, 157 Furey Ave., Manson
- 19:19 Liquor Violation, 323 W. Manson Rd., Lakeview Drive In, Chelan
- 20:07 Domestic Disturbance, E. Okanogan Ave. and S. Sanders St., Chelan
- 21:47 Malicious Mischief, 14425 Olin St., Entiat
- 22:22 Scam, 323 W. Manson Rd., Lakeview Drive In, Chelan

July 23

- 00:21 Suspicious Circumstance, 104 W. Woodin Ave., Campbell's Resort, Chelan
- 00:36 Traffic Offense, No See Um roundabout, Chelan
- 07:43 Marine, Mill Bay boat launch, Manson
- 08:57 Property, 204 E. Okanogan Ave., Chelan
- 10:16 Marine, 300 block S. Emerson St., Chelan
- 13:21 Marine, 2230 W. Terrace Ave., Lakeside Park, Chelan
- 14:11 Trespassing, Three Fingers, Chelan
- 15:05 Traffic Offense, Old Chelan Bridge, Chelan
- 15:17 Marine, Lakeside, Chelan
- 16:01 Vehicle Prowl, US Hwy. 97A MP 214, Entiat
- 16:09 Welfare Check, Three Fingers, Chelan
- 16:25 Marine, First Creek, Chelan
- 17:28 Sex Offense, 108 N. Apple Blossom Dr., Walmart, Chelan
- 18:51 Traffic Offense, SR 150 and Eldorado Dr., Chelan
- 20:35 Domestic Disturbance, Chelan area
- 21:00 Public Assist, Goode Mountain, Stehekin
- 21:53 Suicide Threat, Navarre Coulee Rd.
- 23:15 Domestic Disturbance, 309 E. Gibson Ave., Chelan

July 24

- 01:20 Noise Complaint, 210 W. Gibson Ave., Chelan
- 01:36 Unknown-injury Accident, Chapman and Swartout Roads
- 02:41 911-call, 455 Wapato Lake Rd., 12 Tribes Casino, Manson
- 03:27 Agency Assist, 14956 Golden Delicious St., Entiat
- 07:42 Suspicious Circumstance, 207 N. Emerson St., Chelan
- 08:32 Public Assist, 2787 Entiat River Rd., Entiat
- 08:57 Non-injury Accident, 108 N. Apple Blossom Dr., Walmart, Chelan
- 09:31 Trespassing, 108 N. Apple Blossom Dr., Walmart, Chelan
- 11:59 Agency Assist, 0 block Mud Creek Rd., Entiat
- 12:35 Public Assist, 525 N. Markeson St., Chelan
- 12:51 Parking/ Abandoned Vehicle, 25 Ustah St., Manson
- 13:53 Suspicious Circumstance, 415 Division St., Manson
- 13:57 911-call, 118 Chelan View Dr., Manson
- 14:35 Trespassing, 111 E. Chelan Ave., Chelan
- 17:04 Parking/ Abandoned Vehicle, 47 Pleasant View Ln., Manson
- 18:41 Agency Assist, Chelan area
- 18:50 Agency Assist, 15029 US

- Hwy. 97A, Entiat
- 19:14 Juvenile Problem, 135 E. Johnson Ave., Chelan
- 21:46 Suspicious Circumstance, 1041 Sunny Brooke Ln., Chelan
- 23:58 Alarm, 618 Wapato Way, Manson

July 25

- 05:52 Agency Assist, 18512 US Hwy. 97A, Entiat
- 09:37 Alarm, 634 W. Lakeshore Pl., Chelan
- 11:05 Suspicious Circumstance, 220 Pine Crest Pl., Manson
- 12:25 Theft, 1 Wapato Point Pkwy., Manson
- 14:03 Traffic Offense, SR 150 and Lenore Dr., Chelan
- 14:27 CPS/ APS Referral, 275 Boyd Loop Rd., Chelan
- 14:33 Parking/ Abandoned Vehicle, 14125 Olin St., Entiat
- 15:57 Civil Dispute, 721 E. Woodin Ave., Chelan
- 18:00 Marine, 485 W. Manson Rd., Don Morse Park, Chelan
- 18:04 Extra Patrols, 108 N. Apple Blossom Dr., Walmart, Chelan
- 18:30 Non-injury Accident, 108 N. Apple Blossom Dr., Walmart, Chelan
- 18:53 Civil Dispute, 2620 Navarre Coulee Rd., Chelan
- 18:57 Court Order Violation, 317 Quatas St., Manson
- 21:14 Noise Complaint, 35 Barkley Rd., Manson
- 22:03 Noise Complaint, 103 N. Park St., Peterson's Waterfront, Chelan
- 22:08 Suspicious Circumstance, 17351 Jenne Dr., Entiat
- 22:40 Trespassing, 420 E. Woodin Ave., Chelan

July 26

- 11:05 Traffic Offense, SR 971 MP 10, Chelan
- 11:24 Parking/ Abandoned Vehicle, 329 E. Trow Ave., Chelan
- 11:53 Parking/ Abandoned Vehicle, 108 N. Apple Blossom Dr., Walmart, Chelan
- 12:11 Civil Dispute, 211 Lakayuse Rd., Manson
- 12:36 Public Assist, 450 Boyd Loop Rd., Chelan
- 13:25 Non-injury Accident, E. Woodin Ave. and N. Sanders St., Chelan
- 13:54 Property, 112 E. Woodin Ave., Senior Frog's, Chelan
- 14:22 Property, 14070 Kinzel St., Entiat
- 15:51 Marine, 1328 W. Woodin Ave., Chelan
- 16:25 Theft, 712 W. Manson Rd., Chelan
- 17:56 Runaway, 2441 SR 150, Manson
- 18:13 Traffic Offense, S. Clifford St. and E. Woodin Ave., Chelan
- 18:38 Suspicious Circumstance, 615 N. Bradley St., Chelan
- 18:51 Trespassing, 201 Manson Blvd., Manson
- 19:54 Noise Complaint, Spader Bay Dr. and Bighorn Way, Chelan
- 20:47 Noise Complaint, 17351 Jenne Dr., Entiat
- 21:04 Court Order Violation, 317 Quatas St., Manson
- 22:46 Noise Complaint, 127 SR 150, The Lookout, Chelan
- 23:27 Trespassing, 808 W. Manson Rd., Chelan

