

## Chelan Valley Feral Cat Project transforms lives of local cats

By KATIE LINDERT  
Ward Media Staff Reporter

CHELAN – Chelan and Manson area feral cats are given a new life through the efforts of the Chelan Valley Feral Cat Project (CVFCP), an effort coordinated by Chelan resident and CVFCP director April Leaf. Leaf, through an initiative to trap, seek healthcare for, and release local feral cats, advocates for the wellness and sustained life of area cats with profound dedication.

She has devoted effort to this initiative since the 1980's, but has been helping cats all her life. She was first inspired to work with feral cats when she lived on the island of Hawaii. Leaf worked to find mistreated animals and help restore them to health and safety.

She recently began a similar project in the Lake Chelan Valley; the CVFCP has been a coordinated effort since April. The program seeks to locate, humanely trap, provide healthcare, and release feral cats back to their established colonies and neighborhoods. In tandem with area volunteers, the Wenatchee Humane Society, Okanogan Animal Rescue,

and The Village Veterinarian in Chelan, the effort has served over 60 cats, with more to serve with every passing week.

Barbara L. Fehr, DVM of The Village Veterinarian in Chelan, primarily meets the cats' health needs. A devoted care provider for area animals, Barbara provides various health services to these cats as needed before their release. The care extends from spay/neuter services to providing shots, deworming, demitting, teeth extraction, and uterus removal—often whatever it is that each cat needs to be successful in their reintegration into the valley. Leaf asserts, "Without her extremely generous support, we couldn't do this."

Currently, Leaf and area volunteers are working to humanely trap roughly 40 cats near the Lake Chelan Airport in the Apple Acres area, a large population of animals needing primary care. This effort will cost nearly \$8,000, but with the generous donations of area residents, only \$600-\$1,000 is currently needed to support this project. Although

SEE FERAL ON PAGE A2



KATIE LINDERT/WARD MEDIA  
Dena Ramirez-Halle of Wenatchee (left), and Sara Nagel of Whidbey Island (right) hold Buffy (Buff), one of the kittens being taken care of by April Leaf of Chelan Valley Feral Cat Project, at the Chelan Farmers Market on September 7.

## Manson Chamber of Commerce seeks volunteers

By KATIE LINDERT  
Ward Media Staff Reporter

MANSON – The Manson Chamber of Commerce (MCC) is seeking volunteers to staff their Manson office and participate in local seasonal events throughout the year. The Chamber has operated successfully with ten volunteers actively serving in 2023; however, an increase in area events requires a need for additional support.

The MCC recently relocated to 17 Hale Street in Manson. The new location offers a more prominent presence in the community, garnering a need for more active volunteers. New Executive Director Tom Tocherman is the only paid

employee at the Chamber. With a background in non-governmental development and business management, Tocherman has a strong vision for the community of Manson, which aligns with the 2023 Manson Chamber of Commerce Board of Directors.

What was formerly the Manson Business Association, the MCC excitedly looks toward the valley's future. Their 2023 Membership Application states their purpose, "To support and assist our community members to successfully grow both now and in the future. The Manson Chamber of Commerce is a non-profit organization organized to bring greater awareness and focus to Manson and

the features and amenities we offer. From our beautiful wineries and agriculture to our breathtaking landscape and our growing recognition as a destination for dining, entertainment, and accommodations, we strive to bring attention to all of our assets. We believe that ALL businesses benefit by working together for mutual success."

For more information about volunteer engagement and ways to sign up, visit [www.moretomanson.com](http://www.moretomanson.com) or contact community volunteer Norm Manly directly through the Manson Chamber of Commerce office.

Katie Lindert: 509-731-3211 or [katie@ward.media](mailto:katie@ward.media)



KATIE LINDERT/WARD MEDIA  
The Manson Chamber of Commerce is now located at 17 Hale Street in Manson and invites those visiting the area to take a photo in their giant beach chair in front of the office.

## Habitat for Humanity undertakes ambitious housing initiative in Chelan

By KATIE LINDERT  
Ward Media Staff Reporter

CHELAN – Lake Chelan Valley Habitat for Humanity is actively engaged in constructing eight homes for eligible community members on the 600 block of Wapato Avenue in Chelan. This new development, known as Pumpkin Lane, is a cul-de-sac addition. The site consists of two parcels of land generously donated to Lake Chelan Valley Habitat for Humanity. Construction is currently underway, with plans to further divide the land. This division will facilitate the construction of a second duplex; one duplex has already been completed and is presently accommodating two families. Additionally, four standalone homes will be added to the complex.

Historically, Lake Chelan Valley Habitat for Humanity has typically been able to

complete one housing unit per year, adhering to the minimum requirements set by Habitat for Humanity International. However, the current project represents a departure from their past endeavors, largely attributable to the availability of these particular land parcels.

Lake Chelan Valley Habitat for Humanity is a 501(c)(3) non-profit affiliate of Habitat for Humanity International, an organization dedicated to increasing access to housing worldwide. Michelle Fanton, the Executive Director of Lake Chelan Valley HFH, discusses the criteria used for selecting beneficiaries, stating, "Habitat has three key criteria that we use to assess eligibility, and one of them is need. When we refer to 'need,' it's important to note that, in our community, most individuals have some degree of need. However, when Habitat as-



KATIE LINDERT/WARD MEDIA  
Lake Chelan Valley Habitat for Humanity is constructing eight homes for eligible community members. This new development, known as Pumpkin Lane, is a cul-de-sac addition located in the 600 block of Wapato Avenue.

sesses need, we are referring to a significant need. This includes not only a need for affordable housing but often signifies substandard living conditions. We are referring

to situations where residents may lack drinkable water, face accessibility challenges due to disabilities, experience overcrowding in their homes, or endure inadequate living

conditions. When we evaluate applications, we focus on factors such as the condition of the applicant's home or rental property. We consider aspects such as exposed wiring, lead

paint, water quality, and heating availability. Sometimes people may not fully grasp the extent of need in our community."

Lake Chelan Valley Habitat for Humanity, Chelan Valley Hope, and Chelan Valley Housing Trust have initiated monthly meetings with the goal of involving more housing organizations in the assessment of community housing needs and resources. This collaborative effort may enhance the eligibility of individual organizations for grants and reduce redundant initiatives.

Nonetheless, rising material and labor costs, difficulties in securing consistent contractors and subcontractors, and evolving climate conditions affecting the provision of no or low-interest mortgages have significantly impacted the pace of housing projects. Fan-

SEE HOMES ON PAGE A3

### INSIDE THIS WEEK

Community..... A1-A4, B1, B3-B4	Health ..... B3	<b>Classified Index</b>
Meetings/Events ..... A4	Recreation/Outdoor..... B1, B4	Classifieds, Puzzles ..... B2-B3
Sheriff/EMS/Fire ..... A3	Regional ..... B4	Public Notices ..... B2-B3
Church News ..... A4		Puzzles ..... B3
Obituaries/Death Notices ..... A4	Business & Services	
	Directory ..... A2	<b>Inserts</b>
		Safeway



131 S. Apple Blossom Drive, Ste #109,  
P.O. Box 1922  
Chelan, WA 98816-1922  
509-682-2213  
www.lakechelanmirror.com





## COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to [NCWMARKET.COM](http://NCWMARKET.COM) 24/7
- Garage and Yard Sale Ads are paid events, please email those to [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) or [NCWMARKET.COM](http://NCWMARKET.COM)
- For more info call: Lake Chelan Mirror at 509-682-2213
- Email to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

## Lake Chelan Valley Events, Things to do, Meetings

### Outdoor Gallery/Murals, sculptures

CHELAN - Follow the Lake Chelan Arts Council Outdoor Gallery map, available at the Lake Chelan and Manson Chambers of Commerce to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, go to [artinchelan.com](http://artinchelan.com).

### SAIL Exercise Classes:

#### September 13, 14, 15

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

### Manson Farmers Market:

#### September 13, 16

MANSON - Manson Farmers Market is held every Saturday and Wednesday thru September 30. Bell rings at 8:30 a.m. Lots of produce and crafts for sale. Want to be a vendor? Contact Gordon Lester by email at [s\\_lester2001@yahoo.com](mailto:s_lester2001@yahoo.com) or phone 509-687-3158.

### Household hazardous waste drop off:

#### September 13-15

#### Latex paint now accepted - Drop off Saturday, Oct. 7

WENATCHEE - Drop-off Saturday is October at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday the same hours. Drop off your household hazardous wastes and latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: <https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes>.

### Chelan Senior Meals: September 13-16, 18-20

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over

age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at [www.octn.org](http://www.octn.org) and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: September 13: Teriyaki Beef over Rice, Oriental Vegetables, Asian Coleslaw, Mandarin Oranges, Garlic Bread, Dessert; September 14: Salmon with Dill Sauce, Rosemary Potatoes, Spring Salad, Tropical Fruit, WW Roll, Dessert; September 15: Ham Sandwich, Corn Chowder, Pea Salad, Waldorf Salad, Dessert; Sept. 18: Chicken Pot Pie, Cottage Cheese, Garden Salad, Fruit Tray, WW Roll, Dessert; Sept. 19: Roast Beef, Mashed Potatoes/Gravy, Mixed Vegetables, Caesar Salad, Apple Crisp; Sept. 20: Pizza Supreme, Veggie Tray, Apple Wedges, Garlic Bread, Dessert.

### Chelan Valley Hope: September 13-14, 18-21 Hoedown Fundraiser September 16

CHELAN - Last chance to pre-purchase your tickets to the Hope Hoedown. Kick up your boots and join us on Saturday, September 16, at Chelan Valley Farms 4-8 p.m. There will be live music from Miller Campbell band, a fun, western-themed interactive photo booth, and a Kid's Korral area with games, face painting, and coloring. Dooley Dogs and Taqueria Mazatlan, as well as Kettle Corn, and a no-host bar, including beer, wine, and mocktails, will be available. A raffle will feature hundreds of local items, gift cards, certificates, and more. A local artist will do live painting, creating a customizable scenery picture, which will go with several other big-ticket items in the silent auction. Other activities include a "Jail & Bail" game, where participants can be "arrested" and "bailed out" for a donation to Hope. To learn more and to purchase tickets, visit [ChelanValleyHope.org/hh](http://ChelanValleyHope.org/hh) or [HopeHH.Eventbrite.com](http://HopeHH.Eventbrite.com).

### Chelan Museum: September 13-16, 19-23

CHELAN - The Chelan Museum is open Tuesday thru Saturday 11 a.m.-4 p.m. The museum is located at the corner of Woodin Avenue and Emerson Street. For more information: 509-682-5644.