July 27

- 05:24 Unknown-injury Accident, SR 150 MP 10, Chelan
- 07:05 Injury Accident, 321 SR 150, Chelan
- 07:33 Theft, 406 N. Sanders St., Chelan
- 11:12 Agency Assist, SR 150 and Winesap Ave., Manson
- 11:27 Public Assist, 1328 W. Woodin Ave., Chelan
- 12:29 Sex Offense, 219 W. Allen Ave., Chelan
- 12:40 Hazard, S 1st St. and W. Webster Ave., Chelan
- 13:00 Traffic Offense, 53 S. Lakeshore Rd., Pat n' Mike's, Chelan
- 13:03 Disturbance, Mill Bay boat launch, Manson
- 15:37 Property, Bear Mountain, Chelan
- 16:33 Suspicious Circumstance, 107 Orchard View Dr., Chelan
- 16:48 Harassment/ Threat, 56 Larocho Ln., Manson
- 18:21 Marine, 195 Grandview Ln., Chelan
- 18:40 Domestic Disturbance, 703 E. Wapato Ave., Chelan
- 19:00 Agency Assist, SR 150 MP 5, Chelan
- 19:23 Public Assist, 109 E. Wapato Ave., Riverwalk Park, Chelan
- 19:29 Domestic Disturbance, S. Clifford St. and E. Woods Ave., Chelan
- 19:40 Marine, 11830 S. Lakeshore Rd., Chelan
- 22:14 Traffic Offense, 112 E. Woodin Ave., Senior Frog's, Chelan
- 22:43 Hazard, SR 150 and Crystal Dr., Chelan

Fire/ EMS

July 21

- Chelan Fire District #7 and EMS**
- 08:18 Medical Alarm, 1127 E. Woodin Ave., Chelan
- 10:38 Fall-1, 510 N. Cedar St., Chelan
- 14:48 Chest Pain, 219 E. Johnson Ave., Lake Chelan Health, Chelan
- 16:02 Abdominal Pain, 102 Waterslide Dr., Chelan
- 18:03 Cardiac, 102 Waterslide Dr., Slidewaters, Chelan
- 18:23 Unknown-injury Accident, 201 Manson Blvd., Manson
- 19:35 Fall-2, 300 Beach Dr., Orondo
- 21:47 Unknown Fire, US Hwy. 97 MP 242, Railroad
- Manson Fire District**
- 18:23 Unknown-injury Accident, 201 Manson Blvd., Manson
- Entiat Fire District**
- 22:57 Breathing Problem, 14903 Burkey St., Entiat

July 22

- Chelan Fire District #7 and EMS**
- 08:00 Structure Fire, 221 Village Dr., Manson
- 09:45 Cardiac, 178 McClosky Dr., Chelan
- 11:38 Sick Person, 117 E. Wapato Ave., Riverwalk Park, Chelan
- 13:46 Personal Assist, 646 4th St., Chelan Falls
- 14:25 Back Pain, 715 Upper Trails

- Rd., Chelan
- 16:48 Possible Structure Fire, 105 Macs Pl., Manson
- 18:17 Structure Fire, 30 Ariel Ln., Manson

Manson Fire District

- 07:55 Personal Assist, 210 Manson View Ct., Manson
- 08:00 Structure Fire, 221 Village Dr., Manson
- 16:48 Possible Structure Fire, 105 Macs Pl., Manson
- 18:17 Structure Fire, 30 Ariel Ln., Manson

July 23

- Chelan Fire District #7 and EMS:**
- 16:00 Traumatic Injury-1, 409 W. Manson Rd., Chelan
- 18:39 Convulsions, 12200 S. Lakeshore Rd., Chelan
- 21:14 Possible Brush Fire, 465 McNeil Canyon Rd., Orondo

July 24

- Chelan Fire District #7 and EMS**
- 01:36 Unknown-injury Accident, Chapman and Swartout Roads, Manson
- 07:03 Sick Person, 517 E. Okanogan Ave., Chelan
- 07:39 Chest Pain, 216 Pinnacle Pl., Chelan
- 10:04 Sick Person, 14867 S. Lakeshore Rd., Chelan
- 11:32 Sick Person, 627 Golf Course Pl., Chelan
- 19:46 Sick Person, 111 Division St., Manson
- 19:54 Sick Person, 715 Upper Trails Rd., Chelan
- Manson Fire District**
- 01:36 Unknown-injury Accident, Chapman and Swartout Roads, Manson
- Entiat Fire District**
- 03:27 Overdose/ Poison, 14956 Golden Delicious St., Entiat

July 25

- Chelan Fire District #7 and EMS:**
- 08:45 Fall-1, 808 W. Manson Rd.,

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PUBLIC HEARING Rates 35 & 36

Chelan PUD commissioners will host a rate hearing and take public comment on the proposed revisions to **Rate 35 High Density Load (HDL)** and **Rate 36 Cryptocurrency**.

WHEN: Monday, Aug. 7 at 1 p.m.
WHERE: Wenatchee HQ Boardroom
327 N. Wenatchee Ave.

Members of the community are welcome to attend to hear more about staff's proposal and to provide public comment for board consideration.

Comments and questions about the rate proposals can be sent to contactus@chelanpud.org.



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www.chelanpud.org

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Fire and Cop on Top Event to raise money for local Special Olympics

BY KATIE LINDERT
STAFF WRITER



CHELAN – A local Fire & Cop on Top Event will be held on August 4. Community members are invited to visit the Safeway parking lot located at 106 W. Manson Road in Chelan to obtain information and sign-up to participate in Special Olympics Washington. Donations will be accepted for the Lake Chelan Valley Program.

include 'Get Them Back on the Ground' efforts. Chelan Fire & Rescue and Chelan County Sheriff deputies will be on a scissor lift 10' off the ground. There will also be water fights with Fire and Law Enforcement. Chelan Fire & Rescue will host their portion of this event from 10 a.m.-12 p.m., with Chelan County Sheriff Office participation from 12-2

p.m. In lieu of attendance, consider a donation to Special Olympics Washington by scanning the QR code and selecting General - North Central in the Drop Down Menu.

Lake Chelan Valley Back to School Fair is August 19

BY RUTH EDNA KEYS
STAFF WRITER



CHELAN - The annual Lake Chelan Valley Back to School Fair will be held at Chelan High School on Saturday, August 19, 1-4 p.m. They will have backpacks, school supplies, free haircuts, popcorn, outdoor activities and games, and lots of valuable resource booths. All free - supplies are limited. Thrive Chelan Valley is excited to help students and families in the valley

get ready for the 2023/2024 school year.

Students will enter the front entrance of Chelan High School and check in and get their backpacks at the front desk. Then go through all the resource booths in the Commons, and head to the gym for their school supplies. This will be followed by games and activities outside.

This Back to School Fair is made possible by these sponsors: Columbia Valley Community Health, Coldwell Banker Cascade Real Estate, Lake Chelan Chamber of Commerce, Rocket Apples, Lake View Drive In, Real Life NCW, Rotary Lake Chelan, Wheatland Bank, North Cascades Bank, Lake Chelan Community Services Council and Thrive Chelan Valley.

For more information Stephani Morgan, stefani@thrivechelanvalley.com



Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to mirrorads@lakechelanmirror.com or NCWMARKET.COM
- For more info call: Lake Chelan Mirror at 509-682-2213
- Email to: ruthk@lakechelanmirror.com

CONTINUED FROM PAGE A1

Chelan Valley Hope: August 2-3, 7-10

Serving Chelan, Manson, Chelan Falls, Waterville, Entiat, Orondo, Bridgeport, and Mansfield

CHELAN - A big thank you to the Chelan community. After a Facebook post circulated showing a nearly empty pantry, the community showed up and fully restocked with lots of food, water, blankets, and more. We at Hope feel so much love and appreciation seeing our Little Essentials Pantry fully stocked thanks to you all. We are grateful to be part of a community that generously looks out for one another. If you would like to add your name to our newsletter list, our latest edition explains more about food insecurity. You can find it on our website at chelanvalleyhope.org/join. Visit the Little Essentials Pantry and Library (located outside next to the front door) for immediate items such as blankets, bottled water, snacks, books, and more, open 24/7. The Lake Chelan Methodist Church, located at 206 N Emerson St, Chelan, also has a food pantry outside and is available 24/7.

Chelan Museum: August 2-5, 8-12

CHELAN - The Chelan Museum is now open Tuesday thru Saturday 11 a.m.-4 p.m. The museum is located at the corner of Woodin Avenue and Emerson Street. For more information: 509-682-5644.

Lions Club: August 3, 17

MANSON - The Lake Chelan Lions Club hold bi-monthly meetings at the Manson Parks Building at 142 Pedoi St. in Manson. Meetings are held the 1st and 3rd Thursdays of each month at 9 a.m.

Thursday Farmers Market: August 3

CHELAN - Chelan Evening Farmers Market runs through October 26 every Thursday from 2-6 p.m. in Riverwalk Park and Emerson Street. Enjoy numerous vendors carrying fresh fruit, veggies, flowers, crafts, food trucks, live music and so much more. Each week is something a little different. www.chelanfarmersmarket.org/

VFW #6853 Post Coffee/Donuts: August 4

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

Chelan Saturday Farmer's Market: August 5

CHELAN - Chelan Saturday Farmer's Market is held every Saturday now until October 28, 8 a.m.-1 p.m. in the Johnson Avenue Park-

ing lot, 102 E. Johnson Avenue, next to Kelly Allen Insurance.

Food Bank food distribution: August 5, 8

CHELAN - The Lake Chelan Food Bank food giveaway takes place each Saturday and Tuesday, 9 - 10 a.m. Distribution is drive-thru. They are located at 417 S. Bradley Street. Families are limited to one box per week. In June an average of 146 families with 497 individuals were served each week. A total of 25,200 pounds of food was distributed. The need is great: Donations may be made online at lakechelanfoodbank.org or sent to PO Box 2684, Chelan, 98816. Non perishable food donations may be dropped off at the Lake Chelan Mirror office, 131 Apple Blossom Drive, Suite 109 (Chelan Business Center).

Glass recycle: August 5 Hours: 10 a.m.-Noon

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.911glassrescue.org, and click on the volunteer tab on the home page.

Survivors of Suicide Loss Support Group: August 8

WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Cancer Support Group: August 10

CHELAN - The women surviving/thriving cancer support group will meet Thursday, August 10, 1 p.m., at the Chelan Library on Emerson Street. Whether you are newly diagnosed, going through treatments, a support to someone who is, or been thriving for years, please join them for this casual gathering. They will be meeting the second Thursday of each month. For more information call Anne Brooks, 509-682-8718.

Red Cross Blood Drives: August 16 Also Oct. 18, Nov. 15

MANSON - An American Red Cross Blood Drive will be held on August 16, 1 p.m. - 6 p.m., North Shore Bible Church, 123 Wapato Point Parkway; and Oct. 18, 1-6 p.m. at North Shore Bible Church; and Nov. 15, 9 a.m.-2 p.m., at Chelan High School, 315 Webster Avenue. To schedule an appointment to donate, download the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767).

Third Thursdays: August 17

CHELAN - Historic Downtown Chelan brings you Third Thursdays on August 17, 3-7 p.m. Enjoy free and low-cost fun activities for every age in Chelan's historic downtown core, with surprises from participating merchants. Visit the beloved Chelan Evening Farmer's Market, then cap off your day downtown with Music in the Park at Riverwalk Park from 5-7 p.m. Whether you live here, or just wish you did, don't miss Third Thursdays all summer long. For details visit HistoricChelan.org.

'Summer of Love' fundraiser: August 19

CHELAN - A 'Summer of Love' fundraiser for the Chelan Community Nurse program will be held on Saturday, August 19, 4-9 p.m., at

The Entertainment Center at Watson's Alpenhorn Café. Tickets are \$20 per person. For tickets call 509-679-9059. There will be festival seating, music, dancing, food and beer/wine garden. Music will be by local musicians. This is a celebration of the music of Woodstock and more and this fundraiser is held to provide operating funds for the program. Music by local musicians Waterdog, The B Side, Space for Rent and singer/songwriter Brittany Jean. On-site food and beverage purchases only, Hippie Costume Contest. Dogs welcome with leashed owners.