### Cancer Support Group: September 14

CHELAN - The women surviving/thriving cancer support group will meet Thursday, September 14, 1 p.m., at the Chelan Library on Emerson Street. Whether you are newly diagnosed, going through treatments, a support to someone who is, or been thriving for years, please join them for this casual gathering. They will be meeting the second Thursday of each month. For more information call Anne Brooks, 509-682-8718.

### Zumba Fitness September 14, 19, 21

MANSON - Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), through October, 8:30-9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

### Thursday Farmers Market: September 14

CHELAN - Chelan Evening Farmers Market runs May through October 26 every Thursday from 2-6 p.m. in Riverwalk Park and Emerson Street. Enjoy numerous vendors carrying fresh fruit, veggies, flowers, crafts, food trucks, live music and so much more. Each week is something a little different. [www.chelan-farmersmarket.org/](http://www.chelan-farmersmarket.org/)

### VFW #6853 Post Coffee/Donuts:

#### September 15

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

### Chelan Saturday Farmers Market:

#### September 16

CHELAN - Chelan Saturday Farmers Market is held every Saturday now until October 28, 8 a.m.-1 p.m. in the Johnson Avenue Parking lot, 102 E. Johnson Avenue, next to Kelly Allen Insurance.

## DEATH NOTICES

### Patty Armbruster

Patty Armbruster, 93, of Chelan, Washington, passed away Saturday, September 2, 2023.

Please leave any thoughts and memories for the family at [Prechtrose.com](http://Prechtrose.com). Services are under the direction of Precht Rose Chapel of Chelan.

### Frances McCullough

Frances McCullough, of Chelan, Washington, passed away Monday, September 4, 2023. Arrangements by Chapel of the Valley, East Wenatchee.

## We take Donations for Chelan Valley Hope and Lake Chelan Food Bank



### Non Food Items needed:

- Baby Wipes • Diapers • Toilet Paper
- Travel Size Toiletries • Shampoo
- Conditioners • Dish Soap • Laundry Soap



- Canned fruit
- Cereal • Condiments
- Canned veggies
- Jam • Chili
- Soup other than tomato
- Boxed entrees
- Canned meats



Monday-Friday - 9 a.m.- 5 p.m.  
131 S. Apple Blossom Drive, Ste. 109  
in the Chelan Business Center - Chelan

## Obituary & Memorial Policies

Ward Media LLC: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald: An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-682-2213 or 509-689-2507 for more information Or email [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

# CHURCH GUIDE



## • CHELAN

**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
509-682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton

### CHURCH OF THE NAZARENE

Sunday School 10 am  
Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
509-682-5135 • Sanders St. & Okanogan Ave.

### LAKE CHELAN LUTHERAN CHURCH

Please join us for Sunday Worship In Person or via  
Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts.  
509-682-9063 • 216 W. Nixon Ave.

## • CHELAN

### LAKE CHELAN UNITED METHODIST CHURCH

Worship 10 am  
509-682-2241  
Corner of Johnson & Emerson

### ST. ANDREW'S EPISCOPAL CHURCH

Worship 10 am  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
509-682-2851  
[www.standrewschelan.org](http://www.standrewschelan.org)

## • MANSON

### MANSON UNITED METHODIST CHURCH

10:00 am Worship,  
Holy Communion the first Sunday of the month  
"Come as you are, all are welcome"  
687-3311, at the corner of Green and Boetzkes  
Sermon-by-Phone 509-423-7514 to hear  
our own Pastor Mike O'Neal deliver his weekly sermon

New to the area?  
On Vacation?  
These churches  
welcome you!

"With men this is impossible;  
but with God  
all things are possible."

- Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

# Rally the Globe Alaska-to-Mexico Marathon passes through Washington

*Peking to Paris and all points world*

By MIKE MALTAIS  
Ward Media Staff Reporter

BREWSTER – The bumper-to-bumper vintage Bentleys that slowly motored past rural mailboxes along the off-grid gravel road last Thursday, Sept. 7, was reason enough to warrant a second look. One does not see many Bentleys – let alone Roaring Twenties-era models – driving the Colville Reservation roads these days.

It was the red and blue plate reading “Alaska to Mexico Marathon” adorning the grilles that piqued curiosities and prompted further investigation into the caravan of mad globetrotters who waved to passersby as they proceeded on their merry way.

The trail of vintage rides paused for lunch at Lone Point Cellars in Brewster just long enough for the tag-team drivers to regroup, repair and recharge. They brushed off the dust and breathed in the vista overlooking the Columbia River before proceeding to the next stop at Leavenworth, 84 miles distant. After 11 days and some 2,250 miles the caravan still had 19 days and 2,300-plus miles remaining to reach its destination in



No. 10 co-driver Tony Brooks waves from the 1937 Cadillac he and partner Jim Gately navigate along a rough gravel road.

Cabo San Lucas, Baja, California. The line of travel routed through Dawson Creek, British Columbia, and will take in Moab, Utah, and Tucson, Arizona, before it's done. In the process the trip will visit three countries and cross 38 lines of latitude.

The marathons are organized by Rally the Globe (rallytheglobe.com) a not-for-profit vintage and classic car club that sees the world as so many distant points connected by anything from paved roads to primitive cow paths. The club's motto: Epic Ventures and Everlasting Memories appears to exemplify truth in advertising.

Jim Gately calls Lake Tahoe, Nevada, home when he's not bouncing along some outback byway with Tony Brooks, his British co-driver of 15 years.

"I'm one of the founding members," said Jim of the half-decade-old club. "We do 7,400-miles in old cars."

Gately said he hooked up

with RTG through rallying.

"Every corner of the world is represented in this group," Gately said.

As he closed the hood on his current classic, a 1937, 4-door Cadillac convertible, Gately said the 86-year-old road veteran already has three marathons under its hood.

"The longest we did, Peking to Paris, was a very interesting one," said Gately of the 2019 trip. "We did 12 different border crossings; Russia twice."

Fifty cars signed up for the Alaska endurance event. They are supported by an expert team of sweep mechanics who were busy assisting tire and engine issues with many of the vehicles parked in the Lone Pine staging area. An on-call doctor or paramedic is always close by.

Keith Ashworth, a veteran of 50 marathons, is also an original RTG founder and hails from Shropshire, England. He and co-driver Norah Ashworth pilot a 1926 Bentley and said their next event will be in Southeast Asia.

"These two cars and that one," said Ashworth, pointing to a third 1924 Bentley parked nearby, "after Cabo will be shipped to Ho Chi



Jim Gately, an RTG original founder, checks his 1937 Cadillac.



The marathon plate says it all.



A mechanical support staff is part of the marathon team.

Minh City, Vietnam,"

The trio of British classics will be loaded aboard shipping containers and freighted to their next adventure.

"We'll meet up with the cars at the end of January," Ashworth said.

RTG is planning many more excursions for 2023 and

beyond including marathons from Mexico to Panama, Cartagena to Cape Horn (Pan America in three parts), Seoul, South Korea to Sapporo, Japan, and London to Cape Town, South Africa.

Mike Maltais: 360-333-8483,  
mike@ward.media

**PROTECT**  
WHAT MATTERS MOST

Whether you are home or away, protect what matters most from unexpected power outages with a Generac Home Standby Generator.

**FREE**  
7-Year Extended Warranty\*  
A \$725 Value!

SO MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

REQUEST A FREE QUOTE  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 674-7053**

**GENERAC**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**NORTHWEST SWAG WORKS**  
APPAREL & PROMOTIONAL PRODUCTS

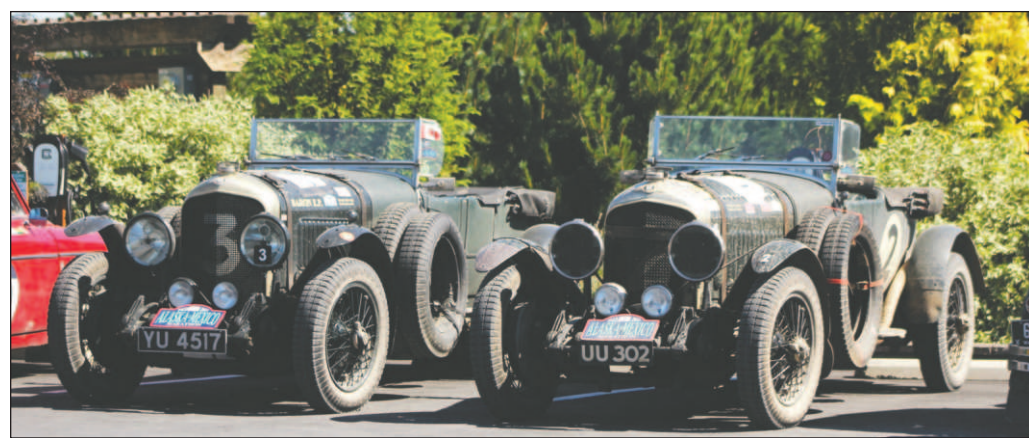
## Elevate Your Brand with Style and Imagination!

Discover a world of endless possibilities at **Northwest Swag Works** – where creativity meets functionality. With a staggering selection of 1.5 million products sourced from over 3000 suppliers, we're your one-stop shop for all things promotional. Whether you're looking to make a lasting impression, strengthen client relationships, or reward your hardworking team, we've got just the thing you need.



29 S. Wenatchee Ave, Suite A • Wenatchee, WA 98801  
509-731-3624

[www.northwestswag.com](http://www.northwestswag.com)



A 1926 Bentley, left, and a 1925 model park side-by-side at the Lone Point Cellars lot in Brewster and proudly display their road grime after 11 days and some 2,250 miles of travel from Anchorage.



This 1938 Chevrolet gets Chris and Kathy Grace from start to finish.



Legals

Public Notices

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN**  
**In Re the Estate of ELAINE B. TIGUE, Deceased.**  
**No. 22-4-00540-04**  
**PROBATE NOTICE TO CREDITORS**  
**RCW 11.40.030**

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: September 13, 2023 Personal Representative: Diana T. Flannery Attorney for Personal Representative: Judith E. Luther-Shifflett, WSBA 43650 Address for Mailing or Service: 222 Lee Street SW, Suite 112, Tumwater, WA 98501 Chelan County Superior Court Cause No. 22-4-00540-04 Published in the Lake Chelan Mirror September 13, 20, 27, 2023. #6243

Public Notices

**IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN**  
**In the matter of the estate of JOHN H. FREDERICK, Deceased,**  
**And**  
**In the matter of the estate of VIVIAN FREDERICK, Deceased**  
**No. 23-4-00306-04**  
**PROBATE NOTICE TO CREDITORS**  
**RCW 11.40.030**

The personal representative named below has been appointed as personal representative of these estates. Any person having a claim against the decedents must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedents' probate and nonprobate assets. DATE OF FIRST PUBLICATION: August 30, 2023 PERSONAL REPRESENTATIVE: Andrew Frederick Brown ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC P.O. Box 1606 Chelan, WA 98816 509-682-4536 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 23-4-00306-04 Published in the Lake Chelan Mirror August 30, September 6 and 13, 2023. #6197

# It's time for your flu shot

**Q: When is the best time to get a flu shot?**

The CDC recommends those aged 65 and older get vaccinated in September or October rather than earlier. There is no "late" cutoff; you can be vaccinated anytime during flu season.