Family and friends Support Group: August 21

WENATCHEE - Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Grange Youth Fairs Program: August 21

MANSON - The Manson Grange "Youth Fairs" program provide an opportunity for young Grange members to participate in an educational setting, designed to increase confidence, strengthen character, learn invaluable life skills and teach the importance of self-discipline. They meet the third Monday of every month at 6 p.m. The next meeting is August 21 at the Manson Grange Hall. The program encourages learning opportunities for the members. The Grange "Youth Fairs" program offers young members, age 5-19 the opportunity to exhibit at county fairs and expositions. This program works alongside other nationally recognized programs such as 4-H and FFA. For more information: Norm Manly, 509-293-0225.

Lake Chelan Health board meeting: August 22

CHELAN - The board of commissioners of Lake Chelan Health Hospital will meet in person on Tuesday, August 21, at 1:30 p.m., in the board room at Lake Chelan Health, 110 S. Apple Blossom Drive. Those interested in attending may do so in person or via the internet. For agenda and login information to lakechelan-

DEATH NOTICES

Billy Gillham

Billy Gillham, 92, of Chelan, Washington, passed away Friday, July 28, 2023. Arrangements by Chapel of the Valley, East Wenatchee.

Don Jensen

Don Jensen, 83, of Chelan, Washington, passed away Friday, July 21, 2023. Please leave any thoughts and memories for the family at Prechtrrose.com. Services are under the direction of Precht Rose Chapel of Chelan.



No, you can't wrap a fish in a Web site,

...but you can get the local news online at www.lakechelanmirror.com

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald: An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 682-2213 or 689-2507 for more information Or email ruthk@lakechelanmirror.com

CHURCH GUIDE

• CHELAN

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Pastor Mark Wilton

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Worship 11 am & 6 pm
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Corner of Johnson & Emerson

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509-682-2851
www.standrews-chelan.org

• MANSON

MANSON UNITED METHODIST CHURCH
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Holy Communion the first Sunday of the month
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Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon

"With men this is impossible; but with God all things are possible."

- Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruthk@lakechelanmirror.com

THE WASHINGTON OUTDOORS REPORT

Sockeye salmon madness and more

By JOHN KRUSE

LAKE WENATCHEE
Lake Wenatchee is experiencing a big sockeye boom this year. As of July 21, 67,354 sockeye salmon had passed through Tumwater Dam en route to Lake Wenatchee. This is well over the ten-year average for the entire run that typically ends in mid-September. This equates to many more sockeye in Lake Wenatchee than anglers have seen in years.

Nate Stull, the owner of Stully's Guide Service (www.stullysguideservice.com) has been fishing Lake Wenatchee and says the fishing is pretty good though the boat ramp at Lake Wenatchee State Park is so busy you may end up not getting on the water at first light for the best bite. Even though Stull didn't get on the water to fish until 6:30 a.m. on his most recent trip, several of his clients still caught limits of sockeye out of his boat during an abbreviated morning bite that saw lots of fish hooked, and several lost with the barbless hooks required here.

Stull is trolling a Mack's Lure 1.5 Smile Blade spinner in pink or green or glo-burst. Also being trolled are pink hoochies. Eight-inch green or chrome dodgers are tied about 8 to 12 inches in front of the lure. Stull is using downrig-

gers and trolling 45 feet deep in the early morning and going as deep as 90 feet in the late morning. The entire upper end of the lake is fishing well since the sockeye are going up both the White and Little Wenatchee Rivers. Stull does have several openings for Lake Wenatchee. He expects the fishing should remain solid for quality fish until mid-August. You can book a trip with him through his Facebook page or through his website at <https://stullysguide-service.business.site/>.

WENATCHEE RIVER
The large bounty of sockeye returning to Lake Wenatchee this year has the Washington Department of Fish and Wildlife (WDFW) announcing a rare opening of the Wenatchee River from August 1st through September 30th for sockeye salmon with a limit of four sockeye a day, as well as two adult hatchery Chinook salmon per day. The river is open for fishing from the mouth to the Iceicle Road Bridge in Leavenworth.

I checked in with Rick Graybill, the fishing guru at Hooked on Toys in Wenatchee and asked him about this new opportunity. Graybill told me the vast majority of the sockeye run has already made it to Lake Wenatchee but with several hundred sockeye a day still entering and traveling up the Wenatchee River on a daily basis, there is the possibility of hooking into some fish here.



Courtesy Stully's Guide

Nate Stull shows off the sockeye his clients caught at Lake Wenatchee.

Graybill recommends plunking for the fish, casting out a pyramid sinker heavy enough to keep your bait in place without drifting. Twelve to 15 inches up from the sinker he'll tie on a three-way swivel. Connected to that swivel is a two-foot leader. At the end of the leader, rig up a Spin-N-Glo lure, pink and red being good color choices, along with a couple of beads and then two barbless hooks. On the top

barbless hook rig up a canal shrimp for bait. Above that first offering tie on a second three-way swivel and add a second bait rig similar to the first.

As for where to fish, Graybill recommends looking for a point and fishing three to six feet deep since the fish will be hugging the shoreline, especially during the early morning hours. As the day progresses you can still catch

them at times but you will want to fish deeper water, like 10 to 12 feet deep.

BREWSTER SALMON DERBY

If you are fishing this weekend around Brewster, you'll likely have lots of company. The Brewster King Salmon Derby takes place August 4-6 and up to 300 anglers are expected to attend. If you want to participate you may be too late. Ticket sales end at

midnight on August 1. You can find out more about the event at www.brewsterkingsalmon-derby.com.

MID-COLUMBIA STURGEON CLOSURE

Anglers have come to take sturgeon fishing on the Columbia River for granted but things are changing this summer as both WDFW and ODFW announced a closure to all sturgeon fishing between The Dalles Dam and Priest Rapids Dam until September 15.

At least 24 sturgeon have been found dead in this section of the river this summer, most of them being found in the John Day Pool. One reason why these sturgeon deaths are occurring is the warming temperature in this part of the Columbia River, which is running higher than normal.

Just as catching trout in warm water can be fatal for the fish, the same goes for sturgeon and WDFW biologists say, "High water temperatures and lower dissolved oxygen have been shown to stress and kill sturgeon. While only catch-and-release fishing is allowed this time of year, closing all fishing will help reduce stress from capture and handling and give sturgeon some relief until water temperatures cool off in September."

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

Landowner Hunting Permit Program application period now open

SUBMITTED BY OTTIE MCCLELLAN, WASHINGTON DEPARTMENT OF FISH AND WILDLIFE

OLYMPIA—The Washington Department of Fish and Wildlife (WDFW) is now accepting applications for the Department's Landowner Hunting Permit Program for

the 2024-2026 season. Landowners must submit applications by August 15. A copy of the application packet, details on how to submit an application, and more information about the program is available on WDFW's website or by contacting the Private Lands

Access Program Manager (360-280-3020).

WDFW's Private Lands Program is focused on working with landowners throughout Washington to provide public recreational opportunities. WDFW works within formal agreements with landowners to outline

and develop a plan that supports hunting and other public access and/or habitat conservation on enrolled private lands.

WDFW has been helping private landowners open their lands to public hunting since 1948. The Department helps landowners manage hunting on their property by providing technical as-

sistance and signage. Many of the private landowners who are part of the private lands access program also get assistance from WDFW staff to help improve fish and wildlife habitat on their lands. Department staff are available to help landowners plan habitat improvements and may also help landowners apply for or implement

federal- or state-funded habitat improvement programs. For more information, visit WDFW's Private Lands website.

WDFW works to preserve, protect, and perpetuate fish, wildlife, and ecosystems while providing sustainable fish and wildlife recreational and commercial opportunities.

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- ECHO RECORD MIRROR HERALD

Online Only - In County - \$40 - E-Edition (Paper as printed)

- ECHO RECORD MIRROR HERALD

Print Only - Out of County/In State - \$50 per year

- ECHO RECORD MIRROR HERALD

Print Only - Out of State - \$52 per year

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Master Hunter Program application period open

Orientation August 10

SUBMITTED BY KRIS THORSON, WASHINGTON DEPARTMENT OF FISH AND WILDLIFE

OLYMPIA—The Washington Department of Fish and Wildlife

(WDFW) is inviting new applicants to join the ranks of over 1,200 certified master hunters across the state. WDFW administers the Master Hunter Permit Program to enlist skilled volunteers who are willing to aid Department efforts to support the public and Washington wildlife. The program is designed

to promote safe, lawful, and ethical hunting and strengthen Washington's hunting heritage and conservation ethic.

"To qualify for the program, applicants must demonstrate a high skill level and be committed to lawful and ethical hunting practices," said David Whipple, WDFW hunter education division manager.

Interested individuals can submit applications now through August 15, and must complete all program requirements by May 15, 2024. For information on master hunter eligibility requirements and how to apply, visit WDFW's website.

Whipple encourages individuals who enroll in the program to prepare thoroughly for the written test. "Master hunters are expected to be knowledgeable on many aspects of WDFW and the agency mission—so the test is fairly comprehensive, and applicants only get one chance to re-take the exam," he explained.

WDFW has upcoming an in-person orientation scheduled so applicants, current master hunters, and the public can receive information on the program and ask questions. An orientation will take place on August 10 at WDFW's Southwest Region office in Ridgefield (5525 South 11th St.), also from 7-9 p.m.

Master hunters in Washington provide approximately 15,000 hours each year on volunteer projects involving landowner relations and access to private lands, conservation projects for game and diversity species, and hunter education. WDFW also enlists master hunters to assist the Department in certain human-wildlife conflicts.

WDFW works to preserve, protect, and perpetuate fish, wildlife, and ecosystems while providing sustainable fish and wildlife recreational and commercial opportunities.

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Business Journal

ECHO RECORD MIRROR HERALD

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Administrative

Puzzle Solution

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Announcements

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Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

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Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

Employment

Help Wanted

School District is seeking qualified applicants for the following position:

Cascade High School Assistant Cross Country Coach

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Looking for a great local employee? It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR **Leavenworth Echo Cashmere Record** 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Help Wanted

"Mansfield School District is seeking a School Nurse for the 2023-24 school year. To view job description and print off a job application, access our website at www.mansfield.wednet.edu. We are an equal opportunity employer. If you have any questions, please contact us at 509-683-1012."

CLINICAL MEDICAL ASSISTANT-CERTIFIED Full-time/ Temporary

Three Rivers Hospital is seeking a temporary Medical Assistant to work in our family practice clinic for up to 9 months. Must have valid WA State MA-C License. One year's experience in clinic practice setting preferred. Spanish Bi-lingual is preferred. Monday-Friday; 8:30 a.m. – 5 p.m. Benefit eligible.

Interested Candidates may apply in person or by mailing their resume to:

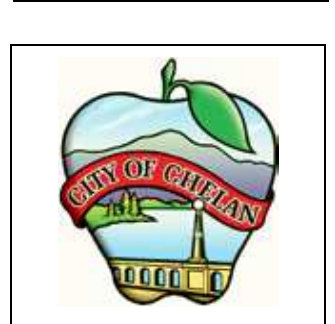
Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

EOE

School District is seeking qualified applicants for the following positions:

- Substitutes needed:
- Bus Drivers
 - Custodians
 - Food Service
 - Para Professionals
 - Teachers
 - Teachers (Emergency Substitute)

Fast Track application process and information can be found on our website at www.cascadesed.org EOE



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Help Wanted

Facilities Maintenance/ Custodian – Full-time Organization: Okanogan County Transit Authority (TranGO) TranGO IS HIRING A FACILITIES MAINTENANCE/ CUSTODIAN;

Full-time (36 plus hours per week), schedule may vary, position available now; hourly non-exempt. Compensation is \$19.37-\$20.94 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, (see website for benefit details) sick leave and vacation. Commercial Driver's License with Passenger Endorsement preferred. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, Suite A, Okanogan. Application Deadline: Application review will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

Clinic Nurse – Care Coordinator Full-time/ Days

Three Rivers Hospital in Brewster is seeking a full-time Care Coordinator, RN available immediately. Must have current WA RN license and BLS with a minimum of 3 years clinical experience. Monday- Friday; 8 a. m. – 5 p.m. Benefit eligible.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

EOE

Help Wanted

LAB TECHNICIAN/ TECHNOLOGIST Full-time/ Day or Night

Three Rivers Hospital is in need of hiring two Lab Tech candidates to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or MT. Monday-Tuesday – day and night shifts available.