Young children aged 6 months through 8 years getting the flu vaccine for the first time should get 2 doses. Their first dose should be given as soon as the vaccine is available, and the second one 4 weeks later.

**Q: How long does it take to be protected against the flu after vaccination?**

It takes about 2 weeks for a flu shot to become fully effective.

**Q: Will a flu shot last you the entire flu season?**

Your best protection from the influenza vaccine lasts for about 6 months. Usually, it decreases to 50% of your original protection by 12 months. One vaccination protects the entire flu season if you are young and healthy.

**Q: Why do we need yearly vaccinations against influenza?**

The influenza virus frequently mutates, making



**Ask... Dr. Louise**

your antibodies against influenza less effective.

As the influenza virus reproduces itself, it occasionally makes mistakes. Sometimes, the influenza virus will combine with another flu strain, creating a new one. If the new strain changes enough, we become more susceptible to it.

**Q: Is this year's flu vaccine the same as last year's?**

No. Most human influenza is caused by one of two main types: an A strain or a B strain. Influenza A strains are associated with pandemics and cause more severe symptoms and deaths than B strains.

The World Health Organization (WHO) keeps track of influenza patterns worldwide with facilities in Tokyo, Beijing, Melbourne, London, and Atlanta. They meet each February to decide on the 4 strains best suited for the next influenza vaccine, choosing two A and two B strains.

All influenza vaccines available in the United States

are quadrivalent, containing two "A" and two "B" strains.

Last year's flu vaccine replaced one A strain and one B strain to more closely resemble what people were exposed to. One A strain was updated in the 2023-24 flu formulation.

**Q: My pharmacy is advertising the "high dose" flu shot. Should I get it?**

Older adults have weaker immune systems and may get only half of the protection of influenza vaccines compared to younger people. This year, there is another option for flu vaccine for older adults.

The FDA approved three influenza vaccine formulations for people 65 years and older. Recent evidence shows that older adults vaccinated with one of these formulas are less likely to be hospitalized from complications from influenza than standard influenza vaccine formulations. These over 65 influenza vaccines boost effectiveness by 24%-36% compared to vaccination with other common influenza vaccines.

Fluzone HD, the "high dose" vaccine, is the most common over-65 flu vaccine available. It contains 4 times the concentration of the standard formulas. Fludax, a second vaccine option for older adults, includes a usual vaccine dose plus an additive designed to trigger a more robust immune response called an adjuvant.

The CDC included a third flu vaccine option for people over 65 for the 2023-24 flu season. Flublok uses recombinant technology instead of egg cultures or mammalian cells to grow flu vaccine. Flublok is faster to produce than vaccines using egg culture and is safe for those with severe

egg or chicken allergies. If interested, check for the availability of Flublok at your pharmacy.

**Q: What about the "nose spray" flu vaccine?**

FluMist is a nasal influenza vaccine approved for people from 2 to 49 years old. FluMist contains a live influenza virus and should be AVOIDED by pregnant women, people taking immunosuppressant medication, and anyone taking an antiviral drug within the previous 48 hours.

**Q: Can I get other vaccines with flu vaccine at the same time?**

Yes, with three exceptions. The nasal spray vaccine Flumist contains live virus, so you should wait 2 weeks between getting COVID and Flumist vaccinations.

Some COVID-19 vaccines and one of the new adult RSV vaccines contain an adjuvant. It is unclear whether there is an increased risk of side effects when receiving more than one vaccine containing adjuvants at a time, such as Fludax, Shingrix, or the RSV vaccine Arexvy.

**Q: What if you are pregnant?**

Pregnancy causes changes in your immune system and other organs in the body, making you more likely to suffer severe illness from having influenza. Vaccination against flu can reduce the risk of a pregnant woman being hospitalized with flu by about 40 percent.

*Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.*  
 ©2023 Louise Achey

**Place your Help Wanted and find the best qualified local employee**

- Place your ad 24/7 at [ncwmarket.com](http://ncwmarket.com)
- Email: [classifieds@ward.media](mailto:classifieds@ward.media)
- Call 509-682-2213

## SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR  
 12 days, departs May - Sep 2022  
 FROM \$1,949  
 \$1,699\*  
 promo code N7017  
 1-855-208-9533  
 FREE ONBOARD CREDIT

9		7	5					3
3							7	8
7		6				1		
						4		
7	1						9	6
		2						
		4			8		1	
1	8						2	
6				4	2		8	

© StatePoint Media  
 Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## CROSSWORD PUZZLE

THEME: OUTDOOR FUN

**ACROSS**

1. Relating to Vatican's Francis
6. Denouement
13. Lesser Antilles destination
14. Big Island necklace
15. Truth without proof
16. Luciano Pavarotti, e.g.
17. Distressing acronym
18. Acrylic fiber
19. \*Outing in a wagon
21. \*Overnighting outdoors
23. "\_\_\_ Te Ching"
24. RC or Jolt
25. Tax pro
28. Lowest brass instrument
30. \*Al fresco meal
35. Kaa's warning
37. This and that
39. Extended family member
40. "The Sun is \_\_\_ a Star"
41. Namely (2 words)
43. "The Parent Trap" child
44. Renter's paper
46. H. H. Munro's pseudonym
47. Snaky swimmers
48. Geisha's garb
50. Kids' construction block
52. Caustic chemical
53. Display displeasure
55. Blunder
57. \*S'more cooker
61. \*U-Pick destination
65. Yahoo! message
66. Hyperactivity acronym
68. Relating to hilum
69. To the point
70. Make a pigeon sound
71. Silly
72. Ancient eternal life symbol
73. H in British HMS

**DOWN**

74. Socially inept
1. \*Promenading route
2. Atlas stat
4. Cut short
6. Additional
7. Opposite of paleo
8. "Xanadu" music genre
9. Village, mostly in South Africa
10. Tangerine plus grapefruit
11. Colloquial "Follow me!"
12. NASA's orange drink
15. Master's area
20. Meryl Streep/Philip Seymour Hoffman 2008 movie
22. \*Climbing peak
24. Fashion week stage
25. \*Sidewalk artist's medium
26. Mushroom caps
27. Indian black tea
29. Unwelcome reception, pl.
31. Give a quote
32. Handrail post
33. In an unfriendly manner
34. Incense without prefix
36. Comme ci, comme Aa
38. \*Nature walk
42. Detroit mascot
45. Store as fodder
49. Not their
51. Lady Slipper, e.g.
54. "Lifestyles of the Rich and Famous" host
56. Horny odd-toed ungulate, for short
57. Between Phi and Kappa
58. Bad luck predictor
59. Police informer
60. \*Angling reward
61. O in b.o.
62. Having wings
63. Military status
64. Squirrel's nest
67. Rudolph's Clarice, e.g.

**dish** BRING EVERYTHING YOU LOVE TOGETHER!  
 2-YEAR TV PRICE GUARANTEE \$69.99  
 190 CHANNELS Including Local Channels!  
 CALL TODAY - For \$100 Gift Card  
 1-888-416-7103

## Have spare room in your facility?

# Advertise on

# STORAGE

NCWMarket.COM



**Place your Help Wanted Ad online at NCWMarket.com 24/7 and find the best qualified local employee**

NCWMarket.com is a classified advertising service of NCW Media, Inc.  
 Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

**The good news about NCWMarket.com is:**

- It's available 24/7
- Rates start as low as \$5 per month
- Google says we averaged 5,277 visitors per month last year
- You can have multiple photos even videos
- You can protect your identity until you decide to respond to inquiries, OR
- You can include a map to your business
- You can change the ad anytime you want - as often as you want
- We don't sell your email address or any of your personal information
- Our monthly subscription programs allow you to change your ad entirely at no additional charge

**Place your ad now: [NCWMarket.com](http://NCWMarket.com)**

# Confluence Health announces new vice president of philanthropy

By ADAM MAC DONALD  
Press Release  
Confluence Health

WENATCHEE - Confluence Health announced today that Suzanne Carté-Cocroft will soon be joining the organization as the new vice president of philanthropy. While a new title, this new vice president position replaces the role previously held by the foundation executive trustee, a position that works to lead and guide the Confluence Health Foundation.

A native Alaskan, Carté-Cocroft most recently served as the foundation president and region chief philanthropy officer for the Providence Alaska Foundation based in Anchorage, Alaska. An experienced

leader with over 25 years in working with nonprofit organizations on board oversight, team building, strategic planning, and fund development, she brings a wealth of experience to the position, including previous work in the telecommunications industry and serving on the boards of the Alaska Children's Alliance, Alaska Children's Trust, and The Foraker Group operations board.

"The Foundation is looking forward to Suzanne joining the organization and bringing with her years of experience in developing lasting relationships with donors and empowering her team to support local health systems and communities," commented Steven Neher, president of the



COURTESY OF CONFLUENCE HEALTH  
**Suzanne Carté-Cocroft will soon be joining Confluence Health as the new vice president of philanthropy.**

Confluence Health Foundation board of trustees.

In her new position, Carté-Cocroft will be leading the

Confluence Health Foundation. The Foundation is the philanthropic arm of Confluence Health and works to benefit the activities of the not-for-profit healthcare system. A 501(c)(3) charitable organization established in 1978, the Foundation has been a crucial component in Confluence Health's efforts to support the health and well-being of the North Central Washington community for over 45 years, helping keep superior healthcare close to home.

Carté-Cocroft will be stepping into the position held previously by Abel Noah, foundation executive trustee for Confluence Health, who will be retiring in January 2024 after nearly 20 years of service to Confluence Health.

"I am excited to have Suzanne continue to carry on and build upon all the Foundation has accomplished over the years and am confident that she will do great things in this new position," remarked Dr. Andrew Jones, CEO of Confluence Health. "We look forward to the leadership and vision Suzanne will bring in this important role, helping us to enhance and support Confluence Health's ability to provide local care by and for our community close to home."

For more information, contact Adam MacDonald, Corporate Communications Program Manager  
adam.macdonald@ConfluenceHealth.org

# Thank you for participating in my 7th annual "Listening Tour"

By SENATOR  
BRAD HAWKINS  
State Senator,  
12th Legislative District

After my election to the Senate seven years ago, I started an annual "listening tour" to help me hear directly from constituents on issues important to their communities. I recently completed this year's listening tour throughout the district. Hosting my discussions in communities each fall help prepare me for legislative sessions each winter. This year's listening tour included discussions on business, recreation, wildfire, healthcare, education, transportation

issues and more. The tour also included a preview of the upcoming legislative session, which begins in January.