Sign-on Bonus: \$5,000.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

EOE

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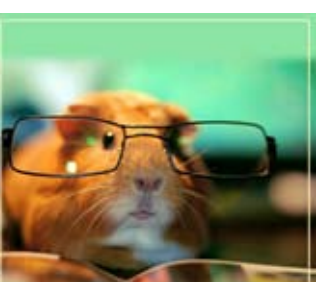
Help Wanted

Clerk of the Board/Facilities Coordinator – Full-time

Organization: Okanogan County Transit Authority (TranGO) TranGO is looking for a full-time Clerk of the Board/Facilities Coordinator. This position is hourly non-exempt. Compensation is \$28.12 - \$30.42 per hour (DOE). Benefits include health, dental, vision, life insurance, retirement, (see website for benefit details) sick leave and vacation.

Responsible in part for clerical duties for the OCTA and OCOG Boards, processing accounts payable, replying to Public Records Requests, notary, compiling and editing various documents, advertising for meetings and public hearings, serving as back up on phones, receiving and distributing mail, organizing, and maintaining all OCTA and OCOG files and responsible for records retention. (See job description for complete details). Visit www.okanogantransit.com for application and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to financehr@okanogantransit.com or mail to TranGO, PO Box 507, Okanogan WA 98840. **Application Deadline:** First review of the applications will be 08/18/23; position open until filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

EOE



Looking for a home for your Furry friend?

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Deadline: Noon on Friday for all papers.

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Lake Chelan Mirror Quad City Herald Call: 509-682-2213
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Legals
Public Notices

IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN
Estate of WILLA J. CANARY, Deceased.
NO. 23-4-00253-04
PROBATE NOTICE TO CREDITORS
RCW 11.40.030
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FIRST PUBLICATION: July 26, 2023
PERSONAL REPRESENTATIVE: James William Canary
ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr
ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC P.O. Box 1606 Chelan, WA 98816 509-682-4536
Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 23-4-00253-04
Published in the Lake Chelan Mirror July 26, August 2, 9, 2023. #6063

Public Notices

Chelan City Council NOTICE OF PUBLIC HEARING
NOTICE IS HEREBY GIVEN the City Council of the City of Chelan, Washington will hold a Public Hearing beginning at 6:00 p.m. on Tuesday, August 8, 2023 in the City Council Chambers, 135 East Johnson Avenue in Chelan, Washington on the Sundance Annexation, enacted on June 13, 2023 by Resolution No. 2023-1426, as required by RCW 35A.14.220.
Dated this 20th day of July, 2023.
Peri S. Gallucci
City Clerk
Published in the Lake Chelan Mirror on July 26 and August 2, 2023. #6055

Public Notices

SUMMARY OF ORDINANCE NO. 2023-1610 of the City of Chelan, Washington
On the 25th day of July 2023, the City Council of the City of Chelan, Washington, passed Ordinance No. 2023-1610. A summary of the content of said Ordinance provides as follows:
AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF CHELAN, WASHINGTON AMENDING CHAPTER 2.04.010 OF THE CHELAN MUNICIPAL CODE AMENDING THE REGULAR CITY COUNCIL MEETING DAYS.
The full text of the Ordinance will be mailed upon request.
DATED this 26th day of July, 2023.
Peri S. Gallucci
City Clerk
Published in the Lake Chelan Mirror on August 2, 2023. #6080

Share your news with us
Send it to lcmeditor@gmail.com or call 509-682-2213

Six tips to keep pets safe during storm season



Courtesy Photo

Have pets microchipped. In the event of an emergency, natural or otherwise, you want to ensure your pet can get back to you if you're separated. Pictured is Mulligan, Kris Kiser's pup.

SUBMITTED BY DEBBI MAYSTER, TURFMUTT FOUNDATION

While no one is immune from the devastation of a natural disaster, preparing before a storm hits is key to keeping everyone in your family—including your pets—safe. "What's good for us is good for our pets," said Kris Kiser, President of the TurfMutt Foundation, an environment education and stewardship program, and President and CEO of the Outdoor Power Equipment Institute (OPEI), an international trade association representing manufacturers and suppliers of power equipment, small engines and battery power, utility and personal transport vehicles, and golf cars. "My dog is a member of the family, so we have a plan for keeping her safe in the event of an emergency, and we encourage all pet parents to do the same. "Here are six ideas from the TurfMutt Foundation to help you include pet safety when mapping out a disaster preparedness plan.

Have pets microchipped. In the event of an emergency, natural or otherwise, you want to ensure your pet can get back to you if you're separated. Collars and ID tags, though important, can break or detach. Microchips, computerized and scannable implants about the size of a grain of rice, are more foolproof since they're inserted under your pet's skin.

Bring pets inside at the first sign of danger. Disasters can be disorienting for pets, and they could run away or hurt themselves reacting to loud

noises and strange changes to their landscape. Also, rain, flying debris and high winds pose a danger.

If you have to leave, keep pets with you. Leaving your pets behind during a natural disaster is never a good idea because they could escape or become exposed to a number of life-threatening hazards. Keep them on a leash or in a pet carrier so they don't escape, even if you are in a "familiar" neighborhood.

Determine where you'll go. You need a Plan B if you are advised by government officials to leave your home. Not all emergency shelters will accept pets and physical distancing guidelines may reduce capacity in public shelters. Make a plan and develop a list of pet-friendly hotels open for business and outside your immediate area that you might evacuate to.

Create a pet-friendly resource list. Research a list of veterinarians in the area should your pet need medical care, your regular vet may have some recommendations. Also, figure out which boarding facilities are nearby in case you need to separate from

your pet for a time.

Pack an emergency bag. Pack emergency provisions for pets well in advance of a catastrophe so you can evacuate your home quickly if needed. Choose an easy-to-carry bag, label it and keep it where everyone in the family can find it quickly. The bag should include a pet first aid kit; enough food and bottled water for a week (rotate this every couple of months to keep it from going bad); medications (check periodically to ensure medicines in your emergency bag don't expire); cleanup supplies; food and water dishes; bags (or litter for cats) for collecting waste; an extra collar and leash; photocopies of medical records; towels; recent photos of your pets; and a favorite toy or chew for comfort. It's also a good idea to have a sturdy carrier or crate for each pet. By keeping in mind these ideas, pet preparedness plans can be put into action ahead of a storm instead of spending valuable time trying to determine what needs to be done to best protect pets.