As a result of recent redistricting, I divided this year's listening tour between the traditional areas of the 12th District and the new areas. The first portion of the tour was dedicated to Chelan County and Douglas



Senator Brad Hawkins

County residents. The remaining tour was held in the King and Snohomish County portions of the district. Past listening tours have helped connect me with issues important to many communities in North Central Washington. Many

of these areas are no longer within the 12th District boundaries, which is why this year's stops included many of the new communi-

ties in the district.

The new 12th District boundaries now include East Wenatchee, Chelan County, and portions of Snohomish County and King County. The new communities include portions of North Bend, Carnation, Sultan, and Monroe and many unincorporated King and Snohomish County residents. A major feature of the new 12th District is the Cascade Mountain Range, although the inclusion of the Cascade Mountains doesn't actually add much population to the district. I have worked hard in recent months to outreach to all communities in the district and have enjoyed learning about the issues in

these new areas.

Recent ideas shared during past listening tours have turned into successful legislative action. A proposal by Leavenworth officials to dispose of brush and yard clippings resulted in new law to help the community. A funding request for the Saddle Rock trail became a reality when later included in the budget. A biochar demonstration project to reduce wildfire risk was also funded as well as significant improvements to Wenatchee's Community Center used by Pinnacles Prep Charter School. A land purchase for the Wenatchee Valley YMCA was also re-

cently supported. All ideas were discussed during past listening tours.

During my recent listening tour, I also heard comments that helped prepare me to better represent you in Olympia. I hope you had the opportunity to participate in this year's tour. Whether you were able to participate or not, please know that my position exists to serve you. Please feel free to reach out to me and my office anytime through my website at senatorbradhawkins.org.

Brad Hawkins serves as State Senator for the 12th Legislative District.

# 1889 Washington Constitution displayed at Olympia's Legislative Building

OLYMPIA — In a tribute to U.S. Constitution Week, Secretary of State Steve Hobbs will unveil an extraordinary historical exhibition, the original 1889 Washington Constitution, at Olympia's Legislative Building. The

event, scheduled for Thursday, September 14, is being presented by the Washington State Archives, a division of the Office of Secretary of State.

From 1 p.m. until 4 p.m. on September 14, the public will

have a unique opportunity to view the remarkably well-preserved 1889 Washington Constitution in a secure display case within the Office of the Secretary of State. State Archives experts will attend to provide insights and

answer questions about this venerable document, ensuring its protection through the presence of the Washington State Patrol.

Secretary of State Steve Hobbs expressed his profound pride in hosting this

event, stating, "I am proud to be able to bring the foundational document of Washington's government out from the Archives into full public view to recognize Constitution Week. For more than 134 years, this constitution

has guided every aspect of how our state is run. It's our history and so much more as well. It's an honor to host this opportunity for all Washingtonians to see what our state government is built on."

## Donate Your Vehicle

Call (844) 889-8170 to donate your car, truck, boat, RV, and more today!

**1. Contact Us**  
Call (844) 889-8170

**2. Schedule Pickup**  
We'll pick up your vehicle for FREE - at a time and place convenient for you.

**3. Receive Top Tax Deduction**  
You may qualify for a tax deduction.

- Support Veteran Nonprofits.
- Free Pickup & Towing.
- Top Tax Deduction.

Donate Your Vehicle Today  
844-889-8170

While we appreciate every donation, in some cases, we find that we are unable to accept certain vehicles, watercraft, and/or recreational vehicles due to the prohibitive costs of acquisition. If you have any questions, please give us a call at (844) 889-8170.

## THE WASHINGTON OUTDOORS REPORT

### IT'S CRAPPIE TIME!

By JOHN KRUSE  
Special to Ward Media

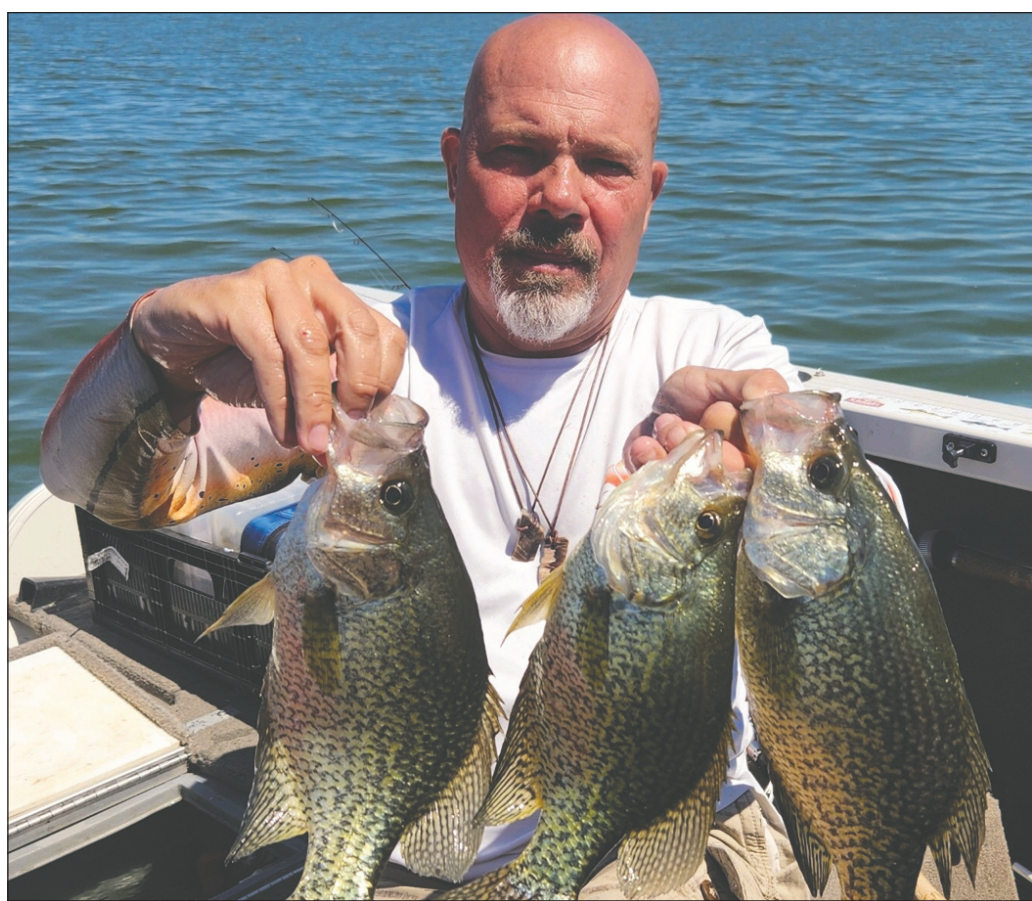
Fun to catch and tasty to eat, crappie offers an excellent opportunity for anglers in the late summer and early fall. There are two species of crappie found in Washington State: the white and black crappie. Of the two, the black crappie is more commonly found in the Evergreen State.

At this time of year, crappie bite readily, and there are several ways to catch them. Sometimes, it's as easy as tipping a small jig with a worm and slowly reeling it three feet behind a bobber. Other times, it's not that easy.

One person who targets these fish for a living is Brad Chappell, a full-time guide out of Central Mississippi and the man behind the Crappie Connection channel on YouTube. He has five specific methods he recommends to catch crappie right now anywhere they are found in the country, including:

- Casting to brush piles and retrieving a very small jig (1/16th or 1/32nd ounce in size). Chappell recommends using a lure called a Bobby Garland Itty Bit jig.
- Fish these same small jigs under a slip bobber in front of crappie to trigger strikes.
- Troll a crankbait (like a 3-inch Bandit 300) over suspended schools of crappie to trigger a reactive bite.
- Vertically jig two 1/16th ounce jigs from the boat for deep water crappie.
- Power Troll a 1/8th or 1/4 ounce jig three feet below a two-ounce lead sinker anywhere from 1.2 to 2 miles per hour. You can combine this technique by trolling another rod with a crank bait.

When people think of crappie, many think of them being anywhere from seven to eleven inches in size, but they get a lot bigger than that. Washington State's record white crappie



COURTESY OF PETE FISHER

Pete Fisher shows off his catch of quality crappie at Potholes Reservoir.

was caught out of Burbank Slough in 1988. The angler who caught the 2.8-pound fish was Don Benson. The record black crappie has stood the test of time; a 4.5-pound monster panfish hauled out of Lake Washington by John Smark back in 1956.

One body of water known for big crappie in Eastern Washington is Potholes Reservoir. Crappies must be at least nine inches long to keep here, and 15-inch crappie weighing well over a pound are not uncommon. Pete Fisher at MarDon Resort loves to go after these panfish and has specific advice for anglers targeting crappie this time of year.

Pete suggests trolling a #5 Berkley Flicker Shad to locate a school of crappie. Then, anchor up and use a slip bobber set to a depth matching the school's top. Try Bobby Garland Baby Shads or DS Fry on a 1/32nd-ounce Moon-Eyed jig under that slip bobber for success.

By the way, one great place to

catch these fish without a boat is right off the docks at MarDon Resort. Normally, you have to be a paying guest to fish at the marina, but from September 15 through the morning of September 17, the annual MarDon Marathon Dock Tournament takes place there. For a \$40 entry fee, you can fish as much as you want for crappie (and nine other species of fish) off the docks, and the anglers reeling in the heaviest two fish from any species (including crappie) will walk away with prize money. You can register for the event at the resort office or through the MarDon Resort website. <https://mardonresort.com/events.html>

Looking for other places to fish for crappie? Here are some suggestions:

- 15 CRAPPIE LAKES IN EASTERN WASHINGTON:**
- Sprague Lake (Adams/Lincoln County)
  - Moses Lake (Grant County)

- Banks Lake (Grant County)
- Evergreen Reservoir (Grant County)
- Roses Lake (Chelan County)
- Antilon Lake (Chelan County)
- Coffeepot Lake (Lincoln County)
- Box Canyon Reservoir (Pend Oreille County)
- Spokane/Long Lake (Stevens County)
- Eloika Lake (Spokane County)
- Rock Lake (Whitman County)
- Leader Lake (Okanogan County)
- I-82 Ponds (Yakima County)
- Horsethief Lake (Klickitat County)
- Lake Roosevelt (multiple counties)

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

## The Contract

### Unveiling the healing power of forgiveness

A novel by local writer  
William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret." In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to [Carol@leavenworthecho.com](mailto:Carol@leavenworthecho.com). Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office. Call for details, 509-548-5286.