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CROSSWORD PUZZLE

THEME: AMERICAN HISTORY 101

CROSSWORD

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1. Frill on a blouse
2. Toothy freshwater fish
13. *Site of famous Texas Revolution battle
14. "Losing My Religion" band
15. Opposite of crazier
16. Marine polyp
17. "___ Te Ching", book
18. Gastric woe
19. *First Catholic President
21. *Underground Railroad conductor
23. Knot-tying vow (2 words)
24. Cold transmitter
25. Definite article
28. Popular fairy tale beginning
30. Woody tissue
35. X-ray units
37. Women in habits
39. It follows eta
40. Quantity of measurement
41. Crosswise, on deck
43. Old flames
46. Pavarotti's song
47. European money
48. Hairy, of plants and animals
50. Charitable contribution
52. Wrath, e.g.
53. American Girl, e.g.
55. Life story, for short
57. *Louisiana Territory's previous owner
60. *Infamous 1995 Oklahoma City event
64. Olympic torch, e.g.
65. Toni Morrison's "___ Baby"
67. The press
68. Fake duck, e.g.
69. "Home of the brave"
70. Choose by a vote
71. Stink to high heaven
72. Third degree
73. Hazards

DOWN
1. "Boxed" clown
2. Burn-soothing plant
3. Owl's hangout
4. Saudi neighbor
5. Canadian city on Lake Erie
6. Bohemian
7. *1773 cargo overboard
8. Bring character to life
9. Rodeo Drive tree
10. Machu Picchu builder
11. Hiking sandals manufacturer
12. Make a mistake
15. Hand over
20. Ritchie Valens' 1958 hit
22. Modern address
24. *Grant, Patton or Sheridan
25. "Ain't I a Woman?" speaker
26. Capital of Vietnam
27. Marks on a manuscript
29. *Bay of Pigs location
31. Clarified butter
32. Connection in a series
33. Wombs
34. *Dixon's partner
36. Dance move
38. Go yachting
42. Lou Bega's "___ No. 5"
45. Actor Poitier
49. Brown of "Back to the Future"
51. Cook on low heat
54. Reduce pressure (2 words)
56. Obelus, pl.
57. What refugees do
58. Speed test
59. Crazy
60. Actor Pitt
61. "___ of March"
62. One of Jonas brothers
63. Gangster's pistols
64. *The New Deal Pres.
66. Campfire residue

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Geological Wonders of Iceland to be presented August 8



Courtesy Wenatchee Valley Erratics

The Wenatchee Valley Erratics, Ice Age Floods Institute's next program will be on Tuesday, August 8 at 7 p.m. at the Wenatchee Valley Museum and Cultural Center, 127 South Mission St., Wenatchee. Brent Cunderla, IAFI Wenatchee Valley Erratics' long-time president, will give a Powerpoint Program on the Geological Wonders of Iceland. His talk stems from a trip he took in September 2022. Highlights include seeing the divergent plate boundary apparent at the surface, the Icelandic Hotspot, many basalt flows, geothermal fields and geothermal energy, geysers and hot springs, glaciers and waterfalls. This is a hybrid meeting. You can attend in-person at the Museum. Or you can participate via a Zoom link: <https://us02web.zoom.us/j/84520197937> Please sign in at 7 p.m. The program is free and open to the public.

Charting a new course: Confluence Health announces mission and vision statements

SUBMITTED BY ADAM MACDONALD, CONFLUENCE HEALTH

WENATCHEE - Shared values and goals are essential to the strong foundation of any organization. This is especially true for a local healthcare provider, which has meaningful, long-lasting outcomes on communities and families now and into the future. That is why Confluence Health, North Central Washington's largest healthcare provider, is so excited to unveil its new mission and vision statements.

The new mission of Confluence Health is: "Local care by and for our community." The new vision is: "To serve our community with compassionate care through our dedication to: enabling joy and pride in our work, focusing on local sustainability, ensuring access for all, and committing to excellent care and service."

"These new mission and vision statements serve two very different but important purposes," said Dr. Andrew Jones, CEO for Confluence Health. According to Jones, the mission statement is what makes Confluence Health unique and why it opens its doors each day, while the vision statement provides strategic guidance on where the organization is headed.

"Not only do these new statements set a course for Confluence Health now, but they will guide us in the years to come," added Jones. "To put it simply: our mission is our heart, and our vision is where we are heading."

In shaping the new mission and vision statements, the leadership of Confluence Health was faced with the challenge of using a handful of words to convey the larger values not only of the organization itself, but also of its staff and providers who make it all possible.

In order to hear from as many stakeholders as possible, leadership held multiple employee forums in addition to several leadership, board, and patient advisory discussions. Throughout the extensive development process, one of the most consistent pieces of feedback received from focus groups and surveys was the importance of community.

"At Confluence Health, we are the community we serve," Jones explained. "The people we care for are

our friends, neighbors, and families. Plus, the sense of community we have with our co-workers and colleagues makes this a great place to work. Community matters."

Jones also acknowledged that Confluence Health should continue to strive to create an excellent experience for patients and employees, saying, "We recognize we have a lot of work to become the care provider and employer of choice in the region and beyond. We believe the new mission and vision statements can be used as our guide to get there."

New vision is: "To serve our community with compassionate care through our dedication to: enabling joy and pride in our work, focusing on local sustainability, ensuring access for all, and committing to excellent care and service."

About Confluence Health: Confluence Health serves the largest geographic region of any healthcare system in Washington State, covering over 12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties. Confluence Health is one of only two locally-lead healthcare systems in the state with the purpose of maintaining availability and access to high-quality, cost-effective healthcare services for North Central Washington. The Confluence Health Board of Directors provides governance for Confluence Health and includes nine community board members and six physician board members.



Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

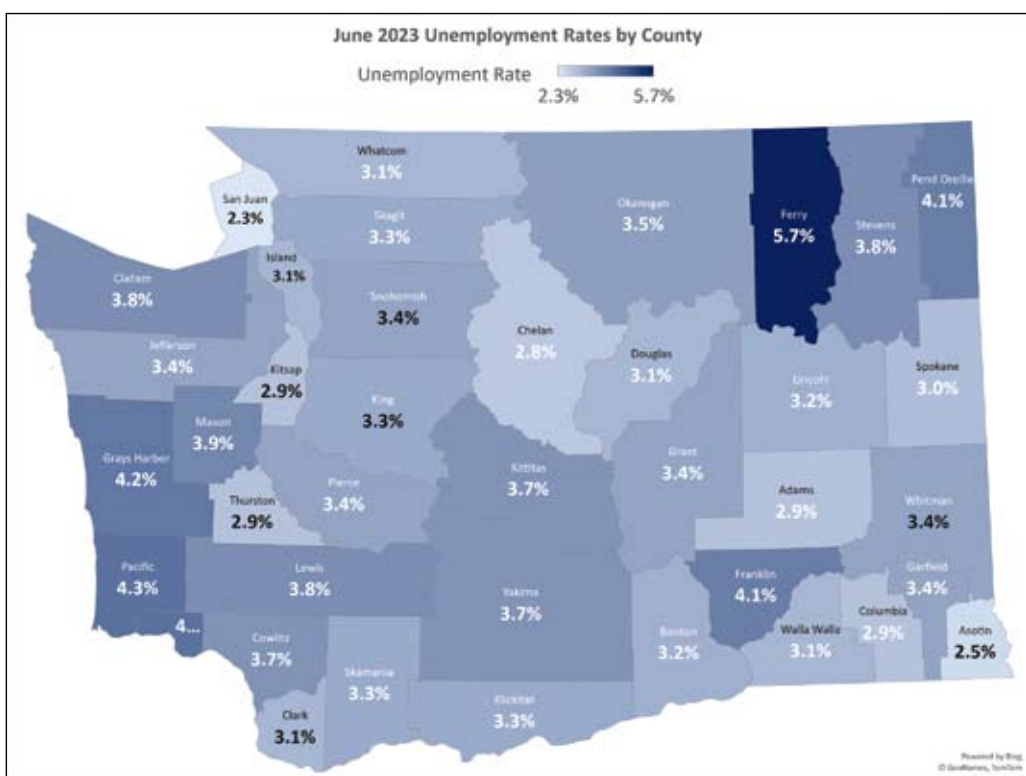
Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of

that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.



Courtesy WA State Employment Security Dept.

County unemployment numbers for June 2023 released

SUBMITTED BY WA STATE EMPLOYMENT SECURITY DEPT.

OLYMPIA - The BLS estimates Washington's preliminary seasonally adjusted unemployment rate for June 2023 is 3.8 percent. The revised estimated May 2023 unemployment rate is 4.1 percent. According to BLS estimates, the number of unemployed people fell by 10,500 in June 2023 compared to May 2023. At the same time, the number of employed people rose by an estimated 13,400. Overall, this amounted to an increase of 2,900 people in the labor force. The preliminary June 2023 unemployment rate is 0.1 percentage points lower than the June 2022 rate of 3.9 percent. June 2023 preliminary unemployment

rates: U.S. (preliminary) 3.6%, Washington (preliminary) 3.8%, Chelan County (preliminary) 2.8%, Douglas County 3.1%, Okanogan County 3.5%.

Based on BLS estimates, Washington state nonfarm employment increased by 11,900 jobs from May 2023 to June 2023.

One-month employment change by industry

Based on a BLS survey of businesses and governments, Washington gained an estimated 11,900 jobs during the month, on a seasonally adjusted basis.

Overall, employment increased in seven major industries and decreased in six in June.

Private sector employment is estimated to have increased by 8,800 and govern-

ment employment increased by 3,100.

Leisure and hospitality employment increased by 8,900 overall, with 5,200 jobs added in food services and drinking places.

The number of jobs in education and health services increased by 4,600 overall, with 3,100 jobs gained in social assistance.

Professional and business services employment increased by 500 overall, with 800 jobs gained in professional, scientific and technical services.

Manufacturing employment fell by 2,500, led by 1,700 jobs lost in food manufacturing.

Retail trade employment decreased by 2,800 overall, with 900 jobs lost by food and beverage stores.

Speaking to kids about drugs has become critical

By MARCEL GEMME

Drug education and prevention work; it's proven effective. Parents' or caregivers' early conversations with their kids make a real difference. Amid the opioid epidemic, these conversations have become critical.

Fentanyl and fentanyl analogs are found in most drugs and are even made to look like prescription pain medication. There is a real risk of deadly overdose. Social media platforms provide easy access to illegal drugs.

Online drug dealers target young people because of the frequency they use social media. Anyone buying drugs online will never know what they are getting. Over the past 15 years, over 17,500 Washington residents have died from a drug overdose. Approximately 68% of those deaths involved opioids. Since 2019, opioid-related deaths have nearly doubled.

Prevention and education resources are critical, such as The Parent's Guide to Fentanyl and local resources and organizations. Yet, it begins with parents and caregivers speaking with their kids. Consider some of the following tips:



Courtesy photo

Marcel Gemme

Keep conversations frequent and small, rather than one big talk; this helps to build strong communication and trust. These conversations should fit into everyday life, and it's never too late to start.

Make your views and rules about legal substances clear; set boundaries. They must have an understanding of the consequences.

Be a reliable source of factual information; search out the answers together and find accurate data.

Ask them what they know about fentanyl, listen to their opinions, and answer their questions. The conversation

goes both ways. Avoid lecturing, threatening, or using scare tactics.

Be prepared to share personal experiences. Help them prepare to manage peer pressure, rehearse scenarios and practice what to say when faced with it.

Teach them about online safety and using social media safely, such as not giving out personal information.

These talks aim to build trust and a safe environment where youth can come to their parents at any time and speak about the things they are experiencing.

It's never too late to start having these talks. When youth and teens know the dangers, they begin making informed decisions and avoiding dangerous situations. There are different risks now with recreational drug use, and young people must understand these risks.

Marcel Gemme has been helping people struggling with substance use for over 20 years, most recently with the creation of SUPE: Substance Use Prevention Education. His work focuses on a threefold approach: education, prevention, and rehabilitation.

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